



Gene expression in oligodendrocytes during remyelination reveals cholesterol homeostasis as a therapeutic target in multiple sclerosis

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Regional differences in neurons, astrocytes, oligodendrocytes, and microglia exist in the brain during health, and regional differences in the transcriptome may occur for each cell type during neurodegeneration. Multiple sclerosis (MS) is multifocal, and regional differences in the astrocyte transcriptome occur in experimental autoimmune encephalomyelitis (EAE), an MS model. MS and EAE are characterized by inflammation, demyelination, and axonal damage, with minimal remyelination. Here, RNA-sequencing analysis of MS tissues from six brain regions suggested a focus on oligodendrocyte lineage cells (OLCs) in corpus callosum. *Olig1-RiboTag* mice were used to determine the transcriptome of OLCs *in vivo* in corpus callosum during the remyelination phase of a chronic cuprizone model with axonal damage. Cholesterol-synthesis gene pathways dominated as the top up-regulated pathways in OLCs during remyelination. In EAE, remyelination was induced with estrogen receptor- β (ER β) ligand treatment, and up-regulation of cholesterol-synthesis gene expression was again observed in OLCs. ER β -ligand treatment in the cuprizone model further increased cholesterol synthesis gene expression and enhanced remyelination. Conditional KO of ER β in OLCs demonstrated that increased cholesterol-synthesis gene expression in OLCs was mediated by direct effects in both models. To address this direct effect, ChIP assays showed binding of ER β to the putative estrogen-response element of a key cholesterol-synthesis gene (*Fdps*). As fetal OLCs are exposed *in utero* to high levels of estrogens in maternal blood, we discuss how remyelinating properties of estrogen treatment in adults during injury may recapitulate normal developmental myelination through targeting cholesterol homeostasis in OLCs.

with axonal damage may reveal therapeutic targets to facilitate remyelination in MS. The study of oligodendrocytes through single-cell and genetically engineered enrichment strategies followed by high-throughput sequencing and bioinformatics analyses has yielded valuable insights into how OPCs are regulated during developmental myelination (10, 11), as well as when OPCs from adults are activated by demyelination (10). What remains unknown is the oligodendrocyte transcriptome during remyelination *in vivo* in white matter of adults in the setting of axonal damage. This should provide direct insights relevant to the identification of therapeutic targets to facilitate remyelination in MS.

Here, we used RiboTag technology to determine oligodendrocyte lineage cell (OLC)-specific gene expression *in vivo* in corpus callosum during remyelination in a chronic cuprizone model characterized by significant axonal damage. RiboTag technology entails Cre-LoxP recombination to generate transgenic mice expressing HA-tagged ribosomes in specific cell types (12–14). *Olig1-RiboTag* mice permit the isolation of OLC-specific transcripts from targeted regions within brains of adult mice. When used in MS models, subsequent RNA sequencing

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Multiple sclerosis (MS) is an autoimmune disease of the CNS characterized by inflammation, demyelination, and axonal damage, with minimal remyelination (1). Current immunomodulatory treatments for MS are effective in reducing relapses, but do not repair disabilities. Neuroprotective treatments are needed that target CNS cells to improve disabilities, perhaps through increasing remyelination (2).

Insufficient remyelination in MS is related in part to the inability of oligodendrocyte precursor cells (OPCs) to differentiate into mature myelinating oligodendrocytes (3, 4). This is thought to result from a hostile CNS microenvironment that inhibits OPC differentiation, such as proinflammatory cytokines and chemokines (5, 6), leucine-rich repeat and immunoglobulin-like domain-containing protein 1 (LINGO1) (7), and chondroitin sulfate proteoglycans (CSPGs) (8). Remyelination strategies will likely require modulation of extrinsic factors related to CNS inflammation, as well as targeting intrinsic factors related to oligodendrocyte maturation and myelination (2), and one without the other may not suffice (9). Further, this approach must be effective in the adult CNS in a setting of axonal damage if it is to be efficacious in patients with MS.

Molecular mechanisms intrinsic to oligodendrocytes during remyelination *in vivo* using a model of chronic demyelination

Significance

Cell-specific and region-specific gene expression can identify therapeutic targets in different neuroanatomic regions during neurodegenerative diseases. Multiple sclerosis (MS) is multifocal, and neuroprotective treatments are needed. Here, RNA sequencing of MS brain suggested study of the transcriptome of oligodendrocyte lineage cells (OLCs) in a location where remyelination occurs in an MS model. Cholesterol-synthesis pathways dominated as top upregulated pathways in OLCs of corpus callosum during remyelination in the cuprizone model. Estrogen receptor- β ligand treatment further increased cholesterol-synthesis pathways through direct effects on OLCs. As fetal OLCs are exposed *in utero* to high levels of estrogens in maternal blood, we hypothesize that remyelinating properties of estrogen treatment in adults during injury may recapitulate normal developmental myelination by targeting cholesterol homeostasis.

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The authors declare no conflict of interest.

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Data deposition: The data reported in this paper have been deposited in the Gene Expression Omnibus (GEO) database, <https://www.ncbi.nlm.nih.gov/geo> [accession nos. GSE123496 (women with multiple sclerosis and age matched healthy controls: hippocampus, frontal cortex, internal capsule, corpus callosum, and parietal cortex), GSE100297 (MS and control: optic chiasm), and GSE118451 (Oligo1 RiboTag data in cuprizone mice)].

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and analyses can reveal intrinsic mechanisms in OLCs during remyelination in vivo in the adult CNS during injury. This RiboTag approach was used here to discover gene-expression pathways intrinsic to oligodendrocytes during remyelination in the chronic cuprizone and experimental autoimmune encephalomyelitis (EAE) models.

Results

RNA Sequencing in MS Brain Regions. By using a high-throughput sequencing approach, we examined the impact of MS on gene expression in six different CNS regions (internal capsule, corpus callosum, optic chiasm, hippocampus, frontal cortex, and parietal cortex) of MS patients and age- and sex-matched healthy controls to identify brain regions with significant disease-related changes in the transcriptome. Corpus callosum (1,187 differentially expressed genes) and optic chiasm (1,369 differentially expressed genes) were the most significantly affected CNS regions in MS, and approximately half of these genes (548 genes) were commonly dysregulated when comparing the two regions with each other (Fig. 1A). We next classified the genes from the six CNS regions into seven different CNS cell types (astrocyte, endothelia, microglia, neuron, OPC, newly formed oligodendrocyte, and myelinating oligodendrocyte) by using the top 500 CNS cell markers from the RNA-sequencing transcriptome database (11). Although our human RNA-sequencing data contain heterogeneous CNS cell types, this approach can assess gene-expression changes in tissues by using specifically enriched markers for each cell type (15). Corpus callosum and optic chiasm both showed myelinating oligodendrocytes as the cell type most enriched with differentially expressed genes in MS (Fig. 1B). Gene-expression changes in astrocytes, endothelia, and microglia showed intermediate changes in both tissues, whereas gene-expression changes in neurons were low. The differentially expressed gene list is shown in *SI Appendix, Table S1*, and the cell marker gene list is shown in *SI Appendix, Table S2*. Principal component analysis and hierarchical clustering demonstrated regional differences in degree of separation between MS and normal, with corpus callosum and optic chiasm showing the most separation between MS and normal compared with the other

four brain regions (Fig. 1C and *SI Appendix, Fig. S1*). Based on these results in MS, we focused hereafter on cell-specific and region-specific transcriptomics of OLCs in corpus callosum of an MS model.

Validation of Oligodendrocyte Specificity of RNA from Olig1-RiboTag Mice.

To investigate cell-specific transcriptome changes in vivo, we used RiboTag technology (12–14). We chose Olig1-Cre mice to capture transcripts from myelinating oligodendrocytes, newly formed oligodendrocytes, and oligodendrocyte precursor cells (OPCs), as all had shown gene-expression changes in MS corpus callosum and optic chiasm (Fig. 1B, blue dotted square). We crossed Olig1-Cre mice with RiboTag mice (Olig1-RiboTag) to generate mice expressing HA-tagged ribosomal protein only in OLCs (Fig. 2A). Anti-HA antibody immunoprecipitation (IP) permitted isolation of OLC-specific ribosome-associated transcripts. When tissues from specific brain regions were used, this technology allowed isolation of actively translated mRNAs in a cell-specific and region-specific manner (12). To validate the specificity of HA labeling in Olig1-RiboTag mice, we assessed corpus callosum and optic nerve by using immunofluorescence staining and quantitative RT-PCR (qPCR). Double immunolabeling showed abundant colocalization of HA with the immature/mature oligodendrocyte marker CC1, as well as some colocalization of HA with GST π . Lack of colocalization was observed with other cell-specific markers, namely GFAP for astrocytes, NF200 for neurons, and Iba1 for microglia (Fig. 2B and D). By qPCR, we confirmed enrichment of oligodendrocyte specific genes *Plp*, *Ugt8a*, and *Pdgfra* in HA-IP RNA samples vs. input RNA samples, whereas astrocyte gene *Aldh1l1*, neuronal genes *Syp* and *Gap43*, and microglia genes *Tmem119* and *Aif1* were depleted (Fig. 2C and E). These results collectively validated RiboTag technology as a valuable tool to isolate OLC-specific RNAs from corpus callosum and optic nerve of Olig1-RiboTag mice.

Remyelination After Chronic Demyelination in the Cuprizone Diet-Induced Injury Model.

Here, we aimed to determine the transcriptome of OLCs in the corpus callosum during remyelination

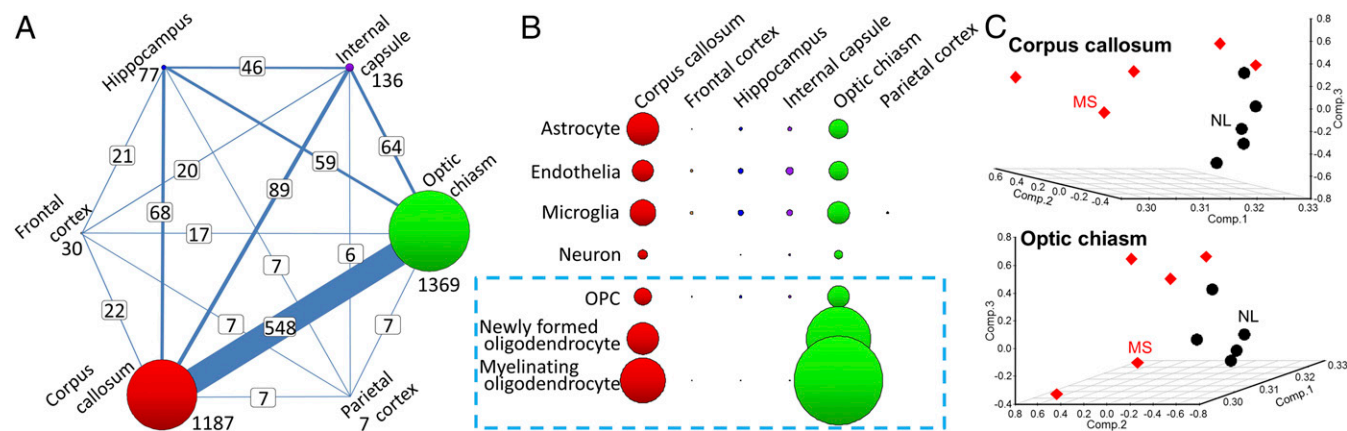


Fig. 1. Gene-expression changes in MS. High-throughput RNA sequencing was performed for six different brain regions from patients with MS ($n = 5$) and healthy controls ($n = 5$). (A) Transcriptome changes in the CNS of MS are region-specific. The numbers of differentially expressed genes in MS vs. controls are displayed as the sizes of circles, with differentially expressed gene numbers listed next to them. The numbers of shared differentially expressed genes between two different CNS tissues are shown in white boxes. The thickness of lines connecting two tissues reflects the level of sharing of differentially expressed genes. The transcriptome changes by disease were striking in corpus callosum and optic chiasm, and nearly half of differentially expressed genes were shared between these two tissues. (B) By using the top 500 CNS cell markers for seven different cell types (astrocyte, endothelia, microglia, neuron, OPC, newly formed oligodendrocyte, and myelinating oligodendrocyte) from the RNA-sequencing transcriptome database (11), the genes enriched in each cell type were selected, and the differentially expressed gene numbers (false discovery rate < 0.1) are visualized as the sizes of circles. Oligodendrocyte markers in corpus callosum and optic chiasm showed significant transcriptome changes by disease. (C) Principal component analysis of MS and control (NL) samples from corpus callosum and optic chiasm. Separation of MS and normal samples was observed in corpus callosum (Top) and optic chiasm (Bottom). MS group, five women with progressive MS, mean age, 57.6 y; control, five women, mean age, 56.2 y. Based on these results in MS, Olig1-RiboTag mice were used to define the transcriptome in OLCs (light blue dashed box in B) in corpus callosum.

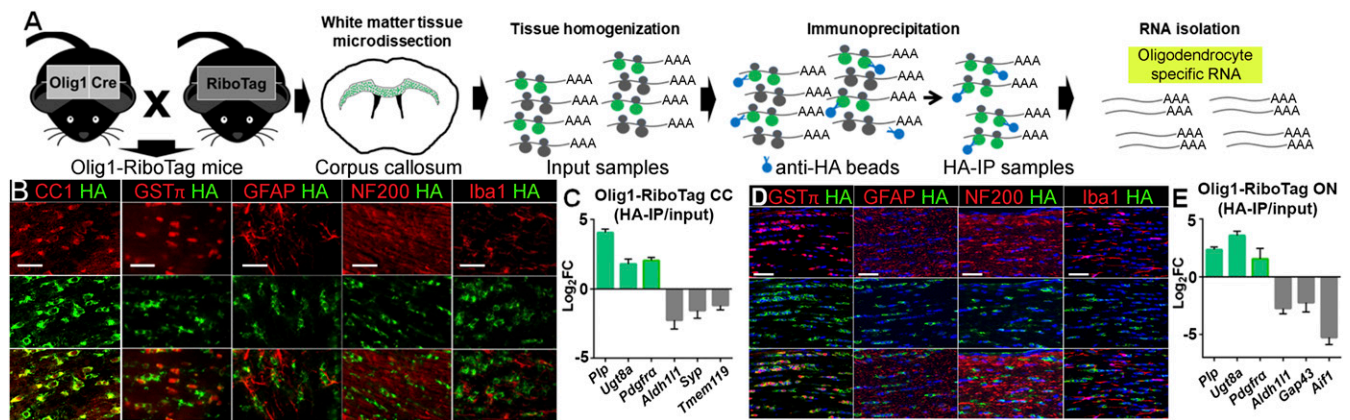


Fig. 2. Isolation and validation of oligodendrocyte-specific mRNAs from Olig1-RiboTag mice. (A) Overview of experimental strategy to isolate oligodendrocyte-specific RNAs from corpus callosum of Olig1-RiboTag mice. (B) Representative images from corpus callosum of Olig1-RiboTag mice validating the specificity of HA expression in oligodendrocytes. Immunofluorescence staining for HA showed abundant colocalization with the immature/mature oligodendrocyte marker CC1, as well as some colocalization with the mature marker GST π . No colocalization was shown with the astrocyte marker GFAP, neuronal marker NF200, and microglial marker Iba1. (Scale bar, 20 μ m.) (C) Comparing HA-IP RNA samples vs. input RNA samples from corpus callosum (CC) of Olig1-RiboTag mice, qPCR showed enrichment of oligodendrocyte genes (*Plp*, *Ugt8a*, and *Pdgfra*) and depletion of astrocyte (*Aldh11*), neuronal (*Syp*), and microglial (*Tmem119*) genes. (D) Representative images from optic nerve of Olig1-RiboTag mice validating the specificity of HA expression in oligodendrocytes in optic nerve. (Scale bar, 20 μ m.) (E) Comparing HA-IP RNA samples vs. input RNA samples from optic nerve of Olig1-RiboTag mice, qPCR showed enrichment of oligodendrocyte genes (*Plp*, *Ugt8a*, and *Pdgfra*) and depletion of astrocyte (*Aldh11*), neuronal (*Gap43*), and microglial (*Aif1*) genes.

in the cuprizone model as a step toward identifying therapeutic targets to induce remyelination in MS. To this end, timing in the cuprizone model was first optimized to identify a time point with marked axonal damage, as axonal damage occurs in MS. We tested two different cuprizone exposure time points, 6 wk and 9 wk, each followed by a recovery period with normal diet for 3 wk (6w+3w and 9w+3w groups, respectively). Mice receiving normal diet for the duration of the entire experiment were used as normal controls. Immunofluorescence was performed on brain sections to assess myelin [myelin basic protein (MBP); Fig. 3 A and B], oligodendrocytes (CC1⁺ and GST π ⁺ oligodendrocytes; Fig. 3 C and D), and axonal damage (β APP and SMI32; Fig. 3 E and F) in the corpus callosum. Demyelination, oligodendrocyte loss, and axonal damage were more pronounced in the corpus callosum of mice receiving cuprizone diet for 9 wk than in those receiving it for 6 wk (Fig. 3 A–F and SI Appendix, Fig. S2). During the 3-wk normal diet recovery period, remyelination occurred to a lesser degree in 9w+3w mice compared with 6w+3w mice. Indeed, MBP intensity level was significantly lower in 9w+3w mice compared with normal controls, providing a critical window for potential treatment to enhance remyelination using this more chronic time course. In contrast, there was no window for significant further improvement with treatment in the shorter 6w+3w time course (Fig. 3B). Axonal damage after the 3-wk normal diet recovery period was also more pronounced in the 9w+3w mice compared with normal controls (Fig. 3 E and F, “N”, and SI Appendix, Fig. S2). Together, these results showed that 9 wk of cuprizone diet feeding caused demyelination and axonal damage that was not fully restored with 3 wk of normal diet. Thus, the 9w+3w time course was used hereafter to determine the transcriptome of OLCs and investigate therapeutic strategies to enhance remyelination in the setting of axonal degeneration.

We next assessed known OLC-specific gene expression in Olig1-RiboTag mice by using the chronic cuprizone time course. We collected OLC-specific transcripts from normal, 9w, and 9w+3w mice and performed qPCR to measure the expression level of myelin-specific genes. Expression levels of myelin genes *Mbp*, *Mag*, *Plp*, and *Mog* were significantly reduced in 9w mice compared with normal controls, whereas a significant increase in the expression levels of these genes was observed in 9w+3w mice compared with 9w mice (Fig. 3G). These results confirmed our ability to detect changes in OLC-specific gene expression during

the chronic time course of cuprizone diet-induced demyelination and remyelination in Olig1-RiboTag mice.

Up-Regulation of Cholesterol Synthesis Pathways in OLCs During Remyelination After Chronic Demyelination. To build from a previous paper describing the OPC transcriptome activated by demyelination in adults (10), here we focused on determining the oligodendrocyte transcriptome during remyelination in adults. To this end, we used Olig1-RiboTag mice and performed high-throughput sequencing of OLC-specific ribosome-associated mRNAs. We collected corpus callosum tissues from mice receiving 9 wk of cuprizone diet followed by 3 wk of normal diet (i.e., 9w+3w group) for comparison with mice receiving 9 wk of cuprizone diet (i.e., 9w group). OLC-specific mRNAs isolated from corpus callosum tissue homogenates were used for RNA sequencing. Principal component analysis and hierarchical clustering was examined during remyelination by comparing 9w mice vs. 9w+3w mice. Clear separation of these two groups was observed (SI Appendix, Fig. S3). We next performed canonical pathway analysis of differentially expressed OLC-specific (Olig1⁺) genes during remyelination (Fig. 4; a full list of differentially expressed genes is provided in SI Appendix, Table S3). During remyelination, cholesterol synthesis pathways (superpathway of cholesterol biosynthesis, cholesterol biosynthesis I, II, and III) dominated as the top four up-regulated pathways (Fig. 4A, Top). The potentially deleterious neuroinflammation signaling pathway was one of the most down-regulated pathways during remyelination (Fig. 4A, Bottom). A heat map of individual genes showed that all 19 cholesterol synthesis genes were up-regulated (Fig. 4B, red) during remyelination in 9w+3w mice.

To confirm the up-regulated expression of cholesterol-synthesis pathway genes during remyelination, we performed qPCR on OLC-specific RNAs isolated from corpus callosum of a different set of Olig1-RiboTag mice. As illustrated in Fig. 5A, we investigated three cholesterol-synthesis genes encoding for important enzymes in cholesterol synthesis, namely 3-hydroxy-3-methylglutaryl-CoA synthase1 (*Hmgcs1*), farnesyl diphosphate synthase (*Fdps*), and farnesyl-diphosphate farnesyltransferase 1 (*Fdft1*). We found that 9w+3w mice during the remyelination phase had significantly increased *Hmgcs1*, *Fdps*, and *Fdft1* gene expression levels (Fig. 5B). We then showed increased expression of *Hmgcs1*, *Fdps*, and *Fdft1* at the protein level by performing immunofluorescence on tissues obtained from WT mice.

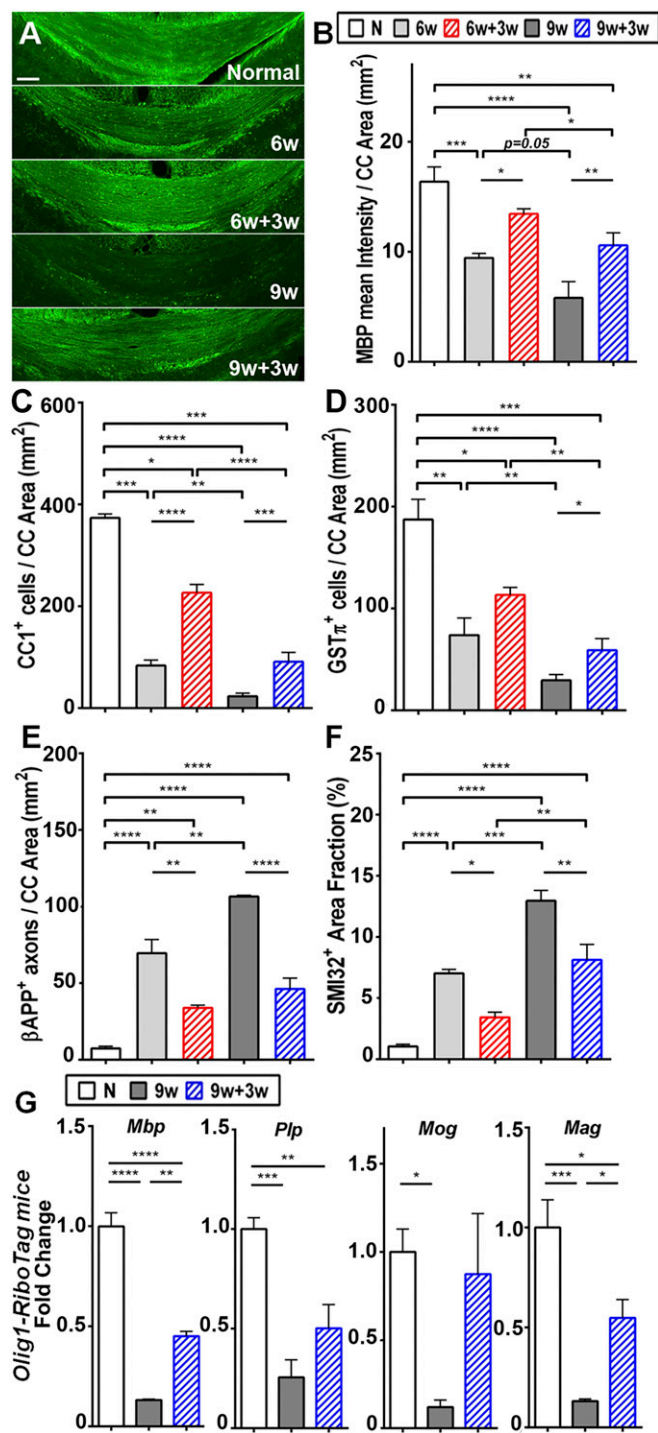


Fig. 3. Time course of myelin and axonal changes in the cuprizone model. (A) Representative images of corpus callosum (CC) sections stained for MBP in normal controls (normal), mice fed with cuprizone diet for 6 wk (6w group), mice fed with cuprizone for 6 wk and then normal diet for 3 wk (6w+3w group), mice fed with cuprizone diet for 9 wk (9w group), and mice fed with cuprizone for 9 wk then normal diet for 3 wk (9w+3w group). (Scale bar, 100 μ m.) Quantitative analyses of MBP intensity (B), oligodendrocyte populations that were immature/mature CC1⁺ (C) and mature GST π ⁺ (D), and axonal damage shown by β APP⁺ axons (E) and SMI32⁺ area (F) in the corpus callosum. The chronic time course of demyelination (9 wk) showed worse myelin loss and axonal damage compared with the shorter time course (6 wk), and there was less robust recovery in the chronic course (9 wk + 3 wk) compared with the shorter time course (6 wk + 3 wk). (G) Oligodendrocyte-specific expression levels of myelin genes, namely *Mbp*, *Plp*, *Mog*, and *Mag*,

Double immunolabeling for HMGCS1, FDPS, or FDFT1 with the oligodendrocyte marker CC1 showed a significant increase of cholesterol synthesis protein expression in CC1⁺ oligodendrocytes in the corpus callosum of 9w+3w mice during the remyelination phase (Fig. 5 C–E and *SI Appendix*, Fig. S4). Together, these results showed that oligodendrocytes up-regulate cholesterol-synthesis gene pathways during remyelination after chronic demyelination with axonal damage.

Up-Regulation of Cholesterol Synthesis Pathways in OLCs Using a Second Model of Remyelination in the Setting of Axonal Damage.

Here, we extended our investigation in the cuprizone model to the EAE model. EAE is the most widely used model of MS, and is characterized by adaptive immune responses with infiltration of peripheral immune cells into the CNS, microglial and astrocyte activation, demyelination, and axonal damage. As in MS, insufficient remyelination occurs naturally in EAE (1, 9). Therefore, to study cholesterol homeostasis within oligodendrocytes during remyelination in EAE, we induced remyelination with ER β -ligand treatment as described previously (9, 16–18).

First, we assessed myelin sheath thickness in the spinal cord from EAE mice using EM to demonstrate the degree of remyelination induced by ER β -ligand treatment (Fig. 6A). EAE mice treated with ER β ligand showed an increase of myelin thickness and reduction of g-ratio (axon diameter divided by myelin plus axon diameter) compared with vehicle controls (Fig. 6A and C), confirming the remyelinating effect of ER β -ligand treatment during EAE (9, 16–18). To further distinguish between less demyelination vs. more remyelination during ER β -ligand treatment in EAE, we used *Cspg4-CreERT2/Map1-GFP* mice that enable visualization of newly formed myelin by GFP expression (2). With ER β -ligand treatment of EAE, an increase of GFP-positive myelin was observed (Fig. 6B, D, and E).

To investigate whether ER β -ligand treatment was acting directly on OLCs to enhance remyelination in EAE, we crossed Olig1-cre mice (19) with ER $\beta^{fl/fl}$ mice (9, 17, 20) to obtain mice with conditional KO (CKO) of ER β in Olig1⁺ cells (*Olig1-cre⁺;ER β ^{fl/fl}*, Olig1-CKO) (9) as well as WT littermates (*Olig1-cre⁺;ER β ^{fl/fl}*, Olig1-WT) and treated them with ER β ligand or vehicle. ER β ligand-treated EAE WT mice (EAE/ER β WT) showed protection from EAE clinical disease compared with vehicle-treated EAE WT mice (EAE/Veh WT). In contrast, ER β ligand-treated EAE mice with a specific deletion of ER β in Olig1⁺ cells (EAE/ER β CKO) did not show clinical disease protection compared with vehicle-treated mice (EAE/Veh CKO; Fig. 7A). Further, ER β -ligand treatment increased cholesterol-synthesis gene expression (HMGCS1 and FDPS) in CC1⁺ oligodendrocytes of EAE/ER β WT mice compared with EAE/Veh WT mice (Fig. 7B–D). In contrast, EAE/ER β CKO mice did not show an increase in HMGCS1 and FDPS. ER β -ligand treatment also increased the number of Olig2⁺ OLCs and GST π ⁺ mature oligodendrocytes during EAE in EAE/ER β WT mice compared with EAE/Veh WT mice, and these effects were also not present in EAE CKO mice (Fig. 7E–G). MBP staining intensity in dorsal white matter of the spinal cord was higher in ER β ligand-treated mice (EAE/ER β WT) compared with vehicle-treated mice (EAE/Veh WT), whereas this treatment effect was not observed in mice with a specific deletion of ER β in Olig1⁺ cells (EAE/ER β CKO; Fig. 7H). Together, these results showed that ER β -ligand treatment induced an increase in cholesterol-synthesis gene expression in OLCs during remyelination,

from Olig1-RiboTag mice. During the chronic time course, myelin gene expression was significantly reduced in mice fed with cuprizone diet for 9 wk (9w group) compared with normal controls (marked as “N”). Myelin gene expression was increased in mice fed with cuprizone for 9 wk followed by normal diet for 3 wk (9w+3w group) compared with mice fed with cuprizone diet for 9 wk (9w group), but remained below levels of normal controls (“N”; * P < 0.05, ** P < 0.01, *** P < 0.001, and **** P < 0.0001).

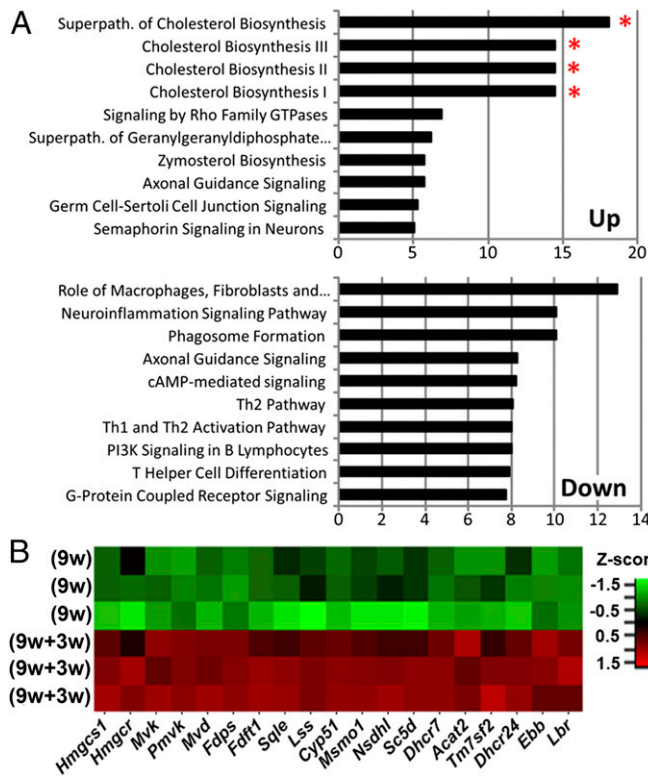


Fig. 4. Oligodendrocyte-specific transcriptome changes during remyelination after chronic demyelination. Olig1-RiboTag mice were used to compare oligodendrocyte-specific gene expression in corpus callosum during the remyelination phase in mice fed with cuprizone for 9 wk followed by normal diet for 3 wk (9w+3w group) vs. the demyelination phase in mice fed with cuprizone diet for 9 wk (9w group). (A) Top 10 up-regulated and down-regulated canonical pathways from differentially expressed oligodendrocyte genes during remyelination (9w+3w group). Red asterisk indicates cholesterol synthesis pathways as the top four up-regulated pathways during remyelination. (B) Heat map shows up-regulation (red) of multiple cholesterol-synthesis pathway genes during remyelination.

and this was mediated by a direct effect of ER β -ligand treatment on these cells.

Insights from Cell-Specific Gene Expression Lead to Enhancement of Remyelination in the Chronic Cuprizone Model. As increased cholesterol-synthesis gene expression occurred in OLCs during natural remyelination in the chronic cuprizone model, and because ER β -ligand treatment increased cholesterol-synthesis gene expression in OLCs during remyelination in EAE, we next determined whether ER β -ligand treatment administered during the normal-diet phase of the cuprizone model could further enhance remyelination in the chronic cuprizone model characterized by a window for potential improvement. We used C57BL/6 WT mice with demyelination (i.e., 9w mice), mice with normal diet-induced remyelination receiving vehicle treatment (9w+3w/Veh mice), mice with normal diet-induced remyelination receiving ER β -ligand treatment (9w+3w/ER β mice), and normal control mice receiving normal diet for the entire experiment (normal mice). We assessed myelin integrity by measuring MBP intensity in the corpus callosum by immunofluorescence. ER β -ligand treatment in 9w+3w/ER β WT mice showed a further significant increase in MBP intensity compared with vehicle-treated 9w+3w/Veh WT mice (Fig. 8 A and E and SI Appendix, Table S4). These immunofluorescence results were confirmed by assessing myelin sheath thickness in the corpus callosum using EM (SI Appendix, Fig. S5A). Myelin thickness was quantified by using the g-ratio. The 9w+3w/Veh mice showed a reduced g-ratio compared with the 9w mice, indicative of increased

myelin sheath thickness during normal diet-induced remyelination, and 9w+3w/ER β mice exhibited a further significant decrease in g-ratio, indicative of a further increase in myelin sheath thickness, indeed close to that of normal controls (SI Appendix, Fig. S5 B and C). Together, these results showed that ER β -ligand

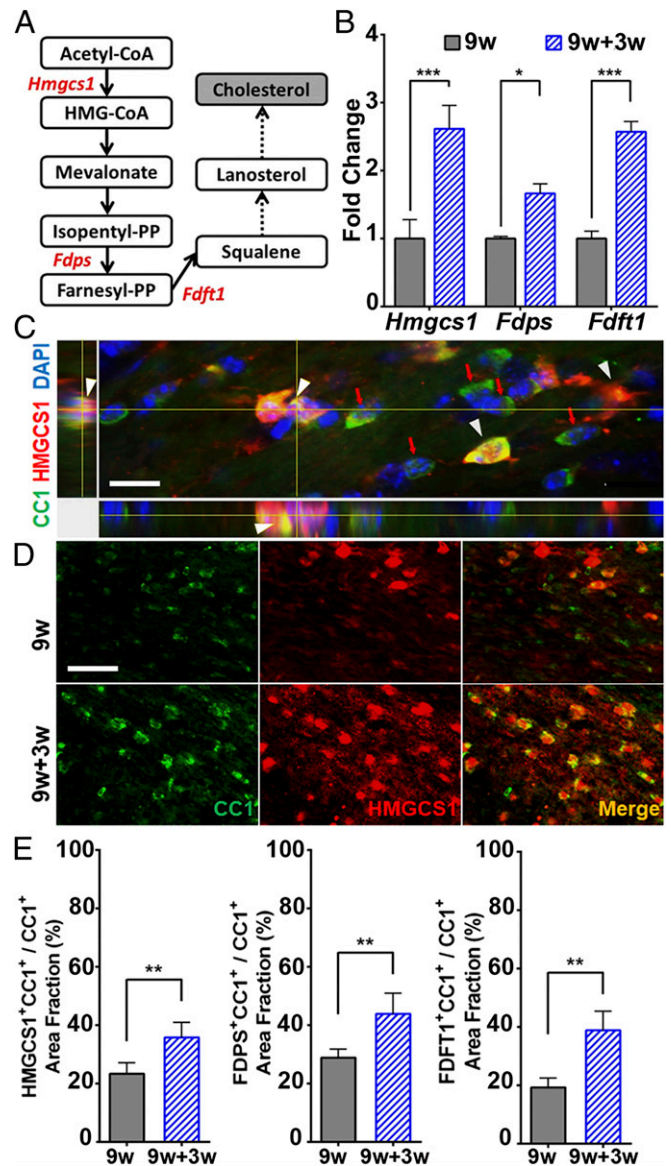


Fig. 5. Validation of increased cholesterol-synthesis gene expression in oligodendrocytes during remyelination. (A) Schematic illustration of cholesterol-synthesis pathway showing genes of interest (*Hmgcs1*, *Fdps*, and *Fdft1*; red). (B) qPCR using mRNAs from an independent set of Olig1-RiboTag mice showed that oligodendrocyte-specific *Hmgcs1*, *Fdps*, and *Fdft1* expression levels were increased during remyelination in 9w+3w mice. (C) Immunofluorescence using tissues from WT mice showed that HMGC1 (red) and CC1 (green) colocalized (yellow) in the corpus callosum during remyelination (9w+3w group). DAPI represents nuclear stain. Arrowheads indicate HMGC1⁺CC1⁺ oligodendrocytes. Red arrows indicate HMGC1⁻CC1⁺ oligodendrocytes. Orthogonal view. (Scale bar, 10 μ m.) (D) Representative images of HMGC1 (red) and CC1 (green) costained corpus callosum from 9w mice (Top) and 9w+3w mice (Bottom) with colocalization in merge (yellow). (Scale bar, 50 μ m.) (E) Quantification of cholesterol-synthesis protein expression in CC1⁺ oligodendrocytes measured by area fraction as a percentage: HMGC1 (Left), FDPS (Middle), and FDFT1 (Right). An increase in cholesterol-synthesis protein expression was shown in CC1⁺ oligodendrocytes during remyelination (9w+3w group; * P < 0.05, ** P < 0.01, and *** P < 0.001).

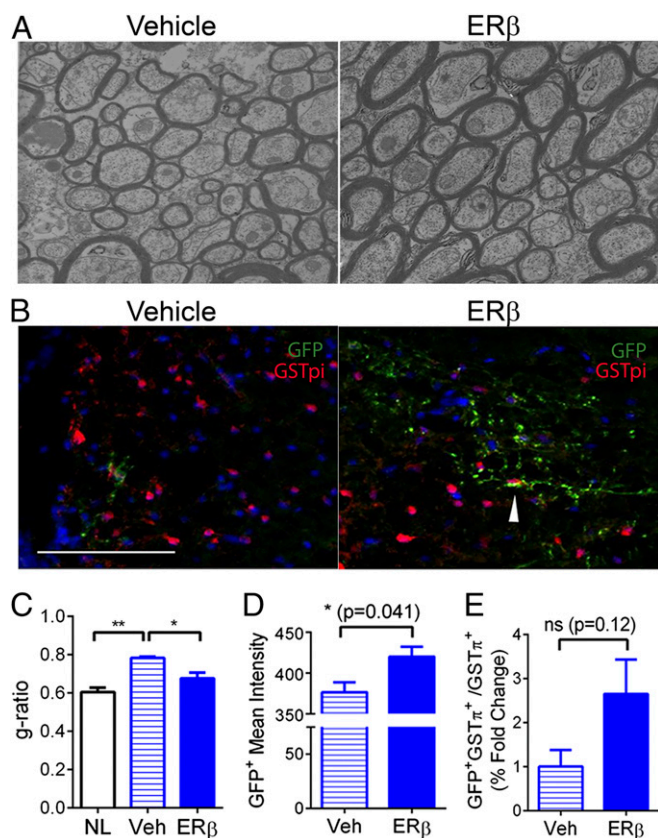


Fig. 6. ER β -ligand treatment induced remyelination during EAE. (A) Representative EM images of ultraresolution axons and myelin in the spinal cords of WT EAE mice treated with vehicle and WT EAE mice treated with ER β ligand at EAE day 50. (B) Double labeling for GFP and GST π shows newly formed oligodendrocytes in EAE/vehicle and EAE/ER β in Cspg4-CreERT2/Mapt-GFP transgenic mice at EAE day 35. (C) Quantitative analysis showed that vehicle-treated EAE mice (Veh) had increased g-ratio compared with normal controls (NL), indicative of demyelination, whereas ER β ligand-treated EAE mice (ER β) had decreased g-ratio compared with vehicle-treated mice (Veh), indicative of remyelination. (D) Quantification analysis in EAE Cspg4-CreERT2/Mapt-GFP transgenic mice showed a significant increase in GFP mean intensity after ER β treatment. (E) Quantification of the percentage fold change of GFP⁺GST π ⁺ cells showed an increase, but not a significant one, in the number of newly formed oligodendrocytes in the SC of ER β -treated vs. vehicle-treated EAE Cspg4-CreERT2/Mapt-GFP transgenic mice (* $P < 0.05$ and ** $P < 0.01$). ns, nonsignificant.

treatment enhanced remyelination in a chronic cuprizone model characterized by axonal damage. Double immunolabeling for GST π or CC1 with the pan-oligodendrocyte marker Olig2 showed that ER β -ligand treatment compared with vehicle during the normal-diet phase increased mature GST π ⁺ oligodendrocyte and immature/mature CC1⁺ populations in the corpus callosum (Fig. 8 B, C, F, and G and *SI Appendix, Fig. S6*). Next, we assessed OPC populations in the corpus callosum by double immunolabeling for the OPC marker NG2 and OLC marker Olig2. During remyelination, ER β -ligand treatment increased the percentage of NG2⁺ OPCs in 9w+3w/ER β WT mice compared with vehicle treatment in 9w+3w/Veh WT mice (Fig. 8 D and H and *SI Appendix, Fig. S6*).

To investigate whether ER β -ligand treatment was acting directly on oligodendrocytes to enhance remyelination in the chronic cuprizone model, we again used mice with a CKO of ER β in Olig1⁺ cells (Olig1-cre⁺;ER β ^{fl/fl}, Olig1-CKO) as well as WT littermates (Olig1-cre⁻;ER β ^{fl/fl}, Olig1-WT). Whereas ER β -ligand treatment in 9w+3w/ER β WT mice showed a further significant increase in MBP intensity compared with vehicle-treated 9w+3w/Veh WT mice (Fig. 8 A and E and *SI Appendix, Table S4*),

this beneficial effect of ER β -ligand treatment was not present in mice with ER β selectively deleted in Olig1⁺ cells, as 9w+3w/ER β CKO mice were no different from 9w+3w/Veh CKO mice (Fig. 8 E and *SI Appendix, Table S4*). When we extended the remyelination phase from 3 wk to 6 wk of normal diet, with or without ER β -ligand treatment, each following 9 wk of cuprizone diet, myelin intensity in WT mice receiving ER β -ligand treatment (9w+6w/ER β WT mice) was again significantly increased compared with vehicle treatment (9w+6w/Veh WT mice), whereas this effect was not present in CKO mice (*SI Appendix, Table S4*).

We then investigated whether ER β -ligand treatment has direct effects on mature oligodendrocytes. Whereas ER β -ligand treatment significantly increased the percentages of GST π ⁺ and CC1⁺ cells in 9w+3w/ER β WT mice compared with 9w+3w/Veh WT mice, this protective effect was not present in 9w+3w/ER β CKO mice compared with 9w+3w/Veh CKO mice (Fig. 8 B, C, F, and G). Next, we determined whether ER β -ligand treatment has direct effects on OPCs. Whereas ER β -ligand treatment increased the percentage of NG2⁺ OPCs in 9w+3w/ER β WT mice compared with vehicle treatment in 9w+3w/Veh WT mice, this effect was not present in the 9w+3w/ER β CKO mice (Fig. 8 D and H). Thus, ER β -ligand treatment had direct effects on OLCs during remyelination in the chronic cuprizone model.

Finally, we determined whether ER β -ligand treatment modulated microglia and astrocyte reactivity in the chronic cuprizone model by assessing activation of Iba1⁺ microglia and GFAP⁺ astrocytes by double immunolabeling with MHCII. We observed a significant increase in the percentage of MHCII-expressing microglia and astrocytes in 9w mice compared with normal controls and a significant reduction during remyelination in 9w+3w mice, but there was no effect of ER β -ligand vs. vehicle treatment (*SI Appendix, Fig. S7*).

Enhanced Remyelination in the Chronic Cuprizone Model Is Characterized by Further Up-Regulation of Cholesterol Synthesis Pathways in OLCs with ER β -Ligand Treatment.

As we had found an increase in cholesterol-synthesis pathways during natural remyelination with normal diet (Figs. 4 and 5), and because ER β -ligand treatment during normal diet further enhanced remyelination (Fig. 8), we next determined whether ER β -ligand treatment might further increase cholesterol-synthesis gene expression in oligodendrocytes during remyelination by using Olig1-RiboTag mice. Briefly, we isolated OLC-specific RNAs from corpus callosum of ER β ligand-treated (9w+3w/ER β) and vehicle-treated (9w+3w/Veh) Olig1-RiboTag mice during the normal-diet remyelination phase, and then determined the expression level of cholesterol-synthesis genes by qPCR (Fig. 9A). We found that ER β -ligand treatment increased cholesterol-synthesis gene expression in oligodendrocytes from 9w+3w/ER β compared with 9w+3w/Veh mice (Fig. 9B). Gene expression was confirmed at the protein level by immunofluorescence. Double immunolabeling for HMGCS1 or FDPS with CC1 revealed a significant increase in cholesterol-synthesis protein expression in CC1⁺ oligodendrocytes in the corpus callosum of ER β ligand-treated mice (9w+3w/ER β WT) compared with vehicle-treated mice (9w+3w/Veh WT; Fig. 9C). In contrast, we did not observe this effect in 9w+3w/ER β CKO vs. 9w+3w/Veh CKO mice (Fig. 9 D and E). Together, these findings demonstrated that ER β -ligand treatment increases cholesterol-synthesis gene expression in oligodendrocytes during remyelination through direct effects on ER β in Olig1⁺ oligodendrocytes.

ER β Binding Profiles for Cholesterol Genes. An increase in cholesterol-synthesis pathways in OLCs was shown to be mediated by a direct effect of ER β -ligand treatment on OLCs using cell-specific KOs. How this direct effect might occur was addressed next. When estradiol or ER β ligand binds to ER β , it activates expression of a set of genes by interacting with the specific DNA sequences enriched around the transcription start sites. Thus, we examined the binding capacity of ER β to the transcription start sites of target cholesterol-synthesis genes to determine whether the up-regulation of those genes with ER β -ligand treatment could be directly mediated through ER β . By using ChIP-sequencing (ChIP-seq) data for doxycycline-inducible ER β -expressing human

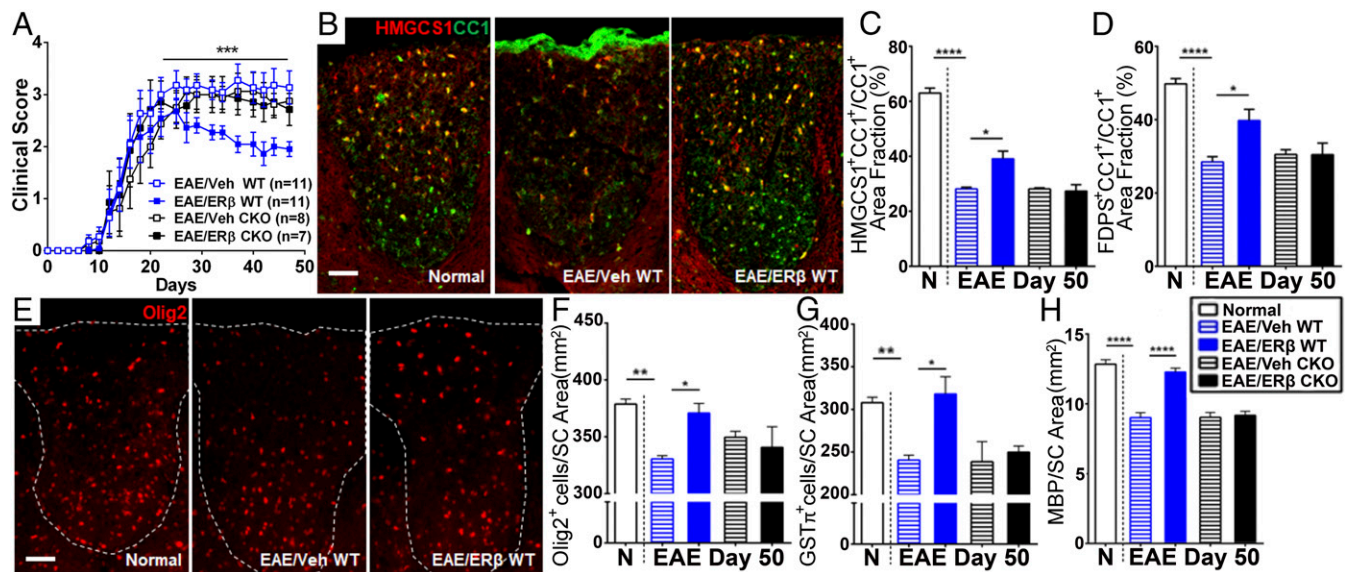


Fig. 7. ER β -ligand treatment during EAE increases cholesterol-synthesis gene expression in oligodendrocytes. (A) EAE clinical disease scores showed that ER β ligand-treated Olig1-WT mice (EAE/ER β WT mice; blue solid squares) had less severe EAE scores compared with vehicle-treated (EAE/Veh WT mice; blue open squares), whereas there was no effect of treatment on clinical scores in mice with ER β selectively deleted in OLCs (Olig1 $^{+}$) in the CKO mice [EAE/ER β CKO (■) vs. EAE/Veh CKO mice (□)]. (B–D) EAE/ER β WT mice showed increased expression of cholesterol-synthesis proteins compared with EAE/Veh WT mice, whereas this treatment effect was not present in EAE CKO mice (EAE/ER β CKO vs. EAE/Veh CKO). (B) Representative images of HMGC1 (red) and CC1 (green) costained (yellow) dorsal white matter of spinal cord from WT normal controls (normal), EAE/Veh WT, and EAE/ER β WT mice. (Scale bar, 100 μ m.) (C and D) Quantification of cholesterol-synthesis protein expression in CC1 $^{+}$ oligodendrocytes measured by area fraction (as a percentage) staining for HMGC1 (C) and FDPS (D). (E) Representative images of Olig2-stained (red) dorsal white matter of spinal cord from normal, EAE/Veh WT, and EAE/ER β WT mice. (Scale bar, 100 μ m.) (F and G) Quantitative analysis showed that ER β ligand-treated EAE/ER β WT mice had significantly increased Olig2 $^{+}$ OLCs and GST π^{+} mature oligodendrocytes compared with vehicle-treated EAE/Veh WT mice, whereas ER β -ligand treatment had no effect in CKO mice with EAE (EAE/ER β CKO vs. EAE/Veh CKO). (H) Quantitative analysis of MBP intensity during EAE showed that ER β -ligand treatment increased myelin in EAE/ER β WT mice compared with EAE/Veh WT, whereas this treatment effect was not present in EAE CKO mice (EAE/ER β CKO vs. EAE/Veh CKO; * P < 0.05, ** P < 0.01, and **** P < 0.0001).

MDA-MB-231 cells treated with estradiol [Gene Expression Omnibus (GEO) database accession no. GSE108981], we examined the ER β -binding sites across the genome. *SI Appendix, Fig. S8* shows visualizations of ER β -binding profiles for *FDPS* (*SI Appendix, Fig. S8A*), *HMGCS1* (*SI Appendix, Fig. S8B*), *FDFT1* (*SI Appendix, Fig. S8C*), and *HMGCR* (*SI Appendix, Fig. S8D*). Peaks of counts were located around the transcription start sites of all

four cholesterol-synthesis genes in the ChIP profile, indicating that ER β can directly bind to the transcriptional regulatory region of these cholesterol-synthesis genes. Further, ChIP assay experiments showed that, when the N20.1 oligodendrocyte cell line (21) was treated with ER β ligand [diarylpropionitrile (DPN)], there was binding of ER β to the putative estrogen response element (ERE) of the mouse *Fdps* cholesterol-synthesis gene (Fig. 10).

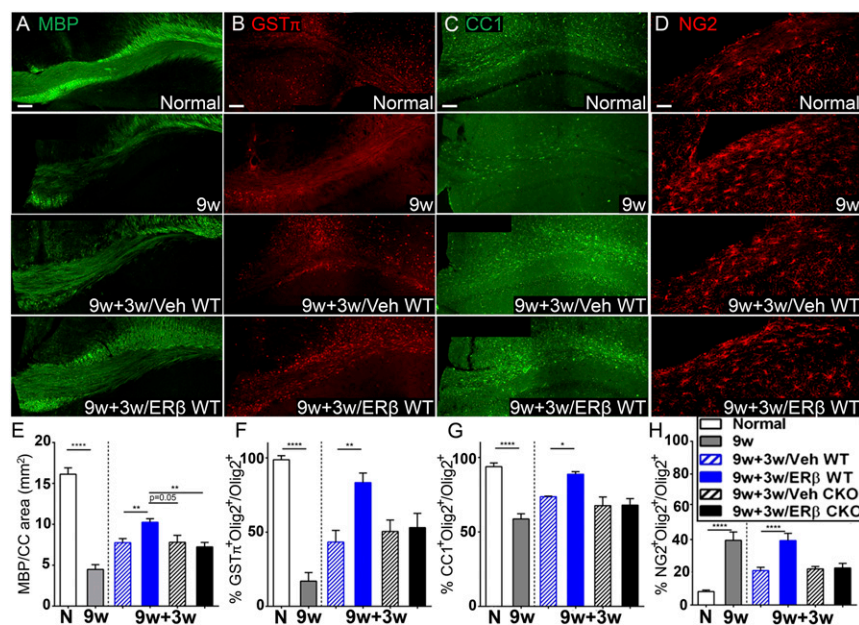


Fig. 8. ER β -ligand treatment during the remyelination phase of the cuprizone model further enhances remyelination and increases mature oligodendrocytes and OPCs. (A–D) Representative images of MBP $^{+}$ stained myelin (A), GST π^{+} mature oligodendrocytes (B), CC1 $^{+}$ immature/mature oligodendrocytes (C), and NG2 $^{+}$ OPCs (D) in the corpus callosum (CC) of WT mice. (Scale bars, 100 μ m.) (E–H) Quantitative analysis of MBP mean intensity (E) and percentage of GST π^{+} mature oligodendrocytes (F), CC1 $^{+}$ immature/mature oligodendrocytes (G), and NG2 $^{+}$ OPCs (H) showed that ER β ligand-treated 9w+3w/ER β WT mice had increased myelin, mature oligodendrocytes, and OPCs compared with vehicle-treated 9w+3w/Veh WT mice, and ER β -ligand treatment-mediated increases were not observed in Olig1 CKO mice (9w+3w/Veh CKO vs. 9w+3w/ER β CKO; * P < 0.05, ** P < 0.01, and **** P < 0.0001).

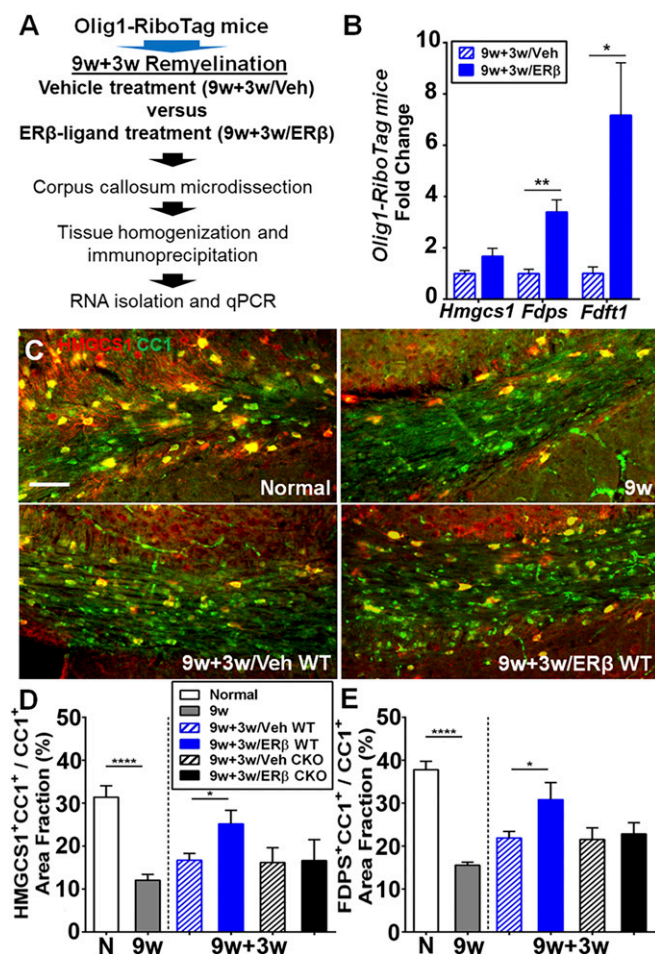


Fig. 9. ER β -ligand treatment during the remyelination phase of the cuprizone model further increases cholesterol-synthesis gene expression in oligodendrocytes. (A) Overview of experimental strategy using Olig1-RiboTag mice to study oligodendrocyte-specific gene expression in corpus callosum tissues during remyelination in ER β ligand-treated (9w+3w/ER β) vs. vehicle-treated (9w+3w/Veh) Olig1-RiboTag mice. (B) qPCR using mRNAs from Olig1-RiboTag mice showed that expression levels of cholesterol-synthesis pathway genes *Hmgcs1*, *Fdps*, and *Fdft1* were increased in OLCs in ER β ligand-treated (9w+3w/ER β) compared with vehicle-treated (9w+3w/Veh) Olig1-RiboTag mice during remyelination. (C) Representative images of HMGC1 (red) and CC1 (green) contained (yellow) corpus callosum from WT normal controls (normal), 9w, 9w+3w/Veh WT, and 9w+3w/ER β WT mice. (Scale bar, 100 μ m.) (D and E) Quantification of cholesterol-synthesis protein expression in CC1⁺ oligodendrocytes measured by area fraction (as a percentage) staining for HMGC1 (D) and FDPS (E). The 9w+3w/ER β WT mice showed increased expression of cholesterol-synthesis proteins compared with 9w+3w/Veh WT mice, whereas ER β -ligand treatment had no effect in Olig1-CKO mice (9w+3w/Veh CKO vs. 9w+3w/ER β CKO; * P < 0.05, ** P < 0.01, and **** P < 0.0001).

Discussion

Here we applied RiboTag technology to investigate molecular mechanisms within oligodendrocytes *in vivo* during remyelination in adult mice using two complementary models of chronic demyelination with axonal degeneration. We found that up-regulation of cholesterol-synthesis pathways dominated the transcriptome profile of OLCs during remyelination in adults after injury.

Cholesterol in the blood does not enter the healthy brain. Instead, *de novo* cholesterol synthesis occurs in CNS cells and is tightly regulated during development and adulthood (22–24). In the neonatal period, when synaptic plasticity and myelination are widespread, cholesterol is made by neurons to make membranes and synapses and by oligodendrocytes to make myelin. In the adult CNS, the majority of cholesterol production shifts to astrocytes.

After cholesterol is made by astrocytes, it is transported via apolipoprotein E to neurons and oligodendrocytes. Here we show in a chronic cuprizone model that oligodendrocytes in adults up-regulate cholesterol-synthesis pathways during remyelination. In addition, ER β -ligand treatment during the remyelination phase of the cuprizone model further increased cholesterol-synthesis pathways and enhanced remyelination compared with vehicle treatment. Furthermore, in the chronic EAE model, ER β -ligand treatment increased cholesterol-synthesis pathway gene expression in oligodendrocytes and induced remyelination. As mice with a selective deletion of ER β in OLCs did not show these effects of ER β -ligand treatment in either model, the effects were mediated directly by ER β signaling in OLCs. ChIP assays indicated that ER β can directly bind to the transcriptional regulatory region of key cholesterol-synthesis genes. Interestingly, OLCs in the fetal CNS during developmental myelination are exposed *in utero* to the pregnant mother's blood, which contains high levels of estradiol, a naturally occurring ER β ligand (25–27). Together, this suggests that targeting ER β signaling to increase cholesterol-synthesis pathways in OLCs can increase remyelination in adults during injury by recapitulating a key aspect of developmental myelination.

Demyelination with insufficient remyelination occurs in MS patients and in vehicle-treated EAE mice. Cholesterol-synthesis gene expression was shown to be decreased in spinal-cord astrocytes previously (12) and in spinal-cord oligodendrocytes here (Fig. 7B–D) in vehicle-treated EAE mice compared with normal mice. At the whole tissue level (i.e., not cell-specific) in human autopsy tissues, cholesterol-synthesis gene expression was decreased in MS patients compared with normal controls in optic chiasm (SI Appendix, Fig. S9A) (12), with more variability in corpus callosum (SI Appendix, Fig. S9B). This regional difference could result from more variability in corpus callosum subregions (anterior vs. posterior corpus callosum) compared with more uniformity in optic chiasm or from inherent differences in oligodendrocytes in optic chiasm vs. corpus callosum; each is consistent with oligodendrocyte heterogeneity (28–30). Also, MS autopsy tissues could differ in the level of demyelination and remyelination in corpus callosum vs. optic chiasm. Regardless of the level of decrease in cholesterol-synthesis gene expression in whole tissues in MS, this does not rule out an increase in cholesterol-synthesis gene expression focally in oligodendrocytes within remyelinating lesions. To show lesion-specific and cell cluster-specific differences in cholesterol-synthesis gene expression in MS tissues, single-nucleus RNA sequencing (29) would be required. A goal based on data here in MS preclinical models is to identify a treatment to increase cholesterol-synthesis gene expression in oligodendrocytes to increase the frequency of remyelinating lesions in MS.

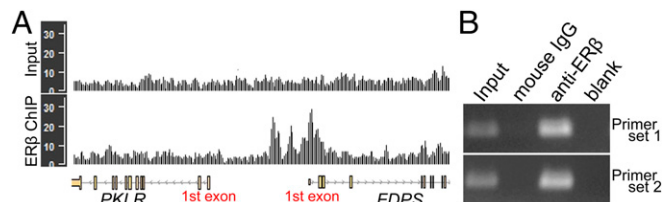


Fig. 10. ER β -binding profiles for human *FDPS* and ChIP assay for mouse *Fdps* gene. (A) ChIP-seq data for doxycycline-inducible ER β -expressing human MDA-MB-231 cells treated with estradiol was obtained from the GEO database (accession no. GSE108981). Peaks in ER β ChIP profiles indicate ER β binding to the region. *FDPS* showed peaks around the first exons in ER β ChIP profile, whereas the negative control input profile (DNAs from chromatin before ChIP) did not show the peak. As an additional negative control, the *PKLR* gene, near the *FDPS* gene, did not have a peak. (B) ER β binds to the putative ERE of mouse *Fdps* gene. ChIP using normal mouse IgG and anti-ER β was performed for the chromatin isolated from mouse N20.1 oligodendrocyte cell line (21) treated with ER β ligand (DPN). Two sets of primers were designed across the region containing putative ERE of *Fdps* gene (51).

This study provides evidence that a cell-specific gene-expression approach yields valuable insights into *in vivo* mechanisms relevant to the development of neuroprotective treatments in complex neurodegenerative diseases. Indeed, cell-specific transcriptome findings in MS models here focusing on oligodendrocytes are complementary to our previous report focusing on astrocytes (12). When the transcriptome of astrocytes was determined in GFAP-RiboTag mice with EAE, cholesterol-synthesis pathways dominated as the most down-regulated pathways in EAE spinal-cord and optic-nerve astrocytes compared with healthy mice. We hypothesized that, even though demyelination and synaptic loss are caused by immune attacks during EAE, the inability to repair this damage may result from decreased cholesterol synthesis in and transport by astrocytes. Treatment with an ATP-binding cassette transporter A1 (ABCA1) increased cholesterol-synthesis gene expression in astrocytes and improved EAE clinical scores compared with vehicle treatment (12) (*SI Appendix, Fig. S10*). At the neuropathology level, ABCA1 treatment increased healthy axons (increased NF200⁺ and decreased β APP⁺ staining) and increased synapses (PSD95⁺ puncta), but ABCA1 treatment did not increase myelin (MBP⁺) staining. In contrast here, ER β -ligand treatment up-regulated cholesterol-synthesis pathways in oligodendrocytes and increased remyelination. These studies reveal distinct and complementary effects of ABCA1 treatment and ER β -ligand treatment. ABCA1 treatment increased cholesterol-synthesis pathways in astrocytes and increased synapses in EAE, whereas ER β -ligand treatment increased cholesterol-synthesis pathways in oligodendrocytes and induced remyelination in EAE. Each treatment reduced axonal damage compared with vehicle treatment. Together, this reveals the importance of determining CNS cell type-specific mechanisms of neuroprotective treatments, as mechanism-based combinations of neuroprotective treatments may ultimately be better than monotherapy to repair neuropathology in complex neurodegenerative diseases such as MS.

Previous treatment with dietary cholesterol enhanced remyelination in demyelinated areas with a compromised blood-brain barrier (31). However, dietary cholesterol treatment may lead to adverse cardiovascular effects and comorbidities in patients with MS (32). Also, the cellular target and mechanism of action of dietary cholesterol remains unknown. Observational studies of cholesterol homeostasis in MS patients have included correlations of blood or CSF cholesterol levels with MS outcomes (33, 34), but interpretations are challenging given the lack of causality and cell specificity. Clinical trials of statins in MS remain unclear regarding mechanism and are controversial regarding outcomes. Statin-induced antiinflammatory effects (35) and cardiovascular benefits (32) would be desirable in MS, but inhibition of cholesterol synthesis in oligodendrocytes and astrocytes may be deleterious for remyelination and synaptic plasticity. Early clinical trials of statin treatment alone or in combination with IFN- β 1a treatment in relapsing-remitting MS suggested a reduction in inflammatory lesions and relapses (36, 37), but other trials did not confirm these antiinflammatory effects (38–40). A beneficial effect of statin treatment on brain atrophy was also reported (41), but not confirmed (42). Statin treatment induced no effect on composite disability scores, but composites are insensitive measures of remyelination, so imaging biomarkers to quantify remyelination are needed. Whether statin treatment impairs remyelination in MS remains unknown. Only minimal remyelination occurs in MS patients treated with approved antiinflammatory disease-modifying treatments, so the power is insufficient to detect even less remyelination when a statin is used in combination. As statin use for cardiovascular indications is common in the general population, the possibility that statins may reduce cholesterol synthesis in oligodendrocytes and astrocytes with deleterious effects on remyelination and synaptic plasticity should be considered as a potential confounding variable in patients enrolled in future clinical trials of neuroprotective treatments for MS (43, 44).

High-throughput *in vitro* screens of libraries of small molecules can identify new candidates to test for induction of remyelination *in vivo* (2, 4, 45). Our findings indicate that their cell-specific and

region-specific mechanism of action *in vivo* should be investigated in a comprehensive manner. For example, a recent high-throughput *in vitro* screen identified molecules targeting enzymes within the cholesterol synthesis pathway (46). Understanding which CNS cell types are targeted in which CNS regions *in vivo* during treatment with these compounds will be needed to understand the mechanism and align it with outcome measures in clinical trials if efficacy is ultimately to be demonstrated in MS (12). Ideally, high-throughput *in vitro* screening of compounds should be followed by *in vivo* cell-specific and region-specific gene expression for mechanism.

In conclusion, this work reveals the importance of using a cell-specific gene expression approach in the CNS during complex neurodegenerative diseases, here leading to insights into cholesterol homeostasis in oligodendrocytes during remyelination in the setting of axonal injury.

Materials and Methods

High-Throughput RNA-Sequencing Analysis of Tissues from MS. Fresh-frozen autopsy brain tissue samples from five female patients with MS (mean age, 57.6 y) and five female age-matched healthy controls (mean age, 56.2 y) were obtained from Human Brain and Spinal Fluid Research Center (Los Angeles, CA). Regions included corpus callosum, optic chiasm, internal capsule, hippocampus, frontal cortex, and parietal cortex. Sequencing was performed on Illumina HiSeq3000 for a single-end 1 × 50 run. To estimate the differentially expressed gene numbers in various CNS cell types, lists of top 500 enriched genes in seven CNS cell types (neuron, microglia, astrocyte, endothelia, OPC, newly formed oligodendrocyte, and myelinating oligodendrocyte) from the RNA-sequencing transcriptome database (11) were used as a reference gene list (*SI Appendix, Supplemental Materials and Methods*).

Animals. Mice were adult females (age 8–12 wk) on a C57BL/6 background. B6;129S4-Olig1tm1(cre)Rth/J (Olig1-Cre) mice and B6N.129-Rpl22tm1.1Psam/J (RiboTag) mice (14, 19) were crossed to obtain homozygote mice of Olig1-cre and RiboTag. To obtain Olig1-Cre mice, C57BL/6J-ER β ^{flxed/flxed} mice (9) were crossed with B6;129S4-Olig1tm1(cre)Rth/J (Olig1-cre). To obtain Cspg4-CreERT2/Mapt-GFP mice, B6.Cg-Tg(Cspg4-cre/Esr1*)BAK1/J were crossed with B6;129P2-Mapt-*cre*<tm2Arbr>/J mice (2). All procedures were done in accordance with the guidelines of the Chancellor's Animal Research Committee of the University of California, Los Angeles, Office for the Protection of Research Subjects (*SI Appendix, Supplemental Materials and Methods*).

Cuprizone Model. Female mice (age 8–10 wk) were on cuprizone diet for 6 wk or 9 wk to induce demyelination, followed by 3 wk of normal diet. Treatment with ER β ligand (9) was during the normal-diet phase (*SI Appendix, Supplemental Materials and Methods*).

EAE Model. Active EAE was induced with myelin oligodendrocyte glycoprotein amino acids 35–55 (12). ER β -ligand treatment was initiated 1 wk before EAE induction and administered every other day (9). For Cspg4-CreERT2/Mapt-GFP transgenic mice, tamoxifen (Sigma-Aldrich) was dissolved in corn oil (75 mg/kg) and administered s.c. 2 wk before ER β -ligand treatment for five consecutive days (*SI Appendix, Supplemental Materials and Methods*).

High-Throughput RNA Sequencing of Oligodendrocytes During Remyelination. Corpus callosum oligodendrocyte-specific RNAs from normal mice or those receiving cuprizone diet for 9 wk (9w group) or for 9 wk followed by normal diet for 3 wk (9w+3w group) were isolated from the tissues of Olig1-RiboTag mice. Sequencing was performed on Illumina HiSeq3000 for a single-end 1 × 50 run. Canonical pathway enrichment analysis was performed for differentially expressed genes in each tissue by using Ingenuity Pathway Analysis (Qiagen) as described previously (12) (*SI Appendix, Supplemental Materials and Methods*).

qPCR. Standard qPCR methods were applied as described previously (9). Lists of primers are provided in *SI Appendix, Table S5* (*SI Appendix, Supplemental Materials and Methods*).

Histological Analysis. Standard histological analysis methods were applied as described previously (9). Detailed methods are provided in *SI Appendix, Supplemental Materials and Methods*. A list of antibodies for immunofluorescence staining is provided in *SI Appendix, Table S6*.

ER β ChIP-Seq Profiles for Cholesterol Synthesis Genes. ChIP-seq data for doxycycline-inducible ER β -expressing human MDA-MB-231 cells treated with

estradiol were obtained from the GEO database (accession no. GSE108981) (47). R package “QuasR” (48) was used for the alignment to human genome (hg19), and ER β -binding profiles were generated with input from R packages “GenomicFeatures” (49) and “Gviz” (50). The profiles for ER β ChIP were each analyzed for cholesterol genes (*SI Appendix, Supplemental Materials and Methods*).

ChIP Assay to Assess ER β Binding to ERE of *Fdps*. Immortalized mouse N20.1 oligodendrocytic cell line (21) was treated with ER β ligand. ChIP was performed by using EZ-Magna ChIP A/G (Millipore) with ER β /NR3A2 antibody (Novus Biologicals). Immunoprecipitated DNAs around putative ERE of *Fdps* gene (51) were amplified by PCR (*SI Appendix, Supplemental Materials and Methods*).

Data Availability. Datasets generated during this study are available in the GEO database (<https://www.ncbi.nlm.nih.gov/geo/>) under the following accession numbers: GSE123496, women with MS and age-matched healthy controls

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- (hippocampus, frontal cortex, internal capsule, corpus callosum, and parietal cortex) (52); GSE100297, MS and control (optic chiasm) (53); and GSE118451, Oligo1 RiboTag data in cuprizone mice (54). Further details of methods and statistics are provided in *SI Appendix, Supplemental Materials and Methods*.

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