

Research Article

Vegetable Freshness Perception in Dementia with Lewy Bodies and Alzheimer's Disease

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Keywords

Vegetable freshness · Luminance judgment · Dementia with Lewy bodies · Alzheimer's disease · Visual texture recognition

Abstract

Introduction: Although various visual function deficits have been reported in patients with Alzheimer's disease (AD) and dementia with Lewy bodies (DLB), vegetable freshness perception has not been thoroughly examined. **Objective:** To investigate vegetable freshness perception in patients with AD and DLB and to clarify the relationship between vegetable freshness perception and various visuo-perceptual functions. **Methods:** We enrolled 37 patients with probable DLB, 58 patients with probable AD, and 32 age-matched healthy controls. We assessed vegetable freshness perception and visuo-perceptual functions, including vegetable brightness perception, contrast sensitivity, color perception, and stereopsis. Patients with DLB showed disproportionate deficits in vegetable freshness perception and vegetable luminance perception compared to patients with AD and controls. Analyses of the groups with higher and lower vegetable freshness perceptions revealed significant differences in contrast sensitivity and visual texture recognition. **Results:** In the vegetable freshness test, we found significant differences among the 3 groups ($F = 30.029$, $p < 0.0001$); the extent of impairment in patients with DLB was greater than that in patients with AD. In patients with DLB, the vegeta-

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ble freshness judgments were significantly correlated with texture judgment scores and contrast sensitivity. **Conclusion:** Our findings revealed significantly impaired vegetable freshness perception in patients with DLB. Vegetable freshness perception may be related to visual texture recognition in patients with DLB.

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Introduction

Visuoperceptual function deficits have previously been identified in dementia with Lewy bodies (DLB) and Alzheimer's disease (AD). Patients with DLB have deficits in relatively basic visual perception, including visual acuity, contrast sensitivity [1–3], color vision [4, 5], and stereopsis [3, 6, 7]. In AD, such impairments include visual acuity [8–10], contrast sensitivity [11–13], color perception [11, 14, 15], and stereopsis [11, 16]. Patients with DLB also show visuoperceptual and visuospatial impairments compared to those with AD [4, 17–20]. Visual cognitive impairment commonly manifests at the early stages of illness in DLB [21–23].

Uno et al. [24] tested patients with AD and mild cognitive impairment, and their ability to determine vegetable freshness, finding a reduced ability to determine vegetable freshness in individuals with AD compared to that of healthy controls (HC). They noted that the ability to determine vegetable freshness likely declined with dementia progression. However, no study has compared the disturbed vegetable freshness perception between AD and DLB; no reports exist on the relationships between various levels of visual processing deficits and vegetable freshness perception. Our primary goal was to investigate vegetable freshness perception in neurodegenerative dementia and correlates of vegetable freshness perception and basic and higher visual functions. Considering the greater visuoperceptual impairment in DLB versus AD, we hypothesized that the vegetable freshness judgment of patients with DLB is poorer than that of patients with AD.

Materials and Methods

Participants

We recruited 37 and 58 patients with probable DLB and AD, respectively, who attended 2 dementia clinics at the Akita Prefectural Center of Rehabilitation and Psychiatric Medicine and the Niigata Rehabilitation Hospital between February 2016 and May 2018 (Table 1). We recruited 32 control subjects from the local community through an advertisement. The 3 groups were comparable in terms of age and sex. We assessed and matched cognitive impairment severity using the Mini-Mental State Examination (MMSE) between the DLB and AD groups. We included patients with: (1) a diagnosis of probable AD based on the criteria of the National Institute of Neurological and Communicative Disorders and Stroke/Alzheimer's Disease and Related Disorders Association (NINCDS-ADRDA) [25] or a diagnosis of possible or probable DLB based on the clinical criteria of the Consortium on DLB International Workshop [26], (2) a score of ≥ 10 on the MMSE, (3) a score of 0.5–2 on the CDR, and (4) a visual acuity ≥ 0.5 on the contrast sensitivity test (100%). In the initial assessment, we performed a neurological examination, a neuropsychological assessment, a brain MRI or CT scan, electroencephalography, and blood analysis for several parameters, including vitamins B₁ and B₁₂ and thyroid function, on each patient. We used formal clinical criteria to exclude patients with vascular dementia and other dementias. We excluded patients with developmental abnormalities, serious psychiatric diseases, substance abuse, or significant neurologic antecedents, such as brain trauma, brain tumor, epilepsy, and inflammatory disease.

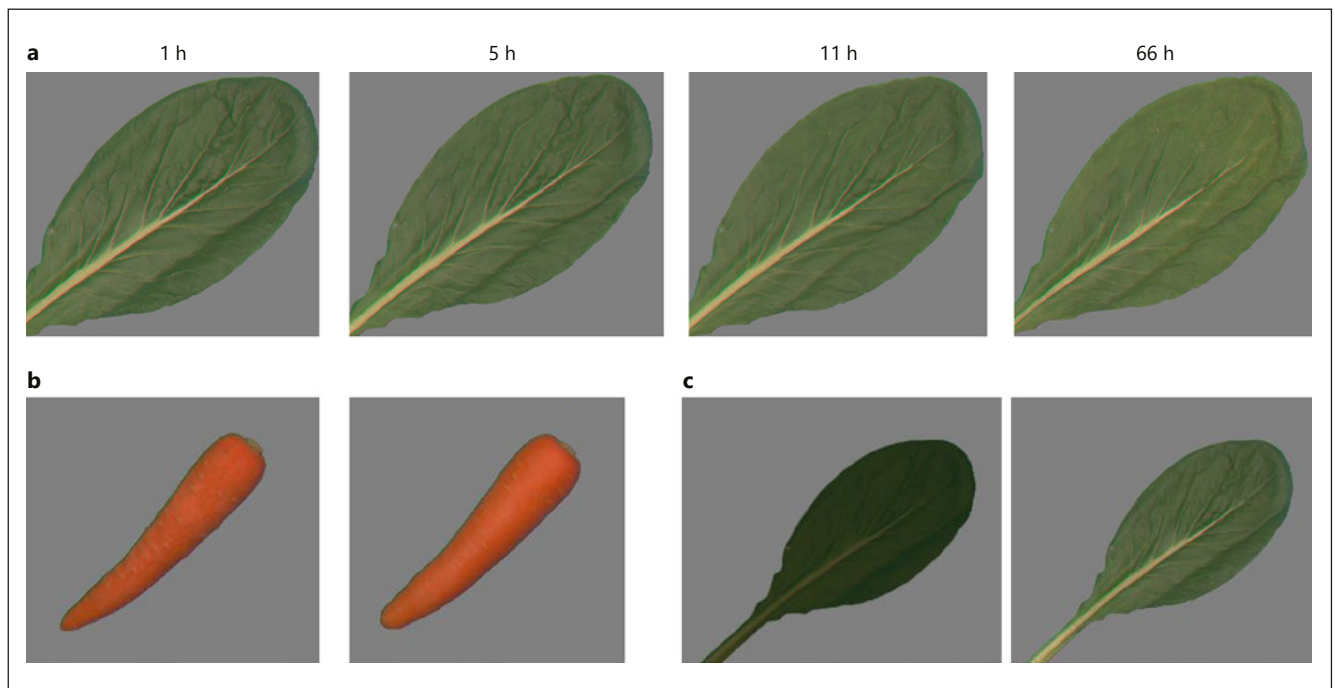


Fig. 1. Examples of the stimuli. **a** Examples of the patches selected as original stimuli. The number above stimulus is the time at which the photograph was taken. **b** Example showing the freshness of vegetables. **c** Example showing the luminance of vegetables.

We excluded HC with: (1) a history of neurological, psychiatric, or severe ocular diseases; (2) language deficits that hindered task execution; and (3) a visual acuity >0.5 on the contrast sensitivity test (100%).

Neuropsychological Examination

We assessed the general cognitive functions of each patient using the MMSE [27], the Alzheimer Disease Assessment Scale (ADAS) [28], the Frontal Assessment Battery (FAB) [29], and the digit span (forward/backward) according to standard procedures.

The basic visual functions of each patient were assessed using the contrast sensitivity test (100, 2.5, and 1.25%). The City University Color Vision Test (CUCVT; Part 2) and the color naming subtest of the visual perception test for agnosia [30] to assess color perception under illumination at 1,300 lux. We assessed stereopsis using the Random Dot Stereo Butterfly Test (Stereo Optical Co., Inc., Chicago, IL, USA). The Stereo test comprises 2 parts including butterfly shapes and circles with disparity ranges of 2,000–800 and 400–20 s of arc, respectively.

We assessed the higher visual functions using the shape detection screening and cube analysis subtests from the Visual Object and Space Perception Battery [31] and the position-in-space subtest from the Developmental Test of Visual Perception [32]. We used material identification tests as measures of visual texture recognition using 2 kinds of materials, i.e., real materials and visual images of real materials [14]. With the CDR we assessed global cognitive impairment severity [33].

Freshness of Vegetables

The freshness of vegetables can be determined by assessing vegetable freshness perception. We therefore used photographs of vegetables (carrot and Japanese mustard spinach [komatsuna]) previously degraded by heat in a thermostatic chamber from 0 to 66 h

Table 1. Demographic and clinical profiles of the participants

Variables	DLB (n = 37)	AD (n = 58)	HC (n = 32)	F statistic	p value
Age, years	81.2±6.7	80.2±5.9	79.4±4.1	0.930	0.390
Female/male ratio ^a	26/11	42/16	16/16	5.024	0.081
Disease duration, years	4.2±2.2	5.1±3.2		2.389	0.127
Education, years	9.7±2.6	10.0±2.7	11.4±1.9	2.483	0.103
CDR	1.2±0.6	1.1±0.6		0.433	0.669
CDR score ratio (0.5/1/2)	8:18:11	14:29:15			
Neuropsychology					
MMSE (full score: 30)	19.1±4.5 ^c	20.2±4.7 ^d	28.6±0.9 ^{c,d}	57.897	<0.0001
Digit span forward	4.8±0.8 ^c	5.1±0.9 ^d	5.9±0.9 ^{c,d}	13.341	<0.0001
Digit span backward	2.6±1.1 ^{b,c}	3.2±1.0 ^b	4.1±0.7 ^c	20.450	<0.0001
FAB (full score: 18)	13.6±8.9	11.6±3.3	–	2.336	0.130
ADAS (full score: 70)	14.6±8.5	16.6±7.7	–	1.302	0.257
Visual function					
Visual acuity	0.88±0.28 ^{b,c}	1.05±0.24 ^b	1.11±0.19 ^c	8.312	<0.0001
Contrast sensitivity 2.5%	0.26±0.20 ^{b,c}	0.49±0.33 ^b	0.52±0.30 ^c	9.215	<0.0001
Contrast sensitivity 1.25%	0.05±0.09 ^{b,c}	0.17±0.14 ^b	0.24±0.21 ^c	13.796	<0.0001
City University Color Vision Test Part 2 (full score: 6)	4.6±1.5 ^{b,c}	5.4±1.0 ^a	5.6±1.0 ^c	7.760	0.001
Stereo test (visual angle)	827.6±1,050.4)	504.1±733.8	391.9±773.5	2.594	0.079
Color naming (full score: 8)	7.0±1.0 ^{b,c}	7.6±0.7 ^b	7.8±0.6 ^c	8.314	<0.0001
Shape detection (full score: 20) ^e	18.3±1.7 ^{b,c}	19.6±0.6 ^b	19.8±0.6 ^c	22.844	<0.0001
Cube analysis (full score: 10) ^e	4.9±2.7 ^{b,c}	6.8±2.3 ^{b,d}	9.1±0.9 ^{c,d}	31.628	<0.0001
Position in space (full score: 8) ^f	4.9±1.7 ^{b,c}	6.4±1.4 ^{b,d}	8.0±0 ^{c,d}	43.304	<0.0001
Visual texture cognitive function					
Material judgment (real) (full score: 18)	10.2±3.1 ^{b,c}	12.2±3.0 ^{b,d}	15.7±1.4 ^{c,d}	35.138	<0.0001
Material judgment (image) (full score: 18)	7.7±2.5 ^{b,c}	9.2±3.3 ^{b,d}	13.9±2.1 ^{c,d}	44.750	<0.0001

Values are presented as means ± SD unless otherwise stated. ^a χ^2 test; the remaining variables were tested using a one-way ANOVA and post hoc Scheffé tests. *p* < 0.05: ^b DLB < AD, ^c DLB < HC, and ^d AD < HC. ^e Subtests of the Visual Object and Space Perception Battery. ^f Subtests of the Developmental Test of Visual Perception.

as stimuli [5] (Fig. 1a). We used this method because it is difficult to obtain vegetables at the same level of freshness; our method also prevented the subjects from using their other senses, such as smell, when assessing the freshness of the samples. We created 2 stimulation pairs at different levels of freshness for each vegetable (Fig. 1b). Immediately before administration of the test, we gave a detailed explanation and participants underwent 2 training trials. We presented image stimuli centrally for 10 s and asked the participants to select the fresher one (20 trials).

As a control task for the vegetable freshness determination test, we performed a luminance determination test. Using a photographic stimulation of komatsuna, we created 20 pairs of photographs with differing levels of luminance and asked the subjects to select the brighter photograph out of each pair (20 trials) (Fig. 1c). We used the same time limit and scoring method as those used for the freshness test.

Statistical Analyses

We compared neuropsychological tests among the 3 groups using one-way analysis of variance (ANOVA) with post hoc Scheffé tests. We classified all of the patients according to their CDR scores, which indicate the severity of dementia, into the a cognitive impairment group (CDR 0.5), a mild cognitive impairment group (CDR 1), and a moderate cognitive impairment group (CDR 2). Following ANCOVA, we performed a covariate analysis, with visual acuity, contrast sensitivity, and CUCVT score as covariates and vegetable freshness determination and vegetable

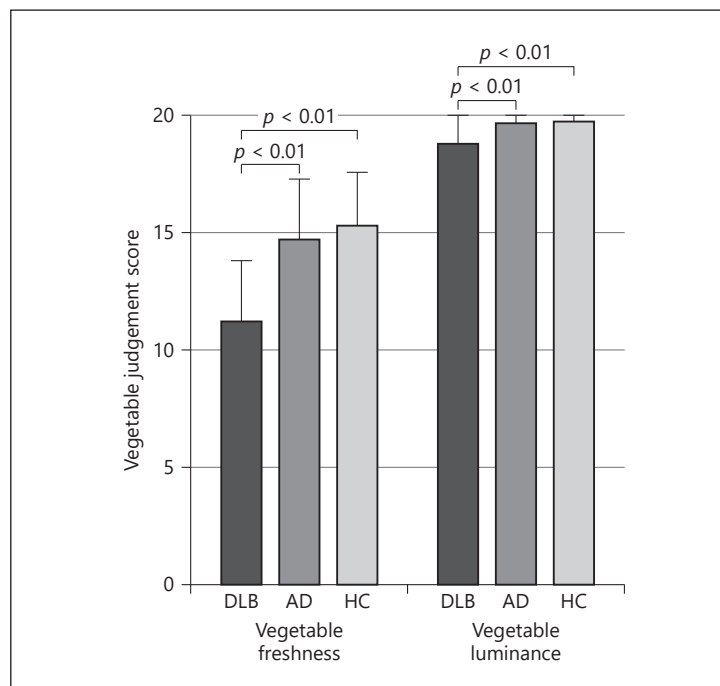


Fig. 2. Results of the tests for the freshness and luminance of vegetables.

luminance determination as dependent variables. To evaluate the relationships between performances on the vegetable freshness test and other neuropsychological and visuo perceptual tests, we separately performed analyses in the higher vegetable freshness group (≥ 12) and the lower vegetable freshness group (≤ 11). As a cut-off point, we assumed the mean -1.5 SD of the normal subjects (i.e., 12/11). We further assessed the relationships between performance on the vegetable freshness test and other neuropsychological and visuo perceptual tests using the Pearson correlation coefficient or the Spearman rank correlation coefficient. Correlations of $r < 0.3$ were interpreted as no/weak correlations and they were negligible. Only correlations of $r > 0.3$ are reported. We applied partial η^2 ($\rho\eta^2$) to measure the effect size.

Results

Neuropsychological Examinations

In Table 1 we summarize the results. The groups did not differ significantly by age, sex, or education and the disease groups did not differ significantly in terms of disease duration or CDR. On measures of global cognitive functioning, i.e., the MMSE, the DLB and AD groups performed worse than the HC group. The 2 groups with dementia did not differ significantly from each other on these tests or on the ADAS or the FAB. On digit span backward, the DLB group had more impairments than the AD group (DLB vs. AD, $p = 0.005$). In Table 1 we summarize data on the basic and higher visual functional tests. One-way ANOVA revealed significant group differences – in which the performance of the DLB group was worse than that of the AD group – on all visual functional tests except that for stereopsis and visuo perceptual and visuospatial tests.

Vegetable Freshness Perception

In Figure 2, we summarize results on the vegetable freshness test. The median scores on the vegetable freshness test were 11.4 (2.8) for patients with DLB and 14.7 (2.5) for patients

Table 2. Stratified score of visual texture tasks having classified seriousness levels on dementia

Tests	DLB (n = 37)			AD (n = 58)			HC (n = 32)
	CDR 0.5 (n = 8)	CDR 1 (n = 18)	CDR 2 (n = 11)	CDR 0.5 (n = 14)	CDR 1 (n = 29)	CDR 2 (n = 15)	
Vegetable freshness judgment (full score: 20)	12.6±2.7	10.9±2.8**	11.1±2.8**	16.0±2.1	14.5±2.5	13.9±2.7	15.3±2.2
Vegetable luminance judgment (full score: 20)	19.4±0.9	18.6±1.1**	18.6±1.5*	19.6±0.6	19.8±0.5	19.5±0.6	19.8±0.7

Values are presented means ± SD. Tasks were tested using one-way ANOVA and post hoc Scheffé tests. * $p < 0.05$. ** $p < 0.01$.

with AD. In the vegetable freshness test, we found significant differences among the 3 groups ($F = 30.029$, $p < 0.0001$, $\eta^2 = 0.326$); the extent of impairment in patients with DLB was greater than that in patients with AD (post hoc Scheffé tests: DLB vs. AD, $p < 0.0001$; DLB vs. HC, $p < 0.0001$). Conversely, there were no significant differences between patients with AD and the controls (post hoc Scheffé tests: AD vs. HC, $p = 0.561$). The median scores of the vegetable brightness test were 18.8 (1.2) for patients with DLB and 19.7 (0.6) for patients with AD. In the vegetable brightness test, the 3 groups differed significantly ($F = 16.137$, $p < 0.0001$, $\eta^2 = 0.207$); patients with DLB were more impaired than patients with AD (post hoc Scheffé tests: DLB vs. AD, $p < 0.0001$; DLB vs. HC, $p < 0.0001$); however, patients with AD and controls did not differ significantly (post hoc Scheffé tests: AD vs. HC, $p = 0.914$). Like the results of ANCOVA, on the vegetable freshness test, there was a significant difference across the 3 groups ($F = 18.225$; $p < 0.0001$; $\eta^2 = 0.187$); post hoc analyses revealed that the DLB group performed significantly worse than the AD groups (post hoc Scheffé tests: DLB vs. AD, $p < 0.0001$; DLB vs. HC, $p < 0.0001$); however, there was no significant difference between the AD and HC groups ($p = 0.394$).

Stratified Comparison by Severity of Dementia

Results on the stratified comparison by severity of dementia are summarized in Table 2. In a stratified comparison based on the CDR score, vegetable freshness judgment was impaired in the DLB group with mild or greater severity compared to that in the HC group ($p < 0.0001$). The vegetable brightness test revealed significant group differences ($F = 6.590$, $p < 0.0001$, $\eta^2 = 0.248$). Post hoc analyses revealed that the mild DLB group performed significantly worse than the HC group ($p = 0.002$); the moderate DLB group performed significantly worse than the HC group ($p = 0.025$). Conversely, in the AD group, vegetable freshness and vegetable brightness were preserved in each severity class.

Correlations between Cognitive Functions/Basic Visual Functions and Vegetable Freshness Judgment

In Table 3 we summarize data from the analyses in the higher vegetable freshness perception group and the lower vegetable freshness perception group. One-way ANOVA revealed significant group differences in contrast sensitivity at 2.50% and material judgment; the performance of the lower perception group was worse than that of the higher perception group in patients with DLB. Contrast sensitivity at 2.50% and material judgment differed significantly between the groups ($F = 5.031$, $p = 0.031$, and $\eta^2 = 0.130$ and $F = 5.480$, $p = 0.025$, and $\eta^2 = 0.160$, respectively). In patients with AD, digit span backward was different between the groups ($F = 4.112$, $p = 0.047$, $\eta^2 = 0.071$).

Table 3. Difference in visuperceptual performance between patients with and without visual misidentification

	DLB				AD					
	vegetable freshness judgment		F	p value	η ²	vegetable freshness judgment		F	p value	η ²
	higher (score ≥12) (n = 15)	lower (score ≤11) (n = 22)				higher (score ≥12) (n = 53)	lower (score ≤11) (n = 5)			
Age	80.5±6.6	81.7±6.8	0.282	0.599	0.01	80.0±5.9	82.2±5.1	0.651	0.423	0.01
Education	9.6±2.3	9.6±2.4	0.005	0.946	0.00	10.0±2.8	10.4±1.7	0.097	0.757	0.00
Duration	3.9±2.4	3.7±1.8	0.132	0.719	0.00	4.8±3.2	7.2±1.8	2.565	0.115	0.04
Neuropsychology										
MMSE	20.5±5.3	18.1±3.7	2.593	0.116	0.07	20.4±4.7	18.6±4.6	0.632	0.430	0.01
Digit span forward	4.9±0.7	4.7±0.8	1.002	0.324	0.03	5.2±0.9	4.4±0.5	3.137	0.082	0.05
Digit span backward	2.7±1.1	2.5±1.1	0.420	0.521	0.01	3.3±0.9	2.4±1.5	4.112	0.047	0.07
FAB	9.4±4.0	7.7±2.4	2.661	0.112	0.07	11.7±3.1	10.8±4.4	0.342	0.561	0.01
ADAS	18.6±10.4	20.9±9.4	0.490	0.489	0.01	16.1±7.1	18.8±13.0	0.557	0.459	0.01
Visual function										
Visual acuity	0.96±0.25	0.84±0.30	1.523	0.225	0.04	1.05±0.24	1.07±0.25	0.031	0.861	0.00
Contrast sensitivity 2.50%	0.34±0.22	0.20±0.17	5.031	0.031*	0.13	0.49±0.34	0.45±0.12	0.082	0.775	0.00
Contrast sensitivity 1.25%	0.06±0.10	0.04±0.08	0.305	0.584	0.01	0.17±0.15	0.15±0.12	0.098	0.756	0.00
City University color vision test part 2 (full score: 6)	4.7±1.4	4.5±1.5	0.318	0.577	0.01	5.4±1.0	5.6±0.9	0.251	0.618	0.00
Stereo test	944.0±1,179.5	748.2±973.4	0.304	0.585	0.01	487.2±734.2	684.0±788.5	0.325	0.571	0.01
Color naming (full score: 8)	7.4±0.9	6.8±1.0	3.670	0.064	0.10	7.5±0.7	7.8±0.5	0.726	0.398	0.01
Shape detection (full score: 20)	18.5±1.9	18.1±1.6	0.320	0.575	0.01	19.6±0.6	19.4±0.9	0.638	0.428	0.01
Cube analysis (full score: 10)	5.3±3.0	5.0±2.6	0.650	0.426	0.01	7.0±2.2	5.6±2.9	1.631	0.207	0.01
Position in space (full score: 8)	5.5±1.6	4.6±1.8	2.323	0.136	0.06	6.5±1.3	6.3±1.6	0.205	0.653	0.03
Visual texture test										
Texture; material judgment (full score: 18)	11.5±2.6	9.2±3.2	5.480	0.025*	0.16	12.1±3.1	13.4±3.1	0.836	0.364	0.02
Vegetable luminance judgment (full score: 20)	19.2±0.9	18.5±1.3	3.193	0.083	0.08	19.7±0.6	19.4±0.6	1.238	0.271	0.02

Values are presented as means ± SD. * Variables were tested using a one-way ANOVA; p < 0.05. Statistical significances (<0.05) are shown in bold.

Table 4. Correlations between scores of the object decision test and neuropsychological variables

Variables	Total scores on the vegetable freshness test			
	DLB (<i>n</i> = 37)		AD (<i>n</i> = 58)	
	<i>r</i> or <i>rs</i>	<i>p</i> values	<i>r</i> or <i>rs</i>	<i>p</i> values
Neuropsychology				
MMSE	0.311	0.0031	0.174	0.095
Digit span	0.185	0.0137	0.269	0.021
Visual function				
Visual acuity	0.292	0.0077	0.155	0.123
Contrast sensitivity 2.5%	0.328	0.0048*	0.234	0.077
Contrast sensitivity 1.25%	0.046	0.0393	0.247	0.062
City University Color Vision Test	−0.090	0.0298	−0.087	0.258
Stereo test (visual angle)	−0.072	0.0335	−0.126	0.172
Shape detection ^a	−0.007	0.0483	0.042	0.377
Cube analysis ^a	0.181	0.0142	0.074	0.291
Position in space ^b	0.256	0.0063	0.110	0.207
Visual texture cognitive function				
Texture: material judgment	0.309	0.0031*	0.105	0.217
Vegetable luminance judgment	0.123	0.0234	−0.063	0.319

Values in bold and with an asterisks indicate measures that remained significant after false discovery rate correction. Spearman correlation coefficients (*rs*) were used for contrast sensitivity, CUCVT, the Stereo test, and color naming; otherwise, Pearson correlation coefficients (*r*) were used. * *p* < 0.05. ^a Subtests of the Visual Object and Space Perception Battery. ^b Subtests of the Developmental Test of Visual Perception.

In Table 4 we summarize the correlations between cognitive functions/basic visual functions and vegetable freshness judgment. In patients with DLB, the vegetable freshness judgment was significantly correlated with texture judgment scores and contrast sensitivity at 2.5% (*r* = 0.328 and *p* = 0.048 and *r* = 0.309 and *p* = 0.031, respectively).

Discussion/Conclusion

We investigated the visual ability in DLB and patients with AD to distinguish vegetable freshness. The results showed that the ability to determine vegetable freshness in patients with DLB was lower than that of healthy individuals – even after adjusting for the decline in basic visuo-perceptual function. Among patients with DLB and a decreased ability to determine vegetable freshness, we observed the decrease to begin in those with mild dementia.

Our results also suggested an association between vegetable freshness perception and visual texture perception in patients with DLB.

In a previous study [14] on visual texture perception, we reported visual texture perception in patients with DLB and AD as lower than that of HC but as even poorer in patients with DLB. In our study, we used a binary choice task in the vegetable freshness perception task; subjects were presented with 2 photographs of vegetables at different stages of systemic decay induced by placing them in a constant temperature chamber for 66 h. Most materials, including vegetables, have distinct 3-dimensional structures on their surfaces. Given that material-specific shaded textures are produced [34], visual texture perception may be associated with vegetable freshness perception. Although luminance was an important element of vegetable freshness perception among healthy individuals [35–37], the results of our study suggest that the visual perception of vegetable freshness in patients with degenerative

dementia is influenced not only by a low-level visuoperceptual dysfunction but also by the disorder of visual texture perception.

Vegetable freshness perception, as shown by previous studies in healthy individuals, is not influenced by color information, with the luminance statistics of vegetable surfaces instead being important in determining freshness [35–37]. Visual information is first transmitted to the striate area (V1) located in the most posterior region of the cerebral cortex. Once processed in V1, information is received via 2 distinct pathways in the visual field located anterior to V1 [38], where information processed by individual neurons in V1 includes that associated with localized direction, spatial frequency, color, and luminance within an image in a very limited visual field [34]. V1 is therefore believed to be responsible for processing information on luminance.

DLB is characterized by a low glucose metabolism and blood flow in the occipital lobe – including the striate area mentioned above and the visual association cortex [19, 39–43]. Recent neurofunctional imaging studies have also shown a low blood flow in the occipital lobe and the lateral side of the parietal lobe [44–46]. Various low-level visuoperceptual disorders have been reported in patients with DLB or AD; many studies have investigated the effects of these 2 disorders on visual cognition [4–6, 13, 47–50]. Therefore, it is possible that luminance perception and contrast sensitivity are disturbed from the early stages of DLB and that visuoperceptual dysfunction could influence the perception of freshness of vegetables.

In the DLB group, with the exception of stereoscopic vision, all basic functions of visual perception – such as contrast sensitivity and color perception – decreased. These results are consistent with those of previous studies. There was also a correlation between vegetable freshness perception and contrast sensitivity, which demonstrated that decreased contrast sensitivity influenced vegetable freshness perception.

In a study by Uno et al. [24] on vegetable freshness perception in patients with AD and mild cognitive impairment, correlations between performance in vegetable freshness perception and both the MMSE and the FAB suggested that vegetable freshness perception declined with dementia progression in AD. We classified patients with DLB based on disease severity; vegetable freshness perception did not decline in patients with very mild DLB. However, it was lower than that of the HC group in patients with DLB who were classified as mild and moderate, which suggested that vegetable freshness perception declined with dementia progression. There was, however, no association between the progression of dementia and performance in vegetable freshness perception in patients with AD. A future longitudinal investigation with a larger sample will determine whether vegetable freshness perception declines with dementia progression in patients with AD as well.

The decline in visual vegetable freshness perception starts in the early stages of DLB, suggesting that impaired basic visual perception and texture perception play roles in the decline. In patients with DLB, the observed decreases in blood flow in the occipital lobe and the lateral side of the parietal lobe suggest that the decline in these functions is associated with a functional decline in the occipital lobe in DLB. Given that olfactory disturbance – which can influence the perception of vegetable freshness – has been reported in patients with Parkinson disease [51] and DLB [52], prospective studies are warranted to assess the relationship between vegetable freshness perception and olfactory disturbance. This study excluded patients in nursing homes, and this might have introduced a selection bias. Longitudinal investigations are required to confirm these patients' feeding behavior.

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Statement of Ethics

This study and all of the procedures were approved by the Ethics Committee of the Niigata University of Health and Welfare (No.17640-160120). This study was performed according to the rules of good clinical practice and complies with the rules for human experimentation stated in the World Medical Association Declaration of Helsinki. Written informed consent was obtained from all of the participants.

Conflict of Interest Statement

The authors have no conflict of interests to declare.

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Author Contributions

Conception of this research project: Y.O. and K.S. Organization of this research project: Y.O., T.I., and K.S. Execution of this research project: Y.O., T.I., T.S., and K.S. Design of the analysis: Y.O., T.I., and K.S. Execution of the analysis: Y.O. and T.I. Drafting of this paper: Y.O.

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