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Cisplatin and Fluorouracil Induction Chemotherapy With or Without Docetaxel in Locoregionally Advanced Nasopharyngeal Carcinoma^{1,2,3,4} Ting Jin^{*, †,5}, Wei-feng Qin^{†,‡,5}, Feng Jiang^{†,‡}, Qi-feng Jin^{†,‡}, Qi-chun Wei[§], Yong-shi Jia[¶], Xiao-nan Sun[#], Wen-feng Li^{**} and Xiao-zhong Chen^{†,‡}

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Abstract

In this study, we aim to compare the progression-free survival (PFS) rates and side effects of induction chemotherapy based on docetaxel, cisplatin and fluorouracil (TPF) versus cisplatin and fluorouracil (PF) in patients with locoregionally-advanced nasopharyngeal carcinoma who received subsequent chemoradiotherapy. We randomly assigned 278 patients with stage III or IV NPC (without distant metastases) to receive either TPF or PF induction chemotherapy, followed by cisplatin-based chemoradiotherapy every 3 weeks and intensity-modulated radiation therapy for 5 days per week. After a minimum of 2 years follow-up, a PFS benefit was observed for TPF compared to PF, though this difference was not statistically significant (84.5% vs. 77.9%, P = .380). Due to increased frequencies of grade 3 or 4 neutropenia and diarrhea, significantly more patients in the TPF group required treatment delays and dose modifications. Our findings suggest that PF induction chemotherapy has substantially better tolerance and compliance rates than TPF induction chemotherapy. However, the treatment efficacy of PF is not superior to TPF induction chemotherapy in patients with locoregionally-advanced NPC (ClinicalTrials.gov number, NCT01536223).

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²Novelty and Impact: In this study, we aim to compare the progression-free survival (PFS) rates and side effects of induction chemotherapy based on TPF versus PF in patients with locoregionally-advanced nasopharyngeal carcinoma who received subsequent chemoradiotherapy. Our findings suggest that PF induction chemotherapy has substantially better tolerance and compliance rates than TPF induction chemotherapy. A PFS benefit was observed for TPF compared to PF, though this difference was not statistically significant (84.5% vs. 77.9%, P = 0.380).

³Succinct title: Cisplatin and Fluorouracil Induction Chemotherapy With or Without Docetaxel in Nasopharyngeal Carcinoma.

⁴ Compliance with Ethical Standards: The authors declare that they have no conflict of interest. ⁵Contributed equally.

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Introduction

Treatment outcomes for locoregionally-advanced nasopharyngeal cancer (NPC) remain unsatisfactory, with 5-year overall survival (OS) rates of 53–80% and 28–61% for stage III and IV NPC, respectively [1–8]. Numerous studies have explored neoadjuvant, concurrent and adjuvant chemotherapy. Clinical trials [9,10], meta-analyses [11,12] and a systematic review [13] demonstrated concurrent chemoradio-therapy (CCRT) is most efficacious; concurrent cisplatin-based CCRT is now the standard of care for stage II–IVb NPC [13].

An induction-concurrent sequence may further improve treatment efficacy: NPC is chemosensitive and usually has a high objective response rate; early use of full doses of a potent combination of cytotoxic drugs may eradicate micrometastases more effectively; reducing tumor and cervical lymph node volumes may facilitate radiotherapy, which is particularly important in patients with extensive cranial involvement; and treatment-naive patients tolerate induction-concurrent sequences better than adjuvant chemotherapy [14–17]. Current NCCN guidelines recommend neoadjuvant chemotherapy (NACT) with CCRT as an option. A recent metaanalysis [18] demonstrated NACT provided an absolute 3-year OS gain of 5.13% and significantly reduced distant metastasis.

NACT based on docetaxel with cisplatin and 5-fluorouracil (TPF) provided a significant survival benefit in locally-advanced squamous cell carcinoma of the head and neck (SCCHN) compared to cisplatin–fluorouracil (PF) before either definitive radiotherapy (TAX323 trial) or carboplatin-based CCRT (TAX324 trial) [19,20]. However, in contrast to other head and neck squamous cell carcinomas, NPC is more chemosensitive and radiosensitive and has a proven association with Epstein–Barr virus. Moreover, it remains unknown whether TPF induction chemotherapy significantly prolongs survival compared to PF induction chemotherapy in patients with locoregionally-advanced NPC receiving CCRT. Therefore, we undertook a multi-center, open-label, randomized, non-inferiority trial to compare PFS, tolerance and compliance to TPF + CCRT versus PF + CCRT in Chinese patients with locoregionally-advanced NPC.

Materials and Methods

Patients

Zhejiang Cancer Hospital Institutional Review Board for Medical Ethics approved this trial, which was performed in accordance with the Declaration of Helsinki; all patients provided written informed consent.

Staging was conducted according to the 2009 American Joint Committee on Cancer (AJCC) staging system. Enrollment criteria were pathologically-confirmed non-metastatic, histologically-proven non-keratinizing stage III or IV NPC without distant metastasis, in addition to Karnofsky performance score ≥70; age 18-70 years; adequate bone marrow (hemoglobin ≥80 g/L; white blood cells $\geq 4.0 \times 10^9$ /L; absolute neutrophil count $\geq 2.0 \times 10^9$ /L, platelets $\geq 100 \times 10^{9}$ /L), renal function (creatinine clearance >60 ml/min) and hepatic function (aspartate aminotransferase/alanine aminotransferase $\leq 1.5 \times$ upper limits of normal). Patients who previously received radiotherapy or chemotherapy, or had other cancers, cardiac arrhythmia, coronary heart disease, peripheral neuropathy, or had psychiatric disorders/psychological conditions that may adversely affect treatment compliance were excluded. Pregnant or lactating females and females of childbearing age who lacked effective contraception were also excluded.

Radiotherapy

Nasopharyngeal and neck target volumes were irradiated using intensity modulated radiation therapy (IMRT). Gross tumor volume (GTV) was based on tumor extent delineated by imaging and endoscopic findings at presentation. Clinical target volume (CTV) included the entire nasopharyngeal cavity, anterior third of clivus, pterygoid plates, parapharyngeal space, inferior sphenoid sinus, posterior third of nasal cavity and maxillary sinus, and drainage of the upper neck (levels II, III and Va) in N0 disease, and levels IV and Vb in N1-N3 disease. A total dose of 69-70.4 Gy in 30-32 fractions over 6 weeks was prescribed to the planning target volume of primary tumor (PTVg; GTV with 0.3-0.5 cm margin). A total dose of 63-67.2 Gy in 30-32 fractions over 6 weeks was prescribed to the planning target volume of metastatic nodes (PTVnd; GTVnd with 0.3-0.5 cm margin). PTV1 (high-risk clinical target volume; CTV with 0.3-0.5 cm margin) was prescribed 60-60.8 Gy over 30-32 fractions. PTV2 (low-risk clinical target volume) was prescribed 54-54.4 Gy over 30-32 fractions. External radiotherapy was administered once daily, 5 days/week. Tumor dose variation within tumor volume was ±5%.

Chemotherapy

For TPF, docetaxel (75 mg/m²) was administered as 1 h intravenous infusion, followed by intravenous cisplatin (75 mg/m²) over 0.5 to 3 h, then 5-fluorouracil (600 mg/m²/day) as continuous 24 h infusion for 4 days. The PF group received intravenous cisplatin (100 mg/m²), followed by 5-fluorouracil (800 mg/m²/day) as continuous infusion for 5 days. Induction chemotherapy was administered every 3 weeks for three cycles, unless disease progression, unacceptable toxic effects or withdrawal of patient consent occurred. During CCRT, intravenous 80 mg/m² cisplatin was administered every 3 weeks on day 1 ~60 min prior to radiation.

Dose modifications during NACT were based on preceding cycle nadir blood counts and interim toxicities. For TPF, docetaxel was reduced to 60 mg/m² if absolute platelet count was <25,000 cells/µL or absolute neutrophil count was <500 cells/µL. Cisplatin was decreased to 60 mg/m² in the third course if absolute platelet count was <25,000 cells/µL or absolute neutrophil count was <500 cells/µL after docetaxel dose modifications. Fluorouracil was reduced by 120 mg/m² for grade 3 mucositis or diarrhea, and chemotherapy stopped permanently if grade 4 toxic effects developed. For PF, cisplatin was decreased to 80 mg/m² if absolute platelet count was <25,000 cells/ µL or absolute neutrophil count was <500 cells/µL. Fluorouracil was decreased by 160 mg/m² for grade 3 mucositis or diarrhea, and chemotherapy stopped permanently if grade 4 toxic effects developed.

Follow-Up

All patients underwent complete physical examinations including full blood count and comprehensive serum chemistry profiling after each cycle of NACT. At the end of NACT and radiotherapy, a followup MRI was conducted to evaluate tumor response. After all therapy, comprehensive scans, including chest CT and ultrasonography or intensive CT of the abdomen, were performed in addition to MRI. Treatment-related toxicities were graded using Common Toxicity Criteria Version 3.0 [21]. Primary follow-up method was outpatient appointments. Clinical examinations, full blood count, comprehensive serum chemistry profiling, MRI and intensive CT, and abdominal ultra-sonography or nasopharyngoscopy were performed every 3 months in first 2 years and every 6 months thereafter. Bone scans were performed for suspected bone metastases; other tests were conducted at the discretion of physicians.

Study Design and Statistical Methods

Prospective, randomized, non-inferiority trial; PFS was the primary endpoint; adverse events, local control and overall survival were secondary endpoints.

PF + CCRT group is the study group and TPF + CCRT group is the control group. We hypothesized 3-year PFS would be 80% for both arms; therefore, a sample size of 252 for each group would achieve an 80% power to detect a marginal non-inferiority difference between groups (allowing for 10% reduction in sample size). The study arm proportion was assumed to be 70% under the null hypothesis of inferiority; power was computed for an actual study arm proportion of 80% using the one-sided *z*-test (unpooled) at a significance level of.025. Interim analysis to assess whether PFS was significantly different between arms was scheduled when the first group of 252 patients had completed treatment and been followed-up for >24 months.

Survival curves were constructed using the Kaplan–Meier method and compared using the log-rank test. Pretreatment characteristics were compared using Pearson's chi-square and independent sample *t*tests. A Cox regression model was employed for multivariate analysis. All *P*-values were two-tailed and considered statistically significant if P < .05. Statistical analyses were performed using SPSS 19 for Windows (SPSS, Chicago, IL, USA).

Results

Patients

Between April 1, 2012 and April 1, 2014, 276 patients treated at six centers in China were enrolled. The cutoff date for interim analysis of PFS was April 1, 2016 (2 years follow-up for last patient enrolled; median, 36 months; range, 24–48 months). The groups of patients randomly allocated to receive TPF and PF were well-balanced in terms of baseline demographic and clinicopathological characteristics and radiotherapy techniques (Table 1).

Table 1. Baseline characteristics of the 276 patients with locoregionally-advanced nasopharyngeal cancer in each treatment arm

| Variable | TPF + CCRT | PF + CCRT | P-Value* |
|-----------------------------|------------|------------|----------|
| | (n = 138) | (n = 138) | |
| Sex | | | .894 |
| Male | 99 (71.7) | 98 (71.0) | |
| Female | 39 (28.3) | 40 (29.0) | |
| Age, years | | | |
| Median | 48 | 50 | |
| Range | 18-68 | 25-69 | |
| Karnofsky performance score | | | .626 |
| 100-90 | 130 (94.2) | 128 (92.6) | |
| 80–70 | 8 (5.8) | 10 (7.4) | |
| T category | | | .544 |
| Т 1-2 | 25 (18.1) | 29 (21) | |
| Т 3-4 | 113 (81.9) | 109 (79) | |
| N category | | | .801 |
| N 0-1 | 48 (34.8) | 50 (36.2) | |
| N 2–3 | 90 (65.2) | 88 (63.8) | |
| Stage | | | .312 |
| III | 86 (62.3) | 94 (68.1) | |
| IVA-B | 52 (37.7) | 44 (31.9) | |

Values are shown as n (%) unless indicated otherwise.

* Calculated using the χ^2 test.

Table 2. Dose modifications and treatment delays during induction chemotherapy

| | TPF $(n = 138)$ | PF $(n = 138)$ | P-Value * |
|--|-----------------|----------------|-----------|
| Dose modifications during induction chemotherapy | | | |
| Docetaxel | 60 (43.5) | - | |
| Cisplatin | 7 (5.1) | 21 (15.2) | .005 |
| Fluorouracil | 11 (8.0) | 8 (5.8) | .476 |
| Treatment delays during induction chemotherapy | | | |
| Patients who experienced delays, n (%) | 46 (33.3) | 25 (18.1) | .004 |
| Reason for delay | | | |
| Hematologic | 26 (18.8) | 13 (9.4) | .025 |
| Non-hematologic | 10 (7.2) | 3 (2.2) | .047 |
| Other † | 10 (7.2) | 9 (6.5) | .812 |

* Calculated using the χ^2 test.

[†] Including personal reasons and vacations.

Treatment and Dose Modifications

All 276 patients (100%) started induction chemotherapy (Table 2). All of patients in each arm finished three cycles of induction chemotherapy and full radiotherapy dose. 81.2% patients received two cycles of concurrent chemotherapy in TPF + CCRT group while 80.4% patients received two cycles of concurrent chemotherapy in PF + CCRT group. In the TPF group, docetaxel was decreased to 60 mg/m² in the second course for 60 patients because of grade 4 neutropenia and/or thrombocytopenia, cisplatin decreased to 60 mg/m² in the third course for 7 patients due to grade 4 neutropenia and/or thrombocytopenia fluorouracil decreased by 120 mg/m2 for 11 patients due to grade 3 mucositis or diarrhea. In the PF group, cisplatin was decreased to 80 mg/m2 for 21 patients because of grade 4 neutropenia and/or thrombocytopenia and fluorouracil decreased by 160 mg/m2 for 8 patients because of grade 3 mucositis or diarrhea.

Efficacy

The objective response rate (ORR) was 90.6% in the TPF group and 87.0% in the PF group after induction chemotherapy (P > .05). The ORR was 97.8% in the TPF group and 97.8% in the PF group after chemoradiation (P > .05). Overall, 3-year PFS and OS were 81.1% and 91.1%, respectively (Figure 1, A and B). Median PFS was 34.5 months for both the TPF group and PF group. Estimated 3-year PFS was 84.5% for the TPF group and 77.9% for the PF group (P = .380; Figure 1C). Median survival was 36 months for the TPF group and 35 months for the PF group; estimated 3-year OS was 91.1% in the TPF group and 91.1% in the PF group (P = .821; Figure 1D). Overall, 31/276 patients (11.2%) died: 15/138 (10.7%) in the TPF group and 16/138 (11.6%) in the PF group. Tumor progression was the most common cause of death (11.6% of TPF group and 10.7% of PF group). TPF was not associated with improved survival in any subgroup, including patients with advanced nodal category or primary tumor stage (Table 3). By last analysis, 26/138 (18.8%) patients in the TPF group and 32/138 (23.2%) in the PF group (P = .375; Table 3) had suffered treatment failure. Ten patients in the TPF group developed local recurrence and 4 patients developed regional recurrence; 16 patients in the PF group developed local recurrence and 4 patients developed regional recurrence. In the TPF group, 10 patients developed distant metastases and 2 patients developed both distant metastases and locoregional recurrence. In the PF group, 9 patients developed distant metastases and 3 patients developed both distant metastases and locoregional recurrence.

Adverse Events

The frequencies of grade 3 or 4 anemia and thrombocytopenia and grade 1 or 2 liver dysfunction were similar between groups. Grade 3

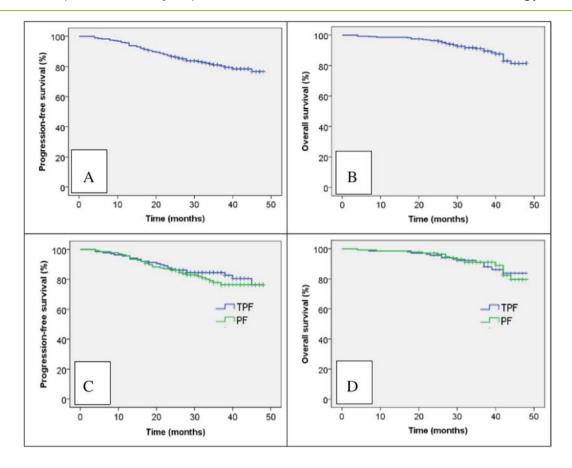


Figure 1. Kaplan-Meir progression-free survival (A) and overall survival curves (B) for all 276 patients and progression-free survival (C) and overall survival curves (D) for the patients stratified by neoadjuvant chemotherapy regimen.

or 4 neutropenia occurred in 63.8% of the TPF group and 28.3% of the PF group (P < .001) and grade 3 or 4 febrile neutropenia in 10.1% of the TPF group and 2.9% of the PF group (P = .015; Table 4). Grade 1 or 2 kidney dysfunction occurred in 2.2% of the TPF group and 8.0% of the PF group (P = .028; Table 4). Except for a non-significant trend towards increased vomiting in the PF group, there were no major differences in non-hematologic adverse events between groups during induction chemotherapy (Table 4). More patients in the TPF group experienced treatment delays compared to the PF group (33.3% vs. 18.1%, P = .004; Table 2); grade 3 or 4 hematologic adverse events mainly accounted for this difference and were responsible for treatment-associated delays in 18.8% of patients in the TPF group and 9.4% of the PF group (P = .025; Table 2).

During chemoradiotherapy, grade 3 or 4 anemia occurred in 24.6% of patients in the TPF group and 12.3% of the PF group (P = .008), grade 3 or 4 thrombocytopenia occurred in 23.2% of the TPF group and 12.3% of the PF group (P = .018) and grade 3 or 4 neutropenia occurred in 35.5% of the TPF group and 7.2% of the PF group (P < .001; Table 4). There were higher frequencies of grade 1 or 2 liver dysfunction and kidney dysfunction in the TPF group than the PF group during chemoradiotherapy. In TPF group, Grade 3 or 4 neutropenia occurred in 57.6% of the male patients and 79.5% of the female patients and 12.8% of the female patients. Grade 3 or 4 Thrombocytopenia occurred in 1 male patients and 2 female patients while Grade 3 or 4 anemia occurred in 2 male patients and 1 female patients. In PF group, Grade 3 or 4 neutropenia occurred in 2.4% of the female patients and 42.5% of the female patients while Febrile

neutropenia occurred in 2.0% of the male patients and 5.0% of the female patients. Grade 3 or 4 Thrombocytopenia occurred in 2 male patients and 0 female patients while Grade 3 or 4 Anemia occurred in 0 male patients and 2 female patients. There were no significant differences in the frequencies of non-hematologic adverse events between groups during chemoradiotherapy. The percentage of patients who received two cycles of concurrent chemotherapy was similar between groups (Table 4).

Discussion

Recently, a Bayesian network meta-analysis demonstrated the significant benefits of NACT + CCRT over CCRT in terms of distant metastasis rate (DMR). However, NACT + CCRT was associated with significantly poorer locoregional control; the higher toxicity of NACT frequently delayed CCRT, which may allow tumor cell proliferation and offset locoregional control and survival benefits [22]. Therefore, selection of the optimal NACT strategy is crucial. In recurrent or metastatic NPC, PF resulted in a similar response rate as TPF (66–80% vs. 72.5%) [23–26] but a lower frequency of grade IV myelosuppression (3% vs. 22.2%) [25,26]. In locally-advanced NPC, PF produced a similar response rate after induction chemotherapy as TPF (85% vs. 89%) [27,28]. Therefore, we speculated PF and TPF would have a similar efficacy, but patients with locoregionally-advanced NPC myelosuppression to PF.

Hui et al. [29] observed a significant improvement in OS when TP was added to concurrent cisplatin and conventional radiation (94.1% vs. 67.7%, P = .012). Ekenel et al. [30] reported estimated 3 year

Table 3. Comparison of the antitumor efficacy of the induction chemotherapy regimens

| Variable | TPF + CCRT | PF + CCRT | Hazard Ratio (95% CI) | P-Value? |
|---|------------|-----------|-----------------------|----------|
| | (n = 138) | (n = 138) | | |
| Progression-free survival | | | 0.455-1.350 | .380 |
| Median duration, months | 34.5 | 34.5 | | |
| Rate, % | | | | |
| Two-year | 86.2 | 86.9 | | |
| Three-year (estimated) | 84.5 | 77.9 | | |
| Median duration according to disease stage, months | | | | |
| Stage III | 34.5 | 34 | 0.469-2.098 | .984 |
| Stage IV | 34.5 | 35 | 0.294-1.429 | .282 |
| Median duration according to primary tumor category, months | | | | |
| T1-2 | 32 | 36 | 0.642-8.084 | .203 |
| T3-4 | 35 | 34 | 0.347-1.168 | .145 |
| Median duration according to nodal category, months | | | | |
| N0-1 | 34.5 | 34.5 | 0.358-2.948 | .960 |
| N2-3 | 34.5 | 34.5 | 0.379-1.351 | .302 |
| Overall survival | | | | |
| Median duration, months | 36 | 35 | 0.455-1.866 | .821 |
| Rate, % | | | | |
| At 2 years | 95.7 | 93.9 | | |
| At 3 years | 91.1 | 91.1 | | |
| Median duration according to disease stage, months | | | | |
| III | 36 | 37 | 0.407-3.634 | .726 |
| IV | 35.5 | 35.5 | 0.303-1.960 | .584 |
| Median duration according to primary tumor category, months | | | | |
| T1-2 | 37 | 38 | 0-3.951E+228 | .962 |
| Т3-4 | 35 | 34 | 0.342-1.527 | .394 |
| Median duration according to nodal category, months | | | | |
| N0-1 | 36 | 35 | 0.247-2.662 | .730 |
| N2-3 | 36 | 35 | 0.411-2.383 | .981 |
| Sites of treatment failure | | | | |
| Locoregional failure, n (%) | | | | |
| Primary | 10 (7.2) | 16 (11.6) | | |
| Neck | 4 (2.9) | 4 (2.9) | | |
| Distant metastases, n (%) | | | | |
| Distant only | 10 (7.2) | 9 (6.5) | | |
| Distant and locoregional | 2 (1.4) | 3 (2.2) | | |

Calculated using the Kaplan–Meier method.

PFS and OS rates of 84.7% and 94.9% for 59 patients with NPC who received three cycles of induction TP regimen followed by combined cisplatin-based CCRT. However, these studies assessed low numbers of patients with stage IV NPC (22-44.1%) and employed conventional radiation. In 2013, a study at the Shanghai Cancer Center confirmed these encouraging results and suggested TPF induction chemotherapy followed by CCRT using current standard radiation techniques, 3-dimensional conformal radiation therapy (3D-CRT) or IMRT led to superior outcomes: Lin Kong et al. [31] reported 3-year PFS, distant metastasis-free survival, and local PFS rates of 78.2%, 90.5%, and 93.9% respectively for 52 patients with stage III NPC and 85.1%, 88% and 100% respectively for 64 patients with stage IVA/IVB NPC who received TPF (75 mg/ m² docetaxel, 75 mg/m² cisplatin, 2500 mg/m² 5-fluoruracil every 3 weeks for three cycles) followed by cisplatin 40 mg/m² per week concurrently with 3D-CRT or IMRT. The PFS and OS rates for TPF in this study are similar to those reported by Lin Kong et al. [31] (84.5% vs. 78.2-85.1% and 91.1% vs. 90.2-94.8%). However, in this trial, TPF provided a non-significant PFS benefit compared to PF (84.5% vs. 77.9%, P = .380). Moreover, the rates of locoregional failure and distant metastases did not differ significantly for PF and TPF.

TPF induces high rates of grade 3 or 4 neutropenia (56–76.9%) in unresectable head and neck cancer [19,20]. When G-CSF support was provided, a lower incidence of grade 3 or 4 neutropenia was achieved (55.2%) [31]. In this study, grade 3 or 4 neutropenia occurred in 63.8% of the TPF group and only 28.3% of the PF group (P < .001). Although

all patients completed three planned courses of TPF in this study, the higher incidences of grade 3 or 4 neutropenia and diarrhea led to significantly more treatment delays and dose modifications in this arm. In contrast, only 88.8% of patients completed all three courses of TPF in the study by Kong et al. [31] In this trial, TPF led to a lower frequency of kidney dysfunction than PF, which can be attributed to the lower dose of cisplatin. Except for a non-significant difference in vomiting, which was more frequent for PF, there was no significant difference in nonhematologic adverse events between groups during induction chemotherapy. Although there were higher frequencies of myelotoxicity, liver dysfunction and kidney dysfunction during chemoradiotherapy after TPF than PF, similar numbers of patients in both groups received two cycles of concurrent chemotherapy (81.2% vs. 80.4%, P = .879). Kong et al. [31] reported only 66.4% of patients completed at least five courses of concurrent chemotherapy after TPF. We also found that women had more hematological toxicity especial grade 3 or 4 neutropenia and febrile neutropenia compared to men during chemoradiotherapy. Chansky et al. [32] observed that women experienced more severe 5-fluorouracil (5-FU)-related toxicity than men in terms of average maximum toxicity grade (P = .005), number of different types of toxicity experienced (P = .005) .009), and incidence of severe toxicities (P = .02).

The current sample size has not met the requirements of the power calculation; therefore, caution must be taken when reviewing these conclusions. As discussed above, grade 3 or 4 neutropenia and treatment delays occurred in 63.8% and 33.3% of the TPF group, respectively. Therefore, after these first 138 patients were included, all patients

Table 4. Adverse events and treatment delays

| | TPF + CCRT $(n = 138)$ | PF + CCRT $(n = 138)$ | P-Value* |
|--|------------------------|-----------------------|-------------------|
| | | | |
| Adverse events during induction chemotherapy, <i>n</i> (%) | | | |
| Hematologic | | | |
| Anemia (grade 3 or 4) | 3 (2.2) | 3 (2.2) | - |
| Thrombocytopenia (grade 3 or 4) | 3 (2.2) | 2 (1.4) | - |
| Neutropenia (grade 3 or 4) | 88 (63.8) | 39 (28.3) | <.001 |
| Febrile neutropenia | 14 (10.1) | 4 (2.9) | .015 |
| Non-hematologic (grade 3 or 4) | | | |
| Stomatitis (mucositis) | 3 (2.2) | 6 (4.3) | .501† |
| Nausea | 12 (8.7) | 18 (13.0) | .246 |
| Vomiting | 6 (4.3) | 14 (10.1) | .063 |
| Diarrhea | 10 (7.2) | 4 (2.9) | .100 |
| Fatigue | 15 (10.9) | 10 (7.2) | .294 |
| Anorexia | 10 (7.2) | 10 (7.2) | - |
| Liver dysfunction (grade 1 or 2) | 70 (50.7) | 60 (43.5) | .228 |
| Kidney dysfunction (grade 1 or 2) | 3 (2.2) | 11 (8.0) | .028 |
| Adverse events during chemoradiotherapy | | | |
| Hematologic | | | |
| Anemia (grade 3 or 4) | 34 (24.6) | 17 (12.3) | .008 |
| Thrombocytopenia (grade 3 or 4) | 32 (23.2) | 17 (12.3) | .018 |
| Neutropenia (grade 3 or 4) | 49 (35.5) | 20 (7.2) | <.001 |
| Febrile neutropenia | 5 (3.6) | 2 (1.4) | .447 [†] |
| Non-hematologic (grade 3 or 4) | | | |
| Stomatitis (mucositis) | 30 (21.7) | 35 (25.4) | .478 |
| Nausea | 11 (8.0) | 12 (8.7) | .828 |
| Vomiting | 9 (6.5) | 10 (7.2) | .812 |
| Diarrhea | 2 (1.4) | 1 (7.2) | - |
| Fatigue | 20 (14.5) | 18 (13.0) | .727 |
| Anorexia | 28 (20.3) | 24 (17.4) | .538 |
| Dermatitis | 14 (10.1) | 16 (11.6) | .699 |
| Esophagitis, dysphagia or odynophagia | 5 (3.6) | 7 (5.1) | .555 |
| Dry mouth | 7 (5.1) | 8 (5.8) | .791 |
| Liver dysfunction (grade 1 or 2) | 62 (44.9) | 22 (15.9) | <.001 |
| Kidney dysfunction (grade 1 or 2) | 44 (31.9) | 22 (15.9) | .002 |
| Cycles of concurrent chemotherapy | 11 (/1./) | 22 (19.9) | .002 |
| One | 26 (18.8) | 27 (19.6) | .879 |
| Тwo | 112 (81.2) | 111 (80.4) | .879 |

* Calculated using the χ^2 test.

[†] Calculated using Fisher's exact test.

subsequently allocated to the TPF group received three cycles of modified induction chemotherapy (60 mg/m² docetaxel, 75 mg/m² cisplatin, 2400 mg/m² 5-flurouracil). In 2013, the Shanghai Cancer Center reported good tolerance and compliance rates for three cycles of modified induction docetaxel (60 mg/m²), cisplatin (75 mg/m²) and 5-flurouracil (1500 mg/m²): 23.3% (14/60) of patients experienced grade 3 or grade 4 neutropenia and only 1.7% (1/60) developed febrile neutropenia [28].

This interim analysis indicates that PF induction chemotherapy has substantially better tolerance and compliance rates among patients with locally-advanced NPC than TPF induction chemotherapy; however, while the TPF arm achieved better PFS than the PF arm, this difference was not statistically significant. Our result needs supportive in vitro and vito experiments. We will start the vitro and vito experiments in future and report it in the long-term results of our randomized phase 3 trial. Further investigation is warranted.

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