

1 **COVID-19 Severity among Women of Reproductive Age with Symptomatic Laboratory-Confirmed**
2 **SARS-CoV-2 by Pregnancy Status – United States, Jan 1, 2020 – Dec 25, 2021**

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18 **Running Title.** Severe COVID-19 by pregnancy status

19

1 **Abstract**

2 **Background.** Information on the severity of COVID-19 attributable to the Delta variant in the United
3 States among pregnant people is limited. We assessed the risk for severe COVID-19 by pregnancy status
4 in the period of Delta variant predominance compared with the pre-Delta period.

5 **Methods.** Laboratory-confirmed SARS-CoV-2 infections among symptomatic women of reproductive age
6 (WRA) were assessed. We calculated adjusted risk ratios for severe disease including intensive care unit
7 (ICU) admission, receipt of invasive ventilation or extracorporeal membrane oxygenation (ECMO), and
8 death comparing the pre-Delta period (January 1, 2020 – June 26, 2021) and the Delta period (June 27,
9 2021 – December 25, 2021) for pregnant and nonpregnant WRA.

10 **Results.** Compared with the pre-Delta period, the risk of ICU admission during the Delta period was 41%
11 higher (adjusted risk ratio [aRR] 1.41; 95% CI, 1.17-1.69) for pregnant WRA and 9% higher (aRR 1.09;
12 95% CI, 1.00-1.18) for nonpregnant WRA. The risk of invasive ventilation or ECMO was higher for
13 pregnant (aRR 1.83; 95% CI, 1.26-2.65) and nonpregnant WRA (aRR 1.34; 95% CI, 1.17-1.54) in the Delta
14 period. During the Delta period, the risk of death was 3.33 (95% CI, 2.48-4.46) times the risk in the pre-
15 Delta period among pregnant WRA and 1.62 (95% CI, 1.49-1.77) among nonpregnant WRA.

16 **Conclusions.** Compared with the pre-Delta period, pregnant and nonpregnant WRA were at increased
17 risk for severe COVID-19 in the Delta period.

18

19 **Keywords.** pregnancy, COVID-19, SARS-CoV-2, Delta variant, women of reproductive age

20

1 **INTRODUCTION**

2 Coronavirus disease 2019 (COVID-19) is caused by severe acute respiratory syndrome coronavirus 2
3 (SARS-CoV-2) (1). During the period June 27 through December 25, 2021, SARS-CoV-2 infections in the
4 United States were predominantly attributed to the highly transmissible Delta (B.1.617.2) variant (2,3).
5 Reports have suggested the Delta variant was associated with more severe disease and death compared
6 with the Alpha (B.1.1.7) variant in the general population (4,5). This was of particular concern for
7 individuals already at increased risk for severe disease due to underlying medical conditions or
8 pregnancy (6).

9
10 Data regarding Delta variant SARS-CoV-2 infections among pregnant people in the United States have
11 been limited to studies at single institutions, healthcare systems, or states (7–10). It has been suggested
12 that rates of severe-critical disease (7–9), death (9,10), and adverse perinatal outcomes (7,8) were
13 increased in the period of Delta variant predominance compared with the pre-Delta period, though
14 reports have been limited by study size. Larger studies are needed to determine the level of risk for
15 severe outcomes among pregnant people during the period of Delta variant predominance in the United
16 States, and to understand how the risk compared to nonpregnant people.

17
18 As of February 25, 2022, more than 45 million case reports of SARS-CoV-2 infections occurring between
19 January 1, 2020 and December 25, 2021 have been reported to the US Centers for Disease Control and
20 Prevention (CDC). In this study, we describe the risk for severe COVID-19 among symptomatic women of
21 reproductive age (WRA) in the United States by pregnancy status in the period of Delta variant
22 predominance compared with the pre-Delta period.

23

24

1 **METHODS**

2 We assessed the risk for intensive care unit (ICU) admission, receipt of invasive ventilation or
3 extracorporeal membrane oxygenation (ECMO), and death among women aged 15-44 years. We
4 included national case reports of laboratory-confirmed (11) SARS-CoV-2 infections reported to the CDC
5 by February 25, 2022. Reports were collected through the National Notifiable Disease Surveillance
6 System and data collection resources offered through CDC’s COVID-19 emergency response (1). The
7 study period includes reports with a clinical observance date, or CDC receipt date when clinical
8 observance date was not available, of January 1, 2020 through December 25, 2021. We excluded reports
9 with a death date before January 20, 2020. The pre-Delta period is defined as January 1, 2020 through
10 June 26, 2021 while the Delta period is defined as June 27, 2021 through December 25, 2021,
11 corresponding to Delta variant predominance in the United States (2). Pregnancy status information was
12 supplemented with data from the Surveillance for Emerging Threats to Mothers and Babies Network
13 (SET-NET), a population-based mother-baby linked longitudinal surveillance collaboration between CDC
14 and state, local, and territorial health departments (12). All cases reported to SET-NET are laboratory-
15 confirmed SARS-CoV-2 infections during pregnancy. Pregnancy status information was also
16 supplemented using free-text searches of the other symptoms and the other underlying conditions
17 fields of the COVID-19 case reports. This analysis was limited to symptomatic WRA with laboratory-
18 confirmed SARS-CoV-2 infections with known pregnancy status. Symptomatic cases included reports
19 where the ‘symptomatic’ field was selected or at least one specific symptom was marked “yes”.

20 *Descriptive*

21 In this study, we described the age, race and ethnicity, presence of symptoms, and underlying medical
22 conditions of WRA by pregnancy status before and during the period of Delta variant predominance.
23 Age was collapsed into three groups, 15-24, 25-34, and 35-44 years. Race and ethnicity were combined
24 into a single variable. WRA of any ethnicity and a race of American Indian or Alaska Native (AI/AN), or

1 Native Hawaiian or Pacific Islander (NH/PI) were first identified. Then, WRA of Hispanic or Latino
2 ethnicity and any race, except AI/AN and NH/PI were identified. Those with an ethnicity of non-Hispanic,
3 unknown, or not reported, were grouped by reported race: Asian, Black, White, and multiple or other
4 race (13,14). Finally, unknown was used to capture those with an unknown or not reported race without
5 Hispanic ethnicity reported. Known status for symptoms and medical conditions was established by a
6 “yes” or “no” in the COVID-19 case reports for at least one specific symptom or medical condition. Free-
7 text fields were searched for individual symptoms and conditions. Symptoms included: headache,
8 cough, muscle aches, fever (i.e., subjective or $>100.4^{\circ}\text{F}$), sore throat, runny nose, chills, new loss of taste
9 or smell, shortness of breath, fatigue, diarrhea, nausea or vomiting, abdominal pain, chest pain, and
10 wheezing. Medical conditions included: chronic lung disease, cardiovascular disease (including
11 hypertension), diabetes, immunocompromised condition, severe obesity (i.e., body mass index ≥ 40
12 kg/m^2), autoimmune disorder, chronic renal disease, chronic liver disease, and other chronic disease.

13 *Outcomes*

14 We described three outcome categories to indicate severe disease: ICU admission, invasive ventilation
15 or ECMO, and death. Cases with ECMO usage were assumed to have ICU admission. We described these
16 outcomes by age, race and ethnicity, and presence of select underlying health conditions associated
17 with more severe COVID-19 (15) (i.e., diabetes [15], cardiovascular disease [16], chronic lung disease
18 (18), and severe obesity [14,18]), stratified by pregnancy status and time period relative to Delta variant
19 predominance.

20 *Models*

21 Similar to methods previously described (20), we calculated risk ratios and their 95% confidence
22 intervals (CI) using modified Poisson regression. When ICU admission, invasive ventilation or ECMO, and
23 death were unknown or not reported, the outcome was assumed to have not occurred. For
24 multivariable models, risk ratios were adjusted for age (continuous, in years), race and ethnicity, time

1 period (i.e., pre-Delta or Delta period), presence of diabetes, cardiovascular disease, chronic lung
2 disease, and severe obesity, and an interaction term between time period and pregnancy status, unless
3 otherwise specified. When an adjusted model did not converge due to small numbers, an exact Poisson
4 regression was conducted. When examining risk by pregnancy status, pregnant WRA were compared
5 with nonpregnant WRA as the referent group for the total study, pre-Delta, and Delta periods. When
6 examining risk by time periods, the Delta period was compared with the pre-Delta period as the referent
7 group. In overall adjusted models, non-Hispanic White and no underlying conditions were the referent
8 groups.

9
10 SAS v9.4 (SAS Institute; Cary, NC) was used to conduct all analyses. Activities were reviewed by the CDC
11 and conducted in accordance with applicable federal law and CDC policy (See: 45 C.F.R. part 46.102(l)(2),
12 21 C.F.R. part 56; 42 U.S.C. §241(d); 5 U.S.C. §552a; 44 U.S.C. §3501 et seq.).

14 **RESULTS**

15 More than 10.1 million reports of laboratory-confirmed SARS-CoV-2 infections among women aged 15-
16 44 years had a clinical infection date or CDC receipt date of January 1, 2020 – December 25, 2021.

17 Among 56 jurisdictions reporting, twelve jurisdictions had <1% completeness of pregnancy status among
18 WRA, including seven jurisdictions that did not report pregnancy status. Overall, 25.0% of reports had a
19 known pregnancy status (pregnant, n=164,344; nonpregnant, n=2,364,643). We linked 35,697 SET-NET
20 cases from 17 participating jurisdictions to COVID-19 case reports by jurisdiction and a unique identifier.
21 Pregnancy status was updated for 38.7% (n=13,826) of linked reports. Among linked reports, pregnancy
22 status on the COVID-19 case report was misclassified for 3.6% (n=1,301) and unknown or not reported
23 for 35.1% (n=12,525). Searching free-text fields, pregnancy status was updated to “yes” for 168 reports.
24 After linkage and data cleaning, there were 178,338 pregnant WRA and 2,363,335 nonpregnant WRA

1 reports during the study period. Limiting to symptomatic COVID-19, our final analytic sample was
2 2,033,060 WRA. (Supplemental Figure)

3
4 Among 116,958 symptomatic pregnant WRA with laboratory-confirmed SARS-CoV-2 infection (Table 1),
5 the majority were 25-34 years (57.8%) and non-Hispanic White (41.9%). Among the 17.5% (n=20,473) of
6 pregnant WRA with known status for underlying medical conditions, the five most common conditions
7 were chronic lung disease (9.3%), other chronic condition (6.9%), diabetes (5.9%), cardiovascular disease
8 (5.8%), and severe obesity (5.6%). Among the 47.3% (n=55,310) of pregnant WRA with known status for
9 any symptom, the five most common symptoms were cough (62.2%), headache (54.4%), muscle aches
10 (44.9%), sore throat (36.6%), and fever (36.1%) (Figure 1). The pre-Delta period included 90,100
11 pregnant WRA and the Delta period included 26,858 pregnant WRA. The distributions of symptoms and
12 underlying conditions in pregnant WRA were similar between periods.

13
14 Among 1,916,102 symptomatic nonpregnant WRA with laboratory-confirmed SARS-CoV-2 infection
15 (Table 1), the majority were 25-34 years (34.0%) and non-Hispanic White (46.9%). Among 20.1%
16 (n=385,502) of nonpregnant WRA with known status for underlying medical conditions, the five most
17 common conditions were chronic lung disease (8.7%), cardiovascular disease (7.1%), other chronic
18 condition (7.0%), diabetes (4.8%), and immunocompromised condition (2.3%). Among the 44.6%
19 (n=854,271) of nonpregnant WRA with known status for any symptom, the five most common
20 symptoms were headache (62.6%), cough (58.9%), muscle aches (49.9%), fever (41.5%), and sore throat
21 (39.3%) (Figure 1). The pre-Delta period included 1,478,747 nonpregnant WRA and the Delta period
22 included 437,355 nonpregnant WRA. The distributions of symptoms and underlying conditions in
23 nonpregnant WRA were similar between periods.

24

1 Among pregnant WRA, 0.46% (n=543) experienced ICU admission, 0.11% (n=128) experienced invasive
2 ventilation or ECMO, and 0.15% (n=176) died. In the pre-Delta period, 0.10% (n=90) of pregnant WRA
3 died, while 0.32% (n=86) of pregnant WRA in the Delta period died. Among nonpregnant WRA, 0.17%
4 (n=3,266) experienced ICU admission, 0.05% (n=1,012) received invasive ventilation or ECMO, and
5 0.12% (n=2,212) died. In the pre-Delta period, 0.10% (n=1,494) of nonpregnant WRA died, while 0.16%
6 (n=718) of nonpregnant WRA in the Delta period died. (Table 2)

7
8 For the total study period, the adjusted RRs (aRRs) for severe outcomes comparing pregnant WRA with
9 nonpregnant WRA were the following: ICU admission (aRR 2.53; 95% CI, 2.26-2.83), receipt of invasive
10 ventilation or ECMO (aRR 1.76; 95% CI, 1.39-2.22), and death (aRR 1.11; 95% CI, 0.90-1.38). The
11 interaction term between pregnancy status and time period was significant at an alpha of 0.05 for ICU
12 admission ($p=0.0045$) and death ($p<0.0001$), and not significant for receipt of invasive ventilation or
13 ECMO ($p=0.0613$). The Supplemental Table describes the risk ratios for pregnant WRA compared with
14 nonpregnant WRA by age, race and ethnicity, Delta period, underlying medical conditions, and
15 interaction between pregnancy status and time period for the total study period.

16
17 Stratified by time period relative to Delta variant predominance, point estimates were higher during the
18 Delta period compared with the pre-Delta period for each severe disease outcome. The aRR for ICU
19 admission for pregnant compared with nonpregnant WRA during the pre-Delta period was 2.56 (95% CI,
20 2.29-2.87) versus 3.32 (95% CI, 2.77-3.98) in the Delta period. The aRR for invasive ventilation or ECMO
21 in the pre-Delta period was 1.82 (95% CI, 1.44-2.30) and in the Delta period was 2.44 (95% CI, 1.74-3.43)
22 for pregnant WRA compared with nonpregnant WRA. Comparing pregnant WRA to nonpregnant WRA
23 the aRR for death in the pre-Delta period was 1.11 (95% CI, 0.90-1.38) and during the Delta period 2.36
24 (95% CI, 1.87-2.97). (Table 3)

1
2 Among pregnant WRA, the risk of ICU admission was 41% higher (aRR 1.41; 95% CI, 1.17-1.69) in the
3 Delta period compared with the pre-Delta period for pregnant WRA and 9% higher (aRR 1.09; 95% CI,
4 1.00-1.18) for nonpregnant WRA. The risk of invasive ventilation or ECMO was 83% higher (aRR 1.83;
5 95% CI, 1.26-2.65) for pregnant WRA and 34% higher (aRR 1.34; 95% CI, 1.17 – 1.54) for nonpregnant
6 WRA, in the Delta period. During the Delta period, the risk of death was 3.33 (95% CI; 2.48-4.46) times
7 the risk in the pre-Delta period among pregnant WRA and 1.62 (95% CI, 1.49-1.77) among nonpregnant
8 WRA. (Table 4)

9

10 **DISCUSSION**

11 Our analysis provides an overview of the severity of COVID-19 cases among symptomatic WRA in the
12 United States before and during the period of Delta variant predominance. During our total study
13 period, pregnant WRA were at higher risk for ICU admission and receipt of invasive ventilation or ECMO
14 compared with nonpregnant WRA. Consistent with national case reports from the pre-Delta period
15 (20,21), the absolute risk for severe illness from COVID-19 remained low among pregnant WRA during
16 the Delta period. However, the aRRs for severe outcomes were higher in the Delta period than the pre-
17 Delta period when comparing pregnant WRA with nonpregnant WRA.

18

19 In this study, the risks of ICU admission, receipt of invasive ventilation or ECMO, and death were
20 increased for both pregnant and nonpregnant WRA in the Delta period compared with the pre-Delta
21 period. A small cohort study in Alabama described an increased risk for ICU admission (aRR 3.42; 95% CI,
22 1.91-6.11) and for intubation (aRR 4.18; 95% CI, 2.06-8.48) in pregnant WRA during Delta predominance
23 compared with a pre-Delta period (8). Adhikari et al. described a significant increase in the proportion of

1 severe or critical illnesses among pregnant patients with COVID-19 during a period of Delta
2 predominance (9).
3
4 The strength of this analysis is the use of national COVID-19 case report data which enabled the
5 description of multijurisdictional trends over time. However, these data have several important
6 limitations. National reporting for COVID-19 is voluntary. Most cases are reported to CDC within 10 days
7 of clinical observance (interquartile range 4-49 days), although longer lag times have been observed.
8 Over time, some jurisdictions have stopped reporting certain variables such as pregnancy status and
9 severe outcomes, only providing minimal case information. A study by Manning et al. (22) found the
10 sensitivity of the COVID-19 case report form pregnancy field as 45.3% and 42.1% for Illinois and
11 Tennessee, respectively. As seen with our linkage to SET-NET, pregnancy status may be misclassified.
12 COVID-19 national case report data are subject to data entry errors, reporting errors, and lack
13 confirmation of data. For example, death status is not confirmed by a death record. Furthermore,
14 information is not available to indicate if a report has been updated over time. Mild cases of COVID-19
15 are likely underreported, and some outcomes such as death may experience longer lags in reporting
16 (23). Our report does not include hospitalizations as an indicator for severe disease as the national case
17 report does not differentiate reason for hospitalization (i.e., solely for COVID-19 versus pregnancy
18 related care). Reporting of race and ethnicity is not consistent across jurisdictions. We stratified this
19 analysis by period respective to Delta variant predominance using date as a proxy because the COVID-19
20 national case report data does not include genomic information. Therefore, our results may
21 underestimate the risk during the Delta period as the Delta variant was circulating prior to nationwide
22 Delta predominance, and at the end of our study period circulation of the Omicron variant (BA.1.1,
23 B.1.1.529, BA.2) was rapidly increasing (2). This analysis would benefit from greater completeness of the
24 pregnancy status field on the case report form and knowledge of vaccination status, to understand how

1 severe disease varied by pregnancy status and vaccination status for symptomatic WRA. Despite the
2 availability of a vaccination status field on the case report form, only 14 jurisdictions have reported this
3 variable.

4
5 Precautions should be taken to prevent exposure to SARS-CoV-2, especially among groups at increased
6 risk for severe COVID-19 such as pregnant WRA. Preventing exposure can limit the transmission of
7 COVID-19 which may slow the emergence of new variants (24). To reduce the risk for acquiring SARS-
8 CoV-2, the CDC recommends pregnant people receive COVID-19 vaccination, practice hand hygiene,
9 wear a mask at public indoor spaces, and practice physical distancing behaviors, particularly when
10 indoors in crowded spaces and when near individuals who are sick (25). The greatest risk for COVID-19 is
11 currently among those who are unvaccinated (26). Vaccination can prevent infection and reduces the
12 likelihood of severe disease if infection occurs. The CDC, the American College of Obstetricians and
13 Gynecologists, and the Society for Maternal-Fetal Medicine recommend COVID-19 vaccination for all
14 eligible individuals, including those who are pregnant, lactating, trying to get pregnant now, or might
15 become pregnant in the future (27,28). Evidence suggests individuals not fully vaccinated have more
16 than 10 times higher COVID-19 mortality risk (26). Accumulating data provide evidence of both the
17 safety (29–32) and effectiveness (33,34) of COVID-19 vaccination during pregnancy.

18
19 National case surveillance is an important public health resource to understand national trends in
20 disease. This study utilized national COVID-19 case report data to understand the severity of disease
21 during the pre-Delta and Delta periods for symptomatic WRA. The absolute risk for severe COVID-19
22 remained low among symptomatic WRA; however, pregnant WRA were at increased risk for severe
23 disease compared with nonpregnant WRA and the risk of severe illness in pregnant and nonpregnant
24 WRA was increased during Delta variant predominance in the United States.

25 **NOTES**

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28 *represent the official position of the Centers for Disease Control and Prevention (CDC).*

29 **Conflicts of Interest.** None reported.

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1 **Table 1.** Characteristics of women 15-44 years with symptomatic, laboratory-confirmed SARS-CoV-2
 2 infection by pregnancy status, Jan 1, 2020 – Dec 25, 2021

Characteristic	Pregnant			Nonpregnant		
	Total Study Period ^a	Pre-Delta Period ^b	Delta Period ^c	Total Study Period ^a	Pre-Delta Period ^b	Delta Period ^c
	(n=116,958)	(n=90,100)	(n=26,858)	(n=1,916,102)	(n=1,478,747)	(n=437,355)
Age group (years)						
15-24	28,962 (24.8)	22,241 (24.7)	6,721 (25.0)	637,752 (33.3)	500,636 (33.9)	137,116 (31.1)
25-34	67,640 (57.8)	52,308 (58.1)	15,332 (57.1)	650,970 (34.0)	500,732 (33.9)	150,238 (34.4)
35-44	20,356 (17.4)	15,551 (17.3)	4,805 (17.9)	627,380 (32.7)	477,379 (32.3)	150,001 (34.5)
Race and Ethnicity^d						
Hispanic or Latino	37,017 (31.6)	30,838 (34.2)	6,179 (23.0)	506,633 (26.4)	414,786 (28.0)	91,847 (21.0)
American Indian or Alaska Native	1,231 (1.1)	909 (1.0)	322 (1.2)	20,116 (1.0)	14,929 (1.0)	5,187 (1.2)
Asian, non-Hispanic	3,710 (3.2)	2,995 (3.3)	715 (2.7)	60,786 (3.2)	48,501 (3.3)	12,285 (2.8)
Black, non-Hispanic	15,090 (12.9)	11,270 (12.5)	3,820 (14.2)	258,101 (13.5)	192,612 (13.0)	65,489 (15.0)
Native Hawaiian or Pacific Islander	646 (0.6)	496 (0.6)	150 (0.6)	8,159 (0.4)	6,256 (0.4)	1,903 (0.4)
White, non-Hispanic	49,046 (41.9)	35,558 (39.5)	13,488 (50.2)	899,294 (46.9)	675,562 (45.7)	223,732 (51.4)
Multiple or other race, non-Hispanic	4,453 (3.8)	3,433 (3.8)	1,020 (3.8)	70,742 (3.7)	53,452 (3.6)	17,290 (3.9)
Unknown or not reported	5,765 (4.9)	4,601 (5.1)	1,164 (4.3)	92,271 (4.8)	72,649 (4.9)	19,622 (4.5)
Underlying medical condition						
Known underlying medical condition status	20,473 (17.5)	15,875 (17.6)	4,598 (17.1)	385,502 (20.1)	299,320 (20.2)	86,182 (19.6)
Chronic lung disease	1,904 (9.3)	1,453 (9.2)	451 (9.8)	33,701 (8.7)	26,397 (8.8)	7,304 (8.6)
Cardiovascular disease ^e	1,186 (5.8)	896 (5.6)	290 (6.3)	27,217 (7.1)	21,166 (7.1)	6,051 (7.0)
Diabetes	1,210 (5.9)	978 (6.2)	232 (5.0)	18,693 (4.8)	14,955 (5.0)	3,738 (4.4)
Immunocompromised condition	470 (2.3)	366 (2.3)	104 (2.3)	9,023 (2.3)	6,989 (2.3)	2,034 (2.3)
Severe obesity (BMI ≥ 40 kg/m ²)	1,155 (5.6)	971 (6.1)	184 (4.0)	4,569 (1.2)	3,550 (1.2)	1,019 (1.2)
Autoimmune disorder	184 (0.9)	126 (0.8)	58 (1.3)	4,237 (1.1)	2,984 (1.0)	1,253 (1.4)

Chronic renal disease	88 (0.4)	65 (0.4)	23 (0.5)	2,342 (0.6)	1,810 (0.6)	532 (0.6)
Chronic liver disease	72 (0.4)	48 (0.3)	24 (0.5)	1,313 (0.3)	1,018 (0.3)	295 (0.3)
Other chronic disease	1,406 (6.9)	1,136 (7.2)	270 (5.9)	26,832 (7.0)	20,722 (6.9)	6,110 (7.0)

1 Abbreviation: BMI, body mass index

2 Note: Percentages for individual symptoms and underlying medical conditions use known status for
3 individual symptoms and known status for underlying medical conditions for denominators,
4 respectively. All other percentages use column total as denominator.

5 ^aTotal study period includes cases with a clinical observance date, or Centers for Disease Control and
6 Prevention receipt date when clinical observance date was not available, of January 1, 2020 through
7 December 25, 2021.

8 ^bPre-Delta period includes cases with a clinical observance date or Centers for Disease Control and
9 Prevention report received date, when clinical observance date was not available, of January 1, 2020
10 through June 26, 2021.

11 ^cDelta period includes cases with a clinical observance date or Centers for Disease Control and
12 Prevention report received date, when clinical observance date was not available, of June 27, 2021
13 through December 25, 2021.

14 ^dNon-Hispanic includes unknown and not reported ethnicity.

15 ^eCardiovascular disease includes hypertension.

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1 **Table 2.** Prevalence of severe COVID-19 outcomes among symptomatic women aged 15-44 years with
 2 laboratory-confirmed SARS-CoV-2 infection by pregnancy status, Jan 1, 2020 – Dec 25, 2021

	Pregnant			Nonpregnant	
	Total Study Period ^a	Pre-Delta Period ^b	Delta Period ^c	Total Study Period ^a	Pre-Delta Period ^b
	(n=116,958)	(n=90,100)	(n=26,858)	(n=1,916,102)	(n=1,478,741)
ICU Admission					
All	543 (0.46)	392 (0.44)	151 (0.56)	3,266 (0.17)	2,506 (0.17)
Age group (years)					
15-24	84 (15.47)	65 (16.58)	19 (12.58)	552 (16.90)	417 (16.64)
25-34	309 (56.91)	221 (56.38)	88 (58.28)	1,004 (30.74)	762 (30.44)
35-44	150 (27.62)	106 (27.04)	44 (29.14)	1,710 (52.36)	1,327 (52.92)
Race and Ethnicity^d					
Hispanic or Latino, any race	196 (36.10)	162 (41.33)	34 (22.52)	1,034 (31.66)	846 (33.70)
American Indian or Alaska Native	3 (0.55)	NR	NR	73 (2.24)	57 (2.24)
Asian, non-Hispanic	53 (9.76)	40 (10.20)	13 (8.61)	136 (4.16)	114 (4.51)
Black, non-Hispanic	95 (17.50)	66 (16.84)	29 (19.21)	681 (20.85)	518 (20.61)
Native Hawaiian or Pacific Islander	14 (2.58)	NR	NR	59 (1.81)	41 (1.64)
White, non-Hispanic	142 (26.15)	86 (21.94)	56 (37.09)	1,112 (34.05)	807 (32.20)
Multiple or other race, non-Hispanic	23 (4.24)	14 (3.57)	9 (5.96)	89 (2.73)	63 (2.51)
Unknown or not reported	17 (3.13)	12 (3.06)	5 (3.31)	82 (2.51)	60 (2.35)
Underlying medical condition					
Chronic lung disease	32 (5.89)	22 (5.61)	10 (6.62)	330 (10.10)	266 (10.61)
Cardiovascular disease ^e	32 (5.89)	21 (5.36)	11 (7.28)	439 (13.44)	348 (13.80)
Diabetes	53 (9.76)	39 (9.95)	14 (9.27)	512 (15.68)	413 (16.44)
Severe obesity (BMI ≥ 40 kg/m ²)	27 (4.97)	21 (5.36)	6 (3.97)	183 (5.60)	136 (5.43)
Invasive Ventilation or ECMO					
All	128 (0.11)	86 (0.10)	42 (0.16)	1,012 (0.05)	739 (0.05)
Age group (years)					

15-24	25 (19.53)	14 (16.28)	11 (26.19)	180 (17.79)	139 (18.8)
25-34	61 (47.66)	41 (47.67)	20 (47.62)	307 (30.34)	213 (28.8)
35-44	42 (32.81)	31 (36.05)	11 (26.19)	525 (51.88)	387 (52.3)
Race and Ethnicity^d					
Hispanic or Latino, any race	43 (33.59)	33 (38.37)	10 (23.81)	308 (30.43)	242 (32.7)
American Indian or Alaska Native	2 (1.56)	NR	NR	22 (2.17)	NR
Asian, non-Hispanic	7 (5.47)	NR	NR	35 (3.46)	29 (3.9)
Black, non-Hispanic	26 (20.31)	20 (23.26)	6 (14.29)	201 (19.86)	130 (17.5)
Native Hawaiian or Pacific Islander	5 (3.91)	NR	NR	25 (2.47)	17 (2.3)
White, non-Hispanic	34 (26.56)	19 (22.09)	15 (35.71)	355 (35.08)	254 (34.3)
Multiple or other race, non-Hispanic	6 (4.69)	NR	NR	21 (2.08)	14 (1.8)
Unknown or not reported	5 (3.91)	NR	NR	45 (4.45)	33 (4.4)
Underlying medical condition					
Chronic lung disease	11 (8.59)	NR	NR	128 (12.65)	97 (13.1)
Cardiovascular disease ^e	15 (11.72)	NR	NR	172 (17.00)	121 (16.3)
Diabetes	23 (17.97)	17 (19.77)	6 (14.29)	189 (18.68)	138 (18.6)
Severe obesity (BMI \geq 40 kg/m ²)	12 (9.38)	NR	NR	86 (8.50)	54 (7.3)
Death					
All	176 (0.15)	90 (0.10)	86 (0.32)	2,212 (0.12)	1,494 (0.10)
Age group (years)					
15-24	19 (10.80)	10 (11.11)	9 (10.47)	299 (13.52)	229 (15.3)
25-34	94 (53.41)	51 (56.67)	43 (50.00)	612 (27.67)	417 (27.9)
35-44	63 (35.80)	29 (32.22)	34 (39.53)	1,301 (58.82)	848 (56.7)
Race and Ethnicity^d					
Hispanic or Latino, any race	55 (31.25)	40 (44.44)	15 (17.44)	509 (23.01)	384 (25.7)
American Indian or Alaska Native	6 (3.41)	NR	NR	62 (2.80)	44 (2.9)
Asian, non-Hispanic	10 (5.68)	NR	NR	50 (2.26)	35 (2.3)
Black, non-	36 (20.45)	18 (20.00)	18 (20.93)	611 (27.62)	406 (27.1)

Hispanic					
Native Hawaiian or Pacific Islander	4 (2.27)	NR	NR	22 (0.99)	11 (0.7)
White, non-Hispanic	54 (30.68)	20 (22.22)	34 (39.53)	781 (35.31)	483 (32.3)
Multiple or other race, non-Hispanic	7 (3.98)	NR	NR	56 (2.53)	39 (2.6)
Unknown or not reported	4 (2.27)	NR	NR	121 (5.47)	92 (6.1)
Underlying medical condition					
Chronic lung disease	9 (5.11)	NR	NR	89 (4.02)	65 (4.3)
Cardiovascular disease ^e	13 (7.39)	8 (8.89)	5 (5.81)	203 (9.18)	134 (8.9)
Diabetes	17 (9.66)	10 (11.11)	7 (8.14)	181 (8.18)	115 (7.7)
Severe obesity (BMI \geq 40 kg/m ²)	3 (1.70)	NR	NR	71 (3.21)	40 (2.6)

1 Abbreviations: BMI, body mass index; ECMO, extracorporeal membrane oxygenation; ICU, intensive care
2 unit admission; NR, not reported.

3 Note: The percentages for the 'All' row for each outcome were calculated using the total number of
4 symptomatic women of reproductive age in the corresponding column as the denominator. The
5 percentages for the age, race and ethnicity, and underlying health conditions rows were calculated using
6 the total number in the 'All' row in the corresponding column as the denominator. Categories with <5
7 reports in the pre-Delta or Delta periods are not reported by period.

8 ^aTotal study period includes cases with a clinical observance date, or Centers for Disease Control and
9 Prevention receipt date when clinical observance date was not available, of January 1, 2020 through
10 December 25, 2021.

11 ^bPre-Delta period includes cases with a clinical observance date or Centers for Disease Control and
12 Prevention report received date, when clinical observance date was not available, of January 1, 2020
13 through June 26, 2021.

14 ^cDelta period includes cases with a clinical observance date or Centers for Disease Control and
15 Prevention report received date, when clinical observance date was not available, of June 27, 2021
16 through December 25, 2021.

17 ^dNon-Hispanic includes unknown and not reported ethnicity.

18 ^eCardiovascular disease includes hypertension.

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1 **Table 3.** Risk ratios for severe COVID-19 comparing pregnant with nonpregnant women during the total
 2 study period, and before and during the period of Delta variant predominance, Jan 1, 2020 – Dec 25,
 3 2021

	Risk Ratio (95% CI)					
	Total Study Period ^b		p-value of interaction term ^c	Pre-Delta Period ^d		Delta Period ^e
	Unadjusted	Adjusted ^f		Unadjusted	Adjusted ^g	
ICU Admission	2.72 (2.49-2.98)	2.53 (2.26-2.83)	0.0045	2.57 (2.31-2.86)	2.56 (2.29-2.87)	3.24 (2.72-3.76)
Invasive Ventilation or ECMO	2.07 (1.72-2.49)	1.76 (1.39-2.22)	0.0613	1.91 (1.53-2.39)	1.82 (1.44-2.30)	2.51 (1.81-3.51)
Death	1.30 (1.12-1.52)	1.11 (0.90-1.38)	<0.0001	0.99 (0.80-1.22)	1.10 (0.89-1.37)	1.95 (1.56-2.44)

4 Abbreviations: ECMO, extracorporeal membrane oxygenation; ICU, intensive care unit admission.

5 ^aPregnant compared with nonpregnant referent group.

6 ^bTotal study period includes cases with a clinical observance date, or Centers for Disease Control and
 7 Prevention receipt date when clinical observance date was not available, of January 1, 2020 through
 8 December 25, 2021.

9 ^cInteraction term between pregnancy status and time period (i.e., pre-Delta or Delta).

10 ^dPre-Delta period includes cases with a clinical observance date or Centers for Disease Control and
 11 Prevention report received date, when clinical observance date was not available, of January 1, 2020
 12 through June 26, 2021.

13 ^eDelta period includes cases with a clinical observance date or Centers for Disease Control and
 14 Prevention report received date, when clinical observance date was not available, of June 27, 2021
 15 through December 25, 2021.

16 ^fAdjusted for age (in years), race and ethnicity, Delta period, presence of chronic lung disease,
 17 cardiovascular disease, diabetes, and severe obesity, and interaction term between pregnancy and Delta
 18 period.

19 ^gAdjusted for age (in years), race and ethnicity, and presence of chronic lung disease, cardiovascular
 20 disease (including hypertension), diabetes, and severe obesity (body mass index ≥ 40 kg/m²).

1 **Table 4.** Risk ratios for severe COVID-19 outcomes comparing the period of Delta variant predominance
 2 with the period before Delta variant predominance, by pregnancy status

	Risk Ratio (95% Confidence Interval) ^a			
	Pregnant		Nonpregnant	
	Unadjusted	Adjusted ^b	Unadjusted	Adjusted ^b
ICU Admission	1.29 (1.07-1.56)	1.41 (1.17-1.69)	1.03 (0.95-1.11)	1.09 (1.00-1.18)
Invasive Ventilation or ECMO	1.64 (1.13-2.37)	1.83 (1.26-2.65)	1.25 (1.09-1.44)	1.34 (1.17-1.54)
Death	3.21 (2.39-4.31)	3.33 (2.48-4.46)	1.62 (1.49-1.78)	1.62 (1.49-1.77)

3

4 Abbreviations: ECMO, extracorporeal membrane oxygenation; ICU, intensive care unit admission.

5 ^aDelta period compared with pre-Delta referent period. The pre-Delta period includes cases with a

6 clinical observance date or Centers for Disease Control and Prevention report received date, when

7 clinical observance date was not available, of January 1, 2020 through June 26, 2021. The Delta period

8 includes cases with a clinical observance date or Centers for Disease Control and Prevention report

9 received date of June 27, 2021 through December 25, 2021.

10 ^bAdjusted for age (in years), race and ethnicity, and presence of chronic lung disease, cardiovascular

11 disease (including hypertension), diabetes, and severe obesity (body mass index ≥ 40 kg/m²).

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1 FIGURE LEGENDS

2

3 **Figure 1.** Symptoms of women 15-44 years with laboratory-confirmed SARS-CoV-2 infection by
4 pregnancy status, Jan 1, 2020 – Dec 25, 2021

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6 Note. Fever includes subjective or $>100.4^{\circ}\text{F}$. Pre-Delta period includes cases with a clinical observance
7 date or Centers for Disease Control and Prevention report received date, when clinical observance date
8 was not available, of January 1, 2020 through June 26, 2021. Delta period includes cases with a clinical
9 observance date or Centers for Disease Control and Prevention report received date, when clinical
10 observance date was not available, of June 27, 2021 through December 25, 2021.

11

12 **Supplemental Figure.** Flow chart describing inclusion of symptomatic women aged 15-44 with
13 laboratory-confirmed SARS-CoV-2 infections by pregnancy status, United States, Jan 1, 2020 – Dec 25,
14 2021

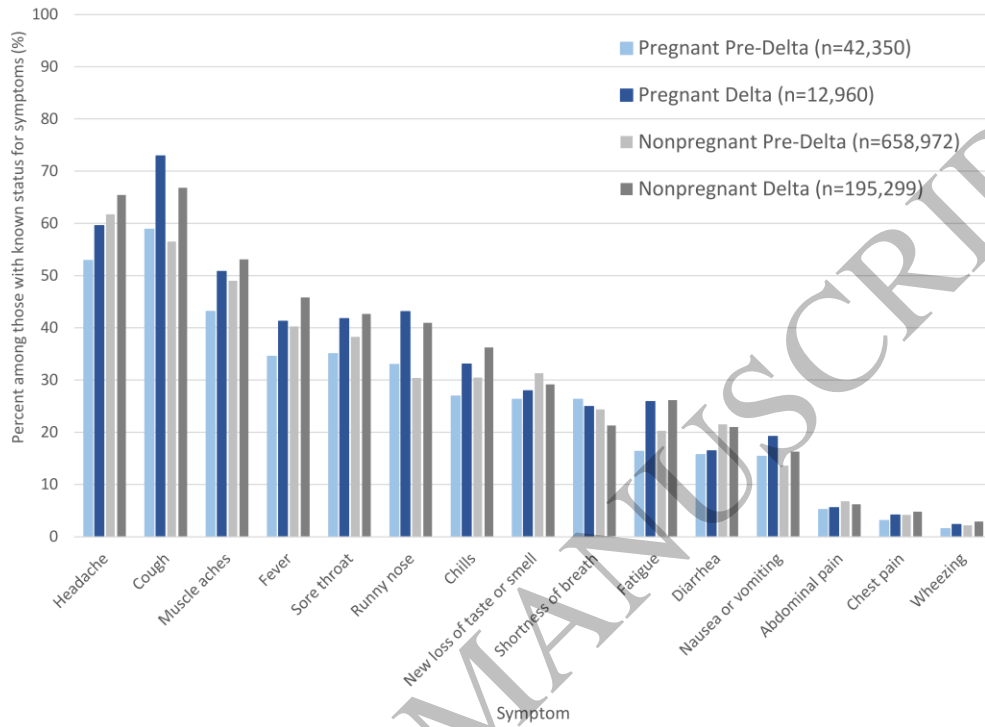
15 ^aSET-NET, Surveillance for Emerging Threats to Mothers and Babies Network

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Figure 1
165x128 mm (.62 x DPI)