

# Yakson touch as a part of early intervention in the Neonatal Intensive Care Unit: A systematic narrative review - comment

Sir,

I read with interest the article "Yakson touch as a part of early intervention in the Neonatal Intensive Care Unit: A systematic narrative review" by Parashar *et al.* published in the June 2016 issue of the Indian Journal of Critical Care Medicine.<sup>[1]</sup>

The authors say it is a "systematic narrative review" which in itself is a contradiction. A review can be systematic or narrative but not both.

A systematic review uses preplanned scientific methods to identify, select, critically appraise, and synthesize results from similar but separate studies. Stages of a systematic review are therefore: Formulation of a question, search for relevant data, extraction of data, assessment of the quality of the data, and synthesis. The PICOS framework, i.e., Population, Intervention, Comparator, Outcomes, and Study Designs<sup>[2]</sup> has not been used for defining the review question.<sup>[2]</sup>

The authors have not described any of these steps in their methodology. Hence, this is a traditional narrative review. Authors should desist from using loosely, terms which have specific and explicit definitions.

## Financial support and sponsorship

Nil.

## Conflicts of interest

There are no conflicts of interest.

## Preeti Shanbag

Department of Pediatrics, ESI-PGIMSR, MGM Hospital, Mumbai, Maharashtra, India

## Correspondence:

Prof. Preeti Shanbag,  
801, Yashowan, THK Marg, Mahim,  
Mumbai - 400 016, Maharashtra, India.  
E-mail: pshanbag@gmail.com

## References

1. Parashar P, Samuel AJ, Bansal A, Aranka VP. Yakson touch as a part of early intervention in the Neonatal Intensive Care Unit: A systematic narrative review. *Indian J Crit Care Med* 2016;20:349-52.
2. Khan KS, Ter Riet G, Glanville J, Sowden AJ, Kleijnen J. Undertaking Systematic Reviews of Research on Effectiveness: CRD's Guidance for Carrying Out or Commissioning Reviews. York: NHS Centre for Reviews and Dissemination; 2001.

This is an open access article distributed under the terms of the Creative Commons Attribution-NonCommercial-ShareAlike 3.0 License, which allows others to remix, tweak, and build upon the work non-commercially, as long as the author is credited and the new creations are licensed under the identical terms.

Access this article online	
<b>Quick Response Code:</b> 	<b>Website:</b> <a href="http://www.ijccm.org">www.ijccm.org</a>
	<b>DOI:</b> 10.4103/0972-5229.188215

**How to cite this article:** Shanbag P. Yakson touch as a part of early intervention in the Neonatal Intensive Care Unit: A systematic narrative review - comment. *Indian J Crit Care Med* 2016;20:494.