



Leiomyomatosis Peritonealis Disseminata (LPD) ten years after laparoscopic myomectomy associated with ascites and lymph nodes enlargement: a case report

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ABSTRACT

INTRODUCTION: We report a case of leiomyomatosis peritonealis disseminata (LPD) arising 10 years after a laparoscopic myomectomy that was associated with ascites and lymph nodes enlargement.

PRESENTATION OF CASE: The patient presented with small uterine fibroids with a dominant posterior intramural fibroid measuring 9 cm in diameter and normal Doppler. Laparotomy revealed a uterus enlarged with fibroids, which was densely adhering to the urinary bladder, greater omentum, and sigmoid colon. Multiple tumors of different size were found attached to the peritoneum, omentum and bowel. The histopathologic examination was consistent with leiomyomatosis peritonealis disseminata.

DISCUSSION: Pieces of smooth muscle cell lost in the abdominal cavity during electrical morcellation after laparoscopic myomectomy may progress to leiomyomatosis peritonealis disseminata even after many years (ten in our case) and it can be associated with ascites and lymph nodes enlargement.

CONCLUSION: This is the first case reported in literature of leiomyomatosis peritonealis disseminata with these particular features (time of clinical presentation, ascites, lymph nodes enlargement).

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1. Introduction

Leiomyomatosis peritonealis disseminata (LPD) is a rare pathology of unknown etiology characterized by the appearance of multiple pelvic and abdominal nodules, which are basically composed of smooth muscle. At present, around 100 cases can be found in literature. We present the first case of a patient who developed disseminated peritoneal leiomyomatosis ten years after a laparoscopic myomectomy that was associated with ascites and lymph nodes enlargement.

2. Case report

A 40-year-old multiparous woman was admitted to our Unit in May 2014 with increasing menorrhagia, pelvic pressure, abdominal pain and a 2-years history of polycythemia. Laboratory evaluation revealed an hemoglobin value of 18.0 g/dL, red blood cells of

$6.15 \times 10^6/\mu\text{L}$ and erythropoietin level of 18 mU/mL. The patient's history included a laparoscopic myomectomy with electrical morcellation performed in 2004 in our Unit and a hysteroscopy carried out for heavy and prolonged menstrual loss 3 months earlier showed no focal lesion with no abnormality on histopathological examination of the endometrial biopsy obtained at the time. There was no history of oral contraceptive use. After checking the clinical notes we found that the patient underwent laparoscopic removal of a single, anterior, pedunculated myoma of 6 cm that was morcellated during removal. On admission in May 2014, a pelvic ultrasound scan showed multiple small uterine fibroids with a dominant posterior intramural fibroid measuring 9 cm in diameter and normal Doppler. Computed tomography scans revealed multiple pelvic tumors closely attached to peritoneum and bowel with heterogeneous enhancement of the masses at contrast-enhanced images. Additionally, ascites and slightly enlarged paraaortic and iliac lymph nodes were found. Standard tumor markers were within normal limits: Carcinoembryonic antigen (CEA) 1.1 ng/ml; Cancer Antigen 125 (CA-125) 20.8 U/ml; Cancer Antigen 15-3 (CA15-3) 22.5 U/ml; carbohydrate antigen 19-9 (CA 19-9) 8.3 U/ml; Alpha-fetoprotein (AFP) 3 IU/ml. The surgical procedure (type of incision, risks, possible complications...) was explained by our consultant and informed consent for total abdominal hysterectomy and bilat-

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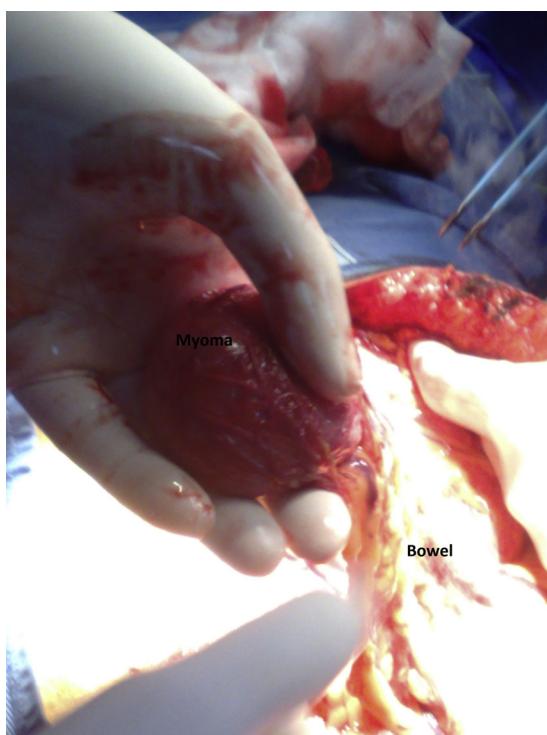


Fig. 1. Myoma attached to the bowel.

eral salpingoophorectomy was signed by the patient taking into consideration she had completed her family. Laparotomy with midline incision revealed a uterus enlarged with fibroids strictly adherent to the urinary bladder, greater omentum, and sigmoid colon. An ascitic fluid sample for examination was collected. Multiple tumors of different size were found attached to the peritoneum, omentum and bowel (size between 0.5 and 3 cm) (Fig. 1). The omental and the bladder adhesions were released. The nodules were dissected and removed using a Ligasure Atlas. Parasitic myomas were removed just opening a window in the peritoneum and gently pulling out the pathology by using a grasping forceps. The peritoneal window was closed using Vicryl 2-0. On the bowel, when necessary, stiches on the serosa were applied. Hemostasis was achieved using bipolar or stitches (Vicryl 2-0 or 3-0). The histopathologic examination was consistent with leiomyomatosis peritonealis disseminata. There was any cytological evidence of malignancy after ascitic fluid sample examination. No intraoperative or postoperative complications were reported and patient was discharged 3 days after surgery. Two months after surgery, the patient was asymptomatic with a hemoglobin of 13.9 g/dL and erythropoietin level less than 4.0 mU/mL.

3. Discussion

The case of a patient who developed LPD several years after a laparoscopic myomectomy when electrical morcellation was carried out is timely because of the ongoing concerns about morcellation. LPD is a rare condition first described in 1952, characterized by the presence of multiple smooth muscle nodules throughout the peritoneal cavity which appears grossly malignant but histologically benign [1,2]. Some rare cases of malignant transformation have been reported especially in postmenopausal women [3]. The etiology is unknown, but it is thought to originate from metaplasia of submesothelial, multi-potential mesenchymal cells [4]. An association with high levels of exogenous and endogenous female gonadal steroids has been found [5]. However, in some

cases a link between dissemination of uterine tissue during electrical morcellation and development of LPD has been proposed [6,7]. Probably during electrical morcellation pieces of specimens are dispersed throughout the abdominal cavity; then they become implanted into normal tissue and give rise to development of fibrotic nodules. Laparoscopic in-bag morcellation of fibroids or uterus has the potential to prevent the rare morcellation-related complications typical of “open” morcellation in abdominal cavity [8–10]. Patients may present mostly non-specific symptoms, such as irregular, heavy uterine bleeding, pain or discomfort, gastrointestinal bleeding and peritonitis (following erosion of LPD implants in the bowel wall). In our case a 2-year history of polycythemia was also described. The association between large uterine myomas and secondary polycythemia has been previously reported but the mechanism is not clear (erythropoietin overproduction is one of the postulated theories) [11]. Final diagnosis is based on histological examination. The relationship with myoma morcellation remains unclear. However, our case highlights the need to accurately remove all morcellated fragments of myomas during procedure and the length of time that elapsed between the laparoscopic myomectomy performed in 2004 and the patient's presentation with disseminated leiomyomatosis: to the best of our knowledge this is longer than in previous studies. Also, the ascites with lymph node enlargement which can raise suspicion of malignancy are worth emphasizing (the association of LPD with ascites is very rare and its presence does not exclude LPD from the differentials when abdominal and peritoneal masses are found). Obviously, a laparoscopic surgery could also have been performed but we preferred to start with a laparotomy for the particular features of the case.

Conflicts of interest

The authors have no conflicts of interest to declare. This study was not supported by any person or institution.

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Ethical approval

None.

Consent

Written informed consent was obtained from the patient for publication of this case report.

Authors contribution

Luigi Nappi, Felice Sorrentino, Ida Barone: study concept and design. Felice Sorrentino, Stefano Angioni, Alessandro Pontis: acquisition of data. Felice Sorrentino, Stefano Angioni, Luigi Nappi: drafting of the manuscript. Pantaleo Greco, Stefano Angioni: critical revision of the manuscript for important intellectual content.

Guarantor

Felice Sorrentino

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