

Characterization and Pharmacological Validation of a Preclinical Model of NASH in Göttingen Minipigs



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Background: Nonalcoholic fatty liver disease (NAFLD) is the leading cause of chronic liver disease, which is associated with features of metabolic syndrome. NAFLD may progress in a subset of patients into nonalcoholic steatohepatitis (NASH) with liver injury resulting ultimately in cirrhosis and potentially hepatocellular carcinoma. Today, there is no approved treatment for NASH due to, at least in part, the lack of preclinical models recapitulating features of human disease. Here, we report the development of a dietary model of NASH in the Göttingen minipig. **Methods:** First, we performed a longitudinal characterization of diet-induced NASH and fibrosis using biochemical, histological, and transcriptional analyses. We then evaluated the pharmacological response to Obeticholic acid (OCA) treatment for 8 weeks at 2.5mg/kg/d, a dose matching its active clinical exposure. **Results:** Serial histological examinations revealed a rapid installation of NASH driven by massive steatosis and inflammation, including evidence of ballooning. Furthermore, we found the progressive development of both perisinusoidal and portal fibrosis reaching fibrotic septa after 6 months of diet. Histological changes were mechanistically supported by well-defined gene signatures identified by RNA Seq analysis. While treatment with OCA was well tolerated throughout the study, it did not improve liver dysfunction nor NASH progression. By contrast, OCA treatment resulted in a significant reduction in diet-induced fibrosis in this model. **Conclusions:** These results, taken together, indicate that the diet-induced NASH in the Göttingen minipig recapitulates most of the features of human NASH and may be a model with improved translational value to prioritize drug candidates toward clinical development (J CLIN EXP HEPATOL 2022;12:293–305)

Nonalcoholic fatty liver disease (NAFLD) is a common and progressive disease mainly characterized by hepatic fat accumulation in the absence of alcohol consumption. NAFLD is strongly associated with obesity, Type 2 Diabetes, and dyslipidemia. NAFLD is subdivided into nonalcoholic fatty liver (NAFL) and nonalcoholic steatohepatitis (NASH) based on histological examination of liver biopsy and defined by the presence of lobular inflammation and hepatocyte ballooning with

various degrees of fibrosis.^{1,2} NAFLD is the most common cause of chronic liver disease worldwide with an estimated prevalence of 25%. It is, therefore, considered to be a global health problem associated with a significant socio-economic burden.^{3,4} In contrast to NAFL, which is considered as a benign and reversible disease state, NASH accounts for an increased number of patients with cirrhosis, liver failure, and hepatocellular carcinoma.⁵ NASH patients display increased mortality compared to control population with a high cardiovascular risk. Long-term follow-up studies revealed that fibrosis is the main driver of mortality in NASH.^{6,7} NAFLD disease phenotype results from the chronic exposure to environmental factors on a susceptible polygenic background comprising multiple independent modifiers.⁸ Several genes have been associated with the development of NAFLD, and more generally, liver diseases using Genome-Wide Association Studies (GWAS). One of the best characterized single nucleotide polymorphism (SNP) is located within the patatin-like phospholipase domain-containing 3 (PNPLA3) gene, which plays a role in lipid homeostasis.⁹ This I148M variant is associated

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Abbreviations: CDAHFD: choline-deficient amino acid-defined high fat diet; FDR: false discovery rate; FFC: fatfructose cholesterol diet; PNPLA3: patatin-like phospholipase domain-containing 3; NAFLD: nonalcoholic fatty liver disease; NAS: NAFLD activity score; NASH: nonalcoholic steatohepatitis

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with an increase of both NAFLD^{9,10} and liver fibrosis risk.¹¹ It further confers a significantly increased risk of NAFLD-associated hepatocellular carcinoma.¹² There is now a growing list of genetic variants (including but not limited to GCKR, HSD17B13) linked to NALFD (See 13 for review).

Despite major progress in the understanding of NASH disease biology and large investments made by the pharmaceutical industry, there is today no approved treatment for NASH.¹⁴ There are obvious reasons to explain these failures.¹⁵ First, NASH is a very heterogeneous disease with a complex etiology and in most of the cases a late diagnostic. The complex interplay between NASH and fibrosis disease drivers strongly advocates for combination therapy.¹⁶ Second, some drugs were moved too quickly into Phase 3 with insufficient efficacy demonstration in small Phase 2 trials or overly optimistic interpretation of equivocal results. Furthermore, positive results on the primary endpoint may not be sometimes strengthened by efficacy on secondary endpoints, which could be equally relevant.¹⁵ Third, there are still no noninvasive markers accurately predicting histological outcomes. Finally, the field still suffers from the lack of robust preclinical models both *in vitro* and *in vivo* with improved translational value.¹⁷ Rodent models (based on genetic or dietary manipulations) have been extensively used to validate targets and to document efficacy upon chronic dosing. These models provide early useful information with respect to target engagement in a pathological setting. Unfortunately, they generally do not capture all the features of human NASH and tend to be overly optimistic in predicting efficacy.^{15,18} Nonhuman primates have been extensively used for the evaluation of drugs targeting T2D. However, characterization of an obese T2D nonhuman primate model revealed a NAFL phenotype with limited inflammation and mild fibrosis.¹⁹ In this study, we have tried to tackle the lack of rodent models fully recapitulating human NASH pathophysiology through the development and characterization of a minipig model of NASH and its response to pharmacological intervention. Compared to mice, swine physiology is closer to man, and minipigs have been successfully used to recapitulate both T2D and cardiovascular complications. They are amenable to serial histological examinations on the same set of animals, and therefore, represent an attractive model to perform long-term studies aiming at studying the development of NASH and fibrosis. Indeed, two groups have reported data suggesting that pigs may recapitulate many features of human NASH.^{20,21} Here, we first analyzed the development of NASH and fibrosis in a cohort of Göttingen minipigs fed with either chow or CDAHFD (Choline-deficient Amino acid-defined High Fat Diet) for up to 6 months. Then, we evaluated the pharmacological response to a drug under late clinical development for NASH, namely Obeticholic acid.

METHODS

Animals and Diets

All experimental protocols were approved by the Servier Institutional Animal Care and Use Committee and the French Ministry of Research. Eight-week-old castrated male Göttingen minipigs were provided by Ellegaard (Dalmoose, Denmark). Diets were prepared by Special Diet Services (Witham, United Kingdom). Animals were housed in an air-conditioned room with a controlled temperature (22 ± 1 °C) on a 12-h light/dark cycle (light on at 07:00 AM). Pigs were maintained in groups according to their diet and had unlimited access to fresh drinking water. The chow or standard minipig diet contains reduced protein (13%) and carbohydrate (5%) content, crude oil (2.13%), low metabolizable energy. The CDAHFD (Choline-Deficient Amino Acid defined High Fat Diet) contains crude oil (30.05%), protein (20%), 1% cholesterol, 15.8% fructose, no choline but 0.1% methionine. Banana cream flavor was added to the CDAHFD to increase the diet palatability and to help the animal to eat this diet. One week with the progressive introduction of CDAHFD into the meal was required to habituate the pigs to this diet. The amount of CDAHFD given to the animals represents approximately 75% of the given standard chow in order to have isocaloric intake in both groups. Animals were weighed on a weekly basis.

In the first study, animals were placed under CDAHFD ($n = 9$) or chow diet ($n = 6$) for 6 months. Liver biopsies, as well as plasma samples, were prepared after a 12 h fast every 2 months for histological and biochemical characterization of the response to the diet. Ultrasound-guided liver biopsy was performed under anesthesia and analgesia using a 14G biopsy device and a vacuum-assisted Vacora Biopsy System. Biopsy samples were fixed in 10% formalin or snap-frozen in liquid nitrogen and stored at -80 °C. At the end of the study, liver samples were collected for gene expression studies, and blood was collected for biochemical determination of different circulating parameters (triglycerides, total cholesterol, glycemia, insulin levels) after a 12 h fast.

In the second study (intervention study), animals were either placed on chow ($n = 9$ per group) or CDAHFD ($n = 18$) for 4 weeks. At the end of this induction period, animals fed with CDAHFD were administered Obeticholic acid at 2.5 mg/kg (#AC29217, Purity = 100% from APICHEM, China) (OCA, $n = 7$) or vehicle ($n = 7$) for 8 weeks while remaining on CDAHFD. Plasma and liver samples were collected under anesthesia (Zoletil 100, 5 mg/kg, Virbac, France) and analgesia (Buprecare 20 μ g/kg, AXIENCENCE, France) at the end of the study for subsequent analyses.

Biochemical Analyses

Most of the tested plasma parameters were determined with an automatic biochemical analyzer (Indiko Clinical Chemistry Analyzer, Thermofisher). Insulin levels were

assessed by Elisa (Mercodia Porcine Insulin ELISA kit)). After KOH and MgCl₂ extraction, liver TG levels were measured using a commercially available kit (TRIGLYCERIDES, Thermo Fisher Diagnostics). After extraction using the lipid extraction kit from Biovision, liver total cholesterol levels were determined with the Total cholesterol and Cholesteryl Ester Colorimetric Assay Kit II (Biovision).

Histological Analyses

Formalin-fixed, paraffin-embedded livers were sliced into 3- μ m sections. Hematoxylin and Eosin (H&E) staining () was performed to investigate liver histology, and Picro Sirius Red staining was used for liver fibrosis assessment. NAFLD Activity Score (NAS) and fibrosis stage were determined by two double-blinded persons using the NASH CRN scoring system.⁴² For hepatocellular steatosis, livers were classified into scores 0 to 3 (0: <5% of hepatocytes presenting steatosis, 1: 5–33% of hepatocytes presenting steatosis, 2: 33–66% of hepatocytes presenting steatosis and 3: >66% of hepatocytes presenting steatosis). For lobular inflammation, livers were scored into grades 0 to 3 (0: noninflammatory foci, 1: 1 inflammatory focus, 2: 2 to 4 inflammatory foci, 3: >4 inflammatory foci). Fibrosis was scored into stages from 0 to 4 (0: no fibrosis, 1: perisinusoidal or periportal fibrosis, 2: perisinusoidal and periportal fibrosis, 3: bridging fibrosis or septa, 4: cirrhosis). Analyses were performed at 20 \times and 5 \times magnification for HE and Picro Sirius Red staining, respectively.

Liver RNA Sequencing

Total RNA was extracted using Qiagen RNA extraction kits following the manufacturer’s instructions. RNA concentrations were obtained using nanodrop or a fluorometric Qubit RNA assay (Life Technologies, Grand Island, New York, USA). The quality of the RNA (RNA integrity number) was determined on the Agilent 2100 Bioanalyzer (Agilent Technologies, Palo Alto, CA, USA) as per the manufacturer’s instructions. To construct the libraries, 400 ng of high-quality total RNA sample (RIN >8) was processed using TruSeq Stranded mRNA kit (Illumina) according to manufacturer instructions. Briefly, after purification of poly-A containing mRNA molecules, mRNA molecules are fragmented and reverse-transcribed using random primers. Replacement of dTTP by dUTP during the second strand synthesis will permit to achieve the strand specificity. The addition of a single A base to the cDNA is followed by ligation of Illumina adapters. Libraries were quantified by qPCR using the KAPA Library Quantification Kit for Illumina Libraries (KapaBiosystems, Wilmington, MA), and library profiles were assessed using the DNA High Sensitivity LabChip kit on an Agilent Bioanalyzer. Libraries were sequenced on an Illumina Nextseq 500 instrument using 75 base-lengths read V2 chemistry in a paired-end mode. After sequencing, a primary analysis based on AOZAN software (ENS, Paris) was applied to demultiplex and control the quality of the raw data (based on FastQC modules/version 0.11.5). Obtained FASTQ files were then aligned using STAR algorithm

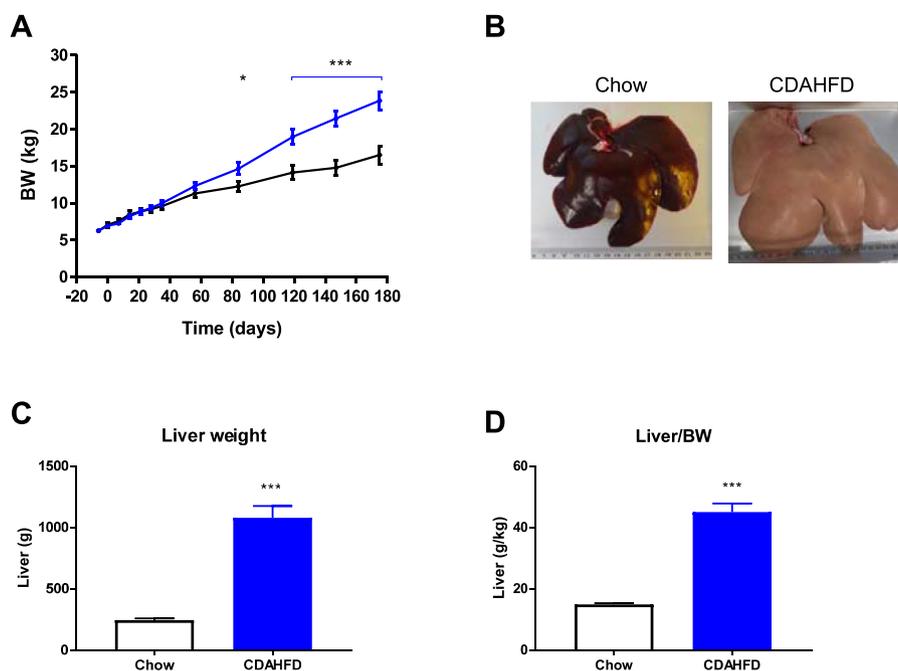


Figure 1 CDAHFD triggers a significant increase in both liver and total body weight. Body weight follow-up (Panel A), liver morphology (Panel B), total liver weight (Panel C), and liver to body weight ratio (Panel D) at the end of the study (chow n = 6 & CDAHFD = 7 per group). Data shown are mean \pm SEM. (*: $P < 0.05$; ***: $P < 0.001$ CDAHFD vs. Chow).

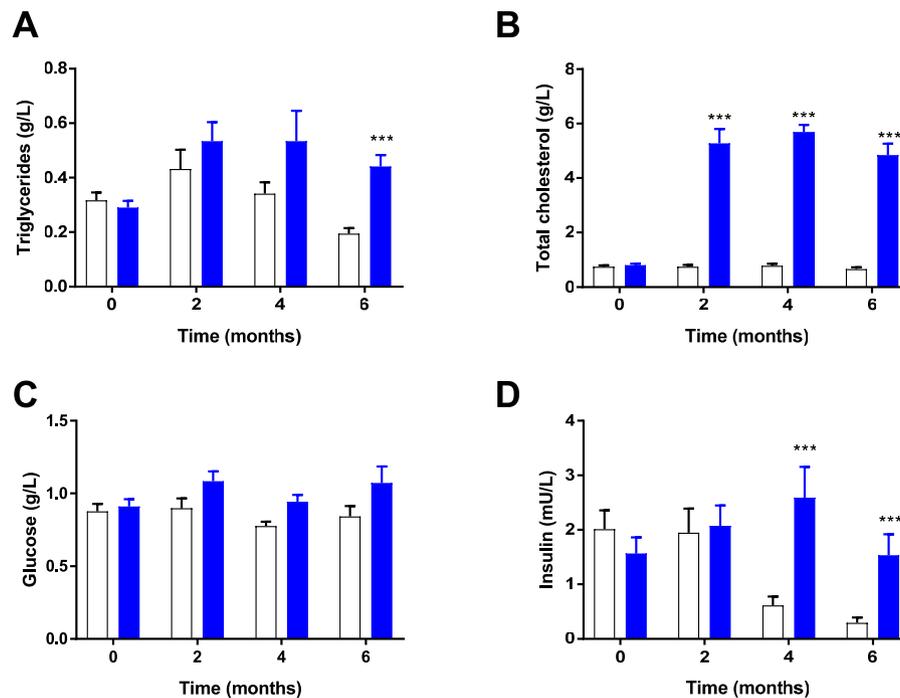


Figure 2 Marked hypercholesterolemia and insulin resistance in response to CDAHFD. Kinetic analysis of plasma triglycerides (Panel A), cholesterol (Panel B), glucose (Panel C), and insulin levels (Panel D) in Chow (n = 6; white bars), and CDAHFD (n = 7, blue bars) fed minipigs. Data shown are mean \pm SEM. (***) $P < 0.001$ CDAHFD vs. Chow.

(version 2.5.2 b) and quality control of the alignment realized with Picard tools (version 2.8.1). Reads were then counted using RSEM, and genes with less than three samples with normalized counts greater than or equal to 10 were filtered out. In the end, our final RNA-Seq data comprises 15,956 genes.

RNA Seq Data Analyses

Data analyses were carried out using R system software (<http://www.R-project.org>, V4.0.4) packages, including those of Bioconductor or original R code. To identify genes differentially expressed between diets, we performed a linear model (lmFit function from limma R package) on the vst transformed gene expression dataset. The resulting P -values were adjusted for multiple hypothesis testing and filtered to retain DE genes with a False Discovery Rate (FDR) adjusted P -value < 0.05 and a $|\text{Fold-Change (FC)}| \geq 1.5$. Enrichment analysis was performed by applying the fast gene set enrichment analysis (fgsea function from fgsea R package) against HALLMARK pathways.

Statistical Analysis

For analysis of body weight as a function of time, a two-way ANOVA with repeated measures on time factor was performed for comparison of diet. For liver and body weight, an unpaired t -test was used after verification of the normal distribution of data for comparison of two groups (Chow

vs. CDAHFD). For the second study, group comparisons were made by one-way ANOVA followed by Dunnett's test using the Prism Software v7 (GraphPad Software). A P value less than 0.05 was considered statistically significant. Results are expressed as mean \pm SEM.

RESULTS

In the first study, we analyzed the development of NASH and fibrosis in a cohort of Göttingen minipigs fed with either chow or CDAHFD for up to 6 months. Plasma samples and liver biopsies were collected every 2 months in both groups for biochemical and histological analyses, respectively. CDAHFD triggered progressive and significant obesity that became pronounced after 4 months of diet (Figure 1A) despite a similar isocaloric food consumption between groups. CDAHFD induced a marked liver enlargement, as depicted in Figure 1B, which remained significant after normalization to total body weight (Figure 1C-D). Of note, livers from CDAHFD animals were pale, suggesting steatosis (Figure 1B). During the study, two animals in the CDAHFD group had to be euthanized for ethical reasons at weeks 16 and 18. This was due to severe body weight loss secondary to reduced appetite. At necropsy, those animals displayed clear anemia and liver failure. Results from these minipigs were not included in the statistical analyses. Analysis of the blood chemistry revealed a pronounced dyslipidemia with marked

hypercholesterolemia in response to CDAHFD (Figure 2B) while triglycerides levels were not largely modified in response to the NASH diet even if they reached statistical significance at the end of the study (Figure 2A). Diet-induced hypercholesterolemia reached its peak as early as 2 months after initiation of the diet. While glucose levels were not modified, CDAHFD resulted in increased plasma insulin levels after 4 and 6 months of diet compared to chow-fed animals (Figure 2D). Moreover, fructosamine levels were also significantly elevated at the end of the study in the CDAHFD group compared to controls (489 ± 37 vs. 371 ± 8 , $P < 0.001$) in line with the insulin results. These results, taken together, results suggest that the CDAHFD diet triggered the development of insulin resistance. Blood chemistry results confirmed severe liver dysfunction with elevated AST, direct and total bilirubin levels as early as 2 months after diet initiation (Figure 3BCD). By contrast, ALT levels were not significantly altered by the diet throughout the study (Figure 3A).

HE staining of liver biopsies revealed a rapid development of steatosis, with more than 60% of the hepatocytes displaying lipid vesicles, as early as 2 months after initiation of CDAHFD with large lipid droplets throughout the liver parenchyma (Figure 4A). There was no further increase in steatosis with time (Figure 4B). Lobular inflammation and limited hepatocellular ballooning (with a

time-dependent increase) were also noticed (Figure 4C–D), which translated into a NAS score around 4 after 2 months of CDAHFD. This NAS score, mainly driven by steatosis, did not increase with time. Next, fibrosis was assessed by Sirius Red staining (Figure B). CDAHFD induced a progressive development of both perisinusoidal and portal fibrosis at month 4, reaching fibrotic septa at month 6, with 100% of the animals developing severe fibrosis (Figure 5B–C).

In order to better understand the molecular mechanisms involved in CDAHFD-induced NASH and fibrosis, RNA Seq analysis was performed on liver total RNA at the end of the study. Principal component analysis of RNA Seq data showed a clear separation between groups revealing major transcriptional changes between CDAHFD and chow-fed animals (Supplementary Fig. 1). A total of 5033 genes were found differentially expressed (2747 up and 2286 down) between CDAHFD and chow-fed animals (fold change >1.5 , FDR-adjusted P value <0.05) (Figure 6AB). Among the differentially expressed genes, we found major players involved in NASH and fibrosis development, such as regulators of lipid metabolism (cholesterol metabolism, *de novo* lipogenesis, Supplementary Fig. 2), inflammation (inflammasome, chemotaxis, Supplementary Fig. 3) and fibrosis (Acta2, Collagens, TGFB1, Supplementary Fig. 4). It is noteworthy

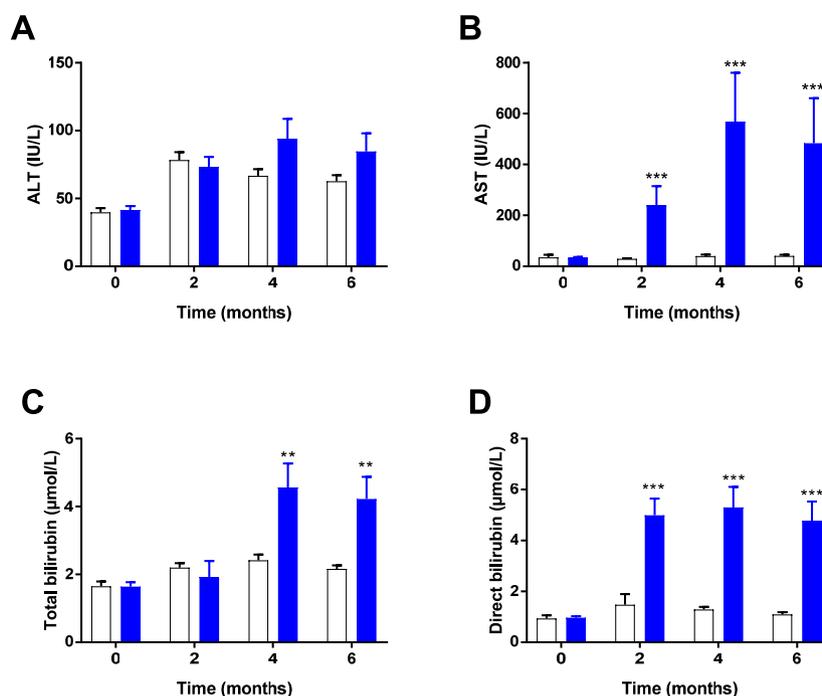


Figure 3 Rapid and significant liver dysfunction in response to CDAHFD. Kinetic analysis of plasma liver enzymes (Panel A&B), total and direct bilirubin levels (Panel C&D) in Chow (n = 6; white bars), and CDAHFD (n = 7, blue bars) fed minipigs. Data shown are mean \pm SEM. (**: $P < 0.01$; ***: $P < 0.001$ CDAHFD vs. Chow).

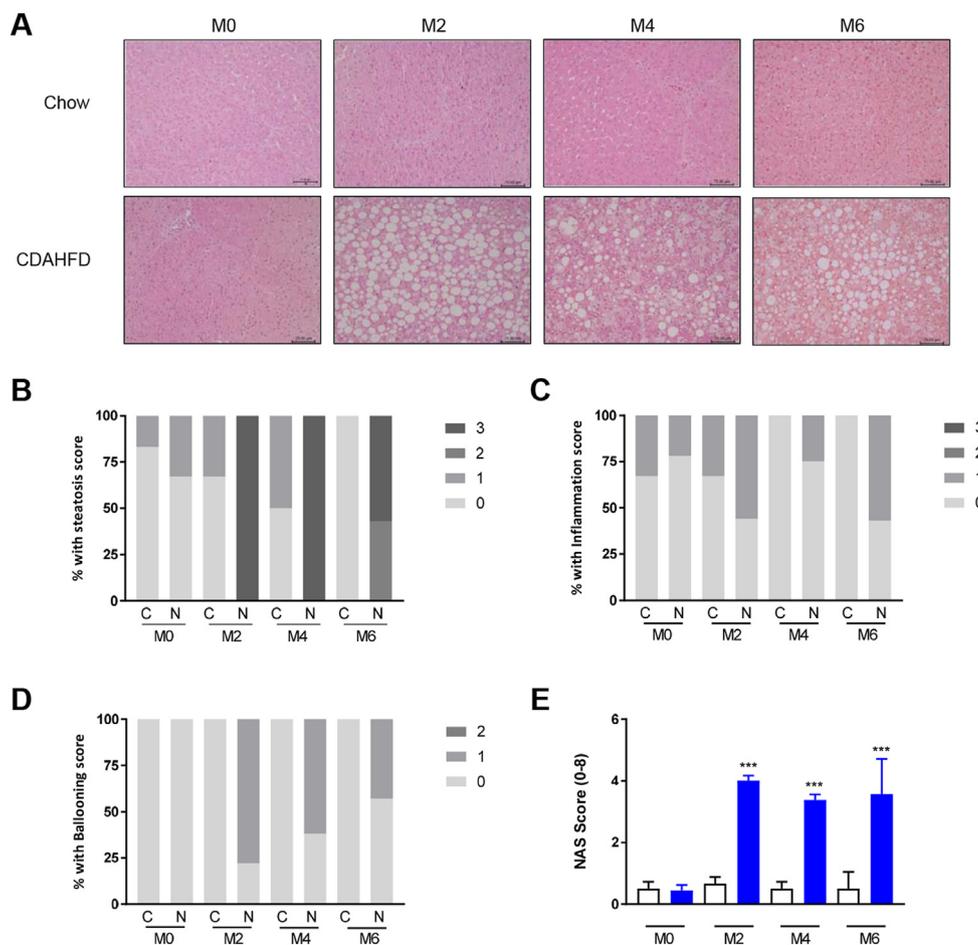


Figure 4 Pronounced steatosis and limited inflammation in response to CDAHFD. Representative images from HE staining (Panel A), histological analyses (Steatosis Panel B; Inflammation Panel C; Ballooning Panel D), and NAS score determination (Panel E) in Chow ($n = 6$; white bars), and CDAHFD ($n = 7$, blue bars) fed minipigs. Data shown are mean \pm SEM. (***) $P < 0.001$ CDAHFD vs. Chow).

that these gene modulations were pronounced with very significant P values. These transcriptional changes were further explored by gene set enrichment analysis (Figure 6C). Again, key pathways involved in NASH pathophysiology were identified, such as an inflammatory signature (Interferon response, JAK-STAT3 signaling, TNFA signaling), fibrosis (Epithelium Mesenchymal Transition), lipid (fatty acid, cholesterol, and bile acid metabolism), and mitochondrial dysfunction (oxidative phosphorylation). Ingenuity Pathway Analysis (Qiagen) was then used to determine upstream regulators responsible for these gene modulations (Supplementary Table 1). As expected, key transcription factors/pathways controlling the expression of proinflammatory and profibrotic genes (NFKB and TGFB, respectively) were found activated. By contrast, regulators of lipid metabolism (cholesterol homeostasis, beta-oxidation) and hepatic gene transcription were found inhibited (PPARA, SREBF2) (Supplementary Table 1). Taken together, the results from biochemical, histological, and gene expression analyses indicate that CDAHFD induced in the Göttingen

minipig the development of NASH with progressive fibrosis associated with features of the metabolic syndrome.

Having characterized the kinetics of development of diet-induced NASH and fibrosis in the minipig fed CDAHFD, we next evaluated the pharmacological response to a drug under late clinical development for NASH. Obeticholic acid (OCA), a bile acid Farnesoid X Receptor (FXR) agonist, is approved for the treatment of Primary Biliary Cholangitis (marketed as OCALIVA) and has demonstrated significant efficacy on fibrosis (improvement >1 stage) with no worsening of NASH.²² Preliminary pharmacokinetic analysis led to the selection of 2.5 mg/kg/day as the dose to be tested in the minipig to match clinical exposure obtained at the 25 mg dose,²³ a dose resulting in significant improvement of fibrosis in patients with NASH (See Supplementary Table 2). In this intervention study, minipigs were either fed CDAHFD ($n = 18$) or chow ($n = 9$) for 4 weeks to initiate NASH development. Then, CDAHFD-fed animals were randomized to receive either OCA (2.5 mg/kg/d) or vehicle

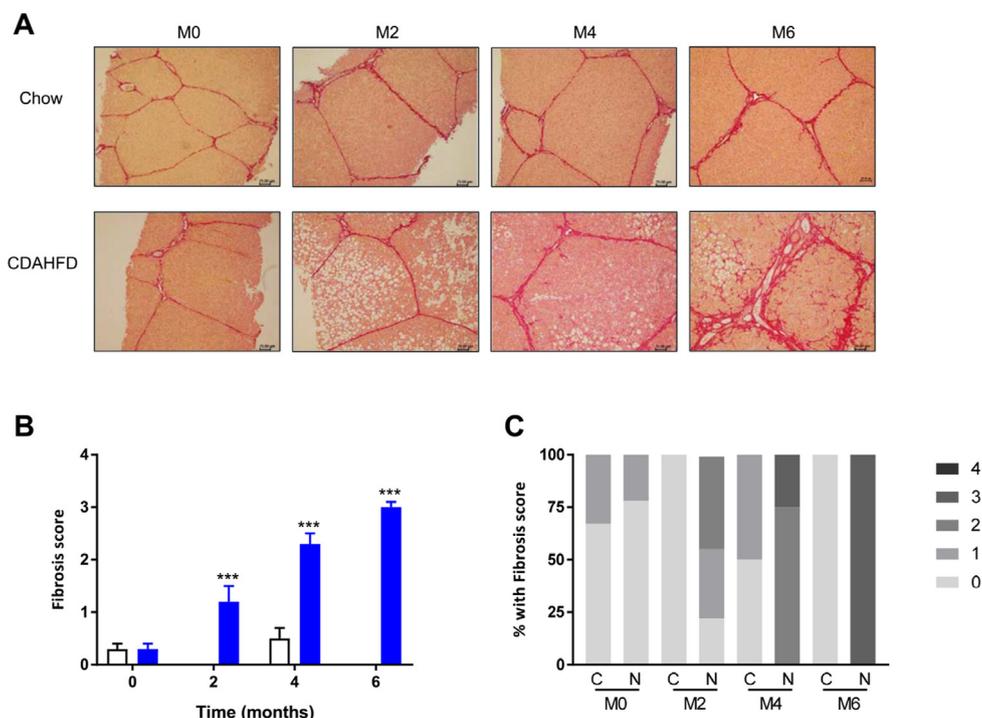


Figure 5 Time-dependent increase in liver fibrosis in response to CDAHFD. Representative pictures of Sirius red stained liver samples (Panel A). Fibrosis score (Panel B) and distribution of animals according to score (Panel C) in Chow (n = 6; white bars), and CDAHFD (n = 7, blue bars) fed minipigs. Data shown are mean ± SEM. (***: $P < 0.001$ CDAHFD vs. Chow).

for 8 weeks while staying on the very same diet. As expected, CDAHFD induced a significant weight gain compared to chow, in line with our first study at week 12. OCA treatment was well tolerated, although some

pigs demonstrated fatigue and digestion problems during few days after treatment induction (side effects that are observed in patients treated with OCA). Interestingly, there was no significant impact of OCA treatment on total body

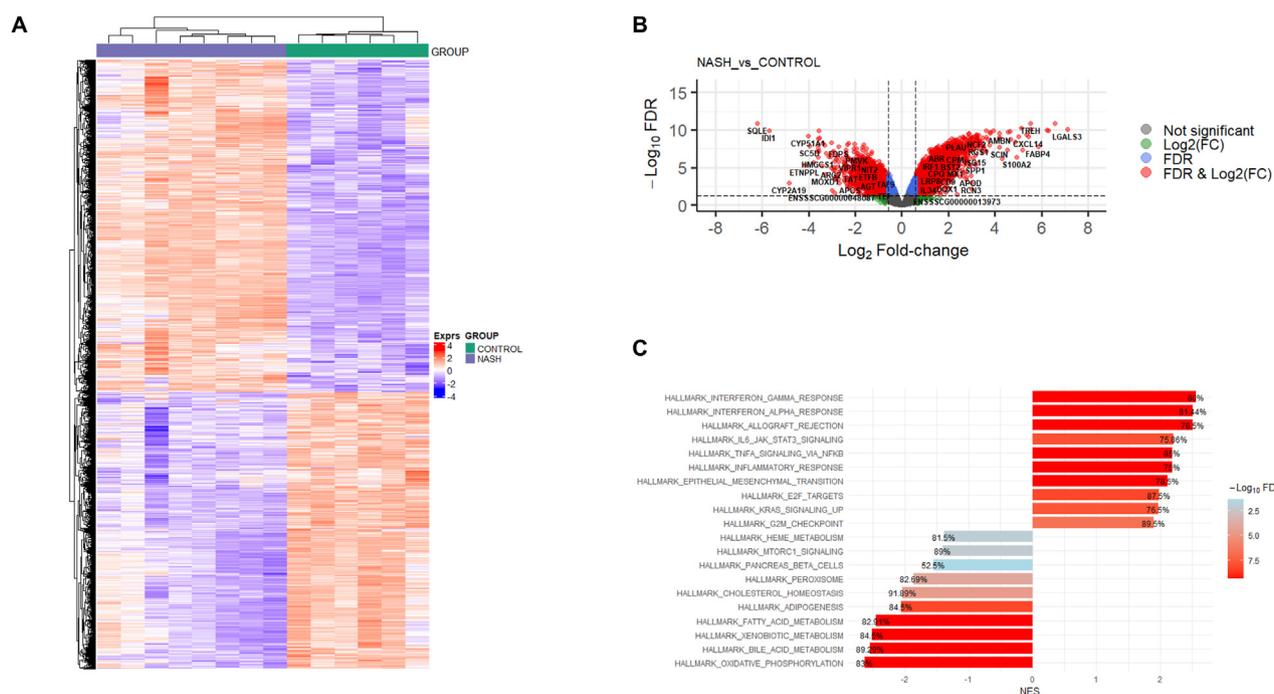


Figure 6 RNA Seq analysis of liver samples at the end of the study. Heatmap (Panel A), volcano plot (Panel B), and GSEA (Panel C), of differentially expressed genes from CDAHFD compared to Chow (Fold change cutoff >1.5; FDR-adjusted P -value cutoff: 0.05).

weight nor on liver enlargement (Figure 7). Analysis of blood chemistry confirmed the significant impact of CDAHFD on insulin resistance (Figure 8A–C), dyslipidemia (Figure 8D–E), and liver dysfunction (Figure 8F–I) compared to chow-fed animals in line with our first study. Again, OCA at the dose tested failed to elicit any meaningful changes on all the analyzed parameters. A small but nonsignificant increase in total cholesterol was nevertheless observed (Figure 8E). CDAHFD triggered a massive accumulation of both triglycerides and cholesterol in the liver (Figure 9A–B). Nonsignificant reductions of both intrahepatic cholesterol and triglycerides levels were recorded in response to OCA. The trend was clear, but it did not reach statistical significance likely due to the small groups' size ($n = 7$ per group).

Histological analyses confirmed our initial findings, CDAHFD triggering a rapid and significant NASH installation followed by the development of progressive fibrosis. 12 weeks of diet resulted in a NAS score of around 4 and a fibrosis score of around 2 (Figure 9C–E), in line with our first study (Figures 4–5). Interestingly OCA treatment significantly reduced the development of fibrosis (>1 point) without affecting NASH progression (no reduction in NAS score). These results, taken together, indicate that OCA treatment reduced fibrosis in a minipig model, thereby validating this new model at the pharmacological level.

DISCUSSION

Here, we report the development, characterization, and pharmacological validation of a preclinical model of NASH associated with fibrosis in the Göttingen minipig.

CDAHFD triggered insulin resistance associated with obesity, marked hypercholesterolemia, and liver dysfunction as measured by increased bilirubin and AST levels (Figures 1–3). However, CDAHFD did not trigger plasma hypertriglyceridemia, a hallmark of human NAFLD likely due to the use of a choline-deficient diet. Histological analyses revealed the rapid installation of NASH mainly driven by steatosis and immune cell infiltration within the lobule. Some hepatocellular ballooning was observed after 2 months of treatment and onward (Figure 4). Last but not least, we observed a time-dependent increase in both perisinusoidal and portal fibrosis (between 2 and 4 months of diet), reaching cirrhosis at month 6, with 100% of the animals developing severe fibrosis (Figure 5). All these results were confirmed at the molecular level by RNA Seq and subsequent GSEA (Figure 6). Our results indicate the CDAHFD-fed Göttingen minipig captures many features of human NASH, or more specifically, Metabolic Associated Fatty Liver Disease (MAFLD).²⁴ Our results are largely in line with previous data generated by Pedersen and colleagues.²¹ In their work, they compared the ability of several diets to trigger NASH in the Göttingen minipig. Among the tested diets was CDAHFD with either sucrose or fructose. However, animals were placed on the different diets for only 8 weeks, which prevented them from observing obesity and the associated insulin resistance that appeared after more than 10 weeks of diet in our study (Figure 1). Furthermore, histological lesions were logically more pronounced in our model. In general, the phenotype they observed was less marked and likely due to the shorter exposure to the diet²¹ but highly consistent with respect to results obtained at 8 weeks suggesting the robustness of the model. This choline-deficient diet seems to be the

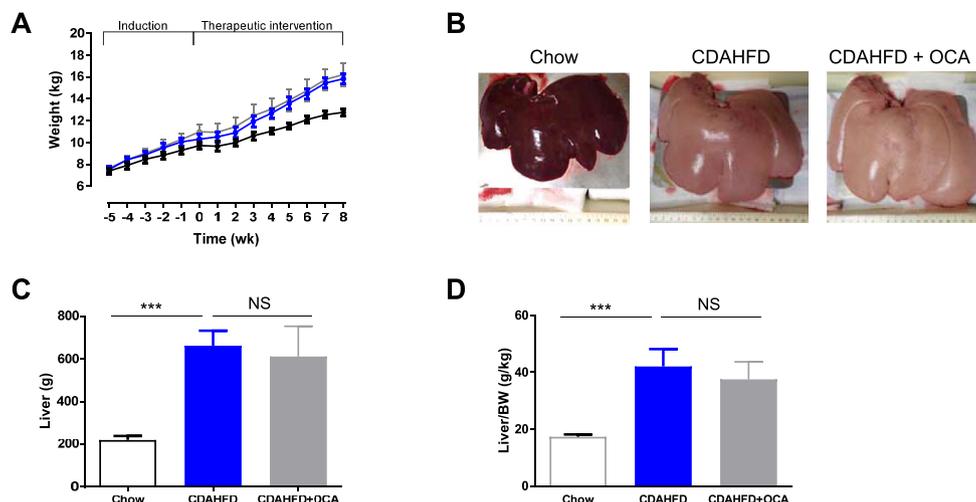


Figure 7 OCA treatment had no significant impact on body weight gain nor liver enlargement. Body weight follow-up (Panel A), liver morphology (Panel B), total liver weight (Panel C), and liver to body weight ratio (Panel D) at the end of the study in chow (white bar $n = 8$); CDAHFD (blue bar $n = 8$) and CDAHFD + OCA (grey bar $n = 6$). Data shown are mean \pm SEM. (***) $P < 0.001$ CDAHFD vs. Chow; NS: nonsignificant).

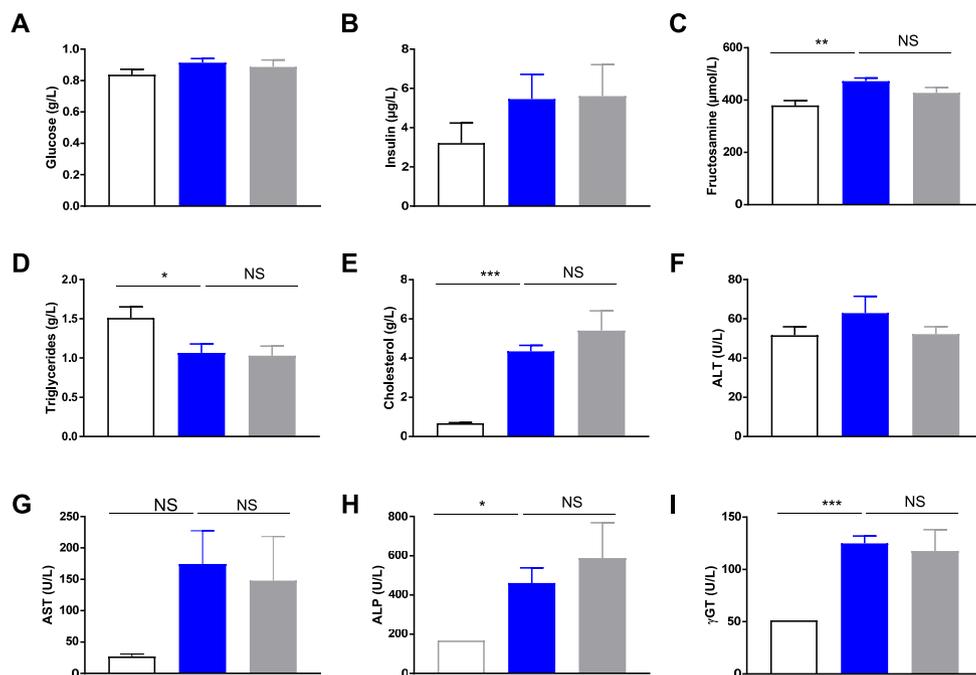


Figure 8 No impact of OCA treatment on insulin resistance, dyslipidemia and liver dysfunction in CDAHFD fed minipigs. Plasma glucose (A), insulin (B), fructosamine (C), TG (D), cholesterol (E), ALT (F), AST (G), ALP (H), and γGT (I) levels were measured at the end of the study. Data shown are means ± SEM (chow white bar n = 8; CDAHFD blue bar n = 8, CDAHFD + OCA grey bar n = 6). *: $P < 0.05$, **: $P < 0.01$, ***: $P < 0.001$ CDAHFD vs. Chow.

most appropriate to trigger human-like NASH phenotype compared to other tested previously, such as the fructose cholesterol diet (FFC).²⁵ Indeed, prolonged exposure to the FFC diet with or without streptozotocin-induced diabetes failed to trigger the development of steatosis and hepatocellular ballooning, key characteristics of the human disease.²⁵ Other strains of pigs were previously investigated.²⁰ Off note, the Ossabaw miniature swine that shares many features of human metabolic syndrome has been shown to develop NASH in response to a Western diet (fructose-based atherogenic diet)^{20,26} Interestingly, there was no evidence of macrovesicular steatosis or lobular inflammation in response to this diet (which contains choline and methionine) whatever the duration of the study.^{20,26} The CDAHFD-fed Göttingen minipig appears therefore as the swine model capturing most of the human NASH features.

One major objective of this work was to develop and characterize the development of NASH and fibrosis in this model but also to try to validate it using a drug. OCA was selected as the drug to be evaluated since it is the most advanced drug in development for NASH with clear efficacy demonstrated in placebo-controlled phase 3 trial in patients with NASH and fibrosis (F2-F3).²² OCA was administered to CDAHFD-fed Göttingen minipigs for 8 weeks at

2.5 mg/kg, a dose selected to match clinical exposure achieved at 25 mg dose tested in the REGENERATE study. OCA treatment was well-tolerated throughout the study. Interestingly, OCA treatment failed to significantly improve CDAHFD-induced liver dysfunction (Figures 7-8). Furthermore, a nonsignificant increase in total cholesterol (+24%) was observed in line with what was initially reported in patients.²⁷ Nonsignificant reductions in both liver TG and cholesterol levels were noticed (Figure 9). Finally, histological analyses revealed that OCA treatment significantly reduced fibrosis without affecting NASH progression as measured by NAS score (Figure 9). These results are reminiscent of findings of the REGENERATE trial.²² In this trial, OCA (25 mg) met the primary endpoint of improvement in fibrosis with no worsening of NASH in patients with stage F2 or F3 fibrosis at the month-18 interim analysis. It is unclear why OCA failed to improve NASH resolution in this population while early data derived from the FLINT trial were very encouraging.²⁷ These robust antifibrotic properties were documented in rodent preclinical models.^{28,29} Interestingly, the very same rodent models revealed the major impact of OCA on NASH progression with treatment reducing both steatosis and inflammation in stark contrast to what was observed in our model. It is tempting to speculate that major differences with respect

NAFLD

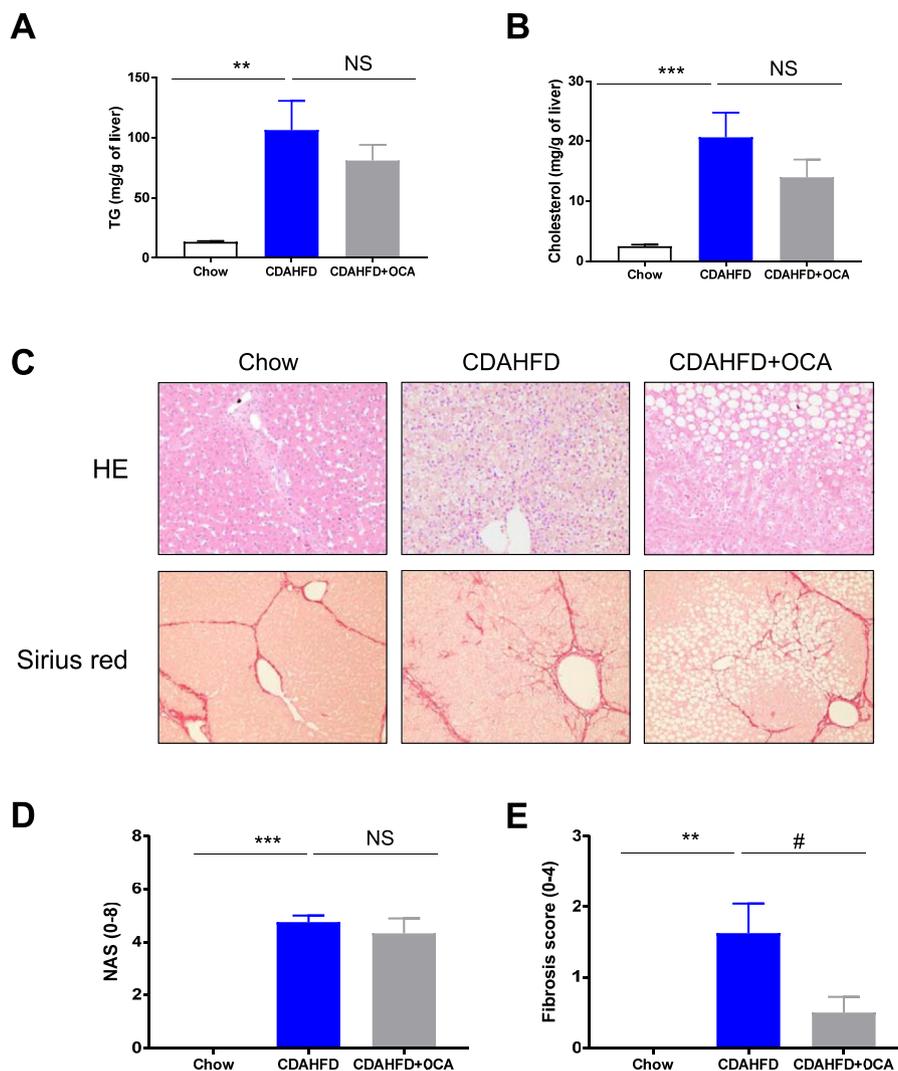


Figure 9 Significant impact of OCA on fibrosis but not NASH in minipigs fed with CDAHFD. Liver TG (Panel A) and cholesterol levels (Panel B) were determined at the end of the study. Representative pictures of HE and/or Sirius red stained liver samples at the end of the study (Panel C). NAS (Panel D) and Fibrosis (Panel E) scores. Data shown are mean \pm SEM. (chow white bar $n = 8$; CDAHFD blue bar $n = 8$, CDAHFD + OCA grey bar $n = 6$). ***, $P < 0.001$ CDAHFD vs. Chow; #, $P < 0.05$ CDAHFD + OCA vs. CDAHFD.

to lipid metabolism such as lack of CETP expression may account for such discrepancies as proposed by Briand and colleagues.³⁰ Indeed, pigs are considered as predictive models for the study of human lipoprotein metabolism and cardiovascular disease.^{31,32} Nevertheless, more studies are required to determine the overall translational value of the CDAHFD-fed Göttingen minipig.

Transcriptomic analyses revealed major alterations in gene expression in response to CDAHFD (Figure 6) and confirmed the involvement of well-known drivers of human NASH and fibrosis pathophysiology, including but not limited to inflammation, fibrosis, cholesterol meta-

bolism, and mitochondrial dysfunction. It is noteworthy that we found dysregulated in our dataset most of the genes comprised in a recently reported gene signature predicting clinical NAFLD severity.³³ For instance, *GDF15* that is highly upregulated in the CDAHFD-fed minipig model (Supplementary Fig. 3) has been proposed as a potential biomarker of advanced fibrosis.³⁴ Furthermore, bioinformatic analyses performed using Ingenuity Pathway Analysis led to the identification of upstream regulators that are also well known to play a role in human disease progression (Supplementary Table 1). Among these, *PPAR α* that is known as a protective factor and potential

drug target for the treatment of NASH³⁵ is predicted to be inhibited in this study as expected. These transcriptional changes, taken together, underscore the translational value of the minipig model.

The CDAHFD-fed Göttingen minipig model captures many features of MAFLD and offers the possibility to conduct serial histological examination during longitudinal studies, which are key shortcomings of rodent models.¹⁸ To further model human disease pathophysiology, it would be interesting to introduce key gene mutations associated with the development of NASH and/or fibrosis and using the Crispr/Cas9 system as recently described by Coutts and colleagues in the Ossabaw swine model for PNPLA3.³⁶ Furthermore, it is even now possible to follow disease progression using noninvasive imaging techniques that are currently used in the clinic. Moreover, this model can also be used to monitor the impact of the disease or the response to a given treatment on cardiovascular readouts. Minipigs are used to study cardiovascular complications and might provide an opportunity to better understand at the preclinical level the impact of liver fibrosis on the development of cardiomyopathy and cardiac arrhythmias (See³⁷ for review). However, such a model presents some limitations such as costs and logistical challenges and requires specific expertise. Rodent models, therefore, remain essential in the drug development process from target validation using genetics to drug evaluation. Recently published models seem to focus much more on human translatability^{38–41} and may provide new insights into our understanding of the disease and mechanism of action of drugs.

In conclusion, the CDAHFD-fed Göttingen minipig is a model recapitulating most of the features of human MAFLD and represents an attractive option to assess candidate drug's efficacy. Further studies, including multiomic approaches, as well as testing drugs with various mechanisms of action and combinations, are required to further establish its translational value.

CREDIT AUTHORSHIP CONTRIBUTION STATEMENT

VD and PD designed experiments and supervised the work. SC, OB, AH, LL, KM, NL, LG, KL, LA, and AH performed all the experiments. JG, FL, VP, NP, VD, and DV contributed to both data and statistical analyses. ELH, TB, NDP, and AB coordinated the work. VD, VP, DV, and PD wrote the manuscript.

CONFLICTS OF INTEREST

VD, SC, OB, AH, LL, KM, NL, LG, KL, NP, ELH, TB, NDP, JG, and PD are employees of Servier. LA, FL, AH, DV, AB, and VP have declared that no conflict of interest exists.

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SUPPLEMENTARY DATA

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.jceh.2021.09.001>.