

Expression profile and diagnostic value of circRNAs in peripheral blood from patients with systemic lupus erythematosus

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Abstract. Circular RNAs (circRNAs) have gained attention due to their performance in disease diagnosis. However, the characteristics of circRNAs in peripheral blood from patients with systemic lupus erythematosus (SLE) remain unknown. Therefore, the aim of the present study was to determine the expression profile and diagnostic potential of circRNAs in peripheral blood from patients with SLE. The global circRNA expression in the peripheral blood of patients with SLE and healthy controls (HCs) was detected using a circRNA microarray. Then, the expression levels of three upregulated circRNAs were selected for further validation by reverse transcription-quantitative PCR (RT-qPCR) in a training set. Moreover, the diagnostic value of these circRNAs was assessed by constructing a receiver operating characteristic curve, and then verified in a blind testing set. In total, 1,566 circRNAs were identified to be dysregulated between patients with SLE and HCs (≥ 2 fold change, $P < 0.05$). Furthermore, the RT-qPCR results were consistent with the microarray data, in that all three selected circRNAs, hsa_circ_0082688, hsa_circ_0082689 and hsa_circ_0008675, were significantly upregulated in patients with SLE ($P < 0.05$). Results from the training set demonstrated that the combination of hsa_circ_0082688-hsa_circ_0082689 may provide the most beneficial diagnostic potential. Moreover, the blind test results indicated that the combination model

of hsa_circ_0082688-hsa_circ_0082689 could effectively discriminate between patients with SLE from patients with rheumatoid arthritis and HCs, with a sensitivity of 91.30%, a specificity of 78.57% and an accuracy of 82.28%. Moreover, the combination model of hsa_circ_0082688-hsa_circ_0082689 + anti-dsDNA could more effectively discriminate the SLE group from the control groups, with a sensitivity of 95.65%, a specificity of 100.00% and an accuracy of 98.73%. In addition, correlation analysis results suggested that all three circRNAs in patients with SLE did not correlate with the SLE disease activity index. In conclusion, the expression levels of hsa_circ_0082688-hsa_circ_0082689 may serve as potential biomarkers for SLE diagnosis.

Introduction

Systemic lupus erythematosus (SLE) is an autoimmune disease characterized by the production of auto-antibodies, forming immune complexes and potentially causing life-threatening renal, cardiac or brain damage (1,2). Due to the heterogeneous clinical manifestations and unpredictable disease course, accurate diagnosis is important for correct treatment and good prognosis of patients with SLE; however, the accurate diagnosis of SLE is difficult due to this heterogeneity of clinical manifestations and the ambiguity of the pathogenesis (3-6). Currently, there is a lack of sensitive and specific diagnostic methods for SLE, but there have been an increased number of studies investigating novel biomarkers for improved SLE diagnosis (7-9).

Circular RNAs (circRNAs) are a type of closed circular non-coding RNA (10,11). Moreover, as circRNAs do not have 5' or 3' ends, they are resistant to exonuclease-mediated degradation and are more stable compared with most linear RNAs (12). Recently, circRNAs have received increasing interest due to their potential in regulating gene expression, mainly by acting as 'microRNA (miRNA/miR) sponges' to sequester target miRNAs (13-15). Furthermore, aberrant expression of circRNAs has been revealed to occur in numerous diseases,

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such as atherosclerotic vascular disease, neurological disorders, prion diseases, cancer and autoimmune diseases (16-19). While the 'sponge' function of circRNAs has been the focus of research, several other circRNA roles have also been studied.

Previous studies have reported that high levels of circRNAs are widely distributed in the cytoplasm, nucleus and a variety of body fluids, including saliva and blood (20,21), and often demonstrate tissue and developmental stage-specific expression (13,22,23). Due to their high abundance, stability, tissue-specific expression and easily availability, circRNAs possess the potential to serve as biomarkers for diseases diagnosis. For example, Zhao *et al* (24) revealed that hsa_circ_0054633 in peripheral blood could be used as a new biomarker for pre-diabetes and type 2 diabetes mellitus. Moreover, Zhao *et al* (25) identified that peripheral blood hsa_circ_0124644 can be used as a diagnostic biomarker of coronary artery disease.

Our previous study showed that there are several differentially expressed circRNAs in peripheral blood mononuclear cells (PBMCs) between patients with SLE and healthy controls (HCs), and that certain differentially expressed circRNAs may have roles in the pathogenesis of SLE (26). Therefore, the aim of the present study was to assess the potential of circRNAs as biomarkers for SLE diagnosis in peripheral blood samples, which is a sample that is relatively simple for collection and preprocessing.

Materials and methods

Patients and ethics statement. Patients who fulfilled the revised American College of Rheumatology criteria for SLE (27) were recruited from The First Affiliated Hospital of Nanchang University between November 2016 and September 2017. Disease activity was assessed using the SLE disease activity index (SLEDAI) (28). Patients with SLE were classified into an inactive group (SLEDAI, 0-9) and an active group (SLEDAI, ≥ 10) according to the SLEDAI (28). Healthy volunteers unrelated to the patients with SLE and who had no inflammatory or autoimmune diseases were recruited as HCs. As an autoimmune disease control, patients with rheumatoid arthritis (RA) who fulfilled the revised American College of Rheumatology criteria for RA (29) were enrolled from The First Affiliated Hospital of Nanchang University between November 2016 and September 2017. The samples for this study were stored (immediately after collection) in the Department of Clinical Laboratory, The First Affiliated Hospital of Nanchang University.

This study was approved by the Ethics Committee of The First Affiliated Hospital of Nanchang University (approval no. 2014003) and was performed in compliance with the Helsinki Declaration (30).

Samples collection and total RNA extraction. Blood sample collection was performed as follows: After overnight fasting, 2 ml blood was collected from the median cubital vein of each subject and then stored in EDTA anticoagulant vacutainers. Total RNA was extracted within 4 h using TRIzol® (Invitrogen, Inc.; Thermo Fisher Scientific, Inc.) reagent according to the manufacturer's instruction. The concentration and quality of the RNA were assessed by absorbance spectrometry

measuring absorbance ratios of A260/A280 and A260/A230, respectively, using a NanoDrop ND-1,000 spectrophotometer (Agilent Technologies, Inc.).

Microarray analysis. Equal amounts of RNA from three patients with SLE were collected in a SLE sample for microarray experiment. Equal amounts of RNA from three HCs were also collected in a HC sample for microarray experiment. Sample labeling and array hybridization were performed according to the manufacturer's protocol (Arraystar, Inc.). Total RNA was digested with RNase R (Epicentre, Inc.) to remove linear RNAs and enrich circRNAs. The enriched circRNAs were amplified and transcribed into fluorescent circRNAs using a random priming method (Arraystar Super RNA Labeling kit; Arraystar, Inc.). Then, the labeled circRNAs were hybridized to the Arraystar Human circRNA Microarray (version 2.0; 8 x 15K; Arraystar, Inc). After washing the slides, the arrays were scanned with an Agilent Scanner G2505C (Agilent Technologies, Inc.). Then, Agilent Feature Extraction software (version 11.0.1.1) (Agilent Technologies, Inc.) (19) was used to analyze the acquired array images. Quantile normalization and subsequent data processing were performed using R software package (R version 3.1.2) (Agilent Technologies, Inc.) (19). Ggplot2 (version R-3.3.2; r-project.org/) was used to create a heat map. The microarray work was performed by KangChen Bio-Tech (Shanghai, China).

Reverse transcription-quantitative PCR (RT-qPCR) analysis. Total RNA was reverse transcribed into cDNA using a PrimeScript™ RT reagent kit (Takara Bio, Inc.). The RT reaction was performed in a 10 μ l reaction containing 5X PrimeScript™ Buffer, 1.0 μ l RT specific primer, 0.5 μ l PrimeScript™ RT Enzyme Mix and 5.0 μ g total RNA. The RT assay was set at an initial denaturation step at 37°C for 15 min, followed by 85°C for 5 sec. qPCR was then performed on an ABI 7,500 RT PCR system (Applied Biosystems; Thermo Fisher Scientific, Inc.), using SYBR® Premix Ex Taq™ II (Takara Bio, Inc.). The following PCR conditions were used: Initial denaturation at 95°C for 5 min, followed by 40 cycles at 95°C for 15 sec and 60°C for 1 min, then a melt curve was detected to assess the specificity of amplification and lack of primer dimers. The primers used for RT-qPCR are presented in Table I. β -actin was used as an internal control. After the reactions, the Cq values were determined using the fixed threshold settings. The relative expression of circRNAs was calculated using the $2^{-\Delta\Delta Cq}$ method (31) normalized to endogenous control, with $\Delta Cq = Cq_{\text{target}} - Cq_{\text{reference}}$.

Blood routine, serum inflammatory indicators and autoantibodies determination. The concentrations of serum C3, C4 and C-reactive protein (CRP) were determined by nephelometry methods, according to the manufacturer's instructions (IMMUNE800; Beckman Coulter, Inc.). Erythrocyte sedimentation rate (ESR) and blood routine were also determined according to the manufacturer's instructions.

The antinuclear antibody was detected using an indirect immunofluorescence method according to the manufacturer's instructions (Euroimmun AG). Anti-dsDNA of IgG in serum was determined by using both an indirect immunofluorescence method (Euroimmun AG) and ELISA kits (cat.

Table I. Specific circRNA primers used for reverse transcription-quantitative PCR.

Name	Sequence
hsa_circ_0008675	Forward: 5'-GGAAGCCTTGCAGTTTGCTC-3' Reverse: 5'-AGCATTGGCTGGTGGGTTAT-3'
hsa_circ_0082689	Forward: 5'-GTCCCCAAACACTCTTAGCCA-3' Reverse: 5'-CACACTCAGGTTGTGTTCGG-3'
hsa_circ_0082688	Forward: 5'-TGCCGTATCGATGGCAATTC-3' Reverse: 5'-ATAGCTCAGGTGGTCAACGC-3'
β -actin	Forward: CATGTACGTTGCTATCCAGGC Reverse: CTCCTTAATGTCACGCACGAT

circRNA, circular RNA.

no. KX-E-DSD01096; Shanghai Kexin Biotech Co., Ltd.). Anti-extractable nuclear antigens (ENAs) antibodies including anti-sjögren syndrome A antigen antibody (anti-SSA), anti-sjögren syndrome B antigen antibody (anti-SSB), anti-Ro52, anti-Smith antibody (anti-Sm), anti-nuclear ribonucleoprotein/Smith antibody (anti-nRNP/Sm), anti-ribosomal protein P (anti-RIB-P), anti-histone and anti-nucleosome antibody were determined using line immunoassays kits (cat. no. DL 1590-6401-3G; Euroimmun AG) according to the manufacturer's instructions. The results of anti-ENAs detection were presented as negative (-) or positive (+, ++, +++) using EuroBlot One (Euroimmun AG).

Statistical analysis. Statistical analysis and graphic presentation were conducted with GraphPad Prism version 5.0 (GraphPad Software, Inc.) and SPSS version 16.0 (IBM Corp.). Student's t-test was used with normalized data, while the non-parametric Mann-Whitney test was used to analyze data that did not pass the normality test. A Kruskal-Wallis test was used in comparisons between three groups and Dunns post hoc test was used following the Kruskal-Wallis test. Moreover, the Pearson's method or the non-parametric Spearman's method were used for correlation analysis. The cut-off values were determined by receiver operating characteristic (ROC) curves analysis using GraphPad Prism version 5.0; ROC curves were performed to evaluate the diagnostic value of circRNAs that were dysregulated in the peripheral blood of patients with SLE compared to HCs. A parallel model was used to evaluate the diagnostic efficiency of the hsa_circ_0082688-hsa_circ_0082689 combination model (32); if one of the multiple indicators is positive, the disease can be diagnosed. $P < 0.05$ was considered to indicate a statistically significant difference.

Results

Characteristics of the study population. A total of 185 participants were enrolled in the present study, including 76 patients with SLE, 76 HCs and 33 patients with RA. Among the patients with SLE, 13 were newly diagnosed patients with no history of corticosteroids or immunosuppressive drugs use before registration. The demographic

characteristics of the study population are presented in Tables II and III.

In the discovery set, there were three patients with newly diagnosed SLE and three age-matched and sex-matched HCs. An additional 50 patients with SLE and 50 HCs were included in the training set for the validation of differentially expressed circRNAs and diagnostic model construction. In this patient set, ten patients had newly diagnosed SLE with no history of corticosteroids or immunosuppressive drugs use before registration. Moreover, the other patients with SLE were recurrent patients and had received therapy with corticosteroids or immunosuppressive drugs for ≥ 1 month before registration. An independent cohort consisting of 23 patients with SLE, 33 patients with RA and 23 HCs were enrolled in the blind testing set for clinical evaluation of circRNAs in SLE diagnosis. It was demonstrated that there were no significant differences in age and sex between the SLE and HCs groups. Moreover, there were no significant differences in sex between the RA, SLE and HCs groups. Due to the difference in the ages of high incidence occurrence between RA and SLE (the incidence of RA is high in individuals who are 50-60 years, while the incidence of SLE is high in 20-40 years), patients with RA and SLE were not age-matched in the present study.

CircRNA expression profiling in peripheral blood from patients with SLE. The overall distribution of microarray data of these two groups is presented as a box plot (Fig. 1A) and scatter plot (Fig. 1B), and significant differences in the expression levels of circRNAs between patients with SLE and HCs were screened with >2.0 fold change and $P < 0.05$. The results indicated that, compared with the HC group, 753 circRNAs were significantly upregulated, while 813 circRNAs were significantly downregulated in the SLE group. Furthermore, a heat map was created to group the circRNAs based on their expression levels among the samples (Fig. 1C).

Validation of circRNA expression in the training set. As the main objective of the study was to identify diagnostic markers of SLE in peripheral blood, the focus was on the upregulated circRNAs in patients with SLE. To assess the microarray data, three circRNAs (hsa_circ_0082688, hsa_circ_0082689 and hsa_circ_0008675) that were not only listed in the top 50 most

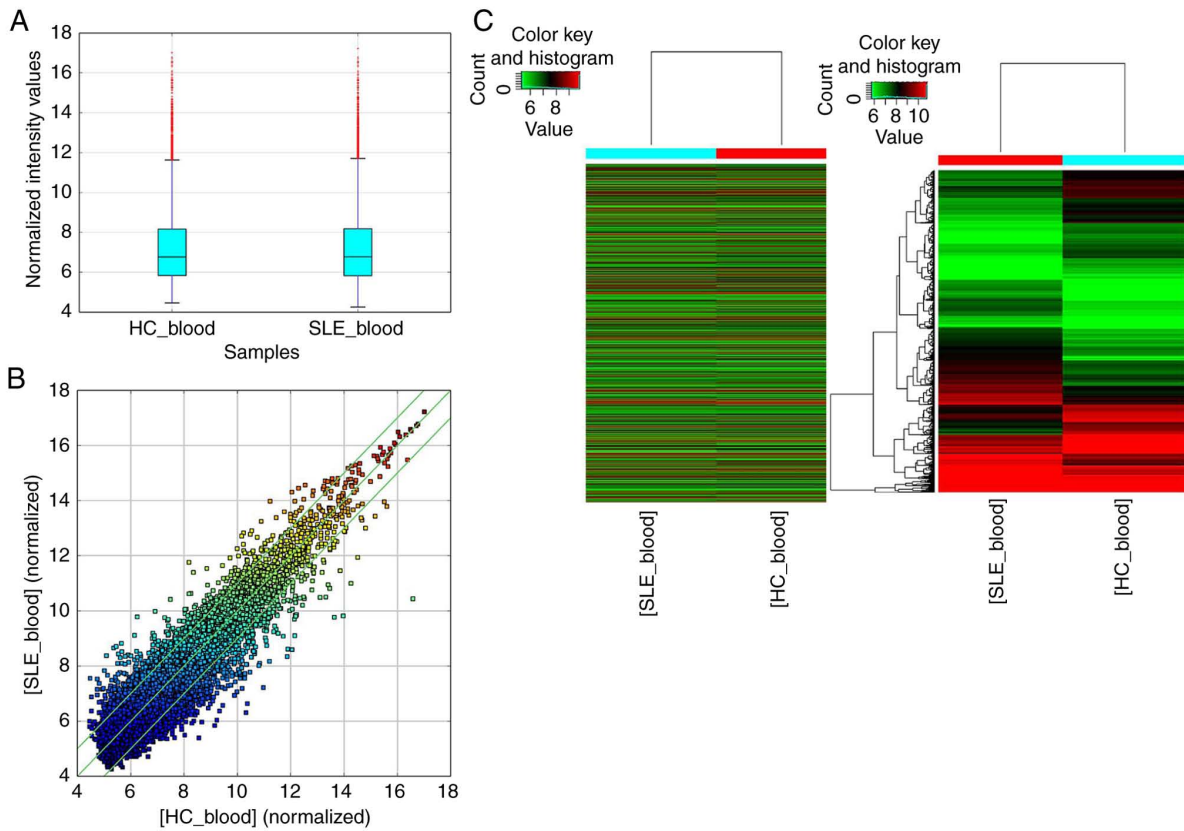


Figure 1. Microarray assay results demonstrate the circRNA expression profiles in peripheral blood from three patients with SLE and 3 HCs. (A) Box plot used to visualize the distributions of a dataset for the circRNAs profiles. (B) circRNA scatter plot. Dots above the top green line and below the bottom green line indicate >1.5-fold of changes of logarithmized circRNAs between the two groups. (C) Heat map of differentially expressed circRNAs. circRNAs, circular RNAs; HC, healthy controls; SLE, systemic lupus erythematosus.

Table II. Demographic characteristics of the study population.

Study set	Categories	SLE	HC	RA
Discovery set		3	3	
	Females	3 (100.00)	3 (100.00)	
	Age, years	29.00±15.40	34.00±7.21	
	SLEDAI score	18.33±3.79 ^a	-	
Training set		50	50	
	Females	46 (92.00)	43 (86.00)	
	Age, years	42.70±14.80	44.77±12.90	
	SLEDAI score	7.69±4.60	-	
Blind testing set		23	23	33
	Females	21 (91.30)	18 (78.26)	24 (72.73)
	Age, years	35.70±12.52	41.30±12.70	58.00±10.15 ^b
	SLEDAI score	5.90±3.94	-	-

Data are presented as the n, mean ± SD or n (%). ^aSLEDAI score of patients with SLE in the discovery set were significantly increased compared with the training set and blind testing set (all P<0.001). ^bAge of patients with RA were significantly increased compared with SLE and HC groups (all P<0.05). HC, healthy controls; RA, rheumatoid arthritis; SLE, systemic lupus erythematosus; SLEDAI, SLE disease activity index.

significant upregulated circRNAs in patients with SLE in this circRNA microarray, but also identified to be upregulated in PBMCs from patients with SLE in our previous study (26), were selected for validation by RT-qPCR in the training set, which included 50 patients with SLE and 50 HC. The results

of RT-qPCR were consistent with the circRNA microarray data, in that all three circRNAs were significantly upregulated in the SLE group (Fig. 2). Moreover, the expression levels of circRNAs between patients with newly diagnosed SLE or recurrent SLE patients were also compared, but no significant

Table III. Clinical characteristics of patients with SLE.

Categories	Patients with SLE (n=76)
Females	70 (90.91)
Age, years	40.00±14.61
SLEDAI score (67 patients)	7.61±4.98
ds-DNA, IU/ml (71 patients)	243.80±407.82
Anti-ENA (68 patients)	
Anti-Sm	21 (30.88)
Anti-Ro52	45 (66.18)
Anti-nRNP/Sm	33 (48.53)
Anti-RIB-P	26 (38.24)
Anti-nucleosome	22 (32.35)
Anti-SSA	44 (64.71)
Anti-SSB	11 (16.18)
Anti-histone	22 (32.35)
C3, g/l (71 patients)	0.62±0.20
C4, g/l (71 patients)	0.14±0.06
IgG, g/l (68 patients)	13.65±5.29
ESR, mm/h (65 patients)	35.49±34.80
CRP, mg/l (71 patients)	12.31±23.30
WBC, 10 ⁹ /l	6.78±3.61
RBC, 10 ¹² /l	3.96±0.82
HGB, g/l	113.12±25.61
HCT, l/l	0.34±0.07
PLT, 10 ⁹ /l	214.77±85.97
Lymphocytes, 10 ⁹ /l	1.56±1.10
Monocytes, 10 ⁹ /l	0.47±0.27
Neutrophils, 10 ⁹ /l	4.60±2.94
Clinical features	
Fever (74 patients)	7 (9.50)
Cutaneous manifestations (74 patients)	12 (16.22)
Arthritis (74 patients)	13 (17.57)
Effusion (74 patients)	11 (14.86)
Hematuria (68 patients)	14 (20.59)
Pyuria (68 patients)	10 (14.71)
Proteinuria (68 patients)	25 (36.76)

Data are presented as the mean ± SD or n (%). Anti-dsDNA, anti double-stranded DNA; Anti-ENA, anti extractable nucleat antigen; C3, complement 3; C4, complement 4; CRP, C-reactive protein; ESR, erythrocyte sedimentation rate; HCT, hematocrit; HGB, hemoglobin; IgG, immunoglobulin G; PLT, platelets; RBC, red blood cell; RiB-P, ribosomal protein P; rRNP, ribosomal RNP; SLE, systemic lupus erythematosus; SLEDAI, SLE disease activity index; WBC, white blood cell.

difference was demonstrated (Fig. 2). In addition, there was no correlation between circRNAs expression levels and age or sex in the SLE, RA and HC groups (data not shown).

ROC curve analysis of identified peripheral blood circRNAs among patients with SLE. To further evaluate the potential value of the three circRNAs (hsa_circ_0082688, hsa_circ_0082689

and hsa_circ_0008675) in SLE diagnosis, ROC curve analysis was performed. The area under the curve (AUC) values demonstrated that the levels of hsa_circ_0082688, hsa_circ_0082689 and hsa_circ_0008675 in peripheral blood could separate the patients with SLE from the HCs. Moreover, the highest AUC was identified for hsa_circ_0082689 (AUC: 0.733, 95% CI, 0.634-0.832, P<0.0001, Sensitivity: 54.0%, Specificity: 88.0%, Cut-off: 0.0029), followed by hsa_circ_0082688 (AUC: 0.714, 95% CI, 0.613-0.815, P<0.0001, Sensitivity: 78.0%, Specificity: 60.0%, Cut-off: 0.0032) and hsa_circ_0008675 (AUC: 0.643, 95% CI, 0.534-0.752, P=0.0140, Sensitivity: 54.0%, Specificity: 76.0%, Cut-off: 0.0096; Fig. 3A).

To evaluate the cumulative performances of the three circRNAs in discriminating SLE from HC, a binary logistic regression was performed. The logistic regression model indicated that the combination of hsa_circ_0082688 and hsa_circ_0082689 could provide the best diagnostic accuracy, with an AUC of 0.740 (95% CI, 0.642-0.838, P<0.0001; Fig. 3B). Furthermore, the combination of all these three circRNAs (Fig. 3B) and any two circRNAs (data not shown) had no improvement in SLE diagnosis, compared with the aforementioned combination of the two circRNAs.

The diagnostic efficiency of the hsa_circ_0082688-hsa_circ_0082689 combination model was then evaluated using the paralleling model, according to their optimal cutoff value (hsa_circ_0082688: 0.0032, hsa_circ_0082689: 0.0029). As shown in Table IV, it was demonstrated that the combination model of hsa_circ_0082688-hsa_circ_0082689 could effectively discriminate patients with SLE from HCs, with a sensitivity of 86.00% (43/50), a specificity of 88.00% (44/50) and an accuracy of 87.0% (87/100).

Blind test of the diagnostic value of differentially expressed circRNAs. To further evaluate the value of hsa_circ_0082688-hsa_circ_0082689 combination model in SLE diagnosis, an independent cohort consisting of 23 patients with SLE, 33 patients with RA and 23 HCs were enrolled and their circRNAs expression levels were measured. Similar to the training set, it was identified that the expression levels of hsa_circ_0082688 and hsa_circ_0082689 were increased significantly in patients with SLE compared with RA and HC groups (all P<0.05; Fig. 4). According to the optimal cutoff value found in the training stage, As shown in Table V, the combination model of hsa_circ_0082688-hsa_circ_0082689 could effectively discriminate between the SLE group and the other two control groups, with a sensitivity of 91.30% (21/23), a specificity of 78.57% (44/56) and an accuracy of 82.28% (65/79). Furthermore, this diagnostic model presented a sensitivity of 91.30% (21/23), a specificity of 78.79% (26/33) and an accuracy of 83.93% (47/56) in discriminating the SLE group from the RA group, and a sensitivity of 91.30% (21/23), a specificity of 78.26% (18/23) and an accuracy of 84.78% (39/46) in discriminating the SLE group from the HC group.

Anti-dsDNA is a traditional and most commonly used diagnostic marker for SLE (33). The aforementioned results demonstrated that the hsa_circ_0082688-hsa_circ_0082689 combination model may be used as a novel biomarker for the diagnosis of SLE. Thus, the present study evaluated the value of hsa_circ_0082688-hsa_circ_0082689 + anti-dsDNA combination model in SLE diagnosis. According to the optimal

Table IV. Diagnostic efficiency of the hsa_circ_0082688-hsa_circ_0082689 combination model by the parallel model in the training set.

Category	hsa_circ_0082688 > 0.0032 or hsa_circ_0082689 > 0.0029	hsa_circ_0082688 < 0.0032 or hsa_circ_0082689 < 0.0029	Sensitivity	Specificity	Accuracy
SLE (50)	43	7	86.00% (43/50)	88.00% (44/50)	87.0% (87/100)
HC (50)	6	44			

HC, healthy control; SLE, systemic lupus erythematosus.

Table V. Diagnostic efficiency of the hsa_circ_0082688-hsa_circ_0082689 combination model by the parallel model in blind testing set.

Category	hsa_circ_0082688 > 0.0032 or hsa_circ_ 0082689 > 0.0029	hsa_circ_0082688 < 0.0032 or hsa_circ_ 0082689 < 0.0029	Sensitivity	Specificity	Accuracy
SLE vs. RA + HC					
SLE (23)	21	2	91.30% (21/23)	78.57% (44/56)	82.28% (65/79)
RA + HC (56)	12	44			
SLE vs. RA					
SLE (23)	21	2	91.30% (21/23)	78.79% (26/33)	83.93% (47/56)
RA (33)	7	26			
SLE vs. HC					
SLE (23)	21	2	91.30% (21/23)	78.26% (18/23)	84.78% (39/46)
HC (23)	5	18			

HC, healthy control; RA, rheumatoid arthritis; SLE, systemic lupus erythematosus.

Table VI. Diagnostic efficiency of the hsa_circ_0082688-hsa_circ_0082689 + anti-dsDNA combination model by the parallel model in blind testing set.

Category	Positive	Negative	Sensitivity	Specificity	Accuracy
hsa_circ_0082688 > 0.0032 or hsa_circ_0082689 > 0.0029 or anti-dsDNA>100					
SLE (23)	22	1	95.65% (22/23)	100.00% (56/56)	98.73% (78/79)
RA + HC (56)	0	56			
anti-dsDNA>100					
SLE (23)	11	12	47.83% (11/23)	100.00% (56/56)	79.85% (67/79)
RA + HC (56)	0	56			

HC, healthy control; RA, rheumatoid arthritis; SLE, systemic lupus erythematosus.

cutoff value of hsa_circ_0082688-hsa_circ_0082689 identified in the aforementioned results (hsa_circ_0082688>0.0032, hsa_circ_0082689>0.0029), As shown in Table VI, the hsa_circ_0082688-hsa_circ_0082689 + anti-dsDNA combination model could effectively discriminated the SLE group from the control groups (RA + HC), with a sensitivity of 95.65% (22/23), a specificity of 100.00% (56/56) and an accuracy of 98.73% (78/79) in distinguishing the patients with SLE from both control groups. Moreover, the sensitivity, specificity and accuracy of hsa_circ_0082688-hsa_circ_0082689 + anti-dsDNA

combination model were increased compared with hsa_circ_0082688-hsa_circ_0082689 [sensitivity=91.30% (21/23), specificity=78.57% (44/56), accuracy=82.28% (65/79)] (Table V) and anti-dsDNA [sensitivity=47.83% (11/23), specificity=100.00% (56/56), accuracy=79.85% (67/79)] (Table VI).

Association of hsa_circ_0082688, hsa_circ_0082689 and hsa_circ_0008675 expression levels in peripheral blood with SLE clinical characteristics. To determine whether

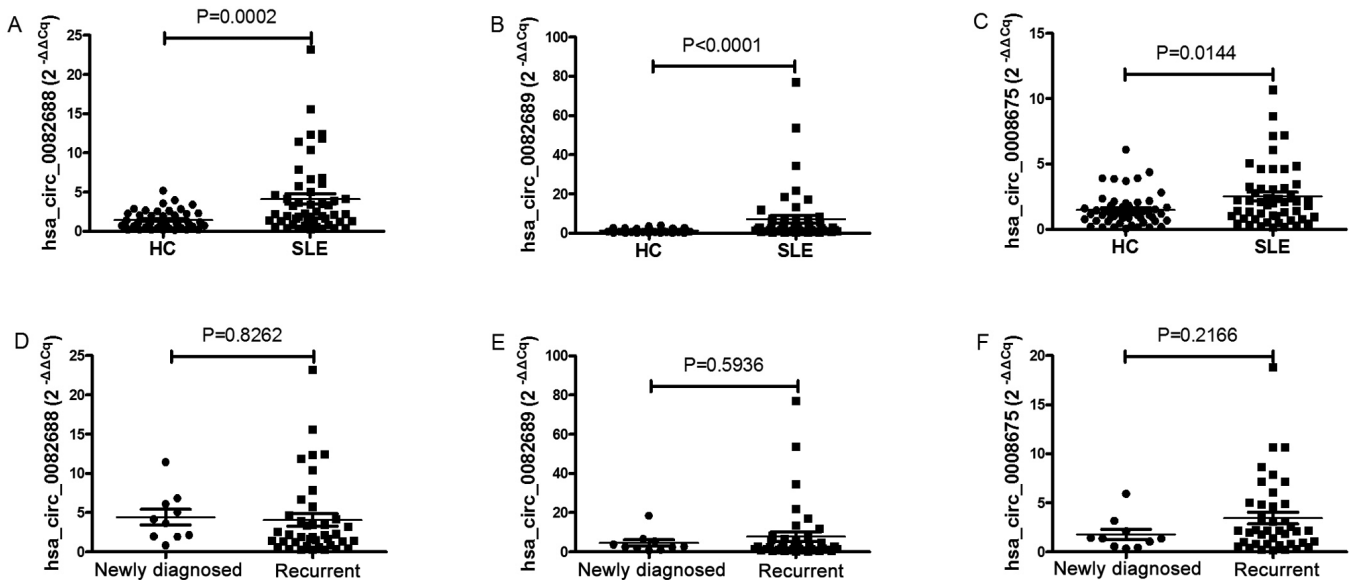


Figure 2. Reverse transcription-quantitative PCR results of the relative expression levels of circRNAs in peripheral blood from patients with SLE and the comparison group. (A) Average expression levels of hsa_circ_0082688 in patients with SLE were significantly increased compared with the HCs. (B) Average expression levels of hsa_circ_0082689 in patients with SLE were significantly increased compared with the HCs. (C) The average expression levels of hsa_circ_0008675 in patients with SLE were significantly increased compared with the HCs. (D) Average expression of hsa_circ_0082688 did not show any significant differences between patients with newly diagnosed or recurrent SLE. (E) Average expression of hsa_circ_0082689 did not show any significant differences between patients with newly diagnosed or recurrent SLE. (F) Average expression of hsa_circ_0008675 did not show any significant differences between patients with newly diagnosed or recurrent SLE. circRNAs, circular RNAs; HC, healthy controls; SLE, systemic lupus erythematosus.

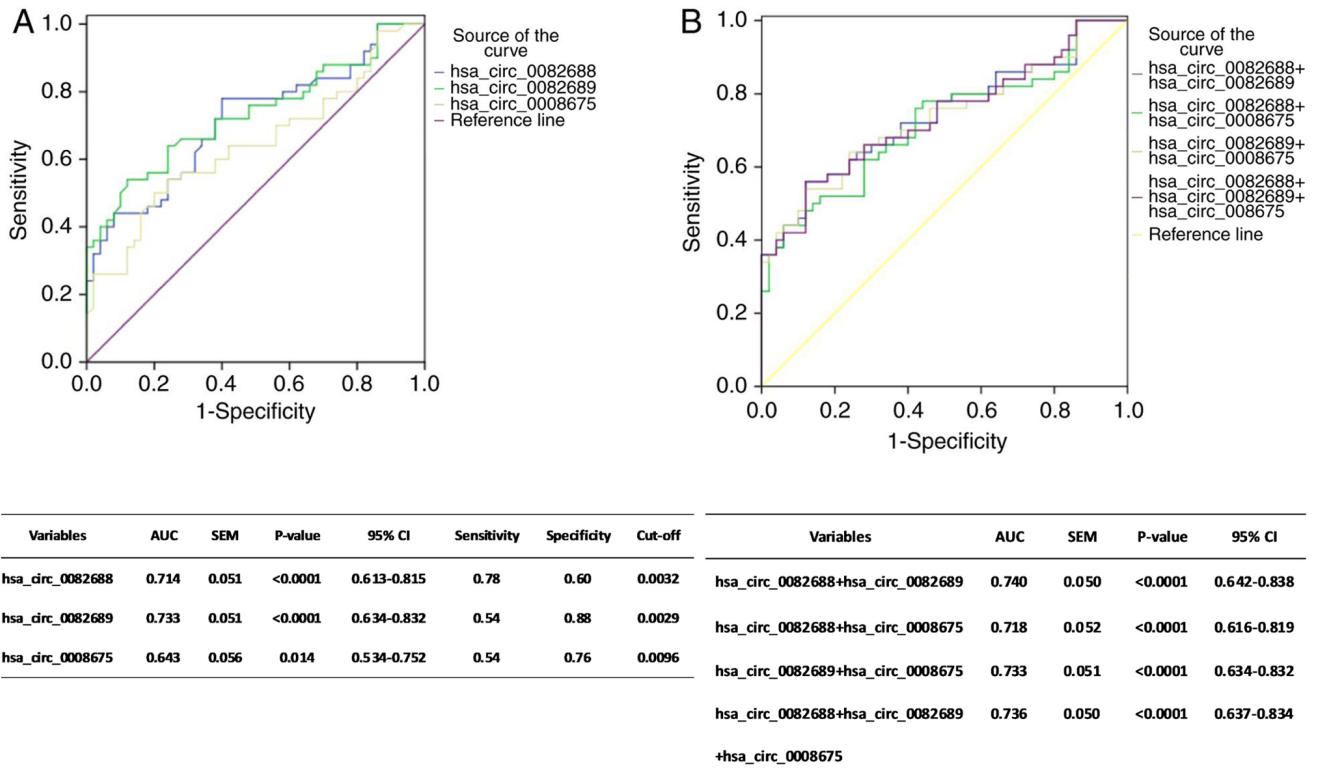


Figure 3. ROC analysis of identified circRNAs in peripheral blood from patients with SLE. (A) ROC curves for circRNAs, largest AUC was demonstrated for hsa_circ_0082689, followed by hsa_circ_0082688, hsa_circ_0008675. (B) ROC curves for circRNAs in combination, combined AUC from these circRNAs (hsa_circ_0082688 and hsa_circ_0082689) was 0.740. AUC, area under the curve; circRNAs, circular RNAs; ROC, receiver operating characteristic; SLE, systemic lupus erythematosus.

the aforementioned differentially expressed circRNAs in the peripheral blood could serve as relevant biomarkers for the

severity of SLE, the clinical indicators related to inflammation were collected and the SLEDAIs of all patients with SLE

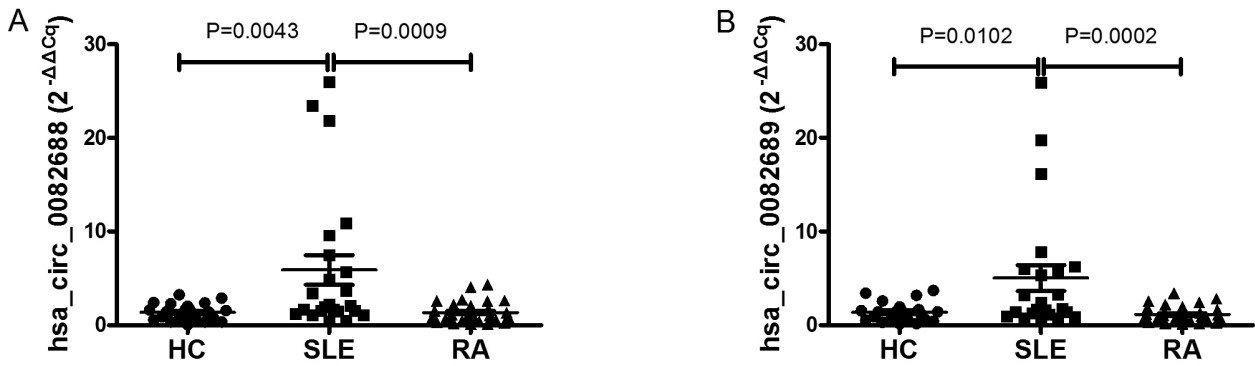


Figure 4. Validation of the expression of *hsa_circ_0082688* and *hsa_circ_0082689* in the blind testing set in peripheral blood from the SLE, RA and HC groups. (A) Average expression of *hsa_circ_0082688* in patients with SLE was significantly increased compared with the HC and RA groups. (B) Average expression of *hsa_circ_0082689* in patients with SLE was significantly increased compared with the HC and RA groups. HC, healthy controls; RA, rheumatoid arthritis; SLE, systemic lupus erythematosus.

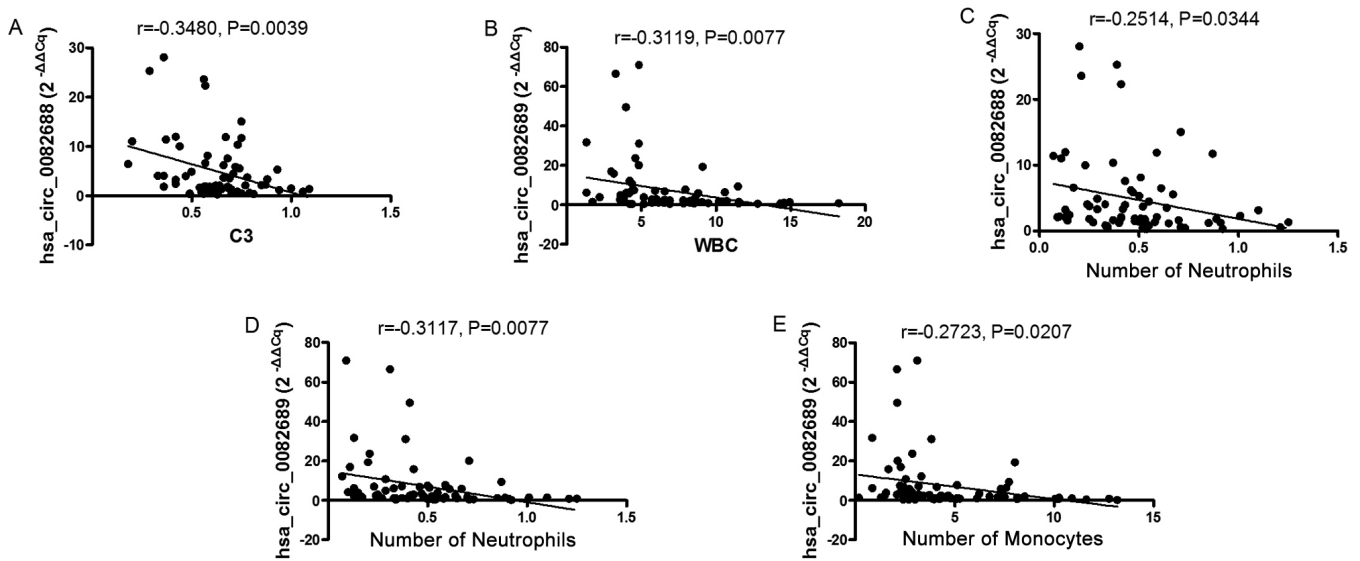


Figure 5. Correlation of the expression of identified circRNAs with SLE clinical characteristics. (A) Expression of *hsa_circ_0082688* was negatively associated with C3 in patients with SLE. (B) Expression of *hsa_circ_0082689* was negatively associated with WBC in patients with SLE. (C) Expression of *hsa_circ_0082688* was negatively associated with the number of neutrophils in patients with SLE. (D) Expression of *hsa_circ_0082689* was negatively associated with the number of neutrophils in patients with SLE. (E) Expression of *hsa_circ_0082689* was negatively associated with number of monocytes in patients with SLE. circRNAs, circular RNAs; SLE, systemic lupus erythematosus; WBC, white blood cell.

were calculated (Table III), and the correlations between this dataset and the expression levels of the specific differentially expressed circRNAs were analyzed. The results indicated that, while *hsa_circ_0082688* expression was negatively associated with C3 in patients with SLE ($r=-0.3480$, $P=0.0039$; Fig. 5A), there was no correlation between the expression levels of the other confirmed circRNAs and C3 (data not shown). Furthermore, the expression levels of all identified circRNAs in the peripheral blood from patients with SLE did not correlate with SLEDAI, CRP, ESR or C4, which also reflect the severity of the disease (data not shown).

SLE is a complex autoimmune disease characterized by multiple organ system damages, such as the hematological system and skin. In the present study, the correlations between SLE-related clinical features and the expression levels of circRNAs were analyzed. It was demonstrated that the expression of *hsa_circ_0082689* was negatively associated

with white blood cell (WBC) number ($r=-0.3119$, $P=0.0077$; Fig. 5B), monocyte number ($r=-0.3117$, $P=0.0077$; Fig. 5D) and neutrophil number in patients with SLE ($r=-0.2723$, $P=0.0207$; Fig. 5E). In addition, the expression of *hsa_circ_0082688* was negatively associated with monocytes number in patients with SLE ($r=-0.2514$, $P=0.0344$; Fig. 5C). However, no significant difference was identified between the expression levels of circRNAs and other clinical features.

Production of multiple auto-antibodies, such as anti-dsDNA and anti-ENAs, is an important characteristic of SLE. Thus, the present study investigated the correlation between the expression levels of circRNAs and auto-antibodies in patients with SLE, but no significant difference was found (data not shown). However, all identified circRNAs did correlate with each other. For example, the expression of *hsa_circ_0082688* correlated with the expression of *hsa_circ_0082689* ($r=0.5967$; $P<0.0001$; data not shown).

Discussion

Previous studies have reported the feasibility of using circulating miRNAs and long non-coding (lnc) RNA as potential biomarkers of SLE (9,34,35). Similar to miRNA and lncRNA, the potential of circulating circRNAs as powerful and non-invasive biomarkers in a number of diseases, including cancer (36), RA (19) and cardiovascular diseases (25), has been revealed. Compared with miRNAs and lncRNAs, circRNAs are more stable in mammalian cells (37) and their expression levels can be ≥ 10 -fold compared with those of their linear isomers (12). These properties indicate that the potential of circRNAs to be ideal biomarkers for human diseases (21). Moreover, the diagnostic performance of plasma or PBMC circRNA has been examined in SLE (38,39). However, to the best of our knowledge, the expression profiles and diagnostic performance of circulating circRNAs in peripheral blood from patients with SLE have been rarely reported, and there was previously only one paper investigating circRNAs expression in peripheral blood from patients with SLE (40). In this study, Li *et al* (40) assessed the microarray profile of circRNAs in peripheral blood to identify the changes in the expression of circRNAs between pediatric patients with SLE and healthy children, and revealed that the expression levels of hsa_circ_0057762 and hsa_circ_0003090 could differentiate the pediatric patients with SLE from the healthy children. To the best of our knowledge, the present study was the first to performed a microarray analysis to investigate the changes in expression of circRNAs in peripheral blood from adult patients with SLE, by comparing with those in adult HCs. Microarray data identified a total of 1,566 circRNAs (753 were upregulated) that were significantly dysregulated in patients with SLE compared with HCs. Thus, it was speculated that circRNA may be a novel biomarkers for SLE diagnosis or disease process monitoring in adult patients. However, possibly due to age differences, the expression levels of hsa_circ_0057762 and hsa_circ_0003090 in peripheral blood were not significantly different between adult patients with SLE and HCs.

To determine whether differentially expressed circRNAs can be diagnostic biomarkers for SLE, three circRNAs hsa_circ_0082688, hsa_circ_0082689 and hsa_circ_0008675, which were listed in the top 50 most significant upregulated circRNAs in peripheral blood of patients with SLE in this circRNA microarray, and also identified to be upregulated in PBMCs from patients with SLE in our previous study (26), were chosen for validation by RT-qPCR in a training set. The results suggested that the expression levels of all three circRNAs increased significantly in patients with SLE. Furthermore, ROC curve analysis demonstrated that these circRNAs had the potential to distinguish between SLE and HCs. ROC curve analysis also indicated that the combination of hsa_circ_0082688 and hsa_circ_0082689 could provide the best diagnostic accuracy, with an AUC of 0.740. Moreover, the results from the further blind testing set suggested its good performance, not only in distinguishing between SLE and HCs groups, but also in distinguishing between patients with SLE and those with RA. Therefore, the present results indicated that this diagnostic model may be promising for SLE diagnosis.

In addition, the present results demonstrated that the combination model of hsa_circ_0082688-hsa_circ_0082689 + anti-dsDNA could more effectively discriminated the SLE group from the control groups (RA + HC), with a sensitivity of 95.65% (22/23), a specificity of 100.00% (56/56) and an accuracy of 98.73% (78/79), which were superior to hsa_circ_0082688-hsa_circ_0082689 and anti-dsDNA. Collectively, it was speculated that the combination of circRNAs and traditional biomarkers could further improve the diagnostic value.

The field of circRNAs is recently discovered, and to the best of our knowledge, no previous study has definitively demonstrated the function of hsa_circ_0082688, hsa_circ_0082689 and hsa_circ_0008675. It has been reported that circRNAs can function as miRNA 'sponges' to sequester and competitively suppress miRNA activity. Moreover, their interaction with disease-associated miRNAs suggests that circRNAs are important for regulating diseases. Therefore, to investigate the possible function of these candidate circRNAs, the present study searched for potential miRNA targets of these circRNAs using Arraystar miRNA target prediction software, and numerous target miRNAs were identified. Among these target miRNAs, hsa-miR-506-3p, hsa-miR-127-5p and hsa-miR-153-3p were previously reported to be involved in the pathogenesis of SLE. For example, hsa-miR-506-3p has the potential to regulate the expression of Beclin1 (41), a protein that had been shown to regulate autophagy in SLE (42). In addition, hsa-miR-127-5p is involved in cell proliferation via the PI3K/Akt pathway (43), and thus may play a role in the senescence of mesenchymal stem cells and the development of SLE (44). hsa-miR-153-3p has also been reported to be involved in the development of lupus nephritis (45). Therefore, it was hypothesized that these candidate circRNAs, including hsa_circ_0082688, hsa_circ_0082689 and hsa_circ_0008675, may function in SLE pathogenesis.

The present study also investigated the correlations between the expression levels of these candidate circRNAs and the severity of SLE. The results demonstrated that, while the expression of hsa_circ_0082688 was negatively associated with C3 in patients with SLE, no other circRNAs expression levels correlated with C3. Moreover, the expression levels of all identified differentially expressed circRNAs in the peripheral blood from patients with SLE did not correlate with SLEDAI, CRP, ESR or C4. Thus, the results demonstrated the expression levels of hsa_circ_0082688, hsa_circ_0082689 and hsa_circ_0008675 were not potential biomarkers for the severity of SLE. Furthermore, the expression levels of these circRNAs between patients with newly diagnosed and recurrent SLE were not significantly different, and this also corroborates the aforementioned conclusion. However, it was found that the expression levels of hsa_circ_0082688, hsa_circ_0082689 and hsa_circ_0008675 were negatively associated with the total WBC number or the number of certain subclasses of WBC in patients with SLE, which indicated that the expression levels of hsa_circ_0082688, hsa_circ_0082689 and hsa_circ_0008675 in peripheral blood were associated with hematological system damage of SLE to some extent.

In addition, the present results suggested that the expressions levels of hsa_circ_0082688, hsa_circ_0082689 and hsa_circ_0008675 were correlated with each other, and similar

findings have been reported in a previous study (23). Thus, these differentially expressed circRNAs may interact with each other directly or indirectly, although further experiments are required to test this hypothesis.

However, there are several limitations in this study that should be acknowledged. First is the relatively small sample size, especially the sample size of patients with newly diagnosed SLE, which may restrict the generalizability of the present results. Second, the exact role of these candidate circRNAs in SLE pathogenesis was not investigated in this study. Therefore, these are focuses of future studies.

In conclusion, to the best of our knowledge, the present study was the first to demonstrate the circRNA expression profiles in peripheral blood from adult patients with SLE, and identify that circRNAs may serve as novel biomarkers for SLE diagnosis. Furthermore, it was found that the combination of hsa_circ_0082688 and hsa_circ_0082689 had a relatively good capacity in discriminating the SLE groups from both HCs and RA groups. Therefore, the present results provide a novel potential diagnostic biomarker for SLE diagnosis, and may facilitate improved understanding of the hematological system damage of SLE.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

JL and QL conceived the project and wrote the study. JL, QL, XL and ZH designed the experiments. JL, QL, XL, LZ and BF collected the study subjects, performed the experiments and analyzed the data. QL, XL, LZ, CQ, LF, YG and ZH performed the experiments. All authors read and approved the final manuscript.

Ethics approval and consent to participate

The present study was authorized by the Ethics Committee of The First Affiliated Hospital of Nanchang University. All

participants provided written informed consent prior to the initiation of the study.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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