



Effects of Black Ginseng Water Extract under the Inflammatory Conditions of Cultured Sebocytes and Outer Root Sheath Cells

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Background: Ginseng has been used in Korea for a long time as a restorative herbal medicine. Black ginseng (BG) is made from red or white ginseng by multiple steamy and dry processes. Although BG has been reported to have anti-inflammatory potential, studies on its influence on inflammatory skin disorders are lacking.

Objective: To investigate the effects of BG under the inflammatory conditions of cultured sebocytes and outer root sheath (ORS) cells.

Methods: The cultured cells were treated with 0.1% dimethyl sulfoxide, 5 µg/ml lipopolysaccharide (LPS) or 5 µg/ml LPS+50 µg/ml BG for 6 hours and 24 hours. Reverse transcription-polymerase chain reaction (RT-PCR), real-time PCR, enzyme-linked immunosorbent assay, western blotting, immunofluorescence staining and Nile red staining were performed for analysis of inflammatory biomarkers and sebum-related biomarkers.

Results: BG brought out the increased gene and protein expression of inflammatory biomarkers such as interleukin (IL)-1β, IL-6, IL-8, and tumor necrosis factor-α, in the LPS-treated sebocytes and ORS cells. In addition, BG induced increased expression of TLR4, p-c-jun, p-JNK and p-IκB in LPS-treated sebocytes and ORS cells. Furthermore, it significantly increased the expression of LL-37 and the production of sebum in LPS-treated sebocytes.

Conclusion: It may be possible for BG to increase the expression of inflammatory biomarkers in inflammatory skin disorders, such as acne.

Keywords: Black ginseng, Outer root sheath cells, Sebocytes

INTRODUCTION

Ginseng is an herbal medicine using plant roots of the genus *Panax*, which has bioactive metabolites¹. Ginseng has been known in Korea for a long time as a restorative herbal medicine, health promoter and therapeutic agent for sexual dysfunction and infectious diseases. It is clinically proven to have various pharmacological effects on human health improvement. Immunological stimulation, induction of apoptosis and suppression of cell proliferation have been reported as effects of *Panax ginseng*². A variety of laboratory and clinical studies

have shown that ginseng can be a good therapeutic agent for metabolic diseases and degenerative disorders^{3,4}. In addition, ginseng has been taken as dietary supplements in Korea⁵.

Black ginseng is processed ginseng produced from white or red ginseng through repeated processes of steaming and drying⁶⁻⁸. This process leads to wide changes in the characteristics of secondary metabolites in ginseng. The main secondary bioactive metabolites of ginseng have been known to be ginsenosides, which is a kind of dammarane-type triterpene saponins. In black ginseng, they transform into less polar ginsenosides because of steaming. Additionally, significant changes occur



in other secondary metabolites. The amounts of phenolic compounds are increased. On the contrary, the contents of sugars and acidic polysaccharides are decreased. Additionally, the concentration of free amino acids and polysaccharides is decreased. In most comparative biological studies, these obvious chemical changes have been found to be associated noticeably more with black ginseng than with red or white ginseng. White ginseng is made by sunlight-drying after peeling of ginseng roots, and red ginseng is produced by steaming at around 100°C before drying⁹.

Despite numerous clinical studies, the effects of black ginseng in dermatologic disorders still remain unclear. Although it has been reported for black ginseng to have anti-inflammatory potential, studies on its influence on inflammatory skin disorders are lacking. Therefore, we conducted a study on the effects of black ginseng water extract (BG) under the inflammatory conditions of cultured sebocytes and outer root sheath (ORS) cells.

MATERIALS AND METHODS

Sebocyte and outer root sheath cell culture

The specimens of occipital scalp from patients undergoing hair transplantation surgery were obtained. Informed written consent was obtained. The Medical Ethical Committee of the Kyungpook National University Hospital approved this study (IRB Number KNU 2018-0155). The sebaceous glands were isolated using a binocular microscope and transferred to Biocoat collagen type I-coated tissue culture dishes (CORNING, Kennebunk, ME, USA) in Dulbecco's modified Eagle medium (DMEM; Hyclone Laboratories, Logan, UT, USA) at 37°C in a humidified atmosphere of 5% CO₂. After 4 days, medium was changed to EpiLife (MEPI500CA; Gibco BRL, Grand Island, NY, USA). The medium was changed every 3 days. After cell outgrowth became sub-confluent, cells were harvested with 0.25% trypsin/10 mM EDTA in Hank's balanced salt solution (HBSS) and sub-cultured.

The hair shaft and hair bulb region of the hair follicles were cut and ORS were isolated. And then, hair shafts were immersed in DMEM supplemented with 20% fetal bovine serum. After culturing for three days, the medium was replaced with EpiLife. Cells from the second passage were used for the experiments in this study.

Black ginseng extracts

Ginseng roots were purchased from Daedong Korea Ginseng Corporation (Seoul, Korea), processed for black ginseng. The

ginseng roots turned to black ginseng through boiling, cooling, filtering and condensing. After then, the black ginseng was lyophilized in a powdery form. Ginsenoside composition of black ginseng was investigated using high-performance liquid chromatography.

MTT assay

Sebocytes and ORS cells were seeded in 96-well collagen-coated plates at a density of 5,000 cells per well (CORNING) for 24 hours. BG were added to the well plates of sebocytes and ORS cells for 3 days. MTT solution (3-[4,5]dimethylthiazol-2,5-diphenyltetrazolium bromide) was put at 70 µg/well for 3 hours. Optical density for formazan product was evaluated at 570 nm.

Reverse transcription polymerase chain reaction (RT-PCR) analysis and real-time PCR

Cells were treated with 0.1% dimethyl sulfoxide (DMSO), 5 µg/ml lipopolysaccharide (LPS; Sigma-Aldrich, St. Louis, MO, USA), or 5 µg/ml LPS+50 µg/ml BG for 6 hours and 24 hours. The dose of BG was determined by MTT assay. Total RNA was gained with an RNeasy Mini Kit (Qiagen, Hilden, Germany), and cDNA was synthesised from 3 µg of total RNA with a cDNA synthesis kit containing ImProm-IITM reverse transcriptase and oligo-dT primers based on protocol suggested by manufacturer (Promega, Madison, WI, USA). One microliter of cDNA was amplified using forward and reverse primers. The primers used in the study are shown in Supplementary Table 1. Electrophoresis with PCR products were done on a 1% agarose gel and visualized with ultraviolet light.

The real-time PCR was conducted with Step one Plus real-time PCR Assay (Applied Biosystems, Waltham, MA, USA). All reactions were conducted with Power SYBR Green premix (Applied Biosystems) using 50 ng cDNA and 10 pM of specific oligonucleotide primers. The primers used in the study are shown in Supplementary Table 1. Cycling conditions for amplification were as follows: 95°C for 10 minutes and 40 cycles at 95°C for 15 seconds and 60°C for 60 seconds. The products of PCR were evaluated with the Step one Plus real-time PCR analysis software (Applied Biosystems).

Enzyme-linked immunosorbent assay (ELISA)

Expression of interleukin (IL)-1β, IL-6, IL-8 and tumor necrosis factor (TNF)-α (R&D Systems Inc., Minneapolis, MN, USA) was performed with ELISA, following recommendation

of the manufacturer. For measurement of protein levels in the conditioned media of sebocytes and ORS cells, they were seeded overnight at a density of 30,000 cells/24-well culture dish and were washed three times with phosphate-buffered saline (PBS). To examine protein induction in cells in response to the BG, the cells were treated with BG in serum-free media for 6 hours or 24 hours, and protein concentrations in the conditioned medium were measured.

Western blot analysis

Cells were treated with 0.1% DMSO, 5 µg/ml LPS or 5 µg/ml LPS and 50 µg/ml BG for 6 hours. Ten µg of protein per lane were gained with 10% SDS-PAGE (sodium dodecyl sulphate-polyacrylamide gel electrophoresis) and transferred to nitrocellulose membranes. The membrane was incubated with a blocking buffer (5% skim milk in PBS) for 1 hour. They were detected with rabbit polyclonal antibody dilutions of p-c-jun (1:1,000; Cell Signaling, Danvers, MA, USA), p-JNK (1:1,000; Cell Signaling) or p-ικB (1:1,000; Cell Signaling). Horseradish

peroxidase (HRP)-conjugated donkey anti-rabbit immunoglobulin G (Jackson ImmunoResearch, West Grove, PA, USA) was bound as the secondary antibody at a 1:7,000 dilution. The bands were visualised with SuperSignal West Femto (Thermo Scientific, Waltham, MA, USA). The nitrocellulose membranes were also probed with mouse monoclonal antibody dilution of actin (1:5,000; Chemicon, Temecula, CA, USA).

Quantification of lipid production

The supernatant of BG-treated sebocytes for 24 hours was transferred to a clean 1.5 ml e-tube and stored at -20°C. Neutral lipids were measured using the TG-S reaction kit (Asan Pharm. Co., Seoul, Korea) based on protocol suggested by manufacturer.

AdipoRed assay reagent (Lonza, Walkerville, MD, USA) was used for Nile red. Slides were incubated in Adipo red solution (1:100 dilution) for 10 minutes at dark. The slides were washed with water and mounted.

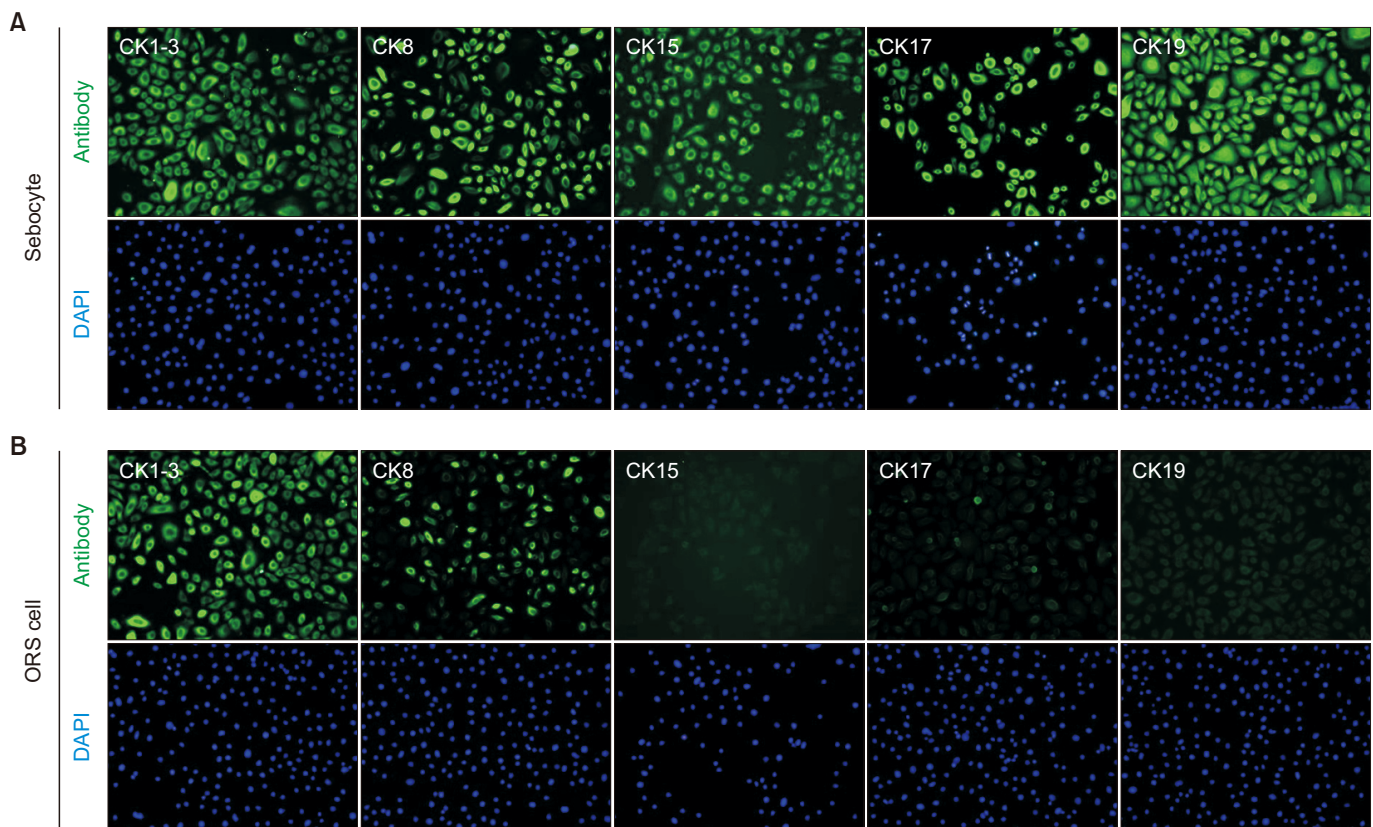


Fig. 1. Immunofluorescence staining was performed in cultured sebocytes and ORS cells. (A) Sebocytes were positive for CK1-3, CK8, CK15, CK17, and CK19. (B) ORS cells were positive only for CK1-3 and CK8. ORS: outer root sheath.

Immunofluorescence staining for cells

Sebocytes and ORS cells in an 8-well chamber slide (Nunc Lab-Tek, Roskilde, Denmark) were fixed in 4% paraformaldehyde for 10 minutes, blocked with 5% normal donkey serum for 1 hour, and then incubated with antibody dilutions of CK1-3 (1:100; Chemicon), CK8 (1:100; Chemicon), CK15 (1:100; Chemicon), CK17 (1:100; Abcam, Cambridge, UK), and CK19 (1:100; Chemicon) at 4°C overnight. After washing with PBS, the cells were incubated using Alexa Fluor 488-labeled donkey anti-rabbit or mouse secondary antibody (Molecular Probes, Eugene, OR, USA) for 1 hour. Finally, the cells were counterstained using 4,6-diamidino-2-phenylindole (DAPI) for 10 minutes.

For immunofluorescence staining of p-c-jun, cells treated with 5 µg/ml LPS or 5 µg/ml LPS and 50 µg/ml BG for 6 hours were fixed and blocked as above, maintained with rabbit polyclonal p-c-jun antibody dilution (1:100; Cell Signaling) at 4°C overnight, and incubated using Alexa Fluor 488-labeled donkey anti-rabbit secondary antibody (Molecular Probes). Finally, the cells were counterstained using DAPI for 10 minutes.

Statistical analysis

Data are expressed as follows: mean±standard deviation. Statistical analysis for data was done with analysis of variance (ver. 18.0; IBM Corp., Armonk, NY, USA). *p*-value less than 0.05 was considered statistically significant.

RESULTS

Sebocytes were different from outer root sheath cells in the expression of cytokeratin

Immunofluorescence was performed in cultured sebocytes and ORS cells using antibodies against CK1-3, CK8, CK15, CK17, and CK19. Sebocytes were positive for CK1-3, CK8, CK15, CK17, and CK19 (Fig. 1A), but ORS cells were positive only for CK1-3 and CK8 (Fig. 1B). Sebocytes were different from ORS cells in the expression of cytokeratin in immunofluorescence.

BG increased the expression of inflammatory cytokines in lipopolysaccharide-treated sebocytes and outer root sheath cells

To determine the cytotoxic effects of BG, sebocytes and ORS cells were treated with various concentrations of BG. No cytotoxicity with BG was showed up to concentrations 50 µg/ml comparing with control (Fig. 2A). Furthermore, the effects of LPS and BG on cell viability in sebocytes and ORS cells were observed. It showed that cell viability did not change when 5 µg/ml LPS and 50 µg/ml BG were simultaneously treated in sebocytes and ORS cells (Fig. 2B).

The gene expression of IL-1β and IL-8 was significantly increased after treatment of sebocytes and ORS cells with 5 µg/ml LPS and 50 µg/ml BG for 6 hours rather than treatment of

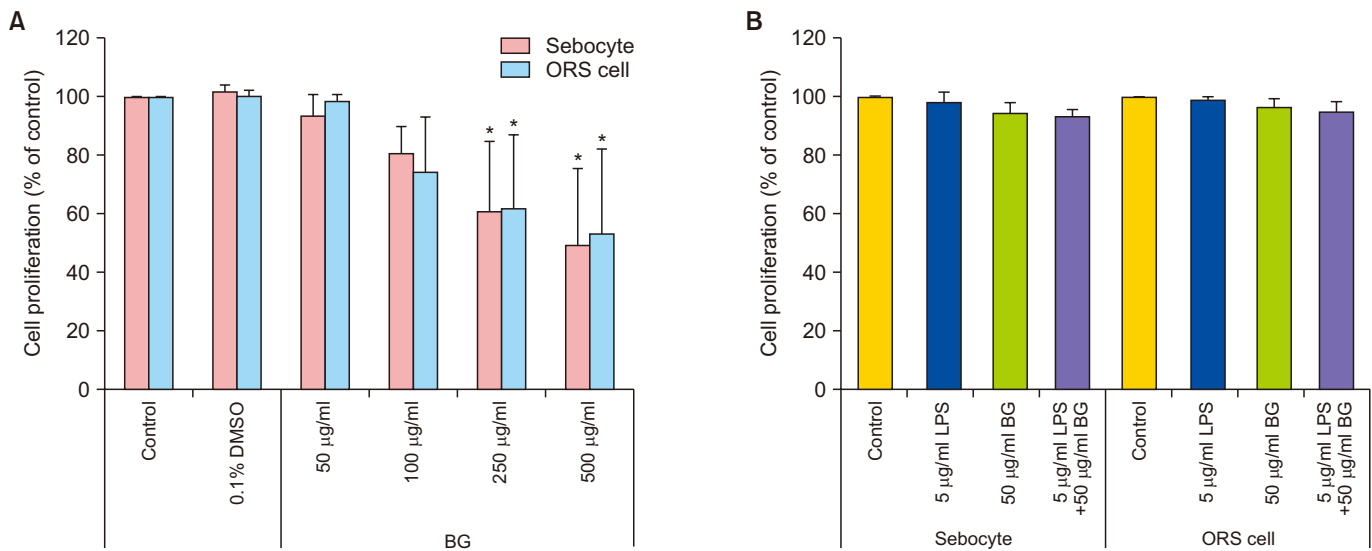


Fig. 2. MTT assay was performed in cultured sebocytes and ORS cells. (A) Cells were treated with BG of various concentrations for 3 days. The cell viability decreased after treatment with BG over 100 µg/ml comparing with control. (B) A combination of 5 µg/ml LPS and 50 µg/ml BG induced no change in cell viability for 3 days. The data in the bar graphs represent the mean±standard deviation from three independent experiments (**p*<0.05). ORS: outer root sheath, LPS: lipopolysaccharide, BG: black ginseng, DMSO: dimethyl sulfoxide.

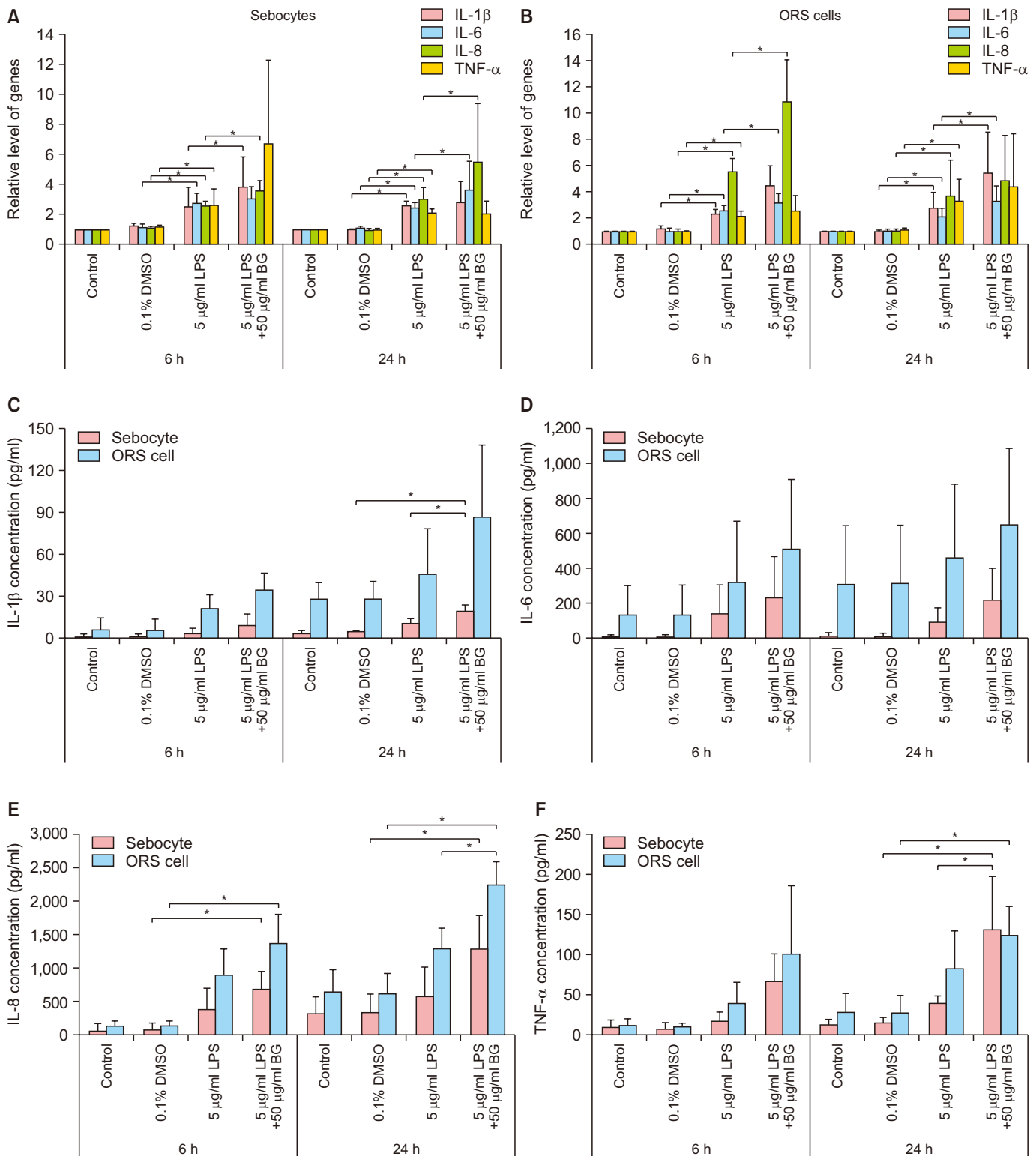


Fig. 3. A combination of BG and LPS showed increased gene expression of inflammatory cytokines in (A) sebocytes and (B) ORS cells. A combination of BG and LPS induced increased protein expression of inflammatory cytokines, including (C) IL-1 β , (D) IL-6, (E) IL-8, and (F) TNF- α in sebocytes and ORS cells. The data in the bar graphs represent the mean \pm standard deviation from three independent experiments (* p <0.05). BG: black ginseng, LPS: lipopolysaccharide, ORS: outer root sheath, DMSO: dimethyl sulfoxide, IL: interleukin, TNF: tumor necrosis factor.

sebocytes and ORS cells with 5 µg/ml LPS ($p<0.05$) (Fig. 3A, B). In addition, the gene expression of IL-6 was significantly increased after treatment of sebocytes and ORS cells with 5 µg/ml LPS and 50 µg/ml BG for 24 hours rather than treatment of sebocytes and ORS cells with 5 µg/ml LPS ($p<0.05$) (Fig. 3A, B). The gene expression of the others was insignificantly increased after treatment of sebocytes and ORS cells with 5 µg/ml LPS and 50 µg/ml BG for 6 hours and 24 hours rather than treatment of sebocytes and ORS cells with 5 µg/ml LPS (Fig. 3A, B).

Treatment of sebocytes with 5 µg/ml LPS and 50 µg/ml BG for 24 hours showed a significant increase in protein expression levels of IL-1β and TNF-α rather than treatment of sebocytes with LPS ($p<0.05$) (Fig. 3C~F). In addition, treatment of ORS cells with 5 µg/ml LPS and 50 µg/ml BG for 24 hours showed a significant increase in protein expression levels of IL-8 rather

than treatment of ORS cells with LPS ($p<0.05$) (Fig. 3C~F). Treatment of sebocytes and ORS cells with 5 µg/ml LPS and 50 µg/ml BG for 6 hours and 24 hours showed an insignificant increase in protein expression levels of the others rather than treatment of sebocytes and ORS cells with LPS (Fig. 3C~F). However, it was observed that there was no change of the expression of inflammatory cytokines by 50 µg/ml BG in LPS untreated cells (Fig. 4).

Treatment of lipopolysaccharide-treated sebocytes and outer root sheath cells with BG increased protein expression of p-c-jun, p-JNK, p-ικB, and TLR4

In western blot analysis, treatment of sebocytes and ORS cells with 5 µg/ml LPS and 50 µg/ml BG for 6 hours increased the protein expression of p-c-jun ($p<0.05$) and p-JNK ($p<0.05$) rather than treatment of sebocytes and ORS cells with 5 µg/ml LPS (Fig. 5A, B).

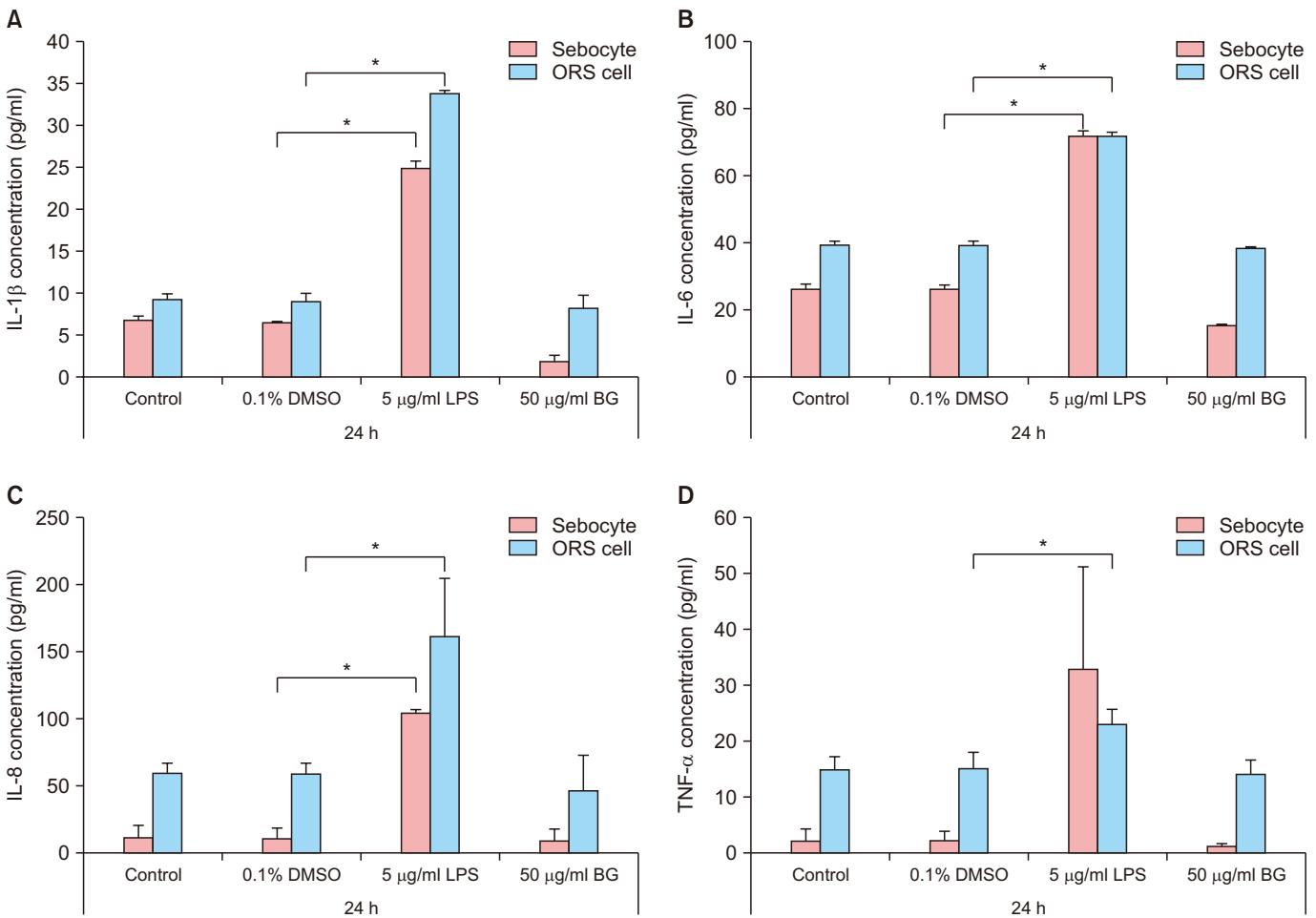


Fig. 4. BG weakly reduced the expression of inflammatory cytokines in LPS-untreated sebocytes and ORS cells. The protein expression of inflammatory cytokines, including (A) IL-1β, (B) IL-6, (C) IL-8, and (D) TNF-α decreased after BG for 24 hours. The data in the bar graphs represent the mean±standard deviation from three independent experiments (* $p<0.05$). BG: black ginseng, LPS: lipopolysaccharide, ORS: outer root sheath, DMSO: dimethyl sulfoxide, IL: interleukin, TNF: tumor necrosis factor.

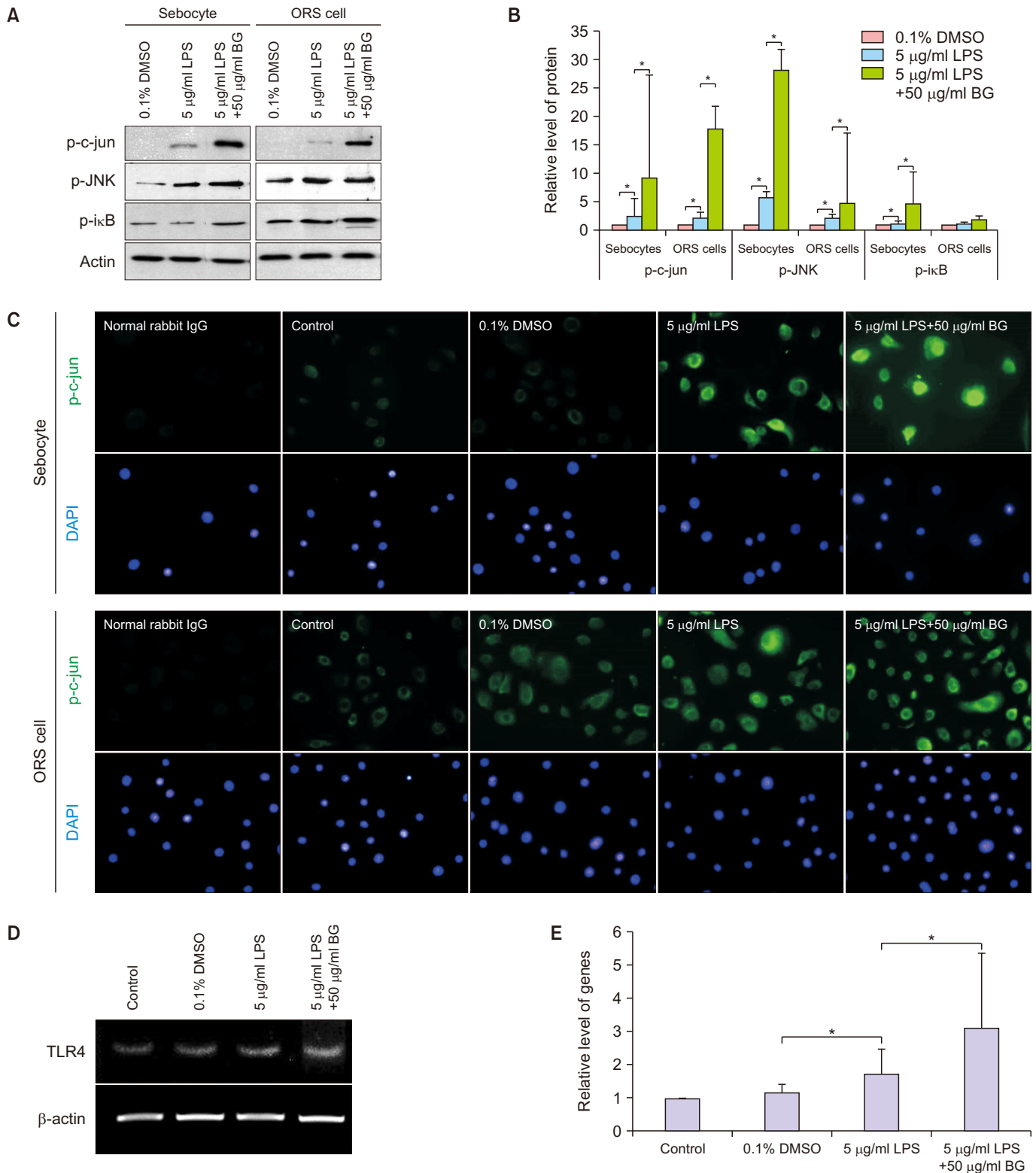


Fig. 5. (A, B) A combination of BG and LPS induced increased protein expression of p-c-jun, p-JNK, and p- κ B in sebocytes and ORS cells in western blot analysis. (C) A combination of BG and LPS induced increased protein expression of p-c-jun in sebocytes and ORS cells in immunofluorescence staining. (D, E) A combination of BG and LPS induced increased gene expression of TLR4 in sebocytes. The data in the bar graphs represent the mean \pm standard deviation from three independent experiments (* p <0.05). BG: black ginseng, LPS: lipopolysaccharide, ORS: outer root sheath, DMSO: dimethyl sulfoxide, Ig: immunoglobulin.

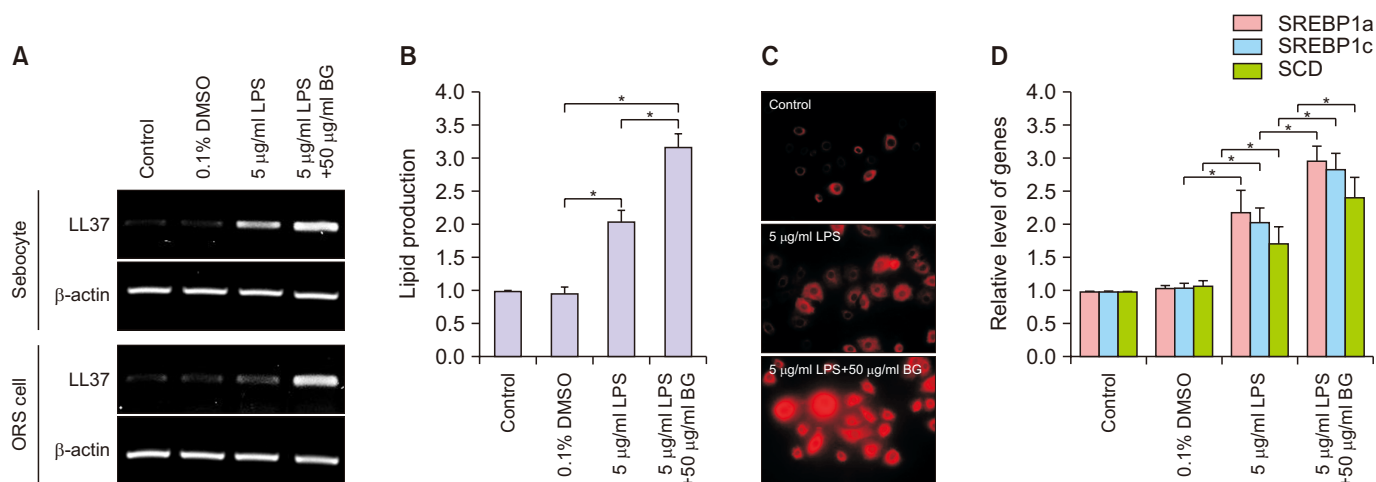


Fig. 6. (A) A combination of BG and LPS increased the gene expression of LL37 in sebocytes and ORS cells. (B, C) A combination of BG and LPS increased the production of sebum in sebocytes. (D) A combination of BG and LPS upregulates the expression of sebum production-related genes in cultured sebocytes. The data in the bar graphs represent the mean ± standard deviation from three independent experiments (* $p < 0.05$). ORS: outer root sheath, LPS: lipopolysaccharide, BG: black ginseng, DMSO: dimethyl sulfoxide.

In addition, the protein expression of p- κ B ($p < 0.05$) was increased in treatment of sebocytes with 5 µg/ml LPS and 50 µg/ml BG for 6 hours more than in treatment of sebocytes with 5 µg/ml LPS (Fig. 5A, B). In immunofluorescence, the expression of p-c-jun was increased in treatment of sebocytes and ORS cells with 5 µg/ml LPS and 50 µg/ml BG for 6 hours more than in treatment of sebocytes and ORS cells with 5 µg/ml LPS (Fig. 5C). In RT-PCR, the gene expression of TLR4 was increased in treatment of sebocytes with 5 µg/ml LPS and 50 µg/ml BG for 24 hours more than in treatment of sebocytes with 5 µg/ml LPS (Fig. 5D, E).

Treatment of sebocytes and ORS cells with LPS and BG increased the expression of LL37 and lipid production

In RT-PCR, the gene expression of LL37 was increased in treatment of sebocytes and ORS cells with 5 µg/ml LPS and 50 µg/ml BG for 24 hours more than in treatment of sebocytes and ORS cells with 5 µg/ml LPS (Fig. 6A). In addition, lipid production and sebum production-related genes, such as SREBP1a, SREBP1c and SCD, were increased in treatment of sebocytes with 5 µg/ml LPS and 50 µg/ml BG for 24 hours more than in treatment of sebocytes with 5 µg/ml LPS ($p < 0.05$; Fig. 6B–D).

DISCUSSION

Pharmacological effects of black ginseng on malignancy, liver function, metabolic diseases, oxidative stress, and neurovascular and immune system have been studying with various molecular

and biochemical methods^{7,10–14}. It was shown that black ginseng has intense anti-inflammatory effects¹⁴. In addition, it has known that black ginseng can suppress the release of pro-inflammatory biomarkers, including IL-1 β , IL-6, and TNF- α ^{13,15}. However, BG increased the gene and protein expression of inflammatory cytokines in LPS-treated sebocytes and ORS cells in our study.

Acne is an inflammatory skin disorder with the increased expression of inflammatory cytokines. Acne is primarily developed by colonization of *Cutibacterium acnes*¹⁶. The major cell wall components of *C. acnes*, such as lipoteichoic acid and peptidoglycan, can release inflammatory mediators through activation of TLR2¹⁷. In addition lipoteichoic acid can trigger TLR4 activation. Both TLR2 and TLR4 are active in sebaceous glands and play a central role in the occurrence of acne¹⁸. LPS, a component of gram-negative bacteria, also plays an important role in chronic inflammatory reactions through TLR2- and TLR4-dependent signalling pathways, although TLR2 mediates inflammatory signalling to component of gram-positive bacteria and TLR4 is required for cellular signalling induced by gram-negative bacteria^{19,20}. The activation of TLR2 and TLR4 results in signalling cascades that produce inflammatory cytokines via NF- κ B¹⁹. In the other way, the activation of TLR2 and TLR4 can mediate inflammatory responses through JNK and c-jun signalling pathway^{21–24}.

Although the mechanisms of the regulation of LL37 expression remain poorly understood, TLRs are thought to be involved in the regulation of LL37 expression²⁵. In our study,

a combination of BG and LPS enhanced the expression of TLR4, p-JNK, p-c-jun, p- κ B, and LL37 in sebocytes and ORS cells. Nagy et al.²⁶ reported that *C. acnes* and LPS induced the expression antimicrobial peptides in human sebocytes, showing their role in acne pathogenesis. Lee et al.²⁷ also proved that *C. acnes* stimulated the mRNA expression of LL37 in keratinocytes. However, it remains to be determined what the increased gene expression of LL37 means.

Iinuma et al.²⁸ reported the intradermal administration of *Escherichia coli*-derived LPS to hamster auricle skin did not influence sebaceous morphology or sebum accumulation in sebaceous glands. In addition, BG did not affect the production of sebum in our study. However, sebum production was upregulated in sebocytes after treatment with LPS or a combination of BG and LPS in our study. Increased sebum production in the sebocytes was caused by upregulation of sebum production-related genes, including SREBP1a, SREBP1c, and SCD.

In conclusion, BG induces an increase in the expression of inflammatory biomarkers in sebocytes and ORS cells after treatment with LPS. This suggests that black ginseng be an aggravating factor of inflammatory skin disorders, such as acne, and black ginseng should be avoided in patients with inflammatory acne.

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SUPPLEMENTARY MATERIALS

Supplementary data can be found via <http://anndermatol.org/src/sm/ad-34-095-s001.pdf>.

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DATA SHARING STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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