

# Urantide decreases hepatic steatosis in rats with experimental atherosclerosis via the MAPK/Erk/JNK pathway

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**Abstract.** Hepatic steatosis, an indicator of atherosclerosis (AS), is always accompanied by inflammatory responses and disturbances in lipid metabolism. The present study investigated the protective effect of urantide, a urotensin II (UII) receptor antagonist, on the liver of rats with AS with hepatic steatosis by regulating the MAPK pathway. AS was induced in rats via an intraperitoneal injection of vitamin D<sub>3</sub> and the administration of a high-fat diet. Urantide treatment was then administered to the rats. Pathology, liver index, lipid levels and liver function were measured to determine liver injury. The expression levels of UII and G protein-coupled receptor 14 (GPR14) were determined using immunohistochemistry, reverse transcription-quantitative PCR and western blotting. The expression levels of MAPK-related proteins in hepatocytes from each group were quantified using western blotting and immunofluorescence staining. Rats with AS had typical pathological changes associated with AS and hepatic steatosis, which were significantly improved by urantide treatment. Blood lipid levels, body weight, liver index and liver function were recovered in rats with AS after urantide treatment. Urantide downregulated the expression levels of UII and GPR14 in the livers of rats with AS; concurrently, the phosphorylation of Erk1/2 and JNK was significantly decreased. Moreover, no significant changes were observed in the phosphorylation of p38 MAPK in AS rat livers. In conclusion, urantide inhibits the activation of Erk1/2 and JNK by blocking the binding of UII and GPR14, thereby alleviating hepatic steatosis in rats with AS, ultimately restoring lipid metabolism in the liver and alleviating AS lesions.

## Introduction

The liver is an important organ for lipid metabolism. In individuals with atherosclerosis (AS), lipid levels increase excessively, exceeding the liver metabolic capacity and damaging liver function and structure, thereby causing hepatic steatosis (1). According to multiple studies, hepatic steatosis is not only an indicator of AS but also an early regulatory factor that promotes the development of AS (2,3). Indeed, both AS and hepatic steatosis, which is a lipid-storage disease, involve ongoing inflammatory responses and disturbances in lipid metabolism.

Urotensin II (UII), the most potent vasoconstrictor peptide, is involved in the pathophysiology of numerous disorders, including heart failure, essential hypertension, renal disease, diabetes and liver cirrhosis (4). By binding to its receptor G protein-coupled receptor 14 (GPR14), UII participates in the regulation of multiple signaling pathways, such as inflammation, cell proliferation and lipid metabolism (5,6). Therefore, UII/GPR14 is regarded as a specific target for the treatment of AS and hepatic steatosis.

The MAPK pathway is an important signal transduction pathway occurring from the cell surface to the nucleus (7). Among the components of the MAPK pathway, Erk is involved in the regulation of cell proliferation and differentiation, JNK is the key molecule involved in stress-induced cell signal transduction and p38 MAPK (p38) mediates the occurrence of cell inflammation and apoptosis (8). Therefore, UII/GPR14 mediates the activation of MAPK signaling to induce vasoconstriction and vasodilation, as well as cell proliferation and migration (4,9). However, the mechanism via which UII/GPR14 regulates MAPK activation in AS and its association with fatty liver remains unknown.

The peptide compound urantide is a type of UII receptor antagonist. Our previous studies have confirmed that urantide exerts protective effects on the thoracic aorta in rats with AS (10,11). However, to the best of our knowledge, researchers have not yet determined whether urantide also exerts a protective effect on the livers of rats with AS. The current study used the AS rat model to study the protective effect of urantide on liver injury and to investigate the regulatory effect of UII/GPR14 on MAPK signaling in urantide-treated AS rats with hepatic steatosis. Therefore, the present results may provide experimental evidence for the clinical application of urantide.

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## Materials and methods

**Animal experiments.** Urantide (peptide purity >95%) was synthesized by ChinaPeptides Co., Ltd., and has the following amino acid sequence: Glu-Thr-Pro-Asp-Cys-Phe-Trp-Lys-Tyr-Cys-Val.

All animals were maintained in accordance with the guidelines of the Certification and Accreditation of the People's Republic of China general requirements for quality and competence of laboratory animal institutions (GB/T 27416-2014) regarding animal care. A total of 45 male Wistar rats (age, 4 weeks; weight, 180-200 g) were purchased from Vital River Laboratory Animal Technology, Beijing, China [License no. SCXK (Jing)-2016-0011] and housed at a constant temperature of 22±2°C with a humidity of 40-60% and under a 12-h light/dark cycle, with free access to food and water. The rats were randomly divided into three groups, with 15 rats per group: The control group was fed basal feed daily, while the model group (AS) and urantide group were injected with 150 U/kg vitamin D<sub>3</sub> (Animal Pharmaceutical Huasheng Technology, Harbin, China) for 3 continuous days to damage the arterial intima (12) and were fed a high-fat diet (Beijing Keao Xieli Feed Co., Ltd.), which was composed of 80.8% basal feed, 10% hog fat, 3.5% cholesterol, 0.5% sodium cholate, 5% refined sugar and 0.2% propylthiouracil. The AS rat model was established using previously described methods (13). Then, 4 weeks later, 5 rats from each group were randomly sacrificed using an intraperitoneal injection of 150 mg/kg pentobarbital sodium [Fortune (Tianjin) Chemical Reagent Co., Ltd.] to detect whether the AS rat model was successfully replicated. Following successful modeling, the urantide group was injected with 30 µg/kg urantide, while the control and model groups were injected with 30 µg/kg normal saline daily for 2 continuous weeks. In the present study, the dosage of urantide was based on two preliminary studies by Zhao *et al* (10,11). After 6 weeks of treatment, all rats were fasted for 1 day, and the body weight of each rat was measured. Then, the rats were sacrificed using an intraperitoneal injection of 150 mg/kg pentobarbital sodium, and 5-8 ml blood per rat was harvested from the aorta pectoralis. The liver weight of each rat was measured to calculate the liver index with the following formula: Liver index = liver weight/body weight × 100%. The tissues were collected and immediately frozen at -196°C.

**Assessment of aortic atherosclerosis and hepatic histology.** Sections of the aorta pectoralis and liver tissues were harvested, fixed with 10% formalin at 4°C overnight, dehydrated in 70-100% ethanol and finally embedded in paraffin. Then, paraffin sections were sliced into 5-µm thick sections and used for H&E staining, immunohistochemistry and immunofluorescence. H&E (Nanchang Yulu Experimental Equipment Co., Ltd.) was performed according to the manufacturer's instructions. Pathological changes in the aorta pectoralis and liver tissues were observed in ten microscopic fields at x400 magnification using a light microscope (Olympus Corporation).

The presence of positive granules in the atherosclerotic plaques and liver cells were visualized using immunohistochemical staining for UII and GPR14, and immu-

nofluorescence staining for phosphorylated (p)-Erk1/2 and p-JNK. Immunohistochemistry was performed using the SP kit (cat. no. SP-9002; OriGene Technologies, Inc.) according to the manufacturer's instructions. Briefly, sections were blocked with 3% H<sub>2</sub>O<sub>2</sub> (cat. no. SP-9002; OriGene Technologies, Inc.) at 37°C for 30 min and then incubated with 1:100 dilutions of anti-UII antibody (cat. no. sc-52299; Santa Cruz Biotechnology, Inc.) and anti-GPR14 antibody (cat. no. sc-514460; Santa Cruz Biotechnology, Inc.) at 4°C overnight. Sections were then incubated with biotin-labeled goat anti-mouse IgG antibody (cat. no. SP-9002; OriGene Technologies, Inc.) at 1:1,000 at 37°C for 30 min, incubated with 100 µl horseradish enzyme labeled streptomycin (cat. no. SP-9002; OriGene Technologies, Inc.) at 37°C for 15 min, incubated with 100 µl DAB (cat. no. ZLI-9017; OriGene Technologies, Inc.) at 37°C for 5 min, and mounted with neutral balsam. For immunofluorescence staining, the isolated paraffinized liver sections were dewaxed with xylene, and subjected to antigen retrieval with the EDTA antigen repair solution (cat. no. ZLI-9071; OriGene Technologies, Inc.) at 100°C for 2 min. The sections were then rinsed with TBS-0.1% Tween-20 (TBST) at 37°C for 5 min, blocked with 10% goat serum (Beijing Solarbio Science & Technology Co., Ltd.) in PBS-0.1% Tween-20 at 37°C for 1 h and incubated with 1:100 dilutions of anti-p-Erk1/2 (cat. no. 4370; Cell Signaling Technology, Inc.) and anti-p-JNK antibodies (cat. no. 9255; Cell Signaling Technology, Inc.) at 4°C overnight. Sections were then incubated with FITC-labeled anti-species-specific antibodies (cat. nos. A0562 and A0568; Beyotime Institute of Biotechnology) in the dark at 37°C for 1 h, and stained with a DAPI solution in the dark at 37°C for 45 min. Sections were then mounted with antifade mounting medium (Beyotime Institute of Biotechnology). Then, immunohistochemical and immunofluorescence staining were observed in ten microscopic fields at x400 magnification using a fluorescence microscope (Olympus Corporation). Digital quantification (Image-Pro Plus 6.0; Media Cybernetics, Inc.) was performed in a blinded manner.

**Measurement of blood lipid levels, hepatic lipid levels and liver function.** The plasma was centrifuged at 1,500 × g for 10 min at 4°C, and the serum was stored at -20°C. An automatic biochemical analyzer was used to detect rat serum levels of calcium (Ca<sup>2+</sup>), total cholesterol (TC), triglyceride (TG), high-density lipoprotein (HDL) and low-density lipoprotein (LDL), which were determined to assess the extent of AS in rats. The automatic biochemical analyzer was also used to measure alanine transaminase (ALT), aspartate aminotransferase (AST), γ glutamyl transferase (GGT), lactate dehydrogenase (LDH-L), alkaline phosphatase (ALP), total bilirubin (TBIL), direct bilirubin (DBIL) and indirect bilirubin (IBIL), which were determined to assess liver function in rats. The measurements were made on the automatic biochemical analyzer (BS-480; Shenzhen Mindray Bio-Medical Electronics Co., Ltd.) at the 266 PLA Hospital (Hebei, China). Liver tissues (1 g) were homogenized and extracted with 10 ml ice-cold dehydrated alcohol and then centrifuged at 1,500 × g for 10 min at 4°C. The hepatic levels of TC and TG were measured using Ultraviolet-Visible Spectrophotometry kits (cat. nos. BC1980 and BC0620; Beijing Solarbio Science & Technology Co., Ltd.) according to the manufacturer's protocol.

Table I. Primer sequences used to measure mRNA expression via reverse transcription-quantitative PCR.

Genes	Primer sequences (5'→3')
UII	F:GGAGGAGCTGGAGAGGACTG R: GAGTCTCGGCACTGGGATCT
GPR14	F: AATGGCTCTAGGGTCCTCCT R: AACAGCCTCTGTGATGGACA
$\beta$ -actin	F: CAGGCATTGCTGACAGGATG R: TGCTGATCCACATCTGCTGG

UII, urotensin II; GPR14, G protein-coupled receptor 14; F, forward; R, reverse.

**Quantitation of gene expression.** Total RNA was isolated from the rat livers using TRIzol<sup>®</sup> reagent (Tiagen Biotech Co., Ltd.) according to the manufacturer's protocol. The mRNA concentrations were measured using a Nano Drop spectrophotometer (Thermo Fisher Scientific, Inc.). The appropriate quantity of cDNA templates (~0.5 mg) was generated with a Fast Quant RT kit (Tiagen Biotech Co., Ltd.) at 42°C for 15 min and 95°C for 3 min, according to the manufacturer's protocol. Reverse transcription-quantitative (RT-q)PCR was performed using a SuperReal PreMix Plus kit (Tiagen Biotech Co., Ltd.) at 95°C for 15 min; followed by 40 cycles of 95°C for 10 sec and 60°C for 32 sec, according to the manufacturer's protocol (14). All samples from 6 rats per group were measured in triplicate, and the mean value was used for the comparative analysis. Quantitative measurements were calculated using the  $2^{-\Delta\Delta C_q}$  method (15).  $\beta$ -actin served as the housekeeping gene for the comparison of the gene expression data. The primer sequences used for RT-qPCR analyses were synthesized by Takara Biotechnology Co., Ltd. and are listed in Table I.

**Western blotting.** The total protein was isolated from livers of 3 rats in each group using RIPA lysis buffer (Beijing Solarbio Science & Technology Co., Ltd.), and the protein concentrations were evaluated using a BCA protein assay kit (Beijing Solarbio Science & Technology Co., Ltd.). The samples were boiled at 100°C for 7 min, and then 45  $\mu$ g protein/lane was separated using SDS-PAGE (10% gel) and transferred to a PVDF membrane. The PVDF membrane was incubated with 5% fat-free milk powder dissolved in a TBS solution containing 0.1% Tween-20 (TBST) for 1 h at room temperature and then exposed to the following primary antibodies: Anti-UII (1:800), anti-GPR14 (1:800), anti-p-Erk1/2 (1:1,000), anti-Erk1/2 (1:1,000; cat. no. 4695; Cell Signaling Technology, Inc.), anti-p-p38 (1:1,000; cat. no. 4511; Cell Signaling Technology, Inc.), anti-p38 (1:1,000; cat. no. 8690; Cell Signaling Technology, Inc.), anti-JNK (1:1,000; cat. no. 9252; Cell Signaling Technology, Inc.), anti-p-JNK (1:1,000) and  $\beta$ -actin (1:1,000; cat. no. 4970; Cell Signaling Technology, Inc.) at 4°C overnight. The PVDF membrane was rinsed with TBST and incubated with horseradish peroxidase-labeled goat anti-rabbit or anti-mouse secondary antibodies (1:5,000; cat. nos. 074-1506 and 074-1806; KPL, Inc.) for 1 h at room

temperature. The immunoreactive bands were visualized using the ECL western blotting substrate (Beijing Solarbio Science & Technology Co., Ltd.). A grayscale analysis of the target protein bands was performed using Image-Pro Plus 6.0 software (Media Cybernetics, Inc.).

**Statistical analysis.** The experimental data were statistically analyzed using SPSS 20.0 software (IBM Corp.) and are presented as the mean  $\pm$  SEM of  $\geq 3$  independent experiments. One-way ANOVA was used to compare the parameters among all groups followed by Tukey's post hoc test.  $P < 0.05$  was considered to indicate a statistically significant difference. Statistical charts were produced using GraphPad Prism version 7.0 software (GraphPad Software, Inc.).

## Results

**Urantide prevents atherosclerotic development and hepatic steatosis in AS rats.** The present study examined the pathological changes in the thoracic aorta and liver of rats in each group to determine whether the AS rat model was successfully established, and to assess the effects of vitamin D<sub>3</sub> and a high-fat diet on the livers of AS rats. As shown in Fig. 1, in the control group, the thoracic aortic membrane had a clear boundary between the vascular tunica externa, media and intima. The vascular endothelial cells of the thoracic aorta were arranged in an orderly manner, and the elastic fiber layer structure and vascular smooth muscle cells were intact in the tunica media. In the AS model group, the thoracic aorta exhibited marked calcification and inflammatory cell infiltration, vascular endothelial cells were significantly damaged, elastic fibers were broken and disintegrated, and vascular smooth muscle cells were atrophied in the tunica media. All AS rats presented typical AS pathological characteristics. Following treatment with urantide, the vascular endothelial cells were notably recovered, and calcification and inflammatory cell infiltration were significantly decreased. Moreover, the elastic fibers and vascular smooth muscle cells in the tunica media were restored to normal.

Correspondingly, in the control group, the morphology of hepatocytes and the structure of hepatic plates were normal, and hepatic sinusoids displayed a uniform and regular arrangement. In the AS model group, the hepatocytes were obviously swollen and deformed, the arrangement of hepatic sinusoids was disordered, and the hepatic plates did not have a clear boundary. Inflammatory cell infiltration and vacuole-like lipid droplets were observed in the cytoplasm, and some nuclei were shifted to one side of the cells, which indicated typical hepatic steatosis. In the urantide group, the morphology of hepatocytes was restored to normal, and the hepatic sinusoids were arranged uniformly and regularly (Fig. 1). Based on these results, it was suggested that vitamin D<sub>3</sub> combined with a high-fat diet successfully induced AS and hepatic steatosis in rats, and urantide ameliorated the AS-related pathological changes and hepatic steatosis.

**Urantide restores the Ca<sup>2+</sup>, blood and hepatic lipid levels, body weight and liver index in rats with AS.** Vitamin D<sub>3</sub> combined with a high-fat diet induces AS and hepatic steatosis, resulting in lipid deposition in the blood and liver (12). The current study

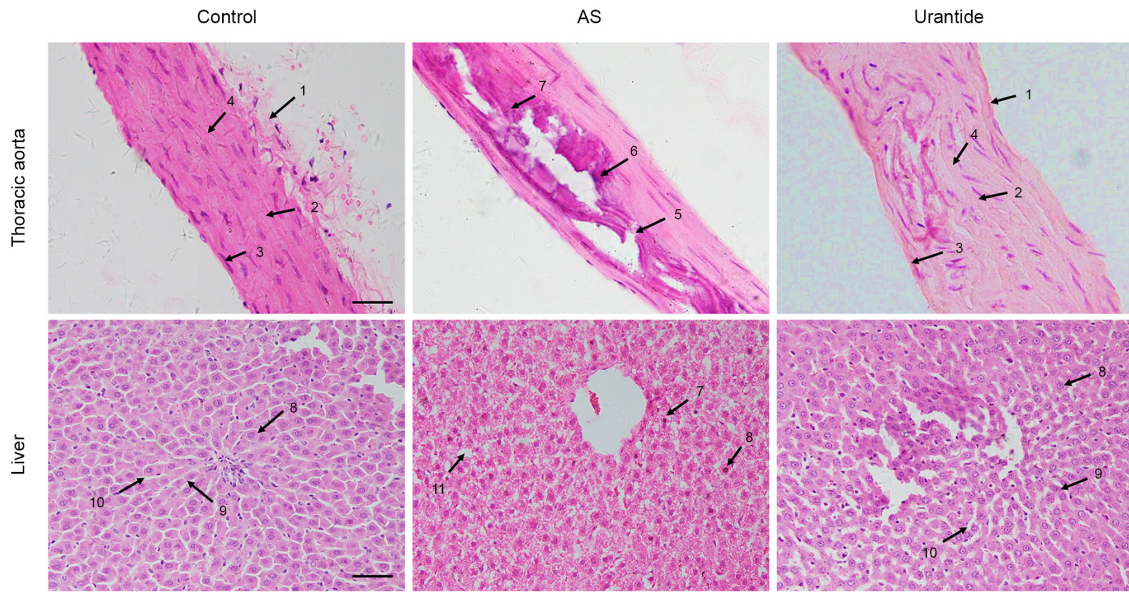


Figure 1. Morphological characteristics of the thoracic aorta and liver tissues from rats in each group. Arrows 1, vascular tunica externa; 2, vascular tunica media; 3, vascular tunica intima; 4, elastic fibers; 5, broken elastic fibers in the vascular tunica media associated with atherosclerosis; 6, calcification associated with AS; 7, inflammatory cell infiltration; 8, hepatocytes; 9, hepatic plate; 10, hepatic sinusoid; 11, steatosis in hepatocytes. H&E staining; scale bar, 20  $\mu$ m. AS, atherosclerosis.

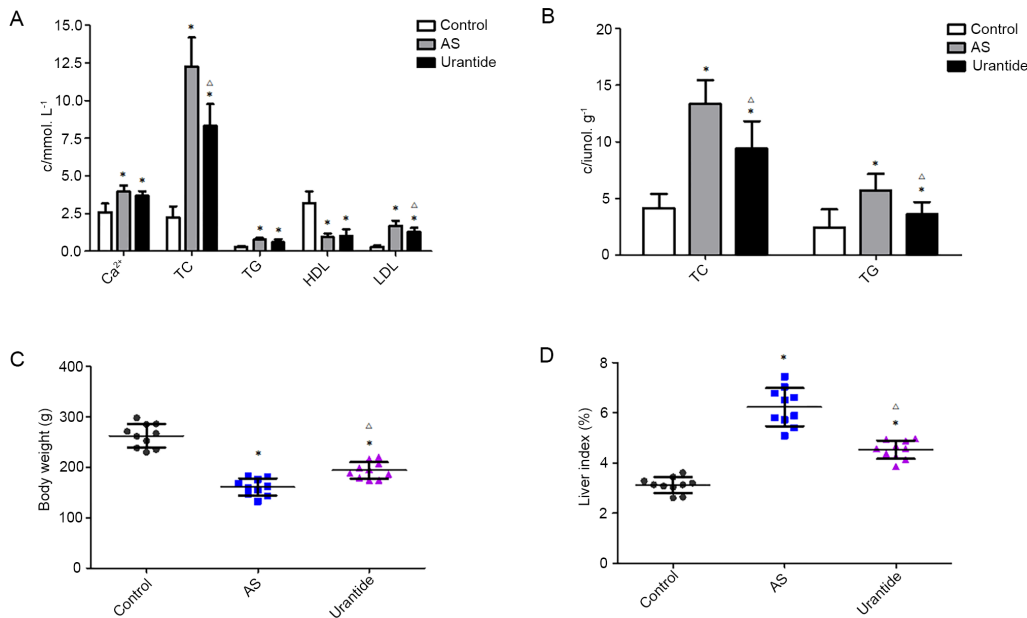


Figure 2.  $Ca^{2+}$  levels, blood and hepatic lipid levels, body weight and liver index in rats from each group. (A)  $Ca^{2+}$  and blood lipid levels in rat serum. (B) Hepatic lipid levels in rat liver tissues. (C) Body weight of each rat was measured after 6 weeks of treatment. (D) Changes in the liver index in each group. The data are presented as the mean  $\pm$  SEM, n=10 animals per group. \* $P$ <0.05 vs. control group;  $^{\Delta}P$ <0.05 vs. AS group.  $Ca^{2+}$ , calcium; TC, total cholesterol; TG, triglyceride; HDL, high-density lipoprotein; LDL, low-density lipoprotein; AS, atherosclerosis.

measured the serum  $Ca^{2+}$  and blood lipid levels to investigate the antihyperlipidemic effects of urantide. Compared with the levels in the control group, the serum levels of  $Ca^{2+}$ , TC, TG and LDL in the AS model group were significantly increased, and the HDL levels were decreased. Furthermore, the TC and LDL levels in the urantide group were significantly decreased, and no changes in the levels of  $Ca^{2+}$ , TG and HDL were observed, compared with the model group. Thus, urantide improved TC and LDL levels in rats with AS (Fig. 2A). The hepatic lipid levels and the liver index were also measured to examine the

effects of urantide on hepatic steatosis. Compared with the levels in the control group, the hepatic levels of TC and TG in the AS model group were significantly increased, while the levels in the urantide group were significantly decreased (Fig. 2B).

The body weight was significantly decreased, and the liver index was significantly increased in the AS model group compared with the control group. Following treatment with urantide, the body weight and liver index in the urantide groups were both significantly recovered compared with the

Table II. Serum ALT, AST, GGT, LDH-L and ALP levels in rats from each group.

Parameter	Control	AS	Urantide
ALT, U/l	46.18±8.66	81.82±19.34 <sup>a</sup>	60.62±16.04 <sup>b</sup>
AST, U/l	88.03±14.79	148.20±50.41 <sup>a</sup>	112.00±52.07 <sup>b</sup>
GGT, U/l	0.47±0.16	3.07±0.54 <sup>a</sup>	2.30±0.67 <sup>a,b</sup>
LDH-L, U/l	177.80±52.20	393.70±119.00 <sup>a</sup>	172.80±29.33 <sup>b</sup>
ALP, U/l	151.10±35.51	276.50±26.09 <sup>a</sup>	209.10±45.43 <sup>a</sup>

Serum levels of the factors were detected using an automatic biochemical analyzer. The data are presented as the mean ± SEM, n=10 animals per group. <sup>a</sup>P<0.05 vs. control group; <sup>b</sup>P<0.05 vs. AS group. ALT, alanine transaminase; AST, aspartate aminotransferase; GGT,  $\gamma$  glutamyl transferase; LDH-L, lactate dehydrogenase; ALP, alkaline phosphatase.

Table III. Serum TBIL, DBIL and IBIL levels in rats from each group.

Parameter	Control	AS	Urantide
TBIL, $\mu$ mol/l	0.60±0.26	1.39±0.44 <sup>a</sup>	0.76±0.49 <sup>b</sup>
DBIL, $\mu$ mol/l	0.25±0.08	0.37±0.15	0.47±0.16
IBIL, $\mu$ mol/l	0.18±0.06	0.63±0.16 <sup>a</sup>	0.23±0.12 <sup>b</sup>

Serum levels of the factors were detected using an automatic biochemical analyzer. The data are presented as the mean ± SEM, n=10 per group. <sup>a</sup>P<0.05 vs. control group; <sup>b</sup>P<0.05 vs. AS group. TBIL, total bilirubin; DBIL, direct bilirubin; IBIL, indirect bilirubin.

model group (Fig. 2C and D). Therefore, urantide effectively alleviated hepatic steatosis in rats with AS

*Urantide improves the liver function of rats with AS.* Liver function was assessed by measuring biochemical indexes to investigate the degree of liver injury in rats with AS, according to a method described by Lu *et al* (16). Compared with the levels in the control group, the serum levels of ALT, AST, GGT, LDH-L, ALP, TBIL and IBIL in the AS model group were significantly increased (Tables II and III). Following treatment with urantide, the ALT, AST, GGT, LDH-L and IBIL levels in the urantide group were significantly decreased compared with the levels in the AS model group. Furthermore, the levels of DBIL showed no significant changes in the rats from any group (Tables II and III). In conclusion, rats with AS exhibited liver dysfunction, and urantide improved liver function, particularly hepatic synthesis, storage and metabolic functions, in rats with AS.

*Expression levels of UII- and GPR14-positive particles are significantly upregulated in the thoracic aortas and livers of rats with AS.* Immunohistochemical staining identified significantly higher expression levels of UII- and GPR14-positive particles in the thoracic aortas of rats in the AS model group compared with in the control group, and those indexes were significantly lower in the urantide group compared with the model group (Fig. 3A and B). Consistent with these findings, the expression levels of UII- and GPR14-positive particles in the livers of rats in the model group were also significantly increased compared with the control group, and urantide significantly decreased

those indexes in the livers of rats with AS. Based on these results, the UII/GPR14 system may serve an important role in hepatic steatosis in rats with AS, and urantide-mediated inhibition of the UII/GPR14 system effectively improves hepatic steatosis.

*Urantide inhibits the UII/GPR14/MAPK pathway in the livers of rats with AS.* The present study measured the mRNA and protein expression levels of UII and GPR14, as well as intermediates in the MAPK pathway, in the liver tissues of the rats in order to examine the molecular mechanism via which UII/GPR14 affects hepatic steatosis in AS rats. Significantly higher mRNA and protein expression levels of UII and GPR14 were detected in the liver tissues of rats in the model group compared with in the control group, and significantly lower mRNA and protein expression levels of UII and GPR14 were observed in the urantide group compared with in the model group (Fig. 4A and B). Consistent with these findings, compared with the control group, expression levels of the p-Erk1/2 and p-JNK proteins were significantly increased in the liver tissues of rats in the model group, and expression levels of the p-Erk1/2 and p-JNK proteins were significantly decreased in the urantide group compared with the model group (Fig. 4C). Moreover, the expression levels of the Erk1/2, p-p38, p38 and JNK proteins were not markedly changed in the liver tissues of rats in the various groups (Fig. 4C). Thus, hepatic steatosis in rats with AS was closely associated with the Erk1/2 and JNK pathways, and urantide significantly inhibited the activity of the Erk1/2 and JNK pathways. Therefore, urantide may effectively improve hepatic steatosis in rats with AS by regulating the Erk1/2 and JNK pathways.

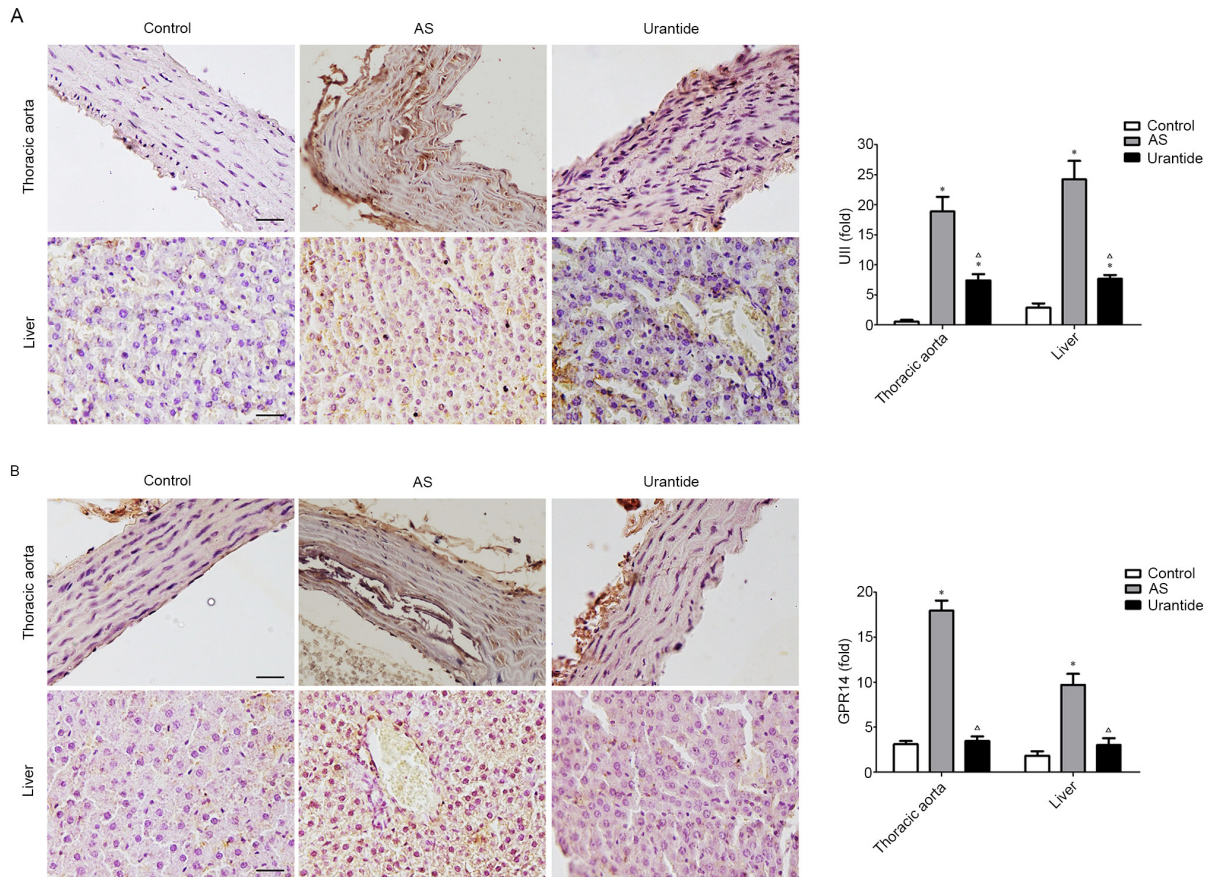


Figure 3. Expression levels of UII- and GPR14-positive particles in the thoracic aortas and livers of rats, as determined using immunohistochemical staining. Expression levels of (A) UII and (B) GPR14 in the thoracic aortas and livers of rats. Scale bar, 20  $\mu$ m. The data are presented as the mean  $\pm$  SEM, n=3 animals per group. \*P<0.05 vs. control group;  $\Delta$ P<0.05 vs. AS group. AS, atherosclerosis; UII, urotensin II; GPR14, G protein-coupled-receptor 14.

*Localization of p-Erk1/2 and p-JNK protein expression in the livers of rats.* The localization of UII and GPR14 was further analyzed to determine whether the UII/GPR14 system directly or indirectly affects the Erk1/2 and JNK pathways. These proteins were mainly expressed in perivascular and necrotic hepatocytes, as detected using immunohistochemistry. Consistent with these findings, p-Erk1/2 and p-JNK displayed similar localization patterns, as detected using immunofluorescence staining. Moreover, urantide significantly decreased the expression levels of p-Erk1/2 and p-JNK-positive particles in the livers of rats with AS (Fig. 5A and B). Based on these results, it was suggested that the MAPK/Erk/JNK pathway was substantially activated in the livers of rats with AS. Moreover, the expression levels of p-Erk1/2 and p-JNK are gradually restored in rats with AS treated with urantide.

## Discussion

AS is a process marked by chronic inflammation of the arterial wall due to infiltration of lipids, macrophages and other inflammatory mediators (1,10). An increasing number of adverse cardiovascular disease events have been shown to be associated with non-alcoholic fatty liver disease, including dyslipidemia, inflammation and liver dysfunction (17). Non-alcoholic fatty liver disease is either an independent primary disease or a pathological manifestation of other systemic diseases, such as AS, in which non-alcoholic fatty liver synergistically promotes

AS occurrence and development (18,19). An AS rat model was established in the current study, and the incidence of hepatic steatosis in rats was increased by feeding the rats a high-fat diet to enhance blood and hepatic lipid levels. Concurrently, the effect of urantide-mediated alleviation of AS was associated with a decrease in hepatic steatosis. Then, liver index and function were tested to investigate the degree of liver injury in rats with AS. The results demonstrated that rats with AS had liver dysfunction, according to Lu *et al* (16), and urantide restored the liver function in rats with AS and decreased liver injury, resulting in protective effects on the livers of rats with AS. Furthermore, the expression levels of UII and GPR14 in the livers of AS rats were significantly increased, which was consistent with the results observed in the thoracic aorta. Thus, it was suggested that the UII/GPR14 system may serve an important role in hepatic steatosis in rats with AS, and the protective mechanism of urantide may involve inhibiting the expression of UII and its receptor GPR14 in the livers of rats with AS.

The somatostatin-like cyclic peptide UII was first isolated from the urophysis of bony fish (20), and the UII/UT system is involved in the pathogenic mechanism that promotes AS occurrence and development (10,21). Furthermore, the UII/UT system promotes inflammation and accelerates foam cell formation (22,23). However, to the best of our knowledge, the role of the UII/UT system in AS-associated liver injury has not been previously reported. According to Sun *et al* (24),

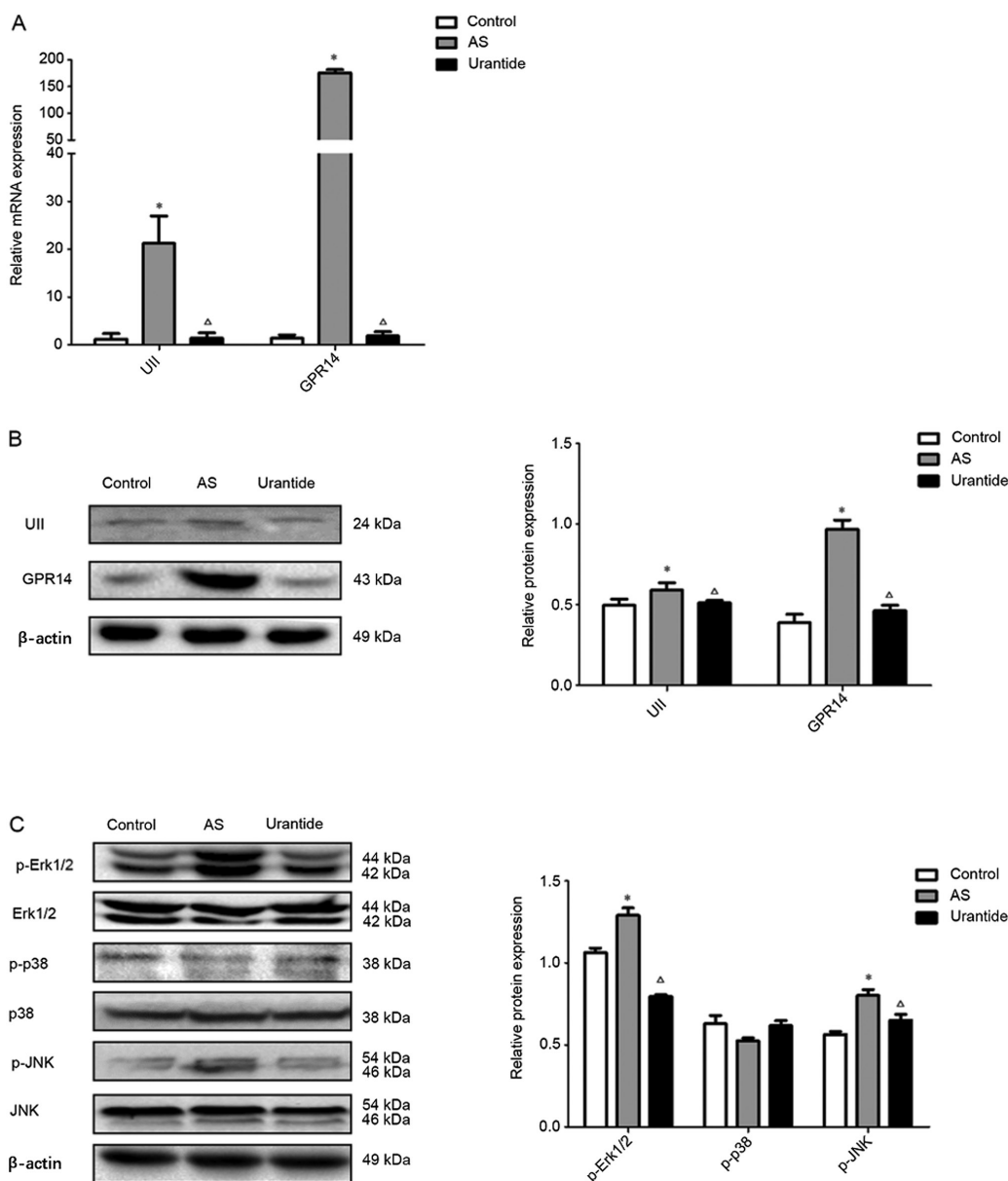


Figure 4. Expression levels of UII, GPR14 and MAPK in the liver tissues of rats in different groups. (A) UII and GPR14 mRNA expression levels in the liver tissues were determined using reverse transcription-quantitative PCR. (B) UII and GPR14 protein expression levels in liver tissues were determined using western blotting. (C) Expression levels of proteins in the MAPK signaling pathway in liver tissues were determined using western blotting. The data are presented as the mean  $\pm$  SEM, n=3-6 animals per group. \*P<0.05 vs. control group; <sup>Δ</sup>P<0.05 vs. AS group. AS, atherosclerosis; UII, urotensin II; GPR14, G protein-coupled-receptor 14; p-, phosphorylated.

UII/GPR14 signaling is involved in CCl<sub>4</sub>-induced liver injury by inducing inflammation and oxidative stress. In addition, the UII/UT system induces acute liver failure by triggering an inflammatory cascade (25,26).

To further examine the regulatory molecular mechanism of UII/GPR14 in hepatic steatosis and the pathogenesis of AS, the phosphorylation of MAPK signaling molecules was examined in the livers of rats from various groups. The binding of UII to its receptor GPR14 has been shown to increase the phosphorylation of Erk and promote the contraction and proliferation of vascular smooth muscle cells, and thus participate in the occurrence and development of AS (3,9,27). After phosphorylation, Erk is transferred from the cytoplasm to the nucleus where it mediates the activation of transcription factors, such as ETS domain-containing protein, activating transcription factor,

amino acid permease 1, c-Fos and c-Jun, and participates in the development of hepatic steatosis (28). The phosphorylation of JNK may also serve a role in AS inflammatory reactions (29). In addition, p38 MAPK is involved in inflammatory signaling and is activated in response to oxidative stress, cytokines and growth factors, all of which are abundantly present in AS and aortic valve sclerotic lesions (30). As demonstrated in the current study, UII and GPR14 expression levels were significantly increased in the livers of rats with AS, and the corresponding levels of phosphorylated Erk1/2 and JNK were significantly increased. Interestingly, the data from the present study revealed that p38 phosphorylation was not significantly increased in the livers of rats with AS. Thus, p38 may not serve an important role in hepatic steatosis, and a similar result has been reported by Kardakaris *et al* (31). Therefore, it was

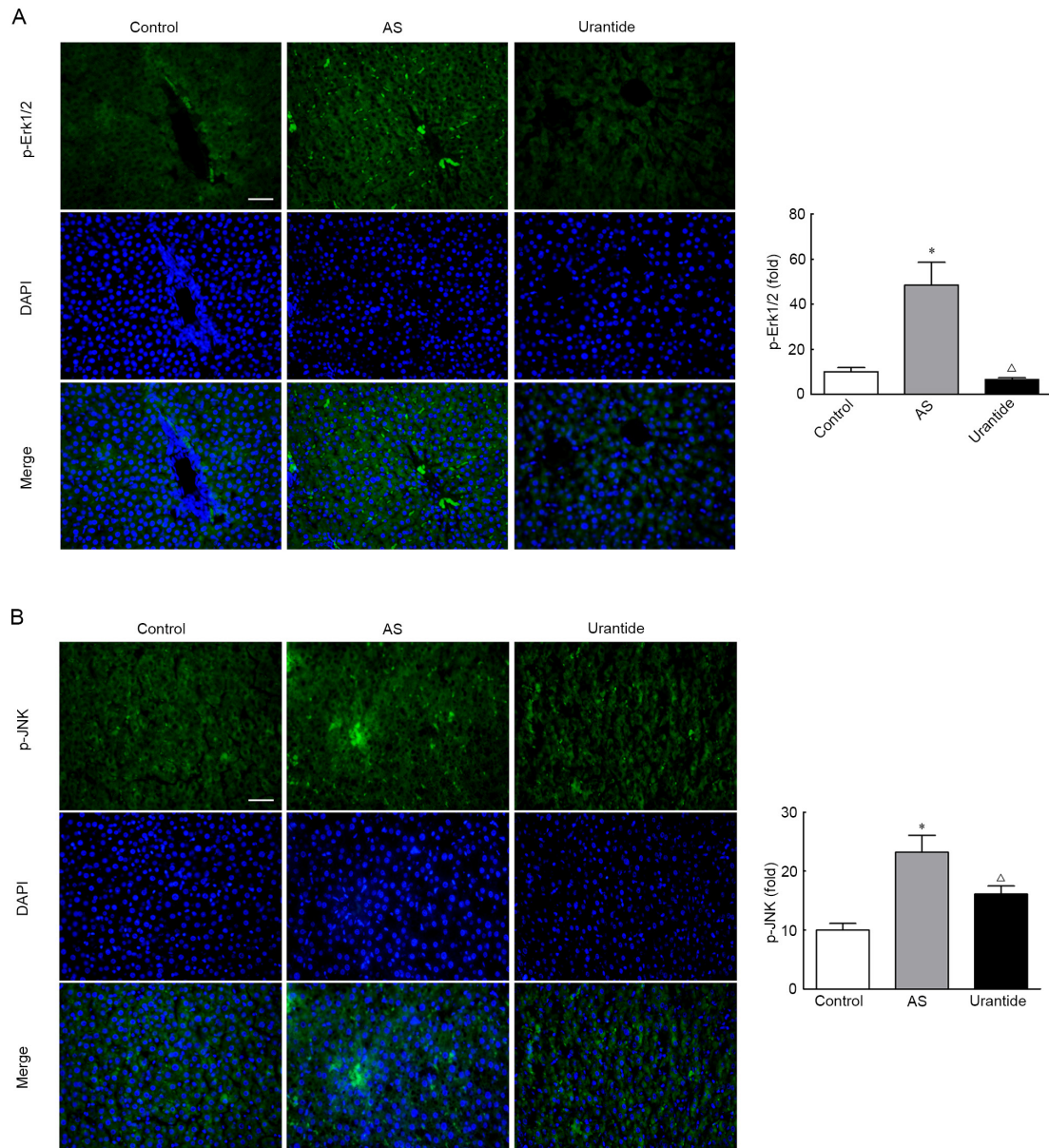


Figure 5. Images of immunofluorescence staining for p-Erk1/2 and p-JNK in the liver tissues of rats in different groups. (A) Expression levels of p-Erk1/2-positive particles in the rat liver were determined using immunofluorescence staining. (B) Expression levels of p-JNK-positive particles in the rat liver were determined using immunofluorescence staining. The proteins were stained with FITC (green). The nuclei were stained with DAPI (blue). Scale bar, 20  $\mu$ m. The data are presented as the mean  $\pm$  SEM, n=3 animals per group. \*P<0.05 vs. control group; <sup>Δ</sup>P<0.05 vs. AS group. AS, atherosclerosis; p-, phosphorylated.

suggested that the molecular mechanism via which hepatic steatosis occurs in rats with AS is via UII/GPR14-mediated increases in Erk1/2 and JNK phosphorylation in the liver, which activates the Erk/JNK signaling pathway and promotes the occurrence of hepatic steatosis in rats with AS.

Urantide is the strongest known UII receptor antagonist, and the antagonist effect is 50-100 times higher compared with other compounds such as endothelin-1 (32,33). The present study examined the literature but found few reports describing the association of urantide with AS. At present, to the best of our knowledge, only the authors' research team has provided a small amount of evidence indicating that urantide blocks the effects of UII on promoting the occurrence and development of AS (10,11). Concurrently, as shown in our previous studies using an AS rat model, urantide exerted protective effects on myocardial collagen metabolism disorder (34) and kidney injury (35), and

the survival rate of rats with AS was also greatly improved by injecting with 30  $\mu$ g/kg urantide. As to whether human patients are suitable for this dose, it is necessary to determine the best dose for patients by converting the equivalent dose between animals and humans. Nevertheless, the study of urantide is still in the basic research stage and has not yet been used in clinical trials, and its safety needs to be verified in future studies.

The detailed mechanism via which urantide affects AS remains unknown. The present study examined the effect of urantide on signaling molecules in the Erk1/2 and JNK pathways in the rat liver to further evaluate the mechanism via which urantide regulates Erk1/2 and JNK signaling in AS rats with hepatic steatosis. The expression levels of UII and GPR14 in the livers of the urantide group were significantly decreased, and levels of Erk1/2 and JNK phosphorylation were reduced. The immunofluorescence staining further revealed a marked



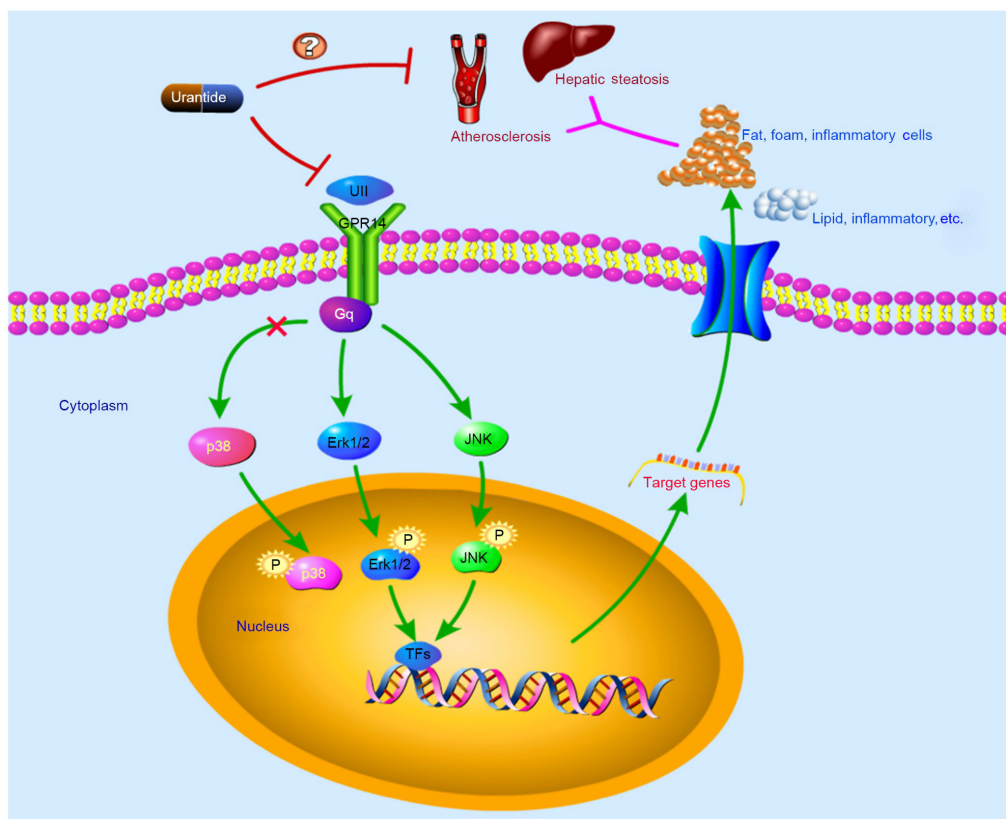


Figure 6. Diagram of the proposed mechanism via which urantide regulates the UII/GPR14/MAPK/Erk/JNK signaling pathway in the livers of rats with AS. The UII antagonist urantide blocks UII binding to GPR14. AS, atherosclerosis; UII, urotensin II; GPR14, G protein-coupled-receptor 14; Gq, subtype of G protein; TFs, transcription factors; p, phosphorylated.

decrease in the number of p-Erk1/2- and p-JNK-positive cells in the liver after treatment with urantide. These findings confirmed the hypothesis that by inhibiting UII/GPR14 expression, urantide reduces the release of pathogenic factors after injury to liver function and the development of hepatic steatosis in rats with AS, thus ameliorating the AS-related pathological changes in rats. Collectively, it was suggested that urantide inhibited the phosphorylation of Erk1/2 and JNK by blocking UII binding to its receptor GPR14 (Fig. 6), thereby alleviating liver function damage and hepatic steatosis in rats.

In conclusion, the treatment of AS rats with urantide ameliorated hepatic steatosis and significantly improved lipid deposition and liver functions. The underlying molecular mechanism may be associated with the inhibition of the UII/UT system by urantide. The present study examined the relationship between the MAPK pathway and the UII/GPR14 system in hepatic steatosis in rats with AS. It was identified that urantide inhibited the activation of Erk1/2 and JNK, thereby alleviating hepatic steatosis and AS lesions. However, it was not determined whether the UII/GPR14 system directly regulates the MAPK pathway and how it regulates lipid metabolism. The main limitation of this study is the lack of validation of the downstream genes regulated by the MAPK pathway that affect lipid metabolism. Therefore, in further studies of urantide, the mechanisms via which urantide protects the liver to restrain AS development will be further clarified. The present study does provide novel perspectives and an experimental basis for the clinical use of urantide to treat AS.

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## Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author upon reasonable request.

## Authors' contributions

JZ and HPC conceived and designed the study. HPC, YXL and LDX performed the experiments. HPC and YXL analyzed the data. HPC and YXL wrote the paper. JZ, HPC and YXL confirm the authenticity of all the raw data. All authors read and approved the final manuscript.

### Ethics approval and consent to participate

All animal procedures were ethically approved (approval no. CDMULAC-20171218009) by the Experimental Animal Care and Use Committee of Chengde Medical University (Chengde, China) and were conducted in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals.

### Patient consent for publication

Not applicable.

### Competing interests

The authors declare that they have no competing interests.

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