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## Quadruple primary urogenital cancers – A case report



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#### Abbreviations:

PMs, primary malignancies

MPMs, multiple primary malignancies

PCDH17, protocadherin involved in cell

adhesion functions

TCF21, transcription factor involved in

tissue differentiation

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### ABSTRACT

**INTRODUCTION:** Urogenital cancers are not an uncommon occurrence in daily practice. Prostate cancer is the second most frequent cancer in men, kidney cancer accounts for 2.4% of all cancers and bladder cancers represent 3.1% of cancers in both men and women [1]. However, the cases of a simultaneous development of all three cancers, including one with a neuroendocrine component, are very few and far between.

**PRESENTATION OF CASE:** Our case report involves a case of a patient with prostate adenocarcinoma, clear-cell renal carcinoma, papillary renal carcinoma and small-cell bladder cancer. The patient was treated as if he had separate pathologies by a multidisciplinary team: surgical and oncological, performing radical cystoprostatectomy with left perifascial nephroureterectomy, right ureterostomy and adjuvant chemotherapy, with excellent outcome even four years after the initial diagnosis.

**DISCUSSION:** The distinct features of this case are the occurrence of four different malignancies of the urogenital system, the family history of colon cancer, the development of small-cell carcinoma of the bladder, which is extremely rare and the good outcome, despite the quadruple malignancies and the aggressivity of the small-cell carcinoma.

**CONCLUSION:** Multiple primary malignancies are a relatively rare pathology, but should be considered as a possibility in patients who already had a second malignancy. Cases of patients with MPMs should be supervised by a multidisciplinary team and should be followed closely.

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### 1. Introduction

Multiple primary malignancies are a rather rare occurrence in clinical practice and are defined by the development of a second pathology within 6 months after the discovery of the first cancer. As far as we can tell, this is the first case published of a quadruple primary malignancy of the urogenital tract, even though urogenital cancers are common [1].

Unfortunately, due to the scarcity of such cases and the unique combination of malignancies, the medical corps has not yet found a definitive answer on how to optimally tackle these cases. Thus, we treated the malignancies as if they had occurred separately, following their individual guidelines. The case was handled by two university hospitals in an academic environment.

### 2. Presentation of case

We present the case of a 78-year-old male, known with BPH for two years, which he has treated with alpha-blocker, who presents himself at the urology department with asymptomatic gross hematuria and weight loss (~5 kg) in the past 3 months. His personal

history also includes high blood pressure treated by his cardiologist. Regarding his family history, his mother and brother had colon cancer.

Blood tests showed a grade II anemia [2], and the prostate-specific antigen (PSA) was 1.41 ng/mL, and the urine sample revealed 300 red blood cells/ $\mu$ L. The rectal examination revealed an enlarged prostate, mildly irregular, with well defined margins, no tenderness, and no indurations on the posterior bladder wall. The rest of the clinical examination was normal.

An abdominal ultrasound was performed and it revealed a tumor of the left postero-lateral bladder wall (4.64/3.14 cm). The tumor had a large base of implantation, a hyperechoic capsule and a mixed echogenicity structure. The transabdominal and transrectal Doppler ultrasound examination showed mild increase of the tumoral vascularization, predominantly in the central part. The fibroelastography showed decreased elasticity of the bladder wall.

The prostate measured 4.8/3.77/3 cm with a central nodule with a benign aspect and peripheral calcifications (Fig. 1).

In the superior pole of the left kidney, a tumor of 4/5/4 cm was present. The Doppler ultrasound examination showed increased vascularization in the periphery of the tumor. The right kidney was normal, except for a small inferior pole cyst (Fig. 2).

The intravenous urography showed delayed nephrogram and pyelogram of the left kidney at 5–10–15 min and an irregular filling defect on the lateral wall of the urinary bladder (Fig. 3).

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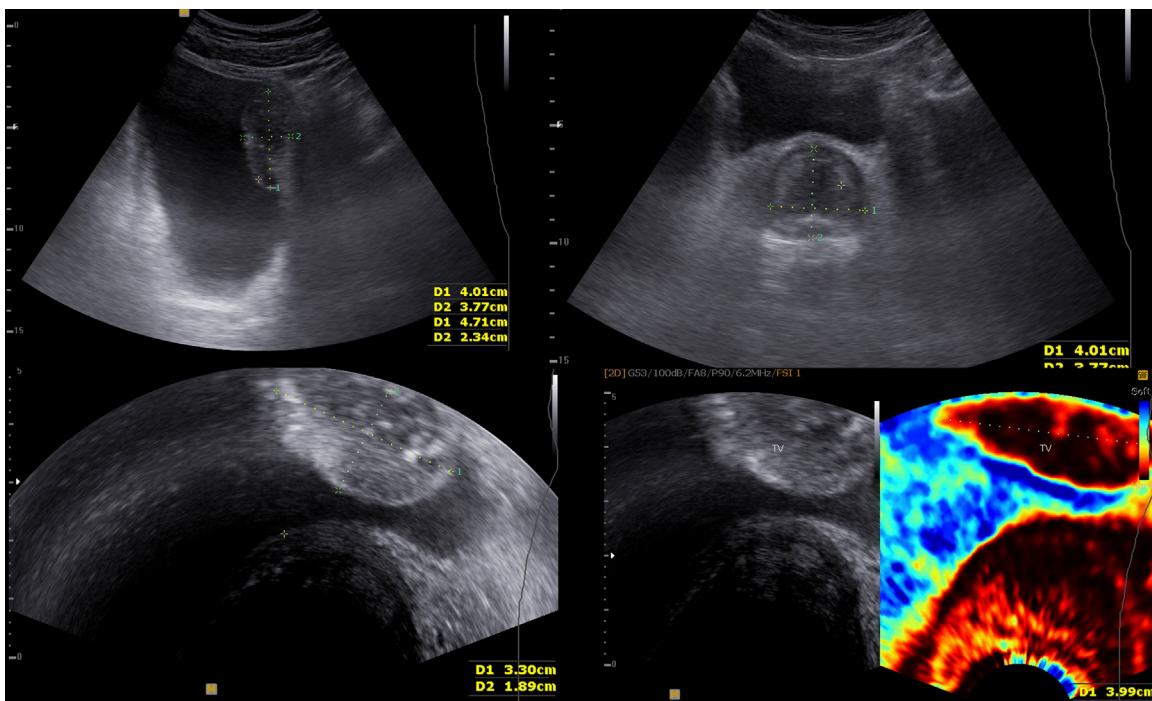


Fig. 1. Ultrasonography and elastography captures of the bladder and prostate cancers.

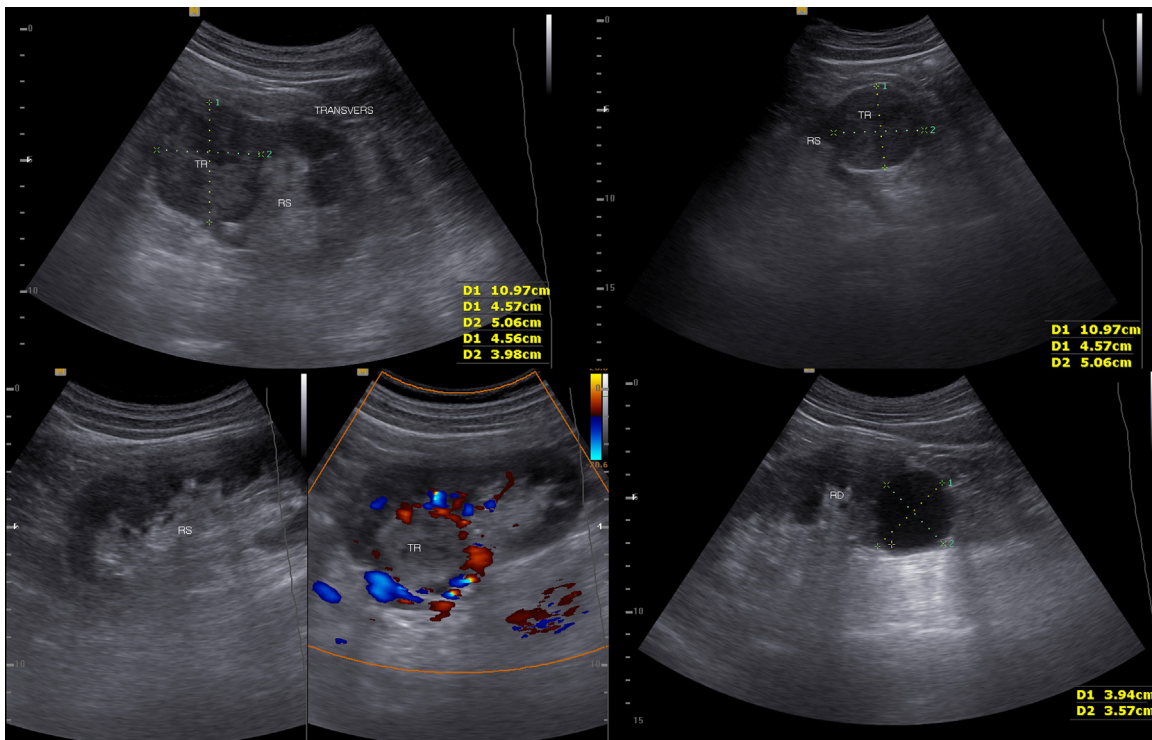


Fig. 2. Ultrasonography captures of renal cancer and simple renal cyst.

During the cystoscopy, we identified a bullous tumor infiltrating the lateral bladder wall and the dome. A transurethral resection of bladder tumor was performed.

These findings imposed the necessity of a pre-operative CT of the thorax, abdomen and pelvis (Fig. 4). The left renal tumor had a distinct margin, without thickening of the perirenal fascia and it was located on the mediorenal side, extended anteriorly and invaded the sinus. Precontrast, the tumor was isodense with the

renal parenchyma and postcontrast (arterial phase), the tumor enhances mainly in the periphery, sparing the central part, suggesting central necrosis. The tumor did not extend in the perinephric fat or to the adrenal glands. The left renal vein had no signs of thrombosis and there were no lombo-aortic lymph nodes involvement. Hence, the pre-operative TNM staging was T1bN0M0–stage I renal cell carcinoma. Posterior and superior in the left kidney there is another 7 mm tumor, T1aN0Mo. In these conditions, nephron-



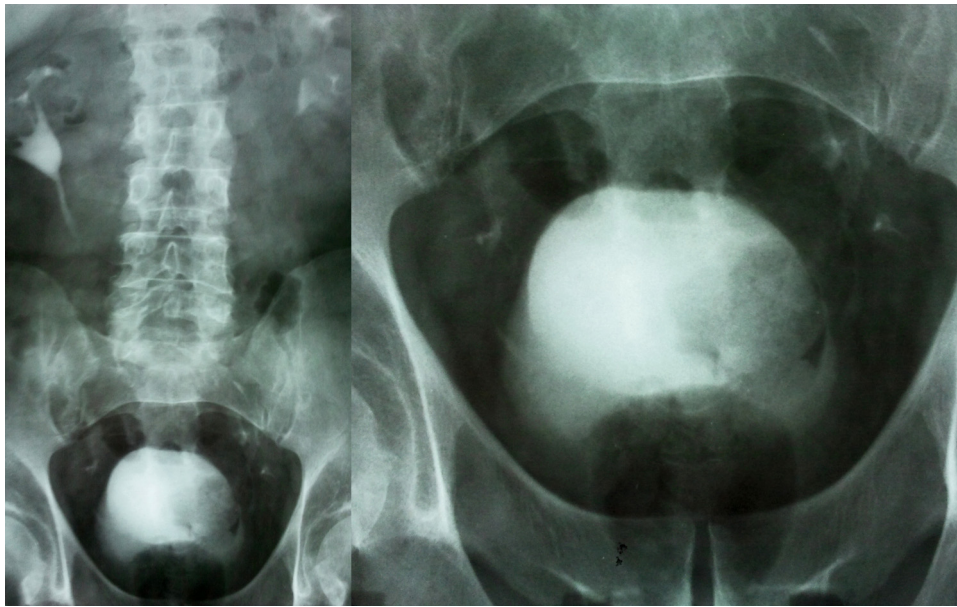


Fig. 3. Intravenous urography.



Fig 4. Computed-tomography of the abdomen and pelvis showing unenhanced and enhanced characteristics of the renal and bladder tumor, as well as the simple cyst.

sparing surgery was not a viable therapeutic option. In the lower pole of the right kidney, there is a 42 mm hypodense round, well defined, capsulated tumor, with no contrast enhancement, interpreted as a simple polar cyst – Bosniak I.

The urinary bladder had an elongated 57/42 mm tumor on the left lateral and superior walls that infiltrated the perivesical fat and protruded in the bladder lumen. Precontrast, the tumor was hypodense and post contrast it showed no enhancement. The CT scan revealed 5–7 mm multiple pelvic lymph nodes. The staging of the urinary bladder was T3bN2M0–stage IV.

The prostate was 53 mm in diameter with a few infracentimetric calcifications and preserved rectoprostatic angle.

Considering the radiological findings, the urological team decided to perform radical cystoprostatectomy with left perifascial nephroureterectomy and right ureterostomy, with no long or short term complications.

The histopathological findings revealed the following (Figs. 5–7):

1. Prostate adenocarcinoma Gleason 6 (3 + 3), limited to one lobe – pT2aN0;
2. Small cell carcinoma of the urinary bladder and an area of large cell carcinoma, invading the perivesical fat, but not the seminal vesicles, the prostate or the lymph nodes; negative for CD45, CK7,



Fig. 5. Surgical specimen.

CK20 and PSMA, and positive for chromogranin-A and synaptophysin – pT3bN0G3;

3. Papillary renal cell carcinoma – 1 cm, type 2, Fuhrman 3, pT1a;
4. Clear cell carcinoma – 4.5 cm, Fuhrman 1, without invasion of the renal sinus, perinephric fat or the renal vessels, pT1b.

The patient was referred to the oncologist, where he started treatment with lanreotide, bicalutamide and leuprolide. At the same hospital, a bone scintigraphy showed no bone metastasis. Four years after the diagnosis, the patient is cancer-free with an active life and excellent quality of life (self-reported).

### 3. Discussion

Multiple primary malignancies (MPMs) are a rare occurrence in clinical practice and are defined by the development of a second pathology within 6 months after the discovery of the first cancer. Theodore Billroth in the 19th century first described this phenomenon [3]. Warren and Gates in 1932 refined the definition to bring it to the shape that we still use today: “each tumor must present a definite picture of malignancy, each must be distinct, and the probability of one being the metastasis of the other must be excluded [4].”

MPMs tend to appear frequently in the upper digestive tract, respiratory system, head and neck region and urogenital system [5], the latter accounting for 13.5% of cases [6]. Patients with prostate cancer are eighteen times more prone to develop bladder cancer and patients with bladder cancer develop prostate cancer nineteen times more frequently.

Subhankar reported that solid tumors were the most common type of second malignancy in patients with renal cell carcinoma (90%), and the male genital system was the most common site of

occurrence (23.6%) [7,8]. Several papers prove that renal carcinomas influence the development of prostate and bladder cancer and viceversa [9,10].

One of the most comprehensive studies by Bittorf et al. shows that 3.8% of oncological patients had at least 2 PMs and out of the patients with 2 PMs, 3.8% had at least one more [11], results confirmed by other studies on a large number of patients [12–14].

Several studies showed an unexpected survival of patients with MPMs than those without a second malignancy [8].

In some cases, the subsequent PMs have been found to be caused by the treatment for the previous cancer(s), especially with alkylating agents, topoisomerase II inhibitors or radiotherapy [15]. In others, the association of cancers can be due to genetic mutations: multiple endocrine neoplasia (MEN) 1, 2a and 2b, Li-Fraumeni, Muir-Torre, Lynch, von Hippel-Lindau, Beckwith-Wiedemann.

Regarding the genetic footprint of urogenital cancers, clear-cell renal carcinoma shows a chromosome 3p loss of heterozygosity, that is not shared by the papillary cell carcinoma [16]. PCDH17 and TCF21 methylation in urogenital cell lines is strongly associated with the same pattern in tumor tissue [17].

Unfortunately, genetic testing currently has a restrictive price and availability. The general consensus is that MPMs are a multifactorial pathology caused by genetic and epigenetic modifications, environmental and behavioral factors (smoking, alcohol, pollution), as well as the improved monitoring and survival of oncological patients, that live long enough to develop other malignancies [18].

Case reports are still of great importance such as to contribute to the pool of existent ones and pave the way to finding clinical or phenotypical associations and even mutations that link these pathologies.

Our own review of the literature and the accounts of other articles confirm that there are 17 reported cases of triple urogenital cancers. As far as we can tell, this is the first case published of a quadruple PMs of the urogenital tract.

Unfortunately, our patient did not undergo genetic testing, but we suspected that his family line was harboring some sort of genetic instability and we suggested a careful monitoring of his offsprings in the event it has been passed forth.

The main questions that puzzle us about this case are not yet answered by science. Which cancer was first? Did the first one influence or accelerate the development of the others? Had it not appeared, would the others have developed anyway or can a cancer weaken the immune system or release carcinogenic factors in the bloodstream and/or locally and facilitate the development of other cancers? Is there a urogenital MPMs syndrome? And last, but not least: does it matter? Or do we treat them the same as if they were an individual occurrence?

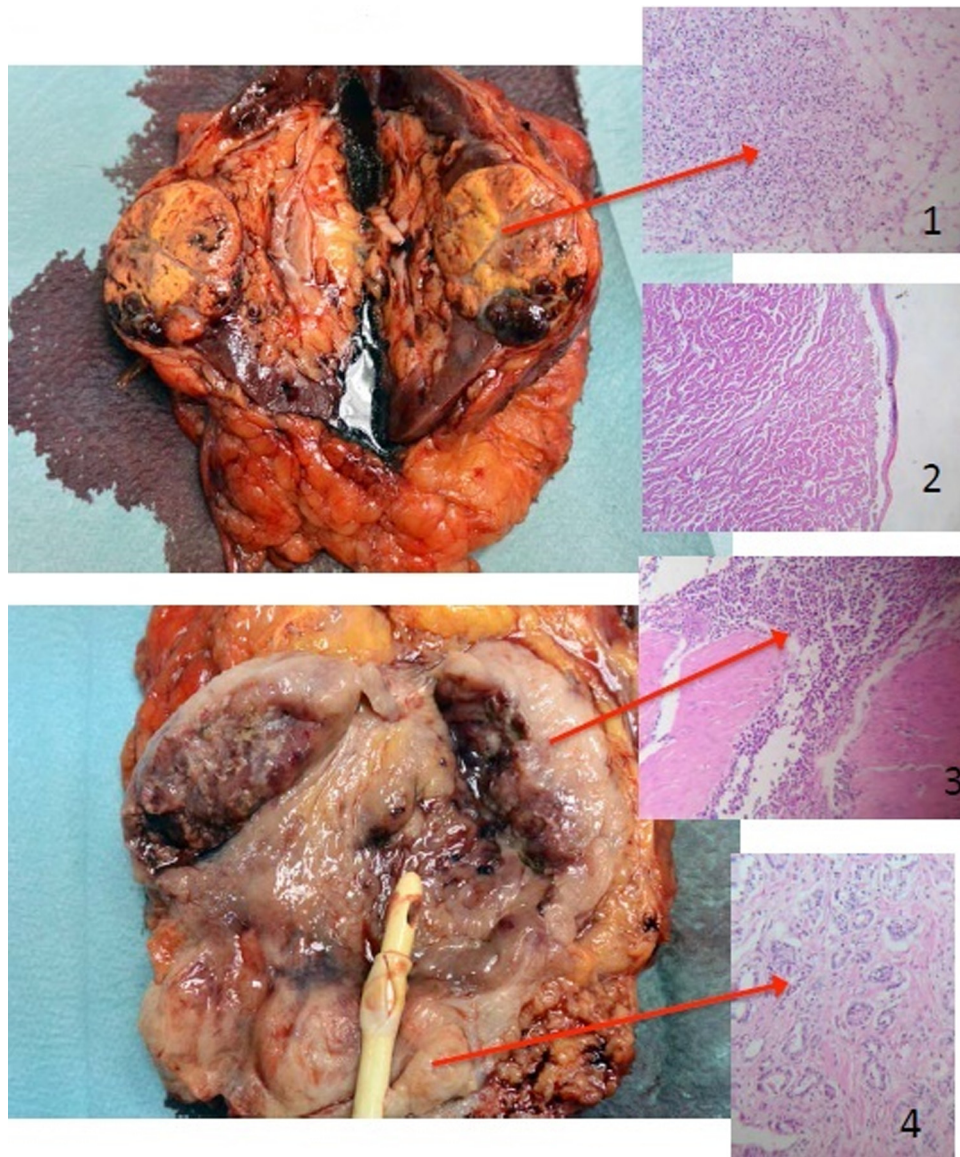
### 4. Conclusion

Multiple primary malignancies are a relatively rare pathology, but should be considered by clinicians as a possibility in an oncological patient and most of all, in a patient who was already had a second malignancy. In a situation of high clinical suspicion, genetic testing should be ordered, if possible. Cases of patients with multiply primary malignancies should be supervised by a multidisciplinary team and should be followed closely. Our article has been reported in line with the SCARE criteria [19].

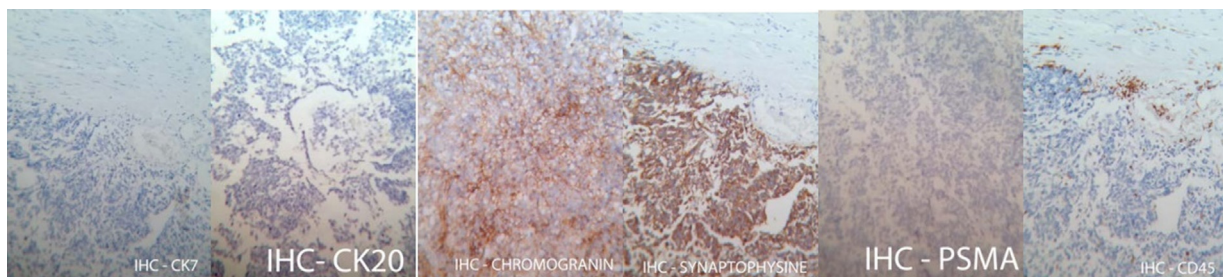
### Conflicts of interest

None to declare. The authors have no financial, consultative, institutional, and other relationship that might lead to bias or conflict of interest.





**Fig 6.** Surgical specimen with the corresponding histopathological slides.



**Fig. 7.** Immunohistochemical staining.

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**Ethical approval**

Decision number 2/2017 of the ethics committee of the Urology and Renal Transplantation Institute, Cluj-Napoca, Romania.

**Consent**

Written and signed consent has been obtained from the patient and is available for submission upon request.

**Author contribution**

Liviu Ghervan: Design of study, revision, approval of final manuscript.

Florin-Ioan Elec: Design of study, revision, approval of final manuscript.

Andreea Zaharie: Data collection, drafting, revision, approval of final manuscript.

Bogdan-Mihai Ene: Data collection, drafting, revision, approval of final manuscript.

#### Guarantor

Liviu Ghervan.  
Florin-Ioan Elec.

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All authors have approved the final manuscript.

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