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To investigate the effects of $(1\rightarrow 3)$ - β -D-glucan after inhalation, animals were exposed to different forms of glucan and the number of lung lavage cells was determined 24 h after exposure. None of the different forms assayed caused any increase in cell numbers. In animals exposed to endotoxin, all types of cells were increased after 24 h. A simultaneous exposure to curdlan reduced this increase in a dose-related fashion. The results suggest that $(1\rightarrow 3)$ - β -D-glucan-related acute injury to the lung is induced by mechanisms other than those induced by inflam magenic agents such as endotoxin.

Keywords: A nim al exposure, $(1 \rightarrow 3)$ - β -D-glucan, endotox in

Inhalation toxicity of $(1\rightarrow 3)$ - β -D-glucan: recent advances

Birgitta Fogelmark^{1,CA}, Margareta Sjöstrand¹, David Williams² and Ragnar Rylander¹

¹Department of Environmental Medicine, University of Gothenburg, Medicinaregatan 16, S-413 90 Gothenburg, Sweden, and ²Department of Surgery, James H. Quillen College of Medicine, Johnson City, Tennessee, USA

^{CA}Corresponding author

Tel: +46 31 773 3621 Fax: +41 31 825004

Email: birgitta.fogelmark@envmed.gu.se

Introduction

There is accumulating evidence that airborne microbial cell-wall agents are important risk factors for the development of respiratory disease in general and in occupational environments [1]. Whereas the effects of one such agent, bacterial endotoxin, are relatively well understood [2-4] another agent, $(1\rightarrow 3)$ - β -D-glucan, has not yet been widely researched for inhalation toxicity.

As $(1\rightarrow 3)$ - β -D-glucans are present in many different organic dusts, the effects after inhalation are of particular interest. Acute inhalation studies on β -D-glucan have used curdlan, a non-branched water-insoluble $(1\rightarrow 3)$ - β -D-glucan. In contrast to effects seen after endotoxin inhalation, exposure to cudlan does not induce a neutrophil invasion into the airways [5]. Furthermore, the endotoxin-induced neutrophil invasion was reported to be depressed in animals pre-exposed to curdlan [5].

In another experiment, animals were exposed for 5 weeks to an aerosol of curdlan, endotoxin or a combination [6]. The repeated exposure to curdlan caused no neutrophil invasion, but endotoxin induced a slight increase in the total number of inflammatory cells. When both curdlan and endotoxin were given together, a marked inflammatory response was present, both in the airways and the lung parenchyma.

It has also been shown that the endotoxin-boosted immunoglobulin G antibody response to inhaled ovalbumin is blocked by a simultaneous exposure to curdlan (R. Rylander, P.G. Holt, manuscript submitted for publication). Taken together, these data suggest that although curdlan interferes with the normal functioning of the defense system of the lung, it does not cause an acute neutrophil inflammation.

Further work has been concerned with the interference of $(1\rightarrow 3)$ - β -D-glucan on the defense mechanisms of the lung, in terms of the inflammatory response elicited by endotoxin. Here we report work on suppression of the endotoxin-induced neutrophil response and on the dose of curdlan. Data on the inhalation effects of different forms of $(1\rightarrow 3)$ - β -D-glucan are also presented.

Materials and methods

We used full-grown guinea pigs in the experiments. They were kept in an exposure cage and subjected to a continuous-flow aerosol. Different forms of $(1\rightarrow 3)$ - β -D-glucan and endotoxin (*Escherichia coli* 026:B6, Difco Laboratories, Detroit, Michigan, USA) were suspended in water (100 and 25 µg/ml, respectively) and placed in a Collison spray for aerosolization. The animals were exposed to $(1\rightarrow 3)$ - β -D-glucan for 4 h and to endotoxin for 40 min.

After the exposure, the animals were given a lethal injection of sodium pentothal intraperitoneally and a lung lavage was performed according to a technique described previously [6]. The lavage fluid was

Table 1. Inflammatory cells $(\times 10^6/g \text{ lung})$ in lung lavage 24 h after exposure to different forms of $(1\rightarrow 3)$ - β -D-glucan $(100~\mu\text{g/m l})$

Exposure	Macrophages	Lymphocytes	Neutrophils	Eosinophils
Control Curdlan Schizophyllan Pullalan Particulate glucan Barley glucan Grifolan Grifolan*	2.3 (0.4)	0.1 (0.1)	0.09 (0.05)	0.7 (0.3)
	2.6 (1.6)	0.2 (0.2)	0.05 (0.04)	2.3 (1.2)
	1.7 (0.8)	0.0 (0.0)	0.02 (0.01)	0.7 (0.3)
	1.6 (0.8)	0.1 (0.1)	0.07 (0.07)	1.7 (1.1)
	2.0 (0.7)	0.1 (0.5)	0.07 (0.02)	1.3 (0.7)
	3.0 (0.9)	0.1 (0.1)	0.02 (0.02)	1.7 (0.8)
	5.5 (1.8)	0.1 (0.1)	0.04 (0.04)	1.9 (0.6)
	4.1 (2.0)	0.0 (0.0)	0.02 (0.01)	1.4 (0.5)

Values are means (SD), $n = 5.*1000 \,\mu\text{g/m}\,\text{l}$.

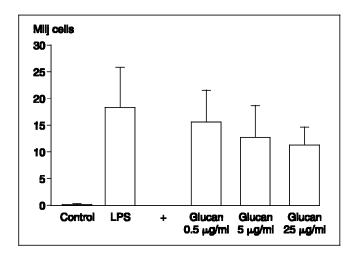


FIG.1. Lung lavage neutrophils (×10⁶/g lung) 24 h after 40 min of exposure to endotoxin (LPS, lipopolysaccharide) and 4 h of exposure to curdlan at different doses.

centrifuged and stained, and then a differential count of the free lung cells was performed.

Results

Table 1 shows the cellular response after exposure to different forms of $(1 \rightarrow 3)$ - β -D-glucan. None elicited a change in the number of different cell types.

The endotoxin-induced neutrophil invasion into the airways after different doses of curdlan is shown in Fig. 1. Depression of the neutrophil influx after endotoxin exposure was dose-related to the amount of curdlan. A similar depression was found for eosinophils (data not shown).

Discussion

The results from these experiments confirm earlier results indicating that curdlan does not cause neutrophilia in the airways after a single inhalation. Similar results were obtained when other forms of $(1\rightarrow 3)$ -

β-D-glucan were used. However, there is evidence that some forms of $(1 \rightarrow 3)$ - β -D-glucan may cause an inflammatory response when administered through routes other than inhalation. Sakurai et al. [7] injected a highly branched $(1 \rightarrow 3)$ - β -D-glucan isolated from Sclerotinia sclerotiorum intravenously in mice. Several functions of pulmonary macrophages, such as lysosomal enzyme activity and cytokine production, were elevated 1 day after the exposure and interferon-γ messenger RNA expression was elevated in lung tissue. In in vitro studies on murine peritoneal macrophages, Okazaki et al. [8] demonstrated an increase in hydrogen peroxide production after exposure to zymosan but not after exposure to gel-forming $(1 \rightarrow 3)$ β-D-glucans. In a later publication [9], it was suggested that the branching ratio and molecular weight were important determinators for the induction of cytokine production. Similar findings were reported by Ohno et al. [10], who showed that the in vitro production of tumor necrosis factor-α, nitric oxide and hydrogen peroxide by mouse peritoneal macrophages was related to the single helix configuration of the $(1 \rightarrow 3)$ - β -D-glucan. They also showed that the $(1 \rightarrow 3)$ β-D-glucan receptor binding was strongest for the triple helix configuration, which suggests that differences in the configuration of $(1 \rightarrow 3)$ - β -D-glucan will cause different effects. Further work is required to determine whether the depression in ovalbumin antibody formation by curdlan, which we have observed (unpublished data), is also elicited by the $(1 \rightarrow 3)$ - β -D-glucans that induce inflammation or whether the two processes are independent.

The present results confirm previous observations of a blocking effect on the neutrophil response after endotoxin exposure [5], and further demonstrate that this effect is dependent on the dose of curdlan. The mechanism is probably not related to the receptor function binding, as this is very specific for $(1 \rightarrow 3)$ - β -D-glucan. A more likely mechanism is an effect on macrophage function with a decreased secretion of chemotactic cytokines.

In summary, our results show that the effects of inhaled $(1\rightarrow 3)$ - β -D-glucan are complex and that the inflammatory and immune competent cells respond

differently to other agents when pretreated with glucan. This agent may therefore be an important factor in the development of pathological reactions in the lungs.

Acknowledgements

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