Role of MR-proADM and Monocyte CD169 in Predicting In-Hospital and 60-Day Mortality in COVID-19 Patients

Sergio Venturini¹, Daniele Orso² D. Francesco Cugini³, Giovanni Del Fabro¹ , Astrid Callegari¹, Ingrid Reffo⁴ , Danilo Villalta⁵, Laura de Santi⁶, Elisa Pontoni⁶, Dina Giordani⁶, Paolo Doretto⁷, Chiara Pratesi⁷ **D**, Maurizio Tonizzo⁸, Gian Luca Colussi⁸ and Massimo Crapis¹

1Department of Infectious Diseases, ASFO "Santa Maria degli Angeli" Hospital, Pordenone, Italy. 2Department of Anesthesia and Intensive Care, ASUFC "Santa Maria della Misericordia" University Hospital, Udine, Italy. 3Department of Emergency Medicine, ASUFC Hospital of San Daniele (UD), San Daniele, Italy. 4Department of Anesthesia and Intensive Care, ASFO "Santa Maria dei Battuti" Hospital of San Vito al Tagliamento (PN), San Vito al Tagliamento, Italy. 5Immunology and Allergy Unit, ASFO "Santa Maria degli Angeli" Hospital, Pordenone, Italy. 6Emergency Department, ASFO "Santa Maria degli Angeli" Hospital, Pordenone, Italy. 7Department of Laboratory Medicine, ASFO "Santa Maria degli Angeli" Hospital, Pordenone, Italy. 8Department of Internal Medicine, ASFO "Santa Maria degli Angeli" Hospital, Pordenone, Italy.

ABSTRACT

OBJECTIVES: Mid-regional pro-adrenomedullin (MR-proADM) and monocyte CD169 (CD169) are valuable prognostic indicators of severe COVID-19.

Methods: We assessed the predictive ability of a single measurement of MR-proADM and CD169 at emergency department (ED) admission to forecast in-hospital and 60-day mortality in adult COVID-19 patients. We analyzed clinical and laboratory data, with in-hospital mortality as the primary endpoint and 60-day mortality as the secondary endpoint. We examined associations with clinical and laboratory variables through univariate and multivariate analyses.

RESULTS: Data from 382 patients over 14 months were analyzed. Significant predictors of in-hospital mortality included age≥70 years (hazard ratio [HR] 8.1; 95% confidence interval [CI] 2.2-29.5), CD169 ratio ⩾ 20 (HR: 2.4; 95%CI: 1.6-5.6), MR-proADM ⩾ 1.1 mmol/L (HR: 5.1; 95%CI: 1.7-15.6), the need for invasive mechanical ventilation (HR: 6.8; 95%CI: 2.4-19.1), and active cancer (HR: 5.2; 95%CI: 1.8-15.2). For 60-day mortality, only elevated MR-proADM levels showed predictive value (HR: 6.7; 95%CI: 1.7-25.0), while high serologic titer was protective (HR: 0.4; 95%CI: 0.1-0.9).

Conclusion: A single MR-proADM and CD169 measurement upon ED admission has prognostic value for in-hospital mortality, with MRproADM also predicting 60-day mortality.

Keywords: Prognostic biomarkers, MR-proADM, CD169, flow cytometry, COVID-19, SARS-CoV-2

RECEIVED: May 29, 2024. **ACCEPTED:** November 19, 2024.

TYPE: Brief Report

Funding: The author(s) received no financial support for the research, authorship, and/or publication of this article.

Introduction

The SARS-CoV-2 pandemic has resulted in over 600million reported cases globally, periodically overwhelming healthcare systems. Therefore, early patient assessment and appropriate management are essential to ensure safety and optimize hospital operations.1 Effective tools to identify patients with poor prognoses are critical for optimizing resource allocation.2 Numerous predictors have been evaluated to develop prognostic models for COVID-19, aiding triage and early assessment of disease severity.3 The variability of inflammatory and immune responses to SARS-CoV-2 means that no single marker can reliably indicate disease phase, severity, or progression. During the host response to COVID-19, a range of biomarkers is produced at different stages, which may be useful for diagnostic and prognostic purposes.4

Declaration Of Conflicting Interests: The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

CORRESPONDING AUTHOR: Ingrid Reffo, Department of Anesthesia and Intensive Care, ASFO "Santa Maria dei Battuti" Hospital of San Vito al Tagliamento (PN), Via Savorgnano 2, S. Vito al Tagliamento, PN 33078, Italy. Email: ingrid.reffo@asfo.sanita.fvg.it

Among these, type I interferons (IFN-Is) are key players in the innate immune defense against viruses, significantly upregulating CD169 (also known as Siglec-1) on the surface of monocytes—normally undetectable in non-infected individuals. This CD169 expression has been proposed as a promising marker for viral infections.5 Studies conducted during the SARS-CoV-2 pandemic confirmed CD169 overexpression in COVID-19 patients, with sensitivity and specificity rates of 97% and 80%, respectively, even in the early stages of the disease.^{1,5-8} Moreover, a strong IFN-I response in the early phase of SARS-CoV-2 infection can restrict viral replication, and CD169 expression levels have correlated with viral load and disease severity.

Another emerging blood biomarker, mid-regional pro-adrenomedullin (MR-proADM), has been linked to disease severity and mortality in COVID-19.1,9,10 As a specific indicator

Creative Commons Non Commercial CC BY-NC: This article is distributed under the terms of the Creative Commons Attribution-NonCommercial 4.0 License (https://creativecommons.org/licenses/by-nc/4.0/) which permits non-commercial use, reproduction and distribution of the work without further permission provided the original work is attributed as specified on the SAGE and Open Access pages (https://us.sagepub.com/en-us/nam/open-access-at-sage).

DOI: 10.1177/2632010X241304958 Clinical Pathology Volume 17: 1–9 © The Author(s) 2024 Article reuse guidelines: [sagepub.com/journals-permissions](https://uk.sagepub.com/en-gb/journals-permissions)

of endothelial dysfunction, MR-proADM has demonstrated value in predicting the risk of progression of infectious diseases in the emergency department (ED).¹¹ Identifying the most effective mortality predictors has become paramount in the pandemic context. This study examines whether CD169 and MR-proADM can serve as reliable prognostic biomarkers for emergency department decisions related to in-hospital and 60-day mortality in COVID-19 patients.

Materials and Methods

Study design

We conducted a prospective cohort study using the internal database of COVID-19 cases from the "Friuli Occidentale" health authority's 800-bed hospitals in northeastern Italy, covering the period from October 30, 2021, to December 31, 2022. The Institutional Review Board exempted this study from review. All patients provided consent for processing their personal data for care and research purposes. The study adhered to international and national regulations in accordance with the Declaration of Helsinki. The clinical data entry staff was not involved in patient management or treatment decisions.

Patients included were over 18years of age hospitalized for confirmed SARS-CoV-2 infection by real-time polymerase chain reaction (RT-PCR) or rapid antigen testing via nasal swab. Exclusion criteria included pregnancy, transplant recipient status, do-not-resuscitate (DNR) orders, and a life expectancy of less than 1year due to comorbidities. Prior therapies (eg, steroids, antiviral drugs, monoclonal antibodies, antibiotics, anticoagulants) were recorded but did not constitute exclusion criteria. Raw data were collected at Santa Maria Degli Angeli Hospital in Pordenone, Italy. Derived data supporting the findings of this study are available upon request from the corresponding author.

MR-proADM measurements

Blood samples collected in tubes containing EDTA K3 were centrifuged at $2000 \times g$ for 7 minutes. Aliquots of 1 mL of plasma were then frozen, stored at −20°C, and tested within 48 hours of collection. The MR-MR-proADM concentration was determined using a commercial fluorescence-based immunoassay with a time-resolved amplified cryptate emission (TRACE) assay (KRYPTOR®, Brahms Thermo Fisher Scientific Inc.). According to the manufacturer, the detection limit was 0.05 nmol/L.

Flow cytometry procedures

A 10μL EDTA whole blood sample was lysed with 500μL of VersaFix lysis solution (Beckman Coulter, Hialeah, FL, USA) and stained with 0.5mL of CD45KO and 10μL IOTest Myeloid Activation Antibody Cocktail (Beckman Coulter), containing 3 markers: anti-CD169-PE (clone 7-239),

anti-CD64-PB (clone 22), and anti-HLA-DR-APC (clone Immu357). After a 15-minute incubation at room temperature in the dark, the samples were analyzed on a three-laser, 10-color Navios EX flow cytometer (Beckman Coulter) according to a compensation-free protocol and evaluated with Kaluza software version 2.1.1 (Beckman Coulter). For data analysis, leukocytes were gated using side scatter (SSC) versus cluster of differentiation (CD45) positive, CD64 expression as lymphocytes (low SSC, CD64−), monocytes (intermediate SSC, CD64+) and neutrophils (high SSC). The median fluorescence intensity (MFI) of CD64 expression relative to the neutrophil-to-lymphocyte ratio (nCD64) and the MFI of CD169 expression relative to the monocyte-to-lymphocyte ratio (CD169) were calculated, with a cutoff value of 3.51 for the CD169 ratio and 4.59 for nCD64, respectively.

Study variables

On admission, we collected the following data: demographic data, signs and symptoms (eg, fever), immunization status, comorbidities (eg, obesity, COPD, arterial hypertension, diabetes mellitus, cardiovascular disease, cerebrovascular disease, chronic renal failure, liver disease, cancer, cognitive impairment, and connective tissue disease), vital signs, blood gas analysis, blood chemistry values, inflammatory biomarkers (C-reactive protein and procalcitonin, MR-pro-ADM, CD64, and CD169), coagulation tests, administered treatments (eg, remdesivir, monoclonal antibodies), serologic titers, oxygen therapy or ventilation (invasive and non-invasive) and prognostic scores (SOFA, ROX, aPNea, 4C, NEWS2).12 The outcomes of hospitalization and survival at 60days were also recorded in the database. Patients underwent diagnostic workup and were treated in COVID-19-dedicated units according to interim WHO guidelines and shared hospital protocols.

Statistical analysis

The variables are given as medians (interquartile ranges) or frequencies (%). Univariate hazard ratios (HRs) were calculated using a Cox model in which the grouping variable was introduced as an integer predictor. The *P*-values for the hazard ratios were calculated using the log-rank or Walt test under Cox proportional hazard regression when the row variable was categorical or continuous, respectively. An alpha error ≤ 0.05 (*P*-value) was considered statistically significant. Multivariable Cox proportional hazards survival analysis was performed to identify variables significantly associated with in-hospital and 60-day mortality. To test the assumption that Cox regression is inherently time-invariant, we verified that the coefficient of the corresponding set of scaled Schoenfeld residuals with time was zero. In addition, the linearity assumption was confirmed by plotting the Martingale residuals against the continuous covariates. When hazards were found not to be time-invariant,

Figure 1. Recruitment flowchart. The initial population consisted of 393 unselected adult patients with COVID-19. Three hundred and eighty-two patients were included in the study after the exclusion of 11 patients due to missing data or lack of consent. Of these patients, 50 (13%) died during hospitalization. A further 48 patients (12%) died during the 60-day follow-up period.

we estimated the slope of the covariates over time by testing Aalen's additive regression.

Kaplan–Meier survival analysis was performed to compare survival times between variables significantly correlated with in-hospital mortality and 60-day mortality. A log-rank test was conducted to determine whether there were statistically significant differences in the survival distribution among different subgroups. Statistical analysis was performed using the R environment (version 4.1.2, R Foundation for Statistical Computing, Vienna, Austria).

Results

During the study period, 393 patients were enrolled. Of these, 11 were excluded due to incomplete data or missing informed consent, resulting in a final study population of 382 patients (Figure 1).

Table 1 summarizes the study population's characteristics (Table 1). The median age was 69years (IQR: 53-81), with 194 male patients (51%). Hypertension was the most common comorbidity (169; 44%), followed by obesity (62; 16%) and heart disease (61; 16%). The primary type of respiratory

support was high-flow nasal cannula (149; 39%), followed by noninvasive ventilation (NIV) in 101 patients (26%). Seventeen patients (4%) required invasive mechanical ventilation. Remdesivir was administered to 84 patients (20%), and 30 patients (8%) received monoclonal antibodies. A SOFA score ≥ 2 was observed in 26% of patients, while a ROX index \geq 30 was noted in 29%. Fifty-two patients (13%) were immediately admitted to the ICU.

The in-hospital mortality rate was 13% (50 patients), while the 60-day mortality rate stood at 12% (48 patients). Multivariate Cox survival analysis (Figure 2) showed the following variables to be significantly associated with in-hospital mortality: age \geq 70 years (HR: 8.06; 95%CI: 2.20-29.52; *P*= .002), high CD169 ratio (>20) (HR: 2.42; 95%CI: 1.06- 5.56; *P* = .036), elevated MR-proADM levels (≥1.1 nmol/L; HR: 5.14; 95%CI: 1.70-15.62; *P*= .004), the need for orotracheal intubation and invasive mechanical ventilation (HR: 6.75; 95%CI: 2.38-19.11; *P* < 0.001), and oncologic comorbidity (HR: 5.20; 95%CI: 1.78-15.22; *P*= .003). Conversely, alkalosis was associated with lower in-hospital mortality (HR: 0.18; 95%CI: 0.06-0.58; *P*= .004) (Figure 3). **Table 1.** Characteristics of the study population categorical variables are given as absolute values and percentages (parentheses); continuous values are given as medians and interquartile ranges (square brackets).

 (Continued)

Table 1. (Continued)

Abbreviations: A-a, alveolar-arterial difference; aPTT, activated partial thromboplastin clotting time; CKD, chronic kidney disease; COPD, chronic obstructive pulmonary disease; Hb, hemoglobin; HCO₃, bicarbonate; ICU, intensive care unit; INR, international normalized ratio; LDH, lactate dehydrogenase; LOS, length of stay; MAP, mean arterial pressure; MR-proADM, pro-adrenomedullin; NIV, noninvasive ventilation; PaCO₂, arterial carbon dioxide pressure; PaO₂, arterial oxygen pressure; SpO2, peripheral capillary oxygen saturation; WBC, white blood cells.

Aalen's test $(\chi^2 = 20.87; P = .004)$ indicated an exponential increase in mortality with increasing age and MR-proADM levels (Figure 4).

The multivariate Cox survival analysis for 60-day mortality (Figure 5) identified high pro-adrenomedullin levels (>1.1 nmol/L; HR: 6.56; 95%CI: 1.72-25.02; *P*= .006) as the only statistically significant predictor. Additionally, a high SARS-CoV-2 serum antibody titer (≥ 5 U/mL) provided a protective effect (HR: 0.35; 95%CI: 0.14-0.87; *P*= .024).

Kaplan–Meier curves (Figure 6A and B; Figure 7A and B) demonstrated that elevated MR-proADM levels negatively impacted prognosis, even in vaccinated patients (*P*<.001 for in-hospital mortality; *P*= .06 for 60-day mortality), although vaccination itself was protective compared to non-vaccinated patients.

Figure 2. Cox regression multivariable analysis of predictive in-hospital mortality variables. Agecat = age (Young: <70 years); Old: ≥70 years); cd169cat=CD169 (Low: <20 ratio; High: ≥20 ratio); proADMcat=MR-proADM (Low: <1.0nmol/L; High: ≥1 nmol/L); IOT=orotracheal intubation and need for invasive mechanical ventilation (0: no; 1: yes); pHcat=pH (Acid: <7.30; alkalosis: >7.45); and tumore=active cancer (0: no; 1: yes). AIC 250.6; *P*-value=4.88×10−9; concordance index=0.84.

Figure 3. Kaplan–Meier curve for pH (P-value=.0004) for in-hospital mortality. In yellow, patients with pH > 7.45; in red, patients with pH in the normal range (7.35-7.45); in blue, patients with pH<7.35. Survival rate (%) on the *y*-axis, time (days) on the *x*-axis.

Discussion

COVID-19 displays distinctive virus-host interactions, immune activation, and endothelial inflammation, which have been extensively investigated since the pandemic's onset for diagnostic and prognostic insights. Beyond traditional biomarkers, newer indicators such as MR-proADM and CD169 have emerged as promising prognostic tools.^{6,13,14} However, data validating a single biomarker for both diagnosis and outcome prediction are still limited. Our findings demonstrate that MR-proADM and CD169 are reliable and scalable markers of disease severity, with survival analyses indicating a significant prognostic role for these markers in predicting in-hospital mortality in a broad adult COVID-19 patient cohort.

Severe COVID-19 often presents as a multisystemic disease, with endothelial damage as a key feature. Vascular endothelial alterations, prothrombotic states, and cytokine overexpression contribute to disease progression toward ARDS, multiorgan involvement, and increased mortality. MR-proADM is a well-established marker of endothelial dysfunction in sepsis and pneumonia, with elevated levels predictive of severe disease and poor outcomes.15-17 Numerous

Figure 4. Aailen test (Chi² 20.87; *P*-value=.004). AgecatElderly: ≥70 years; cd169cathigh: ≥20 ratio; IOT1: orotracheal intubation and need for invasive mechanical ventilation; pHcatAlkalosis: pH<7.45; pHcatNormal: pH 7.35 to 7.45; MR-proADMcathigh: ≥1.1 mol/L; tumore 1: active cancer. Age andMRproADM level showed an exponential increase in mortality over amount.

studies have attempted to link MR-proADM levels to mortality risk or clinical deterioration in SARS-CoV-2 patients.

Our analysis of a single MR-proADM measurement at ED presentation provides significant prognostic value. de Montmollin et al.¹³ demonstrated that prognostic accuracy for in-hospital and 60-day mortality is consistent regardless of the timing within the first day post-admission. Thus, even a single MR-proADM determination is predictive and may reduce costs and resource usage. The optimal cutoff value for MR-proADM identified in our cohort aligns with findings from other studies,^{11,18} indicating that an MR-proADM level ≥ 1.1 nmol/L has

strong prognostic performance in COVID-19 patients presenting to the ED. In most studies, MR-proADM levels above 1 to 2nmol/L have been linked to an elevated risk of death and disease progression (requiring NIV or invasive mechanical ventilation), with satisfactory sensitivity and specificity.14,19

In an emergency setting, MR-proADM can aid clinicians in making decisions to escalate care for high-risk patients while enabling safe, lower-complexity management for low-risk patients, either in less intensive wards or outpatient settings.

To our knowledge, few studies have examined the prognostic potential of CD169 in COVID-19 patients. In hospitalized

Figure 6. Kaplan–Meier curves for in-hospital mortality according to the MR-proADM level (A) and further subdivided by SARS-CoV-2 vaccination status (B). (A) In-hospital mortality according to MR-proADM values, *P*<.0001. (B) In-hospital mortality according to MR-proADM values and SARS-CoV-2 vaccination status, P <.0001: in red, vaccinated patients with low MR-proADM levels; in blue, unvaccinated patients with low MR-proADM levels; in green, unvaccinated patients with high MR-proADM levels; in purple, vaccinated patients with high MR-proADM levels. Survival rate (%) is shown on the *y*-axis, and time (days) is shown on the *x*-axis.

COVID-19 patients, CD169 correlates with inflammatory and immune status and is associated with respiratory outcomes, with marked overexpression seen in critically ill patients.¹³

Monocyte CD169 ratio measurement in the emergency setting has shown high sensitivity for detecting SARS-CoV-2 infection, even in the early stages. It offers several advantages: high sensitivity, easy integration with existing laboratory equipment (flow cytometry), affordable reagents, minimal invasiveness, a turnaround time of under 1hour, and 24/7 availability.1,7 Our findings indicate that CD169 expression provides valuable risk stratification for in-hospital mortality. However, unlike MR-proADM, CD169 does not demonstrate significant prognostic value for mid-term (60-day) mortality. Minutolo et al.14 found that CD169 is strongly associated with various clinical and biological parameters, reflecting

more than just patient status at admission. Additionally, CD169 modulation is influenced by treatment factors, such as glucocorticoids, which reduce interferon production by inhibiting Toll-like receptors.20

In our study, additional significant factors influenced inhospital mortality, including age over 70 years, the need for invasive mechanical ventilation, and oncologic comorbidities. These findings align with existing literature showing that elderly and cancer patients have an inherently higher risk of short-term mortality from SARS-CoV-2 infection, as do those requiring mechanical ventilation upon admission.²¹ Acidosis reflects both a severe form of respiratory failure (eg, hypercapnia) and possible metabolic acidosis due to renal failure, both of which have previously been identified as poor prognostic factors.22

Figure 7. Kaplan-Meier curves for 60-day mortality according to the MR-proADM level (A) and further subdivided by SARS-CoV-2 vaccination status (B). (A) 60-day mortality according to MR-proADM values, p value = 0.01. (B) 60-day mortality according to MR-proADM values and SARS-CoV-2 vaccination status, p value = 0.062: in red, vaccinated patients with low MR-proADM levels; in blue, unvaccinated patients with low MR-proADM levels; in green, unvaccinated patients with high MR-proADM levels; in purple, vaccinated patients with high MR-proADM levels. Survival rate (%) is shown on the y-axis, and time (days) is shown on the x-axis.

Regarding in-hospital mortality, a high antibody titer appeared to be associated with a more favorable outcome. Recent studies indicate that anti-SARS-CoV-2 IgG protects against symptomatic COVID-19, suggesting that antibody measurement could enhance prognostic assessment in current diagnostic protocols.23 Although a clear threshold for low titers is not established, we followed Malipiero et al.'s²⁴ guidelines, considering titers below 5 times the cutoff (5U/mL) as low. Post-vaccination values in our cohort ranged from 27.55 to 466U/mL, supporting the notion that a level below 5U/mL reasonably indicates a low titer.25

Our study has several limitations. First, recruitment occurred over an extended period, during which multiple COVID-19 variants emerged. Determining the extent to which these variants may have influenced our findings is challenging.

Additionally, there is no definitive threshold defining a low antibody titer below 5U/mL; we adopted the guideline from Malipiero et al., 24 considering titers below 5 times the cutoff as low. Post-vaccination titers in our cohort ranged from 27.55 to 466U/mL, supporting the notion that a value under 5U/mL reasonably represents a low titer.

As with all predictive models, ours is fundamentally limited by the variables considered. We cannot exclude the possibility that unaccounted-for variables may have a stronger impact on patient outcomes than the identified predictors, and some preexisting conditions (eg, cancer, advanced cardiovascular disease, and renal failure) may alter baseline biomarker kinetics.10 Although the literature supports the use of a single determination, we acknowledge that serial determinations may offer even greater predictive accuracy.

Conclusion

In conclusion, we can affirm that determining MR-proADM and CD169 levels at the time of patient presentation in the ED is indicated. Even though these data are not monitored over time, they still prove helpful regarding the patient's 30-day prognosis. Such measurements could be implemented in any hospital since they are simple, rapid, and easily accessible. When combined with a comprehensive patient assessment, these biomarkers could enable rapid stratification of COVID-19 patients, saving resources and optimizing decision-making processes in the ED and healthcare costs. Finally, the necessity of maintaining a high antibody level, particularly in at-risk patients, becomes even clearer.

Acknowledgements

Not applicable.

Author Contributions

Conceptualization, methodology, data collection and analysis, project administration: Sergio Venturini. Data collection: Giovanni Del Fabro, Dina Giordani, Astrid Callegari, Elisa Pontoni, Gian Luca Colussi. Sample analysis: Danilo Villalta, Chiara Pratesi, Paolo Doretto. Methodology and statistical analysis: Daniele Orso, Francesco Cugini. Writing original draft and revisions, review and editing: Sergio Venturini, Ingrid Reffo, Francesco Cugini. Review and final version approval: Laura De Santi, Maurizio Tonizzo, Massimo Crapis.

Ethical Approval

The Hospital Institutional Review Board waived the need for ethics approval for the collection, analysis, and publication of the anonymized data for this non-interventional study.

Informed Consent Statement

Each patient consented to processing their personal data for care and research purposes.

ORCID iDs

Daniele Orso D <https://orcid.org/0000-0001-7136-0343> Giovanni Del Fabro D <https://orcid.org/0000-0002-9085-1655> Ingrid Reffo https://orcid.org/0000-0002-8512-4138 Chiara Pratesi D https://orcid.org/0000-0001-7083-8392

Data Availability Statement

The derived data supporting this study's findings are available upon request from the corresponding author.

References

1. Bedin AS, Makinson A, Picot MC, et al. Monocyte CD169 expression as a biomarker in the early diagnosis of Coronavirus Disease 2019. *J Infect Dis*. 2021;223: 562-567.

- 2. Fuzio D, Inchingolo AM, Ruggieri V, et al. Inflammation as prognostic hallmark of clinical outcome in patients with SARS-CoV-2 infection. *Life (Basel)*. 2023;13:322.
- 3. Inchingolo AD, Inchingolo AM, Bordea IR, et al. SARS-CoV-2 disease adjuvant therapies and supplements breakthrough for the infection prevention. *Microorganisms*. 2021;9:525.
- 4. Fabris M, Del Ben F, Sozio E, et al. Cytokines from bench to bedside: a retrospective study identifies a definite panel of biomarkers to early assess the risk of negative outcome in COVID-19 patients. *Int J Mol Sci*. 2022;23:4830.
- 5. Bost P, De Sanctis F, Canè S, et al. Deciphering the state of immune silence in fatal COVID-19 patients. *Nat Commun*. 2021;12:1428.
- 6. Bourgoin P, Soliveres T, Ahriz D, et al. Clinical research assessment by flow cytometry of biomarkers for infectious stratification in an emergency department. *Biomark Med*. 2019;13:1373-1386.
- 7. Ortillon M, Coudereau R, Cour M, et al. Monocyte CD169 expression in COVID-19 patients upon intensive care unit admission. *Cytometry A*. 2021;99: 466-471.
- 8. Comins-Boo A, Gutiérrez-Larrañaga M, Roa-Bautista A, et al. Validation of a quick flow cytometry-based assay for acute infection based on CD64 and CD169 expression. New tools for early diagnosis in COVID-19 pandemic. *Front Med (Lausanne)*. 2021;8:655785.
- 9. Michel M, Malergue F, Ait Belkacem I, et al. A rapid, easy, and scalable whole blood monocyte CD169 assay for outpatient screening during SARS-CoV-2 outbreak, and potentially other emerging disease outbreaks. *SAGE Open Med*. 2022; 10:20503121221115483.
- 10. Herzog S, Fragkou PC, Arneth BM, Mkhlof S, Skevaki C. Myeloid CD169/ Siglec1: an immunoregulatory biomarker in viral disease. *Front Med (Lausanne)*. 2022;9:979373.
- 11. Elke G, Bloos F, Wilson DC, et al. The use of mid-regional proadrenomedullin to identify disease severity and treatment response to sepsis—a secondary analysis of a large randomized controlled trial. *Crit Care*. 2018;22:79.
- 12. Venturini S, Pontoni E, Carnelos R, et al. Development and validation of the Acute PNeumonia early assessment score for safely discharging low-risk SARS-CoV-2-infected patients from the emergency department. *J Clin Med*. 2022;11: 881.
- 13. de Montmollin E, Peoc'h K, Marzouk M, et al. Mid-regional pro-adrenomedullin as a prognostic factor for severe COVID-19 ARDS. *Antibiotics (Basel)*. 2022; 11:1166.
- 14. Minutolo A, Petrone V, Fanelli M, et al. High CD169 monocyte/lymphocyte ratio reflects immunophenotype disruption and oxygen need in COVID-19 patients. *Pathogens*. 2021;10:1639.
- 15. Montrucchio G, Balzani E, Lombardo D, et al. Proadrenomedullin in the management of COVID-19 critically ill patients in intensive care unit: a systematic review and meta-analysis of evidence and uncertainties in existing literature. *J Clin Med*. 2022;11:4543.
- 16. Bonaventura A, Vecchié A, Dagna L, et al. Endothelial dysfunction and immunothrombosis as key pathogenic mechanisms in COVID-19. *Nat Rev Immunol*. 2021;21:319-329.
- 17. Andaluz-Ojeda D, Nguyen HB, Meunier-Beillard N, et al. Superior accuracy of mid-regional pro adrenomedullin for mortality prediction in sepsis with varying levels of illness severity. *Ann Intensive Care*. 2017;7:15.
- 18. Bernal-Morell E, García-Villalba E, Vera MDC, et al. Usefulness of midregional pro-adrenomedullin as a marker of organ damage and predictor of mortality in patients with sepsis. *J Infect*. 2018;76:249-257.
- 19. Mohebbi A, Haybar H, Nakhaei Moghaddam F, et al. Biomarkers of endothelial dysfunction are associated with poor outcome in COVID-19 patients: a systematic review and meta-analysis. *Rev Med Virol*. 2023;33:e2442.
- 20. Kuznik A, Bencina M, Svajger U, Jeras M, Rozman B, Jerala R. Mechanism of endosomal TLR inhibition by antimalarial drugs and imidazoquinolines. *J Immunol*. 2011;186:4794-4804.
- 21. Sozio E, Moore NA, Fabris M, et al. Identification of COVID-19 patients at risk of hospital admission and mortality: a European multicenter retrospective analysis of mid-regional pro-adrenomedullin. *Respir Res*. 2022;23:221.
- 22. Dessie ZG, Zewotir T. Mortality-related risk factors of COVID-19: a systematic review and meta-analysis of 42 studies and 423,117 patients. *BMC Infect Dis*. 2021;21:855.
- 23. Venturini S, Orso D, Cugini F, et al. Classification and analysis of outcome predictors in non-critically ill COVID-19 patients. *Intern Med J*. 2021;51:506-514.
- 24. Malipiero G, Moratto A, Infantino M, et al. Assessment of humoral and cellular immunity induced by the BNT162b2 SARS-CoV-2 vaccine in healthcare workers, elderly people, and immunosuppressed patients with autoimmune disease. *Immunol Res*. 2021;69:576-583.
- 25. Hajilooi M, Keramat F, Moazenian A, Rastegari-Pouyani M, Solgi G. The quantity and quality of anti-SARS-CoV-2 antibodies show contrariwise association with COVID-19 severity: lessons learned from IgG avidity. *Med Microbiol Immunol*. 2023;212:203-220.