

Association between vaccinations and clinical manifestations in children with COVID-19

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Background: The infection rate of Coronavirus Disease 2019 (COVID-19) in children was less than that in adults. However, the underlining reason is not well known.

Methods: Children with COVID-19 were recruited from two Children's Hospitals in Wuhan and Shanghai in this case-control study. The associations of initial symptoms with age, vaccinations of Bacillus Calmette Guerin (BCG), and influenza and pathogens were determined by Chi-square *t*-test.

Results: We evaluated 248 confirmed cases, and 56 suspected cases with COVID-19. The median age was 6.82 years old, and 118 cases (38.82%) were girls. Furthermore, 30.26% of all patients were asymptomatic cases. The percentage of asymptomatic cases vaccinated with BCG was not significantly higher than that without BCG vaccination [86/280 (30.71%) *vs.* 6/13 (46.15%), P=0.203], and initial symptoms were not related with immunized influenza vaccine (P=0.267). Compared to parameters in pediatric patients with normal body temperatures, patients with fever had higher C reactive protein (CRP) (P<0.001).

Conclusions: Pediatric COVID-19 patients with BCG vaccinations exhibit similar clinical manifestations compared to those without BCG vaccinations, and the severity of symptoms in pediatric patients may be related to the maturity of immune function.

Keywords: Coronavirus Disease 2019 (COVID-19); pediatric cases; Bacillus Calmette Guerin (BCG); immunoglobulins; cytokines

Submitted Aug 03, 2020. Accepted for publication Nov 30, 2020. doi: 10.21037/tp-20-225 View this article at: http://dx.doi.org/10.21037/tp-20-225

1 Introduction

2 A novel coronavirus outbreak occurred in December 2019 3 4 (1-4). As of May 30, 2020, a total of 5,817,385 Coronavirus 5 Disease 2019 (COVID-19) cases and 362,705 related deaths have been confirmed (5). Common symptoms at 6 7 onset of illness include fever, cough, myalgia, and fatigue 8 (6-8), whereas less common symptoms include shortness of breath, dizziness, headache, pharyngalgia, chest pain, 9 abdominal pain, diarrhea, nausea, vomiting, loss of appetite, 10 and weakness (1,2). COVID-19 is more likely to affect 11 older patients with comorbidities (9), as only 889 of 72,314 12 (1.2%) such adult cases were asymptomatic cases (10,11). In 13 contrast, 12.9% of pediatric cases have been asymptomatic 14 15 cases (12).

It has remained unclear as to why the infection rate of 16 COVID-19 in children has been less than that in adults. One 17 18 possible reason is that children have less exposure and more protection by their guardians; another possibility is that 19 children have more active innate immune responses (13). 20 Most infants have received regular immunizations in China 21 and other Asian countries, including Bacillus Calmette 22 Guerin (BCG), which has been demonstrated to provide 23 non-specific protection against influenza infections, 24 possibly via the induction of trained innate immunity (14). 25 However, the underlying features of such BCG-mediated 26 protection and the association of BCG vaccinations 27 and clinical manifestations in children with COVID-19 28 have remained largely unknown (15,16). Therefore, in 29 the present study, we explored the associations of BCG 30 vaccination and clinical manifestations in pediatric patients 31 with COVID-19. 32

We present the following article in accordance with the
STROBE reporting checklist (available at http://dx.doi.
org/10.21037/tp-20-225).

36 37

38 Methods

39 *Patient and data selection*

All pediatric patients with COVID-19 were recruited from
two hospitals during the specific period from January 28
to March 12, including 240 laboratory—confirmed cases
from Wuhan Children's Hospital, 56 suspected cases and

8 imported confirmed cases from Shanghai Children's 45 Medical Center. Wuhan Children's Hospital represents the 46 only hospital in Wuhan for treating pediatric patients under 47 16 years with COVID-19, as designated by the Chinese 48 central government. We collected data on demographics 49 (age, gender), epidemiological histories, clinical symptoms, 50 results of clinical pathogen examinations from hospital 51 information system or laboratory information system. 52 The vaccination status (influenza vaccines and Bacillus 53 Calmette Guerin vaccines) was checked in the vaccination 54 management system and information of unavailable patients 55 in the system was collected from the parents by telephone, 56 however the type and vaccinating time of influenza virus 57 were not collected. The total vaccination times for BCG 58 were calculated from the time of initial vaccination time to 59 the time of confirmation of diagnosis. 60

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Diagnostic criteria

Suspected and confirmed cases were diagnosed based on 64 the Novel Coronavirus 2019 Diagnosis and Treatment 65 Protocol, seventh version (17). Nasopharyngeal swabs from 66 suspected children younger than two years, as well as throat 67 swabs from children two years or older, were obtained for 68 detection of severe acute respiratory syndrome coronavirus 69 2 (SARS-CoV-2). According to the protocol of the Chinese 70 Center for Disease Control and Prevention (CDC) for 71 detection of SARS-CoV-2, a duplex one-step real-time 72 reverse-transcription PCR (RT-PCR) was performed to 73 confirm SARS-CoV-2 infection at the local designated 74 laboratory, for which positive detection determined 75 a confirmed case. Suspected cases were determined 76 based on one of the following two criteria: (I) having an 77 epidemiological link to adult cases; or (II) an exposure to 78 Wuhan or other epidemic areas in the Hubei province 79 within the previous 14 days and presenting with acute fever 80 and/or respiratory symptoms (18). Further pathogens tests 81 were needed for other respiratory viruses in the following, 82 asymptomatic case is positive for SARS-CoV-2 infection 83 and not any symptoms at the initial admission to the 84 outpatient, serologic tests in the suspected cases were not 85 conducted since it was not available. We compared the 86 infection rate between patients with and without vaccinated 87

Demographics	All cases (n=304)	Confirmed cases (n=248)	Suspected cases (n=56)	χ^2	Р						
Sex, n (%)				0.15	0.701						
Male	186 (61.18)	153 (61.69)	33 (58.93)								
Female	118 (38.82)	95 (38.31)	23 (41.07)								
Age (years), n (%)				21.38	<0.001						
<1	51 (16.78)	45 (18.15)	6 (10.71)								
1–3	40 (13.16)	28 (11.29)	12 (21.43)								
3–6	46 (15.13)	30 (12.10)	16 (28.57)								
6–9	66 (21.71)	53 (21.37)	13 (23.21)								
9–12	48 (15.79)	41 (16.53)	7 (12.50)								
≥12	53 (17.43)	51 (20.56)	2 (3.57)								
Median age, years (interquartile range)	6.82 (2.08, 10.20)	7.18 (2.24, 10.89)	4.92 (1.82, 7.48)		0.025						
Initial symptoms, n (%)				34.15	<0.001						
Asymptomatic	92 (30.26)	92 (37.10)	0 (0.00)								
Fever and/or respiratory symptoms*	203 (66.78)	147 (59.27)	56 (100.00)								
Other symptoms [#]	9 (2.96)	9 (3.63)	0 (0.00)								
Vaccination, n (%)											
BCG vaccine	280 (92.10)	239 (96.37)	41 (73.21)								
Influenza vaccine	70 (23.03)	46 (18.55)	24 (42.86)								

Table 1 Characteristics of confirmed and suspected cases with COVID-19

*, respiratory symptoms: cough, pharyngalgia, and shortness of breath; #, other symptoms: dizziness, headache, abdominal pain, diarrhea, nausea, vomiting, loss of appetite, and weakness.

88 BCG or flu vaccine.

89

90 91 Statistical analysis

We first described the demographic characteristics of 92 93 patients, including gender and age. Subsequently, we focused on the association of initial symptoms with age, 94 vaccinations. Chi-square tests and Fisher's exact tests were 95 96 used for categorical variables when appropriate, and Mann-Whitney U tests were used for comparing median values 97 of non-normally distributed variables. All analyses were 98 99 conducted using Statistical Product and Service Solutions (SPSS 25.0) software and R 3.6.2. The criterion for 100 statistical significance was P<0.05 via two-tailed tests. 101

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103 Ethics statement

The study was conducted in accordance with theDeclaration of Helsinki (as revised in 2013), and was

approved by the Institutional Review Board of Wuhan107Children's Hospital (IEC-2020R003-E01) and Shanghai108Children's Medical Center (SCMCIRB-K2020019-1).109Individual consent for this retrospective analysis was waived.110

Results

A total of 304 pediatric patients with COVID-19 were 114 included in this study (Table 1), including 56 suspected and 115 248 laboratory-confirmed cases. Among these cases, 240 116 (97.17%) children with COVID-19 were recruited from 117 Wuhan Children's Hospital, and there were also eight 118 imported cases (2.83%, Table 2). All suspected cases were 119 collected from the Shanghai Children's Medical Center. 120 Among them, 153 (61.69%) confirmed and 33 suspected 121 (58.93%) male patients were included, which were more 122 than those of female cases. The median age (interquartile 123 range) was 7.18 (2.24-10.89) years for confirmed cases and 124 4.92 (1.82–7.48) years for suspected children. Furthermore, 125

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		Age		Date of	Initial		BCG	Influenza
Patient ID	Gender	(years)	Nationality	diagnosis	symptoms	Epidemiological history	vaccine	vaccine
Case 1	Male	8	Spain	2020/3/18	Asymptom	2020/3/16 from Spain to Qatar, 2020/3/17 to Thailand, 2020/3/18 to Shanghai	No	No
Case 2	Male	8	United Kingdom	2020/3/22	Asymptom	2020/3/20 from United Kingdom to Shanghai	No	No
Case 3	Female	10	United Kingdom	2020/3/22	Cough (2 days)	2020/3/20 from United Kingdom to Shanghai	Yes	No
Case 4	Female	17	China	2020/3/23	Fever (1 day)	2020/3/17 from United Kingdom to Shanghai	Yes	No
Case 5	Male	17	Canada	2020/3/23	Asymptom	2020/3/21 from Canada to Shanghai	Yes	Yes
Case 6	Male	13	United Kingdom	2020/3/23	Cough (1 day)	2020/3/23 from United Kingdom to Shanghai	Yes	No
Case 7	Female	15	United States	2020/3/23	Asymptom	2020/3/16 from the United States to Sweden, 2020/3/23 to Shanghai	No	Yes
Case 8	Female	8	China	2020/3/25	Asymptom	2020/3/24 from the Philippines to Shanghai	Yes	No

Table 2 Characteristics of imported cases.



Figure 1 Association of age and clinical symptoms in children with COVID-19.

92 of 304 (30.26%) cases consisted of asymptomatic 126 patients. The percentages of initial symptoms were 127 significantly different (P<0.001) between confirmed and 128 129 suspected cases. Total 181/240 (75.42%) vaccination status was founded in the vaccination management system, that 130 of 59/240 (24.58%), 8 imported confirmed cases and all 131 56 suspected cases was collected from the guardians by 132 telephone. 133

The percentage of asymptomatic children increased with
age; in contrast, the percentage of symptomatic patients
with COVID-19 decreased with age among both boys and

girls (P<0.001) (*Figure 1*). The median age (interquartile 137 range) was 9.28 (6.31–12.54) years for asymptomatic 138 confirmed children and 4.57 (0.95–9.33) years for 139 symptomatic children (P<0.001), which was not significantly 140 different from suspected cases. 141

The percentage of asymptomatic patients vaccinated 142 with BCG was not significantly lower than the percentage 143 of those without BCG vaccination [86/280 (30.71%) vs. 144 6/13 (46.15%), P=0.203]. Similarly, the percentage of 145 patients with fever and/or respiratory symptoms who had 146 been immunized with BCG was also not significantly higher 147 than the percentage of those without BCG vaccination 148 [187/280 (66.79%) vs. 5/13 (38.46%), P=0.033]. There was 149 no significant difference in the percentage of asymptomatic 150 patients given influenza vaccine compared to the percentage 151 of those who did not receive an influenza vaccination 152 (P=0.267) (Table 3). 153

Using correlational analysis, we found that hs-CRP was correlated with the symptom of fever (r=0.31, P<0.001). Different ages were significantly associated with fever (P=0.004), cough (P=0.003), and diarrhea (P=0.012) in confirmed cases (*Table 4*). We have compared the eight imported cases with Chinese cases in Wuhan, the percentage of BCG vaccination (5/8) for imported 160

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Initial aurorate ma		BCG vacci	ine		Influenza vaccine							
initial symptoms	Yes, n (%) Νο, n (%) χ ² Ρ		Yes, n (%)	No, n (%) χ ²		Р						
Asymptomatic	86 (30.71)	6 (46.15)	Fisher	0.203 ^a	17 (24.29)	75 (34.25)	2.64	0.267				
Fever and/or respiratory symptoms*	187 (66.79)	5 (38.46)	Fisher	0.033 ^b	50 (71.43)	138 (63.01)						
Other symptoms [#]	7 (2.50)	2 (15.38)	Fisher	0.149 [°]	3 (4.29)	6 (2.74)						

*, respiratory symptoms: cough, pharyngalgia, and shortness of breath; [#], Other symptoms: dizziness, headache, abdominal pain, diarrhea, nausea, vomiting, loss of appetite, and weakness; ^a, comparison of asymptom *vs.* fever and/or respiratory symptoms; ^b, comparison of fever and/or respiratory symptoms *vs.* other symptoms; ^c, comparison of asymptom *vs.* other symptoms.

confirmed cases is much lower than that of China (239/248),
and the asymptomatic rate (5/8) is higher than that of
Chinese cases (92/248). Meanwhile, age was found to be
significantly associated with mycoplasma (P<0.001) and
cytomegalovirus (P=0.040) infection in confirmed cases, coinfection was associated with hs-CRP between COVID-19
alone and in combination with MP (Table S1).

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169 **Discussion**

To the best of our knowledge, this is the first study on the 171 association of vaccinations and clinical manifestations in 172 children infected with COVID-19. A previous study of 2,143 173 pediatric patients indicated that clinical manifestations in 174 children infected with COVID-19 were less severe than 175 those in adult patients (10,12). However, the underlying 176 features of this phenomenon have not been well identified. 177 In the present study, we found that pediatric patients with 178 179 BCG vaccinations exhibited clinical features similar to those of patients who did not receive BCG vaccinations. 180 Furthermore, the percentage of asymptomatic patients was 181 positively correlated with age, suggesting that the severity 182 of pediatric patients was related to the maturity of immune 183 function. 184

In the current study, asymptomatic cases accounted 185 for 37.10% of all confirmed cases, which is higher than 186 the 12.90% reported among 2,143 pediatric patients 187 in a previous study, since some clinical cases were also 188 included in this previous study (12). The symptoms that 189 children are more likely to be fever and/or cough than 190 adults (19,20). We found that slightly more boys than girls 191 (61.69% vs. 38.31%) were affected by COVID-19 and 192 that the median age of all pediatric COVID-19 cases was 193 6.82 years (interquartile range: 2.08-10.20), which is similar 194 to the findings of two recent epidemiological studies (4,12). 195 196 Hence, these findings suggest that boys may be more exposed

to family members and/or other children with COVID-19. 197

Although it remains unclear as to why symptoms in 198 pediatric cases are milder than those in adult cases of 199 COVID-19, this phenomenon may be related to both 200 host and exposure factors. ACE2 or TMPRSS2 DNA 201 polymorphisms were likely associated with genetic 202 susceptibility of COVID-19 (21,22). The immune system of 203 children is still developing and may respond to pathogens 204 differently compared to that in adults. In the present study, 205 we found that the percentage of asymptomatic COVID-19 206 infections increased with age, whereas the percentage of 207 symptomatic COVID-19 infections decreased with age 208 (Figure 1). It suggests that immune function gradually 209 matures with age, and the more vigorous immune response 210 mounted by adults may also explain the detrimental 211 immune response associated with acute respiratory distress 212 syndrome (13). Furthermore, since children often 213 experience respiratory infections in the winter, we found 214 that positive results of mycoplasma IgM were related to 215 age in children with COVID-19. Children are also usually 216 well cared for at home and might have relatively fewer 217 opportunities to expose themselves to pathogens and/or 218 sick patients, and girls are generally less exposed to outdoor 219 activities than boys. 220

BCG has been identified to induce trained immunity 221 that protects against unrelated pathogens (23,24). An 222 analysis of infant immunization with BCG in 33 countries 223 suggested BCG vaccination may reduce the incidence of 224 acute lower respiratory infection by 17-37% (25). Children 225 have a more active innate immune response and fewer 226 underlying disorders. In the present study, we observed 227 that the percentage of asymptomatic patients vaccinated 228 with BCG was not significantly lower than those without 229 BCG vaccination. This finding may be related to the 230 trained immunity of BCG and any cross-protective non-231 specific effects: the immune system learns more than 232

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 Table 4 Association of age with symptoms in pediatric COVID-19 patients

Characteristics	Suspected cases												Confirmed cases													
Onaracteristics	<1 year	%	1-3 years	%	3-6 years	s %	6-9 years	%	9-12 years	%	≥12 years	%	Р	<1 year	%	1-3 years	%	3-6 years	%	6-9 years	%	9-12 years	%	≥12 years	%	Р
Fever																										
Yes	5	83.33	11	91.67	15	93.75	9	69.23	7	100.00	2	100.00	0.380	20	44.44	19	67.86	12	40.00	18	33.96	11	26.83	13	25.49	0.004
No	1	16.67	1	8.33	1	6.25	4	30.77	0	0.00	0	0.00		25	55.56	9	32.14	18	60.00	35	66.04	30	73.17	38	74.51	
Cough																										
Yes	5	83.33	9	75.00	13	81.25	10	76.92	5	71.43	0	0.00	0.353	26	57.78	9	32.14	13	43.33	13	24.53	10	24.39	13	25.49	0.003
No	1	16.67	3	25.00	3	18.75	3	23.08	2	28.57	2	100.00		19	42.22	19	67.86	17	56.67	40	75.47	31	75.61	38	74.51	
Cough																										
Expectoration	1	16.67	2	16.67	5	31.25	2	15.38	0	0.00	0	0.00	0.575	24	92.31	9	100.00	12	92.31	11	84.62	10	100.00	13	100.00	0.656
Dry cough	4	66.67	7	58.33	8	50.00	8	61.54	5	71.43	0	0.00		2	7.69	0	0.00	1	7.69	2	15.38	0	0.00	0	0.00	
Pharyngalgia																										
Yes	0	0.00	0	0.00	1	6.25	0	0.00	1	14.29	0	0.00	0.561	0	0.00	0	0.00	0	0.00	1	1.89	1	2.44	1	1.96	0.952
No	6	100.00	12	100.00	15	93.75	13	100.00	6	85.71	2	100.00		45	100.00	28	100.00	30	100.00	52	98.11	40	97.56	50	98.04	
Shortness of breath																										
Yes	0	0.00	1	8.33	0	0.00	0	0.00	0	0.00	0	0.00	0.482	1	2.22	1	3.57	0	0.00	0	0.00	1	2.44	1	1.96	0.730
No	6	100.00	11	91.67	16	100.00	13	100.00	7	100.00	2	100.00		44	97.78	27	96.43	30	100.00	53	100.00	40	97.56	50	98.04	
Dizziness																										
Yes	0	0.00	0	0.00	0	0.00	0	0.00	2	28.57	1	50.00	0.006	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00	-
No	6	100.00	12	100.00	16	100.00	13	100.00	5	71.43	1	50.00		45	100.00	28	100.00	30	100.00	53	100.00	41	100.00	51	100.00	
Headache																										
Yes	0	0.00	0	0.00	0	0.00	1	7.69	0	0.00	0	0.00	0.714	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00	1	1.96	0.786
No	6	100.00	12	100.00	16	100.00	12	92.31	7	100.00	2	100.00		45	100.00	28	100.00	30	100.00	53	100.00	41	100.00	50	98.04	
Abdominal pain																										
Yes	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00	-	0	0.00	0	0.00	1	3.33	1	1.89	1	2.44	0	0.00	0.631
No	6	100.00	12	100.00	16	100.00	13	100.00	7	100.00	2	100.00		45	100.00	28	100.00	29	96.67	52	98.11	40	97.56	51	100.00	
Diarrhea																										
Yes	0	0.00	1	8.33	0	0.00	0	0.00	0	0.00	0	0.00	0.482	1	2.22	3	10.71	1	3.33	0	0.00	0	0.00	1	1.96	0.012
No	6	100.00	11	91.67	16	100.00	13	100.00	7	100.00	2	100.00		44	97.78	25	89.29	29	96.67	53	100.00	41	100.00	50	98.04	
Nausea																										
Yes	0	0.00	0	0.00	0	0.00	0	0.00	1	14.29	0	0.00	0.268	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00	-
No	6	100.00	12	100.00	16	100.00	13	100.00	6	85.71	2	100.00		45	100.00	28	100.00	30	100.00	53	100.00	41	100.00	51	100.00	
Vomiting																										
Yes	0	0.00	0	0.00	1	6.25	0	0.00	2	28.57	1	50.00	0.026	4	8.89	0	0.00	0	0.00	2	3.77	1	2.44	0	0.00	0.124
No	6	100.00	12	100.00	15	93.75	13	100.00	5	71.43	1	50.00		41	91.11	28	100.00	30	100.00	51	96.23	40	97.56	51	100.00	
Loss of appetite																										
Yes	1	16.67	1	8.33	0	0.00	0	0.00	1	14.29	1	50.00	0.040	2	4.44	0	0.00	1	3.33	1	1.89	0	0.00	0	0.00	0.421
No	5	83.33	11	91.67	16	100.00	13	100.00	6	85.71	1	50.00		43	95.56	28	100.00	29	96.67	52	98.11	41	100.00	51	100.00	
Weakness																										
Yes	0	0.00	0	0.00	1	6.25	1	7.69	1	14.29	1	50.00	0.232	3	6.67	0	0.00	0	0.00	0	0.00	1	2.44	0	0.00	0.077
No	6	100.00	12	100.00	15	93.75	12	92.31	6	85.71	1	50.00		42	93.33	28	100.00	30	100.00	53	100.00	40	97.56	51	100.00	

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specific prevention from an intervention. Such training mayenhance or reduce susceptibility to unrelated infections (26).

The present study has several strengths. First, this is the 235 first study on the association of vaccinations with symptoms 236 in children with COVID-19. Our findings demonstrate 237 that, compared with symptoms in pediatric cases without 238 BCG vaccination, the severity of symptoms in COVID-19 239 pediatric cases with BCG vaccination was similar. Second, 240 we detected common pathogens of respiratory diseases, 241 such that we were able to analyze the relationship between 2.42 coinfection status and the severity of COVID-19 cases. 243 Finally, we included both confirmed and suspected 244 COVID-19 cases from two different centers, which may 245 help to reveal a comprehensive picture of pediatric patients 246 with COVID-19. 247

This study also has a number of limitations. First, the 248 number of children without BCG vaccination was limited 249 because it is free and mandatory to vaccine BCG at birth in 250 China according to the Chinese policy (27), the comparison 251 with children in other countries should be increased and the 252 results will be more credible, we will try our best to look 253 up the potential cooperation pediatric hospital in future. 254 Thirteen children were not vaccinated in the present study. 255 Three cases in the present study were imported from Spain, 256 the United Kingdom, and the United States of America. As 257 an important issue, clinical features of COVID-19 in such 258 children require further analysis in future studies. Finally, 259 this was a retrospective study from two hospitals, and the 260 epidemic of COVID-19 is ongoing, however in the current 261 retrospective study, the symptoms and age were recorded in 262 the electronic health record, and the vaccination status was 263 recorded in the specific vaccine management system, the 264 deviation is relatively low. To gain a better understanding 265 of COVID-19 in children, more detailed information 266 on patient vaccinations and clinical outcomes should be 267 collected in future studies. 268

Children with COVID-19 play an important role in 269 family clusters and in community transmission, especially 270 within kindergartens, as well as primary and middle 271 schools (28). Since vaccination plans are different between 272 Asian and Western countries, more comparative studies 273 on protection via vaccinations (e.g., BCG) in COVID-19 274 patients are needed in future studies, it may be helpful to 275 control the COVID-19 epidemic in the global situation. 276

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Conclusions

280 In conclusion, pediatric COVID-19 patients with BCG

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vaccinations exhibit clinical manifestations similar to those 281 of patients who had not been vaccinated for BCG, and the 282 severity of symptoms in pediatric patients may be related to 283 the maturity of immune function. 284

Acknowledgments

We are grateful for the participation provided by the 288 children included in this study, as well as their guardians. 289 Additionally, we thank LetPub (www.letpub.com) for 290 its linguistic assistance during the preparation of this 291 manuscript. There are 169 overlap cases between our study 292 and another publication (Lu X, Zhang L, Du H, et al. 293 SARS-CoV-2 Infection in Children. N Engl J Med 2020. 294 doi: 10.1056/NEJMc2005073.) of our hospital. The focused 295 question, research contents of these two studies were 296 completely different. 297

Funding: This study was supported by National Science 298 Foundation of China (81872637), Shanghai Municipal 299 Commission of Health and Family Planning (201840324), 300 Medical and Engineering Cooperation Project of 301 Shanghai Jiao Tong University (YG2017ZD15), the 302 Project of Shanghai Children's Health Service Capacity 303 Construction (GDEK201708), Science and Technology 304 Development Program of Pudong Shanghai New District 305 (PKJ2017-Y01), and Shanghai Professional and Technical 306 Services Platform (18DZ2294100), Program of Shanghai 307 Science and Technology Committee (19441904400), the 308 Foundation of National Facility for Translational Medicine, 309 Shanghai(TMSK-2020-124), the Key Subject Program 310 for Clinical Nutrition from Shanghai Municipal Health 311 Commission (2019ZB0103). 312

Footnote

Reporting Checklist: The authors have completed the316STROBE reporting checklist. Available at http://dx.doi.317org/10.21037/tp-20-225318

Data Sharing Statement: Available at http://dx.doi. 320 org/10.21037/tp-20-225 321

Peer Review File: Available at http://dx.doi.org/10.21037/tp-20-225 324

Conflicts of Interest: All authors have completed the ICMJE 326 uniform disclosure form (available at http://dx.doi. 327 org/10.21037/tp-20-225). The authors have no conflicts of 328 329 interest to declare.

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Ethical Statement: The authors are accountable for all 331 aspects of the work in ensuring that questions related 332 to the accuracy or integrity of any part of the work are 333 appropriately investigated and resolved. The study was 334 conducted in accordance with the Declaration of Helsinki 335 (as revised in 2013), and was approved by the Institutional 336 Review Board of Wuhan Children's Hospital (IEC-337 2020R003-E01) and Shanghai Children's Medical Center 338 (SCMCIRB-K2020019-1). Individual consent for this 339 retrospective analysis was waived. 340

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Cite this article as: Liu S, Yuan C, Lin J, Gao W, Tian D, Cai X, Yuan J, Xiang F, Yang Y, Huang X, Li R, Xiang Y, Shan H, Zhao L, Dong B, Zhou M, Tong S, Chen T, Shao J, Zhao L, Xiao H. Association between vaccinations and clinical manifestations in children with COVID-19. Transl Pediatr 2021;10(1):17-25. doi: 10.21037/tp-20-225

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