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Preoperative monocyte count is a predictor of recurrence after Stage I lung adenocarcinoma resection

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Abstract

OBJECTIVES: High-grade tumours are observed even in Stage I lung adenocarcinomas. Tumour spread through air spaces (STAS) is a risk factor for recurrence after resection. However, there is no ideal predictive biomarker for STAS in high-grade Stage I lung adenocarcinoma. This study assessed the prognostic impact of the preoperative peripheral monocyte count in lung adenocarcinoma.

METHODS: We retrospectively analysed the data of 444 patients with resected Stage I lung adenocarcinoma during 2006-2016. Univariable and multivariable Cox proportional analyses of recurrence-free probability (RFP) and overall survival (OS) were used to analyze preoperative complete peripheral blood cell count data. Since monocyte count was associated with poor prognosis, the relationship between preoperative peripheral monocyte count and clinicopathological factors, including STAS, was assessed. In addition, immunohistochemical CD68 staining was performed to evaluate tumour-associated macrophages (TAMs).

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RESULTS: A higher preoperative peripheral monocyte count was a predictor of lower RFP (P = 0.004) and lower OS (P < 0.001). In multivariable analysis, a higher peripheral monocyte count was an independent prognostic factor for RFP and OS (hazard ratio: 1.88, 95% confidence interval: 1.07–3.31, P = 0.029; hazard ratio: 2.13, 95% confidence interval: 1.22–3.75, P = 0.008, respectively). A higher peripheral monocyte count was associated with a higher frequency of STAS (P = 0.017) and higher number of CD68+ TAMs (P = 0.013).

CONCLUSIONS: A higher preoperative peripheral monocyte count was an independent marker for a poor prognosis in Stage I lung adenocarcinoma and was associated with a higher frequency of STAS.

Keywords: Preoperative peripheral monocyte count • Spread through air spaces • Risk of recurrence • Prognostic marker • Lung adenocarcinoma

ABBREVIATIONS

Confidence interval
Computed tomography
Hazard ratio
Non-small cell lung cancer
Overall survival
Recurrence-free probability
Spread through air spaces
Tumour-associated macrophage

INTRODUCTION

The most beneficial therapy for early-stage lung adenocarcinoma is surgery; however, more than 10% of patients with pathological Stage IA non-small cell lung cancer (NSCLC) exhibit postoperative recurrence after undergoing curative resection [1]. This indicates the existence of heterogeneity, as seen in high-grade tumours, even in patients with early-stage NSCLC.

Spread through air spaces (STAS) is a risk factor for recurrence in patients with early-stage NSCLC who have undergone resection. It is defined as the spread of tumour cells through air spaces into the lung parenchyma adjacent to the edge of the tumour. STAS has been shown to be a significant risk factor for disease recurrence in patients with Stage I lung adenocarcinoma treated with limited resection [2]. It has an insidious invasive pattern that is not visible to pathologists on gross examination, and its predictors remain unknown. Identification of the predictors of STAS in patients with early-stage lung cancer could facilitate optimization of treatment strategies, including selection of limited surgery.

Previously, we reported that a higher-than-control density of CD68+ tumour-associated macrophages (TAMs) is an independent predictor of an increased rate of STAS [3]. Therefore, in this study, we focused on determining whether peripheral monocytes, which are possible progenitor cells of TAMs, can serve as biomarkers for predicting the incidence of STAS. An elevated preoperative peripheral monocyte count has recently been shown to predict poor prognosis in various types of malignancies, including hepatic cell carcinoma and malignant lymphomas [4-6]. In NSCLC [6, 7], this parameter has been reported to indicate a poor prognosis; however, it is not specifically associated with the incidence of STAS and Stage I lung adenocarcinoma. Therefore, the optimal biomarker to predict the incidence of STAS and high-grade Stage I lung adenocarcinoma remains unclear. In this study, we assessed the prognostic influence of preoperative peripheral monocyte count on the incidence of STAS and postoperative recurrence in patients with Stage I lung adenocarcinoma who underwent curative resection.

PATIENTS AND METHODS

Ethics statement

This retrospective study was conducted in compliance with the Declaration of Helsinki and approved by the Institutional Review Board of Kagawa University (Approval Number: 2016-030) on 29 June 2016. The need for informed consent was waived by the Institutional Review Board owing to the retrospective nature of the study.

Patients

We reviewed patients (n = 444) with therapy-naive Stage I lung adenocarcinoma who underwent surgical resection with systematic lymph node dissection at Kagawa University between 2006 and 2016. Patients with multifocal invasive carcinomas were excluded from the study. The initial computed tomography (CT) scan was performed 3 months after surgery; thereafter, chest and abdomen CT scans were routinely performed every 6 months. Among these patients, we excluded those showing clinical evidence of infections, other inflammations, haematological diseases and those who used drugs that might influence their haematological data.

Clinical data were collected from a prospectively maintained lung carcinoma database. Disease recurrence was confirmed by clinical, radiological and pathological assessments. The TNM stage was assigned based on the eighth edition of the American Joint Committee on Cancer TNM Staging Manual [8].

Peripheral venous blood sample was collected from each patient upon admission to the hospital before surgery. Blood tests were performed in our hospital with Sysmex XN-3000 (Sysmex Corporation, Kobe, Japan), a fully automated blood cell counting system. The neutrophil-to-lymphocyte ratio and the lymphocyteto-monocyte ratio of all included patients were calculated.

Evaluation of clinicopathological factors

The following clinical characteristics were retrieved from the available clinical records: age, sex, smoking history, clinical tumour status, pathological tumour status, lymphovascular invasion, STAS, peripheral leucocyte count, peripheral monocyte count, peripheral lymphocyte count, peripheral neutrophil count, neutrophil-to-lymphocyte ratio and lymphocyte-to-monocyte ratio. CT tumour size was measured as a solid component of tumour.

Histological evaluation

Two pathologists blinded to the clinical outcomes of the patients reviewed haematoxylin and eosin (H&E)-stained tissue sections using an Olympus BX53 upright microscope (Olympus Corporation, Japan) with a standard 22-mm-diameter eyepiece. The tumours were classified according to the 2015 WHO classification of lung carcinomas [9]. Lymphatic and vascular invasion were recorded if at least 1 tumour cell cluster was visible.

STAS was defined by the presence of small clusters of tumour cell nests within air spaces in the lung parenchyma beyond the edge of the main tumour and were composed of a micropapillary pattern, solid nests or single cells [2, 9, 10]. The edge of the main tumour was defined as the outer border of the tumour, which was typically observed through low-power histological examination. STAS was considered present when tumour cells were identified beyond the edge of the main tumour, even if they existed only in the first alveolar layer from the tumour edge.

Immunohistochemistry

Formalin-fixed, paraffin-embedded tumour specimens from patients who met the inclusion criteria were used for tissue microarray construction. We marked 1 representative tumour area on the haematoxylin and eosin-stained tissue sections. Next, using a tissue arrayer (Tissue Microprocessor KIN-2; Azumaya, Japan), we arrayed a cylindrical 3-mm tissue core from the corresponding paraffin block into a recipient block. In total, there were 444 available cases with adequate cores for immunohistochemical analysis.

The immunohistochemical analysis was performed to evaluate TAMs in the primary tumour. We obtained 4-µm-thick sections from the tissue microarray blocks and then stained them with anti-CD68 antibody (clone KP1, Dako; 1:50) using a BenchMark ULTRA automated immunohistochemical slide staining system (Ventana Medical Systems, Inc.). For immunohistochemically stained tissue sections with immune markers, the 3 tumour areas with the highest density of immune cell infiltration (hot spots) were photographed using an Olympus BX53 microscope equipped with a DP22 digital camera (Olympus Corporation, Japan) using a $20 \times$ objective. CD68+ TAMs were counted on each of the 3 photographs using the manual counting method. The average count of 3 areas was considered as the number of CD68+ TAMs for each patient.

Statistical analysis

Associations between variables were analysed using Fisher's exact test and chi-square tests for categorical variables and Mann-Whitney *U* test for continuous variables. Patients were classified into the following quartile groups based on their complete peripheral blood cell count: score 1, \leq 25th percentile; score 2, >25th percentile and \leq 50th percentile; score 3, >50th percentile and \leq 75th percentile; and score 4, >75th percentile. Recurrence-free probability (RFP) was defined as the time from surgical resection to the date of disease recurrence. Overall survival (OS) was defined as the time from surgical resection to the last follow-up. RFP and OS were estimated using the Kaplan-Meier method, and their associations with factors were

analysed using the log-rank test. Multivariable analyses were performed using the Cox proportional hazards regression model. Multivariable models were constructed to include only preoperative factors that were significant in the univariable analysis to examine predictive power as a preoperative marker. Associations between pathological factors were investigated, and when strong associations were observed, only 1 factor was included in the model. All statistical tests were 2-sided with a significance level of 5%. Statistical analyses were conducted using IBM SPSS Statistics for Windows (version 23.0; IBM Corporation, Armonk, NY, USA).

RESULTS

Clinicopathological characteristics of patients

The clinicopathological characteristics of the patients are shown in Table 1. The median age of the 444 patients was 70 (range, 38–92) years, and more than half of the patients were men (n = 238; 54%). With respect to surgical procedures, 333 (75%) patients underwent lobectomy and 111 (25%) underwent limited

Table 1: Clinicopathological characteristics of patients

Variables	Ν
Age, years median (range)	70 (38-92)
Sex, male/female	238/206
Smoking history (never/ever)	237/207
Comorbidity and past history	
COPD	73
ILD	8
Diabetes mellitus	25
Autoimmune disease	13
Heart disease	42
Chronic kidney disease	10
Cerebrovascular disease	22
Other malignant tumour	110
Others	15
Surgical procedure (Lob/Seg/Wedge)	333/56/55
Pathological T status (Tis/T1/T2)	27/351/66
Lymphovascular invasion (absent/present)	325/119
Visceral pleural invasion (absent/present)	400/44
Histologic subtype	
AIS + MIA	104
Lepidic	72
Acinar	26
Papillary	177
Micropapillary	10
Solid	25
Others	30
STAS (absent/present)	309/135
Leucocyte counts, mean ± SD, mm ⁻³	5755 ± 1743
Neutrophil counts, mean ± SD, mm ⁻³	3505 ± 1310
Monocyte counts, mean ± SD, mm ⁻³	330 ± 149
Lymphocyte counts, mean ± SD, mm ⁻³	1726 ± 802
LMR, mean ± SD, mm ⁻³	5.78 ± 2.75
NLR, mean ± SD, mm ⁻³	2.43 ± 2.64
Postoperative adjuvant chemotherapy	27
Recurrences of lung adenocarcinoma	
Local or regional	25
Distant	30

COPD: chronic obstructive pulmonary disease; ILD, interstitial lung disease; Lob, lobectomy; Seg, segmentectomy; Wedge, wedge resection; STAS, spread through air spaces; LMR, lymphocyte to monocyte ratio; NLR, neutrophil-to-lymphocyte ratio; SD: standard deviation; AIS: adenocarcinoma in situ; MIA: minimally invasive adenocarcinoma. resection (segmentectomy or wedge resection). According to Japanese lung cancer practice guidelines, 26 patients received tegafur-uracil-adjuvant therapy. One of these patients underwent segmentectomy and received postoperative radiotherapy as adjuvant therapy because the resection margin was insufficient. During the study period, 55 patients experienced recurrence, and 56 patients died. Six of the patients who received tegafur-uracil-adjuvant therapy relapsed, and 4 of them experienced distant recurrences. The median follow-up period for patients who were alive at the time of the last follow-up was 60 (mean \pm standard deviation, 63 \pm 33) months.

Evaluation of the prognostic influence of complete peripheral blood cell count

Kaplan-Meier analysis was performed to determine whether complete peripheral blood cell count was associated with RFP and OS. The RFP of the group with a peripheral monocyte count score of 4 was significantly lower (5-year RFP, 74%) than that of the groups with scores of 1, 2 and 3 (5-year RFP, 90%, 92% and 85%, respectively; P = 0.004). The OS of the group with a peripheral monocyte count score of 4 was significantly lower (5-year OS, 76%) than that of the groups with scores of 1, 2 and 3 (5-year OS, 89%, 96% and 91%, respectively; P < 0.001; Supplementary Material, Table S1). Furthermore, when peripheral monocyte count scores 1, 2 and 3 were combined, the RFP of patients with a peripheral monocyte count score of 4 was lower than the combined RFP of patients with peripheral monocyte count scores of 1-3 (5-year RFP, 74% vs 89%; P < 0.001; Fig. 1A). The OS of patients with a peripheral monocyte count score of 4 was lower than that of patients with peripheral monocyte count scores of 1-3 (5-year OS, 76% vs 92%; P < 0.001; Fig. 1B). Based on the association between poor prognosis and peripheral monocyte count, all subsequent statistical analyses focused on peripheral monocyte count.

Relationship of the peripheral monocyte count with clinicopathological factors

The relationships between peripheral monocyte count and clinicopathological factors are shown in Table 2. A higher peripheral monocyte count was significantly associated with sex, smoking history, lymphovascular invasion, visceral pleural invasion and STAS. The incidence of STAS was higher in patients with a higher peripheral monocyte count score (incidence of patients with STAS, 22% for score 1, 26% for score 2, 32% for score 3 and 41% for score 4; P = 0.017; Fig. 2).

Association between patient outcomes and the peripheral monocyte count

For RFP, the univariable analysis identified 8 significant risk factors: sex, smoking history, surgical procedure, CT tumour size, pathological invasive tumour size, lymphovascular invasion, visceral pleural invasion, STAS and high peripheral monocyte count (Table 3). We performed a multivariable analysis with only preoperative factors to examine the predictive power of STAS as a preoperative marker. In the multivariable analysis of the preoperative factors, a higher peripheral monocyte count was shown to be a statistically significant independent predictor of RFP [hazard ratio (HR): 1.88, 95% confidence interval (CI): 1.07–3.31, P = 0.029]. The other independent prognostic factors were the CT tumour size (HR: 3.30, 95% CI: 1.90–5.71, P < 0.001) and surgical procedure (HR: 2.40, 95% CI: 1.38–4.17, P = 0.022; Table 4).

The univariable analysis showed 9 significant risk factors for OS: age, sex, smoking history, surgical procedure, CT tumour size, pathological invasive tumour size, lymphovascular invasion, visceral pleural invasion, STAS and high peripheral monocyte count. We performed a multivariable analysis including only preoperative factors to examine the predictive power as a preoperative marker. The multivariable analysis revealed that a higher peripheral monocyte count was a statistically significant independent



Figure 1. (A) Association between recurrence-free probability and peripheral monocyte count. The 5-year recurrence-free probability associated with the peripheral monocyte count scores of 1–3 (5-year recurrence-free probability, 74% vs 89%, respectively; P < 0.001). (B) Association between overall survival and peripheral monocyte count. The 5-year overall survival associated with the peripheral monocyte count scores of 1–3 (5-year ecurrence-free probability, 74% vs 89%, respectively; P < 0.001). (B) Association between overall survival and peripheral monocyte count. The 5-year overall survival associated with the peripheral monocyte count scores of 1–3 (5-year overall survival, 76% vs 92%; P < 0.001). RFP: recurrence-free probability.

Variables Monocyte counts				P-value	
	Score 1–3		Score	4	
	N = 334 (%)		N = 11	0 (%)	-
		()		()	0.44
Age, years	110	22.5	20	20.1	0.46
<u><</u> 65	112	33.5	32	29.1	
>65	ZZZ	66.5	/8	70.9	.0.001
Sex	105	FF 4	21	10.1	<0.001
Female	185	55.4	21	19.1	
Male Concluing history	149	44.0	69	60.9	-0.001
Smoking history	202	(0 F	25	21.0	<0.001
Inever Fuer	122	20.5	30	21.0	
Ever	152	37.5	75	06.2	
Respiratory					
CORD					0.10
LOPD Mith	204	0F 0	07	70.1	0.19
	204	05.0	0/	79.1	
Without	50	15.0	25	20.9	1
ILD \\\/ith	220	00.2	100	00.2	I
VVIIIn	328	98.2	108	98.2	
Without	0	1.8	Z	1.8	0.042
Surgical procedure	250	77 5	74	(7.2	0.042
Lobectomy	259	77.5	74	07.5	
Subiobal	/5	22.5	50	52.7	
Desurrances of lung					0.005
cancer					0.005
Nover	202	00 /	97	70 1	
l ocal or regional	14	90.4 1 0	0/	/ 9.1 0 0	
Dictort	16	4.0	1/	127	
CT tumour sizo	10	4.0	14	12.7	0.12
< 2 cm	222	66.8	64	582	0.15
≥2cm	111	22.2	46	J0.2 /1.9	
Pathological invasivo	111	<u>JJ.Z</u>	40	41.0	0.12
tumour sizo					0.12
c2 cm	206	617	58	527	
<2 cm	120	202	52	17.2	
/z cm	120	50.5	JZ	47.5	0.047
invasion					0.047
Abcent	253	75 7	72	65 5	
Procont	233	24.2	20	24.5	
Viscoral plaural	01	24.5	50	54.5	0.005
invasion					0.005
Abcont	200	025	01	827	
Drocont	202	75	71 10	02.7	
STAC	25	7.5	17	17.5	0.009
Abcont	244	72 1	65	501	0.000
Procont	244	26.0	45	10.0	
FIESEIIL	70	20.7	45	40.7	

 Table 2:
 Patient characteristics and preoperative peripheral monocyte counts

Significant P-values are shown in bold.

COPD: chronic obstructive pulmonary disease; CT: computed tomography; ILD: interstitial lung disease; STAS: spread through air spaces.

prognostic factor for OS (HR: 2.13, 95% CI: 1.22–3.75, P=0.008). The other independent prognostic factors were the CT tumour size (HR: 2.01, 95% CI: 1.18–3.42, P=0.011) and surgical procedure (HR: 3.78, 95% CI: 2.21–6.47, P < 0.001; Table 4).

Correlation between the number of CD68+ tumour-associated macrophages in tumours and the peripheral monocyte count

The number of CD68+ TAMs in tumours was 18 ± 23 (median: 11, range: 0–163). The number of CD68+ TAMs was higher in the



Figure 2. Association between the incidence of spread through air spaces and the peripheral monocyte count. The incidence of spread through air spaces was higher in patients with a higher peripheral monocyte count score (incidence of patients with spread through air spaces, 22% for score 1, 26% for score 2, 32% for score 3 and 41% for score 4; P = 0.017). STAS: spread through air spaces.

group with a peripheral monocyte count score of 4 than in the group with peripheral monocyte count scores of 1-3 (median: 13, range: 0-107 vs median: 10, range: 0-163, P = 0.013).

DISCUSSION

In the present study, peripheral monocyte count was found to be an independent predictive factor for postoperative recurrence in pathological Stage I lung adenocarcinoma, and it was associated with the incidence of STAS. Monocytes contribute to the inflammatory process through their differentiation into macrophages or dendritic cells in the tissue microenvironment [11]. Monocytes can also stimulate cancer cell migration and inhibit anti-tumour immunity [12, 13]. Hamilton *et al.* [14] reported that macrophages derived from monocytes interact with circulating tumour cells to release cytokines, chemokines and growth factors, resulting in aggressive circulating tumour cell invasion behaviour in small cell lung cancer. TAMs are also known to stimulate tumour cell proliferation, promote angiogenesis and favour invasion and metastasis by producing growth and angiogenic factors. Thus, a high monocyte count may lead to tumour progression [15].

Peripheral monocytes and myeloid progenitor cells grow into TAMs when they enter tumours [16]. TAMs are classified into 2 phenotypes, namely, classically activated type 1 macrophages (M1) and alternatively activated type 2 macrophages (M2) [17]. These macrophages are polarized in the M1 pathway and are affected by bacterial moieties such as lipopolysaccharides and cytokines including interferon-gamma. Activated M1 macrophages promote an anti-tumour response, eliminate tumour cells, present antigens to T cells for an adaptive immune response and produce cytokines [17, 18]. In contrast, exposure to Th2 and tumour-derived cytokines such as interleukin-4, interleukin-10, interleukin-13, transforming growth factor-beta and prostaglandin E2, promotes M2 polarization [19]. M2 macrophages, which promote tumour development, express high levels of class A scavenger receptors (CD204) and mannose receptors (CD163) [20, 21], suppress Th1-mediated inflammation through IL-10 and IL-1b production and promote angiogenesis via vascular endothelial growth factor production [22-24]. In this study, TAMs were stained with CD68, which is known as a pan-macrophage

Table 3:	Univariable associations of patient outcome with
clinicopath	ologic factors and preoperative monocyte counts

Variables	Ν	5-year RFP	Р	5-year OS	P-value
Age, years			0.99		0.004
≤65	144	86%		92%	
>65	300	85%		80%	
Sex			0.012		0.002
Female	206	91%		91%	
Male	238	81%		78%	
Smoking history			0.020		0.032
Never	237	90%		88%	
Ever	207	81%		79%	
Surgical procedure			0.003		<0.001
Lobectomy	333	88%		89%	
Sublobar	111	76%		65%	
resection					
CT tumour size			<0.001		0.012
≤2 cm	287	91%		88%	
>2 cm	157	75%		77%	
Pathological invasive			<0.001		0.002
tumour size					
≤2 cm	264	91%		89%	
>2 cm	180	78%		77%	
Lymphovascular			<0.001		<0.001
invasion					
Absent	325	92%		89%	
Present	119	68%		69%	
Visceral pleural			<0.001		<0.001
invasion					
Absent	400	88%		86%	
Present	44	64%		67%	
STAS			<0.001		<0.001
Absent	309	94%		88%	
Present	135	66%		74%	
Monocyte counts			<0.001		<0.001
Score 1–3	334	89%		92%	
Score 4	110	74%		76%	

Significant P-values are shown in bold.

CT: computed tomography; OS: overall survival; RFP: recurrence-free probability; STAS: spread through air spaces.

•			
Variables	Category	HR	95% CI
Recurrence-Free Probability			
Sex	Male vs. female	1.18	0.53 - 2.63
Smoking history	Ever vs. never	1.41	0.67 - 2.93
CT tumor size	> 2cm vs. < 2cm	3.30	1.90 – 5.71
Surgical procedure	Sublobar vs. lobectomy	2.40	1.38 - 4.17
Monocyte counts	Score 4 < Score 1-3	1.88	1.07 – 3.31
Overall survival			
Age	> 65 vs. < 65	1.01	1.00 - 1.02
Sex	Male vs. female	1.51	0.67 - 3.42
Smoking history	Ever vs. never	1.06	0.52 - 2.17
CT tumor size	> 2cm vs. < 2cm	2.01	1.18 - 3.42
Surgical procedure	Sublobar vs. lobectomy	3.78	2.21 - 6.47
Monocyte counts	Score 4 < Score 1-3	2.13	1.22 - 3.75

Table 4: Multivariable analysis

Significant *p*-values are shown in bold.

CI, confidence interval; CT, computed tomography; HR, hazard ratio.

marker, but they were not stained using a specific anti-CD163 antibody, which is a distinct M2 macrophage marker. However, as described in a previous study [25], M2 macrophages primarily constitute TAMs in the distinct tumour microenvironment. This finding supports the hypothesis that the prognostic and biological significance of CD68+ total macrophages is at least partly consistent with that of CD163+ M2 macrophages.

In this study, a higher peripheral monocyte count was significantly associated with a poor prognosis in Stage I lung adenocarcinoma. Furthermore, the peripheral monocyte count correlated with STAS and the number of CD68+ TAMs. Patients with a higher peripheral monocyte count were more likely to harbour STAS-positive tumours. STAS is a form of lung cancer spread defined as the presence of tumour cells within air spaces in the lung parenchyma beyond the edge of the main tumour [18, 26, 27]. Therefore, it is an infiltrative form of lung cancer and is widely known to be a poor prognostic factor. In a previous study, we demonstrated using univariable analysis that the high density of CD68+ TAMs was an independent predictor of a high STAS rate and associated with a high risk of recurrence. Although the reason for the relationship between STAS and the peripheral monocyte count and the CD68+ TAM count is unclear, these results suggest that the incidence of STAS may be associated with the immunological functions of monocytederived TAMs and may indicate a complex relationship between peripheral monocytes and TAMs in lung adenocarcinoma. Further research on the distribution of monocytes around tumours is required to elucidate the underlying mechanisms.

In this study, a higher peripheral monocyte count was significantly associated with sex and smoking history. Cigarette smoking has been reported to increase the peripheral monocyte count [28, 29]. Systemic inflammation is associated with impaired lung function, particularly in patients who smoke cigarette extensively [30]. The proportion of smokers among men is known to be higher than that among women [30]. Thus, although the peripheral monocyte count is typically higher in male smokers, the monocyte count remains a significant prognostic factor after adjustment for smoking history and patient sex.

Limitations

Our study has several limitations. First, the presence of other subtypes (6.8%) of adenocarcinoma as minor components may

have influenced the results of this study. Second, we were unable to assess the epidermal growth factor receptor status of the patients, which may affect the prognosis of those with lung adenocarcinoma. Third, the retrospective design of our study is a key limitation that is liable to introduce selection bias and potentially distort the observed associations. Further prospective studies are required to confirm the present findings and to clarify the mechanism by which peripheral monocytes influence clinical outcomes.

Conclusion

In conclusion, our study demonstrated that a higher preoperative peripheral monocyte count is an independent marker for poorer prognosis in Stage I lung adenocarcinoma and is associated with a higher frequency of STAS. Peripheral monocyte count, which can be obtained from a complete blood count before surgery, may be one of the simplest prognostic markers for Stage I lung adenocarcinoma. High preoperative peripheral monocyte counts would preclude certain surgical procedures for Stage I lung adenocarcinoma, such as sublobar resection. The preoperative identification of poor prognostic factors such as STAS for Stage I lung adenocarcinoma could help clinicians make better clinical decisions regarding surgical procedures, such as lobectomy, and evaluate the indications for multidisciplinary treatment before surgery.

SUPPLEMENTARY MATERIAL

Supplementary material is available at ICVTS online.

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Conflict of interest: none declared.

Data availability statement

We confirm that the data supporting the findings of this study are available within the article and its supplementary materials.

Author contributions

Chihiro Yoshida: Data curation; Formal analysis; Investigation; Visualization; Writing–original draft. Kyuichi Kadota: Conceptualization; Funding acquisition; Methodology; Writing–review & editing. Ryo Ishikawa: Resources. Tetsuhiko Go: Validation. Reiji Haba: Project administration. Hiroyasu Yokomise: Supervision.

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