Research Article

The Dynamics and Optimal Control of a Hand-Foot-Mouth Disease Model

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Received 13 April 2018; Revised 12 June 2018; Accepted 14 June 2018; Published 5 July 2018

Academic Editor: João M. R. S. Tavares

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We build and study the transmission dynamics of a hand-foot-mouth disease model with vaccination. The reproduction number is given, the existence of equilibria is obtained, and the global stability of disease-free equilibrium is proved by constructing the Lyapunov function. We also apply optimal control theory to the hand-foot-mouth disease model. The treatment and vaccination interventions are considered in the hand-foot-mouth disease model, and the optimal control strategies based on minimizing the cost of intervention and minimizing the number of the infected people are given. Numerical results show the usefulness of the optimization strategies.

1. Introduction

Hand, foot, and mouth disease (HFMD) is a common infectious disease caused by a group of viruses known as enteroviruses (EVs) [\[1](#page-10-0), [2\]](#page-10-1). HFMD usually afects children, typically afecting children who are less than 10 years, but it can also afect adults [\[2](#page-10-1)]. However, adults are immune to the disease due to the antibodies in their bodies, although most of them are exposed to the virus [\[3](#page-10-2)].

The virus of HFMD spreads easily through coughing, sneezing, and infected stool. It usually takes 3−7 days for a person to get symptoms of HFMD disease after being exposed to the virus of HFMD. This is called the incubation period of HFMD. Although many HFMD infected people remain asymptomatic, the symptoms of HFMD include sores in or on the mouth and on the hands, feet, and sometimes the buttocks and legs. The sores may be painful, and these sores may be eased with the use of medication [\[4\]](#page-10-3). In fact, there is no specifc treatment for HFMD, and many doctors do not issue medicine for this illness since HFMD is a viral disease that has to run its course [\[5\]](#page-10-4).

Numerous large outbreaks of HFMD have occurred in many areas of the world, such as the United States of America, Australia, Malaysia, Japan, and China since 1997, which have caused death and neurological sequelae, and have become

a growing public health threat [\[6](#page-10-5)[–10\]](#page-10-6). Fortunately, Chinese scientists have developed the frst vaccine to protect children against enterovirus 71, or EV71, that causes the common and sometimes deadly HFMD in 2013 [\[11](#page-10-7)]. However, the literature on the mathematical modeling of the transmission of HFMD is rather scant. In particular, there are fewer literatures on mathematical models of HFMD with vaccination. Urashima et al. and Wang and Sung tried to fnd the relationship between the outbreak of HFMD with the weather patterns in Taiwan and Tokyo, respectively [\[12](#page-10-8), [13\]](#page-10-9). Tiing and Labadin used a deterministic SIR model to predict the number of infected cases and the duration of an outbreak when it occurs in Sarawak [\[14\]](#page-10-10). Roy and Halder proposed a deterministic SEIR model of HFMD and did numerical simulations [\[15\]](#page-10-11). Liu and Yang et al. used the SEIQRS model to take into account the quarantine measure [\[5,](#page-10-4) [16\]](#page-10-12). Recently, Samanta discussed a delay HFMD model with pulse vaccination strategy [\[2](#page-10-1)].

In this paper, we only consider the children below the age of 10 years since the children above the age of 10 years are immune to the disease because their immune systems are relatively perfect. The aim of our study is to use mathematical modeling to gain some insights into the transmission dynamics of HFMD when the population is vaccinated. The paper is organized as follows. In Section [2,](#page-1-0) we formulate the HFMD

model with vaccination and defne the basic reproduction number. In Section [3,](#page-2-0) we obtain the existence of equilibria of model, prove the global stability of disease-free equilibrium, and analyze the global stability of endemic equilibrium of model by constructing the Lyapunov function. In Section [4,](#page-5-0) we discuss the optimal control problem by adding two control functions. At last, we display the numerical simulation and give the conclusion.

2. Model Formulation

Enteroviruses (EVs) that are most frequently reported as causing HFMD outbreaks include enterovirus 71 (EV71) and coxsackievirus A16 (CVA16). Other human enteroviruses serotypes, such as CVA4, CVA5, CVA6, and CVA10, have also been reported in cases of HFMD [\[1](#page-10-0)]. Because only EV71 vaccine was on market which could prevent the HFMD induced by EV71 infection, we will consider dividing the infectious individuals into two classes, which are infectious individuals I_1 infected with EV71 and infectious individuals I_2 infected with CVA16 or other human enteroviruses serotypes.

Let $N(t)$ be total number of children below the age of 10 years at time t . We divide children below the age of 10 years into fve compartments, including susceptible individuals $S(t)$, latent individuals $E(t)$, infectious individuals $I_1(t)$ and $I_2(t)$, vaccination individuals $V(t)$, and recovery individuals T(t). It is clear that $N(t) = S(t)+E(t)+I_1(t)+I_2(t)+V(t)+T(t)$. The dynamical model for HFMD transmission in children below the age of 10 years is in the following:

$$
\frac{dS(t)}{dt} = (1 - p) b - \beta_1 S(t) I_1(t) - \beta_2 S(t) I_2(t)
$$

$$
- (\mu + \omega) S(t) + \eta_1 V(t) + \eta_2 T(t),
$$

$$
\frac{dE(t)}{dt} = \beta_1 S(t) I_1(t) + \beta_2 S(t) I_2(t) - (\mu + \alpha) E(t),
$$

$$
\frac{dI_1(t)}{dt} = q\alpha E(t) - (\mu + d_1 + \gamma_1) I_1(t),
$$
(1)
$$
\frac{dI_2(t)}{dt} = (1 - q) \alpha E(t) - (\mu + d_2 + \gamma_2) I_2(t),
$$

$$
\frac{dV(t)}{dt} = pb - (\mu + \omega + \eta_1) V(t),
$$

$$
\frac{dT(t)}{dt} = \gamma_1 I_1(t) + \gamma_2 I_2(t) - (\mu + \omega + \eta_2) T(t),
$$

where $b > 0$ is the birth rate of the population; $p \geq 0$ is the vaccine rate of the population; $\beta_1 > 0$ is the transmission coefficient of the infectious individuals infected with EV71; $\beta_2 > 0$ is the transmission coefficient of the infectious individuals infected with CVA16; $\mu > 0$ is the natural death rate; $\alpha > 0$ is the per-capita rate of the progression from latent individuals to infectious individuals; $q \geq 0$ is the percentage of individuals infected with EV71 from latent individuals to infectious individuals; accordingly, $0 < 1 - q < 1$ is the percentage of individuals infected with CVA16 or other human enteroviruses serotypes from latent individuals to infectious individuals; $d_1, d_2 > 0$ is the disease induced death rate of infectious individuals I_1 , I_2 , respectively; γ_1 , $\gamma_2 \geq$ 0 is the treatment rate of the infectious individuals I_1 , I_2 , respectively; $\omega \ge 0$ is the removal rate of population; $\eta_1 \ge 0$ and $\eta_2 \geq 0$ are the loss of immunity rate of vaccination individuals and recovery individuals, respectively.

In our paper, in order to make the qualitative mathematical analysis, let $\beta = \beta_1 = \beta_2$, $\gamma = \gamma_1 = \gamma_2$, $d = d_1 = d_2$, and $I(t) = I_1(t) + I_2(t)$; we simplify model [\(1\)](#page-1-1) to the following model:

$$
\frac{dS(t)}{dt} = (1 - p) b - \beta S(t) I(t) - (\mu + \omega) S(t)
$$

$$
+ \eta_1 V(t) + \eta_2 T(t),
$$

$$
\frac{dE(t)}{dt} = \beta S(t) I(t) - (\mu + \alpha) E(t),
$$

$$
\frac{dI(t)}{dt} = \alpha E(t) - (\mu + d + \gamma) I(t),
$$

$$
\frac{dV(t)}{dt} = pb - (\mu + \omega + \eta_1) V(t),
$$

$$
\frac{dT(t)}{dt} = \gamma I(t) - (\mu + \omega + \eta_2) T(t).
$$
 (2)

In the next section, we will discuss dynamics of system [\(2\).](#page-1-2) It is obvious that any solution of system [\(2\)](#page-1-2) with nonnegative initial values is nonnegative.

Lemma 1. *Every forward solution* $(S(t), E(t), I(t), V(t), T(t))$ *of system* [\(2\)](#page-1-2) *eventually enters* $\Omega = \{ (S, E, I, V, T) \in R_5^+ | S + I \}$ $E + I + V + T \le b/\mu$, and Ω *is a positively invariant set for [\(2\).](#page-1-2)*

Proof. By using $N(t) = S(t) + E(t) + I(t) + V(t) + T(t)$, from system [\(2\),](#page-1-2) we have

$$
\frac{dN(t)}{dt} = b - \mu N(t) - dI(t) - \omega (S(t) + V(t) + T(t))
$$

$$
\leq b - \mu N(t).
$$
 (3)

It is obvious that $\limsup_{t\to+\infty}N(t)\leq b/\mu$, which implies that $N(t) \le b/\mu$. That is, every solution of system [\(2\)](#page-1-2) eventually enters Ω , and Ω is positively invariant with respect to system (2). This proves the lemma. [\(2\).](#page-1-2) This proves the lemma.

The dynamics of system (2) will be investigated in the following bounded feasible region:

$$
\Omega = \left\{ (S, E, I, V, T) \in R_5^+ \mid S + E + I + V + T \le \frac{b}{\mu} \right\}. \tag{4}
$$

Using the relation $V(t) = N(t) - S(t) - E(t) - I(t) - T(t)$, we may reduce system [\(2\)](#page-1-2) to the following equivalent system:

$$
\frac{dS(t)}{dt} = \Lambda - \beta S(t) I(t) - (\mu + \omega) S(t) + \eta_2 T(t),
$$

$$
\frac{dE(t)}{dt} = \beta S(t) I(t) - (\mu + \alpha) E(t),
$$

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$$
\frac{dI(t)}{dt} = \alpha E(t) - (\mu + d + \gamma) I(t),
$$

$$
\frac{dT(t)}{dt} = \gamma I(t) - (\mu + \omega + \eta_2) T(t),
$$
\n(5)

with $\Lambda = (1 - p)b + pb\eta_1/(\mu + \omega + \eta_1)$, on the positively invariant set

$$
\overline{\Omega} = \left\{ (S, E, I, T) \in R_4^+ \mid S + E + I + T < \frac{b}{\mu} \right\}. \tag{6}
$$

In the following, since system [\(5\)](#page-2-1) has the same dynamic as [\(2\),](#page-1-2) we will discuss the dynamic of system [\(5\)](#page-2-1) on $\overline{\Omega}$.

Following van den Diessche and Watmough [\[17,](#page-10-13) [18](#page-10-14)], we can obtain the basic reproduction number:

$$
R_0 = \frac{\alpha \beta}{(\mu + \alpha) (\mu + d + \gamma)}
$$

$$
\times \frac{(1 - p) b (\mu + \omega + \eta_1) + p b \eta_1}{(\mu + \omega) (\mu + \omega + \eta_1)}
$$
 (7)

$$
= \frac{\alpha \beta}{(\mu + \alpha) (\mu + d + \gamma)} \times \frac{\Lambda}{\mu + \omega}.
$$

Each term in R_0 has clear epidemiological interpretation. $\alpha/(\mu + \alpha)$ is the proportion that latent individuals progress to infectious class. $1/(\mu + d + r)$ is the average infectious period. $Λ/ (μ + ω)$ is the total amount of population in the case that the infected individuals in population do not exist. Thus, $\alpha\beta/(\mu + \alpha)(\mu + d + \gamma) \times \Lambda/(\mu + \omega)$ are average new cases generated by a typical infectious member in the entire infection period.

The basic reproduction number R_0 , for model [\(2\)](#page-1-2) in the absence of controls, i.e., in the case $p = \gamma = 0$, which means that model [\(2\)](#page-1-2) does not have vaccination individuals $V(t)$ and recovery individuals $R(t)$, is proportional to the transmission coefficient β and is given by

$$
R_0|_{p=\gamma=\eta_1=0} = \frac{\alpha\beta}{(\mu+\alpha)(\mu+d)} \times \frac{b}{(\mu+\omega)}.
$$
 (8)

It is clear that

$$
R_0 - R_0|_{p=\gamma=\eta_1=0}
$$

=
$$
\frac{b\alpha\beta}{(\mu+\alpha)(\mu+\omega)}
$$

$$
\times \frac{-p(\mu+d)(\mu+\omega)-\gamma(\mu+\omega+\eta_1)}{(\mu+d+\gamma)(\mu+\omega+\eta_1)(\mu+d)} \le 0,
$$
 (9)

which implies that the vaccination and treatment have contributed to decrease of the R_0 . That is, the vaccination and treatment help to slow down the HFMD spread.

Three parameters have a high impact on R_0 : p and γ decrease R_0 , respectively, and β increases R_0 .

3. The Existence and Stability of Equilibria

We frst discuss the existence of equilibria of system [\(5\).](#page-2-1) Directly calculating system [\(5\),](#page-2-1) we obtain the disease-free equilibrium $P^0 = (S^0, E^0, I^0, T^0)$, where $S^0 = \Lambda/(\mu + \omega)$, and $E^{\hat{0}} = I^0 = T^0 = 0$. In addition, there exists a endemic equilibrium $P^* = (S^*, E^*, I^*, T^*)$ when $R_0 > 1$, where

$$
S^* = \frac{(\mu + \alpha)(\mu + d + \gamma)}{\alpha \beta},
$$

\n
$$
E^* = \frac{(\mu + d + \gamma)I^*}{\alpha},
$$

\n
$$
T^* = \frac{\gamma I^*}{\mu + \omega + \eta_2},
$$

\n
$$
I^* = \frac{(\mu + \omega)(\mu + \omega + \eta_2)}{(\mu + \alpha)(\mu + d + \gamma)(\mu + \omega + \eta_2) - \alpha \eta_2 \gamma}
$$

\n
$$
\times \frac{(\mu + \alpha)(\mu + d + \gamma)}{\beta} (R_0 - 1).
$$
 (10)

Summarizing the above discussion, we can obtain the following result.

Theorem 2. *If* $R_0 \leq 1$, system [\(5\)](#page-2-1) has only the disease-free *equilibrium* $P^0 = (S^0, E^0, I^0, T^0) = (\Lambda/(\mu + \omega), 0, 0, 0)$. If $R_0 > 1$, besides the disease-free equilibrium P^0 , system [\(5\)](#page-2-1) also *has a endemic equilibrium* $P^* = (S^*, E^*, I^*, T^*).$

In the following, we will discuss the stability of equilibria of system [\(5\).](#page-2-1) The stability of disease-free equilibrium of system [\(5\)](#page-2-1) frstly was proved.

Theorem 3. *If* $R_0 \leq 1$ *, the disease-free equilibrium* P^0 *of system* [\(5\)](#page-2-1) *is globally asymptotically stable, while if* $R_0 > 1$ *, the disease-free equilibrium* P^0 *of system* [\(5\)](#page-2-1) *is unstable.*

Proof. The Jacobian matrix of system [\(5\)](#page-2-1) at the disease-free equilibrium P^0 is

 J^0

$$
= \begin{pmatrix} -(\mu + \omega) & 0 & -\beta S^0 & \eta_2 \\ 0 & -(\mu + \alpha) & \beta S^0 & 0 \\ 0 & \alpha & -(\mu + d + \gamma) & 0 \\ 0 & 0 & \gamma & -(\mu + \omega + \eta_2) \end{pmatrix} . (11)
$$

It is clear that $\lambda_1 = -(\mu + \omega) < 0$ and $\lambda_2 = -(\mu + \omega + \eta_2) < 0$ are the eigenvalues of matrix J^0 . The rest of the eigenvalues of matrix J^0 satisfy the following equation:

$$
\lambda^{2} + (\mu + \alpha + \mu + d + \gamma) \lambda
$$

+
$$
(\mu + \alpha) (\mu + d + \gamma) (1 - R_{0}) = 0.
$$
 (12)

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Obviously,

$$
\Delta = (\mu + \alpha + \mu + d + \gamma)^{2}
$$

- 4 (\mu + \alpha) (\mu + d + \gamma) (1 - R_{0})
= [(\mu + \alpha) - (\mu + d + \gamma)]^{2}
+ 4 (\mu + \alpha) (\mu + d + \gamma) R_{0} > 0. (13)

It implies that [\(12\)](#page-2-2) has two real roots, λ_3 and λ_4 , which satisfy

$$
\lambda_3 + \lambda_4 = -(\mu + \alpha + \mu + d + \gamma) < 0,
$$

$$
\lambda_3 \lambda_4 = (\mu + \alpha) (\mu + d + \gamma) (1 - R_0).
$$
\n(14)

If $R_0 < 1$, we have $\lambda_3 \lambda_4 > 0$, which implies that the real parts of λ_3 and λ_4 are both negative. That is, the disease-free equilibrium P^0 is locally asymptotically stable. Meanwhile if $R_0 > 1$, we obtain $\lambda_3 \lambda_4 < 0$. It implies that the real part of λ_3 or the real part of λ_4 is positive. Therefore, P^0 is unstable.

For the critical case $R_0 = 1$, the Jacobian matrix J^0 has three negative real eigenvalues $-(\mu + \omega)$, $-(\mu + \omega + \eta_2)$, and $-(\mu + \alpha + \mu + d + \gamma)$, and one zero eigenvalue.

We introduce the matrix of eigenvectors

$$
P = \begin{pmatrix} \frac{\mu + \alpha}{\mu + \omega} \left(\frac{\gamma \eta_2}{\mu + \omega + \eta_2} - \beta S^0 \right) & 1 & -1 & \frac{-\beta S^0 p_1 + \eta_2 \gamma}{\omega - (\mu + \alpha + d + \gamma)} \\ \beta S^0 & 0 & 0 & \frac{-(\mu + \alpha) p_1}{\alpha} \\ \mu + \alpha & 0 & 0 & p_{34} \\ \frac{(\mu + \alpha) \gamma}{\mu + \omega + \eta_2} & 0 & 1 & \gamma \end{pmatrix}
$$
(15)

with $p_{34} = (\mu + \alpha + d + \gamma) - (\omega + \eta_2)$, such that $J^0 P = PA$, where

We make the linear transformation $(u, v, w, x)^T = P^{-1}(S S^0, E, I, T)^T$, where

))))))))

(17)

 (18)

 $\mathcal{L}_{\mathcal{L}}$

need to calculate the restricted dynamical system on the center manifold for *u* sufficiently small and $v = O(u^2)$, $w = O(u^2)$, $x = O(u^2)$ [\[19\]](#page-10-15). Note that $u = \alpha E/(\mu + \alpha)$ + μ + d + γ)(μ + α) + I/(μ + α + μ + d + γ); from the second, third, and forth equations of system [\(5\),](#page-2-1) we

 $(\mu + \alpha + \mu + d + \gamma)(\mu + \alpha) u' = \alpha \beta (S - S^{0}) I.$

 \boldsymbol{A}

 $-\gamma$).

$$
= \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & -(\mu + \omega) & 0 & 0 \\ 0 & 0 & -(\mu + \omega + \eta_2) & 0 \\ 0 & 0 & 0 & -(\mu + \alpha + \mu + d + \gamma) \end{pmatrix}.
$$
 (16)

 $P^{-1} =$

with $p_{22}^{-1} = \gamma \alpha (\mu + \omega + \eta_2 - p_1)/p_1(\mu + d + \gamma + \mu + \alpha) +$ $(\mu + \alpha)(\eta_2 \gamma - \beta S^0 p_1) / (\omega - \mu - \alpha - d - \gamma) + ((\mu + \alpha)^2 p_1)$ $\alpha(\mu + \omega)$)($\gamma \eta_2 / (\mu + \omega + \eta_2) - \beta S^0$), $p_{23}^{-1} = -\beta S^0 \gamma - ((\mu + \gamma)S^0)$ $(\alpha)^2 p_1/(\mu + \omega)\alpha)(\gamma - \beta S^0) - \beta S^0(\eta_2 \gamma - \beta S^0 p_1)/(\omega - \mu - \alpha - d)$

The Jacobian matrix for the differential equations of (u, v, w, x) about the zero equilibrium is exactly A. To analyze the local asymptotic stability of this zero equilibrium, we

 \vert

 $\mathcal{L}_{\mathcal{A}}$

$$
\begin{pmatrix}\n0 & 0 & 0 \\
0 & \cdots & 0 \\
0 & -(\mu + \alpha + \mu + d + \gamma)\n\end{pmatrix}.
$$
\n(16)\n
$$
\begin{pmatrix}\n0 & \frac{\alpha}{(\mu + \alpha + \mu + d + \gamma)(\mu + \alpha)} & \frac{1}{\mu + \alpha + \mu + d + \gamma} & 0\n\end{pmatrix}
$$

0 $-\alpha$

 $(\mu + \alpha + \mu + d + \gamma) (\mu + \alpha)$

 $(\mu + \alpha + \mu + d + \gamma) p_1$

1 p_{22}^{-1} 1

0 $\frac{\gamma \alpha (\mu + \omega + \eta_2 - p_1)}{p_1 (\mu + d + \gamma + \mu + \alpha)}$ $-\frac{(\mu + \alpha)^2 p_1 \gamma}{\alpha (\mu + \omega + \eta_2)} - \beta S^0 \gamma$ 1

obtain

 $\mu + d + \gamma$ $\frac{1}{(\mu + \alpha + \mu + d + \gamma)p_1}$ 0 Next, we make use of $S - S^0 = (((\mu + \alpha)/(\mu + \omega))(\gamma \eta_2)/(\mu + \omega +$ $(\eta_2) - \beta S^0$)) $u + O(u^2)$, $E = \beta S^0 u + O(u^2)$, $I = (\mu + \alpha)u + O(u^2)$, and $T = (\mu + \alpha)\gamma u / (\mu + \omega + \eta_2) + O(u^2)$ to obtain

$$
(\mu + \alpha + \mu + d + \gamma) u'
$$

= $-\frac{\alpha \beta (\mu + \alpha)}{\mu + \omega}$
 $\times \frac{(\mu + \alpha) (\mu + d + \gamma) (\mu + \omega + \eta_2) - \alpha \gamma \eta_2}{\alpha (\mu + \omega + \eta_2)}$
+ $O(u^3)$. (19)

Since restricted system [\(19\)](#page-4-0) is stable about $u = 0$, original system [\(5\)](#page-2-1) is locally stable about the disease-free equilibrium P^0 when $R_0 = 1$.

In the following, we study the global stability when $R_0 \leq$ 1. Let $L(E(t), I(t)) = E(t) + ((\mu + \alpha)/\alpha)I(t)$; we have

$$
\frac{dL(t)}{dt} = \frac{dE(t)}{dt} + \frac{\mu + \alpha}{\alpha} \frac{dI(t)}{dt}
$$

$$
= \beta S(t) I(t) - \frac{\mu + \alpha}{\alpha} (\mu + d + \gamma) I(t)
$$

$$
\leq \left(\beta S^{0} - \frac{\mu + \alpha}{\alpha} \left(\mu + d + \gamma\right)\right) I(t)
$$
\n
$$
= \frac{(\mu + \alpha)\left(\mu + d + \gamma\right)}{\alpha} \left(R_{0} - 1\right) I(t)
$$
\n
$$
\leq \left(\beta S^{0} - \frac{\mu + \alpha}{\alpha} \left(\mu + d + \gamma\right)\right) I(t)
$$
\n
$$
= \frac{(\mu + \alpha)\left(\mu + d + \gamma\right)}{\alpha} \left(R_{0} - 1\right) I(t) \leq 0.
$$
\n(20)

Furthermore, $dL/dt = 0$ if and only if $I = 0$ or $R_0 = 1$. Therefore, the largest compact invariant set in { $(S, E, I, T) \in$ $\overline{\Omega}$: $dL/dt = 0$ } is the singleton $\{P^0\}$. LaSalle's invariance principle [\[20](#page-10-16)] then implies that P^0 is globally stable in $\overline{\Omega}$. \Box

Next, we discuss the global asymptotical stability of the endemic equilibrium of system [\(5\).](#page-2-1) The local stability of the endemic equilibrium frstly was discussed, and the global stability of the endemic equilibrium also was discussed by constructing the Lyapunov function.

Theorem 4. *If* $R_0 > 1$ *, the endemic equilibrium* P^* *of system [\(5\)](#page-2-1) is locally asymptotically stable.*

Proof. The Jacobian matrix of system [\(5\)](#page-2-1) at the endemic equilibrium P^* is

$$
-\beta I^* - (\mu + \omega) \qquad 0 \qquad -\beta S^* \qquad \eta_2
$$

\n
$$
\beta I^* - (\mu + \alpha) \qquad \beta S^* \qquad 0
$$

\n
$$
\alpha \qquad -(\mu + d + \gamma) \qquad 0
$$

\n
$$
\alpha \qquad \gamma \qquad -(\mu + \omega + \eta_2)
$$
\n(21)

$$
A_4 = \beta I^* \left[\left(\mu + \omega + \eta_2 \right) \left(\mu + \alpha \right) \left(\mu + d + \gamma \right) - \alpha \gamma \eta_2 \right]. \tag{23}
$$

By directly calculating, we have

$$
A_{i} > 0, \quad i = 1, 2, 3, 4,
$$
\n
$$
D_{1} = A_{1} > 0,
$$
\n
$$
D_{2} = \begin{vmatrix} A_{1} & A_{3} \\ 1 & A_{2} \end{vmatrix} = A_{1}A_{2} - A_{3} = (\mu + \omega + \eta_{2} + \beta I^{*}) + (\mu + \omega) A_{2} + (\mu + \alpha + \mu + d + \gamma) ((\mu + \omega + \eta_{2}) + (\mu + \alpha + \mu + d + \gamma) + (\beta I^{*} + \mu + \omega) (\mu + \alpha)) + (\mu + d + \gamma)^{2} (\beta I^{*} + \mu + \omega) + (\mu + \alpha) (\mu + \omega) (\mu + d + \gamma) > 0,
$$

$$
J^* = \begin{pmatrix} -\beta I^* - (\mu + \omega) & 0 \\ \beta I^* & -(\mu + \alpha) \\ 0 & \alpha \\ 0 & 0 \end{pmatrix}
$$

It is clear that the eigenvalues of matrix J^* satisfy the following equation:

 $\lambda^4 + A_1 \lambda^3 + A_2 \lambda^2 + A_3 \lambda + A_4 = 0,$ (22)

where

$$
A_1 = (\mu + \omega + \eta_2) + (\beta I^* + \mu + \omega) + (\mu + \alpha)
$$

+
$$
(\mu + d + \gamma),
$$

$$
A_2 = (\mu + \omega + \eta_2) (\beta I^* + \mu + \omega)
$$

+
$$
(\mu + \omega + \eta_2 + \beta I^* + \mu + \omega) (\mu + \alpha + \mu + d + \gamma),
$$

$$
A_3 = (\mu + \omega + \eta_2) (\beta I^* + \mu + \omega) (\mu + \alpha + \mu + d + \gamma)
$$

+
$$
(\mu + \alpha) (\mu + d + \gamma) \beta I^*,
$$

$$
D_3 = \begin{vmatrix} A_1 & A_3 & 0 \\ 1 & A_2 & A_4 \\ 0 & A_1 & A_3 \end{vmatrix} = A_3D_2 - A_1^2A_4
$$

\n
$$
= A_3 \left[(\mu + \omega + \eta_2) (\beta I^* + \mu + \omega) \right. \\ \cdot (\mu + \omega + \eta_2 + \beta I^* + \mu + \omega) + (\beta I^* + \mu + \omega)
$$

\n
$$
\cdot (\mu + d + \gamma)^2 + (\mu + \alpha) (\mu + \omega) (\mu + d + \gamma) \right]
$$

\n
$$
+ \beta I^* (\mu + \omega + \eta_2) (\mu + \alpha)^2 (\mu + \omega + \eta_2 + \beta I^* + \mu + \omega) A_1 + \beta I^* \alpha \gamma \eta_2 A_1^2 + (\mu + \omega + \eta_2) (\mu + \alpha + \mu + d + \gamma) (\mu + \omega + \eta_2 + \beta I^* + \mu + \omega)^2
$$

\n
$$
\cdot \left[(\beta I^* + \mu + \omega) (\mu + d + \gamma) \right]
$$

\n
$$
+ (\mu + \omega) (\mu + \alpha) \left[+ d + \gamma \right] + (\mu + \omega) (\mu + \omega + \eta_2) (\mu + \alpha + \mu + d + \gamma) + (\mu + \alpha) (\beta I^* + \mu + \omega) \right] + \beta I^* (\mu + \omega + \eta_2) (\mu + d + \gamma) (\beta I^* + \mu + \omega) \left[+ d + \gamma \right] \cdot \left[(\mu + \alpha + \mu + d + \gamma)^2 + \beta I^* (\mu + \alpha) (\mu + d + \gamma) \right] + \left[(\mu + \alpha + \eta_2 + \beta I^* + \mu + \omega) \right] + (\mu + \alpha) \left[\mu + d + \gamma \right] \cdot \left[(\mu + d + d) \right] = A_1 A_2 A_3 A_4 - A_1^2 A_4^2
$$

\n
$$
+ \alpha \left[\alpha \eta_2 A_4 \right] = A_1 A_2 A_3 A_4 - A_1^2 A_4^2
$$

\n
$$
+ \alpha \eta_2 A_4 = A_1 B_3 > 0,
$$

\n(24)

The Routh-Hurwitz criterion [\[21](#page-10-17)] implies that all eigenvalues of characteristic equation [\(22\)](#page-4-1) have negative real part; that is, P^* is locally asymptotically stable when $R_0 > 1$. \Box

It is difficult to show the global stability of endemic equilibrium P^* by the theoretical methods. We will use the numerical simulation to display the global stability of endemic equilibrium P^* ; see Figure [1.](#page-6-0) The parameters are taken to be $p = 0.8$, $b = 1$, $\beta = 0.5$, $\mu = 0.006$, $\omega = 1/12$, η_1 = 0.02, η_2 = 0.03, α = 0.01, d = 0.002, and γ = 0.7, respectively. Accordingly, the basic reproduction number $R_0 = 1.7112 > 1$. The simulation demonstrates that endemic equilibrium P^* may be globally stable when $R_0 > 1$.

4. The HFMD Model with Optimal Controls

In this section, we present the optimal control problem by adding to the model [\(2\)](#page-1-2) two control functions $u_1(t)$ and $u_2(t)$. The HFMD model with controls is given by the following equations:

$$
\frac{dS(t)}{dt} = (1 - u_1(t))b - \beta S(t)I(t) - (\mu + \omega)S(t)
$$

$$
+ \eta_1 V(t) + \eta_2 T(t),
$$

$$
\frac{dE(t)}{dt} = \beta S(t)I(t) - (\mu + \alpha)E(t),
$$

$$
\frac{dI(t)}{dt} = \alpha E(t) - (\mu + d + u_2(t))I(t),
$$

$$
\frac{dV(t)}{dt} = u_1(t)b - (\mu + \omega + \eta_1)V(t),
$$

$$
\frac{dT(t)}{dt} = u_2(t)I(t) - (\mu + \omega + \eta_2)T(t).
$$

The aim is to find the optimal values u_1^* and u_2^* of the controls u_1 and u_2 , such that the associated state trajectories $S(t)$, $E(t)$, $I(t)$, $V(t)$, and $T(t)$ are solution of system [\(25\)](#page-5-1) in the time interval [0, t_f] with initial conditions $S(0)$, $E(0)$, $I(0)$, $V(0)$, and $T(0)$ and minimize the objective functional. Here the objective functional considers the number of latent individuals E , the number of the infectious individuals I , and the implementation cost of the strategies associated with the controls u_i , $i = 1, 2$. The controls are bounded between 0 and 1.

We consider state system [\(25\)](#page-5-1) of ordinary diferential equations in $R⁵$ with the set of admissible control functions given by

$$
U = \left\{ (u_1(t), u_2(t)) \in (L^{\infty}(0, t_f))^2 \mid 0 \right\}
$$

$$
\leq u_1(t), u_2(t) \leq 1, \ \forall t \in [0, t_f] \right\}.
$$
 (26)

The objective functional is given by

$$
J(u_1(t), u_2(t))
$$

=
$$
\int_0^{t_f} \left(E(t) + I(t) + \frac{B_1}{2} u_1^2(t) + \frac{B_2}{2} u_2^2(t) \right) dt,
$$
 (27)

where the constants B_1 and B_2 are a measure of the relative cost of the interventions associated with the controls u_1 and u_2 , respectively.

We consider the optimal control problem of determining $(S(t), E(t), I(t), V(t), T(t))$, associated with an admissible control pair $(u_1^*, u_2^*) \in U$ on the time interval $[0, t_f]$, satisfy-ing [\(25\)](#page-5-1) and the initial conditions $S(0)$, $E(0)$, $I(0)$, $V(0)$, and $T(0)$ and minimizing cost functional [\(27\);](#page-5-2) that is,

$$
J(u_1^*, u_2^*) = \min \{ J(u_1, u_2) \mid (u_1, u_2) \in U \}.
$$
 (28)

Theorem 5. *There exists an optimal control pair* (u_1^*, u_1^*) *such that*

$$
J(u_1^*, u_2^*) = \min \{ J(u_1, u_2) \mid (u_1, u_2) \in U \}, \qquad (29)
$$

subject to state system [\(25\)](#page-5-1) *with initial conditions* $S(0)$ *,* $E(0)$ *,* $I(0)$ *, V*(0)*, and* $T(0)$ *.*

FIGURE 1: The global stability of P^* of system [\(2\)](#page-1-2) when $R_0 > 1$.

Proof. The integrand of the objective functional *J* given by (27) is convex on the closed, convex control set U . The conditions for the existence of optimal control are satisfed as the model is linear in the control variables and is bounded by a linear system in the state variables [\[22](#page-10-18)]. \Box

According to the Pontryagin Maximum Principle [\[23\]](#page-10-19), we now derive the necessary conditions that a pair of optimal controls and corresponding states must satisfy. To this purpose, we defne the Hamiltonian function for the system:

$$
H = \left(E + I + \frac{B_1}{2}u_1^2 + \frac{B_2}{2}u_2^2\right) + \lambda_1 \frac{dS}{dt} + \lambda_2 \frac{dE}{dt}
$$

+ $\lambda_3 \frac{dI}{dt} + \lambda_4 \frac{dV}{dt} + \lambda_5 \frac{dT}{dt}$, (30)

where λ_i , $i = 1, 2, 3, 4, 5$, are the adjoint variables.

Theorem 6. *Given an optimal control* $u^* = (u_1^*, u_2^*)$ *on* $[0, t_f]$ and corresponding state solution $(S(t), E(t), I(t), V(t), T(t))$ of *corresponding state system* [\(25\)](#page-5-1) with initial conditions S(0), $E(0)$ *, I*(0)*, V*(0)*, and T*(0)*, there exist adjoint variables* λ_i *,* = 1, 2, 3, 4, 5*, satisfying*

$$
\frac{d\lambda_1(t)}{dt} = (\lambda_1 - \lambda_2) \beta I + \lambda_1 (\mu + \omega),
$$

$$
\frac{d\lambda_2(t)}{dt} = (\lambda_2 - \lambda_3) \alpha + \lambda_2 \mu - 1,
$$

\n
$$
\frac{d\lambda_3(t)}{dt} = (\lambda_1 - \lambda_2) \beta S + (\lambda_3 - \lambda_5) \mu_2 + \lambda_3 (\mu + d)
$$

\n
$$
- 1,
$$

\n
$$
\frac{d\lambda_4(t)}{dt} = (\lambda_4 - \lambda_1) \eta_1 + \lambda_4 (\mu + \omega),
$$

\n
$$
\frac{d\lambda_5(t)}{dt} = (\lambda_5 - \lambda_1) \eta_2 + \lambda_5 (\mu + \omega).
$$
\n(31)

with transversality conditions (or boundary conditions) being

$$
\lambda_i(t_f) = 0, \quad \text{for } i = 1, 2, 3, 4, 5. \tag{32}
$$

Furthermore, the optimal controls u_1^* *and* u_2^* *are given by*

$$
u_1^* = \min\left\{\max\left\{0, \frac{(\lambda_1 - \lambda_4) b}{B_1}\right\}, 1\right\},\
$$

$$
u_2^* = \min\left\{\max\left\{0, \frac{(\lambda_5 - \lambda_3) I}{B_2}\right\}, 1\right\}.
$$
 (33)

FIGURE 2: The optimal control variables u_1^* and u_2^* when $R_0 > 1$.

Proof. The adjoint system results from Pontryagin's Principle [\[23](#page-10-19)]:

$$
\lambda'_{1}(t) = -\frac{\partial H}{\partial S},
$$

\n
$$
\lambda'_{2}(t) = -\frac{\partial H}{\partial E},
$$

\n
$$
\lambda'_{3}(t) = -\frac{\partial H}{\partial I},
$$

\n
$$
\lambda'_{4}(t) = -\frac{\partial H}{\partial V},
$$

\n
$$
\lambda'_{5}(t) = -\frac{\partial H}{\partial T}
$$
 (34)

with zero transversality. To get the characterization of the optimal control given by [\[23](#page-10-19)], we solve the equations on the interior of the control set:

$$
\frac{\partial H}{\partial u_i} = 0, \quad i = 1, 2. \tag{35}
$$

Using bounds on the controls, we obtain the desired characterization. \Box

5. Numerical Results and Discussion

In this section, the numerical simulation results of the optimized control measures for HFMD model [\(25\)](#page-5-1) with vaccination are presented. First, we solve system [\(25\)](#page-5-1) over the time interval $(0, t_f]$ using a forward fourth-order Runge-Kutta scheme and transversality conditions $\lambda_i(t_f) = 0, i = 1, ..., 5$. Then, system [\(31\)](#page-6-1) is solved by a backward fourth-order Runge-Kutta scheme using the current iteration solution of (25) . The controls are updated by using a convex combination

of the previous controls and the values from (33) . The iteration is stopped when the values of unknowns at the previous iteration are very close to the ones at the present iteration.

We frst compare the number of the susceptible individuals, latent individuals, infectious individuals, vaccination individuals, and the recovery individuals with and without controls, respectively. Take $b = 2$, $p = 0.5$, $\beta = 0.04$, $\mu =$ 0.0017, $\omega = 0.125$, $\eta_1 = 0.5$, $\eta_2 = 0.2$, $\alpha = 1.75$, $d = 0.0034$, γ = 0.4, B_1 = 100, B_2 = 10, and the initial conditions $(S(0), E(0), I(0), V(0), T(0)) = (2, 0.7, 0.2, 0.1, 1) \times 10^3$, we have the basic reproduction number $R_0 = 1.3997 > 1$, and the numerical results are depicted in Figures [2](#page-7-0) and [3.](#page-8-0) Figure [2](#page-7-0) shows the control variables u_1 and u_2 when $R_0 >$ 1. By Figure [2,](#page-7-0) we see that, to minimize the number of infectious and latent individuals, the control u_1 keeps the increasing trend during 5 days; during the remaining 15 days, it decreases to the lower bound. The control u_2 is at the upper bound during 17 days; during the remaining 3 days, it decreases to the lower bound. Figure [3](#page-8-0) shows that the number of the susceptible individuals is higher, the numbers of the latent individuals, infectious individuals, and recovery individuals are lower, and the number of the vaccination individuals is with almost no change when controls are considered.

We discussed the infuence of immune loss rate on the spread of disease. That is, we discuss the influence of η_1 on the basic regeneration number R_0 in the following. Because of

$$
\frac{\partial R_0}{\partial \eta_1} = \frac{\beta \alpha}{(\mu + \alpha) (\mu + d + \gamma)} \times \frac{pb}{(\mu + \omega + \eta_1)^2} > 0, \quad (36)
$$

we know the basic reproduction number R_0 increases as η_1 increases. In order to control the basic regeneration number

FIGURE 3: The dynamics of HFMD with and without optimal control when $R_0 > 1$.

 R_0 less than 1, we need the immune loss rate η_1 to satisfy $\eta_1 < \eta_1^*$, under the condition $\alpha \beta b (1 - p) / (\mu + \alpha) (\mu + d + \alpha)$ γ)($\mu + \omega$) < 1 < $\alpha\beta b/(\mu + \alpha)(\mu + d + \gamma)(\mu + \omega)$, where $\eta_1^* = [(\mu + \omega)(\mu + \alpha)(\mu + d + \gamma) - \alpha \beta b (1 - p)] (\mu + \omega) / (\alpha \beta b - \gamma)$ $(\mu + \omega)(\mu + \alpha)(\mu + d + \gamma)$ > 0. Let $\eta_1 = 0, 2, 0.5, 0.8$, respectively; other parameter values are the same as those in Figure [3.](#page-8-0) We obtain Figure [4.](#page-9-0) The higher the immune loss rate η_1 , the greater the number of infections and latent individuals. At the same time, higher immunization loss rate η_1 indicates that the immunization control measures u_1 are weakened. Accordingly, the treatment control measures u_2 need to be strengthened.

We also compared the number of infections and latent individuals under diferent control measures (see Figure [5\)](#page-9-1). In Figure [5,](#page-9-1) the red dots indicate that control measures u_1 and u_2 are implemented simultaneously, the blue dots indicate that only control measure u_1 is implemented, and the black dotted line indicates that only control measure u_2 is implemented. The numerical simulation results show that the number of infections is minimal when the control measures u_1 and u_2 are implemented simultaneously. If only one control was implemented, the treatment control u_2 would

be more effective than vaccination control u_1 in controlling the number of infectious and latent individuals. The trend of the controls u_1 and u_2 is displayed in Figure [6](#page-10-20) under different control measures.

Data Availability

No data were used to support this study.

Conflicts of Interest

All authors declare that they have no conficts of interest.

Acknowledgments

The authors also would like to thank Professor Jianquan Li for his suggestions, which helped them to deal with problems they met. This study was supported by NSFC Grants 11301314, 11501443, and 11671243, by Science and Technology Bureau of Weiyang District, Xi'an, Grant 201708, and by Shaanxi Provincial Education Department Grant 15JK1081.

FIGURE 4: $E + I$ with and without control for $\eta_1 = 0, 2, 0.5, 0.8$, respectively.

FIGURE 5: The number of $E + I$ with different optimal control.

FIGURE 6: The optimal control variables u_1^* and u_2^* under different optimal control.

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