## **Physiological** Reports

Open Access

Physiological Reports ISSN 2051-817X
ORIGINAL RESEARCH

# Organ-level validation of a cross-bridge cycling descriptor in a left ventricular finite element model: effects of ventricular loading on myocardial strains

Sheikh Mohammad Shavik<sup>1</sup>, Samuel T. Wall<sup>2</sup>, Joakim Sundnes<sup>2</sup>, Daniel Burkhoff<sup>3</sup> & Lik Chuan Lee<sup>1</sup>

- 1 Department of Mechanical Engineering, Michigan State University, East Lansing, Michigan
- 2 Simula Research Laboratory, Oslo, Norway
- 3 Cardiovascular Research Foundation and Department of Medicine, Columbia University, New York, New York

#### Keywords

Cardiac energetics, finite element modeling, left ventricle, myocardial strain.

#### Correspondence

Lik Chuan Lee, Department of Mechanical Engineering, Michigan State University, 428 S. Shaw Lane, Room: 2445, East Lansing, MI

Tel: 517-432-4563 Fax: 517-355-2288 E-mail: lclee@egr.msu.edu

#### **Funding Information**

This work was supported by American Heart Association (AHA) grant 17SDG33370110 (L. C. Lee).

Received: 20 July 2017; Accepted: 23 July 2017

doi: 10.14814/phy2.13392

Physiol Rep, 5 (21), 2017, e13392, https://doi.org/10.14814/phy2.13392

#### **Abstract**

Although detailed cell-based descriptors of cross-bridge cycling have been applied in finite element (FE) heart models to describe ventricular mechanics, these multiscale models have never been tested rigorously to determine if these descriptors, when scaled up to the organ-level, are able to reproduce well-established organ-level physiological behaviors. To address this void, we here validate a left ventricular (LV) FE model that is driven by a cell-based cross-bridge cycling descriptor against key organ-level heart physiology. The LV FE model was coupled to a closed-loop lumped parameter circulatory model to simulate different ventricular loading conditions (preload and afterload) and contractilities. We show that our model is able to reproduce a linear end-systolic pressure volume relationship, a curvilinear end-diastolic pressure volume relationship and a linear relationship between myocardial oxygen consumption and pressure-volume area. We also show that the validated model can predict realistic LV strain-time profiles in the longitudinal, circumferential, and radial directions. The predicted strain-time profiles display key features that are consistent with those measured in humans, such as having similar peak strains, time-to-peak-strain, and a rapid change in strain during atrial contraction at late-diastole. Our model shows that the myocardial strains are sensitive to not only LV contractility, but also to the LV loading conditions, especially to a change in afterload. This result suggests that caution must be exercised when associating changes in myocardial strain with changes in LV contractility. The methodically validated multiscale model will be used in future studies to understand human heart diseases.

#### Introduction

Finite element (FE) modeling of the intact heart having realistic geometry and architectural assembly of cardiac muscle descriptor has advanced significantly over the years. Such models are now capable of describing the coupling between electrophysiology and mechanics (Kerckhoffs et al. 2010; Gurev et al. 2011; Sundnes et al. 2014), as well as long-term remodeling of the heart (Göktepe et al. 2010; Kerckhoffs et al. 2012; Lee et al. 2015, 2016). Increasingly, computer models are also used

to elucidate the pathophysiology of heart disease and mechanisms of treatments (e.g., cardiac resynchronization therapy (Hu et al. 2014; Kerckhoffs et al. 2009) and surgical ventricular restoration (Lee et al. 2013). Accurate description of active contraction behavior is particularly important in ensuring that the model predictions are consistent with well-established physiological principles at the whole heart level.

Available contraction models vary in sophistication and detail depending on the number of intermediate crossbridge states used in dynamically modeling muscle fiber shortening. Such descriptions range from being purely phenomenological (Guccione and McCulloch 1993; Kerckhoffs et al. 2007) that do not model the different states of the cross-bridge cycle, to detailed models (Burkhoff 1994; Hunter et al. 1998; Rice et al. 2008) that describe some (if not all) the states of the cross-bridge cycle. For the latter case, models were usually developed based on small-sample measurements of force-calcium and force-velocity relationships under different loading conditions using multicellular (papillary or trabecular muscles), intact single-cell or skinned fiber preparations. Although able to recapitulate key features found in these small-scale measurements, it is unknown if these descriptors, when scaled up with realistic ventricular geometry and muscle fiber organization in the ventricular wall, can reproduce key features of measurements made at the whole organ level. Correspondingly, there exists a question as to whether the gap between subcellular and tissueorgan level phenomena can be bridged by simply applying these detailed cross-bridge models to describe the mechanical behavior of the whole heart.

Here, we aim to validate, in a rigorous manner, a left ventricular FE computer model that is based on a detailed descriptor of cross-bridge cycling by Rice et al. (2008) against well-established features of organ-level physiology. Originally calibrated using experimental data from rats, this model has been adopted in many multiscale computational frameworks used to investigate diseases and treatments in relation to data acquired from other species, such as humans (Adeniran et al. 2013a, 2013b, 2015; Hu et al. 2013) and canine (Gurev et al. 2011; Constantino et al. 2012; Lim et al. 2012; Hu et al. 2014). While model predictions using this cross-bridge descriptor have been compared to some myocardial strain and single pressure-volume (PV) loop measurements (Campbell et al. 2008; Gurev et al. 2011; Trayanova et al. 2011), there are no existing studies investigating whether the model can reproduce features found in an analysis of human heart behavior in the face of varying preload and afterload, such as a linear, relatively load-independent end-systolic pressure-volume relationship (ESPVR). It is also not known whether the Rice cross-bridge descriptor, when scaled up, is able to reproduce the experimentally observed linear relationship between total myocardial oxygen consumption (MVO<sub>2</sub>) and total mechanical work (indexed by the pressure-volume area, PVA). It is the purpose of this study to address these voids in order to develop a model that can be useful for studying the complex relationship between myocyte contractility and whole heart function, which depends on multiple factors such as the fiber orientation, muscle mass, heart geometry, and activation sequence.

#### Method

#### Mechanical description of the left ventricle

The mechanical behavior of the left ventricle (LV) was modeled using a previously described cell-based coupled cardiac electromechanics model (Sundnes et al. 2014). Given that the focus here is on the mechanics, homogeneous activation of the LV was simulated by applying a stimulus current  $I_s$ throughout the ventricle. Consequently, the resultant model can be expressed by the following system of ordinary differential equations and partial differential equations:

$$\frac{\partial \mathbf{s}}{\partial t} = f(\nu, \mathbf{s}, \lambda) \tag{1a}$$

$$\frac{\partial \mathbf{s}}{\partial t} = f(\nu, \mathbf{s}, \lambda) \tag{1a}$$

$$\frac{\partial \nu}{\partial t} + I_{\text{ion}}(\nu, \mathbf{s}, \lambda) = I_{s} \tag{1b}$$

$$\nabla \cdot \boldsymbol{\sigma} = 0 \tag{1c}$$

Equations (1a and b) consist of a system of ordinary differential equations describing the local coupling between the cellular electrophysiology (Winslow et al. 1999) and cross-bridge cycling (Rice et al. 2008). Here,  $\nu$  is the transmembrane potential, s denotes a vector of state variables consisting of various membrane channels and intracellular ionic concentrations,  $I_{ion}$  is the total ionic current that is scaled with the membrane capacitance, and  $\lambda$  is the myofiber stretch. Equation (1c) enforces local mechanical equilibrium of the LV with  $\sigma$  denoting the Cauchy stress tensor. The stress tensor  $\sigma$  was additively decomposed into a passive component  $\sigma_p$  and an active component  $\sigma_a$ , allowing for dynamic changes in the tissue during the cross-bridge cycling process, i.e.,

$$\boldsymbol{\sigma} = \boldsymbol{\sigma}_{p} + \boldsymbol{\sigma}_{a}(\mathbf{s}, \lambda, \dot{\lambda}; T_{ref}) \tag{2}$$

The active stress  $\sigma_a$ , applied along the local fiber orientation, was based on the active descriptor by Rice et al. (2008), and depends on the time evolution of the state variables s, myofiber stretch  $\lambda$ , rate of myofiber stretch  $\lambda$  and the reference tension Tref. Parameter values of the Rice descriptor were modified to obtain a twitch profile with a longer time to peak duration and a reasonable relaxation behavior (cf. to that computed using the original values) that are both necessary to reproduce the in-vivo strain-time profile measured in healthy humans. These parameters are associated to the Cabinding with troponin (Ca-based activation) and transition rate between different states in the cross-bridge cycle. Some of these parameters were also adjusted in a previous study (Provost et al. 2011) to reproduce end-systolic pressure and pressure twitch recorded experimentally in the canine. The modified parameters are tabulated in Table 1. Contractility was varied by scaling the calcium transient through adjusting the maximum RyR channel Ca-flux  $v_1$ , scaling factor of Ca-ATPase  $K_{SR}$ , and maximum sarcolemmal Ca-pump current  $\bar{I}_{P_{(Ca)}}$  in the electrophysiology model (Winslow et al. 1999) as listed in Table 2. Modified parameters of the electrophysiology model (Table 2) reflect the corresponding changes in the isometric twitch profiles (Fig. 2) for different contractility.

On the other hand, the passive stress  $\sigma_p$  was described using a Fung-type transversely isotropic hyperelastic constitutive model (Guccione et al. 1991) with the strain energy function given by

$$\Psi = \frac{1}{2}C(e^{Q} - 1) + C_{\text{compr}}(J\ln J - J + 1)$$
 (3a)

where,

$$Q = b_{\rm ff} E_{\rm ff}^2 + b_{\rm xx} (E_{\rm ss}^2 + E_{\rm nn}^2 + E_{\rm sn}^2 + E_{\rm ns}^2) + b_{\rm fx} (E_{\rm fn}^2 + E_{\rm nf}^2 + E_{\rm fs}^2 + E_{\rm sf}^2)$$
(3b)

In the above equation,  $E_{ij}$  with  $(i, j) \in (f, s, n)$  are components of the Green-Lagrange strain tensor E with f, s, n denoting the myocardial fiber, sheet and sheet normal directions respectively. Furthermore,  $J = \det(\mathbf{F})$  is the Jacobian of the deformation gradient tensor  $\mathbf{F}$ . Material parameters of the passive constitutive model are denoted by  $C_{\text{compr}}$ , C,  $b_{\text{ff}}$ ,  $b_{\text{xx}}$ , and  $b_{f\text{x}}$ . The passive stress tensor depends on this strain energy function by

$$\sigma_{\mathbf{p}} = \frac{1}{J} \mathbf{F} \frac{\partial \Psi}{\partial \mathbf{E}} \mathbf{F}^{\mathrm{T}} \tag{4}$$

**Table 1.** Modified parameters of the Rice model (Rice et al. 2008).

Parameter	Unit	Value	
perm <sub>50</sub>	Unitless	0.38	
$n_{\text{perm}}$	Unitless	13	
k <sub>on</sub>	$\mu$ mol L <sup>-1</sup> s <sup>-1</sup>	60	
$k_{n_p}$ $k_{p_n}$	$s^{-1}$	15	
$k_{p_n}$	$s^{-1}$	550	
$g_{app}$	$s^{-1}$	10	
$h_{f}$	$s^{-1}$	750	
$h_{b}$	$s^{-1}$	70	
$g_{xb}$	$s^{-1}$	20	

**Table 2.** Modified parameters of the cellular electrophysiology model (Winslow et al. 1999) that alters the calcium transient to produce a change in contractility.

Parameter	Unit	Baseline contractility	Lower contractility	Higher contractility
$\overline{V_1}$	msec <sup>-1</sup>	1.8	1.2	4.2
$K_{SR}$	unitless	1.3	0.7	1.4
$\overline{I}_{p_{(Ca)}}$	$\mu A \mu F^{-1}$	0.05	0.3	0.008

The governing equations describing the LV mechanical behavior were solved using the FE method.

An idealized prolate ellipsoid was used to describe the LV geometry, which was discretized using 960 quadratic tetrahedral elements. The LV base was constrained from moving out of the plane and the epicardial edge was fixed (Wenk et al. 2012; Genet et al. 2014). Based on previous experimental measurements (Streeter et al. 1969), myofiber helix angle was prescribed to vary with a linear transmural variation from  $60^{\circ}$  at the endocardium to  $-60^{\circ}$  at the epicardium in the LV wall.

#### **Closed-loop circulatory model**

The LV FE model was coupled to a closed-loop lumped parameter circulatory model (Fig. 1A). In this model, atrial contraction was simulated using a time varying elastance function. Details of the circulatory model and the parameter values are given in Appendix A. The initial volume states ( $V_{\text{ven}}$ ,  $V_{\text{art}}$ ) and the circulatory parameters were adjusted so that the steady-state PV loop is consistent with that found in a typical normal human LV operating under resting conditions. Preload of the LV was varied by changing the venous volume  $V_{\mathrm{ven,0}}$  to simulate vena cava occlusion. On the other hand, afterload was varied by altering the peripheral resistance  $R_{per}$  to simulate the constriction of vessels in the systemic vasculature. A steady-state pressurevolume loop for each loading condition was established by running the simulation over several cardiac cycles, each with a cycle time of 900 msec (equivalent to 67 bpm).

## **End-systolic and end-diastolic pressure-volume relationships**

After obtaining PV loops at different preload and afterload, end-systolic and end-diastolic pressure–volume relationships (ESPVR and EDPVR, respectively) were obtained by performing regression on the following relationships:

$$P_{\rm ESPVR}(V) = E_{\rm es}(V - V_0) \tag{5a}$$

$$P_{\text{EDPVR}}(V) = A\left(e^{B(V-V_0)} - 1\right) \tag{5b}$$

where,  $E_{es}$  is the ESPVR slope,  $V_0$  is the volume-intercept, and A, B are parameters for the curvilinear EDPVR.

### Calculation of myocardial oxygen consumption

Details of calculating the local adenosine triphosphate (ATP) consumption during cross-bridge cycling have been described previously (Hu et al. 2014) and can be found in Appendix B. The same methodology was applied

here to quantify the ATP consumption rate at each integration point. Myocardial oxygen consumption was quantified using the total ATP consumption, which was computed by integrating the local ATP consumption rate over the entire LV through a complete cardiac cycle. The MVO<sub>2</sub> at each loading case was related to the corresponding PVA, which is defined by the sum of the stroke work (i.e., external work done by the LV) and the end-systolic potential energy (i.e., mechanical energy stored within elastic elements of the contractile proteins at the end of systole) (Fig. 1B).

#### **Calculation of myocardial strain**

Regional three-dimensional strains in the longitudinal, circumferential and radial directions were calculated using end-diastole as the reference configuration. Specifically, myofiber stretch in these directions were expressed as:

$$\lambda_i = \sqrt{\mathbf{e}_i \cdot \mathbf{C} \cdot \mathbf{e}_i} \tag{6}$$

where,  $\mathbf{C} = \mathbf{F}^T \mathbf{F}$  is the right Cauchy-Green deformation tensor, and  $\mathbf{e}_i$  with  $i \in (l, c, r)$  are the unit vectors in the longitudinal l, circumferential c and radial r directions respectively. The radial direction  $\mathbf{e}_r$  is defined to be normal to the LV wall. The circumferential direction  $\mathbf{e}_c$  is defined to be orthogonal to  $\mathbf{e}_r$  and the apex-base direction. Finally, the longitudinal direction,  $\mathbf{e}_l$  is defined to be orthogonal to the both  $\mathbf{e}_r$  and  $\mathbf{e}_c$ . This longitudinal direction is therefore tangential to the LV cavity wall surface. Different strain metrics, namely, the Biot, Green-Lagrange strain and Euler-Almansi strains were calculated using the following respective definitions:

$$\varepsilon_i = \lambda_i - 1 \tag{7a}$$

$$E_i = \frac{1}{2} \left( \lambda_i^2 - 1 \right) \tag{7b}$$

$$e_i = \frac{1}{2} \left( 1 - \frac{1}{\lambda_i^2} \right) \tag{7c}$$

#### **Calculation of left ventricular torsion**

Left ventricular torsion T, which describes the amount of twisting the LV undergoes as it contracts, was calculated based on the relative rotation between the basal and the apical short axis slices (Fig. 1C) using the following (eq. 4):

$$T = \frac{\left(\phi_{\text{apex}} - \phi_{\text{base}}\right)\left(\rho_{\text{apex}} + \rho_{\text{base}}\right)}{2D} \tag{8}$$

In equation (8),  $\rho_{\rm apex}$  and  $\rho_{\rm base}$  are the mean radius of curvature of the basal and apical slices, respectively, and, D is the distance between apical and basal slices. The angle of rotation at the apex  $\phi_{\rm apex}$  and base  $\phi_{\rm base}$  were calculated by tracking the motion of the nodal points at the apex and base respectively. Because the rotation varies across the LV wall, an average value of T was calculated using points on both the epicardial and endocardial surface.

#### **Results**

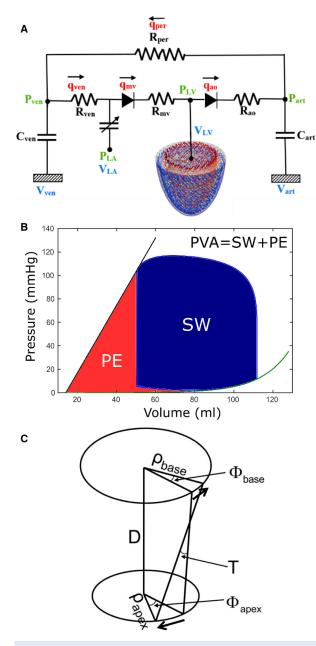
#### Isometric twitch behavior

Isometric twitch profile computed using the adjusted rate constants (Table 1) shows that the time to peak value is ~170 msec (cf. to ~100 msec found in the original model using parameters calibrated using rat data) (Fig. 2). This value is consistent with the isometric twitch profile found in normal human (Land et al. 2017). On the other hand, scaling of the calcium transient in the electrophysiology model (Table 2) produces isometric twitch profiles that are self-similar to each other.

#### **Pressure-volume loops**

Steady-state PV loops of the LV under different loading conditions and contractilities were obtained from the FE model (Fig. 3). Increasing preload while maintaining a constant afterload resistance led to an increase in peak systolic pressure and shifted both the end-systolic volume (ESV) and end-diastolic volume (EDV) rightward toward larger volumes (Fig. 3A). Ejection fraction (EF), however, remained relatively constant between 58 and 59%. On the other hand, increasing afterload with a constant preload volume led to an increase in peak systolic pressure and ESV, with decreasing EF (Fig. 3B). In both cases (varying preload and afterload), the series of end-systolic and end-diastolic points derived from the PV loops produced a linear ESPVR and a curvilinear EDPVR. Also, an increase (or decrease) in contractility led to a corresponding increase (or decrease) in peak systolic pressure, EF, and the slope of the ESPVR (Fig. 3C).

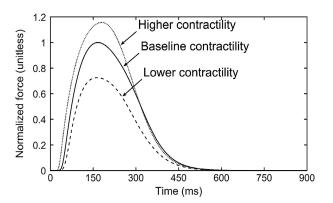
Parameter values of  $E_{\rm es}$ ,  $V_0$ , A and B were calculated via regression analysis using equation (5a and b) applied to these data points (Table 3). The volume-intercept  $V_0$  remained relatively constant in all the cases. On the other hand, the ESPVR slope  $E_{\rm es}$  changed substantially (from the baseline case) only with varying contractility, and changed only a little in the case when afterload was varied.



**Figure 1.** (A) Model schematic showing the coupling of LV FE model to a closed-loop lumped parameter circulatory model, (B) Schematic showing the calculation of pressure–volume area (PVA), (C) Schematic showing the definition of LV torsion.

#### MVO<sub>2</sub>-PVA relationships

The relationship between PVA and the total LV ATP consumption in a cardiac cycle that is directly related to MVO<sub>2</sub> were computed for different loading conditions and contractilities. The MVO<sub>2</sub>–PVA data calculated in all the cases having different preload, afterload and contractilities clustered around a straight line (Fig. 4). Regression



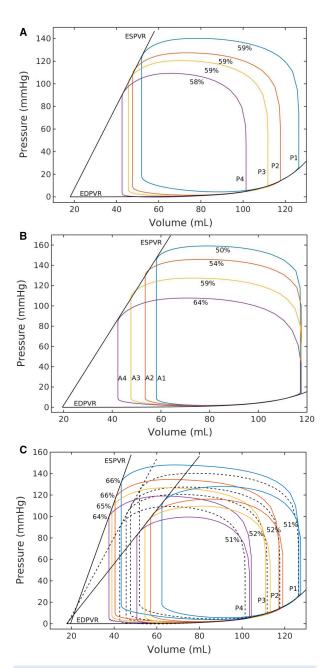
**Figure 2.** Isometric twitch profiles for different contractility cases. Force values were normalized by the maximum force of the baseline contractility case.

performed on the data showed that the MVO<sub>2</sub>–PVA relationship is linear ( $R^2 = 0.99$ ).

#### **Myocardial strain**

Longitudinal, circumferential and radial strain-time profiles computed for different loading conditions and contractilities were compared to those measured in normal humans using speckle tracking echocardiography (STE) (Dandel et al. 2009; Gorcsan and Tanaka 2011; Hoit 2011) (Fig. 5). Under all loading conditions, the predicted strain-time profiles were consistent with measurements in humans. Specifically, comparable features include a time-to-peak strain of about 200 msec during systole and a rapid change in strain at late diastole ( $\sim$  700 msec) arising from the contraction of left-atrium (i.e. "atrial kick"). Peak strain values predicted by the model ( $\sim$ 16%,  $\sim$ 18% and 40% in longitudinal, circumferential, and radial directions) were also comparable to those measured in normal humans.

Generally, peak circumferential and longitudinal strains were less sensitive to the loading conditions than radial strain. Varying preload filling pressure (by ~20 mmHg) at baseline contractility led to little change in the peak longitudinal strain (~2% absolute) or circumferential strain (~1% absolute). Peak radial strain, however, was substantially increased (~10% absolute) with increasing preload. On the other hand, peak strains were slightly more sensitive to variations in afterload than preload, where a 50 mmHg increase in afterload pressure was associated with reduced peak longitudinal, circumferential and radial strain of 4%, 3%, and 12% (absolute) respectively. An increase in contractility (with respect to baseline) led to an increase in the peak values of longitudinal (2.7% absolute), circumferential (2.2% absolute), and radial (5% absolute) strain with similar strain-time characteristics.



**Figure 3.** Effects on pressure—volume loop by due to a change in (A) preload at a constant afterload, (B) afterload at a constant preload, (C) contractility (solid) c.f. baseline (dotted), Values indicate corresponding ejection fraction.

Similarly, the peak values of longitudinal (1.5% absolute), circumferential (2.5% absolute), and radial (6% absolute) strain decreased with a decrease in contractility with no change in strain-time characteristics.

Regional variation in strain profiles under different loading conditions followed a consistent pattern, shown in a representative case in Figure 6. Longitudinal strain was highest at the basal region and lowest at the apical region with a difference of about 10% (absolute). The same pattern was also found in the radial strain, where the difference between the highest strain (at the basal region) and the lowest strain (at the apical region) was about 20%. Regional variation in the circumferential strain was comparatively similar to the longitudinal strain, about 10%, with the highest value found at the mid-LV and the lowest value found at the basal region.

Using different strain definitions can lead to a substantial variation in the reported strain values (Fig. 7). Longitudinal and circumferential strains computed using the Euler-Almansi definition were the largest followed by those computed using the Biot and Green-Lagrange definitions. The reverse was found in the radial strain component, in which strains calculated using the Green-Lagrange definition were the largest. The difference between these various strain definitions can be as large as ~27%, ~6%, and ~7% in the radial, longitudinal, and circumferential directions respectively.

#### LV torsion

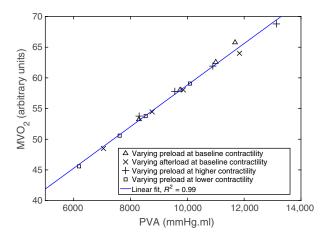
The time-variation in LV torsion over a cardiac cycle was compared to the measurements made in normal human using echocardiography (Fig. 8) (Mondillo et al. 2011). Our model prediction of the peak LV torsion was close to that found in normal humans (~15°). Finally, LV torsion was also found to be relatively independent of the loading conditions. Similar to the effects of contractility on strains, a change in contractility (increase or decrease) led to a corresponding change in the peak value of LV torsion.

#### **Discussion**

Finite element models simulating the LV mechanical behavior during a cardiac cycle have been developed using a variety of active contraction models (Kerckhoffs et al. 2007; Niederer and Smith 2009; Gurev et al. 2010, 2015). To the best of our knowledge, however, there have been no rigorous attempts to show that the models are able to simultaneously reproduce key organ-level physiology measured in the intact heart, specifically, (1) linear, load-independent ESPVRs generated from PV loops of different loading conditions, (2) a linear, load-independent MVO<sub>2</sub> - PVA relationship, and (3) a consistent strain-time profile. Here, we have filled this void and showed that a LV FE model based on the active contraction descriptor of Rice et al. (2008), with appropriate adjustment of model parameters, was able to reproduce these measured physiological features when coupled to a closed-loop lumped parameter circulatory model.

	Varying preload at			
Parameter	Baseline contractility	Lower contractility	Higher contractility	Varying afterload at baseline contractility
Slope of ESPVR, E <sub>es</sub> (mmHg/mL)	3.67	2.51	5.54	3.81
Volume axis intercept, $V_0$ (mL)	18.0	17.7	19.5	19.5
Scaling factor for EDPVR, A (mmHg)	0.021	0.021	0.021	0.021
Exponent for EDPVR, $B$ (mL <sup>-1</sup> )	0.065	0.065	0.065	0.065

**Table 3.** Parameters associated with ESPVR and EDPVR as found by the regression analysis



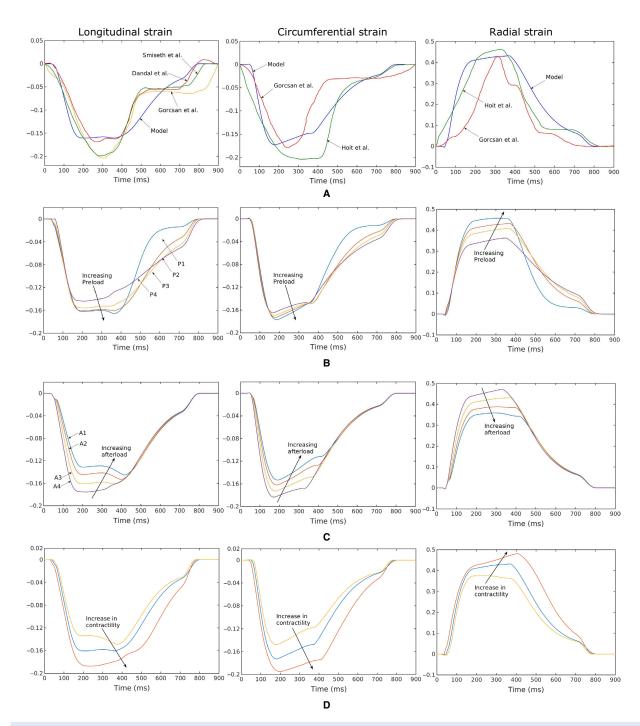
**Figure 4.** Myocardial oxygen consumption (MVO<sub>2</sub>) versus pressure–volume area (PVA) relationship predicted by the model. Data points are calculated at different preload, afterload and contractilites.

Specifically, we demonstrated that both the slope and volume-intercept of the linear ESPVR generated by varying preload and afterload are close to one another. The fitted values of  $E_{es}$  and  $V_0$  are also comparable to those measured in humans (McKay et al. 1986). Statistical analysis performed on the regressed values of  $E_{es}$  (Table 3) shows that the difference in values obtained for the varying preload and afterload cases (at the same baseline contractility) is not significant (P value = 0.57, 95% confidence interval). When contractility is varied (increased or decreased), however, the change in  $E_{es}$  (with respect to the baseline contractility cases) becomes significant (P value = 0.003, 95% confidence interval). As opposed to using pure phenomenological descriptors of active contraction (Kerckhoffs et al. 2007), MVO<sub>2</sub> of the LV can be estimated here using the 4-state active contraction descriptor by calculating the total ATP consumption required to uncouple the actin-myosin bonds over a cardiac cycle, a reasonable estimate as approximately 90% of ATP generation is derived from aerobic metabolism. As MVO<sub>2</sub> was estimated here solely from the cellular-scale

quantities in the 4-state active contraction descriptor, correlating this calculated MVO<sub>2</sub> to PVA, an organ-scale quantity, serves as a rigorous and independent validation for the multiscale model. Consistent with the physiological measurements across species (Suga et al. 1981; Burkhoff et al. 1991; Wannenburg et al. 1992), our model predicts a linear relationship between MVO<sub>2</sub> and PVA with varying preload, afterload and contractility.

In terms of deformation, our model predicted LV torsion as well as circumferential, longitudinal and radial strain-time profiles that are agreeable with measurements from studies using echocardiography (Notomi et al. 2005; Dandel et al. 2009; Gorcsan and Tanaka 2011; Hoit 2011; Mondillo et al. 2011). Although these measurements showed significant variability, our model was able to reproduce key features, such as similar peak strains, time-to-peak-strain as well as the rapid change in strain during atrial contraction at late-diastole.

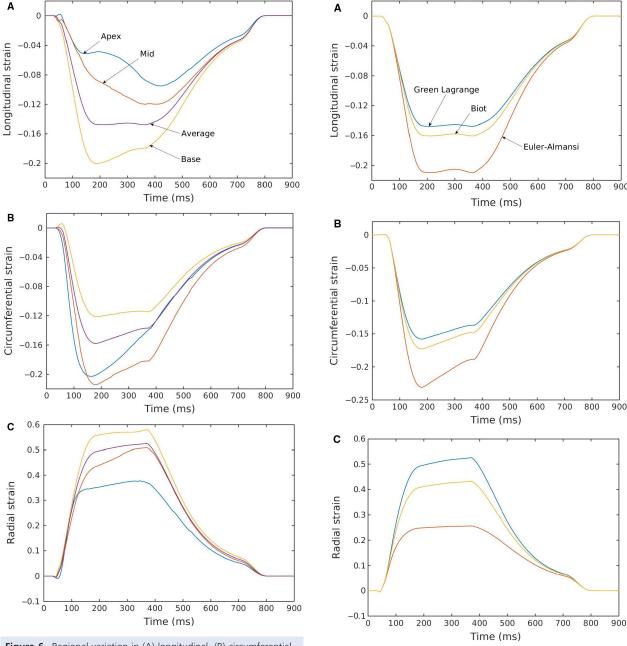
Using our model, we also compared the strains calculated using different definitions, namely, the Green-Lagrange, Biot and Euler-Almansi strain definitions. We showed that the difference could be as large as 27% in the radial direction and 6% in the longitudinal and circumferential directions when comparing between strains calculated using the Green-Lagrange and Euler-Almansi definitions. Circumferential and longitudinal strains computed using the Euler-Almansi definition are larger than those calculated using the Green-Lagrange definition whereas the opposite is true for radial strain (Fig. 7). This is consistent with the fact that the normalizing reference length used in the Green-Lagrange definition is based on the ED configuration, at which length segments are at their longest in the circumferential and longitudinal directions and shortest in the radial direction. While most magnetic resonance (MR) based studies are explicit about the strain definition with Green-Lagrange strain being the most commonly used metric (Moore et al. 2000; Lin et al. 2016), echo-based studies are less clear concerning the type of metric used in computing myocardial strains. A number of echo-based studies have described Lagrangian and Eulerian strain (Dandel et al. 2009; Smiseth



**Figure 5.** Longitudinal (first column), circumferential (second column), radial (third column) strain-time profiles. (A) Comparison of the model predictions with previously published in vivo 2D STE measurements (Dandel et al. 2009; Gorcsan and Tanaka 2011; Hoit 2011). Strain-time profiles predicted by the model with, (B) different preload (with constant afterload), (C) different afterload (with constant preload) and, (D) different contractility for a representative case (case P2 shown in Fig. 4A and C).

et al. 2015). The definition of Lagrangian strain ( $\varepsilon = \Delta L/L = \lambda - 1$ ) in those studies, however, is more commonly referred to as the Biot strain by the continuum mechanics community, and differs from the Green-Lagrange strain

that is frequently used in MR studies. The substantial disparity in strain computed using these two metrics (especially in computing radial strain) underscore the importance of using a consistent strain metric when



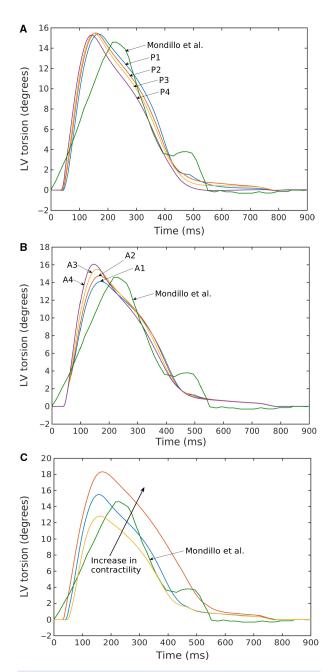
**Figure 6.** Regional variation in (A) longitudinal, (B) circumferential, and (C) radial strain profiles for a specific case corresponding with normal hemodynamic conditions (case P2, Fig. 4A).

**Figure 7.** (A) Longitudinal, (B) circumferential, (C) radial strain profiles calculated using different strain definitions.

comparing strain between different imaging modalities or between simulations and experiments.

We have also investigated the effects of preload and afterload on myocardial strains, and have showed that the strains are sensitive to changes in loading conditions at a fixed LV contractility. The radial strain is found to be the most sensitive, and all three strains are found to be sensitive to changes in afterload resistance that translated to

relatively large changes in the peak LV pressures and EF. This result underscores the importance of not equating an evaluation of strains to an evaluation of myocardial contractility (Reichek 2013), especially when myocardial strains are increasingly used in diagnosing heart diseases such as myocardial ischemia, heart failure with preserved ejection fraction (HFpEF) and mechanical dyssynchrony (Dandel et al. 2009; Smiseth et al. 2015).



**Figure 8.** Left ventricular torsion for varying (A) preload, (B) afterload, and (C) contractility (case P2 in Fig. 3A and C) compared with echocardiographic measurements by Mondillo et al. (2011).

Particularly for HFpEF, a recent clinical study (Kraigher-Krainer et al. 2014) has shown that the global longitudinal and circumferential strains are impaired in this patient population, and are about 5% points lower than those measured in normal humans (longitudinal: 20% vs. 14.6% absolute; circumferential: 27.1% vs. 22.9%, absolute). Stratifying HFpEF patients into categories with

different ranges of LV EF, that study also showed a positive correlation between LV EF and both longitudinal and circumferential strains. A similar positive correlation between LV EF and the strains can also be found from our simulation results with varying afterload. In our simulation, the ESP ranges between 105 and 140 mmHg, which is equivalent to a systolic blood pressure range of 117-156 mmHg based on the empirical formula ESP = 0.9 × SBP (Kelly et al. 1992). Systolic blood pressure measured in the clinical study was only slightly higher in HFpEF patients (90% are hypertensive) than the normal subjects (136 vs. 130 mmHg). Our study therefore suggests that an increase in afterload may contribute, at least partially, to the decrease in longitudinal and circumferential strains found in HFpEF compared to normals. More study is clearly needed to separate the effects of a higher afterload from that of a decrease in contractility in contributing to the reduced longitudinal and circumferential strains in HFpEF patients.

#### **Model limitations**

There are some limitations associated with the model. First, an idealized prolate ellipsoid was used to describe the LV geometry, which ignores any asymmetrical geometrical differences. Second, the model assumes that the LV contracts homogeneously and neglects any regional activation patterns. Third, a rule-based myofiber orientation was prescribed in this model, in which the myofiber helix angle varied linearly in the transmural direction from endocardium to epicardium. The myofiber orientation, in reality, may be more complex. Last, mechanical effects associated with the right ventricle (RV) and pulmonary circulation was neglected. Although cavity pressure in the RV is substantially lower than the LV, its presence may, nevertheless, affects the LV mechanics through the septum.

#### **Conclusions**

A LV FE model that is driven by a cell-based descriptor of cross-bridge cycling has been methodically validated against well-established organ-level physiological behaviors. The model parameters were adjusted appropriately to confirm that it performs in a manner consistent with experimental observations on the impact of preload, afterload, and contractility on the ESPVR and MVO<sub>2</sub>–PVA relationships. Furthermore, the model can reproduce time-strain profiles that are consistent with physiological measurements. The model will be used in future studies to address important unanswered questions about human heart diseases that cannot be resolved through experimentation, such as whether changes in longitudinal strain as

observed in HFpEF patients reflects a change in myocardial contractility or is simply a reflection of alterations in load.

#### References

- Adeniran, I., J. C. Hancox, and H. Zhang. 2013a. In silico investigation of the short QT syndrome, using human ventricle models incorporating electromechanical coupling. Front. Physiol. 4:166.
- Adeniran, I., J. C. Hancox, and H. Zhang. 2013b. Effect of cardiac ventricular mechanical contraction on the characteristics of the ECG: a simulation study. J Biomed Sci Eng 6:47–60.
- Adeniran, I., D. H. MacIver, J. C. Hancox, and H. Zhang. 2015. Abnormal calcium homeostasis in heart failure with preserved ejection fraction is related to both reduced contractile function and incomplete relaxation: an electromechanically detailed biophysical modeling study. Front. Physiol. 6:78.
- Burkhoff, D. 1994. Explaining load dependence of ventricular contractile properties with a model of excitation-contraction coupling. J. Mol. Cell. Cardiol. 26:959–978.
- Burkhoff, D., P. P. de Tombe, W. C. Hunter, and D. A. Kass. 1991. Contractile strength a of left ventricle are enhanced anical efficiency by physiological afterload. Am J Hear Circ Physilogy 260:569–578.
- Campbell, S. G., S. N. Flaim, C. H. Leem, and A. D. McCulloch. 2008. Mechanisms of transmurally varying myocyte electromechanics in an integrated computational model. Philos Trans A Math Phys Eng Sci 366:3361–3380.
- Constantino, J., Y. Hu, and N. A. Trayanova. 2012. A computational approach to understanding the cardiac electromechanical activation sequence in the normal and failing heart, with translation to the clinical practice of CRT. Prog. Biophys. Mol. Biol. 110:372–379.
- Dandel, M., H. Lehmkuhl, C. Knosalla, N. Suramelashvili, and R. Hetzer. 2009. Strain and strain rate imaging by echocardiography basic concepts and clinical applicability. Curr Cardiol Rev 5:133–148.
- Genet, M., L. C. Lee, R. Nguyen, H. Haraldsson, G. Acevedo-Bolton, Z. Zhang, et al. 2014. Distribution of normal human left ventricular myofiber stress at end diastole and end systole: a target for in silico design of heart failure treatments. J. Appl. Physiol. 117:142–152.
- Göktepe, S., O. J. Abilez, K. K. Parker, and E. Kuhl. 2010. A multiscale model for eccentric and concentric cardiac growth through sarcomerogenesis. J. Theor. Biol. 265:433–442.
- Gorcsan, J., and H. Tanaka. 2011. Echocardiographic assessment of myocardial strain. J. Am. Coll. Cardiol. 58:1401–1413.
- Guccione, J. M., and A. D. McCulloch. 1993. Mechanics of active contraction in cardiac muscle: part I–constitutive relations for fiber stress that describe deactivation.

  J. Biomech. Eng. 115:72–81.

- Guccione, J. M., A. D. McCulloch, and L. K. Waldman. 1991. Passive material properties of intact ventricular myocardium determined from a cylindrical model. J. Biomech. Eng. 113:42–55.
- Gurev, V., J. Constantino, J. J. Rice, and N. A. Trayanova. 2010. Distribution of electromechanical delay in the heart: insights from a three-dimensional electromechanical model. Biophys. J. 99:745–754.
- Gurev, V., T. Lee, J. Constantino, H. Arevalo, and N. A. Trayanova. 2011. Models of cardiac electromechanics based on individual hearts imaging data: Image-based electromechanical models of the heart. Biomech. Model. Mechanobiol. 10:295–306.
- Gurev, V., P. Pathmanathan, J. L. Fattebert, H. F. Wen, J. Magerlein, R. A. Gray, et al. 2015. A high-resolution computational model of the deforming human heart. Biomech. Model. Mechanobiol. 14:829–849.
- Hoit, B. D. 2011. Strain and strain rate echocardiography and coronary artery disease. Circ. Cardiovasc. Imaging 4: 179–190.
- Hu, Y., V. Gurev, J. Constantino, J. D. Bayer, and N. A. Trayanova. 2013. Effects of mechano-electric feedback on scroll wave stability in human ventricular fibrillation. PLoS ONE 8:e60287.
- Hu, Y., V. Gurev, J. Constantino, and N. Trayanova. 2014.
  Optimizing cardiac resynchronization therapy to minimize ATP consumption heterogeneity throughout the left ventricle: a simulation analysis using a canine heart failure model. Hear Rhythm 11:1063–1069.
- Hunter, P. J., A. D. McCulloch, and H. E. Ter Keurs. 1998.Modelling the mechanical properties of cardiac muscle.Prog. Biophys. Mol. Biol. 69:289–331.
- Kelly, R. P., C. T. Ting, T. M. Yang, C. P. Liu, W. L. Maughan, M. S. Chang, et al. 1992. Effective arterial elastance as index of arterial vascular load in humans. Circulation 86:513–521.
- Kerckhoffs, R. C. P., M. L. Neal, Q. Gu, J. B. Bassingthwaighte, J. H. Omens, and A. D. McCulloch. 2007. Coupling of a 3D finite element model of cardiac ventricular mechanics to lumped systems models of the systemic and pulmonic circulation. Ann. Biomed. Eng. 35:1–18.
- Kerckhoffs, R. C. P., A. D. McCulloch, J. H. Omens, and L. J. Mulligan. 2009. Effects of biventricular pacing and scar size in a computational model of the failing heart with left bundle branch block. Med. Image Anal. 13:362–369.
- Kerckhoffs, R. C. P., J. H. Omens, A. D. McCulloch, and L. J. Mulligan. 2010. Ventricular dilation and electrical dyssynchrony synergistically increase regional mechanical nonuniformity but not mechanical dyssynchrony: a computational model. Circ. Heart Fail. 3:528–536.
- Kerckhoffs, R. C. P., J. Omens, and A. D. McCulloch. 2012. A single strain-based growth law predicts concentric and eccentric cardiac growth during pressure and volume overload. Mech. Res. Commun. 42:40–50.

- Kraigher-Krainer, E., A. M. Shah, D. K. Gupta, A. Santos, B. Claggett, B. Pieske, et al. 2014. Impaired systolic function by strain imaging in heart failure with preserved ejection fraction. J. Am. Coll. Cardiol. 63:447–455.
- Land, S., C. G. Remedios, S. Holohan, N. P. Smith, J. C. Kentish, and S. A. Niederer. 2017. A model of cardiac contraction based on novel measurements of tension development in human cardiomyocytes. J. Mol. Cell. Cardiol. 106:1–23.
- Lee, L. C., J. F. Wenk, L. Zhong, D. Klepach, Z. Zhang, L. Ge, et al. 2013. Analysis of patient-specific surgical ventricular restoration importance of an ellipsoidal left ventricular geometry for diastolic and systolic function. J. Appl. Physiol. 115:136–144.
- Lee, L. C., M. Genet, G. Acevedo-Bolton, K. Ordovas, J. M. Guccione, and E. Kuhl. 2015. A computational model that predicts reverse growth in response to mechanical unloading. Biomech. Model. Mechanobiol. 14:217–229.
- Lee, L. C., J. Sundnes, M. Genet, J. F. Wenk, and S. T. Wall. 2016. An integrated electromechanical-growth heart model for simulating cardiac therapies. Biomech. Model. Mechanobiol. 15:791–803.
- Lim, K. M., J. Constantino, V. Gurev, R. Zhu, E. B. Shim, and N. A. Trayanova. 2012. Comparison of the effects of continuous and pulsatile left ventricular-assist devices on ventricular unloading using a cardiac electromechanics model. J Physiol Sci 62:11–19.
- Lin, K., L. Meng, J. D. Collins, V. Chowdhary, M. Markl, and J. C. Carr. 2016. Reproducibility of cine displacement encoding with stimulated echoes (DENSE) in human subjects. Magn. Reson. Imaging 35:148–153. https://doi.org/ 10.1016/j.mri.2016.08.009.
- McKay, R. G., J. M. Aroesty, G. V. Heller, H. D. Royal, S. E. Warren, and W. Grossman. 1986. Assessment of the end-systolic pressure-volume relationship in human beings with the use of a time-varying elastance model. Circulation 74:97–104.
- Mondillo, S., M. Galderisi, D. Mele, M. Cameli, V. S.
  Lomoriello, V. Zacà, et al.; Echocardiography Study Group of The Italian Society Of Cardiology (Rome, Italy) I. 2011.
  Speckle-tracking echocardiography: a new technique for assessing myocardial function. J. Ultrasound Med. 30:71–83.
- Moore, C. C., C. H. Lugo-Olivieri, E. R. McVeigh, and E. A. Zerhouni. 2000. Three-dimensional systolic strain patterns in the normal human left ventricle: characterization with tagged MR imaging. Radiology 214:453–466.
- Niederer, S. A., and T. P. Smith. 2009. The role of the frankstarling law in the transduction of cellular work to whole

- organ pump function: a computational modeling analysis. PLoS Comput. Biol. 5:e1000371.
- Notomi, Y., P. Lysyansky, R. M. Setser, T. Shiota, Z. B. Popović, M. G. Martin-Miklovic, et al. 2005. Measurement of ventricular torsion by two-dimensional ultrasound speckle tracking imaging. J. Am. Coll. Cardiol. 45:2034–2041.
- Provost, J., V. Gurev, N. Trayanova, and E. E. Konofagou. 2011. Mapping of cardiac electrical activation with electromechanical wave imaging: an in silico–in vivo reciprocity study. Hear Rhythm 8:752–759.
- Reichek, N. 2013. Right ventricular strain in pulmonary hypertension: flavor du jour or enduring prognostic index? Circ. Cardiovasc. Imaging 6:609–611.
- Rice, J. J., F. Wang, D. M. Bers, and de Tombe PP. 2008. Approximate model of cooperative activation and crossbridge cycling in cardiac muscle using ordinary differential equations. Biophys. J. 95:2368–2390.
- Smiseth, O. A., H. Torp, A. Opdahl, K. H. Haugaa, and S. Urheim. 2015. Myocardial strain imaging: how useful is it in clinical decision making? Eur. Heart J. 37:1196–1207.
- Streeter, D. D., H. M. Spotnitz, D. P. Patel, J. Ross, and E. H. Sonnenblick. 1969. Fiber orientation in the canine left ventricle during diastole and systole. Circ. Res. 24:339–347.
- Suga, H., T. Hayashi, and M. Shirahata. 1981. Ventricular systolic pressure-volume area as predictor of cardiac oxygen consumption. Am. J. Physiol. 240:H39–H44.
- Sundnes, J., S. Wall, H. Osnes, T. Thorvaldsen, and A. D. McCulloch. 2014. Improved discretisation and linearisation of active tension in strongly coupled cardiac electromechanics simulations. Comput Methods Biomech Biomed Engin 17:604–615.
- Trayanova, N. A., J. Constantino, and V. Gurev. 2011. Electromechanical models of the ventricles. Am. J. Physiol. Heart Circ. Physiol. 301:H279–H286.
- Wannenburg, T., S. P. Schulman, and D. Burkhoff. 1992. Endsystolic pressure-volume and MVO<sub>2</sub>-pressure-volume area relations of isolated rat hearts. Am. J. Physiol. Heart Circ. Physiol. 262:1287–1293.
- Wenk, J. F., D. Klepach, L. C. Lee, Z. Zhang, L. Ge, E. E. Tseng, et al. 2012. First evidence of depressed contractility in the border zone of a human myocardial infarction. Ann. Thorac. Surg. 93:1188–1193.
- Winslow, R. L., J. Rice, S. Jafri, E. Marba, and B. O. Rourke. 1999. Mechanisms of altered excitation-contraction coupling in canine tachycardial-induced heart failure, II: model studies. Circ. Res. 84:571–586.

#### **Appendix: A Circulatory Model**

#### **Closed-Loop Circulation**

For blood vessels, pressure is found from the following equations,

$$P_{\text{art}} = \frac{V_{\text{art}} - V_{\text{art},0}}{C_{\text{art}}} \tag{A1}$$

$$P_{\text{ven}} = \frac{V_{\text{ven}} - V_{\text{ven},0}}{C_{\text{ven}}} \tag{A2}$$

where,  $V_{\text{art,0}}$  and  $V_{\text{ven,0}}$  are resting volumes of the blood vessels and both are constants.

Flowrates at different sections are given by,

$$q_{\text{ao}} = \begin{cases} \frac{P_{\text{LV}} - P_{\text{art}}}{R_{\text{ao}}} & \text{when, } P_{\text{LV}} \ge P_{\text{art}} \\ 0 & \text{when, } P_{\text{LV}} < P_{\text{art}} \end{cases}$$
(A3)

$$q_{\rm per} = \frac{P_{\rm art} - P_{\rm ven}}{R_{\rm per}} \tag{A4}$$

$$q_{\text{ven}} = \frac{P_{\text{ven}} - P_{\text{LA}}}{R_{\text{ven}}} \tag{A5}$$

$$q_{\rm mv} = \begin{cases} \frac{P_{\rm LA} - P_{\rm LV}}{R_{\rm mv}} & \text{when, } P_{\rm LA} \ge P_{\rm LV} \\ 0 & \text{when, } P_{\rm LA} < P_{\rm LV} \end{cases}$$
 (A6)

Finally, the rate of change in volume for the cardiac chambers (LV and LA) and blood vessels (Aorta and vena cava) can be related to the flowrates by the following equations,

$$\frac{\mathrm{d}V_{\mathrm{LA}}}{\mathrm{d}t} = q_{\mathrm{ven}} - q_{\mathrm{mv}} \tag{A7}$$

$$\frac{\mathrm{d}V_{\mathrm{LV}}}{\mathrm{d}t} = q_{\mathrm{mv}} - q_{\mathrm{ao}} \tag{A8}$$

$$\frac{\mathrm{d}V_{\mathrm{art}}}{\mathrm{d}t} = q_{\mathrm{ao}} - q_{\mathrm{per}} \tag{A9}$$

$$\frac{\mathrm{d}V_{\mathrm{ven}}}{\mathrm{d}t} = q_{\mathrm{per}} - q_{\mathrm{ven}} \tag{A10}$$

Parameter	Unit	
Aortic valve resistance, $R_{ao}$	Pa⋅msec⋅mL <sup>−1</sup>	
Peripheral resistance, R <sub>per</sub>	Pa⋅msec⋅mL <sup>-1</sup>	
Venous resistance, R <sub>ven</sub>	Pa⋅msec⋅mL <sup>-1</sup>	
Mitual value vasiatomas D	Da mana mI −1	

2000 2500 Mitral valve resistance,  $R_{mv}$ Pa·msec·mL Aortic compliance, Cart 0.014 mL-Pa Venous compliance, Cven mL-Pa 0.3 Resting volume for artery,  $V_{art,0}$ 580 mL Resting volume for vein,  $V_{\text{ven,0}}$ mL 3300

Table A1. Normal parameter values of the circulatory model.

5500 14,0000

#### **Time Varying Elastance for Left Atrium**

Time-varying elastance model was used to describe atrial contraction by relating the instantaneous atrial pressure  $P_{LA}(t)$  to the instantaneous atrial volume  $V_{LA}(t)$  using the following equations

$$P_{LA}(t) = e(t)P_{es,LA}(V_{LA}) + (1 - e(t))P_{ed,LA}(V_{LA})$$
(A11)

where,

$$P_{\text{es,LA}}(V_{\text{LA}}) = E_{\text{es,LA}}(V_{\text{LA}} - V_{0,\text{LA}}) \tag{A12}$$

$$P_{\rm ed,LA}(V_{\rm LA}) = A_{\rm LA} \left( e^{B_{\rm LA}(V_{\rm LA} - V_{\rm 0,LA})} - 1 \right)$$
 (A13)

and,

$$e(t) = \begin{cases} \frac{1}{2} \left( \sin \left[ \left( \frac{\pi}{T_{\text{max}}} \right) t - \frac{\pi}{2} \right] + 1 \right); & 0 < t \le 3/2 T_{\text{max}} \\ \frac{1}{2} e^{-(t - 3/2 T_{\text{max}})/\tau}; & t > 3/2 T_{\text{max}} \end{cases}$$
(A14)

In the above,  $E_{\rm es,LA}$  is the end-systolic elastance,  $V_{0,\rm LA}$  is the volume axis intercept of the ESPVR, and both  $A_{\rm LA}$  and  $B_{\rm LA}$  are parameters of the EDPVR. The driving function e(t) is described in Equation (A14), where  $T_{\rm max}$  is the point of maximal chamber elastance,  $\tau$  is the time constant of relaxation and t is the time during the cardiac cycle. The values of  $E_{\rm es,LA}$ ,  $V_{0,\rm LA}$ ,  $A_{\rm LA}$ ,  $B_{\rm LA}$ ,  $T_{\rm max}$ , and  $\tau$  that are used in this model are listed in Table A2.

Table A2. Parameters of time varying elastance model for left atrium.			
Parameter	Unit	Values	
End-systolic elastance, $E_{\text{es,LA}}$	Pa/mL	60	
Volume axis intercept, $V_{0,LA}$	mL	10	
Scaling factor for EDPVR, $A_{LA}$	Pa	58.67	
Exponent for EDPVR, B <sub>LA</sub>	${\sf mL}^{-1}$	0.049	
Time to end-systole, $T_{\text{max}}$	msec	200	
Time constant of relaxation, $ au$	msec	25	

#### **Appendix: B Calculation of ATP from Rice Model**

The total ATP consumption was determined by integrating the ATP consumption rate computed at each integration point over the LV wall volume and over time for the entire cardiac cycle (900 msec in duration). The local ATP consumption rate was calculated from the Rice model (Rice et al. 2008) by multiplying the cross-bridge detachment rate by the single-overlap fraction of the thick filament and the probability that the cross-bridge is in the postrotated force-generating state. In mathematical terms,

$$ATP = g_{xbT}XB_{PostR}SOVF_{thick}(x)$$
(B1)

where,  $g_{xbT}$  is the cross-bridge detachment rate,  $XB_{PostR}$  is the probability that the cross-bridge is in the postrotated force-generating state,  $SOVF_{thick}(x)$  is the single-overlap function for the thick filament, x is the sarcomere length.