

Review

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A systematic review on the imaging findings in auditory neuropathy spectrum disorder

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1. Introduction

Auditory Neuropathy Spectrum Disorder (ANSD) is characterized by abnormalities in the function of the auditory system, specifically affecting the transmission of sound signals from the inner ear to the brain ([Starr et al., 2000](#page-6-0)). The diagnosis of ANSD mainly comprises three events: first, the presence of otoacoustic emissions (OAEs) and or normal cochlear microphonics (CM) indicating normal outer hair cell (OHC) function; second, absent or perturbed auditory brainstem response (ABR) indicating that the transmission of afferent neural information from the IHCs to the brainstem pathways via the auditory nerve is disordered; third, absent or abnormal middle-ear muscle reflexes indicating the abnormal efferent feedback mechanism [\(Starr et al., 2000](#page-6-0); [Berlin et al., 2010\)](#page-5-0). ANSD patients' hearing thresholds range from normal hearing to profound hearing loss, and the hearing levels tend to fluctuate across evaluations (Rance and Starr, 2015). The prevalence of ANSD varies from 1% to 40% [\(Berlin et al., 2010](#page-5-0)). It is thought that around 7–10% of all childhood hearing loss is due to ANSD [\(Rance,](#page-6-0) [2005\)](#page-6-0). ANSD is typically thought to be a bilateral and symmetrical disorder. However, a few instances of unilateral conditions exist in the literature. Unilateral ANSD has been diagnosed in approximately 1.31%–7.31% of patients ([Zhang et al., 2012](#page-6-0)). Recent reports indicate a 2.4%–4.7% prevalence of unilateral ANSD[\(Usami et al., 2017\)](#page-6-0).

ANSD is a complex and heterogeneous disorder that can have various underlying causes, and these abnormalities can play a role in the development or manifestation of the condition. Abnormal findings of the brain, posterior cranial fossa, and cochlear nerves, either developmental or acquired, are commonly seen in the ANSD ([Roche et al., 2010\)](#page-6-0). Inner ear abnormalities are portrayed using Computerized tomography (CT) or Magnetic resonance imaging (MRI). Numerous anomalies that are not perceptible on CT are identified in children diagnosed with ANSD using MRI. CT examination augments MRI when there are inner ear abnormalities or a narrow IAC. Cochlear nerve deficiency (CND), which is a severe and literal variant of ANSD, is characterized by cochlear nerve hypoplasia (CNH) and cochlear nerve aplasia (CNA) ([Adunka et al.,](#page-5-0) [2006,](#page-5-0) [2007](#page-5-0); [Nakano et al., 2013\)](#page-6-0). Children with ANSD have higher chances of CND than children with sensorineural hearing loss (SNHL) ([Buchman et al., 2006;](#page-6-0) [Roche et al., 2010; Walton et al., 2008\)](#page-6-0). CND is

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indicated when there is a smaller cochlear nerve diameter than the nearby facial nerve in MRI and a narrow bony cochlear nerve canal (BCNC) in CT. The characteristics of unilateral ANSD appear to be mainly linked to CND ([Zhang et al., 2012](#page-6-0)).

Studies have demonstrated that examining the cochlear nerve can foresee the success and viability of cochlear implants in ANSD neonates with CNH or CNA [\(Jeong and Kim, 2013\)](#page-6-0). CT may miss cochlear nerve aplasias, which can be confirmed on MRI. Therefore, determining the status of CN is crucial to proceeding with ANSD management. Moreover, a thorough knowledge of the clinical profile, electrophysiologic results, and an accurate understanding of an MRI of the brain, IACs, and labyrinth are also necessary for identifying the condition. It is crucial to identify ANSD characteristics with early OAEs and CM. If the electrophysiological evaluation reveals features of ANSD, it is important to assess the probability of associated CND. Based on imaging findings, the most efficient hearing rehabilitation must be determined to set realistic expectations for parents and guardians and differentiate between ANSD with a normal cochlear nerve and CND. However, little attention is paid to imaging findings or the need for radiological assessment in patients exhibiting ANSD. Identifying ANSD as soon as possible through newborn hearing screening and referring infants for a thorough audiological and radiological evaluation is critical. Hence, there is a need to understand various imaging findings in the ANSD population for the correct etiologic diagnosis. Thus, this review provides insight into imaging findings in ANSD, which would help audiologists predict the prognostic factors and the right line of rehabilitation.

2. Methods

The systematic review used the Preferred Reporting Items for Systematic Review and Meta-analyses statement (PRISMA) criteria. Studies were selected based on quality assessment of the method, data, intervention, and outcome. Articles published from 2002 to 2022 were retrieved for the systematic review. We considered original articles that used human subjects, adequate samples, and pertinent statistics. The review considered only works that were available in English. Articles with poor methodological quality or articles other than the English language were excluded. Reports, including animal studies, were excluded. The PECOS review question was used for the systematic review, which included: Participant- ANSD population; Exposure-Radiological tests; Control-Normal hearing peers/SNHL; Outcome- Results obtained from the radiological test.

A literature search of studies published over the past twenty years was conducted in electronic records such as Pub Med, Google Scholar, J gate, and Science Direct using Boolean operators such as 'AND,' 'OR,' 'NOT.' The keywords used for the literature search were 'Auditory neuropathy,' 'Auditory Dysynchrony,' 'ANSD,' imaging,' 'Auditory neuropathy spectrum disorder,' 'cochlear nerve,' 'radiology,' 'MRI,' 'CT,' and 'cochlear nerve deficiency.

The Rayyan QCRI (Qatar Computing Research Institute) and Mendeley desktop reference manager systems were used to integrate the search results, and the duplicate studies were removed. The titles and abstracts retrieved from the search strategies were screened to find the studies meeting the inclusion criteria. After that, the full text of the potential studies was retrieved and matched to see if they were eligible. The extracted data included article title, author details with their affiliation, year of publication, research design, study population, sample size, age group, comparison group, method of outcome measures, and keywords specific to imaging findings in ANSD.

The studies shortlisted in the review were subjected to a quality assessment using the National Institutes of Health (NIH) Quality Assessment Tool for observational cohort, cross-sectional, case-control, and case-series studies. The following criteria: design, research population, sample bias, information gathering, variables, blinding, and dropouts, were all covered by the NIH Quality Assessment Tool for observational cohort and cross-sectional studies. The design, target

population, selection bias, data collection, information on the case and control separately, measures of exposure, blinding, and important potential confounding variables are all covered by the NIH Quality Assessment Tool for case-control studies. The NIH Quality Assessment Tool for case-series studies includes design, target population, information gathering, and information on case exposure and outcomes. Based on these criteria, studies rated as "good" and "fair" were included in the systematic review.

3. Results

The literature search identified 379 articles across all the databases, of which 72 duplicates were removed. The titles and abstracts of 307 articles were screened, and 252 were excluded as they did not fulfill the review objectives. Thus, 55 articles were included for the next step. The full-text articles were obtained for the 55 abstracts identified. For the final review, 19 articles were considered based on the inclusion criteria. [Fig. 1](#page-2-0) depicts the schematic representation of the literature search process for the review.

3.1. Results of data extraction

[Table 1](#page-3-0) shows the aim of the study, study design, details of the participants, audiological and radiological tests, and the results of individual studies included in the systematic review.

Note: UANSD-Unilateral auditory neuropathy spectrum disorder, DPOAE-Distortion product otoacoustic emission, TEOAE-Transient evoked otoacoustic emissions, AEP-Auditory evoked potential, Cvemp-Cervical evoked myogenic potential, vHIT-video head impulse test, MRI-Magnetic resonance imaging, IAM- Internal auditory meatus, CNA-Cochlear nerve aplasia, CNH-Cochlear nerve hypoplasia, PTA-Pure tone audiometry, BA-Behavioral audiometry, ABR-Auditory brainstem response, ECochG-Electrocochleography, ASSR-Auditory steady-state potential, AERP-Auditory event-related potential, CND-Cochlear nerve aplasia, UAN-unilateral auditory neuropathy, SNHL-Sensorineural hearing loss, HRCT-High resolution computerized tomography, HU-Hounsfield units, LD-Long diameter, SD-Short diameter, CSA-Cross sectional area, FN-Facial nerve, AICA-Anterior inferior cerebellar artery, SCC-Semicircular canal, IE-Inner ear, EVA-enlarged vestibular aqueduct, CPA-Cerebellopontine angle, CAP-Categories of auditory performance, IT-MAIS-Infant toddler meaningful auditory integration scale, MWT-Monosyllabic word test, BCNC-Bony cochlear nerve canal, VCN- vestibulocochlear nerve, CN-cochlear nerve, IE-Inner ear, OCR-Olivocochlear response,VN-Vestibular nerve, CMV-Cytomegalovirus, WM-White matter.

4. Discussion

4.1. Imaging abnormalities in the ANSD population

In the current systematic review, 18 studies identified imaging abnormalities within the ANSD population. Notably, one study by [Meethal](#page-6-0) [et al. \(2019\)](#page-6-0) reported that all participants with ANSD exhibited no imaging abnormalities. The most common imaging abnormality found in ANSD was CND, including CNA and CNH, reported in more than half of the reviewed articles. Various imaging abnormalities reported in different studies are illustrated in [Table 2](#page-5-0).

Multiple factors can contribute to the etiology of ANSD, and the pathology may involve various sites. Due to the connection between the inner ear and cochlear nerve development in fetal life and the brainstem's influence on CN development, abnormalities of the inner ear and brain are directly related to CND. Also, the authors suggest that developmental insults to CN, inner ear, and rhombencephalon happen during earlier periods and lead to bilateral CND. In contrast, unilateral CND is associated with lesions within inner hair cells (IHC), spiral ganglion, or the CN, which occurs later in life [\(Huang et al., 2010a](#page-6-0)). From [Table 2](#page-5-0) it

Fig. 1. Prisma flow chart to depict the search process.

can be noted that IAC stenosis and abnormal BCNC in association with CND are also common in ANSD. [Glastonbury et al. \(2002\)](#page-6-0) report that IAC size may be related to the volume of vestibulocochlear nerve fibres. Also, the BCNC size depends on how CN develops in uterus. Human temporal bone studies explain CND in association with inner ear anomalies, narrow IAC, and very rarely concerning normal IAC ([Felix](#page-6-0) [and Hoffmann, 1985; Nadol and Xu, 1992](#page-6-0); [Nelson and Hinojosa, 2001](#page-6-0); [Spoendlin and Schrott, 1990](#page-6-0); [Ylikoski and Savolainen, 1984\)](#page-6-0). [Lin et al.](#page-6-0) [\(2020\)](#page-6-0) reported that inner ear abnormality found in their patients was related to prematurity (acquired ANSD), and CNS abnormalities were seen in acquired (Prematurity, Kernicterus & Perinatal hypoxia) and genetic-related ANSD.

[Wang et al. \(2017\)](#page-6-0) report that the reason for modiolar ossification seen in ANSD is unclear; however, neonatal injury, such as hyperbilirubinemia, which can alter the otic capsule, including the modiolus, maybe the reason. The mechanism responsible for CND is unclear; however, it can be due to congenital and acquired factors. The absence of neurotrophic factors can cause ganglion cell loss and CN agenesis ([Bernd, 2008;](#page-5-0) [Fritzsch et al., 2004](#page-6-0)). Some acquired insults to CN during the developmental period can also be suspected. Investigation of neurotrophic factors such as cytomegalovirus and other viruses and perinatal events is necessary. These reports highlight the need for detailed radiological evaluation in patients with ANSD characteristics to rule out coexisting pathology and to recommend correct management.

4.2. Different imaging protocols used for the etiology-based diagnosis of ANSD

MRI was the principal imaging technique used in most investigations and/or a combination of CT and MRI to examine various abnormalities in the current review. None of the studies used CT alone. Details regarding the studies that employed MRI and a combination of CT and MRI are depicted in [Table 3](#page-5-0).

[Liu et al. \(2012\)](#page-6-0) concluded that for the identification of CND, oblique sagittal MRI of IAC was most helpful in precisely diagnosing the condition. Another study found that 3 CNA missed in CT, was confirmed through MRI ([Mohammadi et al., 2015](#page-6-0)). Hence, the authors suggest MRI as the first line of choice in the definitive diagnosis. A study on modiolar ossification in ANSD performed temporal bone CT and MRI utilizing mid-modiolar cut for the image analysis [\(Wang et al., 2017\)](#page-6-0). [Ai et al.](#page-5-0) [\(2016\)](#page-5-0) used high-resolution CT (HRCT) temporal bone to identify IAC stenosis.

[Peng et al. \(2016\)](#page-6-0) studied the short diameter (SD), long diameter (LD), and cross-sectional area (CSA) of CN in adults with ANSD using 3.0 T MRI employing three-dimensional (3D) Fast Imaging Employing Steady-state Acquisition (FIESTA), and the images were reconstructed in the oblique sagittal plane. Few studies performed MRIs using a dedicated VIII nerve protocol. Sagittal unenhanced T1-weighted images and axial fluid attenuation inversion recovery (FLAIR) and T2-weighted images of the brain, as well as high-resolution 3D constructive interference in the steady state (CISS) or fast recovery fast spin-echo (RESTORE) images of the temporal bones, was utilized [\(Roche et al.,](#page-6-0) [2010; Huang et al., 2010a](#page-6-0)). [Roche et al. \(2010\)](#page-6-0) defined a small BCNC when the size is 1.3 mm or less in Temporal bone CT using contiguous direct sequential axial and coronal images. [Buchman et al. \(2006\)](#page-6-0) described that CN is absent when it cannot be visualized on axial, coronal, or reconstructed coronal oblique IAC plane. [Jeong and Kim \(2013\)](#page-6-0) classified ANSD as Type 1 and Type 2 based on the results obtained on CT. An intact BCNC on CT and CN on MRI were grouped into Type 1. Patients were classified as having Type 2, if they had a stenotic or obliterated BCNC on CT and a CND on MRI. The ideal imaging modality and criteria for labeling CND are unclear. [Levi et al. \(2013\)](#page-6-0) report that the CT scan was superior for measuring IAC size and the BCNC, but the MRI was superior for evaluating the nerve. [Roche et al. \(2010\)](#page-6-0)

Table 1

The details of participants, the audiological and radiological tests used in the study, and the results for each study in the systematic review.

Table 1 (*continued*)

Table 2

Imaging abnormalities reported in ANSD across different studies.

Note: CND-Cochlear nerve deficiency**,** CNA- Cochlear nerve aplasia**,** CNH-Cochlear nerve hypoplasia**,** IAC-Internal auditory canal, SCC-Semicircular canal, BCNC-Bony cochlear nerve canal, CNS-Central nervous system, CN-Cochlear nerve, CSA-Cross sectional area, CSF-Cerebrospinal fluid, WM-White matter.

Table 3

Imaging modalities used in different studies.

recommend performing CT when a small IAC is evidenced. The presence of a CN is not always confirmed by a normal IAC on CT ([Walton et al.,](#page-6-0) [2008\)](#page-6-0). In light of this, it can be said that MRI is the imaging method of choice for all pediatric cases with ANSD. HRCT is used only when narrow IAC, pathology of the temporal bone, inner ear abnormalities, or cochlear lumenal obstruction are found (Adunka et al., 2006, 2007; [Buchman et al., 2006](#page-6-0)).

Thus, it can be concluded that MRI is preferable to CT for evaluating nerves, but CT is better for measuring the size of IAC and the BCNC. CT identifies bony abnormalities but cannot identify nerves (Adunka et al., 2007). CND is identified even when there is an intact bony structure. Hence, an MRI is necessary for visualizing these nerves. CT becomes beneficial in identifying abnormal bony landmarks like a narrowed IAC or CNC or an atypical facial nerve canal.

4.3. Cochlear nerve deficiency as a characteristic feature of unilateral ANSD

Studies on clinical characteristics, etiology, and imaging findings in unilateral ANSD are limited ([Laurent et al., 2022\)](#page-6-0). Some studies solely report the clinical and imaging features of unilateral ANSD ([Laurent](#page-6-0) [et al., 2022; Song et al., 2021; Mohammadi et al., 2015; Liu et al., 2012](#page-6-0); [Maris et al., 2011\)](#page-6-0), and few studies report CND as the predominant cause in unilateral ANSD [\(Mohammadi et al., 2015](#page-6-0); [Liu et al., 2012](#page-6-0)). [Laurent](#page-6-0) [et al. \(2022\)](#page-6-0) found that 17 of their patients out of 18 with unilateral ANSD had CND (including CNA and CNH). Another study revealed that 59% of the participants with unilateral ANSD had evidenced CNA ([Mohammadi et al., 2015\)](#page-6-0). Also, [Huang et al. \(2010a\)](#page-6-0) reported that two-thirds of the unilateral ANSD participants in their study had CND. [Liu et al. \(2012\)](#page-6-0) also suggest that CND can cause unilateral ANSD. Even though a few studies show an association between CND and unilateral ANSD, evidence in this area is lacking and unclear. Hence, further investigations with more participants are necessary to conclude better the characteristic features and causes associated with unilateral ANSD. Also, these studies suggest the need for imaging rather than limiting audiological evaluation to understand better the pathology related to unilateral ANSD.

5. Conclusions

ANSD is a multifactorial condition encompassing heterogeneous etiologies. Therefore, early imaging investigations add to exploring the underlying mechanism of ANSD. Also, integrating imaging studies into diagnostic protocol would help better understand the underlying pathology and expedite decision-making and intervention.

Authors' contribution

Supriya - concept development, study design, systematic literature search, results, interpretation, and manuscript writing; Chandni Jain concept development and study design, systematic literature search, and manuscript writing.

Declaration of competing interest

The authors of the publication do not have any financial, personal, or professional conflicts of interest that could potentially bias or influence the research or its outcomes.

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