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RESEARCH ARTICLE

Suppressive effect of AMP-activated protein kinase on the epithelial-mesenchymal transition in retinal pigment epithelial cells

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Abstract

The epithelial-mesenchymal transition (EMT) in retinal pigment epithelial (RPE) cells plays a central role in the development of proliferative vitreoretinopathy (PVR). The purpose of this study was to investigate the effect of AMP-activated protein kinase (AMPK), a key regulator of energy homeostasis, on the EMT in RPE cells. In this study, EMT-associated formation of cellular aggregates was induced by co-stimulation of cultured ARPE-19 cells with tumor necrosis factor (TNF)- α (10 ng/ml) and transforming growth factor (TGF)- β_2 (5 ng/ml). 5-Aminoimidazole-4-carboxamide-1-β-D-ribofuranoside (AICAR), a potent activator of AMPK, significantly suppressed TNF- α and TGF- β_2 -induced cellular aggregate formation (p < 0.01). Dipyridamole almost completely reversed the suppressive effect of AICAR, whereas 5'-amino-5'-deoxyadenosine restored aggregate formation by approximately 50%. AICAR suppressed the downregulation of E-cadherin and the upregulation of fibronectin and α -smooth muscle actin by TNF- α and TGF- β_2 . The levels of matrix metalloproteinase (MMP)-2, MMP-9, interleukin-6, and vascular endothelial growth factor were significantly decreased by AICAR. Activation of the mitogen-activated protein kinase and mammalian target of rapamycin pathways, but not the Smad pathway, was inhibited by AICAR. These findings indicate that AICAR suppresses the EMT in RPE cells at least partially via activation of AMPK. AMPK is a potential target molecule for the prevention and treatment of PVR, so AICAR may be a promising candidate for PVR therapy.

Introduction

Proliferative vitreoretinopathy (PVR) is one of the severe complications that can arise after rhegmatogenous retinal detachment surgery or ocular trauma. PVR is characterized by the formation of contractile fibrous membranes that cause severe tractional retinal detachment and make it difficult to reattach the retina [1]. Retinal pigment epithelial (RPE) cells are a major component of the proliferative membrane [2] and play a central role in the pathogenesis of

PVR since migration and aberrant proliferation of these cells are essential for its development [3].

The epithelial-mesenchymal transition (EMT) is a process through which epithelial cells acquire a mesenchymal phenotype, and is associated with various physiological processes such as embryogenesis, as well as with pathological conditions such as tumor metastasis and fibrosis of various organs [4–6]. The EMT also plays a central role in the development of PVR, during which RPE cells undergo the EMT and transdifferentiate into myofibroblasts expressing α -smooth muscle actin (α -SMA) that produces a contractile force [7–10]. Therefore, suppressing EMT of RPE cells is considered to be a potential treatment strategy for PVR.

AMP-activated protein kinase (AMPK) consists of a catalytic subunit (α) and two regulatory subunits (β and γ), and it is a major energy sensor in eukaryotic cells. Binding of AMP to the Bateman domains on the γ subunit promotes phosphorylation at a threonine residue (Thr172) on the α subunit, inhibits dephosphorylation by protein phosphatases, and causes allosteric activation of the phosphorylated kinase. Through these three mechanisms, an increase of the AMP concentration activates AMPK, resulting in enhancement of energy production via glucose and lipid metabolism, while inhibiting anabolic processes [11–13]. In addition to its energy-sensing function, there is emerging evidence that AMPK suppresses the EMT in various types of cells, such as tubular epithelial cells [14,15], breast cancer cells [16], lung adenocarcinoma cells [17], and bronchial epithelial cells [18]. However, little has been reported regarding the effect of AMPK on RPE cells. Therefore, we performed the present study to investigate the effect of AMPK on the EMT and associated changes in RPE cells.

Materials and methods

Experimental reagents

Anti-fibronectin antibody and horseradish peroxidase-conjugated rabbit anti-goat IgG antibody were purchased from Abcam (Cambridge, MA, USA), FITC-conjugated anti- α -SMA antibody was purchased from Sigma (St. Louis, MO, USA), and all other antibodies were obtained from Cell Signaling (Beverly, MA, USA). Recombinant human tumor necrosis factor (TNF)- α and transforming growth factor (TGF)- β_2 were purchased from PeproTech (Rocky Hill, NJ, USA) and R&D Systems (Minneapolis, MN, USA), respectively. 5-Aminoimidazole-4-carboxamide-1- β -D-ribofuranoside (AICAR) was obtained from Toronto Research Chemicals (North York, ON Canada). Dipyridamole (DPY) and 5'-amino-5'-deoxyadenosine (AMDA) were obtained from Sigma (St. Louis, MO, USA).

Cell culture and EMT-associated cellular aggregate formation

A human retinal pigment epithelial cell line (ARPE-19) was obtained from the American Type Culture Collection (Manassas, VA, USA) and maintained in Dulbecco's modified Eagle's medium-nutrient mixture F-12 HAM (Sigma) containing 10% fetal bovine serum and 1% penicillin and streptomycin (Life Technologies, Grand Island, NY, USA) under a humidified atmosphere containing 5% CO₂ at 37°C. The cells were plated on 35 mm dishes at a density of 3×10^4 cells/cm², grown to preconfluence, and starved of serum for 24 h before experiments were performed.

It has been reported that ARPE-19 cells became spindle-shaped and gathered together to form piled up cellular aggregates after culture for 48–72 h in the presence of both TNF- α and TGF- β_2 , with these aggregates being termed EMT-associated fibrotic deposits [19]. We induced these cellular aggregates according to the method described by the authors, and utilized this phenomenon as an in vitro model of the EMT.

Enzyme-linked immunosorbent assay (ELISA)

The levels of matrix metalloproteinase (MMP)-2, MMP-9, interleukin (IL)-6, and vascular endothelial growth factor (VEGF) in culture medium were determined by using quantitative ELISA kits (R&D Systems) according to the manufacturer's instructions. Assay values were normalized for the protein level in cell lysates.

Western blot analysis

Western blot analysis was performed according to method described previously [20] using the following antibodies: anti-acetyl CoA carboxylase (ACC) (1:1000), anti-phospho-ACC (1:1000), anti-glyceraldehyde 3-phosphate dehydrogenase (GAPDH) (1:1000), anti-E-cadherin (1:1000), anti-fibronectin (1:5000), anti-extracellular signal-related kinase (ERK)1/2 (1:1000), anti-phospho-ERK1/2 (1:2000), anti-p38 MAPK (1:1000), anti-phospho-p38 MAPK (1:1000), anti-stress-activated protein kinase/c-Jun N-terminal kinase (SAPK/JNK) (1:1000), anti-phospho-SAPK/JNK (1:1000), anti-Smad2 (1:1000), anti-phospho-Smad2 (1:1000), anti-phospho-Smad3 (1:1000), anti-phospho-Smad2 (1:1000), anti-Phospho-mTOR (1:1000), anti-Raptor (1:1000), anti-phospho-Raptor (1:1000), anti-Tuberin/tuberous sclerosis complex 2 (TSC2) (1:1000), anti-phospho-Tuberin/TSC2 (1:1000), anti-phospho-p70 S6 kinase (p70S6K) (Thr389) (1:1000), and anti-phospho-4E-BP1 (Ser65) (1:1000). Bands were analyzed by using ImageJ software (National Institutes of Health, Bethesda, MD, USA).

Immunocytochemistry

ARPE-19 cells were seeded and cultured on 8-well chamber slides (Thermo Fisher Scientific, Rochester, NY, USA). The cells were fixed with 4% paraformaldehyde for 10 minutes, permeabilized with 0.1% Triton X-100 for 10 minutes, blocked with 1% bovine serum albumin (Sigma) for 1 h at room temperature, and then incubated with FITC-conjugated anti- α -SMA antibody (1:100) overnight at 4°C. After being washed with phosphate-buffered saline, the nuclei were counterstained with 4',6-diamidino-2-phenylindole (DAPI) (Life Technologies). Then the cells were mounted with Fluorescent Mounting Medium (Dako, Carpinteria, CA, USA) and examined using a Zeiss LSM 780 confocal laser scanning microscope (Carl Zeiss, Germany).

Statistical analysis

All experiments were performed in triplicate unless otherwise noted. The t-test was used for two-group comparisons, while one-way analysis of variance (ANOVA) was employed for multiple samples. In all analyses, P < 0.05 was considered to indicate statistical significance.

Results

TNF- α and TGF- β_2 cooperatively induce aggregate formation by cultured ARPE-19 cells

It has been reported that stimulation of ARPE-19 cells with both TNF- α and TGF- β_2 leads to formation of cellular aggregates that have been termed EMT-associated fibrotic deposits [19]. To confirm the conditions necessary for aggregate formation, we first stimulated ARPE-19 cells with various concentrations of TNF- α (0, 1, 5, and 10 ng/ml) and TGF- β_2 (0, 1, 5, and 10 ng/ml). As shown in Fig 1A, few aggregates were observed when cells were stimulated by either TNF- α or TGF- β_2 alone. However, the combination of TNF- α and TGF- β_2 , especially at concentrations of 5 ng/ml or more, strongly induced the formation of aggregates. Microscopic



Fig 1. TNF- α **/TGF-** β_2 **-induced aggregate formation by ARPE-19 cells.** (A) ARPE-19 cells were cultured in the absence or presence of the indicated concentrations of TNF- α and TGF- β_2 for 48 h. Left panel, Representative photos. Right panel, Magnified images of the cells growing as a flat monolayer or piled up in aggregates. Scale bars = 200 µm (left panel) and 40 µm (right panel). (B) The number of cellular aggregates per microscopic field was counted and analyzed (n = 5). **, p < 0.01; NS, not significant. Error bars, S.E.

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observation revealed that cultured ARPE-19 cells originally grew as a flat monolayer, but gathered together to form contractile foci after stimulation. In addition, F-actin cytoskeleton was reorganized and actin stress fibers were formed (S1 Fig). Fig 1B shows the number of cellular aggregates per microscopic field. No aggregates were observed when RPE cells were cultured in the presence of TGF- β_2 alone. On the other hand, 5 ng/ml TNF- α alone induced a few aggregates, while aggregates were markedly enhanced when the cells were concomitantly incubated with 5 ng/ml TGF- β_2 (p < 0.01). Based on these findings and the previous report [19], subsequent experiments were conducted using 10 ng/ml TNF- α plus 5 ng/ml TGF- β_2 (TNF- α /TGF- β_2) to stimulate RPE cells.

AICAR suppresses TNF- α /TGF- β_2 -induced aggregate formation

We investigated the effect of AICAR (an AMPK activator) on formation of aggregates by ARPE-19 cells, as well as the effects of two AICAR inhibitors (DPY and AMDA). The effect of these reagents on AMPK was evaluated by monitoring the phosphorylation of ACC, a wellknown substrate of AMPK. As shown in Fig 2A, co-stimulation with TNF- α /TGF- β_2 did not affect the phosphorylation of ACC. AICAR increased the phosphorylation of ACC, while DPY and AMDA inhibited it, indicating that these reagents regulated the activation of AMPK. As shown in Fig 2B and 2C, incubation of RPE cells with TNF- α /TGF- β_2 significantly induced the formation of aggregates (p < 0.01), while aggregate formation was dramatically suppressed by AICAR (p < 0.01). DPY inhibits adenosine transporters to prevent AICAR from entering cells. Incubation of RPE cells with DPY almost completely restored aggregate formation after it had been suppressed by AICAR (p < 0.01), indicating that this effect of AICAR is mediated by intracellular pathways. AMDA blocks the conversion of AICAR to ZMP (a monophosphorylated form that activates AMPK by mimicking AMP) by inhibiting adenosine kinases, and it also significantly inhibited the suppressive effect of AICAR, although its effect was approximately half that of DPY. These results suggest that AICAR suppressed aggregate formation by ARPE-19 cells at least partly via the activation of AMPK. Furthermore, we also studied the effect of DMEM/F-12 medium, which is known to promote the fibroblastic phenotype, on ARPE-19 cells. The resulting cellular aggregates in DMEM were fewer and appeared to be milder than those in DMEM/F-12. Moreover, it was evident that TNF- α /TGF- β_2 significantly elevated the number of aggregates in DMEM and DMEM/F-12 media, while AICAR significantly suppressed it (S2 Fig). Therefore, this suggested that the suppressive effect of AICAR on EMT was independent of culture medium.

AICAR suppresses induction of the EMT by TNF- α /TGF- β_2

Formation of aggregates by RPE cells is considered to be an indicator of the EMT-associated fibrotic response [19]. Therefore, we focused on the effect of AICAR on the EMT and evaluated the expression of EMT-related proteins. As shown in Fig 3A, incubation of RPE cells with TNF- α /TGF- β_2 induced the downregulation of E-cadherin (a well-known epithelial marker protein), indicating the occurrence of the EMT. Pretreatment of cells with AICAR significantly restored E-cadherin expression (p < 0.01). Similarly, the expression of RPE65 and cellular retinaldehyde-binding protein (CRALBP), RPE-specific markers, was decreased by TNF- α /TGF- β_2 , while it was restored by AICAR (S3 Fig). On the other hand, expression of fibronectin (a representative mesenchymal marker) was upregulated by TNF- α /TGF- β_2 , while it was significantly suppressed by AICAR (p < 0.01) (Fig 3B). RPE cells are known to undergo transdifferentiation into myofibroblasts via the EMT and express α -SMA [9], so we next investigated the expression of α -SMA. As shown in Fig 3C, α -SMA expression was strongly enhanced by





Fig 2. Effect of AICAR on TNF-α/TGF-β₂-induced aggregate formation. (A) Phosphorylation of ACC in whole cell lysates was examined by western blot analysis. GAPDH was used as a loading control. (B) ARPE-19 cells were cultured with or without TNF-α and TGF-β₂, AICAR, DPY, or AMDA for 48 h. Representative photos are shown. Scale bars = 500 µm. (C) The number of aggregates per microscopic field was counted and analyzed (n = 6). **, p < 0.01; NS, not significant. Error bars, S.E.



Fig 3. Effect of AICAR on the TNF- α /TGF- β_2 -induced EMT. Levels of E-cadherin (A) and fibronectin (B) were determined by western blot analysis. (C) Representative images of immunocytochemical staining for α -SMA. Nuclei were counterstained with DAPI. Scale bars = 50 µm.

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incubation of RPE cells with TNF- α /TGF- β_2 , suggesting that the cells had undergone transdifferentiation into myofibroblasts via the EMT. Elevated expression of α -SMA was reversed by treatment of the cells with AICAR. Taken together, these results indicate that AICAR suppressed induction of the EMT in RPE cells by TNF- α /TGF- β_2 .

AICAR suppresses TNF- α /TGF- β_2 -induced upregulation of MMP-2, MMP-9, IL-6, and VEGF

Since various cytokines, proteases, and growth factors (including TNF- α , TGF- β , MMP-2, MMP-9, IL-6, and VEGF) are known to be involved in the development of PVR [21], we next evaluated the levels of MMP-2, MMP-9, IL-6, and VEGF in RPE cell culture medium by ELISA. As shown in Fig 4A and 4B, incubation of RPE cells with TNF- α /TGF- β_2 significantly increased the levels of MMP-2 and MMP-9 in culture medium compared to the control by 1.15-fold (p < 0.05) and 5.74-fold (p < 0.01), respectively, while AICAR almost completely





suppressed the elevation of MMP-2 and MMP-9 (p < 0.01). As shown in Fig 4C and 4D, incubation with TNF- α /TGF- β_2 elevated the levels of IL-6 and VEGF by 4.79-fold (p < 0.01) and 2.09-fold (p < 0.01), respectively. Although AICAR did not completely suppress IL-6 and VEGF production, it was significantly reduced (p < 0.05 and p < 0.01, respectively).

AICAR suppresses MAPK signaling

TNF-α is a proinflammatory cytokine with multiple biological functions related to inflammation, apoptosis, and cell proliferation that activates various downstream cascades, including the MAPK pathways that may be associated with proliferation and migration of RPE cells [22– 27]. It has also been established that TGF-β is involved in the EMT and ocular fibrotic diseases, such as PVR and proliferative diabetic retinopathy, mainly via Smad pathways [28,29]. To elucidate the signaling pathways responsible for the suppressive effect of AICAR on aggregation of RPE cells, phosphorylation of ERK, JNK, p38, Smad2, and Smad3 was investigated by western blot analysis. As shown in Fig 5A–5C, co-stimulation with TNF-α/TGF-β₂ increased the phosphorylation of ERK, JNK, and p38 MAPK by 1.48-, 1.33-, and 1.48-fold, respectively (p < 0.05), while phosphorylation of these MAPKs was almost completely suppressed by AICAR. Treatment of RPE cells with TNF-α/TGF-β₂ also elevated the phosphorylation of Smad2 and Smad3 by 9.40- and 3.43-fold, respectively. In contrast to its effect on the MAPKs, AICAR did not suppress phosphorylation of either Smad2 or Smad3 (Fig 5D and 5E). Considering these results, MAPKs seem to be involved in suppression of the EMT by AICAR, while Smad2 and Smad3 have no role.

Suppression of TNF- α /TGF- β_2 -induced aggregate formation by MAPK inhibition

To further investigate the association of MAPKs with the formation of RPE cell aggregates, inhibitors of ERK (FR180204), JNK (SP600125), and p38 (SB203580) were added to the culture medium at 1 h before stimulation of cells with TNF- α /TGF- β_2 . Each of the inhibitors significantly suppressed aggregate formation in a concentration-dependent manner (Fig 6; p < 0.01), suggesting that activation of all of these pathways (ERK, JNK, and p38) is essential for the formation of RPE cell aggregates.

AICAR suppresses the mTOR pathway

Uncontrolled proliferation of RPE cells plays a central role in the pathogenesis of PVR and is also important for aggregate formation. The mTOR pathway is known to be one of the key regulators of cell proliferation [30]. Since it has been established that AMPK activation leads to inhibition of the mTOR pathway, we studied the effects of AICAR on the mTOR pathway in RPE cells. As shown in Fig 7, treatment of the cells with TNF- α /TGF- β_2 promoted mTOR phosphorylation via dephosphorylation of Raptor and TSC2, resulting in the phosphorylation of 4E-BP1 and p7086K. In contrast, AICAR increased the phosphorylation of Raptor and TSC2, caused inactivation of mTOR, and significantly decreased the expression of p-4E-BP1 and p-p7086K (p < 0.01).

Discussion

In the present study, we utilized an in vitro model that involved co-stimulation of RPE cell monolayers with TNF- α and TGF- β_2 , resulting in the formation of cellular aggregates, and we demonstrated that AICAR almost completely suppressed this phenomenon. Formation of aggregates by RPE cells occurred because of the EMT and not because of natural mechanisms





Fig 5. Effect of AICAR on the MAPK and Smad signaling pathways. Phosphorylation of ERK (A), JNK (B), p38 (C), Smad2 (D), and Smad3 (E) was examined by western blot analysis after 12 h of stimulation with TNF- α /TGF- β_2 in the absence or presence of AICAR. *, p < 0.05; **, p < 0.01; NS, not significant. Error bars, S.E.



Fig 6. Effect of MAPK inhibitors on aggregate formation. Inhibitors of ERK (FR18004), JNK (SP600125), and p38 (SB203580) were added to the culture medium at 1 h before TNF- α /TGF- β_2 co-stimulation. The number of cellular aggregates per microscopic field was counted and analyzed (n = 6).

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occurring within epithelial cells, as demonstrated by Takahashi et al. [16] and by our present findings (Fig 3 and S3 Fig). During EMT, E-cadherin downregulation leads to a decrease in cell-cell adhesion and a loss of apical-basal polarity. Actin cytoskeleton reorganization causes cell elongation and increases cell motility. In addition, the remodeling of extracellular matrix proteins such as fibronectin is enhanced. These mechanisms increase cell migration and invasion [4]. Present findings suggested that ARPE-19 cells underwent EMT via MAPK and Smad pathways activated by TNF-α/TGF- $β_2$ co-stimulation, and then migrated and gathered together to form piled up cellular aggregates through the mechanisms highlighted above. Conversely, no cellular aggregates were formed in primary RPE cells under the same condition. However, once a monolayer of primary RPE cells, which was treated with TNF-α and TGF- $β_2$, was wounded by a scratch, migrated cells formed piled up cellular aggregates. As was the case with ARPE-19 cells, AICAR suppressed TNF-α/TGF- $β_2$ -induced cellular aggregate formation (S4 Fig). The evidence suggested that an additional condition like the disruption of cell-cell contact was required to cause EMT-associated aggregate formation by primary RPE cells. RPE cells undergo the EMT in various pathological conditions, including PVR and proliferative



Fig 7. Effect of AICAR on the mTOR signaling pathway. Phosphorylation of mTOR (A), Raptor (B), TSC2 (C), 4EBP1 (D), and p70S6K (E) was examined by western blot analysis after 12 h of stimulation with TNF- α /TGF- β_2 in the absence or presence of AICAR. *, p < 0.05; **, p < 0.01; Error bars, S.E.

diabetic retinopathy, in which contractile proliferative membranes are created by the migration and uncontrolled proliferation of transformed RPE cells, leading to untreatable tractional retinal detachment. Hence, our findings suggest that AICAR could be a novel candidate treatment for EMT-related diseases.

We also demonstrated that AICAR exerts a suppressive effect on the EMT of RPE cells at least partially via activation of AMPK. The mechanisms through which AICAR acts have already been extensively investigated. After translocation into the cell via adenosine transporters, AICAR acts through both non-AMPK and AMPK pathways. The former mechanisms include inhibition of S-adenosylmethionine-dependent methylation reactions [31], interference with the binding of DNA by transcription factors such as NF- κ B [32], and inhibition of the PI 3-kinase/Akt pathway [33]. The latter mechanism requires conversion of AICAR to ZMP by adenosine kinases, after which ZMP mimics AMP and stimulates the phosphorylation of AMPK. Therefore, to clarify whether or not AMPK was involved in the suppressive effect of AICAR on the EMT in RPE cells, we utilized two AICAR inhibitors (DPY and AMDA), and evaluated AMPK activation from downstream phosphorylation of ACC. When DPY was used to inhibit the entry of AICAR into the RPE cells, aggregate formation was almost completely restored, indicating that AICAR acted via intracellular pathways. In contrast, approximately 50% of aggregate formation was restored by using AMDA to block the conversion of AICAR to ZMP, suggesting that AMPK is at least partially responsible for the effects of AICAR. Moreover, we showed that the mTOR pathway, a well-known downstream target of AMPK, and its effectors (4E-BP1 and p70S6K) were significantly suppressed by AICAR (Fig 7), suggesting that regulation of cell proliferation via the AMPK-mTOR axis plays a role in the suppression of aggregate formation by AICAR. Further investigations will be needed to clarify the mechanisms underlying the partial inhibitory effect of AICAR that was not mediated by AMPK activation.

Our findings demonstrated that AICAR suppresses some of the factors associated with PVR, supporting its possible effectiveness for treating this disease. Various cytokines, growth factors, and proteases have been reported to be involved in the pathogenesis of PVR, including MMP-2, MMP-9, IL-6, and VEGF [34–40]. In particular, we found that the MMP-9 was markedly increased by TNF- α /TGF- β_2 co-stimulation of RPE cells, while it was almost completely suppressed by AICAR (Fig 4B), suggesting that MMP-9 may have a pivotal role in the transdifferentiation of RPE cells and may be one of the primary targets for AICAR. This result is in accord with the previous report by Morizane et al. that MMP-9 expression was suppressed by activation of AMPK in mouse embryonic fibroblasts [20]. In contrast, the effect of AICAR on MMP-2 was less marked, although still statistically significant (Fig 4A), suggesting that MMP-9 lays a somewhat lesser role in RPE cell transdifferentiation compared with MMP-9. Incubation of RPE cells with TNF- α /TGF- β_2 also led to significant elevation of IL-6 and VEGF levels. Although AICAR significantly reduced the levels of both IL-6 and VEGF, these factors were only partly suppressed, suggesting a less important role than that of MMP-9 in the suppressive effect of AICAR on EMT-based aggregate formation by RPE cells.

The present study also showed that MAPKs, but not the Smad pathway, are important for the suppressive effect of AICAR on aggregate formation by RPE cells. TNF- α /TGF- β_2 co-stimulation of RPE cells led to phosphorylation of ERK, JNK, p38, Smad2, and Smad3, consistent with previous reports [22,41]. AICAR significantly suppressed the phosphorylation of all three MAPKs. This result is compatible with previous reports that activation of AMPK by AICAR suppresses MAPKs in various types of cells [42–44]. Also, aggregation of RPE cells was dosedependently suppressed by pretreatment with either an ERK, JNK, or p38 inhibitor, suggesting that all of these MAPKs are important for the EMT of RPE cells. Interestingly, AICAR did not affect phosphorylation of Smad2 and Smad3, although the Smad pathway is known to play a



Fig 8. Proposed signaling pathways relevant to the effects of AICAR. TNF-α/TGF- β_2 co-stimulation activates the ERK, JNK, and p38MAPK pathways, Smad2/3 pathway, and mTOR pathway. Activation of the MAPKs and the Smad pathway induces EMT (downregulation of E-cadherin with upregulation of fibronectin and α-SMA), and also upregulates MMPs and inflammatory cytokines such as IL-6 and VEGF. Activation of the mTOR pathway leads to cell proliferation. These changes disrupt the static RPE cell monolayer, leading to the formation of piled up cellular aggregates. When AICAR enters a cell, it is converted to ZMP, which mimics AMP that in turn activates AMPK and its downstream target, ACC. DPY prevents AICAR from entering the cell; AMDA inhibits AICAR's conversion to ZMP. AICAR suppresses aggregate formation by inhibiting the ERK, JNK, p38 MAPK, and mTOR pathways, at least partially via activation of AMPK.

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central role in the TGF- β -mediated EMT [9]. This result may reasonably be explained by the different phosphorylation sites of Smad proteins. Smad2 and Smad3 can be activated by both TNF- β and other cytokines. TGF- β binds to its receptor and then activates Smad2 and Smad3 by phosphorylating the carboxyl-terminal region. Phosphorylated Smad2 and Smad3 subsequently form a heteromeric complex with Smad4, followed by translocation to the nucleus to regulate gene expression. Recent studies have shown that MAPKs phosphorylate Smad2 and Smad3 in the middle linker region, rather than the carboxyl-terminal region, to activate Smad signaling [28]. In the present study, we performed immunoblotting with antibodies that specifically detected Smad2 and Smad3 with carboxyl-terminal phosphorylation. Taken together, it is possible that formation of RPE cell aggregates requires full activation of the Smad pathway through phosphorylation of the middle linker regions of Smads by MAPKs, and that AICAR acts by suppressing MAPK phosphorylation and thus preventing complete Smad pathway activation. Further studies will be required to fully elucidate the signaling pathways associated with AICAR.

In conclusion, we demonstrated that AICAR suppressed the EMT and aggregate formation by RPE cells along with upregulation of MMP-2, MMP-9, IL-6, and VEGF at least partially via activation of AMPK (Fig 8). Thus, AMPK is a potential target molecule for the prevention and treatment of PVR, and AICAR may be a promising candidate for PVR therapy.

Supporting information

S1 Fig. Actin cytoskeleton reorganization after TNF-\alpha/TGF-\beta_2 treatment. ARPE-19 cells were cultured with or without TNF- α /TGF- β_2 for 48 h and stained with Acti-stain^{**} 488 phalloidin (Cytoskeleton, Inc.). Nuclei were counterstained with DAPI. Representative photos are shown. Scale bars = 20 µm. (PDF)

S2 Fig. Comparison of the number of TNF-α/TGF-β₂-induced cellular aggregates with or without F-12. (A) ARPE-19 cells were cultured in the absence or presence of TNF-α/TGF-β₂ and AICAR for 48 h in DMEM/F-12 or DMEM. Left, Representative images. Arrowheads indicate piled up cellular aggregates. Right, Magnified images of the aggregate. Scale bars = 200 µm (left images) and 50 µm (right magnified images). (B) Comparison of the number of TNF-α/TGF-β₂-induced cellular aggregates with or without F-12. The number of aggregates per microscopic field was counted. **, p < 0.01. Error bars, S.E. (C) Comparison of the suppressive effect of AICAR on the TNF-α/TGF-β₂-induced cellular aggregate formation with or without F-12. The number of aggregates per microscopic field was counted and analyzed. **, p < 0.01; NS, not significant. Error bars, S.E. (PDF)

S3 Fig. Effect of AICAR on TNF-α/TGF-β₂-induced downregulation of RPE65 and CRALBP. (A) Levels of RPE65 and CRALBP were determined by western blot analysis. GAPDH was used as a loading control. (B) ARPE-19 cells cultured with or without TNF-α/TGF-β₂ and AICAR for 48 h were fixed and stained using antibodies against RPE65 and CRALBP (Abcam). Nuclei were counterstained with DAPI. Representative photos are shown. Scale bars = 20 µm.

(PDF)

S4 Fig. Aggregate formation by primary RPE cells after TNF- α /TGF- β_2 stimulation with scratch wound assay. Primary RPE cells were cultured to confluence. The monolayer of RPE cells was scratched using a 1000-µl pipette tip and cultured in the presence or absence of TNF- α /TGF- β_2 and AICAR for 48 h. Representative photos are shown. Arrowheads indicate piled

up cellular aggregates. Scale bars = 100 $\mu m.$ (PDF)

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