AGRICULTURAL AND FOOD CHEMISTRY

Article

Alpha-Linolenic Acid from *Zanthoxylum* Seed Powder Regulates Fatty Acid Metabolism and Influences Meat Quality of Pekin Duck via the ADIPOQ/AMPK/CPT-1 Pathway

Yingjie Cai, Tong Guo, Jie Zhou, Huiya Zhang, Tao Li, Zhuo Zhi, Peng Wang, Mengmeng Cui, Zhigang Hu, and Jianqin Zhang*

Cite This: J. Ag	ric. Food Chem. 2025, 73, 14651	-14665	Read Online	
ACCESS	III Metrics & More		E Article Recommendations	s Supporting Information

ABSTRACT: Zanthoxylum seed powder contains dominant α -linolenic acid (ALA). Its regulatory mechanism as a novel feed additive for the livestock field is not clear. In this study, RNA-seq was used to identify the differential gene expression in breast muscle of Pekin duck supplemented with different doses of Zanthoxylum seed powder, and Adiponectin (ADIPOQ) was found to be an important factor. Functional validation was performed in duck primary myoblasts. Our results revealed that ADIPOQ overexpression could promote myoblast myotube fusion, that is, myogenic differentiation. On the other hand, ALA inhibited lipid deposition in myoblasts. SiADIPOQ inhibited fatty acid oxidation, but stimulated fatty acid synthesis and transport. Furthermore, ALA promoted the up-regulation of ADIPOQ, AMPK, p-AMPK and CPT-1 protein levels. It was concluded that ALA regulates lipid deposition through the ADIPOQ/AMPK/CPT-1 pathway in myoblasts. These results may provide theoretical basis for the development and utilization of Zanthoxylum seed powder in duck production.

KEYWORDS: Zanthoxylum, α -linolenic acid, lipid deposition, Pekin duck, ADIPOQ

INTRODUCTION

China is the world's largest producer and consumer of meat ducks, with 75% of global duck production. Duck meat occupies an important position in China's food consumption.^{1,2} Skeletal muscle is one of the major organs involved in the regulation of lipid metabolism in poultry, and myoblasts contain a variety of lipid droplets called intramyocellular lipids (IMCL), which are smaller than those found in adipocytes. Intramuscular fat (IMF) is an important substance affecting meat quality and flavor.³ IMCL affects IMF quality, and then matters muscle meat quality and texture.^{4–6} Therefore, it is important to explore the mechanisms of fatty acid metabolism regulation to improve the quality of duck meat.

Fatty acid deposition is regulated by a complex set of processes, and Adiponectin (ADIPOQ) is an adipokine that may be anti-inflammatory and regulate fatty acid metabolism.⁷ It has multiple metabolic pathways in vivo, such as exerting metabolic effects by activating two homologous receptors, ADIPOR1 and ADIPOR2, independently of AMPK.⁸ Meanwhile, it was discovered that ADIPOQ may affect pork flavor by influencing IMF deposition in pigs.9 The researchers also found ADIPOQ expression affect fat deposition in different parts of the pig.¹⁰ It was indicated that ADIPOQ is an important candidate gene for thyroid-regulated Tianfu Nonghua speckled duck egg-laying performance, but there was no mention of the effect on fatty acid metabolism.¹¹ Currently, studies on the mechanisms by which ADIPOQ regulates fatty acid metabolism have focused on humans and rodents,^{12,13} so it is necessary to study the role and mechanism of fatty acid regulation by ADIPOQ in the muscle tissue of poultry.

Zanthoxylum(Zanthoxylum bungeanum Maxim)belongs to the genus Zanthoxylum of the Rutaceae deciduous small trees, Zanthoxylum seed powder from the mature seeds produced by Zanthoxylum, has a high economic value and medicinal value.^{14,15} Zanthoxylum seed powder consists of 27%-31% oil, of which 90% are polyunsaturated fatty acids (PUFAs) including α -linolenic acid (ALA) and linoleic acid (LA).¹⁶ In recent years, Zanthoxylum seed powder has functioned in improving nonalcoholic fatty liver disease (NAFLD)^{17,18} and antiobesity.¹⁹ It also has been used as a feed additive, previous study revealed that the ratio of ALA and PUFAs in pork were increased by reducing the ratio of n-6/n-3 PUFAs in the pig ration.²⁰ Similarly, it was found that low dietary ratios of n-6/ n-3 PUFAs enhanced the deposition of n-3 PUFAs in longissimus dorsi muscle (LDM) and subcutaneous adipose tissue (SAT) in Heigai Pigs.²¹ PUFA supplementation in diets can increase IMF content, for example, conjugated linoleic acid (CLA) can be used as a body fat regulator, and studies have shown that the addition of 1% CLA to diets can significantly increase IMF content and fat metabolism in pork.^{22,23} A significant relationship of fatty acids between the ration and the muscle was found in the Chinese crested white ducks. The fatty acids of the ration could promote the deposition of n-3

Received:February 14, 2025Revised:May 21, 2025Accepted:May 22, 2025Published:June 3, 2025



PUFAs in duck muscles.²⁴ Similar results were found in pigs and quail.^{25,26} Our previous study showed that the addition of *Zanthoxylum* seed powder to the ration promoted a significant increase in the ALA of the Pekin duck breast muscle (unpublished data), while the regulatory mechanism of *Zanthoxylum* seed powder is not clear. With the price of feed ingredients rising, the development of new low-opportunitycost-feed is becoming a hot topic.²⁷ So, we can hypothesize whether dietary supplementation of *Zanthoxylum* seed powder affects the expression of genes related to fatty acid metabolism regulation. Whether these genes could promote muscle growth and development and thus affect muscle yield. Whether ALA from *Zanthoxylum* seed powder could mediate the regulation of fatty acid metabolism and thus have an effect on the fatty acid deposition in the muscle.

The aim of this study was to identify candidate genes and fatty acid metabolism mechanism in Pekin duck breast muscle by adding *Zanthoxylum* seed powder to the ration. After obtaining the major gene *ADIPOQ* based on RNA-seq, Pekin duck primary myoblasts were isolated for in vitro validation to investigate the role of ADIPOQ in early muscle development and regeneration. In view of the previous findings that ALA was significantly up-regulated in the *Zanthoxylum* seed powder-added group, this study analyzed the mechanisms of fatty acid metabolism regulation of ALA and ADIPOQ, and thus obtained the mechanism of their effects on IMF. All results can provide a theoretical basis for the in-depth development and utilization of *Zanthoxylum* seed powder in duck production and the selection and breeding of duck meat quality traits.

MATERIALS AND METHODS

Animals and Sample Collection. A total of 240 uniformly sized and healthy Pekin ducks were randomly divided into 4 groups with 6 replicates in each group and 10 ducks in each replicate. The control group (CG) was fed with a basal ration, and experimental groups were added with 1.5% (LG), 3.0% (MG) and 4.5% (HG) *Zanthoxylum* seed powder, respectively. The same feeding condition was continued until 35 days old during the experiment. Breast muscle tissues were collected quickly after slaughter and placed in liquid nitrogen for use, after which it could be stored at -80 °C for long periods of time. Duck eggs used in the experiment were incubated under prescribed procedures. Pekin ducks and eggs were purchased from Shaanxi Fuqiang Hongtu Husbandry Co Ltd. (Shaanxi, China). The composition of the basal diet is shown in Table 1. All birds used in this study were sanctioned by the Institute of Animal Care and Use Committee, Northwest Agriculture and Forestry University.

RNA-seq and Data Analysis. Total RNA was extracted from breast muscle tissues of Pekin ducks and RNA quality was assessed using Nanodrop 2000 and 1% agarose gel electrophoresis by TRIzol (AGbio, Hunan, China) reagent. Then the RNA integrity number was detected on an Agilent 2100 Bioanalyzer. Afterward, mRNA was enriched using Oligo dT, mRNA was randomly interrupted by adding fragmentation buffer and reverse transcribed into cDNA by adding random primers, and sequenced using the second-generation highthroughput sequencing platform of Shaanxi Xuanchen Biological Technology Co., Ltd. (Yangling, China). After filtering the raw data, checking the sequencing error rate, and examining the distribution of GC content, the clean reads were obtained for subsequent analyses. The clean reads were aligned to Anas platyrhynchos genome sequence using HISAT2 software. All the genes were aligned to GO and KEGG databases by BLAST. The new genes and their annotation information were obtained by sequence comparison. Sequencing depth and gene length were corrected via FPKM, followed by differential gene expression analysis as well as GO and KEGG analyses

Table 1. Basal Diet Composition for Pekin Ducks

pubs.acs.org/JAFC

items		contents (%)
	Ingredient	
corn		57.20
soybean meal		25.90
wheat bran		7.80
soybean oil		3.20
CaHPO ₄		1.50
stone powder		1.25
NaCl		0.55
premix ^a		1.30
L-lysine		0.95
DL-methionine		0.35
total		100
	Nutrient Level ^b	
AME, MJ/kg		12.32
crude protein		15.74
crude fiber		2.20
coarse ash		4.40
crude fat		8.00
calcium		0.82
total phosphorus		0.54
water content		12.20

^{*a*}The premix provided the following for per kilogram of the diet: vitamin A 10,000 IU, vitamin D 32,500 IU, vitamin E 30 mg, vitamin K 12.5 mg, vitamin B₁ 2 mg, vitamin B₆ 3.8 mg, vitamin B₁₂ 10 μ g, D-pantothenic acid 12 mg, Folic acid 0.80 mg, Biotin 110 μ g, Nicotinic acid 40 mg, choline 460 mg, Mn 60 mg, Fe 40 mg, Cu 10 mg, Zn 55 mg, I 1.6 mg, Se 0.35 mg. ^{*b*}Nutrient components were calculated values.

using Fold Change ≥ 2 and Q value <0.05 as criteria. String (https:// cn.string-db.org/) was used for protein PPI network analysis.

Cell Isolation and Cell Culture. Pekin duck primary myoblasts were isolated from the muscle tissues taken from 14-day-old duck embryos according to the method described previously.^{28,29} The hind limb muscles of duck embryos were minced, digested with 0.1% collagenase I and trypsin until the muscle tissues were flocculent, sieved, centrifuged and resuspended, and then the fibroblasts were finally removed by the differential apposition method to isolate the duck primary myoblasts. It was successfully identified by Immuno-fluorescence (IF). The cells were cultured with DMEM (Cytiva, Uppsala, Sweden), 20% FBS (Biochannel, Nanjing, China) and 1% penicillin/streptomycin (Biosharp, Beijing, China), at 37 °C with 5% CO₂. Primary myoblasts differentiation was induced using DMEM complete medium containing 2% horse serum (Solarbio, Beijing, China).

RNA Interference and Overexpression. Negative control siRNA (siNC) and three Pekin duck *ADIPOQ* siRNAs (siADIPOQs) in the Table 2 were purchased from Beijing Zixi Biotechnology Co., Ltd. (Beijing, China). The *ADIPOQ* expression vector was made by inserting the CDS region of the Pekin duck *ADIPOQ* gene into the pcDNA3.1 vector. Then it was verified by sequencing successfully and

Table 2. Sequences of ADIPOQ-Targeting siRNAs

siRNA	primer sequence $(5'-3')$
siADIPOQ-1	F: 5'-GGGAGAGAAAGGAGAGCAA-3'
	R: 5'-UUGCUCUCUUUCUCUCCC-3'
siADIPOQ-2	F: 5'-GCAAGAUCUUCUACAACGA-3'
	R: 5'-UCGUUGUAGAAGAUCUUGC-3'
siADIPOQ-3	F: 5'-AGGUCAGCCUCUACAAGAA-3'
	R: 5'-UUCUUGUAGAGGCUGACCU-3'

can be used for the further study. SiRNA or pcDNA3.1 vector was transfected by Lipo8000 (Beyotime, Jiangsu, China).

RNA Extraction and Real-Time Quantitative PCR. RNA was extracted from cultured duck primary myoblasts and muscle tissues fed with different doses of *Zanthoxylum* seed powder. cDNA was synthesized using $5 \times$ Evo M-MLV RT Reaction Mix Ver.2 (Agbio, Hunan, China), and analyzed on a real-time fluorescence quantitative PCR instrument (Bioer, FQD-96A, Zhejiang, China) by SYBR Green qPCR mixture (Agbio, Hunan, China). Meanwhile, qRT-PCR was used to verify the transcriptome sequencing results. GAPDH was used as an internal reference gene, and the information on primers for these experiments were listed in the Table 3.

Table 3. Primers for qRT-PCR

gene	primer sequence $(5'-3')$
ACSL6	F: 5'-ATGGTGGTGGTTCCCCTCTA-3'
	R: 5'-GATGATGGAGCTGAGACCCG-3'
AMPD1	F: 5'-CACGGGTGAAAATTCCAGCA-3'
	R: 5'-CTCTTGCCTGATCGCCTCAT-3'
VEGFA	F: 5'-AAGTCTACGAGCGCAGTTTCT-3'
	R: 5'-TCATCAGAGGCACACAGGATG-3'
DUSP1	F: 5'-GAGCCCCGCTATGTCAGTAT-3'
	R: 5'-GGAAGTGGTGATGGGACTCTG-3'
NR1H3	F: 5'-CAGCAGCGTTTTGCTCACTT-3'
	R: 5'-ATCTTCCCTGGTGAGGTCCA-3'
ADIPOQ	F: 5'-AAGGGGCCTATGTTTACCGC-3'
	R: 5'-GTCGTAGTGGTTCTGCTCGT-3'
CDKN1B	F: 5'-GCCAAACCGTGATTTTTGCC-3'
	R: 5'-TTGCTCCACTGAACTGGCAC-3'
СҮТВ	F: 5'-ACATCGGACAGACCCTGGTA-3'
	R: 5'-GGACTAGGGTGATTCCTGCG-3'
ND4	F: 5'-GGCACCCTACACCTACCAAC-3'
	R: 5'-GTATTGAGCCTGCGATGGGA-3'
COX2	F: 5'-TTCCAAGACGCCTCATCACC-3'
	R: 5'-CGATGGCGGGTAGGATTGTT-3'
SCD1	F: 5'-ACCATCGTGTCCACCACAAA-3'
	R: 5'-GAGGGCTTGTAGTATTTCCGCT-3'
ACC1	F: 5'-CAGGGAGTTCACACAGAGCA-3'
	R: 5'-ATCCACCTCACAGTTGACCT-3'
ACC2	F: 5'-GAACATCCGTGAGGAGCCAA-3'
(Da)	R: 5'-CCGGAGACCACAGTCAACAA-3'
CD36	F: 5'-TGGTTAACGGCACAGATGGG-3'
EADDS	R: 5'-ACGAGGAACTGCGAAACGAT-3'
FABPS	F: S'-TACATGAAGGAGCTGGGTGTG-3
	R: S'-GCGTCTGAGTTTTTCTGCCA-3
FATP4	F: S-CCAGICAGCCACCAACAAGA-3
CDT 1	
CPT-1	
I DI	\mathbf{K} : 5-GATGIICCICCCGAAACGCI-5
LPL	
DDADa	\mathbf{K} : 5 -AAGGACGAAGCG11GA1GGG-5 \mathbf{E} : 5' TCCTTCTCAACCTTCTAACCC 2'
117110	R. 5'-CAGACCTTCGCATTCGTCCA 3'
GAPDH	F. 5'-ATGCTGGTGCTGAATACG-3'
0/11/2/11	R. 5'-GGAGATGATGACACCCTTA 3'
	K. 5 -GUAGATUATUACACUCTTA-5

Cell Counting Kit-8 (CCK-8). Primary myoblasts were inoculated in 96-well plates, transfected with siRNA or pcDNA3.1 vectors and cultured for 24 h. CCK-8 solution (10 μ L, Beyotime, Jiangsu, China) was added to each well and incubated for 2 h. Absorbance of each well was measured at 450 nm via a multifunctional enzyme label instrument (Bio Tek).

Flow Cytometry. Duck primary myoblasts transfecting with siRNA or pcDNA3.1 vectors were fixed in 70% ethanol overnight at 4

°C. Cells were permeabilized using Triton-100 (Accuref Scientific, Shaanxi, China) and incubated with propidium iodide staining solution (Beyotime, Jiangsu, China) for 30 min at 37 °C. Red fluorescence was detected by flow cytometry at excitation wavelength 488 nm and cellular DNA content was analyzed using Modfit LT 5.0.

5-Ethynyl-2'-deoxyuridine (EdU) Assay. Primary myoblasts were inoculated in 24-well plates. The samples were transfected with siRNA or pcDNA3.1 vectors and cultured for 24 h. After that, $2 \times$ EdU (20 mM) working solution was added to the medium and incubated for 2 h. Subsequently, fixation was carried out using 4% paraformaldehyde, and cells were permeabilized using Triton-100 (Accuref Scientific, Shaanxi, China) and stained for EdU using HyperFluor 594 azide (APExBIO, Houston, USA). And the nuclei of the cells were stained with Hoechst 33342 (APE × BIO, Houston, USA). Observations were made by an inverted fluorescence microscope and the percentage of EdU-positive cells was analyzed through Image-J.

Immunofluorescence (IF). Duck primary myoblasts were cultured in 12-well plates, transfected with siRNA or pcDNA3.1 vectors and incubated for 24 h, and then differentiated for 48 h by replacing complete medium containing 2% horse serum for IF detection. After fixation and permeabilization, the cells were incubated overnight at 4 °C with Desmin antibody (Beyotime, Jiangsu, China), then added FITC-labeled goat anti-rabbit IgG secondary antibody (Beyotime, Jiangsu, China) and incubated for 2 h at room temperature, protected from light. The nuclei of the cells were stained with DAPI.

Addition of ALA. ALA was added 0, 20, 40, and 60 μ mol/L to the complete cell culture medium and induced for 24, 48, and 72 h, respectively. The effects of ALA on cell activity were observed by CCK-8. Then the amount of ALA added and the induction time were determined. Subsequently, IMCL was detected using Oil Red O (ORO) Staining and Triglyceride (TG) Content Assay Kit with the addition of ALA. And the total protein was extracted from these samples.

Primary myoblasts were added the ALA (A/+ group), transfected with ADIPOQ overexpression vector (A group) and siADIPOQ vector with addition of ALA (siA/+ group). ORO staining and TG assay were used to test lipid deposition in duck primary myoblasts.

Oil Red O (ORO) Staining. Primary myoblasts were cultured in 12-well plates, fixed with ORO fixative for 30 min at ambient temperature, stained with ORO staining solution for 15 min, rinsed with 60% isopropyl alcohol. The nuclei of the cells were restained for 2 min by adding Mayer's hematoxylin staining solution. Finally, ORO buffer was added for 1 min and then discarded. The fixed cells were covered with distilled water and observed under a CKX53 microscope (Olympus, Japan).

Triglyceride (TG) Content Assay Kit. Duck primary myoblasts were centrifuged and removed the supernatant. The extraction solution (1 mL) were added to the cells (about 5×10^6), sonicated for 3 s, 10 s intervals, repeated 30 times to break the cells, and then centrifuged for 10 min, 12000 rpm The absorbance value of the supernatant was measured at the wavelength of 510 nm, and then calculated the TG content.

Western Blotting (WB). Primary myoblasts were cultured in 6well plates. The samples were transfected with siRNA or pcDNA3.1 vectors and cultured for 24 h. The total protein was extracted using RIPA lysis buffer (Solarbio, Beijing, China) with the addition of phosphatase inhibitors, protease inhibitors and PMSF (Solarbio, Beijing, China). Total protein was separated by SDS-PAGE and transferred onto PVDF member (Millipore, Massachusetts), immunoblotted using specific antibodies (listed in Table 4), and finally visualized by a chemiluminescence imaging system (ChampChemi 610 Plus, Beijing, China). The grayscale statistics were quantified via Image-J.

Statistical Analysis. All data were presented as mean \pm SD. All experiments in this study were performed at least in triplicate. The statistical differences were analyzed with Student's *t* test for comparison of two groups or ANOVA for comparison of more than

Table 4. Antibodies in This Study

antibody name	brand name
anti-ADIPOQ antibody	Proteintech
anti-AMPKα-2 antibody	Wanleibio
anti-p-AMPK(Thr 183/172) antibody	Immunoway
anti-CPT-1 antibody	Immunoway
anti-GAPDH antibody	Huabio

two groups using IBM SPSS 26.0. Values of P < 0.05 were considered statistically significant.

RESULTS

Identification of Differentially Expressed Genes (DEGs) and GO Function Annotation and KEGG Enrichment Analysis. In this project, the screening criteria were Fold Change ≥ 2 and Q value ≤ 0.05 was used for differential expression analysis. HG vs CG showed a total of 566 differentially expressed genes (DEGs) including 243 upregulated ones and 323 down-regulated ones (Figure 1A). There are 252 DEGs in MG vs CG, of which 126 were upregulated and 126 were down-regulated (Figure 1B). 85 DEGs were found in LG vs CG, of which 25 were up-regulated genes and 60 were down-regulated genes (Figure 1C).

In order to evaluate the gene expression differences among different additive groups, the three groups of breast muscle DEGs were compared. 144, 57, 56 common DEGs were found in HG vs CG and MG vs CG, HG vs CG and LG vs CG, MG vs CG and LG vs CG, respectively. A total of 44 common DEGs were obtained in the three groups, among which DEGs with functional annotations included *ADIPOQ*, *ATP6*, *COX1*, *ND1*, *FGF*, *VEGFA*, and so on (Figure 1J).

GO functional enrichment analysis included Molecular Function (MF), Biological Process (BP) and Cellular Component (CC). GO enrichment analysis showed that the main pathways significantly enriched in HG vs CG include Oxidative phosphorylation, ATP synthesis coupled electron transport. In MG vs CG, the main pathways significantly enriched include Ribonucleotide metabolic process, Purine ribonucleotide metabolic process, Generation of precursor metabolites and energy, Oxidative phosphorylation and Energy derivation by oxidation of organic compounds. Meanwhile, Ribose phosphate metabolic process, Purine nucleotide metabolic process and Oxidative phosphorylation were significantly enriched in LG vs CG significantly enriched (Figure 1D–F). KEGG analysis revealed that the significantly enriched pathways in three comparison groups included Oxidative phosphorylation, PPAR signaling pathway, Cardiac muscle contraction, Arachidonic acid metabolism, Adipocytokine signaling pathway and NAFLD, etc. (Figure 1G-I).

PPI analysis showed that ADIPOQ plays a major regulatory role in fatty acid metabolism-related proteins such as PPAR γ , CPT1A, CD36, FABP4, FASN, PPAR α and others (Figure 1M). Meanwhile, *ADIPOQ* mRNA expression levels were significantly changed in between the control group and three additive groups, so ADIPOQ was used as the main research gene for subsequent steps.

Ten DEGs related to fatty acid metabolism were selected for testing. The results showed that the qRT-PCR results were basically consistent with the sequencing results, indicating that the reliability of the RNA-seq results was high (Figure 2).

ADIPOQ Has a Significant Effect on Myogenic Differentiation but Little Effect on Cell Proliferation. In order to determine the inhibitory effect of the three *ADIPOQ*-targeting siRNAs on *ADIPOQ* expression in duck primary myoblasts, the transcription levels of *ADIPOQ* in primary myoblasts were examined after transfection with each of the three siRNAs for 24 h. The results showed that three siRNAs all reduced the transcription level of *ADIPOQ* very significantly, with *siADIPOQ-1* having the most significant inhibitory effect (P < 0.001). Thus, *siADIPOQ-1* (abbreviated as *siADIPOQ*) was used for followed steps (Figure 3A).

To investigate whether ADIPOQ affected the proliferation of primary myoblasts or not, CCK-8, EdU and Flow cytometry were used to detect the proliferation of cells in the case of knockdown and overexpression of ADIPOQ. CCK-8 results indicated no significant difference between siNC and siADIPOQ. The results of ADIPOQ overexpression were the same as siADIPOQ groups (Figure 3B). Compared with the control group, Flow cytometry assay cell cycle results showed no significant changes in the proportion of cells during whole periods when ADIPOQ was knocked down or overexpressed (Figure 3C-F). EdU results revealed that no significant differences in the proportion of EdU-positive cells between siNC and siADIPOQ, or pcDNA3.1 and ADIPOQ (Figure 3G,H). Therefore, the expression level of ADIPOQ had no significant effect on the proliferation of duck primary myoblasts.

To determine the effect of *ADIPOQ* on the myogenic differentiation of primary myoblasts, IF was used to detect myotube differentiation of cells with the overexpression and knockdown of *ADIPOQ* for 24 h and change of differentiation medium to induce differentiation for 48 h. It showed that the myotubular differentiation of cells was lower in *siADIPOQ* groups than *siNC* groups, whereas *ADIPOQ* overexpression groups showed the opposite trend, demonstrating that overexpression of *ADIPOQ* could significantly promote myotubular differentiation (Figure 3I,J).

ALA Inhibits Lipid Droplet Accumulation and TG Synthesis in Primary Myoblasts. To determine the effect of Zanthoxylum seed powder on lipid deposition in ducks, different doses of ALA were added to primary myoblasts. The cell viability was detected by CCK-8, which showed that there was a significant down-regulation at 72 h of induction in each addition group. However, there was no significant effect on cell viability at 24 and 48 h of induction. The addition of 60 μ mol/L ALA and induction for 48h was chosen for the subsequent steps (Figure 4A).

Lipid deposition in primary myoblasts was detected by ORO staining and TG assay with 60 μ mol/L ALA added and induced for 48 h. ORO results indicated that lipid droplets were significantly reduced compared with the control group (Figure 4B). TG assay results showed that the TG content of ALA-induced primary myoblasts was significantly lower than that of the control group (Figure 4C). Thus, ALA inhibited lipid droplet accumulation and TG synthesis.

ORO staining and TG assay were used to detect lipid deposition in primary myoblasts in the case of A/+ group, A group and siA/+ group. ORO results showed a gradual increase in lipid droplet accumulation among three groups (Figure 4D). TG assay results indicated that the TG content of siA/+ group was significantly higher than that of A/+ and A groups (P < 0.001). The TG content of A/+ group was not significantly different from that of A group, while there was an upward trend for the TG content in group A compared to group A/+ (Figure 4F). Therefore, it can be concluded that



Figure 1. Identification of differentially expressed genes and GO Function Annotation and KEGG Enrichment Analysis. (A) The volcano plot of DEGs in HG vs CG. (B) The volcano plot of DEGs in MG vs CG. (C) The volcano plot of DEGs in LG vs CG. (D) Histogram analysis of GO enrichment of DEGs in breast muscles of HG vs CG. (E) Histogram analysis of GO enrichment of DEGs in breast muscles of HG vs CG. (F) Histogram analysis of GO enrichment of DEGs in breast muscles of LG vs CG. (G) KEGG functional analysis of DEGs in breast muscles of HG vs CG. (H) KEGG functional analysis of DEGs in breast muscles of LG vs CG. (I) KEGG functional analysis of DEGs in breast muscles of LG vs CG. (J) Venn diagram of DEGs in three addition groups. (K) PPI network diagram of ADIPOQ.

pubs.acs.org/JAFC



Figure 2. Validation of the DEGs from sequencing. The histogram showed the results of qRT-PCR, and the height of the columns are the values of $2(-\triangle \triangle Ct)$. Inflection points of the broken lines represented the FPKM from the sequencing results. The left ordinate is FKPM, and the right ordinate the values of $2(-\triangle \triangle Ct)$.

ADIPOQ overexpression can inhibit lipid accumulation, but *siADIPOQ* can promote lipid accumulation. Overexpression of *ADIPOQ* has the same effect as addition of ALA, and cotransfection of *siADIPOQ* and addition of ALA can produce a 'neutralizing' effect.

The expression of ADIPOQ was examined by qRT-PCR and WB after the addition of 60 μ mol/L ALA and induction for 48 h. qRT-PCR results showed that the mRNA level of *ADIPOQ* was significantly up-regulated by the addition of ALA compared with the control group (Figure 4F). WB confirmed that the protein level of ADIPOQ also saw a significant upward trend after the addition of ALA (Figure 4G). Therefore, the addition of ALA to duck primary myoblasts can promote the expression of ADIPOQ.

SiADIPOQ Significantly Stimulates Fatty Acid Synthesis and Inhibits Lipid Accumulation. To verify the role of ADIPOQ in Pekin ducks related to fatty acid metabolism, ADIPOQ was knocked down or overexpressed in primary myoblasts, and then the mRNA expression levels of fatty acid synthesis, catabolism, and transport-related cytokines were detected by qRT-PCR. The results showed that among the fatty acid synthesis-related factors: SCD1 (P < 0.001), ACC1 (P < 0.05), and ACC2 (P < 0.05) were significantly downregulated in the case of ADIPOQ overexpression (Figure 5A). When compared with siNC groups, SCD1 (P < 0.05), ACC1 (P < 0.05), ACC2 (P < 0.05) were significantly up-regulated in siADIPOQ groups (Figure 5B). In terms of fatty acid transport, the mRNA levels of CD36 (P < 0.05), FABP5 (P < 0.05), FATP4 (P < 0.05) were all significantly decreased under the effect of ADIPOQ overexpression (Figure 5C). SiADIPOQ also had a highly significant up-regulation effect on the mRNA level of FATP4 (P < 0.001) (Figure 5D). Inhibition of ADIPOQ expression significantly reduced the mRNA levels of CPT-1 (P < 0.05), LPL (P < 0.05), and PPAR α (P < 0.001) among the fatty acid catabolism-related factors (Figure 5F). Overexpression of ADIPOQ showed the opposite trend (Figure 5E). The results indicated that ADIPOQ overexpression inhibited fatty acid synthesis and transport, and promoted fatty acid catabolism.

WB was used to detect the expression of ADIPOQ, AMPK, p-AMPK, and CPT-1 proteins. The results showed that AMPK, p-AMPK, and CPT-1 protein levels were significantly increased when ADIPOQ protein levels were increased in primary myoblasts (Figure 5G). With ADIPOQ protein level decreasing, the opposite trend was observed (Figure 5H). After the addition of ALA, the ADIPOQ protein level was increased, suggesting that ALA can regulate lipid accumulation through the ADIPOQ/AMPK/CPT-1 pathway in myoblasts (Figure 6).

DISCUSSION

Dietary Addition of Zanthoxylum Seed Powder Can Affect Genes Related to Fatty Acid Metabolism in the Breast Muscles of Pekin Duck. In this study, there were 566, 252, 85 DEGs identified in the HG vs CG, MG vs CG, and LG vs CG, respectively. DEGs increased gradually as the level of Zanthoxylum seed powder in the diet rose. The GO enrichment results showed that DEGs were significantly enriched in Oxidative phosphorylation, Ribonucleotide metabolic process, Purine ribonucleotide metabolic process and Ribose phosphate metabolic process, which indicated that the metabolic level of Pekin duck was significantly enhanced after adding Zanthoxylum seed powder to the diet. Although no transcriptomic data related to the addition of Zanthoxylum seed powder to the diet have been reported before, the metabolic process is very important for the production performance of ducks, such as egg production, which is consistent with the results of previous reports.^{11,30} KEGG functional analysis showed that the DEGs were significantly enriched to fatty acid metabolic pathways such as Oxidative phosphorylation, PPAR signaling pathway, Adipocytokine signaling pathway, same as in previous study.

GO enrichment and KEGG analysis included functionally annotated genes such as *ADIPOQ*, *ACSL6*, *COX1*, *ND4*, *CYTB*. According to previous reports, these genes can be involved in fatty acid metabolism. *ND4* belongs to NADHrelated genes. *COX1* and *CYTB* belong to cytochrome-related genes.³² *ND4* encodes NADH dehydrogenase, which is used to maintain ATP synthesis in fatty acid metabolism. It was shown



Figure 3. ADIPOQ promotes myoblasts myogenic differentiation but little effect on cell proliferation. (A) Selection of siADIPOQ. (B) CCK-8. (C, D) detecting cell proliferation using Flow cytometry after ADIPOQ overexpression. (E, F) detecting cell proliferation using Flow cytometry after transfecting with siADIPOQ. (G) detecting cell proliferation using EdU after ADIPOQ overexpression. (H) detecting cell proliferation using EdU after transfecting with siADIPOQ. (I) Detecting cell differentiation using IF after ADIPOQ overexpression. (J) Detecting cell differentiation using IF after transfecting with siADIPOQ. *P < 0.05, **P < 0.01, and ***P < 0.001.

that mutations in ND4 were associated with type 2 diabetes mellitus (T2DM).³³ COXs are key enzymes in the biosynthesis of prostaglandins (PG) from arachidonic acid. One study showed that the COX1-WIPI2 axis prevents nonalcoholic

steatohepatitis (NASH).^{34,35} *CYTB* is similar to *ND4*, which encodes Cytochrome b and is also essential for the proper functioning of the electron transport chain during fatty acid metabolism. The researchers tested mice exercised and fed a



Figure 4. ALA inhibits lipid droplet accumulation and TG synthesis. (A) Selection of ALA addition amount and induction time using CCK-8. (B) Detecting lipid droplets using ORO staining after addition of ALA. (C) Detecting the TG content after addition of ALA. (D) Detecting lipid droplets using ORO staining after overexpression of ADIPOQ with addition of ALA (A/+ group), overexpression of ADIPOQ (A group), and siADIPOQ with addition of ALA (siA/+ group). (E) Detecting the TG content after overexpression of ADIPOQ with addition of ALA (A/+ group), overexpression of ADIPOQ (A group), and siADIPOQ with addition of ALA (siA/+ group). (F) Detecting the relative expression of ADIPOQ using qRT-PCR after addition of ALA. (G) Detecting the protein level of ADIPOQ using WB after addition of ALA. *P < 0.05, **P < 0.01, and ***P < 0.001.



Figure 5. SiADIPOQ promotes fatty acid synthesis and inhibits lipid accumulation. (A, B) mRNA levels of fatty acid synthesis marker genes. (C, D) mRNA levels of fatty acid transportation marker genes. (E, F) mRNA levels of fatty acid oxidation marker genes. (G) Detecting the protein level of pathway proteins using WB after an upward trend of ADIPOQ protein. (H) Detecting the protein level of pathway proteins using WB after a downward trend of ADIPOQ protein. *P < 0.05, **P < 0.01, and ***P < 0.001.

caffeine-free green tea extract for significant increases in the mitochondria-related genes CYTB, ND5, and ACOX1. Mean-

while, the weight of mice lost significantly, demonstrating that the expression of these genes were associated with the

Article



Figure 6. Signaling pathway map of ALA from Zanthoxylum seed powder regulating duck fatty acid metabolism.

oxidative capacity of mitochondria for fatty acid oxidation in skeletal muscle. 36

The ACSL family is required for fatty acid degradation, phospholipid remodeling and the production of long-chain acyl cofactor esters that regulate a variety of physiological processes. ACSL1 can accelerate the initial steps of fatty acid metabolism and is an important enzyme in lipid synthesis and catabolism.³⁷ It was shown that ACSL1 positively regulates PUFA synthesis in bovine adipocytes and ACSL1 overexpression promotes lipid droplet aggregation.³⁸ ACSL6 is the only isoform of the ACSL family expressed in skeletal muscle. One study found that ACSL6 gene repression in rat primary myotubes reduces lipid accumulation and activates a higher mitochondrial oxidative capacity program via the AMPK/PGC1- α pathway, which has also been demonstrated in other studies.³⁹⁻⁴¹ ADIPOQ is a hormone secreted by adipose tissue. It has been demonstrated that ADIPOQ is closely related to fatty acid metabolism processes in humans,^{42,43} sheep,⁴⁴ pigs.^{9,10,45} It has also been reported that ADIPOQ plays an important role in the pathogenesis of NAFLD.46,47

The PPI network analysis in this study showed that ADIPOQ plays a major regulatory role in fatty acid metabolism-related proteins such as PPAR γ , CPT-1, CD36, FABP4, PPAR α . CPT-1 is considered to be a key regulator of fatty acid oxidation.^{24,48} PPARs regulate the processes of lipid metabolism, cell growth, differentiation, as well as immune and inflammatory responses.^{49,50} FABP4 is an intracellular transporter protein, which is mainly used to transport lipids and is related to the transportation of PUFA.⁵¹ CD36 also plays an important role in fatty acid metabolism, which can uptake long-chain fatty acids in muscle tissues.⁵² Thus, ADIPOQ may be a key regulatory factor affecting fatty acid metabolism in duck breast muscle.

ADIPOQ Can Promote the Differentiation of Myoblasts. Skeletal muscle development is a complex biological process that depends on the proliferation of myofibroblasts, while these cells differentiate and fuse to form multinucleated myotubes. The process is mainly orchestrated by myogenic regulators, such as MyoD, MyoG, and MRF4, and ultimately produces mature muscle fibers.^{53,54} Cyclin D1, PCNA and mTOR play important functions in the proliferation of myoblasts. The key role of mTOR in muscle is achieved through mTORC1, which can promote muscle hypertrophy in the short term.⁵⁵

There is evidence that ADIPOQ is expressed by skeletal muscle fibers and can influence muscle fiber type, suggesting that ADIPOQ plays an important role in the regulation of muscle fiber type.⁵⁶ Leucine may increase ADIPOQ levels and then activate the expression of AMPK and PGC-1 α , leading to the transformation of muscle fibers from a fast to a slow muscle type in pigs ultimately.⁵⁷ It was found that resveratrol (RES) treatment increased plasma levels of ADIPOQ and upregulated MyHC1 expression via the AdipoR1-AMPK-PGC-1 α pathway, which is consistent with the results of the leucine assay described above.⁵⁸ This is also consistent with previous report that the ADIPOQ gene increases oxidized type I muscle fibers by regulating AMPK and PGC-1 α expression.⁵⁹ In the present study, it was shown that when ADIPOQ was transfected in duck primary myoblasts, the rate of myotube fusion of the cells could be significantly promoted, and the opposite result was found when siADIPOQ was transfected. However, ADIPOQ had no significant function in cell proliferation, which may be due to the fact that ADIPOQ mainly acts on the process of muscle maintenance and regeneration by promoting cell differentiation and regulating the transformation of myofibre types in Pekin duck, thus promoting muscle production. But it has no significant effect on the process of early muscle development.

pubs.acs.org/JAFC

ALA Can Significantly Affect Lipid Deposition in Pekin Duck. Fatty acids are synthesized in poultry mainly in the liver and can then be transported to other tissues such as fat, heart and muscle.⁶⁰ Many studies have shown that the addition of linseed oil to the ration significantly increases the n-3 PUFAs content of broiler muscle.^{61,62} Addition of 10% flaxseed to the duck ration resulted in an overall increase in n-3 PUFAs levels in breast muscle and skin.⁶³ The results of our previous study showed a significant increase in ALA content in duck breast muscles after the addition of Zanthoxylum seed powder to the ration (unpublished data). Furthermore, we added ALA to duck primary myoblasts. The results showed that ALA significantly inhibited the accumulation of IMCL and TG content, and promoted an increase in ADIPOQ levels. This is consistent with the findings that flaxseed oil increased the expression of *ADIPOQ* in visceral fat and hypothesized that ALA helps to suppress obesity.⁶⁴ ALA can down-regulate FASN thereby inhibiting the de novo synthesis of fatty acids. This is consistent with previous results.⁶⁵ In contrast, in this study, ALA levels went up and the mRNA and protein levels of ADIPOQ subsequently decreased in duck muscle tissues with a higher dose of Zanthoxylum seed powder. The reason for analyzing this may be due to the dose effect, which may result in the abnormal mRNA and protein expression of ADIPOQ with the high intake of n-3 PUFAs. It has been suggested that the daily intake of ALA in the human body should be 1600-1800 mg.⁶⁶ One study presented that a high-fat diet (HFD)induced model of Diabetic cardiomyopathy (DCM) showed a significant decrease in ADIPOQ expression, suggesting that ADIPOQ levels may be associated with diet-induced metabolic disorders.⁶⁷ Therefore, the reason for this analysis could also be due to the fact that Zanthoxylum seed powder is rich in both saturated fatty acids such as palmitic acid and stearic acid, as well as monounsaturated fatty acids. There is also an interaction of their intake on the ADIPOQ, which modulates ADIPOQ expression and thus the risk of obesity. The conjecture was also confirmed in the study.⁶⁸ Compared to other animals, the poultry has a greater ability to deposit n-3 PUFAs from the diet into their tissues,⁶⁹ which explains the ability to significantly increase the ALA content in duck muscle tissues after the addition of Zanthoxylum seed powder to the ration.

Lipids in the form of free fatty acids or lipoproteins in the blood can be obtained from dietary sources or synthesized in the liver, adipose tissue and mammary glands. Then they are transported into cells via FABP5. Fatty acids can be taken up from the extracellular environment through cell surface receptors, such as CD36.70 Fatty acid biosynthesis takes place mainly in the cytoplasm and is subject to the combined action of three key enzymes-ACLY, ACC, and FAS. PPARs are transcription factors belonging to the lipid-activated transcriptional factors, including three forms: $PPAR\alpha$, $PPAR\beta$, and PPARy. Among them, PPARy is positively correlated with adipogenesis.⁷¹ *PPARa* is mainly expressed in tissues with high fatty acid oxidation rate, regulating and participating in fatty acid catabolism. It was shown that PUFAs combining PPAR α to participate in the transportation, synthesis and β -oxidation of fatty acid metabolism.⁷² Another study found a significant increase in the expression of $PPAR\alpha$ and LPL after the addition of LA and EPA to duck liver cells cultured in vitro.⁷³ In this study, transfection of siADIPOQ significantly up-regulated the levels of fatty acid transport-related factors FABP5, CD36, FATP4, and fatty acid synthesis factors SCD1, ACC1, and

ACC2, while fatty acid catabolism-related factors CPT-1, LPL, and PPAR α were down-regulated. These results proved that ADIPOQ could inhibit fatty acid transport and synthesis. Meanwhile, this study found that ADIPOQ overexpression had the same effect as addition of ALA. Cotransfection of *siADIPOQ* and addition of ALA produced a 'neutralizing' effect. It is proved that ADIPOQ could inhibit the accumulation of IMCL, which was in line with the results of the previous study.^{74–77}

Fatty acids can be produced through anabolism and catabolism, and can also be obtained through diet or gut microbiota.⁷⁸ AMPK is a heterotrimer consisting of one catalytic subunit (α) and two regulatory subunits (β and γ), which plays an important role in regulating the body's material and energy metabolism.^{79,80} Previous studies have shown that the phosphorylation site (Thr172) in the catalytic α -subunit can be phosphorylated by upstream protein kinases (LKB1, CaMKK, and TAK1) within the catalytic subunit to activate AMPK.⁸¹ The LKB1-AMPK cascade reaction is a key signaling pathway that regulates changes in glucose uptake, fatty acid uptake, and fatty acid oxidation in contracting skeletal muscle.^{82,83} It has been demonstrated that the absence of LKB1 leads to a significant decrease in the phosphorylation level of AMPK and enhances lipid accumulation in muscle progenitor cells and mature muscles.⁸⁴ It was found that γ linolenic acid (GLA) treatment of AML-12 up-regulated the mRNA and protein expression of LKB1, thereby preventing and treating NAFLD and regulating lipid metabolism by balancing autophagy and apoptosis through the LKB1-AMPKmTOR pathway.⁸⁵ In the present study, the protein level of p-AMPK was up-regulated in ALA-treated myoblasts, so it is reasonable to hypothesize that the expression level of LKB1 was up-regulated, which may also be one of the reasons for the reduced content of lipid deposition in myoblasts. CPT-1 is the rate-limiting enzyme for fatty acid β -oxidation. ACC can catalyze the carboxylation of acetyl coenzyme A to generate malonyl coenzyme A, which can inhibit the expression of CPT-1. The activation of AMPK phosphorylation inhibits its downstream target ACC, which in turn promotes the expression of CPT-1. Therefore, when fatty acid anabolism is enhanced, the increase in malonyl coenzyme A content will further inhibit CPT-1 activity and reduce the level of fatty acid oxidative catabolism. In this study, the addition of ALA to primary myoblasts up-regulated the protein level of ADIPOQ, and then the protein levels of AMPK, p-AMPK, and CPT-1 all increased. Therefore, it is so clear that ALA can regulate lipid accumulation through the ADIPOQ/AMPK/CPT-1 pathway in myoblasts.

According to these results of discussion, ADIPOQ, ACSL6, COX1, ND4 and CYTB played key roles in regulating fatty acids in duck breast muscles, among which ADIPOQ may be the most important regulatory gene. The fat content of meat is affected by species, muscle and tissue type, and production management. It can affect the nutritional, organoleptic, and overall quality of meat products.⁸⁶ ADIPOQ may improve muscle production by stimulating cell differentiation, regulate muscle fiber type and muscle quality. Addition of ALA to primary myoblasts revealed that ALA inhibited lipid droplet accumulation and TG synthesis, suggesting that ALA may have an antiobesity function. ALA can promote the transcription and protein levels of ADIPOQ, which is contrary to the RNA-seq results. The reasons may be due to dose effects or high-fat-induced eating disorders. It is suggested that when

Zanthoxylum seed powder is added to the ration, LG (1.5%) may be the optimal level of addition among three addition groups in this study. Otherwise, it may lead to excessively abnormal ADIPOQ expression levels, which can result in the risk of obesity that affects the quality of the meat. It may also lead to the muscle yield to be affected in an adverse manner.

ASSOCIATED CONTENT

1 Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.jafc.5c01995.

Whole sequence of duck ADIPOQ; the specific primer sequences of duck ADIPOQ overexpression vector (Table S1) (PDF)

AUTHOR INFORMATION

Corresponding Author

Jianqin Zhang – College of Animal Science and Technology, Northwest A&F University, Yangling, Shaanxi 712100, P. R. China; orcid.org/0000-0002-5297-9615; Email: zhangjianqin0822@nwafu.edu.cn

Authors

- Yingjie Cai − College of Animal Science and Technology, Northwest A&F University, Yangling, Shaanxi 712100, P. R. China; © orcid.org/0009-0008-2150-8301
- Tong Guo − College of Animal Science and Technology, Northwest A&F University, Yangling, Shaanxi 712100, P. R. China; orcid.org/0009-0002-7529-6136
- Jie Zhou − College of Animal Science and Technology, Northwest A&F University, Yangling, Shaanxi 712100, P. R. China; orcid.org/0009-0003-8301-9144
- Huiya Zhang College of Animal Science and Technology, Northwest A&F University, Yangling, Shaanxi 712100, P. R. China; orcid.org/0009-0000-3274-7713
- Tao Li College of Animal Science and Technology, Northwest A&F University, Yangling, Shaanxi 712100, P. R. China; orcid.org/0000-0003-4620-9697
- Zhuo Zhi − College of Animal Science and Technology, Northwest A&F University, Yangling, Shaanxi 712100, P. R. China; orcid.org/0009-0003-7569-297X
- Peng Wang College of Animal Science and Technology, Northwest A&F University, Yangling, Shaanxi 712100, P. R. China; orcid.org/0009-0005-0232-963X
- Mengmeng Cui College of Animal Science and Technology, Northwest A&F University, Yangling, Shaanxi 712100, P. R. China; orcid.org/0009-0005-0852-409X
- Zhigang Hu − College of Animal Science and Technology, Northwest A&F University, Yangling, Shaanxi 712100, P. R. China; orcid.org/0000-0002-8280-8980

Complete contact information is available at: https://pubs.acs.org/10.1021/acs.jafc.5c01995

Notes

The authors declare no competing financial interest.

ACKNOWLEDGMENTS

This work was supported by The Project of Technology Innovation Guidance Program in Shaanxi Province (2022QFY12-06), Breeding of new breeds of livestock and poultry—Lueyang Chickens (K3031222058), Breeding of new breeds of livestock and poultry—Lueyang Chickens in 2023 (K3031223079), Breeding of new breeds of livestock and poultry—Lueyang Chickens in 2024 (K3031224044), and China Agriculture Research System of MOF and MARA (CARS-42-2).

ABBREVIATIONS

ALA: α -linolenic acid; ADIPOQ: adiponectin; IMF: intramuscular fat; IMCL: intramyocellular lipids; PUFAs: polyunsaturated fatty acids; LA: linoleic acid; NAFLD: nonalcoholic fatty liver disease; DEGs: differentially expressed genes; MF: molecular function; BP: biological process; CC: cellular component; T2DM: type 2 diabetes mellitus; PG: prostaglandins; NASH: nonalcoholic steatohepatitis; HFD: high-fat diet

REFERENCES

(1) Makagon, M. M.; Riber, A. B. Setting research driven duckwelfare standards: a systematic review of Pekin duck welfare research. *Poultry Sci.* **2022**, *101*, No. 101614.

(2) Zhang, F.; Zhu, F.; Yang, F.; Hao, J.; Hou, Z. Genomic selection for meat quality traits in Pekin duck. *Anim. Genet.* 2022, *53*, 94–100.
(3) Fan, W.; Liu, W.; Liu, H.; Meng, Q.; Xu, Y.; Guo, Y.; Wang, B.; Zhou, Z.; Hou, S. Dynamic accumulation of fatty acids in duck (*Anas platyrhynchos*) breast muscle and its correlations with gene expression. *BMC Genomics* 2020, *21*, No. 58.

(4) Bosma, M. Lipid droplet dynamics in skeletal muscle. *Exp. Cell Res.* 2016, 340, 180–186.

(5) Wołoszyn, J.; Haraf, G.; Okruszek, A.; Werenska, M.; Goluch, Z.; Teleszko, M. Fatty acid profiles and health lipid indices in the breast muscles of local Polish goose varieties. *Poultry Sci.* **2020**, *99*, 1216–1224.

(6) Zhang, X.; Deng, Y.; Ma, J.; Hu, S.; Hu, J.; Hu, B.; Liu, H.; Li, L.; He, H.; Wang, J. Effects of different breeds/strains on fatty acid composition and lipid metabolism-related genes expression in breast muscle of ducks. *Poultry Sci.* **2022**, *101*, No. 10183.

(7) Sena, C. M.; Pereira, A.; Fernandes, R.; Letra, L.; Seica, R. M. Adiponectin improves endothelial function in mesenteric arteries of rats fed a high-fat diet: role of perivascular adipose tissue. *Br. J. Pharmacol.* **2017**, *174*, 3514–3526.

(8) Holland, W. L.; Miller, R. A.; Wang, Z. V.; Sun, K.; Barth, B. M.; Bui, H. H.; Davis, K. E.; Bikman, B. T.; Halberg, N.; Rutkowski, J. M.; Wade, M. R.; Tenorio, V. M.; Kuo, M.; Brozinick, J. T.; Zhang, B. B.; Birnbaum, M. J.; Summers, S. A.; Scherer, P. E. Receptor-mediated activation of ceramidase activity initiates the pleiotropic actions of adiponectin. *Nat. Med.* **2011**, *17*, 55–63.

(9) Zhang, C. Y.; Wang, Z.; Bruce, H. L.; Janz, J.; Goddard, E.; Moore, S.; Plastow, G. S. Associations between single nucleotide polymorphisms in 33 candidate genes and meat quality traits in commercial pigs. *Anim. Genet.* **2014**, *45*, 508–516.

(10) Cirera, S.; Jensen, M. S.; Elbrond, V. S.; Moesgaard, S. G.; Christoffersen, B. O.; Kadarmideen, H. N.; Skovgaard, K.; Bruun, C. V.; Karlskov-Mortensen, P.; Jorgensen, C. B.; Fredholm, M. Expression studies of six human obesity-related genes in seven tissues from divergent pig breeds. *Anim. Genet.* **2014**, *45*, 59–66.

(11) He, Z.; Chen, Q.; Ouyang, Q.; Hu, J.; Shen, Z.; Hu, B.; Hu, S.; He, H.; Li, L.; Liu, H.; Wang, J. Transcriptomic analysis of the thyroid and ovarian stroma reveals key pathways and potential candidate genes associated with egg production in ducks. *Poultry Sci.* **2023**, *102*, No. 102292.

(12) Choi, S. R.; Lim, J. H.; Kim, M. Y.; Kim, E. N.; Kim, Y.; Choi, B. S.; Kim, Y.; Kim, H. W.; Lim, K.; Kim, M. J.; Park, C. W. Adiponectin receptor agonist AdipoRon decreased ceramide, and lipotoxicity, and ameliorated diabetic nephropathy. *Metabolism* **2018**, *85*, 348–360.

(13) Schindler, M.; Pendzialek, M.; Grybel, K. J.; Seeling, T.; Guerke, J.; Fischer, B.; Santos, A. N. Adiponectin stimulates lipid metabolism via AMPK in rabbit blastocysts. *Hum. Reprod.* 2017, 32, 1382–1392.

(14) Mutinda, E. S.; Mkala, E. M.; Dong, X.; Yang, J.; Waswa, E. N.; Nanjala, C.; Odago, W. O.; Hu, G.; Wang, Q. Comparative Genomics, Phylogenetics, Biogeography, and Effects of Climate Change on *Toddalia asiatica* (L.) Lam. (Rutaceae) from Africa and Asia. *Plants* **2022**, *11*, No. 231.

(15) Mutinda, E. S.; Kimutai, F.; Mkala, E. M.; Waswa, E. N.; Odago, W. O.; Nanjala, C.; Ndungu, C. N.; Gichua, M. K.; Njire, M. M.; Gituru, R. W.; Hu, G. Ethnobotanical uses, phytochemistry and pharmacology of pantropical genus *Zanthoxylum* L. (Rutaceae): An update. *J. Ethnopharmacol.* **2023**, 303, No. 115895.

(16) Tian, J.; Tian, L.; Chen, M.; Chen, Y.; Wei, A. Low Temperature Affects Fatty Acids Profiling and Key Synthesis Genes Expression Patterns in *Zanthoxylum bungeanum* Maxim. *Int. J. Mol. Sci.* **2022**, *23*, No. 2319.

(17) Huang, X.; Yuan, Z.; Liu, X.; Wang, Z.; Lu, J.; Wu, L.; Lin, X.; Zhang, Y.; Pi, W.; Cai, D.; Chu, F.; Wang, P.; Lei, H. Integrative multi-omics unravels the amelioration effects of *Zanthoxylum bungeanum* Maxim. on non-alcoholic fatty liver disease. *Phytomedicine* **2023**, *109*, No. 154576.

(18) Peng, W.; He, C.; Li, R.; Qian, D.; Wang, L.; Chen, W. W.; Zhang, Q.; Zhang, Q.; Wu, C. *Zanthoxylum bungeanum* amides ameliorates nonalcoholic fatty liver via regulating gut microbiota and activating AMPK/Nrf2 signaling. *J. Ethnopharmacol.* **2024**, *318*, No. 116848.

(19) Sun, J.; Sun, B.; Ren, F.; Chen, H.; Zhang, N.; Zhang, Y. Characterization of Key Odorants in Hanyuan and Hancheng Fried Pepper (*Zanthoxylum bungeanum*) Oil. J. Agric. Food Chem. **2020**, 68, 6403–6411.

(20) Song, C. H.; Oh, S. M.; Lee, S.; Choi, Y.; Kim, J. D.; Jang, A.; Kim, J. The ratio of dietary n-3 polyunsaturated fatty acids influences the fat composition and lipogenic enzyme activity in adipose tissue of growing pigs. *Food Sci. Anim. Resour.* **2020**, *40*, 242–253.

(21) Nong, Q. Y.; Wang, L. Y.; Zhou, Y. B.; Sun, Y.; Chen, W. T.; Xie, J. T.; Zhu, X. D.; Shan, T. Z. Low dietary n-6/n-3 PUFA ratio regulates meat quality, reduces triglyceride content, and improves fatty acid composition of meat in Heigai pigs. *Animals* **2020**, *10*, No. 1543.

(22) Wang, L. Y.; Zhang, S.; Huang, Y. Q.; You, W. J.; Zhou, Y. B.; Chen, W. T.; Sun, Y.; Yi, W. Z.; Sun, H. W.; Xie, J. T.; Zhu, X. D.; Zheng, Q. K.; Shan, T. Z. CLA improves the lipo-nutritional quality of pork and regulates the gut microbiota in Heigai pigs. *Food Funct.* **2022**, *13*, 12093–12104.

(23) Wang, L. Y.; Huang, Y. Q.; Wang, Y. Z.; Shan, T. Z. Effects of polyunsaturated fatty acids supplementation on the meat quality of pigs: a meta-analysis. *Front. Nutr.* **2021**, *8*, No. 746765.

(24) Zhang, Y.; Cao, Z.; Wang, L.; Dong, B.; Qi, S.; Xu, X.; Bao, Q.; Zhang, Y.; Xu, Q.; Chang, G.; Chen, G. Effects of linseed oil supplementation duration on fatty acid profile and fatty acid metabolism-related genes in the muscles of Chinese crested white ducks. *Poultry Sci.* **2023**, *102*, No. 102896.

(25) Enser, M.; Richardson, R. I.; Wood, J. D.; Gill, B. P.; Sheard, P. R. Feeding linseed to increase the *n*-3 PUFA of pork: fatty acid composition of muscle, adipose tissue, liver and sausages. *Meat Sci.* **2000**, 55, 201–212.

(26) Egila, N. S. H. A.; Dosoky, W. M.; Khisheerah, N. S. M.; Ahmed, M. H.; Zahran, S. M.; Almohmadi, N. H.; Abusudah, W. F.; Kamal, M.; Moustafa, M.; Tellez-Isaias, G.; Al-Shehri, M.; Abd El-Hack, M. E. Does dietary linseed or canola oil affect lipid metabolism, immunity, and n-3 polyunsaturated fatty acids content in quail eggs? *Poultry Sci.* **2023**, *102* (12), No. 103116.

(27) Williams, R. B. A compartmentalised model for the estimation of the cost of coccidiosis to the world's chicken production industry. *Int. J. Parasitol.* **1999**, *29*, 1209–1229.

(28) Li, X. X.; Qiu, J. M.; Liu, H. H.; Deng, Y.; Hu, S. Q.; Hu, J. W.; Wang, Y. S.; Wang, J. W. MicroRNA-33a negatively regulates myoblast proliferation by targeting IGF1, follistatin and cyclin D1. *Biosci. Rep.* **2020**, *40*, No. BSR20191327. (29) Liu, Y. B.; Xu, C.; Asiamah, C. A.; Ye, R. G.; Pan, Y. T.; Lu, L. L.; Zhao, Z. H.; Jiang, P.; Su, Y. Decorin regulates myostatin and enhances proliferation and differentiation of embryonic myoblasts in Leizhou black duck. *Gene* **2021**, *804*, No. 145884.

(30) Mishra, S. K.; Chen, B.; Zhu, Q.; Xu, Z.; Ning, C.; Yin, H.; Wang, Y.; Zhao, X.; Fan, X.; Yang, M.; Yang, D.; Ni, Q.; Li, Y.; Zhang, M.; Li, D. Transcriptome analysis reveals differentially expressed genes associated with high rates of egg production in chicken hypothalamic-pituitary-ovarian axis. *Sci. Rep.* **2020**, *10*, No. 5976.

(31) Yang, Y.; Yang, C.; Zhuang, Z.; Mao, J.; Chen, A.; Zhou, T.; Bai, H.; Jiang, Y.; Chang, G.; Wang, Z. RNA-Seq analysis revealed circRNAs and genes associated with abdominal fat deposition in ducks. *Animals* **2024**, *14*, No. 260.

(32) Yang, C.; Ding, Y.; Dan, X.; Shi, Y.; Kang, X. Multitranscriptomics reveals RLMF axis-mediated signaling molecules associated with bovine feed efficiency. *Front. Vet. Sci.* **2023**, *10*, No. 1090517.

(33) Ding, Y.; Zhang, S.; Guo, Q.; Leng, J. Mitochondrial diabetes is associated with the *ND4* G11696A mutation. *Biomolecules* **2023**, *13*, No. 907.

(34) Lagarde, M.; Guichardant, M.; Bemoud-Hubac, N.; Calzada, C.; Vericel, E. Oxygenation of polyunsaturated fatty acids and oxidative stress within blood platelets. *Biochim. Biophys. Acta, Mol. Cell Biol. Lipids* **2018**, *1863*, 651–656.

(35) Ŷu, Q.; Li, C.; Niu, Q.; Wang, J.; Che, Z.; Lei, K.; Ren, H.; Ma, B.; Ren, Y.; Luo, P.; Fan, Z.; Zhang, H.; Liu, Z.; Tipoe, G. L.; Xiao, J. Hepatic COX1 loss leads to impaired autophagic flux and exacerbates nonalcoholic steatohepatitis. *Acta Pharm. Sin. B* **2023**, *13*, 2628–2644.

(36) Sae-tan, S.; Rogers, C. J.; Lambert, J. D. Voluntary exercise and green tea enhance the expression of genes related to energy utilization and attenuate metabolic syndrome in high fat fed mice. *Mol. Nutr. Food Res.* **2014**, *58*, 1156–1159.

(37) Yang, L.; Yang, Y.; Si, D.; Shi, K.; Liu, D.; Meng, H.; Meng, F. High expression of long chain acyl-coenzyme A synthetase 1 in peripheral blood may be a molecular marker for assessing the risk of acute myocardial infarction. *Exp. Ther. Med.* **201**7, *14*, 4065–4072.

(38) Zhao, Z.; Raza, S. H. A.; Tian, H.; Shi, B.; Luo, Y.; Wang, J.; Liu, X.; Li, S.; Bai, Y.; Hu, J. Effects of overexpression of ACSL1 gene on the synthesis of unsaturated fatty acids in adipocytes of bovine. *Arch. Biochem. Biophys.* **2020**, *695*, No. 108648.

(39) Teodoro, B. G.; Sampaio, I. H.; Bomfim, L. H. M.; Queiroz, A. L.; Silveira, L. R.; Souza, A. O.; Fernandes, A. M. A. P.; Eberlin, M. N.; Huang, T.; Zheng, D.; Neufer, P. D.; Cortright, R. N.; Alberici, L. C. Long-chain acyl-CoA synthetase 6 regulates lipid synthesis and mitochondrial oxidative capacity in human and rat skeletal muscle. *J. Physiol.* **2017**, *595*, 677–693.

(40) Williamson, D. L.; Rideout, T. C. Is ACSL6 at the crossroads of skeletal muscle lipid synthesis? *J. Physiol.* **2017**, *595*, 619–620.

(41) Jung, Y. H.; Bu, S. Y. Suppression of long chain acyl-CoA synthetase blocks intracellular fatty acid flux and glucose uptake in skeletal myotubes. *Biochim. Biophys. Acta, Mol. Cell Biol. Lipids* **2020**, 1865, No. 158678.

(42) Park, J. Y.; Lee, H. J.; Jang, H. B.; Hwang, J. Y.; Kang, J. H.; Han, B. G.; Lee, J. Y.; Song, J. Interactions between *ADIPOQ* gene variants and dietary monounsaturated: saturated fatty acid ratio on serum lipid levels in Korean children. *Nutr., Metab. Cardiovasc. Dis.* **2014**, *24*, 83–90.

(43) Chen, Y. R.; Li, Y. T.; Chen, Y. F.; Gong, J. Y.; Yang, J. Y.; Yu, H. T.; Xu, W. H.; Piao, C. J.; Xie, L. Pre-pregnant overweight interacts with *ADIPOQ* genetic variants to influence polyunsaturated fatty acids in human milk. *Biomed. Environ. Sci.* **2023**, *36*, 635–638.

(44) An, Q.; Zhou, H.; Hu, J.; Luo, Y.; Hickford, J. G. H. Haplotypes of the ovine adiponectin gene and their association with growth and carcass traits in New Zealand romney lambs. *Genes* **2017**, *8*, No. 160. (45) Jacobi, S. K.; Ajuwon, K. M.; Weber, T. E.; Kuske, J. L.; Dyer, C. J.; Spurlock, M. E. Cloning and expression of porcine adiponectin, and its relationship to adiposity, lipogenesis and the acute phase response. *J. Endocrinol.* **2004**, *182*, 133–144.

(46) Polyzos, S. A.; Kountouras, J.; Mantzoros, C. S. Adipokines in in nonalcoholic fatty liver disease. *Metabolism* **2016**, *65*, 1062–1079. (47) Sakane, S.; Hikita, H.; Shirai, K.; Myojin, Y.; Sasaki, Y.; Kudo, S.; Fukumoto, K.; Mizutani, N.; Tahata, Y.; Makino, Y.; Yamada, R.; Kodama, T.; Sakamori, R.; Tatsumi, T.; Takehara, T. White adipose tissue autophagy and adipose-liver crosstalk exacerbate nonalcoholic fatty liver disease in mice. *Cell. Mol. Gastroenterol. Hepatol.* **2021**, *12*, 1683–1699.

(48) van Weeghel, M.; Abdurrachim, D.; Nederlof, R.; Argmann, C. A.; Houtkooper, R. H.; Hagen, J.; Nabben, M.; Denis, S.; Ciapaite, J., Jr.; Kolwicz, S. C.; Lopaschuk, G. D.; Auwerx, J.; Nicolay, K.; Des Rosiers, C.; Wanders, R. J.; Zuurbier, C. J.; Prompers, J. J.; Houten, S. M. Increased cardiac fatty acid oxidation in a mousemodel with decreasedmalonyl-CoA sensitivity of CPT1B. *Cardiovasc. Res.* **2018**, *114*, 1324–1334.

(49) Takada, I.; Makishima, M. Peroxisome proliferator-activated receptor agonists and antagonists: a patent review (2014-present). *Expert Opin. Ther. Pat.* **2020**, *30*, 1–13.

(50) Hu, P.; Li, K.; Peng, X.; Kan, Y.; Li, H.; Zhu, Y.; Wang, Z.; Li, Z.; Liu, H.; Cai, D. Nuclear receptor PPAR α as a therapeutic target in diseases associated with lipid metabolism disorders. *Nutrients* **2023**, *15*, No. 4772.

(51) Wang, L.; Dong, B.; Yang, T.; Zhang, A.; Hu, X.; Wang, Z.; Chang, G.; Chen, G. Dietary linseed oil affects the polyunsaturated fatty acid and transcriptome profiles in the livers and breast muscles of ducks. *Front. Nutr.* **2022**, *9*, No. 1030712.

(52) Pepino, M. Y.; Kuda, O.; Samovski, D.; Abumrad, N. A. Structure-function of CD36 and importance of fatty acid signal transduction in fat metabolism. *Annu. Rev. Nutr.* **2014**, *34*, 281–303.

(53) Cai, S.; Wang, X.; Xu, R.; Liang, Z.; Zhu, Q.; Chen, M.; Lin, Z.; Li, C.; Duo, T.; Tong, X.; Li, E.; He, Z.; Liu, X.; Chen, Y.; Mo, D. KLF4 regulates skeletal muscle development and regeneration by directly targeting P57 and *Myomixer*. *Cell Death Dis.* **2023**, *14*, No. 612.

(54) Cao, C.; Cai, Y.; Li, Y.; Li, T.; Zhang, J.; Hu, Z.; Zhang, J. Characterization and comparative transcriptomic analysis of skeletal muscle in female Pekin duck and Hanzhong Ma duck during different growth stages using RNA-seq. *Poultry Sci.* 2023, *102*, No. 103122.

(55) Saxton, R. A.; Sabatini, D. M. mTOR Signaling in growth, metabolism, and disease. *Cell* **201**7, *168*, 960–976.

(56) Krause, M. P.; Liu, Y.; Vu, V.; Chan, L.; Xu, A.; Riddell, M. C.; Sweeney, G.; Hawke, T. J. Adiponectin is expressed by skeletal muscle fibers and influences muscle phenotype and function. *Am. J. Physiol.: Cell Physiol.* **2008**, 295, C203–C212.

(57) Xiang, L.; Huang, Z.; Chen, X.; Jia, G.; Liu, G.; Zhao, H. Leucine regulates porcine muscle fiber type transformation via adiponectin signaling pathway. *Anim. Biotechnol.* **2022**, *33*, 330–338. (58) Jiang, Q. Y.; Cheng, X. F.; Cui, Y. Y.; Xia, Q.; Yan, X. Y.; Zhang,

M. Y.; Lan, G. Q.; Liu, J. Q.; Shan, T. Z.; Huang, Y. N. Resveratrol regulates skeletal muscle fibers switching through the AdipoR1-AMPK-PGC-1 α pathway. *Food Funct.* **2019**, *10*, 3334–3343.

(59) Brandstetter, A. M.; Picard, B.; Geay, Y. Regional variations of muscle fibre characteristics in M-semitendinosus of growing cattle. *JJ. Muscle Res. Cell Motil.* **1997**, *18*, 57–62.

(60) Leveille, G. A.; Romsos, D. R.; Yeh, Y.; O'Hea, E. K. Lipid biosynthesis in the chick. A consideration of site of synthesis, influence of diet and possible regulatory mechanisms. *Poultry Sci.* **1975**, *54*, 1075–1093.

(61) Chanmugam, P.; Boudreau, M.; Boutte, T.; Park, R. S.; Hebert, J.; Berrio, L.; Hwang, D. H. Incorporation of different types of n-3 fatty-acids into tissue-lipids of poultry. *Poultry Sci.* **1992**, *71*, 516–521.

(62) Crespo, N.; Esteve-Garcia, E. Nutrient and fatty acid deposition in broilers fed different dietary fatty acid profiles. *Poultry Sci.* **2002**, *81*, 1533–1542.

(63) Shahid, M. S.; Wu, Y.; Xiao, Z.; Raza, T.; Dong, X.; Yuan, J.Duration of the flaxseed diet promotes deposition of n-3 fatty acids in the meat and skin of Peking ducks *Food Nutr. Res.* 2019; Vol. 63 .

(64) Seike, M.; Ashida, H.; Yamashita, Y. Dietary flaxseed oil induces production of adiponectin in visceral fat and prevents obesity in mice. *Nutr. Res.* **2024**, *121*, 16–27.

(65) Roy, S.; Rawat, A. K.; Sammi, S. R.; Devi, U.; Singh, M.; Gautam, S.; Yadav, R. K.; Rawat, J. K.; Singh, L.; Ansari, M. N.; Saeedan, A. S.; Pandey, R.; Kumar, D.; Kaithwas, G. Alpha-linolenic acid stabilizes HIF-1 α and downregulates FASN to promote mitochondrial apoptosis for mammary gland chemoprevention. *ONCOTARGET* **2017**, *8*, 70049–70071.

(66) Dietary Reference Intakes For China.; Chinese Nutrition Society, 2013.

(67) Jiang, M.; Man, W.; Zhang, X.; Zhang, X.; Duan, Y.; Lin, J.; Zhang, Y.; Cao, Y.; Wu, D.; Shu, X.; Xin, L.; Wang, H.; Zhang, X.; Li, C.; Gu, X.; Zhang, X.; Sun, D. Adipsin inhibits Irak2 mitochondrial translocation and improves fatty acid β -oxidation to alleviate diabetic cardiomyopathy. *Mil. Med. Res.* **2023**, *10*, No. 63.

(68) Warodomwichit, D.; Shen, J.; Arnett, D. K.; Tsai, M. Y.; Kabagambe, E. K.; Peacock, J. M.; Hixson, J. E.; Straka, R. J.; Province, M. A.; An, P.; Lai, C.; Parnell, L. D.; Borecki, I. B.; Ordovas, J. M. *ADIPOQ* polymorphisms, monounsaturated fatty acids, and obesity risk: the goldn study. *Obesity* **2009**, *17*, 510–517.

(69) Kouba, M.; Mourot, J. A review of nutritional effects on fat composition of animal products with special emphasis on n-3 polyunsaturated fatty acids. *Biochimie* **2011**, *93*, 13–17.

(70) Wang, J.; Li, Y. CD36 tango in cancer: signaling pathways and functions. *Theranostics* **2019**, *9*, 4893–4908.

(71) Neels, J. G.; Grimaldi, P. A. Physiological functions of peroxisome proliferator-activated receptor β . *Physiol. Rev.* **2014**, *94*, 795–858.

(72) Rodriguez-Cruz, M.; Solis Serna, D. Nutrigenomics of to ω -3 fatty acids: Regulators of the master transcription factors. *Nutrition* **2017**, 41, 90–96.

(73) Liu, W. M.; Shi, F. X.; Lu, L. Z.; Zhang, C.; Liu, Y. L.; Zhang, J.; Tao, Z. R.; Shen, J. D.; Li, G. Q.; Wang, D. Q.; Li, J. J.; Tian, Y. Effects of linoleic acid and eicosapentaenoic acid on cell proliferation and lipid-metabolism gene expression in primary duck hepatocytes. *Mol. Cell. Biochem.* **2011**, 352, 19–24.

(74) Ouchi, N.; Kihara, S.; Arita, Y.; Nishida, M.; Matsuyama, A.; Okamoto, Y.; Ishigami, M.; Kuriyama, H.; Kishida, K.; Nishizawa, H.; Hotta, K.; Muraguchi, M.; Ohmoto, Y.; Yamashita, S.; Funahashi, T.; Matsuzawa, Y. Adipocyte-derived plasma protein, adiponectin, suppresses lipid accumulation and class A scavenger receptor expression in human monocyte-derived macrophages. *Circulation* **2001**, *103*, 1057–1063.

(75) Yamauchi, T.; Kamon, J.; Waki, H.; Terauchi, Y.; Kubota, N.; Hara, K.; Mori, Y.; Ide, T.; Murakami, K.; Tsuboyama-Kasaoka, N.; Ezaki, O.; Akanuma, Y.; Gavrilova, O.; Vinson, C.; Reitman, M. L.; Kagechika, H.; Shudo, K.; Yoda, M.; Nakano, Y.; Tobe, K.; Nagai, R.; Kimura, S.; Tomita, M.; Froguel, P.; Kadowaki, T. The fat-derived hormone adiponectin reverses insulin resistance associated with both lipoatrophy and obesity. *Nat. Med.* **2001**, *7*, 941–946.

(76) Yamauchi, T.; Kamon, J.; Minokoshi, Y.; Ito, Y.; Waki, H.; Uchida, S.; Yamashita, S.; Noda, M.; Kita, S.; Ueki, K.; Eto, K.; Akanuma, Y.; Froguel, P.; Foufelle, F.; Ferre, P.; Carling, D.; Kimura, S.; Nagai, R.; Kahn, B. B.; Kadowaki, T. Adiponectin stimulates glucose utilization and fatty-acid oxidation by activating AMPactivated protein kinase. *Nat. Med.* **2002**, *8*, 1288–1295.

(77) Yoon, M. J.; Lee, G. Y.; Chung, J.; Ahn, Y. H.; Hong, S. H.; Kim, J. B. Adiponectin increases fatty acid oxidation in skeletal muscle cells by sequential activation of AMP-activated protein kinase, p38 mitogen-activated protein kinase, and peroxisome proliferatoractivated receptor α . *Diabetes* **2006**, *55*, 2562–2570.

(78) Bogie, J. F. J.; Haidar, M.; Kooij, G.; Hendriks, J. J. A. Fatty acid metabolism in the progression and resolution of CNS disorders. *Adv. Drug Delivery Rev.* **2020**, *159*, 198–213.

(79) Koh, H.-J.; Hirshman, M. F.; He, H.; Ll, Y.; Manabe, Y.; Balschi, J. A.; Goodyear, L. J. Adrenaline is a critical mediator of acute exercise-induced AMP-activated protein kinase activation in adipocytes. *Biochem. J.* **2007**, *403*, 473–481.

(80) Grahame Hardie, D. AMP-activated protein kinase: a key regulator of energy balance with many roles in human disease. *J. Int. Med.* **2014**, *276*, 543–559.

(81) Yan, Y.; Zhou, X. E.; Xu, H. E.; Melcher, K. Structure and physiological regulation of AMPK. *Int. J. Mol. Sci.* **2018**, *19*, No. 3534.

(82) Wright, D. C.; Hucker, K. A.; Holloszy, J. O.; Han, D. H. Ca²⁺ and AMPK both mediate stimulation of glucose transport by muscle contractions. *Diabetes* **2004**, *53*, 330–335.

(83) Wojtaszewski, J.; MacDonald, C.; Nielsen, J. N.; Hellsten, Y.; Hardie, D. G.; Kemp, B. E.; Kiens, B.; Richter, E. A. Regulation of 5'AMP-activated protein kinase activity and substrate utilization in exercising human skeletal muscle. *Am. J. Physiol.: Endocrinol. Metab.* **2003**, 284, E813–E822.

(84) Shan, T. Z.; Zhang, P. P.; Bi, P. P.; Kuang, S. H. Lkb1 deletion promotes ectopic lipid accumulation in muscle progenitor cells and mature muscles. *J. Cell. Physiol.* **2015**, *230*, 1033–1041.

(85) Liang, Y. X.; Zhang, Z.; Tu, J. Y.; Wang, Z. B.; Gao, X. X.; Deng, K. P.; El-Samahy, M. A.; You, P. H.; Fan, Y. X.; Wang, F. γ -Linolenic acid prevents lipid metabolism disorder in palmitic acidtreated alpha mouse liver-12 cells by balancing autophagy and apoptosis via the LKB1-AMPK-mTOR pathway. *J. Agric. Food Chem.* **2021**, *69*, 8257–8267.

(86) Wood, J. D.; Enser, M.; Fisher, A. V.; Nute, G. R.; Sheard, P. R.; Richardson, R. I.; Hughes, S. I.; Whittington, F. M. Fat deposition, fatty acid composition and meat quality: A review. *Meat Sci.* **2008**, *78*, 343–358.