



# DNA demethylase ALKBH1 promotes adipogenic differentiation via regulation of HIF-1 signaling

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DNA N6-adenine methylation (6mA), as a novel adenine modification existing in eukaryotes, shows essential functions in embryogenesis and mitochondrial transcriptions. ALKBH1 is a demethylase of 6mA and plays critical roles in osteogenesis, tumorigenesis, and adaptation to stress. However, the integrated biological functions of ALKBH1 still require further exploration. Here, we demonstrate that knockdown of ALKBH1 inhibits adipogenic differentiation in both human mesenchymal stem cells (hMSCs) and 3T3-L1 preadipocytes, while overexpression of ALKBH1 leads to increased adipogenesis. Using a combination of RNA-seq and N6-mA-DNA-IP-seq analyses, we identify hypoxia-inducible factor-1 (HIF-1) signaling as a crucial downstream target of ALKBH1 activity. Depletion of ALKBH1 leads to hypermethylation of both *HIF-1 $\alpha$*  and its downstream target *GYS1*. Simultaneous overexpression of *HIF-1 $\alpha$*  and *GYS1* restores the adipogenic commitment of ALKBH1-deficient cells. Taken together, our data indicate that ALKBH1 is indispensable for adipogenic differentiation, revealing a novel epigenetic mechanism that regulates adipogenesis.

Mesenchymal stem cells (MSCs) are capable of self-renewal and pluripotent differentiation, which eventually develop into specific types of somatic cells. The appropriate balance on cell fate decisions requires precise regulation of transcriptional and epigenetic networks (1, 2). Under the pathological conditions, an increasing number of cells undergo a shift from osteogenesis to adipogenesis (3, 4), resulting in the accumulation of lipid droplets and various metabolic disorders (5, 6). These changes lead to tissue inflammation, senescence-associated secretory phenotype (SASP), and osteoporosis (5, 7–9). Extensive efforts have been devoted to elucidating the pluripotency MSCs maintained during differentiation. Although plenty of literatures are trying to determine these phenotypes in various mechanisms, the connection between DNA methylations and pluripotency MSCs remains unclear.

Epigenetic regulations mainly refer to DNA methylation, histone modifications, noncoding RNAs, transcription factor binding, and chromatin remodeling (10, 11). These

modifications influenced by various stimuli are of paramount importance on cell lineage decisions (12–14). Abnormal methylation leads to tumorigenesis, neuronal development retardation, and metabolic disorders (15–17). Of note, human adipogenesis and osteogenesis are also relevant with DNA methylation alterations across all genomic segments (18, 19). In recent years, DNA N6-adenine methylation (6mA), enzyme-mediated by N6AMT1 and ALKBH1, has been discovered to affect mammalian development (20, 21).

ALKBH1, a 2-oxoglutarate and Fe<sup>2+</sup>-dependent hydroxylase, has been defined as a DNA demethylase (20). Studies show that ALKBH1 mediates the demethylation of mRNA, tRNA, and methylated lysine of histone H2A (22–24). Methylated nucleotides of DNA are the main substrates of ALKBH1 (20, 24). Aberrant 6mA level upon *Alkbh1* knockout mice leads to prolonged-expression of pluripotency markers, retardation of embryogenesis, and differentiation of MSCs, thus causing neurogenesis disorders, sex-ratio distortion, infertility, and multiple defects in the eyes, skeleton, and genitals (22, 25, 26). Our previous study showed that ALKBH1 enhanced osteogenic differentiation by demethylating 6mA at the promoter area of *ATF4* (19). To elucidate the network of 6mA in human diseases, we explore the relationship between ALKBH1 and adipose homeostasis, which is yet unclear.

In this study, we show that ALKBH1 promotes adipogenic differentiation of hMSCs and 3T3-L1 cells, leading to excessive accumulation of adipose in mice. Mechanically, ALKBH1 demethylates 6mA of *HIF-1 $\alpha$*  and *GYS1* to augment HIF-1 pathway activation. Our findings provide a new insight into the pivotal regulatory role of 6mA in differentiation and diseases.

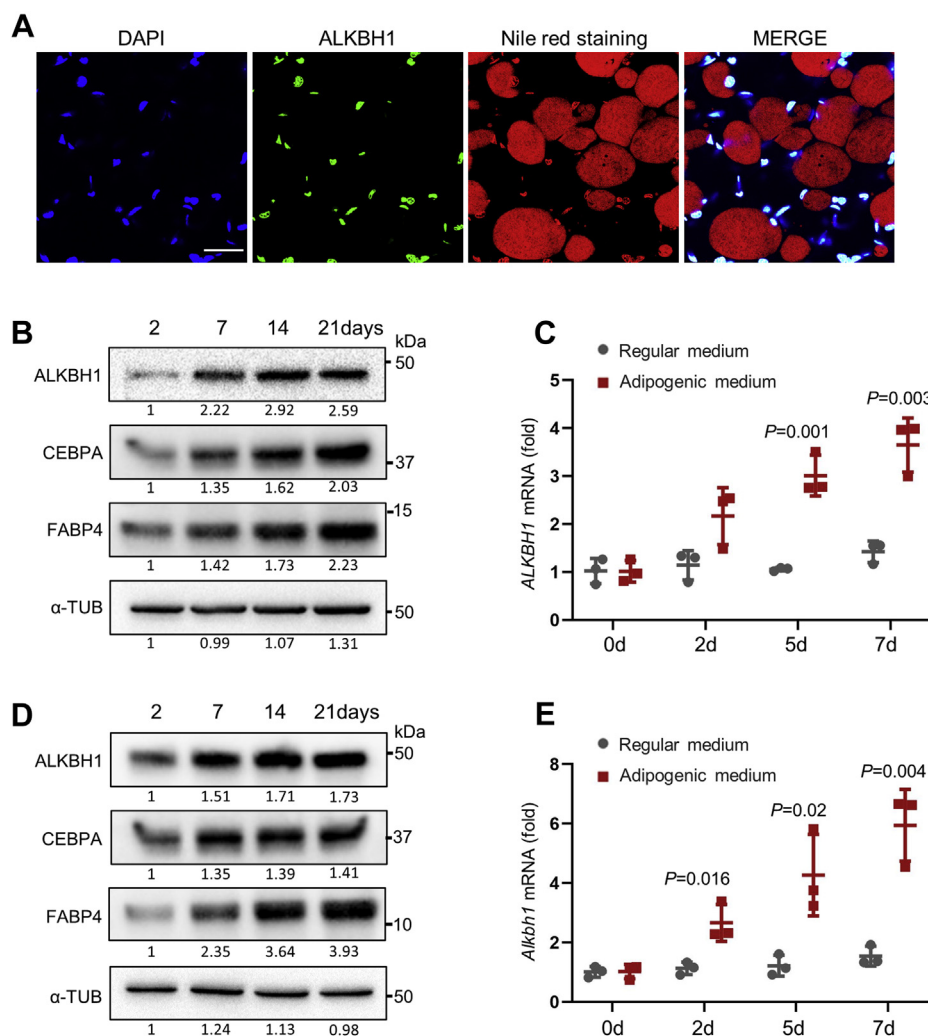
## Results

### *ALKBH1 is upregulated during adipogenic differentiation*

Firstly, we performed immunofluorescent staining of ALKBH1 and Nile red staining at the inguinal white adipose tissue (iWAT) of C57BL/6 mice and found that ALKBH1 was highly expressed in the nuclei of mature adipocytes (Fig. 1A). In addition, we induced hMSCs and 3T3-L1 preadipocytes toward mature adipocytes and observed increased protein levels of ALKBH1, as well as adipogenic essential proteins CEBPA and FABP4 (Fig. 1, B and D), The mRNA of *ALKBH1*

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## ALKBH1 promotes adipogenesis via HIF-1 pathway



**Figure 1. ALKBH1 is upregulated during adipogenic differentiation.** *A*, immunofluorescence staining of ALKBH1 and Nile red staining in the iWAT of C57BL/6J mice. ALKBH1 is expressed widely in adipose. Scale bar: 30  $\mu$ m. *B*, Western blot analysis of ALKBH1 and adipogenic markers in hMSCs cells during adipogenic differentiation. *C*, qRT-PCR analysis of mRNA level of *ALKBH1* in hMSCs after adipogenic induction ( $n = 3$ ). *D*, Western blot analysis of ALKBH1, CEBPA, and FABP4 in 3T3-L1 cells during adipogenic differentiation. *E*, qRT-PCR analysis of the expression of *Alkbh1* in 3T3-L1 preadipocytes during adipogenic differentiation ( $n = 3$ ). The  $p$  values were calculated by two-tailed Student's  $t$  test. Scatter plots show individual data points  $\pm$  SD.

in both cells started to elevate from the early time of induction (Fig. 1, C and E).

### Depletion of ALKBH1 inhibits adipogenic differentiation in vitro

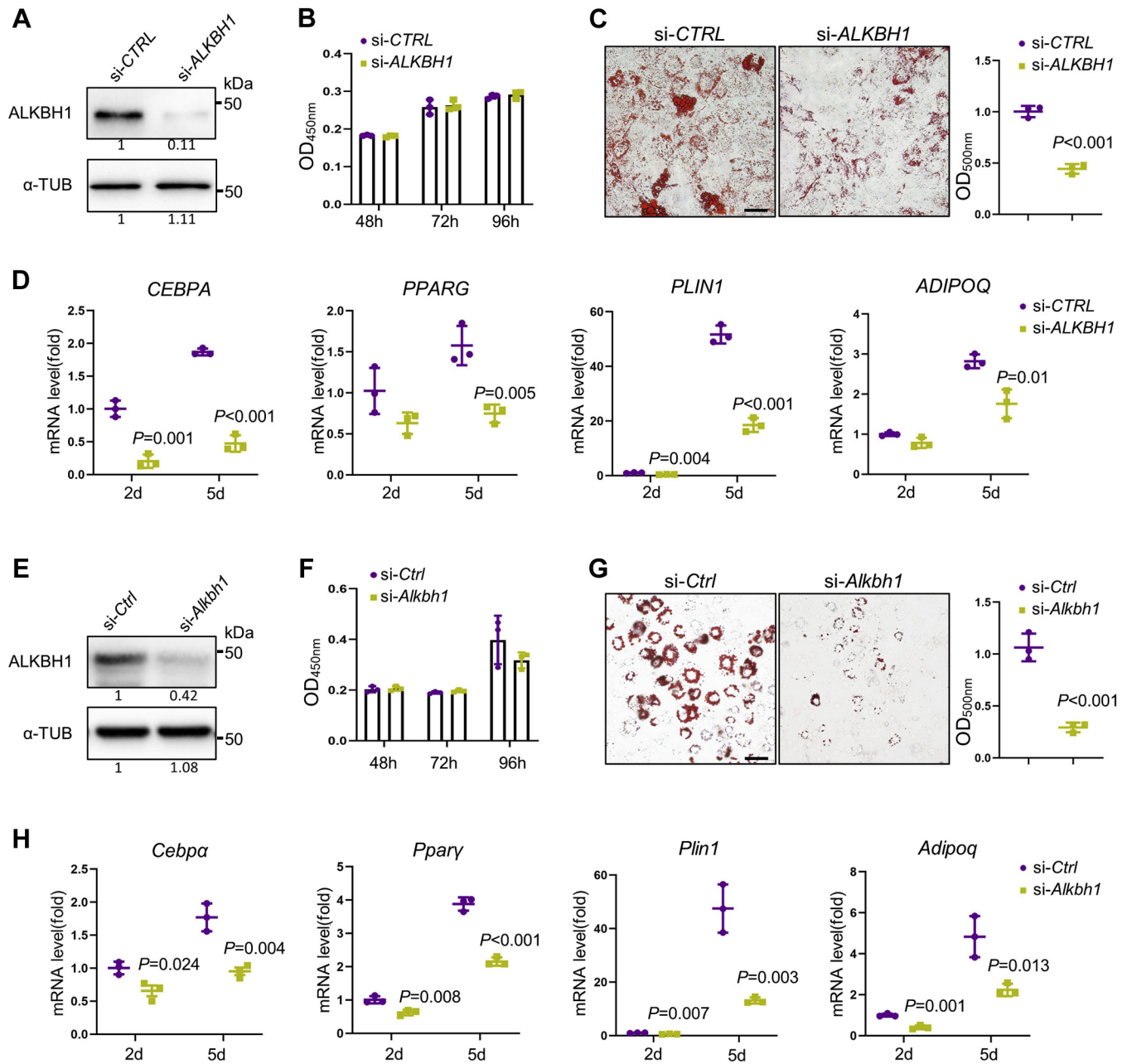
Next, we depleted *ALKBH1* in hMSCs using small interfering RNAs (siRNA) and confirmed the knockdown efficiency by Western blot (Fig. 2A). The cell viability was not significantly affected after *ALKBH1* depletion as checked by cell counting Kit-8 (CCK8) assay (Fig. 2B). After induction for 2 weeks, the incompetent adipogenic differentiation ability of *ALKBH1*-deficient hMSCs was evidenced by weaker Oil red O staining and less mature adipocytes (Fig. 2C), as well as the downregulated expression of adipogenic-related genes *CEBPA*, *PPARG*, *PLIN1*, and *ADIPOQ* (Fig. 2D).

Likewise, we knocked down *Alkbh1* in 3T3-L1 cells (Fig. 2E) and found that it barely affected the cell proliferation (Fig. 2F),

but inhibited the adipogenic differentiation of 3T3-L1 cells. The decreased differential potential was also demonstrated by Oil Red O staining (Fig. 2G) and qPCR analysis of the expression of adipogenic genes *Cebpa*, *Ppar $\gamma$* , *Plin1* and *Adipoq* (Fig. 2H).

### Overexpression of ALKBH1 promotes adipogenesis

Next, we successfully infected hMSCs with control (Vector) or *ALKBH1*-overexpressing (Lv-*ALKBH1*) lentivirus (Fig. 3A). Oil red O staining revealed that Lipid accumulation is markedly increased in Lv-*ALKBH1* group compared with control group (Fig. 3B). In addition, the mRNA levels of adipogenic related genes, such as *CEBPA*, *PPARG*, *PLIN1*, and *ADIPOQ*, were significantly elevated in the Lv-*ALKBH1* group after 2 and 5 days of induction (Fig. 3C). Besides, we overexpressed *ALKBH1* in 3T3-L1 cells (Fig. 3D) and observed increased intensity of oil red O staining (Fig. 3E) and elevated expression



**Figure 2. Depletion of ALKBH1 inhibits adipogenic differentiation *in vitro*.** A, Western blot analysis confirms successful knockdown of ALKBH1 in hMSCs (n = 3). B, CCK8 assay shows the viability of hMSCs is not affected after ALKBH1 depletion (n = 3). The absorbance was analyzed at 450 nm at 48, 72, and 96 h. C, representative images and quantitative analysis of oil red O staining. hMSCs were transfected with siRNA and subjected to adipogenic induction for 14 days. Lipid droplets were dissolved by isopropanol and quantified at 500 nm (n = 3). Scale bar: 25  $\mu$ m. D, qRT-PCR analysis of the mRNA expression of adipogenic related genes *CEBPA*, *PPARG*, *PLIN1*, *ADIPOQ* after 2- and 5-day adipogenic differentiation (n = 3). E, Western blot shows successful knockdown of ALKBH1 in 3T3-L1 cells. F, CCK8 assay of viability of 3T3-L1 cells after knockdown of *Alkbh1*. G, representative images and quantitation of oil red O staining in 3T3-L1 cells after induction of 14 days (n = 3). Scale bar: 25  $\mu$ m. H, qRT-PCR analysis of *Cebpa*, *Ppar $\gamma$* , *Plin1*, *Adipoq* in *Alkbh1*-knockdown 3T3-L1 cells (n = 3). The p values were calculated by two-tailed Student's t test. Scatter plots show individual data points  $\pm$  SD.

of adipocyte-specific genes, including *Cebpa*, *Ppar $\gamma$* , *Plin1*, and *Adipoq* (Fig. 3F).

In addition, we performed an ectopic fat formation test by transplanting control and ALKBH1-overexpressing 3T3-L1 cells into bilateral sternum of nude mice (1). General observations showed that the fat pad at the Lv-ALKBH1 side is larger and weighs four times as much as the other side (Fig. 3G). HE staining and GFP immunofluorescence

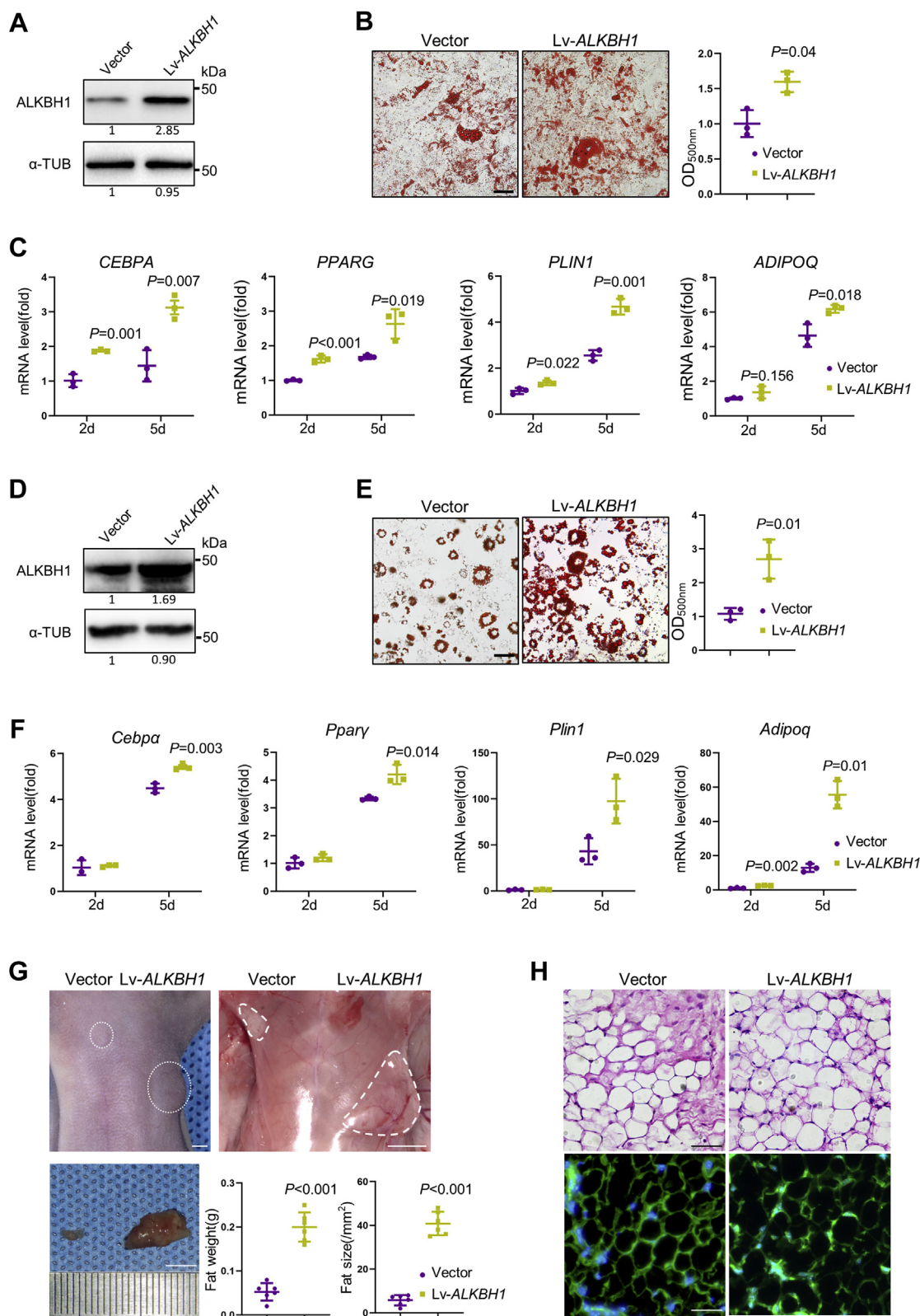
confirmed the source of adipose and showed the increasing capacity of ALKBH1-overexpressing 3T3-L1 cells (Fig. 3H).

### ALKBH1 regulates HIF-1 pathway

To elucidate the underlying mechanism, we performed RNA sequencing analysis on ALKBH1 knockdown hMSCs versus the control cells after 3-day adipogenic induction. We



## ALKBH1 promotes adipogenesis via HIF-1 pathway



**Figure 3. Overexpression of ALKBH1 promotes adipogenesis.** *A*, Western blot confirms the successful overexpression of ALKBH1 in hMSCs. *B*, quantitative analysis of oil red O staining in hMSCs after 14 days of adipogenic differentiation ( $n = 3$ ). Scale bar: 25  $\mu\text{m}$ . *C*, qRT-PCR analysis of adipogenic related genes *CEBPA*, *PPARG*, *PLIN1*, *ADIPOQ* in ALKBH1-overexpressed hMSCs ( $n = 3$ ). *D*, Western blot shows overexpression of ALKBH1 in 3T3-L1 cells. *E*, representative images and the OD values of oil red O staining in 3T3-L1 cells ( $n = 3$ ). Scale bar: 25  $\mu\text{m}$ . *F*, qRT-PCR analysis of *Cebpa*, *Ppar $\gamma$* , *Plin1*, *Adipoq* in ALKBH1-overexpressed 3T3-L1 cells ( $n = 3$ ). *G*, macroscopic identification and quantitative analysis of ectopic fats after 6 weeks of sternal subcutaneous injection. Nude mice were bilateral transplanted with Vector and Lv-ALKBH1 3T3-L1 cells ( $n = 6$ ). Scale bar: 5 mm. *H*, hematoxylin and eosin staining (*top*) and GFP staining (*bottom*) of fat pads isolated from nude mice. Scale bar: 25  $\mu\text{m}$ . The  $p$  values were calculated by two-tailed Student's  $t$  test. Scatter plots show individual data points  $\pm$  SD.

screened 330 downregulated genes and 166 upregulated genes in total. The Gene Ontology (GO) analysis interprets enriched biological functions of ALKBH1. *ALKBH1* knockdown greatly downregulated the synthesis and transport of lipid (Fig. 4A). Gene set enrichment analysis (GSEA) confirmed the disruption of adipogenesis in *ALKBH1*-deficient hMSCs (Fig. 4B). Importantly, GSEA also identified a significant dysfunction of hypoxia-inducible factor-1 (HIF-1) pathway after *ALKBH1* depletion (Fig. 4C). The expression of critical genes such as *HIF-1 $\alpha$* , *CA9*, *VEGF $\alpha$* , *LDHA*, *PDK1*, *PDK4*, and *GLUT1* was significantly decreased, as shown in the heatmap (Fig. 4D). In addition, the downregulation of HIF-1 pathway was confirmed in *Alkbh1*-depleted 3T3-L1 cells by Western blot (Fig. 4E) and qPCR analysis (Fig. 4F). On the contrary, overexpression of *ALKBH1* in 3T3-L1 cells significantly induced the protein level of HIF-1 axis (Fig. 4G) as well as the mRNA expression of *Hif-1 $\alpha$* , *Ca9*, *Hk2*, *Vegfa*, *Glut1*, and *Ldha* (Fig. 4H).

As HIF-1 $\alpha$  is rapidly degraded by prolylhydroxylase (PHD) in normoxia (27), We cultured 3T3-L1 cells in 5% oxygen conditions. Knockdown of *Alkbh1* led to a decreased expression of HIF-1 $\alpha$  and its downstream targets both on protein level and mRNA level (Fig. S1, A and B), while overexpression of *ALKBH1* activated the HIF-1 pathway (Fig. S1, C and D).

In addition, we introduced cobalt chloride (CoCl<sub>2</sub>), a canonical hypoxia mimic, to verify the results. We treated 3T3-L1 preadipocytes with 150  $\mu$ M CoCl<sub>2</sub> for 24 h to induce hypoxia, and the successful induction was confirmed by the elevation of *Hif-1 $\alpha$*  (Fig. S2A). Consistent with our hypothesis, knockdown of *Alkbh1* decreased the protein contents of HIF-1 targets (Fig. S2B) as well as gene expression of *Ca9*, *Hk2*, *Vegfa*, *Glut1*, and *Ldha* (Fig. S2C). Overexpression of *ALKBH1* activated the HIF-1 pathway (Fig. S2, D and E).

In addition, we treated 3T3-L1 cells with the HIF-1 pathway agonist ML228, which successfully activated the HIF-1 pathway after 48 h of treatment (Fig. 4I). However, knockdown of *Alkbh1* largely repressed this activation. A very mild increase of related genes was found in si-*Alkbh1*+ML228 group (Fig. 4I).

### ALKBH1 demethylates DNA 6mA of HIF-1 $\alpha$

Next, we sought to assess if ALKBH1 functioned as a DNA 6mA demethylase by DNA dot blot assay. Depletion of *Alkbh1* increased the 6mA level in whole genomic DNA, while overexpression of *ALKBH1* reduced 6mA modifications in 3T3-L1 cells (Fig. 5A). By analyzing the published N6-mA-DNA-IP-seq dataset (GSE71866), we found that *Hif-1 $\alpha$*  had a highly enriched and specific 6mA peak in *Alkbh1*-knockdown embryonic stem cells (ESCs) (Fig. 5B). Next, we confirmed that the binding of ALKBH1 at *Hif-1 $\alpha$*  and its enrichment were reduced upon *Alkbh1* depletion (Fig. 5C).

In addition, we infected 3T3-L1 cells with lentiviral particles overexpressing *HIF-1 $\alpha$*  gene (Lv-*HIF-1 $\alpha$* ), or empty vectors (Vector) and then knocked down *Alkbh1* to perform the functional rescue experiments. Surprisingly, overexpression of *HIF-1 $\alpha$*  only partially increased the maturity of lipid droplets compared with the knockdown group by oil red O staining

(Fig. 5D). Besides, the protein contents of CEBPA and FABP4 received partial recovery (Fig. 5E), and mRNA levels of the key adipogenic genes *Cebpa*, *Ppar $\gamma$* , *Plin1*, and *Adipoq* in the Lv-*HIF1 $\alpha$* +si-*Alkbh1* group were also partially restored after 5 days of induction (Fig. 5F), suggesting that ALKBH1 may regulate other genes.

### Simultaneous overexpression of HIF-1 $\alpha$ and GYS1 restores the adipogenic differentiation of *Alkbh1*-deficient cells

By overlapping our RNA-seq data with published N6-mA-DNA-IP-seq data (GSE71866), we also found that glycogen synthase 1 (*Gys1*), a downstream target of *Hif-1 $\alpha$* , exhibited a peak of DNA 6mA modification after the knockdown of *Alkbh1* (Fig. 6A). The abundance of ALKBH1 at the promoter regions of *Gys1* was reduced in *Alkbh1*-depleted 3T3-L1 cells (Fig. 6B). The protein contents of GYS1 were regulated by the level of ALKBH1 both in 20% oxygen conditions (Fig. 6C) and 5% oxygen (Fig. S3), suggesting that GYS1 may be another target of ALKBH1 in adipogenic differentiation.

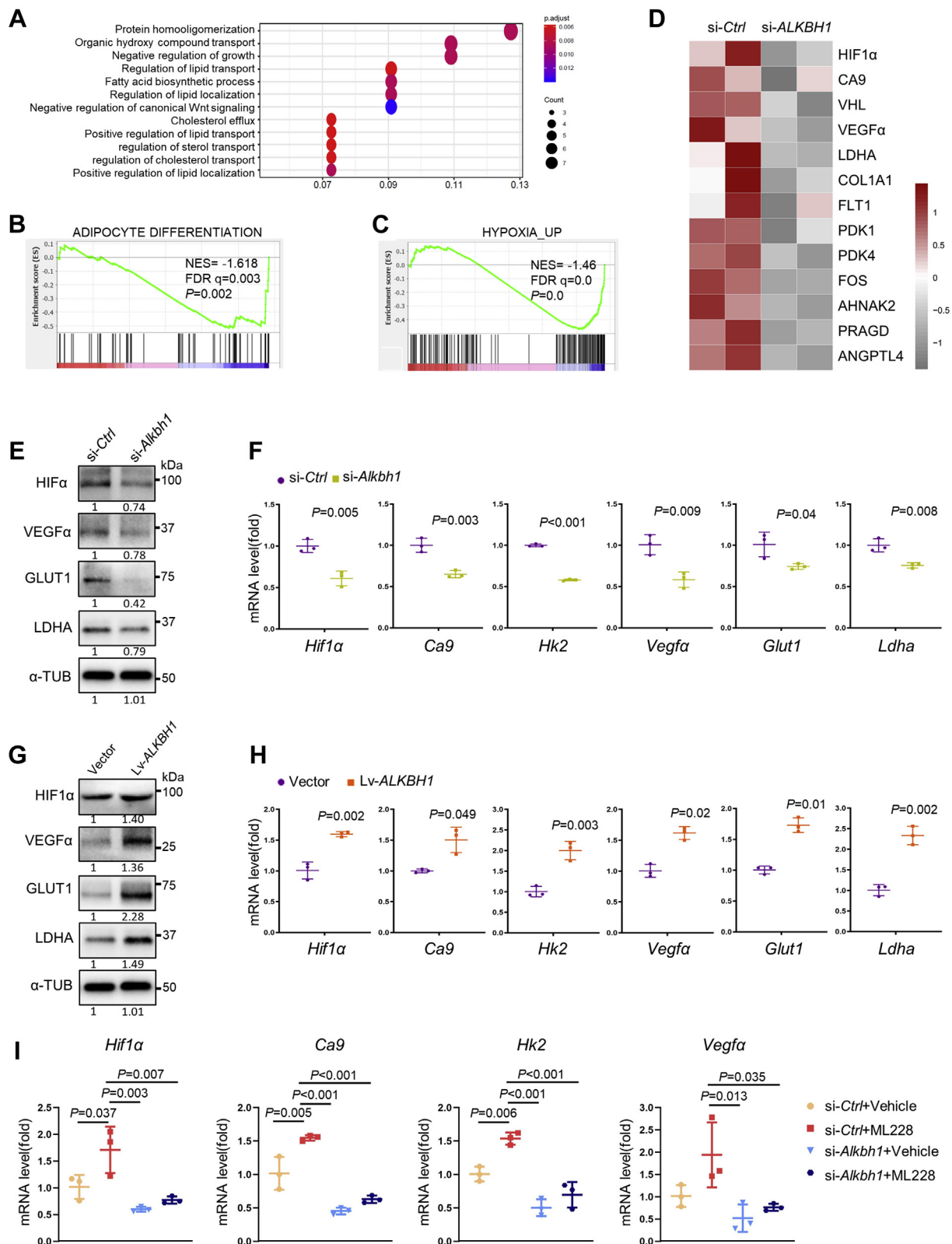
Overexpression of *GYS1* alone failed to fully restore the decreased intensity of oil red O staining (Fig. S4A), protein contents of CEBPA and FABP4 (Fig. S4B), and mRNA level of adipogenic genes (Fig. S4C) in *Alkbh1*-depleted 3T3-L1 cells. Next, we simultaneously overexpressed *HIF-1 $\alpha$*  and *GYS1* and then knocked down *Alkbh1* in those cells. Compared with cells that only overexpressed either of the two, amounts of lipid droplets in oil red O staining (Fig. 6D), as well as the adipogenic protein contents, were almost restored to their original level (Fig. 6E). Besides, the expression of adipogenesis-related genes *Cebpa*, *Ppar $\gamma$* , *Plin1*, and *Adipoq* was significantly increased in cells concurrently overexpressing *HIF-1 $\alpha$*  and *GYS1* (si-*Alkbh1*+Lv-*HIF1 $\alpha$* +Lv-*GYS1*) after 5 days of adipogenic induction (Fig. 6F). In sum, ALKBH1 demethylated DNA 6mA of both *Hif-1 $\alpha$*  and *Gys1*, which worked together to enhance adipogenic differentiation of 3T3-L1 cells.

### Discussion

DNA modification, involving 5mC and 6mA in eukaryotes, is of paramount importance due to its extensive influence on embryonic development and metabolic homeostasis (28). Perturbation in 6mA leads to dysfunction and human diseases such as neurodegeneration (29), asymmetry (30), mitochondria disorder (31), and tumorigenesis (21, 32). In recent years, ALKBH1, which functions as a DNA 6mA demethylase, has played a versatile role in embryogenesis and differentiation. Loss of ALKBH1 results in defects in the nerves, skeleton, genitals, and cell pluripotency and differentiation (19, 25, 26). In the present study, we defined the relationship between ALKBH1 and cell adipogenic differentiation. Depletion of ALKBH1 in human MSCs and 3T3-L1 preadipocytes decreases adipogenesis. On the contrary, overexpression of ALKBH1 leads to lipid droplets accumulation *in vitro* and extensive adipose tissue *in vivo*. Combined with our previous data, ALKBH1 has a crucial role in cell fate determination (19).

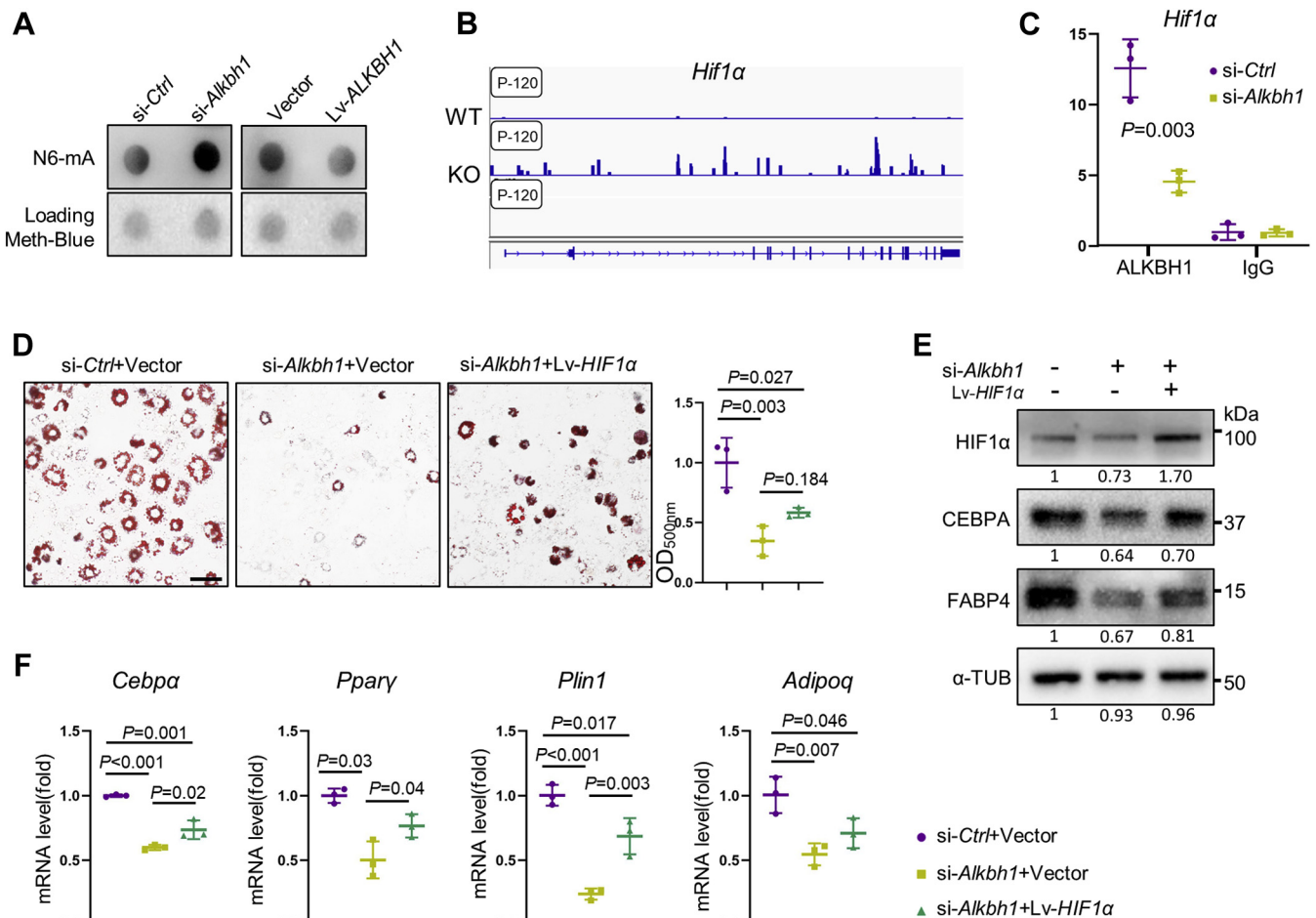
We elucidated that ALKBH1 activates the HIF-1 signaling pathway to enhance adipogenesis in normoxia and hypoxia.

# ALKBH1 promotes adipogenesis via HIF-1 pathway



**Figure 4. ALKBH1 regulates HIF-1 pathway.** *A*, Gene Ontology enrichment interprets the biological process in *ALKBH1*-knockdown hMSCs. Knockdown of *ALKBH1* influenced the synthesis and transport of lipid. *B*, gene set enrichment analysis (GSEA) shows decreased expression of adipogenesis genes in *ALKBH1*-knockdown hMSCs. *C*, GSEA reveals that depletion of *ALKBH1* in hMSCs impairs hypoxia pathway. *D*, heatmap of representative genes involved in HIF-1 signaling. *E*, Western blots of hypoxia-related proteins in *Alkbh1*-knocked 3T3-L1 cells in 20% oxygen conditions. *F*, qRT-PCR analysis of *Hif1a*, *Ca9*, *Hk2*, *Vegfa*, *Glut1*, and *Ldha* in *Alkbh1*-deficient 3T3-L1 lines in 20% oxygen conditions (n = 3). *G*, Western blots and (*H*) qRT-PCR analysis confirm the activation of hypoxia axis in *ALKBH1*-overexpressed cells under normoxia (n = 3). *I*, qRT-PCR analysis of the mRNA levels of HIF-1 pathway activator ML228 upregulated related genes expression in control group but partially failed in *Alkbh1*-knockdown group (n = 3). The p values were calculated by two-tailed Student's *t* test (*F* and *H*) and one-way ANOVA with Tukey's post hoc test (*I*). Scatter plots show individual data points ± SD.



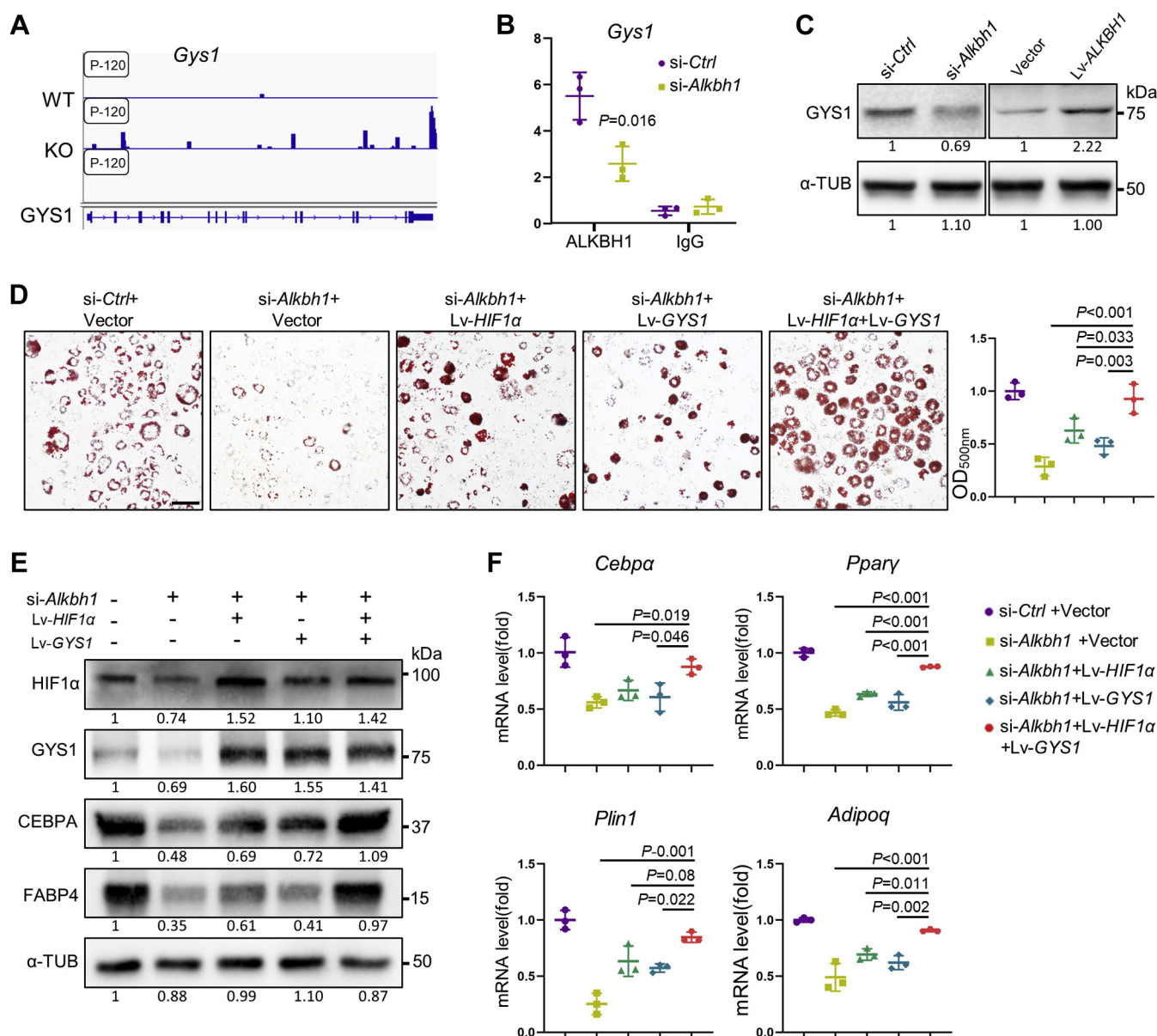


**Figure 5. ALKBH1 demethylates DNA 6mA of HIF-1 $\alpha$ .** *A*, levels of the DNA 6mA modification were assessed via DNA dot blot in 3T3-L1 cells using a 6mA-specific antibody. Methylene blue detected DNA loading. ALKBH1 functions as a DNA demethylase in 3T3-L1 cells. *si-Ctrl*: control-siRNA 3T3-L1 cells, *si-Alkbh1*: *Alkbh1* deficient 3T3-L1 cells, *Lv-ALKBH1*: *ALKBH1*-overexpressed 3T3-L1 cells, *Vector*: Empty vector in 3T3-L1 cells. *B*, enrichment of N6-mA peak on *Hif-1 $\alpha$*  gene locus in *Alkbh1* knockout embryonic stem cells. Data are from the published datasets GSE71866. *C*, ChIP-PCR analysis of immunoprecipitations of ALKBH1 associated *Hif-1 $\alpha$*  fragments. *D*, representative images of Oil red O staining in 3T3-L1 cells and quantitation analysis ( $n = 3$ ). Scale bar: 25  $\mu$ m. *E*, Western blot analysis of HIF-1 $\alpha$ , CEBPA and FABP4. Overexpression of HIF-1 $\alpha$  partially rescued the decrease of adipogenic markers. *F*, qRT-PCR shows the mRNA level of *Cebpa*, *Pparg*, *Plin1*, and *Adipoq* in *si-Ctrl+Vector*, *si-Alkbh1+Vector*, and *si-Alkbh1+Lv-HIF1 $\alpha$*  group at 5 days of differentiation ( $n = 3$ ). The  $p$  values were calculated by two-tailed Student's  $t$  test (*C*) and one-way ANOVA with Tukey's post hoc test (*D* and *F*). Scatter plots show individual data points  $\pm$  SD.

HIF-1 consists of a functional  $\alpha$ -subunit heterodimer and a stably expressed  $\beta$ -subunit in mammals (33). With the reduction of oxygen, HIF-1 is prevented from being hydroxylated by prolyl hydroxylase domain (PHD) and factor inhibiting HIF-1 (FIH1), thus promoting angiogenesis, epithelial-to-mesenchymal transition, and metastasis of tumors in eukaryotes (34–36). Aberrant level of HIF-1 leads to metabolic dysfunction such as mitochondrial diseases,  $\beta$ -cell disturbance, and glucose intolerance (37, 38). A growing number of studies suggest that hypoxia occurred during adipose accumulation in overweight individuals or obese mice due to increased oxygen consumption (39). Mice lacking HIF-1 $\alpha$  present with a decrease of glycolytic enzymes (40), high insulin sensitivity, and less body weight after HFD diet (41–44). While overexpression of HIF-1 $\alpha$  in mice increases the obesity and insulin resistance interacting with inflammation and fibrosis of adipose tissue (45–47). The relationship between ALKBH1 and the HIF-1 pathway in tumorigenesis reported by Xiao *et al.* and Xie *et al.* (21, 32) also entrenched our

hypothesis on adipogenesis. In recent years, studies paid more attention to the regulations of HIF-1 $\alpha$  proteins due to their degradation under normoxia. The regulations of HIF-1 $\alpha$  protein are well documented these years, whereas the transcription of DNA and regulation of mRNA are little known. However, in many pathological conditions, such as in solid tumors and adipose tissue, HIF-1 $\alpha$  is subjected to epigenetic regulations. The level of methylation on HIF-1 $\alpha$  mediates the transcription and thus regulates the downstream targets. In this study, ALKBH1 knockdown reduced the global DNA methylation level of 6mA and attenuated the HIF-1 signaling pathway due to the hypermethylation of HIF-1 $\alpha$  and GYS1. Hypermethylation of HIF-1 $\alpha$  caused posttranscriptional gene silencing and consequently led to decreased adipogenic differentiation (44). Overexpression of HIF-1 $\alpha$  could partially rescue the phenotypes. One explanation for this mechanism is that elevated expression of HIF-1 $\alpha$  may activate insulin signaling and alter the level of adiponectin, a crucial gene that protects the body from metabolic diseases (48, 49).

## ALKBH1 promotes adipogenesis via HIF-1 pathway



**Figure 6. Simultaneous overexpression of HIF-1 $\alpha$  and GYS1 restores the adipogenic differentiation of *Alkbh1*-deficient cells.** A, DNA N6-mA peaks on *Gys1* gene locus in *Alkbh1* knockout embryonic stem cells. Data are from the published datasets GSE71866. B, ChIP-PCR analysis of immunoprecipitations of ALKBH1 associated *Gys1* fragments (n = 3). C, Western blots of GYS1 in normoxia, indicating that ALKBH1 regulates the expression of GYS1. D, representative images and quantification of oil red O staining in si-Ctrl+Vector, si-*Alkbh1*+Vector, si-*Alkbh1*+Lv-HIF1 $\alpha$ , si-*Alkbh1*+Lv-GYS1 group, and si-*Alkbh1*+Lv-HIF1 $\alpha$ +GYS1 group (n = 3). Scale bar: 25  $\mu$ m. E, Western blot detects the protein level of HIF-1 $\alpha$ , GYS1 and adipogenic-related markers (n = 3). Simultaneous overexpression of HIF-1 $\alpha$  and GYS1 restored adipogenic differentiation of *Alkbh1*-deficient cells. F, qRT-PCR analysis of the expression of *Cebpa*, *Ppar $\gamma$* , *Plin1*, *Adipoq* after 5-day adipogenic differentiation (n = 3). The p values were calculated by two-tailed Student's t test (B) and one-way ANOVA with Tukey's post hoc test (D and F). Scatter plots show individual data points  $\pm$  SD.

Controversial points existed due to the diversity of cell origins and imbalance of adipose inflammation (50–52). Besides, upstream genes of HIF-1 $\alpha$  like ANT2 also contribute to obesity and inflammations (53, 54). However, whether ALKBH1 has direct effects on the degradation of HIF-1 $\alpha$  needs further studies.

Glycogen synthase 1 (GYS1), downstream of HIF-1 $\alpha$ , is the key enzyme functioning in the glycogen synthesis and significantly increases in the tumor microenvironment and hypoxic atmosphere (55, 56). Accumulation of GYS1 in several types of cancer suppresses canonical nuclear factor  $\kappa$ B (NF- $\kappa$ B)

signaling (57) and AMP-activated protein kinase (AMPK) signaling to promote migration and proliferation of tumor cells (58–60). Aberrant expression of GYS1 is also related to the obesity phenotype in diabetes, but the mechanism remains unknown. Here we found that GYS1 is also a target of ALKBH1. We speculated that GYS1 might further promote adipogenesis by altering gene expressions in NF- $\kappa$ B and AMPK signaling pathways.

ALKBH1 was discovered as a DNA 6mA demethylase to participate in epigenetic networks (20) and was shown to be a tRNA demethylase later on (23). He *et al.* reported that m1A58



tRNA<sup>iMet</sup> was the main substrate of ALKBH1 and can promote translational initiation. Recently, a number of studies uncovered the existence of 6mA in eukaryotes, indicating its function on cell differentiation (19), tumor progress (21, 32), and stress response (31). Of note, 6mA level in mtDNA arose under HIF1 $\alpha$  activation. Accumulating evidence suggests that ALKBH1 can demethylase DNA 6mA, RNA m5C, m6A, and tRNA m1A because they share the locally unpairing feature (24).

HIF1 $\alpha$  regulates physiological processes under both hypoxic and normoxic conditions (61, 62). Oxygen levels are highly heterogeneous among various tissues ranging from 1% to 5%, and controlled concentrations of oxygen help organs function normally (63). Hypoxia/oxygen-sensing signaling activates mainly regulated by HIFs and various enzymes. Moderate hypoxia mediated by HIFs regulates stem cell maintenance, differentiation, apoptosis, and mitochondrial functions at the cellular levels (64–66). But excessive hypoxia has side effects on metabolisms, angiogenesis, tissue fibrosis, inflammations, and tumor progression (67, 68). The discovery of novel mechanisms is critical for therapy. In summary, we uncover the crucial function of DNA 6mA modification on adipogenesis. The combination of two kinds of sequencings validates the relationship between ALKBH1 and hypoxia/HIF1 $\alpha$  signaling for the first time and gives some new evidence on the regulations of adipogenesis.

## Experimental procedures

### Cell culture and adipogenic differentiation assays

Human bone-marrow-derived mesenchymal stem cells (hMSCs) and 3T3-L1 cell lines were obtained from ATCC. Cells were cultured in Dulbecco's modified Eagle's medium (DMEM)-High Glucose (Hyclone laboratories, Logan, UT) supplemented with 10% fetal bovine serum (Gibco, Grand Island, NY), 100  $\mu$ g/ml streptomycin (Gibco), and 100 units/ml penicillin (Gibco) at 37 °C in a humidified atmosphere of 5% CO<sub>2</sub>. To induce adipogenic differentiation, cells were seeded in 6-well plates and treated with adipogenic medium containing 0.5  $\mu$ M 3-Isobutyl-1-methylxanthine (IBMX), 10  $\mu$ g/ml insulin, 1  $\mu$ M dexamethasone, and 72  $\mu$ g/ml indomethacin (all from Sigma).

### Gene knockdown and lentivirus-mediated gene overexpression

siRNAs for human *ALKBH1* and control were purchased from Santa Cruz. Mouse siRNAs were synthesized by Sangon Biotech (Table S1). We diluted 1  $\mu$ g siRNA duplex into 100  $\mu$ l Opti-MEM I for solution A and diluted 5  $\mu$ l Lipofectamine RNAiMAX (Invitrogen) into 100  $\mu$ l Opti-MEM I for solution B. Then, we added A to B and incubated the mixture for 25 to 40 min at RT. When the cells reached 50 to 70% (about 1  $\times$  10<sup>5</sup> cells) confluence, 200  $\mu$ l mixture was added to 1 ml of normal growth medium without antibiotics in 6-well, incubating cells for 12 h at 37 °C. The knockdown efficiencies were examined by Western blot after 48 h of transfection.

For overexpression, the lentivirus-*ALKBH1* vectors system was constructed, packaged, and purified by Genechem. Cells infected with an empty GV358 vectors (Ubi-MCS-3FLAG-SV40-EGFP-IRES-puromycin) were used as controls. Cells were cultured in 6-well to 30% (about 5  $\times$  10<sup>4</sup> cells) confluence and infected with lentivirus at a MOI = 20. The lentivirus solution along with 1  $\times$  Hitrans G Polybrene (Genechem) was added into 1 ml growth medium for 12 h at 37 °C. The green fluorescent could be observed after 72 h of infection. Then we used 2  $\mu$ g/ml puromycin (Sigma) for 7 to 10 days to obtain stable cell clones. Cells overexpressing *HIF-1 $\alpha$*  and *GYS1* were also purchased from Genechem and infected in the same way. The efficiency of infection was confirmed by Western blots.

### Cell viability

We used Cell Counting Kit-8 (CCK8, Beyotime) to check cell viability. Cells were treated with siRNA in 6-well and then digested after 24 h. Next, they were seeded and cultured at a density of 5  $\times$  10<sup>3</sup>/well into 96-well. After another 24, 48, and 72 h, 10  $\mu$ l of CCK-8 reagent was added to each well and then cultured for 1 h. The absorbance was analyzed at 450 nm by a Spectrophotometer (Thermo Fisher Scientific).

### qRT-PCR and RNA-Seq

We isolated total RNA by Trizol (Invitrogen) and reversed it to cDNA using PrimeScript RT reagent Kit and gDNA Eraser (TaKaRa Bio). Quantitative RT-PCR was performed by LightCycler 96 (Roche) with iTaq Universal SYBR Green Supermix (Bio-Rad laboratories). Genes of interest were calculated using a 2<sup>- $\Delta\Delta$ Ct</sup> method by normalizing with *RPLP0*. All primer sequences are shown in Table S1.

For RNA-Seq, we prepared sequencing libraries using the Illumina TrueSeq stranded mRNA sample preparation kit (Illumina) according to the manufacturer's instruction and performed single-end sequences on an Illumina HiSeq 6000 machine. We used FastQC (v0.11.5) to control the quality of RNA-Seq and aligned the reads to hg19 genome using HISAT2 (v0.0.5). Genes expression level was considered significantly changed if log<sub>2</sub>FC (Fold change) >0.5 or <-0.5, with *p* value <0.05 in our RNA-seq. GSEA for the related pathway was performed using GSEA software (<http://www.broad.mit.edu/GSEA>). Heat map in this study was drawn using pheatmap package in R 3.6.1 and normalized data by row (69).

### Western blot

Cells were lysed by radioimmunoprecipitation assay (RIPA) buffer (Pierce) on ice to obtain total protein. Samples were centrifuged at 14,000g for 15 min at 4 °C and then heated at 95 °C for 5 min in 1 $\times$  SDS loading buffer. We separated the protein by using 8% or 10% SDS-polyacrylamide gels and transferred it to PVDF membranes by a wet transfer apparatus (Bio-Rad). The membranes were blotted with 5% milk or bovine serum albumin (BSA) for 1 h and then incubated with primary antibodies at 4 °C overnight (70). The following antibodies were used: rabbit anti-ALKBH1 (1:2000, ab128895,

## ALKBH1 promotes adipogenesis via HIF-1 pathway

Abcam), rabbit anti-HIF-1 $\alpha$  (1:1000, ER1802-41, Huabio, Boston), rabbit anti-GYS1 (1:1000, ET1611-59, Huabio), rabbit anti-VEGF (1:2000, ET1604-28, Huabio), rabbit anti-GLUT1 (1:2000, ET1601-10, Huabio), rabbit anti-LDHA (1:2000, ET1608-57, Huabio), rabbit anti-CEBPA (1:2000, ET1612-46, Huabio), rabbit anti-FABP4 (1:2000, ET1703-98, Huabio), mouse anti- $\alpha$ -tubulin (1:2,000, sc-32293; Santa Cruz Biotechnology). The complexes were incubated in horseradish peroxidase conjugated anti-rabbit or anti-mouse IgG secondary antibodies (Cell signaling Technology) and visualized with Immobilon reagents (Millipore).

### Oil red O staining and Nile Red staining

Being induced for 14 days, cells were fixed with 4% paraformaldehyde for 20 min, washed with PBS three times, and stained with Oil Red O (ORO) solution for 15 to 30 min (71). ORO stock solution was made with 0.5 g ORO (O8010, Solarbio) and 100 ml isopropyl alcohol. Six parts of saturated stock solution were dissolved in four parts of water to make the working fluid. Lipid droplets were visualized under the microscope (Olympus BX53).

Frozen tissue slices were managed following the tissue immunofluorescent staining procedure and then stained with Nile Red solution (N8440, Solarbio) for 10 min at 37 °C and DAPI before mounting. Images were captured by scanning confocal microscopy (FV3000, Olympus).

### Ectopic fat formation

Nude mice were purchased from the Chengdu Dossy Experimental Animals CO. LTD. All animals were accommodated under 23  $\pm$  2 °C and allowed for abundant food and water before injection. 2  $\times$  10<sup>5</sup> 3T3-L1 cells overexpressing ALKBH1 or empty vector mixed in 50% matrigel suspensions were respectively injected at different sides into the sternum of 4-week-old nude mice (1). Engrafted tissues were excised and histologically analyzed after 6 weeks of a high-fat diet. All animal studies performed were approved by the Subcommittee on Research and Animal Care (SRAC) of Sichuan University.

### Histological evaluation

Fat tissues were harvested and fixed in the 4% paraformaldehyde (Biosharp) at 4 °C for 24 h and then dehydrated and embedded in paraffin (72). Samples were stained with hematoxylin and eosin (HE) following the manufacturer's instruction (Biosharp).

### Tissue immunofluorescent staining

IWAT tissues were fixed in 4% paraformaldehyde (Biosharp) at 4 °C for 24 h, dehydrated in 30% sucrose solutions for 48 h, embedded with O.C.T compound (SAKURA) under -20 °C, and then sectioned at 5  $\mu$ M (CM3050S; Leica). After three times of PBS and 1 h of blocking by 5% BSA, rabbit anti-GFP (ab290, Abcam) or anti-ALKBH1 primary antibody (1:2000, ab128895, Abcam) was applied at 4 °C overnight. Then secondary antibodies were applied at room temperature for 1.5 h by using anti-rabbit Alexa Fluor 488 (ab150077, Abcam). The

nucleus was labeled by DAPI, and slides were captured by fluorescence microscope (Olympus BX53).

### Dot-blot

We isolated DNA with a PureLink Genomic DNA kit (Invitrogen) and denatured it at 95 °C for 10 min in 0.4 M NaOH, 10 mM EDTA buffer. Samples were lightly spotted on the membrane (Zeta-Probe, Bio-Rad) using Dot-Blot micro-filtration apparatus (Bio-Rad) and baked at 80 °C for 30 min. Membranes were blocked in 5% BSA for 1 h at room temperature, then incubated with N6-mA antibody (1:2000, 202-003, Synaptic Systems) overnight at 4 °C. The complexes were incubated with secondary anti-rabbit IgG (Jackson ImmunoResearch) for 1 h and visualized with Immobilon reagents (Millipore). To ensure an equal amount of DNA samples, the membrane was stained with 0.02% methylene blue in 0.3 M sodium acetate (pH 5.2) (19).

### DNA-N6-mA-seq

The DNA-N6-mA-seq data used in this study were published in Wu *et al.* (20) with the accession number GSE71866. We loaded these data on Integrative Genomics Viewer (IGV), a high-performance desktop tool for interactive visual exploration of diverse genomic data, to compare the 6mA peak between the control and the knocked-Alkbh1 group (73).

### Chromatin immunoprecipitation (ChIP)

The ChIP assay was conducted *via* an EZ-Zyme Chromatin Prep kit (Millipore) and Magna Chip HiSens (Millipore) (74). We use a rabbit IgG (Abcam) as control and a rabbit ALKBH1 (Abcam) for the experimental group. DNA-protein complexes were dissociated, and pulled-down DNA was tested by qRT-PCR analysis. The primers were designed to identify the target promoter regions. The ChIP assay results are demonstrated in relation to the input DNA.

### Statistical analysis

Scatter plots show individual data points and standard deviation (SD). Statistically significant differences were performed by two-tailed Student's *t* test for comparison between two groups or by one-way analysis of variance (ANOVA) followed by the Tukey's *post hoc* test for multiple comparisons. *p* value <0.05 was considered to be statistically significant.

### Data availability

The RNA-seq data have been uploaded and deposited in the Gene Expression Omnibus (<http://www.ncbi.nlm.nih.gov/geo>) under GSE177059.

*Supporting information*—This article contains supporting information.

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**Conflicts of interest**—The authors declare that they have no conflicts of interest with the contents of this article.

**Abbreviations**—The abbreviations used are: 6mA, N6-adenine methylation; CCK8, cell counting kit-8; BSA, bovine serum albumin; GYS1, glycogen synthase 1; HIF-1, hypoxia-inducible factor-1; hMSCs, human mesenchymal stem cells; iWAT, inguinal white adipose tissue; MSC, mesenchymal stem cell; SASP, senescence-associated secretory phenotype; siRNA, small interfering RNAs.

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## ALKBH1 promotes adipogenesis via HIF-1 pathway

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