



# *Article* **Bimodal Ultrasound and X-ray Bioimaging Properties of Particulate Calcium Fluoride Biomaterial**

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**Abstract:** Ultrasound (US) and X-ray imaging are diagnostic methods that are commonly used to image internal body structures. Several organic and inorganic imaging contrast agents are commercially available. However, their synthesis and purification remain challenging, in addition to posing safety issues. Here, we report on the promise of widespread, safe, and easy-to-produce particulate calcium fluoride (*part*-CaF<sup>2</sup> ) as a bimodal US and X-ray contrast agent. Pure and highly crystalline *part*-CaF<sup>2</sup> is obtained using a cheap commercial product. Scanning electron microscopy (SEM) depicts the morphology of these particles, while energy-dispersive X-ray spectroscopy (EDS) confirms their chemical composition. Diffuse reflectance ultraviolet-visible spectroscopy highlights their insulating behavior. The X-ray diffraction (XRD) pattern reveals that *part*-CaF<sub>2</sub> crystallizes in the face-centered cubic cell lattice. Further analyses regarding peak broadening are performed using the Scherrer and Williamson–Hall (W-H) methods, which pinpoint the small crystallite size and the presence of lattice strain. X-ray photoelectron spectroscopy (XPS) solely exhibits specific peaks related to  $\text{CaF}_2$ , confirming the absence of any contamination. Additionally, in vitro cytotoxicity and in vivo maximum tolerated dose (MTD) tests prove the biocompatibility of *part-*CaF<sub>2</sub>. Finally, the results of the US and X-ray imaging tests strongly signal that *part*-CaF<sub>2</sub> could be exploited in bimodal bioimaging applications. These findings may shed a new light on calcium fluoride and the opportunities it offers in biomedical engineering.

**Keywords:** calcium fluoride; particles; biocompatibility; ultrasound; X-ray; bioimaging; biomaterial

### **1. Introduction**

Currently, ultrasound (US) echography (also known as sonography) and X-ray radiography are among the most frequently employed techniques in bioimaging [\[1–](#page-10-0)[3\]](#page-10-1). Several materials have been designed to serve as contrast agents to improve the quality of the acquired images. In the case of X-ray imaging, iodine- and barium sulfate-based compounds



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are among the most widely used radiocontrast agents [\[4,](#page-10-2)[5\]](#page-10-3). Similarly, molecules that absorb ultrasound irradiation have been designed using inert gas encapsulated into shell particles. The shell particles can be composed of albumin, lipids, galactose, or perflutren. On one hand, the main limitation of US bioimaging agents is associated with the lack of targeting and accumulation into tissues, which limits the imaging to the vascular space. On the other hand, the main limitation of X-ray bioimaging agents is associated with their short half-life and safety concerns. Therefore, it is challenging to prepare a bimodal X-ray and ultrasound bioimaging contrast agent with increased stability, an enhanced contrast signal, biocompatibility, and the ability to accumulate into tissues [\[6–](#page-10-4)[8\]](#page-10-5). Such limitations might be overcome by the design of inorganic nanomaterials that are highly biocompatible and stable in biological fluids and are prone to the easy surface functionalization in order to improve their pharmacokinetic features while achieving tissue targeting [\[9](#page-10-6)[,10\]](#page-10-7). To achieve this, in a previous article we described the synthesis of polymeric nanoparticles made of polytetrafluoroethylene-like material (PTFE  $\approx$  NPs), as well as their physico-chemical characterization, biological properties, and their promise in the biomedical field as a contrast agent for bimodal ultrasound and X-ray bioimaging [\[11\]](#page-10-8). However, PTFE is a very stable and chemically inert polymer that could have impurities. While PTFE polymer could be useful for some applications, there is a need to develop inorganic and biodegradable dual contrast agents for X-ray and ultrasound imaging.

Calcium fluoride  $(CaF<sub>2</sub>)$ , an inorganic compound also known as fluorite, exhibits excellent biocompatibility [\[12](#page-10-9)[,13\]](#page-10-10), biodegradability [\[14–](#page-10-11)[17\]](#page-11-0), antibacterial activity [\[18\]](#page-11-1), and antibiofilm properties [\[19\]](#page-11-2). Therefore, this material holds tremendous promise for biomedical applications. For instance, it was tested for wound healing when formulated in hydrogels  $[20]$ , <sup>19</sup>F magnetic resonance imaging  $[21]$ , photoluminescence biosensing when doped with Mn<sup>2+</sup> [\[22\]](#page-11-5), biomedical imaging when doped by Tb<sup>3+</sup>/Gd<sup>3+</sup> [\[23\]](#page-11-6), and for targeted labeling of cancer cells when doped with  $Eu^{3+}$  [\[12\]](#page-10-9). Due to its high fluorine content, most of the studies are limited to the potential of calcium fluoride in dental applications [\[16](#page-11-7)[,24](#page-11-8)[–26\]](#page-11-9). On the other hand, fluorinated compounds, such as octafluoropropane and perfluorobutane, that are formulated with proteins or lipids are already commercialized as ultrasound (US) contrast agents [\[27\]](#page-11-10).

In the present article, we describe the preparation of  $CaF<sub>2</sub>$  particles from a cheap commercial sealant product and their extensive physico-chemical characterization using several techniques. We also describe their excellent biocompatibility, studied both in vitro and in vivo, and highlight their outstanding features as a bimodal ultrasound and X-ray contrast agent for biomedical imaging applications.

#### **2. Results and Discussion**

#### *2.1. Physicochemical Characterization*

#### 2.1.1. Scanning Electron Microscopy Analysis

We describe a simple and cheap method to obtain high-purity, crystalline particulate calcium fluoride (*part*-CaF2) starting from a commercially available sealant for applications as a bimodal contrast agent in ultrasound and X-ray bioimaging. SEM analysis of the resulting white powder showed particles of irregular shapes and different sizes, where the size distribution ranged from a few hundred nanometers to a few microns (Figure [1A](#page-2-0),B). However, the size of most of the particles spanned from 500 nm to 2  $\mu$ m. Although the optimum size depends on the targeted bioapplications [\[9\]](#page-10-6), the *part*-CaF<sup>2</sup> generated in this study fell within the range of liposomes and polymeric particles used in drug delivery systems and biomedical imaging [\[9,](#page-10-6)[10\]](#page-10-7). Moreover, various methods enabled the size control of the CaF<sub>2</sub> particles to fit a specific application [\[16](#page-11-7)[,20](#page-11-3)[,24](#page-11-8)[,28\]](#page-11-11). Additionally, EDX analysis showed the existence of various chemical elements at different concentrations, including calcium and fluorine (Figure [1C](#page-2-0)). However, the presence of carbon and oxygen may be ignored, as they most likely come from the adhesive layer used to prepare the sample for analysis. By dividing the molar percentages, a fluorine-to-calcium ratio of 2:1 was obtained, which fits the  $CaF<sub>2</sub>$  chemical formula.

<span id="page-2-0"></span>

Figure 1. (A) SEM micrographs of part-CaF<sub>2</sub> at different magnifications. (B) Particle size distribution of part-CaF<sub>2</sub> ( $n = 90$ ). (C) EDX elemental chemical analysis of *part*-CaF<sub>2</sub>: CaF<sub>2</sub> (grey); Ca (red); and F (blue) (scale bar = 10  $\mu$ m).

#### 2.1.2. X-ray Diffraction 2.1.2 Y ray Diffraction

 $\frac{1}{2}$  $\frac{1}{2}$  and  $\frac{1}{2}$  a Fm3m crystalline group, in excellent agreement with published data (Figure 2B) [\[19,](#page-11-2)[29\]](#page-11-12). Interestingly, the absence of extra peaks depicts the high purity of the obtained sample (cf. XPS). Prior to determining the cell lattice parameter, a Lorentzian function was apanalog (Insert Figure 2A). Using Equation (2), the lattice parameter, a, was determined to be 5.4615 Å, corroborating previously reported data  $[29-31]$  $[29-31]$ . Additionally, the index of crystallinity (IC) of *part*-CaF<sub>2</sub> was estimated using Equation (3) to be 93.26%, denoting its high degree of crystallinity. The XRD pattern of *part-*CaF<sub>2</sub> (Figure [2A](#page-2-1)) displays typical peaks of pure CaF<sub>2</sub> crystalplied for fitting purposes as it fits the XRD profile better when compared to the Gaussian  $t = t$ 

<span id="page-2-1"></span>

**Figure 2.** (A) Fitting of the *part*-CaF<sub>2</sub> XRD pattern. (B) Peak assignment regarding positions and interplanar distances compared with the literature (JCPDS Card no 87-0971).

The determination of the crystallite size of *part-*CaF<sub>2</sub> (Figure [2B](#page-2-1)) was carried out using low-angle and high-angle peaks and Equation (5). Nonetheless, low-range analysis provided more precise results because higher angles cause distortion and hence poor preci-sion [\[32\]](#page-11-14). *part*-CaF<sub>2</sub> exhibited a relatively small crystallite size of about 8–14 nm, values that were slightly smaller than those reported in published data [\[29](#page-11-12)[,33\]](#page-11-15). Besides, the average crystallite size was significantly smaller than the particle size provided by SEM micro-<br> $\sim$  0.6 F graphs (Cf. Figure [1\)](#page-2-0), demonstrating that the *part*-CaF<sub>2</sub> sample was polycrystalline. Using graphs (Cr. 1 gare 1), demonstrating that the  $\mu$ *u*-Car  $\frac{1}{2}$  sample was polycrystalline. Using ultrasonic probes or ball milling, it was possible to tune the particle size and downsize it to values approaching the crystallite size by breaking down the agglomerates bonded by van der Waals (vdW), capillary, or electrostatic interactions to give rise to a homogenous sample of much smaller particles that might be considered as monocrystalline [34-[36\]](#page-11-17).

## 2.1.3. Diffuse Reflectance UV-Vis Spectroscopy clearly shows that the reflectance of *participal participal participal* was career limit of the specific the specifical participal participal participal participal participal participal participal participal participal pa

The reflectance of *part*-CaF<sub>2</sub> was recorded to study its optical properties (Figure [3\)](#page-3-0). It clearly shows that the reflectance of *part*-CaF<sup>2</sup> was ca. 55% in the lower limit of the really shows that the renewance of  $\mu$ *n* ear<sub>2</sub> was ear. 35% In the rower limit of the spectrum at  $\lambda$  = 260 nm and increased steadily in the visible region without plateauing of reaching its maximum value, as the recorded value at 800 nm was smaller than 75%. In other words, part-CaF<sub>2</sub> partially absorbed the incident radiations in either the UV or visible regions. Moreover, the reflectance spectrum displayed weak peaks pointing down at 377.7 nm, 448.3 nm, and 622.7 nm, which may arise from the large surface-to-volume ratio exhibited by *part-*CaF<sub>2</sub> [\[29\]](#page-11-12). Besides, the intense peak, observed at 260 nm, was attributed to surface defect absorption, such as Schottly and Frenkel, dangling bonds, and regions of disorder, which are common in particles [\[29,](#page-11-12)[37\]](#page-11-18). On the other hand, the Kubelka–Munk<br>(KA) transformation of the band gap since the band gap since the band gap since the band gap since the band gap (K-M) transformation of *part-*CaF<sub>2</sub> did not permit the determination of the band gap since it is found in the high-ultraviolet region at around 10 eV [\[38\]](#page-11-19). However, *part*-CaF<sup>2</sup> may be it is found in the high-ultraviolet region at around 10 eV [38]. However, *part*-CaF2 may be considered as a promising insulator, with a lattice constant similar to silicon due to its very large band gap  $\left[39\right]$ .

<span id="page-3-0"></span>

**Figure 3.** Diffuse reflectance UV-Vis spectrum of  $part-CaF_2$  (bottom and left axes) and its corresponding K-M transformation (upper and right axes).

2.1.4. X-ray Photoelectron Spectroscopy

 $\frac{1}{2}$ .  $\frac{1}{4}$ .  $\frac{1}{4}$ .  $\frac{1}{4}$ .  $\frac{1}{2}$ . C-C/C-H with a binding energy (BE) of 285.0 eV. It clearly exhibits two prominent peaks arising from the two elements constituting this sample, that is, fluorine (F1s) and calcium (Ca2p); it also exhibits less intense peaks related to carbon (C1s) and oxygen (O1s). The C1s peak can be deconvoluted into its 3 components, C-C/C-H, C-O, and C=O, centered at 285.0 eV, 285.7 eV, and 288.8 eV, respectively (Figure [4E](#page-4-0)) [\[40\]](#page-11-21). The C1s peak most likely originated from a background source, i.e., the tape used to mount the sample onto the XPS Figure [4A](#page-4-0) displays the XPS general survey spectrum of *part-*CaF<sub>2</sub> calibrated at C1s in

holder [\[30,](#page-11-22)[36\]](#page-11-17). On the other hand, the deconvolution of the peak O1s revealed the presence of signals that correspond to  $O^{2-}$  (532.7 eV) and OH<sup>-</sup> (535.4 eV) due to the well-known adsorption of  $H_2O$  molecules on the CaF<sub>2</sub> (111) plane (Figure 4C) [\[30,](#page-11-22)[36\]](#page-11-17). This fact is also reflected in the high-resolution F1s peak (Figure [4B](#page-4-0)) that displays a very prominent peak centered at 684.9 eV, assigned to F-Ca bonding, in addition to a very weak peak centered at 686.9 eV that is due to  $F^-$  defects at the surface of CaF<sub>2</sub>, most likely originating from water adsorption [\[28](#page-11-11)[,30](#page-11-22)[,36\]](#page-11-17). Moreover, the Ca2p peak displayed a doublet owing to the spin-orbit splitting typical of Ca(II) assigned to Ca2 $p_{1/2}$  and Ca2 $p_{3/2}$ , centered at 351.4 eV and 348.0 eV, respectively, and with 1:2 area ratio (Figur[e 4](#page-4-0)D)  $[28,30,36,40-43]$  $[28,30,36,40-43]$  $[28,30,36,40-43]$  $[28,30,36,40-43]$  $[28,30,36,40-43]$ . Finally, the XPS analysis enabled the estimation of the F:Ca atomic ratio to equal 2.04, highlighting the XPS analysis enabled the estimation of the F:Ca atomic ratio to equal 2.04, highlighting the chemical formula of  $CaF<sub>2</sub>$  and corroborating the SEM-EDX findings.  $\frac{1}{20,30}$ . On the other hand, the deconvolution of the peak O1s revealed the presence

<span id="page-4-0"></span>

Figure 4. X-ray photoelectron spectra of part-CaF<sub>2</sub>. (A) Survey spectrum confirming the main characteristic atomic components. (B) F1s deconvolution. (C) O1s deconvolution. (D) Typical Ca2p spin-orbit splitting for Ca(II). (**E**) Chemical environment of the C1s peak. acteristic atomic components. (**B**) F1s decided the component Community of California Ca2p spin-

# *2.2. Biological Properties of Part-CaF2 2.2. Biological Properties of Part-CaF<sup>2</sup> 2.2. Biological Properties of Part-CaF2*

## 2.2.1. In Vitro Cytotoxicity 2.2.1. In Vitro Cytotoxicity 2.2.1. In Vitro Cytotoxicity

The in vitro toxicity of various concentrations of  $part-CaF_2$  against 3T3 fibroblasts was studied via MTT assay (Figure 5). [C](#page-4-1)ompared to the control group, the 3T3 fibroblasts maintained their full viability (90–100%) for part-CaF<sub>2</sub> concentrations of up to 2000  $\mu$ g·mL<sup>-1</sup> and 60% at the highest tested concentration (3000  $\mu$ g·mL<sup>-1</sup>). These results highlight the excellent biocompatibility exhibited by these particles, making them suitable candidates for numerous applications in the biomedical field.

<span id="page-4-1"></span>

**Figure 5.** Cell viability of 3T3 fibroblast cell line incubated for 24 h with different concentrations of *part*-CaF<sup>2</sup> . The experiments were performed in 6 replicates.

#### 2.2.2. Determination of Maximum Tolerated Dose 2.2.2. Determination of Maximum Tolerated Dose

*part*-CaF2. The experiments were performed in 6 replicates.

In the first methodology, the initial dose for each animal started at 1.00 mg·kg $^{-1}$  and all the doses were staggered up to 33.79 mg·kg−<sup>1</sup> (Figure [6A](#page-5-0)1). In the second methodology all the doses were staggered up to 33.79 mg·kg−1 (Figure 6A1). In the second methodology (based on the ICH M3-R2), the initial dose for each animal started at 1 mg·kg<sup>-1</sup>, up to the maximum dose of 10.00 mg·kg−<sup>1</sup> (Figure [6A](#page-5-0)2). The test was stopped on day 10 for both maximum dose of 10.00 mg·kg−1 (Figure 6A2). The test was stopped on day 10 for both methodologies since the animals had not shown any notable variation in the parameters methodologies since the animals had not shown any notable variation in the parameters described in Table 1 (such as weight loss over 20%), or because none of the scores were described in Tab[le](#page-5-1) 1 (such as weight loss over 20%), or because none of the scores were over 2, as clearly depicted in Figu[re](#page-5-0) 6A2,B2. For both methodologies, the weight of all animals increased, and no clinical signs were observed (Figure 6). Therefore, it is possible animals increased, and no clinical signs were observed (Fi[gu](#page-5-0)re 6). Therefore, it is possible to affirm that *part*-CaF<sup>2</sup> is safe up to the dose of 33.79 mg·kg−<sup>1</sup> . Due to limitations in the to affirm that *part*-CaF2 is safe up to the dose of 33.79 mg·kg−1. Due to limitations in the amount of material produced, it was not possible to check the maximum tolerated dose amount of material produced, it was not possible to check the maximum tolerated dose (MTD) itself. However, even a very high dose shows no adverse effect on the animals. (MTD) itself. However, even a very high dose shows no adverse effect on the animals.

<span id="page-5-0"></span>

Figure 6. (A1) First MTD methodology for part-CaF<sub>2</sub>. The doses were incremented by no more than 50% from the initial dose over 10 days. (**B1**) Second MTD methodology for *part*-CaF<sub>2</sub>. The doses were doubled every day starting at 1.00 mg·kg<sup>−</sup>1. (**A2**,**B2**) For both methodologies, the weight loss were doubled every day starting at 1.00 mg·kg−<sup>1</sup> . (**A2**,**B2**) For both methodologies, the weight loss was monitored for the control and intervention groups of 5 mice each. was monitored for the control and intervention groups of 5 mice each.

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**Table 1.** Dose escalation decision of MTD for clinical observations. **Table 1.** Dose escalation decision of MTD for clinical observations.

## Activity Proximity to *2.3. Ultrasound and X-ray Imaging* others Close contact Separate Complete Com

The ultrasound (US) imaging test, performed by subjecting an Eppendorf tube filled of *part*-CaF<sub>2</sub>. In this image, *part*-CaF<sub>2</sub> was suspended in water to reproduce a tissue with *part*-CaF<sub>2</sub> (Figure [7A](#page-6-0)) to US irradiation, demonstrated the US absorption properties environment (performed by casting the *part*-CaF<sub>2</sub> into a flat petri dish), showing that US

attenuation was exclusively generated by *part-*CaF<sub>2</sub> reaching almost its maximum intensity. US attenuation occurs with sonosensitizers when the cavitation, followed by the collapse of small bubbles, produces enough energy to induce heating [\[6\]](#page-10-4). Although the mechanism of sonosensitizer excitation is not fully understood, most molecules exhibiting US attenuation<br> contain halogen atoms in their structure [\[6\]](#page-10-4), a common feature shared by commercially<br>contrast agents [8], polytetrafluorethylene [11], and the *parti-CaF*<sub>2</sub> de-CaF2 de-CaF2 de-CaF2 de-CaF2 de-CaF2 de-CaF2 de-CaF2 de-CaF2 available US contrast agents [\[8\]](#page-10-5), polytetrafluorethylene [\[11\]](#page-10-8), and the *part*-CaF<sub>2</sub> described available business agents [0], polyderalities that fluorine atoms from *part*-CaF<sub>2</sub> likely in the present work. Thus, the results suggest that fluorine atoms from *part*-CaF<sub>2</sub> likely  $\frac{d}{dx}$  contribute to the US absorption. However, the presence of halogen atoms in the molecular estimation of the set inseep mean structure, and presence of managements in the interesting<br>structure is not a requisite for US attenuation by a given material, as reported recently [\[44\]](#page-12-1). To the best of our knowledge, this is the first report showing the US imaging properties of part-CaF<sub>2</sub> materials. These outstanding results may elicit interest in calcium fluoride for use in biomedical imaging applications. fluoride for use in biomedical imaging applications.

<span id="page-6-0"></span>

**Figure 7.** (A) Ultrasound imaging showing *part*-CaF<sub>2</sub> suspended in water (orange arrow). (B) X-ray image showing a 2 mL Eppendorf tube filled with *part*-CaF2 and a top view of powder dispersed image showing a 2 mL Eppendorf tube filled with *part*-CaF<sup>2</sup> and a top view of powder dispersed into a petri dish subjected to different potential and the same current intensity. into a petri dish subjected to different potential and the same current intensity.

Additionally, *part*-CaF2 exhibits X-ray attenuation, which is supported by the contrast Additionally, *part*-CaF<sup>2</sup> exhibits X-ray attenuation, which is supported by the contrast signal observed in Figure 7B. Indeed, *part*-CaF2 neatly attenuates X-rays of different ener-gies (i.e., different potentials applied at the same intensity). Moreover, the same material was subjected to different parameters by tuning the tube current and potential without affecting X-ray attenuation. This result highlights the capability of *part*-CaF<sub>2</sub> to absorb the incident electromagnetic radiation of high energy X-rays at different conditions without affecting the yield. The state radiation of high energy X-rays at different conditions with  $\alpha$ signal observed in Figure [7B](#page-6-0). Indeed, *part*-CaF<sub>2</sub> neatly attenuates X-rays of different ener-

As a contrast agent for both US and X-ray imaging,  $CaF<sub>2</sub>$  may offer tremendous advantages when compared to analog molecules and particles either already used or in development for the same purpose  $[5,7,8]$  $[5,7,8]$  $[5,7,8]$ . In fact, this material is widespread in nature as a mineral. It is cheap and easy to produce via various methodologies [\[29](#page-11-12)[,45](#page-12-2)[–47\]](#page-12-3), and may be water-soluble [\[48\]](#page-12-4). This should make its large-scale production easily achievable at very competitive costs. Besides, it has been already demonstrated that this biomaterial is amenable to entrapment within hydrogels  $[17,20]$  $[17,20]$ , polymers  $[26]$ , and resins  $[46,49]$  $[46,49]$ . All these facts presage an easy and versatile surface chemistry aiming at greater targeting<br>these facts presage an easy and versatile surface chemistry aiming at greater targeting efficiency and even increased biocompatibility, thus paving the way for other clinical uses<br>in the biomedical field  $\mathbf{r}$  and even increased biocompatibility, the way for other clinical uses  $\mathbf{r}$ in the biomedical field.

## **3. Materials and Methods**

#### *3.1. Preparation of Particulate CaF<sup>2</sup>*

In this step, 0.3 g of a gray pipe thread compound (ACE®) and 2 mL of 40% aq. hydrofluoric acid (HF) were mixed in a Falcon tube and subjected to sonication for 2 h in an ultrasonic bath. As a result, 3 phases appeared. In addition to a dark gray substance (excipients) at the top and a translucent supernatant as the intermediate phase, the bottom phase consisted of a precipitate. This pellet, made of particulate CaF<sub>2</sub> (*part*-CaF<sub>2</sub>), was collected and mixed with another 2 mL of 40% aq. HF in a Falcon tube and subjected to

sonication for 45 min in an ultrasonic bath. The sample was then centrifuged at 2000 rpm for 5 min. Finally, the pellet of *part*-CaF<sup>2</sup> was collected and washed 3 times using isopropyl alcohol, dried in an oven at 80  $\degree$ C for 3 h, and stored for further analysis and investigation.

#### *3.2. Physico-chemical Characterization*

3.2.1. Scanning Electron Microscopy—Energy Dispersive X-ray Spectroscopy (SEM-EDX)

The scanning electron microscopy analysis of the *part*-CaF<sup>2</sup> sample was carried out using a TESCAN FEG SEM MIRA3 apparatus. *part-CaF*<sub>2</sub> powder was fixed onto SEM stubs for analysis using a carbon adhesive layer and sputter-coated with an approximately 20 nm gold (99.99% purity) layer. The EDX analysis was performed using the same device since it is equipped with a Bruker X-Flash 6 | 30 detector, with 123 eV resolution at Mn K $\alpha$  with an EDX detector.

#### 3.2.2. X-ray Diffraction

X-ray diffraction analysis was carried out on the *part*-CaF<sub>2</sub> sample using a PANalytical brand *θ*–2*θ* configuration (Bragg–Brentano geometry) X-ray tube, with Cu Kα irradiation  $\lambda$  = 1.54059 Å in an EMPYREAN diffractometer. The acquired XRD pattern was fitted using OriginPro software to determine the lattice parameters, index of crystallinity, and crystallite size. The interplanar distance, *d*, was determined using Bragg's law (Equation (1)).

$$
n \lambda = 2 d \sin \theta \tag{1}
$$

where *n* is the order of reflection ( $n = 1$ ), and  $\lambda$  is the wavelength of Cu K $\alpha$  irradiation. Then, the main peaks were compared with reliable databases to assign Miller indices, (hkl), where a face-centered cubic crystal system for  $CaF<sub>2</sub>$  was determined for which the space group was Fm3m. Therefore, there were 3 equal axes at right angles, for which the lattice parameter value was computed using Equation (2):

$$
\frac{1}{d^2} = \frac{h^2 + k^2 + l^2}{a^2} \tag{2}
$$

The lattice parameter *a* was calculated using the interplanar distance of the most intense peak (111). Besides, the index of crystallinity (IC) of the *part*-CaF<sub>2</sub> sample was determined by comparing the ratios between the areas of crystalline peaks (crystalline phase) and of their respective background (amorphous phase) using the empirical Equation (3):

$$
IC = \frac{\text{Area of Crystalline Peaks}}{\text{Total Area (Crystalline + Amorphous)}} \times 100\% \tag{3}
$$

In addition, the crystallite size was determined by analyzing the breadth peak. Instrumental and physical broadening effects were considered as broadening of the Bragg peaks (Equation (4)) [\[50\]](#page-12-7):

$$
\beta_{hkl} = \left[ (\beta_{hkl})_{\text{measured}}^2 - (\beta_{hkl})_{\text{instrumental}}^2 \right]^{1/2}
$$
 (4)

The broadening due to the instrumental setup was corrected with a previous diffraction pattern using a silicon standard specimen. Then, substitution of Equation (4) into the well-known Scherrer equation yields the following formulation (Equation (5)):

$$
\beta_{hkl} = (\beta_{hkl})_{\text{measured}} = K\lambda (L \cos(\chi/2))^{-1}
$$
\n(5)

where *βhkl* is the breadth value of the full width at half maximum (FWHM) taken on a 2*θ* scale (transformed into radians); *K* is a numerical constant equal to 0.94;  $\theta$  is the Bragg angle taken on a 2 $\theta$  scale (in degrees);  $\lambda = 1.54059$  Å; and L is the linear dimension of the particle or crystallite size. The crystallite size is the average of values calculated for each diffraction peak.

Further details regarding the XRD analysis of *part*-CaF<sub>2</sub> powder are provided in the Supporting Information (SI).

#### 3.2.3. Diffuse Reflectance UV-Vis Spectroscopy

Diffuse Reflectance UV-Vis spectroscopy was performed on *part*-CaF<sub>2</sub> powder to determine its optical characteristics. The "LAMBDA 1050 UV-Vis Spectrophotometer PerkinElmer®, equipped with a PerkinElmer® accessory 3D WB Detector Module and the Praying Mantis™ Diffuse Reflection Accessory, was employed. The light spot was about 1–2 mm. The powder was placed in the sample holder (a hole of 10 mm in diameter and 3 mm depth) and the surface was flattened. A white standard of  $BaSO<sub>4</sub>$  was used as blank prior to measurement. Band gap analysis was carried out using the Kubelka–Munk (K-M) function [\[11\]](#page-10-8). The x-axis (wavelength) was converted to energy, E, by applying the Einstein–Planck relation (Equation (6)):

$$
E = h\nu = h \frac{c}{\lambda} \tag{6}
$$

where *h* is the Planck constant (4.135667  $\times$  10<sup>-15</sup> eV), c is the speed of light, and  $\lambda$  is the wavelength. The y-axis (reflectance) was converted to  $[k/s \cdot h\nu]^2$  by applying the Kubelka–Munk function (Equation (7)):

$$
\frac{k}{s} = \frac{(1 - R)^2}{2R}
$$
 (7)

where *k* is the absorption coefficient, *s* is the scattering coefficient, and *R* is the reflectance. The value of the band gap was determined graphically by extrapolating a straight line at  $k = 0$ .

#### 3.2.4. X-ray Photoelectron Spectroscopy (XPS)

The XPS spectrum of the *part*-CaF<sub>2</sub> sample was recorded using a Thermo VG ES-CALAB 250 (East Grinstead, UK) fitted with a monochromated Al Kα X-ray source with an incident energy of 1486.6 eV. An electron flood gun was used for charge compensation. The analyzer was operated at 40 and 100 eV pass energy for the narrow regions and survey spectra, respectively. Elemental atomic concentrations were calculated from the XPS peak areas and the corresponding Scofield sensitivity factors corrected for the analyzer transmission work function. The measurement was conducted at 255 eV survey operation pass energy and 55 eV for high-resolution narrow regions. Prior to the analysis, the recorded spectrum was calibrated with C1s peak in C-C/C-H at 285.0 eV, followed by fitting and deconvolution of the relevant XPS peaks using the Gauss–Lorentzian function [\[40,](#page-11-21)[43\]](#page-12-0).

#### *3.3. Biological Properties of Part-CaF<sup>2</sup>*

#### 3.3.1. In Vitro Cytotoxicity

This was carried out using a routine assay that is commonly used to study the toxicity of nanomaterials. Namely, 3T3 fibroblast cells were seeded in 96-well plates at a concentration of 104 cells per well in 100  $\mu$ L of DMEM medium containing 10% FBS and 1% penicillin–streptomycin. The cells were then incubated overnight at  $37 \text{ °C}$  under a controlled atmosphere (5%  $CO<sub>2</sub>$  and 80% H<sub>2</sub>O). Next, the culture medium was replaced by the same medium (100  $\mu$ L) but containing variable concentrations of the *part*-CaF<sub>2</sub> sample (0–3000 µg·mL−<sup>1</sup> ). After 48 h of incubation, the wells were filled with 20 µL cell culture medium (MTS), and then incubated for another 4 h at 37 °C. UV absorbance was measured at 490 nm with a microplate reader (Varioskan Flash, Thermo Scientific, Waltham, MA, USA). Experiments were carried out in 6 replicates and expressed as a percentage of viable cells compared to the control group.

### 3.3.2. Maximum Tolerated Dose (MTD)

All animals were obtained from the Federal University of Rio de Janeiro Facility and housed under specific pathogen-free conditions. Healthy male Swiss mice (*n* = 20) aged between 8 and 10 weeks were kept in cages (3 per cage) at a controlled temperature  $(24–25 \degree C)$ , and received food and water ad libitum. All experiments were conducted according to the IPEN Animal Ethics Committee approvals (Protocols IPEN-182/2018) and Guidance on Nonclinical Safety Studies for the Conduct of Human Clinical Trials and Market Authorization for Pharmaceuticals (ICH-M3(R2)/2009).

The maximum tolerated dose (MTD) of  $part-CaF<sub>2</sub>$  that did not induce unacceptable side effects or toxicity over a specific period of time was determined by 2 methodologies based on both weight loss and clinical signs [\[51\]](#page-12-8). For the first methodology, 10 mice were dosed daily. The initial dose for each animal started at 1 mg⋅kg<sup>-1</sup> and all the doses were staggered until reaching 33.79 mg⋅kg<sup>-1</sup>, following the system: day 1 dose = 1 mg⋅kg<sup>-1</sup>, day 2 dose = day 1 dose + 50%, and so on until day 10, with a final dose of 33.79 mg·kg<sup>-1</sup>. For the second methodology, the other 10 mice were dosed based on the ICH M3-R2. The initial dose for each animal started at 1 mg·kg<sup>-1</sup> until the maximum dose of 10 mg·kg<sup>-1</sup> was reached on day 6. In the last 4 days, all the mice received a fixed dose of 10 mg·kg<sup>-1</sup>. The clinical signs were scored based on observation of: (i) general appearance and (ii) body condition. The score was based on the following punctuation:  $0 =$  normal;  $1 =$  slight deviation from normal; and 2 = moderate deviation from normal, as established in Table [1.](#page-5-1)

#### *3.4. Ultrasound and X-ray Imaging Using Part-CaF<sup>2</sup>*

The absorption of ultrasounds (US) by the *part*-CaF<sub>2</sub> sample was determined at the Mouse Clinical Institute (Clemson University, Clemson, SC, USA) using a preclinical Vevo 2100 echographie and computer (Visualsonics, Toronto, ON, Canada). The parameters employed were as follows—frequency: 21 MHz; power: 100%; acquisition depth and width of 16.00 mm and 23.04 mm, respectively.

The X-ray attenuation by *part*-CaF<sub>2</sub> powder was evaluated in Eppendorf tubes and Petri dishes using a small preclinical micro-CT scanner (1076 Skyscan, Kartuizersweg, Belgium). The experimental parameters were set as follows: X-ray: 70 kV, 90 kV, 0.4 mA, 1 mA; resolution: 35 mm; pitch: 0.4; aluminum filters: 0.5 and 632 ms.

#### **4. Conclusions and Perspectives**

Here, we described the facile production of calcium fluoride particles that are highly crystalline and pure according to XRD and XPS analyses. Compared to other bimodal imaging particles, our results support that *part*-CaF<sub>2</sub> could offer some tremendous advantages, such as ease of synthesis, low cost, and biodegradability. UV-Vis analysis revealed that *part*-CaF<sup>2</sup> possesses no absorbance in the visible region. Additionally, XPS confirmed the chemical composition and formula of the material, while the XRD pattern determined its characteristics in terms of the lattice system, cell parameters, and index of crystallinity. Importantly, both in vitro and in vivo experiments using *part*-CaF<sub>2</sub> did not show any toxicity. Lastly, X-ray and US attenuation tests demonstrated that *part-CaF*<sub>2</sub> could be used as a bimodal bioimaging contrast agent. Overall, our findings demonstrated that the *part*-CaF<sup>2</sup> sample holds a great promise for biomedical imaging and opens future potential clinical bioimaging applications. Future work will aim at controlling the size of the particles while maintaining the bimodal contrast signal, implementing the right surface coating, and translating our findings into animal models to understand the biodistribution and pharmacokinetics of this biomaterial and assess its dual bioimaging efficiency in living animals.

**Supplementary Materials:** The following are available, X-ray Diffraction Analysis; Figure S1. W-H analysis of part-CaF2. Crystallite size was computed from the intercept value, whereas energy density, strain and stress were deduced from the slope, Figure S2. SSP plot for crystallite size analysis of part-CaF2, Figure S3. Logarithm-Scherrer plot for crystallite size analysis of part-CaF2, Table S1. Geometric parameters, including crystallite size for part-CaF2 powder using different methods. Low-range consideration points out the analysis of peaks at lower angles (111), (220) and (311); whereas whole-range alludes to all peak analysis.

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**Sample Availability:** Samples of the compounds are not available from the authors.

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