DOI: 10.1111/jcmm.15742

# REVIEW

# Overview of the molecular determinants contributing to the expression of Psoriasis and Psoriatic Arthritis phenotypes

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### Abstract

Psoriasis and psoriatic arthritis are multifactorial chronic disorders whose etiopathogenesis essentially derives from the alteration of several signalling pathways and the co-occurrence of genetic, epigenetic and non-genetic susceptibility factors that altogether affect the functional and structural property of the skin. Although shared and differential susceptibility genes and molecular pathways are known to contribute to the onset of pathological phenotypes, further research is needed to dissect the molecular causes of psoriatic disease and its progression towards Psoriatic Arthritis. This review will therefore be addressed to explore differences and similarities in the etiopathogenesis and progression of both disorders, with a particular focus on genes involved in the maintenance of the skin structure and integrity (keratins and collagens), modulation of patterns of recognition (through Toll-like receptors and dectin-1) and immuno-inflammatory response (by NLRP3-dependent inflammasome) to microbial pathogens. In addition, special emphasis will be given to the contribution of epigenetic elements (methylation pattern, non-coding RNAs, chromatin modifiers and 3D genome organization) to the etiopathogenesis and progression of psoriasis and psoriatic arthritis. The evidence discussed in this review highlights how the knowledge of patients' clinical and (epi)genomic make-up could be helpful for improving the available therapeutic strategies for psoriasis and psoriatic arthritis treatment.

#### KEYWORDS

(epi)genomics, anti-fungine response, *C. Albicans*, collagens, inflammation, keratins, Psoriasis, Psoriatic Arthritis, skin disorders

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## 1 | BACKGROUND

The effectiveness of skin as protective organ is provided by a peculiar structure specifically designed to counteract a variety of dangerous events, including mechanical stress, transepidermal water loss, penetration of microorganisms or physico-chemical irritants. Alteration in the structural properties of skin or the malfunctioning of the differentiation and maturation process among the skin layers can result in the onset of cancers or other skin-related disorders. This kind of pathologies is very common in the general population, affecting from 30% to 70% of individuals of any age.<sup>1</sup> In this context, psoriasis (Ps), psoriatic arthritis (PsA) and atopic eczema (AE) are only few examples of a wide spectrum of disease phenotypes involving the skin at different levels. Interestingly, all of them show a multifactorial aetiology characterized by the contribution of genetic and non-genetic factors that interact together to determine a higher or lower susceptibility to develop a specific disease phenotype.<sup>2-5</sup>

In particular, this review will be focused on Ps and PsA, which are both chronic disorders characterized by the dysregulation of inflammatory and immune-mediated responses. Ps affects more than 100 million individuals worldwide. The prevalence rate is highly variable depending on the geographic area, ranging from 0.09% to 11.43%.<sup>6,7</sup> On this subject, the ultraviolet (UV) exposure deserves particular attention since the disease prevalence has been supposed to be correlated with the variable exposure to UV light and latitude. In fact, Ps has been found to be more frequent at higher latitude and in locations less exposed to UV light (such as in Arctic Kasach'ye displaying a prevalence of 11,8%) compared to the prevalence observed in areas closer to the equator (0% in pacific Samoa Islands).<sup>8</sup> One of the possible mechanisms through which UV exposure might exert a protective role is the ability of influence the production and concentration of vitamin D. As a matter of fact, the serum levels of vitamin D have been reported to be low in psoriatic patients compared to healthy individuals in several studies.9 Of note, variants within genes related to vitamin D metabolism (such as VDR, GC, CYP2R1 and DHCR7) have been found to interact with latitude and sun exposure, altogether contributing to the concentration of serum vitamin D levels in a cohort of Australian origin.<sup>10</sup> Moreover, the higher UV exposure plays a protective role also for AE, for which the local environment plays a role in the positive/negative selection of pathogenic genetic variants.<sup>4</sup> Taken together, these data suggest that UV radiations are able to interact with intrinsic factors, involving directly skin integrity and influencing Ps cutaneous manifestations development. In fact, UVB radiation influences antigen-presenting cells (APCs), such as Langerhans cells and Langerhans cell-like dendritic cells which, in turn, modulate the keratinocytes functions through cytokines and epidermal cell-derived thymocyte-activating factor (ETAF) production.<sup>11</sup> In particular, the inhibition of Langerhans cells endocytic activity by UVB has been supposed to impair cell migration and maturation, suppressing the antigen-specific immunosensitivity and, ultimately, decreasing the immuno-inflammatory responses in the skin.<sup>11,12</sup> Moreover, similar mechanisms of skin photoprotection through alteration of Langerhans cells functions have been reported for UltraViolet-Solar Simulated (UV-SSR) and UVA radiations.<sup>12</sup>

Generally, patients affected with Ps present papulosquamous lesions (ie psoriatic plaques) which are characterized by variable morphology, distribution, severity and progression. Psoriatic plaques are usually itching, stinging and painful and are located on the scalp, elbows, knees, navel and lumbar area. Moreover, Ps can involve the oral mucosa, the soles of the feet and palms of the hands and nails. The main molecular signatures of Ps are the over-production of cytokines that activate  $Th_{17}$  and  $Th_1$  cells which, in turn, trigger the amplification of inflammation and hyperproliferation of keratinocytes.<sup>13</sup> Especially, the IL-23/Th<sub>17</sub>/ IL-17 axis seems to play a crucial role in the initiation of the inflammatory cytokines appear to be typical of the chronic phase.<sup>14</sup> Moreover, the dysfunction of regulatory T cells (Tregs) is an essential feature

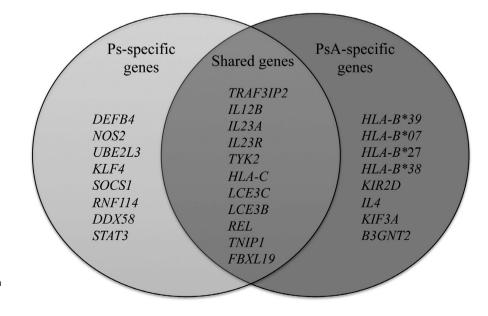


FIGURE 1 Subset of known common and differential associated genes between Psoriasis and Psoriatic Arthritis of Ps because of their impaired function in suppressing activation of responder T cells (Tresp) in affected patients.<sup>15</sup> Approximately 20%-30% of psoriatic patients develop PsA that affect the distal joints, the entheses and the axial skeleton over the skin. In fact, PsA patients present a dysregulation of bone morphogenesis and metabolism.<sup>16</sup> The estimated prevalence of PsA ranges between 0,3% and 1%.<sup>17,18</sup> Although PsA and Ps show phenotypic differences, they share several susceptibility factors, especially genes mainly involved in immuno-inflammatory responses and epidermal differentiation (Figure 1). In particular, the human leucocyte antigen (HLA)-Cw\*06:02 allele has been described as the first susceptibility factor for both Ps and PsA.<sup>19</sup> Of note, HLA-Cw\*06:02 was found to mediate autoimmunity against melanocytes, through the ability of its protein product to present ADAMTS-like protein 5 (ADAMTSL5). In fact, this complex is recognized by epidermal CD8 + T cells, which directly target melanocytes and produce inflammatory cytokines (such as TNF- $\alpha$  and IL-17) that, in turn, are able to alter melanocytes functions and proliferation, leading to dysregulation of skin homeostasis.<sup>20</sup> Therefore, the alteration of melanocytes functions because of this autoimmune response could be regarded as a process by which HLA-Cw\*06:02 predispose to Ps, highlighting this disease as an autoimmune condition whose pathogenic mechanisms also depend from the individual genetic make-up.<sup>20,21</sup>

Several studies have identified susceptibility *HLA*-related genes exclusively associated with PsA. In fact, the *HLA-B\*39*, *HLA-B\*07*, *HLA-B\*27* and *HLA-B\*38* alleles have been described as specific risk factors for PsA.<sup>19,22</sup> In particular, *HLA-B\*27* allele has been correlated with more severe PsA phenotypes. The potential involvement of *HLA-B\*39*, *HLA-B\*38* and *HLA-B\*27* has been supported by the fact that they are able to alter the antigen recognition and binding properties, triggering thereby the activation of signalling cascades and the corresponding immune response.<sup>19</sup> Moreover, the effect of the *HLA* profile on the response to treatments has been evaluated in order to identify a target therapy suitable for each patient.<sup>23</sup>

Over HLA genes, other genetic contributors have been specifically associated with PsA but not with Ps, such as killer-cell immunoglobulin-like receptor (KIR2D 19q13.42), interleukin 4, (IL4, 5q31.1), kinesin family member 3A, (KIF3A, 5q31.1), and beta-1,3-N-acetylglucosyaminyltransferase 2, (B3GNT2, 2p15).<sup>24-26</sup> Given the existence of common and differential susceptibility genes and molecular pathways between Ps and PsA, this review will be addressed to further explore differences and similarities in the etiopathogenesis and progression of both disorders, with a particular focus on genes involved in the maintenance of the skin structure and integrity (keratins and collagens), modulation of patterns of recognition (through Toll-like receptors and dectin-1) and immuno-inflammatory response (by NLRP3-dependent inflammasome) to microbial pathogens. In addition, special emphasis will be given to the contribution of epigenetic elements (methylation patterns, non-coding RNAs, chromatin modifiers and 3D genome organization) to the etiopathogenesis and progression of Ps and PsA. Altogether, the investigation of genetic and epigenetic factors associated with Ps and PsA may provide additional knowledge concerning the disease mechanisms and pave the way for the development of novel diagnostic protocols and more effective treatments.

# 2 | MAINTENANCE OF SKIN STRUCTURE AND INTEGRITY: THE ROLE OF KERATIN GENES

Keratins take part in cell proliferation and inflammatory response, by mediating the interactions either among cells or cells and extracellular matrix (ECM).<sup>27</sup> To date, 54 Keratin (KRT) genes have been identified and clustered on 12q11-q13 and 17q12-q21 chromosomal regions. Several studies have demonstrated that KRT1, KRT6A, KRT6B, KRT10, KRT16 and KRT17 genes (Table 1) are aberrantly expressed in psoriatic epidermis. In particular, lower expression of KRT1 and KRT10 and higher levels of KRT6, KRT16 and KRT17 have been found in psoriatic patients, respectively.<sup>28-30</sup> The involvement of KRTs in the etiopathogenesis of Ps is consistent with the rapid turnover, and the hyperproliferation of keratinocytes typically observed in psoriatic lesions. On this subject, the deletion of KRT1 has been showed to result in the dysregulation of the skin barrier caused by the release of S100A8 and S100A9 heterodimers which, in turn, trigger the Toll-like receptor 4 (TLR4)-dependent activation of NLR family, pyrin domain-containing 3 (NLRP3) inflammasome and, ultimately, the initiation of the inflammatory cascade.<sup>31</sup> Furthermore, KRT17 has been supposed to act as an antigen, triggering an autoreactive T cell immunity response, the release of the interferon  $\gamma$  (IFN $\gamma$ ) and thereby the inflammation of epidermis.<sup>32</sup> Moreover, it seems that KRT17 expression can be directly induced by IL-17 through STAT1- and STAT3-dependent mechanisms.<sup>33</sup> KRT16 may activate the inflammatory response by regulating the production of glutathione (GSH) through the nuclear factor erythroid-derived 2-related factor 2 (NRF2) and, as a consequence, modulate the response to oxidative stress in keratinocytes.<sup>34</sup> Over the role of keratins in the skin structure maintenance, highly penetrant mutations in KRTs can make tissues more fragile and unorganized, causing specific genetic disorders (such as epidermolytic ichthyosis, type I and II pachyonychia congenita).<sup>27,35</sup> However, the potential impact of KRTs polymorphisms on the susceptibility to Ps and PsA is still unclear and deserves to be further investigated.

# 3 | MAINTENANCE OF SKIN STRUCTURE AND INTEGRITY: THE ROLE OF COLLAGEN GENES

Collagens are the most abundant fibrous proteins of the ECM and provide stability, resilience and strength to human tissues.<sup>36,37</sup> The structural properties of collagens are given by its triple-helix conformation able to form fibrils or reticuli, which altogether allow the interaction with other ECM components and cell surface proteins.

**TABLE 1** Overview of the genes potentially contributing to

 the etiopathogenesis of Psoriasis and Psoriatic Arthritis discussed

 throughout the manuscript

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Gene name	Gene symbol	Genomic location
Maintenance of skin structure and integrity		
Keratin genes		
Keratin 1	KRT1	12q13.13
Keratin 6A	KRT6A	12q13.13
Keratin 6B	KRT6B	12q13.13
Keratin 10	KRT10	17q21.2
Keratin 16	KRT16	17q21.2
Keratin 17	KRT17	17q21.2
Collagen genes		
Collagen Type I Alpha-1	COL1A1	17q21.33
Collagen Type III Alpha-1	COL3A1	2q32.2
Collagen Type V Alpha-1	COL5A1	9q34.3
Collagen Type VI Alpha-5	COL6A5	3q22.1
Collagen Type VI Alpha-6	COL6A6	3q22.1
Collagen Type VIII Alpha-1,	COL8A1	3q12.1
Collagen Type VIII Alpha-2	COL8A2	1p34.3
Collagen Type II Alpha-1	COL2A1	12q13.11
Collagen Type IX Alpha-1	COL9A1	6q13
Collagen Type X Alpha-1	COL10A1	6q22.1
Collagen Type XI Alpha-1	COL11A1	1p21.1
Collagen Type XI Alpha-2	COL11A2	6p21.32
Collagen Type XVII Alpha-1	COL17A1	10q25.1
Collagen Type VII Alpha-1	COL7A1	3p21.31
Genes affecting responses to mole	cular pathogens	
C-type Lectin domain family 7 member A	CLEC7A	12p13.2
Toll-Like Receptor 2	TLR2	4q31.3
Toll-Like Receptor 3	TLR3	4q35.1
Toll-Like Receptor 4	TLR4	9q33.1
Toll-Like Receptor 6	TLR6	4p14
Toll-Like Receptor 9	TLR9	3p21.2
NACHT Domain-, Leucine-Rich Repeat- and PYD-containing Protein 3	NLRP3	1q44
PYD- and CARD domain-containing protein	PYCARD	16p11.2
Caspase-1	CASP1	11q22.3
Genes regulating the epigenetic an	d transcriptional	activity
Special AT-rich sequence-binding protein 1	SATB1	3p24.3
CCCTC-Binding Factor	CTCF	16q22.1
Embryonic Ectoderm Development protein	EED	11q14.2

(Continues)

TABLE 1 (Continued)

Gene name	Gene symbol	Genomic location
Enhancer of Zeste, Drosophila, Homolog 2	EZH2	7q36.1
Suppressor of Zeste12	SUZ12	17q11.2
MicroRNA 203a	MIR203A	14q32.33
MicroRNA 146a	MIR146A	5q33.3
MicroRNA 146b	MIR146B	10q24.32
MicroRNA 125b	MIR125B1	11q24.1
MicroRNA 21	MIR21	17q23.1
Inc-RNU12	RNU12	22q13.2
Inc-RP11-701H24.7	RP11- 701H24.7	15q11.2

Therefore, disruption of the structure and function of collagens because of highly penetrant mutations can affect every tissue or organ and cause several pathological phenotypes. In particular, mutations within COL17A1 cause junctional epidermolysis bullosa, non-Herlitztype,<sup>38</sup> whereas mutations in COL7A1 are responsible for dominant or recessive dystrophic epidermolysis bullosa (Table 1).<sup>39</sup> Furthermore, COL1A1, COL3A1 and COL5A1 (Table 1) are physiologically expressed in the skin and are involved in the proper maintenance of blood vessels. Their dysfunction, indeed, may account for vessels fragility and joint hypermobility.<sup>40</sup> Other genes coding for collagen VI chains, namely COL6A5 and COL6A6 (Table 1), are characterized by a more limited localization in adult tissues.<sup>41</sup> COL6A5 is mainly expressed in the skin, although it has been detected in adult testis, lung and intestine.<sup>42</sup> This gene has been investigated for genetic association with AE, although results are highly controversial.<sup>43-46</sup> In particular, a recent study on a cohort of 428 Mediterranean individuals (namely, Italian, Egyptian and Greek subjects) affected by AE did not find any association between COL6A5 and AE in these populations.<sup>47</sup> However, the expression of COL6A5 in the papillary dermis<sup>42</sup> suggested a potential association with Ps and PsA, given the fact that the papillary dermis can be affected in both disorders. Supporting this hypothesis, we found a significant association of rs12488457 (A/C) variant located in COL6A5 with Ps and PsA in a recent study on the Italian population.<sup>48</sup>.

The investigation on *COL8A1* and *COL8A2* (Table 1) unveiled interesting insights concerning the role of ECM remodelling and angiogenesis in Ps and PsA.<sup>49</sup> Previous studies found that a polymorphism (rs13081855, G/T) of *COL8A1* is associated with an increased susceptibility to exudative Age-related macular degeneration (AMD), and it is likely to interact with the pro-angiogenic factor VEGFA.<sup>50,51</sup> Concerning skin disorders, *COL8A1* has been found to be strongly associated with AE in the previously mentioned study on the Mediterranean populations.<sup>47</sup> Moreover, we recently reported the association of this variant with both Ps and PsA in the Italian population, highlighting a contribution of *COL8A1* to ECM remodelling and activation of VEGFA-related pathways in psoriatic diseases.<sup>48</sup> *COL2A1*, *COL9A1*, *COL10A1*, *COL11A1* and *COL11A2* (Table 1) NILEY

encode important components of cartilage and are known to play an important role in joints maintenance and bone formation.<sup>36,37</sup> In this context, mutations in these genes have been associated with different forms of chondrodysplasia<sup>36</sup> and increased levels of collagen X have been found in the serum of PsA patients.<sup>52</sup> On this subject, we found that the *COL10A1*-rs3812111 (T/A) variant was exclusively associated with PsA, suggesting the possible contribution of bone metabolism-related factors in the differential etiopathogenesis of PsA compared to Ps.<sup>48</sup> Given these data and considering the role of collagen genes in the maintenance of bone homeostasis, their investigation may provide interesting insights into different etiopathogenetic pathways underlying Ps and PsA.<sup>53</sup>

# 4 | GENES AFFECTING RECOGNITION PATTERNS AND IMMUNO-INFLAMMATORY RESPONSE TO MICROBIAL PATHOGENS

The knowledge of the human microbiome represents a new standpoint in the study of complex disorders. In particular, human microbiome is characterized by bacteria, archaea, viruses and eukaryotic microbes that live in the human body. This microbial community is characterized by a variable composition, whose modifications may lead to different signatures among healthy and affected subjects. Human microbiome participates in the metabolism and interacts with the immune system and the skin barrier. In particular, skin microbial community can be highly heterogenous, although *Staphylococcus* spp., *Corynebacterium* and *Propionibacterium* represent most of bacterial populations.<sup>54</sup> However, the microbial load may also be influenced by age, gender and lifestyle, suggesting that individuals may be stratified according to their microbiome profile.<sup>55,56</sup>

The interactions between microbiome and skin are crucial for the maintenance of the barrier function, the defence from pathogens and tissue repair. On this subject, the proper maintenance of the skin homeostasis is contributed to by the production of anti-inflammatory molecules and anti-microbial proteins (AMPs)<sup>54</sup> Moreover, the human genetic variability can also impact the interactions between microbiome and skin, leading to different immune response to the microbes in relation to the individual genetic make-up.<sup>58,59</sup> The analysis of the microbiota at the level of psoriatic lesions revealed the presence of bacteria (Staphylococcus aureus, Streptococcus pyogenes), viruses (human papillomavirus-HPV, retroviruses) and fungi (Candida Albicans, Malassezia spp.), suggesting that the onset of Ps might also be related to an excessive response to microbial pathogens.<sup>59</sup> It is a matter of fact that microbial infections strongly increase the susceptibility to cutaneous disorders, especially Ps and PsA.<sup>17,60</sup> Interestingly, the presence of specific microorganisms on the skin of psoriatic patients may exacerbate the activation of adaptive immunity and promote the evolution towards the arthropathic form.<sup>53</sup> In fact, a higher prevalence of C Albicans infections has been found in psoriatic patients,<sup>61,62</sup> The recognition mechanisms in response to fungine infections include different receptors, such as dectin-1 and TLRs. Dectin-1, encoded by CLEC7A (Table 1) is a lectin expressed on immune cells that are able to identify the saccharide wall antigens located on the surface of C Albicans.<sup>62</sup> In vitro models showed an up-regulation of dectin-1 together with an alteration of Ps-associated pathways.<sup>19,63,64</sup> Interestingly, the stop codon polymorphism c.714T > G (rs16910526, p.Tyr238Ter) within CLEC7A has been found to increase the risk of developing chronic mucocutaneous candidiasis. As a matter of fact, defects in CLEC7A expression and activity have been found to correlate with dysregulation of inflammatory cytokines, including reduction of IL-17, which is able to induce the production of anti-microbial peptides. Moreover, the down-regulation of IL17 production may prevent the treatment with IL17 inhibitors.<sup>62</sup> TLRs (TLR2, TLR4, TLR6, TLR3 and TLR9) (Table 1) instead are able to recognize fungine polysaccharides and fungine nucleic acids, respectively.<sup>65,66</sup> The genetic association between TLR2/TLR4 and Ps remains controversial and needs to be further investigated.<sup>67-70</sup> TLR2 is located on the surface of keratinocytes and can activate NF $\kappa$ B- and IL-1 $\beta$ -mediated pathways in response to C Albicans invasion.<sup>71,72</sup> The immune response against C Albicans encompasses IL-17/IL-23 axis, which mediates interactions between Th<sub>17</sub> and Th<sub>1</sub> cells.<sup>66</sup> Furthermore, the presence of C Albicans has been shown to induce the NLRP3-dependent inflammasome that is composed by NLRP3 (encoded by NLRP3) ASC (encoded by PYCARD) and caspase-1 (coded by CASP1) (Table 1).<sup>73</sup> Genetic studies reported that mutations located on NLRP3 gene are involved in the etiopathogenesis of CINCA (chronic infantile neurologic cutaneous and articular) syndrome and familial cold auto-inflammatory syndrome 1. In addition, NLRP3 polymorphisms have been indicated as potential risk factors for Ps.<sup>74</sup>

Concerning the relationship between microbial/fungine infections and the progressive evolution towards PsA, patients showing aggressive fungine infections displayed peculiar localizations of psoriatic lesions that are nails, scalp and intergluteal cleft. As a matter of fact, nail Ps seems to be directly linked to a microbiome alteration and impairment of innate immune system. Indeed, the nail structure has a different immunological profile in Ps patients compared to healthy subjects. In fact, it is characterized by a strong innate immunity and an increased expression of anti-microbial peptides (such as Cathelicidin-LL37), which lead to a local production of potent immunosuppressants agents (IL-10; TGF- $\beta$ ;  $\alpha$ -melanocyte stimulating hormone,  $\alpha$ -MSH).<sup>75</sup> In particular, Cathelicidin-LL37 is activated in the nail by the release of resident microbial proteases due to the presence of one of the most frequent pathogen on the nail, namely C Albicans. Given this evidence, C Albicans could be a potential triggering factor of Ps, by activating Cathelicidin-LL37 in the cells of the nail bed.<sup>76</sup> Moreover, C Albicans is able to induce IL-23 production by Th<sub>1</sub> cells, thus activating Th<sub>17</sub> cells. Thanks to the release of IL-17 and IL-22, Th<sub>17</sub> cells regulate the secretion of anti-microbial peptides (including  $\beta$ -defensins) which play an essential chemotactic and pro-inflammatory role in Ps pathogenesis. These cytokines also activate keratinocytes expressing IL-17R, which, in turn, promote their proliferation and production of chemokines.<sup>77</sup> Moreover, C Albicans has also been suggested as a possible triggering factor of the progression of Ps towards PsA. Of note, the psoriatic lesions in patients

experiencing fungine infections have been correlated to a more severe and rapid progression of Ps towards PsA and a worse response or resistance to biological drugs. On this subject, nail involvement is more frequently observed in PsA (41%-93%) than in Ps (15%-50%). Several studies suggested that nail inflammation could be a specific marker of PsA because of close proximity between the nail, an enthesis (namely the distal interphalangeal joint, DIP) and the collateral ligaments around nail.<sup>78</sup> However, further studies are still needed to clarify the role of microbiome and immune-related genes (*CLEC7A*, *TLRs*, *NLRP3*, *PYCARD* and *CASP1*, Table 1) in the etiopathogenesis of Ps and its evolution towards PsA.

# 5 | EPIGENETICS

Epigenetic modifications are able to induce chromatin changes without modifying the DNA sequence.<sup>79</sup> Epigenetic mechanisms can operate at transcriptional (methylation and histone modifications) and post-transcriptional (microRNAs-miRNAs and long non-coding RNAs-IncRNA) level. Non-genetic factors (including smoking habit, alcohol, stress, drugs assumption, pollution, UV radiation and diet) can induce epigenetic responses and, ultimately, modulate individual gene expression profiles and susceptibility to disease status.<sup>80</sup> As a matter of fact, epigenetic modifications are known to be critically involved in the etiopathogenesis of different cutaneous complex diseases, such as Ps, AE and alopecia areata.<sup>81,82</sup>

Concerning the contribution of DNA methylation to Ps or PsA, deregulation of the global methylation pattern has been found in psoriatic lesions.<sup>83-85</sup> In particular, the promoting region of Epidermal Differentiation Complex (EDC locus, 1q21.3) genes has been found hypomethylated. This is in line with the overexpression of epidermal differentiation genes in psoriatic patients, namely S100 calcium-binding protein (S100A3, S100A5, S100A7, S100A12, 1q21.3) and late cornified envelope protein 3A (LCE3A, 1g21.3).83 On the other hand, hypermethylation of genes involved in cell proliferation (cyclin T1, CCNT1, 12q13.11-q13.12; tissue inhibitor Of metalloproteinase 2, TIMP2, 17q25.3) and apoptosis (matrix metalloproteinase 9, MMP9, 20q13.12; inositol polyphosphate-5-phosphatase, 145-KD, INPP5D, 2q37.1; Annexin A4, ANXA4, 2p13.3) has been reported.<sup>84</sup> Altogether, these data support a role for methylation in the impairment of skin barrier function and the deregulation of keratinocyte proliferation and differentiation that is typical of Ps. However, further methylome analyses are needed to validate these data.

Chromatin regions are able to interact together by creation of *long-range contacts* both between and within specific chromatin domains and can change throughout the cell lifetime and among different cell types. Such *long-range chromatin contacts* allow the spatial interaction between regulatory regions (enhancers, promoters) and their target genes, contributing thereby to finely regulate gene expression, DNA replication, recombination and repair during cell development/differentiation either in physiological or in disease conditions.<sup>86</sup> In this context, epigenetic modifications have been showed to influence the shaping and the rearrangements of

3D genome architecture in health and disease. Therefore, it would be interesting to understand whether specific epigenetic modifications may induce conformational changes at chromatin level which, in turn, may confer a higher/lower susceptibility to Ps or PsA. Of note, *EDC* locus has been shown to present a peculiar 3D organization in keratinocytes compared to thymocytes, where this locus is transcriptionally silent.<sup>87</sup>

In addition, the deregulation of chromatin remodelling genes involved in cell proliferation and differentiation has been described in subjects with Ps. On this subject, the SATB1 gene (Table 1) acts as 'genome organizer' in epidermal differentiation promoting the transcription of EDC genes.<sup>88</sup> CTCF gene (Table 1) codes for an insulator protein involved in the definition of boundaries among different genomic topological domains and, thus, in the control of enhancer-promoter interactions.<sup>86</sup> Moreover, Polycomb components, such as SUZ12, EED and EZH2 (Table 1), act as transcriptional repressors in the regulation of skin development. In particular, knock-out experiments demonstrated that the components of Polycomb complex 2 are important for the preservation of epidermal barrier.<sup>89,90</sup> In addition, Polycomb Complex 2 genes code for histone methyltransferases and signalling platforms able to recruit other epigenetic modifiers that altogether can modify the chromatin conformation. Given these data, the role of chromatin modifiers in skin disorders should be further elucidated.<sup>91</sup> In addition, the genotyping analysis of genes involved in chromatin regulation might unveil potential variants that contribute to Ps and PsA susceptibility.

Over the potential contribution of chromatin remodelling and 3D genome organization, microarray and RNA-seq approaches highlighted a possible involvement of non-coding RNAs (ncRNAs) in Ps and PsA.<sup>57,92</sup> In particular, IncRNAs are involved in several biological processes, including cell development and differentiation, by interacting with other RNAs, transcription factors or chromatin-modifying enzymes (DNA methyltransferases). LncRNAs can act as miRNAs 'sponges' to inhibit their activity and are able to guide both RNAs and protein factors to their sites of action. Moreover, IncRNAs can also act as scaffolds for chromosomal organization, can interfere with the post-translational modifications between proteins and take part in signalling pathways.<sup>93</sup> The characterization of deregulated IncRNAs may therefore be helpful to understand the etiopathogenesis and the progression of Ps and PsA. On this subject, a recent study by Yue et al, 2019, reported the dysregulation of 130 lncRNAs in peripheral blood mononuclear cells of PsA affected patients, suggesting a possible involvement of IncRNAs in the disease. In particular, two up-regulated IncRNAs, namely Inc-RP11-701H24.7 and Inc-RNU12 (Table 1), were significantly correlated with the disease activity and the excessive inflammatory response. According to these results, Inc-RP11-701H24.7 and Inc-RNU12 were proposed as potential biomarkers for PsA.94

Over IncRNAs, an altered expression of miRNAs (such as miR-203a, miR-146a, miR-146b, miR-125b, miR-21, Table 1) has also been found in psoriatic lesions and in mononuclear cells from peripheral blood of PsA affected individuals. Consistently, their

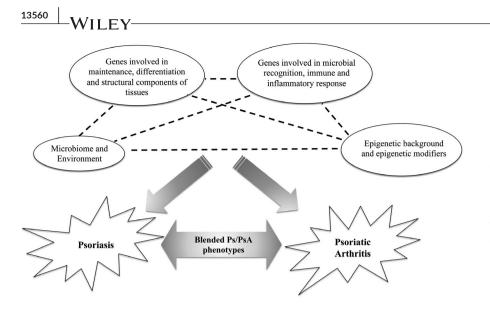


FIGURE 2 Overview of the networks underlying the etiopathogenesis of Psoriasis and Psoriatic Arthritis discussed in this manuscript. In particular, the interactions among genetic (genes coding for tissue structural components, microbial recognition and inflammatory mediators), epigenetic (epigenetic changes and epigenetic modifiers) and non-genetic (environment and microbiome) factors contribute to the onset and progression of both the diseases and may also account for peculiar blended phenotypes (such as the severe form characterized by nail, scalp and intergluteal skin involvement)

target genes have also been found deregulated. Among them, it is important to mention the suppressor of cytokine signalling 3 (SOCS3, 17q25.3) gene (targeted by miR-203), which is involved in inflammatory responses in keratinocytes; and fibroblast growth factor receptor 2, (FGFR2, 10g26.13, that is regulated by miR-125), that in turn mediates skin proliferation processes. These data suggest a potential relationship between alteration of the 'miRNaome' and the development of a disease phenotype.<sup>95-97</sup> Moreover, the genomic analysis of miRNAs genes and 3'UTR-target genes as well as IncRNAs genes may reveal the presence of polymorphisms (SNPs, indels) that may alter the affinity binding or interaction with the expected target mRNAs and, ultimately, modify the transcriptional profile of the target genes.<sup>95,98</sup> On this subject, we reported the association of rs2910164 (C/G) variant within MIR146A sequence with both Ps and PsA in the Italian population, suggesting that the potential effect on the miRNA expression and post-transcriptional regulation of target genes involved in skin homeostasis might contribute to the exacerbation of inflammation in Ps and PsA.<sup>48</sup> Therefore, further research on variants in miRNA genes will be critical for proving the existence of a 'genetics of epigenetics' contributing to the onset and progression of complex disorders such as Ps and PsA.

# 6 | CONCLUSIONS

Ps and PsA are multifactorial chronic disorders whose etiopathogenesis essentially derives from the alteration of several signalling circuits that affect the functional and structural property of the skin. In fact, the modulation of expression profiles of KRTs in keratinocytes and the consequent alteration of cell-cell and cell-matrix interactions (in which COLs play a fundamental role) contributes to the hyperproliferation of keratinocytes, enhancement of immuno-inflammatory responses with over-production of cytokines by  $Th_1$  and  $Th_{17}$  cells, which, ultimately, lead to the dysregulation of epidermis homeostasis. In this context, microbial agents (such as *C Albicans*) can even exacerbate skin dysfunction,

perturbating the physiological activity of immune-related factors, including the TLRs and the NLRP3-dependent inflammasome. Therefore, the co-occurrence of genetic, epigenetic and non-genetic factors could explain specific skin phenotypes and the differential susceptibility to Ps and PsA (Figure 2). As a matter of fact, several studies highlighted the presence of common and different features between Ps and PsA. In particular, the existence of overlapping associated variants and biological pathways may be exploited for a drug repositioning approach, consisting of the utilization of existing drugs for the treatment of Ps and PsA patients. Such a treatment approach proved to be much more cost-effective than designing drugs ab initio. Conversely, the knowledge of differential processes discriminating Ps from PsA is critical to better understand the specific hallmarks of disease and improve the diagnosis and the selection of the optimal therapy. In conclusion, the genetic, epigenetic and molecular factors discussed in this review may provide interesting insights concerning the biological processes underlying the etiopathogenesis of Ps and PsA, highlighting possible therapeutical targets and candidate biomarkers to be used for diagnostic and prognostic purposes. On this subject, the genes (Table 1) discussed in this review may be included in NGS panels addressed to improve the knowledge, the diagnosis and treatment of Ps and PsA. Moreover, such a gene panel may be implemented with genes involved in other dermatological and rheumatological conditions (including AE, alopecia areata, rheumatoid arthritis and idiopathic juvenile arthritis), enabling the simultaneous testing of these autoimmune disorders and facilitating the differential diagnosis. Indeed, the future of the research on Ps and PsA relies on the integration of large-scale epigenomic data, such as information on DNA methylation, histone modifications, ncRNAs and 3D genome organization with genomic, transcriptomic, metabolomics, proteomic data and microbiomic assessment in order to achieve a deeper knowledge of the etiopathogenesis of these complex disorders. This knowledge may be then translated into the clinical practice, enabling the set-up of precision treatment protocols which should be finalized to optimize the therapeutical strategies on the basis of patients' clinical and (epi)genetic

features<sup>99,100</sup> improve the patient's quality of life and prevent as much as possible harmful complications.

#### CONFLICT OF INTEREST

The authors confirm that there are no conflict of interest.

### AUTHORS' CONTRIBUTIONS

Valerio Caputo: Conceptualization (lead); Data curation (lead); Investigation (lead); Writing-original draft (lead); Writing-review & editing (equal). C. Strafella: Conceptualization (lead); Data curation (lead); Investigation (lead); Writing-original draft (lead); Writingreview & editing (equal). Andrea Termine: Conceptualization (supporting); Data curation (equal); Investigation (supporting); Writing-original draft (equal); Writing-review & editing (equal). Annunziata Dattola: Conceptualization (supporting); Data curation (equal); Investigation (supporting); Writing-original draft (equal); Writing-review & editing (equal). Sara Mazzilli: Conceptualization (supporting); Data curation (equal); Investigation (supporting); Writing-original draft (equal); Writing-review & editing (equal). Caterina Lanna: Conceptualization (supporting); Data curation (equal); Investigation (supporting); Writing-original draft (equal); Writing-review & editing (equal). Terenzio Cosio: Conceptualization (supporting); Data curation (equal); Investigation (supporting); Writing-original draft (equal); Writing-review & editing (equal). Elena **Campione:** Conceptualization (lead); Data curation (supporting); Investigation (equal); Project administration (lead); Supervision (lead); Writing-original draft (supporting); Writing-review & editing (lead). Giuseppe Novelli: Conceptualization (lead); Data curation (supporting); Investigation (equal); Project administration (lead); Supervision (lead); Writing-original draft (supporting); Writing-review & editing (lead). E. Giardina: Conceptualization (lead); Data curation (supporting); Investigation (lead); Project administration (lead); Supervision (lead); Writing-original draft (supporting); Writing-review & editing (lead). Raffaella Cascella: Conceptualization (lead); Data curation (supporting); Investigation (lead); Project administration (lead); Supervision (lead); Writing-original draft (supporting); Writingreview & editing (lead).

#### DATA AVAILABILITY STATEMENT

All data and materials were included in the manuscript.

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How to cite this article: Caputo V, Strafella C, Termine A, et al. Overview of the molecular determinants contributing to the expression of Psoriasis and Psoriatic Arthritis phenotypes. J Cell Mol Med. 2020;24:13554–13563. <u>https://doi.org/10.1111/</u> jcmm.15742