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ORIGINAL RESEARCH

# Patient-reported outcomes in schizophrenia patients treated with once-monthly extendedrelease risperidone in a long-term clinical study

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**Purpose:** RBP-7000 (PERSERIS<sup>TM</sup>) is a once-monthly subcutaneous extended-release risperidone formulation approved by the United States Food and Drug Administration for the treatment of schizophrenia in adults. The objective of this study was to describe the long-term impact of RBP-7000 on health-related quality of life (HRQoL), subjective well-being, treatment satisfaction and medication preference in patients with schizophrenia.

**Patients and methods:** HRQoL was derived from a 52-week multicentre Phase III singlearm open-label outpatient study that assessed the safety and efficacy of RBP-7000 (120 mg) in patients with schizophrenia. HRQoL was measured using the EuroQol EQ-5D-5L and Short-Form Survey SF-36 version 2; well-being using the Subjective Well-being Under Neuroleptic Treatment – Short Version (SWN-S); satisfaction using the Medication Satisfaction Questionnaire and medication preference using the Preference of Medication questionnaire.

**Results:** Of 482 participants at baseline, 234 remained through the end of study (EOS; week 52). Mean HRQoL and well-being scores remained stable between baseline (EQ-5D-5L index: 0.83; SF-36v2 Physical Component Score: 50; SF-36v2 Mental Component Score: 46; total SWN-S score: 89) and EOS (EQ-5D-5L index: 0.86; SF-36v2 Physical Component Score: 49; SF-36v2 Mental Component Score: 47; total SWN-S score: 90). The proportion of participants reporting satisfaction increased between week 4 (66%) and EOS (81%), with a similar trend for the preference of RBP-7000 over previous treatment (week 4: 66%; EOS: 72%). Sensitivity analyses suggested a minor effect of dropout on characterization of change over time in patient-reported outcomes (PRO) measures.

**Conclusion:** Study participants attained mean HRQoL scores near that of the general US population. Over two-thirds reported high satisfaction with and preference for RBP-7000 across the study period. Additional research is needed to confirm whether these PRO translate into improved outcomes such as adherence and ultimately fewer relapses in patients with schizophrenia.

**Keywords:** antipsychotics, quality of life, medication satisfaction, medication preference, clinical trial

## Introduction

Discontinuation or disruption of antipsychotic therapy in the treatment of schizophrenia is one of the primary causes of relapse among patients with schizophrenia or schizoaffective disorder.<sup>1</sup> Administration of long-acting injectable (LAI) medications to patients with schizophrenia has the potential to improve medication adherence and lower discontinuation rates compared to patients on daily oral therapy.<sup>2,3</sup> Previous research has found that switching patients with schizophrenia

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or schizoaffective disorder from shorter-acting oral to LAI formulations improved health-related quality of life  $(HRQoL)^{4,5}$  and reduced hospitalization rates.<sup>4,6</sup>

The safety and efficacy of risperidone in the management of positive symptoms of schizophrenia is well established.<sup>7–9</sup> Risperidone is marketed in a number of countries, including the US, in various formulations including tablets, orally disintegrating tablets, oral solutions and intramuscular injections.<sup>10,11</sup>

After a 3-week initiation period during which patients have to be concurrently treated with oral risperidone to ensure adequate therapeutic plasma concentrations, the LAI intramuscular formulation of risperidone is administered every 2 weeks as deep deltoid or gluteal injections.<sup>12</sup> In contrast, RBP-7000 (PERSERIS™, Indivior, Inc., Richmond, VA, USA), provides a once-monthly subcutaneous (SC) extended-release risperidone formulation that does not require any oral supplementation for the treatment of schizophrenia in adults.<sup>13</sup> An 8-week, randomized, double-blind, placebo-controlled Phase III study of RBP-7000 (NCT02109562) demonstrated the clinical safety and efficacy of RBP-7000<sup>14</sup> and significant improvements in HRQoL and overall well-being.<sup>15</sup> To build upon this evidence, the aim of the present analysis was to further describe the effects of RBP-7000 on patientreported HRQoL, subjective well-being, treatment satisfaction and preference to medication over 52 weeks.

# Methods

This analysis used data from a 52-week multicentre Phase III open-label outpatient study (NCT02203838) that was conducted at 50 sites in the US between June 2014 and September 2016 to assess the long-term safety and tolerability of RBP-7000 (120 mg) in patients with schizophrenia. The study methods and results for clinical efficacy and safety (eg, Positive and Negative Syndrome Scale [PANSS], Clinical Global Impression-Severity of Illness, Abnormal Involuntary Movement Scale) are reported elsewhere.<sup>16</sup>

The study was conducted in accordance with the International Conference on Harmonisation Good Clinical Practice guidelines, Food and Drug Administration regulations governing clinical study conduct and the Declaration of Helsinki (2013). The study protocol, all protocol amendments, written study patient information, the written informed consent form and all other appropriate study-related information were reviewed and approved by the Copernicus Group Independent Review Board <sup>®</sup> (CGIRB).

## Participants

Two cohorts provided participants for the clinical study: a rollover cohort and a de novo cohort. The rollover cohort consisted of participants with schizophrenia, aged 18-55 years, who had completed an earlier 8-week, randomized double-blind, placebo-controlled RBP-7000 study (NCT02109562)<sup>14,15</sup> during which they had received 2 monthly SC injections of either placebo, RBP-7000 90 mg or RBP-7000 120 mg and provided that treatment continuation was clinically warranted and participants were judged stable enough to enroll by the investigator. After the end of the placebo-controlled study (EOS), participants entered the open-label outpatient study directly with their third injection on day 1. Participants received up to an additional 11 SC injections of RBP-7000 over the course of 40 weeks in this study.

The de novo cohort consisted of participants who were diagnosed with schizophrenia, aged 18-65 years, who were not previously exposed to RBP-7000, were considered clinically stable with a PANSS total score  $\leq$ 70 at screening and were otherwise healthy based on physical examination; those with suicidal ideation (within 6 months) or behavior (within 1 year) based on Columbia-Suicide Severity Rating Scale assessment, or with a significant risk of suicide in the opinion of the investigator, were excluded. De novo participants not on oral risperidone or on doses other than 3or 4 mg entered a run-in or conversion phase where they were tapered off their current antipsychotic medications (Figure 1) and started on a 7- to 14-day regimen of oral risperidone, whereas de novo participants already receiving oral risperidone did not have to complete the run-in or conversion phase and entered the study directly. De novo participants received up to 13 SC injections of RBP-7000 over the course of 52 weeks.

## Exposure

All participants received RBP-7000 120 mg at study entry. A single dose modification for tolerability to RBP-7000 90 mg was allowed at the investigator's discretion. Participants who were down-titrated to the RBP-7000 90mg dose who exhibited a worsening in psychiatric symptoms (ie, total PANSS score >70 or a 20% increase in PANSS score from previous assessment [at the 120-mg dose prior to the dose reduction]) received a subsequent single dose modification to RBP-7000 120 mg at the investigator's discretion.

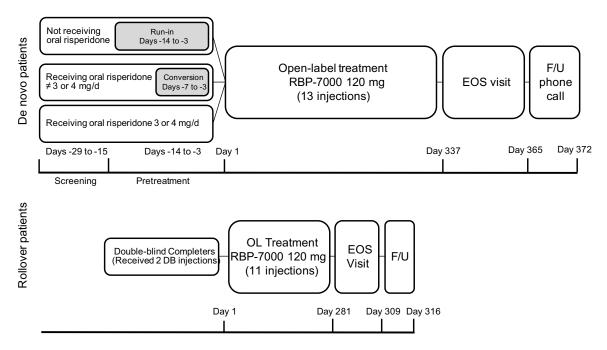


Figure I Study design for the open-label phase of de novo and rollover participants. Rollover participants received 2 doses of RBP-7000 during the previous 8-week trial and up to an additional 11 SC injections over the course of 40 weeks in this study. De novo participants received up to 13 SC injections of RBP-7000 over the course of 52 weeks. If they were not on oral risperidone, or on doses other than 3 or 4 mg, they were tapered off their current antipsychotic medications and initiated on a 7- to 14-day regimen of oral risperidone. If they were already receiving oral risperidone, they did not have to complete the run-in or conversion phase and entered the study directly.

Abbreviations: C, conversion; DB; double-blind; EOS, end of study; F/U, follow-up; OL, open-label; RI, run-in; SC, subcutaneous.

### Patient-reported outcomes

Key patient-reported outcome (PRO) measures included the EuroQoL 5D 5-Level (EQ-5D-5L); Short-Form 36-item Questionnaire, Version 2 (SF-36v2); Subjective Well-being Under Neuroleptic Treatment-Short Version (SWN-S); Medication Satisfaction Questionnaire (MSQ) and the Preference of Medication (POM) Questionnaire. EQ-5D-5L, SF-36v2 and SWN-S assessments were administered at screening and weeks 0 (injection 1), 12 (injection 3), 24 (injection 6), 36 (injection 9) and 52 (EOS); MSQ and POM were administered at weeks 4, 12, 24, 36 and 52 with MSQ also administered at screening.

Depending on the measure and its inclusion in the double-blind trial, observations were compared to active baseline, open-label baseline or the first measurement within this clinical study. Active baseline was defined as the last non-missing measurement taken prior to the first dose of RBP-7000 regardless of whether received during the double-blind or open-label studies (ie, the measurement taken on the same day as the first dose). Open-label baseline was defined for all participants as the last non-missing measurement taken prior to the date of first dose of RBP-7000 in this clinical study.

#### Health-related quality of life

HRQoL was measured using the EQ-5D-5L as well as the SF-36v2. The EQ-5D-5L is a standardized, patient-reported, generic instrument for measuring health outcomes<sup>17,18</sup> that has been validated in schizophrenic patients.<sup>19</sup> It provides a simple descriptive profile and a single index value for health status. The instrument consists of the EQ-5D-5L descriptive system and the VAS. The descriptive system consists of 5 dimensions (mobility, self-care, usual activities, pain/discomfort, anxiety/ depression) with 5 levels of severity (no problems, slight problems, moderate problems, severe problems, extreme problems) within each dimension, which are used to generate the index score anchored at 0 for death and 1 for no problems reported in any dimension. The VAS records the respondent's self-rated health on a 20-cm, 100-point vertical VAS with endpoints labeled "The worst health you can imagine" at 0 and "The best health you can imagine" at 100.

The SF-36v2 is a self-reported, multipurpose, 36-item survey that measures 8 domains of health: bodily pain, general health, general mental health, physical functioning, role-emotional, role-physical, social functioning and vitality.<sup>20,21</sup> The reliability and validity of this instrument have been demonstrated in a schizophrenic population.<sup>22</sup>

Scores range from 0 to 100, with higher scores indicating better HRQoL. The SF-36v2 yields scale scores for each of the 8 health domains and 2 summary measures derived from the domain scores: physical component summary (PCS) and mental component summary (MCS). The PCS and MCS are constructed to have a mean of 50 and standard deviation of 10 in the general US population. The SF-36v2 was scored per convention using proprietary software.

#### Subjective well-being

The SWN-S scale is a 20-item (10 positive and 10 negative) patient-rated instrument designed to capture subjective wellbeing during antipsychotic treatment.<sup>23</sup> The reliability of this instrument has been demonstrated in patients with schizophrenia.<sup>24</sup> Each item is scored on a Likert scale with 6 response categories ranging from "Not at all" to "Very much." Each item is scored from 1 to 6, with a minimum total score of 20 (low subjective well-being) and a maximum total score of 120 (good subjective well-being). The SWN-S has 5 subscales (mental functioning, self-control, emotional regulation, physical functioning and social integration) from which a total score is derived.

#### Treatment satisfaction

Medication satisfaction was measured using the MSQ. The MSQ is a single-item questionnaire that evaluates satisfaction with current antipsychotic medication and was found to be reliable in patients with schizophrenia.<sup>25</sup> The single item is scored from 1 (Extremely dissatisfied) to 7 (Extremely satisfied). The MSQ was assessed dichotomously as "Dissatisfied" (scores 1–4) and "Satisfied" (scores 5–7).

### Preference of medication

The POM is a 2-item questionnaire assessing the preference for the current antipsychotic compared with the most recent pre-study antipsychotic.<sup>26</sup> Even though both the items ask the same question, one is addressed to the subject and the other to the subject's caregiver. The item is scored from 1 (Much better; I prefer this medication) to 5 (Much worse; I prefer my previous medication). The POM was evaluated dichotomously as "Better" (scores 1–2) and "Same or worse" (scores 3–5).

## Statistical analysis

All items and/or summary scales were descriptively summarized by cohort (de novo and rollover) and combined and presented as an "All Participants" cohort. Categorical variables were summarized using frequencies and percentages, and continuous measures were summarized using descriptive statistics (mean, SD).

#### Sensitivity analyses

To check for withdrawal bias, baseline characteristics were compared between completers and non-completers. Completers were defined as participants who reached EOS, while non-completers were those who stopped treatment or dropped out before reaching EOS, in which case an end of treatment measurement had been collected.

Patterns of missingness were explored to determine the type of missingness. Mixed-effect models with repeated measures (MMRM) and joint process models were used to investigate the impact of informative censoring of long-itudinal PRO outcomes due to dropout/discontinuation of the treatment regimen. Joint process models were used to simultaneously model longitudinal PRO and time to dropout/discontinuation.

## Results

Of the 482 participants with a baseline PRO assessment within the clinical study (395 de novo and 87 rollover) (Table 1), 234 participants (48.5%) completed the study. The most common reasons for study discontinuation among study non-completers were participants withdrawing consent (21%) and dropout due to clinical reasons (20%), including lack of efficacy, adverse events and withdrawn by investigator (Table 2). The majority of participants in the PRO cohort were male (67.6%) and African American (71.0%) with a mean age of 45.1 years.

# Impact of RBP-7000 on HRQoL and subjective well-being

EQ-5D-5L index and VAS scores remained stable from active baseline to EOS (Table 3). At active baseline and EOS, participants reported the most problems in the EQ-5D-5L anxiety/depression dimension and the least problems in the self-care dimension.

Among all SF-36v2 dimensions and across all cohorts, participants reported the lowest scores in the vitality dimension and the highest scores in the bodily pain dimension at both open-label baseline and EOS assessments. Scores across all SF-36v2 dimensions remained stable from open-label baseline to EOS in the all participants cohort. Within the same cohort, mean PCS and MCS scores also remained stable from open-label baseline to EOS (Table 3).

#### Table I Baseline characteristics by cohort

	Participants, n (%)	)	
	De Novo	Rollover	All participants
	(N=395)	(N=87)	(N=482)
Sex			
Male	266 (67.3)	60 (69.0)	326 (67.6)
Female	129 (32.7)	27 (31.0)	156 (32.4)
Age, years			
≤20	2 (0.5)	1 (1.1)	3 (0.6)
21–30	38 (9.6)	10 (11.5)	48 (10.0)
31-40	78 (19.7)	24 (27.6)	102 (21.2)
41–50	124 (31.4)	32 (36.8)	156 (32.4)
51–55	83 (21.0)	19 (21.8)	102 (21.2)
56–65	70 (17.7)	1 (1.1)	71 (14.7)
Race			
Caucasian	105 (26.6)	25 (28.7)	130 (27.0)
African American	283 (71.6)	59 (67.8)	342 (71.0)
Asian	3 (0.8)	1 (1.1)	4 (0.8)
American Indian or Alaska Native	2 (0.5)	0	2 (0.4)
Native Hawaiian or Other Pacific Islander	I (0.3)	2 (2.3)	3 (0.6)
Other	I (0.3)	0	I (0.2)

Abbreviations: EOS, end of study; SWN-S, subjective well-being under neuroleptic scale.

#### Table 2 Reasons for dropout by cohort

	De novo	Rollover	All participants
Number of participants in the PRO analyses	395	87	482
Completed the study, n (%) <sup>a</sup>	198 (50.1)	36 (41.4)	234 (48.5)
Discontinued from the study, n (%) <sup>a</sup>	197 (49.9)	51 (58.6)	248 (51.5)
Clinical reasons for discontinuation	80 (20.3)	18 (20.7)	98 (20.3)
Lack of efficacy	7 (1.8)	2 (2.3)	9 (1.9)
Adverse event	46 (11.6)	11 (12.6)	57 (11.8)
Withdrawn by investigator	27 (6.8)	5 (5.7)	32 (6.6)
Non-clinical reasons for discontinuation	117 (29.6)	33 (37.9)	150 (31.1)
Lost to follow-up	33 (8.4)	5 (5.7)	38 (7.9)
Protocol deviation	7 (1.8)	3 (3.4)	10 (2.1)
Withdrew consent	76 (19.2)	25 (28.7)	101 (21.0)
Sponsor discontinued study	0	0	0
Unknown	1 (0.3)	0	1 (0.2)

Notes: <sup>a</sup>Because of rounding, percentages may not total 100.

Abbreviation: PRO, patient-reported outcomes.

Across all cohorts, stable SWN-S scores were reported from active baseline to EOS (Table 4).

# Impact of RBP-7000 on treatment satisfaction and preference

The proportion of satisfied participants based on the MSQ increased by 15 percentage points from first measurement

after active RBP-7000 treatment to EOS (Figure 2). An increase in satisfaction with treatment was observed in the de novo treatment cohort with 80% reporting satisfaction at EOS compared to 64% at active baseline.

From first measurement (week 4) to EOS, the proportion of participants reporting preference on the POM for RBP-7000 as "better" compared to current antipsychotic medication increased among the all participants cohort

Measure	Baseline <sup>a</sup>			End of study		
	De novo (N=395)	Rollover (N=87)	All participants (N=482)	De Novo (N=198)	Rollover (N=36)	All participants (N=234)
EQ-5D-5L						
Index	0.86 (0.15)	0.84 (0.18)	0.85 (0.16)	0.85 (0.15)	0.83 (0.18)	0.85 (0.15)
VAS	81.0 (17.9)	83.I (I8.9)	81.4 (18.1)	82.9 (15.1)	82.3 (16.8)	82.8 (15.4)
SF-36v2						
Bodily pain	73.2 (26.3)	73.2 (27.0)	73.2 (26.4)	75.4 (27.1)	69.3 (25.9)	74.5 (26.9)
General health	67.8 (21.7)	67.0 (19.4)	67.7 (21.3)	67.5 (21.2)	63.0 (22.9)	66.8 (21.5)
Mental health	67.3 (22.5)	67.0 (19.3)	67.3 (21.9)	70.3 (20.6)	63.I (22.4)	69.2 (21.0)
Physical functioning	71.5 (28.1)	73.8 (28.7)	71.9 (28.2)	70.7 (27.0) <sup>b</sup>	65.7 (33.6)	69.9 (28.1) <sup>b</sup>
Role-emotional	67.8 (29.3)	65.3 (26.9)	67.3 (28.9)	68.9 (28.5) <sup>b</sup>	65.5 (29.7)	68.4 (28.7) <sup>b</sup>
Role-physical	68.I (28.9)	69.6 (27.3)	68.4 (28.6)	65.5 (28.9) <sup>b</sup>	64.6 (29.1)	65.4 (28.9) <sup>b</sup>
Social functioning	69.8 (25.9)	65.8 (23.5)	69.0 (25.5)	71.1 (25.4) <sup>b</sup>	72.2 (23.5)	71.3 (25.1) <sup>b</sup>
Vitality	62.5 (21.2)	62.I (18.2)	62.5 (20.6)	63.1 (22.5) <sup>b</sup>	60.2 (25.5)	62.6 (23.0) <sup>b</sup>
PCS	50.0 (9.1)	50.7 (9.2)	50.1 (9.1)	49.4 (8.8)	48.1 (10.0)	49.2 (9.0)
MCS	45.8 (11.5)	44.5 (9.6)	45.6 (11.2)	47.0 (10.7)	45.2 (10.1)	46.7 (10.6)
Notes: <sup>a</sup> Open-label baseline. <sup>b</sup> For these domains, the number of participants r Abbreviations: EQ-5D-5L, EuroQol 5-Dimensions 5-Level; EOS, end of study; Version 2.	or these domains, the number o oQol 5-Dimensions 5-Level; EOS	f participants responding were , end of study; HRQoL, health	Notes: <sup>a</sup> Open-label baseline. <sup>b</sup> For these domains, the number of participants responding were I less than the overall N reported. Abbreviations: EQ-5D-5L, EuroQol 5-Dimensions 5-Level; EOS, end of study; HRQoL, health-related quality of life; MCS, mental component summary; PCS, physical component summary; SF-36v2, Short-Form 36-item Questionnaire Version 2.	ponent summary; PCS, physical c	omponent summary; SF-36v2	, Short-Form 36-item Questionnaire

Table 3 Mean (SD) HRQoL scores by cohort at baseline and EOS

Measure	Active baseline			End of study			
	De novo (N=395)	Rollover (N=87)	All participants (N=482)	De novo (N=197)	Rollover (N=36)	All participants (N=233)	
Emotional regulation	18.6 (4.3)	17.8 (3.9)	18.4 (4.2)	18.6 (4.0)	18.1 (4.3)	18.5 (4.0)	
Mental functioning	17.4 (4.5)	16.7 (4.3)	17.3 (4.5)	17.8 (4.5)	17.1 (4.1)	17.7 (4.4)	
Physical functioning	18.7 (4.2)	18.2 (4.4)	18.7 (4.2)	18.5 (4.3)	17.9 (4.6)	18.4 (4.4)	
Self-control	18.0 (3.7)	18.4 (3.7)	18.1 (3.7)	18.6 (3.8)	17.3 (3.6)	18.4 (3.8)	
Social integration	16.9 (4.2)	16.6 (4.0)	16.8 (4.2)	17.2 (4.0)	16.7 (4.4)	17.2 (4.0)	
Total	89.6 (17.2)	87.7 (16.2)	89.3 (17.0)	90.7 (17.0)	87.1 (17.8)	90.1 (17.2)	

Table 4 Mean (SD) SWN-S scores by cohort at active baseline and end of study

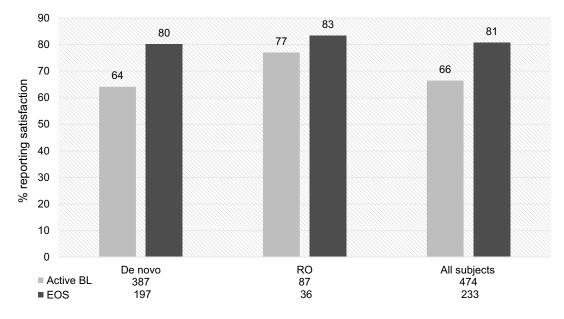


Figure 2 Proportion of de novo and rollover (RO) participants reporting satisfaction with RBP-7000, at active baseline (BL) and end of study (EOS). There was a 15% increase in satisfaction among all participants from baseline to end of study.

(66% vs 72%) (Figure 3). By EOS, the proportion of participants reporting the preference for RBP-7000 on the POM in the rollover cohort remained stable, while the de novo cohort showed an increase in preference from first assessment (64–71%).

### Sensitivity analysis

A comparison of open-label baseline characteristics between completers and non-completers revealed no significant differences in age, sex, race or body mass index. There were some minor differences in the prevalence of certain comorbid conditions (hypertension and insomnia), but overall there were no major differences between completers and non-completers at baseline.

Upon exploration, it was determined that the pattern of missingness was non-ignorable, ie, missing not at random,

and a joint process modeling approach was considered appropriate (longitudinal modeling of PRO and time to discontinuation/dropout). Withdrawal bias due to dropouts for key PRO measures (SF-36v2 PCS, SF-36v2 MCS, SWN-S, MSQ) was assessed by comparing the estimates obtained from 3 models: MMRM (completers only), MMRM (all participants including both completers and non-completers) and joint process survival model (all participants including both completers and non-completers). The results from these models suggested a minor effect of dropout on characterization of change over time in PRO measures (Table S1).

## Discussion

Few LAI treatment studies conducted in patients with schizophrenia report on PRO measures even though the

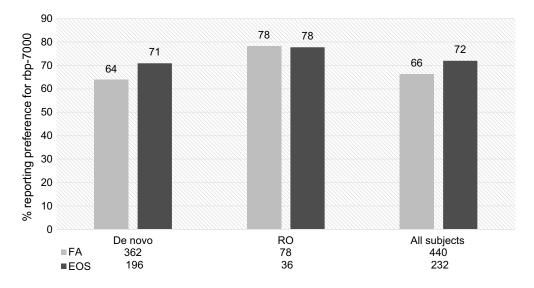


Figure 3 Proportion of de novo and rollover (RO) participants reporting preference for RBP-7000 as compared with the most recent pre-study antipsychotic medication, at first assessment (FA,week 4) and end of study (EOS). There was a 6% increase in the proportion of patients reporting preference for current antipsychotic medication among all participants.

patient's perception of medication benefit is a predictor of improved compliance.<sup>5,27,28</sup> The results of this study demonstrate the long-term sustainability of improvements seen in HRQoL and overall well-being associated with RBP-7000 treatment. This builds on the evidence generated within the previously completed double-blind, randomized, placebo-controlled study, which reported significant improvements in HRQoL as measured by the EQ-5D-5L questionnaire and overall well-being as measured by the SWN-S questionnaire.<sup>15</sup>

Participants receiving RBP-7000 for 12 months reported mean SF-36v2 PCS and MCS scores at their EOS visit that were within one standard deviation of the norm-referenced scores of the SF-36v2 (as these scores are norm-referenced against a US population with a mean of 50 and SD of 10).<sup>21</sup> Compared to previous studies of risperidone for the treatment of schizophrenia or other psychiatric disorders, RBP-7000 participants reported higher PCS and MCS.<sup>29,30</sup> Similarly, EQ-5D-5L index scores for participants treated with RBP-7000 were higher than or similar to the mean EQ-5D-5L index scores reported by other studies conducted in non-US participants with schizophrenia.<sup>31–33</sup> The high HRQoL observed within this analysis is particularly important considering that HRQoL (as assessed by SF-36 PCS and MCS scores) has been identified as an independent predictor of relapse in schizophrenia.<sup>34</sup>

Subjective well-being (as measured by SWN-S scores) remained stable in participants treated with RBP-7000 and

overall reported higher total scores compared to a previous study with risperidone and paliperidone palmitate LAI users.<sup>35</sup> Previous work has indicated that SWN-S scores in a schizophrenic population are positively correlated to compliance to neuroleptic treatment.<sup>23,36,37</sup> Given that adherence is critical to the stability and positive outcomes in patients with schizophrenia,<sup>38</sup> the SWN-S scores reported by RBP-7000 users in the current study are important to consider.

Within this study, we found that over two-thirds of participants reported high satisfaction with and preference for RBP-7000 as early as week 4. Satisfaction with and preference for RBP-7000 are important considerations since treatment satisfaction is a crucial component of long-term outcomes. For example, a panel of 12 psychiatrists discussed treatment satisfaction as an important domain for treatment effectiveness and retention in patients with schizophrenia<sup>39</sup> and patient satisfaction has been associated with improvement in long-term outcomes in schizophrenia.<sup>6</sup> Patient satisfaction has also been shown to be correlated with treatment retention in a non-schizophrenic population.<sup>40</sup>

It is important to interpret the study results within the context of limitations. The overall dropout rate observed in this study (51.5%) was high, but remains consistent with clinical trials of similar duration with second-generation antipsychotics.<sup>41–44</sup> Our sensitivity analysis regarding potential withdrawal bias revealed no significant differences between study completers and non-completers

(dropouts), ie, no bias was observed due to dropout. This study was not powered to detect differences in PRO endpoints as these endpoints were collected as tertiary endpoints in the study.

These results will be most generalizable to a population similar to our study participants and cannot be generalized to a larger population. As this analysis was conducted on patients treated within a clinical trial setting, further research will be needed to assess the real-world effectiveness of RBP-7000.

# Conclusion

A large portion of participants were satisfied with and preferred RBP-7000 within this study, attaining HRQoL scores close to those of a general US population. Even though risperidone is a well-known atypical antipsychotic, additional research is needed to confirm whether HRQoL, satisfaction and preference for this new once-monthly risperidone SC formulation translate into improved outcomes such as adherence and ultimately fewer relapses in patients with schizophrenia.

# **Ethics** approval

The trial was approved by relevant independent ethics committees, institutional review boards, regulatory authorities and conducted in accordance with the Declaration of Helsinki and Good Clinical Practice. The trial was registered in ClinicalTrials.gov (NCT02203838).

# Data sharing statement

The authors will not make data collected for the study available to others.

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# **Author contributions**

All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

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# Supplementary material

Table SI Model paramete	r estimates for select PRC	measures among study	completers and all participants
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Model parameter	Completers (MMRM)		All participants (MMRM)		All participants (JPSM)	
	Estimate	p-value	Estimate	p-value	Estimate	p-value
SF-36v2 PCS						
Intercept	49.540	<0.001	50.009	<0.001	50.036	0.001
Visit	0.041	0.764	0.013	0.917	0.020	0.911
RO120 vs DN	-3.654	0.100	-0.797	0.619	-0.810	0.611
RO90 vs DN	0.877	0.693	2.488	0.127	2.507	0.122
ROPL vs DN	1.846	0.591	-0.409	0.815	-0.670	0.702
Visit*RO120 vs DN	0.845	0.099	0.668	0.159	0.674	0.147
Visit*RO90 vs DN	-1.091	0.033	-1.136	0.018	-1.146	0.014
Visit*ROPL vs DN	-0.294	0.709	-0.664	0.303	-0.519	0.420
SF-36v2 MCS						
Intercept	47.187	<0.001	46.203	<0.001	46.264	<0.001
Visit	-0.029	0.868	0.113	0.487	0.054	0.826
RO120 vs DN	-0.723	0.783	-2.542	0.201	-2.804	0.160
RO90 vs DN	-4.016	0.128	-0.748	0.711	-0.728	0.720
ROPL vs DN	-0.326	0.936	-0.556	0.798	-0.286	0.897
Visit*RO120 vs DN	0.432	0.515	0.388	0.535	0.513	0.400
Visit*RO90 vs DN	-0.135	0.839	-0.478	0.450	-0.501	0.412
Visit*ROPL vs DN	-0.281	0.784	-0.662	0.437	-0.92 I	0.277
SWN-S						
Intercept	90.239	<0.001	89.862	<0.001	90.014	<0.001
Visit	0.222	0.351	0.243	0.273	0.072	0.799
RO120 vs DN	1.801	0.662	-1.000	0.743	-1.157	0.704
RO90 vs DN	-8.265	0.046	-4.568	0.141	-4.621	0.136
ROPL vs DN	-6.439	0.313	-3.018	0.366	-3.515	0.295
Visit*RO120 vs DN	-0.196	0.827	-0.389	0.649	-0.336	0.688
Visit*RO90 vs DN	-0.302	0.735	-0.302	0.726	-0.300	0.722
Visit*ROPL vs DN	1.494	0.281	-0.632	0.591	-0.502	0.671
MSQ						
Intercept	a	NA	0.922	<0.001	0.696	<0.001
Visit	0.655	<0.001	0.408	<0.001	0.020	0.851
RO120 vs DN	2.183	0.003	0.468	0.256	0.524	0.213
RO90 vs DN	1.731	0.010	0.654	0.128	0.711	0.104
ROPL vs DN	0.967	0.285	0.220	0.604	0.261	0.548
Visit*RO120 vs DN	-0.398	0.180	-0.004	0.987	-0.052	0.812
Visit*RO90 vs DN	-0.311	0.284	-0.158	0.499	-0.208	0.341
Visit*ROPL vs DN	-0.406	0.290	-0.321	0.217	-0.412	0.095

Notes: <sup>a</sup>The model (MSQ, completers) including the intercept failed to converge.

Abbreviations: DN, de novo; JPSM, joint process survival model; MCS, mental component score; MMRM, mixed model for repeated measures; PCS, physical component score; MSQ, medication satisfaction questionnaire; NA, not available; PRO, patient-reported outcomes; RO120, rollover 120 mg; RO90, rollover 90 mg; ROPL, rollover placebo; SF-36v2, Short-Form 36-item Questionnaire Version 2; SWN-S, Subjective Well-being Under Neuroleptic Scale – Short Version.

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