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Prospective comparative study of intraoperative balloon electronic brachytherapy versus resection with multidisciplinary adjuvant therapy for recurrent glioblastoma

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ABSTRACT

Background: Intraoperative balloon electronic brachytherapy (IBEB) may provide potential benefit for local control of recurrent cerebral glioblastomas (GBMs).

Methods: This is a preliminary report of an open-label, prospective, comparative cohort study conducted in two neurosurgical centers with ongoing follow-up. At recurrence, patients at one center (n = 15) underwent reresection with IBEB while, at the second center (n = 15), control subjects underwent re-resection with various accepted second-line adjuvant chemoradiotherapy options. A comparative analysis of overall survival (OS) and local progression-free survival (LPFS) following re-resection was performed. Exploratory subgroup analysis based on postoperative residual contrast-enhanced volume status was also done.

Results: In the IBEB group, median LPFS after re-resection was significantly longer than in the control group (8.0 vs. 6.0 months; log rank $\chi^2 = 4.93$, P = 0.026, P < 0.05). In addition, the median OS after second resection in the IBEB group was also significantly longer than in the control group (11.0 vs. 8.0 months; log rank $\chi^2 = 4.23$, P = 0.04, P < 0.05).

Conclusion: These hypothesis-generating results from a small cohort of subjects suggest putative clinical benefit in OS and LPFS associated with maximal safe re-resection of recurrent GBM with IBEB versus re-resection and standard adjuvant therapy, a hypothesis that deserves further testing in an appropriately powered clinical trial.

Keywords: Brachytherapy, Glioblastoma, Glioma resection, Intraoperative radiation therapy, Radiation therapy

INTRODUCTION

Glioblastoma (GBM) is the most frequently occurring malignant intracerebral neoplasm in adults. It is characterized by significant infiltrative growth and an aggressive clinical course.^[14,27] Resection of those tumors is not curative and requires further adjuvant treatment targeting the

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macro- and microscopic residual tumor.^[34] The therapeutic standard for newly diagnosed GBMs involves maximal safe resection with adjuvant external beam radiotherapy (EBRT; 60 Gy in 30 fractions of 2 Gy each), coupled with daily adjuvant temozolomide, followed by 6 to 12 cycles of maintenance chemotherapy. Recently, the incorporation of Tumor Treating Fields (TTField) therapy has been shown to further prolong overall survival (OS).^[41] This has significantly improved the outcome of patients with GBM, especially those with O⁶-methylguanine-DNA methyltransferase (MGMT) gene^[40] methylation. Local recurrence occurs most frequently within 2 cm of the resection cavity.^[32] There is no general agreement on standard of care for patients with recurrent GBM, since no therapy has categorically been demonstrated to improve OS, although progression-free survival reresection^[20] can prolong BCNU wafers,^[13,48] bevacizumab,^[3,16] and EBRT.^[18] TTField therapy is approved for use in recurrent malignant glioma, but also fails to prolong OS.[41] Active investigational efforts are obviously required to develop more efficacious therapeutic approaches.[46]

Because of the obvious difficulty in conducting a randomized trial of gross total versus lesser resection in GBM, level 1 data supporting the value of gross total tumor resection for prolonging OS are rather spare,^[8,39,47] but large retrospective cohort studies^[25,29] have been used to impute the therapeutic value of more complete resection in the up-front setting. In the context of re-resection for recurrent GBM, level 1 evidence continues to remain even sparser. In clinical practice, maximal safe resection has largely been adopted as a component of therapy at recurrence because of the clinical benefit of relieving mass effect symptoms and possibly enhancing the efficacy of adjuvant therapy, since chemoradiotherapy, as well as the body's own immune responses, is relatively more effective at controlling smaller tumor volumes.^[7,17,24]

Level 1 data strongly support the role of radiation therapy in the management of newly diagnosed malignant gliomas; however, the use of EBRT in recurrent malignant glioma is often limited by the relatively high risk of radiationrelated complications. The value of re-irradiation on OS, progression-free survival, and quality of life is still not well documented and needs to be investigated in future prospective trials.^[2] A recent randomized trial that added EBRT to systemic bevacizumab did not prolonge median OS versus bevacizumab alone but did improve progressionfree survival.^[45] Other non-randomized EBRT approaches have utilized various fractionation schema,^[10] alterations in the dose rate^[1] or approaches combining's EBRT to bevacizumab.^[5]

Attempts to use various intraoperative radiation therapy (IORT) techniques in patients with malignant gliomas have been undertaken for several decades. Several studies have shown improved survival rates in subjects treated with IORT compared with retrospective controls; however, these studies were performed in small groups of subjects, and exhibits significant limitations.^[9] Interstitial brachytherapy^[37] was used in the 1980s and 1990s. An inflatable balloon catheter containing liquid 125I has been developed for treating recurrent malignant glioma.^[44] Chan *et al.* reported prolongation of OS in subjects with recurrent GBM compared to historical controls. These subjects (n = 24) were treated perioperatively with an 125I radioactive fluid requiring the balloon to be left *in situ* for several days.^[4,12]

Intraoperative balloon electronic brachytherapy (IBEB) is a new method that has been successfully applied in oncological practice over the past few years to treat breast cancer as well as other neoplasms.^[21] IBEB offers several hypothetical advantages, such as rapid procedure implementation, manageable workflow, an opportunity for thorough preoperative radiotherapy planning, and intraoperative monitoring. A single, short session can permit delivery of it prescribed single focal dose equivalent to multiple sessions of fractionated external irradiation, while also minimizes radiation dose to the neighboring healthy tissue.^[22] The objective of the following pilot study was to assess the clinical benefit of combining repeat resection of recurrent GBM with IBEB.

MATERIALS AND METHODS

Study subjects

This prospective cohort study was performed at two tertiary referral neurosurgical centers in the Russian Federation. The study enrolled in total $30 \ge 18$ years old patients with recurrent GBM (imaging-defined, using brain magnetic resonance imaging [MRI] with contrast enhancement and MR-perfusion) with Karnofsky Performance Status (KPS) ≥60%. Ineligibility criteria included contraindications to general anesthesia, decompensated chronic illness, acute infectious and non-infectious inflammatory processes, inability to undergo MRI with contrast enhancement and/or positron emission tomography-computed tomography (PET-CT) with amino acid tracers, pregnancy, or breastfeeding. The final decision on subject inclusion was made by a multidisciplinary team with the mandatory participation of a neurosurgeon, a radiologist, a radiation oncologist, and a medical oncologist.

IBEB device

The electronic brachytherapy device used in this study is a miniaturized X-ray source that applies electronic brachytherapy (Xoft[®] Axxent[®] Electronic Brachytherapy (eBx[®]) System; Xoft[®], a subsidiary of iCAD, Inc., San Jose, CA USA). The device enables highly focused therapeutic radiation to the target tissue with very rapid dose falloff, which spares surrounding tissue. The X-ray source is complemented by a range of balloon applicators to be filled with varying volumes of saline to optimally fit the contour of the surgical cavity. This provides a well-defined geometry for the miniaturized X-ray source and allows the delivery of a more conformal radiation dose.

The Xoft System [Figure 1] is FDA-approved, CE marked and is licensed in a growing number of countries for the treatment of cancer.^[26,28,38]

Ethics

This study was approved by the local ethics committees and was performed in accordance with the ethical standards as laid down in the 1964 Declaration of Helsinki and its amendments.^[50] Written informed consent was obtained from all subjects before screening.

Study procedures

At Moscow, 15 consecutive subjects with recurrent GBM underwent maximum safe microsurgical resection of their recurrent tumor in combination with IBEB (IBEB Group). These subjects received no further adjuvant treatment. In the same period, Novosibirsk also recruited 15 consecutive subjects with recurrent GBM. These subjects underwent the same maximally safe resection, followed by routine postoperative adjuvant chemotherapy with or without radiotherapy, based on investigator preference (Control Group).

GBM recurrences were confirmed by contrast-enhanced MRI perfusion and additional PET-CT with amino acid tracers in selected cases. In case of questionable results, intraoperative pathomorphological examination (frozen section analysis) was performed. Ultimately, the presence of tumor recurrence was confirmed by pathological examination after surgery.



Figure 1: (a and b) An overview of the Axxent equipment (The Xoft[®] Electronic Brachytherapy (eBx[®]) System[®], USA) (Left). The system at work in the operating room: the applicator balloon is connected to the system and the X-ray source has been introduced (Right).

Preoperatively, the radiation oncologist, medical physicist, and neurosurgeon developed in all cases the IBEB plan (BrachyVision[™]; Varian Medical Systems, Inc., Palo Alto, CA). To provide this preoperative dosimetric estimate, reliable preoperative neuroimaging techniques were utilized to estimate the volume of the predicted post-operative surgical cavity and the appropriate balloon size to fit it. This allowed also the estimation of the IBEB X-ray source dose delivery to be applied [Figure 2a-c].

Resection in both groups of subjects was conducted under general anesthesia, targeting maximal and safe resection under computed frameless MRI with contrast enhancement guidance, metabolic navigation with 5-aminolevulinic acid (5-ALA), and neurophysiological monitoring of evoked motor potentials. No "awake surgery" resection was conducted in the present patients. In the cases of multifocal tumor, only the largest neoplastic focus was resected, since it usually was responsible for the greatest mass effect. As described above IBEB was performed using the electronic brachytherapy device. After microsurgical removal of the neoplasm, the resection cavity was measured by filling it with isotonic sodium chloride solution. An empty IBEB applicator balloon was then introduced into this cavity and filled with the known volume of sodium chloride solution to give it a spherical shape, tightly adhering to the walls of the tumor bed. This was confirmed ultrasonographically [Figure 2d-h]. After the introduction of the IBEB X-ray source into the channel of the applicator balloon, a single dose of 20 Gy was delivered at the surface of the applicator balloon. The X-ray source was then removed from the channel of the balloon applicator. The isotonic sodium chloride solution was then aspirated to deflate and remove the balloon applicator. Tumor samples were sent for pathologic assessment, including histological, immunohistochemical (GFAP, p53), and molecular genetic (IDH1/2 mutation, MGMT methylation) studies. IDH 1/2 mutation was assessed using Sanger gene sequencing,^[36] whereas MGMT promoter methylation status was assessed by real-time methylation-specific polymerase chain reaction.^[51]

A baseline postoperative MRI scan with and without contrast was obtained within 24 h. Following IBEB, subjects did not receive any other adjuvant treatment except for those subjects with multifocal tumors, where additional stereotactic conformal fractionated irradiation was performed to treat the remaining lesions. Two patients in the IBEB group received additional surgery and IBEB treatment to deal with multifocal tumor growth. One subject with multifocal lesions (Nr. 10) did not receive any additional radiation therapy.

In the control group, 13 subjects received adjuvant therapy by preference of the treating neurosurgeon. The systemic treatment regimens included temozolomide, bevacizumab, lomustine, and mustophoran. Eight subjects received



Figure 2: (a) T1-weighted contrast-enhanced axial magnetic resonance imaging image demonstrates local glioblastoma recurrence prior to resection followed by intraoperative balloon electronic brachytherapy (IBEB). (b) IBEB isodose distribution based on computed tomography (CT) scans covers tumor bed sparing surrounding brain tissue. (c) External beam radiotherapy plan in comparison to IBEB. Isodose distribution based on the same CT scans affects extensively surrounding brain tissue which was irradiated after first surgery. (d) An overview of the post-resection cavity. (e) Intraoperative ultrasound demonstrates configuration of the postresection cavity which is free of macroscopic disease. (f) Deflated applicator balloon being introduced into the post-resection cavity. (g) Final position of the inflated applicator balloon with its dense adherence to the walls of the post-resection cavity. (h) Proper position of the balloon confirmed by intraoperative ultrasound.

additional EBRT with doses between 36 and 60 Gy and one subject underwent another surgery.

Follow-up and analysis

All subjects were followed monthly according to the protocol. This included clinical visits and evaluation for performance status, toxicities, and clinical evidence of progression, with imaging controls every 3 months. This included MR imaging with and without contrast, perfusion-weighted MR to assess cerebral blood volume, and PET-CT with 18-FDOPA.

Contrast-enhanced tumor volume before and after resection was evaluated with automated volumetric analysis based on DICOM MR images (NeuroSegment Software; Novosibirsk, Russia).^[23] A standardized assessment of possible adverse events including the development of radionecrosis in the IBEB area was performed using Common Terminology Criteria for Adverse Events (CTCAE, version 4.03).^[30]

Study endpoints

This is a hypothesis-generating small pilot study with two contemporaneous cohorts enrolled simultaneously at two centers, without randomization. The endpoints included OS, local progression-free survival (LPFS) and the impact of the residual postsurgical tumor volume on OS and LPFF. OS was defined as the interval from the day of the recurrent GBM surgery to death for any reason or to the last documented follow-up, whichever occurred first; LPFS was defined as the time between surgery to any Local Progression/Tumor reoccurrence within 20 mm of the cavity margin or to the last documented follow-up, whichever occurred first. Based on the suggestion of the literature regarding the impact of the extent of residual tumor volume determined by MRI within 24 h after surgery on OS,^[25,29,23,15] the impact of this variable was assessed using a cutoff point of 2.5 cm. Furthermore, the occurrence of treatment-related adverse events was recorded.

Statistical analysis

Statistical analyses of the treatment groups, including appropriate measures of central tendency and distribution, were performed using commercial software (IBM SPSS Statistics[®]; Armonk, NY and XLSTAT; Addinsoft, New York, NY). The effect of IBEB and the extent of tumor resection on OS and LPFS were assessed using Kaplan–Meier curves and the Log-rank test. A multivariate analysis (MANOVA) was carried out for both treatment groups. Independent variables evaluated for their impact on the efficacy endpoints included volume of residual disease, adjuvant therapy, gender, KPS, and IDH1/2 status. A univariate Cox proportional hazards model was used to calculate the hazard ratio (HR) for radical resection and IBEB therapy and a MANOVA was performed with corresponding adjustments for variables with potential confounding effects.

RESULTS

Baseline demographics and clinical characteristics

Thirty subjects were treated in the IBEB Group (Subjects 1-15) and Control Group (Subjects 16-30). Subjects in the IBEB Group had recurrent GBM (Grade IV, WHO 2016) with a mean age of 52.9 years (range, 40.0–71.0 years). Six (40%) were male. Median KPS was 90% (range, 60–100%). Other subject and tumor characteristics are summarized in [Table 1]. The follow-up period after IBEB ranged from 4.0 to 54.0 months as of March 31, 2021.

The Control Group included 15 subjects with recurrent GBM (Grade IV, WHO 2016). Two subjects did not receive any further adjuvant therapy due to postoperative complications, but they were included in the intent-to-treat analysis. The mean age of the control group subjects was slightly younger at 48.6 years (range 24.0–74.0 years). The majority, (67.7%) were male unlike what observed in the IBEB Group. Subjects in the control group had a median KPS of 85.3% (range, 60–100%). Other subject and tumor characteristics are summarized in [Table 2]. Follow-up after re-resection ranged from 2.0–22.5 months.

Subjects in both treatment groups had a \geq 6-month period between the last day of the initial radiation and any subsequent radiotherapy for the recurrent tumor [Tables 1 and 2]. Before being included in the IBEB Group, tumor resection had been performed once with subsequent adjuvant chemoradiotherapy (fractionated radiation therapy plus Temozolomide followed by maintenance Temozolomide) in 14 subjects; one subject had previously undergone two tumor resections and the relapse-free period after the second surgery was 8.0 months whit the time since the first surgery at inclusion was 38.0 months. For the entire cohort of 15 subjects, the median relapse-free period was 4.0 months (range, 1.0–18.0 months).

The location of the tumor resections is presented in [Table 1]. The mean (SD) of the preoperative contrast enhancing tumor volume (CEV) was 24.5 (18.6) cm3 (range 6.0-83.0 cm³).

Ten IBEB Group subjects had local tumor recurrence in the immediate vicinity of the resection cavity without signs of multifocal growth. In the remaining five (Patients 4, 5, 8, 10, and 11) cases, distant tumor growth was observed in addition to the main GBM focus. Mutation in the 132nd codon of the IDH1 was detected in three subjects. No subject presented with any mutation of the IDH2 gene. Analysis of the MGMT gene promoter methylation was performed in 11 subjects. The promotor was methylated in only three cases, one of which was in combination with the mutation of the IDH1 gene.

In 14 control group subjects, local tumor recurrence occurred in the immediate vicinity of the resection cavity without signs of multifocal growth. In one case with multifocal GBM (Subject 25), there was relapse at and distant to the site of operation. The median duration of the disease-free period after the initial surgery was 8.0 months (range 0–14 months). The localization of tumor foci, subjected to resection, is presented in [Table 2]. The mean (SD) tumor CEV undergoing resection was 37.4 (41.6) cm³ (range, 5.0–154.0 cm³). Four subjects displayed a codon 132 IDH1 mutation, two of which also had an IDH2 mutation and three also had methylation of MGMT promoter gene. In the remaining subjects, MGMT promoter gene was unmethylated.

IBEB and control arm results

The postoperative residual contrast-enhanced volume (PCEV) values of the main lesion for each subject in the IBEB group are shown in [Table 3]. The mean (SD) PCEV value of all subjects of the IBEB group is 3.2 (2.45) cm³ (range 0.1–7.0). The mean duration of an IBEB session was 11.8 min (range, 5.3–25.0 min). The mean volume of the balloon applicator was 49.3 cm³ (range, 20.0–120.0 cm³). Median LPFS for the entire IBEB group was 8.0 months (range, 4–54 months); in 67% of the IBEB patients the LPFS exceeded 6 months. One subject of the IBEB group was alive and did not have any signs of local tumor recurrence at the end of March 2021.

In a subgroup of subjects of the IBEB group (n = 7) with PCEV >2.5 cm³, the median LPFS was 5.0 months (range 3.5–8.0 months). It should also be noted that in this subgroup, four subjects showed multifocal growth of their GBM. In the subgroup of subjects with PCEV ≤ 2.5 cm³ (n = 8), the median LPFS was 16.5 months (range 7.5–54.0 months). This subgroup included one subject with multifocal GBM. Whereas five (4, 5, 8, 10, and 11) patients experienced multifocal tumor growth before IBEB treatment, two patients (2 and 13) presented multifocal lesions after IBEB, outside the radiation treatment field. Patients with multifocal lesions in the IBEB group were treated after IBEB. Therapeutic approaches used to control the multifocal tumors in the IBEB group are given in [Table 4].

The PCEV values of all subjects of the control group are shown in [Table 5]. Mean (SD) PCEV was 6.2 cm³ ^(11.0) (range 0.6–45.0 cm³). After resection of the recurrent tumor, 13 subjects received adjuvant chemoradiation treatment. In eight of those 13 subjects, external fractional irradiation of 2 Gy per fraction was carried out in 30 fractions according to the European Organization of Research and Treatment of Cancer recommendations [Table 5]. In five subjects, adjuvant therapy consisted solely of chemotherapy with various agents, due to safety concerns about radiation therapy and individual patient's decisions.

The median LPFS for the entire Control Group (n = 15) was 6.0 months (range, 2.0–10.0 months) and 33% (n = 5)

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	80 Temp	du	oral	I	83	-/-	I	1	60.0	6.5	+	9	2.0

Table 2:	Magnetic res	onance ima	iging and clii	nical char	acteristics of	subjects in th	ie contro	ol arm.						
Subject	Diagnosis	Gender	Age, years	KPS,%	Location, brain lobe	Multifocal growth	CEV, cm ³	IDH1/2 mutation	MGMT methylation	EBRT TBD, Gy	Time between first and second EBRT, months	EBRT+TMZ	Number of TMZ cycles	PFS* (after first line treatment), month
16	GBM	М	43	80	Frontal	I	15.6	-/-	I	60	16.5	+	9	11.0
17	GBM	Μ	64	80	Parietal	I	5.0	-/-	I	60	NA	+	4	0
18	GBM	Μ	37	06	Frontal	I	154.0	-/+	+	60	NA	+	9	13.0
19	GBM	Μ	24	100	Frontal	I	34.0	+/+	+	60	9	+	3	0
20	GBM	ц	44	70	Frontal	I	74.0	-/-	I	60	NA	+	9	8.5
21	GBM	ц	40	100	Parietal	I	6.0	-/-	I	60	20.5	+	9	14.0
22	GBM	Μ	59	80	Temporal	I	34.0	-/-	I	60	8.5	+	9	3.0
23	GBM	Μ	34	06	Parietal	I	21.0	+/+	+	60	12	+	9	7.0
24	GBM	ц	74	06	Parietal	I	18.0	-/-	I	60	16	+	9	11.5
25	GBM	Μ	53	80	Temporal	+	100.0	-/-	I	60	NA	+	9	6.0
26	GBM	Μ	56	60	Occipital	I	25.0	-/-	I	60	NA	+	9	14.0
27	GBM	Μ	48	100	Temporal	I	13.0	-/-	I	60	13.5	+	9	8.0
28	GBM	ц	55	06	Parietal	I	38.7	-/-	I	60	NA	+	1	0
29	GBM	ц	36	100	Frontal	I	13.0	-/+	I	60	NA	+	9	11.5
30	GBM	Μ	62	70	Parietal	I	9.2	-/-	I	60	NA	+	1	0
*Counted Methyltra	from the end on the end of the formula of the formu	of chemother : External be	rapy. KPS: Kar eam radiation	nofsky per therapy, Tl	formance statu MZ: Temozoloi	ts, CEV: Contra mide, PFS: Pro	ast-enhan gression-1	cing volume,] free survival	IDH1: Isocitrate (lehydroge	nase, MGMT	: O-6-methylgua	nine-DNA	

Table 3: I	uration a	and direct resul	ts of IBEB.									
Subject	PCEV, cm3	Remaining Multifocal Foci	Balloon volume, cm3	Duration of IBEB, min	Follow-up period after IBEB, month	Radionecrosis, CTCAE-Grade	LPFS, months*	Appearance of New Multifocal Lesions, month after IBEB	Current Status (October 2020)	Cause of Death	Med OS, month	Med OSin, months
1	2.0	I	30	00.00	20.0	2	20.0	I	died	Pulmonary embolism	20.0	28.7
2	1.5	I	70	14.00	54.0	I	54.0	27.0	died	Multifocal lesion	54.0	69.0
										growth		
3	4.8	I	30	07.30	7.0	I	4.0	I	died	Main lesion growth	7.0	17.0
4	7.0	+	30	07.30	6.5	Ι	6.5	6.0	died	Main and multifocal	6.5	17.0
										lesion growth		
5	4.5	+	80	17.00	4.0	I	4.0	1.0	died	Main and multifocal	4.0	17.5
										lesion growth		
9	0.8	I	20	05.35	48.0	б	48.0	I	alive	1	48.0	58.0
7	2.5	I	70	15.35	22.5	I	10.0	I	died	Main lesion growth	22.5	35.0
8	6.7	+	120	25.00	9.0	I	5.0	2.0	died	Multifocal lesion	9.0	47.0
										growth		
6	5.5	I	30	08.00	7.5	I	5.5	I	died	Main lesion Growth	7.5	17.0
10	6.0	+	85	22.00	11.0	I	3.5	2.0	died	Main and multifocal	11.0	22.0
										lesion growth		
11	1.5	+	20	00.90	23.5	I	22.5	I	died	Main lesion Growth	23.5	46.0
12	0.5	I	20	00.90	17.0	I	9.0	I	died	Main lesion Growth	17.0	35.8
13	0.2	I	35	10.00	20.0	I	13.0	6.0	died	Main and multifocal	20.0	31.0
										lesion growth		
14	0.1	I	65	14.00	7.5	I	7.5	I	died	Pulmonary embolism	7.5	29.5
15	4.0	I	35	10.00	9.5	I	8.0	I	died	Main lesion Growth	9.5	18.0
CTCAE: C since initial	ommon tei therapy, F	rminology criteri CEV: Postoperat	a for adverse ive contrast-e	events, IBEB: IJ inhancing volui	ntraoperative b me	alloon electronic bra	chytherapy, l	LPFS: Local progr	ession-free su	rvival, OS: Overall survival, (OSin: Overa	ıll survival

Table 4:	Additional treatment for subjects in the IBEB a	arm who presented multifocal disease.	
Subject	Localization	Treatment	Period between IBEB and Treatment for Multifocal Lesions, months
2 4	Left occipital lobe Frontal and parietal lobes of the right large hemisphere	Resection+second IBEB 20Gy Resection of the focus of the right frontal lobe with subsequent sessions of fractional conformal radiation therapy: 6 fractions×4.5 Gy (27 Gy), fractional conformal radiation therapy to the focus in the right parietal lobe: 6 fractions×5G y (SOD 30 Gy)	27 0.5
5	Right frontal lobe and the corpus callosum	Stereotactic conformal fractional radiation therapy for the focus of glioblastoma in the right frontal lobe and knee of the corpus callosum: 12 fractions×2.5 Gy (30 Gy)	2
8	Corpus callosum	Stereotactic conformal fractional radiation therapy: 3 fractions×8 Gy (24 Gy)	2.5
10	Chiasma on the right, right optic nerve, mediobasal parts of the right temporal lobe	No treatment	-
11	Left thalamus	Fractional conformal radiation therapy: 5 fractions×5 Gy (25 Gy)	3.5
13	Left frontal lobe	Resection+second IBEB 20Gy	6
IBEB: Int	raoperative balloon electronic brachytherapy		

of these subjects had a LPFS >6 months. In a subgroup of subjects (n = 8) with PCEV >2.5 cm³, the median LPFS was 2.0 months (range, 2.0–6.0 months). In the subgroup of subjects with PCEV \leq 2.5 cm³ (n = 7), the median LPFS was 8.0 months (range, 6.0–10.0 months).

Median OS for the IBEB group was 11.0 months (range, 4.0–54.0 months). In the subgroup of subjects with PCEV >2.5 cm³ (n = 7), the median OS was 7.5 months (range, 4.0–11.0 months). In the subgroup of subjects with PCEV \leq 2.5 cm³ (n = 8), median OS was 21.2 months (range, 7.5–54.0 months). Relatively rapid progression was noted in all subjects with PCEV >2.5 cm³, irrespective of multifocal tumor growth. The Kaplan–Meier analysis of OS after reresection of recurrent GBM in combination with IBEB is shown in [Figure 3]. A statistically significant difference was found between survival in the two subgroups stratified according to PCEV (Log Rank $\chi^2 = 8.03$, P = 0.005, P < 0.05). The median OS_{in} for the IBEB group since the initial surgery was 29.5 months (range, 17.0–69.0 months).

Median OS for the entire control group of subjects (n = 15) was 8.0 months (range, 2.0–22.5 months). In the subgroup of subjects with PCEV >2.5 cm³, median OS was 2.8 months (range, 2.0–9.0 months). In the subgroup of subjects with PCEV ≤2.5 cm³, median OS was 11.0 months (range, 8.0–22.5 months). The median OS_{in} after initial surgery for the control group was 21.0 months (range, 4.5–38.5 months) [Table 5].

Treatment group comparisons

Data analysis of the CEV and PCEV, KPS, MGMT in these groups showed a normal distribution of values and the equality of variances (Livin criterion for dispersions equality, P > 0.05). Analysis of variance testing did not reveal statistically significant differences between IBEB and control groups (Pillai multivariate trace = 0.153, P = 0.390).

The results of a univariate Cox proportional hazards model to calculate the HR for PCEV and IBEB therapy are listed in [Table 6]. There were no statistically significant differences in HR according to the parameters IDH1/2, age, KPS, and MGMT. IBEB group subjects had a longer survival than subjects in the Control group. The postoperative risk of death was associated with an increase in PCEV.

Among subjects in the IBEB, both the median LPFS and the median OS were significantly higher than those in control group (8.0 vs. 6.0 months and 11.0 vs. 8.0 months, respectively). The Kaplan–Meier curve confirmed statistically significant increased OS and LFPS for the IBEB group of subjects compared to the control group (OS: log rank $\chi^2 = 4.23$, P = 0.04, P < 0.05; LPFS: log rank $\chi^2 = 4.93$, P = 0.026, P < 0.05) [Figures 4 and 5].

The results of the study confirmed the important role of the extent of tumor resection in cases of GBM recurrence. Kaplan-Meier curves [Figures 6 and 7] demonstrated better results in OS and LPFS for the IBEB subgroup of subjects having PCEV ≤ 2.5 cm³ compared to the same control cohort with

Table 5:	Results af	fter second surgery, conti	rol arm.							
Subject	PCEV, cm3*	Treatment After, 2 nd Surgery	Follow-up period after 2d operation, month	Complications, CTCAE-grade	LPFS, months	Appearance of new Multifocal Lesions after repeated surgery	Current Status (October 2020)	Cause of Death	Med OS Since 2 nd Surgery, months	Med OSin, Since Initial Surgery, months
16	0.6	EBRT 60Gy+5TMZ cvcles	8.0	Radionecrosis, 1	6.0	I	Died	Main lesion growth	8.0	26.0
17 18	2.5 2.5	- 10TMZ cycles	2.0 13.0	Hemorrhage –	2.0 10.0	2.0 10.0	Died Died	Pulmonary infection Main and multifocal	2.0 13.0	5.5 33.0
19	4.9	EBRT 60Gy+4TMZ	9.0	I	6.0		Died	Main lesion growth	9.0	12.5
20	2.4	cycles 6 TMZ cycles+third	22.5	I	7.0	I	Died	Main lesion growth	22.5	38.5
21	9.0	EBRT 60 Gy+5TMZ cycles+Lomustin	13.0	I	10.0	I	Died	Main lesion growth	13.0	35.0
22	2.9	z tycles EBRT 60 Gy+4TMZ	7.0	I	5.5	I	Died	Main lesion growth	7.0	17.0
23	2.0	EBRT 60	10.5	Radionecrosis, 1	8.0	I	Died	Main lesion growth	10.5	24.0
24	6.8	Gy+Avasuu EBRT 60 Gy+1 TMZ cycle	2.0	Hemorrhage	2.0	2.0	Died	Hemorrhage	2.0	19.0
25	45.0	Mustophoran 2. cvcles	2.0	I	2.0	2.0	Died	Main and multifocal lesion prowth	2.0	14.5
26	2.0	6 TMZ cycles	11.0	I	8.0	I	Died	Main lesion growth	11.0	33.0
27	6.0	EBRT 60 Gy+4TMZ cvcles	6.0	Radionecrosis, 1	4.0	I	Died	Main lesion growth	6.0	21.0
28	9.8	EBRT 36 Gv+Avastin	2.5	Radionecrosis, 5	2.0	I	Died	Pulmonary embolism/ Radionecrosis	2.5	4.5
29	2.4	6 TMZ cycles	8.5	I	6.0	8.0	Died	Main and multifocal lesion growth	8.5	27.0
30	3.1	I	3.0	I	2.0	8.0	Died	Main and multifocal lesion growth	3.0	6.0
*CTCAE: therapy, P	Common CEV: Post	terminology criteria for adv -operative contrast-enhanci	verse events, EBRT ng volume, TMZ:	l: External beam radiat Temozolomide	tion therapy,	LPFS: Local prog	gression-free su	vival, OS: Overall survival, OS	sin: Overall su	rvival since initial



Figure 3: Kaplan-Meier curves for overall survival in the intraoperative balloon electronic brachytherapy group stratified according to postoperative residual contrast-enhanced volume (PCEV): the subgroup of subjects with PCEV >2.5 cm³ marked in red, the subgroup of subjects with PCEV <2.5 cm³ marked in green; log rank $\chi^2 = 8.03$, P = 0.005, P < 0.05.



Figure 4: Kaplan-Meier curves for overall survival: The intraoperative balloon electronic brachytherapy group marked in green, the control group marked in red; Log Rank χ^2 = 4.23, *P* = 0.04, *P* < 0.05.



Figure 5: Kaplan-Meier curves for local progression-free survival: the intraoperative balloon electronic brachytherapy group marked in green, the control group marked in red, Log Rank $\chi^2 = 4.93$, P = 0.026, P < 0.05.

Table 6: Univariate and multivariate control	x proportional hazards	analysis for the entire subje	ect group.	
Variable, (<i>n</i> =30)	HR	95% CI	Adjusted HR	95% CI
With and without IBEB therapy	0.45	0.17-1.10	0.41*	0.11-1.02
PCEV, cm ³	1.08*	1.00 - 1.08	1.05*	1.02-1.09
IDH1/2	1.59	0.82-2.16	1.68	0.96-2.76
Age	1.12	1.00 - 1.04	1.00	0.97-1.05
KPS	1.04	0.99-1.06	0.97	0.95-1.00
MGMT	2.01	0.66-7.05	2.22	0.54-9.87

*Statistically significant. HR: Hazard Ratio, IBEB: Intraoperative Balloon Electronic Brachytherapy, PCEV: Postoperative Contrast-enhancing Volume, IDH: Isocitrate Dehydrogenase, KPS: Karnofsky Performance Status, MGMT: O-6-methylguanine-DNA Methyltransferase



Figure 6: Kaplan-Meier curves for overall survival in the subgroups of subjects with postoperative residual contrast-enhanced volume ≤ 2.5 cm³: the intraoperative balloon electronic brachytherapy group marked in green, the control group marked in red; Log Rank $\chi^2 = 4.13$, P = 0.042, P < 0.05.



Figure 7: Kaplan-Meier curves for local progression-free survival in the subgroups of subjects with postoperative residual contrast-enhanced volume ≤ 2.5 cm³: the intraoperative balloon electronic brachytherapy group marked in green, the control group marked in red; Log Rank $\chi^2 = 7.24$, P = 0.007, P < 0.05.

medians 21.25 (OS) and 16.5 (LPFS) months for IBEB versus 11.0 (OS) and 8.0 (LPFS) months for Control, respectively (OS: Log Rank $\chi^2 = 4.13$, P = 0.042, P < 0.05; LPFS: Log Rank $\chi^2 = 0.24$, P = 0.007, P < 0.05). In addition, for both the IBEB and the control groups, the median LPFS and median OS in the subgroups having PCEV ≤ 2.5 cm³ were significantly longer than the subgroups having PCEV >2.5 cm³ [Table 7].

DISCUSSION

The treatment of recurrent GBM is still matter of debate. The role of re-resection has become widely accepted in the last decade provided some clinical parameters would seem to justify this, including age, relatively good Karnofsky status and no invasion of functionally relevant areas.^[31]

However, others factors such as MGMT methylation, IDH 1/2 mutation, and comorbidities are known to play a role in the outcome of GBM patients. This means that evaluation of newly proposed therapeutic protocols requires unavailable extreme caution, and preliminary though encouraging results, if convincing, should be considered only a suggestive base for properly designed future studies.

In our study, we proposed for the first time the use of IBEB technique in GBM patients. This technique was recently

control groups.		
	PCEV ≤ 2.5 cm ³ (months)	PECV > 2.5 cm (months)
Med OS IBEB	21.25	7.5
Med OS Control	11.0	2.75
Med PFS IBEB	16.5	5.0
Med PFS Control	8.0	2.0
OS: Overall survival, P	CEV: Postoperative cont	trast-enhancing volume,
IBEB: Intraoperative b	alloon electronic brachy	therapy,

Table 7: Med OS and med LPFS based on PECV size in IBEB and

PFS: progression-free survival

introduced and has become a widely accepted form of local radiation therapy for malignant tumors of several organs which seems to offer the advantage of increasing the radiation dosage delivered to the malignancy while sparing almost completely the surrounding healthy tissue. We designed an open-label, not randomized study because the IBEB technology was available only in one center. For the recruitment of the control group of patients, another independent center was chosen to eliminate bias. However, the two institutions share several members of the medical staff and have strictly similar treatment protocols for GBM patients. In particular, criteria for reoperation were absolutely the same, and postoperative management in no-IBEB group of patients followed the most updated therapeutic recommendations.

The present results indicate improved, LPES in the IBEB treated group which reached statistical significance (8.0 months vs. 6.0 months) which appeared also more evident in the cases in which near-total removal had been achieved (16.5 months vs. 8.0 months). Consequently also OS was significantly longer in the IBEB group.

We collected from the relevant literature previously published outcomes data for the treatment of recurrent GBMs. These are summarized in [Table 8]. Obviously, direct comparisons are out of consideration, since each trial possessed its own selection parameters. The median OS among subjects undergoing re-resection for recurrent GBM was 11.9 months.^[33] An engineered interleukin 4 (IL-4) fused to pseudomonas exotoxin A (MDNA55) was administered to subjects with recurrent GBM using convection-enhanced delivery to bypass the blood-brain barrier^[35] and the median OS was 11.6 months, similar to the present IBEB patients group. Survival was highest among subjects expressing IL4 Receptor (IL4R) and those with unmethylated MGMT. As radiation-induced IL4 and IL4 R overexpression have been reported in human cancer cells, a potential future combination of local MDNA55 administration with IBEB treatment might perhaps be able to prevent aggressive tumor behavior and at least slow postradiation tumor recurrence.^[19] In a recent study comparing vocimagene amiretrorepvec (Tocca 511) plus flucytosine versus standard of care with lomustine, temozolomide, or bevacizumab,^[6] the median OS was 11.1 and 12.2 months, respectively. However, in this study subjects with multifocal lesions were excluded while some cases of anaplastic astrocytoma were also included. Other therapies appear to be generally less successful especially for subjects who would not be eligible for re-resection. Subjects with recurrent GBM treated with bevacizumab achieved a median OS of approximately 8-10 months.[11,20,42,45] Combining bevacizumab with irinotecan, lomustine, and re-radiation only extended median OS to approximately 10-12 months.^[11,42, 45] Similarly, subjects treated with lomustine for recurrent GBM achieved a median OS of 7-8 months. ^[42,49] The median OS following TTF was only 6 months.^[41] Among subjects treated with a balloon catheter device using a high dose of a liquid radiation source (GliaSite Radiation Therapy System, RTS),^[4] the median OS was 9.1 months.

Our study reports two cases of radionecrosis in the IBEB Group with only one CTCAE Grade 3 toxicity. No other grade \geq 3 adverse events occurred in the IBEB group. This is in the same range as RTOG 1205, which reported 5% grade \geq 3 events.^[45] The RTS trial reported a wound infection in one subject, symptomatic radionecrosis in two subjects and a neurologic deficit (transient expressive aphasia) in one subject.^[4]

In our patients the IBEB treatment took approximately 30 min, with a duration of <20 min in the vast majority of the patients, thus IBEB treatment did not significantly increase the total surgery time [Table 3] and had no immediate postoperative complications. Despite the fact that all subjects had previously received external irradiation with total boost dose of 60 Gy, the development of clinically significant radiation necrosis in the IBEB-treated group was observed in only two of patients (13.3%) during the first 6 months after treatment. These subjects did not have clear predictors for these radiation-related complications. In the control group, there were twice as many (four subjects) cases of radiation necrosis (26.7%) with one fatal outcome, which may potentially be associated with small intervals between external irradiation for a newly diagnosed tumor and its recurrence. None of the patients suffered infection or CSF fistula postoperatively.

The effect of any adjuvant therapy decreases with the amount of residual tumor. GBM is an aggressively growing tumor, with the potential to increase substantially in volume within a short period.^[14,27] Delivering radiation at the time of surgery (when tumor mass is minimized) could potentially increase the effect of the IORT compared to a radiation regimen starting weeks after surgery.

As mentioned previously, metabolic guidance using 5-ALA was used intraoperatively. Protoporphyrin IX (PpIX, a 5-ALA metabolite) selectively accumulates in cancer cells and was characterized as a radio-responsive compound. As *in vitro* studies and *in vivo* studies in small animals have shown, PpIX produces reactive oxygen species upon X-ray irradiation, which induces DNA double-strand breaks resulting in cell cycle arrest.^[43,52,53] Future investigations should confirm this radio-sensitizing effect and its potential positive impact on IBEB results in subjects with recurrent GBM.

We did not operate any of the present patients on awake surgery, a treatment protocol of which we have extensive experience particularly in recurrent GBM. Awake surgery would give immediate, functional control to the operating surgeon, and might encourage more aggressive, thought safe, surgical conduct. However, highly developed technology such as sophisticate neuromonitoring and metabolic navigation in anesthetized patients can offer equivalent safety standards to the operating surgeon who is so encouraged to perform maximally aggressive though safe resection.

Study limitations include an open-label study design, inability to control for all the factors contributing to outcome, inclusion of subjects with multifocal disease, sample size, and limited follow-up period. In addition, patients were not allocated randomly to either treatment regiments as they

Table 8: Treatme	nts for Recurrent Glioblastoma							
		Median Age, years (range/SD)	KPS (%) (range)	Median OS	ORR (%)	Median PFS	PFS (%)	OS (%)
Present Study	Intraoperative Balloon Electronic Brachytherapy	52.9 (40-71)	90 (60-100)	11.1 months		8 months		
	Chemotherapy ± Radiotherapy	46.4 (24-74)	90 (60-100)	8.2 months		6 months		
Stupp, 2012	TTF, n=120 Chemotherapy, n=117	54 (23-80)	80 (50-100)	6.6 months 6.0 months			21.4* 15.1*	20** 20**
Kreisl, 2009	Bevacizumab, n=48	53 (21-69)	90 (60-100)	31 weeks		16 weeks	29.0*	57*
Friedman, 2009	Bevacizumab, n=85	54 (23-78)	(70-100)	9.2 months	28.2		42.6*	
	Bevacizumab and $rinotecan n=82$	57 (23-79)	(70-100)	8.7 months	37.8		50.3*	
Vredenburgh,	Bevacizumab and	49 (27-66)	(<70-100)			20 weeks	38.0*	72**
Z007 Tsien, 2019	Bevacizumab, n=106			9.7 months			29%*	
	Bevacizumab and Re-			10.1 months			54%*	
	Irradiation, n=65							
Taal, 2014	Bevacizumab, n=50			8.0 months		3 months	16.0*	
	Lomustine n=46			8.0 months		1 month	13.0*	
	Bevacizumab and Lomustine, n=44			12.0 months		4 months	42.0*	
Wick, 2010	Lomustine, n=92	<50 (28) ≥50 (64)	70 or 80 (46) 90 or 100 (45)	7.1 months	4.3	1.6 months	19.0*	
	Enzastaurin, n=174	<50 (44) ≥50 (130)	70 or 80 (83) 90 or 100 (90)	6.6 months	2.9	1.5 months	11.1*	
Ringel, 2016	Re-resection, n=421	58 (15-84)	90 (10-100)	11.9 months [†]				
van Linde, 2017 (retrospective)	Re-resection, n=56	56 (26-74)	100-90 (44.6) 80-70 (51.8)	11.0 months		9.0 months		
(10000000000)	Re-irradiation, n=57	59 (26-71)	100-90 (33.3) 80-70 (47.6)	9.2 months		7.7 months		
Chan, 2005	GliaSite Radiation	48 (29-79)	80 (60-100)	9.3 months $(KPS > 70)$				
	inclupy bystem, n=25			(KPS < 70)				
Reardon, 2020	Rindopepimut and Bevacizumab. n=39				30%	7.8 months	28%*	
	Bevacizumab, n=37				18%	5.6 months	16%*	
Cloughesy, 2020	Vocimagene amiretrorepvec and Flucytosine, n=201	56 (11.5)		11.1 months				
	Standard of Care, $n=202^{\circ}$			12.2 months				
Sampson, 2020	MDNA55, n=44	56 (35-77)	≥70	12.3 months				
	synthetic Control Arm, n=81			7.7 months				

*6-month, **1-year. ORR, objective response rate, [†]after first re-resection, ^{††}re-resection and Iotrex (sodium 3-(¹²⁵I)-iodo-4-hydroxybenzenesulfonate), [§]Investigators' choice of single therapy lomustine, temozolomide, or bevacizumab.

were treated in two different Institutions. However, we believe that the present results are appealing and should encourage further investigations by properly designed clinical trials in order determine if the innovative IBEB protocol which we used in this study might be helpful to other subjects with similar characteristics.

CONCLUSION

The results of this prospective, two-center, and comparative cohort pilot study suggest that a significant improvement in median LPFS and OS may occur in subjects undergoing IBEB following repeated resection of recurrent GBM in comparison with a control group who received standard adjuvant chemo-radiotherapy following re-resection. IBEB was associated with manageable toxicity. Subjects with a PCEV <2.5 cm3 and free of concurrent multifocal disease showed particular benefit from IBEB. This first comparative study, while limited by small sample size and its openlabel nature, provides hypothesis-generating data that may warrant further investigation on the potential use of IBEB in malignant gliomas and its risk/benefit/ratio.

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Declaration of patient consent

Institutional Review Board (IRB) permission obtained for the study.

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Conflicts of interest

There are no conflicts of interest.

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