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RESEARCH ARTICLE

Changes in the associations of race and rurality with SARS-CoV-2 infection, mortality, and case fatality in the United States from February 2020 to March 2021: A populationbased cohort study

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Abstract

Background

We examined whether key sociodemographic and clinical risk factors for Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) infection and mortality changed over time in a population-based cohort study.

Methods and findings

In a cohort of 9,127,673 persons enrolled in the United States Veterans Affairs (VA) healthcare system, we evaluated the independent associations of sociodemographic and clinical Veterans Affairs prevents public sharing of national VA EHR data. Data are available only to VA investigators who obtain the required IRB approvals to access the data. For access to data please look at the current contact information for the Seattle-Denver Veterans Affairs Health Services Research and Development (HSR&D) Center of Innovation (COIN) at: https://www.hsrd.research. va.gov/centers/seattle-denver.cfm.

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Abbreviations: AI/AN, American Indian/Alaska Native; AOR, adjusted odds ratio; BIRLS, Beneficiary Identification and Records Locator System; BMI, body mass index; CCI, Charlson comorbidity index; CDW, Corporate Data Warehouse; COVID-19, Coronavirus Disease 2019; EHR. electronic health record: IRB. Institutional Review Board; PCR, polymerase chain reaction; PI/ NH, Pacific Islander/Native Hawaiian; RUCA, Rural-Urban Commuting Area; SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; SSA, Social Security Administration; STROBE, Strengthening the Reporting of Observational Studies in Epidemiology; VA, Veterans Affairs; VINCI, VA Informatics and Computing Infrastructure.

characteristics with SARS-CoV-2 infection (n = 216,046), SARS-CoV-2-related mortality (n= 10,230), and case fatality at monthly intervals between February 1, 2020 and March 31, 2021. VA enrollees had a mean age of 61 years (SD 17.7) and were predominantly male (90.9%) and White (64.5%), with 14.6% of Black race and 6.3% of Hispanic ethnicity. Black (versus White) race was strongly associated with SARS-CoV-2 infection (adjusted odds ratio [AOR] 5.10, [95% CI 4.65 to 5.59], p-value < 0.001), mortality (AOR 3.85 [95% CI 3.30 to 4.50], p-value < 0.001), and case fatality (AOR 2.56, 95% CI 2.23 to 2.93, p-value < 0.001) in February to March 2020, but these associations were attenuated and not statistically significant by November 2020 for infection (AOR 1.03 [95% CI 1.00 to 1.07] p-value = 0.05) and mortality (AOR 1.08 [95% CI 0.96 to 1.20], p-value = 0.21) and were reversed for case fatality (AOR 0.86, 95% CI 0.78 to 0.95, p-value = 0.005). American Indian/Alaska Native (AI/AN versus White) race was associated with higher risk of SARS-CoV-2 infection in April and May 2020; this association declined over time and reversed by March 2021 (AOR 0.66 [95% CI 0.51 to 0.85] p-value = 0.004). Hispanic (versus non-Hispanic) ethnicity was associated with higher risk of SARS-CoV-2 infection and mortality during almost every time period, with no evidence of attenuation over time. Urban (versus rural) residence was associated with higher risk of infection (AOR 2.02, [95% CI 1.83 to 2.22], p-value < 0.001), mortality (AOR 2.48 [95% CI 2.08 to 2.96], p-value < 0.001), and case fatality (AOR 2.24, 95% CI 1.93 to 2.60, p-value < 0.001) in February to April 2020, but these associations attenuated over time and reversed by September 2020 (AOR 0.85, 95% CI 0.81 to 0.89, pvalue < 0.001 for infection, AOR 0.72, 95% CI 0.62 to 0.83, p-value < 0.001 for mortality and AOR 0.81, 95% CI 0.71 to 0.93, p-value = 0.006 for case fatality). Throughout the observation period, high comorbidity burden, younger age, and obesity were consistently associated with infection, while high comorbidity burden, older age, and male sex were consistently associated with mortality. Limitations of the study include that changes over time in the associations of some risk factors may be affected by changes in the likelihood of testing for SARS-CoV-2 according to those risk factors; also, study results apply directly to VA enrollees who are predominantly male and have comprehensive healthcare and need to be confirmed in other populations.

Conclusions

In this study, we found that strongly positive associations of Black and Al/AN (versus White) race and urban (versus rural) residence with SARS-CoV-2 infection, mortality, and case fatality observed early in the pandemic were ameliorated or reversed by March 2021.

Author summary

Why was this study done?

• As the Coronavirus Disease 2019 (COVID-19) pandemic continues to evolve, some risk factors for infection with COVID-19 and death due to COVID-19 that were described early in the pandemic may be changing.

• Recognizing such changes is important in informing population-based approaches to prevent infection and reduce mortality.

What did the researchers do and find?

- We investigated how the associations of key sociodemographic and clinical factors with COVID-19 infection, mortality, or case fatality changed between February 2020 and March 2021 among a cohort of approximately 9.1 million persons enrolled in the national US Veterans Affairs (VA) healthcare system, including 216,046 who tested positive and 10,230 who died of COVID-19 during the study period.
- Black (versus White) race was strongly associated with a 5-fold higher risk of Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) infection, a 4-fold higher risk of mortality, and a 2.5-fold higher risk of case fatality in February to March 2020, but these associations attenuated over time and were no longer statistically significant by November 2020 for infection and mortality and were reversed for case fatality.
- American Indian/Alaska Native (AI/AN versus White) race was associated with SARS-CoV-2 infection early in the pandemic, but this association declined over time and reversed by March 2021.
- Urban (versus rural) residence was associated with 2-fold higher risk of infection, a 2.5fold higher risk of mortality, and 2.2-fold higher risk of case fatality in February to April 2020, but these associations attenuated over time and reversed by September 2020.
- Throughout the observation period, high comorbidity burden, younger age, Hispanic ethnicity, and obesity were consistently associated with infection, while high comorbidity burden, older age, Hispanic ethnicity, and male sex were consistently associated with mortality.

What do these findings mean?

- Early in the pandemic, there were strongly positive associations of Black and AI/AN (versus White) race and urban (versus rural) residence with SARS-CoV-2 infection, mortality, and case fatality, but these were ameliorated or even reversed by March 2021.
- Our results apply directly to VA enrollees who are predominantly male and have access to universal healthcare; they need to be confirmed in other populations.

Introduction

Sociodemographic factors and comorbidity burden have emerged as major risk factors for Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) infection and mortality [1– 13]. Black, American Indian/Alaska Native (AI/AN), and Hispanic persons have been reported to have higher risk of SARS-CoV-2 infection and mortality than White and non-Hispanic persons [7–11,14]. Obese persons [12,15] and those with higher comorbidity burden [9] have also been reported to have higher risk of SARS-CoV-2 infection and mortality, while older age is one of the strongest risk factors for SARS-CoV-2–related mortality [2,9]. Over the course of the pandemic, residing in a geographical region with high incidence of SARS-CoV-2 infection at a given time has proven to be a strong risk factor for SARS-CoV-2 infection and mortality [2,5,16].

Three "waves" of the SARS-CoV-2 pandemic have been described in the US, with peaks in cases in April 2020 (first wave), July 2020 (second wave), and December 2020 to January 2021 (third wave). Risk factors for SARS-CoV-2-related infection and mortality may be changing over time since the pandemic began, especially in relation to these waves. Although it is clear that geographical regions with high infection, hospitalization, and mortality rates changed over time as the pandemic surged in different parts of the country, prior studies have not examined whether risk factors such as age, comorbidity burden, race, and ethnicity also varied. Over the course of the pandemic, there have been marked changes in use of prophylactic measures and access to care as well as viral characteristics (e.g., emergence of new variants) and availability of treatments (e.g., use of different pharmacotherapies). These changes may have affected the associations of sociodemographic and other risk factors with SARS-CoV-2 infection or mortality. Understanding changing patterns of risk factors could be important in informing population-based approaches to prevent infection and reduce mortality by targeting those at highest risk at any given time during the time course of an evolving pandemic. Also, changing patterns over time in sociodemographic risk factors for SARS-CoV-2 may provide insights that are more broadly applicable to disparities research in general.

We identified a cohort of approximately 9.1 million persons who were enrolled in the national US Department of Veterans Affairs (VA) healthcare system at the beginning of the pandemic in February 2020 and followed this cohort over the ensuing 14-month period to determine whether the magnitude and direction of the associations of established risk factors with SARS-CoV-2 infection, mortality, and case fatality changed over time.

Methods

Study population and data source

The VA supports the largest integrated national healthcare system in the US, providing care at 168 medical centers and 1,112 outpatient clinics throughout the country. We identified a cohort of all persons aged \geq 18 years who were alive and enrolled in the VA healthcare system on February 1, 2020 (*n* = 9,127,673). We followed this cohort for the development of SARS-CoV-2 infection and SARS-CoV-2–related mortality until March 31, 2021.

The VA employs a comprehensive, nationwide electronic health record (EHR) system. EHR data from all VA facilities are transferred to the VA's centralized relational database, the Corporate Data Warehouse (CDW), on a nightly basis to support research and clinical operations [17]. The CDW includes the "COVID-19 Shared Data Resource," a set of analytic variables and datasets related to Coronavirus Disease 2019 (COVID-19) developed and maintained by the VA Informatics and Computing Infrastructure (VINCI) specifically to facilitate COVID-19 research and operations, which we used in combination with other CDW data.

The study was approved by the VA Puget Sound Institutional Review Board (IRB# 01885), which waived the requirement to obtain informed consent because this was a retrospective study of data from an existing database.

Definition of SARS-CoV-2 infection and SARS-CoV-2-related death

Cohort members who tested positive for SARS-CoV-2 within the VA system based on polymerase chain reaction (PCR) tests were defined as having infection. The earliest date of a documented positive test was taken as each patient's date of infection. Patients who died of any cause within 30 days of infection were defined as having a SARS-CoV-2–related death consistent with prior studies [2,3]. Deaths occurring both within and outside the VA are comprehensively captured in CDW from a variety of VA and non-VA sources including VA inpatient files, VA Beneficiary Identification and Records Locator System (BIRLS), Social Security Administration (SSA) death files, and the Department of Defense [18]. Deaths occurring from February 1, 2020 to February 28, 2021 were ascertained from files that were updated on June 25, 2021 to allow time for deaths to be electronically recorded in CDW.

Study outcomes: Monthly SARS-CoV-2 infection rates, mortality rates, and case fatality rates

SARS-CoV-2 infection and mortality rates were calculated monthly as a proportion of all cohort members who were still alive and at risk on the first day of each month. For the monthly analysis of SARS-CoV-2 infection rates, we excluded persons who died of any cause or were infected with SARS-CoV-2 before the beginning of each monthly period. For the analysis of SARS-CoV-2 mortality rates, we excluded persons who died of any cause before the beginning of each monthly period or were infected with SARS-CoV-2 mortality rates, we excluded persons who died of any cause before the beginning of each monthly period or were infected with SARS-CoV-2 more than 30 days before the beginning of the month (since SARS-CoV-2–related mortality was defined as death within 30 days of infection). The aim of removing from our cohort persons who were no longer at risk at the beginning of each observation period was to avoid a spurious attenuation of risk factors over time due to "depletion" of at-risk persons.

Monthly case fatality rates were calculated as the proportion of the patients who tested positive each month who died of any cause within 30 days of the earliest positive test.

Sociodemographic factors and comorbidity burden

We ascertained the following 8 characteristics for all cohort members on the first day of each monthly observation period: age (categorized as shown in Table 1 or modeled as restricted cubic splines with 5 knots at ages 30, 49, 64, 73, and 88 years corresponding to 5, 27.5, 50, 72.5, and 95 percentiles as recommended [19]), sex, self-reported race (White, Black, Asian, AI/AN, Pacific Islander/Native Hawaiian [PI/NH], and Other) and ethnicity (Hispanic and non-Hispanic), urban versus rural residence (based on zip codes, using data from the VA Office of Rural Health [20], which uses the Secondary Rural–Urban Commuting Area [RUCA] for defining rurality), geographic location (divided into 10 standard US Federal Regions [21]), body mass index (BMI, categorized using the World Health Organization groups [22] as shown in Table 1 or modeled as restricted cubic splines with 5 knots at BMIs of 21.3, 26.0, 29.0, 32.5, and 39.9 kg/m² corresponding to 5, 27.5, 50, 72.5, and 95 percentiles), and Charlson comorbidity index (CCI) [23] calculated using the Deyo modification [24], which takes into account 19 comorbid conditions reported in the 2 years prior to each observation period. We focused on these sociodemographic factors, obesity, and the CCI because they are some of the most important risk factors for SARS-CoV-2 infection or mortality reported in the literature [1–13] and because trends in the associations over time could be plausibly hypothesized.

Missing values for BMI (20.9%) were multiply imputed using values of the other covariates included in multivariable analyses. "Missing" values for race (18.7%) or ethnicity (15.6%) included persons who refused to declare their race/ethnicity or reported unknown or mixed race/ethnicity and did not self-identify as belonging to one of the prespecified racial or ethnic group. For these persons, we did not perform imputation of race/ethnicity, but rather included them in a "missing/unknown/refused" category.

	Cohort characteristics N (%)				N	umber of SARS-C	oV-2-positive p	ersons (and incid	ence per 10,000 p	ersons per montl	h)			
Time period and number of VA enrollees at risk*	Entire period: February 2020 to March 2021 N = 9,127,673	February to March 2020 N = 9,127,673	April 2020 N = 9,090,196	May 2020 N = 9,053,082	June 2020 N = 9,022,051	July 2020 N = 8,990,833	August 2020 N = 8,948,674	September 2020 N = 8,913,864	October 2020 N = 8,881,573	November 2020 N = 8,844,680	December 2020 N = 8,804,424	January 2021 N = 8,744,388	February 2021 N = 8,671,916	March 2021 N = 8,630,283
All persons	216,046	2,470	7,346	4,957	7,634	16,105	9,189	7,526	13,523	33,553 (37.9)	47,357	39,431 (45.1)	17,698 (20.4)	9,257 (10.7)
Sex	(10070)	(2.7)	(0.1)	(5.5)	(0.5)	(17.5)	(10.5)	(0.4)	(13.2)	(57.5)	(55.6)	(43.1)	(20.4)	(10.7)
Female	829,355	218	695 (8.4)	453	853	1,946	968 (11.8)	716	1,243	3,315	4,859	3,942	1,825	1,003
Male	8,298,318 (90.9)	2,252 (2.7)	6,651 (8.1)	4,504 (5.5)	6,781 (8.3)	14,159 (17.3)	8,221 (10.1)	6,810 (8.4)	12,280 (15.2)	30,238 (37.7)	42,498 (53.2)	35,489 (44.7)	15,873 (20.2)	8,254 (10.5)
Age (years)														
18 to 24	81,085	8	26	16	88	153	66	42	69	207	303	229	86	59
	(0.9)	(1.0)	(3.2)	(2.0)	(10.9)	(18.9)	(8.2)	(5.2)	(8.6)	(25.7)	(37.7)	(28.6)	(10.8)	(7.4)
25 to 34	828,607	144	388	273	919	1,681	737	538	993	2,648	3,633	2,745	1,220	767
	(9.1)	(1.7)	(4.7)	(3.3)	(11.1)	(20.3)	(8.9)	(6.5)	(12.1)	(32.2)	(44.3)	(33.6)	(15.0)	(9.4)
35 to 44	1,069,496	279	614	405	1,005	2,168	1,018	794	1,488	3,898	5,409	4,382	1,879	1,205
	(11.7)	(2.6)	(5.7)	(3.8)	(9.4)	(20.3)	(9.6)	(7.5)	(14.0)	(36.7)	(51.2)	(41.7)	(17.9)	(11.5)
45 to 54	1,175,283	369	860	546	1,174	2,708	1,364	1,103	1,952	4,938	6,790	5,524	2,455	1,496
	(12.9)	(3.1)	(7.3)	(4.7)	(10.0)	(23.1)	(11.7)	(9.5)	(16.8)	(42.5)	(58.7)	(48.1)	(21.5)	(13.1)
55 to 64	1,517,143	562	1,514	1,061	1,420	3,086	1,810	1,385	2,506	6,093	8,846	7,579	3,478	1,927
	(16.6)	(3.7)	(10.0)	(7.0)	(9.4)	(20.5)	(12.1)	(9.3)	(16.8)	(40.9)	(59.7)	(51.5)	(23.8)	(13.2)
65 to 74	2,434,839 (26,7)	688 (2.8)	2,111 (8.7)	1,399 (5.8)	1,808 (7.5)	3,989 (16.6)	2,554 (10.7)	2,215 (9,3)	3,938 (16.6)	9,484 (40,1)	13,197 (56.1)	11,319 (48.5)	5,167 (22,3)	2,355 (10,2)
75 to 84	1,257,097	279	1,022	693	795	1,564	1,123	999	1,797	4,389	6,368	5,380	2,384	1,050
	(13.8)	(2.2)	(8.2)	(5.6)	(6.5)	(12.8)	(9.2)	(8.3)	(15.0)	(36.8)	(53.7)	(45.7)	(20.5)	(9.1)
≥85	764,123	141	811	564	425	756	517	450	780	1,896	2,811	2,273	1,029	398
	(8.4)	(1.8)	(10.8)	(7.7)	(5.9)	(10.6)	(7.3)	(6.5)	(11.4)	(28.0)	(41.9)	(34.2)	(15.9)	(6.2)
Race														
White	5,886,250	956	3,774	2,739	4,414	9,315	5,690	5,141	9,898	24,753	33,126	26,626	11,932	6,425
	(64.5)	(1.6)	(6.4)	(4.7)	(7.6)	(16.1)	(9.9)	(9.0)	(17.3)	(43.5)	(58.5)	(47.4)	(21.4)	(11.6)
Black	1,337,163	1,293	2,919	1,729	2,319	4,922	2,544	1,602	2,267	5,337	8,959	8,488	3,909	1,914
	(14.6)	(9.7)	(21.9)	(13.0)	(17.6)	(37.4)	(19.4)	(12.3)	(17.4)	(41.2)	(69.5)	(66.4)	(30.8)	(15.2)
Asian	114,794	27	55	37	75	168	81	70	95	278	550	442	191	82
	(1.3)	(2.4)	(4.8)	(3.2)	(6.6)	(14.7)	(7.1)	(6.2)	(8.4)	(24.6)	(48.8)	(39.4)	(17.1)	(7.4)
AI/AN	79,738	14	54	48	92	155	79	76	147	340	439	349	162	60
	(0.9)	(1.8)	(6.8)	(6.1)	(11.6)	(19.7)	(10.1)	(9.7)	(18.9)	(43.9)	(56.9)	(45.6)	(21.3)	(7.9)
PI/NH	75,186	13	57	44	77	157	101	73	115	301	440	393	177	68
	(0.8)	(1.7)	(7.6)	(5.9)	(10.3)	(21.1)	(13.7)	(9.9)	(15.7)	(41.1)	(60.4)	(54.3)	(24.7)	(9.5)
Missing/ unknown/ refused	1,634,542 (17.9)	167 (1.0)	487 (3.0)	360 (2.2)	657 (4.1)	1,388 (8.6)	694 (4.3)	564 (3.5)	1,001 (6.3)	2,544 (16.0)	3,843 (24.2)	3,133 (19.8)	1,327 (8.4)	708 (4.5)
Ethnicity														
Non-Hispanic	7,201,109	2,119	6,441	4,365	6,101	12,936	7,825	6,615	11,868	29,477	40,749	33,980	15,482	8,014
	(78.9)	(2.9)	(9.0)	(6.1)	(8.6)	(18.3)	(11.1)	(9.4)	(17.0)	(42.3)	(58.8)	(49.4)	(22.7)	(11.8)
Hispanic	571,236	272	649	426	1,235	2,583	1,037	645	1,159	2,819	4,648	3,791	1,487	861
	(6.3)	(4.8)	(11.4)	(7.5)	(21.8)	(45.7)	(18.5)	(11.5)	(20.8)	(50.7)	(84.1)	(69.2)	(27.4)	(15.9)
Missing/ unknown/ refused	1,355,328 (14.8)	79 (0.6)	256 (1.9)	166 (1.2)	298 (2.2)	586 (4.4)	327 (2.4)	266 (2.0)	496 (3.7)	1,257 (9.5)	1,960 (14.8)	1,660 (12.6)	729 (5.6)	382 (2.9)
US Federal Region [†]														
1	400,339	95	852	398	196	143	102	99	219	946	1,674	1,520	760	419
	(4.4)	(2.4)	(21.4)	(10.1)	(5.0)	(3.6)	(2.6)	(2.5)	(5.6)	(24.5)	(43.4)	(39.7)	(20.0)	(11.1)
2	665,463	615	1,717	590	267	340	217	209	380	1,248	2,183	2,114	1,079	759
	(7.3)	(9.2)	(26.0)	(9.0)	(4.1)	(5.2)	(3.4)	(3.2)	(5.9)	(19.5)	(34.2)	(33.3)	(17.1)	(12.1)
3	958,643	185	838	657	459	773	581	474	830	2,528	4,474	3,725	1,815	1,048
	(10.5)	(1.9)	(8.8)	(6.9)	(4.8)	(8.2)	(6.2)	(5.1)	(8.9)	(27.1)	(48.2)	(40.4)	(19.8)	(11.5)
4	2,290,207	363	1,085	1,006	2,474	5,993	3,416	2,328	3,045	5,555	11,123	11,489	5,354	2,470
	(25.1)	(1.6)	(4.8)	(4.4)	(10.9)	(26.5)	(15.2)	(10.4)	(13.7)	(25.0)	(50.3)	(52.3)	(24.6)	(11.4)
5	1,325,949	413	1,230	955	605	1,217	1,007	1,095	3,058	8,438	7,528	4,576	2,187	1,436
	(14.5)	(3.1)	(9.3)	(7.3)	(4.6)	(9.3)	(7.8)	(8.5)	(23.7)	(65.8)	(59.2)	(36.3)	(17.5)	(11.5)
6	1,194,444	459	658	486	1,744	4,019	1,687	1,206	2,161	4,403	6,419	6,182	2,338	1,104
	(13.1)	(3.8)	(5.5)	(4.1)	(14.7)	(34.1)	(14.4)	(10.3)	(18.6)	(38.0)	(55.7)	(54.0)	(20.6)	(9.8)
7	458,363	58	238	250	221	600	681	853	1,432	3,652	3,057	2,007	935	465
	(5.0)	(1.3)	(5.2)	(5.5)	(4.9)	(13.3)	(15.2)	(19.1)	(32.2)	(82.6)	(69.8)	(46.2)	(21.7)	(10.9)
8	374,484	74	208	179	147	277	241	414	1,100	2,568	1,908	992	515	369
	(4.1)	(2.0)	(5.6)	(4.8)	(4.0)	(7.5)	(6.5)	(11.3)	(30.1)	(70.6)	(52.8)	(27.7)	(14.4)	(10.4)
9	1,041,079	164	387	344	1,376	2,356	967	627	860	3,112	7,725	6,059	2,253	875
	(11.4)	(1.6)	(3.7)	(3.3)	(13.3)	(22.9)	(9.5)	(6.2)	(8.5)	(30.7)	(76.6)	(60.6)	(22.8)	(8.9)
10	418,702	44	133	92	145	387	290	221	438	1,103	1,266	767	462	312
	(4.6)	(1.1)	(3.2)	(2.2)	(3.5)	(9.3)	(7.0)	(5.4)	(10.7)	(27.0)	(31.1)	(18.9)	(11.4)	(7.8)

Table 1. Cohort characteristics and incidence of SARS-CoV-2 infection presented by month in a cohort of 9.1 million VA enrollees followed from February 2020 to March 2021.

Table 1. (Continued)

	Cohort characteristics N (%)				N	umber of SARS-0	CoV-2–positive p	ersons (and incid	ence per 10,000 p	persons per mont	h)			
Time period and number of VA enrollees at risk*	Entire period: February 2020 to March 2021 N = 9,127,673	February to March 2020 N = 9,127,673	April 2020 N = 9,090,196	May 2020 N = 9,053,082	June 2020 N = 9,022,051	July 2020 N = 8,990,833	August 2020 N = 8,948,674	September 2020 N = 8,913,864	October 2020 N = 8,881,573	November 2020 N = 8,844,680	December 2020 N = 8,804,424	January 2021 N = 8,744,388	February 2021 N = 8,671,916	March 2021 N = 8,630,283
Urban versus rural														
Rural	4,469,258	579	1,870	1,623	2,955	6,872	4,680	4,147	7,468	17,506	23,772	19,440	8,734	4,513
	(49.0)	(1.3)	(4.2)	(3.7)	(6.7)	(15.6)	(10.7)	(9.5)	(17.2)	(40.4)	(55.1)	(45.4)	(20.6)	(10.7)
Urban	4,658,415	1,891	5,476	3,334	4,679	9,233	4,509	3,379	6,055	16,047	23,585	19,991	8,964	4,744
	(51.0)	(4.1)	(11.8)	(7.2)	(10.2)	(20.1)	(9.9)	(7.4)	(13.4)	(35.6)	(52.5)	(44.8)	(20.3)	(10.8)
BMI (kg/m ²)														
<18.5	64,634	38	148	101	95	115	98	74	105	223	374	367	159	89
(underweight)	(0.7)	(5.9)	(23.5)	(16.4)	(15.7)	(19.3)	(16.7)	(12.8)	(18.4)	(39.6)	(66.9)	(66.4)	(29.4)	(16.6)
18.5 to <25	1,841,422	413	1,448	1,030	1,218	2,414	1,362	1,171	1,864	4,658	6,929	5,908	2,703	1,345
(normal weight)	(20.2)	(2.2)	(7.9)	(5.7)	(6.7)	(13.4)	(7.6)	(6.6)	(10.5)	(26.5)	(39.5)	(33.9)	(15.7)	(7.8)
25 to <30	3,314,997	794	2,348	1,602	2,509	5,183	2,920	2,460	4,410	10,898	15,526	12,829	5,759	2,928
(overweight)	(36.3)	(2.4)	(7.1)	(4.9)	(7.7)	(15.9)	(9.0)	(7.6)	(13.6)	(33.9)	(48.4)	(40.3)	(18.2)	(9.3)
30 to <35 (obese	2,433,428	677	1,901	1,260	2,181	4,684	2,679	2,163	3,969	9,903	13,689	11,498	5,096	2,744
I)	(26.7)	(2.8)	(7.8)	(5.2)	(9.0)	(19.5)	(11.2)	(9.1)	(16.7)	(41.7)	(57.9)	(49.0)	(21.9)	(11.8)
35 to <40 (obese	1,026,570	355	946	633	1,039	2,358	1,398	1,031	2,007	4,995	6,941	5,696	2,540	1,371
II)	(11.2)	(3.5)	(9.2)	(6.2)	(10.2)	(23.2)	(13.8)	(10.2)	(20.0)	(49.9)	(69.7)	(57.6)	(25.9)	(14.1)
\geq 40 (obese III)	446,622	193	555	331	592	1,351	732	627	1,168	2,876	3,898	3,133	1,441	780
	(4.9)	(4.3)	(12.5)	(7.5)	(13.4)	(30.6)	(16.7)	(14.3)	(26.8)	(66.3)	(90.6)	(73.5)	(34.2)	(18.6)
CCI														
0 to 1	6,063,266	955	2,620	1,805	3,799	7,918	4,197	3,313	6,130	15,701	21,571	17,532	8,062	4,708
	(66.4)	(1.6)	(4.3)	(3.0)	(6.3)	(13.2)	(7.0)	(5.5)	(10.3)	(26.4)	(36.3)	(29.7)	(13.7)	(8.0)
2 to 3	1,520,767	552	1,649	1,154	1,575	3,703	2,093	1,813	3,253	7,929	11,334	9,722	4,332	2,198
	(16.7)	(3.6)	(10.9)	(7.7)	(10.5)	(24.8)	(14.1)	(12.3)	(22.2)	(54.3)	(78.1)	(67.7)	(30.5)	(15.6)
4 to 5	768,966	346	1,153	807	985	1,990	1,301	1,073	1,815	4,613	6,557	5,671	2,427	1,110
	(8.4)	(4.5)	(15.1)	(10.7)	(13.1)	(26.6)	(17.5)	(14.6)	(24.8)	(63.4)	(90.9)	(79.5)	(34.6)	(15.9)
≥6	774,674 (8.5)	617 (8.0)	1,924 (25.2)	1,191 (15.8)	1,275 (17.1)	2,494 (33.8)	1,598 (21.9)	1,327 (18.4)	2,325 (32.7)	5,310 (75.5)	7,895 (113.4)	6,506 (94.9)	2,877 (42.9)	1,241 (18.7)

* VA enrollees at risk are those who are still alive and not yet infected at the beginning of each time period.

[†] Categorized according to the 10 US Federal Regions drawn up by the Office of Management and Budget: 1 (CT, MA, ME, NH, RI, and VT), 2 (NJ, NY, PR, and Virgin Island), 3 (DC, DE, MD, PA, VA, and WV), 4 (AL, FL, GA, KY, MS, NC, SC, and TN), 5 (IL, IN, MI, MN, OH, and WI), 6 (AR, LA, NM, OK, and TX), 7 (IA, KS, MO, and NE), 8 (CO, MT, ND, SD, UT, and WY), 9 (AZ, CA, GU, HI, and NV), and 10 (AK, ID, OR, and WA).

AI/AN, American Indian/Alaska Native; CCI, Charlson comorbidity index; PI/NH, Pacific Islander/Native Hawaiian; SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; VA, Veterans Affairs.

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Statistical analysis

We calculated the number of new SARS-CoV-2 infections and deaths each month and the monthly incidence as a proportion of all persons in our cohort who were still alive and at risk on the first day of the month. Monthly case fatality was calculated as the proportion of patients who tested positive each month who died within 30 days. For each monthly observation period (for infections) or bimonthly observation period (for mortality and case fatality), we used a separate multivariable logistic regression model to simultaneously adjust for the 8 characteristics listed above to determine the associations between each risk factor and SARS-CoV-2 infection, mortality, or case fatality reported as an adjusted odds ratio (AOR). We used bimonthly periods for trends in mortality and case fatality because there were too few deaths in some subgroups to generate reasonably precise monthly analyses of time trends.

We used a Wald test with cluster-robust standard errors to formally evaluate whether the associations between risk factors and each outcome (infection, mortality, or case fatality) changed over time by creating another model that combined all time periods and included an interaction term separately for each risk factor (risk factor * time period) where time period was an ordinal variable (see **S1 and S2 Tables**).

Almost all analyses were proposed a priori as shown in the <u>S1 Analytic</u> Plan. Notable exceptions were the analyses of case fatality as an outcome and additionally modeling age and BMI as restricted cubic splines that were performed in response to reviewers' comments.

We followed the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) reporting guidelines as summarized in <u>S1 STROBE</u> Checklist.

Results

Baseline characteristics of VA enrollees

The baseline characteristics of the cohort of VA enrollees (n = 9,127,673) in February 2020 are shown in **Table 1**. Mean and median age were 61.0 and 64 years, respectively, with a substantial proportion in categories 65 to 74 (26.7%), 75 to 84 (13.8%), and \geq 85 (8.4%) years of age. Most cohort members were male (90.9%) and White (64.5%), with 14.6% of Black race and 6.3% of Hispanic ethnicity. Cohort members were distributed almost evenly between urban versus rural locations, and the cohort included Veterans residing in all US Federal Regions and states, with the greatest contribution from region 4 (Southeast US, states of AL, FL, GA, KY, MS, NC, SC, and TN). Overweight (36.3%) and obesity (42.8%) were common among cohort members and 33.6% had a CCI \geq 2.

Trends over time in the associations of risk factors with SARS-CoV-2 infection

During the entire follow-up period (February 1, 2020 to March 31, 2021), 216,046 out of 9,127,673 VA enrollees (2.4%) in our cohort tested positive for SARS-CoV-2 (Table 1). Infection rates peaked in accordance with the 3 well-described national waves of the pandemic in April 2020 (first wave), July 2020 (second wave), and December 2020 (third wave) as shown in Fig 1 (for infection rates), Fig 2 (for mortality rates), and Fig 3 (for case fatality rates). Characteristics independently associated with testing positive over the entire period included Black (versus White) race (AOR 1.39, 95% CI 1.37 to 1.41, p-value = <0.001), Hispanic ethnicity (AOR 1.64, 95% CI 1.62 to 1.67, *p*-value = <0.001), higher BMI (e.g., BMI 40 versus BMI 25 kg/m², AOR 1.51, 95% CI 1.49 to 1.53, *p*-value < 0.001), and higher CCI (e.g., CCI ≥ 6 versus CCI = 0 to 1, AOR 3.16, 95% CI 3.12 to 3.21, *p*-value < 0.001) (Table 2). The highest risk of infection was observed at age 45 with progressively lower risk at both older ages (e.g., 85 versus 45 years old, AOR 0.50, 95% CI 0.43 to 0.58, *p*-value < 0.001) and younger ages (e.g., 25 versus 45 years old, AOR 0.77, 95% CI 0.76 to 0.79, *p*-value < 0.001). Men had significantly lower risk of infection than women (AOR 0.88, 95% CI 0.87 to 0.90, p-value = <0.001). Compared to Federal Region 4 (Southeast US), which served as the reference category, some regions were associated with significantly higher risk of positive SARS-CoV-2 test (e.g., Federal Regions 5 to 9), while others were associated with significantly lower risk (Federal Regions 1 to 3 and 10).

The magnitude of the association between Black (versus White) race and SARS-CoV-2 infection declined steadily from February/March 2020 (AOR 5.10, 95% CI 4.65 to 5.59, *p*-value < 0.001) to November 2020 (AOR 1.03, 95% CI 1.00 to 1.07, *p*-value = 0.05) when it was no longer significant (*p*-value < 0.001 for interaction term of [black race * time period] testing trends over time, see **S1 and S2 Tables**). However, during the last 4 months of the observation period from December 2020 to March 2021 (corresponding to the third wave of the pandemic), Black race was again significantly associated with infection with AORs ranging from 1.15 to 1.30, although the magnitude of this association was still much lower than in the early months of the pandemic (**Table 2, Fig 4**). When we categorized our cohort by age (<65 and



Fig 1. Monthly results in the VA healthcare system from February 2020 to March 2021 of SARS-CoV-2 infection rates among a cohort of VA enrollees. SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; VA, Veterans Affairs.

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 \geq 65 years), the associations and their trends over time between Black (versus White) race and SARS-CoV-2 infection were very similar for persons aged <65 and \geq 65 years (S3 Table).

The magnitude of the association between AI/AN (versus White) race and SARS-CoV-2 infection declined steadily over time (*p*-value for trends over time <0.001; see **S1 and S2 Tables**) and shifted from a positive association during the period from February to June (AORs ranging from 1.13 to 1.54) to a negative association in March 2021 (AOR 0.66, 95% CI 0.51 to 0.85, *p*-value = 0.004).

The magnitude of the association between urban versus rural location also declined steadily over time (*p*-value for trends over time <0.001; see **S1 and S2 Tables**) and shifted from a positive association in February/March 2020 (AOR 2.02, 95% CI 1.83 to 2.22, *p*-value = <0.001) to a negative association in September to October 2020 and a nonsignificant association in March 2021 (AOR 0.98, 95% CI 0.94 to 1.02, *p*-value = 0.32) (Table 2, Fig 4).

The magnitude of the associations between CCI and SARS-CoV-2 infection attenuated early in the pandemic until July 2020 (*p*-value < 0.001) and then appeared to plateau between July 2020 and January 2021, before declining again from January to March 2021, after the introduction of vaccination. However, CCI was still strongly associated with infection even in March 2021. Geographical regions at higher risk of infection fluctuated over time reflecting surges in different parts of the country. For example, region 2 (NY, NJ, and PR), which represented the earliest epicenter of the pandemic in the US, had the highest risk of infection in February to March 2020, but one of the lowest risks of infection in July to August 2020 and approximately average risk by March 2021.



Fig 2. Monthly results in the VA healthcare system from February 2020 to March 2021 of SARS-CoV-2 mortality rates among a cohort of VA enrollees. SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; VA, Veterans Affairs.

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The magnitude of the association of the following characteristics with SARS-CoV-2 infection did not vary appreciably over the observation period: age, sex, PI/NH race, Hispanic ethnicity, and BMI.

Trends over time in the associations of risk factors with SARS-CoV-2–related mortality

From February 2020 to March 2021, 10,230 SARS-CoV-2–related deaths were identified among our cohort of 9,127,673 VA enrollees (**Table 3**). Monthly mortality rates are shown in **Table 3** and **Fig 2**. Significant, independent risk factors for mortality over the entire observation period included male sex (AOR 1.59, 95% CI 1.38 to 1.82, *p*-value < 0.001), older age (e.g., AOR 20.37, 95% CI 17.48 to 23.74, *p*-value < 0.001, comparing ages 85 year versus 45 year (the reference age)), Black (AOR 1.55, 95% CI 1.47 to 1.64, *p*-value = <0.001), and AI/AN (AOR 1.66, 95% CI 1.39 to 1.98, *p*-value = <0.001) race relative to White race, Hispanic ethnicity (AOR 1.57, 95% CI 1.45 to 1.70, *p*-value = <0.001), higher BMI (e.g., AOR 1.48, 95% CI 1.40 to 1.57, *p*-value < 0.001, comparing BMI 40 kg/m² to BMI 25 kg/m²), and higher CCI (AOR 9.46, 95% CI 8.89 to 10.07, *p*-value = <0.001 for CCI ≥6 relative to CCI 0 to 1) (**Table 4**).

The magnitude of the association between Black (versus White) race and SARS-CoV-2– related mortality declined steadily over time from February to April (AOR 3.85, 95% CI 3.30 to 4.50, *p*-value < 0.001) and became nonsignificant by September to October (AOR 1.16, 95% CI 0.95 to 1.43, *p*-value = 0.15) (Table 4, Fig 2); however, Black race was again positively



Fig 3. Monthly results in the VA healthcare system from February 2020 to March 2021 of SARS-CoV-2 case fatality rates among VA enrollees testing positive for SARS-CoV-2. SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; VA, Veterans Affairs.

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associated with SARS-CoV-2–related mortality in January to February 2021 (AOR 1.28, 95% CI 1.16 to 1.42, p-value = <0.001), albeit at a much lower magnitude of association.

The magnitude of the association between urban versus rural location declined steadily over time (*p*-value for trends over time <0.001, see **S1 and S2 Tables**) and shifted from a positive association in February/April (AOR 2.48, 95% CI 2.08 to 2.96, *p*-value = <0.001) to a negative association in all the time periods after September 2020. Geographical regions with the highest risk of SARS-CoV-2–related mortality in February to April (Federal Regions 1 and 2) had the lowest risk of SARS-CoV-2–related mortality by September to October with some increase in risk thereafter.

Associations between sex, CCI, or age and SARS-CoV-2-related mortality appeared to be stable over time.

Trends over time in the associations of risk factors with SARS-CoV-2 case fatality

Among a total of 206,789 persons who tested positive for SARS-CoV-2 infection from February 1, 2020 to February 28, 2021, 10,429 (5.0%) SARS-CoV-2–related deaths occurred, i.e., deaths within 30 days of infection (Table 5). Case fatality declined progressively over time from 12.6% in persons who tested positive in February to March 2020 to 3.1% in persons who tested positive in February 2021 (Table 5, Fig 3). Significant, independent risk factors for case fatality over the entire observation period included male sex (AOR 1.73, 95% CI 1.50 to 2.00, p-value < 0.001), older age (e.g., AOR 50.09, 95% CI 42.87 to 58.52, p-value < 0.001, for age 85

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rrom February	2020 to March 2021.													
	Entire period: February 2020 to March	February to March 2020	April 2020 N = 9 090 196	May 2020 N = 9.053.082	AC June 2020 N = 9 022 051	NS* for SARS-Co July 2020 N = 8 990 833	V-2 infection (95 August 2020 N = 8 948 674	% CI) September 2020 N = 8 913 864	October 2020 N = 8.81 573	November 2020 N= 8 844 680	December 2020 N= 8 804 424	January 2021 N = 8 744 388	February 2021 N = 8.671.916	March 2021 N = 8 630 283
	N = 9,127,673	N = 9,127,673		Tooloool - M			*	* 0057 / 0 - 11						
Sex														
Female	1	-	-	-	-	1	-	-		-	-	-	1	-
Male	0.88 (0.87 to 0.90)	1.20 (1.04 to 1.39)	0.91 (0.84 to 0.98)	0.94 (0.85 to 1.04)	0.97 (0.90 to 1.05)	0.89 (0.85 to 0.94)	0.92 (0.86 to 0.98)	0.94 (0.87 to 1.02)	0.94 (0.88 to 0.99)	0.87 (0.83 to 0.90)	0.85 (0.83 to 0.88)	0.89 (0.86 to 0.92)	0.86 (0.81 to 0.90)	0.90 (0.84 to 0.96)
Age (years)														
25	0.77 (0.76 to 0.79)	0.62 (0.49 to 0.79)	0.81 (0.70 to 0.94)	0.94 (0.79 to 1.12)	1.25 (1.12 to 1.39)	0.96 (0.89 to 1.03)	0.87 (0.78 to 0.97)	0.76 (0.67 to 0.87)	0.69 (0.62 to 0.76)	0.72 (0.68 to 0.77)	0.75 (0.71 to 0.79)	0.72 (0.68 to 0.76)	0.69 (0.63 to 0.76)	0.71 (0.64 to 0.79)
35	0.92 (0.91 to 0.92)	0.84 (0.76 to 0.93)	0.92 (0.86 to 0.97)	0.96 (0.89 to 1.03)	1.13 (1.08 to 1.18)	1.01 (0.98 to 1.04)	0.95 (0.91 to 1.00)	0.91 (0.86 to 0.96)	0.87 (0.84 to 0.91)	0.89 (0.87 to 0.91)	0.91 (0.89 to 0.93)	0.89 (0.87 to 0.91)	0.87 (0.84 to 0.90)	0.88 (0.84 to 0.92)
45 (reference)	1	1	1	1	1	1	1	1	1	1	1	1	1	1
55	0.89 (0.88 to 0.89)	0.86 (0.80 to 0.93)	0.99 (0.4)	1.09 1.03 to 1.16)	0.83 (0.80 to 0.87)	0.85 (0.87 to 0.88)	0.93 (0.89 to 0.97)	0.89 (0.85 to 0.93)	0.88 (0.85 to 0.91)	0.86 (0.85 to 0.88)	0.87 (0.86 to 0.89)	0.90 (0.88 to 0.92)	0.94 (0.91 to 0.97)	0.90
65	0.71	0.65	0.86	1.01	0.65	0.66	0.79	0.73	0.71	0.68	0.70	0.75	0.80	0.68
75	0.64	(67.0 01.76.0)	0.75	08.0	0.54	0.54	(co.u or c / u)	0.68	0.66	(1//0.01.00/0)	0.65	0.71	0.76	0.54
	(0.63 to 0.65)	(0.51 to 0.65)	(0.70 to 0.82)	(0.73 to 0.88)	(0.50 to 0.58)	(0.52 to 0.57)	(0.65 to 0.74)	(0.64 to 0.73)	(0.62 to 0.69)	(0.60 to 0.64)	(0.63 to 0.67)	(0.69 to 0.73)	(0.73 to 0.80)	(0.51 to 0.58)
85	0.58 (0.57 to 0.59)	0.50 (0.43 to 0.58)	0.91 (0.84 to 0.99)	1.03 (0.93 to 1.13)	0.56 (0.52 to 0.61)	0.52 (0.49 to 0.55)	0.67 (0.62 to 0.73)	0.66 (0.61 to 0.72)	0.60 (0.57 to 0.64)	0.57 (0.55 to 0.60)	0.62 (0.60 to 0.65)	0.66 (0.64 to 0.69)	0.71 (0.67 to 0.75)	0.47 (0.43 to 0.51)
Race														
White	1	-	-	1	1	1	-	-	1	-	-	-	1	-
Black	1.39 (1.37 to 1.41)	5.10 (4.65 to 5.59)	3.13 (2.97 to 3.31)	2.55 (2.39 to 2.73)	1.96 (1.85 to 2.07)	1.91 (1.84 to 1.98)	1.75 (1.66 to 1.84)	1.33 (1.25 to 1.41)	1.06 (1.01 to 1.11)	1.03 (1.00 to 1.07)	1.15 (1.12 to 1.18)	1.26 (1.23 to 1.29)	1.30 (1.25 to 1.35)	1.16 (1.10 to 1.23)
Asian	0.84 (0.80 to 0.87)	1.78 (1.21 to 2.63)	1.07 (0.81 to 1.39)	0.96 (0.69 to 1.34)	0.70 (0.56 to 0.88)	0.87 (0.75 to 1.02)	0.90 (0.72 to 1.13)	0.99 (0.78 to 1.26)	0.78 (0.64 to 0.96)	0.75 (0.67 to 0.85)	0.82 (0.75 to 0.89)	0.84 (0.76 to 0.93)	0.89 (0.77 to 1.03)	0.74 (0.59 to 0.92)
AI/AN	0.93 (0.89 to 0.98)	1.13 (0.67 to 1.92)	1.40 (1.07 to 1.83)	1.54 (1.16 to 2.05)	1.21 (0.98 to 1.48)	0.94 (0.80 to 1.11)	0.89 (0.71 to 1.11)	1.00 (0.79 to 1.25)	0.99 (0.84 to 1.17)	0.93 (0.84 to 1.04)	0.88 (0.80 to 0.97)	0.89 (0.80 to 0.99)	0.97 (0.83 to 1.13)	0.66 (0.51 to 0.85)
HN/Id	0.98 (0.93 to 1.02)	0.99 (0.57 to 1.70)	1.31 (1.01 to 1.71)	1.34 (1.00 to 1.81)	0.95 (0.75 to 1.19)	0.95 (0.81 to 1.11)	1.22 (1.00 to 1.49)	1.12 (0.89 to 1.41)	0.97 (0.81 to 1.17)	0.97 (0.87 to 1.09)	0.88 (0.80 to 0.97)	0.98 (0.89 to 1.08)	1.06 (0.91 to 1.23)	0.78 (0.62 to 1.00)
Missing/unknown/ refused	0.82 (0.81 to 0.84)	1.27 (1.05 to 1.55)	1.05 (0.93 to 1.17)	1.10 (0.96 to 1.25)	0.84 (0.77 to 0.93)	0.89 (0.83 to 0.95)	0.85 (0.77 to 0.93)	0.87 (0.78 to 0.96)	0.79 (0.73 to 0.86)	0.81 (0.77 to 0.85)	0.81 (0.77 to 0.84)	0.80 (0.76 to 0.84)	0.78 (0.73 to 0.84)	0.77 (0.70 to 0.85)
Ethnicity														
Non-Hispanic	-	1	-	1	1	1	-	-	1	1	-	-	-	-
Hispanic	1.64 (1.62 to 1.67)	1.57 (1.37 to 1.81)	1.27 (1.16 to 1.38)	1.55 (1.40 to 1.73)	2.39 (2.24 to 2.56)	2.55 (2.43 to 2.67)	2.10 (1.96 to 2.25)	1.57 (1.44 to 1.71)	1.57 (1.47 to 1.67)	1.46 (1.40 to 1.52)	1.53 (1.48 to 1.58)	1.49 (1.43 to 1.54)	1.38 (1.30 to 1.46)	1.48 (1.37 to 1.60)
Missing/unknown/ refused	0.40 (0.39 to 0.41)	0.38 (0.29 to 0.50)	0.37 (0.32 to 0.43)	0.32 (0.27 to 0.39)	0.44 (0.38 to 0.50)	0.41 (0.37 to 0.45)	0.39 (0.34 to 0.45)	0.36 (0.31 to 0.41)	0.38 (0.34 to 0.42)	0.37 (0.34 to 0.39)	0.41 (0.39 to 0.43)	0.43 (0.40 to 0.46)	0.42 (0.38 to 0.46)	0.40 (0.35 to 0.46)
US Federal Region [†]														
-	0.89 (0.86 to 0.91)	2.48 (1.97 to 3.12)	6.04 (5.50 to 6.62)	2.89 (2.56 to 3.25)	0.57 (0.49 to 0.66)	0.17 (0.15 to 0.21)	0.21 (0.18 to 0.26)	0.28 (0.23 to 0.35)	0.46 (0.40 to 0.52)	1.07 (1.00 to 1.15)	0.97 (0.92 to 1.02)	0.86 (0.81 to 0.91)	0.92 (0.86 to 1.00)	1.12 (1.00 to 1.24)
2	0.72 (0.71 to 0.74)	5.81 (5.08 to 6.65)	5.14 (4.75 to 5.56)	1.85 (1.66 to 2.05)	0.33 (0.29 to 0.38)	0.18 (0.16 to 0.20)	0.22 (0.19 to 0.25)	0.32 (0.28 to 0.37)	0.44 (0.39 to 0.49)	0.79 (0.74 to 0.84)	0.69 (0.65 to 0.72)	0.64 (0.61 to 0.68)	0.72 (0.67 to 0.77)	1.10 (1.01 to 1.20)
3	0.83 (0.81 to 0.84)	1.22 (1.03 to 1.46)	1.84 (1.68 to 2.01)	1.59 (1.44 to 1.76)	0.47 (0.42 to 0.51)	0.33 (0.30 to 0.35)	0.44 (0.40 to 0.48)	0.52 (0.47 to 0.57)	0.69 (0.64 to 0.74)	1.14 (1.09 to 1.19)	1.01 (0.97 to 1.05)	0.81 (0.78 to 0.84)	0.85 (0.80 to 0.90)	1.06 (0.99 to 1.14)
4 (reference)	-	-	1	1	1	1	1	-	1	1	1	1	1	1
ß	1.13 (1.11 to 1.15)	2.50 (2.17 to 2.88)	2.25 (2.07 to 2.45)	1.86 (1.70 to 2.03)	0.48 (0.44 to 0.53)	0.40 (0.38 to 0.43)	0.57 (0.53 to 0.62)	0.87 (0.81 to 0.93)	1.79 (1.70 to 1.89)	2.72 (2.63 to 2.82)	1.23 (1.20 to 1.27)	0.73 (0.71 to 0.76)	0.75 (0.71 to 0.79)	1.07 (1.01 to 1.15)
6	1.13 (1.12 to 1.15)	2.76 (2.41 to 3.17)	1.30 (1.18 to 1.43)	1.00 (0.89 to 1.11)	1.30 (1.22 to 1.38)	1.23 (1.18 to 1.28)	0.93 (0.88 to 0.99)	0.99 (0.92 to 1.06)	1.33 (1.26 to 1.41)	1.50 (1.44 to 1.56)	1.10 (1.07 to 1.13)	1.04 (1.01 to 1.07)	0.86 (0.81 to 0.90)	0.85 (0.79 to 0.92)
~	1.42 (1.39 to 1.44)	1.22 (0.93 to 1.62)	1.46 (1.26 to 1.68)	1.56 (1.35 to 1.79)	0.54 (0.47 to 0.62)	0.60 (0.55 to 0.66)	1.12 (1.03 to 1.22)	1.92 (1.77 to 2.08)	2.38 (2.23 to 2.53)	3.37 (3.23 to 3.52)	1.44 (1.38 to 1.50)	0.93 (0.88 to 0.97)	0.93 (0.87 to 1.00)	1.00 (0.91 to 1.11)
~	1.17 (1.14 to 1.19)	2.65 (2.06 to 3.42)	2.04 (1.76 to 2.37)	1.67 (1.43 to 1.97)	0.48 (0.40 to 0.56)	0.36 (0.32 to 0.41)	0.53 (0.46 to 0.60)	1.23 (1.11 to 1.37)	2.39 (2.22 to 2.56)	3.10 (2.95 to 3.25)	1.18 (1.12 to 1.24)	0.61 (0.57 to 0.65)	0.68 (0.62 to 0.74)	1.03 (0.92 to 1.15)
6	1.23 (1.21 to 1.24)	1.36 (1.12 to 1.64)	0.99 (0.88 to 1.12)	0.90 (0.79 to 1.02)	1.31 (1.22 to 1.40)	0.93 (0.88 to 0.98)	0.71 (0.66 to 0.77)	0.68 (0.62 to 0.74)	0.69 (0.64 to 0.75)	1.37 (1.31 to 1.43)	1.73 (1.68 to 1.78)	1.34 (1.30 to 1.38)	1.08 (1.03 to 1.14)	0.89 (0.82 to 0.96)
10	0.68 (0.66 to 0.70)	1.38 (1.00 to 1.89)	1.16 (0.97 to 1.40)	0.79 (0.64 to 0.98)	0.44 (0.37 to 0.52)	0.48 (0.43 to 0.53)	0.60 (0.53 to 0.68)	0.62	0.89 (0.81 to 0.99)	1.23 (1.15 to 1.31)	0.73 (0.68 to 0.77)	0.43 (0.40 to 0.47)	0.56 (0.51 to 0.62)	0.80
Urban versus rural	(0.10.00.000)		(and an erec)	(0.10 0. 1010)	(======================================	(((* 10 21 2 212)	(200 00 000)	(((===== =====)	(0.000 - 0.00)
														Continued)

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(Continued)	
Table 2.	

					AO	Rs* for SARS-Co	V-2 infection (95	% CI)						
	Entire period: February 2020 to March $\begin{array}{c} 2021\\ N=9,127,673 \end{array}$	February to March 2020 N = 9,127,673	April 2020 N= 9,090,196	May 2020 N = 9,053,082	June 2020 N = 9,022,051	July 2020 N = 8,990,833	August 2020 N = 8,948,674	September 2020 N= 8,913,864	October 2020 N = 8,881,573	November 2020 N = 8,844,680	December 2020 N = 8,804,424	January 2021 N = 8,744,388	February 2021 N = 8,671,916	March 2021 N = 8,630,283
Rural	-	1	-	-	-	-	-	-	-	-	-	-	-	-
Urban	1.01 (1.00 to 1.02)	2.02 (1.83 to 2.22)	1.95 (1.85 to 2.06)	1.60 (1.50 to 1.70)	1.39 (1.32 to 1.45)	1.23 (1.20 to 1.28)	0.93 (0.89 to 0.97)	0.85 (0.81 to 0.89)	0.88 (0.85 to 0.91)	0.96 (0.94 to 0.98)	0.94 (0.92 to 0.96)	0.96 (0.94 to 0.98)	0.96 (0.93 to 0.99)	0.98 (0.94 to 1.02)
BMI (kg/m ²)														
15														
20	0.99 (0.97 to 1.00)	1.12 (0.96 to 1.31)	1.40 (1.29 to 1.52)	1.49 (1.35 to 1.63)	1.18 (1.08 to 1.30)	0.97 (0.90 to 1.04)	0.99 (0.90 to 1.08)	1.03 (0.93 to 1.14)	0.94 (0.87 to 1.02)	0.88 (0.83 to 0.92)	0.98 (0.94 to 1.02)	1.01 (0.97 to 1.06)	1.04 (0.97 to 1.11)	1.15 (1.05 to 1.26)
25 (reference)	1	1	1	1	1	1	-	1	1	1	-	1	1	1
30	1.23 (1.21 to 1.25)	1.21 (1.06 to 1.37)	1.14 (1.06 to 1.23)	1.10 (1.01 to 1.20)	1.24 (1.15 to 1.34)	1.19 (1.13 to 1.25)	1.14 (1.06 to 1.22)	1.17 (1.09 to 1.26)	1.28 (1.21 to 1.36)	1.22 (1.17 to 1.26)	1.24 (1.20 to 1.28)	1.24 (1.20 to 1.28)	1.22 (1.16 to 1.28)	1.27 (1.19 to 1.36)
35	1.38 (1.36 to 1.39)	1.36 (1.21 to 1.52)	1.26 (1.18 to 1.34)	1.14 (1.05 to 1.24)	1.28 (1.20 to 1.37)	1.32 (1.26 to 1.38)	1.36 (1.28 to 1.44)	1.28 (1.20 to 1.36)	1.41 (1.34 to 1.48)	1.39 (1.35 to 1.44)	1.39 (1.35 to 1.43)	1.37 (1.33 to 1.41)	1.36 (1.30 to 1.42)	1.43 (1.35 to 1.52)
40	1.51 (1.49 to 1.53)	1.41 (1.26 to 1.58)	1.39 (1.30 to 1.48)	1.22 (1.12 to 1.32)	1.39 (1.30 to 1.49)	1.46 (1.40 to 1.53)	1.45 (1.37 to 1.54)	1.38 (1.29 to 1.47)	1.54 (1.47 to 1.62)	1.52 (1.47 to 1.57)	1.52 (1.48 to 1.57)	1.50 (1.46 to 1.55)	1.50 (1.44 to 1.57)	1.59 (1.50 to 1.69)
cci														
0 to 1	1	1	1	1	1	1	-	1	1	1	1	1	1	-
2 to 3	2.16 (2.14 to 2.19)	2.25 (2.01 to 2.52)	2.24 (2.10 to 2.40)	2.28 (2.10 to 2.47)	1.98 (1.85 to 2.11)	2.14 (2.05 to 2.23)	2.01 (1.90 to 2.13)	2.18 (2.05 to 2.32)	2.12 (2.02 to 2.22)	2.09 (2.03 to 2.15)	2.20 (2.14 to 2.25)	2.25 (2.19 to 2.31)	2.10 (2.02 to 2.18)	2.00 (1.89 to 2.11)
4 to 5	2.56 (2.52 to 2.60)	2.80 (2.45 to 3.20)	3.04 (2.82 to 3.28)	3.10 (2.83 to 3.40)	2.61 (2.41 to 2.82)	2.42 (2.29 to 2.55)	2.53 (2.37 to 2.71)	2.61 (2.42 to 2.82)	2.40 (2.27 to 2.54)	2.49 (2.40 to 2.58)	2.62 (2.54 to 2.70)	2.67 (2.59 to 2.76)	2.38 (2.27 to 2.50)	2.11 (1.97 to 2.26)
9~1	3.16 (3.12 to 3.21)	4.53 (4.03 to 5.10)	4.68 (4.37 to 5.01)	4.34 (3.99 to 4.72)	3.37 (3.13 to 3.62)	3.08 (2.93 to 3.25)	3.16 (2.96 to 3.38)	3.33 (3.10 to 3.58)	3.22 (3.06 to 3.40)	3.02 (2.92 to 3.13)	3.31 (3.21 to 3.41)	3.20 (3.10 to 3.30)	2.95 (2.81 to 3.09)	2.51 (2.35 to 2.69)

Adjusted for sex, age (modeled as restricted cubic splines with 5 knots at ages 30, 49, 64, 73, and 88 years), race, ethnicity, geographical region, urban/rural location, BMI (modeled as restricted cubic splines with 5 knots at BMIs of 21.3, 26.0, 29.0, 32.5, 39.9 kg/m²), and CCI. Categorized according to the 10 Federal Regions drawn up by the Federal Emergency Management Agency: 1 (CT, MA, ME, NH, RI, and VT), 2 (NJ, NY, and PR), 3 (DC, DE, MD, PA, VA, and WV), 4 (AL, FL, GA, KY, MS, NC, SC, and TN), 5 (IL, IN, MI, MN, OH, and WI), 6 (AR, LA, NM, OK, and TX), 7 (IA, KS, MO, and NE), 8 (CO, MT, ND, SD, UT, and WY), 9 (AZ, CA, GU, HI, and NV), and 10 (AK, ID, OR, and WA).

AI/AN, American Indian/Alaska Native; AOR, adjusted odds ratio; BMI, body mass index; CCI, Charlson comorbidity index; PI/NH, Pacific Islander/Native Hawaiian; SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; VA, Veterans Affairs.

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Fig 4. Trends over time in the associations of the following factors with risk of SARS-CoV-2 infection and mortality: (A and B) Black versus White race. (C and D) Urban versus rural location. (E and F) CCI categories. (G and H) Age. CCI, Charlson comorbidity index; SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2.

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versus age 45 years), Black (AOR 1.13, 95% CI 1.06 to 1.19, *p*-value < 0.001), and AI/AN (AOR 1.76, 95% CI 1.44 to 2.14, *p*-value < 0.001) race relative to White race, Hispanic versus non-Hispanic ethnicity (AOR 1.21, 95% CI 1.11 to 1.31, *p*-value < 0.001), obesity/high BMI (e.g., AOR 1.35, 95% CI 1.27 to 1.43, *p*-value < 0.001 comparing BMI 40 versus 25 kg/m²) or underweight/low BMI (e.g., AOR 1.44, 95% CI 1.35 to 1.53, *p*-value < 0.001 comparing BMI 20 versus 25 kg/m²), and progressively higher CCI (e.g., AOR 2.51, 95% CI 2.35 to 2.68, *p*-value = <0.001 for CCI \geq 6 relative to CCI 0 to 1) (Table 6).

The magnitude of the association between Black (versus White) race and case fatality declined over time and shifted from a positive association in February to April (AOR 2.56, 95% CI 2.23 to 2.93, *p*-value < 0.001) to a negative association in all time periods after September 2020 (Table 6). Also, the magnitude of the association between urban versus rural location and case fatality declined steadily over time and shifted from a positive association in February/April (AOR 2.24, 95% CI 1.93 to 2.60, *p*-value = <0.001) to a negative association in all the time periods after September 2020. Geographical regions with some of the highest case fatality rates in February to April (e.g., Federal Regions 1, 2, and 5) had some of the lowest case fatality appeared to be stable over time.

Discussion

Our study of a national cohort of 9.1 million VA enrollees followed from February 2020 to March 2021 demonstrates that the strongly positive associations between Black (versus White) race and SARS-CoV-2 infection, mortality, and case fatality that were observed in the early months of the pandemic attenuated over time and were no longer significant by November 2020. Positive associations between AI/AN (versus White) race and risk of infection noted early in the pandemic also attenuated over time and reversed by March 2021. Similarly, strongly positive associations between urban (versus rural) location and SARS-CoV-2 infection, mortality, and case fatality that were present early in the pandemic attenuated over time and were no longer significant by March 2021. Throughout the observation period, high comorbidity burden, younger age, Hispanic ethnicity, and obesity were consistently associated with infection, while high comorbidity burden, older age, Hispanic ethnicity, obesity, and male sex were consistently associated with mortality.

Multiple studies reported higher risk of SARS-CoV-2 infection and mortality in Black versus White persons [8,9,14]. In a nationally representative US study, Black persons accounted for 18.7% of SARS-CoV-2–related deaths from May to August 2020 despite representing just 12.5% of the US population. During this time period, the percentage of decedents who were Black decreased from 20.3% in May to 17.4% in August but was still higher than the percentage of Black persons in the US population [8]. Our study extends these prior findings in significant ways. First, we demonstrate that the association between Black race and SARS-CoV-2–related mortality continued to decline in the VA healthcare system even after August and became nonsignificant by November 2020. Second, we simultaneously adjusted for comorbidity burden, age, sex, ethnicity, BMI, geographic region, and rural/urban location to identify the associations of Black race and mortality that were not explained by differences in these factors. Third, we show that the associations of Black race with infection also declined over time and became nonsignificant by November 2020, while the positive associations with case fatality

				Number of S	ARS-CoV-2-rela	ated deaths per n	onth (and morta	lity per 100,000 p	ersons per montl	1)			
Time period and number of VA enrollees at risk*	Entire period: February 2020 to February 2021 N = 9,127,673	February to March 2020 N = 9,127,673	April 2020 N = 9,090,196	May 2020 N = 9,053,082	June 2020 N = 9,022,051	July 2020 N = 8,990,833	August 2020 N = 8,948,674	September 2020 N = 8,913,864	October 2020 N = 8,881,573	November 2020 N = 8,844,680	December 2020 N = 8,804,424	January 2021 N = 8,744,388	February 2021 N = 8,671,916
All persons	10,230 (9.3)	83 (0.9)	775 (8.5)	631 (7.0)	295 (3.3)	627 (7.0)	604 (6.7)	375 (4.2)	500 (5.6)	1,165 (13.2)	2,019 (22.8)	2,172 (24.7)	984 (11.3)
Sex													
Female	208 (2.1)	1 (0.1)	14 (1.7)	18 (2.2)	7 (0.8)	14 (1.7)	15 (1.8)	3 (0.4)	11 (1.3)	21 (2.6)	42 (5.1)	38 (4.7)	24 (3.0)
Male	10,022 (10.1)	82 (1.0)	761 (9.2)	613 (7.4)	288 (3.5)	613 (7.5)	589 (7.2)	372 (4.6)	489 (6.1)	1,144 (14.2)	1,977 (24.7)	2,134 (26.8)	960 (12.1)
Age (years)											1		
18 to 24	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
25 to 34	10 (0.1)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	2 (0.2)	3 (0.4)	5 (0.6)
35 to 44	40 (0.3)	0 (0.0)	1 (0.1)	3 (0.3)	0 (0.0)	5 (0.5)	0 (0.0)	1 (0.1)	1 (0.1)	1 (0.1)	7 (0.7)	13 (1.2)	8 (0.8)
45 to 54	153 (1.1)	4 (0.3)	16 (1.4)	8 (0.7)	4 (0.3)	10 (0.9)	12 (1.0)	7 (0.6)	10 (0.9)	9 (0.8)	34 (2.9)	28 (2.4)	11 (1.0)
55 to 64	743 (4.1)	11 (0.7)	71 (4.7)	36 (2.4)	26 (1.7)	59 (3.9)	54 (3.6)	21 (1.4)	30 (2.0)	68 (4.6)	134 (9.0)	160 (10.8)	73 (5.0)
65 to 74	3,354 (11.5)	28 (1.1)	272 (11.2)	181 (7.5)	86 (3.6)	213 (8.9)	206 (8.6)	125 (5.2)	165 (6.9)	363 (15.3)	662 (28.0)	733 (31.2)	320 (13.8)
75 to 84	2,993 (19.8)	20 (1.6)	180 (14.4)	157 (12.7)	77 (6.2)	171 (14.0)	162 (13.3)	113 (9.3)	148 (12.3)	366 (30.7)	629 (52.8)	656 (55.5)	314 (26.9)
≥85	2,937 (32.0)	20 (2.6)	235 (31.3)	246 (33.4)	102 (14.0)	169 (23.6)	170 (24.1)	108 (15.5)	146 (21.3)	358 (52.9)	551 (81.9)	579 (86.9)	253 (38.9)
Race								/	,				
White	7,273	34	411 (7.0)	406	194	409	396 (6.9)	271 (4.7)	398 (7.0)	913	1,541	1,561	739
Black	1,935	44 (3.3)	309 (23.2)	174 (13.1)	74 (5.6)	150 (11.4)	138 (10.5)	62 (4.7)	59 (4.5)	112 (8.6)	277 (21.4)	374 (29.0)	162
Asian	65 (4.7)	0	3 (2.6)	6 (5.2)	2 (1.8)	3 (2.6)	8 (7.0)	5 (4.4)	1 (0.9)	2 (1.8)	15 (13.3)	15 (13.3)	5 (4.5)
AI/AN	125	0	6 (7.5)	5 (6.3)	4 (5.1)	9 (11.4)	8 (10.2)	7 (9.0)	9 (11.6)	14 (18.0)	27 (34.9)	28	8 (10.5)
PI/NH	87 (9.6)	1 (1.3)	4 (5.3)	3 (4.0)	3 (4.0)	6 (8.1)	4 (5.4)	2 (2.7)	3 (4.1)	12 (16.4)	20 (27.3)	21 (28.9)	8 (11.1)
Missing/unknown/ refused	745 (3.8)	4 (0.2)	42 (2.6)	37 (2.3)	18 (1.1)	50 (3.1)	50 (3.1)	28 (1.7)	30 (1.9)	112 (7.0)	139 (8.7)	173 (10.9)	62 (3.9)
Ethnicity	(213)	()	(=)	(212)	()	(0.1.)	()	()	()	()	()	(1117)	(0.07)
Non-Hispanic	9,097	75	711	577	257	516	529	341	458	1,053	1,813	1,904	863
Hispanic	745	8	45	32	28	89	51	21	23	75	133	158	82
Missing/unknown/	388	0	(7.9)	22	(4.9)	22	24	(3.7)	(4.1)	37	73	(28.6)	39
refused	(2.4)	(0.0)	(1.4)	(1.6)	(0.7)	(1.6)	(1.8)	(1.0)	(1.4)	(2.8)	(5.5)	(8.3)	(3.0)
US Federal Region'													
1	418 (8.7)	(0.5)	(24.8)	86 (21.7)	(3.3)	6 (1.5)	6 (1.5)	(0.8)	(0.8)	(6.2)	(18.1)	65 (16.9)	41 (10.7)
2	704 (8.8)	24 (3.6)	237 (35.8)	115 (17.5)	16 (2.5)	13 (2.0)	4 (0.6)	5 (0.8)	9 (1.4)	25 (3.9)	82 (12.8)	114 (17.9)	60 (9.5)
3	905	3 (0.3)	(9.0)	(7.6)	36 (3.8)	(3.1)	(3.3)	(2.0)	46 (4.9)	80 (8.6)	(20.4)	(23.0)	(10.9)
4	2,385 (8.7)	7 (0.3)	77 (3.4)	106 (4.7)	85 (3.7)	209 (9,2)	237 (10.5)	145 (6.5)	116 (5.2)	181 (8.1)	362 (16.3)	590 (26.7)	270 (12.3)
5	1,567 (9.8)	17 (1.3)	134 (10.2)	113 (8.6)	41 (3.1)	34 (2.6)	56 (4.3)	35 (2.7)	78	316 (24.6)	387 (30.2)	236	120 (9.5)
6	1,567	20 (17)	74	48 (4.0)	33 (2.8)	179	133	53 (4 5)	91 (7.8)	212 (18.3)	273 (23.6)	306	145
7	710	2 (0.4)	16 (3.5)	28 (6.2)	9 (2.0)	12 (2.7)	35 (7.8)	53	67 (15.0)	143	170 (38.5)	125	50
8	387	2 (0.5)	11 (2.9)	24	11 (3.0)	8 (2.2)	7 (1.9)	19	48 (13.1)	83	104 (28.6)	51	19 (5.3)
9	1,340	3 (0.3)	33	26	46	123	76 (7.4)	30	28	68 (67)	325	425	157
10	247	3	8 (1.9)	13	5	14 (3.4)	19 (4.6)	13	14	33 (8.1)	56	47 (11.6)	22
Urban versus rural	(22)	(0.7)	(1.7)	(5.1)	(4.2)	((20)	(5.2)	(2.7)	(0.1)	()	(11.0)	(
Rural	5,002	20	151	171	116	263	319	226	320	707	1,124	1,104	481
Urban	5,228	63	624	460	(2.0)	364	285	(3.2)	180	458	895	1,068	503
BMI (kg/m ²)	(7.4)	(1.4)	(13.4)	(10.0)	(3.9)	(7.9)	(0.2)	(0.0)	(4.0)	(10.1)	(17.9)	(23.8)	(11.3)

Table 3. SARS-CoV-2-related mortality presented by month in a cohort of 9.1 million VA enrollees followed from February 2020 to February 2021.

				Number of S	SARS-CoV-2-rela	ited deaths per n	nonth (and morta	lity per 100,000 p	persons per mont	h)			
Time period and number of VA enrollees at risk*	Entire period: February 2020 to February 2021 N = 9,127,673	February to March 2020 N = 9,127,673	April 2020 N = 9,090,196	May 2020 N = 9,053,082	June 2020 N = 9,022,051	July 2020 N = 8,990,833	August 2020 N = 8,948,674	September 2020 N = 8,913,864	October 2020 N = 8,881,573	November 2020 N = 8,844,680	December 2020 N = 8,804,424	January 2021 N = 8,744,388	February 2021 N = 8,671,916
<18.5 (underweight)	304	3	28	28	16	19	15	10	12	32	46	66	29
	(39.2)	(4.6)	(44.4)	(45.2)	(26.3)	(31.8)	(25.5)	(17.3)	(21.0)	(56.7)	(82.0)	(118.8)	(53.2)
18.5 to <25 (normal	2,660	21	222	215	83	158	158	108	108	261	503	549	274
weight)	(12.0)	(1.1)	(12.1)	(11.8)	(4.6)	(8.8)	(8.8)	(6.1)	(6.1)	(14.8)	(28.6)	(31.4)	(15.8)
25 to <30 (overweight)	3,244	29	254	188	82	201	175	125	160	368	636	718	308
	(8.2)	(0.9)	(7.7)	(5.7)	(2.5)	(6.1)	(5.4)	(3.9)	(4.9)	(11.4)	(19.8)	(22.4)	(9.7)
30 to <35 (obese I)	2,262	13	140	127	64	146	125	81	117	291	466	481	211
	(7.7)	(0.5)	(5.8)	(5.2)	(2.7)	(6.1)	(5.2)	(3.4)	(4.9)	(12.2)	(19.6)	(20.4)	(9.0)
35 to <40 (obese II)	1,091	12	78	41	30	57	92	33	54	120	236	235	103
	(8.9)	(1.2)	(7.6)	(4.0)	(2.9)	(5.6)	(9.1)	(3.3)	(5.4)	(12.0)	(23.6)	(23.6)	(10.5)
\geq 40 (obese III)	669	5	53	32	20	46	39	18	49	93	132	123	59
	(12.5)	(1.1)	(11.9)	(7.2)	(4.5)	(10.4)	(8.9)	(4.1)	(11.2)	(21.4)	(30.5)	(28.6)	(13.9)
CCI													
0 to 1	1,450	9	94	98	43	88	93	61	73	176	279	308	128
	(2.0)	(0.1)	(1.6)	(1.6)	(0.7)	(1.5)	(1.5)	(1.0)	(1.2)	(3.0)	(4.7)	(5.2)	(2.2)
2 to 3	2,156	20	157	115	50	122	127	78	125	244	470	429	219
	(11.8)	(1.3)	(10.4)	(7.6)	(3.3)	(8.2)	(8.5)	(5.3)	(8.5)	(16.7)	(32.2)	(29.6)	(15.3)
4 to 5	2,331	11	161	131	75	138	137	88	89	284	467	512	238
	(25.3)	(1.4)	(21.1)	(17.3)	(10.0)	(18.4)	(18.4)	(11.9)	(12.1)	(39.0)	(64.3)	(71.2)	(33.6)
≥6	4,293	43	363	287	127	279	247	148	213	461	803	923	399
	(46.2)	(5.6)	(47.5)	(38.0)	(17.0)	(37.7)	(33.8)	(20.5)	(29.9)	(65.3)	(114.5)	(133.3)	(58.9)

Table 3. (Continued)

* VA enrollees at risk are those who are still alive at the beginning of each time period and had not been infected with SARS-CoV-2 more than 30 days before the beginning of the time period.

[†] Categorized according to the 10 Federal Regions drawn up by the Federal Emergency Management Agency: 1 (CT, MA, ME, NH, RI, and VT), 2 (NJ, NY, and PR), 3 (DC, DE, MD, PA, VA, and WV), 4 (AL, FL, GA, KY, MS, NC, SC, and TN), 5 (IL, IN, MI, MN, OH, and WI), 6 (AR, LA, NM, OK, and TX), 7 (IA, KS, MO, and NE), 8 (CO, MT, ND, SD, UT, and WY), 9 (AZ, CA, GU, HI, and NV), and 10 (AK, ID, OR, and WA).

AI/AN, American Indian/Alaska Native; CCI, Charlson comorbidity index; PI/NH, Pacific Islander/Native Hawaiian; SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; VA, Veterans Affairs.

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attenuated over time and actually reversed after September 2020. However, we also show that during the third wave of the pandemic, from December 2020 to March 2021, Black race was again associated with higher risk of SARS-CoV-2 infection and mortality, albeit at a much lower level than in the early period of the pandemic.

It is unclear why such a dramatic reduction in risk of infection in Black persons relative to White persons occurred in the space of 9 months between February and November 2020 [25,26]. Although the pandemic shifted from early urban epicenters with high percentages of Black persons to a broad, nationwide distribution in both urban and rural communities with lower percentages of Black persons, our results persisted even after adjustment for both urban/rural location and geographic region. Some factors that mediate racial inequities and contributed to increased risk in Black persons are unlikely to be reversed quickly, such as occupation (e.g., disproportionate representation in essential work settings with high exposure risk such as healthcare facilities, farms, factories, grocery stores, and public transportation), inability to work from home, housing (e.g., crowded housing, multigenerational households, and residence in densely populated neighborhoods with high infection rates), and reliance on public transportation. Factors that can change quickly include those related to prophylactic measures (masking, handwashing, physical distancing, and adhering to stay-at-home orders), disease awareness and behavior (e.g., limiting unnecessary exposure to crowds), and increased rates of testing (leading to early identification and reduction in transmission rates [27]).

Our comparisons of Black versus White VA enrollees need to be interpreted with caution when trying to extrapolate to differences by race in the US population as a whole. Black Veterans report higher median incomes (US\$44,000 versus US\$26,000), lower unemployment (3% versus 5%), and lower poverty levels (10% versus 21%) than non-Veteran Black adults[28].

Table 4. Trends over time in the associations (AORs*) of sociodemographic characteristics and comorbidity burden with risk of SARS-CoV-2–related mortality in a cohort of 9.1 million VA enrollees from February 2020 to February 2021.

			AORs* for SAR	S-CoV-2–related mortali	ity (95% CI)		
	Entire period: February 2020 to February 2021	February to April 2020	May to June 2020	July to August 2020	September to October 2020	November to December 2020	January to February 2021
	N = 9,127,673	N = 9,127,673	N = 9,059,880	N = 8,998,307	N = 8,922,764	N = 8,857,881	N = 8,790,422
Sex							
Female	1	1	1	1	1	1	1
Male	1.59	2.14	1.21	1.52	1.96	1.50	1.68
	(1.38 to 1.82)	(1.28 to 3.59)	(0.81 to 1.81)	(1.05 to 2.21)	(1.15 to 3.35)	(1.17 to 1.94)	(1.30 to 2.16)
Age (years)							
25	0.09	0.02	0.04	0.01	0.01	0.03	0.32
	(0.04 to 0.17)	(0.00 to 0.63)	(0.00 to 0.82)	(0.00 to 0.18)	(0.00 to 0.45)	(0.01 to 0.16)	(0.14 to 0.73)
35	0.31	0.15	0.22	0.14	0.10	0.20	0.56
	(0.23 to 0.42)	(0.03 to 0.73)	(0.06 to 0.82)	(0.04 to 0.43)	(0.02 to 0.64)	(0.10 to 0.41)	(0.39 to 0.80)
45 (reference)	1	1	1	1	1	1	1
55	2.39	3.47	3.04	3.12	3.63	2.69	1.88
	(2.14 to 2.67)	(1.97 to 6.10)	(1.88 to 4.92)	(2.09 to 4.67)	(1.86 to 7.08)	(2.09 to 3.46)	(1.61 to 2.19)
65	5.05	6.87	6.72	5.83	7.18	5.58	4.06
	(4.27 to 5.98)	(3.55 to 13.30)	(3.53 to 12.80)	(3.57 to 9.52)	(3.42 to 15.08)	(3.98 to 7.82)	(3.05 to 5.41)
75	11.40	11.68	14.25	12.30	16.86	14.26	9.51
	(9.77 to 13.30)	(6.23 to 21.91)	(7.81 to 25.99)	(7.77 to 19.48)	(8.29 to 34.28)	(10.41 to 19.52)	(7.36 to 12.30)
85	20.37	20.46	30.53	22.64	33.38	27.31	16.74
	(17.48 to 23.74)	(10.92 to 38.34)	(16.82 to 55.41)	(14.30 to 35.85)	(16.43 to 67.82)	(19.97 to 37.34)	(12.97 to 21.61)
Race							
White	1	1	1	1	1	1	1
Black	1.55	3.85	2 21	1.84	116	1.08	1.28
Asian	(1.47 to 1.64)	(3.30 to 4.50)	(1.89 to 2.60)	(1.59 to 2.13)	(0.95 to 1.43)	(0.96 to 1.20)	(1.16 to 1.42)
	(0.64 to 1.05)	(0.29 to 2.83)	(0.68 to 2.82)	(0.59 to 1.96)	(0.62 to 3.17)	(0.44 to 1.16)	(0.38 to 0.93)
	(1.39 to 1.98)	(0.86 to 4.32)	(1.00 to 3.73)	(1.03 to 2.71)	(1.37 to 3.71)	(1.15 to 2.13)	(1.44 (1.04 to 2.01)
PI/NH	1.03 (0.83 to 1.28)	(0.48 to 2.80)	0.97 (0.43 to 2.17)	0.87 (0.46 to 1.62)	0.76 (0.32 to 1.84)	1.20 (0.85 to 1.71)	0.96 (0.67 to 1.39)
Missing/unknown/refused	0.85	1.17	0.77	0.91	0.73	0.95	0.71
	(0.78 to 0.93)	(0.82 to 1.66)	(0.55 to 1.09)	(0.71 to 1.17)	(0.52 to 1.02)	(0.81 to 1.11)	(0.60 to 0.84)
Ethnicity							
Non-Hispanic	1	1	1	1	1	1	1
Hispanic	1.57	0.74	1.20	2.65	1.42	1.57	1.60
	(1.45 to 1.70)	(0.55 to 0.99)	(0.91 to 1.59)	(2.19 to 3.20)	(1.04 to 1.95)	(1.35 to 1.82)	(1.39 to 1.84)
Missing/unknown/refused	0.46	0.26	0.40	0.44	0.45	0.35	0.65
	(0.40 to 0.52)	(0.15 to 0.44)	(0.26 to 0.63)	(0.31 to 0.63)	(0.29 to 0.71)	(0.28 to 0.44)	(0.52 to 0.80)
US Federal Region [†]							
1	0.90	7.21	2.61	0.15	0.12	0.86	0.62
	(0.81 to 1.00)	(5.37 to 9.69)	(2.04 to 3.34)	(0.08 to 0.26)	(0.05 to 0.26)	(0.69 to 1.07)	(0.51 to 0.76)
2	0.74	7.93	1.54	0.08	0.15	0.51	0.51
	(0.68 to 0.81)	(6.16 to 10.21)	(1.21 to 1.94)	(0.05 to 0.13)	(0.09 to 0.25)	(0.42 to 0.63)	(0.43 to 0.60)
3	0.89	2.26	1.24	0.32	0.59	1.18	0.86
	(0.83 to 0.96)	(1.68 to 3.05)	(0.98 to 1.57)	(0.24 to 0.42)	(0.45 to 0.77)	(1.02 to 1.37)	(0.76 to 0.98)
4 (reference)	1	1	1	1	1	1	1
5	1.04	2.92	1.27	0.33	0.67	2.00	0.66
	(0.98 to 1.11)	(2.23 to 3.82)	(1.03 to 1.57)	(0.26 to 0.41)	(0.54 to 0.84)	(1.78 to 2.23)	(0.58 to 0.75)
6	1.31	2.47	0.89	1.32	1.09	1.75	1.04
	(1.23 to 1.40)	(1.84 to 3.31)	(0.68 to 1.15)	(1.14 to 1.53)	(0.89 to 1.34)	(1.54 to 1.98)	(0.93 to 1.17)
7	1.38	1.23	0.99	0.51	1.96	2.48	0.94
	(1.27 to 1.51)	(0.74 to 2.05)	(0.69 to 1.41)	(0.38 to 0.69)	(1.58 to 2.44)	(2.16 to 2.86)	(0.80 to 1.11)
8	1.16	1.77	1.60	0.25	1.62	2.19	0.57
	(1.04 to 1.29)	(0.98 to 3.18)	(1.11 to 2.30)	(0.15 to 0.41)	(1.23 to 2.12)	(1.85 to 2.59)	(0.44 to 0.72)
9	1.41	1.16	0.89	1.05	0.55	1.79	1.70
	(1.32 to 1.51)	(0.78 to 1.72)	(0.68 to 1.18)	(0.88 to 1.24)	(0.41 to 0.74)	(1.57 to 2.05)	(1.52 to 1.89)
10	0.76	1.38	0.81	0.57	0.69	1.10	0.57
	(0.67 to 0.87)	(0.73 to 2.60)	(0.50 to 1.32)	(0.40 to 0.82)	(0.46 to 1.03)	(0.88 to 1.37)	(0.45 to 0.73)
Urban versus rural						. ,	
Rural	1	1	1	1	1	1	1
Urban	1.00	2.48	1.81	1.11	0.72	0.80	0.95
	(0.96 to 1.04)	(2.08 to 2.96)	(1.57 to 2.10)	(0.99 to 1.24)	(0.62 to 0.83)	(0.74 to 0.86)	(0.88 to 1.02)
BMI (kg/m ²)							
20	1.62	1.53	1.98	1.68	1.58	1.77	1.75
	(1.53 to 1.71)	(1.27 to 1.84)	(1.68 to 2.33)	(1.42 to 1.98)	(1.29 to 1.95)	(1.59 to 1.97)	(1.58 to 1.94)
25 (reference)	1	1	1	1	1	1	1
30	1.00	0.95	0.92	0.94	0.94	1.11	0.95
	(0.94 to 1.06)	(0.78 to 1.17)	(0.76 to 1.13)	(0.79 to 1.13)	(0.76 to 1.15)	(0.99 to 1.23)	(0.85 to 1.06)
35	1.20	1.00	1.02	1.28	1.15	1.32	1.12
	(1.13 to 1.27)	(0.82 to 1.22)	(0.84 to 1.24)	(1.09 to 1.50)	(0.95 to 1.39)	(1.20 to 1.46)	(1.02 to 1.24)
	1					1	1

Table 4. (Continued)

			AORs* for SAR	S-CoV-2–related mortali	ty (95% CI)		
	Entire period: February 2020 to February 2021	February to April 2020	May to June 2020	July to August 2020	September to October 2020	November to December 2020	January to February 2021
	N = 9,127,673	N = 9,127,673	N = 9,059,880	N = 8,998,307	N = 8,922,764	N = 8,857,881	N = 8,790,422
40	1.48	1.35	1.30	1.58	1.48	1.64	1.33
	(1.40 to 1.57)	(1.11 to 1.64)	(1.07 to 1.59)	(1.34 to 1.86)	(1.22 to 1.80)	(1.48 to 1.81)	(1.20 to 1.47)
CCI							
0 to 1	1	1	1	1	1	1	1
2 to 3	3.06	3.32	2.29	2.85	3.02	3.21	3.28
	(2.86 to 3.27)	(2.60 to 4.26)	(1.82 to 2.88)	(2.35 to 3.47)	(2.42 to 3.77)	(2.85 to 3.61)	(2.90 to 3.72)
4 to 5	5.58	5.30	4.79	5.30	4.47	5.80	6.63
	(5.22 to 5.97)	(4.12 to 6.81)	(3.85 to 5.97)	(4.36 to 6.42)	(3.55 to 5.63)	(5.15 to 6.54)	(5.87 to 7.50)
≥6	9.46	10.46	8.64	9.44	8.90	9.59	11.41
	(8.89 to 10.07)	(8.34 to 13.12)	(7.07 to 10.56)	(7.91 to 11.27)	(7.24 to 10.94)	(8.58 to 10.72)	(10.18 to 12.79)

* Adjusted for sex, age (modeled as restricted cubic splines with 5 knots at ages 30, 49, 64, 73, and 88 years), race, ethnicity, geographical region, urban/rural location, BMI (modeled as restricted cubic splines with 5 knots at BMIs of 21.3, 26.0, 29.0, 32.5, and 39.9 kg/m²), and CCI.

[†] Categorized according to the 10 Federal Regions drawn up by the Federal Emergency Management Agency: 1 (CT, MA, ME, NH, RI, and VT), 2 (NJ, NY, and PR), 3 (DC, DE, MD, PA, VA, and WV), 4 (AL, FL, GA, KY, MS, NC, SC, and TN), 5 (IL, IN, MI, MN, OH, and WI), 6 (AR, LA, NM, OK, and TX), 7 (IA, KS, MO, and NE), 8 (CO, MT, ND, SD, UT, and WY), 9 (AZ, CA, GU, HI, and NV), and 10 (AK, ID, OR, and WA).

AI/AN, American Indian/Alaska Native; AOR, adjusted odds ratio; BMI, body mass index; CCI, Charlson comorbidity index; PI/NH, Pacific Islander/Native Hawaiian; SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; VA, Veterans Affairs.

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However, Black VA enrollees have lower socioeconomic status than White VA enrollees including much higher unemployment (22.5% versus 6.8%) [29]. Levels of perceived discrimination in healthcare have been shown to be equally high among Black Veteran and non-Veteran groups in the US, despite access to comprehensive healthcare through the VA [30]. Furthermore, racial discrimination experienced during military service has been shown to be common among Black Veterans and associated with long-term impacts on self-reported physical health [31,32].

AI/AN persons had significant higher risk of infection than White persons early in the pandemic, but this association attenuated over time and actually reversed during the third wave of the pandemic between December 2020 and March 2021. However, SARS-CoV-2 mortality remained higher in AI/AN persons throughout the observation period.

Hispanic ethnicity was associated with increased risk of SARS-CoV-2 infection and mortality during almost every time period that we investigated. In contrast to Black race, the associations of Hispanic ethnicity with infection or mortality did not attenuate over time. This suggests that the factors listed above that mediate inequities in SARS-CoV-2 infection and mortality were not improved over time in Hispanic communities.

Big cities and metropolitan areas constituted the initial epicenters of SARS-CoV-2 infection in the US. However, the virus quickly spread throughout the US to both rural and urban areas, likely explaining the observed attenuation in the association between urban residence and SARS-CoV-2 infection and mortality over time. Unique challenges exist in both urban (dense population, housing distress, overcrowding, and public transport) and rural (geographic inaccessibility to SARS-CoV-2–related screening and care, higher disability, lack of social capital, and high-risk occupations such as meat and poultry processing [33]) that tend to raise risk of SARS-CoV-2 infection and mortality.

Comorbidity burden, estimated by the CCI, was one of the strongest risk factors for both SARS-CoV-2 infection and mortality. Furthermore, after May 2020, we did not observe any attenuation over time in the associations of high CCI with SARS-CoV-2–related mortality. It is possible that increased likelihood of testing persons with high comorbidity burden even if minimally symptomatic or asymptomatic may have contributed to the observed association with risk of infection. However, this does not explain the strong associations between high

				Number of SA	RS-CoV-2-r	elated deaths	among perso	ns testing pos	itive each month	(and mortalit	y per 100 person	is)		
Time period and number of VA enrollees with positive SARS-CoV-2 test	Cohort characteristics N = 206,789	Entire period: February 2020 to February 2021 N = 206,789	February to March 2020 N = 2,470	April 2020 N = 7,346	May 2020 N = 4,957	June 2020 N = 7,634	July 2020 N = 16,105	August 2020 N = 9,189	September 2020 N = 7,526	October 2020 N = 13,523	November 2020 N = 33,553	December 2020 N = 47,357	January 2021 N = 39,431	February 2021 N = 17,698
SARS-CoV-2-related deaths, n (%)		10,429 (5.0%)	312 (12.6)	875 (11.9)	442 (8.9)	376 (4.9)	724 (4.5)	459 (5.0)	379 (5.0)	695 (5.1)	1,491 (4.4)	2,398 (5.1)	1,732 (4.4)	546 (3.1)
Sex			İ											
Female	21,033 (10.2)	211 (1.0)	7 (3.2)	16 (2.3)	14 (3.1)	8 (0.9)	18 (0.9)	9 (0.9)	4 (0.6)	16 (1.3)	22 (0.7)	48 (1.0)	35 (0.9)	14 (0.8)
Male	185,756	10,218	305 (13.5)	859 (12.9)	428	368	706	450	375	679	1,469	2,350	1,697	532 (3.4)
A ()	(89.8)	(3.3)	(15.5)	(12.3)	(9.5)	(3.4)	(3.0)	(3.3)	(5.5)	(3.3)	(4.7)	(3.3)	(4.0)	(3.4)
Age (years)														
18 to 24	1,293 (0.6)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
25 to 34	15,919 (7.7)	11 (0.1)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (0.0)	4 (0.1)	1 (0.0)	5 (0.4)
35 to 44	23,339 (11.3)	40 (0.2)	0 (0.0)	1 (0.2)	3 (0.7)	2 (0.2)	3 (0.1)	0 (0.0)	1 (0.1)	1 (0.1)	2 (0.1)	12 (0.2)	11 (0.3)	4 (0.2)
45 to 54	29,783 (14.4)	163 (0.5)	11 (3.0)	13 (1.5)	7 (1.3)	5 (0.4)	15 (0.6)	8 (0.6)	9 (0.8)	6 (0.3)	17 (0.3)	34 (0.5)	24 (0.4)	14 (0.6)
55 to 64	39,340 (19.0)	762 (1.9)	46 (8.2)	56 (3.7)	29 (2.7)	35 (2.5)	68 (2.2)	39 (2.2)	22 (1.6)	47 (1.9)	79 (1.3)	161 (1.8)	135 (1.8)	45 (1.3)
65 to 74	57,869 (28.0)	3,432 (5.9)	124 (18.0)	274 (13.0)	122 (8.7)	123 (6.8)	257 (6.4)	146 (5.7)	125 (5.6)	221 (5.6)	504 (5.3)	791 (6.0)	562 (5.0)	183 (3.5)
75 to 84	26,793 (13.0)	3,045 (11.4)	66 (23.7)	225 (22.0)	102 (14.7)	104 (13.1)	189 (12.1)	135 (12.0)	106 (10.6)	218 (12.1)	465 (10.6)	735 (11.5)	540 (10.0)	160 (6.7)
≥85	12,453 (6.0)	2,976 (23.9)	65 (46.1)	306 (37.7)	179 (31.7)	107 (25.2)	192 (25.4)	131 (25.3)	116 (25.8)	202 (25.9)	423 (22.3)	661 (23.5)	459 (20.2)	135 (13.1)
Race												. ,		
White	138,364	7,416	120	522	296	244	480	307	290	547	1,156	1,778	1,282	394
Black	46,288	1,975	170	290	110	92	166	95	55	(3.3)	162	378	280	100
Asian	2,069	66	2	(9.9)	(6.4)	(4.0)	8	6	3	(3.4)	5	20	(3.3)	2
AI/AN	(1.0)	(3.2)	(7.4)	(7.3)	(10.8)	(1.3)	(4.8)	(7.4)	(4.3)	(1.1)	(1.8)	(3.6)	(2.3)	(1.0)
PI/NH	(0.9) 1,948	(6.4)	(14.3)	(13.0)	(6.3)	(7.6)	(5.2)	(11.4)	(9.2)	(6.8)	(4.7)	(8.2)	(4.0)	(3.7)
Missing/unknown/refused	(0.9) 16,165	(4.6) 757	(15.4)	(8.8)	(4.5)	(3.9) 29	(3.8)	(5.0)	(0.0)	(5.2)	(5.6)	(5.2)	(3.6)	(4.0)
	(7.8)	(4.7)	(9.6)	(9.7)	(7.5)	(4.4)	(4.0)	(5.3)	(4.3)	(5.4)	(5.3)	(4.2)	(4.2)	(2.8)
Ethnicity														
Non-Hispanic	177,958 (86.1)	9,274 (5.2)	284 (13.4)	806 (12.5)	401 (9.2)	310 (5.1)	607 (4.7)	411 (5.3)	349 (5.3)	628 (5.3)	1,351 (4.6)	2,124 (5.2)	1,513 (4.5)	490 (3.2)
Hispanic	20,751 (10.0)	759 (3.7)	24 (8.8)	43 (6.6)	26 (6.1)	51 (4.1)	91 (3.5)	30 (2.9)	18 (2.8)	45 (3.9)	91 (3.2)	174 (3.7)	131 (3.5)	35 (2.4)
Missing/unknown/refused	8,080 (3.9)	396 (4.9)	4 (5.1)	26 (10.2)	15 (9.0)	15 (5.0)	26 (4.4)	18 (5.5)	12 (4.5)	22 (4.4)	49 (3.9)	100 (5.1)	88 (5.3)	21 (2.9)
US Federal Region [†]			İ											
1	7,004 (3.4)	427 (6.1)	10 (10.5)	150 (17.6)	34 (8.5)	8 (4.1)	9 (6.3)	2 (2.0)	4 (4.0)	5 (2.3)	41 (4.3)	77 (4.6)	68 (4.5)	19 (2.5)
2	10,959	718	112	217	55	14	7 (2.1)	6 (2.8)	6 (2.9)	16	39	119	91	36
3	17,339	931	25	96	55	34	32	21	30	49	123	243	168	55
4	53,231	2,447	26	110	100	94	270	191	123	146	213	537	485	152
5	32,309	1,592	60	146	83	26	52	49	40	(4.8)	389	336	188	74
6	31,762	(4.9)	50	65	(8.7)	(4.3)	(4.3)	(4.9)	(3.7)	(4.9)	234	(4.5)	(4.1)	80
7	(15.4) 13,984	(5.0) 718	(10.9)	(9.9)	(8.0)	(4.7)	(4.8)	(5.3)	(4.1)	(6.2)	(5.3)	(5.0)	(4.1)	(3.4)
8	(6.8) 8,623	(5.1) 394	(12.1)	(9.7)	(8.8)	(4.5)	(3.3)	(4.7)	(7.7)	(5.6)	(4.4)	(5.8)	(4.8)	(2.9)
9	(4.2) 26,230	(4.6)	(5.4)	(8.7)	(14.5)	(1.4) 99	(3.6)	(5.8)	(5.6)	(5.2)	(4.2)	(4.1)	(4.0) 308	(2.3)
10	(12.7)	(5.2)	(7.9)	(9.0)	(6.7)	(7.2)	(4.7)	(4.4)	(3.8)	(4.3)	(4.5)	(5.8)	(5.1)	(3.5)
	(2.6)	(4.7)	(11.4)	(11.3)	(5.4)	(4.8)	(5.7)	(4.1)	(5.9)	(4.8)	(3.9)	(4.8)	(4.4)	(2.6)
Urban versus rural														
Rural	99,646 (48.2)	5,106 (5.1)	57 (9.8)	196 (10.5)	137 (8.4)	156 (5.3)	335 (4.9)	261 (5.6)	233 (5.6)	425 (5.7)	870 (5.0)	1,289 (5.4)	867 (4.5)	280 (3.2)
Urban	107,143 (51.8)	5,323 (5.0)	255 (13.5)	679 (12.4)	305 (9.1)	220 (4.7)	389 (4.2)	198 (4.4)	146 (4.3)	270 (4.5)	621 (3.9)	1,109 (4.7)	865 (4.3)	266 (3.0)
BMI (kg/m ²)														

Table 5. SARS-CoV-2 case fatality presented for VA enrollees who tested positive for SARS-CoV-2 each monthly period from February 2020 to February 2021.

			Ν	lumber of SA	RS-CoV-2-r	elated deaths	among persor	ns testing posi	itive each montl	n (and mortalit	y per 100 persor	ıs)		
Time period and number of VA enrollees with positive SARS-CoV-2 test	Cohort characteristics N = 206,789	Entire period: February 2020 to February 2021 N = 206,789	February to March 2020 N = 2,470	April 2020 N = 7,346	May 2020 N = 4,957	June 2020 N = 7,634	July 2020 N = 16,105	August 2020 N = 9,189	September 2020 N = 7,526	October 2020 N = 13,523	November 2020 N = 33,553	December 2020 N = 47,357	January 2021 N = 39,431	February 2021 N = 17,698
<18.5 (underweight)	1,897	312	13	31	23	20	12	13	13	15	39	57	57	19
	(0.9)	(16.4)	(34.2)	(20.9)	(22.8)	(21.1)	(10.4)	(13.3)	(17.6)	(14.3)	(17.5)	(15.2)	(15.5)	(11.9)
18.5 to <25 (normal weight)	31,118	2,704	78	269	152	104	173	125	108	143	344	617	452	139
	(15.0)	(8.7)	(18.9)	(18.6)	(14.8)	(8.5)	(7.2)	(9.2)	(9.2)	(7.7)	(7.4)	(8.9)	(7.7)	(5.1)
25 to <30 (overweight)	67,238	3,296	93	288	129	111	235	135	121	216	465	807	526	170
	(32.5)	(4.9)	(11.7)	(12.3)	(8.1)	(4.4)	(4.5)	(4.6)	(4.9)	(4.9)	(4.3)	(5.2)	(4.1)	(3.0)
30 to <35 (obese I)	59,700	2,312	67	164	78	85	156	97	85	184	358	518	405	115
	(28.9)	(3.9)	(9.9)	(8.6)	(6.2)	(3.9)	(3.3)	(3.6)	(3.9)	(4.6)	(3.6)	(3.8)	(3.5)	(2.3)
35 to <40 (obese II)	29,939	1,118	39	69	39	30	90	69	28	75	168	250	198	63
	(14.5)	(3.7)	(11.0)	(7.3)	(6.2)	(2.9)	(3.8)	(4.9)	(2.7)	(3.7)	(3.4)	(3.6)	(3.5)	(2.5)
≥40 (obese III)	16,897	687	22	54	21	26	58	20	24	62	117	149	94	40
	(8.2)	(4.1)	(11.4)	(9.7)	(6.3)	(4.4)	(4.3)	(2.7)	(3.8)	(5.3)	(4.1)	(3.8)	(3.0)	(2.8)
CCI														
0 to 1	93,603	1,480	38	108	78	59	102	61	67	102	217	351	217	80
	(45.3)	(1.6)	(4.0)	(4.1)	(4.3)	(1.6)	(1.3)	(1.5)	(2.0)	(1.7)	(1.4)	(1.6)	(1.2)	(1.0)
2 to 3	49,109	2,208	71	160	87	63	149	98	87	156	316	521	364	136
	(23.7)	(4.5)	(12.9)	(9.7)	(7.5)	(4.0)	(4.0)	(4.7)	(4.8)	(4.8)	(4.0)	(4.6)	(3.7)	(3.1)
4 to 5	28,738	2,369	55	188	90	90	171	110	72	135	369	540	440	109
	(13.9)	(8.2)	(15.9)	(16.3)	(11.2)	(9.1)	(8.6)	(8.5)	(6.7)	(7.4)	(8.0)	(8.2)	(7.8)	(4.5)
≥6	35,339	4,372	148	419	187	164	302	190	153	302	589	986	711	221
	(17.1)	(12.4)	(24.0)	(21.8)	(15.7)	(12.9)	(12.1)	(11.9)	(11.5)	(13.0)	(11.1)	(12.5)	(10.9)	(7.7)

Table 5. (Continued)

* The number of deaths each month are different than those shown in <u>Table 3</u>, because <u>Table 5</u> shows the number of persons who tested positive each month (same as in <u>Table 1</u>) and among them those who died within 30 days—some of these deaths occurred in the following month, but patients are grouped based on the date of infection.

[†] Categorized according to the 10 Federal Regions drawn up by the Federal Emergency Management Agency: 1 (CT, MA, ME, NH, RI, and VT), 2 (NJ, NY, and PR), 3 (DC, DE, MD, PA, VA, and WV), 4 (AL, FL, GA, KY, MS, NC, SC, and TN), 5 (IL, IN, MI, MN, OH, and WI), 6 (AR, LA, NM, OK, and TX), 7 (IA, KS, MO, and NE), 8 (CO, MT, ND, SD, UT, and WY), 9 (AZ, CA, GU, HI, and NV), and 10 (AK, ID, OR, and WA).

AI/AN, American Indian/Alaska Native; CCI, Charlson comorbidity index; PI/NH, Pacific Islander/Native Hawaiian; SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; VA, Veterans Affairs.

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CCI and SARS-CoV-2–related mortality and case fatality that we observed. Most of the component comorbidities that make up the CCI have been individually associated with adverse COVID-19 outcomes, especially diabetes, congestive heart failure, chronic pulmonary disease, cerebrovascular disease, liver disease, kidney disease, and malignancy [1,34–39]. The cumulative burden of these comorbidities appears to have a dramatic effect on SARS-CoV-2–related mortality. The associations between high CCI and risk of infection appear to decline steadily from January to March 2021. This may be related to initiation of vaccination that was restricted to high-risk groups in that time period.

Compared to age 45 years (the reference age in our analysis), both older and younger persons had significantly lower risk of testing positive in all time periods after adjusting for sex, race, ethnicity, geographical region, urban/rural location, BMI, and CCI. It is interesting that risk of testing positive in older persons declined even further in March 2021, which may be related to initiation of vaccination in older age groups during that time period. Similar associations between age ≥ 65 and lower risk of infection have been described with influenza virus [40] and are likely related to lower risk of exposure to SARS-CoV-2 in older persons. Despite the lower incidence of infection, older age was the strongest risk factor for SARS-CoV-2– related mortality (driven by much higher case fatality in older persons), an association that did not change in magnitude over time.

Our results should be interpreted in the context of some important limitations. It is impossible to identify all cases of SARS-CoV-2 infection in a population, since many are asymptomatic and even some symptomatic cases do not get confirmed by testing. We identified only the cases who were tested and identified as positive within the VA system (positive tests performed

Table 6. Trends over time in the associations (AORs*) of sociodemographic characteristics and comorbidity burden with risk of SARS-CoV-2 case fatality among 206,789 VA enrollees who tested positive for SARS-CoV-2 from February 1, 2020 to February 28, 2021, presented overall and divided into time periods.

	AORs* for SARS-CoV-2-related death among persons testing positive (95% CI)										
	Entire period: February 2020 to February 2021 N = 206,789	February to April 2020 N = 9,816	May to June 2020 N = 12,591	July to August 2020 N = 25,294	September to October 2020 $N = 21,049$	November to December 2020 $N = 80,910$	January to February 2021 N = 57,129				
Sex											
Female	1	1	1	1	1	1	1				
Male	1.73	1.90	1.36	1.62	1.67	1.72	1.63				
	(1.50 to 2.00)	(1.25 to 2.90)	(0.88 to 2.09)	(1.10 to 2.39)	(1.07 to 2.62)	(1.35 to 2.20)	(1.22 to 2.18)				
Age (years)											
25	0.15	0.02	0.05	0.02	0.01	0.21	0.36				
	(0.08 to 0.29)	(0.00 to 0.47)	(0.00 to 0.67)	(0.00 to 0.34)	(0.00 to 0.56)	(0.08 to 0.57)	(0.14 to 0.95)				
35	0.38	0.15	0.22	0.16	0.10	0.44	0.57				
	(0.29 to 0.50)	(0.04 to 0.61)	(0.07 to 0.72)	(0.05 to 0.53)	(0.02 to 0.66)	(0.28 to 0.67)	(0.38 to 0.86)				
45 (reference)	1	1	1	1	1	1	1				
55	3.07	4.42	3.62	4.25	5.18	2.91	2.36				
	(2.76 to 3.42)	(2.65 to 7.38)	(2.35 to 5.58)	(2.74 to 6.61)	(2.64 to 10.15)	(2.44 to 3.46)	(1.97 to 2.82)				
65	9.34	12.05	9.69	11.83	15.48	9.44	6.45				
	(7.87 to 11.09)	(6.59 to 22.04)	(5.29 to 17.77)	(6.93 to 20.19)	(7.41 to 32.35)	(7.05 to 12.64)	(4.65 to 8.95)				
75	22.58	23.89	20.84	25.64	37.64	25.21	14.75				
	(19.33 to 26.38)	(13.42 to 42.53)	(11.91 to 36.44)	(15.46 to 42.52)	(18.47 to 76.71)	(19.33 to 32.88)	(10.99 to 19.79)				
85	50.09	46.48	46.14	50.60	79.89	50.33	27.51				
	(42.87 to 58.52)	(26.11 to 82.73)	(26.45 to 80.47)	(30.48 to 84.01)	(39.17 to 162.93)	(38.62 to 65.60)	(20.51 to 36.91)				
Race											
White	1	1	1	1	1	1	1				
Black	1.13	2.56	1.37	1.27	0.74	0.86	0.88				
	(1.06 to 1.19)	(2.23 to 2.93)	(1.15 to 1.64)	(1.09 to 1.47)	(0.61 to 0.90)	(0.78 to 0.95)	(0.78 to 0.99)				
Asian	1.50	1.98	1.09	2.96	1.31	1.34	0.90				
	(1.14 to 1.98)	(0.86 to 4.56)	(0.44 to 2.68)	(1.70 to 5.15)	(0.48 to 3.56)	(0.88 to 2.03)	(0.50 to 1.62)				
AI/AN	1.76	2.04	1.86	1.83	1.95	1.71	1.09				
	(1.44 to 2.14)	(1.04 to 3.99)	(0.99 to 3.52)	(1.12 to 2.99)	(1.20 to 3.19)	(1.28 to 2.27)	(0.70 to 1.71)				
PI/NH	1.19	1.42	0.81	1.19	0.79	1.33	1.11				
	(0.95 to 1.49)	(0.67 to 3.03)	(0.33 to 1.98)	(0.65 to 2.17)	(0.35 to 1.77)	(0.96 to 1.83)	(0.71 to 1.72)				
Missing/unknown/refused	1.16	1.35	1.05	1.22	1.19	1.17	0.99				
	(1.06 to 1.27)	(1.01 to 1.80)	(0.77 to 1.43)	(0.95 to 1.55)	(0.91 to 1.55)	(1.01 to 1.34)	(0.82 to 1.20)				
Ethnicity											
Non-Hispanic	1	1	1	1	1	1	1				
Hispanic	1.21	0.74	1.48	1.73	1.15	1.13	1.11				
	(1.11 to 1.31)	(0.57 to 0.96)	(1.15 to 1.91)	(1.41 to 2.13)	(0.88 to 1.50)	(0.99 to 1.30)	(0.94 to 1.31)				
Missing/unknown/refused	1.00	0.75	1.05	0.98	0.79	0.95	1.36				
	(0.88 to 1.13)	(0.50 to 1.11)	(0.70 to 1.59)	(0.70 to 1.38)	(0.53 to 1.16)	(0.78 to 1.15)	(1.08 to 1.71)				
US Federal Region [†]											
1	0.99	7.14	1.09	0.13	0.19	0.90	0.76				
	(0.88 to 1.10)	(5.61 to 9.08)	(0.77 to 1.53)	(0.07 to 0.24)	(0.10 to 0.36)	(0.74 to 1.10)	(0.60 to 0.96)				
2	1.01	7.69	0.97	0.09	0.29	0.76	0.70				
	(0.92 to 1.11)	(6.24 to 9.48)	(0.73 to 1.29)	(0.05 to 0.15)	(0.19 to 0.46)	(0.64 to 0.91)	(0.57 to 0.85)				
3	1.00	2.11	1.14	0.30	0.78	1.32	0.92				
	(0.92 to 1.08)	(1.65 to 2.71)	(0.89 to 1.47)	(0.22 to 0.40)	(0.60 to 1.00)	(1.16 to 1.50)	(0.79 to 1.08)				
4 (reference)	1	1	1	1	1	1	1				
5	0.85	2.09	0.75	0.29	0.91	1.28	0.53				
	(0.79 to 0.91)	(1.67 to 2.60)	(0.59 to 0.95)	(0.23 to 0.36)	(0.75 to 1.09)	(1.15 to 1.43)	(0.46 to 0.62)				
6	1.07	1.56	1.02	0.95	1.10	1.20	0.85				
	(1.00 to 1.15)	(1.21 to 2.00)	(0.81 to 1.28)	(0.82 to 1.11)	(0.90 to 1.33)	(1.07 to 1.35)	(0.74 to 0.97)				
7	0.96	0.91	0.59	0.38	1.66	1.41	0.61				
	(0.88 to 1.05)	(0.61 to 1.35)	(0.40 to 0.86)	(0.28 to 0.50)	(1.35 to 2.04)	(1.24 to 1.62)	(0.50 to 0.75)				
8	0.92	1.40	0.92	0.30	1.54	1.36	0.45				
	(0.82 to 1.04)	(0.89 to 2.22)	(0.62 to 1.38)	(0.20 to 0.46)	(1.20 to 1.99)	(1.15 to 1.60)	(0.34 to 0.60)				
9	1.15	0.73	1.17	0.61	0.46	1.65	1.25				
	(1.07 to 1.24)	(0.52 to 1.02)	(0.92 to 1.48)	(0.51 to 0.74)	(0.35 to 0.62)	(1.47 to 1.85)	(1.09 to 1.43)				
10	0.96	1.87	0.63	0.71	1.09	1.24	0.64				
	(0.83 to 1.10)	(1.16 to 3.01)	(0.35 to 1.13)	(0.50 to 1.01)	(0.76 to 1.57)	(1.00 to 1.53)	(0.47 to 0.87)				
Urban versus rural											
Rural	1	1	1	1	1	1	1				
Urban	1.03	2.24	1.59	1.08	0.81	0.84	0.98				
	(0.98 to 1.07)	(1.93 to 2.60)	(1.37 to 1.86)	(0.96 to 1.22)	(0.71 to 0.93)	(0.78 to 0.90)	(0.90 to 1.07)				
BMI (kg/m ²)											
20	1.44	1.30	1.58	1.20	1.35	1.29	1.42				
	(1.35 to 1.53)	(1.11 to 1.53)	(1.33 to 1.87)	(1.01 to 1.43)	(1.12 to 1.62)	(1.16 to 1.42)	(1.26 to 1.60)				
25 (reference)	1	1	1	1	1	1	1				
30	0.96	0.96	0.84	0.83	1.14	0.99	0.92				
	(0.90 to 1.02)	(0.80 to 1.15)	(0.68 to 1.03)	(0.69 to 0.99)	(0.94 to 1.37)	(0.90 to 1.09)	(0.80 to 1.04)				
35	1.12	0.94	0.94	1.17	1.20	1.13	1.13				
	(1.06 to 1.19)	(0.79 to 1.11)	(0.76 to 1.16)	(0.99 to 1.38)	(1.01 to 1.44)	(1.03 to 1.24)	(1.00 to 1.27)				
						1					

Table 6. (Continued)

	AORs* for SARS-CoV-2-related death among persons testing positive (95% CI)									
	Entire period: February 2020 to February 2021	February to April 2020	May to June 2020	July to August 2020	September to October 2020	November to December 2020	January to February 2021			
	N = 206,789	N = 9,816	N = 12,591	N = 25,294	N = 21,049	N = 80,910	N = 57,129			
40	1.35	1.16	1.13	1.35	1.48	1.32	1.29			
	(1.27 to 1.43)	(0.98 to 1.39)	(0.92 to 1.40)	(1.14 to 1.60)	(1.24 to 1.77)	(1.20 to 1.45)	(1.14 to 1.46)			
CCI										
0 to 1	1	1	1	1	1	1	1			
2 to 3	1.30	1.30	0.92	1.32	1.21	1.26	1.52			
	(1.21 to 1.39)	(1.05 to 1.61)	(0.73 to 1.17)	(1.08 to 1.62)	(0.99 to 1.48)	(1.13 to 1.41)	(1.31 to 1.76)			
4 to 5	1.81	1.72	1.37	1.89	1.28	1.74	2.14			
	(1.69 to 1.94)	(1.39 to 2.12)	(1.09 to 1.73)	(1.55 to 2.31)	(1.04 to 1.58)	(1.56 to 1.94)	(1.85 to 2.48)			
≥6	2.51	2.56	1.81	2.40	2.10	2.22	2.63			
	(2.35 to 2.68)	(2.11 to 3.11)	(1.47 to 2.24)	(1.99 to 2.89)	(1.75 to 2.53)	(2.01 to 2.46)	(2.29 to 3.02)			

* Adjusted for sex, age (modeled as restricted cubic splines with 5 knots at ages 30, 49, 64, 73, and 88 years), race, ethnicity, geographical region, urban/rural location, BMI (modeled as restricted cubic splines with 5 knots at BMIs of 21.3, 26.0, 29.0, 32.5, and 39.9 kg/m²), and CCI.

[†] Categorized according to the 10 Federal Regions drawn up by the Federal Emergency Management Agency: 1 (CT, MA, ME, NH, RI, and VT), 2 (NJ, NY, and PR), 3 (DC, DE, MD, PA, VA, and WV), 4 (AL, FL, GA, KY, MS, NC, SC, and TN), 5 (IL, IN, MI, MN, OH, and WI), 6 (AR, LA, NM, OK, and TX), 7 (IA, KS, MO, and NE), 8 (CO, MT, ND, SD, UT, and WY), and 9 (AZ, CA, GU, HI, and NV), and 10 (AK, ID, OR, and WA).

AI/AN, American Indian/Alaska Native; AOR, adjusted odds ratio; BMI, body mass index; CCI, Charlson comorbidity index; PI/NH, Pacific Islander/Native Hawaiian; SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; VA, Veterans Affairs.

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outside the VA were only captured if documented in the EHR). Therefore, changes in the associations of certain risk factors over time that we observed may also be caused by changes in likelihood of testing for SARS-CoV-2 and identifying positive cases. "Attenuation" over time in risk associated with a high-risk group may also occur if a sufficiently high proportion of that group has already acquired infection and has developed immunity. To avoid this problem, we removed from our cohort persons with known infection prior to the beginning of each monthly/bimonthly observation period. However, persons infected but not tested would still be retained in our cohort and might contribute to attenuation in high-risk groups. Although we adjusted for federal region and urban/rural location, it is possible that some residual confounding by geographic location persists [41]. We did not have data on educational attainment, poverty rates, or income. It is possible that race or ethnicity may be serving as a proxy for low socioeconomic status; the extent to which the associations of race or ethnicity are confounded by socioeconomic status should be examined in future research. Finally, our results apply to US VA enrollees who are predominantly male and have access to comprehensive healthcare. Therefore, they need to be confirmed in other populations. In particular, access to the VA's comprehensive healthcare system has been shown to attenuate some racial and geographic disparities in adverse outcomes in other contexts [42].

In conclusion, strongly positive associations of Black race, AI/AN race, and urban residence with SARS-CoV-2 infection, mortality, and case fatality that were observed early in the pandemic attenuated over time in the VA system. On the other hand, other risk factors, such age, comorbidity burden, Hispanic ethnicity, and obesity, were strongly associated with infection and mortality throughout the observation period. Recognizing the potentially dynamic nature of associations between known risk factors for infection and mortality can help to inform ongoing population-based approaches to prevention and treatment of SARS-CoV-2 as well as providing insights for disparities research in other fields.

Disclaimers

The contents do not represent the views of the US Department of Veterans Affairs or the US Government.

Supporting information

S1 STROBE Checklist. STROBE Statement—Checklist of items that should be included in reports of cohort studies. STROBE, Strengthening the Reporting of Observational Studies in Epidemiology.

(DOCX)

S1 Table. AOR* for interaction term of risk factor and monthly time period of SARS-CoV-2 infection treated as an ordinal variable (risk factor * time period) among 9.1 million VA enrollees from February 2020 to March 2021, performed as a test of trends over time. AOR, adjusted odds ratio; SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; VA, Veterans Affairs. (DOCX)

S2 Table. AOR* for interaction term of risk factor and monthly time period of SARS-CoV-2-related mortality treated as an ordinal variable (risk factor * time period) among 9.1 million VA enrollees from February 2020 to February 2021, performed as a test of trends over time. AOR, adjusted odds ratio; SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; VA, Veterans Affairs. (DOCX)

S3 Table. Trends over time in the associations (AORs^{*}) of race with risk of SARS-CoV-2 infection presented separately for persons aged <65 versus \geq 65 year among 9.1 million VA enrollees from February 2020 to March 2021. AOR, adjusted odds ratio;SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2; VA, Veterans Affairs. (DOCX)

S1 Analytic Plan. Changes in risk factors for SARS-CoV-2 infection and mortality over time in a national healthcare system. SARS-CoV-2, Severe Acute Respiratory Syndrome Coronavirus 2. (DOCX)

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