

Letter **Simultaneous Measurement of Temperature and Mechanical Strain Using a Fiber Bragg Grating Sensor**

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Abstract: Based on the shift of the Bragg wavelength, fiber Bragg grating (FBG) sensors have been employed to measure a variety of physical parameters such as stress, strain, displacement, temperature, vibration and pressure. In this work, a simple and easy way to be implemented FBG sensing methodology was proposed to measure the temperature and strain simultaneously. Half of the FBG was bonded on the host structure, while the other half of the FBG was left free. The host structure was an aluminum test specimen with dimensions of 20 \times 3.8 \times 0.5 cm³. As the host structure subjected to mechanical and thermal loadings, the Bragg wavelengths reflected from the bonded and unbonded FBGs are different. Theoretical predictions of the Bragg wavelength shifts of the bonded and unbonded FBGs were presented. Utilizing the Bragg wavelength shift of unbonded FBG, the temperature can be determined and is independent of mechanical strain. The Bragg wavelength shift of the bonded FBG allows the determination of the mechanical strain. The temperature measured by FBG sensor was compared with the result from a thermocouple, while the mechanical strain was validated with the theoretical prediction. Good agreement between the experimental measurement and theoretical prediction demonstrates that temperature-strain discrimination can be realized using the proposed method with one single FBG sensor.

Keywords: fiber Bragg gratin; Bragg wavelength shift; temperature-strain discrimination

1. Introduction

Structural health monitoring (SHM) has been widely utilized in civil structures such as bridges, pipelines, dams and tunnels, to maintain operational safety and extend service life by enhancing its durability and reliability. Fiber optic sensors (FOS) with small size, light weight, immunity to electromagnetic interference (EMI) and corrosion and embedding capability have demonstrated their inherent advantages for integration in civil structures. In recent years, a great number of novel sensing technologies based on fiber optic sensors have been proposed for structural health monitoring. FOS exhibits several advantages over conventional sensors such as high sensitivity, long distance, multiplexing and distributed monitoring. It has the capability for the measurements of strain, displacement and temperature over the entire length of the fiber. In order to measure distributed strains over the entire length of a fiber, several techniques have been proposed such as grating based sensors (fiber Bragg grating, FBG), reflectometry-based sensors (Rayleigh and Brillion scattering) and interferometry based sensors (Fabry-Perot and Mach-Zehnder) [\[1,](#page-10-0)[2\]](#page-10-1). Reflectometry sensors based on the principle of Optical Time-Domain Reflectometry (OTDR) are suitable for long distance and continuous measurements $[3,4]$ $[3,4]$. The FBG sensor is based on the shift of a Bragg wavelength due to the variations of temperature, strain and vibration in the surrounding environment [\[5\]](#page-10-4). The Fabry-Perot sensor utilizes the intensity of the interference signals illuminated between two parallel reflecting interfaces to measure the temperature and pressure [\[6\]](#page-10-5). The Mach-Zehnder sensor is based on the intensity of the phase shift variations illuminated between two beams split from a single light source [\[7\]](#page-10-6).

FBG sensors have numerous advantages for application in structural health monitoring, such as light weight, multiple sensors in one fiber, tolerance in hostile environments (temperature, chemical components), long-term stability and durability. Grooteman [\[8\]](#page-10-7) proposed a new damage indicator to detect a load path failure for a multiple load path structure, based on the strain response measured by FBG sensors. Yu and Okabe [\[9\]](#page-10-8) employed FBG acoustic emission sensor to identify damage localization in carbon fiber reinforced plastic (CFRP) laminates. Jacobsz and Jahnke [\[10\]](#page-10-9) utilized FBG sensor to detect the leak of water pipelines. Tsukada et al. [\[11\]](#page-10-10) evaluated the residual stress arose in thick thermoplastic composite laminates during high-rate manufacturing processes using FBG sensors. Jang and Kim [\[12\]](#page-10-11) utilized FBG sensors to determine the impact location on a composite stiffened panel using a triangulation method. Anastasopoulos et al. [\[13\]](#page-10-12) proposed a novel vibration-based method using FBG sensors to identify the damage in civil structures for structural health monitoring. Lv et al. [\[14\]](#page-10-13) used two FBG sensors to simultaneously measure the flow rate and temperature in a pipeline. Górriz et al. [\[15\]](#page-10-14) presented a new FBG sensor embedded in concrete structures to monitor temperature during fires. Weisz-Patrault et al. [\[16\]](#page-10-15) proposed a new roll-gap friction sensor based on FBG strain measurement to evaluate the contact stress during cold rolling process.

In many engineering applications, simultaneous measurement of strain and temperature are highly desired, such as operating in aircraft structures [\[17\]](#page-10-16) and wind turbine blades [\[18\]](#page-10-17) and process control of petrochemical plants [\[19\]](#page-10-18). Most of the fiber optic sensors used for SHM are sensitive to both strain and temperature, leading to an unwanted cross-sensitivity between these two parameters [\[20\]](#page-11-0). One of the applicable approaches used for the discrimination between the strain and temperature is to incorporated different sensing techniques, such as combining an FBG sensor with Raman scattering [\[19\]](#page-10-18). Bolognini et al. [\[21\]](#page-11-1) integrated Raman and Brillouin scattering to measure strain and temperature simultaneously. Zou et al. [\[22\]](#page-11-2) utilized Brillouin frequency shift and birefringence to distinguish between the strain and temperature. Lu et al. [\[23\]](#page-11-3) proposed a method combining the optical time-domain reflectometry (OTDR) and birefringence measurements to evaluate the temperature and strain. Zhu et al. [\[24\]](#page-11-4) presented a novel sensing concept based on an optical fiber sensor embedded in laminated composites for simultaneous measurement of the temperature and strain. However, all of the approaches mentioned above can lead to a significant increase of the cost and complexity of the sensing system.

In this work, a simple and easy way to implement method based on one single FBG sensor was proposed to measure the strain and temperature simultaneously. Half of the FBG was bonded on the hos structure, while the other half of the FBG was left free. The host structure was an aluminum test specimen with dimensions of $20 \times 3.8 \times 0.5$ cm³. As the specimen subjected to mechanical and thermal loadings, the Bragg wavelengths reflected from the bonded and unbonded FBGs are different. Strain and temperature discrimination can be achieved based on the Bragg wavelengths reflected from the bonded and unbonded parts of FBG. Experimental measurements were verified with the theoretical prediction.

2. FBG Sensing Principle for Temperature and Strain

A fiber Bragg grating is a periodic modulation of the refractive index formed by exposure to UV radiation along the fiber core over a limited length of the fiber. As the broad band light travels through an optical fiber, the grating will serve as a narrow band filter to reflect a single-peak wavelength known as Bragg wavelength. The Bragg wavelength is given by:

$$
\lambda_B = 2n\Lambda \tag{1}
$$

where λ_B denotes the Bragg wavelength at the initial state reflected from the FBG, *n* is the effective refractive index and Λ is the grating period.

The Bragg wavelength could be shifted due to the variations of temperature ∆T and mechanical strain ε in the optical fiber as follows [\[25](#page-11-5)[–27\]](#page-11-6):

$$
\frac{\Delta \lambda_B}{\lambda_B} = k_{\varepsilon} \varepsilon + k_T \Delta T
$$
\n
$$
k_{\varepsilon} = 1 - \frac{1}{2} n_0^2 \Big[(1 - v_f) p_{12} - v_f p_{11} \Big]
$$
\n
$$
k_T = \Big[1 - \frac{1}{2} n_0^2 (p_{11} + 2p_{12}) \Big] \alpha_f + \frac{\xi}{n_0}
$$
\n(2)

where k_{ε} and k_T represent the strain coefficient and temperature coefficient of FBG sensor, respectively [\[26\]](#page-11-7), *n*0, υ*^f* , α*^f* and ξ are refractive index, Poisson's ratio, coefficient of thermal expansion and thermo-optic coefficient, respectively, and p_{11} and p_{12} denote Pockel's constants.

The sensing principle of FBG sensor is based on the shift of Bragg wavelength as shown in Equation (2) to measure the mechanical strain and temperature.

2.1. Bragg Wavelength Shift due to the Temperature Change

For an FBG sensor partially bonded on a host structure, the shifts of Bragg wavelengths from the unbonded and bonded parts of FBG induced by a temperature change ∆T are different. The shift of Bragg wavelength from the unbonded part of FBG is readily to be determined by substituting the temperature change ∆T into Equation (2):

$$
\Delta \lambda_B = k_T \Delta T \lambda_B = \left\{ \left[1 - \frac{1}{2} n_0^2 (p_{11} + 2p_{12}) \right] \alpha_f + \frac{\xi}{n_0} \right\} \Delta T \lambda_B \tag{3}
$$

The shift of the Bragg wavelength from the bonded part of FBG induced by a temperature change can be attributed to the temperature change ΔT and the thermal strain ε_T due to the mismatch of the thermal expansion between the optical fiber and host structure. The thermal strain derived by Her and Huang [\[27\]](#page-11-6) is adopted and presented as follows:

$$
\varepsilon_{T} = \frac{(\alpha_{h} - \alpha_{f})\Delta T}{E_{f}\left(\frac{\pi r_{f}^{2}}{2hr_{p}E_{h}} + \frac{1}{E_{f}}\right)} \left[1 - \frac{\cosh(\lambda_{1}x)}{\cosh(\lambda_{1}L_{f})}\right] + \alpha_{f}\Delta T
$$
\n
$$
\lambda_{1} = \sqrt{\left[\frac{2r_{p}}{\pi r_{f}^{2}}\left(\frac{\pi r_{f}^{2}}{2hr_{p}E_{h}} + \frac{1}{E_{f}}\right)\int_{0}^{\cos^{-1}\left(\frac{b}{r_{p}}\right)} \frac{1}{\frac{r_{p}(1-\sin\theta)}{G_{a}} + \frac{r_{p}}{G_{p}}ln\left(\frac{r_{p}}{r_{f}}\right)} d\theta\right]}
$$
\n(4)

where α, *r*, *E* and *G* represent the coefficient of thermal expansion, radius, Young's modulus and shear modulus, respectively; subscripts *h, f, p* and *a* denote the host structure, optical fiber, protective coating and adhesive, respectively. Numerical values of the material properties for the optical fiber, protective coating, adhesive and host structure used in this work are listed in Table [1.](#page-3-0)

The shift of Bragg wavelength from the bonded part of FBG due to the temperature change can be obtained by substituting the thermal strain ε_T as shown in Equation (4) and temperature change ΔT into Equation (2) yields:

$$
\Delta \lambda_B = [k_{\varepsilon} \varepsilon_T + k_T \Delta T] \lambda_B \tag{5}
$$

rf

Young's modulus of optical fiber $E_f = 72$ GPa	radius of optical fiber $r_f = 62.5 \text{ }\mu\text{m}$		
Young's modulus of coating $E_p = 6.7$ MPa	radius of coating $r_p = 125 \text{ }\mu\text{m}$		
Young's modulus of adhesive $E_a = 2 \text{ GPa}$	coefficient of thermal expansion of optical fiber $\alpha_f = 0.5 \,\mu\epsilon/^{\circ}\mathrm{C}$		
Young's modulus of host structure $E_h = 72$ GPa	coefficient of thermal expansion of coating $\alpha_p = 76 \,\mu\epsilon/^\circ\mathrm{C}$		
Poisson's ratio of optical fiber $v_f = 0.17$	coefficient of thermal expansion of adhesive $\alpha_a = 20 \text{ Hz}/^{\circ}\text{C}$		
Poisson's ratio of coating $v_p = 0.49$	coefficient of thermal expansion of host structure $\alpha_h = 23 \,\mu\epsilon / \text{°C}$		
Poisson's ratio of adhesive $v_a = 0.4$	$gap b/r_p = 0.2$		
Poisson's ratio of host structure $v_h = 0.3$	refractive index of optical fiber $n_0 = 1.456$		
shear modulus of coating $G_p = 2.2$ MPa	Pockel's constant $P_{11} = 0.121$		
shear modulus of adhesive $G_a = 0.714$ MPa	Pockel's constant $P_{12} = 0.27$		
thermo-optic coefficient $\xi = 1.4 \times 10^{-5} / \text{°C}$			

Table 1. Material properties of the optical fiber, protective coating, adhesive and host structure.

2.2. Bragg Wavelength Shift due to the Mechanical Strain

For an FBG sensor bonded on a host structure, the strain transferred from the host structure to the optical fiber is dependent on the bonding characteristics such as adhesive, protective coating and bonding length. The mechanical strain transferred to the FBG sensor from the host structure derived by Her and Huang [\[28\]](#page-11-8) is adopted and presented as follows:

$$
\varepsilon_M = \frac{\varepsilon_0}{E_f \left(\frac{\pi r_f^2}{2h r_p E_h} + \frac{1}{E_f} \right)} \left[1 - \frac{\cosh(\lambda_1 x)}{\cosh(\lambda_1 L_f)} \right] \tag{6}
$$

where ε_0 is the mechanical strain applied on the host structure.

The Bragg wavelength shift of the FBG bonded on the host structure can be determined by substituting the mechanical strain Equation (6) into Equation (2), which leads to:

$$
\Delta \lambda_B = k_{\varepsilon} \varepsilon_M \lambda_B \tag{7}
$$

2.3. Bragg Wavelength Shift due to the Temperature Change and Mechanical Strain

Utilizing the principle of superposition, the Bragg wavelength shift of the FBG bonded on the host structure subjected to both temperature change and mechanical strain can be obtained by summing Equations (5) and (7) as follows:

$$
\Delta \lambda_B = [k_{\varepsilon} \varepsilon_T + k_T \Delta T] \lambda_B + k_{\varepsilon} \varepsilon_M \lambda_B \tag{8}
$$

3. Experimental Measurements of Temperature and Strain

The theoretical predictions of the Bragg wavelength shifts for an FBG sensor bonded on the host structure subjected to thermal and mechanical loadings were presented in the previous section. On the basis of the theoretical analysis, a sensing methodology was proposed to achieve the simultaneous measurement of temperature and strain. In this work, an FBG sensor with grating length of 40 mm was adhered to the central area of an aluminum test specimen with dimensions of $20 \times 3.8 \times 0.5$ cm³ using epoxy. In order to simultaneously detect the temperature and mechanical strain, half of the FBG sensor was bonded on the specimen and the other half of FBG sensor was left free. A schematic diagram to illustrate the bonded and unbonded FBG on the Al test specimen is presented in Figure [1.](#page-4-0) Utilizing the Bragg wavelengths reflected from the bonded and unbonded parts of the FBG sensor, discrimination

between the temperature and strain was realized. The FBG sensing system consists of a broad band light source (ASE 1550A, Faztec Co., New Taipei City, Taiwan) and an optical spectrum analyzer (AQ 6331, Ando Electric Co., Tokyo, Japan). As the broad band light transmits into an optical fiber, a narrow band spectrum named Bragg wavelength is reflected from the FBG sensor. In the transmitted light, the Bragg wavelength is missing. Thus, the FBG sensor acts as a narrow band filter. The reflected Bragg wavelength is affected by both the temperature and strain and can be detected by an optical spectrum *Sensors* **2020**, *20*, x FOR PEER REVIEW 5 of 12 analyzer (OSA). In this work, the Bragg wavelength of the FBG sensor was $\lambda_B = 1523.67$ nm at the initial state. A series of experimental tests were conducted to validate the proposed methodology. The measurement is relied on the detection of the Bragg wavelength shift. The measuring sensitivity highly depends on the resolution of optical spectrum analyzer (OSA). In this work, the resolution of the OSA (AQ 6331, Ando) is 0.02 nm. Thus, the strain and temperature sensitivities of this work are 20 με and 2 $°C$, respectively.

Figure 1. A schematic diagram of bonded and unbonded fiber Bragg grating (FBG) on the Al specimen.

Figure 1. *A* schematic diagram of and unbonded fiber Bragg gradients and unbonded fiber \mathcal{L}

Al specimen.

temperature to 100 °C. A thermocouple near by the FBG sensor was used to record the temperature change of $\Delta T = 28.2$ °C. The first and second peaks are associated with the Bragg wavelengths reflected from the unbonded and bonded parts of the FBG sensor, respectively. The Bragg wavelength shifts for the unbonded and bonded parts of FBG sensor can be evaluated using Equations (3) and (5), respectively. Experimental measurements of the Bragg wavelength shift were compared with the theoretical predictions as listed in Table [2.](#page-5-0) The comparisons between the theoretical prediction and experimental measurement of the Bragg wavelength shifts for unbonded FBG and bonded FBG are shown in Figure [3.](#page-5-1) It can be observed that the experimental measurements of the Bragg wavelength shifts for both unbonded and bonded FBG due to the temperature change are in close agreement with $\frac{1}{2}$ the theoretical predictions with difference less than 6%. The Al test specimen was placed in a thermal chamber. Temperature was varied from room change. Figure [2](#page-4-1) shows the optical spectrum reflected from the FBG sensor due to a temperature

Figure 2. Optical spectrum reflected from the unbonded and bonded FBG due to a temperature of $\Delta T = 28.2 \text{ °C}.$

	Bragg Wavelength Shift for the Unbonded FBG $\Delta\lambda_B$ (nm)		Bragg Wavelength Shift for the Bonded FBG $\Delta\lambda_B$ (nm)			
Temperature Change ΔT (°C)	Experimental Measurement	Theoretical Prediction Equation (3)	Error %	Experimental Measurement	Theoretical Prediction Equation (5)	Error %
16.1	0.176	0.174	1.15	0.464	0.452	2.65
22.6	0.240	0.244	1.64	0.664	0.637	3.59
28.2	0.288	0.304	5.26	0.832	0.797	4.39
34.8	0.352	0.358	1.68	0.944	0.934	1.07
43	0.442	0.464	4.74	1.192	1.155	3.20
50.5	0.522	0.545	4.22	1.432	1.356	5.61
0.55 0.45	■ Unbonded FBG Experimental * Unbonded FBG Theoretical eq(3)		1.5 1.2	Bonded FBG Experimental * Bonded FBG Theoretical eq(5)		Ж
Bragg wavelength shift (nm) 0.35	ж		Bragg wavelength shift (nm) 0.9	×		
0.25			0.6			
0.15 20 15	30 25 35 40	45 50 55	0.3 15	25	35 45	55
Temperature change ΔT (°C)				Temperature change ΔT (°C)		
	(a)			(b)		

Table 2. Bragg wavelength shifts for the unbonded and bonded parts of FBG sensor due to the temperature change.

Figure 3. Bragg wavelength shift of unbonded and bonded FBG due to the temperature change. (a) Bragg wavelength shift of unbonded FBG (b) Bragg wavelength shift of bonded FBG.

3.2. Strain Measurement 3.2. Strain Measurement 3.2. Strain Measurement

In the experimental tests, the Al specimen was subjected to a three-point bending test. The loading was applied along the y-direction, i.e., normal to the test specimen as shown [in](#page-5-2) Figure 4. The bending strain of the Al specimen along the x-direction is given by:

$$
\varepsilon = \frac{Pxh}{4EI} \qquad 0 \le x \le l/2
$$
\n
$$
\varepsilon = \frac{Ph}{4EI}(l-x) \qquad l/2 \le x \le l
$$
\n(9)

where P is the loading applied on the specimen and E , h , l and I are the Young's modulus, thickness, length and moment of inertia of the Al specimen, respectively. length and moment of inertia of the Al specimen, respectively.

Figure 4. Three-point bending test on an Al specimen with bonded and unbonded FBG. **Figure 4.** Three-point bending test on an Al specimen with bonded and unbonded FBG.

The theoretical prediction of the strain transferred from the specimen to the bonded FBG is calculated by substituting Equation (9) into Equation (6). The experimental measurement of the strain of the FBG bonded on the specimen is evaluated by substituting the measured Bragg wavelength shift $\Delta\lambda_B$ into Equation (2), which yields:

$$
\varepsilon_M = \frac{\Delta \lambda_B}{\lambda_B} \Big\{ 1 - \frac{1}{2} n_0^2 \Big[\big(1 - \nu_f \big) p_{12} - \nu_f p_{11} \Big] \Big\}^{-1} \tag{10}
$$

In the three-point bending tests, the loading was increasing from 0 to 350 N. As the test specimen subjected to mechanical loading, the mechanical strain was transferred from the test specimen to the bonded FBG. However, the unbonded FBG was not affected by the mechanical strain and it remained **Strain free.** Therefore, the Bragg wavelength reflected from the FBG sensor was split into two peaks **CONDUMERTATION CONTROLLERS** THE CONDUCTED TO THE CONDUCT THE CONDUCT THE CONDUCT THE CONDUCT THE CONDUCTED THAT INTO THE POST PERMIT THAT CONDUCT THAT INTO THE POST PERMIT THAT CONDUCT THAT INTO THE POST PERMIT THAT CONDU Figure [5](#page-6-0) shows the optical spectrum reflected from the FBG sensor at the applied load of 102 N. The first and second peaks are associated with the Bragg wavelengths reflected from the unbonded and bonded parts of FBG sensor, respectively. The Bragg wavelength shift is equal to the difference of the Bragg wavelengths between the two peaks. Experimental measurements of the mechanical strain transferred from the specimen to the bonded FBG were compared with the theoretical predictions as listed in Table 3 and plotted in Figure 6. A good agreement is achieved between the experimental measurement and theoretical prediction of the strain of the bonded FBG sensor with difference less than 4%. **Table 3.** Strain transferred from the specimen to the bonded FBG sensor in the three-point bending to **Equation (10) Strain** () $\frac{61}{11} + \frac{6}{100}$ **%**

Figure 5. Optical spectrum reflected from the unbonded and bonded FBG due to a load of 102 N in **Figure 5.** Optical spectrum reflected from the unbonded and bonded FBG due to a load of 102 N in the three-point bending test.

Figure 6. Strain transferred from the Al specimen to the bonded FBG in the three-point bending test **Figure 6.** Strain transferred from the Al specimen to the bonded FBG in the three-point bending test with various loadings. with various loadings.

Applied Load (N)	Specimen Strain ε_0 ($\mu \epsilon$) Equation (9)	Bragg Wavelength Shift $\Delta\lambda_B$ (nm)	Experimental Measurement FBG Strain ε_M ($\mu \varepsilon$) Equation (10)	Theoretical Prediction FBG Strain ε_M ($\mu \varepsilon$) Equation (6)	Error $%$
54.3	155	0.144	132	127	3.94
102	292	0.264	241	238	1.26
153	437	0.392	358	356	0.56
205	586	0.52	475	478	0.63
254	727	0.64	585	592	1.18
305	872	0.776	709	711	0.28
354	1013	0.88	804	825	2.55

Table 3. Strain transferred from the specimen to the bonded FBG sensor in the three-point bending tests.

3.3. Simultaneous Measurement of Temperature and Strain

In this work, mechanical and thermal loadings were provided by a universal testing machine (H10KS, Hounsfield Test Equipment Ltd., Surrey, UK). The universal testing machine is equipped with a thermal chamber that is capable of heating a test specimen up to 270 ◦C. The Al specimen was placed in the thermal chamber and subjected to a three-point bending. In the experimental test, a specific temperature was set in the thermal chamber, followed by a mechanical loading on the test specimen through a three-point bending fixture. The Bragg wavelength reflected from the bonded FBG can be affected by both the temperature change and mechanical strain as shown in Equation (8). The effects of temperature and strain on the bonded FBG were taken into account for both theoretical prediction and experimental measurement. Thus, the bonded FBG cannot be used to measure the temperature. In the simultaneous measurement of temperature and strain, unbonded FBG was used to measure the temperature as shown in Equation (3), since it was not affected by the mechanical strain. Once the temperature was measured by the unbonded FBG. The mechanical strain can be determined from the bonded FBG by substituting the temperature change into Equation (8).

Utilizing the Bragg wavelength shift of the unbonded FBG as shown in Equation (3), the temperature change can be determined as follows:

$$
\Delta T = \frac{\Delta \lambda_B}{K_T \lambda_B} \tag{11}
$$

The Bragg wavelength shift of the bonded FBG can be used to evaluate the mechanical strain of the specimen from Equations (6) and (8) and written as follows:

$$
\varepsilon_0 = \left\{ \frac{\Delta \lambda_B}{\lambda_B} - [k_{\varepsilon} \varepsilon_T + k_T \Delta T] \right\} \frac{E_f \left(\frac{\pi r_f^2}{2hr_p E_h} + \frac{1}{E_f} \right)}{k_{\varepsilon} \left[1 - \frac{\cosh(\lambda_1 x)}{\cosh(\lambda_1 L_f)} \right]}
$$
(12)

In the experimental tests, the temperature of the thermal chamber varied from room temperature to 100 °C while the mechanical loading was increased up to 350 N. Figure [7](#page-8-0) shows the optical spectrum reflected from the FBG sensor as the Al specimen was subjected to a mechanical loading of 157 N at a temperature of $47 \degree C$. The first and second peaks are associated with the Bragg wavelengths reflected from the unbonded and bonded parts of the FBG sensor, respectively. The temperature and mechanical strain of the Al specimen were determined by substituting the Bragg wavelength shifts of the unbonded FBG and bonded FBG into Equations (11) and (12), respectively. The temperature measured by FBG sensor was compared with the result from a thermocouple, while the mechanical strain of the Al specimen was validated with the theoretical prediction using Equation (9).

Figure 7. Optical spectrum reflected from the unbonded and bonded FBG subjected to a mechanical loading of 157 N at a temperature of 47 °C.

temperature and strain for the present approach are 2 °C and 20 με, respectively. Alahbabi et al. [\[29\]](#page-11-9) reported a temperature resolution of 6 °C and a strain resolution of 150 $\mu \varepsilon$ using the anti-Stokes In the first experimental test, the Al specimen was heated from 25.7 °C to 47 °C. The Bragg wavelength shift of $\Delta \lambda_B = 0.232$ nm for the unbonded FBG was detected. Substituting $\Delta \lambda_B = 0.232$ nm into Equation (11) leads to the determination of a temperature of 45.2 \degree C for the Al specimen, which shows an error of 3.83% in comparison with the result measured by a thermocouple. Then, the Al specimen was subjected to a three-point bending under various loadings with the temperature kept at a constant of 47 °C. The mechanical strain of the Al specimen can be determined by substituting the a constant of 17 ° C. The incentation strain of the FI specifient can be determined by substituting the Bragg wavelength shift of bonded FBG into Equation (12). The mechanical strains of the Al specimen based by the FBG sensor were compared with the theoretical prediction Equation (9) as shown in measured by the FBG sensor were compared with the theoretical prediction Equation (9) as shown in Figure [8.](#page-8-1) Two more experimental tests were conducted on the Al specimen at temperatures of 75.8 ◦C and [9](#page-9-0)6.5 °C, respectively. Figures 9 and [10](#page-9-1) show the FBG measurements and theoretical predictions Equation (9) of the mechanical strain for the Al specimen under various loadings with the temperature kept at a constant of 78.1 ◦C and 96.5 ◦C, respectively. It can be observed that simultaneous measurement of temperature and mechanical strain using an FBG sensor is in good agreement with the experimental results measured by thermocouple and theoretical prediction. This indicates that the discrimination between the temperature and strain can be realized using a single FBG sensor. The resolutions of spontaneous Raman and Brillouin signals generated from a single light source. It demonstrates that the proposed technology using FBG sensor exhibited better resolutions of temperature and strain in comparison with the results reported by Alahbabi et al. [\[29\]](#page-11-9) based on the Raman and Brillouin signals. resolution of 150 km and 150 km and 150 km and Britain signals generated from and Britain signals generated fro
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Figure 8. Mechanical strain of the Al specimen subjected to three-point bending with various loadings at a temperature of 47 °C. at a temperature of 47 °C.

Figure 9. Mechanical strain of the Al specimen subjected to three-point bending with various loadings at the temperature of $78.1 °C$.

at a temperature of 96.5 °C. **Figure 10.** Mechanical strain of the Al specimen subjected to three-point bending with various **Figure 10.** Mechanical strain of the Al specimen subjected to three-point bending with various loadings

loadings at a temperature of 96.5 °C. **4. Conclusions 4. Conclusions**

4. A simple at proposed and experimentally demonstrated by the capability of measuring the temperature and proposed and experimentally demonstrated by the capability of measuring the temperature and mechanical strain simultaneously. It is well known that FBG sensor is sensitive to both the mechanical strain simultaneously. It is well known that FBG sensor is sensitive to both the temperature and strain, resulting in an unwanted cross-sensitivity between these two parameters. In this work,
https://www.com/www.com/www.com/www.com/www.com/www.com/www.com/www.com/www.com/www.com/www.com/www.com/www.co half of the FBG sensor was bonded on the host structure, while the other half was left free. The host structure was an aluminum test specimen with dimensions of $20 \times 3.8 \times 0.5$ cm³. Bragg wavelength reflected from the unbonded FBG can be utilized to measure the temperature and is independent of the wavelength reflected from the unbonded FBG can be utilized to measure the temperature and is independent of the strain, while the Bragg wavelength reflected from the bonded FBG allows the strain, while the Bragg wavelength reflected from the bonded FBG allows the strain to be evaluated. Thus, the temperature and mechanical strain can be simultaneously measured using one single FBG sensor. Experimental results show that the errors of the measurements of temperature and mechanical strain using present approach are 6% and 4% in comparison with the thermocouple and theoretical prediction, respectively. Lv et al. [\[14\]](#page-10-13) employed two FBG sensors to simultaneously measure the flow The and temperature in a pipeline with temperature accuracy of ± 1 °C in the range of 23–83 °C, which is closed to the present approach. A theoretical analysis verified by the experimental measurement illustrates that the proposed method with one single FBG sensor can be used to discriminate the temperature and strain.

temperature and strain. A simple and easy way to implement methodology based on the FBG sensing technology was A simple and easy way to implement methodology based on the FBG sensing technology was

Author Contributions: Conceptualization, S.-C.H.; methodology, W.-N.L.; validation, S.-C.H.; formal analysis, W.-N.L.; investigation, W.-N.L.; writing-original draft preparation, S.-C.H.; writing-review and editing, S.-C.H. All authors have read and agreed to the published version of the manuscript.

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