1 Stability and heterogeneity in the anti-microbiota reactivity of human milk-derived

2 Immunoglobulin A

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- 4 Chelseá B. Johnson-Hence^{1,2}, Kathyayini P. Gopalakrishna¹, Darren Bodkin¹, Kara E.
- 5 Coffey^{1,3}, Ansen H.P. Burr^{1,4}, Syed Rahman^{4,5}, Ali T. Rai¹, Darryl A. Abbott¹, Yelissa A.
- 6 Sosa¹, Justin T. Tometich¹, Jishnu Das^{4,5}, Timothy W. Hand^{1,4*}
- 7
- ⁸ ¹R.K. Mellon Institute for Pediatric Research, Pediatrics Department, Infectious Disease
- 9 Section, UPMC Children's Hospital of Pittsburgh, University of Pittsburgh School of
- 10 Medicine, Pittsburgh PA, 15224
- ¹¹ ²Department of Pediatrics, Division of Neonatal-Perinatal Medicine, University of Texas
- 12 Southwestern Medical Center
- ¹³ ³Department of Pediatrics, Division of Allergy and Immunology, University of Pittsburgh
- 14 School of Medicine
- ⁴Department of Immunology, University of Pittsburgh School of Medicine
- ⁵Center for Systems Immunology, University of Pittsburgh School of Medicine
- 17
- ¹⁸ Corresponding author and lead contact: <u>timothy.hand@chp.edu</u>
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Summary: We analyze the ability of breast milk-derived Immunoglobulin A (IgA)
antibodies to bind the infant intestinal microbiota. We discover that each mother
secretes into their breast milk a distinct set of IgA antibodies that are stably maintained
over time.

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25 Abstract: Immunoglobulin A (IgA) is secreted into breast milk and is critical to both 26 protecting against enteric pathogens and shaping the infant intestinal microbiota. The 27 efficacy of breast milk-derived maternal IqA (BrmIqA) is dependent upon its specificity, 28 however heterogeneity in BrmIgA binding ability to the infant microbiota is not known. 29 Using a flow cytometric array, we analyzed the reactivity of BrmIgA against bacteria 30 common to the infant microbiota and discovered substantial heterogeneity between all 31 donors, independent of preterm or term delivery. We also observed intra-donor 32 variability in the BrmIgA response to closely related bacterial isolates. Conversely, 33 longitudinal analysis showed that the anti-bacterial BrmIgA reactivity was relatively 34 stable through time, even between sequential infants, indicating that mammary gland 35 IgA responses are durable. Together, our study demonstrates that the anti-bacterial 36 BrmIgA reactivity displays inter-individual heterogeneity but intra-individual stability. 37 These findings have important implications for how breast milk shapes the development 38 of the infant microbiota and protects against Necrotizing Enterocolitis.

40 Introduction:

Breast milk is acknowledged by the World Health Organization and American Academy 41 of Pediatrics as the best source of nutrition for infants (Sobti et al., 2002). Breast milk 42 43 contains multiple bioactive components, including antibodies, that both prevent infection and aid in the proper installation of the infant microbiota (Gopalakrishna and Hand, 44 45 2020; Le Doare et al., 2018; Walker and Iyengar, 2015). IgA, IgG and IgM antibodies 46 are all found in breast milk, but IgA is dominant, making up over 90% of the antibody 47 secreted in the mammary gland. One reason for this is that during pregnancy, IgA-48 producing B cells are compelled to travel from the intestine to the mammary gland, 49 indicating that IgA secreted into milk is an effort to transfer maternal mucosal immunity 50 to the infant (Lindner et al., 2015; Wilson and Butcher, 2004). During B cell production, 51 IgA is often dimerized by the J-chain which promotes binding and transcytosis of IgA by 52 the polymeric glycoprotein Ig receptor (pIgR) that upon secretion remains bound to IgA as 'Secretory Factor' (SF) (Hand and Reboldi, 2021). SF-bound of 'secretory; IgA 53 54 (SIgA) is protected against proteolytic cleavage in the intestine, substantially increasing 55 the half-life and functionality of IgA half-life and functionality of IgA at mucosal surfaces 56 (Johansen and Kaetzel, 2011). The majority of IgA secreted into breast milk is SIgA 57 (Rogier et al., 2014).

58

In addition to protecting against infection (Gopalakrishna and Hand, 2020), SIgA is
important in shaping the development of the infant microbiota (Planer et al., 2016;
Rogier et al., 2014). In breast fed infants, milk is the predominant source of IgA in the
first month of life and in mice, lack of maternal IgA affects the development of the

63 microbiota (Gopalakrishna et al., 2019; Mirpuri et al., 2014; Rognum et al., 1992). Infant 64 formula, which lacks all immunoglobulins, is also associated with alterations in the infant 65 microbiota and increased rates of short and long-term diseases (Dixon, 2015; Oddy, 66 2017). Preterm infants are particularly susceptible to diseases related to improper 67 regulation of colonization by microbiota, like necrotizing enterocolitis (NEC) (Bode, 68 2018; Cortez et al., 2018; Neu and Walker, 2011; Nino et al., 2016; Warner and Tarr, 69 2016). The incidence of NEC is significantly increased in formula-fed preterm infants 70 and the promotion of milk feeding in these children has reduced the incidence of this 71 disease (Neu and Walker, 2011; Nino et al., 2016). In a cohort of milk-fed preterm 72 infants, we have demonstrated that in the days directly preceding the development of 73 NEC, there is a substantial reduction in the fraction of intestinal bacteria bound by 74 breast milk-derived IgA, that is not typically observed in infants who do not develop 75 disease (Gopalakrishna et al., 2019). The majority of IgA 'unbound' bacteria in preterm 76 NEC infants come from one family: *Enterobacteriaceae*, which has previously been 77 associated with the disease (Gopalakrishna et al., 2019; Pammi et al., 2017). Changes 78 to IgA binding of the infant microbiota could either be caused by a shift in the 79 composition of the microbiota or the anti-bacterial IgA reactivity of the breast milk. The 80 level of heterogeneity in milk-derived IgA between individuals and over time within one 81 mother is not well understood, but due to their intestinal origin(Lindner et al., 2015), the 82 anti-bacterial reactivity of human mammary gland-resident IgA-producing B cells is likely 83 to be highly individualized.

85 To measure the milk-derived anti-bacterial IgA response we have developed a flow 86 cytometric array that allows us to define the ability of antibodies to bind the surface of 87 different bacterial isolates. Using this array, we have identified significant heterogeneity 88 between different donors in the binding of bacterial isolates by milk-derived IgA. We 89 also observed isolate level variation in IgA binding, within donor samples, to closely 90 related taxa of *E. coli* and other species. In contrast to the inter-individual heterogeneity, 91 hierarchical clustering and Principal Component Analysis (PCA) of longitudinally 92 collected samples showed consistent clustering within donors, indicating that the anti-93 bacterial IgA reactivity of an individual is stable over the course of one infant. Analysis 94 of milk samples collected over sequential siblings also revealed stability in anti-bacterial 95 IgA reactivity, indicating that the B cells that secrete IgA into breast milk may be 96 maintained long-term. Finally, we demonstrate that Holder pasteurization, which is 97 commonly used to sterilize human donor milk, globally reduces bacterial binding by IgA. 98 Together our data indicates that the anti-bacterial reactivity of milk-derived IgA is 99 heterogeneous between individuals but also surprisingly stable, even over infants 100 separated by years of time. The temporal stability of breast milk-derived IgA reveals a 101 potential weakness of vertical antibody transmission, where maternal antibody 102 responses are uncoupled from infant intestinal bacterial colonization, potentially limiting 103 BrmIgA's protective effects against infection and NEC (Gopalakrishna et al., 2019).

104

105 **Results:**

106 Determining anti-bacterial IgA reactivity of breast milk using a flow cytometric

107 **array.**

108 Anti-bacterial IgA is predominantly specific to surface antigens and bacterial staining 109 techniques that use bacterial lysates are complicated by irrelevant antibody cross-110 reactivity against cytoplasmic proteins and nucleic acids (Slack et al., 2009). Therefore, 111 we modified an approach described by Slack and colleagues to measure anti-bacterial 112 IqA specificity of breast milk antibodies by flow cytometry (Moor et al., 2016; Slack et al., 2009). To negate non-specific signals associated with the non-IgA components of 113 114 breast milk we isolated SIgA via passage over a streptococcal Peptide M column. LDS-115 PAGE under reducing conditions of the Peptide M bound fraction revealed bands 116 roughly corresponding in size to Secretory Factor (~80kDa), IgA Heavy Chain (~60kDa) 117 and Light Chain (~30kDa) (Fig. S1A) (Sandin et al., 2002). J-chain (15kDa) is known to migrate slowly under LDS-PAGE electrophoresis and is the faint band running slightly 118 119 below the Light chain at ~25kDa (Fig. S1A) (Zikan et al., 1985). We confirmed by 120 Western blot that each of the four components of SIgA were enriched in the Peptide M 121 bound fraction (**Fig. S1B**). To determine the specificity of an IgA enriched breast milk 122 sample for bacterial surface antigens we incubated purified IgA samples on bacterial 123 isolates individually arrayed on a 96 well plate (Fig. 1A). Prior to flow cytometric analysis samples were normalized to rough protein content (280nm Absorbance), which 124 125 corresponds well to the concentration of IgA measured by ELISA (Fig. S1C). After 126 incubation with breast milk-derived IgA, bacteria are stained with a mixture of Syto BC 127 and fluorescently-labelled anti-human IgA. Syto BC is a mixture of bacterial cell wall

128 permeable dyes that allow us to discriminate bacteria from similarly sized debris on the flow cytometer (Fig. 1B). Syto BC⁺ bacteria can then be assayed for binding by breast 129 130 milk-derived IgA by assessing the relative fluorescence normalized to a background 131 control of the same bacteria stained only with anti-human IqA secondary antibody (Fig. 132 **1C**). Analysis of a dilution series of purified IgA samples revealed that the concentration of SIgA used to test bacterial binding (0.1mg/mL) was saturating for the bacteria tested 133 134 and thus was used as a standard concentration for all further experiments (Fig. S1D). 135 To control for non-specific binding of BrmIgA by bacteria we tested a monoclonal 136 antibody specific to HIV against our array and found only very minimal binding, 137 indicating that our array is measuring anti-bacterial IgA responses (Fig. 1C)(Yu et al., 138 2013). Further, binding of BrmIgA to a soil bacterium *Bradyrhizobium japonicum*, 139 demonstrated marginal signal, indicating that the breast milk-derived IgA response is 140 focused on bacterial taxa that commonly colonize humans (Fig. 1D)(Haas et al., 2011). 141 142 Heterogeneity in the breast milk-derived anti-bacterial IgA reactivity. 143 After delivery the infant microbiota goes through three main stages (Reyman et al.,

2019). First, the infant intestine becomes colonized by common facultative anaerobic
bacteria such as *Enterobacteriaceae* and *Enterococcaceae*. Within the next four weeks
these bacteria will be supplanted as the dominant taxa by *Bifidobacteria*, which use
Human Milk Oligosaccharides as a food source. Six months later, approximately
coinciding with the introduction of solid food, there is another switch towards anaerobic *Firmicutes* and *Bacteroidetes* that assist with the digestion of complex carbohydrates.
BrmlgA likely contributes to shaping microbiota colonization at all of these stages, but is

151 particularly important for controlling the early bacterial colonizers that comprise the first 152 stage when infants don't make their own IgA (Gopalakrishna et al., 2019; Koch et al., 153 2016: Mirpuri et al., 2014: Rognum et al., 1992). Indeed, mouse pups fed by dams that 154 lack IgA production or secretion are colonized with facultative anaerobes such as 155 Enterobacteriaceae and Pastereurellaceae longer than IgA-secreting controls (Mirpuri et 156 al., 2014; Rogier et al., 2014). Regulation of early colonizing bacteria is especially 157 relevant to preterm infants where increased Enterobacteriaceae and in particular IgA-158 free Enterobacteriaceae is associated with the development of Necrotizing Enterocolitis (NEC) (Gopalakrishna et al., 2019; Pammi et al., 2017). Thus, when designing the 159 160 bacterial array for analyzing the anti-bacterial reactivity of breast milk-derived IgA, we 161 focused on facultative anaerobes, such as *Enterobacteriaceae*, that dominate early 162 infant bacterial colonization. Our array contained 36 individually grown and plated 163 bacterial isolates from 13 different genera that represent the major taxa commonly 164 found in the intestine of preterm infants. All donor samples were normalized for the input 165 concentration of IgA. Analysis of the anti-bacterial IgA responses from 33 donors 166 revealed a substantial amount of heterogeneity, with no two donors being identical (Fig. 167 **2A**). Thus, individualized differences in the IqA⁺ B cell population of the intestine driven 168 by distinct infection and microbiota experiences likely lead to similar heterogeneity in the 169 breast milk (Bunker et al., 2017; Hapfelmeier et al., 2010; Lindner et al., 2015; Zhang et 170 al., 2017). Comparative analysis of the normalized magnitude of BrmIgA across all 171 bacterial isolates revealed that rather than particular donors making universally strong or weak responses against all bacterial isolates, there was substantial heterogeneity in 172 173 donor binding from bacterial isolate to isolate (Fig. 2A-B). The magnitude of IgA binding

174 to different bacterial isolates was also evenly distributed, where normalized IgA binding 175 for most isolates shared a similar standard deviation (~1 to 5), though some donors had 176 exceptionally strong binding to different *Staphlyococcus* isolates (**Fig. 2B**). Conversely, 177 some bacterial isolates (Serratia marcesesens 855, Proteus mirabilis, Lactobacillus 178 casei) were bound by BrmIgA from few donors (Fig. 2B). The heterogeneity of anti-179 bacterial IgA reactivity was also demonstrated by comparison of BrmIgA responses to 180 related isolates of E. coli where the magnitude of response to each isolate of E. coli was 181 highly individual to the donor and could vary more than 5-fold (Fig. 2C). Species and 182 isolate level heterogeneity was also evident in responses against Staphylococcus, 183 Serratia, Klebsiella and Enterococcus (Fig. 2A-B). Despite this evident heterogeneity, 184 we wanted to measure whether any of the anti-bacterial IgA responses were correlated, 185 such that response to one bacterium would be predictive of another. To test this 186 possibility, we used correlation network analyses to identify statistically significant 187 pairwise relationships between different bacteria isolates (Ackerman et al., 2018; 188 Suscovich et al., 2020). These analyses focus on the most significant pairwise 189 correlations of IgA binding profiles across the different bacterial isolates and revealed 190 substantial interconnection and correlated responses specific to Enterobacteriaceae 191 isolates (Fig. 2D). This finding is consistent with a previous discovery of a high degree 192 of Enterobacteriaceae cross-reactivity in blood-derived human IgA clones, due to 193 reactivity to shared surface molecules, such as lipopolysaccharide (Rollenske et al., 194 2018). To gain a more comprehensive understanding of global relationships in IgA 195 binding profiles across bacterial isolates, we visualized all pairwise correlations in a 196 heatmap (Fig. 2E). The correlation heatmap showed two clear blocks – one composed

197 entirely of Enterobacteriaceae involving highly correlated profiles, and the other

- involving relatively uncorrelated profiles. There were no strong correlations discovered
- amongst Gram Positive bacteria, even when comparing isolates of the same bacterial
- species (Fig. 2D-E). Taken together, our data indicates that even though anti-
- 201 Enterobacteriaceae IgA responses are common and broad, the breast milk-derived anti-
- 202 bacterial BrmIgA response is quite heterogeneous from person to person.
- 203 Heterogeneity in anti-bacterial IgA may be important to newborns where IgA binding (or
- 204 lack thereof) to infant intestinal bacteria can regulate bacterial colonization.
- 205

Heterogeneity in the breast milk-derived anti-bacterial IgA reactivity from donors who delivered preterm infants.

208 It is not known when during pregnancy-induced mammary gland (MG) development that 209 B cells traffic from the intestine to the MG. In mice it predominantly occurs late in gestation or even after delivery, whereas in pigs it occurs maximally in the 2nd trimester 210 (Langel et al., 2019; Roux et al., 1977). If B cell traffic to the MG during the 3rd trimester 211 212 is required for optimal breast milk IgA secretion in humans, preterm delivery, which often occurs at the transition between the 2nd and 3rd trimesters, may affect the level 213 214 and specificity of breast milk-derived IgA. Comparison of the concentration of IgA from 215 milk samples derived from preterm mothers (Gestational age 24-35 weeks) and term 216 (>37 weeks) samples revealed no significant difference (Fig. 3A). Further, BrmlgA 217 isolated from preterm milk samples phenocopied term milk samples with regard to 218 heterogeneity within the anti-bacterial reactivity (Fig. 3B-C). Finally, PCA could not 219 separate term and preterm samples on the basis of the anti-bacterial binding reactivity,

indicating that, by the metrics of IgA concentration in the milk and anti-bacterial binding,

221 preterm and term BrmIgA are effectively indistinguishable (**Fig. 3D**).

222

223 Temporal stability of anti-bacterial maternal IgA reactivity within one

224 childbirth/infant.

225 The concentration of all proteins, including BrmIgA, is highest in colostrum and then 226 recedes to a stable point after the transition into mature milk, but whether this shift is 227 associated with changes in the anti-bacterial reactivity of BrmIgA is not known. For 228 example, whether B cells traffic in and out of the mammary gland during lactation, thus 229 changing BrmIgA reactivity, is not well understood. We tested the stability of the anti-230 bacterial BrmIgA reactivity of various milk donors throughout their lactation periods, 231 testing samples from each of the stages (colostrum, transitional, mature). All samples 232 were normalized for the input concentration of IgA, which is critical to account for the 233 increased level of IgA in colostrum. Hierarchical clustering of the longitudinal samples 234 from the seven donors revealed that in general, samples captured from the same donor 235 over long periods of time generally clustered together, indicating that they resemble 236 other samples from the same donor more than they resemble samples from another 237 donor (Fig. 4A). Longitudinal comparison of the magnitude of the IgA response against 238 each bacterial isolate also revealed no generalizable trend towards increased or 239 decreased anti-bacterial IgA binding as samples transitioned from colostrum/ 240 transitional milk to mature milk (**Fig. S2**). Graphical depiction of the magnitude of the 241 response against each bacterial isolate also revealed 'clustering' of samples within 242 donor groups (Fig. 4B; each donor is one color). Finally, PCA analysis demonstrated

that the collections of samples from different donors generally formed distinct clusters
(Fig. 4C and D). Similar to data captured from individual mothers of term and preterm
infants (Fig. 2 and 3), longitudinal samples show significant heterogeneity between
donors. Thus, while the anti-bacterial BrmIgA reactivity of each donor is distinct, within
each mother, the anti-bacterial antibodies and perhaps mammary gland resident B cells
are stable.

249

250 Relative stability of the breast milk anti-bacterial IgA through siblings

251 During pregnancy, B cells are induced to traffic from the small intestine and Peyer's 252 Patches to the mammary gland (Lindner et al., 2015; Ramanan et al., 2020; Wilson and 253 Butcher, 2004). In contrast to vaccine-specific B cells, microbiota-specific plasma B 254 cells in the small intestine are believed to be replaced at a high rate and thus we 255 hypothesized that the anti-bacterial reactivity of BrmIgA might shift substantially 256 between sequential childbirths (Bemark et al., 2016; Hapfelmeier et al., 2010; 257 Landsverk et al., 2017). To test this hypothesis, we acquired samples from a single 258 donor over sequential infants and analyzed for changes in their anti-bacterial reactivity. 259 Hierarchical clustering of these samples revealed that they clustered together and that samples captured after the 2nd childbirth were more similar to the previous sample from 260 261 the same individual than any other donor (Fig. 5A). PCA analysis confirmed the 262 similarity of samples from sequential infants (Fig. 5B; comparison of the location of the 263 same colored circles and triangles). There were individualized changes in IgA binding to 264 different bacterial isolates between infants, but no generalizable bacterial isolate-265 specific trends were detected in the dataset between siblings (**Fig. 5A**). However,

266 paired analysis of each multi-infant couplet comparing the mean change in anti-IgA 267 binding across all of the isolates revealed that for the majority of donors anti-bacterial 268 binding increased (6/10: upward pointing triangles) or stayed the same (2/10: circles) from the 1st childbirth to subsequent childbirths (Fig. 5C and Fig. S3). Thus, we have 269 270 observed that even between childbirths there is some stability in the anti-bacterial 271 reactivity, implying either that B cells can permanently reside in the mammary gland 272 outside of periods of lactation, or alternatively that the same or similar B cells are 273 trafficking from mucosal sites during each pregnancy. 274 275 Holder Pasteurization reduces the bacterial binding properties of breast milk-276 derived IgA 277 Increasingly, donor milk is being used as a substitute for Mother's Own Milk (MOM) 278 (Haiden and Ziegler, 2016). Donor milk has been shown to provide some of the benefits 279 of MOM, including a reduction in the incidence of NEC, compared to formula-fed infants 280 (Boyd et al., 2007; Canizo Vazquez et al., 2019; Miller et al., 2018; Quigley et al., 2018). To prevent the transfer of potentially pathogenic bacteria, donor milk is pasteurized by 281 282 the Holder method (62.5°C for 30 minutes). An unfortunate consequence of Holder 283 pasteurization is the denaturation of proteins and a reduction in the function of many of 284 the immunological components of breast milk (Adhisivam et al., 2018). Secretory IgA is 285 particularly stable, but it has been estimated that ~13-62% of IgA is lost by Holder 286 Pasteurization (Adhisivam et al., 2018; Lima et al., 2017; Peila et al., 2016). Here we 287 split four donor samples in two and compared IqA concentrations and anti-bacterial IqA 288 binding between raw control and Holder pasteurized samples. ELISA for the

- concentration of IgA before and after pasteurization revealed a 2-3-fold drop in the
- 290 concentration of IgA, consistent with published literature (Fig. 6A). Critically, after
- 291 normalizing for protein content between paired pasteurized and control samples we still
- 292 detected an additional reduction in BrmIgA anti-bacterial binding responses to most
- isolates assayed (Fig. 6B). Thus, Holder pasteurization reduces both the amount and
- anti-bacterial binding capability of breast milk-derived IgA.

296 Discussion

Here we demonstrate that the anti-bacterial reactivity of IgA in breast milk is
heterogeneous between individuals but stable over time, both within one infant and over
multiple childbirths. We did not find any appreciable difference in IgA content or
functionality between preterm and term mothers. Additionally, we found that Holder
pasteurization generally reduces the ability of breast milk-derived BrmIgA to bind
bacteria, regardless of the identity of the bacteria.

304 A limitation of our study is the lack of obligate anaerobic bacteria within our flow 305 cytometric array. We focused upon the facultative anaerobes that dominate the early 306 colonization period of the infant because there is evidence that this is a critical time 307 when BrmIgA is necessary to control microbiota colonization (Gopalakrishna et al., 308 2019; Mirpuri et al., 2014; Rognum et al., 1992), and that failure to control facultative 309 anaerobes (Enterobacteriaceae, Enterococcaceae, Streptococcaceae etc.) is related to 310 the development of NEC and other infant diseases (Flannery et al., 2021; Lin et al., 311 2022; Olm et al., 2019; Warner and Tarr, 2016). Obligate anaerobes are also problematic substrates for our flow cytometric array, which requires multiple staining 312 313 and centrifugation steps difficult to perform in an anaerobic chamber and we are 314 concerned that exposure to oxygen might kill or modify the bacteria leading to 315 misleading results.

316

317 It is not surprising that each donor in our study possessed a distinct collection of anti-318 bacterial antibodies as this is likely the result of distinct life histories with regard to

319 gastrointestinal infection and microbiota composition. Interestingly, we observed 320 differences in the ability of individual donors to bind different isolates from the same 321 species of bacteria. T cell-dependent IgA producing B cells are more likely to be 322 targeted to bacterial surface proteins and less likely to be specific to repetitive structures 323 on the bacteria's surface. Thus, our findings support the hypothesis, derived from 324 experiments in mice, that the majority of mammary gland resident IgA-producing B cells 325 are the product of T cell-dependent activation (Bunker et al., 2017). We hypothesize 326 that the specificity of milk-derived IgA is skewed towards heterogeneous surface 327 proteins that differ between isolates of the same species, contributing to isolate level 328 heterogeneity in IgA binding. Non-proteinaceous antigens (such as LPS) are also 329 incredibly diverse in different bacterial isolates and are likely to contribute to the 330 heterogeneity of breast milk-derived anti-bacterial reactivity. Conversely using network 331 analyses, we do see some evidence of correlation between breast milk-derived anti-332 bacterial IgA responses directed against various *Enterobacteriaceae* family bacteria. 333 Perhaps Enterobacteriaceae share surface structures to a greater degree than other 334 bacteria we tested in our array, increasing the likelihood of IgA cross-reactiviy 335 (Rollenske et al., 2018). It is possible that if we expanded the numbers of Gram Positive 336 bacteria in the array that we would see more evidence of cross-reactivity, but we should 337 note that amongst six isolates of Staphylococcaceae we observed no correlation in 338 antibody responses.

339

In contrast to the heterogeneity that we observed between donors, we observed little
heterogeneity in samples captured at different stages (from the same donor). This

indicates that B cells may become established in the developing mammary gland and 342 343 do not turn over to a substantial degree over the course of one infant. Indeed, the same 344 B cell clones can be identified in breast milk samples over multiple timepoints (Bondt et 345 al., 2021). This is important and underscores a key limitation of vertical antibody 346 transmission into infants, which is that the maternal IgA response is physically separate 347 from the target of its protective effect (infant's intestine) and thus it does not respond to 348 either bacterial or viral colonization of the infant. This is highly relevant to diseases 349 common to preterm infants such as NEC and sepsis, where IgA present in breast milk 350 may help prevent invasion by the nascent microbiota (Gopalakrishna et al., 2019). 351 However, our results indicate that in some circumstances BrmIgA might not bind all 352 infant intestinal bacteria and these 'holes' in anti-bacterial reactivity would persist 353 throughout the breast feeding period, allowing unbound bacteria to proliferate and 354 colonize more effectively. Previously, we observed a drop in IgA binding of 355 Enterobacteriaceae that proceed the development of NEC (Gopalakrishna et al., 2019) 356 and our new data implies that this observation is due a shift in the microbiota to escape 357 maternal IgA and not change in the anti-bacterial IgA reactivity of the milk. Thus, for 358 particularly at-risk preterm infants, it may be helpful to supplement breast milk with IgA 359 known to bind the bacteria best associated to diseases like NEC.

360

We also observed that the anti-bacterial reactivity of BrmIgA was stable within one donor over multiple childbirths. This is somewhat surprising because the microbiotaspecific B cells that populate the mammary gland traffic from the intestine and IgA producing B cells in the intestine are believed to turn over at a high rate (Hapfelmeier et

365 al., 2010). Therefore, each pregnancy should lead to the deposition of new B cells and 366 shifts in the anti-bacterial reactivity of BrmlgA. Our results demonstrated that BrmlgA 367 reactivity from samples collected from one donor over several years and different 368 infants looked more similar to each other than to any other donor, implying that either 369 intestinal IqA-producing B cells are more stable than previously thought (Bemark et al., 2016), or that once established in the breast tissue, B cells can remain, even after 370 371 lactation has been completed. In support of this idea, the majority of donors saw their 372 responses either stay the same or improve in subsequent pregnancies. Whether B cells 373 reside in mammary glands outside of the period of lactation and can be re-activated 374 upon a subsequent pregnancy is testable in rodent models.

375

376 Feeding preterm infants human milk is well described to reduce the incidence of NEC 377 compared to infant formula. Often for preterm infants, the mother's milk production is 378 insufficient and thus it is becoming more common to supplement the infant diet with 379 pasteurized donor milk. Whether donor milk is as effective as Mother's Own Milk (MOM) 380 for protecting against NEC has not been conclusively determined (Quigley et al., 2018). 381 Here we demonstrate that pasteurization reduces the both the amount of IgA in breast 382 milk and the ability of BrmIqA to bind bacteria. Thus, if IqA is important for the 383 effectiveness of donor milk in reducing NEC, one might suspect that donor milk would 384 be less effective. Holder pasteurization also negatively affects other antibacterial 385 proteins such as Lactoferrin, which could also reduce donor milk's effectiveness (He et 386 al., 2018; Pammi and Suresh, 2017). However, there are mitigating factors that might 387 lessen the effects of pasteurization. First, donor milk provided to Neonatal Intensive

388 Care Units is often a mixture of multiple donors, which almost certainly broadens the 389 anti-bacterial reactivity, which could be beneficial. Second, we don't actually know what 390 the minimum functional amount of IgA binding to bacteria that is required to modulate 391 intestinal colonization, partially because we do not fully understand the mechanism by 392 which BrmIgA functions (Hand and Reboldi, 2021; Pabst and Slack, 2020; Yang and 393 Palm, 2020). Finally, Human Milk Oligosaccharides, which shift the neonatal microbiota 394 by increasing Bifidobacteria, are almost completely unaffected by pasteurization and 395 very likely contribute to both preventing NEC and promoting a healthy infant microbiota 396 (Bode, 2018). 397 398 Taken altogether we have demonstrated that there is substantial heterogeneity in the

anti-bacterial reactivity of breast milk-derived IgA. We contend that this knowledge will
serve as an important starting point for future studies on how binding by BrmIgA (or lack

401 thereof) of newly colonizing bacteria shapes their ability to invade the infant intestine.

403 Materials and Methods:

404 <u>Study Design:</u>

405 Research objectives: Our objective was to identify the heterogeneity (or lack thereof) of

406 breast milk derived IgA in response to common bacteria that colonize infants early after

407 birth (in particular preterm infants).

408

409 *Research subjects:* De-identified milk donors from the Mid Atlantic Mother's Milk bank

410 (Pittsburgh, PA) and or Mommy's Milk Human Milk Research Biorepository (San Diego,

411 CA).

412

413 *Experimental Design:* We analyzed the anti-bacterial IgA reactivity with a custom

414 bacterial flow cytometric array which we designed in our lab laboratory specifically for

this purpose and is described in detail in both Figure 1 and below in the methods

416 section. No randomization or blinding was used for this study.

417

Sample size: Since this was a discovery project and we really did not know the level of
heterogeneity present within the breast milk-derived anti-bacterial IgA reactivity we did
not perform a power analysis.

421

Data inclusion and exclusion: All samples that we acquired were analyzed, except
samples where the IgA concentration was too low. In some cases, specific wells were
omitted from our analysis if the number of bacteria in the well was insufficient for

425 analysis (mostly *M. nonliquefaciens*). No outliers were excluded. All acquired data is
426 included in our analyses.

427

428 Replicates: Samples were processed and analyzed over many weeks and consistent 429 flow cytometric measurements (though heterogeneous between samples) were an 430 important internal control that was continuously assessed. During the development of 431 our methodology we repeated IgA/bacterial binding assays on consecutive days with 432 the same milk-derived IgA samples and bacterial isolates to confirm that the staining 433 was repeatable. 434 435 436 Samples and Protocols: 437 Human Donor Milk Samples 438 The human study protocol was deemed 'Not Human Research' by the Institutional 439 Review Board (Protocol number PRO19110221) of the University of Pittsburgh. The 440 majority of the de-identified donor maternal milk was acquired from the Mid-Atlantic 441 Mothers Milk Bank DBA Human Milk Science Institute and Biobank of Pittsburgh, 442 Pennsylvania. We acquired de-identified maternal milk collected over multiple 443 childbirths (dyads) from Mommy's Milk Human Milk Research Biorepository of San

Diego, California. All donor milk samples were stored at -80° C.

445

446 Donor metadata

Cohort	Term (PA)	Preterm	Longitudinal	Two infants	Pasteur-	
		(PA)	(PA)	(CA)	ization	

		1	ń	1	r.
					(PA)
Donor age (Years)	32.5+/-4.2 (29-40) (unknown for 11 donors)	32.5+/-4.5 (19-38)	33.7+/-4.3 (29- 40) (unknown for 1 donor)	31.7+/-3.9 (22-39) (includes age at 1 st and 2 nd infant)	30.5+/-8.3 (19-39)
Est. Gest. age of infant at delivery (Weeks)	39.6+/-+1.1 (37-41)	30.7+/-3.1 (25-35)	37.9+/-3.4 (32- 41)	38.2+/-3.4 (25-42) (includes both infants)	36.5+/-4.4 (30-39)
Time post- delivery of sample collection (Days)	74.9+/-79.6 (14-276)	55.6+/- 100.3 (4- 330)	18+/-11.2 (3- 42)	258.3+/-157.6 (44-688) (includes both infants)	7.5+/-1 (7- 9)
Race of donor	100% Caucasian	93% Caucasian 7% Black	100% Caucasian	20% Caucasian 40% Black 40% Asian	100% Caucasian
Ethnicity of donor	Unknown	Unknown	Unknown	40% Hispanic	Unknown

447 Errors (+/-) represent the Standard Deviation. Number in brackets indicate range.

448 Metadata was not collected from all donors, as indicated. (PA = samples from

449 Pittsburgh, PA; CA = samples from San Diego, CA)

450

451 Immunoglobulin A Extraction

To extract the IgA from milk, the donor milk was thawed at 4°C and 2mL of the maternal

453 milk was placed in a 2ml Eppendorf tube. To separate the whey protein from the fat, the

454 maternal milk was centrifuged at 16,000g for 5 mins at 4°C. The fat formed a layer at

the top of the tube and the cells at the bottom of the tube. The whey protein was

separated from the fat by carefully pipetting and filtering through a 0.22µm syringe filter,

457 followed by washing the 0.22µm syringe filter with 500µL of wash buffer [Phosphate

458 Buffered Saline (PBS)]. The filtered sample was then passed through a gravity flow

459	column containing peptide M agarose after equilibrating the column with PBS. The
460	sample was allowed to completely enter the matrix. The columns were washed with
461	20ml of 1X PBS. The column was then eluted with 10 mL elution buffer (0.1 M glycine,
462	pH 2-3). 10ml of 1 M Tris with pH of 7.5 was used to neutralize the solution. The 20 mL
463	sample was concentrated using a protein concentrator , by centrifugation of the column
464	at 3000g for 20 min at 4° C. The concentrated sample was collected in 1.5 mL
465	Eppendorf tubes and stored at -80° C.
466	
467	Immunoglobulin A Quantification
468	Prior to running IgA samples on our array protein content was estimated via
469	measurement on a Nanodrop UV Spectrophotometer. The concentration of IgA in each
470	sample was measured by ELISA (Abcam) according to the manufacturer's directions.
471	

472 Protein separation and detection

473 Various fractions of either protein (pre and post-Peptide M column) were loaded onto a gradient acrylamide gel (4-15 %) and separated by LDS-page electrophoresis prior to 474 475 staining with Coomassie Blue stain. Alternatively, proteins separated by weight were 476 transferred onto nitrocellulose membranes and identified by Western Blotting. Membrane blocking and primary antibody staining was performed in TBS-Tween (X%) 477 with the addition of powdered milk (anti-IgA Heavy Chain 1:10,000, Abcam; anti-Light 478 479 Chain (kappa) 1:1000, Abcam; anti- J chain 1:500, ThermoFisher; anti-Secretory Factor 480 1:400, Abcam)

481

482 Bacterial Cultures and Flow cytometric Array development

483	We identified 13 genera commonly found within preterm infants and identified strains
484	within the University of Pittsburgh community and ATCC collection that would be
485	representative of the preterm infant microbiota. Bacteria were grown according to
486	guidelines provided by ATCC or the providing investigator (see chart below),
487	approximately 18-42 hours. The bacteria were diluted two-fold (1:2) to measure OD.
488	1mL of bacterial stock was then added to 1.5 mL eppendorf tube. The Eppendorf tube
489	was centrifuged at 8,000g for 5 minutes and washed with 1 mL sterile 1X PBS twice.
490	The supernatant was removed and re-suspended with 1 mL of sterile 1X PBS. The
491	bacteria was then diluted to make the final concentration of 8 x 10 ⁷ /mL Colony Forming
492	Units (CFU). To preserve the integrity of the bacteria during freezing process 100μ L of
493	glycerol was added to the dilution (1:10). $27\mu L$ of the bacteria and glycerol mixture was
494	then added to 2 wells each in a 96-well U-bottom plate, as experiment and control. The
495	plates (containing 36 samples) plates are then stored at -80° C.

Bacterial Isolate	Source	Growth Media
<i>Citrobacter rodentium</i> 51459	American Type Culture Collection (ATCC)	Luria Bertani (LB) broth
Enterobacter aerogenes K457	R. Kowalski (University of Pittsburgh; PITT)	LB
<i>Enterobacter cloacae</i> K1535	R. Kowalski PITT	LB
Escherichia coli (E. coli) 587	L. Harrison/J. March PITT	LB
E. coli 596	L. Harrison/J. March PITT	LB
<i>E. coli</i> 605	L. Harrison/J.	LB

	March PITT	
E. coli 909 (K746)	R. Shanks PITT	LB
<i>E. coli</i> 910 (K1671)	R. Shanks PITT	LB
<i>E.coli</i> 4185 (EC100D)	R. Shanks PITT	LB
E. coli 2A	R. Longman	LB
	(Weill Cornell)	
E. coli ECMB	Y. Belkaid	LB
	(NIH); Hand	
	(PITT)	
<i>E. coli</i> ECT5	Y. Belkaid	LB
	(NIH); Hand	
	(PITT)	
<i>E. coli</i> CUMT8	K. Simpson	LB
	(Cornell	
	University)	
S. typhimurium	Y. Belkaid	LB
(SL3261)	(NIH); Hand	
	(PITT)	
Enterobacter spp.	M. Good (UNC	LB
(NEC)	SofM)	
K. aerogenes 13048	ATCC	LB
<i>K. oxytoca</i> 43165	ATCC	LB
K. oxytoca K405	R. Kowalski	LB
	PITT	
K. pneumoniae	Y. Belkaid	Tryptic Soy
	(NIH); Hand	Broth (TSB)
	(PITT)	
Serratia marcesens 855	R. Shanks PITT	LB
Serratia marcesens	R. Shanks PITT	LB
853		
Proteus mirabilis	R. Kowalski	LB
	PITT	
Proteus vulgaris	R. Kowalski	LB
- C	PITT	
Pseudomonas	Y. Belkaid	LB
aeruginosa 01	(NIH); Hand	
Ŭ	(PITŤ)	
Moraxella	R. Kowalski	LB
nonliquefaciens E542	PITT	
Lactobacillus casei	ATCC	Lactobacilli
39539		MRS Broth
Streptococcus	ATCC	Brain Heart
agalactiae BAA-2675		Infusion Broth
		(BIH
Staphylococcus	Y. Belkaid	TSB

aureus CT1	(NIH); Hand (PITT)	
Staphylococcus captitis 1931 (B1379)	R. Shanks PITT	LB
Staphylococcus epidermidis NIHLM087	Y. Belkaid (NIH)	Todd Hewitt Broth
Staphylococcus epidermidis NIHLM088	Y. Belkaid (NIH)	Todd Hewitt Broth
Staphylococcus epidermidis 247 (NARSA101)	R. Shanks PITT	LB
Staphlyococcus saprophyticus 481 (E751)	R. Shanks PITT	LB
<i>Enterococcus faecalis</i> 2649 (E286)	R. Shanks PITT	LB
<i>Enterococcus faecalis</i> 19433	ATCC	BHI
<i>Enterococcus faecium</i> BAA-2946	ATCC	Lactobacilli MRS Broth
Bradyrhizobium japonicum	ATCC	Yeast Mannitol Broth

497

498 Bacterial Flow Assay

499	The bacterial plates, stored at -80°C were thawed at room temperature and washed
500	twice (Swinging bucket centrifuge: 4,000 RPM for 5 minutes) with $200\mu L$ wash buffer
501	[0.5% Bovine Serum Albumin (Sigma) in PBS-filtered through a 2.2 μ m filter]. The
502	concentrated IgA from breast milk samples was thawed at 4°C and normalized to
503	0.1mg/ml by diluting the sample with sterile PBS. 25 μ L of the normalized IgA with 25 μ L
504	of sterile 1X PBS was added to all the bacteria in the experimental wells. For controls,
505	50µL of sterile PBS was added. The plate was incubated for one hour in the dark on ice.
506	After incubation, the plate was washed twice with $200\mu L$ wash buffer (4,000 RPM for 5
507	minutes). All the wells in the 96-well plate were then stained with 50μ L secondary

508 antibody staining mixture of Syto BC [(Green Fluorescent nuclear acid stain, Life 509 Technologies (1:400)], APC Anti-Human IgA [Anti-Human IgA APC (Miltenvi Biotec 510 clone REA1014, (1:50)], and blocking buffer of Normal Mouse Serum [ThermoFisher 511 (1:10)]. The stained samples were incubated in the dark for an hour on ice. Samples 512 were then washed three times with 200µL of wash buffer before flow cytometry analysis 513 on the LSRFortessa-BD Biosciences. 514 515 For every donor we ran a separate plate that was stained only with the Syto BC/ APC 516 anti-human IqA mix. These control samples are used as background fluorescence 517 controls to establish positive binding signals and normalize samples collected on 518 different days. 519 520 521 **Quantification and Statistical Analysis** 522 Flow Cytometry 523 All the data from flow cytometry was collected on a LSR Fortessa flow cytometer from 524 BD Biosciences. The raw data was analyzed through the software FlowJo V10.4.2 525 (FlowJo, OR, USA). All samples were normalized according to the following formula: 526 Log2 [(Geometric mean fluorescence intensity (gMFI) breast milk-derived IgA stained

- sample/ (gMFI of bacteria stained only with anti-human IgA APC antibody). Negative
- values (where the control has greater fluorescence than stained) are set to zero.

529

530 Principal Component Analysis

531	Principal Component Analysis (PCA) plots were made using available R packages
532	(ggplot2) and displays similarities in the percent binding of each donor sample to each
533	bacterial taxon. Confidence ellipses demonstrate distinct groups based on multivariate t
534	distribution.
535	
536	Correlation Network Analyses
537	We computed and visualized all pairwise Pearson correlations (of IgA binding profiles
538	across bacterial isolates) in a heatmap using R. Significant correlations were defined
539	using an effect size threshold of $ r >0.7$ and an FDR (<i>P</i> value adjusted for multiple
540	comparisons using Benjamini-Hochberg multiple testing correction) threshold of < 0.05.
541	The significant correlations were visualized as a network using Cytoscape.
542	
543	Statistical Tests and analysis software
544	Heat maps were created using the MORPHEUS software tool (Broad Institute,
545	Cambridge, MA). Hierarchical clustering by Spearman correlation. Samples collected
546	over multiple infants were compared by either a standard or paired Student's t-test
547	(GraphPad PRISM 9).
548	
549	
550	Summary of supplemental material: Three supplemental figures. Fig. S1 describes
551	experiments related to the purification and quality control of IgA isolated from breast
552	milk. Fig. S2 indicates the heterogeneity in BrmIgA anti-bacterial responses from

- 553 longitudinally collected samples. Fig. S3 displays paired analysis of infant dyads who
- share a mother where we collected milk samples used to feed both infants.
- 555
- 556

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578	Enterocolitis.

- 579
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- 581 Bodkin and T.W. Hand conceptualized the project, developed the methodology and
- designed the experiments. C.B. Johnson-Hence, K. P. Gopalakrishna, K.E. Coffey,
- 583 Y.A. Sosa, D. Bodkin, D.A. Abbott, A.T. Rai and J.T. Tometich performed the
- experiments. C.B. Johnson-Hence, D. Bodkin, A.H.P. Burr, S. Rahman, J. Das and
- 585 T.W. Hand analyzed the data. C.B. Johnson-Hence and T. W. Hand wrote the

586 manuscript.

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- 779
- 780

782 Figure Legends

783 Figure 1 – A flow cytometric array for measuring the anti-bacterial specificity of

784 breast milk-derived IgA.

- A) Design of the flow cytometric array. Made with BioRender.com
- 786 **B)** Examples of SYTO BC⁺/SSC^{Dim} staining used to discriminate bacteria from
- 787 debris/bubbles in the flow cytometer (control is empty well stained with SYTO BC).
- 788 Numbers represent the percent of events inside the gate.
- 789 **C)** Examples of the magnitude of anti-bacterial IgA binding detected in our array
- comparing two donors (9 and 10) that differ in their anti-bacterial IgA responses. The
- bottom row shows the reactivity of an anti-HIV IgA antibody against the same bacterial
- isolates. Numbers in red represent the gMFI of that sample.
- 793 D) Breast milk-derived IgA reactivity, from several donors (as indicated) against the
- 794 environmental bacteria *Bradyrhizobium japonicum*.
- 795

796 **Figure 2 – Heterogeneity in the anti-bacterial reactivity of breast milk-derived IgA.**

- 797 Donor milk samples (term infants; >37 weeks gestational age) were analyzed with our
- 798 flow cytometric array (**1A**).
- A) Heat map of normalized anti-bacterial IgA binding affinity of different donors.
- 800 Hierarchical clustering (Spearman). The range of the normalized values across each
- 801 row is indicated on the left hand column.
- 802 **B)** Scatter graph showing the normalized anti-bacterial IgA binding values for each
- 803 donor (each color represents a different donor).

- 804 **C)** Scatter graph of the normalized BrmIgA binding to different isolates of *E. coli*
- separated according to donors selected from the analysis in (2A).
- 806 **D-E)** A correlation network analysis was performed to describe which anti-bacterial IgA
- 807 responses were predictive.
- 808 D) Network diagram indicating significantly correlated anti-bacterial IgA responses.
- **E)** Heat map indicating the level of correlation between different bacteria in our array.
- 810 Black box drawn around *Enterobacteriaceae* family taxa.
- 811
- 812 Figure 3 Heterogeneity in the breast milk-derived anti-bacterial IgA reactivity
- 813 from donors who delivered preterm infants.
- 814 Donor milk samples (preterm infants; 24-35 weeks gestational age) were analyzed with
- 815 our flow cytometric array (**1A**).
- A) Bar graph showing the concentration of IgA purified from donor milk samples from
- 817 mothers of term and preterm infants (ELISA).
- 818 **B)** Heat map of normalized anti-bacterial binding affinity of different preterm donors.
- 819 (Spearman). Samples where no data was collected due to insufficient bacteria in the
- 820 well are colored grey.
- 821 **C)** Scatter graph showing the normalized anti-bacterial IgA binding values for each
- 822 preterm donor (each color represents a different donor).
- **D)** Principal Component Analysis (PCA) comparing aggregate anti-bacterial IgA binding
- 824 between preterm and term samples.
- 825

826 Figure 4 - Temporal stability of anti-bacterial maternal IgA reactivity within one

827 childbirth/infant.

- 828 Multiple milk samples were collected from different donors over time and analyzed with
- 829 our flow cytometric array (**1A**).
- A) Heat map of normalized anti-bacterial binding affinity of different donors. Hierarchical
- 831 clustering (Spearman) of various donors is indicated by colored bars above and below
- the heatmap. Date of collection indicated on heatmap: D##, where the number is days
- 833 post-delivery)
- **B)** Scatter graph showing the normalized anti-bacterial IgA binding values for each
- sample from longitudinally collected donors (each color represents a different donor;
- 836 from **4A**).
- 837 **C-D)** PCA of the aggregate anti-bacterial IgA binding of longitudinally collected samples.

838 Each donor colored as in **4A**.

- 839 C) PCA of individual longitudinally collected samples where symbols indicate the time of
- 840 collection (week post delivery).
- **D)** PCA from **C** where ellipses indicate the maximum variance for each donor cluster
- along each axis. No ellipses are drawn for samples where fewer than four samples wereavailable.
- 844

Figure 5 – Stability of the breast milk-derived anti-bacterial IgA reactivity through

- 846 sibling infants.
- 847 Breast milk samples were collected from consecutive siblings and analyzed with our
- 848 flow cytometric array (**1A**).

A) Heat map of normalized anti-bacterial binding affinity of different donors. Hierarchical

850 clustering (Spearman) of various donors is indicated by colored bars above and below

851 the heatmap that correspond to each donor.

B) PCA of aggregate anti-bacterial samples where each donor is displayed in a different

color (from **5A**). The first sibling is indicated by a circle and the second sibling a triangle.

- 854 Samples colored as in **5A**.
- 855 **C)** Paired Student's t-tests were calculated comparing the IgA binding of each donor

856 between infant one and infant two for each bacterial taxon. The mean change ((Infant 2

 $- \ln fant 1$; taxa 1) + ($\ln fant 2 - \ln fant 1$; taxa x))/37 (#of taxa) for each paired test was

calculated and graphed. Significant increase in 2nd infant = 'up' triangle; significant

859 decrease in 2nd infant = 'down' triangle; no statistical significance = circle. Colors are

according to **5A**. See Supplemental Figure 3 for each Paired Student's t test.

861

862 Figure 6 – Holder pasteurization reduces the bacterial binding properties of

863 breast milk-derived IgA

864 Breast milk samples from four donors were split into two where one half was

pasteurized (62.5°C for 30 minutes) while the other untreated as a control. IgA was then

isolated from both halves and analyzed on our flow cytometric array (**1A**).

A) Paired Student's t-test (***p<0.001) of the IgA concentration (mg/mL) of control (blue)

868 and pasteurized samples (red), as measured by ELISA.

869 **B)** Paired Student's t-tests comparing control (blue) and Holder pasteurized (red) milk

samples from the same donor. Each dot represents a different bacterial taxon.

871 ****p<0.0001.



Figure 1



Figure 2











D								
D	C.rodentium -	1-8 311-C-++-	4					
	E.aerogenes -	\$	+					
	E.cloacae -							
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	E.coli 605 -	P-W-15- P	•					
	E.coli 909 -	+ * - 						
	E.coli 910 -	+	 +					
	E.coli 4185 -	+	•	-				
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	E.coli ECMB -	++						
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S.	typhimurium SL3261 -	++	· · · · ·	•				
	Enterobacter NEC -	***	-					
	K.aerogenes 13048 -	+++++	•					
	K.oxytoca 43165 -							
	K.oxytoca K405 -	Arrest Statistics						
	K.pneumonia –		*	•		+		
	S.marcescens 855 -							
	S.marcescens 853 -	+******						
	P.mirabilis -	N & N &	•					
	P.vulgaris –							
	P.aeruginosa -	Max	+					
	M.nonliquefaciens -		• •	•	• • • •	+		
	L.casei -							
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	S.aureus CT1 -	+						
	S.capitis -	++	•••	· •				
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Figure 4



