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EMDpen Ramucirumab in the second-line for patients with hepatocellular carcinoma and elevated alpha-fetoprotein: patientreported outcomes across two randomised clinical trials

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For 'Presented at statement' see end of article.

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Correspondence to Dr Andrew X Zhu; azhu@mgh.harvard.edu ABSTRACT

Background Symptoms of advanced hepatocellular carcinoma (HCC) represent a substantial burden for the patient and are important endpoints to assess when evaluating treatment. Patient-reported outcomes were evaluated in subjects with advanced HCC and baseline alpha-fetoprotein (AFP) ≥400 ng/mL treated with secondline ramucirumab.

Patients and methods Patients with AFP≥400 ng/mL enrolled in the REACH or REACH-2 phase 3 studies were used in this analysis. Eligible patients had advanced HCC, Child-Pugh A, Eastern Cooperative Oncology Group performance status 0/1 and prior sorafenib. Patients received ramucirumab 8 mg/kg or placebo once every 2 weeks. Disease-related symptoms and health-related quality of life (HRQoL) were assessed with the Functional Assessment of Cancer Therapy Hepatobiliary Symptom Index (FHSI)-8 and EuroQoL-5-Dimensions (EQ-5D) instruments, respectively. Time to deterioration (TTD) (≥3-point decrease in FHSI-8 total score;≥0.06-point decrease in EQ-5D score, from randomisation to first date of deterioration) was determined using Kaplan-Meier estimation and the Cox proportional hazards model. Both separate and pooled analyses for REACH AFP≥400 ng/mL and REACH-2 patients were conducted.

Results In the pooled population with AFP \geq 400 ng/ mL (n=542; ramucirumab, n=316; placebo, n=226), median TTD in FHSI-8 total score was prolonged with ramucirumab relative to placebo (3.3 vs 1.9 months; HR 0.725; (95% CI 0.559 to 0.941); p=0.0152), including significant differences in back pain (0.668; (0.497 to 0.899); p=0.0044), weight loss (0.699; (0.505 to 0.969); p=0.0231) and pain (0.769; (0.588 to 1.005); p=0.0248) symptoms. TTD in EQ-5D score was not significantly different between ramucirumab and placebo groups (median 2.9 vs 1.9 months). Results in the individual trials were consistent with these findings.

Conclusions Ramucirumab in second-line treatment of advanced HCC demonstrates consistent benefit in the delay of deterioration in disease-related symptoms with no worsening of HRQoL. Taken with previously demonstrated ramucirumab-driven survival benefits in this setting, these

Key questions

What is already known about this subject?

- ▶ Ramucirumab has previously demonstrated both efficacy and tolerability as a second-line systemic treatment in patients with advanced HCC in two phase 3 studies (REACH and REACH-2).
- Data on patient-reported quality-of-life outcomes in the second-line setting among patients with advanced HCC is limited.

What does this study add?

- ▶ Time to deterioration in disease symptoms (measured by the Functional Assessment of Cancer Therapy Hepatobiliary Symptom Index) was significantly delayed in patients treated with ramucirumab versus placebo.
- Significant differences in time to deterioration for back pain, weight loss and pain were observed.
- Delay in deterioration of these cancer-related symptoms extends the previously demonstrated benefit of ramucirumab to survival.

How might this impact on clinical practice?

► By demonstrating the potential for second-line ramucirumab to address both the symptoms and HRQoL of patients with HCC, our results will help to guide patient-clinician discussions about the risks and benefits of this therapy.

data may inform patient-clinician discussions about the benefit-risk profile of this therapy.

Trial registration number NCT01140347; NCT02435433, NCT02435433.

INTRODUCTION

Hepatocellular cancer (HCC) represents the fourth most common cause of cancerrelated mortality globally.^{1 2} Patients with HCC frequently present at an advanced stage, when prognosis is poor and treatment

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options are limited. Notably, patients with advanced HCC often report a complex variety of symptoms, related to the cancer itself, underlying cirrhosis and other comorbid conditions and side effects of treatment.³ HCC symptoms represent a substantial physiological and psychological burden for patients and can significantly affect their health-related quality of life (HRQoL).³ Primary endpoints in clinical trials of new therapies for advanced HCC primarily focus on improvements in overall survival (OS) and progression-free survival (PFS), but many of the gains observed to date have been relatively small.³ In the non-curative setting, the symptoms and HRQoL experienced by patients with advanced HCC represent important endpoints to assess when evaluating the benefits of treatment.³ In the first-line HCC setting, two recent studies have examined patient-reported HROoL outcomes,⁴⁵ however, data in the second-line setting are limited.

Ramucirumab, a human IgG1 monoclonal antibody that inhibits ligand activation of vascular endothelial growth factor receptor-2, has demonstrated both efficacy and tolerability as a second-line systemic treatment in patients with advanced HCC and baseline alpha-fetoprotein (AFP) levels≥400 ng/mL in two phase 3 studies (REACH and REACH-2).⁶⁷ Further analysis of the REACH study demonstrated that in the subgroup with elevated AFP, the rate of deterioration of patients' symptoms was significantly reduced.⁸ More recently, the REACH-2 trial, a follow-up study in patients with advanced HCC and elevated baseline AFP, confirmed the results from the REACH trial.⁷ In the current study, we sought to further assess the effects of ramucirumab on patient-reported outcomes (PROs), including HCC-related symptoms and HRQoL. To obtain a general estimate of treatment effect from a larger patient population, we examined PROs in the population of patients with baseline AFP $\geq 400 \text{ ng/mL}$ pooled from the REACH and REACH-2 studies, in addition to confirming the consistency between the individual study populations. By investigating the impact of ramucirumab on PROs for patients with advanced HCC, we hope to demonstrate the effect of ramucirumab on additional outcomes that are important to both patients and clinicians while underscoring the value of considering such outcomes in studies that investigate novel agents for patients with advanced HCC.

METHODS

Patients

Patient populations in REACH (NCT01140347; NCT02435433) and REACH-2 (NCT02435433) have been previously described in detail.^{6 7} Eligible patients had advanced HCC, Child-Pugh score <7 (Class A only), Eastern Cooperative Oncology Group performance status (ECOG PS) score of 0 or 1, Barcelona Clinic Liver Cancer stage C or B and prior sorafenib (discontinued due to progression or intolerance). REACH patients in the current analysis were from a protocol-defined patient

subpopulation with baseline AFP \geq 400 ng/mL; REACH-2 patients were required to have a baseline AFP \geq 400 ng/mL. All patients provided written, informed consent.

Study design

REACH and REACH-2 were global, double-blind, randomised, placebo-controlled phase 3 trials with similar protocol procedures, efficacy assessments and treatment regimens.⁶⁷ Patients were randomised (1:1 REACH and 2:1 REACH-2) to receive ramucirumab 8 mg/kg or placebo intravenously once every 2 weeks until disease progression, unacceptable toxicity or withdrawal of consent. All patients in both treatment arms received best supportive care, as determined by the treating clinician(s), including concomitant treatments to address symptoms and side effects (online supplementary table S1) and palliative care consultation (data not summarised).

Patient-reported outcomes

Two patient-reported instruments were administered: the Functional Assessment of Cancer Therapy (FACT) Hepatobiliary Symptom Index (FHSI-8) and EuroQoL 5-Dimensions (EO-5D). The FHSI-8 is a self-administered questionnaire used to assess the most frequent and concerning symptoms experienced by patients with hepatobiliary malignancies (lack of energy, nausea, pain, weight loss, back pain, fatigue, jaundice, stomach pain or discomfort).⁹⁻¹¹ Each symptom was assessed using a 5-point response scale (from 'not at all' to 'very much'), and scores were reversed and used to compute a total score (range 0-32), as per instrument guidelines, where a higher score represents lower symptom burden. The EQ-5D is a generic instrument for assessment of the effects of disease and treatment on HRQoL across many different disease states. The EQ-5D descriptive system comprises five dimensions (mobility, self-care, usual activities, pain/discomfort, anxiety/depression), each with 3 levels of severity, used in the derivation of an overall index score (where 1 represents best possible health; 0, death).¹² EQ-5D index scores were used in REACH whereas a version of the EQ-5D with five severity levels (EQ-5D-5L) was used in REACH-2. For consistency, EQ-5D-5L scores were transformed to EQ-5D with the EQ-5D-5L crosswalk¹³ in the current analyses. Minimally important differences (MIDs) have been reported as 2-3 points for the FHSI-8 total score,¹⁴ and 0.06–0.08 points for the EQ-5D index score in all cancers.¹⁵ We have further conducted a psychometric analysis of REACH-2 data, which supported a 3-point meaningful change threshold for FHSI-8 total score in our trial population (data on file). We use these MIDs herein as criteria for clinically meaningful changes.

We administered the two surveys together at the same time points throughout both studies, administering the FHSI-8 first. We collected the surveys at baseline and end of treatment. In REACH, we also collected data at the start of cycles 4, 10 and 16 (ie, at 6weeks following first treatment and every 12 weeks thereafter). In REACH-2, we collected data every 6 weeks. Following discontinuation from study therapy, the end-of-treatment visit occurred within 7 days, with PROs collected at that time.

Statistical analyses

We performed a pooled data analysis for REACH (AFP ≥400 ng/mL) and REACH-2 by pooling together individual patient data from the two studies and analysing with stratification by study to account for clustering of patients within each study. Pooled analyses were prespecified prior to REACH-2 database lock. We calculated survey compliance as the percentage of completed assessments among the number of expected assessments (patients still on study without progression). We present descriptive statistics as mean±SD at baseline and at end of treatment for FHSI-8 total scores and EQ-5D index scores: inferential statistics were not performed as these data were confounded due to differential survival times in the two treatment groups and are subject to statistical concerns of nonrandom missing data. To mitigate concerns of bias associated with nonrandom missing data, time to first deterioration (TTD) was compared between treatment arms in FHSI-8 total and EQ-5D index scores with TTD prespecified as the time from the randomisation date to the first date with a clinically meaningful≥3-point and \geq 0.06-point decrease from baseline, respectively.^{14 15} The TTD of each FHSI-8 symptom was compared between treatment arms with deterioration threshold prespecified as a decrease in one categorical response for an individual item. Patients who did not experience a deterioration were censored at the last assessment in TTD analyses. We estimated the TTD curves and medians using the Kaplan-Meier method. P values for treatment comparisons were derived from the log-rank test. A two-sided p<0.05 was considered statistically significant. We calculated HRs with 95% CI using a univariate Cox regression model. The individual studies were stratified by randomization stratification factors (REACH: aetiology; geographical region; REACH-2: macrovascular invasion; ECOG PS 0 vs 1; geographical region). The impact of missing data on the TTD analysis of FHSI-8 total scores was evaluated via a sensitivity analysis with missing data imputed by multiple imputation using Markov Chain Monte Carlo methodology on the REACH-2 analysis population, conducted as detailed above for the original analyses.

RESULTS

The pooled analysis population included 542 patients (ramucirumab, n=316; placebo, n=226). Of these, 250 patients originated from REACH (ramucirumab, n=119; placebo, n=131) and 292 originated from REACH-2 (ramucirumab, n=197; placebo, n=95; table 1). At the time of data cut-off in each study, most patients were off treatment (ramucirumab, 94%–98%; placebo, 98%–100%), with the majority in both treatment groups discontinuing due to disease progression (ramucirumab, 69%–70%; placebo, 81%–87%; online supplementary figure S1). Demographics and baseline clinical characteristics were

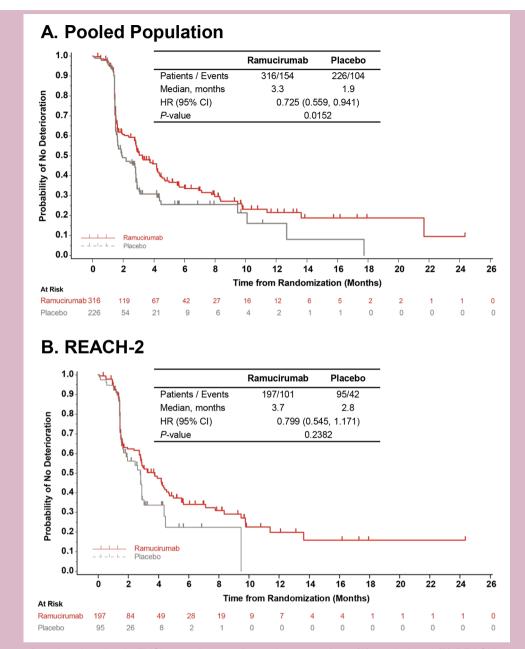
balanced between the treatment groups in each of the three analysis populations except median baseline AFP levels were slightly imbalanced at the per-study level (REACH (AFP \geq 400 ng/mL): ramucirumab, 5293 ng/mL; placebo, 7022 ng/mL; REACH-2 ramucirumab, 3920 ng/mL; placebo, 2741 ng/mL); however, this was not observed once the data were pooled (ramucirumab, 4102 ng/mL; placebo, 4048 ng/mL; table 1).

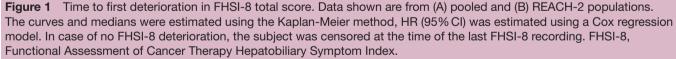
We observed similar compliance with the FHSI-8 and EO-5D instruments across the two treatment groups in all analysis populations, with rates of $\geq 95\%$ at baseline and $\geq 65\%$ at end of treatment (online supplementary table S2; Chau *et al*).⁸ In the pooled population, the TTD in HCC symptoms based on total FHSI-8 scores was prolonged for patients assigned to ramucirumab compared with patients assigned to placebo (median 3.3 vs 1.9 months, respectively; HR 0.725; 95% CI, 0.559 to 0.941; p=0.0152; figure 1A). The findings from the individual study populations were consistent with the pooled data although the differences between treatment groups for TTD in FHSI-8 total scores did not reach statistical significance (ramucirumab vs placebo: REACH (AFP \geq 400 ng/mL) median 2.9 vs 1.6 months; HR 0.690; 95% CI 0.470 to 1.014; p=0.054; Online supplementary figure S2A; REACH-2 median 3.7 vs 2.8 months; HR 0.799; 95% CI 0.545 to 1.171; p=0.2382; figure 1B). We observed similar findings in the sensitivity analysis on the REACH-2 cohort (ramucirumab: median 3.0 months; placebo: median 2.8 months; HR 0.816; 95% CI 0.572 to 1.163; p=0.2610), indicating that missing data did not have a statistical impact on the TTD analysis. Sensitivity analyses of FHSI-8 outcomes in REACH also found no effect of missing data on the overall findings.⁸

For the individual FHSI-8 symptom items (figure 2A; figure 3A-H), in the pooled population, we found statistically non-significant delays in the time to deterioration for symptoms of nausea and fatigue and statistically significant delays in TTD for the symptoms of weight loss (ramucirumab: median 6.0 months; placebo: median 3.3 months; HR 0.699; 95% CI, 0.505 to 0.969; p=0.0231), pain (ramucirumab: median 4.2 months; placebo: median 2.6 months; HR 0.769; 95% CI, 0.588 to 1.005; p=0.0248), and back pain (ramucirumab: median 5.7 months; placebo: median 2.8 months; HR 0.668; 95% CI, 0.497 to 0.899; p=0.0044; figure 3C-E). The REACH (AFP \geq 400 ng/mL) subpopulation also demonstrated a correlation between ramucirumab and improved symptoms, with the most notable being delayed worsening of pain (ramucirumab: median 3.3 months; placebo: median 1.8 months; HR 0.635; 95% CI 0.422 to 0.955, p=0.0259; Online supplementary figure S2B). Similarly, in REACH-2, we found patients assigned to ramucirumab experienced delays to symptom worsening for the symptoms of nausea, pain, back pain, weight loss and fatigue, although back pain was the only individual symptom to reach significance for prolonged TTD (ramucirumab: median 6.5 months; placebo: median 2.9 months; HR 0.542 95% CI 0.350 to 0.838; p=0.0052; figure 2B).

	Ramucirumab N=316	Placebo N=226	Ramucirumab N=119	Placebo N=131	Ramucirumab N=197	Placebo N=95
n (%), except where indicated						
Sex Male	246 (77.8)	189 (83.6)	92 (77.3)	110 (84.0)	154 (78.2)	79 (83.2)
Age (years) Median	64	62	62	59	64	64
Race Asian	168 (53.2)	123 (54.4)	66 (55.5)	78 (59.5)	102 (51.8)	45 (47.4)
ECOG PS 0	173 (54.7)	118 (52.2)	60 (50.4)	63 (48.1)	113 (57.4)	55 (57.9)
Geographical region 1 Americas, Europe, Israel, Australia	as, 154 (48.7) , a	108 (47.8)	53 (44.5)	58 (44.3)	101 (51.3)	50 (52.6)
Geographical region 2 Asia (excluding Japan)	101 (32.0) ing	78 (34.5)	46 (38.7)	51 (38.9)	55 (27.9)	27 (28.4)
Geographical region 3 Japan	61 (19.3)	40 (17.7)	20 (16.8)	22 (16.8)	41 (20.8)	18 (18.9)
Child-Pugh Score A – 5	190 (60.1)	135 (59.7)	67 (56.3)	81 (61.8)	123 (62.4)	54 (56.8)
Baseline BCLC Stage B	45 (14.2)	29 (12.8)	11 (9.2)	9 (6.9)	34 (17.3)	20 (21.1)
FHSI-8 total score Mean (SD)	SD) 26.44 (4.82)	26.29 (5.03)	25.84 (5.03)	25.92 (4.98)	26.80 (4.66)	26.78 (5.08)
EQ-5D index score† Mean (SD)	SD) 0.784 (0.190)	0.806 (0.193)	0.778 (0.215)	0.807 (0.202)	0.787 (0.174)	0.806 (0.182)
Sorafenib Progressive discontinuation disease	ssive 274 (86.7)	198 (87.6)	108 (90.8)	122 (93.1)	166 (84.3)	76 (80.0)
Intolerance	nce 42 (13.3)	28 (12.4)	11 (9.2)	9 (6.9)	31 (15.7)	19 (20.0)
Aetiology Hepatitis B	is B 124 (39.2)	102 (45.1)	53 (44.5)	66 (50.4)	71 (36.0)	36 (37.9)
Hepatitis C	is C 83 (26.3)	56 (24.8)	35 (29.4)	28 (21.4)	48 (24.4)	28 (29.5)
Significant Alcohol Use	ant 71 (22.5) Use	43 (19.0)	23 (19.3)	22 (16.8)	48 (24.4)	21 (22.1)
Macrovascular invasion Present	113 (35.8)	77 (34.1)	43 (36.1)	44 (33.6)	70 (35.5)	33 (34.7)
Extrahepatic spread Present	226 (71.5)	171 (75.7)	85 (71.4)	101 (77.1)	141 (71.6)	70 (73.7)
Baseline AFP (ng/mL) Median	4102	4048	5293	7022	3920	2741
Minimum- maximum	m- 408-853200 um	419-628390	411-853200	429-628390	408-230500	419-473163

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In the pooled population, the TTD in HRQoL based on the EQ-5D index score was not significantly different for patients assigned to ramucirumab (median 2.9 months) compared with patients assigned to placebo (median 1.9 months; HR 0.858; 95% CI 0.662 to 1.111; p=0.2485; online supplementary figure S3A). A delay in TTD with ramucirumab treatment was observed in the REACH-2 population, but the difference between treatment groups did not reach significance (median ramucirumab: 4.2 months; placebo: 2.9 months; HR 0.811; 95% CI 0.543 to 1.211; p=0.2898; online supplementary figure S3B).

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In the pooled and REACH-2 populations, patients in both arms reported clinically meaningful decreases from

baseline in total FHSI-8 score and EQ-5D at end of treatment (online supplementary table S3). In the REACH (AFP \geq 400 ng/mL) population, for FHSI-8, only patients in the placebo treatment arm reported an average meaningful decrease (mean change: ramucirumab: -2.21 (±5.63); placebo: -3.73 (±5.88)) whereas the changes in EQ-5D scores were similar in the two treatment groups (mean change: ramucirumab: -0.120 (±0.320); placebo: -0.191 (±0.297)).⁸ In both the REACH (AFP \geq 400 ng/ mL)⁸ and REACH-2 populations (online supplementary table S4), FHSI-8 total scores were maintained over the course of treatment in both treatment groups, with scores declining only at end of treatment.

FHSI-8	RAM N = 316	Placebo <i>N</i> = 226				RAM N = 316	Placebo <i>N</i> = 226
	Eve	ents		HR (95% CI)	<i>P</i> -value	Median	(months)
Lack of energy	155	96	⊢ _	0.942 (0.724-1.225)	0.6005	2.8	2.2
Nausea	102	62	⊢ ∎∔1	0.821 (0.589-1.145)	0.2287	7.8	4.4
Pain	147	99	⊢∎→	0.769 (0.588-1.005)	0.0248	4.2	2.6
Weight loss	106	67	⊢_ ∎	0.699 (0.505-0.969)	0.0231	6.0	3.3
Back pain	115	85	⊢ − ∎−−1	0.668 (0.497-0.899)	0.0044	5.7	2.8
Fatigue	158	101	⊢∎∔	0.813 (0.626-1.056)	0.0868	2.9	1.9
Jaundice	30	24	· • •	0.725 (0.411-1.278)	0.2394	N/A	N/A
Discomfort/pain in stomach	148	81	⊢	1.017 (0.767-1.349)	0.8603	3.0	3.1
	RAM		ramucirumab Favors	→ s placebo		RAM	Placeh
B. REACH-2 FHSI-8	RAM N = 197	Favors Placebo N = 95	← ramucirumab Favors	s placebo		RAM N = 197	
	N = 197	Placebo	ramucirumab Favors	s placebo HR (95% CI)	<i>P</i> -value	N = 197	
FHSI-8	N = 197	Placebo <i>N</i> = 95	ramucirumab Favors		P-value 0.5798	N = 197	N = 95
FHSI-8	N = 197 Eve	Placebo N = 95 ents	ramucirumab Favors	нк (95% Сі)		N = 197 Median	N = 95 (months)
FHSI-8 Lack of energy Nausea	N = 197 Eve 101	Placebo <i>N</i> = 95 ents 38	ramucirumab Favors	HR (95% CI) 1.122 (0.759-1.659)	0.5798	N = 197 Median 2.8	N = 95 (months) 3.0
	N = 197 Events 101 64	Placebo <i>N</i> = 95 ents 38 25	ramucirumab Favors	HR (95% CI) 1.122 (0.759-1.659) 0.809 (0.498-1.314)	0.5798 0.4144	N = 197 Median 2.8 8.2	N = 95 (months) 3.0 4.4
FHSI-8 Lack of energy Nausea Pain	N = 197 Eve 101 64 100	Placebo N = 95 ents 38 25 38		HR (95% CI) 1.122 (0.759-1.659) 0.809 (0.498-1.314) 0.913 (0.613-1.361)	0.5798 0.4144 0.5837	N = 197 Median 2.8 8.2 4.2	N = 95 (months) 3.0 4.4 2.9
FHSI-8 Lack of energy Nausea Pain Weight loss	N = 197 Ev 101 64 100 73	Placebo N = 95 ents 38 25 38 31		HR (95% CI) 1.122 (0.759-1.659) 0.809 (0.498-1.314) 0.913 (0.613-1.361) 0.722 (0.459-1.134)	0.5798 0.4144 0.5837 0.1579	N = 197 Median 2.8 8.2 4.2 6.9	N = 95 (months) 3.0 4.4 2.9 3.3
FHSI-8 Lack of energy Nausea Pain Weight loss Back pain	N = 197 Ev 101 64 100 73 72	Placebo N = 95 ents 38 25 38 31 31 36		HR (95% CI) 1.122 (0.759-1.659) 0.809 (0.498-1.314) 0.913 (0.613-1.361) 0.722 (0.459-1.134) 0.542 (0.350-0.838)	0.5798 0.4144 0.5837 0.1579 0.0052	N = 197 Median 2.8 8.2 4.2 6.9 6.5	3.0 4.4 2.9 3.3 2.9
FHSI-8 Lack of energy Nausea Pain Weight loss Back pain Fatigue	N = 197 Ev 101 64 100 73 72 108	Placebo N = 95 ents 38 25 38 31 36 44		HR (95% CI) 1.122 (0.759-1.659) 0.809 (0.498-1.314) 0.913 (0.613-1.361) 0.722 (0.459-1.134) 0.542 (0.350-0.838) 0.832 (0.576-1.202)	0.5798 0.4144 0.5837 0.1579 0.0052 0.3044	N = 197 Median 2.8 8.2 4.2 6.9 6.5 2.9	N = 98 (months) 3.0 4.4 2.9 3.3 2.9 2.2

Figure 2 Time to deterioration of FHSI-8 symptom items in patients in the (A) pooled; and (B) REACH-2 populations. Data in panel A are shown longitudinally in online supplementary figure S2. FHSI-8, Functional Assessment of Cancer Therapy hepatobiliary symptom index; N, number of patients in intent-to-treat population; N/A, not available (medians could not be calculated due to low number of events); RAM, ramucirumab.

DISCUSSION

The current analysis demonstrates that ramucirumab treatment is associated with a delay in the deterioration of disease-related symptoms in patients with advanced HCC and baseline AFP $\geq 400 \text{ ng/mL}$. In the pooled analysis of individual patient data from the study populations, comparison of TTD in disease-related symptoms based on FHSI-8 total score revealed a prolongation with singleagent ramucirumab compared with placebo. We also observed significant delays in deterioration for the individual symptoms of weight loss, pain and back pain with ramucirumab. Taken together with previously published reports on OS and PFS benefits,6-8 these data highlight that second-line ramucirumab treatment has a significant benefit to both survival and cancer-related symptoms among patients with advanced HCC and elevated baseline AFP.

Patients with advanced HCC often experience substantial symptom burden and worsening of their HRQoL over time as the disease progresses or due to treatmentrelated toxicities or other complications.³ Our data demonstrate that mean FHSI-8 scores were maintained relative to placebo, while patients received ramucirumab, with significant declines observed primarily at the end-oftreatment visits in both ramucirumab and placebo groups. These data support the conclusion that the deterioration of symptoms occurred as a result of disease progression (the most common reason to end treatment) rather than due to treatment-associated toxicity. A relationship between deterioration of symptoms and disease progression is supported by the TTD analyses, which showed a significant delay in median TTD in FHSI-8 total score with ramucirumab compared with placebo, mirroring the improvements previously observed in PFS in patients with advanced HCC and elevated AFP.67 TTD in EQ-5D index scores was not substantially different between treatment groups, suggesting no worsening of HRQoL with ramucirumab treatment. As expected, the discrepancy observed is likely attributed to the sensitivity of instruments, specifically that the FHSI-8 focuses on eight hepatobiliary disease-specific symptoms,¹⁰ while the EQ-5D is a generic non-disease-specific tool intended to complement other HRQoL measurement methods.¹² Nevertheless, results on the FHSI-8 and EQ-5D were consistent across all three analysis populations examined and are particularly noteworthy in the context of the historically poor

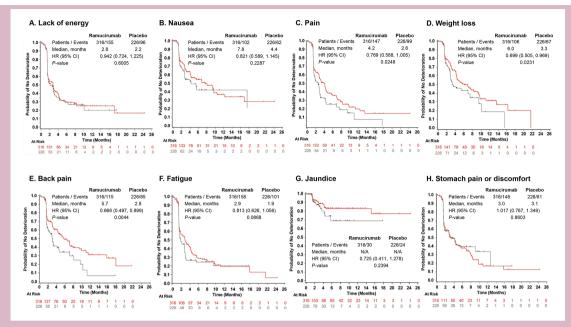


Figure 3 Longitudinal depiction of time to deterioration of FHSI-8 symptom items in patients with advanced hepatocellular carcinoma and baseline AFP \geq 400 ng/mL. Data represent pooled individual patient data from REACH-2 and REACH (AFP \geq 400 ng/mL) populations. FHSI-8 symptom items included (A) lack of energy; (B) nausea; (C) pain; (D) weight loss; (E) back pain; (F) fatigue; (G) jaundice and (H) stomach pain or discomfort. The curves and medians were estimated using the Kaplan-Meier method, HR (95% CI) was estimated using a COX regression model. AFP, alpha-fetoprotein; FHSI-8, Functional Assessment of Cancer Therapy Hepatobiliary Symptom Index; N/A, medians could not be calculated due to low number of events.

survival outcomes seen in advanced HCC. These findings are also in agreement with our previous demonstration of a linear relationship between the deterioration in FHSI-8 total scores and change in tumour size in REACH⁸ and the current demonstration that ramucirumab has significant and clinically meaningful benefits in delaying the worsening in the symptoms of weight loss, pain and back pain, specific symptoms which have been related to HCC tumour burden.¹⁶¹⁷

In the first-line HCC setting, two recent studies also reported improved PROs for the experimental arms, highlighting the relevance and importance of considering patient-reported HRQoL outcomes in HCC phase 3 trials.⁴⁵ These observations are relevant to the goal of therapy in this patient population, which is to extend survival while maintaining patients' well-being, and underscore the need for further work that addresses the impact of new therapies on the symptoms and HRQoL of patients with advanced HCC. To date, no other secondline systemic agents have demonstrated similar benefits in terms of HCC symptoms, however, direct comparison is difficult due to use of different HRQoL measurement tools and interpretation of what constitutes meaningful benefit.¹⁸⁻²⁰ Thus, our current findings represent a thorough assessment of disease-specific symptoms in patients with advanced HCC and highlight the value of measuring cancer-related symptoms with PRO instruments in this patient population for which survival benefits of new treatments may be limited.

ments, and the two studies observed consistent results in the relevant patient population with elevated baseline AFP. Further, these similarities allowed for pooling of REACH-2 and REACH (AFP $\geq 400 \text{ ng/mL}$) data, which enabled a better-powered assessment of ramucirumab treatment due to the larger dataset. In addition, compliance in completing the PRO assessments was relatively high at end of treatment (>65%) despite the rapidly progressive nature of the disease, which could have influenced the ability to collect data. However, the study had a number of limitations, common to studies of this type. Importantly, informative censoring bias was potentially a factor as, by study design, some PROs were not collected due to disease progression or death, when scores would be expected to be poor. In addition, patients had to meet the studies' eligibility criteria, limiting the generalisability of these results to the broader patient population with advanced HCC. Further, in the current study, differences in the version of the EQ-5D used in each study resulted in the need for converting the scores in order to combine them, and assessments were made at different times during the two studies, which precluded the pooling of some data for specific timepoint analyses. Additionally, the integrated analyses were not included in an a priori gate-keeping approach and, as such, are not controlled for multiple hypothesis testing. Finally, many other symptoms and concerns (eg, depression, anxiety, cognition)

A strength of the current study is that REACH and

REACH-2 had similar designs, assessments and treat-

and important factors that can affect HCC symptom burden (eg, hospitalisations, concomitant medication usage, financial toxicity, physical function) are not reported here and should be explored in future work.

In conclusion, the current findings demonstrate that ramucirumab treatment is associated with a benefit in delaying the deterioration of disease-related symptoms and maintaining HRQoL in patients with advanced HCC and baseline AFP \geq 400 ng/mL. By demonstrating the potential for second-line ramucirumab therapy to address both the symptoms and HRQoL of patients with HCC, our results have far-reaching implications to help guide patient-clinician discussions about the risks and benefits of this therapy.

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