Published in final edited form as:

Pharmacol Res. 2023 September; 195: 106876. doi:10.1016/j.phrs.2023.106876.

# Arrest of mouse preterm labor until term delivery by combination therapy with atosiban and mundulone, a natural product with tocolytic efficacy

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#### Abstract

There is a lack of FDA-approved tocolytics for the management of preterm labor (PL). In prior drug discovery efforts, we identified mundulone and mundulone acetate (MA) as inhibitors of *in vitro* intracellular Ca<sup>2+</sup>-regulated myometrial contractility. In this study, we probed the tocolytic potential of these compounds using human myometrial samples and a mouse model of preterm birth. In a phenotypic assay, mundulone displayed greater efficacy, while MA showed greater potency and uterine-selectivity in the inhibition of intracellular-Ca<sup>2+</sup> mobilization. Cell viability

CRediT authorship contribution statement

Shajila Siricilla: Methodology, Investigation, Formal analysis, Visualization, Writing – original draft, Funding acquisition.

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Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at doi:10.1016/j.phrs.2023.106876.

Declaration of Competing Interest

None.

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assays revealed that MA was significantly less cytotoxic. Organ bath and vessel myography studies showed that only mundulone exerted inhibition of myometrial contractions and that neither compounds affected vasoreactivity of ductus arteriosus. A high-throughput combination screen identified that mundulone exhibits synergism with two clinical-tocolytics (atosiban and nifedipine), and MA displayed synergistic efficacy with nifedipine. Of these combinations, mundulone+atosiban demonstrated a significant improvement in the *in vitro* therapeutic index compared to mundulone alone. The *ex vivo* and in vivo synergism of mundulone+atosiban was substantiated, yielding greater tocolytic efficacy and potency on myometrial tissue and reduced preterm birth rates in a mouse model of PL compared to each single agent. Treatment with mundulone after mifepristone administration dose-dependently delayed the timing of delivery. Importantly, mundulone+atosiban permitted long-term management of PL, allowing 71% dams to deliver viable pups at term (>day 19, 4–5 days post- mifepristone exposure) without visible maternal and fetal consequences. Collectively, these studies provide a strong foundation for the development of mundulone as a single or combination tocolytic for management of PL.

#### **Keywords**

Drug combination; Mundulone; Natural products; Preterm labor; Preterm birth; Tocolytic; Uterus

#### 1. Introduction

Preterm birth (PTB) rates continue to rise with over 15 million cases/year globally and remains the greatest contributor to neonatal morbidities and mortalities [1,2]. The causes of PTB are multifactorial, yet in most situations, PTB follows spontaneous preterm labor (sPL) without a known maternal, fetal, or placental condition. Regardless of the trigger, the common denominator for all known causes of PTB is the early activation of uterine contractions, which occurs through stimulation of intracellular Ca<sup>2+</sup>-release in myometrial cells [3,4]. The American College of Obstetricians and Gynecologists' Committee on Practice Bulletins [5], World Health Organization [6] and nine other clinical practice guidelines [7] agree on the short term tocolytic benefit for PTB. Moreover, outcome studies consistently show the substantial neonatal benefits for each additional week *in utero* [8–12].

Spontaneous PL is typically managed with off-label use of tocolytic drugs including: nifedipine (calcium channel blocker), indomethacin (cyclooxygenase inhibitor) or terbutaline (beta-adrenergic agonist). The true efficacy of current tocolytics is unknown due to their adverse maternal and fetal effects which preclude long-term use for delaying birth until 37 gestational weeks. Because of their side-effects and lack of efficacy, the FDA has not approved the tocolytic use of these drugs, which are known to cause either maternal cardiovascular effects, *in utero* constriction of the fetal ductus arteriosus (DA) or fetal tachycardia [13–16]. These side effects are not surprising, given that these drugs were initially developed to treat disorders in other smooth muscle types such as vascular and pulmonary. Drug development for uterospecific drugs has yielded (i) oxytocin-receptor (OXTR) antagonists, such as atosiban, for tocolytic use and (ii) a synthetic progestin (17-alpha hydroxyprogesterone caproate, 'Makena TM,') for the prevention of sPL. However, FDA-approval for Atosiban has been denied due to controversy concerning its effectiveness in

clinical trials to delay PTB and improve neonatal outcomes [17–19]. Furthermore, Makena's manufacturer recently volunteered to withdraw the drug from the US market in response to FDA recommendations based on recent large-scale studies showing less significant reductions in sPL [20]. Thus, novel safe and effective tocolytics are urgently needed for management of sPL, providing clear justification for studies that examine the tocolytic properties of new compounds.

Combination therapy offers an opportunity to increase the efficacy or potency due to the additive or synergistic effect, thereby decreasing the toxicity or side effects associated with higher doses of single drugs. Past studies examining the benefit of combined tocolytic therapy only examined a single dose of each drug, without determining the optimal fixed ratio required to achieve synergy [21–26]. Thus, while combinations of current tocolytics ranked highest for delaying preterm birth by 48 h and 7 days, they also result in more frequent cessation due to adverse effects [27].

In our efforts to discover novel tocolytics, we previously performed a high-throughput screen against a library of small molecules comprised of drug components, natural products, and other bioactive molecules with a wide range of biological activity [3]. We identified the isoflavone natural-product mundulone, and its derivative mundulone acetate (MA), as potent antagonists of Ca<sup>2+</sup>-mobilization from primary myometrial cells. Mundulone is extracted from the bark of *Mundulea sericea* and its structure was elucidated in 1959 as part of the isoflavone subclass of flavonoids [28]. Isoflavones have several pharmacological effects, including modulation of smooth muscle contractions in the uterus and vasculature [29–33]. Moreover, a recent review on natural products for tocolysis found that most plant extracts for inhibition of uterine contractions belong to flavonoid or terpene classes [34], with *Bryophyllum pinnatum* entering into a clinical trial for preterm labor, which was withdrawn early due to lack of patient enrollment [35–40]. Therefore, mundulone and MA belong to a promising class of compounds to study for tocolytic potential.

Based on our prior discovery that mundulone and MA inhibit *in vitro* myometrial Ca<sup>2+</sup>-mobilization and the reported tocolytic ability of other isoflavones, we aimed to further probe mundulone and MA for tocolytic drug development. The goal of this study was to: 1) examine the uterine- selectivity of Ca<sup>2+</sup>-mobilization inhibition, 2) determine cytotoxicity, 3) identify synergistic combinations of mundulone and MA with current clinically-utilized tocolytics, 4) establish the *ex vivo* tocolytic efficacy and potency and confirm uterine selectivity at the tissue level and 5) evaluate the in vivo efficacy to delay delivery onset using a mouse model of PL and PTB.

#### 2. Materials and methods

#### 2.1. Primary human uterine myometrial tissue and cells

Human myometrial biopsies were obtained at the time of cesarean section under the Vanderbilt University Medical Center Institutional Review Board protocol #150791 and according to The Code of Ethics of the World Medical Association (Declaration of Helsinki). Reproductive- age (18–45 years) women undergoing a scheduled or repeat cesarean section at term gestation (39 weeks) were recruited, fully informed, and consented

to the study. Inclusion criteria included breech presentation, previous cesarean section, fetal anomaly, fetal distress or placenta previa. Exclusion criteria included: clinical or histological signs of vaginal/chorioamniotic/intrauterine inflammation/infection, active SARS-CoV-2, HIV, Hepatitis B, current use of vasopressors or bronchodilators and insulin-controlled diabetes mellitus. Samples were placed into sterile cold 1XHBSS or 1XPBS and transported to the laboratory for immediate myometrial cell isolation or use in *ex vivo* organ bath studies, respectively.

#### 2.2. Cell culture

Primary myometrial cells were isolated, selectively enriched for smooth muscle cells and cultured in complete media (DMEM supplemented with 10% FBS, 25 mM HEPES, 100 U/ml penicillin-streptomycin) as previously described [3,41]. Unpassaged cells became near-confluent 10–15 days post-isolation. Human primary aortic vascular smooth muscle cells (VSMCs; ATCC PCS-100–012) were cultured in complete vascular cell growth medium and growth kit (ATCC PCS-100–030 and ATCC PCS-100–042). Myometrial and VSMCs were plated at 4000 cells/well in black-walled 384-well plates (Grenier Bio-One) for Ca<sup>2+</sup>-mobilization assays exactly as previously described [41].

#### 2.3. Comparative concentration-dependent Ca<sup>2+</sup>-mobilization

Mundulone and MA (MicroSource Discovery Systems 00200011 and 00200019) were tested at 10-point three-fold titrations starting at 60  $\mu$ M in triplicate to compare the  $E_{max}$  and IC $_{50}$  values between myometrial and VSMCs in a Ca $^{2+}$ -mobilization assay, performed as previously described. [3,41]. Data were analyzed using WaveGuide software and the % inhibition for each concentration of mundulone and MA was calculated.

#### 2.4. Combination high-throughput Ca<sup>2+</sup>-mobilization assay

An 8 × 8 dose matrix was used to evaluate the combination effects between two serially diluted single-compound concentrations. Mundulone and MA were combined with atosiban (Sigma A3480), indomethacin (Cayman Chemicals 70270), or nifedipine (Cayman Chemicals 11106). The single-compound IC<sub>50</sub> values were utilized with three 2-fold titrations above and below the IC<sub>50</sub> value. Control (no compound) additions were included in the dose matrix. Moreover, the first row and the first column of each matrix contained the individual compound concentrations used to compare the effect of combination. The high- throughput Ca<sup>2+</sup>-assay was performed in 384-well format, allowing for 6 combinations per plate, using the methods described above. Precise titrations of each compound were performed using an Echo555 instrument within the Vanderbilt High-Throughput Screening Facility. Raw data was first analyzed using Waveguide, as described above and previously reported [41]. After calculating the % response for each compound concentration examined, synergistic combinations were determined using Combenefit software [42], which provided synergy scores and heat-maps to visualize models of Bliss independence, Highest Single Agent, and Loewe additivity. After selecting up to 3 fixed ratios (FRs) of synergistic drug combinations, a concentration-response analysis was performed as described in detail above, to confirm whether the synergy was a result of increased efficacy and/or potency.

#### 2.5. Cell viability assay

Cytotoxicity of single- and combination-compounds on myometrial (hTERT-immortalized human myometrial, hTERT-HM) [41,43,44], kidney (human primary renal proximal tubule epithelial cells, RPTEC), and liver (human hepatocellular carcinoma, HepG2) [45–50] cells were assessed using a standard WST-1 (Roche) cell viability assay. hTERT-HM (kindly provided by Dr. Jennifer Condon, Wayne State University), RPTEC (ATCC PCS-400–010), and HepG2 (ATCC HB-8065) cells were cultured in complete DMEM/F-12 (Gibco 11-039–02), RPTEC media (ATCC PCS-400–030) and EMEM (ATCC 30–2003), respectively. DMEM/F-12 and HEPG2 media were supplemented with 10% FBS and 1% penicillinstreptomycin, while RPTEC media was supplemented with growth kit components (ATCC PCS-400–040). Two-fold serial dilutions of each single-compound were tested at 0.78–200 μM (a final volume of 100 μL). Additionally, compound combinations at their synergistic FR and matched single-compound concentrations were tested, as were negative (DMSO) and positive (napabucasin) controls. Cells  $(4 \times 10^4 \text{ per well})$  in 96-well culture plates were incubated with compounds for 72hrs, after which 10 µL of WST-1 was added to each well. Absorbance at 450 nm and 600 nm was read 2hrs after incubation with WST-1. After deduction of background absorbance, the % inhibition in cell viability was calculated. An in vitro therapeutic index (TI) was calculated as a ratio of the smallest IC<sub>50</sub> value among the three cell types (concentration of the compound required to affect 50% of cell viability) to the  $IC_{50}$  value from the  $Ca^{2+}$  mobilization assay [51,52].

#### 2.6. Mouse tissue sample collection

Animal experiments were approved by the Vanderbilt University Institutional Animal Care and Use Committee and conformed to the guidelines established by National Institutes of Health for the care and use of Laboratory animals. Adult (8–12wk) female CD-1 IGS (Charles River Laboratories) mice were bred with fertile males in a restricted 3 hr window (8–11 am), and the presence of a copulatory plug was considered day 1 of pregnancy. The average date of delivery for these mice in our colony occurs on day 19.5. Mice were euthanized with an overdose of isoflurane, followed by cervical dislocation. The uterus was excised on the morning of day 19 of pregnancy to obtain myometrial strips for *ex vivo* contractility studies, as well as the collection of fetal DA tissue for *ex vivo* myography experiments described below.

#### 2.7. Ex vivo myometrial contractility assay

An isometric contractility organ bath assay was performed as previously described [3,53]. Briefly, mouse and human myometrial strips (12 mm X 5 mm X 1 mm, N = 6-11 from 4 to 5 mice and 8 humans) were submerged in a heated and oxygenated (37 °C, 95% O2–5% CO2) Radnoti LLC tissue bath containing Kreb's Bicarbonate Solution. Each mouse strip was placed under 1 g tension and allowed to equilibrate in the organ bath for 60 min prior to recording baseline spontaneous contractile activity. Human tissue was placed under 3 g of tension, washed with Kreb's Bicarbonate Solution and treated with KCl, as previously described [54]. Rhythmic contractions were typically established within  $\sim 2-3$  h.

Stock 0.1 M mundulone and MA were dissolved in 100% PEG-400, while 0.027 M of atosiban was also dissolved in PEG-400. Following the establishment of rhythmic,

spontaneous contractions, cumulative concentrations (1 nM to 0.1 mM) of mundulone, MA, or vehicle control (PEG-400) were added to individual organ baths every 15 or 20 min depending on whether mouse or human tissue was utilized for the experiment, respectively. In a second set of experiments, cumulative concentrations (1 nM to 0.1 mM) of a mundulone + atosiban combination at a FR 3.7:1, as well as mundulone and atosiban alone (at their respective concentrations reflective of the ratio) were added to individual organ baths. After the highest concentration of drug or vehicle examined, tissue viability at the end of the experiment was evaluated using exposure to 75 mM KCl.

Isometric contractions were recorded using PowerLab/8 SP (ADInstruments) equipment and analyzed with LabChart 7 Pro software (ADInstruments). Contractile activity was assessed by AUC/duration (integral relative to baseline divided by the duration of each treatment period assessed). All treatment data were expressed as a percent change of baseline spontaneous contractile activity.

#### 2.8. Ex vivo fetal DA myography

The vasoreactivity of fetal mouse DAs was evaluated using cannulated, pressurized vessel myography and computer-assisted video-microscopy, as previously described [55,56]. Briefly, the ductus vessels (7–9 fetal mice, representing at least three different litters) were mounted in custom myography chambers placed on inverted microscopes equipped with a digital image capture system (IonOptix) to record changes in the intraluminal vessel diameter. The pressure was increased in 5-mmHg increments to 20 mmHg, followed by treatment with 50 mM KCl deoxygenated modified Krebs buffer to determine vessel viability and peak contractility. The vessels were then changed from a flow-through system to a 20 ml recirculating system and allowed to equilibrate for an additional 20 min. Baseline lumen diameter was recorded prior to adding cumulative concentrations (1 nM to 0.1 mM) of mundulone, MA, or vehicle control every 20 mins. After the highest concentration of drug or vehicle examined, vessel viability was determined via exposure to 50 mM KCl. All treatment data were expressed as a percent change in baseline lumen diameter.

#### 2.9. In vitro ADME assays

Mundulone and MA were submitted to Q<sup>2</sup> Solutions for Tier 1 screening assays (metabolic stability, permeability and CYP inhibition) according to standard protocols.

#### 2.10. In vivo therapeutic efficacy in mifepristone-induced mouse model of PTB

CD-1 female and male mice were bred in a restricted 3 hr window (8–11 am), and the presence of a copulatory plug was considered day 1 of pregnancy. On day 15 of pregnancy, mice (N 5 per group) were administered (s.c.) various doses of mifepristone (10, 20, 25, 30, 40, 60, 80, 100, 150 µg; Sigma M8046) to establish the lowest dose required to induce PTB in 100% mice (prior to day 18.5 of pregnancy, which is 24hrs prior to normal term delivery). Based on the results of these studies, day 15 pregnant mice (average weight: 44.97 + 4.35 g) were administered either 30 µg or 150 µg (commonly-utilized dose) mifepristone, followed by administration (s.c.) of treatment 5hrs after the onset of in vivo uterine contractions [57]. Treatments included either vehicle (0.7 ml/kg ethanol in 150 µL sesame oil, negative control), 5 mg/kg nifedipine (positive control), mundulone alone (6.5,

13, or 26 mg/kg), atosiban alone (1.76 or 3.5 mg/kg), or mundulone + atosiban (6.5 +1.76 or 13 +3.5 mg/kg). Mice (N 5 per group) received twice daily (8 am and 8 pm) treatments of vehicle or test molecules on days 16–18. The onset of delivery was monitored using infrared video surveillance and defined as delivery of the first pup. Preterm birth was defined as delivery occurring 24 hrs prior to the average onset of term delivery of untreated mice. The number of pups and neonatal outcome (surviving pups born at term per total litter size including non-viable pups born, pups resorbed *in utero* and pup weights at term delivery) were recorded.

#### 2.11. Statistical analysis

Data were analyzed using GraphPad Prism software and are expressed as mean  $\pm$  SEM. Non-linear regression analyses were performed to generate CRCs for calculation of IC50 and Emax. Comparisons of fit determined whether three-parameter non-linear log fit lines were significantly different between: 1) mundulone, MA, and the vehicle control, as well as 2) mundulone alone, atosiban alone, and the mundulone + atosiban combination. Two-way analysis of variance followed by a post hoc Tukey test for multiple comparisons was used to determine significant differences between the % response for each concentration of compound. Two-way analysis of variance followed by a post hoc Fisher's LSD test was used to determine significant differences between the  $E_{max}$  values. Ordinary one-way ANOVA was performed to determine if the timing of delivery and neonatal outcomes were significantly different between cohorts of mice, followed by *post-hoc* Bonferroni test for multiple comparisons. The level of significance was set at p 0.05.

#### 3. Results

#### 3.1. Uterine-selectivity of mundulone and MA

As previously stated, off-target side effects of current off-label tocolytics on maternal vascular smooth muscle and the fetal DA have been major limitations of their use in the management of PL. In a prior study, we discovered that the transcriptomic profile of primary human aorta VSMCs was more similar to that of human primary myometrial cells, compared to human DA SMCs, thus serving as useful cells in assays to determine compound uterine-selectivity [41]. To this end, we used our previously established  $Ca^{2+}$ -mobilization assay to examine whether mundulone and MA were uterine-selective based on either their lack of activity in VSMCs or greater effect on  $Ca^{2+}$ -mobilization in myometrial SMCs compared to VSMCs. As shown in Fig. 1 mundulone inhibited  $Ca^{2+}$ -mobilization from myometrial cells and aorta VSMCs, while MA only inhibited  $Ca^{2+}$ -mobilization in myometrial SMCs (Fig. 1 A, C). Specifically, mundulone exhibited a significant (p < 0.0001) 2-fold difference in potency, while MA displayed a significant (p = 0.03) 70% difference in efficacy.

between myometrial cells compared to aorta cells (Fig. 1B,D and Table 1). Furthermore, there was a significant difference between the efficacy ( $E_{max}=80.5\%$  vs. 44.5%, p=0.0005) and potency ( $IC_{50}=27~\mu M$  vs. 14  $\mu M$ , p=0.007) of mundulone and MA to inhibit  $Ca^{2+}$ -mobilization in myometrial cells.

#### 3.2. Ex vivo tocolytic ability and lack of off-target effect on fetal DA

Established isometric contractility and vessel myography assays were used to examine the *ex vivo* uterine-selective effect of mundulone and MA on contractile activity of term pregnant myometrial tissue and the vasoreactivity of the term fetal DA, respectively [3,55,58–65].

As shown in Fig. 2 A–B. mundulone, but not MA, displayed concentration-dependent inhibition of contractions of mouse uterine tissue (Fig. 2B). The tocolytic efficacy and potency for mundulone ( $E_{max}=70\%$ ,  $IC_{50}=10~\mu M$ , p=0.02), but not MA ( $E_{max}=27\%$ ,  $IC_{50}>0.1~mM$ , p=0.25), was significantly different than the vehicle control. Mundulone exhibited less tocolytic efficacy ( $E_{max}=57\%$ ) but similar potency ( $10~\mu M$ ) to human compared to mouse myometrial tissue (Fig. 2 B–D). Neither mundulone or MA affected the vessel diameter of the DA lumen beyond that of the vehicle control (~10% difference from baseline; Fig. 2 E–F, p>0.05).

#### 3.3. In vitro synergism with current tocolytics

To improve the efficacy and/or potency of mundulone and MA, we explored the possibility of synergism when combined with current tocolytics. It is important to note that while these drugs function through different molecular targets, the exact mechanism(s) of action for mundulone and MA are currently unknown. We tested their synergistic potential in our *in vitro* high-throughput  $Ca^{2+}$ -mobilization assay, which was adapted for compound combination-testing using  $8 \times 8$  dose matrices (Fig. 3A). We found that mundulone displayed synergism with atosiban and nifedipine (Fig. 3B–C) at several concentration ratios, while MA exhibited synergistic efficacy with only nifedipine (Fig. 3D). No synergy was observed in mundulone + indomethacin, MA + indomethacin and MA + atosiban combinations (Suppl Fig. 1).

For confirmation of synergistic efficacy and/or potency, we performed concentration-response analysis of FR of selected combinations (Fig. 3E–G). The combination of mundulone + atosiban resulted in both increased efficacy and potency, while only increased efficacy was confirmed for mundulone + nifedipine and MA + nifedipine synergistic combinations. The  $E_{max}$  and  $IC_{50}$  obtained from CRCs of individual compounds in comparison with FRs of compounds in synergistic combinations are listed in Table 2, as are the results of their statistical comparisons. The potency of mundulone improved by a similar degree (2–3 fold) when in combination with either atosiban (FR 3.7:1) or nifedipine (FR 1:4.4) compared to mundulone as a single-agent.

However, the efficacy of mundulone was further improved when in combination with nifedipine than atosiban (6-fold versus 2-fold, respectively), compared to mundulone as a single-agent. Mundulone and MA exhibited similar degrees of enhancement in potency (2–3 fold) and efficacy (6-fold) when in combination with nifedipine.

#### 3.4. Cytotoxic effects on myometrial cells and metabolic organ cells

Prediction of in vivo cellular toxicity through *in vitro* cell viability assays using a suitable cell type is a key component in early drug discovery. To detect the likelihood of cellular

toxicity in the target tissue (myometrium) and important xenobiotic metabolic organs (liver and kidney), we assessed the toxic effect of individual compounds mundulone and MA, as well as their synergistic combinations with current tocolytics, through a well-established WST-1 cell viability assay.

Mundulone had a significantly greater (p 0.0005) effect on the viability of hTERT-HM, HepG2, and RPTEC cells compared to MA (Suppl Fig. 2 and Suppl. Table 1). In relation to the therapeutic benefit (i.e. potency of mundulone and MA in the Ca<sup>2+</sup>-assay), MA demonstrated a favorable *in vitro* TI = 8.8, while the TI of mundulone was only 0.8. Suppl. Table 1 lists the IC<sub>50</sub> and TI for mundulone and MA for each cell type examined.

The FRs of synergistic combinations tested above were assessed for their effect on cell viability (Suppl Fig. 3A–C). Mundulone + atosiban was the only synergistic combination demonstrating a favorable TI = 10, which was a great improvement from the TI= 0.8 of mundulone as a single agent. Unfortunately, the TI of MA in combination with nifedipine was much lower compared to MA as a single agent (1.8 vs 8.8, respectively). Table 3 lists the IC $_{50}$  and TI for all compound combinations examined, as well as the IC $_{50}$  for their respective single-drug controls.

#### 3.5. Ex vivo tocolytic ability of synergistic combinations

Next, we determined whether the synergistic combination, mundulone + atosiban with a favorable TI, exhibited synergistic tocolysis on term pregnant mouse myometrium in an *ex vivo* contractility assay. The concentration-dependent inhibition of tissue contractility by the FR 3.7:1 of mundulone + atosiban was compared to that of the individual compounds (Fig. 4). The efficacy and potency of mundulone to inhibit mouse myometrial contractions significantly (p = 0.005) improved in combination with atosiban compared to use as a single agent ( $E_{max} = 97\%$  and 0.09  $\mu$ M versus  $E_{max} = 70\%$  and  $IC_{50} = 10$   $\mu$ M, respectively; Fig. 4A–B). Given this observation, we tested the tocolytic efficacy and potency of mundulone as a single-agent and in combination with atosiban using term-pregnant human myometrial tissue (Fig. 4C–D). Similar results were yielded showing significantly increased efficacy (88% vs 57%, p = 0.03) and potency (0.12  $\mu$ M vs 7  $\mu$ M, p = 0.001) of mundulone in combination with atosiban compared to its use as single agent, respectively. The combination was confirmed to be synergistic for both mouse and human tissue (synergy score>10, Supplemental Table 2).

#### 3.6. In vitro ADME profiles

Mundulone and its acetate derivative were examined in a Tier 1 panel of ADME assays (Table 4). Both compounds were found to show low to moderate solubility and high permeability and were highly protein bound. Mundulone itself showed good stability in liver microsomes across all tested species, but the corresponding acetate was more labile, especially in rodent microsomes. This likely reflects instability of the acetate ester bond.

### 3.7. In vivo therapeutic efficacy to delay delivery and improve neonatal outcomes in a mouse model of PTB

Finally, the in vivo tocolytic efficacy and synergy of mundulone and atosiban in combination compared to the single agents were examined using a widely utilized mouse model of PTB for preclinical studies. We first determined the minimal effective dose of mifepristone to induce 100% PTB in mice, using the experimental design shown in Fig. 5A. The timing of delivery of mifepristone did not become significantly (p 0.0002) different than untreated control mice until 25  $\mu$ g (Fig. 5B). The lowest doses required for 100% PTB rates were 30  $\mu$ g of mifepristone (Fig. 5C).

Next, we assessed the efficacy of mundulone as a stand-alone agent and in combination with atosiban to delay mifepristone (30 ug)-induced PTB in mice. Treatment with mundulone (6.5, 13, or 26 mg/kg twice daily) 5hrs after mifepristone administration (and PL induction) dose-dependently (p = 0.0457) delayed the timing of delivery (Fig. 5D). A 100% mortality was observed for mice treated with 26 mg/kg mundulone twice daily until the evening of day 17. The mundulone+atosiban combination (FR 3.7:1, 6.5 mg/kg + 1.75 mg/kg) delayed the onset of delivery to term (>day19) for 71% of mice, with their timing of delivery occurring similarly (p > 0.999) to non-mifepristone exposed mice (Fig. 5E). None of the mifepristoneexposed mice treated with the combination displayed dystocia or post-term delivery. Only 17% and 0% of mice treated with atosiban (1.75 mg/kg) or mundulone (6.5 mg/kg) as single agents delivered at term, respectively. Interestingly, a higher dose of mundulone and atosiban (13 mg/kg + 3.5 mg/kg) at the same FR (3.7:1) resulted in only 17% of mice delivering at term, with 20% of atosiban (3.5 mg/kg) and 0% of mundulone (13 mg/kg) treated mice delivering at term. Nifedipine was used as positive control drug for these experiments, given its current clinical use as a tocolytic agent. Of the nifedipine-treated mice, 40% delivered at term, with their timing of delivery occurring significantly (p < 0.0001) different from non-mifepristone exposed mice but statistically insignificant (p = 0.999) than vehicle-treated mifepristone exposed mice. As shown in Table 4, the number of average surviving pups born at term was not significantly different across the groups. None of the pups born prematurely survived, thus their weights were not obtained. For the dams in each treatment group that were able to deliver at term, the average pup weights (as a ratio to the litter size) were not significantly different from that of the no treatment group.

Given the in vivo efficacy of the mundulone + atosiban (FR 3.7:1, 6.5 mg/kg + 1.75 mg/kg) to successfully delay delivery onset and manage PL in most mice exposed to 30  $\mu$ g mifepristone, we next explored the therapeutic ability of this drug combination in the mifepristone model using the standard 150  $\mu$ g dose, which we observed to be supramaximal for PTB-induction (Fig. 5C). As shown in Supplemental Fig. 4 A and B, mice exposed to 150  $\mu$ g mifepristone that received treatment with the mundulone + atosiban combination delivered significantly (p = 0.3) later than vehicle treated mice (52 hrs vs. 24hrs). While 28.6% of mice treated with the combination of mundulone and atosiban delivered at term, none of the nifedipine-treated 150  $\mu$ g mifepristone mice delivered at term Table 5.

#### 4. Comments

#### 4.1. Principal findings

In the present study, we found that mundulone compared to MA displayed greater inhibitory efficacy on *in vitro* Ca<sup>2+</sup>-mobilization as well as *ex vivo* contractile activity. However, MA showed greater uterine-selectivity and a favorable *in vitro* TI, compared to mundulone, due to its lower cytotoxicity. A significant improvement of the TI was achieved through mundulone's synergistic combination with atosiban, which yielded greater tocolytic efficacy and potency on term pregnant mouse and human myometrial tissue compared to single drugs. Furthermore, treatment with a combination of mundulone and atosiban in a 30 µg mifepristone-induced mouse model of PTB, significantly reduced the PTB rate compared to each single agent, allowing the dams to deliver at term-gestation without negative effects on pups.

Outside of its structural elucidation as an isoflavone [28,66,67], mundulone appears in only two publications to date, yielding little insight into its biological activity [68,69]. In our study, mundulone and MA exhibited *in vitro* selectivity to inhibit Ca<sup>2+</sup>-mobilization from myometrial cells in comparison to aortic VSMCs, and *ex vivo* selectivity to inhibit myometrial contractility without observed effects on fetal DA vasoreactivity. While isoflavones are known to affect vascular [32,70] and DA tissues[71] as well as uterine tissue [29], this study highlights that certain isoflavone structures can be uterine selective. Due to this, mundulone could benefit from medicinal chemistry efforts to study the structure-activity relationship and uterine-selectivity. Mundulone and its structurally-related derivative compound, dihydromunduletone, are reported to inhibit the G-protein coupled receptor GPR56's activity [68]. Moreover, isoflavones are well known to be phytoestrogens with agonistic or antagonistic activity against estrogen receptors [72,73]. Thus, it is worthwhile to probe the mechanism of both compounds, mundulone and MA, as it relates to modulation of intracellular Ca<sup>2+</sup>-regulated myometrial contractility through either a G-protein coupled receptor, estrogen receptor, or perhaps a different molecular target.

Past studies have examined whether combinations of tocolytics result in additive potency and/or efficacy [21–26]. The current study is the first to report a high-throughput combination screen using a dose matrix approach that includes a wide range of concentrations for the discovery of novel tocolytic synergy. We identified that the combinations of mundulone with two current tocolytics, atosiban and nifedipine, yielded *in vitro* synergistic effects on intracellular Ca<sup>2+</sup>-mobilization. Multiple pathways are involved upstream of intracellular-Ca<sup>2+</sup> to regulate myometrial contractility. Moreover, the mechanism of action of mundulone to regulate uterine contractions remains unknown. Thus, the exact synergistic mechanism between mundulone-atosiban and mundulone-nifedipine remains to be determined, outside of our observation that the inhibition of Ca<sup>2+</sup>-channel as well as oxytocin receptor, but not the prostaglandin pathway, enhances the effect of mundulone. Our *in vitro* efficacy and combinational synergy of these novel molecules have been translated from the cell to the tissue level, as well as in vivo, thus, progressed through the discovery pipeline underscoring their translational potential.

When two drugs are combined, it is necessary to rule out unintended additive or synergistic toxicity early in the discovery process [74]. *In vitro* TI obtained by measuring a compound's cytotoxicity is commonly used to quantify the extent of the safety at the desired efficacious conditions of a single- or combination of compounds. The toxicity of mundulone has been previously reported on HEK293 cells and zebrafish embryos [68,75]; however, MA's toxicity is not reported. While mundulone as a single-agent was found to be toxic at low concentrations (TI = 0.8) in our *in vitro* study, mundulone-treated mice did not show signs of impaired health or mortality until treated with 26 mg/kg twice daily for two days. Nonetheless, mundulone could benefit from medicinal chemistry efforts to lessen its toxicity and improve its TI. In an alternative approach, we observed that the TI of mundulone dramatically improved to a favorable TI = 10 when combined with atosiban as a result of a 2-fold reduction in the concentration of mundulone, and the *ex vivo* tocolytic efficacy and potency significantly improved. To this end, at least one other study reported improved inhibition of uterine contractility when another flavonoid containing plant extracts from *Bryophyllum pinnatum* was combined with atosiban or nifedipine [36].

Currently, most test-compounds or drugs only significantly delay labor for a matter of hours using the mifepristone-induced mouse model of PTB [76–78]. However, there have been reports of a few investigational agents capable of managing PL for greater than 24hrs in the aforementioned mouse model, though not until term delivery [79-81]. To this end, it is possible that other test-compounds failed to manage PL until term delivery due to the commonly utilized dose (150 µg) of mifepristone [82], which we found to be supramaximal to a 30 µg dose that reliably induced 100% PTB rate in CD-1 mice. Indeed, nifedipine was able to delay delivery until term in 50% of PL mice induced with 30 µg mifepristone, but 0% of mice receiving 150 µg of the antiprogestin. The latter results are congruent with a prior study in which nifedipine resulted in delivery occurring within 25hrs post-mifepristone (150 µg) administration[76]. In our study, mundulone in combination with atosiban (FR 3.7:1, 6.5 mg/kg + 1.75 mg/kg) allowed long-term management of PL after induction with either 30 or 150 µg mifepristone, allowing 71% and 29% dams, respectively, to deliver at term (>day 19, 4–5 days post-mifepristone exposure) with viable pups without any visible maternal and fetal consequences. The efficacy of this drug combination outperformed barusiban and atosiban in animal models of preterm labor [83–85]. Additional preclinical studies are needed to determine the in vivo pharmacokinetics, biodistribution and placental transfer characteristics in mice and non-human primates.

There were limitations to the current study. First, the mouse model of PTB used in this study do not fully simulate the multifactorial causes of spontaneous PTB in humans, however it provides a "proof of principle" of the: (i) dose-dependent efficacy of mundulone as a single-agent to delay the timing of delivery and (ii) efficacy and synergy of the combination of mundulone with atosiban to manage PL until term delivery. The mifepristone mouse model of induced PL is a widely utilized model for preclinical testing of novel tocolytic agents for spontaneous PL in the absence of suspected or confirmed infection, and thus was selected for this study. However, it is important to examine the in vivo efficacy of mundulone as a stand-alone therapy or in combination with atosiban in additional established mouse models of PL using agents that either induce sterile inflammation (high-mobility group box-1 [86], interleukin-1 (alpha [87–89] and beta [89]), S100 calcium binding proteins-(A12 [90] and

B [91]) or myometrial contractions (prostaglandin F2 alpha [92]). Second, the long-term effects of *in utero* exposure to mundulone or MA was not examined, which would provide further insight into the neonatal safety of these compounds. Finally, while determining the target and mechanism of action of a newly identified molecule is important, it was beyond the scope of this study and will be evaluated in the future.

The present study demonstrates the tocolytic abilities of mundulone and MA through uterine-selective inhibition of intracellular-Ca<sup>2+</sup>. A novel *in vitro* high-throughput combination screen identified synergistic ratios of mundulone with atosiban with a favorable TI, whose tocolytic efficacy was validated in a separate *ex vivo* assay. Furthermore, the in vivo therapeutic efficacy and synergy of mundulone in combination with atosiban was ascertained in a mouse model of PTB. In summary, our findings highlight that mundulone or its analogs warrant future development as a stand-alone single- and/or combination-tocolytic therapy for management of PL.

#### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

#### **Acknowledgments**

This project was supported by the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development [Grants HD088830 and HD098213 (JLH), HD108420 (SS), and HD094946 (BCP)] and National Heart, Lung and Blood Institute Grants HL164327 and HL128386 (JR). We are thankful to the nurses and physicians in the Department of Obstetrics and Gynecology at Vanderbilt University Medical Center for collecting myometrial biopsies, and the women that kindly participated in this study. ADME testing was performed by Q2 solutions using Vanderbilt Institute of Chemical Biology (VICB) funds. We thank the VICB High Throughput Screening (HTS) Core Facility for their technical assistance and use of their equipment. The Vanderbilt HTS Core Facility receives support from the Vanderbilt Institute of Chemical Biology and the Vanderbilt Ingram Cancer Center (P30 CA68485). The Wave Front Biosciences Panoptic was purchased with funds from the NIH Office of The Director S10OD021734. We thank Dr. Jennifer Condon (Wayne State University) for kindly providing the hTERT-HM cells used in this study. All authors have read the journal's authorship agreement and policy on disclosure of potential conflicts of interest.

#### **Data Availability**

Data will be made available on request.

#### Abbreviations:

**DA** Ductus arteriosus

**FR** fixed ratio

**hTERT-HM** human telomerase reverse transcriptase-immortalized human

myometrial

MA mundulone acetate

**PTB** preterm birth

PL preterm labor

#### VSMCs

#### vascular smooth muscle cells

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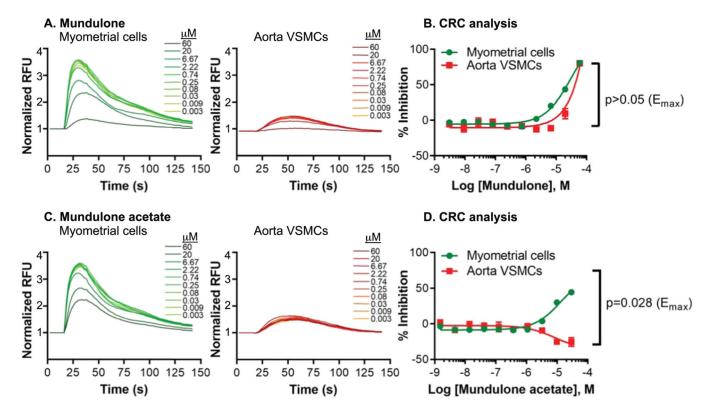
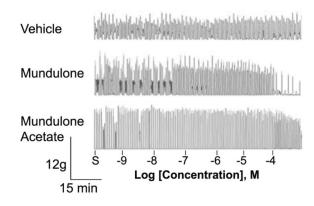
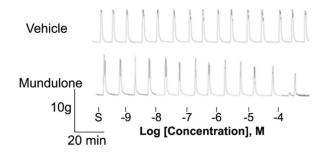


Fig. 1. In vitro uterine-selectivity of mundulone and mundulone acetate (MA) to inhibit intracellular  $Ca^{2+}$ -release. Real-time recording of concentration-dependent inhibition of intracellular  $Ca^{2+}$ -release by mundulone (A) or MA (C) from myometrial cells and aorta VSMCs in 384-well format. Concentration-response curves of mundulone (B) or MA (D) showing selectivity towards myometrial cells compared to the aorta VSMCs due to either a significant shift in potency ( $IC_{50}$ ) or efficacy ( $E_{max}$ ), respectively. Non-linear regression was used to fit the data (mean + SEM) and to calculate the  $IC_{50}$  and  $E_{max}$ ., which are provided in Table 1, along with p-values. A 2-way ANOVA with a post-hoc Fisher's LSD test was used to compare the  $E_{max}$  values (shown).

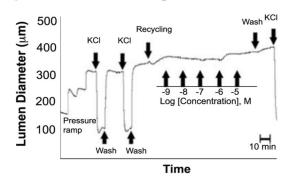
### A. Representative recording of mouse myometrial contractility



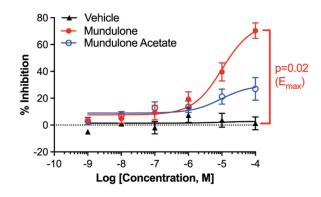
### C. Representative recording of human myometrial contractility



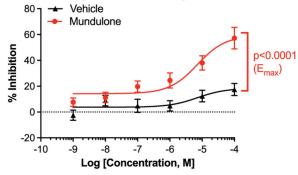
#### E. Representative recording of mouse DA tone



#### B. CRC analysis: mouse myometrial tissue



#### D. CRC analysis: human myometrial tissue



#### F. CRC analysis: mouse DA

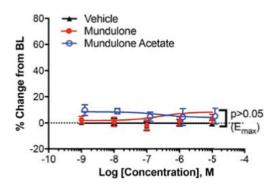
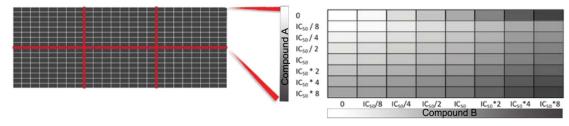


Fig. 2. Ex vivo tocolytic ability and uterine-selectivity. Representative recording of isometric spontaneous contractility (measured in grams of tension) of mouse or human myometrial tissue (A and C, respectively) prior to the addition of increasing concentrations (10 pm - 100  $\mu$ M) of vehicle control, mundulone or mundulone acetate (MA). Recordings were analyzed for contractile AUC (B and D). Non-linear regression was used to fit the data (mean + SEM) and to calculate IC<sub>50</sub> and E<sub>max</sub>. C. Representative tracing of fetal mouse ductus arteriosus (DA) tone (measured by lumen diameter) prior to and after the addition

of increasing concentrations (1 nm - 10  $\mu$ M) of vehicle control, mundulone or MA. D. Recordings were analyzed for % change from baseline lumen diameter. A 2-way ANOVA with a post-hoc Tukey analysis was used to compare the  $E_{max}$  values (shown).

#### A. Plate map for combination study



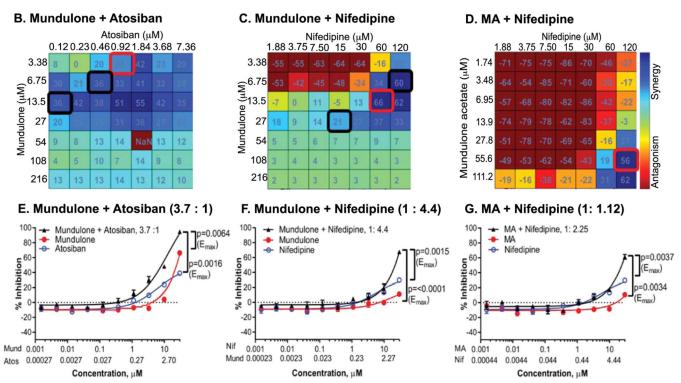
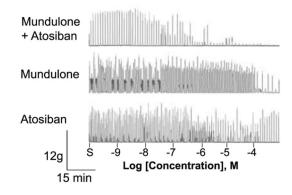
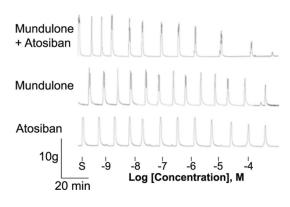


Fig. 3. Identification of mundulone and mundulone acetate (MA) synergistic combinations with clinical tocolytics. A. Plate map used for the high-throughput combination Ca<sup>2+</sup>-assay in which one 384-well plate allows testing of six different combinations of two-compounds. Controls (no compounds, white squares) and individual compounds "A" (columns 1, 9 and 17) and "B" on (rows H and I, respectively) were included on each plate. The direction of the gradient shows the increasing concentrations of compound "A" and "B". The %response data for each compound concentration was averaged and then analyzed with Combenefit software to provide synergy scores using the Bliss-independence model. Heat maps of synergy scores are shown (B-D). Red or black boxes indicate the three fixed ratios chosen for CRC analysis to confirmation synergistic potency or efficacy. Concentration-response curves of combinations at fixed ratio indicated in red box is shown (E-G). A 2-way ANOVA with a post-hoc Tukey analysis was used to compare the E<sub>max</sub> values (shown).

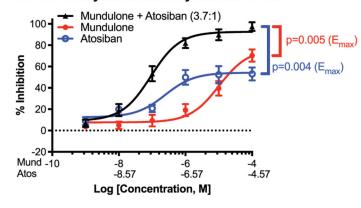
### A. Representative recording of mouse myometrial contractility



### C. Representative recording of human myometrial contractility



#### B. CRC analysis: mouse myometrial tissue



#### D. CRC analysis: human myometrial tissue

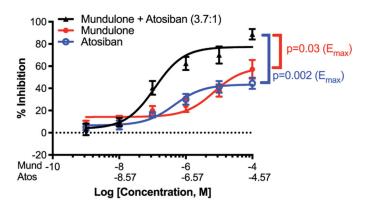
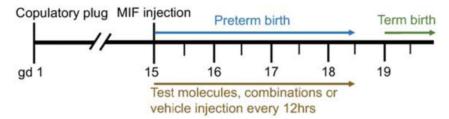
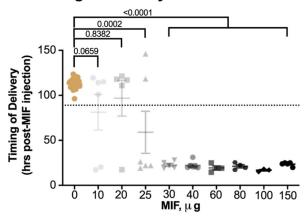


Fig. 4. Ex vivo tocolytic effect of mundulone and atosiban combination. Representative recording of isometric spontaneous contractility (measured in grams of tension) of mouse or human myometrial tissue (A and C, respectively) prior to the addition of increasing concentrations (10 pm - 100  $\mu$ M) of mundulone +atosiban at a fixed ratio (3.7:1), as well as their single-compound controls (mundulone or atosiban). Recordings were analyzed for contractile AUC (B and D). Non-linear regression was used to fit the data (mean + SEM) and to calculate EC<sub>50</sub> and E<sub>max</sub>. A 2-way ANOVA with a post-hoc Tukey analysis was used to compare the E<sub>max</sub> values (shown).

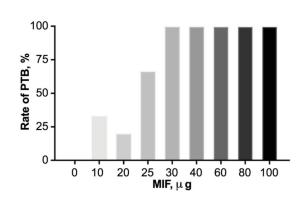
#### A. Experimental timeline



#### B. Timing of delivery: MIF

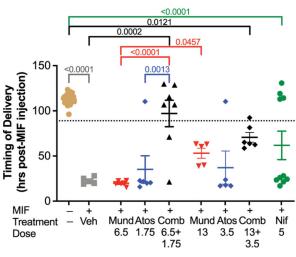


#### C. Rate of preterm birth: MIF

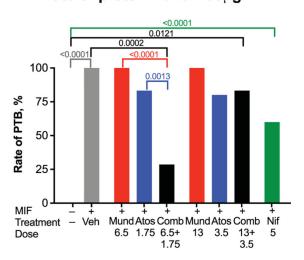


#### D. Timing of delivery: 30μg MIF

Fig. 5.



#### E. Rate of preterm birth: 30µg MIF



*In vivo* therapeutic efficacy of mundulone and atosiban combination to delay delivery in a preclinical mouse model of PTB. A. Experimental timeline for induction of preterm labor and birth using mifepristone (MIF) on day 15 of pregnancy, followed by administration of either vehicle, test or control drugs in mice. A. Determining the minimal effective dose of mifepristone to induce PTB in mice. Dose of mifepristone versus timing of delivery (B) or rate of PTB (C) in CD-1 pregnant mice. Timing of delivery (D) and PTB rates (E)

for mice receiving either 30 µg MIF (s.c.) prior to administration of either vehicle (Veh),

mundulone + atosiban combination (Comb), or mundulone (Mund), or atosiban as single agents (Atos). Nifedipine (Nif) was used as a control tocolytic. Doses listed are mg/kg. Dotted line represents PTB, defined as 24hrs prior to average timing of term delivery of untreated mice.

Table 1

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Uterine-selectivity of mundulone and mundulone acetate (MA).

	IC <sub>50</sub> , μΜ				Emax, %			
	Myometrial	Aorta	Aorta Fold difference p value	p value	Myometrial Aorta	Aorta	% difference	p value
Mundulone 26.59	26.59	>60 >2.3	>2.3	<0.0001 80.52	80.52	80.15 0.37	0.37	0.91
MA	13.91	>60 >4.3	>4.3	0.37	44.45	-25.61 70.06	70.06	0.03

Table 2

Synergistic efficacy and /or potency of fixed-ratio combinations of mundulone and MA with current tocolytics.

Cpd A + Cpd B	Ca <sup>2+</sup> ass	$Ca^{2+}$ assay, $IC_{50}$ ( $\mu M$ )	ıM)	p value		Ca <sup>2+</sup> assa	1y, E <sub>max</sub> (%	$Ca^{2+}$ assay, $E_{max}$ (% inhibition) p value	p value	
	Cpd A	Cpd B	Cpd B Combo*	Combo vs Cpd A	Combo vs Cpd A Combo vs Cpd B Cpd A Cpd B Combo	Cpd A	Cpd B	Combo	Combo vs Cpd A Combo vs Cpd B	Combo vs Cpd B
Mund + Atos, 112.5: 1 >30	>30	7.4	>30; >0.27	>0.05	>0.05	66.3	4.55	93.66	0.0082	<0.0001
Mund + Atos, 14.7: 1	>30	12.99	25.95; 1.77	>0.05	>0.05	66.3	22.59	94.62	0.0016	<0.0001
Mund + Atos, 3.7: 1	>30	6.44	13.25; 3.58	<0.0001	0.064	66.3	39.08	94.72	0.0064	0.0016
Mund + Nif, 1: 4.4	18.22	6.02	>6.82; >30	>0.05	0.0004	11.08	29.74	67.63	<0.0001	0.0015
MA + Nif, 1: 2.25	>30	6.02	>13.33; >30 >0.05	>0.05	0.0015	10.68	29.74	61.47	0.0034	0.0037

Bolded values represent synergistic combinations in potency (EC50) and/or efficacy (Emax).

<sup>\*</sup>Values represent the concentration of compounds "A" and "B" present in the combination at 50% inhibition of Ca<sup>2+</sup> -mobilization. Cpd=compound, Mund=mundulone, Atos=atosiban, Nif=nifedipine, MA=mundulone acetate, Combo=combination

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Table 3

Therapeutic index of mundulone and MA in fixed-ratio combinations with current tocolytics.

Drug combo	hTERT-HM				HEPG2				RPTEC				П
	Cpd A	Cpd B	Compo*		Cpd A	Cpd B	Combo*		Cpd A	Cpd B	Combo*		
	$IC_{50} (\mu M) \qquad IC_{50} (\mu M)$	$IC_{50}(\mu M)$	$IC_{50} \left( \mu M \right)$	p value	$IC_{50}\left( \mu M\right)$	$p\ value  \  IC_{50}\left(\mu M\right)  IC_{50}\left(\mu M\right)  IC_{50}\left(\mu M\right)$	$IC_{50}$ ( $\mu M$ )	p value	$IC_{50}\left(\mu M\right)$	$p\ value  IC_{50}\left(\mu M\right)  IC_{50}\left(\mu M\right)  IC_{50}\left(\mu M\right)$	$IC_{50} (\mu M)$	p value	
Mund + Atos, 3.7: 1 58.9	58.9	>200	133.9; 36.19 0.0038	0.0038	22.1	>200	132.4; 35.78 <0.0001 26.02	<0.0001	26.02	>200	169.2; 45.73 <0.0001 10	<0.0001	10
Mund + Nif, 1: 4.4	>200	106	19.15; 84.24	<0.0001 92.6	92.6	150.2	23.16; 101.9	0.7152	119.5	143.9	40.25; 177.1	0.1978	2.81
MA + Nif, 1: 2.25	246.6	106	34.45; 77.52 <0.0001 125.4	<0.0001	125.4	150.2	24.44; 55	0.0056 >200	>200	143.9	100; 225	0.0001 1.83	1.83

\*
Values represent the concentration of compounds "A" and "B" present in the combination at 50% inhibition of Ca2 + mobilization or cell viability, respectively. Bolded values represent a favorable therapeutic index (TI = IC50 Cell Viability Assay/IC50 Ca<sup>2+</sup> Assay). p-values provided for drug combinations are for comparison between the combination and compound A. Cpd=compound, Mund=mundulone, Atos=atosiban, Nif=nifedipine, MA=mundulone acetate, Combo=combination

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Table 4

In vitro ADME profiles of Mundulone and Mundulone Acetate.

Profiling assay	Mundulone	Mundulone Acetate
Solubility (µM)	21–40	11–20
MDCK permeability ( $P_{app} x 10^{-6} \text{ cm/sec}$ )	49.4	22.1
Human plasma protein binding (%)	99.30	99.90
Intrinsic clearance (Clint) in liver microsomes Mouse ( $\mu L/\min/mg$ )	47.1	885.5
Rat (µL/min/mg)	30.7	585.7
Human (µL/min/mg)	<20	27.18

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## Table 5

Neonatal outcome measures.

Treatment	Average litter size	p value	Surviving pups born at term	p value	Non-viable pups born at term	p value	Average litter size p value Surviving pups born at term p value Non-viable pups born p value Pup weight at term delivery, g p value at term	p value
No treatments	$12.60 \pm 3.11$		$12.5 \pm 3.11$		$0.09 \pm 0.29$		$1.64 \pm 0.08$	
MIF (no drug treatment)	$12.20 \pm 1.64$	1.00	NA	NA	NA	NA	NA	NA
MIF + Mund + Atos, $6.5 + 1.76  mg/kg$	$10.86 \pm 2.55$	0.46	$9.60 \pm 3.91$	0.31	$0.20 \pm 0.45$	0.87	$1.55 \pm 0.22$	0.35
MIF + Mund, 6.5 mg/kg	$12.00 \pm 1.27$	1.00	NA	NA	NA	NA	NA	NA
MIF + Atos, 1.76 mg/kg	$12.00 \pm 2.10$	1.00	$12.00 \pm 0.00$	1.00	0	0.99	$1.65 \pm 0.16$	1.00
MIF + Nif, 5 mg/kg	$11.90 \pm 2.38$	0.95	$12.25 \pm 3.86$	1.00	0	0.87	$1.66 \pm 0.16$	0.80

NA = Not applicable, no viable pups when delivered preterm. Maternal weights were only recorded until gestational day 18 or until delivery in cases of preterm birth. The data is reperestented as mean ± SD. Each group was compared to 'no treatment' group to determine if outcomes were significantly (p < 0.05) different. MIF=mifepristone, Mund=mundulone, Atos=atosiban, Nif=nifedipine.