

**Research Paper** 



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# Genistein inhibits human papillary thyroid cancer cell detachment, invasion and metastasis

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#### Abstract

Papillary thyroid carcinoma (PTC) is the most commonly diagnosed endocrine cancer, and those with *BRAFV600E* mutation have high recurrence rate and less favorable clinical behavior. Genistein having anti-carcinoma effects in various types of carcinomas as an estrogen analog, but the mechanism of Genistein in the progression of PTC remains unknown. Genistein significantly inhibits the proliferation and the invasion (P < 0.01), and the apoptosis (P < 0.001) of all tumor cell lines, which was probably due to the inducing of the arrest in G2/M phase of the cell cycle (P < 0.001). The anti-proliferation and apoptosis inducing effects are more obvious in BCPAP, IHH4 cell lines harboring *BRAFV600E* mutation. Genistein significantly decreased the invasion of PTC cell lines and partially reverses epithelial mesenchymal transition in PTC cell lines. Functional study indicated that small interfering RNA (siRNA) knockdown of  $\beta$ -catenin significantly reverses the effect of genistein on EMT at protein levels. In conclusion, for the first time, our study suggested that genistein has anticarcinoma effect for PTC patients in the range of 2.5 and 80 µg/ml in thyroid carcinoma cells, which was probably through cytoplasmic translocation of high-risk PTC.

Key words: Genistein, Papillary thyroid carcinoma, Proliferation, Epithelial mesenchymal transition, *BRAFV600E* mutation

#### Introduction

Thyroid carcinoma is the most common malignant tumor of the endocrine system and accounts for approximately 1% of all newly diagnosed cancer cases [1, 2]. Papillary thyroid carcinoma (PTC) represents the most frequent malignancy comprising 80% of thyroid malignancies with the continuously increasing incidence [3, 4]. It has been shown that some environmental and lifestyle factors increase the risk to development thyroid cancer, e.g., female gender, radiation exposure, familiar genetic tendency, and aging [5]. The genetic alterations occur to some PTC patients and the most prevalent changes are *BRAF* mutations (29%-70%) and *RET/PTC* translocation (13%-43%). These mutations not only correlate with the tumor differentiation and metastasis, but also affects the therapy efficacy, e.g., surgery tolerance, thyrotropin suppression, and radioactive iodine treatment [6, 7].Thus, it is urgently needed to uncover the novel targets to supplement clinical therapy of PTC.

Bioactive, natural compounds from plants, called Phytochemicals, or their derived compounds, are being increasingly accepted as potentially potent complementary treatments for cancer due to their apparent safety, efficacy and multi-specific actions [5]. Flavonoid is a great group of phytochemical compounds widely spread in the vegetables. Its basic structure is composed by two aromatic rings linked by a three-carbon chain. Flavonoids are not synthesized by human beings but we can obtain them through the diet [8]. A variety of biological activities has been attributed to flavonoids, such as protection against ultraviolet and visible rays, prevention of insects, viruses and bacteria invasion, and antioxidant effect and hormonal modulation [9]. Isoflavones belongs to the group of flavonoids, which are found in large quantities in soybeans and have a number of biological properties, including anti-proliferative, vasculo-protective effects and cancer prevention [10, 11]. It was reported that isoflavones had the potential to inhibit the synthesis of thyroid hormones by acting as alternative substrate for thyroperoxidase (TPO), the key enzyme in the synthesis of thyroid hormones [12]. These findings indicate that flavonoids might exert regulatory functions on thyroid in physiological and pathological milieu.

Genistein (4',5,7-trihydroxyisoflayine) is the most extensively studied soy isoflavone, which is mainly absorbed from the intestine and is readily bioavailable. This makes it a promising candidate for disease prevention [13]. Owing to its structural similarity to endogenous estrogen 17 estradiol, Genistein is also called phytoestrogens and could bind with estrogen receptor and activate its downstream signaling pathway [14, 15]. Lu et al. found when the mice were administrated with genistein at 100 mg/kg, the serum concentrations of genistein was at an average of approximately 60 ng/ml, and stachyose could enhance the absorption of genistein in mice [16]. Genistein was shown to be a potent inhibitor of the tyrosine-specific protein kinase RET, and has been used for clinical treatment of prostate carcinoma and non-small cell lung cancer [17-22]. However, there is no report about the effect of Genistein on the growth and metastasis of PTC. In the present study, we demonstrated that Genistein inhibited the proliferation of PTC cell lines and induced G2/M phase arrest and apoptotic cell death. It significantly suppressed the motility potential and the EMT tendency of PTC cell lines, and  $\beta$ -catenin reduction was involved in this action. Our findings shed new light on the clinical application of Genistein and might become a potential candidate for clinical therapy of PTC.

### Materials and methods

#### **Cell lines and Reagents**

Normal human follicular epithelial cell line Nthy-ori 3-1 was obtained from JENNIO biological company (Guangzhou, China), human PTC-derived BHP10-3 cells (with *RET/PTC 1* rearrangement) were purchased from Chinese Academy of Sciences (Shanghai, China). Human PTC cell lines BCPAP and IHH4 (with *BRAFV600E* mutation) were kindly provided by Endocrine Laboratory and Department of Pathology, Wakayama Medical University. Genistein was purchased from BOC Sciences (New York, USA).

#### **Cell proliferation assays**

The cell proliferation assay was conducted by the 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium (MTS) assay according to the manufacturer's instructions. Cells were treated with different concentrations of Genistein (2.5, 5, 10, 20, 40 and 80µg/ml) and were incubated for another 24h, 48h and 72h, and cells treated with 1% DMSO were set as negative control. All cell treatments were carried out in triplicate. Results are expressed as inhibition rate of viability of treated cells compared to non-treated cells calculated according to the following equation: the inhibition rate (%) = [1 - (average absorbance of experimental)group/average absorbance of cells treated with control group)] × 100. At the concentration of 80 µg/ml, almost 90% cell died. Thus, 5, 10, 20 and 40  $\mu$ g/ml of Genistein was used in the following assays.

#### Wound healing and invasion assay

Wound healing and invasion assay was performed as previously described [23]. For quantification of invading cells, cells were counted in five randomly selected microscopic fields (×200). Migration was measured on photographs. The average width of the remaining wounded gaps was measured from two different locations per wounded gap per time point. Invasion assay was performed in 24-well Boyden chambers precoated with Matrigel Matrix (8mm pore size, BD Biosciences). Cells that invaded through the pores of the inserts were fixed with 4% paraformaldehyde for 10 min and stained with crystal violet staining fluid (Beyotime). Three independent experiments were performed.

#### Cell cycle analysis

Cell cycle analysis was done using propidium iodide staining (BestBio). Nthy-ori 3-1, BCPAP, IHH4 and BHP10-3 were synchronized in G0 by serum starvation for 24h in serum-free medium and treated with different concentrations of Genistein for 72h. One million of cells were washed twice with ice-cold PBS and resuspended in 1ml ice cold 70% ethanol. After centrifugation, the cells were washed with ice-cold PBS and then resuspended with 200µl PBS and add 20 µl DNase-free Rnase A for 30 minutes in the 37°C. Then, they were stained with 400 µl of a propidium iodide working solution. At least 10,000 events were collected by flow cytometry. Results are presented as cell percentage distributed in each phase of cell cycle. The percentage of cells in each cell cycle stage (G0/G1, S or G2/M) was calculated by using WinCycle32 software. Three independent assays were performed.

#### Cell apoptosis assay

Apoptosis was determined by flow cytometry analysis using Annexin-V kit (BestBio). Cells were treated with gradient concentrations of Genistein for 24h. Then, the floating and adherent cells were pooled, washed three times with ice-cold PBS, and stained with 400µl of 1X Annexin binding buffer and 5µl Annexin V-FITC. After incubation for 15 min in the dark at 4°C, 10µl of propidium iodide were added to the cell suspension and incubated for 5 minutes at 4°C. Flow cytometry analysis was immediately performed. Three independent experiments were performed and data represent the average percentage of apoptotic cells.

#### **Quantitative Real-Time PCR**

After treatment with different concentration of Genistein (5, 10, 20, 40µg/ml), total RNA was isolated with TRIzol (invitrogen, CA) and then reversed into cDNA using First Strand cDNA Synthesis Kit (TOYOBO, Japan). Quantification of target and reference (GAPDH) genes were performed with Fast Start Universal SYBR Green Master (Roche, USA) in triplicate using C1000TN Real-Time PCR system (BioRad, USA), and the primers of cyclinD1, cyclinA2, and cyclinB1 for RT-qPCR were provided in Table 1.

#### Western blot assay

Total protein extracted by RIPA lysis or nuclear and cytoplasmic protein by extraction kit (BestBio) was separated by 10% SDS PAGE and transferred to nitrocellulose membranes after electrophoresis. The membranes were incubated overnight with antibodies against cyclinD1 (1:5000; Abcam), cyclinA2 (1:1000; Abcam), cyclinB1 (1:5000; Abcam) and EMT related antibodies against E-cadherin (1:5000;CST), N-cadherin (1:5000; CST), Vimentin (1:5000; CST), and Snail (1:5000; CST). The secondary antibody was a goat anti-rabbit antibody (ZSGB-BIO, China) at dilution of 1:5000 and the membranes were probed using an enhanced chemiluminescence ECL kit (Millipore Corporation, USA). Three independent experiments were performed. Intensity of ECL bands was digitally analyzed using ImageJ software.

Table 1. List of primary primer sequence used for RT-qPCR

Gene	Forward primer	Reverse primer
CyclinA2	5'-GGATGGTAGTTTTGAGTCA CCAC-3'	5'-CACGAGGATAGCTCTCATAC TGT-3'
CyclinB1	5'-TTGGGGACATTGGTAACA AAGTC-3'	5'-ATAGGCTCAGGCGAAAGTTT TT-3'
CyclinD1	5'-GCTGCGAAGTGGAAACCA TC-3'	5'-CCTCCTTCTGCACACATTTGA AA-3'
β-actin	5'- AAGAGAGGCATCCTCACCCT -3'	5'- TACTATGGCTGGGGTGTTGAA- 3'

#### **RNA** interference and cell transfection

Short interfering RNAs (siRNA) for  $\beta$ -catenin and control RNAs were purchased from Thermo Fisher Scientific (Massachusetts). The siRNAs were transfected into BHP10-3 and BCPAP cells using Lipofectamine 2000 (Invitrogen, Carlsbad, CA, USA) according to the manufacturer's protocol. Specific siRNA sequences targeting the human  $\beta$ -catenin were designed and synthesized respectively (GenePharma Pharmaceutical Co., Shanghai, China), and the sequence were provided in Table 1. The NC group was defined as negative control. The efficacy of the siRNA knockdown of  $\beta$ -catenin was verified by in vitro Trans well assay.

#### Immunofluorescence and Confocal Image

BHP10-3 and BCPAP were grown and treated on micro cover lips, then fixed with 4% paraformaldehyde for 20 min and permeabilized with 0.3% Triton X-100 for 10min after Genistein treatment. Goat serum was used for blockage for 1h at room temperature. Cells were then incubated with primary antibodies against E-cadherin (1:100, CST, USA), Vimentin (1:100, CST), N-cadherin (1:100 CST), snail (1:100 CST) at 4°C overnight. Cells were incubated with Alexa Fluor 488-conjugated secondary antibodies (1:100, Beyotime) for 1hr at room temperature. Samples were examined with Confocal Laser Scanning Microscopy (LSM780, Zeiss) to analyze the expression of E-cadherin and Vimentin, N-cadherin and Snail, respectively.

#### Statistical analysis

Statistical differences between groups were analyzed using Student's *t*-tests. Data were expressed as mean  $\pm$  SD of 3 individual experiments performed in triplicate and analyzed using 2 way ANOVA analysis. Differences with P < 0.05 were considered to be statistically significant.



Figure 1. A-D, The proliferation of normal human thyroid follicular cell and PTC cells with both BRAFV600E mutation and RET/PTC1 was significantly inhibited in concentrate and time-dependent manner. However, the proliferation inhibition rate is very low comparing with those carcinoma cell lines.

#### Results

## The role of Genistein in PTC cell proliferation and cell death

In consistent with the previous findings in cancer cells of the prostate and kidney [22, 24], the proliferation of PTC cells with different genetic background and the normal thyroid follicular cell were significantly inhibited in a concentrate and time-dependent manner (Figure 1). Almost all cells dying at the concentration of 80µg/ml, therefore, we chose the four concentrations of Genistein (5µg/ml,  $10\mu g/ml$ ,  $20\mu g/ml$ , and  $40\mu g/ml$ ) for the following experiments. The cell death inducing effect was different in PTC cell lines and normal thyroid follicular cells (Figure 2). Significant effect was determined in all the PCT cell lines (Figure 2B-D) with different genetic background comparing with the normal thyroid follicular cells (Figure 2A). These results suggest that Genistein could inhibit PTC cell growth and inducing death comparing with the normal human thyroid follicular cell line.

## Genistein leads to PTC cell cycle arrest in G2/M phase of PTC cells

To validate the effect of Genistein on PTC cell growth, we analyzed Cell cycle progression. Flow cytometry analysis demonstrated that Genisteintreated tumor cells had the decreased G1 phase and S phase ratio, but increased G2/M phase ratios (Figure 3B-C). While, the Nthy-ori 3-1 had only decreased G1 phase ratio, and increased G2/M phase and S-phase ratio (Figure 3A). RT-PCR and Western Blot analysis further confirmed these effects according to the decreased expression of Cyclin A2 and Cyclin B1 in a concentrate-dependent manner in both PTC carcinoma cells and normal thyroid follicular cell (Figure 4B-D and F-H). Although increased expression of Cyclin D1 was found in PTC cells (Figure 4B-D and F-H), decreased expression was examined in Nthy-ori 3-1 normal thyroid follicular cell (Figure 4A and E). These results indicated that Genistein leads to cell cycle arrest, which is consistent with its growth inhibition on PTC cells.

#### The role of Genistein in PTC cell motility

As PTC with  $BRAF^{V600E}$  mutation was reported to be high-risk PTC and accounts for 60~80 of the PTCs, the two cell lines BCPAP and BHP10-3 were included in the consequent study. Considering its regulatory functions of Genistein in cell motility, the migration and invasion ability of PTC cells by was detected by wound-healing assay and in vitro Trans well assay with 5µg/ml Genistein. Genistein significantly decreased the motility (Figure 5A and B) and reduced the migration and invasion ability (Figure 5C, D) of PTC cell lines.



Figure 2. A-C, No significant cell death inducing effect by Genistein was demonstrated in the normal human thyroid follicular cells (A). However, significant cell death inducing effect was found in all the PTC cell lines with deferent genetic background (B-D) in a concentrate-dependent manner, especially when the concentration is more than 10 ug/ml.





## Genistein reverses epithelial mesenchymal transition tendency of PTC cells

An EMT is differentiation а process accompanied by various biochemical alterations that drives apicobasal polarized epithelial cells to switch into front-rear polarity and acquire mesenchymal features, which gives the newly transformed mesenchymal cells the ability to migrate and invade[25]. Therefore, the effect of Genistein on the epithelial marker (E-cadherin) and mesenchymal marker (N-cadherin, Vimentin), and the critical transcription factors for EMT (Snail) were further detected by RT-qPCR, Western blot and immunofluorescence staining assay. Real-time PCR showed analysis that Genistein significantly down-regulated the expression of N-cadherin, Vimentin and Snail, while up-regulated E-cadherin in both mRNA and protein levels in а concentrate-dependent manner (Figure 6 and 7).

These results indicated that Genistein reverses the EMT tendency of the PTC cells, which is coincident with its inhibition on cell migration and invasion.

#### The translocation of $\beta$ -catenin by Genistein

 $\beta$ -catenin is the key protein in the WNT signaling and its disassembly from the destruction complex in the cytoplasm facilitates the nuclear translocation and subsequent transcriptional activation of several genes in EMT. In order to further study the potential mechanism of Genistein in regulating EMT, we further detected the alterations of β-catenin expression and location induced by Genistein treatment. β-catenin mRNA and protein were up-regulated in PTC cell lines in both mRNA level (Figure 8A-B) and protein level (Figure 8C-D) after treated with different concentration of Genistein in a time dependent manner. Subcellular fraction analysis showed that the cytoplasmic  $\beta$ -catenin increased with Genistein treatment, nuclear  $\beta$ -catenin decreased after

treated with Genistein in a concentrate-dependent manner (Figure 8E-F). This finding was further confirmed by immunofluorescence staining assay (Figure 9A-B).

## $\beta$ -catenin silencing reduces migration and invasion BCPAP and PHP10-3 cells

Knockdown the  $\beta$ -catenin using siRNA markedly inhibited the migration and invasion of PTC carcinoma cells as proved by in vitro Trans well assay (Figure 9A-B). Although Genistein significantly

inhibited the migration and invasion of BCPAP and BHP10-3 cells,  $\beta$ -catenin knock down almost abrogated these effects according to the effects of Genistein on cell motility using cells with or without  $\beta$ -catenin knockdown (Figure 9 C-D).

Overall, our data suggested that  $\beta$ -catenin plays an important role in the inhibition of the invasion and metastasis as a target molecule of Wnt/ $\beta$ -catenin signal way by genistein in PTC.



Figure 4. A-F, After treated with Genistein, the expression of Cyclin B1 and Cyclin A2 was significantly down-regulated in a concentrate-dependent manner in normal human thyroid follicular cell (A and E) and PTC carcinoma cells (B-D and F-H) as demonstrated by RT-PCR and Western Blot analysis, while Cyclin D1 expression increased in the carcinoma cells (B-D and F-H) and decreased in the normal human thyroid follicular cell (A and E) in a concentrate-dependent manner. \*: P<0.05, \*\*: P<0.01, \*\*\*: P<0.001.



Figure 5. In vitro data clearly showed that Genistein represses PTC cell motility. Figure 5A and 5B shows that Genistein treatment decreased the motility of BCPAP and BHP10-3 cells as demonstrated by the wound healing assay. This effect was further confirmed by Trans well assay in Figure 5C and 5D. \*: P<0.05, \*: P<0.01, \*\*: P<0.001.

#### Discussion

PTC has been reported to be the most common thyroid carcinoma with a favorable clinical behavior [26]. However, our previous study suggested that PTC with more than 20% of tumor cells with loss of cellular polarity/cohesiveness (LOP/C) is high-risk thyroid carcinoma with higher recurrence rate and less favorable clinical behavior [27]. We further confirmed those tumor cells with LOP/C to have aberrant epithelial marker and mesenchymal marker expression, and these morphological features were proposed to be a symbol of EMT in PTC [28]. Hobnail variant PTC with predominant LOP/C was classified as a new aggressive subvariant of PTC in the current new WHO classification, and BRAFV600E mutation was reported to correlated with this kind of morphology[29, 30]. The clinical treatment of PTC is mainly surgery and radio-iodine refractory, and traditional biochemical therapy does not work well [31]. Therefore, it is necessary to develop potential therapeutic method for high risk PTC with BRAFV600E mutation.

As a phytoestrogen bioactive compound, Genistein has displayed its potential anti-cancer

bioactivity in several types of tumors, such as breast cancer, prostate cancer, and renal cancer [24, 32]. However, the effects of Genistein on PTC have not been investigated. Mechanistically, Genistein was demonstrated to interfere with the activation of protein tyrosine kinase (PTK), modulate apoptotic cell death, induce cell differentiation, and scavenge oxygen free radicals in cancer cells [33]. We firstly demonstrated that Genistein significantly inhibits the proliferation and lead to cell death of several PTC cell lines in a time and concentrate dependent manner. In current study, downregulation of CyclinB1 and Cyclin A2 was confirmed in both PTC cell lines and normal human thyroid follicular cells. However, decreased expression of Cyclin D1 was found in the normal thyroid follicular cells, comparing with the upregulation of Cyclin D1 in PTC carcinoma cells. These result suggest that the inhibition of the proliferation of the tumor cells was mainly through inducing G2/M phase arrest caused by manipulating the expression of cell cycle regulators, which are consistent with the previous study in hepatocellular, breast and nasopharyngeal carcinoma cells [34-36]. Genistein induces G2/M phase arrest caused by downregulation of CyclinB1 and Cyclin A2 and upregulation of Cyclin D1 [34-36].

Simultaneously, Genistein leads to increased cell death in all PTC cell lines. The anti-proliferation effect was examined to be obvious in both PTC cells with BRAFV600E mutation and cells with RET/PTC1 rearrangement. Slight inhibitory effect was also demonstrated in the normal thyroid follicular cells. These results suggested that Genistein plays a protective effect in both neoplastic and non-neoplastic thyroid tissue. A recent clinic trail suggested that Genistein improves thyroid function in Hashimoto's thyroiditis patients through regulating Th1 cytokines [37]. As Hashimoto's thyroiditis is an autoimmune thyroiditis with variable regeneration and degeneration of the thyroid follicular cells, anti-proliferation of Genistein should be a possible mechanism in addition to anti-inflammatory effect in autoimmune thyroiditis.

EMT is a major pathologic mechanism in tumor progression, which promotes polarized epithelial cells to lose cellular adhesion and polarity and to acquire the phenotype of mesenchymal cells. Numerous studies have demonstrated that EMT facilitates the progression of thyroid cancer from PTC to dedifferentiated, anaplastic thyroid carcinomas (ATCs), leading to high metastatic property and poor prognosis [38, 39]. We found that Genistein significantly inhibited the ability of migration and invasion in PTC cell lines. In addition to the inhibition of cell migration, increased expression of epithelial marker E-cadherin and  $\beta$ -catenin, and decreased expression of mesenchymal markers N-cadherin, Vimentin and EMT transcription factor Snail were further confirmed. These results suggested that Genistein could reverse the EMT progression, and thereby inhibit the invasive and metastatic ability of the PTC carcinoma cells.



Figure 6. Genistein down-regulated the mRNA expression of N-cadherin, vimentin and snail, while up-regulated E-cadherin mRNA level in a concentrate-dependent manner as demonstrated by Real-time PCR analysis in Figure 6A-B. In parallel, Western blot and immunofluorescence staining assay demonstrated increased E-cadherin protein level and decreased N-cadherin, vimentin and snail level in Genistein-treated BCPAP and BHP10-3 cells in Figure 6C-D. \*: P<0.05, \*: P<0.01, \*\*: P<0.001.



Figure 7. Immunofluorescence staining assay demonstrated increased E-cadherin protein level and decreased N-cadherin, Vimentin and Snail level in Genistein-treated BCPAP and BHP10-3 cells in Figure 7A-B (×200).



Figure 8. The whole expression of  $\beta$ -catenin mRNA and protein were proved to be concentrate-dependently up-regulated in BCPAP and BHP10-3 cells after treatment with Genistein showing by RT-qPCR (A-B) and Western Blot (Figure C-D). E-F, Nuclear  $\beta$ -catenin significantly decreased after exposure to Genistein in a concentrate-dependent manner as confirmed by further subcellular fraction analysis. G-H, Immunofluorescence staining assay further confirmed that Genistein induced the translocation of  $\beta$ -catenin from the nucleus into the cytoplasm (×200). \*: P<0.05, \*: P<0.01.



Figure 9. A-B, Knockdown the  $\beta$ -catenin using siRNA significantly inhibited the migration and invasion of BCPAP and BHP10-3 cells as proved by in vitro Trans well assay. C-D, Genistein significantly inhibited the migration and invasion of BCPAP and BHP10-3 cells,  $\beta$ -catenin knock down almost abrogated these effects according to the effects of Genistein on cell motility using cells with  $\beta$ -catenin knockdown (×200). \*: P<0.05, \*: P<0.01, \*\*: P<0.001.

WNT/ $\beta$ -catenin signaling largely contributes to loss of E-cadherin and leads to the initiation and development of various types of human cancers, including thyroid cancer [13]. The nucleus translocation and activation of  $\beta$ -catenin was reported to be the central event for canonical WNT signaling pathway [40]. Using immunofluorescence assay, we further confirmed that Genistein impeded the translocation of  $\beta$ -catenin into nucleus in the PTC cells. When knock down  $\beta$ -catenin using siRNA, the inhibitory effects of Genistein on PTC migration and invasion was reversed, which further confirmed that the Genistein regulate the EMT of PTC tumor cells mainly through the translocation of  $\beta$ -catenin from the nucleus to the cytoplasm.

In conclusion, our studies firstly demonstrate that Genistein inhibits PTC cell proliferation, induces cell death and cell cycle arrest, and reverses EMT tendency by preventing nucleus translocation of  $\beta$ -catenin. Our findings here provide novel evidences for the potential therapeutic application of Genistein in *high-risk* PTC with *BRAF*<sup>V600E</sup> mutation.

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#### **Competing Interests**

The authors have declared that no competing interest exists.

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