



REVIEW

Diagnostic accuracy of preoperative tests for lymph node status in endometrial cancer: a systematic review

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Abstract

Background: Approximately 72% of endometrial cancers are FIGO stage I at diagnosis and about 10% have lymph node metastases. An ideal diagnostic test for nodal disease would be able to prevent both overtreatment (i.e. unnecessary lymphadenectomy) and undertreatment (i.e. withholding lymphadenectomy or adjuvant postoperative treatment to patients with lymph node metastases). **Objectives**: In this review we compare the accuracy of preoperative tests (computed tomography, magnetic resonance imaging, positron emission tomography-computed tomography, CA-125 serum levels, and ultrasonography) for the detection of lymph node metastases in endometrial cancers with the final histopathologic diagnosis after complete pelvic and para-aortic lymphadenectomy as the gold standard. **Method**: A systematic search in MEDLINE (using PubMed), Embase and The Cochrane Library was performed up to 23 July 2012. **Results**: We found one article that met our inclusion criteria for computed tomography, none for magnetic resonance imaging, 2 for positron emission tomography/computed tomography), 2 for CA-125 and none for ultrasonography. **Conclusions**: Due to the lack of high-quality articles on a preoperative test for lymph node status in endometrial cancer, no proper comparison between these modalities can be made.

Keywords: Endometrial cancer; lymph nodes; diagnosis; staging; lymphadenectomy; test.

Introduction

Endometrial cancer is the most common gynaecological cancer in North America and Europe and the incidence is still increasing due to prolonged life expectancy, changes in reproductive behaviour, prevalence of overweight, as well as (unopposed) use of hormone replacement therapy^[1-6]. Approximately 72% of endometrial cancers are FIGO stage I at diagnosis, 12% are stage II, 13% are stage III, and 3% are stage IV^[5,7]. Overall 5-year survival is around $80\%^{[8,9]}$. Endometrial cancer is commonly classified into 2 types. Type I tumours (about 80%) are endometrioid carcinomas arising in a

background of hyperplasia in obese women. These tumours are usually low grade, oestrogen related and follow a more favourable course. In contrast, type II tumours (about 20%) are non-endometrioid (predominantly serous and clear cell) carcinomas arising in endometrial polyps or from precancerous lesions in the vicinity of an atrophic endometrium. These tumours are high grade, not oestrogen related, often invade the myometrium and (lymph) vascular spaces, and have a high mortality rate^[10].

At the time of operation, about 1 in every 10 clinical stage I endometrial cancers have lymph node metastases^[11-15]. In this group, 6-8% have pelvic

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lymph node (PLN) metastases of which up to two-thirds have concomitant para-aortic lymph node (PAN) metastases. The remaining 2% have metastases to the PAN only^[8,12,16–18]. These type II tumours are responsible for 50% of these lymph node metastases. The other 50% is present in clinically low-risk patients (type I). Lymph node involvement represents worse disease and in the case of PAN metastases, it is a separate predictor of poor outcome^[18,19]. Therefore, complete surgical staging is recommended for most women with endometrial cancer by several (gynaecologic) societies and includes exploration of the abdomen and pelvis with biopsy of any suspicious lesions, total abdominal hysterectomy (TAH), bilateral salpingo-oophorectomy (BSO) and complete pelvic and para-aortic lymphadenectomy^[8,16,20]. However, given the favourable outcome for most cases and the potential complications of an extended procedure, the benefits of a complete pelvic and para-aortic lymphadenectomy as part of the routine staging procedure remains controversial^[1,9,11,12,19,21–23]. Despite increasing literature documenting that most patients with positive pelvic nodes also have metastatic para-aortic nodal involvement, lymphadenectomy is frequently limited to the pelvis^[17,24–26]. Subsequently, in these cases often only pelvic radiotherapy is given, omitting the para-aortic region. As a result, in these patients and in patients with negative pelvic but positive para-aortic nodes, adequate postoperative treatment is withheld. Even in the recently published prospective randomized trials that aimed to test the therapeutic benefit of lymphadenectomy, the authors used incomplete staging procedures, thus failing to address the para-aortic area^[14,18,27]. The goal of complete pelvic and para-aortic lymphadenectomy is to correctly stage all patients for adequate outcome comparison, stratification into prognostic categories, and guide optimal postoperative treatment in order to maximize survival. Moreover, as was again suggested recently, it may also have a therapeutic effect^[28,29].

A preoperative test that could accurately recognize nodal disease would prevent both overtreatment (i.e. unnecessary pelvic and para-aortic lymphadenectomy) and undertreatment (i.e. withholding complete lymphadenectomy or adjuvant postoperative treatment to patients with lymph node metastases). For this reason, we conducted a review of the literature. We aimed to identify and compare all preoperative diagnostic tests that have been evaluated for the detection of lymph node metastases in endometrial cancer. We only included studies that used the final histopathologic diagnosis after complete pelvic and para-aortic lymphadenectomy as a reference standard.

Materials and methods

Search strategy and selection criteria

To identify all preoperative tests that are evaluated for prediction of lymph node metastases in endometrial cancer (Search I), we first performed a systematic search in MEDLINE (by using PubMed) Embase and The Cochrane Library up to 23 July 2012.

• Search I: ("Endometrial Neoplasms" [MeSH] OR Endometrial Neoplasms OR Endometrial Endometrial carcinoma) AND cancer OR ("Lymph Nodes" [MeSH] OR "Lymphatic Metastasis" [MeSH] OR Lymphatic Metastasis OR Lymphatic Metastases OR Lymph node OR Lymph nodes) AND ("Diagnosis" [MeSH] OR "Tumor Markers, Biological" [MeSH] OR Tumor Markers, Biological OR Tumor Markers OR Tumor Marker OR Diagnosis OR Assessment OR Staging).

To find all original articles on a specific preoperative test for prediction of lymph node metastases by evaluation of lymph nodes in endometrial cancer we conducted Search II.

• Search II: the preoperative tests identified by Search I were individually combined as MeSH and text words with the following terms to form Search II: (Preoperative test x) AND ("Endometrial Neoplasms" [MeSH] OR Endometrial Neoplasms OR Endometrial cancer OR Endometrial carcinoma) AND ("Lymph Nodes" [MeSH] OR "Lymphatic Metastasis" [MeSH] OR Lymphatic Metastasis OR Lymphatic Metastases OR Lymph node OR Lymph nodes).

No limits were set. Two investigators (HP and HT) extracted data independently when the following inclusion criteria were met:

- Study population consisted of at least 10 patients. All patients underwent the index test as well as the reference test
- Index test evaluated the PLNs and PANs before surgery
- Reference test was the histopathologic examination of lymph nodes removed by complete pelvic and para-aortic lymphadenectomy
- Data for 2×2 tables must be extractable

Quality assessment

Study quality was assessed using the QUADAS-list (Quality Assessment of Diagnostic Accuracy Studies), which is a generic tool developed specifically for use in reviews of diagnostic test accuracy^[30]. The *Cochrane Handbook for Diagnostic Test Accuracy Reviews* recommends the use of 11 of the 14 original QUADAS items, because the 3 excluded items relate to the quality of reporting rather than methodology (http://srdta.co chrane.org/handbook-dta-reviews Chapter 9). In accordance with the Cochrane Handbook advice, we added one item that was relevant for this review: item 12 (see Table 1).

Table 1 Quality assessment.

1	Representative spectrum?	Positive, if the endometrial cancer patients were consecutively selected in a prospective way
2	Acceptable reference standard?	Positive, if a complete pelvic and para-aortic lymphadenectomy was performed and all removed lymph nodes were histopathologically examined
3	Acceptable delay between tests?	Positive, if the delay between the index test and the reference standard was less than 2 weeks
4	Partial verification avoided?	Positive, if all patients receiving the index test were verified by the reference standard
5	Differential verification avoided?	Positive, if the same reference standard was applied in all patients, irrespective of the index test
6	Incorporation avoided?	Positive, if the reference standard was independent of the index test and did not form a part of it
7	Index test results blinded?	Positive, if the reference standard results were interpreted without knowledge of the results of the index
8	Reference standard results blinded?	Positive, if the index test results were interpreted without knowledge of the results of the reference standard
9	Relevant clinical information?	Positive, if the same clinical data would be available when the test results would be interpreted if the test would be used in practice
10	Uninterpretable results reported?	Positive, if uninterpretable or intermediate test results were reported
11	Withdrawals explained?	Positive, if withdrawals from the study were explained
12	Cutoff values set before study start?	Positive, if cutoff values for the tests were established before the study start

Items 1 to 11 are the QUADAS items recommended by the *Cochrane Handbook for Diagnostic Test Accuracy Reviews*. QUADAS and the Cochrane handbook advise adding quality items whenever relevant to a specific review topic. Item 12 was added in this review.

Results

Search results and study selection

The first selection, based on title and abstract, was done independently by 2 investigators (HP and HT). From all selected studies, the full-text articles were retrieved and evaluated to assess whether they met the inclusion criteria. Any disagreement was solved by involvement of a third investigator (RK). Reference lists in all selected articles were manually searched for additional eligible articles.

A total of 2110 articles were found by Search I. Subsequently, the search was limited to the following article types: meta-analysis, practice guideline and review. For the remaining articles (N=312), the abstract was critically examined resulting in the exclusion of 299 studies. Thirteen full-text articles were retrieved for a thorough analysis and the following preoperative tests were identified: computed tomography (CT)^[21,31-33], magnetic resonance imaging (MRI)^[13,21,31-38], positron emission tomography (PET)^[5,21,39], preoperative CA-125 serum levels^[40], and ultrasonography^[33] (Fig. 1).

Search II yielded the following hits: 155 for CT, 134 for MRI, 41 for PET/(CT), 42 for CA-125 serum levels, and 99 for ultrasonography (Fig. 2). Most of the studies that were excluded focused on assessment of myometrial or cervical invasion rather than evaluation of the lymph nodes.

CT

The specific electronic search on CT yielded 155 articles of which 132 were excluded after reviewing the title and abstract (Fig. 1). Common reasons for exclusion were a focus on assessment of myometrial or cervical invasion rather than evaluation of the lymph nodes or therapeutic modalities other than a complete staging procedure. Of the remaining 23 studies, the full-text articles were retrieved for data extraction. Only 1 article met the inclusion criteria (Table 2).

In this article, Ryo et al.^[41] evaluated the usefulness of CT, intraoperative ultrasonography and intrauterine pathologic findings in reducing the number of unnecessary para-aortic lymphadenectomies in women with endometrial cancer. The authors reported a sensitivity of 38.9% and a specificity of 100% for CT (Table 3) based on a population of 91 patients, 18 of whom had PAN metastases. The cutoff value for an abnormal lymph node on CT was set at a mean diameter of more than 5 mm. The high number of patients with PAN metastases (18/91) can be explained by the exclusion criteria for this prospective study: grade I endometrial carcinoma, no myometrial invasion, evident distant metastases, age older than 75 years and bad performance status, which was not further specified.

MRI

After reviewing the title and abstract of 134 potential articles found by the specific search on MRI, we excluded 106 studies (Fig. 1), most of which concentrated on risk factors for lymph node metastases such as myometrial invasion by the endometrial cancer, rather than evaluating the lymph nodes themselves. None of the remaining 28 articles met the inclusion criteria (Table 2).

PET/(CT)

The specific electronic search on PET/(CT) yielded 41 articles of which 27 were excluded after reviewing the title and abstract (Fig. 1). Common reasons for exclusion were a focus on recurrent endometrial cancer or other types of cancer (e.g. cervix or breast). Of the remaining 14 studies, the full-text articles were retrieved for data extraction. Two articles met the inclusion criteria (Table 2).

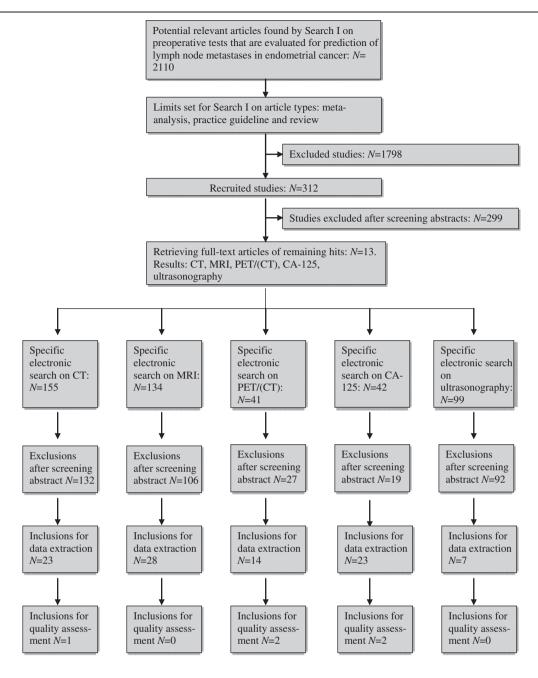


Figure 1 Results of Search I and Search II.

	Representative spectrum?	Acceptable reference standard?	Acceptable delay between tests?	Partial verification avoided?	Differential verification avoided?	Incorporation avoided?	Index test results blinded?	Reference standard results blinded?	Relevant clinical information?			Cutoff values set before start study?
Ryo 2011	+	+	+	+	+	+	?	+	+	+	+	+
Horowitz 2004	+	+	_	+	+	+	?	+	+	+	+	+
Nayot 2008	+	+	-	+	+	+	?	+	+	+	+	_
Ebina 2002	?	+	?	+	+	+	?	-	+	+	+	_
Todo 2003	-	+	?	+	+	+	?	_	+	+	+	_
Uharcek 2009	-	+	+	+	+	+	?	_	+	+	+	-
Yoon 2010	-	+	?	+	+	+	?	_	+	+	+	_

Figure 2 Methodological quality summary of the studies included.

	CT	MRI	PET/(CT)	CA-125	Ultrasonography
Inclusions based on title and abstract	23	28	14	23	7
Exclusions after data extraction					
Review article	5	6	3	_	1
No original data	1	2	-	_	_
Lymph nodes not assessed by index test	1	1	_	_	4
Complete pelvic and para-aortic lymphadenectomy not performed	13	15	8	18	1
2×2 table not reproducible	2	4	1	3	-
Index test was not a preoperative test					1
Inclusions for quality assessment	1	0	2	2	0

Table 2 Results of data extraction (number of publications)

Horowitz et al.^[42] found a sensitivity of 66.7% and specificity of 93.8% for detection of metastatic lymph nodes by [¹⁸F]fluoro-2-deoxy-D-glucose (FDG)-PET when used without CT. This was a patient-based calculation. They evaluated 19 patients with uterine corpus cancer before surgical staging. In this population, 2 patients had positive lymph nodes confirmed by surgery. One patient had a positive supraclavicular lymph node (stage IV disease) and the abnormal FDG uptake in her right PLNs and PANs was considered to be a true-positive result despite the fact that surgery was not performed. We excluded this patient from further analysis and made a new 2×2 table, which was possible due to the detailed tables provided by the authors. At the patient level, sensitivity decreased to 50.0% and specificity remained 93.8% (Table 3).

The second article concerned a pilot study from Nayot et al.^[43] in which 12 patients with endometrial cancer underwent a complete staging procedure up to the renal vessels. Although the surgeons were not blinded to the preoperative PET/CT results, the authors stated that all surgical procedures were performed systematically. Sensitivity and specificity at the patient level were 100% and 100%, respectively (Table 3).

CA-125

The specific electronic search on CA-125 yielded 42 articles of which 19 were excluded after reviewing the title and abstract (Fig. 1). Common reasons for exclusion were a focus on immunohistochemistry (IHC) or other treatment modalities (e.g. chemotherapy, radiotherapy). Of the remaining 23 studies, the full-text articles were retrieved for data extraction. Two articles met the inclusion criteria (Table 2).

Todo et al.^[44] divided their patients with endometrial cancer into pre- and postmenopausal groups. In all but 2 patients, they performed a complete pelvic and paraaortic lymphadenectomy up to the level of the renal vessels. Because this was less than 1% of all patients, we decided not to exclude this study from further analysis. Of the 214 patients in their study, 29 had positive PLN and 19 had positive PAN. To calculate sensitivity and specificity, we took data from their tables in which they used a cutoff level of CA-125 for PLN and PAN metastases of 28 U/ml for patients aged >50 years and 70 U/ml for patients <50 years. The calculated sensitivity and specificity were 72.4% and 75.1% for PLN metastases and 73.7% and 78.3% for PAN metastases (Table 3).

Yoon et al.^[45] staged 131 low-risk patients with endometrial cancer. All patients were preoperatively presumed to be grade 1, stage 1 and histologically confirmed as endometrioid carcinoma. After a complete staging procedure, 6 patients had lymph node metastases; 4 of these patients had metastasis in both the pelvic and para-aortic regions, and 2 only in the para-aortic region. In their study, 6.8% of patients were upgraded to grade 2 or 3 and 12.9% were upstaged. Using a CA-125 cutoff level of 31 U/ml, the calculated sensitivity and specificity were 83.3% and 76.8%, respectively, for PAN metastases (Table 3).

It was not possible to calculate a receiver operating curve for the included studies for 2 reasons. First, the articles did not provide the CA-125 levels of the individual patients and their lymph node status. Second, the first study examined the CA-125 level in comparison with PLN and PAN metastases separately and the second study only in comparison with PAN metastases.

Ultrasonography

The specific electronic search on ultrasonography yielded 99 articles of which 92 were excluded after reviewing the title and abstract (Fig. 1). Common reasons for exclusion were a focus on other endometrial cancer metastases, other types of cancer (e.g. cervix, ovary, breast) or myometrial invasion. Of the remaining 7 studies, the full-text articles were retrieved for data extraction. No article met the inclusion criteria. Ryo et al.^[41] evaluated lymph nodes by ultrasonography; however this was done intraoperatively rather than preoperatively.

Quality assessment results

Items were scored independently by 2 investigators (HP and HT) as positive, negative or unclear and are summarized in Fig. 2. Any disagreement was solved by involvement of a third investigator (RK).

All selected articles scored positive on the following QUADAS items: acceptable reference standard, partial

Table 3	Table 3 Clinical features of the studies included	of the stud	ies included								
Author	Patients (n) Index test	Index test	Reference test	PA LAD level	Statistical analysis	Sensitivity (%) 95% CI	95% CI	Specificity (%)	95% CI	Add	NPV
Ryo ^[48]	91	CT	P+PA LAD	RV	Per pat	38.9 (7/18)	0.18-0.64	100.0 (73/73)	0.94 - 1.00	100.0 (7/7)	86.9 (73/84)
Horowitz ^[49]	91 18	PET	P + PA LAD	IMA	Per pat (+LNA)	50.0 (1/2)	0.03-0.97	93.8 (15/16)	0.68 - 1.00	50.0 (1/2)	93.8 (15/16)
Nayot ^[50]	12	PET/CT	P + PA LAD	RV	Per pat (+LNA)	100.0 (3/3)	0.31 - 1.00	100.0 (9/9)	0.63 - 1.00	100.0 (3/3)	100.0 (9/9)
Todo ^[55]	214	CA-125	P + PA LAD	RV	Per pat P	72.4 (21/29)	0.53 - 0.87	75.1 (139/185)	0.68-0.81	31.3 (21/67)	94.6 (139/147)
					Per pat PA	73.7 (14/19)	0.49 - 0.90	78.3 (151/193)	0.72-0.84	25.0 (14/56)	96.8 (151/156)
Yoon ^[56]	131	CA-125	P + PA LAD	RV	Per pat	83.3 (5/6)	0.36 - 0.99	76-8 (96/125)	0.68 - 0.84	14.7 (5/34)	0.06/97) 0.99
IMA, inferi patient con	IMA, inferior mesenteric artery, LNA, lymph node area (was not used in this patient concerning pelvic lymph node metastases: Per pat PA. per patient co	LNA, lymph r node metasta	node area (was not u ses: Per pat PA, per	ised in this tab	IMA, inferior mesenteric artery; LNA, lymph node area (was not used in this table, but is possible based on information provided by the authors); P + PA LAD, pelvic and para-aortic lymphadenectomy; Per pat P, per patient concerning perient concerning para-aortic lymphadenectomy; Per pat P, read para-aortic lymphadenectomy; Per pat P, per patient concerning perient concerning para-aortic lymphadenectomy; Per pat P, read period para-aortic lymphadenectomy; Per pat P, read period period period period para-aortic lymphadenectomy; Per pat P, read period	1 on information pro h node metastases:]	wided by the aut Per pat, per pati	hors); P + PA LAD, 1 ent: RV. renal vessels	pelvic and para-a	ortic lymphadenect	omy; Per pat P, per

and differential verification avoided, relevant clinical information, uninterpretable results reported and withdrawals explained. The CA-125 studies scored negative or unclear on the representative spectrum item because the study design was retrospective or it was not clear if it was really prospective. The item acceptable delay between tests was scored negative in both PET/(CT) studies, because the delay was more than 2 weeks and, in 3 of 4 CA-125 studies, the delay between the tests was not described. No article described if the pathologist was blinded to the results of the index test or surgical outcome: item 7, index test results blinded. For obvious reasons, all the CA-125 articles scored negative on the items reference standard results blinded and cutoff values set before study start, because the CA-125 values were interpreted in conjunction with the histopathologic results.

Discussion

Accurate preoperative assessment of the lymph nodes could ideally identify those patients with advanced stage disease, who might benefit from more extensive surgical procedures and adjuvant therapies. Although most cases have negative lymph nodes, even in preoperative, supposedly extreme low-risk patients (stage I, grade I), the incidence of PAN metastases is still $4.6\%^{[45]}$.

Precise preoperative knowledge of the lymph node status can also prevent overtreatment in low-risk patients, who will not benefit from an extensive surgical procedure, but would be exposed unnecessarily to excess morbidity. After lymphadenectomy 2.4-10.5% of patients have lymphoedema^[46,47]. Other common complications are small bowel obstruction (2.3-4.4%), lymphocysts (2.4-7.6%) and deep venous thrombus $(2.6\%)^{[11,45]}$. Comparing patients undergoing selective pelvic and aortic lymphadenectomy with those undergoing selective pelvic lymphadenectomy alone, the first group has longer anaesthesia time (median, 220 vs 204 min; P = 0.011), longer hospital stay (8 vs 5 days; P < 0.0001), and higher estimated blood loss (500 vs 300 ml; P < 0.0001). Because in the past blood transfusions were given more generously than today, a much higher frequency of blood transfusions can be observed in older studies (23% in pelvic and para-aortic lymphadenectomies vs 5% in pelvic lymphadenectomies alone) than in the more recent ones (1.5% in complete pelvic and para-aortic lymphadenectomies)^[11,45].

After a thorough literature search, we identified 5 diagnostic tests for evaluation of lymph node status in patients with endometrial cancer. A separate search was performed for these 5 tests to compare their accuracy in terms of sensitivity and specificity, using the final histopathologic diagnosis as a reference. In general, several limitations were found. Most studies examined small patient numbers, which is reflected in the large confidence intervals calculated in Table 3 (http://faculty.vassar.edu/lowry/clin1.html). Most studies were retrospective analyses, with a mix of diverse endometrial cancer stages, comparing dissimilar end points (e.g. number of lymph nodes per patient or per lymph node area, or per region of interest), using different treatment strategies, or performing lymphadenectomy to different levels of extent. Furthermore, most studies did not describe how the histologic examination was performed and some studies used techniques such as IHC to identify micrometastases. All these limitations made it hard to compare this heterogeneous group of studies and draw solid conclusions.

The large variety in the extent of lymph node sampling and lymphadenectomy has an important effect on statistical values such as the number of false-negative cases and the sensitivity. Numerous studies compared preoperative tests with histopathologic results of lymph nodes yielded by lymph node sampling or pelvic lymphadenectomy only. The number of false-negative cases and the sensitivity would have been much lower if complete pelvic and para-aortic lymphadenectomy up to the level of the renal vessels had been performed^[18]. For this reason, incomplete pelvic and para-aortic lymphadenectomy was one of the major reasons for exclusion. According to Mariani et al.^[17], 67% of patients with lymphatic dissemination have para-aortic lymph metastases. Furthermore, 77% of these metastases are above the inferior mesenteric artery (IMA), whereas nodes in the ipsilateral para-aortic area below the IMA and ipsilateral common iliac basin were declared negative in 60% and 71%, respectively. In addition to the level to which the lymphadenectomy was performed, the number of resected lymph nodes differed greatly between the studies included.

Reviewing the results for the 4 radiologic modalities, we found 1 article that met our inclusion criteria for CT, none for MRI, 2 for PET/(CT) and none for ultrasonography. With its sensitivity of 38.9% and specificity of 100%, CT is a poor diagnostic tool for evaluating lymph node status in patients with endometrial cancer^[41]. No conclusions can be drawn for MRI and ultrasonography and the position of PET/(CT) in the diagnostic arsenal is unclear. For PET/(CT), only 2 small studies were included, which showed a range in sensitivity from 50% to 100%^[42,43].

A major restriction of all radiologic techniques is the minimal size a lymph node must be to be suspicious for metastasis. Most authors consider a lymph node to be enlarged when it exceeds 10 mm, although several reports suggest that metastatic lymph nodes may be 2 mm or less in diameter^[48–50]. This also explains why lymph nodes may remain undiagnosed by sampling or selective lymphadenectomy, because they cannot be identified on direct vision or by palpation, which again strengthens the need for complete pelvic and para-aortic lymphadenectomy. The clinical significance of micrometastases and the use of IHC in endometrial cancer remain

uncertain. The incidence of micrometastases among haematoxylin and eosin (H&E) negative lymph nodes varies widely. In a retrospective study of 51 patients with endometrial cancer, McCoy et al.^[51] found 2 IHC-positive micrometastases in 151 H&E negative lymph nodes. The mean number of lymph nodes per patient was low (12.2). In another recent study, Erkanli et al.^[52] retrospectively reviewed 47 patients with endometrial cancer with previously reported negative lymph nodes on routine histopathology. With IHC, 7 (14.9%) were found to have micrometastases. Six of these 7 patients (85.7%) had high-risk endometrial cancer. Among the patients with high-risk endometrial cancer, 50% had micrometastases. Future studies will have to determine the significance of micrometastases in endometrial cancer, the role they play in recurrent disease and the effect that adjuvant therapies have in these cases.

The CA-125 serum level is widely used as a preoperative test to estimate the risk of extrauterine spread and lymph node metastases in endometrial cancer. However, the optimal cutoff value has not been determined yet and correlations between the levels of CA-125 in serum and lymph node metastases remain inconsistent^[53]. One of the possible explanations could be that different histologic tumour types cause different changes in serum levels of CA-125^[54]. Another explanation could be that patients with lymph node metastases are at increased risk of other extrauterine metastases, which can also cause an increase in serum levels of CA-125, making differentiation of the origin of this increase impossible.

Conclusion

Due to the lack of high-quality articles on preoperative tests for lymph node status in endometrial cancer, no proper comparison between these modalities can be made. More prospective research must be done in this field of gynaecologic oncology with strict inclusion criteria and complete pelvic and para-aortic lymphadenectomies up to the renal vessels in all patients included as the first part of the reference test. The second part should not only include the classic histopathologic examination of the lymph nodes with H&E staining but also IHC to detect micrometastases. In this way, the prognostic value of micrometastases in endometrial cancer could also be determined.

Conflict of interest

The authors declare that there are no conflicts of interest

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