

**SHORT COMMUNICATION**

**Open Access**

# Looking a bit superficial to the pleura

Pablo Blanco<sup>1\*</sup> and Giovanni Volpicelli<sup>2</sup>

## Abstract

**Background:** The internal thoracic artery (ITA) is a descendant branch of the subclavian artery. The former is located bilaterally in both internal sides of the thorax near the sternum and is accompanied by two internal thoracic veins (ITV). From a practical point of view, the ITA (and the ITV) identification is important because these vessels can be injured when pericardiocentesis with the parasternal approach is used. Other advantage of the ITA recognition is to check the patency of the ITA grafts in coronary artery revascularized patients with new onset chest pain. The purpose of this article is to introduce a simple ultrasonographic technique for recognition of the aforementioned vessels and to highlight the utility of this finding in clinical practice.

**Findings:** With linear probe and along paraesternal line, the internal thoracic vessels are recognized on grayscale imaging as an anechoic tubular structure immediately anterior to pleural line. Color Doppler identifies a pulsatile (ITA) and a non-pulsatile (ITV) flow. Spectral Doppler normally shows a high resistance velocity profile in non-grafted ITA and a phasic flow in ITV. A biphasic low resistance velocity profile is normally expected in the grafted and permeable ITA.

**Conclusions:** The ITA (non-grafted) and ITV are recognized routinely along the parasternal line. The operators should identify these vessels when the parasternal approach pericardiocentesis is required and should also consider obtaining spectral Doppler images to check permeability of grafted ITA in coronary artery bypass graft patients with chest pain.

**Keywords:** Ultrasonography; Internal thoracic vessels; Pericardiocentesis; CABG

## Findings

The internal thoracic artery (ITA; also known as internal mammary artery) is a prescalenic collateral descendant branch of the subclavian artery. Its origin is medial with respect to the phrenic nerve (PN), and it is posterior regarding the venous brachiocephalic trunk (VBT). The ITA descends and reaches the lower edge of the VBT, where the PN is anteromedially located, and then the ITA is directed forward in search of the medial border of the first rib, where it is folded in an oblique inward journey to reach the vicinity of the lateral edge of the sternum, where it becomes downward again. In most cases, at the level of the sixth rib cartilage, it is divided into its two terminal branches: the superior epigastric and musculophrenic arteries (Figure 1) [1]. The ITA is accompanied by two internal thoracic veins (ITV; also known as internal mammary veins) which ascend medially

and laterally, respectively, and drains in the subclavian vein [2].

The importance of the ITA (specially the left artery) is largely recognized because it is often used for coronary artery bypass grafting (CABG) to bypass the left anterior descending or the circumflex artery [3].

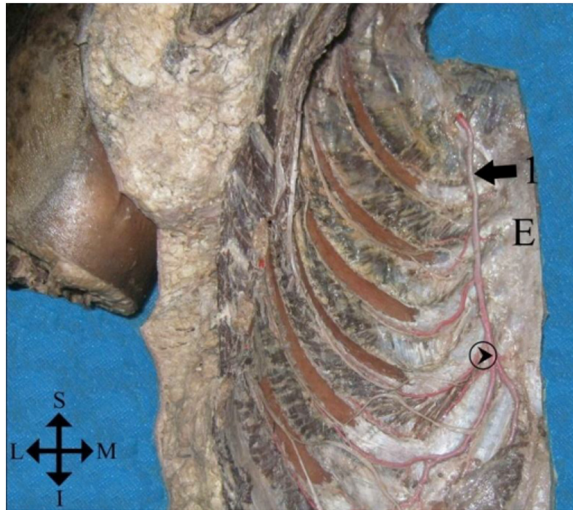
Another aspect of the ITA (and the ITV) is the possibility of needlestick injury when pericardiocentesis is practiced with the parasternal approach. This one can be especially necessary in anterior located pericardial effusions [4], when the largest pericardial fluid accumulation is closest to the chest wall [5,6] and finally when a longer path exists to reach the pericardial fluid from the subxiphoid approach [5]. Possible complications related to the ITA injury are pseudoaneurysm formation [7], ITA fistulas [6,8], bleeding into pericardium and mediastinum, and significant blood loss [4].

Although the occurrence of these complications have not been studied comparatively with the blind technique versus the ultrasound-guided procedure, in the large

\* Correspondence: ohtusabes@gmail.com

<sup>1</sup>Intensive Care Unit, Hospital Dr. Emilio Ferreyra, 4801, 59 St, Necochea 7630, Argentina

Full list of author information is available at the end of the article



**Figure 1** Cadaveric endo-thoracic view. Hemi-left anterior chest wall. E, sternum; I, internal thoracic artery; circle with arrow inside, ITA bifurcation. S, superior; L, lateral; M, medial; I, inferior [1].

study of Tsang et al. [9], the ITA puncture was reported in none of 122 ultrasound-guided pericardiocentesis performed by the parasternal approach (89 left parasternal, 39 right parasternal). Nagdev et al. [10] reported that the ITA is rarely in the path of the needle when performing the in-plane parasternal long technique for pericardiocentesis.

In a study of 60 embalmed specimens of anterior thoracic walls obtained from adult Indian cadavers of both sexes, it was observed that the ITA (both the right and left) near their terminal end approaches closer towards the lateral sternal border and suggests precautions while

performing emergency pericardiocentesis, preferably using real-time ultrasound guidance [11].

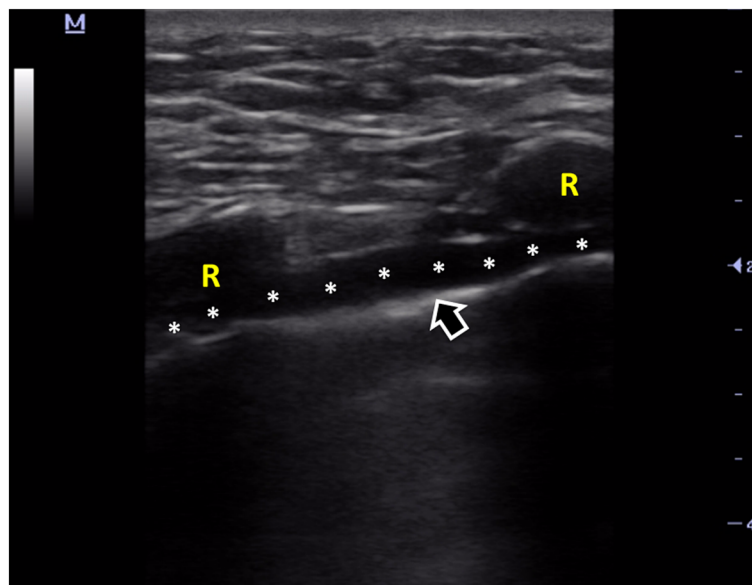
Finally, the ITA identification in post-CABG patients with new onset chest pain adds the possibility to check the permeability of the graft and assess coronary flow reserve [2,3,12-14].

#### Ultrasound technique for location of ITA and ITV

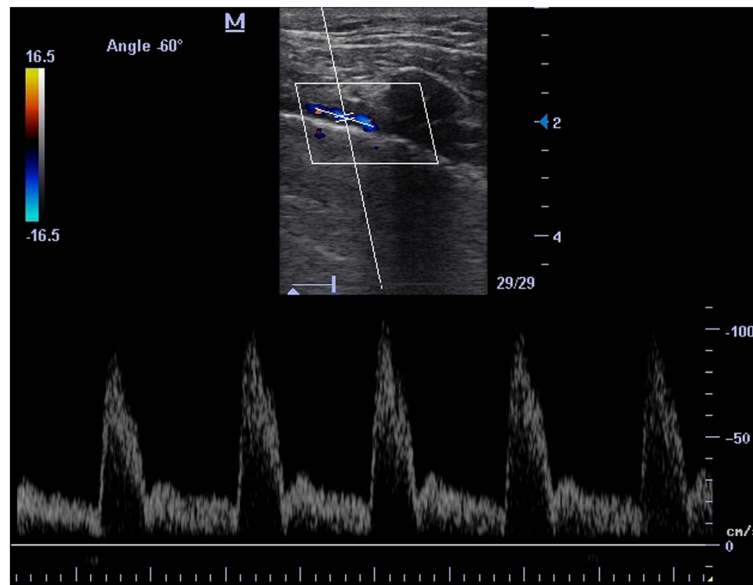
Previous publications described how to locate the ITA with phased array ultrasound transducers, especially when this vessel is used in CABG, usually bypassing the anterior descending artery [2,3,12-14]. Actually, with the use of thoracic ultrasound and high-frequency transducers, the ITA and the ITV are seen routinely along the parasternal line.

In two publications [4,10], the location of the ITA was described with high-frequency linear transducers but the technique, ultrasound anatomy, and Doppler findings were not extensively explained.

Technically, with linear probe (5 to 10 MHz) and in longitudinal view, following the pleural line (PL) from anterolateral to near the sternum (Additional file 1: Clip 1) in most of the cases, an anechoic tubular structure is superficially appreciated, immediately anterior to PL (Figure 2, Additional file 2: Clip 2). This corresponds to the internal thoracic vessels. From cephalic to caudal, the extent of these vessels is evident between the ribs and anterior to PL (Additional file 2: Clip 2). At color Doppler, a pulsatile (artery) or non-pulsatile (vein) flow can be seen (Additional file 3: Clip 3 and Additional file 4: Clip 4). When pulsed wave spectral Doppler (PW) is used (Figure 3), a high resistance velocity profile can be detected in the



**Figure 2** Internal thoracic vessels identification. Asterisks, internal thoracic vessels. R, ribs. Arrow, pleural line.



**Figure 3** PW of non-grafted ITA. Note the high resistance velocity profile.

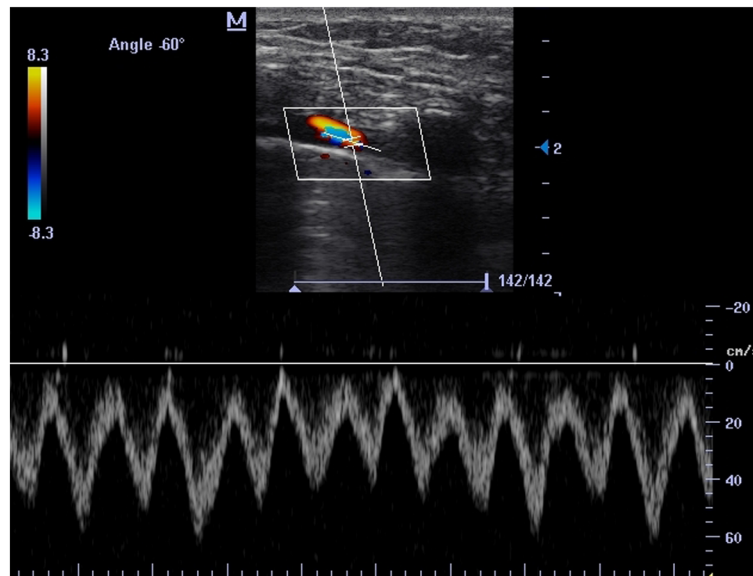
non-grafted artery (unless subclavian artery does not have a hemodynamically significant stenosis) and a phasic flow is shown in permeable ITV with transmitted pulsatility of the near ITA (Figure 4). In grafted and permeable ITA, a low resistance biphasic with predominantly diastolic flow is normally seen [2-4,12-14].

Due to the current technology of ultrasound transducers, it is possible to correctly find these vessels with convex probes, at the highest frequency allowed by the transducer, normally at 5 MHz. It is noteworthy that

resolution is not always optimal compared to linear probe.

#### Commentaries

There are no studies published to date addressing the feasibility of ultrasound for the recognition of the ITA and ITV along the parasternal line; nonetheless, in our clinical experience, non-grafted internal thoracic vessels are recognized in the total number of patients with the previously described technique. In grafted ITA, the



**Figure 4** PW of ITV. Phasic flow with transmitted pulsatility of the near ITA.

accuracy of the described ultrasound technique is not the same for the reason that the native course of the ITA is roughly modified by the surgical procedure [2]. This unknown accuracy of ultrasound along the parasternal line for the ITA recognition can be a good point for future research in centers with high volume of CABG patients with the grafted ITA.

According to the author's knowledge, there are no studies focused to the learning curve of the internal thoracic vessel recognition with the ultrasound technique. Due to the fact that the aforementioned technique is a simple modification of the widely described thoracic ultrasound method for the recognition of pneumothorax, it could be speculated that this learning curve is the same 'steep learning curve' described in the literature for pneumothorax diagnosis [15].

## Conclusion

The internal thoracic vessels are recognized routinely in all patients examined with high-frequency ultrasound transducer along the parasternal line. Puncture of these vessels cannot be a real complication of pericardiocentesis (parasternal approach) if they are properly recognized with ultrasound. Another potentiality of ultrasound identification of the ITA is to, non-invasively, assess the permeability of the ITA after CABG in addition to the evaluation of coronary flow reserve.

## Additional files

- Additional file 1: Clip 1.** Technique for localization of the internal thoracic vessels.
- Additional file 2: Clip 2.** Identification of the internal thoracic vessels superficial to the pleural line.
- Additional file 3: Clip 3.** Color Doppler identification of the ITA.
- Additional file 4: Clip 4.** Color Doppler identification of the ITV.

## Abbreviations

ITA: internal thoracic artery; PN: phrenic nerve; VBT: venous brachiocephalic trunk; ITV: internal thoracic veins; CABG: coronary artery bypass grafting; PL: pleural line; PW: pulsed wave spectral Doppler.

## Competing interests

The authors declare that they have no competing interests.

## Authors' contributions

PB observed the cases and collected the videos and conceived and wrote the manuscript. GV contributed to the writing the manuscript. Both authors read and approved the final manuscript.

## Acknowledgements

The authors would like to thank Mrs. Celeste Bruno for the language guidance.

## Author details

<sup>1</sup>Intensive Care Unit, Hospital Dr. Emilio Ferreyra, 4801, 59 St, Necochea 7630, Argentina. <sup>2</sup>Emergency Medicine, San Luigi Gonzaga University Hospital, Turin 10043, Italy.

Received: 28 January 2014 Accepted: 29 July 2014  
Published: 22 August 2014

## References

1. Fernández Aramburu J, Villegas J, Mas L, Froján D, Gaillard JM, Loccisano M (2012) Anatomical demonstration of the internal thoracic artery and its implication in the myocardial revascularization surgery. *Rev Arg Anat Onl* 3(3):86–91, [http://www.anatomia-argentina.com.ar/RevArgAnatOnl-2012-3\(3\)-p86-esplacno-fernandezaramburu-full.pdf](http://www.anatomia-argentina.com.ar/RevArgAnatOnl-2012-3(3)-p86-esplacno-fernandezaramburu-full.pdf). Accessed 13 June 2013
2. Pârv A, Ober C, Bindea D, Duncea C (2013) Transthoracic Doppler echocardiography of the left internal mammary artery graft. *Med Ultrason* 15(1):45–50
3. Ehsam JE, Spittell PC, Seward JB (1998) Internal mammary artery: 100% visualization with new ultrasound technology. *J Am Soc Echocardiogr* 11(1):10–12
4. Kronzon I, Glassman LR, Tunick PA (2003) Avoiding the left internal mammary artery during anterior pericardiocentesis. *Echocardiography* 20(6):533–534
5. Tsang TSM, Freeman WK, Sinak LJ, Seward JB (1998) Echocardiographically guided pericardiocentesis: evolution and state-of-the-art technique. *Mayo Clin Proc* 73:647–652
6. Maisch B, Seferović PM, Ristić AD, Erbel R, Rienmüller R, Adler Y, Tomkowski WZ, Thiene G, Yacoub MH (2004) Guidelines on the diagnosis and management of pericardial diseases executive summary; the Task Force on the Diagnosis and Management of Pericardial Diseases of the European Society of Cardiology. *Eur Heart J* 25(7):587–610
7. Mehra S, Buch A, Truong CN, Moshiri M, Shriki JE, Bhargava P (2014) Post-traumatic internal mammary artery pseudoaneurysm: a rare complication of pericardiocentesis. *Radiology Case Reports (Online)* 1:931, <http://radiology.casereports.net/index.php/rcr/article/viewArticle/931/1198>. Accessed 23 April 2014
8. Silverstein R, Crumbo D, Long DL, Kokko JP, Hull AR, Vergne-Marini P (1978) Iatrogenic arteriovenous fistula. An unusual complication of indwelling pericardial catheter and intrapericardial steroid instillation for the treatment of uremic pericarditis. *Arch Intern Med* 138(2):308–310
9. Tsang TS, Enriquez-Sarano M, Freeman WK, Barnes ME, Sinak LJ, Gersh BJ, Bailey KR, Seward JB (2002) Consecutive 1127 therapeutic echocardiographically guided pericardiocenteses: clinical profile, practice patterns, and outcomes spanning 21 years. *Mayo Clin Proc* 77(5):429–436
10. Nagdev A, Mantuani D (2013) A novel in-plane technique for ultrasound-guided pericardiocentesis. *Am J Emerg Med* 31(9):1424, e5–9
11. Pai NV, Ambiyev MV, Bhoir MM (2013) Relation of internal thoracic artery to lateral sternal border and its significance in clinical procedures. *Int J Biol Med Res* 4(4):3633–3636
12. Mauric A, De Bono DP, Samani NJ, Spyt TJ, Hartshone T, Evans DH (1994) Transcutaneous ultrasound assessment of internal thoracic artery to coronary artery grafts in patients with and without ischaemic symptoms. *Br Heart J* 72:476–481
13. Crowley JJ, Shapiro LM (1995) Noninvasive assessment of left internal mammary artery graft patency using transthoracic echocardiography. *Circulation* 92:25–30
14. Chirillo F, Bruni A, Balestra G, Cavallini C, Olivari Z, Thomas JD, Sritoni P (2001) Assessment of internal mammary artery and saphenous vein graft patency and flow reserve using transthoracic Doppler echocardiography. *Heart* 86:424–443
15. Volpicelli G, Elbarbary M, Blaivas M, Lichtenstein DA, Mathis G, Kirkpatrick AW, Melniker L, Gargani L, Noble VE, Via G, Dean A, Tsung JW, Soldati G, Copetti R, Bouhemad B, Reissig A, Agricola E, Rouby JJ, Arbelot C, Liteplo A, Sargsyan A, Silva F, Hoppmann R, Breikreutz R, Seibel A, Neri L, Storti E, Petrovic T (2012) International evidence-based recommendations for point-of-care lung ultrasound. *Intensive Care Med* 38(4):577–591

doi:10.1186/s13089-014-0013-1

Cite this article as: Blanco and Volpicelli: Looking a bit superficial to the pleura. *Critical Ultrasound Journal* 2014 **6**:13.