

Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus COVID-19. The COVID-19 resource centre is hosted on Elsevier Connect, the company's public news and information website.

Elsevier hereby grants permission to make all its COVID-19-related research that is available on the COVID-19 resource centre - including this research content - immediately available in PubMed Central and other publicly funded repositories, such as the WHO COVID database with rights for unrestricted research re-use and analyses in any form or by any means with acknowledgement of the original source. These permissions are granted for free by Elsevier for as long as the COVID-19 resource centre remains active.

Table 1

Patient Clinical Characteristics, Treatments Received, and Clinical Outcomes

Patient #	1	2	3	4	5	6
Age, sex CU index—histamine release (%) Biopsy results	38, Female <16	50, Male 79 Mixed (neut/eos) (on prednisone and omalizumab)	24, Female 55 Eosinophilic predominant	33, Male >50	55, Female	47, Female 96 Mixed (neut/eos) (on omalizumab)
Serum total IgE level (kU/L)	2	omanzumab)	12			20
Duration of CSU before start of omalizumab (mo)	5	5	8	3	3	5
Daily systemic steroid use before omalizumab	Yes	Yes	No	No	Yes	No
Daily systemic steroid use during omalizumab without CsA	Yes	Yes	No	No	Yes	No
Weeks of omalizumab before CsA initiation	20	24	12	16	32	28
CsA starting dose (mg/kg/d)	1.1 (very low)	1.5 (very low)	2.5 (low)	2.8 (low)	3.0 (low)	3.7 (low)
CsA dose at clinical resolution, UAS7 = $0 (mg/kg/d)$	2.2 (low)	1.5 (very low)	3.8 (low)	3.5 (low)	3.0 (low)	3.7 (low)
Lowest effective CsA maintenance dose, UAS7 = 0 (mg/kg/d)	0.7 (very low)	1.5 (very low)	1.9 (very low)	2.1 (low)	0.2 (very low)	0.4 (very low)
Time to clinical resolution on concomitant therapy (wk)	12	1	24	8	2	1
Total duration of CsA treatment (wk)	36	4	44	24	66 ^a	70 ^b
Random CsA serum level(s) (µg/L)	59/300/48/35/75/35/ 112	113	28/50	142/149/72/100	192/56/<25	70/74/<25/62/33/25
Most recent regimen	CsA Omalizumab Fexofenadine (03/2020)	Omalizumab ^c (09/2018)	Omalizumab ^d (2017)	Fexofenadine (03/2020)	Omalizumab Fexofenadine (03/2020)	CsA ^b Omalizumab Levocetirizine (03/2020)

Abbreviations: CsA, cyclosporine; CU, chronic urticaria; eos, eosinophilic; IgE, immunoglobulin E; kU, kilounits; neut, neutrophilic; UAS7, urticaria activity score over 7 days. ^aBreakthrough hives during taper requiring an increase in dose and then prolonged taper.

^bContinues to require intermittent very-low- to low-dose courses (<3 mg/kg/d).

^cPatient 1 was lost to follow-up 1 year after CsA cessation.

^dPatient 2 was lost to follow-up 2 months after CsA cessation.

patients who have not responded to at least 12 weeks of omalizumab. Formative studies are required to confirm the efficacy and safety of these findings.

Jake D. Rosenblum, DO*

Stacy Nassau, MD

Luz Fonacier, MD[†]

- Stephanie L. Mawhirt, DO[†]
- *Department of Internal Medicine

[†]Division of Allergy and Immunology NYU-Winthrop Hospital

Mineola, New York

Witheola, New Ior

stephanie.mawhirt@nyulangone.org

References

- Bernstein JA, Lang DM, Khan DA, et al. The diagnosis and management of acute and chronic urticaria: 2014 update. J Allergy Clin Immunol. 2014;133(5): 1270–1277.
- Staevska M, Popov TA, Kralimarkova T, et al. The effectiveness of levocetirizine and desloratadine in up to 4 times conventional doses in difficult-to-treat urticaria. J Allergy Clin Immunol. 2010;125(3):676–682.

- Sánchez J, Zakzuk J, Cardona R. Evaluation of a guidelines-based approach to the treatment of chronic spontaneous urticaria. J Allergy Clin Immunol Pract. 2018;6(1):177–182.e1.
- Kaplan A, Ledford D, Ashby M, et al. Omalizumab in patients with symptomatic chronic idiopathic/spontaneous urticaria despite standard combination therapy. J Allergy Clin Immunol. 2013;132(1):101–109.
- Maurer M, Rosén K, Hsieh HJ, et al. Omalizumab for the treatment of chronic idiopathic or spontaneous urticaria. N Engl J Med. 2013;368(10):924–935.
- 6. Saini SS, Bindslev-Jensen C, Maurer M, et al. Efficacy and safety of omalizumab in patients with chronic idiopathic/spontaneous urticaria who remain symptomatic on H1 antihistamines: a randomized, placebo-controlled study [published correction appears in J Invest Dermatol. 2015;135(3):925]. J Invest Dermatol. 2015;135(1):67–75.
- Zhao ZT, Ji CM, Yu WJ, et al. Omalizumab for the treatment of chronic spontaneous urticaria: a meta-analysis of randomized clinical trials. J Allergy Clin Immunol. 2016;137(6):1742–1750.e4.
- Kaplan A, Ferrer M, Bernstein JA, et al. Timing and duration of omalizumab response in patients with chronic idiopathic/spontaneous urticaria. J Allergy Clin Immunol. 2016;137(2):474–481.
- Kulthanan K, Chaweekulrat P, Komoltri C, et al. Cyclosporine for chronic spontaneous urticaria: a meta-analysis and systematic review. J Allergy Clin Immunol Pract. 2018;6(2):586–599.
- Serhat Inaloz H, Ozturk S, Akcali C, Kirtak N, Tarakcioglu M. Low-dose and shortterm cyclosporine treatment in patients with chronic idiopathic urticaria: a clinical and immunological evaluation. J Dermatol. 2008;35(5):276–282.

The clinical observation of a patient with common variable immunodeficiency diagnosed as having coronavirus disease 2019



Disclosures: The authors have no conflicts of interest to report. **Funding:** The authors have no funding sources to report. Dr Fill, Dr Hadney, and Dr Graven contributed equally to this work. In December 2019, a novel coronavirus, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), was first reported in the Wuhan region of China.¹ SARS-CoV-2, known to cause coronavirus disease 2019 (COVID-19), is a beta coronavirus with structural

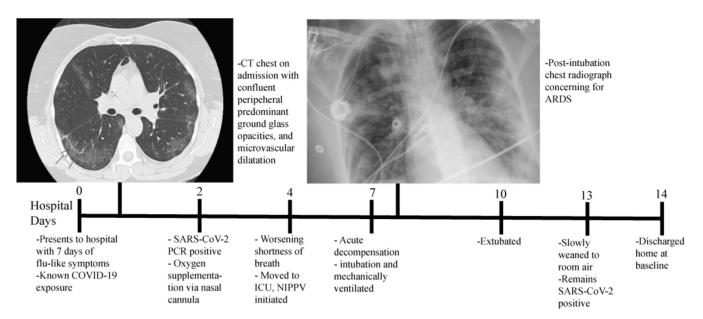


Figure 1. The timeline of considerable events during a patient's hospitalization. ACRS, acute respiratory distress syndrome; CT, computed tomography; COVID-19, coronavirus disease 2019; ICU, intensive care unit; NIPPV, nasal intermittent positive pressure ventilation; PCR, polymerase chain reaction; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2.

similarities to severe acute respiratory syndrome coronavirus (SARS-CoV).^{1,2} Because of the rapid spread of the disease, the World Health Organization declared a pandemic on March 11, 2020.^{1,2} The spectrum of disease severity ranges from asymptomatic to life-threatening with complications such as end-organ damage and acute respiratory distress syndrome (ARDS).^{3,4} According to the Centers for Disease Control and Prevention, SARS-CoV-2 is more likely to cause severe disease in people older than 65 years old, those with comorbid conditions (including chronic respiratory disease), and those who are immunocompromised, among others.⁴ Here, we describe the first clinical observation of COVID-19 in a patient with common variable immunodeficiency (CVID) treated with intravenous immunoglobulin replacement (IVIG) who fully recovered from the severe disease despite increased risk.

A 53-year-old woman presented to the emergency department with 7 days of intermittent fever of up to 38°C, chills, myalgia, generalized fatigue, headache, nonproductive cough, pleuritic chest pain, and mild shortness of breath. Her partner had recently received positive results for SARS-CoV-2 and was hospitalized for pneumonia. A review of the patient's past medical history revealed she had CVID with stable bronchiectasis and normal absolute lymphocyte count. She was on monthly IVIG with her last infusion being 4 days before presenting to the emergency department. She also had breast cancer in remission on daily tamoxifen, hypothyroidism, and Sjogren's syndrome on a dose of 200 mg hydroxychloroquine twice daily.

On admission, physical examination revealed the patient to be afebrile with a blood pressure of 100/58 mmHg, a heart rate of 70 beats per minute, a respiratory rate of 17 breaths per minute, and an oxygen saturation of 94% on room air. She was alert and oriented with pertinent physical examination findings of coarse crackles in bilateral lung fields without wheezing, rhonchi, or increased work of breathing. A chest computed tomography performed in the emergency department revealed multifocal opacities, confluent peripheral-predominant ground-glass opacities, and evidence of microvascular dilatation, as shown in Figure 1. The laboratory examination on admission indicated leukopenia with a white blood cell count of 2.8 x 10⁹ cells/L with a decreased absolute lymphocyte count of 0.77 x 10⁹/L that was initially normal at 1.42 x 10⁹/L 11 days before. Routine blood tests, electrolytes, renal function, liver function, and serum procalcitonin were within the normal range. Her C-reactive protein was higher than the normal at 16.66 mg/dL. The total serum immunoglobulin levels included an immunoglobulin G of 1710 mg/dL (within normal range), immunoglobulin M of 33 mg/dL (low), and immunoglobulin A of <7 mg/dL (undetectable). The antigen test results for influenza A and B and respiratory syncytial virus were negative. The patient was admitted with suspected SARS-CoV-2, with pending results for nasopharyngeal swab test for SARS-CoV-2 by polymerase chain reaction assay, and was administered ceftriaxone and doxycycline because of concern of possible superimposed bacterial pneumonia.

On hospital day 2, the patient required oxygen supplementation through a nasal cannula. Her swab results revealed positive for SARS-CoV-2 and supplemental IVIG of 500 mg/kg was given. The patient's home hydroxychloroquine dose was increased from 200 mg twice daily to 200 mg thrice daily. Consideration was given to start azithromycin but was deferred given her history of an adverse drug reaction.

On hospital day 4, the patient experienced progressive shortness of breath with an increasing requirement for oxygen supplementation. She was transferred to the intensive care unit and placed on noninvasive positive pressure ventilation with continuous positive airway pressure. Her oxygen requirements progressively decreased until day 7 when she acutely decompensated and required mechanical ventilation. Subsequent chest radiography findings revealed evidence of ARDS, as shown in Figure 1. The patient remained intubated for 3 days before she was successfully extubated. During the next 4 days, she improved clinically and oxygen supplementation was weaned to room air. The SARS-CoV-2 nasopharyngeal polymerase chain reaction results remained positive on hospital day 13. She was discharged home the next day. Several potential treatments have emerged including the use of chloroquine antimalarial therapy. Hydroxychloroquine, an analog of chloroquine, has been found to have anti–SARs-CoV activity in vitro.⁵ Our patient's home dose was increased from 200 mg hydroxychloroquine twice daily to 200 mg thrice daily during her hospitalization; it is unknown whether the dosing regimen affected the course of her disease. The patient received IVIG before admission and was further supplemented during hospitalization. These infusions were not derived from plasma with SARS-CoV-2 antibodies and limited evidence of its efficacy is currently available.⁶

Recently, COVID-19 pneumonia developed in 2 patients in Italy with x-linked agammaglobulinemia that did not require intensive care or mechanical ventilation.⁶ Similar to our patient, they were on long-term IVIG with normal immunoglobulin G levels at the time of diagnosis and received additional IVIG during hospitalization. In contrast, ARDS developed in our patient and required mechanical ventilation. It can be speculated that the Bruton's tyrosine kinase mutation may have further protected those patients from experiencing the severe inflammatory disease.⁶ As we learn more about SARS-CoV-2 and the course of disease in patients with different primary immunodeficiencies, we will likely gain valuable knowledge of the immune system's response to COVID-19.

Immunosuppression may be beneficial in preventing mortality, increasing syndromes of hyperinflammation and cytokine storm brought about by COVID-19 activating host immune responses, including interleukin (IL)-2, IL-6, IL-7, ferritin, and tumor necrosis factor-alpha among others.⁷ It is unknown whether a cytokine storm developed in our patient because markers were not evaluated; however, she developed ARDS, signifying pulmonary hyperinflammation. The patient fully recovered despite her immunodeficiency and underlying lung disease and did not require extended ventilatory support. It is undetermined whether our patient's inability to mount a full immune response, immunoregulation with long-term hydroxychloroquine for her autoimmune disease and IVIG for her CVID, and tamoxifen therapy altogether affected the pathogenesis of SARS-CoV-2 with resultant favorable outcome in this patient. It is unknown whether the addition of tocilizumab, an IL-6 inhibitor, would have offered further protective

benefit. We describe the first clinical observation of COVID-19 infection in a patient with CVID, bronchiectasis, and autoimmune disease on chronic hydroxychloroquine and her recovery.

Lauren Fill, DO* Lauren Hadney, DO* Kelsey Graven, DO[†] Roberta Persaud, MD[‡] Robert Hostoffer, DO[§] *Department of Internal Medicine University Hospitals St. John Medical Center Westlake, Ohio [†]Allergy and Immunology Fellowship Department of Pulmonary and Critical Care Medicine University Hospitals Cleveland Medical Center Cleveland, Ohio [‡]Department of Infectious Disease University Hospitals St. John Medical Center Westlake, Ohio [§]Allergy and Immunology Associates Inc. Mayfield Heights, Ohio gravenke@gmail.com

References

- 1. Harapan H, Itoh N, Yufika A, et al. Coronavirus disease 2019 (COVID-19): A literature review. J Infect Public Health. 2020;13(5):667–673.
- Shaker MS, Oppenheimer J, Grayson M, et. al. COVID-19: pandemic contingency planning for the allergy and immunology clinic [e-pub ahead of print]. J Allergy Clin Immunol Pract. 2020;S2213-2198(20)30253-1. https://doi.org/10.1016/j. jaip.2020.03.012, accessed April 20, 2020.
- Sohrabi C, Alsafi Z, O'Neill N, et al. World Health Organization declares global emergency: a review of the 2019 novel coronavirus (COVID-19). Int J Surg. 2020;76:71–76.
- Centers for Disease Control and Prevention. Coronavirus disease 2019 (COVID-19). Available at: https://www.cdc.gov/coronavirus/2019-ncov/needextra-precautions/people-at-higher-risk.html. Accessed April 16, 2020.
- Perinel S, Launay M, Botelho-Nevers E, et al. Towards optimization of hydroxychloroquine dosing in intensive care unit COVID-19 patients [e-pub ahead of print]. Clin Infect Dis. https://doi.org/10.1093/cid/ciaa394, accessed April 15, 2020.
- Soresina A, Moratto D, Chiarini M, et al. Two X-linked agammaglobulinemia patients develop pneumonia as COVID-19 manifestation but recover [e-pub ahead of print]. Pediatr Allergy Immunol. https://doi.org/10.1111/pai.13263, accessed April 28, 2020.
- Mehta P, McAuley DF, Brown M, et al. COVID-19: consider cytokine storm syndromes and immunosuppression. *Lancet.* 2020;395(10229):1033–1034.