



Research



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The genomics of t'ef and finger millet domestication and spread

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The Northern Highlands of Ethiopia and Eritrea (NHE) were a centre for food production in Africa, hosting one of the earliest agriculture-based complex societies on the continent. The NHE's geographical connections with the Arabian Peninsula, and Nilotic cultures led to the cultivation of southwest Asian crops and African native domesticates in its territory. Additionally, the NHE were also the domestication centre for crops like t'ef (*Eragrostis tef* (Zucc.) Trotter) and finger millet (*Eleusine coracana* L. Gaertn L.), after well-adapted local wild plants. Considering the paucity of the archaeobotanical record in the region and food remains' preservation issues, in this study, we aim to investigate the domestication and spread of t'ef and finger millet using genomics and interpreting the results in the light of archaeological proxies. Our data confirmed *Eragrostis pilosa* and *Eleusine coracana* subsp. *africana* as the sole wild progenitors of t'ef and finger millet, respectively. T'ef was initially domesticated in the NHE before spreading into southern Ethiopia and eastwards into southern Arabia. Finger millet spread followed two routes: one leading eastwards through the Red Sea to India, and the other southwards, through Kenya and Uganda, reaching southern Africa.

This article is part of the theme issue 'Unravelling domestication: multi-disciplinary perspectives on human and non-human relationships in the past, present and future'.

1. Introduction

The Holocene period marked the onset of the agricultural revolution, a pivotal moment in human history. This transition from hunter-gatherer lifestyles to agriculture and animal domestication has profoundly shaped human societies ever since [1–5]. The Northern Highlands of Ethiopia and Eritrea (NHE) were recognized by Vavilov as a centre of diversity and a place for independent plant domestication [6,7]. Harlan [8] later challenged the concept of diversity centres equating to domestication centres, although both recognized the region's outstanding crop genetic diversity and the likelihood of it being the cradle of some African crops [6–9]. Various models have been proposed to explain the origins of food production and complex societies in the NHE, including migration/diffusion models from present-day Egypt or Sudan [10–14], from the south of the Arabian Peninsula [15,16] as mentioned in [17]. Evidence from rock art sites in northern Ethiopia suggests pastoralism reached the highlands around 4000 BP [18,19]. Faunal remains, including cattle, sheep and goats, dating back approximately 3500–4000 BP, have been discovered at various archaeological sites across Ethiopia, such as Lake Besaka, Danei Kawlos, Gobedra, Laga Oda, Kurub-07, Yabello and

Mezber [20–25]. The NHE, particularly the Tigray region, show the earliest evidence of agriculture associated with the early phases of the Pre-Aksumite culture [26–29]. Crop plant remains highlight the existence of early agro-pastoralist communities with an agricultural system integrating southwest Asia and other African crops with indigenous domesticates [29–33].

Plant species believed to have been domesticated locally include cereals such as t'ef (*Eragrostis tef* (Zucc.) Trotter) and finger millet (*Eleusine coracana*), enset (*Ensete ventricosum*), khat (*Catha edulis*), coffee (*Coffea arabica*), okra (*Abelmoschus esculentus*), noog (*Guizotia abyssinica*), gesho (*Rhamnus prinoides*) and kosso (*Hagenia abyssinica*) [8,9]. T'ef and finger millet are the principal of these crops, still being widely cultivated in Africa and parts of India where they are a component of sustainable farming systems as well as gastronomical traditions. Little is known about their domestication process, other than their putative wild progenitors. It is still not known how many times they were independently domesticated, where exactly, if their domestication process was quick or protracted and the routes by which it would then spread. T'ef is an allotetraploid ($2n = 4 \times = 40$) within the Poaceae family [34,35]. Morphological, cytological and molecular investigations point to *Eragrostis pilosa* (L.) P. Beauv. as the wild progenitor [34,36–40]. The morphology and taxonomical status of *Er. tef* within the genus have been widely described [41]. Classified in the same sub-family as t'ef (Chloridoideae) of grasses, finger millet (*El. coracana* L. Gaertn L.) is also an allotetraploid ($2n = 4 \times = 36$, AABB), cultivated widely in Africa and southern Asia, Ganapathy [42] has reviewed its taxonomical status and morphology. *Eleusine coracana* subsp. *africana* is considered its closest wild relative as they are completely cross-compatible and produce fertile hybrids [43–45]. The biology and systematics of this species and the *Eleusine* genus have been reviewed by Neves [46]. *Eleusine coracana* subsp. *africana* can be found in different parts of Africa as well as the Arabian Peninsula. Gene flow also occurs with other closely related diploid species, such as *Eleusine indica* and *Eleusine floccifolia*, these possibly being the AA and BB genome donors of the tetraploid forms [47]. The subsp. *africana* has two wild races, *africana* and *spontanea*, while subsp. *coracana* has four cultivated races; *elongata*, *plana*, *compacta* and *vulgaris* [48]. A morphological description of *Er. pilosa* and its differences from t'ef is provided by [49]. T'ef and finger millet microbotanical/macrobotanical remains were found at the Mezber site and dated to around 3500 BP, making them part of the earliest farming systems in Sub-Saharan Africa [29,50,51]. However, the wild or cultivated status of these remains cannot be determined with certainty.

Genetic studies on these two crops focus on developing markers useful for breeding of drought-tolerant, disease-resistant and higher yield varieties [34,35,40,45,52–56]. Although both species have had their genomes sequenced [57,58], to our knowledge, no genetic study has looked into their domestication history.

Genomic analysis of modern plants has been used to elucidate the history of cereals [59–61], legumes [62,63] and other crops [61,64]. Next-generation sequencing technologies coupled with complexity-reduction methods allow the cheap and quick identification of thousands of single-nucleotide polymorphisms (SNPs) in several individuals of the same species. These are ideal for the identification of population structure within crops and for determining genetic relationships between species within the same genus. One such technology is DArTSeq, which identifies genome-wide SNPs without the need for a reference genome [65,66]. DArTSeq shows better efficiency, cost-effectiveness and suitability for large-scale projects across diverse species within a genus. This approach encompasses a broader range of genomes and necessitates reduced time and effort for library preparation. Other double digestion methods for genomic complexity-reduction (such as ddRAD) yield satisfactory results; however, they may require additional procedural steps, exhibit enzyme dependency for genome coverage, potentially omit certain genomic regions owing to their targeted nature and are typically more expensive. This makes DArTSeq particularly suited for diversity and evolution studies in non-model organisms. Plant analysed using this method include wheat [67], maize [68], sugarcane [69], cowpea [70], cassava [71], pearl millet and pigeon pea [72].

Here, we report the genotyping of wild and landrace varieties of t'ef and finger millet using DArTSeq technology. The SNPs identified were used to map the geographical distribution of genetic diversity and thus infer patterns relevant to the domestication and spread of these crops. We considered these species together owing to their local origin and because both were part of the early agriculture in the NHE, leading us to hypothesize that they might share similar histories. This complements the archaeobotanical data for these species available for the NHE.

2. Material and methods

(a) Plant material

A total of 94 accessions of *Eragrostis* and 46 accessions of *Eleusine*, including both wild and cultivated forms, were ordered from the United States department of agriculture-Germplasm Resources information Network (USDA-GRIN -United States) and Genebank Information System /Internet (GBIS/I -Germany). Accessions were selected based on the availability of seeds for distribution by germplasm banks, including as many wild accessions as possible, and covering the geographical range of these species. Among the t'ef accessions, 63 were cultivated landraces, while the wild accessions included *Er. pilosa* ($n = 14$), *Eragrostis cilianensis* ($n = 3$), *Er. cilianensis* subsp. *staros* ($n = 3$), *Eragrostis tenuifolia* ($n = 6$), *Eragrostis tremula* ($n = 4$) and one undetermined *Eragrostis* spp. accession. For finger millet, $n = 39$ accessions of the cultivated form *El. coracana* were used, while the wild accessions consisted of *El. coracana* subsp. *africana* ($n = 4$) and *El. floccifolia* ($n = 3$). The latter was added to investigate the possibility of it having introduced alleles into the crop's gene pool through introgression. Seeds were sown in plastic vials with a mix of soil and perlite and placed in a greenhouse at the University of Algarve, Portugal. The complete list of accessions is used is provided in the electronic supplementary material, S1.

(b) DNA extraction and DArTSeq genotyping

Fresh leaves from each accession were harvested four to six weeks after planting and crushed in liquid nitrogen. DNA was extracted with the DNeasy Plant Pro Kit (Qiagen), following the manufacturer's instructions. DNA was quantified using a Qubit® dsDNA HS assay on a Qubit 2.0 fluorometer. DNA integrity was visually assessed through electrophoresis on a 1% agarose gel. A 96-well plate containing *Eragrostis* DNA (each well containing 300 ng of DNA) and half a plate (48 wells) containing *Eleusine* DNA, were shipped to the Diversity Arrays Technology Laboratories, University of Canberra (Australia) for DArTSeq analysis. DNA was digested using two restriction enzymes, MseI and PstI and libraries prepared for sequencing in an Illumina HiSeq2500/Novaseq6000 platform.

(c) Data analysis

Following the *Eragrostis* DArTseq (1.0) panel, tef reads were mapped to the *Eragrostis* reference genome (*Eragrostis tef* V3—CoGe Genome ID:54599). For finger millet, a contig-based approach was used with proprietary DArT analytical pipelines. Quality control parameters were based on [73] and included the reproducibility of 100%, the overall call rate of 95% (percentage of valid scores in all possible scores for a marker) and a Q-value above 2.5. DArT™ assays comprised SilcoDArT (scores for presence/absence (dominant) markers) and SNPs found in the aligned or mapped reads (DArT SNPs). SilcoDArT markers are scored in a binary fashion, representing genetically 'dominant' markers, with '1' = presence and '0' = absence of a restriction fragment with the marker sequence in the genomic representation of the sample. In SNP data format, each allele is scored in a binary fashion ('1' = presence and '0' = absence) and heterozygotes are scored as '1/1'. Both types of data were analysed using the dartR package (v. 2.9.7) for the programming language R [74]. The dartR objects were converted to genlight objects for manipulation in the R package adegenet v. 2.0.1 [75] for downstream analysis, including genetic diversity calculations. After an exploratory data analysis, quality filters were applied namely: (i) removal of monomorphic loci; (ii) minor allele frequency (MAF) > 0.05; (iii) call rate > 0.95; and (iv) read depth >8×. Code used is provided in the electronic supplementary material, S2.

(d) Population structure

To explore similarities between the accessions in the dataset and infer population structure with non-parametric methods, we used adegenet to perform principal component analysis (PCA), calculate genetic distance matrices and compute phylogenetic trees. Results were visualized with the ggplot2 (v. 3.5.1) R package [76]. Groups identified with these methods were re-analysed separately: accessions were sorted in the raw DArTSeq files and the same quality filters previously described were applied.

For parametric analyses, population structure was examined using the Bayesian model-based clustering algorithm STRUCTURE 2.3.4 [77]. STRUCTURE was run for the two sets of accessions *Eragrostis* ($n = 94$) and *Eleusine* ($n = 46$) with K -values between 1 and 20, 20 000 burn-in, 40 000 Markov chain Monte Carlo iterations (MCMC) and 10 independent runs for each value of K . The most likely values of K were chosen based on the ΔK method [78], computed in STRUCTURE HARVESTER [79]. Q-matrixes were plotted in Microsoft EXCEL and displayed on geographical maps using the 'geopandas' library [80] for the Python 3.12 language (electronic supplementary material, S2) and QGIS 3.28.3 software. To explore historical or environmental effects on tef population structure, for those accessions with passport data reporting the geographical coordinates of collection site, we obtained environmental variables including soil type, administrative region, climate zone, Köppen climate classification and local geology (electronic supplementary material, S1). PCA plots were then coloured according to these categories to see if these corresponded to accession clusters.

Genetic diversity measures for taxa and groups identified by population structure analysis were calculated in R using the packages adegenet and hierfstat [81], based on DArT SNP datasets.

3. Results

(a) *Eragrostis*

The DArTSeq method uncovered 80 492 SNPs for the *Eragrostis* set, from which (after quality filtering for coverage, MAF and missing data thresholds) 4455 SNPs were retained. The DArTSilico set contained 432 568 markers from which 28 662 were kept after filtering. PCAs for both types of data were broadly coincident (figure 1; electronic supplementary material, figure S1). Replicate individuals within the same accessions were invariably clustered together validating the method's ability in determining genetic relationships between plants. PCAs based on both marker types also split the accessions into three groups. One included all the domesticated tef accessions, plus three *Er. pilosa* accessions from Afghanistan (PI 223259, PI 221925, PI 211030) and the *Er. cilianensis* subsp. *staros* individuals (PI 211029, from Afghanistan). The second group included most *Er. pilosa* accessions (from Afghanistan, India, Iran, Pakistan and undetermined locations), individuals of *Er. cilianensis* (PI 197425, from Ethiopia) and one *Er. tenuifolia* accession (PI 213509, from India). The third group included one *Er. pilosa* (PI 271567, from India), the *Er. tremula* accessions (from Niger and Nigeria), one *Er. tenuifolia* from Ethiopia (PI 196852) and the undetermined *Eragrostis* species (PI 331389). For phylogenetic analysis, we computed the neighbour-joining (NJ) distance-based clustering method. Using the cophenetic function in adegenet, this method performed better than Unweighted Pair Group Method with Arithmetic Mean (UPGMA) or bioNJ. The phylogeny separated wild *Eragrostis* from tef but, similarly to PCA, clustered three *Er. pilosa*

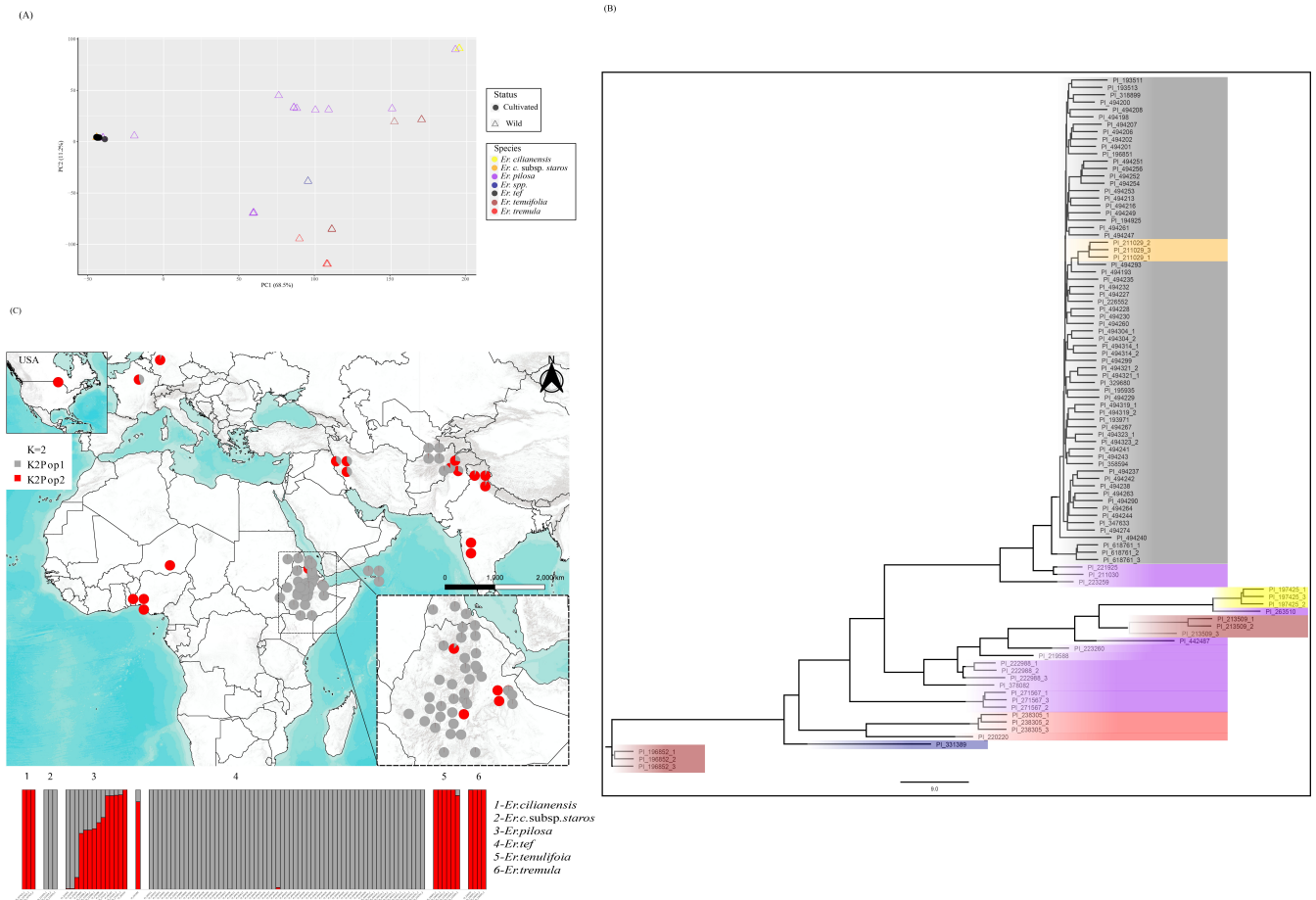


Figure 1. Population structure of 94 wild and domesticated *Eragrostis* accessions, based on 4455 DArTSeq SNPs. (A) First and second principal components of a PCA. Each point is an accession, the closer the points are the more genetically similar they are. Accessions are coloured according to the taxonomical classification reported in the germplasm bank's passport data. (B) NJ phylogenetic tree based on pairwise genetic distances calculated in the R package adagenet. (C) Graphical representation of a Q-matrix of the STRUCTURE $K = 2$ model. Vertical lines correspond to accessions, and they are apportioned according to the proportional membership of each one of the two modelled clusters, or the proportion of alleles each accession gets from a hypothetical ancestral population.

accessions and the *Er. cilianensis* subsp. *staros* with t'ef (figure 1). The STRUCTURE analysis based on the 4455 SNPs corroborated these results. The models with two ($K = 2$) and three ($K = 3$) gene pools were the most likely (figure 1C; electronic supplementary material, figure S2). *Eragrostis cilianensis*, *Er. tenulifolia* and *Er. tremula* are considered to derive from a different gene pool (shown in red) then the one from *Er. tef* descends (in grey), indicating the true wild status for the former. Within *Er. pilosa* accessions, the three Afghanistan accessions abovementioned (PI 223259, PI 221925 and PI 211030), plus the *Er. cilianensis* subsp. *staros*, are shown as completely sharing their gene pool with t'ef. However, some *Er. pilosa* accessions—PI 271567 from India, PI 442487 and PI 263510 (the latter two reported as originated from Belgium and the USA, meaning its original provenance is unknown)—clearly get their alleles from the same ancestral population as other wild *Eragrostis* species. The remaining *Er. pilosa* accessions get alleles from both the same gene pool as t'ef and the wild gene pool. *Eragrostis cilianensis* and *Er. pilosa* had the highest genetic diversity (measured as H_O and H_E) whereas t'ef and *Er. cilianensis* subsp. *staros* had the lowest (table 1).

We ran the same dataset but included only those accessions that were clustered in the above-mentioned first group (i.e. t'ef + three *Er. pilosa* + *Er. cilianensis* subsp. *staros*). This second PCA isolated the *Er. pilosa* accessions and, within the bulk of t'ef accessions, separated the Yemenite individuals (PI 618761), evidencing that these are genetically distinct from the Ethiopian accessions (electronic supplementary material, figure S3). We then prepared another dataset containing only the t'ef accessions from Ethiopia ($n = 60$) to assess fine population structure with PCA and STRUCTURE (5311 SNPs). The latter determined $K = 3$ as the most likely model, again corroborated by PCA (figure 2). A set of accessions restricted to the Tigray region (dark purple in figure 2) constituted a distinct group whereas the remaining accessions formed two groups, distributed throughout Ethiopia (dark grey and dark green in figure 2). The Tigray population had a lower genetic diversity compared with the other two populations in the $K = 3$ model (table 1).

The map in the electronic supplementary material, figure S4 shows the probability of finding the alleles that characterize t'ef populations based on extrapolation of complete panel STRUCTURE $K = 3$ Q-matrices. It shows that this is a group of accessions restricted to the Tigray region of the NHE. In figure 2, the same approach shows the geographical distribution of the three main populations of t'ef in Ethiopia. The restrictedness of population 1 to Tigray is evidenced whereas the other two populations are spread throughout the land.

Table 1. Four measures of genetic diversity quantified for a panel of *Eragrostis* accessions based on DArTSeq and SilicoDArT markers and STRUCTURE-identified populations. (H_O , observed heterozygosity; H_E , expected heterozygosity.)

Species / Population	N	H_O	H_E	Allelic Richness	Private Alleles	H_O^*	H_E^*	Allelic Richness*	Private Alleles*
Complete <i>Eragrostis</i> accession Panel									
<i>Er. cilianensis</i>	3	0.89274993	0.44696227	1.536476	0	0.01717222	0.010950603	1.01217	0
<i>Er. cilianensis</i> subsp <i>staros</i>	3	0.04061708	0.02032308	1.024394	0	0.01242288	0.009017625	1.009699	0
<i>Er. pilosa</i>	14	0.53737143	0.39820141	1.403786	10	0.41461978	0.432373872	1.431896	512
<i>Er. tef</i>	64	0.04328047	0.02343002	1.023592	1293	0.02618644	0.035104108	1.035051	824
<i>Er. tenuifolia</i>	6	0.49138866	0.37377715	1.384629	0	0.20854058	0.256947273	1.253155	171
<i>Er. tremula</i>	4	0.04347227	0.02495955	1.028054	0	0.06430323	0.060059705	1.060005	0
Ethiopian <i>tef</i> accessions									
K = 3 Pop 1 (Purple)	5	3.01E-01	0.2397661	1.529009	53	0.9950447	0.4980336	1.951443	0
K = 3 Pop 2 (Black)	41	3.95E-01	0.3389388	1.731746	3441	0.9956371	0.4985218	1.88194	425
K = 3 Pop 3 (Green)	14	3.84E-01	0.3079326	1.664337	34	0.9888908	0.4981306	1.899967	0

*Based on SilicoDArT markers.

Population structure in crops is influenced by adaptation to climatic conditions and selective factors by communities in different environmental regimes [82–84]. To determine the interplay between geology, soil types and climate on the domestication process of *Er. tef*, we compiled the information and plotted these factors against the *tef* accessions. None of the categories for soil type, geological formation, or climate correlated with the population structure based on genome-wide SNP data (electronic supplementary material, figure S5).

(b) *Eleusine*

The DArTSeq method uncovered 57 331 SNPs for the *Eleusine* set, from which (after quality filtering for coverage, MAF and missing data thresholds) 5674 SNPs were retained. The DArTSilico set contained 59 733 markers from which 2929 were kept after filtering. PCAs for both types of data were broadly coincident (figure 3A; electronic supplementary material, figure S6). The accessions were split into three distinct groups that, unlike *tef*, fitted their species classification. One included all the domesticated finger millet (*El. coracana*), the other the *El. coracana* subsp. *africana* and the third included only *El. floccifolia*. The phylogeny showed that *El. coracana* subsp. *africana* is evolutionary much closer to domesticated finger millet than *El. floccifolia* (figure 3B). STRUCTURE also confirmed this observation. The model with three ($K = 3$) gene pools was the most likely, and in this the three species are clearly distinct (figure 3C). However, some finger millet accessions share a small amount of alleles with the *El. coracana* subsp. *africana* gene pool whereas no such common genetic ancestry occurs with *El. floccifolia*. The highest genetic diversity (measured as H_O and H_E) was observed in *El. coracana* subsp. *africana*, twice the diversity of *El. floccifolia* and the lowest in finger millet (table 2).

We ran the same dataset but included only finger millet accessions ($n = 39$). This produced a dataset with 2044 SNPs, after quality filtering, and 1097 markers for the DArTSilico set. The PCA separated African from Asian (India and Nepal) accessions along the PC1 axis and East Africa and Central Africa (Ethiopia, Kenya, Democratic Republic of Congo and Uganda) from South African (Zambia, Zimbabwe and South Africa) accessions (figure 4A). The STRUCTURE models $K = 2$, $K = 3$ and $K = 5$ had the highest likelihood, with the former showing a separation between the African and Asian gene pools (electronic supplementary material, figure S7 red and orange, respectively). In the $K = 3$ model, the African gene pool gets separated into two sub-populations: one that includes the East and Central African accessions (Ethiopia, Kenya, Uganda and the DRC) and another encompassing the southern African ones (Zambia, Zimbabwe and South Africa). The $K = 5$ model separates the Ethiopian accessions from the rest of the East African ones and detects two Asian sub-populations (figure 4B). The accession from South Africa, interestingly, gets most of its alleles from this south African sub-population but also has a high proportion of alleles from the Asian populations. Populations and sub-populations that group accessions from Africa (population 1 in the $K = 2$ model) have slightly higher genetic diversity (H_O and H_E) than those that include Asian ones (table 2), and within the former, southern African ones (in the $K = 3$ model) have higher genetic diversity than the East African ones.

4. Discussion

DArTSeq proved to be an effective and cheap way to investigate the domestication of these two non-model African crops from a genomics point of view. The number of high-quality filtered SNPs, both based on reads or on presence-absence of enzyme cutting (SilicoDArT) was in the 1000s, which is high enough to determine population structure and the geographical distribution of genetic diversity from which history and adaptation can be inferred. The allotetraploid genome of *tef* and finger millet introduces challenges for SNP discovery owing to the presence of homoeologous chromosomes from different sub-genomes. This can lead to errors such as false-positive SNPs and ambiguous read mapping. To address these, specific analytical treatments were used namely subgenome-specific SNP calling [85]. The proprietary variant calling algorithm of

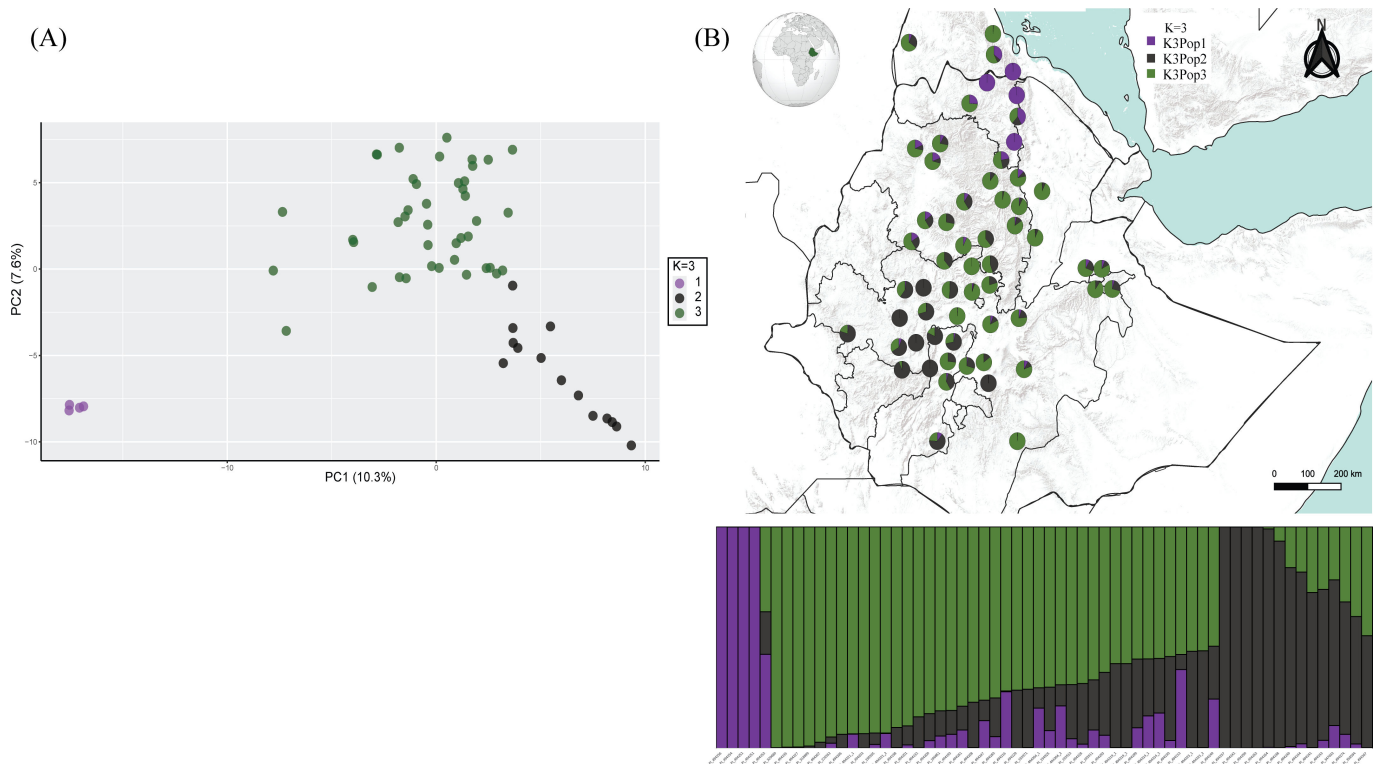


Figure 2. Population structure of 60 Ethiopian t'ef accessions, based on 5311 DArTSeq SNPs. (A) The first and second principal components of a PCA, with accessions coloured according to the cluster in the STRUCTURE $K = 3$ model from which they have they get most of their proportional membership. (B) Proportional memberships in the STRUCTURE $K = 3$ model with each accession represented in a geographical map as a pie chart in the location it was collected and with each slice indicating the proportional membership to each of the three groups.

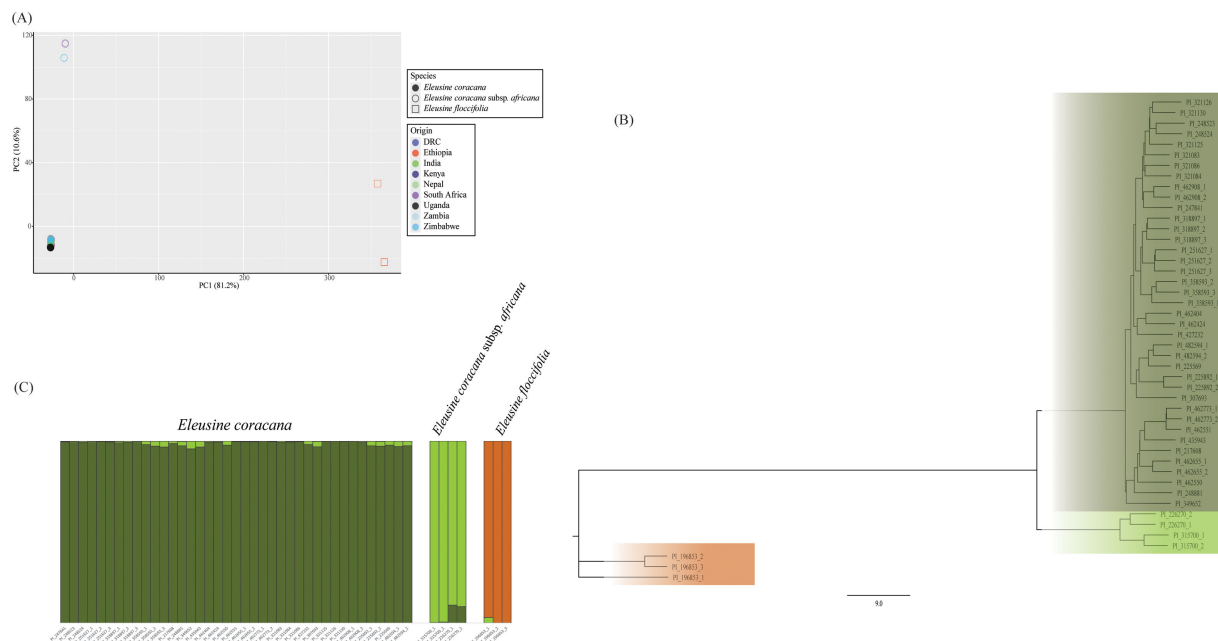


Figure 3. Population structure of 46 wild and domesticated *Eleusine* accessions, based on 5674 DArTSeq SNPs. (A) First and second principal components of a PCA. Points are coloured according to the taxonomical classification reported in the germplasm bank's passport data and their country of origin. (B) NJ phylogenetic tree based on pairwise genetic distances calculated in the R package adagenet. (C) Graphical representation of a Q-matrix of the STRUCTURE $K = 3$ model.

DArTSeq is ploidy-aware and accounts for multiple alleles at each locus, improving SNP accuracy in polyploids [86] taking advantage of read mapping and filtering techniques based on read depth and allele frequency to minimize ambiguity and ensure reliable SNP detection. T'ef and finger millet were analysed here side-by-side owing to their shared characteristics and their importance as crops adapted to dry conditions in Africa. Both species belong to the Chloridoideae subfamily of Poaceae, which is highly adapted to arid environments. We considered these species together because they are local, understudied in comparison with other crops and, mostly, because archaeobotanical data available for both species suggests they were both part of early agriculture in the NHE. We hypothesize these two crops share similar evolutionary histories. The main issue was the limited number of accessions available for distribution in germplasm banks suited for this type of study, namely t'ef accessions

Table 2. Four measures of genetic diversity quantified for a panel of *Eleusine* accessions based on DArTSeq and SilicoDArT markers and STRUCTURE-identified populations. (H_0 , observed heterozygosity; H_E , expected heterozygosity.)

species/population	<i>n</i>	H_0	H_E	allelic richness	private alleles	H_0^a	H_E^a	allelic richness ^a	private alleles ^a
complete <i>Eleusine</i> accession panel									
<i>Eleusine coracana</i>	39	0.0228065	0.02533213	1.025303	31182	0.5998786	0.3219945	1.325766	16946
<i>Eleusine coracana</i> subsp. <i>africana</i>	4	0.07086417	0.0450162	1.048624	786	0.7523045	0.38423353	1.438528	0
<i>Eleusine floccifolia</i>	3	0.02743285	0.02662777	1.025955	23655	0.1655855	0.08159185	1.101605	0
cultivated finger millet accessions									
<i>K</i> = 3 pop 1 (red)	22	0.1461406	0.1781129	1.512621	2224	0.7161132	0.3743538	1.794716	381
<i>K</i> = 3 pop 2 (orange)	6	0.2199941	0.2188531	1.513276	1431	0.7633245	0.3971454	1.828333	186
<i>K</i> = 3 pop 3 (blue)	11	0.1489139	0.196185	1.486129	2221	0.7771028	0.4078002	1.843455	573

^aBased on SilicoDArT markers.

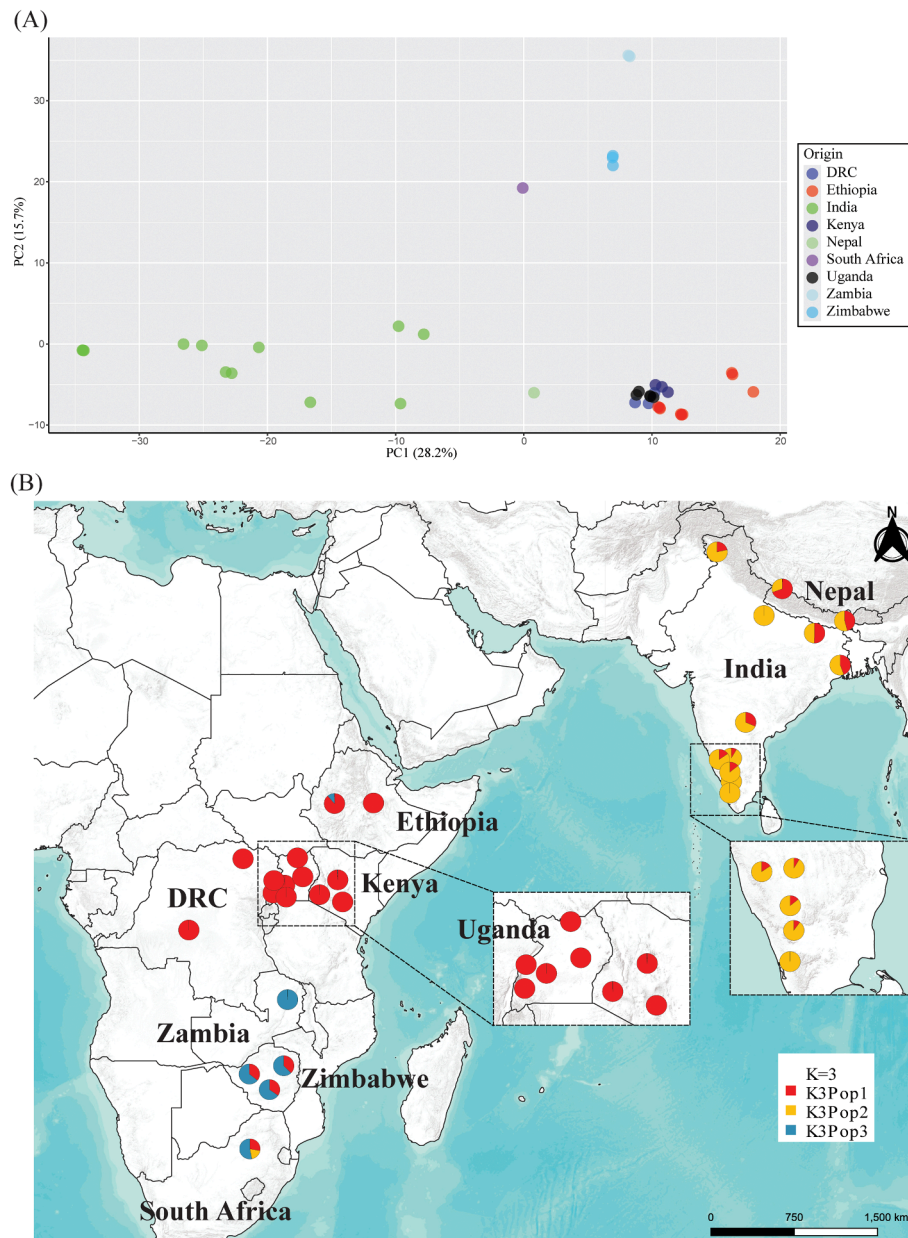


Figure 4. Population structure of 39 cultivated finger millet accessions, based on 2044 DArTSeq SNPs. (A) First and second principal components of a PCA, with accessions coloured according to their provenance. (B) Proportional memberships in the *STRUCTURE* $K = 3$ model with each accession represented in a geographical map as a pie chart in the location it was collected and with each slice indicating the proportional membership to each of the three groups.

from outside Ethiopia (Yemen was the sole exception) and wild forms of both t'ef and finger millet from the Horn of Africa, where archaeobotanical evidence suggests that domestication occurred. Our results also suggest that mislabelling of accessions, erroneous passport curation or ferality pose problems that need to be addressed. The data generated, however, can be useful for crop breeding and for further studies on crop adaptation that were beyond the scope of this article (electronic supplementary material, S3–S6).

(a) *Eragrostis*

The clustering together of all t'ef accessions, including the Yemen ones, argues for a single domestication (figure 1). It is only when wild plants are removed from the analysis that the Yemenite t'ef reveals its genetic distinctiveness, probably owing to an early introduction and evolution in separation from other t'ef varieties from elsewhere that could introduce novel alleles (electronic supplementary material, figure S3). It is noteworthy that all clustering methods used included in the group of domesticated t'ef, three wild *Er. pilosa* and the *Er. cilianensis* subsp. *staros* accessions, all from Afghanistan. This observation can be explained by: (i) accessions were misclassified by germplasm banks; (ii) an origin of t'ef in Afghanistan; (iii) these accessions descend from an ancestral population of *Er. pilosa* that extended to the NHE from which t'ef was also domesticated; and (iv) these wild accessions are not wild at all, but feral forms of t'ef previously cultivated in these regions that were erroneously classified as wild species. The first hypothesis can apply to *Er. cilianensis* subsp. *staros*, as in all clustering methods these accessions are indistinguishable from t'ef. However, the three *Er. pilosa* accessions genetically closer to t'ef were consistently separated when all these accessions are analysed together (electronic supplementary material, figure S3). The second hypothesis

would imply that t'ef emerged in Central Asia and was brought to the NHE in the second millennium BCE, which is not supported by any archaeology and previous botanical studies [87]. To test the third hypothesis, it would be necessary to conduct genetical analysis on *Er. pilosa* accessions from Ethiopia or surrounding areas (we could not find any available in germplasm banks) and apply methods that separate introgression from common descent like ABBA-BABA tests [88]. The former was attempted in an amplified fragment length polymorphism study by Ayele *et al.* [89], which included three Ethiopian *Er. pilosa* and all the *Er. pilosa* we tested in this study. Their results were like ours, with the three Afghanistan *Er. pilosa* accessions (plus two Ethiopian) clustering with t'ef and the other *Er. pilosa* (including one Ethiopian) being separated. Again, this suggests that t'ef descends from a particular *Er. pilosa* population that extended in the past from the Horn of Africa to Central Asia. The fact that in the STRUCTURE analysis, four *Er. pilosa* accessions from Afghanistan, Pakistan and Iran share around a third of their alleles with the domesticated t'ef population and three others get most of their alleles from the t'ef population could indicate that. Alternatively, the fourth hypothesis proposes that species classified as *Er. pilosa* by botanists on the basis of morphological criteria might include feral forms of t'ef, or at least plants that have been intensively introgressed by alleles derived from cultivated t'ef plants. This confusion between wild and feral forms has indeed been detected in other crops such as eggplant [90], rice [91], barley [92], turnip [93], sorghum [94] or pearl millet [95]. To us this seems the more parsimonious explanation.

It is also possible that t'ef was domesticated from a species not included in this study and, in fact, various other species have been proposed as putative progenitor, including *Eragrostis aethiopica*, *Eragrostis lugens*, *Eragrostis obtusa* or *Eragrostis ferruginea* [96,97]. Molecular studies based on nuclear genes and chloroplast genomes do point *Er. pilosa* as the species closest to domesticated t'ef [34,98]. However, these studies were based on a few accessions of *Er. pilosa*. For example Ingram & Doyle [34], screened only four accessions of this wild taxon, from Afghanistan, Pakistan, India and Iran. In their study using genotype-by-sequencing derived nuclear SNPs from 40 accessions of wild *Eragrostis* species, Girma *et al.* [97] included only one accession of *Er. pilosa* with a provenance from France. Moreover, *Er. lugens*, one of the species identified by their STRUCTURE results to belong to the same gene pool as t'ef, was represented as a single accession from Uruguay; considering that *Er. lugens* is typically a South American species it is unlikely to be related to t'ef. Our results point in the direction that some *Er. pilosa* accessions may in fact be feral whereas others from the same regions are *bona fide* wild forms (p.ex. accession PI 271567 in our panel). The sampling of feral rather than wild forms might confuse phylogenies. In our case, excluding those three accessions from Afghanistan (PI 223259, PI 221925 and PI 211030) that are clustered with domesticated t'ef, *Er. pilosa* accessions are not shown in the PCA as genetically closer to t'ef than any of the other taxa sampled. It is possible that the wild progenitor of t'ef is not yet identified or that t'ef does not have a wild progenitor having simply been cultivated intensively since the second millennium BCE and then introduced in other parts of the Old World. However, the low genetic diversity (table 1) observed compared with other wild species is typical of crops that were domesticated from a restricted population of wild progenitor species [99].

The fact that the population structure in Ethiopian t'ef could not be explained by soil type, administrative region, climate zone, Köppen climate classification or local geology (electronic supplementary material, figure S5) suggests that these structures do not reflect adaptation, although other types of tests might be needed to confirm this. Southwestern Ethiopia is recognized as the domestication centre of crops such as *Co. arabica* and *En. ventricosum* [20,100–103]. It has been proposed that t'ef might have been domesticated there [100]. However, archaeological evidence in southwestern Ethiopia suggests the later emergence there of ceramic technology and animal food production (500–1000 CE) [104–108]. We propose that this structure is explained by the historical dynamics of people moving from the NHE to southwestern Ethiopia and bringing their crop seeds with them. Population movements southward from the northern highlands followed the weakening of the Aksumite empire during the late first millennium CE [109]. This could have facilitated crop dispersal (figure 5). T'ef chaff from Lalibela cave near Lake Tana, dated to around the twelfth century CE [110,111], supports this notion. However, the limited research conducted in the central and southern regions of Ethiopia poses a significant obstacle to fully understanding the domestication route of t'ef.

The distinctiveness of the Tigray cluster (population 1) can be explained by the crop being domesticated elsewhere and introduced recently. Alternative explanations are that it reflects an isolated farming community that has not received germplasm from other regions; the selective forces of adaptation to high altitude; or that this is indeed a relic population that is closer to the original domesticated t'ef. We favour the latter as it fits the currently available archaeobotanical evidence. The earliest evidence of t'ef cultivation originates from the NHE, as evidenced by archaeological, phytolith and starch analyses at the Mezber site dating back to 1600 BCE [29,50,51]. Further evidence comes from the present-day Eritrean site Mai Chiot dated to 300–400 BCE [112]. It is likely that t'ef was domesticated in the NHE in the second millennium BCE and only later, in Aksumite times, a small number of genotypes were brought from this core region and introduced to farming communities throughout the country, creating a genetic bottleneck that explains the genetic distinctiveness. The geographical distribution of the two other populations in the model $K = 3$ suggests that two major spreads from the core area might have occurred, either from distinctive groups within the NHE or at different time periods. However, the lower genetic diversity of the Tigray t'ef, compared with the other two groups, suggests a more recent introduction (in which case this would not be an ancestral population). Alternatively, a reduction in the acreage devoted to this relic population can also lower overall genetic diversity.

The genetic difference of the Yemenite accessions points to an ancient separation from the NHE gene pool. T'ef has been found at the first millennium BCE site of Hajar bin Humeid, indicating an early spread of this crop across the Red Sea [113]. It is likely that no new introductions were made since that early period, allowing the Yemenite population to diverge genetically. To our knowledge, t'ef has not been reported in Harappan sites or in the Indian archaeobotanical record, except for the presence of phytoliths of Chloridoid grasses (*Eragrostis* or *Cynodon*) interpreted as weeds of rice fields [114]. So, it is likely that t'ef cultivation never spread beyond the Horn of Africa, surrounding areas of the Arabian Peninsula and—considering our genetic data and assuming accessions were not mislabelled—Afghanistan.

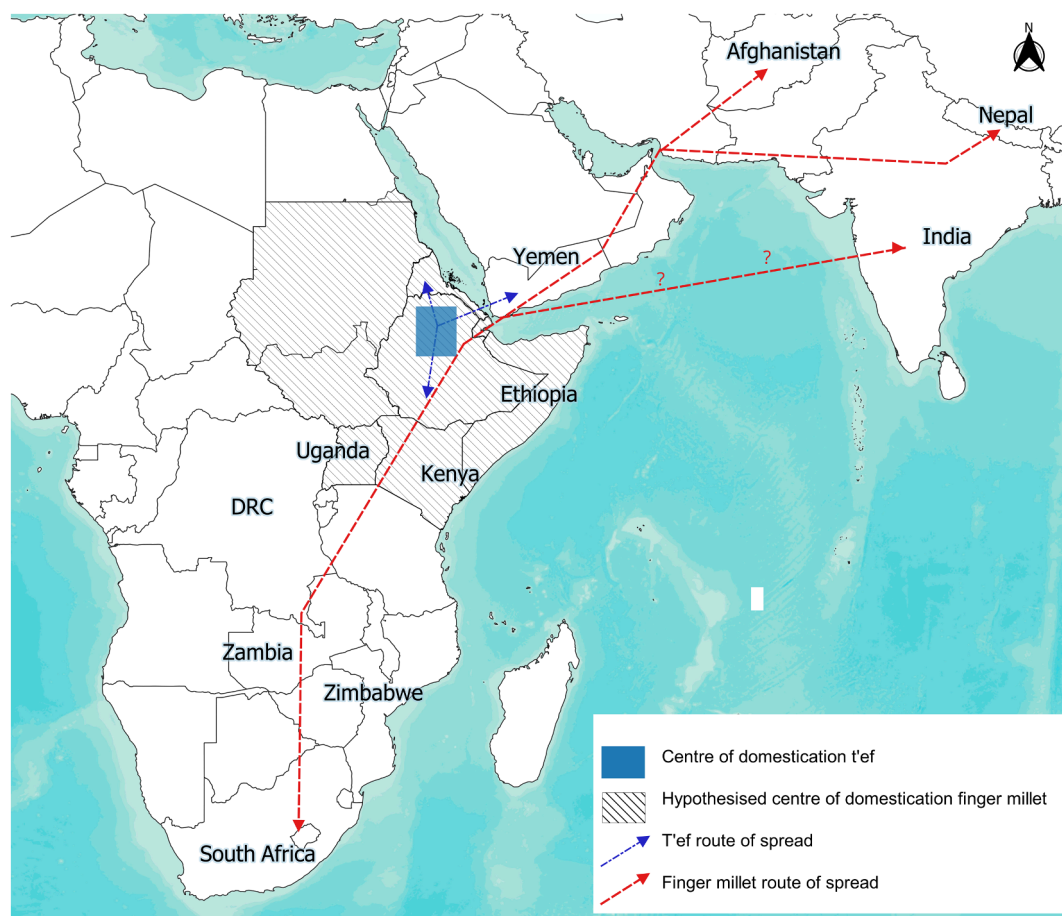


Figure 5. Proposed routes of dispersal for t'ef and finger millet from their core area of domestication based on the geographical distribution of present-day genetic diversity.

(b) *Eleusine*

The population structure analysis of *Eleusine* shows a much more clear-cut apportioning by taxonomy than *Eragrostis*. No potential feral/misclassified accession was detected in our data. This contrasts with previous work on wild and domesticated finger millet, which found evidence of some hybrid accession and at least nine accessions labelled as *El. coracana* subsp. *africana* that were in fact finger millet [45,115]. It is noteworthy that both species are tetraploid and self-pollinating, so the occurrence of gene flow between populations is expected to be minimal, and this is indeed the case with *Eleusine*. This might also be because accessions of the wild progenitor *El. coracana* subsp. *africana* were from South Africa and Zimbabwe, not from East Africa, around where finger millet is assumed to have been domesticated. It is possible that the clear genetic distinctiveness between *El. coracana* subsp. *africana* and finger millet could be owing to the latter descending from an East African population of *El. coracana* subsp. *africana* that was genetically quite distinct from the South African populations of *El. coracana* subsp. *africana* sampled here. Unfortunately, seed banks had no available wild and domesticated finger millet accessions from Ethiopia that would allow a closer comparison between the crop and its putative wild progenitor population. According to a study [116], this wild species might not be found in Ethiopia or neighbouring countries, only the occasional feral form or populations derived from the hybridization with another wild species *Eleusine kigeziensis*. In June 2024, a query on the Genesys database of the Plant Genetic Resources for Food and Agriculture (<https://www.genesys-pgr.org/>) did not retrieve any *El. coracana* subsp. *africana* accession from Ethiopia or the Horn, although some are reported in the Global Biodiversity Information Facility, all prior to 1974 (<https://www.gbif.org/>) and some accessions from this area are mentioned in more recent molecular work [45,115]. It might be the case that in the past, there were wild populations of *El. coracana* subsp. *africana* in Ethiopia that disappeared before twentieth century botanists could sample them and most accessions observed today are feral forms. In any case, these are difficult to access. Liu *et al.* [116] studied the phylogeny of the genus *Eleusine* place sets of finger millet and *El. coracana* subsp. *africana* together in different clades, which might be interpreted as evidence for multiple domestication events. Our data do not support this, as both in phylogenies and PCA/STRUCTURE analysis, all the domesticated finger millet are separated from all the wild *El. coracana* subsp. *africana*. The much lower genetic diversity of the cultivated accessions points towards a single domestication event from a single (or small number of nearby) wild population. One possibility is that finger millet might have been domesticated south of the Horn (in present-day Kenya or Uganda) and later fully adopted as a crop in the NHE, where the earliest archaeobotanical records of this species appear, at the sites of Ona Nagast, D-site, K-site, Mezber and Ona Adi [51,112,117,118]. To validate this hypothesis, it would be necessary to find remains of finger millet in East Africa south of the Horn contemporary or older than the remains found in the NHE. The oldest securely dated finger millet remains found outside Ethiopia; however, are from the Kakapel rock shelter in western Kenya, dated to *ca* 700–900 CE [119]; the Mgombani and Panga

ya Saidi sites, in Kenya, from 666–890 cal. CE [120]; Gogo Falls, Kenya, dating to the first–second millennia CE (121); Deloraine site in Kenya, 800 CE [122], the Munsa site in Uganda, also dated to the late Iron Age [123]; and the sites of Karama and Musanze in Rwanda, between 750 and 1150 CE [124]. There is also a report of finger millet in the Nok culture site of Ungwar Kura in Nigeria, incongruously dated to 400–200 cal. BCE, although these are isolated finds [125]. To be sure, the oldest finger millet seed remains in Ethiopia occur between 50 BCE and 700 CE, at the above-mentioned sites, with earlier (first millennium BCE) occurrences being only of phytoliths that cannot be distinguished from other grasses, including wild species [126]. Taken together, it is not impossible that this crop originated in the Great Lakes region of East Africa and was introduced in the NHE through the movements of people. The hypothesis of a NHE origin could also be investigated by the genetic analysis of wild populations in Ethiopia and by finding if these are genetically closer to the set of domesticated finger millet than to the wild populations of East Africa.

It is clear, however, that *contra* what early authors such as Vavilov and de Candolle hypothesized, finger millet was not independently domesticated in India [44]. This hypothesis gained some traction as some finger millet archaeological grains found in Harappan sites in the Indian sub-continent were dated to the second millennium BCE, so much earlier than the first evidence of this crop in Africa [127,128]. These included Oriyo Timbo, Babar Kot, Hulas, Shikarpur and Surkotada [129]. Because these were found alongside remains of sorghum, an undisputed African domesticate, it was proposed that instead of domestication in the Indian sub-continent, finger millet could have been domesticated in the Sahel region, where sorghum and pearl millet originated, and introduced in India at an early stage through a maritime route [130,131]. This, however, has been questioned, with researchers arguing that the Harappan finger millet remains were most likely misidentified grains of *Setaria/Brachiaria* [132–135]. In our data, all finger millet accessions tested, whether from Africa or India/Nepal, are clustered together and show high genetic similarity, indicating a single introduction of this crop to have occurred at a distant enough past for divergence between gene pools to occur. Determining a divergence date based on DArTSeq genetic data is, currently, not recommended, though. DArTSeq is primarily designed for high-throughput SNP discovery and genome-wide diversity analysis, focusing on identifying genetic variation across individuals or populations. However, DArTSeq typically targets anonymous loci scattered across the genome, which are not always linked to conserved regions necessary for calibrating molecular clocks and estimating divergence times [73]. By contrast, methods like RADSeq or full-genome sequencing often target specific loci or regions where mutation rates can be reliably calculated and used for evolutionary dating [136]. The anonymous nature of DArTSeq loci means that while it is highly effective for population genomic studies, association mapping and diversity assessments, it is less suitable for applications that require precise evolutionary timing [137]. This is owing to the lack of control over the evolutionary rates of the regions being sampled, which is crucial for molecular dating.

Linguistic evidence suggests that the spread of finger millet to Asia may have occurred in classical antiquity, as the Asian names for the crop have no resemblance to the diversity of names used in African languages [138]. Our genomic data confirm this separation, as different regions form distinct genetic groups, and one of them includes only Asian accessions (figure 4). This suggests two routes out of the main domestication centre: (i) eastwards, across the Red Sea and the Arabian Peninsula or the Indian Ocean [139]; and (ii) southwards from Ethiopia through Uganda and Kenya, ultimately reaching southern Africa (figure 5). The archaeobotanical record in the coastal parts of the Arabian Peninsula is lacking, and the few data available do not indicate the presence of finger millet until late medieval times [140–142]. On the other hand, long-distance trade across the Indian Ocean is well established by the first millennium BCE and probably even before [143]. Until more archaeobotanical work is carried out on the southern shores of the Arabian Peninsula and early agriculture there is established, a land route from the NHE to the Indian sub-continent should not be excluded.

A southward movement of finger millet was initially proposed by Ehret [144], whose linguistic analysis suggested that this crop originated in the NHE and gradually dispersed to the south with Cushitic-speaking groups. The slightly higher diversity of African accessions compared with Asian ones (table 2) is to be expected since it was in Africa that finger millet was domesticated. However, it is interesting that southern African accessions have a slightly higher diversity than East African ones, as its cultivation in southern Africa is more recent. The emergence and spread of pastoralism and farming in southern Africa dates around the first millennium CE [145], and the finger millet's arrival there was probably associated with the practise of a mixed economy by these groups, supplementing pastoralism with small-scale farming. This higher genetic diversity in finger millet may reflect less intensive selection in southern Africa, where finger millet tends to be a secondary crop. Interestingly, the accession from South Africa has an ancestry from both the southern African and Indian gene pools. This could result from an admixture between native finger millet and accessions brought from India during British colonialism. This mixing of varieties from different continents could explain the higher diversity. It also leads to considering back-to-Africa events and recent crop movements when investigating the history of these crops.

(c) Domestication and spread

When we compare these two crops, some differences are observable despite the similar biology (i.e. tetraploidy, self-pollinating habit and belonging to the same sub-family). Genetic diversity in finger millet shows a broad geographical distribution that fits regional groups (i.e. East Africa, southern Africa, Indian sub-continent); the domesticated are clearly separated from wild accessions; and accessions from the proposed centre of origin, i.e. the highland region from Ethiopia to Uganda, [46], make up a single population. By contrast, with t'ef, genetic similarities are found between domesticated forms from Ethiopia and accessions classified as wild from afar regions like Afghanistan; some wild accessions (*Er. pilosa*) cluster with domesticated forms, whereas others do not; and in Ethiopia a genetically distinct population occurs in the Tigray region, suggesting a more dynamic crop evolution. Although both crops were probably domesticated in the NHE or surrounding regions, their spread was considerably different. For example, t'ef never spread into East and southern Africa, only across the Red Sea into Asia.

This suggests that agricultural spread in Africa did not include a crop package, but the selective adoption of some species and the rejection of others. For example, although southwest Asian domesticates like wheat and barley were widely cultivated in the NHE, these did not spread to other parts of Ethiopia until the mid-first millennium CE and only reached southern Africa during the seventeenth century onwards. This selective adoption of some crops over others is seen in other contexts. Foxtail and broomcorn millets were domesticated in China around 6000–5500 BCE, and by the second millennium BCE, they had been adopted in Europe as far away as the Iberian Peninsula [146,147]. However, the most important Asian domesticate, rice, was not cultivated in Europe until the Middle Ages. Likewise, southwest Asian cereals (wheat and barley) were adopted in China by the second millennium BCE, but none of the pulses is known to have travelled east [148]. In India, a series of crops were adopted from both west and east Eurasia and mixed with local domesticates, using crop diversity to promote resilience [149–151]. Within Africa, some crops were also selectively adopted in different regions. Sorghum and pearl millet were somehow cosmopolitan in the Sahel and parts of East Africa, but African rice, another crop from the Sahel, was not widely adopted [152]. The reasons why some crops were adopted and others rejected throughout African prehistory are unclear and can include: cultural preferences for taste, texture or shape, adequacy to pre-existing culinary practises, suitability of certain crops to particular soil and environments, value attributed to certain foods by elites or commoners, integration (or not) of novel crops in established farming systems, interplay with pastoralism and availability of contact networks through which crops can be introduced.

The possibility that t'ef and finger millet domestication were a response to environmental change has rarely been addressed [112]. There were periods of climatic aridity and humid phases in the Horn of Africa [153–155]. These could have promoted more investment in the cultivation of well-adapted local plants as a response to drought or, with climate amelioration, the experimentation of novel crops. During the period of the earliest evidence for t'ef domestication, around 1600 BCE, the climate changed to a drier phase [153,156–161]. It could have been during this period that a phase of intensive cultivation occurred in the NHE, and then spreading as fully domesticated crops to neighbouring regions during the later climatically stable phase that characterized the Aksumite period. The genomic data presented here could be mined to find alleles fixed in the domesticated forms and absent (or infrequent) in the wild forms [162]. If such alleles are found to be associated with genes involved in environmental responses, the case for climate change as a driver of t'ef and finger millet domestication would be reinforced.

Obtaining a complete picture of the domestication process of both t'ef and finger millet is hindered by biases in the archaeobotanical record [119]. These include a skew towards regions where excavation was carried out using floatation methods (e.g. this has been performed more systematically in Tigray region of Ethiopia than in other eastern Africa regions with few exceptions like [163]), taphonomical issues and adverse conditions towards the preservation of plant remains in many parts of the regions of interest [123]. The relative lack of interest of archaeologists in plant domestication in the Horn and eastern Africa, regions where research into the Early Stone Age is much more intensive, is also to be considered. Another issue is dating the domestication events. T'ef and finger millet have very small grains that can easily experience bioturbation and sink along site profiles from more recent layers [164]. In addition, the preparation of these crops into food does not often involve roasting, meaning finding charred remains is difficult and even if it is charred preservation is very minimal [112].

In conclusion, it would be ideal to revisit finds of seed remains from these regions and date them directly using the accelerator mass spectrometry method [165]. This would improve the chronology of domestication events. Using genomics of present-day crop landraces and wild plants is also plagued by biases in the availability of plants collected and stored by seed banks and by the extinction dynamics of populations of wild progenitors or species, owing besides other reasons, to changes in land use. However, when a large panel of accessions is available, DArTSeq is a cheap and effective method to discover genetic variants between crops from their wild progenitors and, within the former, between distinct populations that reflect past events such as the spread of cultivation, adaptation to different environments and cultural preferences. To sum up, the current research exemplifies how modern genetic analysis can contribute to elucidate the origins of food production. Additionally, interdisciplinary research integrating genetics, archaeology and environmental studies is imperative to uncover the precise domestication routes and evolutionary history of significant crop species. By adopting a multidisciplinary approach to address existing biases and gaps in the different fields, we can enhance our understanding of the origins of agricultural practises in Africa.

Ethics. This work did not require ethical approval from a human subject or animal welfare committee.

Data accessibility. All data are available in the manuscript or the electronic supplementary material [166].

Declaration of AI use. We have not used AI-assisted technologies in creating this article.

Authors' contributions. D.Z.M.: conceptualization, formal analysis, funding acquisition, investigation, methodology, visualization, writing—original draft, writing—review and editing; A.I.G.: conceptualization, funding acquisition, methodology, supervision, writing—review and editing; R.S.R.M.: investigation, methodology, writing—review and editing; H.R.O.: conceptualization, funding acquisition, methodology, supervision, visualization, writing—review and editing.

All authors gave final approval for publication and agreed to be held accountable for the work performed therein.

Conflict of interest declaration. We declare we have no competing interests.

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