

Correlation between white matter damage and gray matter lesions in multiple sclerosis patients

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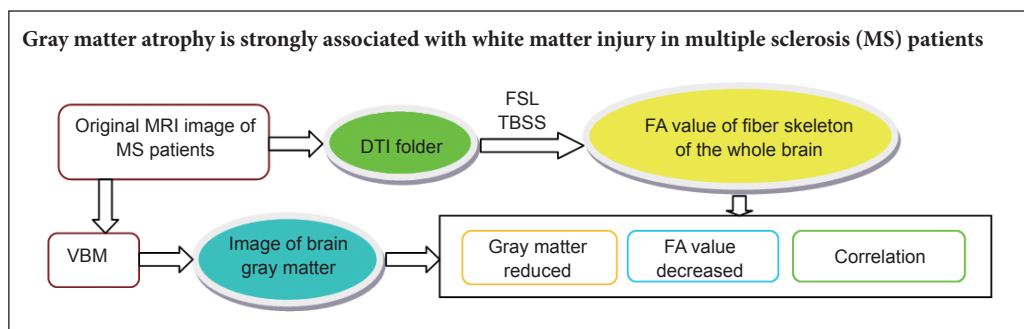
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Graphical Abstract



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Abstract

We observed the characteristics of white matter fibers and gray matter in multiple sclerosis patients, to identify changes in diffusion tensor imaging fractional anisotropy values following white matter fiber injury. We analyzed the correlation between fractional anisotropy values and changes in whole-brain gray matter volume. The participants included 20 patients with relapsing-remitting multiple sclerosis and 20 healthy volunteers as controls. All subjects underwent head magnetic resonance imaging and diffusion tensor imaging. Our results revealed that fractional anisotropy values decreased and gray matter volumes were reduced in the genu and splenium of corpus callosum, left anterior thalamic radiation, hippocampus, uncinate fasciculus, right corticospinal tract, bilateral cingulate gyri, and inferior longitudinal fasciculus in multiple sclerosis patients. Gray matter volumes were significantly different between the two groups in the right frontal lobe (superior frontal, middle frontal, precentral, and orbital gyri), right parietal lobe (postcentral and inferior parietal gyri), right temporal lobe (caudate nucleus), right occipital lobe (middle occipital gyrus), right insula, right parahippocampal gyrus, and left cingulate gyrus. The voxel sizes of atrophic gray matter positively correlated with fractional anisotropy values in white matter association fibers in the patient group. These findings suggest that white matter fiber bundles are extensively injured in multiple sclerosis patients. The main areas of gray matter atrophy in multiple sclerosis are the frontal lobe, parietal lobe, caudate nucleus, parahippocampal gyrus, and cingulate gyrus. Gray matter atrophy is strongly associated with white matter injury in multiple sclerosis patients, particularly with injury to association fibers.

Key Words: nerve regeneration; multiple sclerosis; diffusion tensor imaging; tract-based spatial statistics; voxel-based morphometry; gray matter; white matter; fractional anisotropy; brain atrophy; neural regeneration

Introduction

Multiple sclerosis (MS) is a demyelination disease affecting the central nervous system, and typically characterized by motor and sensory dysfunction and optic neuritis (Ge et al., 2005; Filippi and Rocca, 2008). MS affects gray matter as well as white matter (Bø et al., 2003; De Stefano et al., 2003b; Kutzelnigg et al., 2005; Bö et al., 2007). Previous studies have shown that more severe gray matter atrophy is associated with higher clinical function scores for movement and sen-

sation and the lower cognition scores (Bermel and Bakshi, 2006; Lanz et al., 2007; Giorgio et al., 2008).

Voxel-based morphometry (VBM) is an automated technique for assessing brain structural changes. It detects changes in brain morphology caused by small lesions, quantifies changes in the volume and density of brain tissue (Ridgway et al., 2008), and is a useful tool in the study of cognitive functioning (Chu et al., 2010) and mental illness (Seok et al., 2007).

Tract-based spatial statistics (TBSS) is a fully automated method used to quantify the extent of changes of white matter diffusion tensor images (Snook et al., 2007). In recent years, TBSS has increasingly been used to study fractional anisotropy (FA) changes in cerebral white matter in MS patients (Dineen et al., 2009; Giorgio et al., 2010). However, the combination of VBM and TBSS, and their relevance to the voxel size of atrophic gray matter and FA values in white matter association fibers, have seldom been studied. We investigated the value of using VBM to analyze gray matter, and the effects of morphological changes on brain structure in MS patients. We also investigated changes in white matter using diffusion tensor imaging (DTI), and explored the correlation between gray matter lesions and white matter fiber injury using 3.0 Tesla (3.0T) magnetic resonance imaging (MRI), DTI, and TBSS post-processing.

Subjects and Methods

Subjects

Twenty patients (4 males, 16 females, aged 33–52 years) with relapsing-remitting multiple sclerosis (RRMS) were recruited from the out-patient clinic and wards of the First Department of Neurology, China-Japan Union Hospital of Jilin University in Changchun, China between September 2013 and September 2015. Twenty age-matched healthy medical staff (8 males, 12 females), with no history of neurologic disorders and normal neurologic examinations, volunteered as the control group.

Inclusion criteria: Patients presenting with all of the following were considered for study inclusion (1) age 33–52 years; (2) brain 3.0T MRI performed at China-Japan Union Hospital; (3) having completed the Expanded Disability Status Scale (Kurtzke, 1983) evaluation (4) RRMS diagnosed according to the 2010 revision of McDonald's diagnostic criteria (Polman et al., 2011).

Exclusion criteria: Patients with one or two of the following conditions were excluded from this study (1) severe diseases (significant psychiatric and/or neurologic disease); (2) more than 52 years old.

The study was approved by the ethics committee of China-Japan Union Hospital of Jilin University (Approval number: 201702202), and written informed consent was obtained from all subjects. There were no significant differences in age ($P = 0.746$) or gender ($P = 0.433$) between the patient and control groups (Table 1). This research followed international and national guidelines and was conducted in accordance with the *Declaration of Helsinki* and the relevant set of ethical principles.

Table 1 Demographic information of multiple sclerosis patients and healthy controls

	Patient group	Control group	t/χ^2	P
Age (mean \pm SD, year)	40.3 \pm 11.0	38.4 \pm 11.2	0.382	0.655
Gender (male/female, n)	4/16	8/12	0.915	0.433

Image data acquisition

MRI was conducted in all subjects using a superconducting 3.0T MRI system with 12-channel head/neck coil (Siemens, Erlangen, Germany) at a field strength of 45 mT/m, followed by DTI. The MRI T2 fluid attenuated inversion recovery imaging parameters were: repetition time, 8,000 ms; echo time, 80 ms; field-of-view, 230 \times 230 mm²; matrix, 256 \times 320; slice thickness, 5 mm. DTI used axial scanning with a plane parallel to the line connecting the anterior and posterior commissures with the following imaging parameters: field-of-view, 230 \times 230 mm²; matrix, 128 \times 128; 25-layer continuous scan; layer spacing, 0; slice thickness, 4 mm; echo time, 80 ms; repetition time, 3,700 ms. DTI parameters: b -value 1: 0 s/mm², b -value 2: 1,000 s/mm²; number of diffusion gradient directions: 20; number of signal acquisitions: b -value 1: 12, b -value 2: 3; voxel size: 1.7 \times 1.7 \times 4.0 mm³.

Image processing and analysis

TBSS data were collected by direct conversion from DTI data by using the Panda Matlab software (The MathWorks, Inc., Natick, MA, USA, <http://www.mathworks.com/products/matlab>) toolbox to classify and analyze DTI data aspects of data set, and voxel and fiber bundle tracing, simultaneously constructing a brain network (Cui et al., 2013). Scanning data were entered into personal workstation which was supplied by the Department of Radiology of China Union Hospital, Jilin University, China. Digital Imaging and Communications in Medicine (DICOM) files were categorized using SPIN software (obtained from <http://www.swi-mri.com/index.html>). The DTI folder was extracted separately and the data processed with magnetic resonance image conversion (MRICroN) software (<http://www.mccauslandcenter.sc.edu/mricro/mri>). The converted images underwent eddy current and head movement correction. After the removal of scalp and bone tissue data, a brain mask was obtained, and the FA value obtained using DTI fractional intensity threshold (DTIFit) and DTIFit function. The FA backbone of each subject was generated by TBSS in the FMRIB software library (FSL) (www.fmrib.ox.ac.uk/fsl). TBSS procedures: (i) *tbss_1_preproc*, (ii) *tbss_2_reg-T*, (iii) *tbss_3_prostreg-S*, and (iv) *tbss_4_prestats* (Figure 1).

DICOM files were categorized using SPIN software and the resulting T1 file, selected. Data were preprocessed using MRICroN. Original DICOM images were converted into statistical parametric mapping, (SPM5; <http://www.fil.ion.ucl.ac.uk/spm/software/spm5/>) format. Image segmentation and normalization were conducted using the VBM5 (<http://dbm.neuro.uni-jena.de/vbm5/>) tool for SPM5 to obtain adjusted and unadjusted images of gray matter, white matter, and cerebrospinal fluid. Finally, Gaussian smoothing was performed in adjusted gray matter images.

Statistical analysis

Data such as ages and FA values were expressed as the mean \pm SD, and analyzed with SPSS 17.0 software (SPSS, Chicago, IL, USA). The inter-group age difference was assessed using an independent two-sample t -test. The sex ratio between the

Table 2 Changes in mean white matter fractional anisotropy values between patient and control groups detected by magnetic resonance imaging

	Patient group	Control group	<i>t</i>	<i>P</i>
Left				
Anterior thalamic radiation	0.412±0.024	0.422±0.013	-3.628	0.000
Corticospinal tract	0.554±0.027	0.593±0.027	-3.584	0.029
Cingulate gyrus	0.433±0.061	0.475±0.021	-2.236	0.000
Hippocampus	0.373±0.016	0.397±0.015	-2.374	0.008
Inferior occipitofrontal fasciculus	0.444±0.041	0.481±0.015	-2.169	0.031
Inferior longitudinal fasciculus	0.423±0.021	0.455±0.008	-2.093	0.000
Superior longitudinal fasciculus	0.407±0.022	0.432±0.016	-5.362	0.018
Uncinate fasciculus	0.430±0.034	0.458±0.020	-2.193	0.000
Temporal region of superior longitudinal fasciculus	0.527±0.048	0.498±0.023	-4.218	0.014
Right				
Anterior thalamic radiation	0.401±0.018	0.411±0.019	-3.209	0.015
Corticospinal tract	0.552±0.022	0.574±0.025	-3.148	0.001
Cingulate gyrus	0.379±0.040	0.429±0.028	-3.211	0.000
Hippocampus	0.336±0.021	0.379±0.025	-4.635	0.023
Inferior occipitofrontal fasciculus	0.437±0.034	0.469±0.007	-2.167	0.012
Inferior longitudinal fasciculus	0.414±0.029	0.439±0.013	-3.473	0.000
Superior longitudinal fasciculus	0.411±0.029	0.434±0.016	-2.097	0.033
Uncinate fasciculus	0.457±0.030	0.495±0.030	-4.285	0.028
Temporal region of superior longitudinal fasciculus	0.501±0.050	0.522±0.028	-3.549	0.023
Genu of corpus callosum	0.538±0.032	0.541±0.008	-3.288	0.003
Splenium of corpus callosum	0.576±0.053	0.621±0.013	-3.258	0.000

Data are expressed as the mean ± SD, and analyzed using independent two-sample *t*-tests.

patient and control groups was compared using chi-square test. Using the Randomization Statistics Tool of FSL, FA white matter values were compared between the two groups with randomized permutation tests. The number of random permutations was set to 5,000 times. Threshold-free cluster enhancement was used to correct class I errors. A value of $P < 0.05$ was considered statistically significant. Specific formula can be seen on <http://fsl.fmrib.ox.ac.uk/fsl/fslwiki/Randomise>, where the number of permutations 5,000 is $-n$ 5,000, and threshold-free cluster enhancement is $-T2$. The average skeleton diagram generated by TBSS was registered to standard FA images with the FSLView tool of FSL (Figure 1) to produce statistically significant pseudo-color images (Figure 2). The areas with statistical differences were identified and recorded in standard brain space, formulated by the Montreal Neurological Institute (MNI; McGill University, Montreal, Canada).

Using the statistical tools of SPM, data were analyzed with two-sample *t*-tests, with a significance threshold of $P < 0.05$ (False discovery rate corrected). More than 10 voxel sets were considered statistically significant. The slices of the generated images were observed with SPM. The results were rendered on a 3D brain surface map (Figure 3) and observed with xjView, a viewing tool for SPM. The corresponding positions and brain regions were identified according to MNI brain space (Figure 4).

In the patient group, a normality test using SPSS 17.0 was used to determine whether the FA values and voxel sizes of atrophic gray matter were normally distributed. Pearson's correlation was used to analyze the correlation between FA values and changes in gray matter volume.

Results

TBSS analysis

FA values in the white matter fiber bundle, genu and splenium of the corpus callosum, left anterior thalamic radiation, left cingulate gyrus, left hippocampus, left inferior longitudinal fasciculus, left uncinate fasciculus, right corticospinal tract, right cingulate gyrus, and right inferior longitudinal fasciculus were significantly lower in the patient group than in the control group ($P < 0.05$ or $P < 0.01$; Table 2, Figure 2).

VBM analysis

Gray matter volumes were significantly different between the patient and control groups, were decreased in the right frontal lobe (superior frontal, middle frontal, precentral, and orbital gyri), right parietal lobe (postcentral and inferior parietal gyri), right temporal lobe (caudate nucleus), right occipital lobe (middle occipital gyrus), right insula, right parahippocampal gyrus, and left cingulate gyrus of MS patients ($P < 0.05$; Table 3, Figure 4).

Correlation between white and gray matter atrophy FA values in MS patients

The voxel sizes of atrophic gray matter positively correlated with FA values in the white matter association fibers of MS patients ($r = 0.659$, $P < 0.05$; Table 4).

Discussion

DTI is a reliable method for investigating fiber connectivity in the brain (Qiu et al., 2006; Duong and Watts, 2016; Wu et al., 2016). White matter damage, damage to fiber bundle connec-

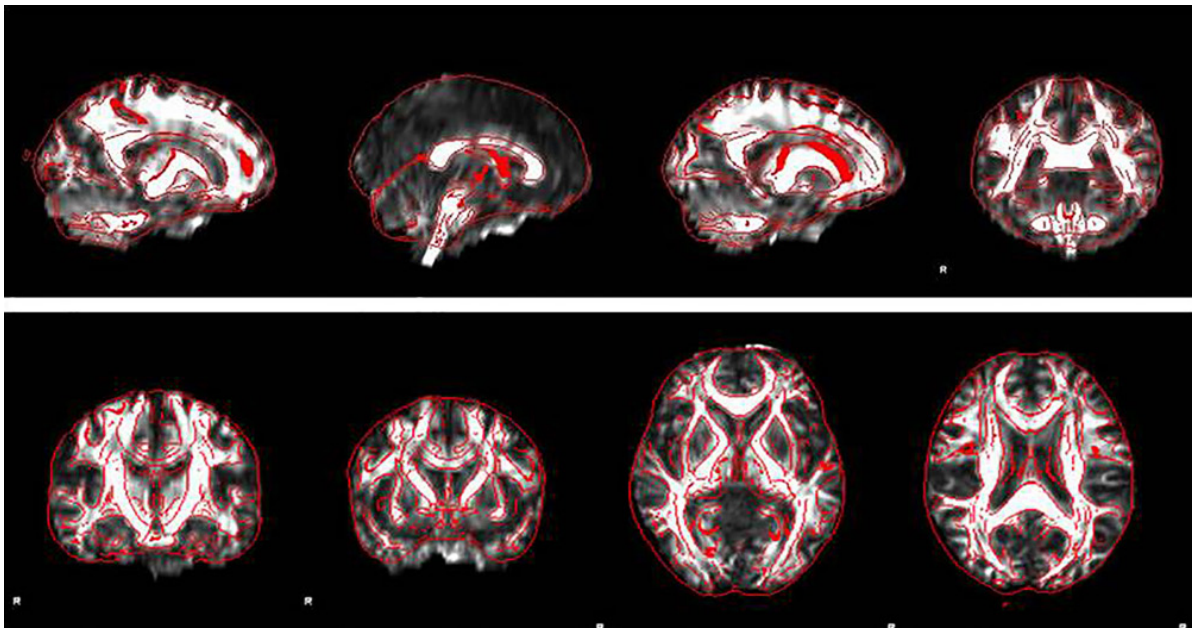


Figure 1 FA images registered to FMRIB58-FA in the white matter of multiple sclerosis patients and controls through diffusion tensor imaging data.

Red line is the average FA value of the whole brain fiber skeleton. R: Right; FA: fractional anisotropy.

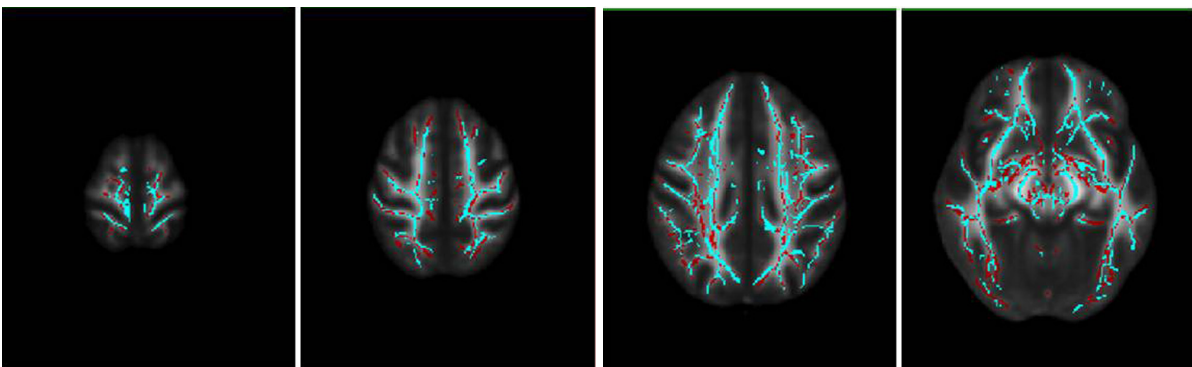


Figure 2 TBSS results of FA between multiple sclerosis patients and controls.

The four images that were different randomly selected sections of the brain reveal a decrease in the FA values at different levels of the brain. Red is the average FA value of the whole brain fiber skeleton. Blue is the area with decreased mean FA values in the patient group. TBSS: Tract-based spatial statistics; FA: fractional anisotropy.

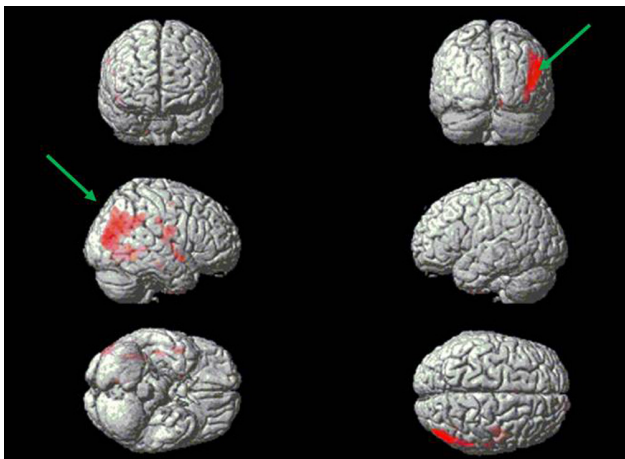


Figure 3 Three-dimensional brain surface after voxel-based morphometry analysis.

The green arrows indicate the red area with reduced gray matter in multiple sclerosis patients.

tions, and interference of signal transmission between neurons causes gray matter functional abnormalities in the relevant regions, thereby resulting in neurological dysfunction (Frisoni et al., 2007; Kennedy and Raz, 2009). With the development of nuclear magnetic technology, DTI can fully reveal the distribution of fiber bundles in the brain and the degree of tissue structure connectivity: It is currently the only non-invasive examination technique able to do this (Yu et al., 2006).

TBSS is a DTI analysis program in the FSL software package. TBSS is an extensively used post-processing software used to analyze DTI in development and degeneration, multiple sclerosis, schizophrenia, mild cognitive impairment, epilepsy, drug monitoring, and neonatal disorders (Zhang and Chen, 2008; Yin and Jiang, 2011; Asaf et al., 2015). Qiu et al. (2008) used TBSS in 75 healthy people to reveal that FA values increase, but mean diffusivity values decrease, in the white matter of the right temporal, frontal and parietal lobes, and the cerebellum from late childhood

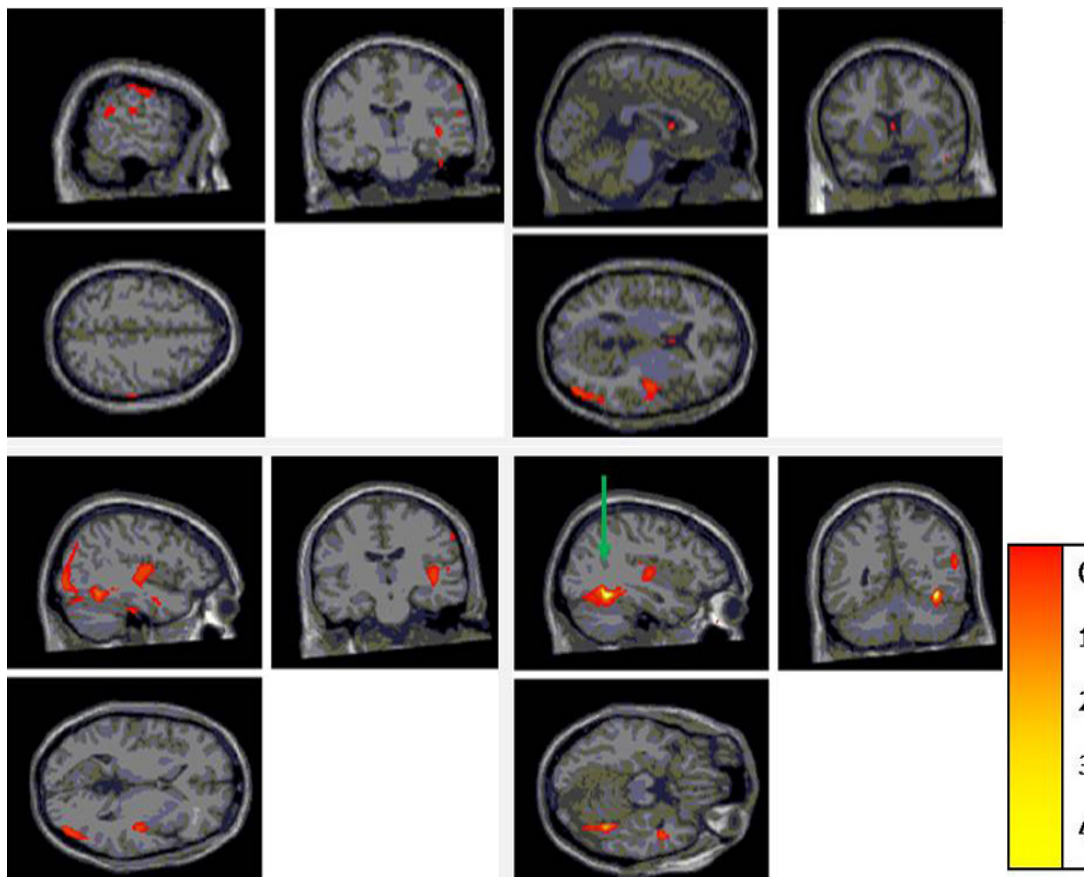


Figure 4 Gray volume reduction of the map parameters through voxel-based morphometry analysis.

The green arrow indicates the red and yellow areas of significantly decreased gray matter volume in multiple sclerosis patients.

Table 3 Distribution of decreased gray matter volume between patient and control groups detected by magnetic resonance imaging

	Voxel (mm ³)	<i>t</i> value	<i>Z</i> value	MNI coordinate (mm)		
				X	Y	Z
Right parahippocampal gyrus	1,213	10.88	5.89	40	51	-3
Right caudate nucleus	428	9.96	4.45	39	-37	0
Right middle occipital gyrus	349	9.64	4.39	44	-82	8
Right middle frontal gyrus	338	10.82	4.58	12	65	-29
Right superior frontal gyrus	39	10.23	4.49	19	72	-20
Right insula	2,709	9.72	4.41	48	2	-9
Right precentral gyrus	1,208	7.93	4.07	51	-5	4
Right inferior parietal gyrus	228	6.91	3.84	59	-23	33
Right orbital gyrus	127	9.03	4.29	18	-44	38
Left cingulate gyrus	112	8.25	4.14	-2	10	21
Right postcentral gyrus	483	7.71	4.03	60	-10	55

MNI: Montreal Neurological Institute.

to early adulthood. In this study, TBSS data were collected by direct conversion from DTI data using Panda (Cui et al., 2013).

Our results show decreases in FA values in the white matter of MS patients. This indicates that white matter is extensively affected in MS patients, which is consistent with other studies (Giorgio and De Stefano, 2016; Chen et al., 2017; Keser et al., 2017). Raz et al. (2010) combined VBM and TBSS for clinically isolated syndrome, which was the first

attack of MS patients, and their results confirmed that FA values were reduced in fiber bundles of the patient group, especially in the corpus callosum, corticospinal tract, superior longitudinal fasciculus, and inferior longitudinal fasciculus. Using DTI, Ceccarelli et al. (2009) showed that FA values in the basal ganglia are significantly lower in MS patients than in controls. Liu et al. (2012) demonstrated using TBSS that FA values diminish, but radial diffusivity values increase, in many brain regions in RRMS patients. Axial diffusivity val-

Table 4 Correlation between voxel sizes of atrophic gray matter and FA values in the white matter association fibers of multiple sclerosis patients

Patient group	Numerical value
Right middle occipital gyrus, middle frontal gyrus, superior frontal gyrus, inferior parietal gyrus, orbital gyri, postcentral gyrus	349, 338, 39, 228, 127, 483
Postcentral gyrus, association fibers (cingulate gyrus, inferior occipitofrontal fasciculus, inferior longitudinal fasciculus, superior longitudinal fasciculus, uncinata fasciculus, temporal region of superior longitudinal fasciculus) FA value	0.379, 0.437, 0.414, 0.411, 0.457, 0.501
<i>r</i>	0.659
<i>P</i>	0.038

The data on the first line are the mean voxel sizes of the atrophic gray matter in multiple sclerosis patients. The data on the second line are the mean FA values in the white matter association fibers in multiple sclerosis patients. Pearson's correlation was used to analyze the correlation between FA values and changes in gray matter volume.

ues increased mainly in the inferior frontal gyrus, periventricular white matter, external capsule, and inferior temporal lobe. Shen et al. (2014) showed that depression was strongly correlated with FA values in the right posterior cingulate gyrus of 15 RRMS patients by combining TBSS and functional MRI with Hamilton Depression Scale ratings. Our quantitative analysis showed that by using TBSS, FA values can be observed as reduced in the corticospinal tract. This is possibly because some small lesions that cannot be detected by conventional MRI, such as normal appearing white matter on the brainstem fiber bundles, lead to axonal structure damage and demyelination. Using DTI Banaszek et al. (2015) assessed the impairment of selected white matter tracts within normal appearing white matter in MS patients. They found a significant decrease in FA in the inferior longitudinal fasciculi and inferior frontooccipital fascicule of MS patients. Our results reveal that FA values decrease in the bilateral uncinata fasciculus and inferior longitudinal fasciculus, suggesting fiber bundle demyelination and compromised myelin integrity. In this study, FA values diminished in the corpus callosum fiber bundles, which may be associated with the high vulnerability of the corpus callosum, corpus callosum demyelination, axon rupture, and Wallerian degeneration on distal axons. FA values decreased in the left anterior thalamic radiations, suggesting destruction of axonal integrity. This is probably induced by focus-caused local white matter edema. Structures such as the hippocampus, parahippocampal gyrus, cingulate gyrus, and insula contain a large number of cortex to cortex fibers, and are widely linked to the frontal, parietal, and temporal lobe cortices (Charil et al., 2007). Areas of highly intertwined fibers appear to be more vulnerable to degeneration induced by white matter lesions.

VBM is a neuroimaging analysis technique that, at voxel level, can quantify the volume and density of gray matter and white matter, for analysis of morphological changes (Mehta et al., 2003; Liang et al., 2016). VBM is characterized by an automated, small subjective effect and high repetition rate. Our results verified that gray matter atrophy exists in many regions, to different degrees, in RRMS patients, and is possibly associated with demyelination, axonal loss, and peripheral neuroglia atrophy. This is consistent with previous

reports (Sailer et al., 2003; Ceccarelli et al., 2008; Calabrese et al., 2010; Duan et al., 2012). De Stefano et al. (2003a) suggested that axonal loss is the most important factor. Prinster et al. (2010) reported that gray matter atrophy is visible in the bilateral temporal lobe, insular lobe, internal capsule, corpus callosum, and thalamus of RRMS patients. Battaglini et al. (2009) found that the bilateral lateral frontal lobes and parietal lobes show progressive atrophy in RRMS patients. Our findings suggest that atrophy is obvious in the right frontal lobe (superior frontal, middle frontal, precentral, and orbital gyri), right parietal lobe (postcentral and inferior parietal gyri), right temporal lobe (caudate nucleus), right occipital lobe (middle occipital gyrus), right insula, right parahippocampal gyrus, and left cingulate gyrus of RRMS patients, which is consistent with Audoin et al.'s (2010) results. The results of this study also demonstrate that atrophy is noticeable in the right insula, and the right parahippocampal and left cingulate gyri. Henry et al. (2009) reported a large number of cortical-cortical fibers in the cingulate gyrus, hippocampus, parahippocampal gyrus, and insular lobe, as well as being extensively gathered in the gray matter of the frontal, parietal, and temporal lobes.

The results of this study demonstrate that FA values are decreased in atrophic regions, indicating that white matter damage is associated with brain atrophy. Our analysis of the correlation between gray matter atrophy and white matter association fibers show that gray matter atrophy correlates with white matter fiber injury. That is, white matter lesions may lead to gray matter atrophy in MS patients. The mechanism for this may be that when white matter undergoes myelin sheath injury and axonotmesis, its neurotrophic effects on gray matter are suppressed, thereby resulting in gray matter atrophy. Miyata et al. (2009) used VBM and TBSS to reveal extensive gray matter and subcortical nucleus atrophy in 27 schizophrenia patients. They also showed that the degree of atrophy was strongly associated with decreased FA value. Wang et al. (2016) found that gray matter atrophy mainly presented in the bilateral frontal lobe, double-layer anterior cingulate gyrus, and left supplementary motor area. Bergsland et al. (2017) assessed high-pass filtered phase values in the deep gray matter and normal appearing white matter integrity in associated fiber tracts. They found that MS patients

have decreased DTI-derived measures of tissue integrity in the associated white matter tracts and that axial and radial diffusivities were associated with increased iron levels in gray matter areas. We mainly investigated association fibers as the variables of the correlation analysis because: (1) according to their anatomical characteristics, association fibers are associated with all gray matter brain regions; there has the common character of association fibers when analyzing the problem; (2) the decreased white matter FA values measured in this study and the association fibers accounted for the majority are meaningful.

In conclusion, the combined use of TBSS and VBM found obvious gray matter atrophy and white matter fiber bundle damage in RRMS patients. TBSS and VBM are effective for the analysis of white matter and gray matter, successfully identifying the characteristics of these in MS patients. This allows better understanding of the changes and significance of FA values in MS patients with white matter injury, as revealed by DTI. This also improves our understanding of the location and extent of gray matter atrophy in MS patients, to provide greater diagnostic options and treatments. In future studies, the sample size should be expanded, and we should study the changes of white matter and gray matter in different types of the MS patients, such as changes between RRMS and secondary progressive MS. Functional MRI can be used to investigate brain functional networks, and the correlation between these and neurological function scores and cognitive dysfunction, to establish the relationship between brain functional network and structure changes.

Declaration of patient consent: *The authors certify that they have obtained all appropriate patient consent forms. In the form the patients have given their consent for their images and other clinical information to be reported in the journal. The patients understand that their names and initials will not be published and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.*

Author contributions: *XMH was responsible for study conception and design, and provided manuscript review and revised the manuscript. RB and XC were responsible for study conception and design. HJT was in charge of study conception and design, data collection, and paper writing. ZH, CZ, YL, and JBG participated in study conception and design, and data collection. All authors approved the final version of this study.*

Conflicts of interest: *None declared.*

Plagiarism check: *This paper was screened twice using CrossCheck to verify originality before publication.*

Peer review: *This paper was double-blinded and stringently reviewed by international expert reviewers.*

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