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Why is the number of HIV/AIDS-related publications low in the MENA region?

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We enjoyed reading Dr Saba's paper¹ and would like share opinions to some about HIV/AIDS-related publications in the Middle East and North Africa (MENA). This paper showed a positive trend in the number of annual HIV/AIDS-related publications in the MENA. On the other hand, this paper suggests that this number is still very low considering the sharp upward trend of new HIV infections in this region. This gap might be due to several factors. The unsupportive dominant political climate, as well as the stigma and sensitivity surrounding at-risk populations, such as men having sex with men, is very high.² Some of these countries have long been struggling with internal wars, uprisings and terrorism, that may overshadow the importance of this infection in the minds of those in charge.

On the other hand, the dynamics of research have profound pitfalls in the region. The potential research capacity and the availability of funding do differ greatly across the region.² Lack of a clear and comprehensive plan in several countries in this region might also be an influencing factor. Last but not least, scarce publications on HIV/AIDS-related topics may stem from the policy of credited scientific journals in publishing the findings of researchers from this region. Most scientific journals stick to high international research standards (regarding methodology, mainly), while reviewing manuscripts from the MENA region. Some barriers, such as low sample size, presence of selection and information biases to some extent might convince journals to reject the papers from this region.³ However, implementation of high-quality studies might be impossible in some of these countries. We think even simple descriptive data using even convenience sampling methods could be an important step forward in enriching the available data in the region.² Out of the formerly mentioned factors, we assume changing the viewpoints of journal editors is one of the most feasible options we have ahead. Lastly, although publishing the findings of researches and studies across the region is of importance, the way and to the extent those findings are applied in the countries to make a change and better the situation is much more vital.

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