Liver Infarction and Venous Thromboembolism after Tamoxifen Use in an ADPKD Patient with Encapsulating Peritoneal Sclerosis: A Case Report

Kyoung Min Kwak*, Gwang Ho Choi*, Kwang Eon Shim, Ho Yong Jin, Seok Hyung Kim, Jong Woo Yoon, Hyunsuk Kim

Department of Internal Medicine, Hallym University Medical Center, Chuncheon Sacred Heart Hospital, Hallym University College of Medicine, Chuncheon, Korea

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Corresponding Author: Hyunsuk Kim, MD, PhD Department of Internal Medicine, Hallym University Medical Center, Chuncheon Sacred Heart Hospital, Hallym University College of Medicine,

Chuncheon 24253, Korea Tel: +82-33-240-5196 Fax: +82-33-255-6244

E-mail: nephrokim@hallym.or.kr

*These two authors were equally contributed to

this manuscript.

Encapsulating peritoneal sclerosis (EPS) is a potentially fatal complication after long-term peritoneal dialysis, and tamoxifen can be used for its prevention and treatment. However, tamoxifen is known to increase the risk of venous thromboembolism. A 49-year-old woman was admitted with sudden abdominal pain. The patient had received peritoneal dialysis for 20 years and switched to hemodialysis after the diagnosis of EPS. Tamoxifen (10 mg) and prednisolone (20 mg) had been administered for 8 months. On computed tomography, the left hepatic lobe was hardly illuminated, leading to a diagnosis of liver infarction. A month later, she was re-admitted due to abdominal pain and extensive deep vein thrombosis of the leg. The administration of tamoxifen was stopped and prednisolone was reduced to 10 mg. As her malnutrition progressed, she succumbed to death of gram negative sepsis. The patient was concluded to have liver infarction and extensive venous thrombosis as a side effect of tamoxifen.

Key Words: Encapsulating peritoneal sclerosis, Liver infarction, Tamoxifen, Venous thromboembolism

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INTRODUCTION

Encapsulating peritoneal sclerosis (EPS) is uncommon, but could be the most critical complication of long-term peritoneal dialysis. It is defined as a clinical syndrome characterized by a persisting intestinal obstruction, intermittent or recurrent, associated with peritoneal thickening, sclerosis, calcification, or encapsulation, with or without the presence of inflammatory markers¹⁾. Both surgical and medical options exist to treat EPS, but conservative treatment is the current standard approach, although it may be insufficient²⁾.

Tamoxifen, which is used to treat malignancies such as breast cancer, increases the risk of thromboembolism in addition to thromboembolic effect of malignancy itself³⁾.

Although it is not clear how tamoxifen increases the risk of thromboembolism, its thromboembolic effect seems to be related to the factor V Leiden mutation and other mechanism^{4,5)}. Currently, tamoxifen is a component of the mainstream approach to the medical prevention and treatment of EPS⁶⁾. Despite its promising efficacy, tamoxifen is known to increase the risk of thromboembolism⁷⁾. Many cases of tamoxifen-related thromboembolism have been reported in cancer patients, but no case reports have described the extent of a thromboembolic event after tamoxifen use to treat EPS.

Herein, we describe our experience with an ambulatory case of hepatic artery thrombosis and extensive venous thrombosis of the leg that occurred during the use of tamoxifen to treat EPS.

CASE REPORT

A 49-year-old end-stage renal disease (ESRD) female patient was admitted with abdominal pain that suddenly occurred during hemodialysis. Her etiology of ESRD was polycystic kidney disease, and she had received peritoneal dialysis for 20 years and switched to hemodialysis after the diagnosis of EPS. Since gross hematuria caused by hemorrhagic cysts frequently occurred, heparin was not used during hemodialysis. For conservative management of EPS, tamoxifen (10 mg) and prednisolone (20 mg) had been administered for 8 months. During the period when these two medications were administered, the patient's abdominal pain and ileus were controlled to some degree and she maintained the ability to carry out routine household tasks and oral feeding. Her abdominal pain mostly continued in the right upper quadrant and periumbilical area, and abdominal computed tomography (CT) showed tenderness in this region. Abdominal CT shows EPS accompanied with massive amounts of ascites in an ADPKD patient with numerous renal cysts. Abdominal X-ray shows mechanical ileus and ascites with calcification along the peritoneal membrane (Fig. 1). Due to EPS, there was a feeling of touching dough. The patient's blood pressure at the time of hospitalization was 130/60 mmHg, her heart rate was 86 beats per minute, her respiratory rate was 20 breaths per minute, and her temperature was 36.7°C. Patient's family has provided informed consent for publication of the case. Patient has

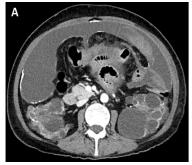




Fig. 1. Initial abdominal imaging. (**A**) Abdominal CT shows EPS accompanied with massive amounts of ascites in an ADPKD patient with numerous renal cysts. (**B**) Abdominal X-ray shows mechanical ileus and ascites with calcification along the peritoneal membrane.

provided informed consent for publication of the case. This study was approved by Institutional Review Board (IRB approval number: 2017-11-106) and procedures were in accordance with the ethical standards with the Helsinki Declaration of 1975 (and as revised in 1983).

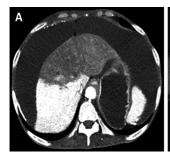
1. Investigations

Her white blood cell (6,910/ μ L) count and C-reactive protein (9.3 mg/L) level were almost in the normal range. Previously, her platelet count was in the normal range. Additionally, the patient had no known chronic liver disease or cirrhosis. However, thrombocytopenia (37,000/ μ L) was present at this admission, which is known to be a rare complication of tamoxifen. Her prothrombin time, and activated partial prothrombin time were in the normal range. However, the antithrombin-III (40%) and fibrinogen (198 mg/dL) were decreased, and fibrinogen degradation production (6.19 ug/mL) and D-dimer (1,176 ng/mL) were markedly increased (Table 1).

Table 1. Laboratory findings of the patients at the time of admission

Variables	Value	Reference
White blood cell count	6,910	3,400-9,500/μL
Hemoglobin	10.6	12.3-15.5 g/dL
Platelet count	37,000	$140,000-380,000/\mu$ L
C-reactive protein	9.3	0.00-3.0 mg/L
Blood urea nitrogen	35	10-26 mg/dL
Creatinine	4.2	0.6-1.2 mg/dL
AST	37	8-39 IU/dL
ALT	16	5-45 IU/dL
Total bilirubin	0.75	0.4-1.3 mg/dL
LDH	371	106-211 IU/L
PT, INR	1.13	0.87-1.14
aPTT	32.5	25.0-40.0 sec
AT-III	40	83-128%
Fibrinogen	198	235-465 mg/dL
FDP	6.19	0-2.01 ug/mL
D-dimer	1,176	0-243 ng/mL

AST, aspartate aminotransferase; ALT, alanine aminotransferase; LDH, lactate dehydrogenase; PT, prothrombin time; INR, international normalized ratio; aPTT, activated partial prothrombin time; AT, antithrombin; FDP, Fibrinogen degradation production.



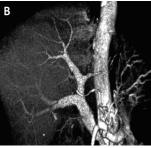


Fig. 2. Further liver imaging. (A) Abdominal CT shows infarction of the left lobe of the liver and massive ascites. The patient's EPS can be visualized, with no significant difference compared to previous CT findings. **(B)** Reconstructed angiography shows diffuse narrowing of the left hepatic artery and branch of the left portal vein with non-visualization of the left lobe, suggesting a liver infarction.

Because the patient complained of sustained and worsening abdominal pain, CT angiography was performed. On contrast CT (Fig. 2A), the left hepatic lobe was barely illuminated, leading to a diagnosis of liver infarction. The abdominal cavity had massive ascites, and calcification and thickening of the peritoneal membrane were observed, but this finding was due to the patient's EPS, and there was no significant difference compared to previous CT findings.

In a 3-dimensional reconstructed view of the vessels, diffuse luminal narrowing of the left hepatic artery and branch of the left portal vein was seen. Moreover, the left side of the liver was not visualized (Fig. 2B). Finally, the patient was diagnosed with both hepatic artery thrombosis and portal vein thrombosis, as well as liver infarction.

2. Differential diagnosis

The patient did not have clear risk factors for arterial and venous thromboembolism, as she had no underlying liver disease and no heart abnormality that could be the source of an embolism. Moreover, she was not taking any medications that could induce a thrombus other than tamoxifen and prednisolone. Therefore, she was deemed to have experienced liver infarction as a side effect of tamoxifen.

After liver infarction was diagnosed based on CT imaging, the levels of liver enzymes, lactate dehydrogenase, and prothrombin time were serially measured to monitor ischemic changes of the liver, but there were no abnormal findings. Echocardiography and electrocardiography were performed

to identify a potential source of the embolism, but no significant findings were obtained on echocardiography, and electrocardiography showed a normal sinus rhythm.

Furthermore, because she did not have fever, and had a normal white blood cell count and C-reactive protein level, we excluded infection and considered her abdominal pain to have been caused by the liver infarction.

3. Treatment

The patient's abdominal pain gradually improved with analgesics. Tamoxifen and prednisolone were maintained after discharge because ileus due to EPS was a major problem that needed to be corrected.

4. Outcome and follow-up

After a month, the patient was re-admitted with the same pattern of abdominal pain and swelling of the left leg. The patient suffered from frequent abdominal pain and was unable to take medication orally; therefore, all medications were discontinued and the patient was observed over time.

As she experienced continuous swelling in her leg during her hospital stay, Doppler sonography was performed and extensive proximal deep vein thrombosis involving the right common femoral vein, saphenous vein, and popliteal vein was identified. Malnutrition developed because of her poor oral intake. Thereafter, fever occurred, but as she refused to receive parenteral nutrition and antibiotics, she had an acute downhill course and finally died of Gram-negative sepsis.

DISCUSSION

The patient in the present case experienced liver infarction and venous thrombosis of the leg that occurred during the 8 months-use of tamoxifen for the treatment of EPS. Although an alternative explanation for the patient's venous thrombosis could be her progressive immobility, the thrombosis was too extensive to be explained only by the patient's immobility. Moreover, the patient was not completely immobile, because she was able to engage in basic household tasks such as laundry and cooking before the second admission. Additionally, the occurrence of liver in-

farction due to hepatic arterial and portal venous thromboembolism without an underlying heart problem could not be explained. Therefore, we conclude that liver infarction and venous thrombosis were highly likely to have been side effects of tamoxifen in this case.

Tamoxifen is a selective estrogen receptor modulator with both estrogenic and antagonistic potential. In a longterm trial, deep-vein thrombosis and pulmonary embolism occurred during active treatment statistically significantly more often in patients who received tamoxifen than in the placebo group⁸⁾. Additionally, case reports have shown that tamoxifen-related thromboembolic disorders could affect almost any vessel, including the tibial artery, superior sagittal sinus, cerebral vein, portal vein, and even the digital artery. In the current report, we identified tamoxifen as the cause of arterial and venous thrombosis. However, it was used together with prednisolone, which is commonly known to cause venous thrombosis. Thus, we cannot rule out the possibility that venous thrombosis was caused by prednisolone. However, there are more reports mentioning the risks of arterial thromboembolism associated with tamoxifen than with steroid, so we considered tamoxifen as a more significant causative agent than prednisolone 9-13).

The precise mechanism through which tamoxifen increases the risk of thromboembolic events has yet to be elucidated. However, in previous studies, tamoxifen has been found to lead to changes in anticoagulant proteins (antithrombin III, protein C, and protein S). In one study, both arterial and venous thromboembolism increased when tamoxifen was administered in breast cancer patients, particularly affecting the carotid and artery of extremities¹⁴⁾. This is explained by the paradoxical estrogen effect of tamoxifen and they are for instance, reduced levels of antithrombin III, and protein C and S¹⁵⁾. Paradoxically, tamoxifen therapy is related to myocardial infarct reduction, probably because the pathway to atherogenesis and thrombogenesis are affected in different ways. A certain study revealed the effect of tamoxifen on arterial microvascular anastomosis, presenting the occurrence of intimal hyperplasia when the anastomosed femoral artery of rats is administered with tamoxifen. The study mentioned the possibility that this was related to arterial thrombosis 16-19).

CT angiography is necessary for an accurate diagnosis of

hepatic artery thrombosis and remains the diagnostic gold standard²⁰⁾. Color Doppler ultrasonography also can diagnose the disease, but CT angiography has higher accuracy, and requires a short examination time²¹⁾. However, disadvantages of CT angiography include both concerns about radiation exposure and renal injury caused by the contrast material. In this case, though, the risk of renal injury was not deemed to be relevant because the patient already had no remnant renal function.

Treatment options for hepatic arterial thrombosis include intra-arterial thrombolysis, percutaneous transluminal angioplasty and stent implantation²²⁾. Furthermore, anticoagulation is the treatment of choice for both deep vein thrombosis and portal vein thrombosis^{23,24)}. We administered dalteparin at 100 IU/kg and discontinued tamoxifen, which was considered to have been the cause of hepatic arterial thrombosis. However, the patient died shortly because of a combination of progressive malnutrition and sepsis.

This case illustrates the need to consider tamoxifen as the root cause of thromboembolic disease in patients taking tamoxifen. The patient had no known liver disease or cirrhosis and was only taking tamoxifen and prednisolone for EPS treatment. Hepatic artery thrombosis and deep-vein thrombosis occurred twice over the course of a month. Since the patient had no specific risk factors, these two events are considered to have been side effects of tamoxifen²⁵⁾.

In conclusion, clinicians should bear in mind that such events can occur in patients who use tamoxifen, and careful observation is therefore needed. Moreover, additional research should investigate the mechanism underlying the association between tamoxifen and thromboembolic risk.

Disclosure

The authors have no potential conflicts of interest to disclose.

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