

“Curare crest” can detect breakthrough breathing

Sir,

Breakthrough breathing during intermittent positive pressure ventilation (IPPV) makes a cleft in the plateau phase of capnogram that is known as curare cleft.^[1] We report a surrogate marker of breakthrough breathing in oxygen (O₂) waveform. When there appears curare cleft in capnogram, a reciprocal change appears in O₂ waveform. As it appears like a crest and coincides with curare cleft, we name it as curare

crest to retain its utility as a monitoring tool for breakthrough breathing during IPPV [Figure 1].

Carbon dioxide (CO₂) waveform and O₂ waveform are mirror images of each other. The reason is reciprocal timing of changes in the concentration of CO₂ and O₂ at Y-piece of breathing circuit. During breakthrough respiration CO₂ concentration decreases at the sampling site due to fresh

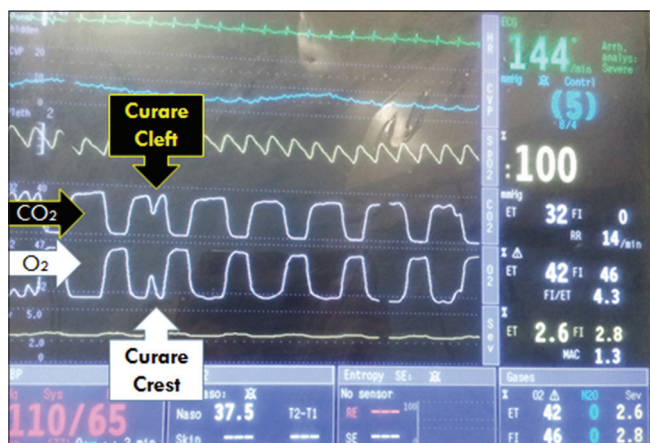


Figure 1: Curare cleft in capnogram and curare crest in oxygen waveform

gas entry, and a curare cleft is seen in the capnogram. At the same time, Oxygen concentration increases and a mirror image of curare cleft appears in the O₂ waveform.

In oxygraphy, peak-to-baseline scale difference can be compressed to as low as 6 mmHg and looks similar to capnogram but mirror image. Hence, a crest cannot be missed in O₂ waveform. It has been found that oxygraphy can detect the breakthrough respiration even earlier than capnography, making it superior to capnography for this purpose.^[2] Hence, it can be extrapolated that oxygraphy can detect breakthrough breathing at the earliest although a randomized control trial is required to authenticate the same.

The standards for basic anesthesia monitoring of the American Society of Anesthesiologists state that the concentration of O₂ in the patient breathing system shall be measured by an O₂ analyzer. And, use of more than one device to monitor O₂ is desirable. So, along with pulse oxymeter, O₂ concentration monitoring is desired. Nowadays, anesthesia workstations are equipped for O₂ concentration measurement and display of O₂ waveform. Use of O₂ monitoring helps to detect hypoxia, breathing circuit disconnections, and hypoventilation.^[3]

Oxygen concentration is measured by paramagnetic O₂ analyzers whereas CO₂ concentration measurement uses infrared multi-gas analyzer, which does not measure O₂. Hence, in case of nonfunctioning CO₂ analyzer, oxygraphy can well serve to detect breakthrough breathing on itself. We recommend routine

use of O₂ waveform monitoring in our clinical practice to gather information beyond just O₂ concentration measurement.

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Conflicts of interest

There are no conflicts of interest.

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