

Case Report

Endovascular Treatment for Ruptured Distal Anterior Inferior Cerebellar Artery Aneurysm

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A 42-year-old woman presented with Hunt and Hess grade (HHG) III subarachnoid hemorrhage (SAH) caused by a ruptured left distal anterior inferior cerebellar artery (AlCA) aneurysm. Computed tomography showed a thin SAH on the cerebellopontine angle cistern, and small vermian intracerebral hemorrhage and intraventricular hemorrhage in the fourth ventricle. Digital subtraction angiography revealed the aneurysm on the postmeatal segment of left distal AlCA, a branching point of rostrolateral and caudomedial branch of the left distal AlCA. Despite thin caliber, tortuous running course and far distal location, the AlCA aneurysm was obliterated successfully with endovascular coils without compromising AlCA flow. However, the patient developed left side sensorineural hearing loss postoperatively, in spite of definite patency of distal AlCA on the final angiogram. She was discharged home without neurologic sequela except hearing loss and tinnitus.

Endovascular treatment of distal AICA aneurysm, beyond the meatal loop, is feasible while preserving the AICA flow. However, because the cochlear hair cell is vulnerable to ischemia, unilateral hearing loss can occur, possibly caused by the temporary occlusion of AICA flow by microcatheter during endovascular treatment.

Keywords Subarachnoid hemorrhage, Cerebellar artery, Endovascular, Hearing loss

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INTRODUCTION

Distal anterior inferior cerebellar artery (AICA) aneurysms are extremely rare and account for 0.1% of all cerebral aneurysms.¹⁵⁾ As with posterior circulation aneurysm in general, surgical treatments are often limited by the narrow angle of approach available for the cerebrovascular surgeon, the presence of brain-stem perforators, the deep location of critical neuro-vascular anatomy, and difficulty in accessing adequate proximal control. Evolving endovascular treatments add to the several available management options, making a review of these lesions timely. Some

recent cases of endovascularly treated distal AICA aneurysm appear in the literature. Most require parent artery occlusion to achieve adequate aneurysm obliteration. However, parent artery occlusion resulted in postoperative hearing loss and vertigo in most cases.³⁾ We describe a case of AICA aneurysm distal to the meatal loop treated with endovascular coils without compromising the AICA flow.

CASE REPORT

A 42-year-old woman with no underlying diseases was referred to our department for severe headache,

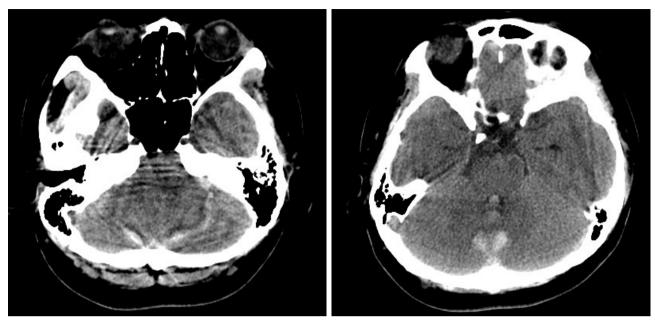


Fig. 1. Computed tomography (CT) shows a subarachnoid hemorrhage (SAH) on cerebellopontine angle cistern, intraventricular hemorrhage (IVH) in the 4th ventricle and a small vermian intracerebral hemorrhage (ICH) (Fisher grade 4).

nausea, and vomiting after coitus. She was drowsy with no neurologic deficit (Hunt and Hess grade 3). Computed tomography (CT) and magnetic resonance image (MRI) showed a subarachnoid hemorrhage (SAH) on the cerebellopontine angle cistern, and a small vermian intracerebral hemorrhage (ICH) and intraventricular hemorrhage (IVH) in the fourth ventricle (Fisher grade 4) (Fig. 1). There was no evidence of head injury. Digital subtraction angiography revealed an aneurysm arising on the branching point

between the caudomedial and rostrolateral branch of the left distal AICA, located distally from the meatal loop. The aneurysm was associated with fenestration (Fig. 2) and was 2.7×2.8 mm with a neck of 1.5 mm directed caudo-laterally. The diameter of AICA proximal to aneurysm was 0.8 mm on 3D rotational angiogram (Fig. 2).

Under general anesthesia, a 6F Envoy guiding catheter (Cordis Neurovascular, Bridgewater, NJ, United States) was placed on the right vertebral artery (VA)

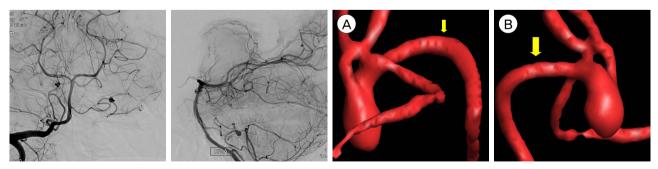


Fig. 2. Digital subtraction angiography reveals an aneurysm arising on the branch point of the caudomedial and rostrolateral branch of the left distal anterior inferior cerebellar artery (AICA), which is on distal to meatal loop. (A) On 3D rotational angiogram, the aneurysm is located on postmeatal segment of left AICA (arrow). (B) The aneurysm is 2.7×2.8 mm with a 1.5 mm neck, directed caudo-laterally. It is separated from two distal AICA branches, and the aneurysm had a fenestrated neck. The caudomedial branch of distal AICA (arrow) is slightly thicker than the rostrolateral branch.

at the level of C2 vertebra. An Excelsior SL-10 microcatheter (Boston Scientific, Natick, MA, United States) and X-pedion-14 microwire (ev3 Endovascular, Inc., Plymouth, MN, United States) were advanced to the right VA and the basilar artery. Under the roadmap guidance, aneurysm selection was tried. Even though the superselection of the AICA orifice was not difficult, aneurysm selection was very difficult due to the tortuous course of AICA and relatively small diameter of the AICA for accommodation of the microcatheter (Fig. 3).

After failed multiple trials of selecting the aneurysm with Excelsior SL-10 microcatheter and X-pedion-14 microwire, we changed the microwire to X-pedion-10, resulting in successful distal AICA aneurysm selection. The aneurysmal sac was then obliterated completely without compromise of the AICA branch even though the second coil was extruded from the aneurysmal sac during coiling (Fig. 4). Postoperative CT showed slightly increased cerebellar hemorrhage, but there was no evidence of obstructive hydrocephalus. She was alert without motor weakness or brain stem sign.

However, she complained of hearing loss and tinnitus despite the patent flow to left AICA. She was discharged home at two weeks with remaining sensorineural hearing loss.

DISCUSSION

The anatomy of the AICA is highly variable. Typically, the artery arises from the junction at the middle and the lower thirds of the basilar artery, courses along the pons and the middle cerebellar peduncle, to which it gives a few important perforating branches.⁸⁾ The branches of the AICA that supply the inferior upper part of the olive arise 3~18 mm distal to the origin of AICA, whose occlusion could lead to a lateral inferior pontine syndrome.¹⁾¹⁰⁾¹⁶⁾¹⁹⁾

Near the facial-vestibulocochlear complex, the AICA bifurcates into two major branches, called the rostrolateral and caudomedial branch. The rostrolateral branch courses toward the internal auditory canal close to the seventh and the eighth cranial nerve complex and gives off the labyrinthine artery, also called

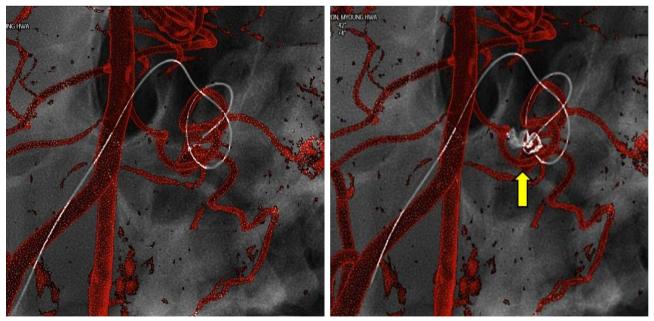


Fig. 3. Even though superselection of AICA orifice was not difficult, aneurysm selection was very difficult due to the tortuous course of AICA and relatively small diameter of AICA to accommodate microcatheter. The 2nd coil is extruded from the aneurysmal sac during coiling (arrow).

the internal auditory artery (IAA). The caudomedial branch courses medially close to the pons, to which it sends a few perforators, and terminates in cerebellar branches. 11)13) The AICA also sends a few branches to the choroid plexus protruding from the foramen of Luschka.¹¹⁾ The hemispheric branches from the AICA frequently have anastomoses with the superior cerebellar artery and posterior inferior cerebellar artery. 11)16) According to Zager et al., 20) if the aneurvsm is located on the segment of the AICA that is distal to any branches coursing to the brainstem, distal occlusion may be performed without neurologic sequel. However, that carries the risk of retrograde thrombosis, which can result in a devastating brainstem infarct. Major complications can be prevented by antithrombotic therapy after the procedure. 4) Smaltino et al.¹⁴⁾ reported anatomical studies on the IAA, performed by Mezzogiorno and DeLula. In their study, the IAA arose from the AICA 87% of the time, and originated directly from the basilar artery (BA) in

10%. This vessel usually gives off one branch to the cerebellum before joining the internal auditory canal. Therefore, it is called the cerebello-labyrinth artery. 14) Wende et al., 18) using angiography of the IAA, found that in 45.4% of the cases, it arose from the AICA, in 24.4% from the superior cerebellar artery, and in 16% directly from the basilar artery. In addition, it had an average lumen of only 200~300 µ. In our case, even though the IAA could not be visualized on fully magnified angiogram and microcatheter angiogram of the AICA, the IAA was presumed to originate from the distal AICA based on the sensorineural hearing loss occurring after embolization.

Distal AICA aneurysms are frequently dissecting in nature, thus usual treatment is direct surgical trapping. Compared with a surgical approach of distal AICA aneurysm, endovascular treatment prevents massive bleeding and cerebellar injury during craniotomy and can spare the distal AICA without trapping. Embolization without parent artery occlusion is diffi-

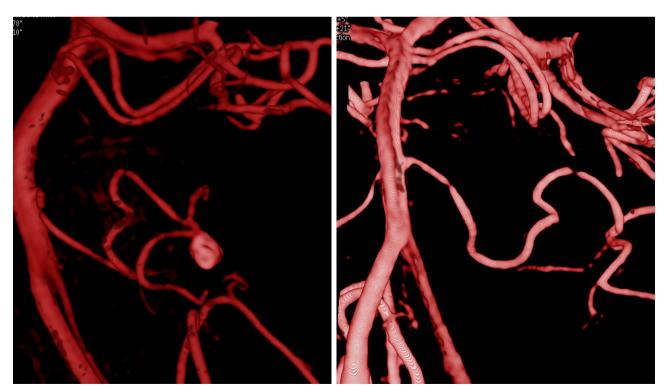


Fig. 4. The aneurysmal sac is obliterated completely without compromise of AICA branch even though 2nd coil is extruded from the aneurysmal sac during coiling (right image is the subtraction of coil). There is no occlusion or stenosis of distal AICA.

cult, and if the aneurysm originated from arterial dissection, it has a high risk of regrowth and rerupture. Choi et al. Perported a distal AICA aneurysm at the meatal loop treated with parent artery preservation. Even though the dome of the aneurysm was occluded successfully, that patient experienced a recurrent hemorrhage from the recanalized aneurysm one month after the embolization. The parent artery at the proximal portion of the aneurysm was then occluded with excellent results.

However, in our case, the distal AICA aneurysm was treatable with endosaccular coil embolization, since it was a saccular aneurysm with a definite neck rather than a dissecting aneurysm. We performed successful coil embolization of the distal AICA aneurysm without compromise of the parent artery. However, our patient developed unilateral hearing loss. Ishii et al.⁴⁾ reported that after coil embolization of a postmeatal AICA, their patient presented with a high grade sensorineural hearing loss, probably related to the sacrifice of the labyrinthine artery.

Perlman et al.¹²⁾ showed that interruption of the blood supply to the cochlea caused immediate and complete loss of function and concluded that the hair cells were particularly vulnerable to ischemic injury.¹⁷⁾ Takeda et al.¹⁷⁾ used a gerbil model of cochlear ischemia wherein animals were subjected to lethal cochlear ischemia for 15 minutes of extracranial occlusion of bilateral vertebral arteries. Hair cells on the basal turn are more vulnerable to ischemia than those at the apical turn,⁶⁾ since the rate of oxygen consumption in basal turn is higher (approximately 2.5-fold) than at the apical turn, and the aerobic metabolism more active.⁹⁾

In our case, the left AICA parent artery mean diameter was about 0.8 mm, while the proximal and distal diameter of Excelsior SL-10 microcatheter were about 0.8 and 0.56 mm, respectively. Because the AICA diameter could not accommodate the microcatheter, there was a high risk of vasospasm and catheterization failure if we remove the microcatheter during the procedure. Thus, the microcatheter was placed in

the AICA during the entire procedure time of two hours. We think that another reason for the ischemic change is the AICA traction due to its tortuous course. A possible reason for postoperative hearing loss, in spite of the patent distal two branches on postoperative angiogram, is hemodynamic ischemia to the cochlea hair cells.

CONCLUSIONS

Endovascular treatment of distal AICA aneurysm beyond the meatal loop is feasible for preserving the AICA flow. However, because the cochlear hair cell is vulnerable to ischemia, unilateral hearing loss can occur, possibly from temporary reduction of the AICA flow by the microcatheter during endovascular treatment.

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