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Sex-associated preventive effects of low-dose Aspirin on obesity and NAFLD in mouse offspring with in-utero over-nutrition

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Abstract

Aspirin has been found to diminish hypertriglyceridemia and hyperglycemia in both obese rodents and patients with type 2 diabetes mellitus. We aim to test if and how low dose aspirin is able to prevent obesity and the progression of non-alcoholic fatty liver disease (NAFLD) in the high risk subjects. We used offspring mice with maternal over-nutrition as a high risk model of obesity and NAFLD. The offspring were given postnatal HF-diet and diethylnitrosamine (DEN) to induce obesity and NAFLD, and were treated with or without a low dose of aspirin for 12 weeks (ASP or CTL groups). Aspirin treatment reduced body weight gain, reversed glucose intolerance, and depressed hepatic lipid accumulation in female, but not in male mice. Female mice displayed resensitized Insulin/Akt signaling and overactivated AMPK signaling, with enhanced level of hepatic PPAR- γ , Glut4 and Glut2, while male mice only enhanced hepatic PPAR- α and PPAR- γ levels. The female ASP mice had inhibited p44/42 MAPK activity and enhanced *Pten* expression, while male displayed activated p38 MAPK signaling. Furthermore, the female but not the male ASP mice reduced Wnt signaling activity via both the epigenetic regulation of *Apc* expression and the posttranscriptional regulation of β -catenin degradation. In summary, our study demonstrated a

No potential conflicts of interest relevant to this article were reported.

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L.X. and Y. Z. designed the study, L.X., H.P and Y. H. wrote the manuscript, Y. Z., H.P., Z. L. C.J and M. D. performed experiments, K. Z. performed data analysis.

COMPETING FIANCIAL INTERESTS

sex-associated effect of low dose aspirin on obesity and NAFLD prevention in female but not in male mice.

Keywords

aspirin; high-fat diet; non-alcoholic fatty liver disease; insulin signaling

INTRODUCTION

The rapid rise in obesity and associated diseases throughout the world now has a major negative impact on human health and healthcare resources. Regarded as the hepatic manifestation of a metabolic syndrome associated with obesity, hyperinsulinemia and peripheral insulin resistance, the non-alcoholic fatty liver disease (NAFLD) affects 10% to 24% of the general population in various countries and the prevalence has even been up to 75 percent in obese people¹. NAFLD encompasses a spectrum of diseases from simple steatosis to nonalcoholic steatohepatitis (NASH), which can progress to cirrhosis and hepatocellular carcinoma (HCC). In recent years, with the changes of the diet structure and decrease in physical activity, the population of NAFLD patients is increasing and becoming younger ².

Recent studies have put more efforts on investigating maternal over-nutrition, which reflects the dietary habits of the Western society and supported that maternal over-nutrition is associated with increased obesity and NAFLD. In human, maternal obesity dramatically influenced the risk of NAFLD in adolescents³. It is recently reported that maternal prepregnancy obesity and early introduction of supplementary milk is associated with a higher risk for adolescent NAFLD³. In mouse model, peri-conceptional obesogenic exposure induces sex-specific programming of fatty liver in offspring ^{3–8}. In male offspring with maternal high-fat (HF) diet, simple steatosis was presented at the age of 30 weeks with normal chow diet; while NASH was developed as early as week 15 if exposed to postnatal HF diet ⁴. These evidence support that the next generation with overnutrition during early-development is a high risk population for NAFLD. Thus, there is an urgent need for an effective early prevention strategy for adolescent fatty liver diseases, for which current recommendations provide no guidelines unfortunately.

Aspirin has been used to prevent the development of atherosclerosis due to its important role of anti-inflammation and inhibiting the enzyme clyclooxygenase⁹. High-dose aspirin treatment diminishes hypertriglyceridemia in both obese rodents¹⁰ and patients with type 2 diabetes mellitus¹¹. Similarly, low-dose aspirin ameliorated hyperlipidemia induced by HF-diet in rodent models and the mechanisms involve decreased adhesion molecule and chemokine production in the platelet and lymphocytes¹², and reduced VLDL-triglyceride production¹³. Regardless of the cumulative-dose response or duration-response of aspirin, a large population-based study has shown that aspirin intake is associated with a 41% lower risk of hepatocellular carcinoma¹⁴, for which NASH has been identified as an important risk factor. These all suggest a preventive effect of aspirin on liver injury.

In this study, we aims to evaluate if aspirin is effective to prevent juvenile liver injury in a NAFLD high-risk population and to understand why. We used mouse subjects (offspring) from a dam of maternal HF-diet and the liver injury was induced by postnatal HF-diet and diethylnitrosamine (DEN) for 12 weeks. By using this model, we wish to provide evidence based- data to support a preventive strategy for adolescent fatty liver diseases for those who have high risks due to early exposure to over-nutrition. The effect of low-dose aspirin on preventing the liver injury, the glucose intolerance, and the associated molecular and cellular alterations were investigated.

MATERIALS AND METHODS

Chemicals, Antibodies and Reagents

Diethylnitrosamine (DEN) and aspirin were purchased from Sigma Chemical Co. (St. Louis, MO, USA). Antibodies against IRS1, phospho- IRS-1(Ser1101), NF-kappaB, phospho-NF-kappaB, AKT, phospho-AKT(Ser473), phosphor-AKT (Thr308), JNK, phospho-SAPK/JNK (Thr183/Tyr185), phospho-p38MARK (Thr180/Tyr182), phospho-p44/42 MARK (Erk1/2) (Thr202/Tyr204), AMPK- α , phospho-AMPK- α (Thr172),ACC, phospho-ACC(Ser79), β -Catenin, phospho- β -Catenin (Ser33/37/Thr41) and GAPDH were purchased from Cell Signaling Technology (USA). Antibodies against Srebp1c, Glut4, Glut2 were from Santa Cruz Biotechnology Inc. (USA). The antibody against PPAR- α was acquired from Millipore Sigma (USA). The antibody against PPAR- γ was obtained from Abcam Co. (USA). The bicinchonic acid (BCA) protein assay kit and the phosphatase inhibitor tablets were purchased from Thermo Fisher Scientific (USA). Concentrations of the primary and secondary antibodies are described in the supplemental table.

Study design

Three-month-old mice of mixed background (B6/129/SvEv) were fed a HF diet (60% fat) for 9 weeks before conception. The breeding pairs were given the HF diet throughout gestation and lactation. The offspring were divided into two groups: the ASP group and the CTL group. After weaning, all offspring were given DEN and the HF diet for 12 weeks, while the ASP group were treated with aspirin at the same time. The REF group, which were fed the control diet and were born to breeding pairs given the control diet, served as the reference. Then, they were euthanized by CO2 with the flow rate 3.1–4 LPM, and cervical dislocations were placed to ensure mice were completely dead. After that, the blood and the liver were collected for additional experiments. Mouse experiments were completed according to a protocol reviewed and approved by the Institutional Animal Care and Use Committee of Texas A&M University, in compliance with the USA Public Health Service Policy on Humane Care and Use of Laboratory Animals.

Diet and treatments

Diet was purchased from Research Diets, LLC (New Brunswick, NJ, USA). The HF diet (cat. no. D12492) had an energy density of 5.157 kcal/g (60% fat energy, 20% carbohydrate energy and 20% protein energy). The reference diet (cat. no. D12450B) had an energy density of 3.771 kcal/g (10% fat energy, 70% carbohydrate energy and 20% protein energy). The fat source is composed of 92% lard and 8% soybean oil. The concentration of vitamins,

minerals and proteins were modified to ensure that these nutrients in the HF diet were equivalent to those in the NF diet on a per kilocalorie basis.

DEN treatments: DEN was injected intraperitoneally (i.p.) with 20–25 $\mu g/g$ and 50 $\mu g/L$ in their drink water at 21 days of age.

Aspirin treatments: Aspirin (30mg/l in drinking water, pH 6.4) was treated in their drinking water, which was replaced with fresh water every other day. Considering that each animal drinks in average 3 to 4 mL of water per day, this would be equal to 90µg to 120µg aspirin per day for a mouse of 30g weight.

Intraperitoneal injected glucose tolerance test (IPGTT)

At the end of week 12, offspring mice from each experimental group fasted overnight and were subsequently subjected to IPGTT early the next morning. Glucose tolerance tests were conducted with 20% D-glucose in 0.9% saline. The final concentration of the administered dose was 2.0 g/kg body weight. Tail vein blood glucose level was measured with an automated glucometer (Bayer, Elkhart, IN) at baseline and 30, 60, and 120 min after the injection.

Analysis of serum alanine aminotransferase (ALT) activity and insulin concentration

Serums were collected and stored in deep freeze -80°C until measured. Serum ALT activity was measured using an ALT Activity Assay kit (MAK052, Sigma-Aldrich,USA) according to the manufacturer's instructions. The plasma concentrations of insulin were determined using an insulin enzyme-linked immunosorbent assay (ELISA) commercial kits (RayBiotech, USA) according to the manufacturer's instructions.

Histological analysis

Liver tissues were fixed in 4% paraformaldehyde overnight at 4°C, dehydrated with FLEX 100 (70%, 80%, 90%, 95% and 100%), and embedded in paraffin. Specimens were sliced into sections of 5µm thickness using a Leica RM2235 microtome. The hematoxylin and eosin (H&E) staining was performed according to standard method. All HE slides were blindly examined according to the Kleiner scoring system.

Protein extraction and western blot

100mg Frozen tissue was homogenized in 1mL of lysis buffer (RIPA10ml-Add 1 tablet of cOmplete ULTRA Tablet, 1 tablet of Phosphatase inhibitor Tablet, and 200mM PMSF 100ul). The lysate was then centrifuged at 12000rmp for 20 min, and the supernatant fraction was collected. The protein concentration was determined using a BCA protein assay. Aliquots of 150ug were diluted in SDS sample buffer, boiled and run immediately on 7% acrylamide SDS–PAGE gels. Proteins were transferred electrophoretically to nitrocellulose membranes, and the membranes were blocked in 5% Bovine Serum Albumin(BSA)/Tris-buffered saline and reacted with primary antibody to each specific protein overnight in Tris-buffered saline plus 5% BSA. After washing three times with Tris-buffered saline containing 0.1% Tween- 20, the membranes were treated with peroxidase-

conjugated secondary antibodies and visualized using ECL Ultra western HRP Substrate(Millipore Sigma, USA).

RNA extraction and RT-PCR

Total RNA was extracted using TRIzol reagent (Thermo Fisher Scientific, USA), and concentration was determined in triplicate using a NanoDrop ND-1000 spectrophotometer (Thermo Scientific,USA). Total mRNA (1ug) was amplified and reversed transcribed using ReadyScript®cDNA Synthesis Mix (Sigma-Aldrich, USA), and qPCR was performed using CFX384TM Real-Time System (BIO-RAD, USA). Each reaction consisted of 0.2µl amplified cDNA, 2 µl primers, 5 µl All-in-One qPCR Mix (Gene Copoeia Co.,USA), and nuclease-free water (final volume of 10 µl). All reactions were performed in triplicate on a Bio-Rad real-time PCR machine with the CFX Manager 3.1 software. Primers used for RT-PCR analysis are shown in Table 1.

DNA extraction, Bisulfite conversion and Methylation-specific PCR (MSP)

To extract genomic DNA, 20mg frozen liver tissue was used and followed the work flow of solid tissues, as instructed by the Quick-DNATM Universal Kit (Zymo Research,USA). One microgram of genomic DNA was bisulfite converted using EZ DNA Methylation-GoldTM Kit (Zymo Research, USA) according to the manufacture's instruction. Bisulfite converts unmethylated cytosine into uracil, whereas methylated cytosine is left unchanged. The sequences of the *Apc* promoter region of mouse was retrieved from (http://genome.ucsc.edu). The tested GC-rich regions is located 185 bp upstream of the *Apc* start codon, and appropriate primers were designed in the website http://www.urogene.org/cgibin/methprimer/methprimer.cgi (shown in Table 2). MSPs were performed using CFX384TM Real-Time System (BIO-RAD, USA). All methylation-specific PCRs (MSPs) were performed under the following conditions: 95°C for 10 minutes, then 40 cycles of 95°C for 10 seconds, 58°C for 20 seconds, and 72°C for 15 seconds. The CFX Manager 3.1software (Bio-Rad) was used to measure threshold cycle (Ct) values.

Statistical analysis

Differences among the control and ASP groups across different genders were analyzed by one-way ANOVA. For the longitudinal data such as body weight and food consumption, a linear mixed model was used for the analysis of repeated measures with each individual mouse as a random effect. All analyses were carried out by using SAS JMP software (SAS Institute Inc., Cary, NC, USA) and R statistical programming language. *P*<0.05 is considered significant different.

RESULTS

Aspirin treatment prevented the excess body weight gain and the glucose intolerance in female but not in the male mice.

We monitored the body weight gain during the 12-week experimental period after weaning. Both the male and female mice were weaned at similar body weight and significantly gained body weight by HF-diet through the experimental period. However, the low-dose aspirin treatment reduced the amount of body weight gain in female mice, but not in the male mice

(Figs.1A and 1B). At the end of week 12, the female mice treated with aspirin weighed significantly less than the control female (Fig.1A).

IPGTT was measured at the end of week 12. The fasting glucose level of the CTL group and the ASP group was similar as the REF mice (offspring from the normal fed dam and with postnatal chow diet), regardless of male or female (Figs.1C and 1D). Both the male and female offspring from over-nutrient dam displayed glucose intolerance after 12-week exposure to postnatal HF-diet and DEN (Figs.1C-F, *P*=0.03 vs. REF for female; *P*=0.035 vs. REF for male). However, aspirin treatment prevented glucose intolerance in the female ASP group, while the male ASP mice remained glucose intolerant (Figs.1C-F, *P*=0.793 vs. REF for female; *P*=0.044 vs. REF for male). In addition, we measured the fasting insulin level at the end of week 12. The result showed that the ASP male mice had significantly higher serum insulin concentration versus either the REF or the CTL mice (Fig.1H), while the female mice insulin level was not different among REF, CTL and ASP groups (Fig.1G).

Aspirin treatment reduced fatty acid accumulation in female hepatocytes, but did not ameliorate the NASH in male mice

Consistent with previous reports^{15–17}, we observed significant different histological and pathological changes in the female and the male liver at the end of week 12. Clearly, the male mice displayed NASH with severe hepatic steatosis and liver injury featured with balloon-like hepatocytes (Fig.2B), while the female mice only had simple fatty acid accumulation in hepatocytes (Fig.2A). The ASP treatment reduced the amount of fatty acid accumulation in female hepatocytes (Fig.2A), however, the liver injury and hepatosteatosis in ASP male mice seemed not ameliorated compared to the CTL male mice (Fig.2B). We further measured the serum ALT level, which was unchanged under ASP treatment in either female or male offspring comparing to CTL group (Figs.2C and D).

Aspirin treatment re-sensitized hepatic Insulin-Akt signaling in female but not male mice.

The reversed glucose intolerance in ASP female offspring drove us to measure the insulin signaling activity in liver. In female liver, IRS-1 level was unchanged in the ASP group versus the CTL group (Figs.3A and C). However, the phosphorylation at Ser1101 of IRS-1, one of the well-known negative phosphor-regulatory sites, was depressed in the ASP group (Figs.3A and C), suggesting re-sensitizing of insulin signaling by aspirin treatment. Unlike the female mice, activity of insulin signaling in male liver was not altered by aspirin treatment (Figs.3B and D).

We next examined if insulin-dependent Akt signaling also displayed a higher basal activity by aspirin treatment. Consistently, the ASP female group had hyperphosphorylation at Thr308 of the Akt protein (Figs.3E and G), suggesting a higher basal level of Akt signaling. However, Akt activation was not observed in male liver treated with aspirin although the expression of Akt protein was higher (Figs.3F and H).

We further measured the expression of Glut4 and Glut2 to better understanding if aspirin promoted the capacity of glucose transport in liver. Glut4 expression was significantly higher in liver of ASP female but not ASP male (Figs.3A-D). Glut2 is the major hepatic

glucose transporter, but is not insulin-responsive. ASP treatment remarkably increased the level of Glut2 in female liver but not in male liver (Figs.3A-D).

Aspirin treatment activated the AMPK signaling in female, but not male liver.

We examined the AMPK pathway activity to address how aspirin intervention promoted the cellular lipid homeostasis in liver of the female and male mice. The expression of AMPK- α and ACC was not different in both groups regardless from male or female mouse (Figs.4A-C). However, the p-AMPK- α level was significantly higher in ASP group than in the CTL group of the female mice, suggesting an overactivation of AMPK signaling. Consistently, the p-ACC/ACC was also remarkably increased in the ASP group versus the CTL group of the female mice. These data overall suggested enhanced β -oxidation in the female hepatocytes (Figs.4A and C). Unfortunately, the p-AMPK- α and the p-ACC/ACC levels were unchanged in ASP male comparing to the CTL male mice (Figs.4B and D).

Next, we measured the expression level of three key transcription factors for lipid metabolism, Srebp-1c, PPAR- γ and PPAR- α . Srebp-1c expression was unchanged in ASP hepatocytes, regardless of male or female. Unlike the significantly higher expression of hepatic PPAR- γ but not PPAR- α in ASP female (Figs.4E and G); the male mice significantly enhanced PPAR- α and PPAR- γ expression in liver (Figs.4F and H).

Aspirin treatment enhanced activity of JNK signaling in male liver.

According to the "two hits" hypothesis, hepatic inflammation triggers the "second hit" for NAFLD progression 18 . Consistent with the histological changes in female liver that hepatic inflammation did not exist, the aspirin treatment had no effect on either the JNK or the NF- κ B signaling in female liver (Figs.5A and C). Neutrophil infiltration was observed in the CTL and ASP male livers, thus we measured if aspirin activated JNK signaling and NF- κ B signaling in liver. The results showed that aspirin treatment significantly activated JNK signaling by enhanced expression of JNK protein and hyperphosphorylation of p54 JNK in male liver (Figs.5B and D). The ASP male mice also increased expression of hepatic NF- κ B although the phosphorylation of NF- κ B was similar as the CTL male mice (Figs.5B and D). We further detected the expression of some inflammatory-related genes including *II-6, II-1β, II-10, Tnf-a, Cc11, Cc12* and *II-4* by realtime-PCR. However, ASP treatment did not change the expression of any of these genes (Fig.5E).

Aspirin treatment depressed hepatic p44/42 MAPK signaling in female and enhanced p38 MAPK signaling in male.

DEN has been widely used as a chemical carcinogen to cause liver HCC. A previous study reported that DEN leads to carcinogenesis ,promotion and progression at doses above 25–30 mg/kg of body weight ¹⁹. Although exposure to DEN at a dose of 20–25 mg/kg of body weight for 12 weeks might not be toxic enough to cause HCC, the liver injury was obvious. Therefore, we measured at the molecular level the activity of Mitogen-activated protein kinase (MAPK) pathways in liver, aims to understand the status of the machinery that controls fundamental cellular processes such as proliferation, differentiation, and apoptosis.

In female, aspirin treatment resulted in hypophosphorylation of p44/42 MAPK in liver exposed to HF diet and DEN for 12 weeks (Figs.6A and C). Unlike the changes in female, the ASP male group had a hyperphosphorylation of p38 MAPK (Figs.6B and D).

Several important cell cycle genes, including *Atm, Cdk2, Cdk4, Cdk6, Chk1, Pal, Pten, P21, CycB* and *CycD2*, were measured for its expression level in liver. The aspirin treatment enhanced hepatic expression of *Pten* in female liver (Fig.6E), while expression levels of these genes in male liver were unchanged (Fig.6F).

Aspirin treatment inhibited Wnt-signaling via both epigenetic regulation of *Apc* promoter region and posttranscriptional phosphorylation of β-catenin

Wnt/β-catenin signaling is known to play an important role in liver development and liver regeneration via one of its main roles in regulating cell cycle progression. We thus investigated whether aspirin treatment could affect the Wnt signaling via downregulation or upregulation the gene expression of key modulator genes. In female ASP mice versus the CTL mice, there was a higher expression of hepatic *Apc* (Figure 7A); however none of the examined Wnt modulator genes were found upregulated or downregulated in male ASP mice (Fig.7B). We hypothesized that *Apc* upregulation was due to hypomethylation at its CpG islands, therefore we utilized methylation-specific PCR to answer this question. As expected, hypomethylation of CpG island located 185 bp upstream of the *Apc* start codon was found in ASP female offspring liver (Figs.7C). In contrast, methylation status was unchanged at this site in ASP male versus the CTL male mice (Figs.7D).

We wonder if aspirin also effects on the Wnt-signaling via post-transcriptional regulation of β -catenin, therefore the protein level and the phosphorylation of β -catenin were measured. We showed significant decrease in β -catenin expression in the ASP liver compared to the CTL liver (Figs.7E and F), suggesting a potential increased degradation of this protein. Consistently, the ASP liver had increased phosphorylation at Ser33/37 and Thr41 of β -catenin (Figs.7E and F), the major phosphorylation sites whose activation is associated with its disability.

DISCUSSION

It is probably due to widely reported gender differences of the hepatic phenotype in mouse models of postweaning diet-induced obesity (DIO) ^{16, 20–28}, low dose of aspirin has been previously studied only in male rodents with HF-diet and is reported to reduce the serum lipid content and inhibited the hepatic inflammation ^{12, 13}. There is unfortunately zero information about aspirin on modulating the lipid metabolism in female mice. We, for the first time, reported that the effects of aspirin to prevent obesity and its related complications is different in male versus in female: a low-dose aspirin intake not only reduced the body weight gain but also reversed the impaired glucose tolerance in female mice; while such effects were not observed in male mice; instead, an impaired insulin sensitivity might occur in male mice evidenced by a higher fasting serum insulin level. This sex-associated effect is also manifested by different metabolic response in liver: the female ASP mice displayed less fatty acid accumulation, while the hepatic steatosis and liver injury remained severe in male ASP mice. Thus, one hypothesis to explain the aspirin effect disparity between male and

female is that the different preventive effect was actually attributable to the more advanced NASH in male than in female, rather than the sex-different. Following this hypothesis, low-dose of aspirin only prevented the progression of NAFLD in the early rather than the later stage. However, this hypothesis needs to be tested in different stages of NAFLD in animal models of the same sex. Interestingly, we are not the first study to report the differing effects of aspirin in male and female, which has been widely reported in both human and animal models and especially in atherothrombotic benefit ^{29–34}. Although most studies about the sex-related difference of aspirin effects are observational, the data have suggested the contribution of the interaction of aspirin and sex hormones, especially the level of testosterone and estrogen ^{35–40}. As the major organ to metabolite the sex hormones, the dysfunctional liver can greatly affect the levels and the normal function of sex hormones (reviewed in ⁴¹). Thus, another hypothesis could be the interactive effect of aspirin, sex hormones and fatty liver, which needs to be systematically tested in the future study. Nonetheless, our data suggested to us that a low dose of aspirin might be efficient to prevent excessive body weight gain, glucose intolerance and an early progression of NAFLD.

According to the "two-hit" hypothesis, the "first hit" initiates the hepatic lipid accumulation. During the "first hit", diminished insulin signaling by serine phosphorylation of IRS-1 and IRS-2 contributes to fat accumulation^{42–46}. To be noted, previous human data are not consistent about the effect of aspirin in insulin sensitivity. Earlier studies completed in diabetic patients support that aspirin is responsible to insulin sensitization^{47–49}, while some recent studies in healthy subjects found a detrimental effect ^{50–52}. This difference is attributable to a higher dose and a longer duration in the earlier studies than in the recent study (6–9g/d vs. <3g/d and 1–3 weeks vs. a few days). In our study, we aimed to investigate the preventive effect of aspirin, thus a very low dose of aspirin (3-4mg/kg/d) but a long-term treatment (12 weeks) was given to ASP mice daily. We demonstrated that a long-term and low-dose of aspirin improved insulin sensitivity via activation of Insulin-Akt signaling via modulating glucose and lipid metabolism. As an evidence, the liver expressed increased hepatic expression of Glut2 and PPAR-γ. These results are consistent with more recent studies in human¹¹ and rodent's models¹⁰ to support the important role of aspirin in maintaining glucose homeostasis, although a higher dose and a shorter-term of aspirin was applied. We also provide evidence to show that aspirin also contributed to maintain lipid homeostasis via promoting lipid catabolism to fight against DEN and HFD, through activating AMPK signaling and enhancing PPAR-γ which transcriptionally regulate βoxidation⁵³.

Previous study has shown that aspirin is able to treat or prevent a variety of cancers including colorectal cancer^{54–56}, squamous cell esophageal cancer^{57–59} and prostate cancer^{60–63}, suggesting that aspirin plays a positive role in anti-hyperproliferation during tumorigenesis. In our study with liver injury induced by DEN and HFD, a low dose of aspirin depressed p42/44 MAPK signaling in female. The female mice also had enhanced expression of hepatic *Pten*, a well-known tumor suppressor and a well-established negative regulator of cell-cycle progression⁶⁴. One mechanism to explain the effect of aspirin on cancer prevention is through its cyclooxygenase-independent effects of aspirin/Wnt interactions. Previous report has shown that aspirin treatment results in the increased ubiquination of β-catenin though increased phosphorylation of protein phosphatase 2A

(PP2A), which further leads to a reduction in enzymatic PP2A activated Wnt-signaling ⁶⁵. Here we demonstrated the novel role of aspirin to epigenetically regulate the Wnt-signaling via decreased DNA methylation and identified the methylation site within its transcriptional regulation region. Apc protein is known to inhibit Wnt signaling by interacting with β-catenin and Axin to form an Apc/Axin/β-catenin complex. We showed the phosphorylation at Ser33/37 and Thr41 site of β-catenin further leads to its degradation, which is consistent with previous reports ⁶⁶. Our results suggested a novel mechanisms how aspirin plays a cyclooxygenase-independent role in regulating Wnt-signaling. Although *Apc* knockout is associated with HCC ⁶⁷, it is not clear if *Apc* overexpression is able to inhibit the DEN-induced hyperproliferation. Here we were unable to detect transcriptional changes of known proliferation related Wnt-pathway downstream targets responsible to aspirin treatment, but we also could not exclude expression changes of unknown Wnt-pathway targets contributing to anti-hyperproliferation. Nevertheless, our data confirmed a potential role of aspirin to prevent the progression of NAFLD via down-regulating Wnt-signaling to block DEN-triggered hyperproliferation.

Our data does not support that aspirin plays a positive effect on preventing obesity, insulin resistance and NASH in male offspring with high risks. Although we showed an overexpression of hepatic PPAR- α and PPAR- γ , we also showed glucose intolerance and increased fasting insulin in male mice, suggesting the increments might be attributable to a compensatory effect in responsible to hyperglycemia and hyperinsulinemia. Previous studies have shown that a high dose of aspirin activates IKK β signaling 10, 68 and p38 MAPK signaling 69, suggesting the activated IKK β /NF κ B and p38 MAPK mediated anti-inflammation and anti-insulin resistance during liver injury. In our study, we did observe activated p38 MAPK, NF κ B signaling and JNK signaling in male ASP offspring mice. However, expression of well-known inflammatory cytokine genes in liver were irresponsible to aspirin-treatment in our study. Thus, the role of Aspirin in mediating insulin sensitivity and hepatic fat accumulation-induced injury might be complicated and needs more intensive studies.

In summary, we adapted a mouse model with high risks of NAFLD to examine the preventive effect of low dose aspirin. The preventive effect of low dose aspirin on obesity and NAFLD is different in male and female mice. It prevented body weight gain, glucose intolerance and lipid accumulation in female via sensitizing the Insulin/Akt signaling, activating AMPK signaling, inhibiting the MAPK signaling and Wnt-signaling through both epigenetic regulation and the post-transcriptional modification (Figure 8). However, these effects of low dose aspirin were not obvious in male mice with NASH.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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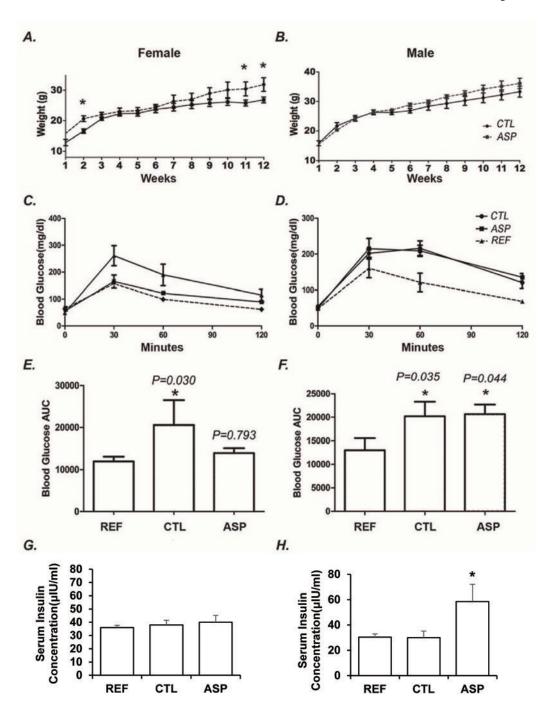
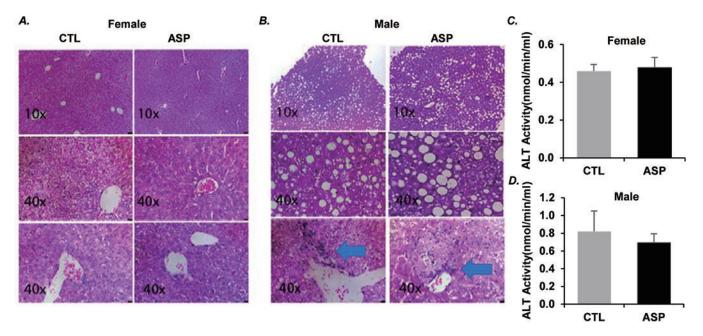


Figure 1. Aspirin treatment prevented the excess body weight gain and the glucose intolerance in female but not in the male mice.

- 1A-B. Body weight of the female (A) and male (B) offspring were recorded weekly since weaning for 12 weeks.
- 1C-D. IPGTT was measured at the end of week 12 in female (C) and male mice (D).
- 1E-F. Area under the curve (AUC) was calculated for the results of IPGTT in female (E) and male mice (F).
- 1G-H. The fasting insulin level was measured at the end of week 12 in female (G) and male mice (H).

Data is presented as Mean \pm SD, n=4–6. Significance (P<0.05) is presented between two groups.

* *P*<0.05 vs. CTL/REF group.



 $\label{eq:continuous} \textbf{Figure 2. Aspirin treatment reduced fatty acid accumulation in female hepatocytes, but did not ameliorated the NASH in male. }$

- 2A. By HE staining, the ASP treatment reduced the amount of fatty acid accumulation in female hepatocytes.
- 2B. By HE staining, the liver injury and hepatosteatosis in ASP male mice were not ameliorated comparing to the CTL male mice. (The blue arrow indicates inflammatory cells infiltration)
- 2C-D. The serum ALT level were not altered by ASP treatment in either female or male offspring comparing to CTL group in female (C) and male mice (D).
- Data is presented as Mean \pm SD, n=4–6. Significance (P<0.05) is presented between two groups.
- * *P*<0.05 vs. CTL group.

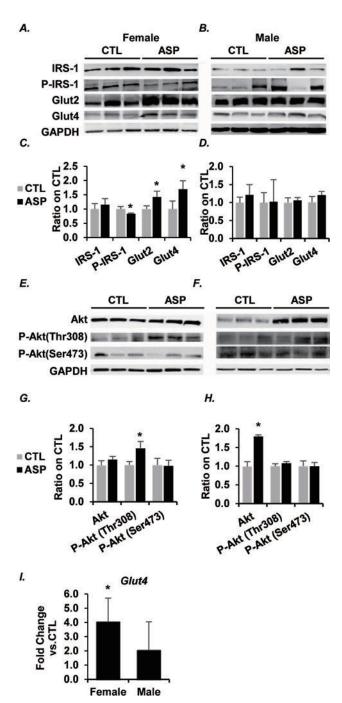


Figure 3. Aspirin treatment re-sensitized hepatic insulin-AKT signaling in female but not male mice.

3A-B. IRS-1, phosphorylation of IRS-1 at Ser1101, Glut2 and Glut4 in liver tissue were detected by western blots in female (A) and male mice (B).

3C-D. Relative amounts were expressed as the ratios of IRS1/GAPDH, Phospho-IRS-1-Ser¹¹⁰¹/GAPDH, Glut2/ GAPDH and Glut4/ GAPDH in female (C) and male mice (D).. 3E-F. Akt, phosphorylation of Akt at Thr308, phosphorylation of Akt at Ser473, in liver tissue were detected by western blots in female (E) and male mice(F).

3G-H. Relative amounts were expressed as the ratios of Akt/GAPDH, Phospho-Akt (Thr308)/GAPDH, Phospho-Akt (Ser473)/GAPDH in female (G) and male mice (H). 3I. *Glut4* were measured for their expression level in liver by realtime-PCR in female and male.

Data is presented as Mean \pm SD, n=4–6. Significance (P<0.05) is presented between two groups.

* *P*<0.05 vs. CTL group.

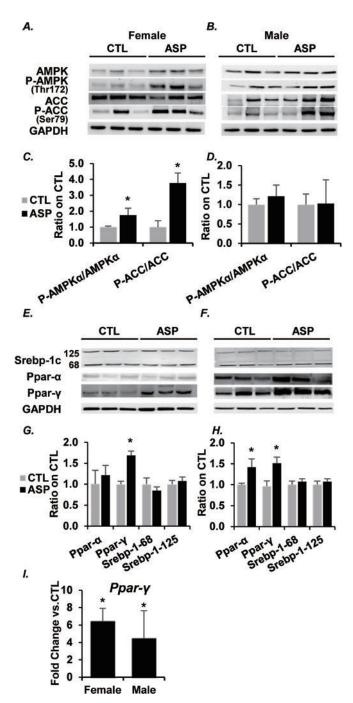


Figure 4. Aspirin treatment activated the AMPK signaling in female, but not male liver. 4A-B. AMPK-α, phosphorylation of AMPK-α at Thr172, ACC, phosphorylation of ACC at Ser79 in liver tissue were detected by western blots in female (A) and male mice (B). 4C-D. Relative amounts were expressed as the ratios of Phospho- AMPK-α (Thr172)/ AMPK-α /GAPDH, Phospho- ACC (Ser79)/ACC/GAPDH in female (C) and male mice (D).

4E-F. Srebp1–1c, PPAR- α and PPAR- γ in liver tissue were detected by western blots in female (E) and male mice(F).

4G-H. Relative amounts were expressed as the ratios of Srebp1–1c/GAPDH, PPAR- α /GAPDH and PPAR- γ /GAPDH in female (G) and male mice (H).

4I. $PPAR-\gamma$ were measured for their expression level in liver by realtime-PCR in female and male. Data is presented as Mean \pm SD, n=4–6. Significance (P<0.05) is presented between two groups. * P<0.05 vs. CTL group.

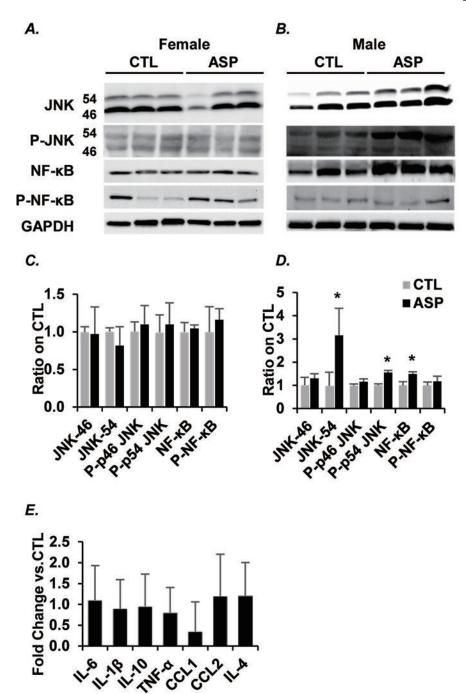


Figure 5. Aspirin treatment enhanced activity of JNK signaling in male liver.
6A-B. JNK, phosphorylation of JNK, NF-κB, and phosphorylation of NF-κB in liver tissue were detected by western blots in female (A) and male mice (B).
6C-D. Relative amounts were expressed as the ratios of JNK /GAPDH, Phospho-JNK / GAPDH, NF-κB /GAPDH, Phospho-NF-κB /GAPDH in female (C) and male mice (D).
6E. *IL-6*, *IL-1β*, *IL-10*, *TNF-a*, *CCL-1*, *CCL-2* and *IL-4* were measured for their expression level in liver by realtime-PCR in male (E).

Data is presented as Mean \pm SD n=4–6. Significance (P<0.05) is presented between two groups.

* *P*<0.05 vs. CTL group.

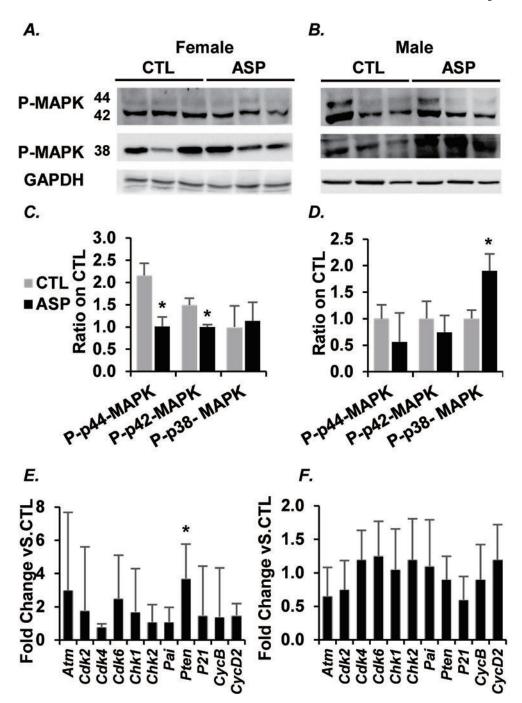


Figure 6. Aspirin treatment depressed hepatic p44/42 MAPK signaling in female and enhanced p38 MAPK signaling in male.

- 6A-B. Phosphorylation of p44/42 MAPK and phosphorylation of p38 MAPK in liver tissue were detected by western blots in female (A) and male mice (B).
- 6C-D. Relative amounts were expressed as the ratios of Phospho-p44/42 MAPK /GAPDH and Phospho-p38 /GAPDH in female (C) and male mice (D).
- 6E-F. *Atm, Cdk2, Cdk4, Cdk6, Chk1, Pal, Pten, P21, CycB* and *CycD2* were measured for their expression level in liver by realtime-PCR in female (E) and male mice (F).

Data is presented as Mean \pm SD, n=4–6. Significance (P<0.05) is presented between two groups.

* *P*<0.05 vs. CTL group.

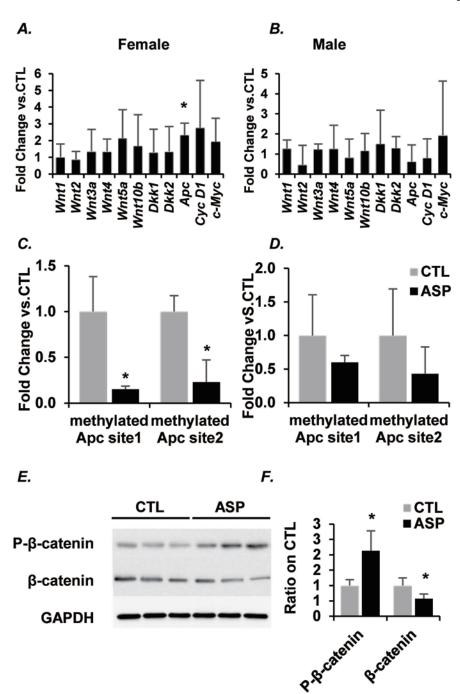


Figure 7. Aspirin treatment enhanced Apc expression in female liver via decreased DNA methylation at the CpG site of Apc promoter region

7A-B.Hepatic expressions of Wnt-signaling related genes were measured by real-time PCR in female (A) and male mice (B).

7C-D. Methylation status of the two CpG sites within the regulatory region of the *Apc* gene was measured by MSP in female (C) and male mice (D).

7E-F. β -Catenin, phospho - β -Catenin (Ser33/37/Thr41) in liver tissue were detected by western blots in female (E). Relative amounts were expressed as the ratios of β -Catenin / GAPDH, phospho - β -Catenin (Ser33/37/Thr41) in female (F).

Data is presented as Mean \pm SD, n=4–6. Significance (P<0.05) is presented between two groups.

* *P*<0.05 vs. CTL group.

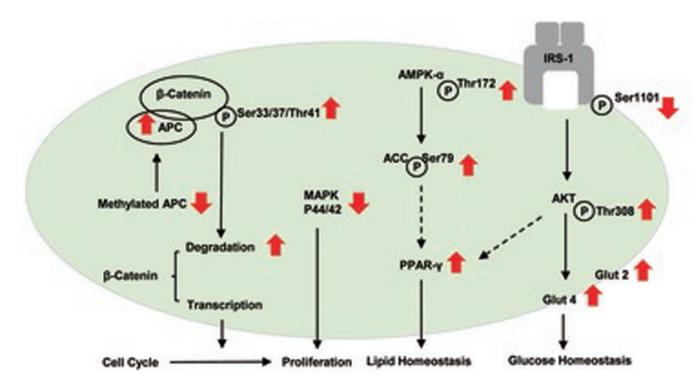


Figure 8. Schematic mechanisms how low-dose aspirin prevented NAFLD progression. A long-term and low-dose of aspirin treatment in female mice re-sensitized the Insulin/Akt signaling via reducing phosphorylation at Ser1101 of IRS-1 and hyperphosphorylation at Thr308 of Akt, and increased the glucose homeostasis via enhanced expression of hepatic Glut4, Glut2, and hepatic PPAR- γ . In female, aspirin contributed to maintain lipid homeostasis via promoting lipid catabolism through activating AMPK signaling and enhancing PPAR- γ . Aspirin treatment suppressed the cell proliferation by inhibiting the MAPK signaling via hypophosphorylation of p44/42 MAPK in liver and upregulating the *Apc* gene expression via hypomethylation of CpG island located 185 bp upstream of the *Apc* start codon. Overexpression of Apc further inhibited Wnt signaling by hyperphosphorylating β -catenin at Ser33/37/Thr41 to form an Apc/Axin/ β -catenin complex, which leads to β -catenin degradation.

Table 1

Primer sets used for PT-PCR

	Forward(5'-3')	Reverse(5'-3')
Glut4	GTGACTGGAACACTGGTCCTA	CCAGCCACGTTGCATTGTAG
PPAR-γ	CCTGAAGCTCCAAGAATACCAAA	AGAGTTTTTCAGAATAATAAGG
IL-6	TGCCTTCTTGGGACTGAT-GC	TGGGAGTGGTATCCTCTG-TGA
<i>IL-1β</i>	AAATACCTGTGGCCTTGGGC	CTTGGGATCCACACTCTCCAG
IL-10	GCTCTTACTGACTGGCATGAG	CGCAGCTCTAGGAGCATGTG
TNF-a	TAGCCAGGAGGGAGAACAGA	TTTTCTGGAGGGAGATGTGG
CCL1	GGCTGCCGTGTGGATACAG	AGGTGATTTTGAACCCAC-GTTT
CCL2	TTAAAAACCTGGATCGGA-ACCAA	GCATTAGCTTCAGATTTA-CGGGT
IL-4	CGCAGCTCTAGGAGCATGTG	TGCCTGCTCTTACTGACT-GG
Atm	CAGGCACAACCCTTGGTCC	TGCAGGTGTGAATCAACA-TGAC
Cdk2	CCTGCTTATCAATGCAGAGGG	CCTGCTTATCAATGCAGAGGG
Cdk4	ATGGCTGCCACTCGATATGAA	TCCTCCATTAGGAACTCTCACAC
Cdk6	GGCGTACCCACAGAAACCATA	AGGTAAGGGCCATCTGAAAACT
Chk1	GTTAAGCCACGAGAATGTAGTGA	GATACTGGATATGGCCTTCCCT
Chk2	TGACAGTGCTTCCTGTTCACA	GAGCTGGACGAACCCTGATA
Pai	TTCAGCCCTTGCTTGCCTC	ACACTTTTACTCCGAAGTCGGT
Pten	TTTGCTAGTGAGTGGAATCCTCT	TGTGACAAAAGTGACACAGATCA
P21	CCTGGTGATGTCCGACCTG	CCATGAGCGCATCGCAATC
СусВ	AAGGTGCCTGTGTGTGAACC	GTCAGCCCCATCATCTGCG
CycD2	CGCACAGAGCGATGAAGGT	CGCACAGAGCGATGAAGGT
Wnt2	CTGATGTAGACGCAAGGGGG	CCTGTAGCTCTCATGTACCACC
Wnt3a	TCTGGTGGTCCTTGGCTGTG	GGGCATGATCTCCACGTAGTT
Wnt4	AGACGTGCGAGAAACTCAAAG	GGAACTGGTATTGGCACTCCT
Wnt5a	CAACTGGCAGGACTTTCTCAA	CATCTCCGATGCCGGAACT
Wnt10b	GAAGGGTAGTGGTGAGCAAGA	GGTTACAGCCACCCCATTCC
Dkk1	CCAACGCGATCAAGAACCTG	GGTAGGGCTGGTAGTTGTCA
Dkk2	CTGATGCGGGTCAAGGATTCA	CTCCCCTCCTAGAGAGGACTT
с-Мус	GGTGTCTGTGGAGAAGAGGC	TTGTGCTGGTGAGTGGAGAC
Арс	TCCGAGTCCTTCATCTTTTGGA	CTTGTGGCCCAGTTAAAATCTGA
CycD1	GCGTACCCTGACACCAATCTC	CTCCTCTTCGCACTTCTGCTC
В2М	TTCTGGTGCTTGTCTCAC-TGA	CAGTATGTTCGGCTTCCC-ATTC

Table 2

Primer sets used for methylation-specific PCR (MSP)

	Forward(5'-3')	Reverse(5'-3')
Apc-m1	GTAGAGGTAGGGTATAGGTTGTTGC	CCATCTTATTAAAAACGAAAAACGA
Apc-u1	TAGAGGTAGGGTATAGGTTGTTGTG	CATCTTATTAAAAACAAAAAAACAAA
Apc-m2	GAGTGTGGTTGTCGGAAATTC	CAAAAAAACGTACATAAAAAACGCT
Apc-u2	TGTGGTTGTTGGAAATTTGG	CAAAAAAACATACATAAAAAAACACT

Definition of abbreviations: m=methylated; u=unmethylated.