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BRIEF REPORT

REVISED First two years of reimbursed enzyme replacement

therapy in the treatment of Fabry disease in Poland [version

2; peer review: 2 approved]

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Abstract

Fabry disease (FD) is an ultra-rare genetic lysosomal storage disease caused by pathologic gene variants resulting in insufficient expression of α -galactosidase A. This enzyme deficiency leads to accumulation of globotriaosylceramide and globotriaosylsphingosine in plasma and in different cells throughout the body, causing major cardiovascular, renal, and nervous system complications. Until 2018, reimbursed enzyme replacement therapy (ERT) for FD was available in all European Union countries except Poland.

We present the preliminary results of the first two years of reimbursed ERT in Poland. We obtained data from the seven largest academic centers in Katowice, Cracow, Wrocław, Poznań, Gdańsk, Warsaw, and Łódź. The questionnaire included the following data: number of patients treated, number of patients qualified for ERT, and patient characteristics.

All centers returned completed questionnaires that included data for a total of 71 patients (28 men and 43 women) as of June 2021. Thirty-five patients with the diagnosis of FD confirmed by genetic testing (22 men and 13 women) had already qualified for reimbursed ERT. Mean (SD) age at the commencement of the ERT program was 39.6 (15.5) years (range 18-79 years). Mean time from the first clinical symptoms reported by the patients to the FD diagnosis was 21.1 (8.9)

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	Invited Reviewers				
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Open Peer Review

1. Andrzej J. Jaroszynski D, Jan Kochanowski University of Kielce, Kielce, Poland

2. **Bojan Vujkovac** (D), General Hospital Slovenj Gradec, Slovenj Gradec, Slovenia

Any reports and responses or comments on the article can be found at the end of the article.

years, and the mean time from the final diagnosis of FD to the beginning of ERT was 4.7 (4.6) years.

FD is still underdiagnosed in Poland. To identify undiagnosed FD patients and to ensure that patients in Poland benefit fully from ERT, implementation of an effective nationwide screening strategy and close cooperation with a network of rare disease centers is advised.

Keywords

Fabry disease, enzyme replacement therapy, ultra-rare disease, αgalactosidase, globotriaosylceramide, globotriaosylsphingosine

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Author roles: Nowicki M: Conceptualization, Data Curation, Formal Analysis, Supervision, Writing – Original Draft Preparation, Writing – Review & Editing; Komar M: Data Curation, Investigation, Writing – Review & Editing; Kusztal M: Data Curation, Investigation, Writing – Review & Editing; Mizia-Stec K: Data Curation, Investigation, Writing – Review & Editing; Liberek T: Data Curation, Investigation, Writing – Review & Editing; Małyszko J: Data Curation, Investigation, Writing – Review & Editing; Muras-Szwedziak K: Data Curation, Investigation, Writing – Review & Editing; Pawlaczyk K: Data Curation, Investigation, Writing – Review & Editing; Podolec P: Data Curation, Investigation, Writing – Review & Editing; Sławek J: Supervision, Writing – Review & Editing

Competing interests: M.N., J.S., M.K (Kusztal)., report consultation fees from Takeda and Sanofi Genzyme; M.K (Komar)., P.P. report consultation fees from Sanofi Genzyme, M.K (Komar)., P.P., M.N., K.P., K. M.-S and J.S. report speaker fees from Sanofi Genzyme, M.N. and M.K. report speaker fees from Amicus Therapeutics.

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REVISED Amendments from Version 1

We have updated the first version of our manuscript to address the reviewers' comments, particularly to explain the differences between East and West Poland in term of diagnosed Fabry disease cases and to emphasize the need of family screening and early treatment introduction. We hope that the changes improved the quality of our manuscript.

Any further responses from the reviewers can be found at the end of the article

Introduction

Fabry disease (FD) is an ultra-rare genetic lysosomal storage disease caused by pathologic gene variants resulting in insufficient expression of α -galactosidase A (GLA).¹ This enzyme deficiency leads to accumulation of globotriaosylceramide (GL-3) and its deacylated form, globotriaosylsphingosine (lyso-GL-3), in plasma and in different cells throughout the body. Accumulation of GL-3 and lyso-GL-3 causes major organ damage which leads to multiorgan complications involving the central and peripheral nervous systems, kidney, and heart that decrease the quality of life and shorten lifespan.¹ FD is largely underdiagnosed and diagnosis is most often established only after the symptoms of target organ damage has already occurred. Early diagnosis and introduction of disease-specific treatment is essential to stop the disease progression at early stage and prevent from irreversible tissue and organ damage.

The introduction of enzyme replacement therapy (ERT) in 2001 revolutionized the treatment landscape of FD. Clinical studies have proven the efficacy of ERT in the treatment of FD. Specifically, it has been shown that ERT inhibits the progression of target organ damage and stabilizes or even improves organ function. Therefore, international standards and guidelines recommend ERT as the optimal treatment of FD, although for some patients with amenable mutations, an alternative oral chaperone therapy is also available.^{2,3}

The available ERT treatment currently includes recombinant α -galactosidase A enzymes: agalsidase alfa (Replagal, marketed by Shire) and agalsidase beta (Fabrazyme, marketed by Sanofi Genzyme). In the EU, both agalsidase alfa and agalsidase beta have been approved and available for 20 years. Agalsidase alpha and beta are administered every two weeks by intravenous infusion at a dose of 0.2 mg/kg and 1.0 mg/kg, respectively.^{4,5} Although two ERT preparations are currently available and approved for the treatment of FD, there are ongoing debates as to what dose of agalsidase preparation may offer better target organ protection. Two recent national guidelines suggested that higher doses of the recombinant enzyme may result in better clinical outcomes, at least in males with a classic phenotype.^{6,7}

Until 2018, reimbursed ERT for FD was available in all EU countries except Poland, where only a limited number of patients who participated in clinical trials or compassionate drug use programs received the treatment.⁸ To help patients with FD obtain access to the therapy, emphasize the challenges they face, and gain public attention, the Association of Families with Fabry Disease, with the help of medical professionals and parliament members, initiated several public campaigns such as "Where is Fabry,"⁹ "Who is Fabry,"¹⁰ and "Fabry Disease – a burning problem".¹¹ After an initial rejection of the application in 2014, the Polish Ministry of Health eventually included ERT for FD to the list of reimbursable drugs in 2019.

Initially, one of the major challenges in the treatment of FD in Poland was a lack of guidelines for diagnosis and management of the disease.¹² In 2020, an interdisciplinary group of Polish clinicians prepared a comprehensive position statement providing practical recommendations for physicians who treat patients with FD. The position statement was approved by the Boards of the Polish Cardiac Society, Polish Society of Inborn Errors of Metabolism, Polish Society of Internal Medicine, Polish Society of Nephrology, and Polish Society of Neurology.¹³

The introduction of the reimbursable ERT was a major step towards the improvement of the quality of life of Polish patients with FD. However, to date, the results of this treatment program in Poland have not been published. The choice of one of the two available recombinant drugs was the sole decision of the treating physician, but patients had to be centrally approved for the participation in the program by a group of rare disease experts.

Methods

In 2021, two years after the introduction of reimbursed ERT therapy for FD in Poland, we designed a short survey to gather data on the FD patients currently treated in rare disease centers. The survey was distributed via e-mail to the FD attending physicians at seven largest academic centers in Katowice, Kraków, Wrocław, Poznań, Gdańsk, Warszawa, and Łódź. The centers were selected based on the number of patients with FD treated. The questionnaire included the following data: number of patients treated, number of patients qualified for ERT, and patient characteristics (gender, age,

Treatment center	Katowice	Poznań	Wrocław	Gdańsk	Kraków	Łódź	Warszawa	Total
N of diagnosed patients with FD	3	6	14	2	16	28	2	71
Men	2	3	8	2	6	5	2	28
Women	1	3	6	0	10	23	0	43
N of patients treated with ERT	1	3	6	2	7	12	2	35
Men	1	2	6	2	4	5	2	22
Women	0	1	2	0	3	7	0	13

Table 1. Number of patients with Fabry disease treated with enzyme replacement therapy in seven major academic centers in Poland.

ERT, enzyme replacement therapy; FD, Fabry disease.

date of the qualification to the ERT program, age at the time of qualification, and time from the appearance of the first disease symptoms to the clinical diagnosis).

Data were analyzed using descriptive statistics and Statistica 13.1 PL (StatSoft Polska) software.

Ethics

The following study was non-interventional, questionnaire-based research, therefore, according to local regulations, Ethics Committee approval and patient informed consent were not required. The authors received permission to collect the data from all the centers involved and the patients' personal data were anonymized.

Results

All centers returned completed questionnaires that included data for a total of 71 patients (28 men and 43 women) as of June 2021. Thirty-five patients with the diagnosis of FD confirmed by genetic testing (22 men and 13 women) had already qualified for reimbursed ERT. Mean (SD) age at the commencement of the ERT program was 39.6 (15.5) years (range 18-79 years). The mean time from the final diagnosis of FD to the beginning of ERT was 4.7 (4.6) years, although there was a substantial delay from the first clinical symptoms reported by the patients to the diagnosis - 21.1 (8.9) years. The centers with the largest number of patients with FD was Łódź, Cracow, and Wrocław. Detailed numbers of the patients diagnosed and receiving ERT reported by each center in Poland are provided in Table 1.

Discussion

FD is still underdiagnosed in Poland since the reported disease prevalence and number of patients currently receiving the therapy is lower than in other EU countries. For example, in Germany, the estimated treated FD prevalence was 0.85 per 100,000 insured patients from 2010 to 2017,¹⁴ which when extrapolated to the Polish population, may suggest that there should be at least 300 patients with FD that may require specific treatment. Lack of ERT reimbursement until 2018 seems to be the main cause of lower number of patients diagnosed with FD compared to other European countries, but data on FD incidence before ERT reimbursement are not available. The situation is improving since the survey showed that almost half (48%) of the Polish patients with FD are already on reimbursed ERT therapy. However, our study reflected some disproportion between eastern and western Poland in terms of number of diagnosed FD cases. This might be due to national fund criteria for medical centers that can be contracted for ERT, with only highly specialized facilities being eligible, therefore, some patients need to move to another province to receive treatment. Also, eastern Poland is less populated than western part. On the other hand, our study concerned only seven biggest centers, selected based on the number of patients with FD treated. Therefore, in eastern Poland there may be patients with FD diagnosed and treated, however, the study inclusion criteria did not capture them. Our findings reflect the important role that the program has already played, but much remains to be done to implement an effective nationwide screening strategy to identify undiagnosed FD patients. The screening should particularly concern high-risk groups, i.e., young patients with cardiovascular accidents and family members of patients already diagnosed with FD. Also, a close cooperation with a network of rare disease centers should be established to ensure that patients in Poland benefit fully from ERT.

Data availability

Underlying data

Zenodo: First two years of reimbursed enzyme replacement therapy in the treatment of Fabry's disease in Poland. https:// doi.org/10.5281/zenodo.5163859.¹⁵

This project contains the following underlying data:

- FD Polska Res Letter FINAL database.xlsx.

Extended data

Zenodo: First two years of reimbursed enzyme replacement therapy in the treatment of Fabry's disease in Poland. https:// doi.org/10.5281/zenodo.5163859.¹⁶

This project contains the following extended data:

- Copy of survey (translated to English)

Data are available under the terms of the Creative Commons Attribution 4.0 International license (CC-BY 4.0).

Acknowledgements

The authors would like to thank Proper Medical Writing and Sanofi Genzyme for their editorial support in preparation of this manuscript.

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Version 2

Reviewer Report 01 November 2021

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Bojan Vujkovac 匝

Centre for Fabry Disease, General Hospital Slovenj Gradec, Slovenj Gradec, Slovenia

I agree with all answers, comments, and changes the authors made. I have no further comments.

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Fabry Disease, Chronic Kidney Disease

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Reviewer Report 25 October 2021

https://doi.org/10.5256/f1000research.78579.r97665

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Andrzej J. Jaroszynski 匝

Department of Nephrology, Collegium Medicum, Jan Kochanowski University of Kielce, Kielce, Poland

The authors addressed all my concerns.

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Nephrology, cardiology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Version 1

Reviewer Report 13 September 2021

https://doi.org/10.5256/f1000research.58878.r92671

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? 🛛 Bojan Vujkovac 匝

Centre for Fabry Disease, General Hospital Slovenj Gradec, Slovenj Gradec, Slovenia

The presenting brief report by Dr. Nowicki and colleagues: "First two years of reimbursed enzyme replacement therapy in the treatment of Fabry disease in Poland" is a very interesting paper showing the importance of available treatment for Fabry disease (FD) patients. According to presenting data, FD patients are managed in the seven largest academic centers in the country. Similar to other countries, also in Poland there is a large time delay from the first clinical sign to the final diagnosis, therefore the authors are correctly pointing out the importance of raising awareness of FD as a rare disease.

I have just a few minor suggestions for the authors:

Introduction

1. (Line 9-10): I suggest emphasizing the importance of early treatment. Namely, diseasespecific therapy is efficient only when started before irreversible changes develop. Due to that fact, it is also important to diagnose FD patients at an early age.

Results:

- 1. If possible, it would be of great interest to also include in the Results data on how many families were affected. Namely according to Laney DA *et al.*¹, family screening is very effective in diagnosing new patients as there were five family members diagnosed for every proband.
- 2. Table 1: I would suggest renaming the first group of patients ("N of treated patients with FD" to "N of diagnosed patients with FD)", as it is duplicated and misleading. Also, check the numbers of treated patients with ERT under Wroclaw numbers and sum are not correct. Check also the final sum of treated in the table and also in text.

Discussion:

1. In order to diagnose young patients (i.e. children) and females, the most effective way is family screening. I would suggest adding that fact to the discussion part and explain if it was done or not in Poland. It could be elaborated in a part where you mentioned "effective nationwide screening strategy", which is probably too vague expression and should be

explained.

2. Explain the main reasons or obstacles as to why there are still patients not receiving disease-specific treatment despite it being reimbursed.

References

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Is the work clearly and accurately presented and does it cite the current literature? $\ensuremath{\mathsf{Yes}}$

Is the study design appropriate and is the work technically sound?

Yes

Are sufficient details of methods and analysis provided to allow replication by others? $\ensuremath{\mathsf{Yes}}$

If applicable, is the statistical analysis and its interpretation appropriate? $\ensuremath{\mathsf{Yes}}$

Are all the source data underlying the results available to ensure full reproducibility? $\ensuremath{\mathsf{Yes}}$

Are the conclusions drawn adequately supported by the results? Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Fabry Disease, Chronic Kidney Disease

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 18 Oct 2021 **Michał Nowicki**, Medical University of Łódź, Łódź, Poland

Dear Prof. Vujkovac,

We are very pleased to find out that our study met your interest. We are thankful to the Editor and Reviewers for their comments and suggestions, which undoubtedly improved the quality of our manuscript. We enclose a revised manuscript with introduced changes highlighted as track changes. We addressed all the comments as follows:

Introduction

 (Line 9-10): I suggest emphasizing the importance of early treatment. Namely, disease-specific therapy is efficient only when started before irreversible changes develop. Due to that fact, it is also important to diagnose FD patients at an early age.

Author response: Thank you for raising this issue. We emphasized the need for early treatment introduction at the end of the first paragraph: "Early diagnosis and introduction of disease-specific treatment is essential to stop the disease progression at early stage and prevent from unreversible tissue and organ damage.".

Results:

 If possible, it would be of great interest to also include in the Results data on how many families were affected. Namely according to Laney DA *et al.*¹, family screening is very effective in diagnosing new patients as there were five family members diagnosed for every proband.

Author response: Unfortunately, we have no data on family connections of the investigated patients—this issue certainly needs to be explored in further research. We emphasized the need for family screening at the end of the Discussion section as follows: "The screening should particularly concern high-risk groups, i.e., young patients with cardio-vascular accidents and family members of patients already diagnosed with FD.". We also suggested screening patients with cardiovascular accidents at an early age due to the fact that this is quite a common symptom of FD bringing patients to emergency department units.

Table 1: I would suggest renaming the first group of patients ("N of treated patients with FD" to "N of diagnosed patients with FD)", as it is duplicated and misleading.
Also, check the numbers of treated patients with ERT - under Wroclaw numbers and sum are not correct. Check also the final sum of treated in the table and also in text.

Author response: Thank you for pointing this out, we have corrected and double-checked the numbers throughout the table and the manuscript.

Discussion:

 In order to diagnose young patients (i.e. children) and females, the most effective way is family screening. I would suggest adding that fact to the discussion part and explain if it was done or not in Poland. It could be elaborated in a part where you mentioned "effective nationwide screening strategy", which is probably too vague expression and should be explained.

Author response: We emphasized the need for family screening at the end of the Discussion section as follows: "The screening should particularly concern high-risk groups, i.e., young patients with cardio-vascular accidents and family members of patients already diagnosed with FD." We also suggested screening patients with cardiovascular accidents at an early age due to the fact that this is quite a common symptom of FD bringing patients to emergency department units.

• Explain the main reasons or obstacles as to why there are still patients not receiving disease-specific treatment despite it being reimbursed.

Author response: To our knowledge, the main reason for some patients not receiving disease-specific FD treatment is the reimbursement criteria, which in Poland are particularly strict. Patients qualify to ERT if they are 8 years or older, have FD confirmed in both genetic

and enzyme activity testing (however, women with evident clinical symptoms can be qualified despite normal galactosidase activity), and if they present with at least one organ complication, attributed to FD in the differential diagnosis. Unfortunately, this excludes patients with asymptomatic FD, diagnosed during family screening.

Competing Interests: No competing interests were disclosed.

Reviewer Report 31 August 2021

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了 🛛 Andrzej J. Jaroszynski 匝

Department of Nephrology, Collegium Medicum, Jan Kochanowski University of Kielce, Kielce, Poland

This is a well-written manuscript that reports on the situation of FD patients in Poland two years after the introduction of the ERT reimbursement which enabled the treatment of FD patients in this country. The findings are interesting with some novel data presented regarding the relation between the FD diagnosis and the reimbursement of the ERT. However, the authors should address the following issues:

- 1. Has there been an increase in the number of diagnoses of FD after the introduction of ERT reimbursement? The lack of reimbursement and hence the lack of therapy may be at least partly the reason why the number of FD diagnosed patients per million of the population is much lower in Poland than in other European countries;
- 2. The authors should also explain why in the eastern part of Poland patients with FD are not treated/diagnosed. I suggest that these two issues should be discussed in the discussion section.

Is the work clearly and accurately presented and does it cite the current literature? $\ensuremath{\mathsf{Yes}}$

Is the study design appropriate and is the work technically sound?

Yes

Are sufficient details of methods and analysis provided to allow replication by others? $\ensuremath{\mathsf{Yes}}$

If applicable, is the statistical analysis and its interpretation appropriate?

Not applicable

Are all the source data underlying the results available to ensure full reproducibility? Yes

Are the conclusions drawn adequately supported by the results? Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Nephrology, cardiology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 18 Oct 2021

Michał Nowicki, Medical University of Łódź, Łódź, Poland

Dear Prof. Jaroszyński,

We are very pleased to find out that our study met your interest. We are thankful to the Editor and Reviewers for their comments and suggestions, which undoubtedly improved the quality of our manuscript. We enclose a revised manuscript with introduced changes highlighted as track changes.

We addressed all the comments as follows:

 Has there been an increase in the number of diagnoses of FD after the introduction of ERT reimbursement? The lack of reimbursement and hence the lack of therapy may be at least partly the reason why the number of FD diagnosed patients per million of the population is much lower in Poland than in other European countries;

Author response: Thank you for raising this issue. Previous lack of ERT reimbursement indeed seems to be the main cause of the lower number of patients diagnosed with FD compared to other European countries. Unfortunately, we are unable to source the information regarding the number of patients diagnosed with FD before the reimbursement was introduced. We updated the Discussion section accordingly.

• The Authors should also explain why in the eastern part of Poland patients with FD are not treated/diagnosed. I suggest that these two issues should be discussed in the discussion section.

Author response: Indeed, our study suggests some disproportions between eastern and western Poland. This might be due to national fund criteria for medical centers that can be contracted for ERT, with only highly specialized facilities being eligible, therefore, some patients need to move to another province to receive treatment. Also, eastern Poland is less populated than the western part. On the other hand, our study concerned only the seven biggest centers, selected based on the number of patients with FD treated. Therefore, in eastern Poland, there may be patients with FD diagnosed and treated, however, the study inclusion criteria did not capture them. We updated the Discussion section accordingly.

Competing Interests: No competing interests were disclosed.

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