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Trimodality therapy for esophageal cancer: The role of surgical and radiation treatment parameters in the development of anastomotic complications

Salem Alfaifi 1 Robert Chu 1 Xuan Hui 1 Stephen Broderick 2 Craig Hooker 2			
Malcolm Brock ² Errol Bush ² Russell Hales ¹ Lori Anderson ¹ Jeffrey Hoff ¹			
Cole Friedes ¹ Sarah Han-Oh ¹ Todd Mcnutt ¹ Jinny Ha ² Stephen Yang ²			
Richard Battafarano ² Joy Feliciano ³ K. Ranh Voong ¹			

¹Department of Radiation Oncology and Molecular Radiation Sciences, Johns Hopkins University, Baltimore, Maryland, USA

²Division of Thoracic Surgery, Department of Surgery, Johns Hopkins University, Baltimore, Maryland, USA

³Departments of Medical Oncology, Johns Hopkins University, Baltimore, Maryland, USA

Correspondence

K. Ranh Voong, Department of Radiation Oncology and Molecular Radiation Sciences, Johns Hopkins University, 300 Mason Lord Drive, Baltimore, MD 21224, USA. Email: kvoong1@jhmi.edu

Abstract

Background: Here, we investigated the relationship between clinical parameters, including the site of surgical anastomosis and radiation dose to the anastomotic region, and anastomotic complications in esophageal cancer patients treated with trimodality therapy.

Methods: Between 2007 and 2016, esophageal cancer patients treated with trimodality therapy at a tertiary academic cancer center were identified. Patient, treatment, and outcome parameters were collected. Radiation dose to the gastric regions were extracted. Anastomotic complication was defined as leak and/or stricture. We used Fisher's exact and Wilcoxon rank-sum tests to compare the association between clinical parameters and anastomotic complications.

Results: Of 89 patients identified, the median age was 63 years, 82% (n = 73) were male, and 82% had distal (n = 47) or gastroesophageal junction (n = 26) tumors. Median follow-up was 25.8 months. Esophagectomies were performed with cervical (65%, n = 58) or thoracic anastomoses (35%, n = 31). Anastomotic complications developed in 60% (n = 53). Cervical anastomosis was associated with anastomotic complications (83%, n = 44/53, p < 0.01). Radiation to any gastric substructure was not associated with anastomotic complications (p > 0.05). In the subset of patients with distal/gastroesophageal junction tumors undergoing esophagectomy with cervical anastomosis where radiation was delivered to the future neoesophagus, 80% (n = 35/44) developed anastomotic complications. In this high-risk subgroup, radiation was not associated with anastomotic complications (p > 0.05).

Conclusions: Our analysis did not demonstrate an association between radiation dose to gastric substructures and anastomotic complications. However, it showed an association between esophagectomy with cervical anastomosis and anastomotic complications. Patients with distal/gastroesophageal junction tumors who undergo esophagectomy with cervical anastomosis have higher rates of anastomotic complications unrelated to radiation to gastric substructures.

KEYWORDS

anastomotic leak, anastomotic stricture, esophageal cancer, neoadjuvant radiation, trimodality therapy

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In patients with locally advanced esophageal cancers, neoadjuvant chemoradiation followed by surgery (trimodality therapy [TMT]) has become the gold standard treatment.^{1–8} TMT compared with surgery alone improved overall survival and disease-free survival.^{3–7} Anastomotic leak and stricture remain the major anastomotic complications (AC) after esophagectomy.⁹ There is debate over whether neoadjuvant therapy that includes radiation (RT) prior to esophagectomy results in an increased rate of AC.^{10,11} Anastomotic leak incidence ranges between 9% and 26%.^{6,10–17} Stricture incidence was reported to be higher with a range between 22% to 45%.^{12,13}

The stomach is used to recreate a neoesophagus during an esophagectomy with an anastomosis created between the remnant proximal esophagus and the gastric fundus or body along the greater curvature.¹⁸ These gastric substructures are often located in or adjacent to the preoperative RT field. Conflicting data evaluating the effect of RT on AC are available.^{11,15,16,19} It is unclear whether extra efforts should be made to limit the RT doses delivered to the stomach and its substructures during the RT planning, especially to the gastric substructures that will be used to create the esophagogastric anastomosis.

Herein, we assessed associations between the clinical factors, especially surgical and RT treatment parameters, and the development of postoperative AC (leak and/or stricture) in esophageal patients who were treated with TMT at a tertiary academic institution.

METHODS

Patient data

This was a retrospective IRB approved (IRB00163262) study. Patients with esophageal cancer who underwent TMT were identified in a prospectively collected thoracic surgery database. Patients with available restored electronic RT plans between 2007 and 2016 were included in this analysis. Exclusion criteria included patients with cervical esophageal cancers, patients treated with radiation at outside institutions, and patients who died, or were otherwise lost to follow-up within 90 days of surgery.

Baseline, treatment, and outcome characteristics were obtained from chart review. Follow-up time was defined as the time from date of surgery to date of last patient interaction or death. Margin status was defined as margin involved with tumor (pathological margin positive) or with Barrett's esophagus when the above was specifically mentioned in the surgical pathology report. Given treatment over different staging eras, patients were restaged according to the seventh edition of the American Joint Committee on Cancer (AJCC, 2010)²⁰ staging system using pretreatment endoscopic, diagnostic positron emission tomography (PET) and computed tomography (CT) findings. Postoperative anastomotic complication was defined as an anastomotic leak and/or stricture, confirmed by a thoracic surgeon (SB). Anastomotic leak was determined by¹ a diagnostic barium swallowing study or CT scan demonstrating extravasation of oral contrast or² by endoscopic direct visualization of anastomotic dehiscence or fistula.^{12,16,21} Anastomotic stricture was defined as¹ endoscopic confirmation of stenosis or² receipt of endoscopic dilatation(s) to relieve an anastomotic stenosis.^{12,21}

Radiation dosimetric data

The stomach and its gastric substructures were contoured on restored preoperative RT planning CT scans using Philips Pinnacle treatment planning system, version 9.10. The gastric substructures (fundus, the body which was further subdivided into the greater and lesser curvature, and the pylorus/antrum) were defined according to published radiographic definitions^{22,23} and in consultation with two thoracic surgeons (SB, EB), a radiologist and a thoracic radiation oncologist (KRV) (See Figure 1). Dosimetric data included: mean dose, point maximum dose (Dmax), point minimum dose (Dmin), and dose volume histogram (DVH) parameters including the percent volume of the structure receiving 20 and 30 Gy, respectively (V20 and V30, intermediate RT dose-volume parameters).

Surgical technique

Six to eight weeks after neoadjuvant chemoradiation, patients underwent transhiatal, three-incision, or Ivor-Lewis esophagectomies. Cervical anastomoses were performed with a manual approach and thoracic anastomosis were performed with a semi-manual approach using an EEA circular stapler. For simplicity, we refer to the transhiatal esophagectomies and three-incision as esophagectomies with cervical anastomoses (E_C) and refer to the Ivor-Lewis esophagectomies as esophagectomies performed with thoracic anastomosis (E_T) throughout the manuscript.²⁴

Statistical analysis

The association of baseline clinical and treatment characteristics with postoperative AC was assessed using Chi-squared (χ^2) and Fisher's exact tests for categorical variables or Student's *t*-test and Wilcoxon rank-sum test for testing medians of continuous parameters. Statistical analysis was performed using STATA (version 14). *p*-values <0.05 were considered statistically significant.

RESULTS

Patient cohort

Eighty-nine patients were included in the final analysis. Of 89 patients, the median age was 63 years (IQR: 55–69), 82%



FIGURE 1 Representative images of the preoperative radiation planning scans of three patients with esophageal cancer treated with trimodality therapy. Radiation doses (colored lines) are overlaid on top of gastric substructures delineated in colorwash (red: gross tumor, yellow: lesser curvature, green: greater curvature, blue: fundus). (a) A patient with stage III (T2N2) gastroesophageal junction adenocarcinoma with postoperative anastomotic complications (both leak and stricture) after esophagectomy with cervical anastomosis. (b) A patient with stage III (T3N1) gastroesophageal junction adenocarcinoma without postoperative anastomotic complications after esophagectomy with cervical anastomosis. (c) A patient with stage III (T3N1) lower esophageal adenocarcinoma without postoperative anastomotic complications after esophagectomy with intrathoracic anastomosis

(n = 73) were male, and 82% had distal (n = 47) or gastroesophageal junction (GEJ, n = 26) tumors. Median followup was 25.8 months (IQR: 14–54). Patients received 45 Gy (69%, n = 61) or 50.4 Gy (31%, n = 28) with concurrent chemotherapy. Esophagectomies were performed with cervical (E_C, 65%, n = 58) or thoracic anastomoses (E_T, 35%, n = 31). The baseline characteristics are summarized in Table 1.

Postoperative anastomotic complications

AC developed in 53 patients (60%). Of these 53 patients, n = 45 (51%) patients developed stricture and n = 14 (16%) developed leak. Among 45 and 14 patients, six patients (7%) developed both leak and stricture. The median time between esophagectomy and development of leak was 8 days (IQR:

7–11). The median time between esophagectomy and endoscopic visualization or treatment of stricture was 57 days (IQR: 43–137).

Clinical and treatment factors associated with postoperative anastomotic complications

Analysis of associations between clinical factors and postoperative AC are summarized in Table 1. A total of 76% (n = 44 of 58) of patients who received E_C experienced AC, a significantly higher rate than E_T , where only 29% (n = 9of 31) experienced AC (p < 0.01). There was no association between total neoadjuvant RT dose, neoadjuvant chemotherapy regimen, year of resection, resection margin status, nor interval from end of neoadjuvant therapy to surgery and AC (p > 0.05).

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TABLE 1 Baseline patient and treatment characteristics of all patients (n = 89)

	Anastomotic complication		
	Yes	No	<i>p</i> -value
	n = 53 (59.6%)	n = 36 (40.4%)	
	n, (%)	n, (%)	
Age at diagnosis (median year, IQR)	59 (55–69)	64 (57–69.5)	0.21
Length of follow-up (months, IQR)	27.3 (14.0-65.1)	25.7 (13.2–50.5)	0.55
Male sex	46 (86.8)	27 (75.0)	0.16
BMI (median kg/m ² , IQR)	25.6 (23.2–28.8)	25.9 (22.4–31.0)	0.98
Diabetes	14 (26.4)	9 (25.0)	1.00
History of smoking	45 (84.9)	27 (75.0)	0.28
Histology type			0.80
Adenocarcinoma	41 (77.4)	29 (80.6)	
SCC	12 (22.6)	7 (19.4)	
Location of tumor			0.82
Proximal esophagus	1 (1.9)	2 (5.6)	
Middle esophagus	8 (15.1)	5 (13.9)	
Distal esophagus	29 (54.7)	18 (50.0)	
GEJ	15 (28.3)	11 (30.6)	
Group stage			1.00
II	18 (34.0)	13 (36.1)	
III	35 (66.0)	23 (63.9)	
Clinical T stage			0.33
cT1	0 (0.0)	0 (0.0)	
cT2	13 (24.5)	9 (25.0)	
cT3	36 (67.9)	27 (75.0)	
cT4	4 (7.6)	0 (0.0)	
Clinical N stage			0.76
cN0	14 (26.4)	7 (19.4)	
cN1	33 (62.3)	26 (72.2)	
cN2	5 (9.4)	2 (5.6)	
cN3	1 (1.9)	1 (2.8)	
Total RT (Gy)			0.25
45.0	39 (73.6)	22 (61.1)	
50.4	14 (26.4)	14 (38.9)	
Chemotherapy regimen			0.06
Platin/taxol	17 (32.1)	21 (58.3)	
Platin/fluorouracil	28 (53.8)	11 (30.6)	
Other	8 (15.1)	4 (11.1)	
Resection year (median, range)	2010 (2008-2013)	2013 (2010–2015)	0.45
Esophagectomy anastomotic location			< 0.01
Cervical	44 (83.0)	14 (38.9)	
Thorax	9 (17.0)	22 (61.1)	
Positive resection cancer margin	2 (3.8)	2 (5.6)	1.00
Distal	2 (3.8)	1 (2.8)	
Proximal	0 (0.0)	0 (0.0)	
Circumferential	0 (0.0)	1 (2.8)	

(Continues)

TABLE 1 (Continued)

	Anastomotic complication		
	Yes n = 53 (59.6%) n, (%)	$\frac{No}{n = 36 (40.4\%)}$ <i>n</i> , (%)	
			<i>p</i> -value
Positive Barrett's esophagus	15 (28.3)	12 (33.3)	0.44
Distal margin	0 (0.0)	0 (0.0)	
Proximal margin	1 (1.9)	0 (0.0)	
Interval last RT to surgery (median days, IQR)	42 (36–52)	47 (38–60)	0.13

Abbreviations: BMI, body mass index; IQR, interquartile range; GEJ, gastroesophageal junction; Gy, gray; Platin, cisplatin or carboplatin; RT, radiation; SCC, squamous cell carcinoma.

The risk of each respective complication (leak or stricture) with respect to the postoperative anastomotic location is shown in Table S1. Leaks occurred more commonly in patients who received E_C as compared to E_T (E_C : 24%, n = 14/58 vs. E_T : 0%, n = 0/31; p < 0.01). Strictures also occurred more commonly in patients who received E_C versus E_T (64%, n = 37/58 vs. 26%, n = 8/31; p < 0.01).

Dosimetric factors associated with postoperative anastomotic complications

The association of preoperative RT parameters to the entire stomach or gastric substructures with postoperative AC are summarized in Table 2. There was no association between RT dose parameters (mean dose, Dmin, Dmax, and intermediate RT dose-volume parameters: V20, V30) exposed to the stomach nor the gastric substructures and AC (p > 0.05). Also, our results did not show an association (p > 0.05) between RT dose parameters with each individual complication (leak or stricture) as shown in Table S2.

Anastomotic complications for the subset of distal esophageal tumors undergoing esophagectomies with cervical anastomosis

To evaluate the association of RT with AC in a high-risk group, we limited the analysis to patients with distal esophageal or GEJ tumors undergoing chemoradiation followed by $E_{\rm C}$. In this high-risk population, RT was delivered to or near the gastric substructures that would then be used to form the anastomosis in the neck and the neoesophagus. Of the 44 out of 89 patients who met these criteria: 80% (n = 35/44) developed AC (stricture: 73%, n = 32/44; leak: 25%, n = 11/44; both: 18%, n = 8/44).

Clinical characteristics and their association with postoperative cervical AC for this high-risk subset are summarized in Table 3. In this subset, no significant associations were found between clinical nor treatment details and AC. There were also no associations between the RT dose parameters exposed to the stomach nor gastric substructures and subsequent post-surgical AC (p > 0.05) (Table 4).

DISCUSSION

Our study demonstrated that RT dose exposures to the stomach and its substructures which are used to create the future neoesophagus are not associated with the development of postoperative AC. However, our study did demonstrate an increased risk of AC in the patients who underwent E_C as compared to E_T . No other clinical factors were identified as a significant risk for higher incidence of AC in our overall cohort.

Our reported postoperative AC for this limited cohort including anastomotic leak (16%) and stricture rates (51%) are within the range of those published in prior studies (leak 9%–26% and stricture 45%).^{6,11–16,21,24} The finding of a higher risk of AC after E_C as compared to E_T is conflicting. As in our study, an analysis of The Society of Thoracic Surgeons (STS) database reported significantly higher anastomotic leak rate for patients with E_{C} (12%, 213 of 1720) compared with 9% with E_T (145 of 1559) which was attributed to longer course of blood supply travel to reach neck anastomosis compared with shorter course with an intrathoracic anastomosis.²⁵ A meta-analysis similarly showed higher rates of anastomotic leaks and anastomotic strictures in E_C as compare with E_T .¹³ In contrast, another metaanalysis concluded no significant difference between transhiatal and transthoracic esophagectomies on postoperative anastomotic leak.¹⁷ Also, a recent analysis of the American College of Surgeons National Surgical Quality Improvement Program (NSQIP) found no difference in anastomotic leak between patients who underwent $E_{\rm T}$ versus $E_{\rm C}$ after neoadjuvant chemoradiation.24

The influence of the RT dose to the stomach on postoperative AC was also investigated prior with inconsistent findings. A retrospective study of 54 patients with distal esophageal tumors who received TMT with transthoracic anastomosis identified a higher D50 (median RT dose to 50% of the target volume) to the gastric fundus as a significant risk factor for both anastomotic leak and stricture.¹⁵

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TABLE 2 Preoperative radiation dose delivered to the stomach and gastric substructures of all (n = 89) patients

	Anastomotic complication		
	Yes <i>n</i> = 53 (59.6%) Median (IQR)	$\frac{\text{No}}{n = 36 \ (40.4\%)}$	p-value
		Median (IQR)	
Entire stomach			
Mean dose (Gy)	27.24 (15.71-34.24)	27.42 (21.00-34.75)	0.88
Maximum dose (Gy)	48.21 (47.28-51.12)	49.23 (47.39-53.54)	0.21
Minimum dose (Gy)	3.21 (0.74-8.86)	2.31 (0.80-6.29)	0.54
V20 (%)	68 (31–91)	63 (44–89)	0.81
V30 (%)	40 (12–57)	38 (25–61)	0.66
Fundus			
Mean dose (Gy)	36.17 (22.21-44.45)	36.23 (28.23-45.07)	0.36
Maximum dose (Gy)	47.56 (46.41-49.15)	48.22 (46.69-53.20)	0.15
Minimum dose (Gy)	14.75 (5.83–21.93)	16.77 (7.10–28.61)	0.33
V20 (%)	98 (49–100)	98 (67–100)	0.35
V30 (%)	66 (13–93)	71 (41–100)	0.23
Greater curvature			
Mean dose (Gy)	23.34 (10.53-32.20)	24.07 (16.33-33.88)	0.88
Maximum dose (Gy)	47.63 (45.87-49.71)	48.44 (46.31–52.96)	0.17
Minimum dose (Gy)	3.54 (0.66–10.28)	2.48 (0.93-8.73)	0.61
V20 (%)	61 (13–89)	54 (33-87)	0.88
V30 (%)	28 (1–52)	25 (12–61)	0.70
Lesser curvature			
Mean dose (Gy)	35.80 (25.42-40.96)	36.28 (30.11-42.57)	0.47
Maximum dose (Gy)	48.11 (47.22–50.03)	49.10 (47.02–53.51)	0.21
Minimum dose (Gy)	9.97 (1.33–16.57)	6.25 (1.57–21.13)	0.97
V20 (%)	90 (59–99)	84 (69–100)	0.85
V30 (%)	62 (37–82)	63 (45–95)	0.49
Pylorus/antrum			
Mean dose (Gy)	16.94 (2.02–26.82)	12.43 (1.92–29.97)	0.82
Maximum dose (Gy)	36.37 (4.42-46.25)	31.87 (4.87–44.21)	0.73
Minimum dose (Gy)	4.86 (0.94–12.43)	2.90 (0.99–10.89)	0.71
V20 (%)	31 (0-83)	9.5 (0-98)	0.95
V30 (%)	1 (0-34)	0 (0-49)	0.80

Abbreviations: Gy, Gray; IQR, interquartile range; V20, the percent volume of the structure receiving at least 20 Gy; V30, the percent volume of the structure receiving at least 30 Gy.

On the other hand, a larger single institution retrospective study of 285 patients who predominantly had distal esophageal tumors and E_T (Ivor-Lewis) surgeries noted a protective effect of higher mean RT dose to the fundus on anastomotic complications.¹⁹ The authors of this study attributed this paradoxical effect to the location of tumors, proposing a higher anastomotic leakage rate in upper and middle esophageal tumors due to an "in-field" anastomosis which took place in a previously irradiated mediastinum.¹⁹ Our series had a different population, where 82% of patients had distal or GEJ tumors and 66% underwent E_C . In the overall cohort and in a higher risk cohort of patients with distal/GEJ tumors who received E_C , there was no association between preoperative RT dose parameters and postoperative AC.

Our findings are in keeping with both CROSS and NEOCRTEC5010 clinical trials that showed no significant of postoperative AC with increase neoadjuvant chemoradiation therapy.^{3,6} A recent meta-analysis of 19 trials similarly showed no difference of anastomotic leakage between low dose RT (biologically effective dose [BED] \leq 48.85 Gy₁₀) versus high dose RT (BED >48.85 Gy₁₀) in patients treated with TMT.¹¹ Furthermore, the STS database analysis showed that preoperative RT did not carry on an inherited risk on anastomotic leak frequency (10%) compared to the baseline (11%) in patients who did not receive preoperative RT. The authors of this analysis expressed a level of ambiguity of these data regarding the

T A B L E 3 Baseline patient and treatment characteristics of the subset of patients with lower/GEJ tumors treated with esophagectomies with cervical anastomoses (n = 44)

	Anastomotic complication		
	Yes	No	
	$\frac{n = 35 \ (79.6\%)}{n, \ (\%)}$	n = 9 (20.5%)	
		n, (%)	<i>p</i> -value
Age at diagnosis (median year, IQR)	56 (53–65)	59 (54–68)	0.83
Length of follow-up (days, IQR)	1071 (547–3046)	1511 (904–2191)	0.97
Male sex	32 (91.4)	8 (88.9)	1.00
BMI (median kg/m ² , IQR)	26.8 (24.3-29.3)	25.8 (20.0-30.3)	0.39
Diabetes	9 (25.71)	1 (11.1)	0.66
History of smoking	30 (85.7)	7 (77.8)	0.62
Histology type			0.81
Adenocarcinoma	32 (91.4)	8 (88.9)	
SCC	3 (8.6)	1 (11.1)	
Location of tumor			1.00
Distal esophagus	21 (60.0)	5 (55.6)	
GEJ	14 (40.0)	4 (44.4)	
Group stage			0.23
II	13 (37.1)	1 (11.1)	
III	22 (62.9)	8 (88.9)	
Clinical T stage			0.31
cT1	0 (0.0)	0 (0.0)	
cT2	7 (20.0)	0 (0.0)	
cT3	28 (80.0)	9 (100)	
cT4	0 (0.0)	0 (0.0)	
Clinical N stage			0.37
cN0	10 (28.6)	1 (11.1)	
cN1	22 (62.9)	8 (88.9)	
cN2	3 (8.6)	0 (0.0)	
cN3	0 (0.0)	0 (0.0)	
Total RT (Gy)			1.00
45.0	27 (77.1)	7 (77.8)	
50.4	8 (22.9)	2 (22.2)	
Chemotherapy regimen			0.13
Platin/Taxol	8 (22.9)	3 (33.3)	
Platin/Fluorouracil	23 (65.7)	3 (33.3)	
Other	4 (11.4)	3 (33.3)	
Resection year (median, range)	2009 (2008–2010)	2009 (2008–2012)	0.94
Positive resection cancer margin	2 (5.7)	0 (0.0)	1.00
Distal	2 (5.7)	0 (0.0)	
Proximal	0 (0.0)	0 (0.0)	
Circumferential	0 (0.0)	0 (0.0)	
Positive Barrett's esophagus	13 (37.1)	2 (22.2)	0.66
Distal margin	0 (0.0)	0 (0.0)	
Proximal margin	1 (2.9)	0 (0.0)	
Interval from last RT to surgery (median days, IQR)	39 (33–44)	34 (32–44)	0.47

Abbreviations: BMI, body mass index; Gy, gray; IQR, interquartile range; GEJ, gastroesophageal junction; Platin, cisplatin or carboplatin; RT, radiation; SCC, squamous cell carcinoma.

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TABLE 4 Preoperative radiation dose delivered to the subset of patients with distal/GEJ tumors treated with esophagectomies with cervical anastomoses (n = 44)

	Anastomotic complication		
	Yes n = 35 (79.6%) Median (IQR)	No	<i>p</i> -value
		n = 9 (20.5%)	
		Median (IQR)	
Entire stomach			
Mean dose (Gy)	27.00 (11.46-34.57)	25.61 (21.42-31.75)	0.94
Maximum dose (Gy)	48.21 (47.22–51.07)	48.62 (47.58–49.73)	0.57
Minimum dose (Gy)	3.33 (0.66-8.86)	1.95 (1.07–5.71)	0.83
V20 (%)	68 (26–91)	53 (51–84)	1.00
V30 (%)	34 (9–66)	33 (24–56)	0.78
Fundus			
Mean dose (Gy)	34.19 (21.07-44.45)	33.26 (31.29-36.24)	0.87
Maximum dose (Gy)	47.57 (46.17-48.78)	48.04 (47.05-48.62)	0.36
Minimum dose (Gy)	13.51 (5.83–21.19)	14.43 (8.74–18.34)	0.94
V20 (%)	96 (47–100)	92 (73–100)	0.79
V30 (%)	64 (11–93)	56 (44–84)	0.57
Greater curvature			
Mean dose (Gy)	22.76 (7.83–32.55)	22.39 (17.74–24.86)	0.85
Maximum dose (Gy)	47.30 (42.12-48.86)	47.00 (45.07-49.32)	0.65
Minimum dose (Gy)	4.16 (0.51-10.28)	1.99 (1.07–6.32)	0.65
V20 (%)	59 (11–92)	50 (44–91)	0.88
V30 (%)	26 (1–58)	20 (18–24)	0.95
Lesser curvature			
Mean dose (Gy)	35.45 (16.97-42.63)	32.96 (28.83-40.68)	0.94
Maximum dose (Gy)	48.09 (47.11-49.93)	48.18 (46.66-49.73)	0.78
Minimum dose (Gy)	10.57 (1.33–16.57)	6.66 (2.73-12.80)	0.94
V20 (%)	93 (29–100)	82 (75–100)	0.83
V30 (%)	62 (24–87)	63 (37–87)	0.72
Pylorus/antrum			
Mean dose (Gy)	16.94 (1.52–27.89)	12.84 (2.52–33.38)	0.83
Maximum dose (Gy)	36.80 (2.29-46.51)	26.37 (11.58-44.00)	0.92
Minimum dose (Gy)	5.04 (0.85-12.43)	3.67 (1.90-12.02)	0.78
V20 (%)	31 (0-74)	4 (0–98)	0.91
V30 (%)	3 (0-34)	0 (0-81)	0.94

Abbreviations: Gy, Gray; V20, the percent volume of the structure receiving at least 20 Gy; IQR, interquartile range; V30, the percent volume of the structure receiving at least 30 Gy.

accurate safety of preoperative radiation therapy due to lacking details about delivered RT dose.²⁵

Therefore, our reported data, with detailed RT dose parameters to the stomach and its substructures that are used for the future neoesophagus, does represent a clinically meaningful evidence that further support the safety of neoadjuvant chemoradiation prior to esophagectomy for patients with esophageal cancers.

The variation in AC risk associated with esophagectomy type and with RT parameters may be explained to some extent by variations in patient populations, tumor locations and definition of postoperative AC.¹² An ongoing phase III multicenter randomized control rail (ESOPEC), which is comparing perioperative chemotherapy (FLOT protocol) to neoadjuvant chemoradiation therapy (CROSS protocol) and aiming to investigate postoperative complications among other endpoints, will potentially improve our understanding for postoperative AC risk in the future.²⁶

Several points deserve consideration. This study was limited by small sample size and retrospective nature of the study. We did not evaluate surgical nuances other than location of anastomotic location either in the neck or thorax. This study however was unique in that the actual delivered electronic plans were recovered for all patients, and the gastric substructures were delineated consistently among all patients with the input of thoracic specialists. But as such, this reduced the sample size of the patients to include those with available restored digital RT plans and may have altered ability to determine characteristics that may have been associated with AC.

Despite these limitations, our data suggests that the esophagectomy type with cervical anastomotic location has a much stronger association with development of AC than neoadjuvant RT dose to the gastric substructures. Further analysis in a larger pooled study population is needed to clarify associations between RT dosimetry parameters, surgical approach with anastomotic location, and postoperative AC.

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CONFLICT OF INTEREST

No pertinent conflict of interest to this manuscript.

ORCID

Salem Alfaifi D https://orcid.org/0000-0002-3981-6053

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SUPPORTING INFORMATION

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