# Interaction effects between angiotensin-converting enzyme inhibitors or angiotensin receptor blockers and steroid or antiviral therapies in COVID-19: A population-based study 

To the Editor,
We read the recent article published in your journal on the predictors of mortality in patients with coronavirus 2019 (COVID-19) infection with great interest. ${ }^{1}$ In that study, treatment with antibiotics, antifungals, antivirals, steroids, blood transfusion, and intubation was associated with increased mortality. Indeed, whether steroids have beneficial effects on mortality in COVID-19 remains controversial. ${ }^{2}$ There may also be interactions between steroids and the renin-angiotensin-aldosterone system as well as differential effects between angiotensin-converting enzyme inhibitors (ACEIs) and angiotensin receptor blockers (ARBs) in COVID-19 outcomes. ${ }^{3}$ The benefit of ACEIs/ARBs has also been controversial ${ }^{4-6}$ and the association with worse outcomes may partly be explained by the presence of comorbidities. ${ }^{7,8}$ Therefore, using a local population-based administrative health record system, we examined the interaction effects between the use of ACEls or ARBs with steroids or antiviral therapies on severe disease outcome in COVID-19 patients.

This study was approved by the Institutional Review Board of the University of Hong Kong/Hospital Authority Hong Kong West Cluster. The patients were identified from the Clinical Data Analysis and Reporting System, a territory-wide database that centralizes patient information from 43 local hospitals and their associated ambulatory and outpatient facilities to establish comprehensive medical data, including clinical characteristics, disease diagnosis, laboratory results, and drug treatment details. The system has been previously used by both our team and other teams in Hong Kong, including COVID-19 research. ${ }^{9,10}$ The list of ICD-9 codes for comorbidities and intubation procedures is detailed in Tables S1 and S2.

A total of 1281 patients tested positive for COVID-19, and were prescribed treatment for the infection with antiviral or steroid drugs between January 1st, 2020 and November 20th, 2020 in Hong Kong, China, were included. The primary outcome was a composite of the need for intubation or all-cause mortality. 1:2 propensity score matching between ACEI users and non-users, and ARB users and non-users were performed.

On follow-up until December 7th, 2020, a total of 73 patients (5.7\%) met the primary outcome of need for intensive care unit admission or intubation, or death in the unmatched cohort. The baseline clinical characteristics of patients in the unmatched cohort are shown in Table 1. Those for the cohort stratified by ACEI or ARB use before and after propensity score matching for baseline
demographics, past medical comorbidities and medication history are shown in Tables S3 and S4, respectively. The results of the univariate regression analysis on the matched cohorts are shown in Table S5. Increasing age, higher Charlson comorbidity score, and the use of medications such as steroids, diuretics for heart failure, antidiabetic drugs, proton pump inhibitors, anticoagulants, low albumin, and the presence of acidosis were significantly associated with higher odds of meeting the primary outcome in both cohorts. Although ACEI and ARB use was significantly associated with higher odds of meeting the primary outcome, the application of propensity score matching analysis revealed a greater comorbidity burden to be the likely explanation. Thus, before matching, the percentage of patients meeting the composite outcome was $19.78 \%$ for ACEI users and $4.62 \%$ for non-users ( $p<.0001$ ). The gap between these percentages was smaller after matching, to the extent that they were no longer statistically significantly different from each other (19.78\% vs. 14.28\%, $p=.4175)$. Similarly, for ARB users and non-users, these percentages were $10.57 \%$ and $5.26 \%$ before matching ( $p=.0635$ ), and the gap was reduced after matching to $10.57 \%$ and $16.82 \%$ ( $p=.2678$ ).

Interaction effects between ACEIs, ARBs, and individual drugs in these classes with antiviral therapies or steroids were assessed in the unmatched cohort (Table 2). For ACEI, there were significant interactions with steroids (odds ratio [OR]: 8.64, 95\% confidence interval [CI], 4.55-16.42; $p<.001$ ), ribavirin and interferon $\beta$-1b combination (OR, 5.06 ; $95 \% \mathrm{Cl}, 1.98-12.96$; $p<.001$ ) and lopinavir/ritonavir and interferon $\beta-1$ b combination (OR, 4.67; 95\% CI, 2.07-10.57; $p<.0001$ ) for meeting the primary outcome. For ARB, only an interaction with remdesivir was found (OR, 2.78; 95\% CI, 1.53-47.08; p<.05). On the ACEI/ control matched cohort, interactions between ACEI and steroids acted to reduce their individual effects on the primary outcome (OR for ACEI: 1.48 [0.76,2.87]; $p=.2463 ;$ OR for steroids: 8.29 [3.15,21.8], $p<.0001 ;$ OR for ACEI/steroids: 2.87; 95\% CI, 1.42-5.82; $p<.01$; Table S6). For the ARB/control matched cohort, there was no significant interaction with remdesivir (OR, 2.98; 95\% CI, 0.53-16.75; p>.05; Table S7).

However, some limitations of our study should be noted. Firstly, while all reverse-transcription polymerase chain reaction tests conducted in the public system were fully captured, those that were conducted privately were not. Secondly, the identification of comorbidities and outcomes relied on International classification of

TABLE 1 Baseline clinical characteristics of COVID-19 patients treated with antiviral agents or steroids

| Characteristics | All ( $N=1281$ ) median <br> (IQR); Max; N or count (\%) | Composite outcome ( $N=73$ ) median (IQR); Max; $N$ or count (\%) | No composite outcome ( $N=1208$ ) median (IQR); Max; $N$ or count (\%) | $p$ value |
| :---: | :---: | :---: | :---: | :---: |
| Suboutcomes |  |  |  |  |
| Mortality | 38 (2.96\%) | 38 (52.05\%) | 0 (0.00\%) | <.0001*** |
| Intubation | 47 (3.66\%) | 47 (64.38\%) | 0 (0.00\%) | <.0001*** |
| Male gender | 649 (50.66\%) | 41 (56.16\%) | 608 (50.33\%) | . 6581 |
| Baseline age, years | $\begin{aligned} & 52.34 \text { (35.18-64.62); 99.71; } \\ & \quad n=1281 \end{aligned}$ | $\begin{aligned} & 70.34 \text { (62.3-81.13); 98.66; } \\ & n=73 \end{aligned}$ | $\begin{aligned} & 51.1 \text { (33.9-63.11); 99.71; } \\ & \quad n=1208 \end{aligned}$ | <.0001 ${ }^{* * *}$ |
| <60 | 816 (63.70\%) | 11 (15.06\%) | 805 (66.63\%) | <.0001 ${ }^{* * *}$ |
| [60,64] | 129 (10.07\%) | 10 (13.69\%) | 119 (9.85\%) | .4544 |
| [65,69] | 84 (6.55\%) | 9 (12.32\%) | 75 (6.20\%) | . 1016 |
| [70,75] | 84 (6.55\%) | 11 (15.06\%) | 73 (6.04\%) | .0125* |
| >75 | 121 (9.44\%) | 27 (36.98\%) | 94 (7.78\%) | <.0001 ${ }^{* * *}$ |
| Charlson score | 1.0 (0.0-2.0); 35.0; $n=1281$ | 3.0 (2.0-4.0); 12.0; $n=73$ | 1.0 (0.0-2.0); 35.0; $n=1208$ | <.0001 ${ }^{* * *}$ |
| Diabetes mellitus | 48 (3.74\%) | 11 (15.06\%) | 37 (3.06\%) | <.0001*** |
| Systemic embolism | 4 (0.31\%) | 0 (0.00\%) | 4 (0.33\%) | . 5551 |
| Hypertension | 262 (20.45\%) | 40 (54.79\%) | 222 (18.37\%) | <.0001*** |
| Heart failure | 7 (0.54\%) | 0 (0.00\%) | 7 (0.57\%) | . 8656 |
| Atrial fibrillation | 23 (1.79\%) | 3 (4.10\%) | 20 (1.65\%) | . 2978 |
| Chronic renal failure | 3 (0.23\%) | 0 (0.00\%) | 3 (0.24\%) | . 4109 |
| Liver diseases | 6 (0.46\%) | 1 (1.36\%) | 5 (0.41\%) | . 7853 |
| Ventricular tachycardia/ fibrillation | 9 (0.70\%) | 3 (4.10\%) | 6 (0.49\%) | .0051** |
| Dementia and alzheimer | 5 (0.39\%) | 0 (0.00\%) | 5 (0.41\%) | . 6755 |
| AMI | 15 (1.17\%) | 3 (4.10\%) | 12 (0.99\%) | . 0733 |
| COPD | 12 (0.93\%) | 0 (0.00\%) | 12 (0.99\%) | . 8235 |
| IHD | 50 (3.90\%) | 7 (9.58\%) | 43 (3.55\%) | .0340* |
| PVD | 7 (0.54\%) | 2 (2.73\%) | 5 (0.41\%) | . 0771 |
| Stroke/TIA | 30 (2.34\%) | 7 (9.58\%) | 23 (1.90\%) | .0003*** |
| Gastrointestinal bleeding | 22 (1.71\%) | 4 (5.47\%) | 18 (1.49\%) | .0448* |
| Cancer | 35 (2.73\%) | 8 (10.95\%) | 27 (2.23\%) | .0001*** |
| Obesity | 6 (0.46\%) | 1 (1.36\%) | 5 (0.41\%) | . 7853 |
| ACEI | 91 (7.10\%) | 18 (24.65\%) | 73 (6.04\%) | <.0001*** |
| ARB | 104 (8.11\%) | 11 (15.06\%) | 93 (7.69\%) | . 0733 |
| Captopril | 2 (0.15\%) | 1 (1.36\%) | 1 (0.08\%) | . 243 |
| Enalapril | 11 (0.85\%) | 3 (4.10\%) | 8 (0.66\%) | .0171* |
| Lisinopril | 61 (4.76\%) | 11 (15.06\%) | 50 (4.13\%) | .0003*** |
| Ramipril | 4 (0.31\%) | 0 (0.00\%) | 4 (0.33\%) | . 5551 |
| Perindopril | 18 (1.40\%) | 3 (4.10\%) | 15 (1.24\%) | . 1434 |
| Candesartan | 1 (0.07\%) | 0 (0.00\%) | 1 (0.08\%) | . 0558 |

TABLE 1 (Continued)

| Characteristics | All ( $N=1281$ ) median <br> (IQR); Max; N or count (\%) | Composite outcome ( $\mathrm{N}=73$ ) median (IQR); Max; $N$ or count (\%) | No composite outcome ( $N=1208$ ) median (IQR); Max; $N$ or count (\%) | $p$ value |
| :---: | :---: | :---: | :---: | :---: |
| Entresto | 1 (0.07\%) | 1 (1.36\%) | 0 (0.00\%) | . 0578 |
| Irbesartan | 1 (0.07\%) | 0 (0.00\%) | 1 (0.08\%) | . 0558 |
| Losartan | 99 (7.72\%) | 9 (12.32\%) | 90 (7.45\%) | . 2481 |
| Telmisartan | 2 (0.15\%) | 0 (0.00\%) | 2 (0.16\%) | . 2381 |
| Steroid | 565 (44.10\%) | 62 (84.93\%) | 503 (41.63\%) | <.0001*** |
| Remdesivir | 51 (3.98\%) | 9 (12.32\%) | 42 (3.47\%) | .0015** |
| Lopinavir/ritonavir | 65 (5.07\%) | 2 (2.73\%) | 63 (5.21\%) | . 5341 |
| Interferon $\beta-1 \mathrm{~B}$ | 70 (5.46\%) | 10 (13.69\%) | 60 (4.96\%) | .0079** |
| Lopinavir/ritonavir and ribavarin | 417 (32.55\%) | 15 (20.54\%) | 402 (33.27\%) | . 1201 |
| Ribavirin and interferon $\beta-1 \mathrm{~B}$ | 460 (35.90\%) | 22 (30.13\%) | 438 (36.25\%) | . 5337 |
| Lopinavir/ritonavir and interferon $\beta$-1B | 582 (45.43\%) | 38 (52.05\%) | 544 (45.03\%) | . 551 |
| Lopinavir/ritonavir and ribavarin and interferon $\beta-1 B$ | 236 (18.42\%) | 10 (13.69\%) | 226 (18.70\%) | . 4524 |
| Calcium channel blockers | 277 (21.62\%) | 43 (58.90\%) | 234 (19.37\%) | <.0001*** |
| $\beta$ blockers | 140 (10.92\%) | 22 (30.13\%) | 118 (9.76\%) | <.0001*** |
| Diuretics for hypertension | 51 (3.98\%) | 6 (8.21\%) | 45 (3.72\%) | . 1346 |
| Diuretics for heart failure | 81 (6.32\%) | 41 (56.16\%) | 40 (3.31\%) | <.0001 ${ }^{* * *}$ |
| Nitrates | 40 (3.12\%) | 5 (6.84\%) | 35 (2.89\%) | . 1453 |
| Antihypertensive drugs | 66 (5.15\%) | 10 (13.69\%) | 56 (4.63\%) | .0043** |
| Antidiabetic drugs | 205 (16.00\%) | 47 (64.38\%) | 158 (13.07\%) | <.0001*** |
| Statins and fibrates | 247 (19.28\%) | 34 (46.57\%) | 213 (17.63\%) | <.0001*** |
| Lipid-lowering drugs | 239 (18.65\%) | 32 (43.83\%) | 207 (17.13\%) | <.0001 ${ }^{* * *}$ |
| Sodium-glucose cotransporter 2 inhibitors | 21 (1.63\%) | 4 (5.47\%) | 17 (1.40\%) | .0352* |
| Dipeptidyl peptidase-4 inhibitors | 38 (2.96\%) | 5 (6.84\%) | 33 (2.73\%) | . 1159 |
| Proton pump inhibitors | 280 (21.85\%) | 59 (80.82\%) | 221 (18.29\%) | <.0001 ${ }^{* * *}$ |
| Famotidine | 258 (20.14\%) | 26 (35.61\%) | 232 (19.20\%) | .0133* |
| Anticoagulants | 154 (12.02\%) | 53 (72.60\%) | 101 (8.36\%) | <.0001*** |
| Antiplatelets | 118 (9.21\%) | 18 (24.65\%) | 100 (8.27\%) | .0001*** |
| Mean corpuscular volume, fL | $\begin{gathered} 87.7 \text { (84.0-90.79); } \\ 104.5 ; n=565 \end{gathered}$ | $\begin{aligned} & 89.3 \text { (85.5-92.2); 99.2; } \\ & n=44 \end{aligned}$ | $\begin{aligned} & 87.6 \text { (84.0-90.7);104.5; } \\ & n=521 \end{aligned}$ | . 1005 |
| Basophil, $\times 10^{9} / \mathrm{L}$ | 0.01 (0.0-0.02); 0.2; $n=885$ | 0.0 (0.0-0.02); $0.13 ; n=48$ | 0.01 (0.0-0.02); 0.2; $n=837$ | . 1063 |
| Eosinophil, $\times 10^{9} / \mathrm{L}$ | $\begin{array}{r} 0.01 \text { (0.0-0.07); } \\ 1.91 ; n=913 \end{array}$ | 0.0 (0.0-0.02); 0.17; $n=51$ | 0.01 (0.0-0.08);1.91; $n=862$ | .0011** |
| Lymphocyte, $\times 10^{9} / \mathrm{L}$ | $\begin{gathered} 1.23(0.89-1.66) ; \\ 6.1 ; n=913 \end{gathered}$ | 1.0 (0.68-1.5); 3.44; $n=51$ | 1.25 (0.9-1.67); 6.1; $n=862$ | .0059** |
| Metamyelocyte, $\times 10^{9} / \mathrm{L}$ | 0.23 (0.18-0.46); 0.7; $n=3$ | 0.7 (0.7-0.7); 0.7; $n=1$ | 0.18 (0.18-0.18); 0.23; $n=2$ | . 5403 |

## TABLE 1 (Continued)

| Characteristics | All ( $N=1281$ ) median <br> (IQR); Max; N or count (\%) | Composite outcome ( $\mathrm{N}=73$ ) median (IQR); Max; $N$ or count (\%) | No composite outcome ( $N=1208$ ) median (IQR); Max; $N$ or count (\%) | $p$ value |
| :---: | :---: | :---: | :---: | :---: |
| Monocyte, $\times 10^{9} / \mathrm{L}$ | $\begin{gathered} 0.49(0.36-0.62) ; \\ 3.15 ; n=913 \end{gathered}$ | 0.49 (0.36-0.62);1.2; $n=51$ | 0.48 (0.36-0.62); 3.15; $n=862$ | . 8536 |
| Neutrophil, $\times 10^{9} / \mathrm{L}$ | $\begin{aligned} & 3.2 \text { (2.4-4.37); } \\ & \quad 23.16 ; n=913 \end{aligned}$ | 4.76 (3.79-9.25);18.63; $n=51$ | 3.14 (2.39-4.22); 23.16; $n=862$ | <.0001*** |
| White cell count, $\times 10^{9} / \mathrm{L}$ | $\begin{aligned} & 5.2(4.18-6.6) ; \\ & 25.58 ; n=922 \end{aligned}$ | 6.65 (5.3-11.38); 21.19; $n=51$ | 5.1 (4.14-6.46); 25.58; $n=871$ | <.0001*** |
| Mean cell hemoglobin, pg | $\begin{gathered} 30.2(28.75-31.6) ; \\ 37.0 ; n=922 \end{gathered}$ | 31.3 (29.3-32.85); 36.2; $n=51$ | 30.2 (28.7-31.5); 37.0; $n=871$ | .0425* |
| Myelocyte, $\times 10^{9} / \mathrm{L}$ | $\begin{gathered} 0.35(0.15-0.42) ; \\ 1.29 ; n=15 \end{gathered}$ | 0.44 (0.36-0.64);1.29; $n=7$ | 0.15 (0.1-0.29); 0.41; $n=8$ | .0128* |
| Platelet, $\times 10^{9} / \mathrm{L}$ | $\begin{gathered} 205.0(169.0-251.0) ; \\ 778.0 ; n=921 \end{gathered}$ | $\begin{gathered} 179.0(142.5-220.5) ; \\ 637.0 ; n=51 \end{gathered}$ | $\begin{aligned} & 205.55 \text { (170.0-253.0); } \\ & \quad 778.0 ; n=870 \end{aligned}$ | .0029** |
| Red blood count, x10^12/L | $\begin{gathered} 4.63 \text { (4.31-5.05); } \\ 7.18 ; n=922 \end{gathered}$ | 4.42 (3.82-4.74); 6.79; $n=51$ | 4.64 (4.34-5.06); 7.18; $n=871$ | .0004*** |
| Hematocrit, L/L | $\begin{aligned} & 0.4(0.38-0.43) ; \\ & 0.498 ; n=229 \end{aligned}$ | 0.4 (0.35-0.42); 0.424; $n=8$ | 0.4 (0.38-0.43); $0.498 ; n=221$ | . 3255 |
| K/potassium, mmol/L | 3.81 (3.6-4.11); 6.8; $n=831$ | 3.94 (3.66-4.22); 6.8; $n=46$ | 3.8 (3.6-4.11); 5.59; $n=785$ | . 1614 |
| Urate, mmol/L | $\begin{gathered} 0.29(0.23-0.43) ; \\ 0.58 ; n=30 \end{gathered}$ | 0.26 (0.14-0.31); 0.32; $n=4$ | 0.31 (0.24-0.44); $0.58 ; n=26$ | . 2589 |
| Albumin, g/L | $\begin{gathered} 41.0(37.0-44.0) ; \\ 118.2 ; n=836 \end{gathered}$ | 34.0 (27.85-38.0); 44.9; $n=46$ | $\begin{gathered} 41.0(37.5-44.25) ; \\ 118.2 ; n=790 \end{gathered}$ | <.0001 ${ }^{* * *}$ |
| Na /sodium, mmol/L | $\begin{gathered} 138.62 \text { (136.41-140.0); } \\ 146.0 ; n=832 \end{gathered}$ | $\begin{gathered} 137.0(133.0-139.0) ; \\ 144.1 ; n=46 \end{gathered}$ | $\begin{gathered} 138.91 \text { (136.7-140.0); } \\ 146.0 ; n=786 \end{gathered}$ | .0016** |
| Urea, mmol/L | 4.0 (3.2-4.92); 59.3; $n=832$ | 6.2 (4.65-7.82); 59.3; $n=46$ | 3.99 (3.2-4.8); 15.77; $n=786$ | <.0001 ${ }^{* * *}$ |
| Protein, g/L | $\begin{array}{r} 74.3 \text { (70.7-78.0); } \\ 92.7 ; n=709 \end{array}$ | 70.7 (66.5-75.0); 87.0; $n=36$ | 74.6 (71.0-78.02); 92.7; $n=673$ | .001** |
| Creatinine, umol/L | $\begin{aligned} & 72.0 \text { (60.0-87.0); } \\ & 1248.0 ; n=834 \end{aligned}$ | $\begin{gathered} 82.5 \text { (70.55-113.5); } \\ 1248.0 ; n=46 \end{gathered}$ | $\begin{gathered} 71.8 \text { (59.4-85.05); } \\ 321.0 ; n=788 \end{gathered}$ | .0002*** |
| Alkaline phosphatase, U/L | $\begin{aligned} & 65.0(54.0-77.0) ; \\ & 350.0 ; n=833 \end{aligned}$ | 66.0 (55.0-99.0); 166.0; $n=45$ | 65.0 (54.0-77.0); 350.0; $n=788$ | . 1875 |
| Aspartate transaminase, U/L | $\begin{aligned} & 29.0(22.0-46.0) ; \\ & 202.0 ; n=317 \end{aligned}$ | $\begin{gathered} 42.0(24.65-63.5) ; \\ 201.0 ; n=23 \end{gathered}$ | 29.0 (22.0-42.0); 202.0; $n=294$ | .028* |
| Alanine transaminase, U/L | $\begin{gathered} 24.0(16.0-38.0) ; \\ 173.0 ; n=697 \end{gathered}$ | 28.0 (16.8-38.0); 150.0; $n=39$ | 24.0 (16.0-37.2); 173.0; $n=658$ | . 7424 |
| Bilirubin, umol/L | 7.4 (5.2-10.4); 60.4; $n=833$ | 10.4 (6.9-14.0); 30.3; $n=45$ | 7.2 (5.2-10.15); 60.4; $n=788$ | .0005*** |
| Triglyceride, mmol/L | $\begin{gathered} 1.53(1.04-2.11) ; \\ 9.35 ; n=128 \end{gathered}$ | 1.85 (1.27-2.14); 3.77; $n=18$ | 1.5 (1.04-2.09); 9.35; $n=110$ | . 2624 |
| Low-density lipoprotein, mmol/L | $\begin{aligned} & 2.39 \text { (1.9-2.95); } \\ & \quad 6.8719 ; n=117 \end{aligned}$ | $\begin{aligned} & 1.62(1.36-2.11) ; \\ & 3.3778 ; n=17 \end{aligned}$ | $\begin{aligned} & 2.54 \text { (2.04-3.07); } \\ & \quad 6.8719 ; n=100 \end{aligned}$ | .0001*** |
| High-density lipoprotein, mmol/L | $\begin{array}{r} 1.1(0.94-1.29) ; \\ 1.87 ; n=120 \end{array}$ | 1.0 (0.59-1.13); 1.86; $n=17$ | 1.12 (0.97-1.29); 1.87; $n=103$ | . 0685 |
| Cholesterol, mmol/L | $\begin{aligned} & 4.26(3.68-5.09) ; \\ & 7.319 ; n=121 \end{aligned}$ | 3.41 (2.68-4.7); 5.1; $n=17$ | 4.3 (3.79-5.16); 7.319; $n=104$ | .0029** |
| Clearance, $\mathrm{ml} / \mathrm{min}$ | 188.6749 (14.72\%) | 188.6749 (258.45\%) | 0.0 (0.00\%) | <.0001 ${ }^{* * *}$ |

TABLE 1 (Continued)

| Characteristics | All ( $N=1281$ ) median <br> (IQR); Max; $N$ or count (\%) | Composite outcome ( $N=73$ ) median (IQR); Max; $N$ or count (\%) | No composite outcome ( $N=1208$ ) median (IQR); Max; $N$ or count (\%) | $p$ value |
| :---: | :---: | :---: | :---: | :---: |
| HbA1c, g/dl | $\begin{array}{r} 13.7(12.7-14.7) ; \\ 94.1 ; n=927 \end{array}$ | 13.6 (11.4-14.9); 60.8; $n=53$ | 13.7 (12.8-14.7); 94.1; $n=874$ | 0.1949 |
| Glucose, mmol/L | $\begin{aligned} & 5.8 \text { (5.14-7.0); } \\ & \quad 25.17 ; n=594 \end{aligned}$ | 7.1 (5.98-9.24); 17.69; $n=42$ | 5.73 (5.1-6.85); 25.17; $n=552$ | <.0001*** |
| D-dimer, ng/ml | $\begin{gathered} 363.6(190.0-680.62) ; \\ 4340.0 ; n=214 \end{gathered}$ | $\begin{gathered} 848.5 \text { (474.11-1052.15); } \\ 2596.65 ; n=18 \end{gathered}$ | $\begin{gathered} 349.84(190.0-597.98) ; \\ 4340.0 ; n=196 \end{gathered}$ | 0.0062** |
| High sensitive troponin-I, ng/L | $\begin{aligned} & 3.45(2.16-6.78) ; \\ & 373.6 ; n=505 \end{aligned}$ | $\begin{array}{r} 10.73(5.93-29.9) ; \\ 108.87 ; n=29 \end{array}$ | 3.3 (2.08-6.12); $373.6 ; n=476$ | <.0001*** |
| Lactate dehydrogenase, U/L | $\begin{gathered} 201.0(166.3-251.75) ; \\ 813.0 ; n=620 \end{gathered}$ | $\begin{gathered} 250.5(211.5-345.0) ; \\ 716.0 ; n=40 \end{gathered}$ | $\begin{gathered} 198.0(164.5-247.5) ; \\ 813.0 ; n=580 \end{gathered}$ | <.0001*** |
| APTT, s | $\begin{aligned} & 30.6(27.7-34.6) ; \\ & 120.0 ; n=526 \end{aligned}$ | $\begin{gathered} 32.9(29.25-36.9) ; \\ 120.0 ; n=46 \end{gathered}$ | 30.4 (27.5-34.25); 54.5; $n=480$ | .003** |
| Prothrombin time/INR, s | $\begin{array}{r} 11.9(11.4-12.5) ; \\ 43.4 ; n=373 \end{array}$ | 12.5 (11.7-13.3); 27.0; $n=36$ | 11.9 (11.4-12.5); 43.4; $n=337$ | .0067** |
| C-reactive protein, mg/dl | $\begin{aligned} & 0.52(0.23-1.9) ; \\ & 33.99 ; n=780 \end{aligned}$ | $\begin{aligned} & 6.57(1.83-9.29) ; \\ & 32.529 ; n=50 \end{aligned}$ | 0.46 (0.22-1.5); 33.99; $n=730$ | <.0001*** |
| Calcium, mmol/L | $\begin{gathered} 1.16(1.14-1.17) ; \\ 1.19 ; n=10 \end{gathered}$ | 1.16 (1.14-1.17); 1.19; $n=9$ | 1.18 (1.18-1.18); 1.18; $n=1$ | . 4822 |
| $\mathrm{HCO}_{3} /$ bicarbonate, $\mathrm{mg} / \mathrm{dL}$ | $\begin{gathered} 24.1 \text { (20.7-26.2); } \\ 32.5 ; n=101 \end{gathered}$ | 21.2 (18.5-24.3); 29.3; $n=31$ | 24.75 (22.65-26.8); 32.5; $n=70$ | <.0001*** |
| Base excess, mmol/L | $\begin{gathered} -0.4(-2.9 \text { to } 1.6) ; \\ 6.8 ; n=129 \end{gathered}$ | -2.4 (-4.7 to 0.6); 3.9; $n=43$ | 0.7 (-1.7 to 2.1); 6.8; $n=86$ | <.0001*** |
| Blood $\mathrm{pCO}_{2}$, kPa | $\begin{aligned} & 4.8(4.15-5.76) ; \\ & 10.15 ; n=130 \end{aligned}$ | 4.6 (4.01-5.14); 7.94; $n=43$ | 5.05 (4.28-5.86); 10.15; $n=87$ | . 059 |
| Blood pH | $\begin{gathered} 7.43 \text { (7.39-7.46); } \\ 7.6 ; n=129 \end{gathered}$ | 7.42 (7.34-7.46); 7.55; $n=43$ | 7.44 (7.39-7.47); 7.6; $n=86$ | . 1238 |

Note: The comparisons were made between patients meeting primary outcome versus those that did not.
Abbreviations: ACEI, angiotensinogen converting enzyme inhibitor; AMI, acute myocardial infarction; APTT, activated partial thromboplastin time; ARB, angiotensin receptor blocker; COPD, chronic obstructive pulmonary disease; IHD, ischemic heart disease; PVD, Peripheral vascular disease; TIA, transient ischemic attack.
*SMD $\geq 0.2$.
${ }^{* *} p \leq .01$.
${ }^{* * *} p \leq .001$.
diseases (ICD) coding. Although this capture is complete for outcomes such as mortality, those for certain comorbidities are under-coded, an example of which is obesity. This is because medical conditions that require treatment in outpatient or inpatient settings are more likely to be coded. Therefore, we were unable to identify a significant relationship between obesity and severe outcomes. This issue has been addressed elsewhere. A noteworthy point is that the renin-angiotensin-aldosterone system may interact with the Kinin-Kallikrein system and coagulation cascade. ${ }^{11}$ Therefore, at the very least, interactions aside, prevention of thromboembolic phenomena may improve outcomes in COVID-19 patients. More broadly, the maintenance of a healthy lifestyle can provide beneficial immune-modulatory effects and should be promoted at the public health level. ${ }^{12}$

Taken together, our population-based study found significant interaction effects between ACEI and steroids, which acted to reduce the risk of the primary outcome, but no significant interactions between ARB with an antiviral agent or steroids in the propensity-score matched cohorts. Therefore, ACEI use was protective of the severe disease outcome in COVID-19 patients receiving steroid therapy.

## AUTHOR CONTRIBUTIONS

Jiandong Zhou, Gary Tse: data analysis, data interpretation, statistical analysis, manuscript drafting, critical revision of the manuscript. Sharen Lee, Keith Sai Kit Leung, Abraham Ka Chung Wai: data acquisition and interpretation, critical revision of the manuscript. Tong Liu, Zhidong Cao, Daniel Dajun Zeng, Ian Chi Kei Wong, Bernard Man Yung Cheung: project planning, data acquisition, data interpretation, critical revision of
TABLE 2 Significant drug interaction effects for severe COVID-19 treatments before propensity score matching

|  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Steroid |

Abbreviations: ACEI, angiotensinogen converting enzyme inhibitor; AMI, acute myocardial infarction; APTT, activated partial thromboplastin time; ARB, angiotensin receptor blocker; COPD, chronic obstructive pulmonary disease; IHD, ischemic heart disease; PVD, Peripheral vascular disease; TIA, transient ischemic attack.
${ }^{*} p \leq .05$.
${ }^{* *} p \leq .01$.
${ }^{* * *} p \leq .001$
the manuscript. Qingpeng Zhang: study conception, study supervision, project planning, data interpretation, statistical analysis, manuscript drafting, critical revision of the manuscript.

## CONFLICTS OF INTERESTS

The authors declare that there are no conflict of interests.

## PEER REVIEW

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## DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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## SUPPORTING INFORMATION

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