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Glutamine addiction promotes glucose oxidation in triple-negative breast cancer

Lake-Ee Quek^{1,12 \times}, Michelle van Geldermalsen^{2,3,12}, Yi Fang Guan⁴, Kanu Wahi⁴, Chelsea Mayoh 5,6, Seher Balaban⁷, Angel Pang⁴, Qian Wang⁴, Mark J. Cowley 5,6, Kristin K. Brown^{8,9,10}, Nigel Turner¹¹, Andrew J. Hoy 5⁷ and Jeff Holst 4

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Glutamine is a conditionally essential nutrient for many cancer cells, but it remains unclear how consuming glutamine in excess of growth requirements confers greater fitness to glutamine-addicted cancers. By contrasting two breast cancer subtypes with distinct glutamine dependencies, we show that glutamine-indispensable triple-negative breast cancer (TNBC) cells rely on a non-canonical glutamine-to-glutamate overflow, with glutamine carbon routed once through the TCA cycle. Importantly, this single-pass glutaminolysis increases TCA cycle fluxes and replenishes TCA cycle intermediates in TNBC cells, a process that achieves net oxidation of glucose but not glutamine. The coupling of glucose and glutamine catabolism appears hard-wired via a distinct TNBC gene expression profile biased to strip and then sequester glutamine nitrogen, but hampers the ability of TNBC cells to oxidise glucose when glutamine is limiting. Our results provide a new understanding of how metabolically rigid TNBC cells are sensitive to glutamine deprivation and a way to select vulnerable TNBC subtypes that may be responsive to metabolic-targeted therapies.

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INTRODUCTION

Rapid cellular proliferation is metabolically demanding, necessitating large supplies of macro-nutrients. However, the full complement of amino acids are rarely accessible to cancer cells, forcing cells to leverage available substrates to re-balance the amino acid supply-and-demand network [1], with the tricarboxylic acid (TCA) cycle being the central interconversion hub [2]. The most abundant circulating amino acid, glutamine, is not only a versatile substrate for cellular energy and proliferation, but also facilitates uptake of other amino acids, nucleotide synthesis, pH balance, redox balance, signalling and detoxification [3-5]. Glutamine addiction is used to describe how many cancer cells show increased glutamine uptake and glutamine dependence [6, 7]. Somewhat surprisingly, this glutamine consumption is excessive: roughly 50-fold greater than the amount required for protein synthesis and 7-fold greater than the next most consumed amino acids (i.e. serine, leucine) among the NCI-60 cancer cell lines [8, 9], while only ~6% of cell mass is made from glutamine [5]. Glutamine consumption is especially pronounced in the triple-negative breast cancer (TNBC) subtype, distinguished by their upregulated expression of key genes related to glutamine utilisation and sensitivity to drugs inhibiting glutamine-related pathways [10-15]. However, high glutamine uptake does not imply dependency [16]; our previous work showed Luminal A breast cancer cell lines such as MCF-7 consumed nearly as much glutamine as TNBC cells despite being insensitive to glutamine uptake inhibition [14]. Furthermore, inhibiting glutamine-related pathways does not consistently reduce viability across all cancer cell lines, not even among glutamine-dependent TNBC cell lines [15, 17, 18]. It is unclear what metabolic processes cause glutamine to be consumed at amounts greatly exceeding biosynthetic demands, and how this relates to glutamine dependency.

In this study, we used isotopically labelled glutamine to resolve glutamine utilisation in two different breast cancer subtypes (TNBC vs. Luminal A), with the TNBC subtypes sensitive to inhibition of SLC1A5/ASCT2-mediated glutamine uptake. By contrasting the two subtypes, we show that high glutamine-toglutamate overflow—via the TCA cycle—supports glucose metabolism in TNBC subtypes. Central to this process is the use of glutamine to drive acetyl-CoA oxidation through a series of amine exchanges, potentially a way to boost TCA cycle fluxes by harnessing nutrient gradients [19]. This elevates glucose oxidation in TNBC cells, but only when glutamine is available. Our work introduces a specific TCA cycle configuration, which we term "single-pass glutaminolysis", to describe a single round of glutamine TCA cycle traversal that facilitates glucose catabolism. Phenotyping tumours for a rigid glucose-glutamine metabolic coupling as a vulnerability marker holds the potential for accurate identification of tumours sensitive to the inhibition of glutamine uptake and/or metabolism.

¹School of Mathematics and Statistics, The University of Sydney, Camperdown, NSW, Australia. ²Origins of Cancer Program, Centenary Institute, The University of Sydney, Camperdown, NSW, Australia. ³Sydney Medical School, The University of Sydney, Camperdown, NSW, Australia. ⁴School of Medical Sciences and School of Clinical Medicine, UNSW Sydney, Kensington, NSW, Australia. ⁵Chool of Women's and Children's Health, UNSW Sydney, Kensington, NSW, Australia. ⁵School of Medical Sciences, Charles Perkins Centre, The University of Sydney, Camperdown, NSW, Australia. ⁸Peter MacCallum Cancer Centre, Melbourne, VIC, Australia. ⁹The Sir Peter MacCallum Department of Oncology, The University of Melbourne, Melbourne, VIC, Australia. ¹⁰Department of Pharmacology, School of Medical Sciences, UNSW Sydney, Kensington, NSW, Australia. ¹²These authors contributed equally: Lake-Ee Quek, Michelle van Geldermalsen. ²²email: lake-ee.quek@sydney.edu.au; j.holst@unsw.edu.au

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RESULTS

Uptake of glutamine is in excess of biosynthetic demands

Glutamine is oxidised for energy, but also supports a large spectrum of metabolic functions (Fig. 1a). Using radiolabelled U-14C₅-glutamine, we analysed the partitioning of glutamine carbon into six cellular fractions: intracellular acid-soluble metabolites (polar), chloroform-soluble metabolites (organic), RNA, DNA. protein and extracellular dissolved ¹⁴CO₂ (Supplementary Fig. S1a) [5]. Both HCC1806 (TNBC) and MCF-7 (Luminal A) cell lines showed comparable glutamine uptake rates based on 14C enrichment at the 15-minute mark (Fig. 1b). Consistent with our previous data [14], ¹⁴C-glutamine was predominantly partitioned into the polar fraction in both cell lines (>88%), followed by a much smaller organic fraction (<10%) (Supplementary Fig. S1b, c). 14 C-labelling of RNA, DNA, protein and CO₂ was negligible (<1%). The ASCT2 (glutamine transporter) inhibitor GPNA reduced ¹⁴C enrichment at the 15-minute mark by 20-30%, particularly in HCC1806 cells that we have previously shown to experience a greater growth suppression [14] (Fig. 1b). Intracellular partitioning of glutamine was not altered (Supplementary Fig. S1c).

HCC1806 cells accumulated up to 3.6 times more glutamine carbons after 4 h than at 15-minute timepoint, whereas MCF-7 cells showed no significant increase (Fig. 1b). This shows HCC1806 cells have a greater reservoir of polar metabolites derived from glutamine. The soluble polar fraction remained the largest (>75% total) in both cell lines (Supplementary Fig. S1c). A 15-minute ¹⁴C-pulse followed by 4-hour chase showed the vast majority (>89%) of glutamine carbon was released back into the extracellular media (Fig. 1c, d). HCC1806 cells appeared to retain more polar metabolites compared to MCF-7 cells (Fig. 1c), which may suggest a greater conversion of glutamine into soluble forms retained intracellularly despite, comparable glutamine uptake rates [13, 20, 21]. Inhibition of the cystine/glutamate transporter SLC7A11/xCT (by sulfasalazine) significantly reduced ¹⁴C label efflux during the chase, with no effect for L-type amino acid transporter 1 (SLC7A5/LAT1) inhibitors BCH or benzylserine (Supplementary Fig. S1d). These ¹⁴C-enrichment data reinforce the notion that glutamine consumption exceeds biosynthetic demand and is accumulated as exportable polar metabolites such as glutamate, in particular in TNBC cells.

Single-pass glutaminolysis paves a TCA cycle thoroughfare in TNBC cells

The glutamine-derived soluble fraction is comprised of TCA cycle intermediates, lactate and non-essential amino acids such as glutamate, aspartate, proline, alanine and even glutamine itself, with each demarcating the conversion route(s) of glutamine (Fig. 1a). To determine which pathway(s) contribute to excessive glutamine consumption, we performed steady-state ¹³C-labelled stable isotope tracing and resolved where glutamine carbons reside (Fig. 1e). GC-MS was used to quantify metabolism of U-¹³C₅-glutamine into TCA cycle metabolites and amino acids following a 14-hour exposure (to ensure steady state [22]).

There was a greater contribution of glutamine to the production of glutamate, α-ketoglutarate (αKG), malate and citrate in TNBC cell lines (HCC1806 and MDA-MB-231) than MCF-7 cells inferred from the higher relative ¹³C-enrichments (Fig. 1f). Unlabelled fractions (*black*: ¹²C) represent metabolites produced from nonglutamine sources (or pre-existing intracellular glutamine) and were more abundant in MCF-7 cells. The m₄ isotopologues of malate and citrate were the major fractions in TNBC (*green*: ¹³C₄-malate, ¹³C₄-citrate). This suggests that malate and citrate were largely produced from glutamine carbons that had traversed the TCA cycle only one round. As these ¹³C measurements were made at isotopic steady-state, they imply the majority of glutamine carbon exited the TCA cycle at some intermediate without being catalysed by αKG dehydrogenase a second time. We named this metabolic configuration single-pass glutaminolysis. By contrast,

malate and citrate in MCF-7 cells had greater proportions of m_1 and m_2 fractions (*blue*, *pink*), with less m_4 fraction compared to TNBC cells, indicating relatively more glutamine carbon in MCF-7 cells underwent complete oxidation by traversing multiple rounds in the TCA cycle (Fig. 1f). Importantly, the TNBC-specific single-pass glutaminolysis configuration was confirmed when another Luminal A cell line, T47D, was analysed (Supplementary Fig. S1e).

Next, we quantified key metabolites that exchange with TCA cycle metabolites to determine where glutamine carbons exited prior to being a substrate for αKG dehydrogenase a second time. Alanine, aspartate and lactate showed minimal glutamine carbon labelling compared to the TCA cycle metabolites (Fig. 1g, h, Supplementary Fig. S1f, g and Supplementary Table S1). The lack of alanine and lactate enrichment indicated negligible flux out of TCA through malic enzyme, which is needed to fully breakdown glutamine carbon into CO₂. Without other significant outlets, αKG is both the main entry and exit point in single-pass glutaminolysis, which is an unorthodox TCA cycle configuration because it achieves no net conversion of glutamine/glutamate carbon into another product.

In TNBC cell lines, glutamate and α KG labelling consisted of approximately equal parts of fully labelled m_5 (~50%) and of partially labelled fractions (m_0 to m_4) (Fig. 1f). This indicated the two converging streams producing α KG, i.e. the stripping of glutamine nitrogen into α KG and the decarboxylation of citrate into α KG, were similar in magnitude. As α KG level is balanced, the effluxes at α KG must also be equally split between transaminating α KG back into glutamate and decarboxylating α KG into succinyl-CoA. In the case where metabolic channelling prevails, then this subnetwork could be strung into a linear pathway, with the driving force of glutamine anaplerosis pushing α KG through the TCA cycle one complete round before being effluxed as glutamate. Achieving these higher TCA cycle fluxes compensates for TNBC's impaired ability to fully oxidise glutamine.

Another function served by single-pass glutaminolysis is building up TCA cycle metabolites using extracellularly abundant glutamine. TCA cycle metabolites were not only more glutamine-derived in TNBC cells, but they were also consistently greater in abundance, with levels up to 4-fold higher than MCF-7 cells (Fig. 1g, Supplementary Fig. S1f). Thus, glutamine flow-through buffers the supply of TCA cycle metabolites, potentially by leveraging the concentration gradient of exogenous glutamine. Potentially, this is correlated to glutamate enrichment, i.e. higher abundance of intracellular glutamate relative to glutamine, a feature observed in TNBC cells for both our data and the broader CCLE dataset (Supplementary Fig. S1h) [23]. This bias has been observed elsewhere, and is associated with glutaminase (GLS) expression in the cell lines [15, 24, 25]. The downside is wasteful accumulation of glutamate, since exported glutamate was by far the most abundant glutamine-derived by-product in TNBC cells (Fig. 1h), which is also present in NCI-60 TNBC cell lines (Supplementary Fig. S1i) [9].

Together with our ¹⁴C data, we show how single-pass glutaminolysis engages the TCA cycle and that glutamine-to-glutamate overflow is not merely due to an "overactive" glutaminase. Importantly, the use of glutamine to build up TCA cycle metabolites is a distinguishing phenomenon among TNBC cell lines.

Glutamine utilisation in 2D cultures is reproduced in tumour explants

Single-pass glutaminolysis may be a cell culture artefact induced by the supraphysiological levels of glutamine in culture media (2 mM) compared to in vivo (~0.5 mM) [26]. We examined ¹³C-tracer data from 3D ex vivo tumour explant culture in combination with a more physiologically restrictive human plasma-like medium (Fig. 2a) [27, 28]. The previously observed patterns of glutamine utilisation were preserved under these more physiological conditions, including HCC1806 explants exhibiting a greater abundance of glutamate and TCA cycle metabolites, a build-up of glutamine-derived carbon, and a greater m₄ enrichment at citrate and malate (Fig. 2b). Similarly,

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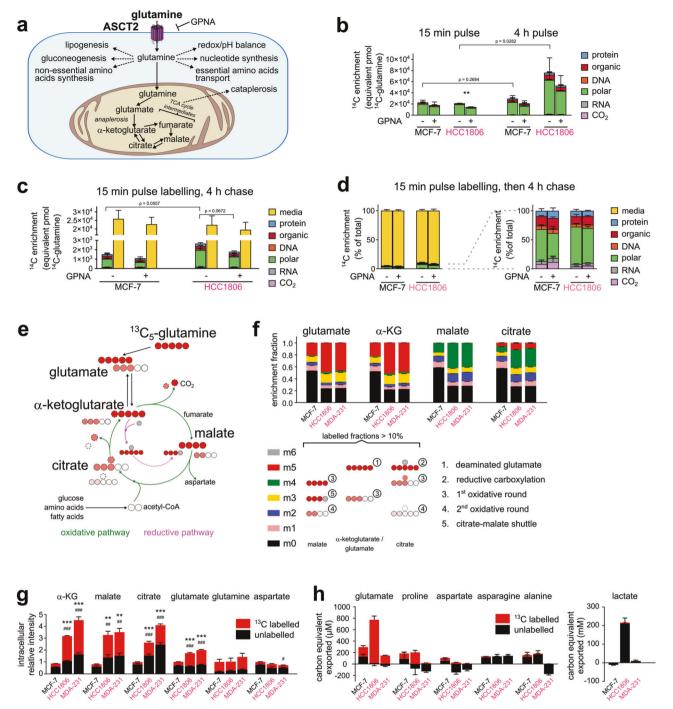


Fig. 1 Metabolic signature of single-pass glutaminolysis in TNBC cells resolved by radiolabelled and stable-isotope labelled glutamine. a Schematic of glutamine utilisation. b 14 C-enrichment in the dissolved CO₂, RNA, DNA, polar, organic and protein phases extracted from MCF-7 and HCC1806 cells after 15 min and 4 h labelling with U- 14 C₅-glutamine (all n=3, except HCC1806 15 min n=4). Data expressed as equivalent pmol of U- 14 C₅-glutamine. P values calculated by one-tailed Student's t test: **P<0.01; by two-tailed Student's t test: displayed. c 14 C enrichment after 4 h unlabelled chase following 15 min pulse with U- 14 C₅-glutamine (n=3). Chase media included. d 14 C-enrichment data from c expressed as a percentage of total 14 C signal detected. e Schematic of glutamine carbon transfer. Circles with decreasing red saturation indicates carbon traversing the TCA cycle 15t , $^{2^{nd}}$ and $^{3^{rd}}$ round; grey indicates unlabelled CO₂. f Relative 13 C enrichment fraction of TCA cycle metabolites and glutamate measured by GC-MS after 14 h incubation in U- 13 C₅-glutamine (n=3). 13 C, 13 C is a positive in 13 C labelled and unlabelled carbon expressed relative to MCF-7. 13 P values calculated by two-tailed Student's 13 C test with respect to MCF-7: for total: 13 P C 0.05, 14 P C 0.01; 14 P C 0.001; for 13 C-labelled: 13 C -abelled: 13 C -abelled and unlabelled metabolites exported into the culture media after 14 h incubation in U- 13 C₅-glutamine</sub>, expressed in carbon-equivalent units to allow comparison; negative indicates uptake (n=3). See also Supplementary Fig. S1.

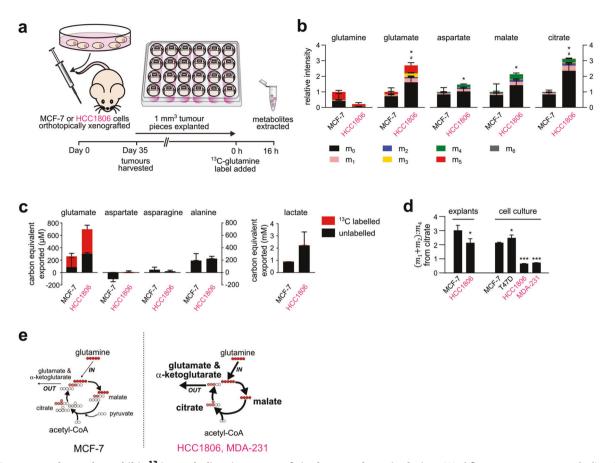


Fig. 2 Tumour explants also exhibit 13 C metabolite signatures of single-pass glutaminolysis. a Workflow to generate metabolite data for HCC1806 and MCF-7 tumours explants cultured for 16 h in U- 13 C₅-glutamine. b Intracellular abundance of metabolite isotopologues measured in tumour explants expressed relative to MCF-7 (n=3). P values calculated by two-tailed Student's t test with respect to MCF-7: for total: #P < 0.05; for 13 C-labelled: *P < 0.05. c Amount of 13 C labelled and unlabelled metabolites exported into the explant culture media after 16 h incubation in U- 13 C₅-glutamine, expressed in carbon-equivalent units to allow comparison; negative indicates uptake (n=3). d Isotopologue ratios of citrate from b, Fig. 1f and Supplementary Fig. S1e represent the proportion of glutamine carbon undergoing further oxidation, making the 2^{nd} and 3^{rd} round in the TCA cycle (n=3; T47D n=6). P values calculated by two-tailed Student's t test with respect to MCF-7: *P < 0.05, *P < 0.01. e Qualitative representation of how subtypes differed in TCA cycle flux configuration. Thicker arrows and font indicate higher flux and greater abundance, respectively.

these data recapitulated the glutamine-to-glutamate overflow and the lack of glutamine label in lactate and alanine (Fig. 2c). However, explants overall showed lower ¹³C-label incorporation than cell cultures, possibly due to both lower glutamine media concentrations and the 3D culture format contributing to increased glucose utilisation [29].

In this setting, we used the (m_1+m_2) : m_4 ratio from citrate to compare glutamine oxidation between HCC1806 and MCF-7 explants, as well as data from cell cultures (Fig. 2d). Effectively the ratio indicates how much of the recirculated glutamine carbon (m_4) is oxidised further by the TCA cycle. The lower ratio in HCC1806 than MCF-7 explants indicated less of the recirculated glutamine carbon was further oxidised and thus a greater presence of single-pass glutaminolysis. The difference in ratios were even greater for 2D cell cultures, with a significant reduction in MCF-7 and HCC1806 ratios compared to MCF-7 and T47D (Fig. 2d).

Consistent results between our ex vivo (3D) and in vitro (2D) experiments verified the tendency for TNBC cells to conduct single-pass glutaminolysis and boost TCA cycle fluxes and metabolite abundances (Fig. 2e).

Nitrogen balancing in TNBC pushes glutamate into TCA, pulls out αKG

Aminotransferases can act as gatekeepers to route glutamine through the TCA cycle. To test their contributions, we treated cells

with the aminotransferase inhibitors aminooxyacetate (AOA) and cycloserine (CS) and performed tracing with 15 N-amine labelled glutamine. Increased retention of 15 N-labelled glutamate confirmed AOA and CS had partially inhibited transamination of α KG to glutamate that causes label dilution (Fig. 3a). After glutamate, alanine was the greatest 15 N-amine sink among the non-essential amino acids (NEAA), and both AOA and CS treatment profoundly inhibited alanine production (Fig. 3b, Supplementary Fig. S2a).

TNBC cells suffered a greater suppression of EAA catabolism following AOA and CS exposure, as demonstrated by intracellular build-up and reduced media consumption (Fig. 3d, Supplementary Fig. S2b). This outcome could be linked to the depletion of α KG by AOA (and to a limited extent by CS) that was observed only in TNBC cells (Fig. 3b). These data suggest EAA breakdown in TNBC cells was constrained by α KG availability and coupled to alanine synthesis to replenish α KG. This process pushes glutamate into the TCA cycle.

Blocking glutamate export using the *SLC7A11/xCT* inhibitor erastin in TNBC cells created an intracellular backlog along 5-carbon metabolites glutamate, glutamine, αKG and proline, in addition to alanine and increased alanine export (Fig. 3c and Supplementary Fig. S2a). These effects were seen only in TNBC cells, most likely because TNBC cells export glutamate more than MCF-7 cells (Figs. 1h and 2c). Similarly, the shift from alanine to aspartate synthesis by CS (a D-alanine analogue) was only

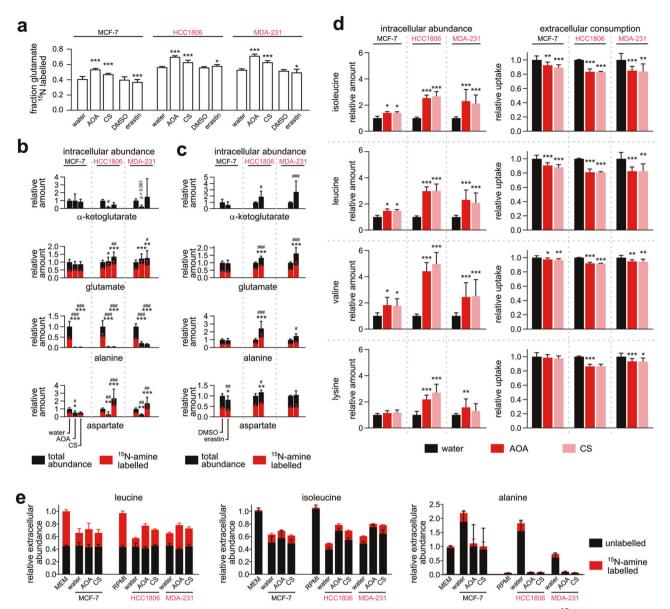


Fig. 3 EAA and NEAA aminotransferases are key enzymes facilitating single-pass glutaminolysis. a The fraction of ¹⁵N-labelled intracellular glutamate when cells were cultured in ¹⁵N-amine-glutamine for 16 h together with inhibitors AOA, CS or erastin. Water and DMSO (for erastin) were used as controls. Intracellular abundance of ¹⁵N labelled and unlabelled metabolites when cells were treated with AOA or CS (b), or erastin (c). Intracellular abundances were normalised to either water or DMSO. *P* values calculated by two-tailed Student's *t* test with respect to controls: for total: #P < 0.05, #P < 0.01, #

observed in TNBC cells (Fig. 3b). These distinct metabolic changes in response to aminotransferase inhibition suggest it is mainly TNBC cells that seek to sequester excess amine as amino acids.

The collective breakdown of EAAs generates excess amine. The accumulation of unlabelled glutamate (Fig. 3a, Supplementary Fig. S2a), despite incoming glutamine being almost fully $^{15}{\rm N}\textsc{-amine}$ labelled, is evidence of a non-trivial amount of EAA breakdown converting α KG to glutamate. Many of these pathways have an initial transamination step, such as BCAT1/2, TAT, AADAT and GOT1/2 (c.f., amino-lyase). There is a consensus among NCI-60 breast cancer cell lines from the CORE (metabolic consumption and

release) dataset that EAAs are consumed in excess of biosynthesis [9] (Supplementary Fig. S3a). Almost all ratios calculated for CORE's cell-specific EAA uptake relative to the composition of a generic human cell (Recon 3D) were above one [8]. A median ratio of 2.76 indicates half of the measured EAA uptake rates were at least 176% in excess.

In our hands, all three cell lines in culture had comparable baseline consumptions for the majority of EAAs, while glutamine consumption far exceeded all other amino acids (Supplementary Fig. S3b). Notably, $^{13}\text{C}_6$ -leucine tracing confirmed leucine oxidation in MCF-7 was not less than in TNBC cells (Supplementary Fig. S3c). If

all cell lines deplete α KG at similar rates via EAA breakdown, then TNBC cells' sensitivity to AOA and CS could be explained by their reliance on NEAA aminotransferases to regenerate α KG. However, TNBC cells' reliance on NEAA aminotransferases is not because these enzymes have greater fluxes as the transfer of 15 N label from leucine to extracellular isoleucine and alanine occurred at similar rates for all three cell lines (Fig. 3e). Isotopic steady-state was achieved within 6 h, indicating transamination is a rapid and reversible process (Supplementary Fig. S2c). As such, TNBC's sensitivity to AOA and CS may be due to a lack of alternative pathways to regenerate α KG.

Put together, these data show NEAA and EAA aminotransferases are key components of single-pass glutaminolysis that push and pull glutamine through the TCA cycle.

Rigid glucose-glutamine coupling drives TCA cycle fluxes in TNBC

The pairing of NEAA and EAA aminotransferases creates a stoichiometrically balanced reaction, thus does not require participation of the TCA cycle. This raised the question as to what is drawing α KG through the TCA cycle. To answer this, we shifted our attention to how glucose intersects with glutamine metabolism at the TCA cycle.

Broadly looking at oxidative fuel preference, it was clear HCC1806 cells prioritised glutamine over glucose and fatty acids, with glutamine contributing to approximately 60% of oxygen consumption rate (OCR) (Fig. 4a). By comparison, MCF-7 cells showed a more distributed preference, biased slightly towards glucose (~40%) compared to fatty acids (~25%) and glutamine (<20%). Importantly, HCC1806 cell fuel usage was inflexible, as they were unable to increase OCR respiration of glutamine or glucose when the other two counterparts were inhibited, with fatty acid being the exception (Fig. 4a). By contrast, MCF-7 cells had a much greater fuel flexibility for all three sources (Fig. 4a). In other words, TNBC cells' inability to manoeuvre to alternative fuel source(s) suggests glucose and glutamine respiration are tightly coupled—both substrates are metabolised concurrently. The OCR:ECAR ratios, which quantify the contribution of oxidative phosphorylation (OXPHOS) relative to extracellular acidification rate (ECAR) (aerobic glycolysis) [30], were lower for all substrate combinations tested on HCC1806 cells when compared to MCF-7 cells (Supplementary Fig. S4a). We speculate TCA cycle fluxes in HCC1806 cells serve less to oxidise fuel sources, but more to interconvert metabolites.

Next, we tested whether pyruvate anaplerosis can compensate for glutamine anaplerosis. We traced ¹³C-glutamine into the TCA cycle when GPNA reduced glutamine uptake (Supplementary Fig. S4b). GPNA reduced ¹³C-enrichments but drug effects appeared subdued (Supplementary Fig. S4c). Namely by unsupervised clustering of fractional enrichments clear differences between subtypes still prevailed; GPNA did not change glutamine utilisation in TNBC cells to become more like Luminal A. However, determining the extent m_5 aKG isotopologue was diluted by unlabelled (m_0) substrates for each cycle αKG traverses around the TCA cycle (i.e. converted into m₄ citrate), it was clear that GPNA increased anaplerotic influx of nonglutamine substrates in MCF-7 cells (Fig. 4b, Supplementary Fig. S4b). At ~3.6 mol per cycle, MCF-7 cells clearly assimilated more non-glutamine substrates between these two nodes compared to TNBC cells (<0.44 mol per cycle; Fig. 4b). This ratio increased to 5.4 mol per cycle with GPNA treatment in MCF-7 cells, whereas for TNBC cells the ratios remained low with or without treatment (<0.6 mol per cycle). GPNA also increased slightly the extent glutamine carbon is oxidised to CO₂ in MCF-7 cells (Supplementary Fig. S4d), without altering uptake profiles (Supplementary Fig. S4e). Taken together, we established that MCF-7 cells possess a higher baseline and a greater flexibility and capacity to assimilate non-glutamine substrates (i.e. glucose) when glutamine is limiting, whereas TNBC cells are lacking alternative anaplerotic pathways and rigidly draw glutamine into the TCA cycle even when glutamine is limiting.

We carried out parallel tracing experiments using ¹³C₆-glucose and ¹³C₅-glutamine to triangulate TCA cycle fluxes in MCF-7 and HCC1806 cells. From ¹³C-enrichment patterns alone, it was immediately clear that the large amounts of glutamate exported by HCC1806 cells were derived from glucose carbon, not just glutamine (Fig. 4c). Importantly, the dominant m₂ fraction in glutamate showed single-pass glutaminolysis sponged up glucose-derived acetyl-CoA before overflowing back out. Furthermore, both cell lines generated excess alanine that was predominantly glucose-derived, thus not only confirming the role of NEAA synthesis in producing surplus αKG, but also suggesting single-pass glutaminolysis relies on excess pyruvate from aerobic glycolysis.

To accentuate the dependencies of glucose metabolism on glutamine, we cultured MCF-7 and HCC1806 cells in decreasing starting media glutamine from nominal 2 mM to 0 mM, and traced the fates of ¹³C₆-glucose. We observed a dosedependent increase of glucose-derived TCA cycle metabolites with increasing glutamine in HCC1806, with a significant increase in succinate, fumarate and malate, compared to no significant change in MCF-7 glycolytic metabolites (Supplementary Fig. S4g). These data suggest that HCC1806 cells rely on glutamine flux to increase incorporation of glucose carbon into the TCA cycle. Strikingly different aKG and glutamate ¹³C-enrichment patterns were observed for MCF-7 and HCC1806 cells, further suggesting glucose cannot compensate for glutamine deprivation in HCC1806 cells (Supplementary Fig. S4h). There was a concomitant loss of both unlabelled (m0) and labelled (m1-m5) αKG and glutamate in HCC1806 cells as glutamine availability decreased, with glutamate levels only decreasing in MCF-7 at sub-physiological glutamine levels (0.2 or 0 mM). The loss of transamination conjugates glutamate and oxoglutarate explains the deficit in alanine export at 6 h, reiterating the notion that NEAA synthesis is a key component of single-pass glutaminolysis. These data complement previous findings where TNBC subtypes that are sensitive to glucose uptake inhibition (e.g. HCC1806 and MDA-MB-231) are unable to compensate by increasing glutamine oxidation [31]. Thus it appears most TNBC cells have a rigid stoichiometry that governs how glucose and glutamine carbons converge at the TCA cycle, which manifests as a distinctly tight glucoseglutamine metabolic coupling and the lack of compensation

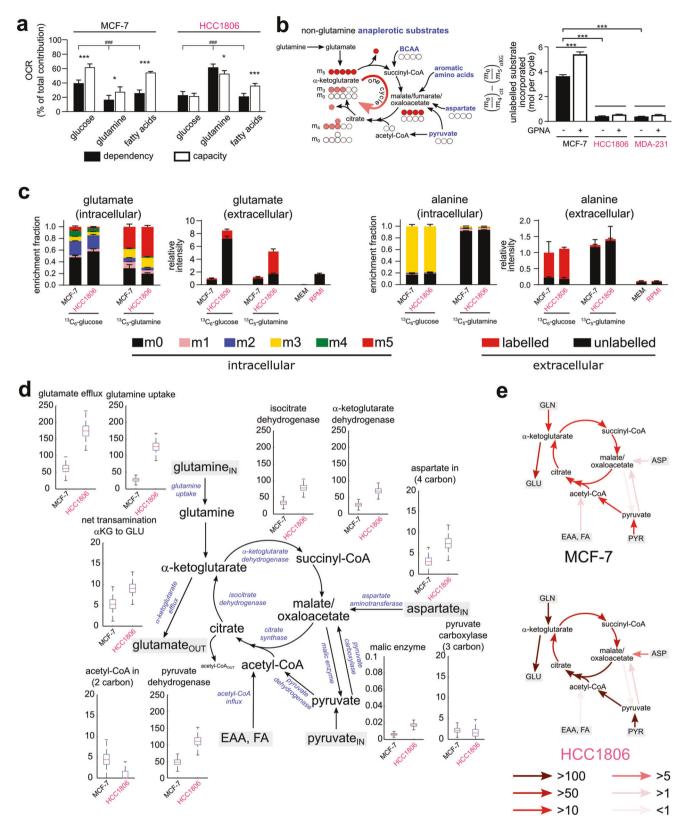
between fuel sources.

We next undertook ¹³C flux modelling to consolidate our parallel tracing data by estimating the best in silico fluxes that reproduce both sets of ¹³C data (Supplementary Fig. S4f, Supplementary Table S2) [32]. Fluxes were scaled by the amount of glutamate exported with the units reported as µM per well (Fig. 4d), since each well has the same number of cells and were cultured for the same duration. Flux analyses revealed that (i) HCC1806 TCA cycle fluxes were double that of MCF-7, (ii) for every two mol of glutamine converted to glutamate, one went through the TCA cycle, (iii) pyruvate carboxylase (PC) flux was small but comparable between cell lines, and (iv) net synthesis of glutamate was predominantly from fourcarbon source. We also confirmed malic enzyme flux was negligible. Importantly, we quantitatively showed TNBC cells conducted more single-pass glutaminolysis that concomitantly draws glucose into the TCA cycle as acetyl-CoA (Fig. 4e). Thus, we propose that excessive glutamine uptake is exploited by TNBC cells to increase glucose oxidation.

TNBC gene expression profile drives single-pass glutaminolysis

Recent data have shown that there are a host of auxiliary enzymes that may have an integral contribution to glutamine metabolism

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[33], which could "push" and "pull" glutamine into and out of the TCA cycle. To examine this and draw clinical relevance for our findings, we utilised three large mRNA expression datasets from patient tumours (TCGA and METABRIC) and cell lines (CCLE) to examine whether there were metabolic pathways altered in TNBC

compared to Luminal A subsets. Gene Set Enrichment Analysis (GSEA) across all 3 datasets revealed 5 significantly enriched Gene Ontology (GO) gene sets (FWER or FDR < 0.001) in the TNBC subset that were relevant to glutamine metabolic pathways (Supplementary Table S3). Hierarchical clustering analysis of the gene

Fig. 4 TNBC cells possess a rigid metabolism due to tight coupling of glucose and glutamine catabolic pathways. a Oxygen consumption rates (OCR) by Seahorse Mito Fuel Flex performed on MCF-7 and HCC1806 cells showing varying dependency and capacity for glucose, glutamine and fatty acids as oxidative fuels (n = 5). P values calculated by one-way ANOVA: ###P < 0.001; by two-tailed Student's t test: *t < 0.05, ***t < 0.001. b The difference in unlabelled:labelled ratios between αKG and citrate show the dilution of t label from glutamine by anaplerotic influx of non-glutamine carbon sources (t = 3). Data from Fig. 1f. t values calculated by two-tailed Student's t test: **t < 0.001. c Enrichment fractions of glutamate and alanine from parallel t C-glucose and t C-glutamine tracing experiments (t = 4). d Steady-state t C lux analysis performed using data from the parallel tracing experiments, showing elevated TCA cycle fluxes in TNBC cells flux distributions generated using a Monte-Carlo resampling technique (800 iterations) are shown as box plots. e Pathway heat map summarising flux results. See also Supplementary Fig. S4.

expression of these 5 metabolic GO gene sets (total n=930 genes) separated the TNBC and Luminal A subsets across all three datasets (Supplementary Fig. S5 and Supplementary Table S4). These 5 GO gene sets included purine, pyruvate and pyrimidine metabolism (Fig. 5a and Supplementary Fig. S6a, b). Further analysis of the individual genes within these three gene sets revealed significantly increased expression in TNBC samples of enzymes involved in serine/glycine metabolism, the purinosome, purine biosynthesis and pyrimidine biosynthesis pathways across all 3 datasets (Fig. 5b–e). This upregulation would be predicted to divert glucose carbons through into purines, pyrimidines, lactate and alanine; and, more importantly, to utilise glutamine amide for purine and pyrimidine biosynthesis, and to produce glutamate.

Additional gene sets that were significantly enriched included amino acid transport, amino acid metabolic process, as well as glutamine family amino acid metabolic process (Fig. 6a and Supplementary Fig. S6c, d). Within the amino acid transport gene set, *SLC1A5/ASCT2* was significantly upregulated as expected (Fig. 6b). Significant upregulation was seen in TNBC for the SLC7 family including the arginine transporter *SLC7A1/CAT1* and the glutamate/cystine transporter *SLC7A11/XCT*, further supporting our glutamate export data (Supplementary Fig. S1d) and previous publications [13]. In addition, the branched-chain amino acids (BCAA) transporter *SLC7A5/LAT1* was significantly upregulated in TNBC samples (Fig. 6b), which is important for the supply of BCAAs for protein synthesis and amine for non-essential amino acids (NEAA) synthesis.

The amino acid metabolic process and glutamine family gene sets had significantly upregulated genes involved directly with metabolism of glutamine, glutamate and αKG (Fig. 6b, c) [34–37]. These enzymes are critical in converting glutamine to glutamate (with donation of amide groups for purine, pyrimidine and asparagine biosynthesis), and glutamate to and from αKG (Fig. 6c). Among pathways that consume amide nitrogen, we found asparagine synthesis to be distinctly faster in TNBCs inferred from the speed (half saturation time) to reach maximum enrichment (Supplementary Fig. S7). For amine nitrogen, it is known that NEAA aminotransferases GPT2, GOT1 and PSAT1 are co-regulated with GLS [35, 38]. In addition, the coupling of these glutamine pathways with glucose oxidation is also supported by the gene expression profile of TNBC cells. While there are a number of glucose metabolic genes (Fig. 7a) that are significantly upregulated in TNBC compared to Luminal A in both TCGA and METABRIC cohorts (Fig. 7b), these are supported by multiple highly expressed (top 20% gene rank) glucose metabolic genes that are common to both TNBC cells and the more oxidative Luminal A subset (Supplementary Table S5).

These data clearly show that TNBC cells have a distinct gene expression profile that is set up for a greater glutamine utilisation compared to Luminal A cells. Metabolic signatures uncovered spanned glutaminolysis, purine/pyrimidine biosynthesis, pyruvate carboxylation and BCAA catabolism, highlighting that glutamine addiction extends beyond glutaminase alone [33, 39, 40]. This concerted upregulation of enzymes and pathways that consume glutamine nitrogen for purines and pyrimidines would "push" glutamine carbon into the TCA cycle, while the aminotransferases

that consume aKG would then "pull" those glutamine carbons back out of the TCA cycle (Fig. 8). At a minimum, both patient and cell line expression data substantiate single-pass glutaminolysis as a novel pathway of potential clinical relevance in TNBC.

DISCUSSION

Despite glutamine being TNBC cells preferred fuel source, it is largely wasted as unoxidised glutamate. We resolve this conundrum by metabolic tracing, showing glutamine carbon indeed flows through the TCA cycle to boost fluxes, but itself achieves no net oxidation since it is effluxed as glutamate. Instead, this TCA cycle configuration promotes oxidation of glucose-derived acetyl-CoA for energy. We speculate single-pass glutaminolysis exploits nutrient gradients to sustain high TCA cycle fluxes and to raise metabolite levels, which fuel the growth of TNBC cells. This non-canonical glutamine-to-glutamate overflow resembles lactate overproduction, which serves to decouple high glycolytic fluxes from the TCA cycle [41].

Our data revealed the coupling of four seemingly autonomous processes: (i) glutaminase, (ii) alanine and aspartate (NEAA) aminotransferases, (iii) acetyl-CoA oxidation, and (iv) EAA aminotransferases, to cause a higher glutamine carbon thoroughfare in the TCA cycle of TNBC cells. NEAA aminotransferases "push" glutamine carbon into the TCA cycle by expending glucosederived pyruvate. At the same time, EAA breakdown "pulls" glutamine carbon one round through the TCA cycle by EAA aminotransferases withdrawing aKG and by citrate synthase assimilating acetyl-CoA derived from glucose (Fig. 8). Hence the glutamine-to-glutamate overflow is not simply an overactive glutaminase but rather a coordination of key mitochondrial metabolic pathways. An example of this is the activity of GPT2, through which glycolysis can promote glutamine anaplerosis by supplying copious pyruvate [38].

Our findings shed new light on glutamine addiction and dependency. TNBC cells rely on generally abundant glutamine to maintain high TCA cycle fluxes and metabolite levels, which glucose alone cannot achieve. Specifically, we showed glutamine availability elevated glucose oxidation and countered depletion of αKG by EAA breakdown. MCF-7 cells operate TCA cycle at lower fluxes, and perhaps this allows glucose and glutamine to compensate for one another. It is known that an active PC flux confers glutamine independence by drawing glucose into the TCA cycle, thus supplementing aKG when glutamine is limiting [42, 43]. Our work extends this, showing that a responsive PC enzyme in MCF-7 cells can alter the stoichiometric ratio of glucose and glutamine entering the TCA cycle, at a capacity high enough to compensate for loss of glutamine anaplerosis. MCF-7 cells potentially have two pathways to make up loss of aKG "catalyst": (i) a latent PC enzyme or (ii) by liberating amine as ammonia to freely regenerate aKG via high expression of glutamate dehydrogenase [36]. The fact that cell permeable qKG has been shown to restore TCA cycle metabolites and rescue proliferation highlights the importance for cells to exist in a aKG replete state [15, 18, 35, 44, 45]. The role of α KG in salvaging amine may also be important, as nitrogen re-assimilation can accelerate the growth of

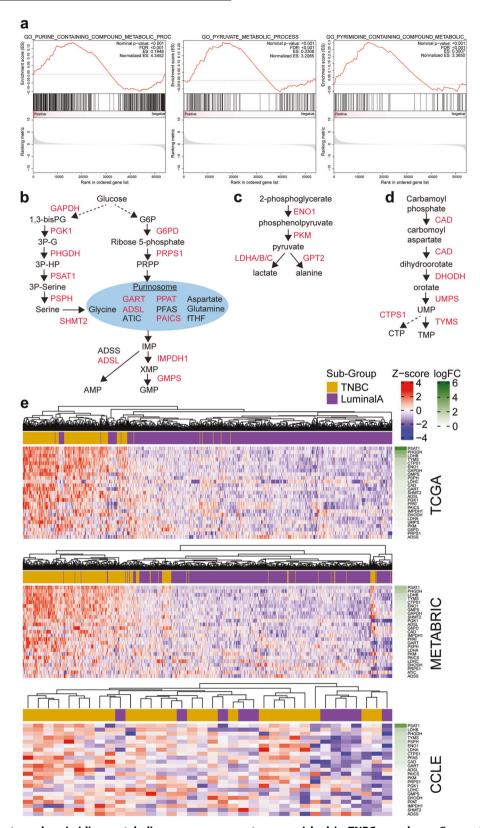


Fig. 5 Purine, pyruvate and pyrimidine metabolism enzyme genesets are enriched in TNBC samples. a Gene-set Enrichment Analysis (GSEA) was performed comparing mRNA expression data from the TCGA dataset between TNBC/basal-like and Luminal A breast cancer subsets. GSEA plots are shown for GO purine, pyruvate and pyrimidine metabolism genesets that were significantly enriched (FWER < 0.001) in the TCGA dataset. Diagrams illustrating the key genes/enzymes (red = significantly upregulated in TCGA TNBC vs Luminal A) in the purine (**b**), pyruvate (**c**) and pyrimidine (**d**) metabolic genesets and associated metabolites. **e** Heatmaps showing the significantly upregulated genes (TNBC vs Luminal A; *P* < 0.05) from the purine, pyruvate and pyrimidine genesets across TCGA, METABRIC and CCLE datasets. FC: fold-change is indicated in green. See also Supplementary Fig. S5.

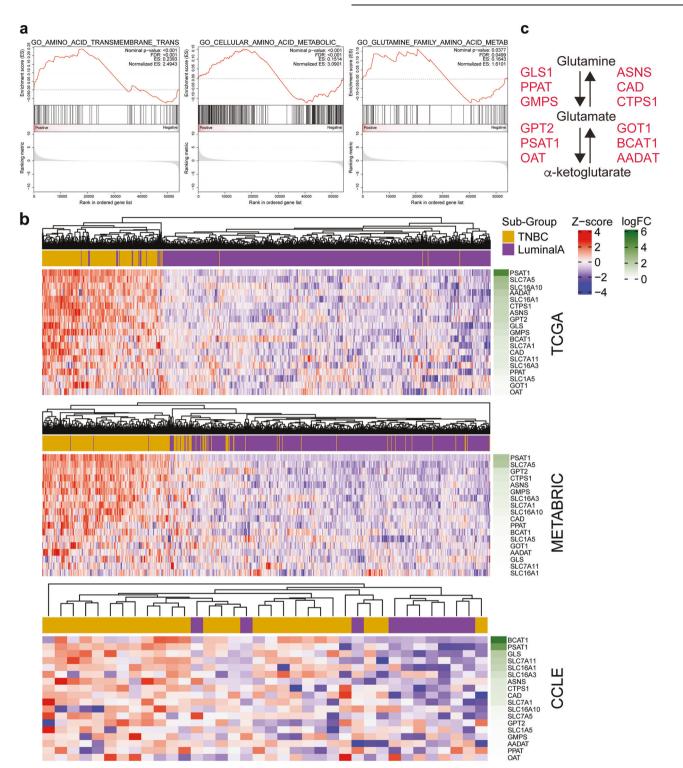


Fig. 6 Amino acid transport and metabolism enzyme genesets are enriched in TNBC samples. a Gene-set Enrichment Analysis (GSEA) was performed comparing mRNA expression data from the TCGA dataset between TNBC/basal-like and Luminal A breast cancer subsets. GSEA plots are shown for GO amino acid transport and amino acid metabolism genesets (FWER < 0.001) and glutamine metabolism geneset (FDR < 0.05) that were significantly enriched in the TCGA dataset. b Heatmaps showing the significantly upregulated genes (TNBC vs Luminal A; P < 0.05) from the amino acid transport, metabolism and glutamine metabolism genesets across TCGA, METABRIC and CCLE datasets. FC: fold-change is indicated in green. c Diagram illustrating the key genes/enzymes (red = significantly upregulated in TCGA TNBC vs Luminal A) in these datasets that are involved in glutamine/glutamate/αKG metabolism. See also Supplementary Figs. S6 and S7.

breast cancer cells [46]. Producing excess glutamate is hardwired at the gene expression level, and is likely a by-product of prioritising synthesis of NEAA, nucleotides and exchange for critical substrates as required (e.g. leucine and cystine)

[13, 20, 21, 47, 48]. Importantly, the prioritised nucleotide synthesis, which relies heavily on glutamine-donated amide groups, is also a hardwired therapeutic vulnerability in TNBC cells [49], which can be targeted (brequinar) in combination with

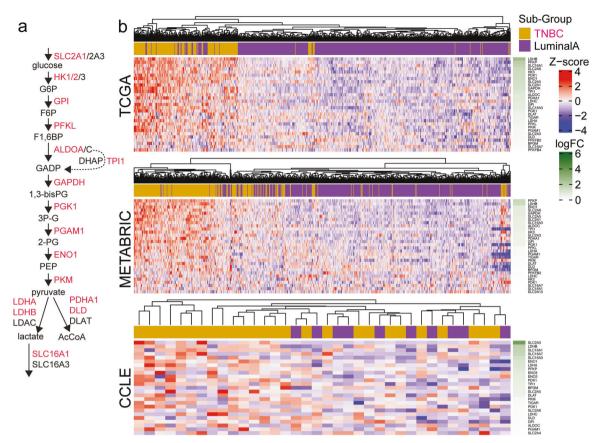


Fig. 7 Glycolytic enzymes are enriched in TNBC samples. a Diagram illustrating the key glycolytic genes (red = top 20% gene expression in TCGA TNBC). b Heatmaps showing the significantly upregulated genes/transporters/enzymes that are involved in glycolysis (TNBC vs Luminal A; P < 0.05) across TCGA, METABRIC and CCLE datasets. FC: fold-change is indicated in green.

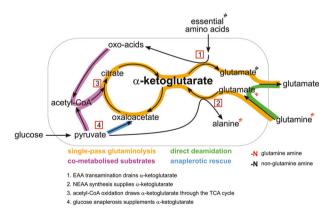


Fig. 8 A push and pull pathway model to explain high glutaminolysis flux in TNBC. Single-pass glutaminolysis (orange) in TNBC cells is caused by (1) EAA aminotransferases withdrawing α KG and (2) alanine aminotransferase pushing glutamate into the TCA cycle. (3) α KG is drawn through the TCA cycle by citrate synthase assimilating glucose-derived acetyl-CoA (purple). The single-pass glutaminolysis flux was as large as the net deamidated flux of glutamine (green). (4) MCF-7 cells possessed a higher capacity for pyruvate anaplerosis that supplements α KG (blue), unlike TNBC cells that rely on glutamine to produce α KG.

CB839 glutaminase inhibition [50]. Our data support these recent observations, and provide additional therapeutic targets in these metabolic pathways.

As breast cancer metabolism is highly heterogenous, a key limitation of our study is we have generalised the results from four

cell lines to explain glutamine addiction using single-pass glutaminolysis. More tracing experiments across multiple cell lines are needed to verify this process, and potentially extend this to other glutamine-addicted cancer subtypes. Nevertheless, the three large mRNA expression datasets confirmed the TNBC subtype has a metabolically programmed landscape to support single-pass glutaminolysis, which may provide new therapeutic opportunities. Indeed, the therapeutic utility of a number of these metabolic targets has been assessed using in vivo TNBC models, including ASCT2 glutamine uptake [10, 14], xCT glutamate/cystine transport [13], glutaminase [15, 50] and pyrimidine metabolism [49, 50]. Single-pass glutaminolysis adds to the mechanism explaining the constraints that facilitate targeting TNBC cancer cells' reliance on glutamine metabolic processes.

It is a departure from convention to claim that glutamine promotes glucose oxidation and is not a genuine oxidative fuel. However, here we have provided a clearer understanding of excessive glutaminolysis in breast cancer cells. If single-pass glutaminolysis is prevalent among glutamine-addicted tumours, this work will provide new ways to predict patients' responsiveness to drugs inhibiting glutamine pathways.

MATERIALS & METHODS Cell culture

Human breast cancer cell lines MCF-7, T47D, HCC1806, and MDA-MB-231 cell lines were purchased from American Type Culture Collection. Cell lines are stored as authenticated low-passage stocks, and have been confirmed by short tandem repeat (STR) fingerprinting (CellBank Australia). MCF-7 cells were grown in MEM (Life Technologies), while T47D, HCC1806 and MDA-MB-231 cells

were grown in RPMI-1640 (Life Technologies). Media contained 10% (v/v) foetal bovine serum (FBS; HyClone), 2 mM L-glutamine (Life Technologies), 1 mM Na pyruvate (Life Technologies) and penicillin-streptomycin solution (Sigma-Aldrich, Australia). Cells were maintained at 37 °C in a fully humidified atmosphere containing 5% CO₂, with monthly testing to ensure cells were mycoplasma-free.

In vitro ¹⁵N and ¹³C labelling experiments

Cells were plated in triplicate at a density of 7×10^5 cells/well in 6-well plates in normal growth media and allowed to adhere for 6-8 h. Growth media was then removed and the cell monolayer was washed once with PBS. Media was then replaced with 1 mL of glutamine-free MEM (MCF-7) or RPMI 1640 (HCC1806, MDA-MB-231) containing 10% dialysed FBS, 1 mM sodium pyruvate, and the required labelled substrate and inhibitor. The glutamine substrates used were L-[15N-amide]-glutamine, L-[15N-amine]-glutamine and L- $[^{13}C_5(U)]$ -glutamine at 2 mM. $^{13}C_6$ -glucose was at 11 mM in DMEM glucose-free media, or at 50% labelled in glutamine-free RPMI. Both ³C₆-leucine and ¹⁵N-leucine were at 0.38 mM to match unlabelled leucine already present in media. The duration of exposure to tracer substrate depends on the experiment and is separately indicated. Cell cultures were replicated on different days, with the number of replicates ranging from 3 to 9 to determine group variance rather than to achieve statistical significance.

Statistical analyses

All analyses were performed using GraphPad Prism 8 software. Tests performed for unpaired groups include one-tailed or two-tailed Student's *t* test, one-way or two-way ANOVA, Dunnett's or Mann–Whitney, as well as number of replicates, are indicated in figure legends. Error bars in figures represent standard deviations. For metabolite data from cell cultures sampled at pseudo-steady state, we expect similar variance between groups.

DATA AVAILABILITY

Source data are provided with this paper. All codes and scripts used for association studies are available on request.

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AUTHOR CONTRIBUTIONS

LEQ, MvG and JH conceived the project, designed experiments, analysed data and wrote the manuscript with assistance from the coauthors. LEQ, MvG, QW, YFG, KW, SB and AP performed the experiments. CM, MJC and JH performed bioinformatic analyses. KKB, NT and AH provided technical assistance and/or conceptual advice.

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COMPETING INTERESTS

JH was previously chief scientific officer of MetabloQ pharmaceuticals and received commercial research support and consultant fees for an unrelated project. The other authors declare no competing interests.

ADDITIONAL INFORMATION

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Correspondence and requests for materials should be addressed to Lake-Ee Quek or Jeff Holst.

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