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Impact assessment of particulate pollution on maternal mortality in Nigeria

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Recently, the World Health Organization reported that 20% of all global maternal deaths happened in Nigeria between 2005 and 2015. In developing countries, these maternal deaths are mainly from air pollution. Due to poor facilities and documentation, the extent of danger is not known. This research seeks to estimate the available pollutants and its direct and indirect impact on maternal mortality. Ten (10) years (2010–2019) datasets of black carbon, sulfur dioxide, dust, carbon monoxide, organic carbon particulates, sea-salts, and sulphate particulates were obtained from the second modern-era retrospective analysis for research and applications (MERRA-2). The dataset was obtained for the six geopolitical zones of Nigeria and analyzed using statistical tool, models, spatial interpolation, and risk analysis. The volumetric and radioecological risk was also analyzed. It was observed the dust content had minute volume of heavy metal and/or radionuclide particles that may be unarmful in the short term but lethal in the long term. The risk quotient and total dose rate per organism are given as 0.0000396 and 0.0000396 $\mu\text{Gy h}^{-1}$. The result in this manuscript corroborates existing data on maternal mortality in Nigeria. It is recommended that the safety of pregnant woman depends on significant efforts of authorities to enact and enforce environmental laws to mitigate air pollution.

Air pollution releases toxic or harmful particles and gases known as pollutants through various means such as fumes from industries, burning bushes, emissions from automobiles, dust from natural emissions, mold spores, and lots more. Due to various forms of urbanization and industrialization, many harmful substances have been released into the atmosphere, affecting air quality in various geographical areas/regions. These toxic or harmful pollutants include different levels of particulate matter (PM), carbon monoxide (CO), oxides of sulphur (SO_x), oxides of nitrogen (NO_x), hydrocarbons¹, to mention but a few. Dangers of prolonged exposure to air pollution to man and environment could result in coughing, eye irritation, chronic fatigue, asthma, bronchitis, cancer, lung or heart damage, and ultimately death. Other impacts of air pollution include the death of wildlife, acid rain, global warming, eutrophication, depletion of the ozone, and climate².

Research has shown over the years that ambient air pollution affects human health. Previous works have shown that air pollution is significant in adult or children's mortality and affects the environment at large^{1,3,4}. As pollution grew year in and year out, various discoveries on methods and materials could be used to reduce the effect of pollution such as substituting coal for gas for heating, tree planting and the use of eco-friendly materials⁵. Other solutions to air pollution include; reducing fossil fuels burned, reuse and recycling, clean energy adaption, and usage of energy-efficient devices.

History of air pollution can be traced from combustion processes, to high rise in industries and urbanization. An increase in cars and other means of transportation is another primary source which has added to world pollution. Air pollution could occur due to human activities, anthropogenic or through nature, biogenic e.g volcanic eruption. Air pollution poses a public global health threat to people of all age groups, but pregnant women are more susceptible than others^{6,7}. Since the fetus receives oxygen from the mother, breathing polluted air affects the fetus, and over-exposure of pregnant women to the polluted air at an early stage of pregnancy can result to premature birth. Fetuses are highly susceptible to pollutants due to their physiological immaturity⁸.

In this research, the impact of air pollutants on maternal deaths in Nigeria was examined using primary and secondary dataset that elucidates urgent government intervention in curbing outdoor and indoor pollution. The research hypothesis of this study is hinged on World Health Organization (WHO) report that 20% of global maternal death is from Nigeria. Based on this hypothesis, the air pollutants was investigated based on the six geo-political regions in the country.

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Air pollution impacts on maternal health. Recent reports show that air pollution is associated with increased risk of adverse pregnancy outcomes, affecting both the mother and the fetus⁶. The developing fetus solely depends on the mother for survival and could be adversely affected when the mother is at risk. A large number of research had admitted that air pollution is recognized as one of the risk factors for numerous diseases in pregnant women^{9–11}. Overexposure of pregnant women (PG) to polluted air could put the fetus's life in danger and result in growth retardation, low birth weight, preterm delivery, and childhood mortality³. Rochas et al.¹² reported that reducing birth weight and the placenta could be traceable to outdoor air pollution. Preterm delivery in cases of babies born before the due time; there have also been shreds of evidence of association of air pollution at preterm birth, as concluded by Ref^{13–15}. Hypertensive disorder can be caused by air pollution derived from particulate matter (PM₁₀ and PM_{2.5}), CO, sulphur(IV)oxide (SO₂), and ozone (O₃). The preliminary ways pregnant women can protect themselves from polluted air include: get an air purifier, grow trees all around, and reduce indoor pollution. However, the World Health Organization (WHO) has set some air quality guidelines (AQG), which serve as a preventive measure to pollutants' emissions and give a permissible pollutant concentration at a particular averaging period¹⁶. As stated by Malmqvist et al.¹⁷, current AQG may not cover or protect pregnant women to the full extent, which implies that pregnant women are still at significant risk of air pollution.

Every pregnancy stage comes with various changes that affect the body systems, starting from increased body weight to change in appetite and hormonal and immune system changes. All these changes can make a pregnant woman more vulnerable to diseases and infections, resulting in complications in severe cases¹⁸. Change in the immune system is necessary during pregnancy to protect the mother and her fetus. For mother and baby safety, some immune or hormones must be enhanced while others are suppressed¹⁸. Each trimester has its associated challenges that differ for the individual; some other hormones include reducing lung capacity, frequent urination, blood flow changes that modulate immune responses, to mention but few. Furthermore, most severe cases are noticed in the third-trimester stage¹⁹.

Also, hormonal change can increase infection risk in pregnant women, especially on the urinary tract (UT). This effect on the tract is tremendous as it leads to UT infection due to increase secretion of progesterone hormone, which causes the bladder muscles and ureter to relax, thereby leading to prolonged urine in the bladder²⁰. In some cases, change in hormones makes some pregnant women susceptible to yeast infection called candidiasis; this is produced due to high estrogen levels in the reproductive organ²¹.

Also, an increase in the lungs' fluid level may lead to susceptibility to pneumonia, a lung infection. The size of the foetus exerts more pressure on the abdomen and lungs due to increased fluid in the lungs, which may eventually result in a buildup in the lungs and stimulate bacterial growth in the body, thereby reducing body resistance disease²².

Maternal mortality in Nigeria. The maternal mortality ratio is the number of women who die from pregnancy-related causes. Maternal mortality in Nigeria is common in women during childbearing age, i.e., pregnant women. It was reported that over 600,000 maternal deaths occurred between 2005 and 2015 in Nigeria²³. Most of the deaths are traceable to hypertensive disorders of pregnancy, postpartum hemorrhage, and unsafe abortion. Meh et al.²⁴ examined maternal mortality in north and south of Nigeria. They observed more maternal deaths in the north of the country than in the southern region. The deaths were traceable to the low health services in the north as well as the poverty levels. Also, insurgency and literacy are other factors that were considered to increase maternal deaths in Nigeria. Sageer et al.²⁵ reported that the average age of maternal death in parts of southern Nigeria was 30.8 ± 5.7 years.

World Bank report shows that the maternal mortality ratio is 917 per 100,000 live birth). More specifically, it was reported that the number of women who die from pregnancy-related diseases or pollution are within 42 days of pregnancy²⁶. Figure 1a shows that the mortality rate keeps decreasing yearly from 2.47% to 0.64% due to improved lives and increased public health centers to about 34,000²⁷. However, Fig. 1b shows that maternal mortality is highest in the north-central (NC) geopolitical zones than other regions (north-east (NE), north-west (NW), south-west (SW), south-south (SS), and south-east (SE)).

Among the salient points in the Sustainable Development Goals (SDG) is the reduction of global maternal mortality to less than 79 per 100,000 live births by 2020. In low-income countries, access to skilled health-personnel during pregnancy is critical. Air pollution can be human-made or natural. While known techniques can control human-made induced air pollution, natural air pollution sources are beyond man's control. For example, the Sahara Desert has proximity to Nigeria; hence, the influx of Sahara dust is a common contamination source. Unfortunately, there are no data to trace the history of pregnancy in Nigeria. In this study, the focus is to estimate the influence of natural source of pollution on pregnant women.

Observed air pollutants in Nigeria. Nigeria has six geopolitical zones (GZ), as presented in Fig. 2. Figure 2 was produced using Quantum Geographical Information System (QGIS) software²⁹. The female population in Nigeria is about 107,486,776³⁰ in which 64% are in their reproductive age. The type of anthropogenic emission over different geopolitical zones is peculiar to its vegetation, human population, and infrastructure. For example, in the south-south geopolitical zone, gas flaring is the major among bush burning, automobile emission, fumes from illegal refineries, etc.; in the south-west geopolitical zone, industrial emission is the major among bush burning, automobile emission, biomass burning, etc.; in the south-east geopolitical zone, automobile emission is the major among bush burning, industrial emission, biomass burning, etc.; in the north-central geopolitical zone, biomass burning is the major among automobile, industrial pollution, Sahara dust influx, etc.; in the north-west and north-east geopolitical zones, Sahara dust influx is the major among biomass burning, automobile emission, bush burning, etc.^{31–34}.

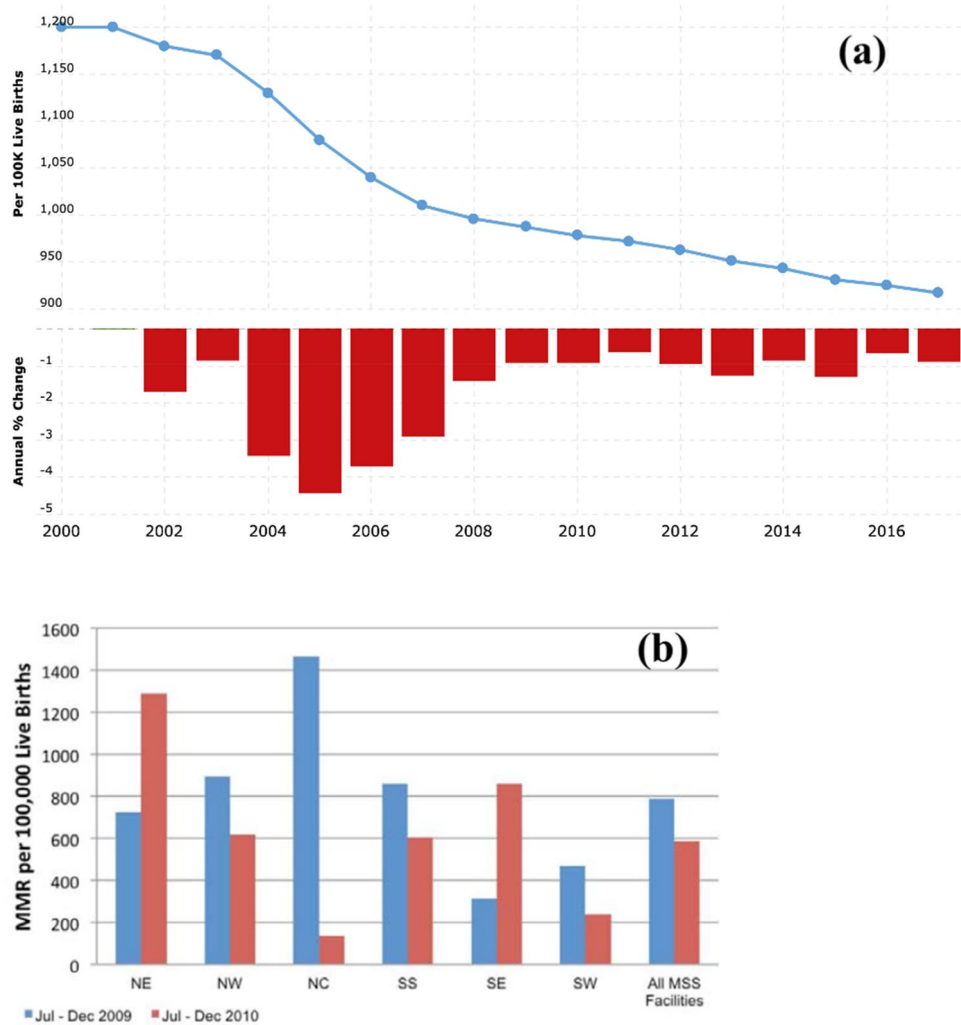


Figure 1. (a) Maternal mortality rate in Nigeria²⁶ (b) Maternal mortality ratios for different geopolitical zones in Nigeria²⁸.

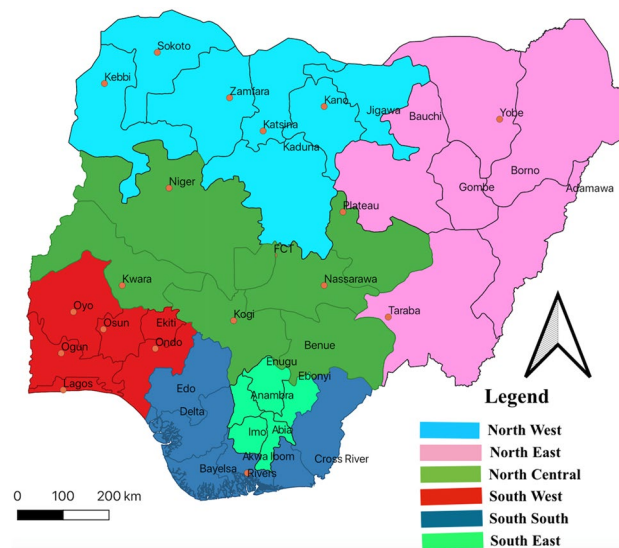


Figure 2. Nigeria geopolitical zones.

Source of exposure	Ambient or indoor air concentration of CO	Life-stage of exposure
Domestic sources-generators firewood and kerosene	70 kt/year	General population
Road traffic	Lagos = 10–250 ppm PH = 5.0–61.0 ppm Warri = 1.0–52 ppm	General population
Nigeria is the leading gas flaring country in the world	Around 24 billion cubic meters of gas (45%) of its total gas production) flared in 2004	Boasts ambient CO air in the Niger Delta
Gas flaring from Nigerian refineries	Tons of CO/year Kaduna-56,738.56, Port Harcourt phase 1-12,973.20, Port Harcourt phase 2-104,230.14, Warri-67,117.96	General population
Gas flaring	2.49 Tg/yr CO representing 12% of total CO emissions in Nigeria in 1995	General population
Smoking vehicles on Nigeria delta roads	Ambient CO $\mu\text{g}/\text{m}^3$ Mbiama = 191; > 150 in Bonny, Brass, Nchia Port Harcourt, Sapele and Ughelle; > 100 in Omoku, Owasa, Eket, Buguma, Ahoada and 100 $\mu\text{g}/\text{m}^3$ in Warri and Odukpani Emuohia and Ukwugba - > 50 $\mu\text{g}/\text{m}^3$	General population including market women

Table 1. Sources of CO pollution in Nigeria⁴⁰.

One of the prominent pollutants is particulate matter (PM). This pollutant is a class of physically and chemically discrete particles of different sizes. It may be from anthropogenic or natural sources. Dust particles are often referred to as particulate matter (PM). Particles could be emitted directly or formed from the transformation of gaseous pollutants such as VOCs, SO_x , and NO_x . Most time, it is in the form of dust particulates. Particles with diameter of less than $10\ \mu\text{m}$ (PM_{10}) are more dangerous and travel faster than those above $10\ \mu\text{m}$. These small particles quickly enter the nose, trachea, and lungs and result in serious respiratory problems³⁵. Some research has linked PM exposure to high risk of infant mortality and low birth weight^{11,36}. To minimize this pollutant's effect, each state's air quality index (AQI) should be available and accessible to determine the actual PM level permitted in that locality³⁷. Another prominent pollutant is carbon monoxide (CO). This pollutant is known to be a silent killer because it is toxic, odourless and colourless gas³⁵. Incomplete combustion, which results from the burning of fuel in industries, generators in enclosed space, unvented gas, and cigarette smoke are some of the CO emissions sources. This gas is one of the most harmful gas for a pregnant woman as it may reduce the oxygen in the mother's blood leading to failure in delivering oxygen to the fetus; exposure at an early stage of pregnancy could also lead to preterm birth, cardiac birth defect and retarded growth³⁸. Some of the preventive measures include installing CO alarm in industries or homes to alert people of CO emissions³⁹. Mkppe et al.⁴⁰ analyzed the sources of CO pollution in Nigeria as presented in Table 1.

Aside CO, there are other dangerous pollutants that occur in Nigeria as anthropogenic pollution. Sulphur IV oxide (SO_2) is a significant pollutant wherever there is automobile or industrial emission. The primary source of SO_2 is from the burning of fossil fuels, coal, and natural gas. Other sources include electric power generating plants, transportation, energy production, and combustions, to mention but few⁴¹. Its effect includes irritations, lung damage, acid rain. Hou et al.⁴² conducted a case study on the relationship between SO_2 and stillbirth fetal death and concluded that pregnant women exposed to this pollutant in their first trimester have fetal death. Nitrogen IV oxide (NO_2) is another major pollutants wherever there is an automobile or industrial emission. Road transport automobiles is the largest source of nitrogen emissions. Other sources include production and combustion processes, fossil fuel extraction, etc. it could result in the accumulation of excess fluid in the lungs called pulmonary edema. Findings from Iñiguez et al. (2016) suggest prenatal exposure to NO_2 affects the development of a fetus, reducing its length and head circumference. IQAir⁴³ gave the air quality over major cities as indicated in the figure below (Fig. 3). It can be seen that the distribution of air pollutants in Nigeria is peculiar to locations. Oil producing locations and large cities are more polluted with significant concentrations of CO, NO_2 , SO_2 , etc.

Methodology

Data generation. The raw dataset of dust deposition, dust column u-wind mass flux, and dust column v-wind mass flux were sourced from the Modern Era Retrospective-Analysis for Research and Applications (MERRA-2). MERRA dataset is sourced from NASA's Earth Observing System satellites. The information used was 10 years (2010–2019) dataset over Nigeria. The spatial grid of the dataset was 3D, model-level, full horizontal resolution. The dataset was obtained yearly. U-wind is the zonal velocity and it is the component of the horizontal wind towards the east. V-wind is the meridional velocity and it is the component of the horizontal wind towards the north. The dust column u-wind mass flux is the influence of the zonal velocity in the dust column distribution, while the dust column V-wind mass flux is the influence of the meridional velocity in the dust column distribution.

The second data exploration was done via sampling each location from each geopolitical zones of the country. The geopolitical zones have been displayed in Fig. 2. The locations were Lagos (south-west GZ), Aba (south-east GZ), Abuja (north-central GZ), Kano (north-central, Port Harcourt (south-south GZ), and Borno (north-east GZ). These locations are the most polluted location within each geopolitical zones^{31–34,44,45}. The spatial grid of the dataset was 2D, single-level, full horizontal resolution. The dataset was obtained monthly for 10 years between 2010 and 2019.

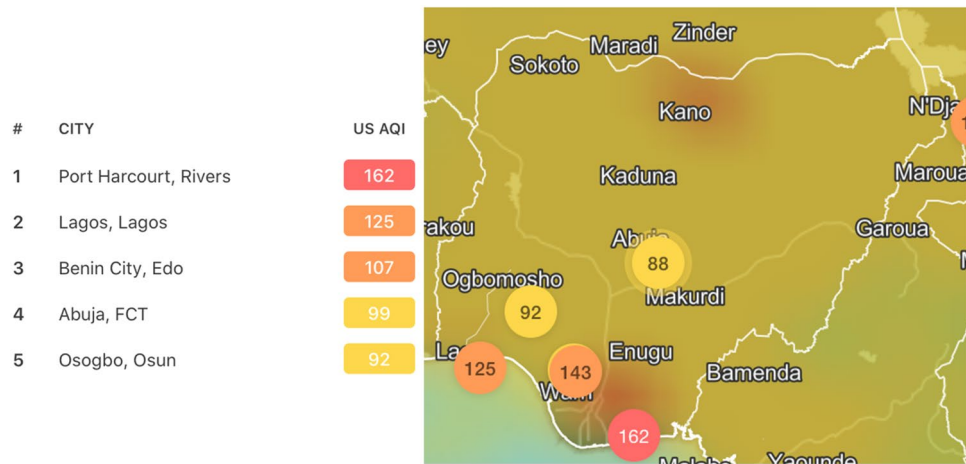


Figure 3. Air quality over selected cities in Nigeria⁴³.

Data analysis. The raw dataset was treated using the statistical technique. The outliers were referred to as noise. The noise was deleted and replaced using an artificial neural network (ANN). After treating the dataset, several statistical operations were performed. The first statistical operation was finding the percentile of the dataset using Eq. (1).

$$PR = \left[\frac{CF + 0.5F}{N} \right] \times 100 \tag{1}$$

where PR is percentage rank, CF is the cumulative frequency below the given score, F is the frequency of the given score, and n is the number of scores in the distribution. The upper and lower limit is estimated using Eqs. (2).

$$\text{Rank (Upper Limit)} = (100 - \text{percentile}) * (\text{Total number of dataset}) / 10000 \tag{2}$$

$$\text{Rank (Lower Limit)} = (99.99 - \text{percentile}) * (\text{Total number of dataset}) / 10000 \tag{3}$$

The basic statistical calculation that borders on standard deviation, standard error, and variance were calculated. The correlations of the dataset were performed using the Pearson and Spearman correlation. The Pearson correlation was calculated using Eq. (4), while the Spearman correlation was estimated using Eq. (5).

$$\rho_{X,Y} = \frac{Cov(X, Y)}{\sigma_X \sigma_Y} \tag{4}$$

where cov is the covariance, σ_X is the standard deviation of X, and σ_Y is the standard deviation of Y.

$$\rho = 1 - \frac{6 \sum d_i^2}{n(n^2 - 1)} \tag{5}$$

where ρ is the Spearman rank correlation, d_i is the difference between the ranks of corresponding variables, and n is the number of observations.

The spatial interpolation was done using the quantum geographic information system (QGIS). It is free and open source used to plot Fig. 5. The imagery from the MERRA was modified using MATLAB. This technique was used to plot Figs. 6,7 and 8.

Mathematical experimentation and risk assessment. The risk analysis was performed using mathematical experimentation. The second-order differential equation of particulate transport through human airways was given by Shunshoku et al. (2006):

$$P_{ao}(t) + a_1 \dot{P}_{ao}(t) = f_E(V)V(t) + g_R(V)\dot{V}(t) + b_2 \ddot{V}(t) + P_{eea} + \varepsilon(t) \tag{6}$$

where $P_{ao}(t)$ Is the airway opening pressure, P_{eea} is the end-expiratory alveolar pressure. $\varepsilon(t)$ contains the modeling error and the measurement noise, $f_E(V)$ is the pulmonary elastance, g_R is the airway resistance, $V(t)$ is the air-volume of the lung.

When there is voluntary or involuntary movement around the oropharynx, the lung volume is said to be chaotic because of vibrations along the lining of the lungs. In this case, $\dot{P}_{ao}(t) = 0$. Then, Eq. (6) would no longer be calculated in the lungs' air-volume but the particulates' radius. Hence, Eq. (6) becomes

Dose solution	Abundance of ²⁰⁴ Pb (%)	Abundance of ²⁰⁶ Pb (%)	Abundance of ²⁰⁷ Pb (%)	Abundance of ²⁰⁸ Pb (%)
Common lead	1.4	24.8	21.7	52.1
²⁰⁴ Pb-enriched	17.9	22.5	18.1	41.5
²⁰⁶ Pb-enriched	0.98	45.4	17.1	36.5
²⁰⁷ Pb-enriched	1.1	19.5	38.3	41.1

Table 2. Lead and its isotope influence in the human body⁴⁷.

$$\frac{1}{\varepsilon(t)} [b_2 \ddot{r}(t) + g_R(r) \dot{r}(t) + f_E(r)r(t) = s] \quad (7)$$

where $s = P_{eea} - P_{ao}(t)s = f_E(V)V(t) + P_{eea} + \varepsilon(t) - P_{ao}(t)$ the initial conditions and $\dot{r}(0) = 0.0393$. Therefore, the aerosols that would be entering the human body is described by Eq. 8 when $b_2 = 5$, $g_R = 1$, $f_E = 2$, $s = 0.5$.

The risk assessment was calculated using USEPA exposure factors handbook³⁷:

$$ADD = \frac{C \times InhR \times EF \times ED}{Bw \times AT} \quad (8)$$

where ADD is average daily dose ($\mu\text{g}/\text{kg}/\text{day}$), C is the mean dust Concentration, InhR is the inhaled rate (1 mg/day for adults, 2.5 mg/day for pregnant women and 2 mg/day for children), EF is the exposure frequency of 365 days per year, ED is 6 years for children and 24 years for adults, Bw is the bodyweight of 60 kg for adults and 15 kg for children was assumed, AT is the averaging time of 1300 days in 5 years.

The radiological risk analysis from the inhaled radioactive particulates in dust was estimated using the ERICA 1.3 software. The radioecology modalities are already reported in Ref⁴⁶.

The dose rates are calculated using the equivalent dose for radiation Λ (which can be α , β , γ , X, n, etc.) using

$$H_{\Omega} = \sum_{\Lambda} w_{\Lambda} D_{\Omega\Lambda} \quad (9)$$

where w_{Λ} is the radiation weighting factor, $D_{\Omega\Lambda}$ is the absorbed radiation, and it is measured in Gy w_{Λ} allows the introduction of Sv as the unit for H_{Ω} . The total equivalent dose for the whole organism is therefore calculated as:

$$H = \sum_{\Omega} w_{\Omega} H_{\Omega} \quad (10)$$

Inskip et al.⁴⁷ gave the internal dose rates from lead and its isotope in bone to blood of nonhuman primate as presented in Table 2.

Discussion on general pollution state. In this study, it was observed that dust pollution had the highest mass concentration among other pollutants (see Fig. 4) according to satellite measurements via MERRA-NASA. Dust pollution in Nigeria is mainly from Sahara and many uncompleted road networks across the nation⁴⁵. Figure 4 shows that dust emission in selected location in Nigeria is generally above $35 \text{ g}/\text{m}^3$. Abuja has the highest dust emission with $39.54 \text{ g}/\text{m}^3$ (Fig. 4c). Ehrmann et al.⁴⁸ reported that 50% of the total desert dust found in the atmosphere is from the Sahara dust influx. Some of the dust content comes from building construction, farm activities, road construction, human activities, industrial emissions (such as cement dust), dust storm, and whirlwind. The Sahara dust is the most prominent among all, as it is believed to be maximum during harmattan. The particulates are borne by the African continental trade wind system, which blows in the northeast direction. In the Nigerian landmass context, the African continental trade wind system blows from north to south; hence, it deposits more dust in the north than in the southern parts. Most time, harmattan dust reaching the southern parts are more $\text{PM}_{2.5}$ than PM_{10} . Minka et al.⁴⁹ reported that about 400–1200 kg/ha and 100–400 kg/ha dust particles are deposited in the north and south of Nigeria. Pure harmattan dust is mainly composed of quartz; however, due to the source of dust particulates, its chemical constituents are determined from the conditions at which it is generated.

For example, its reaction with atmospheric gases can make it have sulfate, ammonium, nitrates, and organic constituents. Sometimes, it may have heavy metal components, etc. For example, several researchers have proven that dust in both the north and south of Nigeria is made up of heavy metals such as Si, Ti, Al, Fe, V, K, Mg, Ca, Na, Cl, Cu, Pb, Zr, Zn, Br, Mg, As, Se, Cd and Mn^{50–53}. Ogundele et al.⁵⁴ had reported that almost the same heavy metals could be found in indoor dust.

Considering the significant pollutions from gaseous particulates such as dust, organic carbon, SO_2 emission, sea-salt depositions, SO_4 emissions, and carbon monoxide that is displayed in Fig. 4, some pollutants are significantly high at certain location. SO_2 and SO_4 emissions was highest in Kano and Abuja with mass concentration of $5.2 \text{ g}/\text{m}^3$ and $5.1 \text{ g}/\text{m}^3$ respectively. Black carbon emission was found to be high in southern Nigeria with Abuja, Lagos and Port Harcourt having mass concentration of $6.8 \text{ g}/\text{m}^3$, $5.3 \text{ g}/\text{m}^3$, and $5 \text{ g}/\text{m}^3$ respectively. Though black carbon was seen to be comparatively low i.e., $< 6 \text{ g}/\text{m}^3$, carbon monoxide was found to be significant in big cities as Kano, Lagos, Abuja and Port Harcourt with concentrations $4.6 \text{ g}/\text{m}^3$, $2.7 \text{ g}/\text{m}^3$, $3 \text{ g}/\text{m}^3$ and $4 \text{ g}/\text{m}^3$ respectively. These results can be juxtaposed with maternal mortality data presented by Midwives Service Scheme in Nigeria (Fig. 1b) and MNCH2⁵⁵.

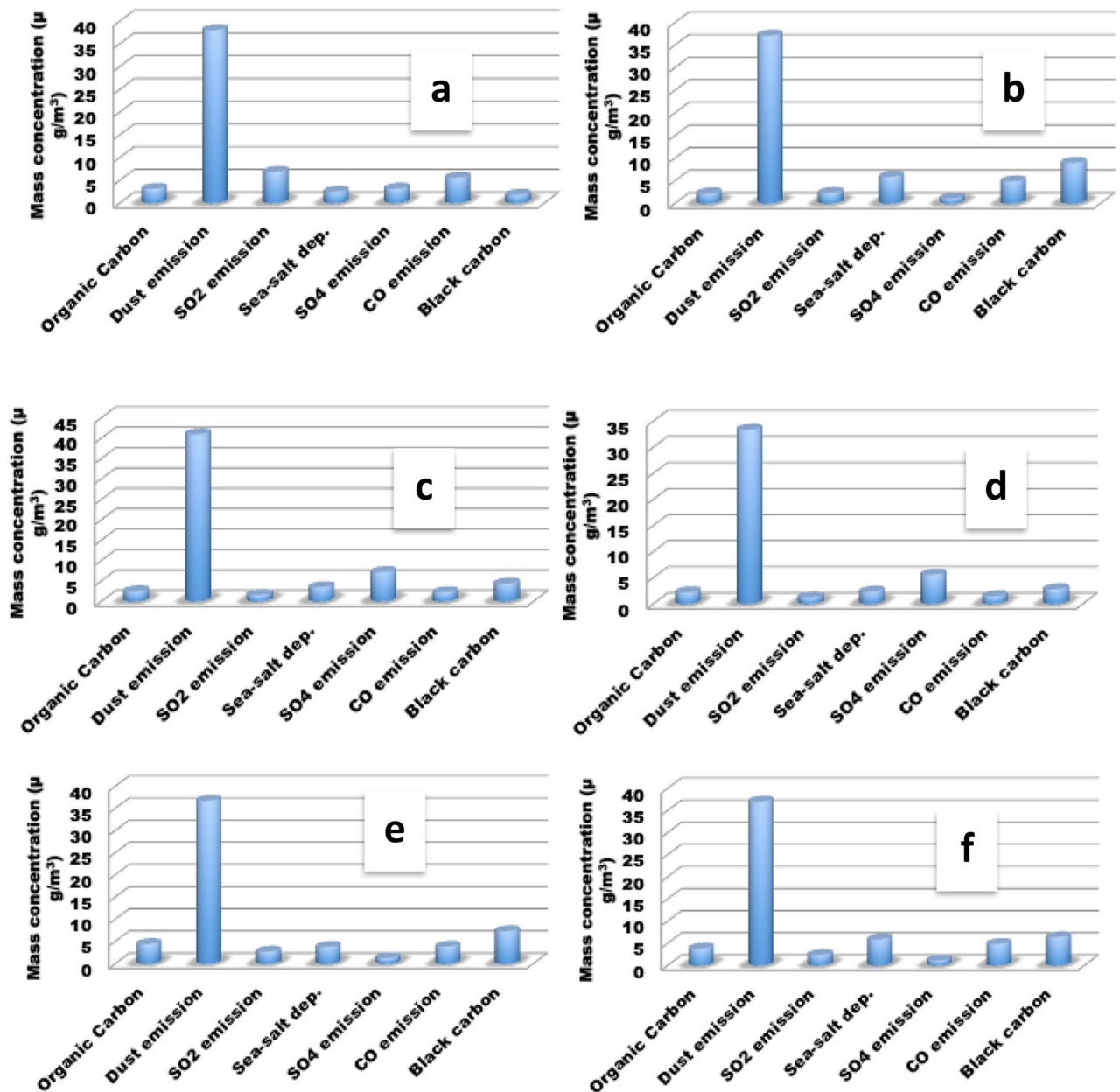


Figure 4. Satellite measurement of major pollutants (a) Kano, north-west GZ (b) Aba, south-east GZ (c) Abuja, north-central GZ (d) Borno, north-east GZ (e) Lagos, south-west GZ (f) Port Harcourt, south-south GZ.

Aba had significant pollutants such as co emission, black carbon, dust emissions, and sea-salt deposition. Abuja and Borno were seen to have almost trend of pollutants variations within 10 years. Dust, sulphate, and black carbon depositions were more prevalent in both locations. Lagos and port Harcourt had almost same trend as Abuja and Kano except for the relatively high emission of organic carbon. Generally, it can be observed that aside from dust deposition, fossil fuel burning contributes significantly. Figure 5a shows the averages of 5 years (2010–2014) black carbon biomass burning emission dataset with the highest emissions in Kano, Jigawa, and Kastina whose concentration was $> 4.2 \text{ kg m}^{-2} \text{ s}^{-1}$. Abdulkadir and Rainis⁵⁶ had been able to validate the significance of this particulates in maternal deaths. Figure 5b shows the averages of the second 5 years dataset (2015–2019) of the black carbon biomass burning emission which was a little reduced by $0.21 \text{ kg m}^{-2} \text{ s}^{-1}$. It was observed that spatial distribution in both north-central and south-west geopolitical zones showed significant emissions that is greater than $4.2 \text{ kg m}^{-2} \text{ s}^{-1}$. The south-south and north-east zones showed stable emission ($< 3.1 \text{ kg m}^{-2} \text{ s}^{-1}$) within 10 years.

It was observed that the prevalence of this emission is more significant in the dry season. This trend may be due to farming activities, refuse and bush burning. Akinyemi et al.⁵⁷ showed that the ventilation of locations that is determined by the wind system may be a determining factor in the continuous presence of particulates in the atmosphere. This could be inferred that the wind system in affected locations determines how long pregnant

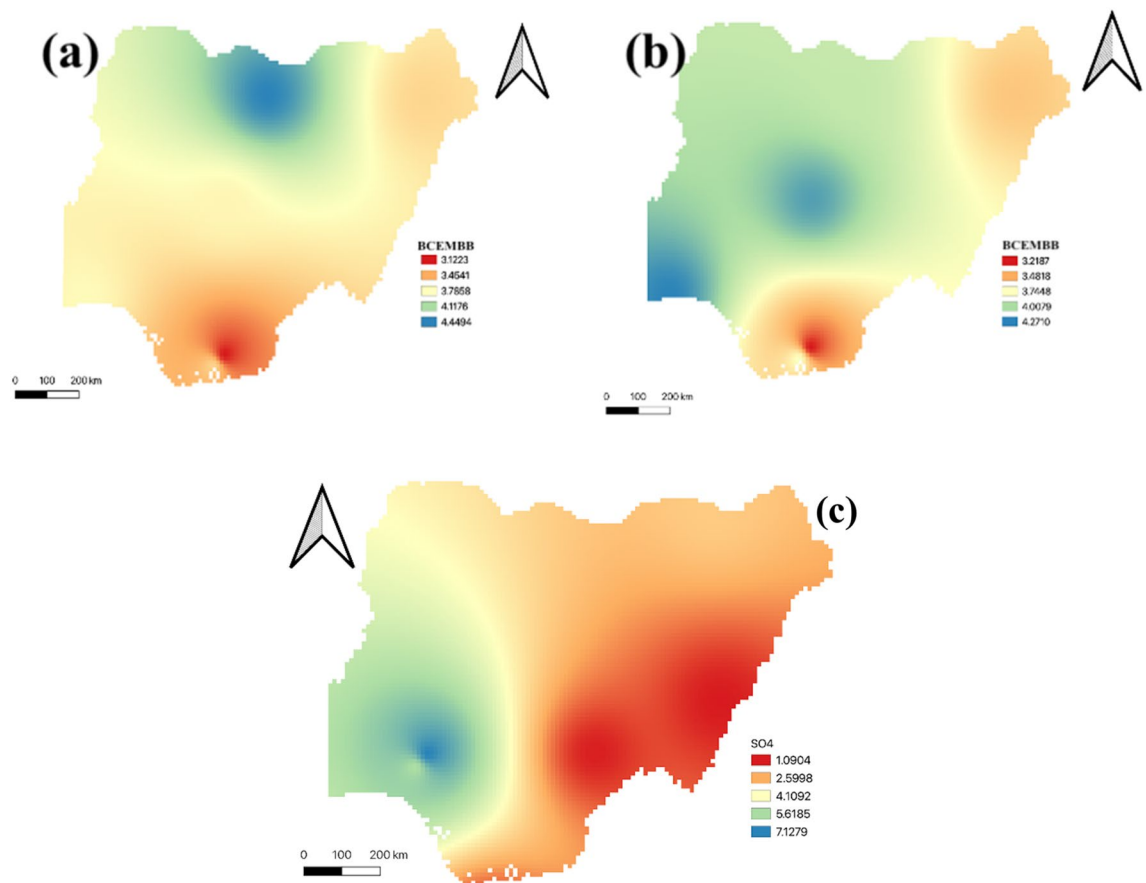


Figure 5. State of black carbon and sulphate particulates (a) Black Carbon Biomass Burning Emissions (2010–2014) (b) Black Carbon Biomass Burning Emissions (2015–2019) (c) Sulphate aerosol.

mothers may be at risk. The spatial analysis of the sulphate aerosols across Nigeria is presented in Fig. 5c below with sulphate aerosols concentration of $>7.1 \text{ kg m}^{-2} \text{ s}^{-1}$ in the south-west and parts of north-central.

It is observed that the concentration of the sulphate particles is diagonally decreasing from south-west to north-east within 10 years. This result was observed to be consistent each year i.e., showing that the cause may likely be localized due to industrial pollution which may be linked to maternal deaths in south-west Nigeria^{50,58}.

Spatial analysis of dust deposition. The dust deposition over Nigeria is presented in Fig. 6. Figure 6 was produced using codes and satellite image described in Ref⁵⁹. 6 years dataset (2010, 2014, 2015, 2016, 2017, and 2019) was selected out of 10 years available dataset. There were consistent dust depositions at the north-east GZ for the years selected. The highest concentration points (whose dust deposition is above $38 \mu\text{m}^{-2} \text{ s}^{-1}$) were observed to shift yearly between Kano (north-west) and Jigawa (north-west). Aside from the Sahara dust influx, the north of Kano had higher industries, construction work, and human activities, as presented in the spatial analyses. With this observation, pregnant women, there are likely to have more respiratory challenges. This scenario explains the main factor for the high maternal mortality rate in Kano to be 1025 deaths per 100,000 live births despite the improved medical services⁵⁵.

Secondly, it is observed that dust depositions are noticeable over the three northern geopolitical zones with dust depositions greater than $34 \text{ kg m}^{-2} \text{ s}^{-1}$, suggesting that the deposition is mainly controlled by the dust column u-wind mass flux ($>0.0003.2 \text{ kg m}^{-1} \text{ s}^{-1}$) as revealed in Fig. 7) and the particulate matter's sizes (within $\text{PM}_{2.5}$ and PM_{10}). Like Kano, another prominent dust deposition location is Niger state (north-central GZ). Aside from the Sahara dust influx, the location is characterized by an untarred road network that is believed to be $>65\%$. The untarred road network is plied regularly as the location is the connecting route for traders and working populations from neighbouring locations such as Abuja.

The southern parts of Nigeria were observed to have less concentration of dust deposits ($<11 \mu\text{m}^{-2} \text{ s}^{-1}$), which further confirms that the Sahara dust influx is the primary type of pollution across the country⁴⁹. Juxtaposing dust emission (Fig. 4) and dust deposition (Fig. 6), it can be seen that the influence of the dust column v-wind mass flux which is $>0.00035 \text{ kg m}^{-1} \text{ s}^{-1}$ plays significant role in both parameters. Also, it is observed that dust deposition in southern Nigeria was high between 2014 ($11.2 \text{ kg m}^{-2} \text{ s}^{-1}$) and 2016 ($11.32 \text{ kg m}^{-2} \text{ s}^{-1}$); and relatively low in 2010 ($8.28 \text{ kg m}^{-2} \text{ s}^{-1}$) and 2019 ($8.43 \text{ kg m}^{-2} \text{ s}^{-1}$). The south's low dust deposition could be attributed to the vegetation that serves as a windbreaker for the northeast wind conveying dust from Sahara. However, with dust deposition of $>10 \mu\text{m}^{-2} \text{ s}^{-1}$, pregnant women and infants are more at risk due to the heavy metal content and the radioactive particulates in the inhaled dust.

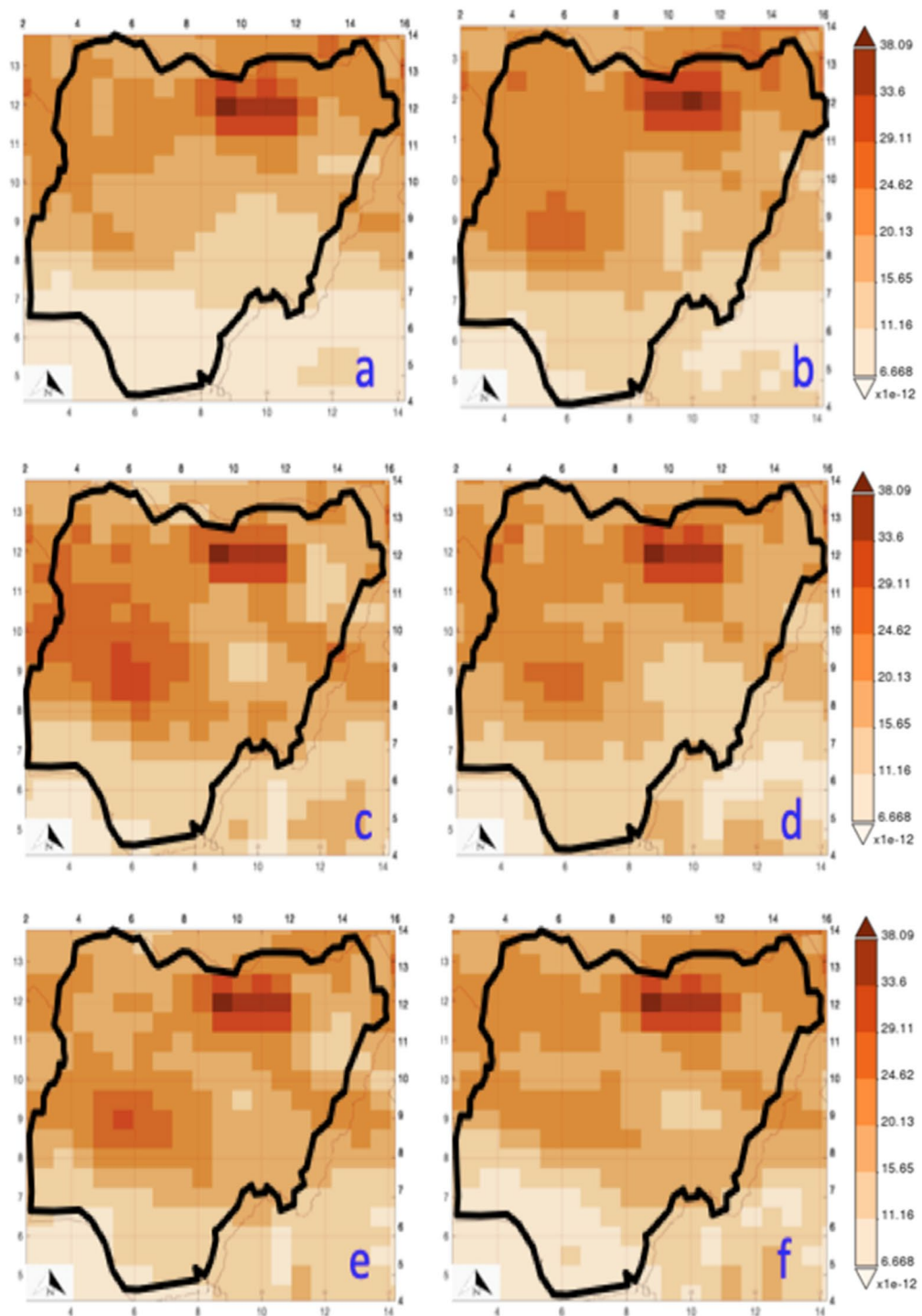


Figure 6. Dust dry deposition (a) 2010 (b) 2014 (c) 2015 (d) 2016 (e) 2017 (f) 2019.

It was closely observed that a section in the north-central GZ was consistently low ($6.79 \text{ kgm}^{-2} \text{ s}^{-1}$) despite the prevailing Sahara dust influx. The location is identified as Plateau state. This occurrence may be ascribed to its topography i.e.; altitude ranges from around 1200 m (3900 ft) to a peak of 1829 m (6001 ft) above sea level. Plateau's maternal mortality rate is given as 905 per 100,000 live births⁶⁰. Likewise, in the south, Bayelsa state (south-south GZ) consistently had low dust deposits ($6.53 \text{ kgm}^{-2} \text{ s}^{-1}$). Its average elevation is 18 m above mean sea level. In other words, it has been discovered that dust deposition depends on topography; hence, pregnant women within extreme elevations may be safer.

The spatial analysis of the dust column u-wind mass flux (DCUMF) is presented in Fig. 7. Figure 7 was produced using codes and satellite image described in Ref⁵⁹. The diagram shows that DCUMF is higher in the north than in the south of Nigeria. DCUMF trend shows that it is decreasing from north ($> 0.00034 \text{ kgm}^{-1} \text{ s}^{-1}$)

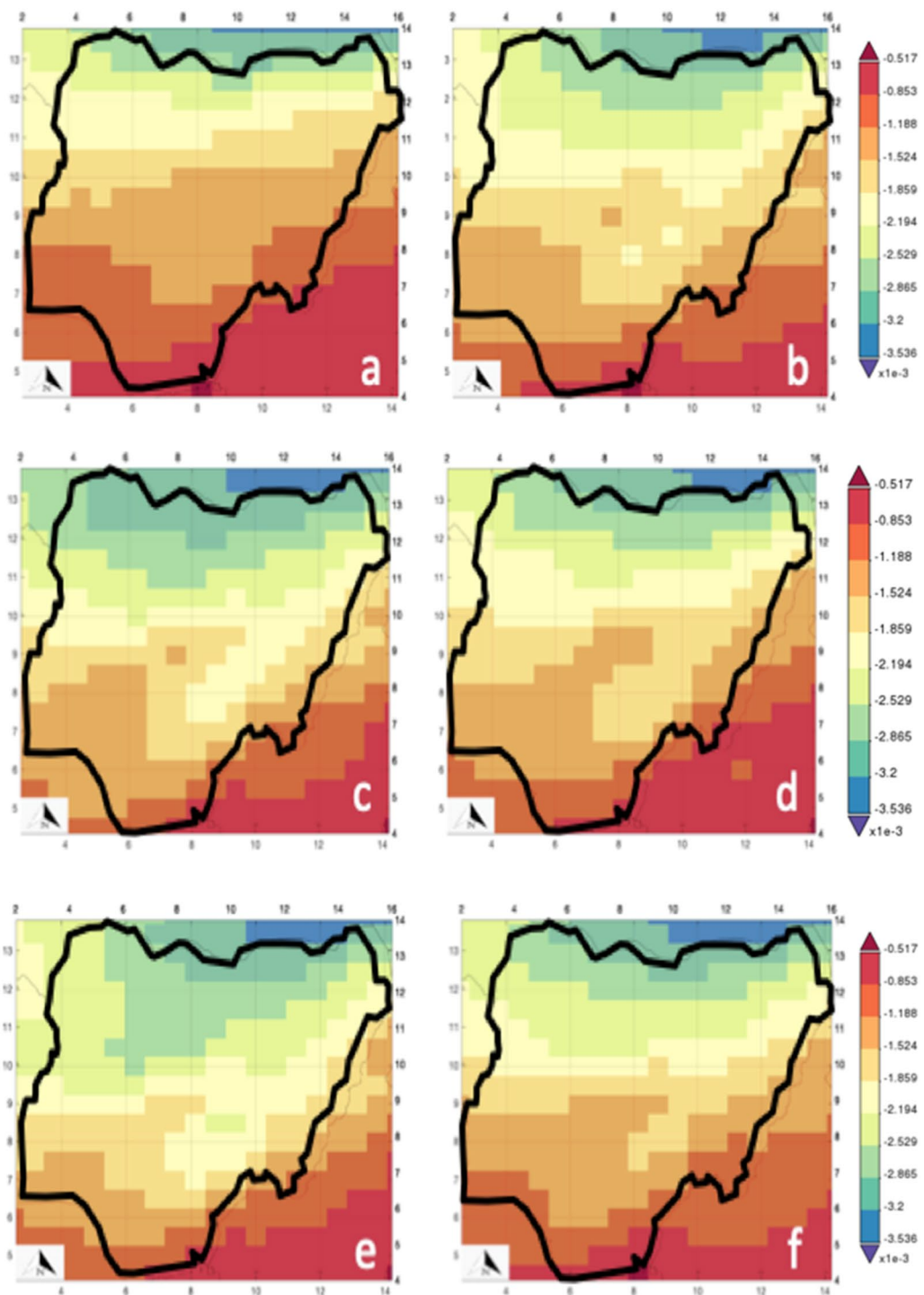


Figure 7. Dust column u-wind mass flux (a) 2010, (b) 2014, (c) 2015, (d) 2016, (e) 2017 (f) 2019.

to south ($>0.000052 \text{ kg m}^{-1} \text{ s}^{-1}$). This result shows that the transport of dust from Sahara by the northeast trade wind is strongly supported by the zonal wind speed that varies yearly. The comparison between the dust deposition and DCUMF clearly explains why there is a significant yearly variation that depends on the atmosphere's volume of dust. In other words, as lighter dust is carried from north to south, it combines with the localized dust in the south and deposits at varying locations, as seen in Fig. 7. More significantly is the possibility that the lighter Sahara dust might have chemically reacted with the localized dust to yield more dangerous products such as heavy metallic dust and/or radioactive dust particulates. Hence, the danger might not be inhalation, but the extensive reaction that occurs with the body since pregnant women are the most vulnerable because of their reduced lung capacity. WHO⁶¹ reported that in 2012, lower respiratory infections were the leading cause of death that was estimated to 290.2 thousand.

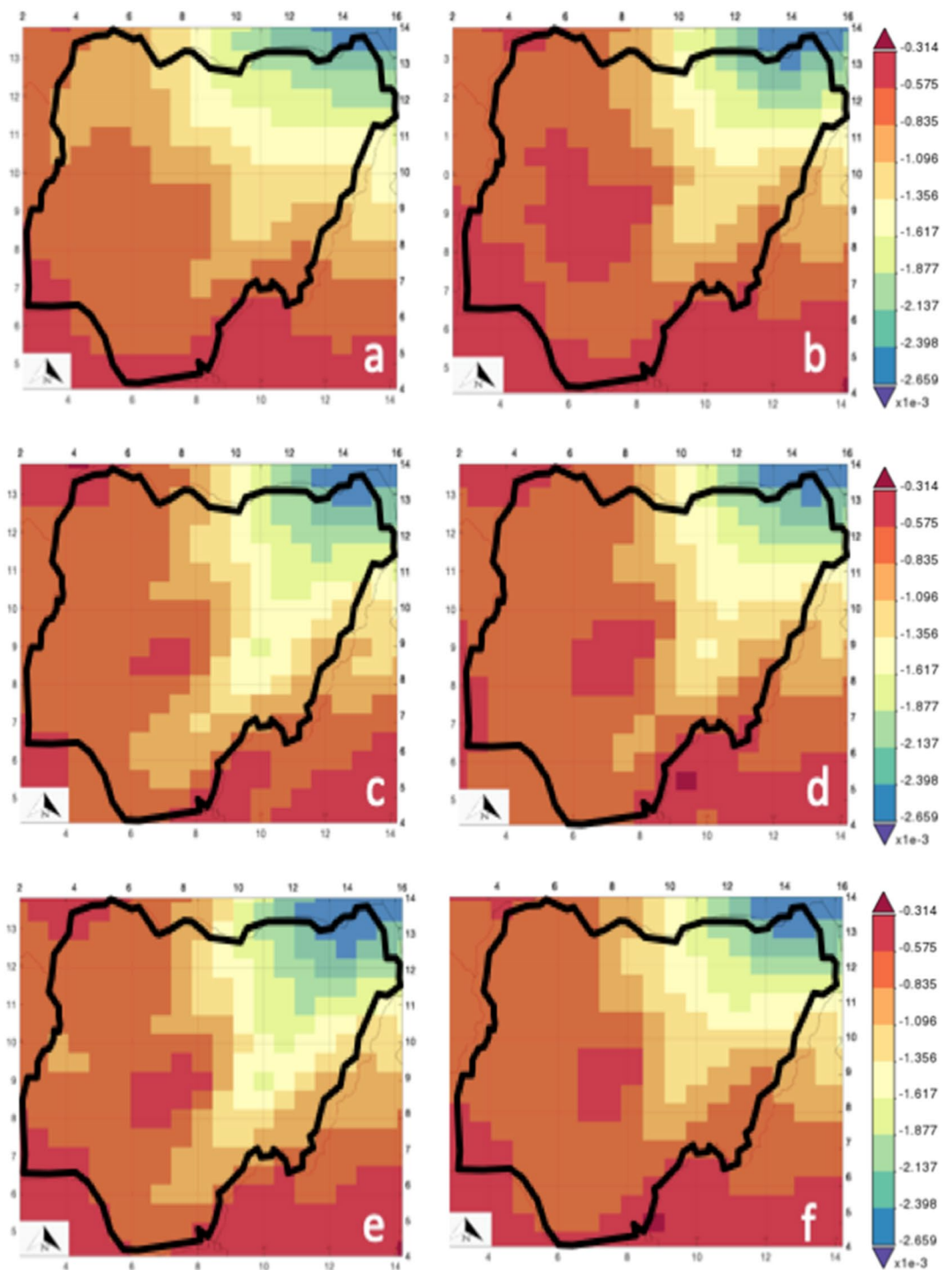


Figure 8. Dust column v-wind mass flux (a) 2010, (b) 2014, (c) 2015, (d) 2016, (e) 2017 (f) 2019.

The spatial analysis of the dust column V-wind mass flux (DCVMF) is presented in Fig. 8. Figure 8 was produced using codes and satellite image described in Ref⁵⁹. DCVMF increases from east ($>0.000265 \text{ kgm}^{-1} \text{ s}^{-1}$) to west ($>0.000314 \text{ kgm}^{-1} \text{ s}^{-1}$) with a higher magnitude at every other year. The meridional velocity seems to have a turning effect around the north-central geopolitical zones and the unnecessary parts of south-west and south-south geopolitical zones. This occurrence yields a lower dust column in the affected region. When the dataset is combined with dust deposition, more localized dust is emitted in the north-central. Most time, localized dust emission may increase as the indoor dust. This assertion is corroborated by the work of Ogundele et al.⁵⁴ at the extreme parts of the south-west GZ. Both the DCVMF and DCUMF affirm that Borno and its surrounding environs may have the highest dust column mass influx. This result explains the high maternal mortality rate in the region.

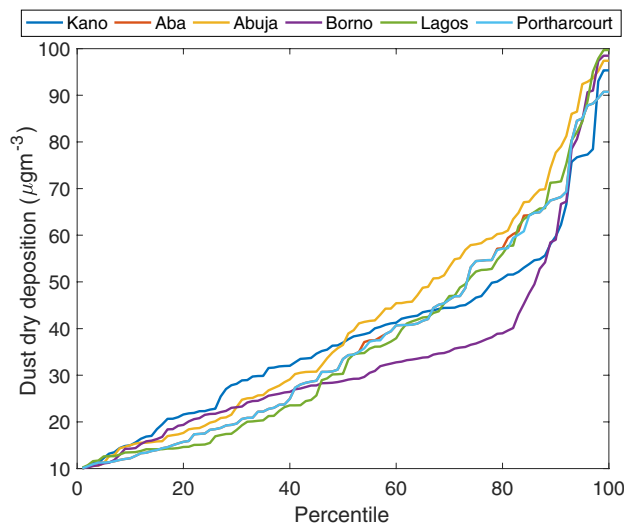


Figure 9. Percentile classification of dry dust deposition.

	Kano	Aba	Abuja	Borno	Lagos	P/Harcourt
Mean	37.96123	37.13633	40.96812	33.35485	36.74592	37.03275
Std. error	1.649851	2.019057	2.151816	1.780298	2.117748	2.011084
Variance	326.6411	489.1908	555.6373	380.3352	538.1828	485.3351
Stand. dev	18.07322	22.11766	23.57196	19.50218	23.19877	22.03032

Table 3. Statistical parameters of selected locations.

Statistical analysis of dust deposition in Nigeria. The percentile plot of the dry dust deposition (DDD) for the selected locations in each geopolitical zone is presented in Fig. 9. The percentile trend is said to be parabolic. This trend means that all the regions have a common primary source of pollution, i.e., Sahara dust. The range of datasets falls at a particular frequency that shows its coherence. For example, in descending order at the 25th percentile, the DDD are Kano ($22.67 \mu\text{gm}^{-3}$), Borno ($21.71 \mu\text{gm}^{-3}$), Abuja ($19.89 \mu\text{gm}^{-3}$), Aba ($18.34 \mu\text{gm}^{-3}$), Port Harcourt ($18.34 \mu\text{gm}^{-3}$), and Lagos ($15.85 \mu\text{gm}^{-3}$). At the 25th percentile, the dataset's background nature can be known as it corroborates the spatial analysis in Fig. 4. Taking the DDD at 75th percentage, it was observed that its value is given as Abuja ($58 \mu\text{gm}^{-3}$), Aba ($54.12 \mu\text{gm}^{-3}$), Port Harcourt ($54.12 \mu\text{gm}^{-3}$), Lagos ($51.91 \mu\text{gm}^{-3}$), Kano ($46.41 \mu\text{gm}^{-3}$), and Borno ($36.72 \mu\text{gm}^{-3}$). The higher percentile depicts the localized DDD trend, i.e., dust generated from various activities aside from the Sahara dust influx. The difference between the 75th and 25th percentile gives a clear picture of the dataset's coherence for 10 years. Lower values show better coherence of the dataset as presented in Borno ($15 \mu\text{gm}^{-3}$), Kano ($23.74 \mu\text{gm}^{-3}$), Aba ($35.79 \mu\text{gm}^{-3}$), Port Harcourt ($35.79 \mu\text{gm}^{-3}$), Lagos ($36.06 \mu\text{gm}^{-3}$), and Abuja ($38.12 \mu\text{gm}^{-3}$). This result corroborates the spatial analysis for dust column v-wind mass flux that the meridional velocity over north-central and extreme parts of south-south and south-west favour lower dust deposition.

The statistical parameters of mean, standard error, variance, and standard deviation for each location are displayed in Table 3. Unlike the percentile classification, the standard error, variance, and standard deviation show that the dataset's coherence is in descending order of Kano, Borno, Aba, Port Harcourt, Lagos, and Abuja. The highest mean dust deposition was found in Abuja (40.97) which does not in any way mean that other locations do not have higher daily dust deposition within the 10 years considered. It was observed that the though Aba had higher DDD mean (37.14) than Lagos, the standard error in Lagos is higher because of DDD spikes at certain times of the year. Over 10 years, the DDD mean shows that in descending order, Abuja, Kano, Aba, Port Harcourt, Lagos, and Borno. This result shows a rough estimation of local and Sahara dust coagulation in the area. Hence, despite the general influence of Sahara dust, the localized dust emission's impact is significant.

The Pearson correlation of the selected locations in the geopolitical zones is presented in Table 4. The significant correlation was observed only for Port Harcourt and Aba. Dust deposition shows a significant correlation in south-west and south-south geopolitical regions of Nigeria. It was also observed that the dataset in other regions (south-west, north-central, north-west, north-east) did not have significant correlations. This result simply means that there are significant local dust depositions than Sahara dust deposition. Hence, there will be higher indoor dust in the north-central GZ in Nigeria. This result explains the relatively high maternal mortality rate proposed by Ref^{60,61}.

	Kano	Aba	Abuja	Borno	Lagos	P/Harcourt
Kano		4.90E-01	0.21148	2.91E-07	0.023483	5.34E-01
Aba	-0.063567		0.48108	7.88E-01	9.53E-04	3.05E-01
Abuja	-0.11489	-0.064929		0.37073	0.00079543	0.46816
Borno	0.44785	-0.024825	-0.082435		0.11323	8.12E-01
Lagos	0.20673	0.29785	-0.30218	0.14534		8.95E-04
P/Harcourt	-0.057321	0.9993	-0.066853	-0.021902	0.29937	

Table 4. Pearson correlation of selected locations. Significant values are in bold.

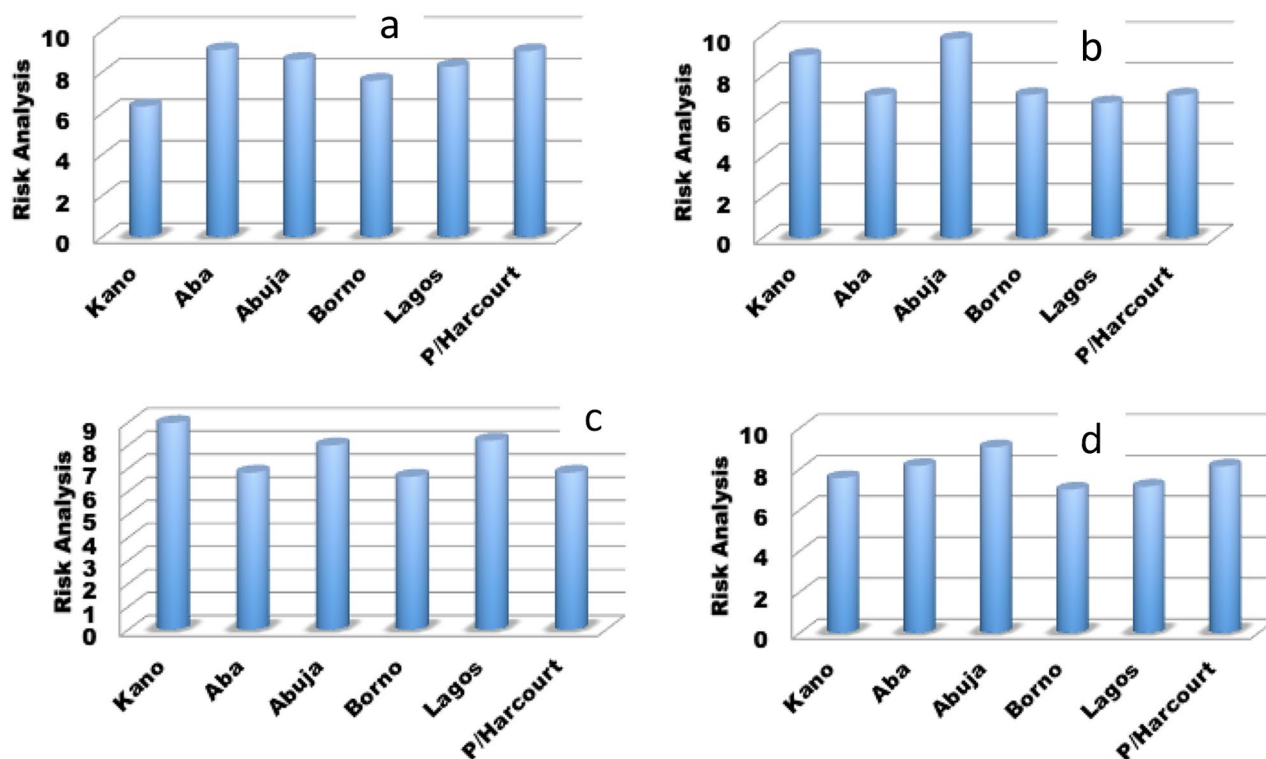


Figure 10. Risk analysis (a) early dry season-SON (b) late dry season-DJF (c) early wet season-MAM (d) late dry season-JJA.

Risk analysis of inhaled dust. Using the USEPA risk analysis calculation, the risk for the four seasons i.e. early dry season (September, October, and November), late dry season (December, January, and February), early wet season (March, April, and May), and late wet season (June, July, and August) as presented in Fig. 10. The average mass concentration for each season and location was used to estimate the risk assessment. It was observed that the risk accrue to dust inhalation in the early dry season is more pronounced in Aba (south-east) and Port Harcourt (south-south) whose average daily uptake is $9.3 \mu\text{g}/\text{kg}/\text{day}$ (Fig. 10). Abuja (north-central), Lagos (south-west), Borno (north-east), and Kano (north-west) had average daily uptake that is greater than $5.8 \mu\text{g}/\text{kg}/\text{day}$. In the late dry season, Abuja had the highest average daily uptake of $9.6 \mu\text{g}/\text{kg}/\text{day}$. Kano, Borno, Aba, Port Harcourt, and Lagos had average daily uptake that is greater than $6 \mu\text{g}/\text{kg}/\text{day}$. In the early wet season, Kano had the highest average daily uptake of $8.45 \mu\text{g}/\text{kg}/\text{day}$. Lagos, Abuja, Aba, Port Harcourt, and Borno had average daily uptake that is greater than $6 \mu\text{g}/\text{kg}/\text{day}$. In the late wet season, Abuja had the highest average daily uptake of $8.3 \mu\text{g}/\text{kg}/\text{day}$. Aba, Port Harcourt, Kano, Lagos, and Borno had average daily uptake that is greater than $6.28 \mu\text{g}/\text{kg}/\text{day}$. These results further corroborate the assertion in Fig. 1b. Several pieces of literature have shown varying exposure limits for different scenarios. For example, the occupational exposure limits (OEL) for respirable dust and respirable crystalline silica (RCS) for mining workers are given as $1.5 \text{ mg}/\text{m}^3$ and $0.05 \text{ mg}/\text{m}^3$, respectively⁶². HSE⁶³ recommended the exposure limits to coal dust as $1 \text{ mg}/\text{m}^3$ over a working lifetime of 40 years. TUC's recommended that precautionary dust standard as $2.5 \text{ mg}/\text{m}^3$ and $1 \text{ mg}/\text{m}^3$ (TUC, 2011). Considering different limits mentioned above, the risk assessment is high for all regions⁶⁴⁻⁶⁷.

The second part of the risk analysis is the theoretical estimation of the deposition of dust particulates in pregnant women's lungs. The radius of the particulates was estimated and modelled using Eq. (8), as presented in Fig. 11. It was observed that there is a direct proportionality between the size of outdoor or indoor dust

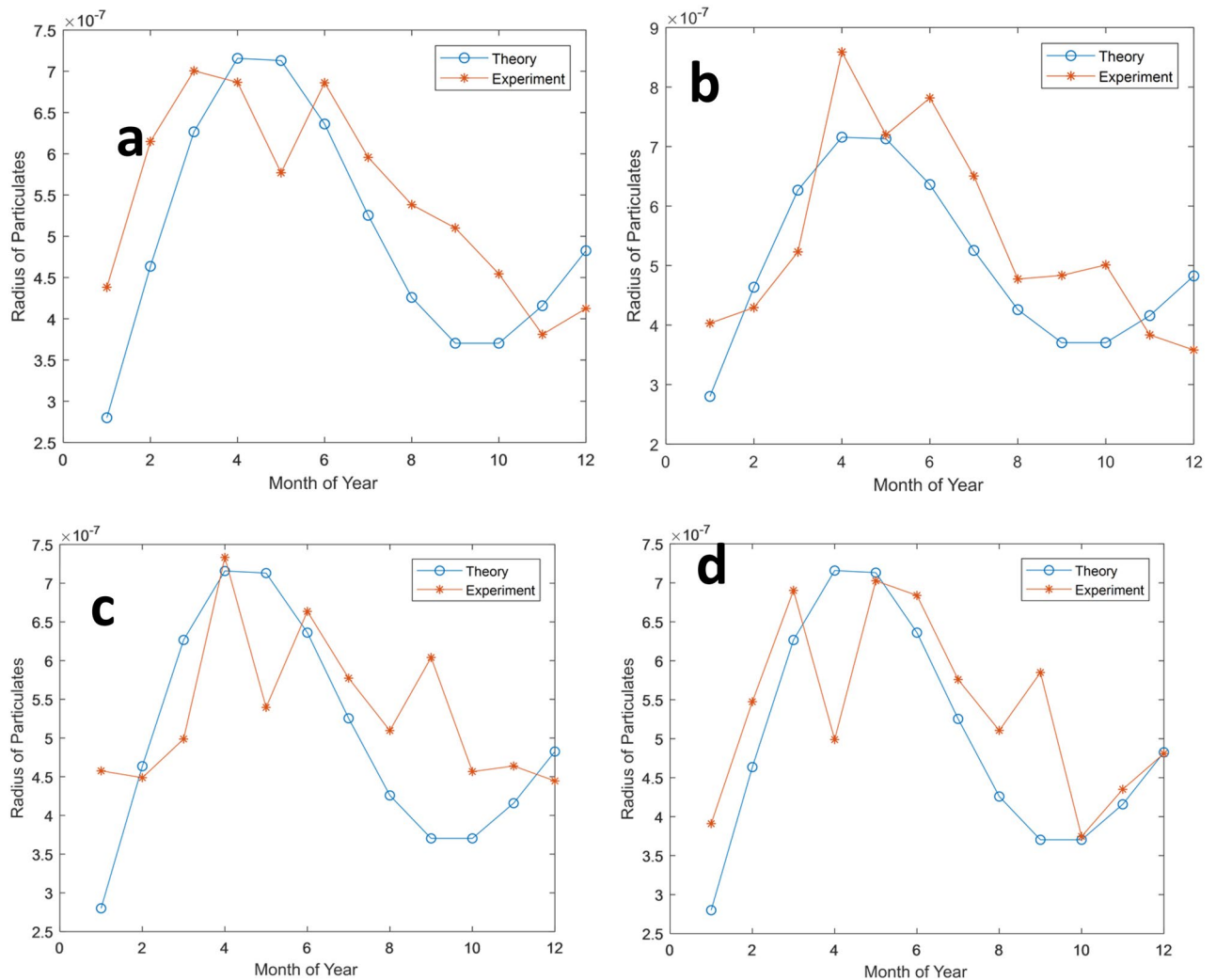


Figure 11. Dust deposition model in human lungs.

content and its deposition in the human lungs. It was found out that the dust deposition in the lungs is higher in the early wet season and lowest in the early dry season. This assertion is realistic, as the early rains would have pull-down heavier or larger dust particles, i.e., leaving the lighter particles for inhalation. The seasonal dataset of dust depositions also confirms this hypothesis. However, the risk analysis shows that these effects vary from one location to another. Also, each location's risk analysis is unpredictable, as its localized dust varies according to the human population, activities, and migrations. In other words, pregnant women can reduce dust deposition into their lungs by using facemask outdoor and reducing dust emission indoors during the highlighted seasons.

The third segment estimates the radiological risk for radionuclide dust content, as listed by previous authors within the research area. Six elements were considered, i.e., Cl, Mn, Pb, Se, Zn, and Zr. The ERICA dose rate of $10 \mu\text{Gyh}^{-1}$ was adopted in an air medium of the IAEA SRS-19 model. The concentration ratio for each element is given as 0.008 Bq/m^3 (Cl), 0.00234 Bq/m^3 (Mn), 0.0374 Bq/m^3 (Pb), 0.18 Bq/m^3 (Se), 0.299 Bq/m^3 (Zn), and 0.000254 Bq/m^3 (Zr). The values were sourced from literature for dust particulates containing each radionuclide. The result of the radiological risk for pregnant women is presented in Tables 3 and 4.

Table 5 presents the values of heavy metals and Table 6 presents the values of radionuclides in atmospheric dust in selected parts of Nigeria. Tables 6 and 7 were the main parameters used for the simulation of the radiological risk using ERICA. Table 7 presents the dose rate type for external and internal conditions. It is observed that the dose rate is higher when particulates are inhaled into the lungs Cl, Mn, Pb, Se, and Zr. Contrary to the above, the dose rate is lower when Zn radionuclide is inhaled into the lungs. Like the mass concentration, the total dose rate is on the micro-scale. Hence, the continued inhalation of this radionuclide for a long time will certainly constitute a health hazard. The dose conversion coefficient of the radionuclide is presented in Table 8. Taking a cue from the International Commission's inhalation standards on Radiological Protection (ICRP) for the under listed radionuclide⁶⁸. It can be inferred that it is slightly high if it is inhaled into the lungs. In other words, looking at the deposition pattern into the human lungs, it can be inferred the lung capacity of the pregnant woman under this condition has been compromised before pregnancy; hence, at pregnancy, it is easier to show various signs of respiratory malfunctioning. In other words, though there is a lot to be done aside from providing

No	Heavy metal	Concentration ($\mu\text{g/g}$)	Location	References
1	Pb	32.33	Akure (Southwest)	69
		2.90–8.73	Kano (Northwest)	70
		2.34–10.17	Ilorin (Northcentral)	71
		22.29–95.485	Kaduna (Northwest)	72
		0.121–0.832	Jos (Northcentral)	73
2	Zn	2.34–20.12	Yobe (Northeast)	74
		72.53	Akure (Southwest)	69
		160.5–270.13	Kano (Northwest)	70
		0.696–1.712	Jos (Northcentral)	73
3	Fe	2.34–32.44	Yobe (Northeast)	74
		75.46–224.76	Kano (Northwest)	70
		28.6–45.40	Ilorin (Northcentral)	71
		0.171–1.081	Jos (Northcentral)	73
4	Mn	3.45–34.23	Yobe (Northeast)	74
		3.88–6.80	Kano (Northwest)	70
		0.002–0.056	Jos (Northcentral)	73
5	Mg	1.09–6.34	Yobe (Northeast)	74
		5.00–9.82	Kano (Northwest)	70
		0.19–3.98	Yobe (Northeast)	74
6	As	0.19–3.98	Yobe (Northeast)	74
7	Ca	104.33–202.90	Kano (Northwest)	70
8	Co	0.88–7.87	Yobe (Northeast)	74
9	Cu	2.75–189.50	Kano (Northwest)	70
		0.19–1.99	Ilorin (Northcentral)	71
		0.025–0.571	Jos (Northcentral)	73
		0.225–1.280	Kaduna (Northwest)	72
		1.98–10.34	Yobe (Northeast)	74
10	Cr	1.75–62.53	Kano (Northwest)	70
		0.019–0.111	Jos (Northcentral)	73
		16.670–31.895	Kaduna (Northwest)	72
		1.23–8.22	Yobe (Northeast)	74
11	Cd	0.001–0.38	Ilorin (Northcentral)	71
		0.002–0.438	Jos (Northcentral)	73
		0.280–1.900	Kaduna (Northwest)	72
		1.54–9.23	Yobe (Northeast)	74
12	Ni	0.476–1.619	Ilorin (Northcentral)	71
		0.021–0.478	Jos (Northcentral)	73
		1.560–5.880	Kaduna (Northwest)	72
		4.34–14.34	Yobe (Northeast)	74

Table 5. Heavy metal contents in atmospheric dust in selected parts of the study area.

No	Radionuclide	Concentration	Location	Reference
1	^{226}Ra	12.61–47.81	Ogun (Southwest)	73
		52.16	Plateau (Northcentral)	75
2	^{232}Th	34.67–66.91	Ogun (Southwest)	73
		29.76	Plateau (Northcentral)	75
3	^{40}K	320.82–680.50	Ogun (Southwest)	73
		510.82	Plateau (Northcentral)	75

Table 6. Radionuclide contents in atmospheric dust in selected parts of the study area.

Elements	External Dose Rate [$\mu\text{Gy h}^{-1}$]	Internal Dose Rate [$\mu\text{Gy h}^{-1}$]	Total Dose Rate [$\mu\text{Gy h}^{-1}$]	Activity Concentration in air [Bq kg^{-1} d.w. or Bq m^{-3}]
	Isotope	Isotope	Isotope	
Cl-36	1.2E-10	0.00000272	2.72012E-06	0.008
Mn-54	1.9656E-07	5.0286E-06	5.22516E-06	0.00234
Pb-210	2.8798E-09	0.00000442	4.42288E-06	0.0374
Se-79	0	5.5488E-07	5.5488E-07	0.18
Zn-65	1.77708E-05	3.40835E-06	2.11791E-05	0.299
Zr-95	1.8796E-08	0.00000544	5.4588E-06	0.000254

Table 7. Inhaled dose rate of radionuclide deposition in the human lungs.

Elements	Concentration ratio (CR) [Bq m^{-3} air]	Dose conversion coefficient of int-low-beta [$\mu\text{Gy h}^{-1}$ pr. Bq kg^{-1}]	Dose conversion coefficient of int-beta-gamma [$\mu\text{Gy h}^{-1}$ pr. Bq kg^{-1}]	Dose conversion coefficient of ext-on-soil-beta-gamma [$\mu\text{Gy h}^{-1}$ pr. Bq kg^{-1}]
	Nuclide	Isotope	Isotope	Isotope
Cl	7	0	0.00016	0.000000015
Mn	0.00249	0.0000029	0.0002871	0.000084
Pb	0.037355054	0.000005	0.000245	0.000000077
Se	0.18611226	0.00000032	0.00003168	0
Zn	2.99000783	2.69992E-06	0.000192391	5.9434E-05
Zr	0.000254	0	0.00032	0.000074

Table 8. Dose conversion coefficient of radionuclide in the human lungs.

health facilities. Environmental authorities owe the public the duty to create public awareness of sources and the impact of dust deposition to reduce clinical cases. Another observation is that the dose conversion coefficient tends to increase within internal organs than external habitats.

The risk quotient is given as 0.00000396, while the total dose rate per organism is given as 0.0000396 $\mu\text{Gy h}^{-1}$. The implication of these results is the following: minor decrease of body weight, a minor decrease of peripheral blood cells, a minor decrease of peripheral white blood cells, and a moderate decrease of life span.

Conclusion

This study has proven that air pollution is salient in maternal mortality in Nigeria. The results obtained in this study corroborates the dataset given by the Midwives Service Scheme in Nigeria. Also, it was shown via several techniques that aside from the Sahara dust influx, the emission of localized dust in each location in the country is very significant due to the human population, activities, and migration. The release of the localized dust content sometimes reacts with the Sahara dust particles to form a dust column that has heavy metal and/or radionuclide particles; hence, when the dust is inhaled, the risk is not limited to the volume of dust inhaled but to the extensive reaction in the body to cause respiratory disorder or other known diseases in pregnant women. Dust deposition over each geopolitical zone was found to be proportional to the maternal mortality rate. This discovery makes controlling whatever type of dust a national priority, as it was discovered that the level of cumulative dust content in some parts of the country is more than geographical locations close to the Sahara Desert.

It was clearly shown that both natural and artificial anthropogenic pollution constitute air hazards across the country. Also, it was shown that the risk factor varies according to location. It is recommended that pregnant women could reduce dust deposition into their lungs by using facemask when outdoor and using pollutants alarm sensors within indoor environment. In other words, though there is a lot to be done aside from providing health facilities. Environmental authorities owe the public the duty to create public awareness of sources and the impact of air pollution to reduce clinical cases.

Received: 7 December 2021; Accepted: 30 August 2022

Published online: 16 November 2022

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Acknowledgements

The authors appreciate the contributing institutions.

Author contributions

E.M.E. conceptualised the research, wrote part of the paper, analysed data. O.T.E. wrote part of the paper.

Funding

This paper received personal funding.

Competing interests

The authors declare no competing interests.

Additional information

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