

# BMJ Open Defining timeliness in care for patients with lung cancer: a scoping review

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## ABSTRACT

**Objectives** Early diagnosis and reducing the time taken to achieve each step of lung cancer care is essential. This scoping review aimed to examine time points and intervals used to measure timeliness and to critically assess how they are defined by existing studies of the care seeking pathway for lung cancer.

**Methods** This scoping review was guided by the methodological framework for scoping reviews by Arksey and O'Malley. MEDLINE, EMBASE, CINAHL and PsycINFO electronic databases were searched for articles published between 1999 and 2019. After duplicate removal, all publications went through title and abstract screening followed by full text review and inclusion of articles in the review against the selection criteria. A narrative synthesis describes the time points, intervals and measurement guidelines used by the included articles.

**Results** A total of 2113 articles were identified from the initial search. Finally, 68 articles were included for data charting process. Eight time points and 14 intervals were identified as the most common events researched by the articles. Eighteen different lung cancer care guidelines were used to benchmark intervals in the included articles; all were developed in Western countries. The British Thoracic Society guideline was the most frequently used guideline (20%). Western guidelines were used by the studies in Asian countries despite differences in the health system structure.

**Conclusion** This review identified substantial variations in definitions of some of the intervals used to describe timeliness of care for lung cancer. The differences in healthcare delivery systems of Asian and Western countries, and between high-income countries and low-income-middle-income countries may suggest different sets of time points and intervals need to be developed.

## BACKGROUND

Lung cancer is the most common cancer, with an incidence of 2.1 million globally during 2018, and is the most frequent cause of deaths in both sexes in 14 regions of the world.<sup>1</sup> Incidence and mortality vary across countries due to differences in smoking prevalence and other risk factors, but overall survival rates are low globally (5 year survival of 10%–20% in most countries) with most patients diagnosed at an advanced stage.<sup>1</sup>

Timely diagnosis and access to effective treatment are important determinants of

## Strengths and limitations of this study

- This scoping review documented the commonly studied time points in the lung cancer care pathway and the heterogeneity in naming the intervals and guidelines adopted in the disease care pathway for lung cancer across different studies.
- Arksey and O'Malley's five-stage scoping review framework and Preferred Reporting Items for Systematic Reviews and Meta-Analyses checklist was followed for this scoping review.
- This study was informed by a previously published protocol which dictated a transparent and rigorous search strategy for four databases.
- Quality of studies was not assessed.
- Only studies published in English were included in the review, which may miss potential literature in other languages.

outcome in patients with cancer.<sup>2</sup> Higher cancer survival rates are evident in high performing healthcare systems. For example, patients with lung cancer in Japan (33%), Israel (27%) and Korea (25%) have a much higher 5-year survival rate than their counterparts in India, Thailand, Brazil and Bulgaria (all less than 10%).<sup>3</sup> Early diagnosis can improve survival and reduce lung cancer mortality through timely initiation of treatment.<sup>4</sup>

Numerous studies have been conducted to assess timeliness of initiation and completion of cancer treatment. However, the pathway to cancer diagnosis and treatment is complex.<sup>5</sup> The patient journey from onset of symptoms to initiation of treatment involves multiple stages, which vary significantly across different health systems,<sup>6</sup> with different health systems having different 'bottlenecks' in the patient journey.

The patient journey can be categorised into different care time points. Time points are the landmarks or events that take place in a patient journey to healthcare, for example, onset of symptom(s), contact with a healthcare provider, referral, diagnosis, initiation of treatment, and so on. Depending on the



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outcome of interest of a research or intervention, intervals are defined by calculating the time between two agreed time points. Timeliness can be defined as reaching different time points of care in a way that supports the best patient outcomes. It usually starts from the date of onset of symptoms and ends at the date of initiation of treatment. Guidelines can be defined as a set of agreed recommendation that aim to streamline the process in each step of the disease care pathway to set routine or standard clinical practice. In some countries, clinical guidelines have been developed to establish a maximal length requirement for the intervals between different time points to ensure optimal patient care outcomes. These have enabled measurement of delay. However, studies describing time intervals often mislabeled these intervals as ‘delays’ despite a lack of benchmarking, creating confusion among readers. There are also marked variations in the definitions of these intervals across studies, and in how the data were obtained, measured and presented.<sup>7</sup> This ambiguity leads readers to make assumptions about the interpretation of the terms and findings. Moreover, due to differences in health systems, studies are seldom comparable across countries.<sup>6</sup> Referral pathways vary between countries. For example, in some developing countries, all the diagnostic tests required to diagnose a cancer are completed before a patient is referred to a specialist, thus contributing to variation in the definition and length of the diagnostic segment in the care pathway between such developing countries and the developed country which was the source of the guidance.

Existing guidelines for lung cancer care vary in the benchmarks or cut-off values used to describe acceptable limits of time for each step in the disease care pathway. As a result, definitions and measures of ‘timeliness of care’ vary across countries. Furthermore, the majority of guidelines were developed in Western countries, considering country-specific resources and healthcare mechanisms, and associated with effective referral systems governed by policies.<sup>8</sup> It is unlikely that guidelines developed for Western health systems can be fully effective in poorly resourced health systems,<sup>8,9</sup> which require different definitions, measurements and guidelines for timely care compatible with their available resources and the strength of their health systems.<sup>10</sup>

Several models were proposed in an attempt to improve consistency in the definition, classification and measurement of timeliness of care, but the models are not devoid of limitations. These include the Andersen model of total patient delay,<sup>11</sup> the model of pathways to treatment<sup>12</sup> and the Aarhus statement.<sup>6</sup> Andersen’s model can capture the decisional and behavioural processes that occur before the initiation of treatment, but is limited in its capacity to address the complex and dynamic journey into and through the healthcare system.<sup>12</sup> The subsequently proposed ‘Model of pathways to treatment’ is a descriptive framework which can encompass the psychological theories with a focus on patient factors in the appraisal and help-seeking intervals. The most recent and widely

accepted framework, ‘The Aarhus Statement,’<sup>13</sup> proposes a universal framework to incorporate the issue of lack of consensus in definitions and methods across studies conducted on timeliness of cancer care. It defines four important time points that links different interval durations with patient outcomes to determine targets and guidelines (date of first symptom, date of first presentation to a general practitioner (GP), date of referral and date of diagnosis). It also provides guidance on how to design research with greater precision and transparency. All these models provide an overarching framework that can be adapted to different system contexts. This scoping review aimed to examine time points and intervals used to measure timeliness and to critically assess and compare how they are defined by existing studies of the care seeking pathway for lung cancer.

## METHODS

This scoping review followed the methodological framework for scoping reviews by Arksey and O’Malley<sup>14</sup> which was further enhanced by Levac *et al*<sup>15</sup> and the Joanna Briggs Institute.<sup>16</sup> Stages of the scoping review framework included (1) Identifying the research question, (2) Identifying relevant studies, (3) Study selection, (4) Charting the data and (5) Collating, summarising, and reporting the results. The University of York Centre for Reviews and Dissemination guidance for undertaking reviews in health care<sup>17</sup> and the Preferred Reporting Items for Systematic Reviews and Meta-Analyses checklist<sup>18</sup> were followed to ensure the comprehensiveness of the review. This scoping review categorised available definitions and terminologies relating to timeliness in the disease care pathway, without an intention of achieving consensus.

### Identifying the research question

To address the aim of assessing definitions describing timeliness of seeking and receiving care in patients with lung cancer in published articles, the following research questions were posed:

1. What are the time points and intervals commonly identified in the care pathway for lung cancer in the existing literature?
2. How is timeliness of seeking and receiving care for lung cancer described and related to guidelines in the existing literature?
3. Are there differences in definitions, measurements and benchmarking of timeliness used in Western and Asian countries?

### Identifying relevant studies

The study population of included literature was patients with diagnosed lung cancer, irrespective of histological type and disease stage. Studies were identified through the keywords that were used to describe timeliness of seeking care, time points in seeking care and intervals between time points in the disease care pathway. Studies were excluded if timeliness of care or time points and intervals

in the care pathway were ambiguous, were not specific for lung cancer, if the primary focus of the article was not timeliness of care, if the articles were not published in English, or if studies were published only as abstracts. This scoping review included all studies, irrespective of study methodology, quality and publication type to gain a better understanding of how researchers have operationalised and measured timeliness of seeking and receiving care for lung cancer in various study settings between May 1999 and May 2019.

The text contained in the titles and abstracts of the papers from the initial search and the keywords used to describe those articles were used to formulate the search strategies specific to the selected databases. MEDLINE, EMBASE, PsycINFO and CINAHL were searched for published articles. An academic health sciences librarian was consulted on selecting the appropriate keywords and the most appropriate MeSH terms and filters to maximise inclusion of articles within the search, and how to modify them for selected bibliographic databases (full search strategy in online supplemental file 1). Reference lists were screened for relevant articles. Search results were imported into EndNote (V.X9) to organise search results specific to each database and later used to generate the reference list for the review. References were imported to Covidence, which was used for documenting the process including duplicate identification and removal, title and abstract screening, and full-text review for included articles. Detailed keywords mapping and database specific search strategies were published in the protocol of this scoping review.<sup>19</sup>

### Study selection

Selection of publications involved two stages. First, title and abstract were screened against the inclusion criteria, and second, the potentially relevant papers went through full-text review. To increase the reliability of the decision process all selected papers were independently assessed by at least two researchers. Due to the exploratory nature of this scoping review, a detailed methodological quality assessment was not required.<sup>20</sup> One author (AA) performed a search of the electronic database for literature. Two authors (AA and AR) independently reviewed and screened the abstracts of the searched articles for inclusion. The other two authors (VL and CFM) reviewed the disagreements and resolved by discussion with all the authors.

### Data charting, collating and summarising

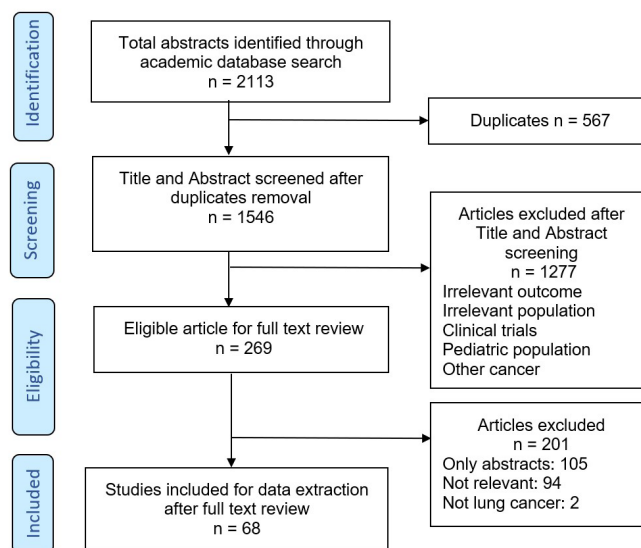
A data extraction chart was used to capture the data from selected articles (online supplemental file 2), which was recorded on Microsoft Excel 365. Data were extracted by AA independently and examined by authors (VL, CL, CFM and AR).

Initially a coding tree was constructed which had three levels: time points as the first level, time intervals (with starting and ending time point) as the second level, and timeliness (with a definition or benchmarking) as the

third level. The initial coding tree was further expanded and divided when new categories emerged from data. An exhaustive list of time points related to seeking or receiving care on the patient care journey was extracted through comparing and merging similar terminologies. The sequence of the time points was determined as follows, (1) patient recalled onset of symptoms, (2) first contact with a healthcare provider, (3) diagnosis, (4) referral to a specialist, (5) first visit to a specialist/hospital admission, (6) patient informed about diagnosis, (7) pre-initiation of treatment, and (8) initiation of treatment. Afterwards, we summarised and charted the type of intervals examined in the included studies. Intervals in the lung cancer patient care pathway considered the duration between one time point and another time point. Relevant definitions or measurements in relation to the three level coding themes (time points, intervals and timeliness) were also extracted with or without further verification from the cited guidelines. The data on definition of interval or delay were extracted when an article explicitly mentioned the guiding principle (cancer care guideline or self-definition) which included researcher/study constructed definitions as well. Comparisons between Asian and Western countries were based on the similarities or differences in using time points, intervals and measurement of timelines for intervals.

## RESULTS

A total of 2113 articles were identified from the initial search. After duplicates removal, 1546 articles were screened for eligibility and 269 articles were selected for full-text review. Two hundred and one articles were excluded because they were not relevant, only published as abstract or not related to lung cancer. Finally, 68 articles were included for the data charting process (figure 1).



**Figure 1** PRISMA flow chart. PRISMA, Preferred Reporting Items for Systematic Reviews and Meta-Analyses.

**Table 1** Characteristics of included articles

N=68	Characteristics of included articles	N (%)
Year of publication	2001–2010	25 (37)
	2011–2018	43 (63)
Study setting*	North America (USA, Canada)	21 (30.88)
	UK (England, Scotland, Wales and Northern Ireland)	15 (22.06)
	Europe (Denmark, Netherlands, Norway, Spain, Italy, Sweden, France, Poland, Finland)	13 (19.12)
	Asia (Turkey, India, Mainland China, Taiwan, Nepal)	9 (13.24)
	Australia and New Zealand	8 (11.76)
Study design	Cross-sectional	41 (60.83)
	Other study designs	13 (19.1)
	Cohort	9 (13.2)
	Case control	3 (4.4)
	Systematic review	1 (1.5)
	Scoping review	1 (1.5)
Sample size	Range	12–1 71 208
	All studies total	280 591

\*Review papers not counted in study settings and sample size.

Characteristics of the included articles are given in [table 1](#) (review articles were excluded).

### Time points

Based on the selected articles, time points were classified and the sequence was determined into eight categories ([table 2](#)). Commonly mentioned time points included onset of symptom(s), first contact with healthcare provider, diagnosis/first suspicious investigation result, referral/receipt of referral by a specialist (at secondary care), first visit to a specialist/hospital admission, patient informed of lung cancer diagnosis and initiation of treatment.

### Intervals

Fourteen different intervals, from onset of symptom(s) to initiation of treatment were identified in this scoping review ([table 3](#)): (1) From onset of symptoms to first contact with healthcare provider, (2) From first contact with general healthcare provider to first contact with specialist healthcare provider, (3) From first contact with secondary/tertiary healthcare provider to diagnosis, (4) From first contact with healthcare provider to diagnosis, (5) From diagnosis to contact with secondary/tertiary healthcare provider, (6) From onset of symptoms to contact with secondary/tertiary healthcare provider, (7) From contact with secondary/tertiary healthcare

provider to initiation of treatment, (8) From onset of symptom(s) to referral to a specialist/ receipt of referral by a specialist or thoracic department, (9) From referral to a specialist/ receipt of referral by a specialist or thoracic department to diagnosis, (10) From onset of symptom to diagnosis, (11) From referral to a specialist/ receipt of referral by a specialist or thoracic department to treatment, (12) From first contact with healthcare provider to treatment, (13) From diagnosis to initiation of treatment and (14) From onset of symptom to Initiation of treatment. Intervals were not measured as completion of treatment or death.

Some articles used different terminologies to label the same intervals; and similarly, the same terminology was used to label different intervals in different articles.

1. From onset of symptoms to first contact with healthcare provider interval: patient delay<sup>21–26</sup> and patient's application interval.<sup>27 28</sup>
2. Duration from first contact with healthcare provider to first contact with specialist at secondary care or next level: GP delay,<sup>21 23–25</sup> GP interval,<sup>29</sup> primary care interval,<sup>30</sup> referral delay<sup>21 23 25</sup> and referral interval.<sup>27 28</sup>
3. From first contact with secondary or tertiary healthcare provider to diagnosis interval: specialist interval,<sup>29</sup> specialist's delay (second doctor's delay),<sup>21 24 25</sup> diagnosis delay<sup>31</sup> and diagnosis interval.<sup>28</sup>
4. From first contact with healthcare provider to diagnosis: diagnostic interval<sup>29 30 32 33</sup> and delay in diagnosis.<sup>34</sup>
5. From diagnosis to contact with secondary/tertiary healthcare provider: referral interval in one study.<sup>35</sup>
6. Interval between onset of symptom to contact with secondary/tertiary healthcare provider: patient delay.<sup>36</sup>
7. Interval between contact with secondary/tertiary healthcare provider and initiation of treatment: hospital delay<sup>25 31</sup> and treatment interval.<sup>35</sup>
8. From onset of symptoms to referral to a specialist thoracic department: referral delay,<sup>37</sup> specialist delay.<sup>31</sup>
9. From referral to a specialist or receipt of referral by a specialist or thoracic department to diagnosis: referral interval.<sup>30</sup>
10. Interval between onset of symptom to diagnosis: total diagnostic delay<sup>29</sup> and time to diagnosis.<sup>38</sup>
11. From referral to a specialist/receipt of referral by a specialist or thoracic department to treatment interval: time to treatment (hospital delay)<sup>39</sup> and delay in secondary healthcare.<sup>22</sup>
12. Interval between first contact with healthcare provider to treatment: healthcare interval,<sup>30</sup> system delay<sup>22</sup> and doctor's interval.<sup>27 28</sup>
13. From diagnosis to initiation of treatment: therapeutic delay,<sup>23</sup> treatment delay,<sup>22 31</sup> treatment interval,<sup>30 33</sup> system interval,<sup>40</sup> pretreatment interval,<sup>32</sup> diagnosis-to-treatment delay<sup>41</sup> and diagnosis-to-treatment interval.<sup>42</sup>

**Table 2** Time points in the lung cancer care pathway

Time points	Articles	Definition of time point	Settings	
Onset of symptoms	Baughan <i>et al</i> UK <sup>80</sup>	Date patient first noticed symptoms	UK	
	Corner <i>et al</i> UK <sup>84</sup>	The date, week, or month when a symptom or health change was recalled, and actions taken as a result by the patient were recorded as well as a description of the health change or symptom		
	Dobson <i>et al</i> UK <sup>95</sup>	The date of symptom onset was defined as the first symptom reported		
	Melling <i>et al</i> UK <sup>84</sup>	First symptom reported by the patients to their GPs		
	Neal <i>et al</i> UK <sup>96</sup>	Onset of first symptom		
	Smith <i>et al</i> Scotland <sup>97</sup>	The date participant defined first symptom		
	Salomaa <i>et al</i> Finland <sup>21</sup>	The dates of onset of symptoms		Europe
	Yang <i>et al</i> Mainland China <sup>98</sup>	First symptom		Asia
	Yilmaz <i>et al</i> Turkey <sup>27</sup>	Date of initial symptoms		
Özlü <i>et al</i> Turkey <sup>69</sup>	Onset of symptoms			
First contact with healthcare provider	Baughan <i>et al</i> UK <sup>80</sup>	Date patient of first presentation with a GP	UK	
	Corner <i>et al</i> UK <sup>84</sup>	Timing of first visit to the GP		
	Dobson <i>et al</i> UK <sup>95</sup>	Date on which person consulted a GP about their symptoms.		
	Smith <i>et al</i> Scotland <sup>97</sup>	Date of presentation to a medical practitioner		
	Melling <i>et al</i> UK <sup>84</sup>	Presentation of the first cancer symptom to the GP		
	Neal <i>et al</i> UK <sup>96</sup>	First presentation (Face-to-face consultations, nurse consultations, telephone consultations) to primary care		
	Vidaver <i>et al</i> USA <sup>68</sup>	First visit to primary healthcare provider		North America
	Helsper <i>et al</i> 2017 Netherlands <sup>30</sup>	First contact (physical or telephone) with the GP for suspected cancer-related signs or symptoms		Europe
	Salomaa <i>et al</i> Finland <sup>21</sup>	First visit to a doctor, who was in general, a GP		
	Rankin <i>et al</i> Australia <sup>32</sup>	First consultation with primary healthcare provider		Australia and New Zealand
	Largey <i>et al</i> Australia <sup>99</sup>	Dates of first presentation as the time point the clinician started investigation or referral for possible investigation		
	Yang <i>et al</i> Mainland China <sup>98</sup>	First contact with local doctor		Asia
	Yilmaz <i>et al</i> Turkey <sup>27</sup>	Date of first doctor visit		
Özlü <i>et al</i> Turkey <sup>69</sup>	First presentation to a physician			
Diagnosis/first suspicious investigation result	Corner <i>et al</i> UK <sup>84</sup>	Date of diagnosis (the investigation procedure was not specified)	UK	
	Neal <i>et al</i> UK <sup>96</sup>	Date of diagnosis (CT/PET scan, a tissue diagnosis)		
	Melling <i>et al</i> UK <sup>84</sup>	Date of Diagnosis (bronchoscopy, mediastinoscopy, CT scan, bone scan, plural cytology)		
	Vidaver <i>et al</i> USA <sup>68</sup>	First imaging result with a lung abnormality		North America
	Singh <i>et al</i> USA <sup>65</sup>	Earliest date that a diagnostic clue could have been recognised by a care provider		
	Li <i>et al</i> Canada <sup>100</sup>	Date of diagnosis		
	Maiga <i>et al</i> USA <sup>42</sup>	Date of pathology diagnosis		
	Schultz <i>et al</i> USA <sup>70</sup>	Date when a pathologic diagnosis of lung cancer was confirmed		
	Grunfeld <i>et al</i> Canada <sup>83</sup>	Date of confirmed diagnosis (date of the pathology or radiology report)		
	Helsper <i>et al</i> Netherlands <sup>30</sup>	Date of the histological confirmation of the primary tumour		Europe
	Rankin <i>et al</i> Australia <sup>32</sup>	Time of the formal cancer diagnosis being made		Australia and New Zealand
	Largey <i>et al</i> Australia <sup>99</sup>	Date of histological diagnosis		
	Malalasekera <i>et al</i> 2018 Australia <sup>33</sup>	First suspicious investigation report (the investigation procedure was not specified)		
Özlü <i>et al</i> Turkey <sup>69</sup>	Date of histopathological diagnosis	Asia		
Yang <i>et al</i> Mainland China <sup>22</sup>	Date of diagnosis (CT scan and biopsy)			
Yilmaz <i>et al</i> Turkey <sup>27</sup>	Date of diagnosis			
Referral to a specialist/ receipt of referral by a specialist or thoracic department	Baughan <i>et al</i> UK <sup>80</sup>	Date of decision to refer by primary care	UK	

Continued

Table 2 Continued

Time points	Articles	Definition of time point	Settings
	Melling <i>et al</i> UK <sup>84</sup>	Date of referral to secondary care	
	Neal <i>et al</i> UK <sup>96</sup>	Date of GP referral to specialist or admission to hospital	
	Grunfeld <i>et al</i> Canada <sup>83</sup>	Referral for diagnostic assessment was received by the consultant	North America
	Vidaver <i>et al</i> USA <sup>68</sup>	Date of referral to a specialist	
	Helsper <i>et al</i> Netherlands <sup>30</sup>	The time point when the responsibility for the patient was transferred from a GP to secondary care	Europe
	Salomaa <i>et al</i> Finland <sup>21</sup>	The date of the writing of the referral requesting consultation from a specialist	
	Stokstad <i>et al</i> Norway <sup>87</sup>	A referral letter for suspected lung cancer was received by the Department of Thoracic Medicine	
	Largey <i>et al</i> Australia <sup>99</sup>	Date of referral by primary healthcare provider	Australia and New Zealand
	Malalasekera <i>et al</i> Australia <sup>33</sup>	Date of first referral to secondary care	
	Yang <i>et al</i> Mainland China <sup>22</sup>	Date of referral to hospital from primary physician	Asia
First visit to a specialist/ Hospital admission	Baughan <i>et al</i> UK <sup>80</sup>	Date patient first seen by specialist	UK
	Vidaver <i>et al</i> USA <sup>68</sup>	First visit to a specialist	North America
	Salomaa <i>et al</i> Finland <sup>21</sup>	The first appointment with the specialist	Europe
	Largey <i>et al</i> Australia <sup>99</sup>	First specialist visit	Australia and New Zealand
	Malalasekera <i>et al</i> 2018 Australia <sup>33</sup>	First specialist visit	
	Alexander <i>et al</i> 2016 Australia <sup>76</sup>	Date of first medical oncology or haematology review for patients with an urgent presentation	
	Yilmaz <i>et al</i> 2008 Turkey <sup>27</sup>	Date of admission to pneumology department	Asia
Patient informed of the cancer diagnosis	Baughan <i>et al</i> 2009 UK <sup>80</sup>	Date patient told the diagnosis	UK
	Grunfeld <i>et al</i> 2009 Canada <sup>83</sup>	Date patient informed of diagnosis	North America
	Vidaver <i>et al</i> 2016 USA <sup>68</sup>	Date patient informed of the biopsy result	
Pre-initiation of treatment	Maiga <i>et al</i> USA <sup>42</sup>	<ul style="list-style-type: none"> <li>▶ Date of lung nodule identification on CT imaging according to the medical record</li> <li>▶ Date when a lung nodule originally less than 10mm in size was documented as having new growth on CT imaging.</li> </ul>	North America
Initiation of treatment	Melling <i>et al</i> UK <sup>84</sup>	Date treatment started (surgery, radical radiotherapy with chemotherapy).	UK
	Li <i>et al</i> Canada <sup>100</sup>	Date of first treatment, surgery and adjuvant treatment	North America
	Shugarman <i>et al</i> USA <sup>66</sup>	First date recorded for treatment (surgery, radiation, or chemotherapy)	
	Vidaver <i>et al</i> USA <sup>68</sup>	First treatment date	
	Grunfeld <i>et al</i> Canada <sup>83</sup>	Date of initiation of neoadjuvant chemotherapy, surgery if no preoperative treatment was required, chemotherapy, radiotherapy, or a decision not to treat.	
	Maiga <i>et al</i> USA <sup>42</sup>	Time of resection.	
	Stokstad <i>et al</i> Norway <sup>87</sup>	The time for treatment decision as the date when such a decision was documented in the Electronic Medical Record	Europe
	Helsper <i>et al</i> Netherlands <sup>30</sup>	Date of start of therapy as registered in the Network of Cancer Registries	
	Iachina <i>et al</i> Denmark <sup>85</sup>	First day of treatment is defined as the date of initiation of surgical, oncological, or radiological treatment, whichever comes first	
	Alexander <i>et al</i> Australia <sup>76</sup>	Time to chemotherapy should be measured from the date that chemotherapy treatment was decided. For adjuvant chemotherapy, time to chemotherapy should be measured from the date of surgery.	Australia and New Zealand
	Evans <i>et al</i> Australia <sup>77</sup>	Date of initial definitive management	
	Malalasekera <i>et al</i> Australia <sup>33</sup>	Treatment start date	
	Rankin <i>et al</i> Australia <sup>32</sup>	Start of treatment	
	Özlü <i>et al</i> Turkey <sup>69</sup>	Start of treatment	Asia
	Yang <i>et al</i> Mainland China <sup>22</sup>	Initiation of treatment date	
	Yilmaz <i>et al</i> Turkey <sup>27</sup>	Date of thoracotomy	

GP, general practitioner.

**Table 3** Intervals in the lung cancer care pathway

Intervals	Articles	Study setting
From onset of symptoms To First contact with healthcare provider	Baughan <i>et al</i> UK <sup>80</sup>	UK
	Corner <i>et al</i> UK <sup>94</sup>	
	Neal <i>et al</i> UK <sup>96</sup>	
	Smith <i>et al</i> Scotland <sup>97</sup>	
	Brocken <i>et al</i> Netherlands <sup>23</sup>	Europe
	Helsper <i>et al</i> Netherlands <sup>30</sup>	
	Koyi <i>et al</i> Sweden <sup>24</sup>	
	Salomaa <i>et al</i> Finland <sup>21</sup>	
	Sawicki <i>et al</i> Poland <sup>101</sup>	
	Rolke <i>et al</i> Norway <sup>25</sup>	
From first contact with secondary/tertiary healthcare provider To diagnosis	Ezer <i>et al</i> Canada <sup>81</sup>	North America
	Ellis and Vandermeer Canada <sup>43</sup>	
	Verma <i>et al</i> Australia <sup>102</sup>	Australia and New Zealand
	Thapa <i>et al</i> Nepal <sup>26</sup>	Asia
From first contact with general healthcare provider To First contact with specialist healthcare provider	Yang <i>et al</i> Mainland China <sup>41</sup>	
	Yilmaz <i>et al</i> Turkey <sup>27</sup>	
	Özlü <i>et al</i> Turkey <sup>69</sup>	
	Sulu <i>et al</i> Turkey <sup>28</sup>	
	Forrest <i>et al</i> UK <sup>78</sup>	UK
	Baughan <i>et al</i> UK <sup>80</sup>	
	Barrett and Hamilton 2008 UK <sup>103</sup>	
	Devbhandari <i>et al</i> UK <sup>71</sup>	
	Melling <i>et al</i> UK <sup>84</sup>	
	Girolamo <i>et al</i> UK <sup>79</sup>	
From diagnosis to contact with secondary/ tertiary healthcare provider	Rolke <i>et al</i> Norway <sup>25</sup>	Europe
	Hueto Pérez De Heredia <i>et al</i> Spain <sup>72</sup>	
	Koyi <i>et al</i> Sweden <sup>24</sup>	
	Helsper <i>et al</i> Netherlands <sup>30</sup>	
	Salomaa <i>et al</i> Finland <sup>21</sup>	
	Brocken <i>et al</i> Netherlands <sup>23</sup>	
	Vidaver <i>et al</i> USA <sup>68</sup>	North America
	Olsson <i>et al</i> USA <sup>104</sup>	
	Ellis and Vandermeer Canada <sup>43</sup>	
	Grunfeld <i>et al</i> Canada <sup>83</sup>	

Continued

**Table 3** Continued

Intervals	Articles	Study setting
From onset of symptoms To contact with secondary/ tertiary healthcare provider	Verma <i>et al</i> Australia <sup>102</sup>	Australia and New Zealand
	Emery <i>et al</i> Australia <sup>29</sup>	
	Sood <i>et al</i> New Zealand <sup>73</sup>	
	Yilmaz <i>et al</i> Turkey <sup>27</sup>	Asia
From first contact with healthcare provider To diagnosis	Thapa <i>et al</i> Nepal <sup>26</sup>	
	Sulu <i>et al</i> Turkey <sup>28</sup>	
	Salomaa <i>et al</i> Finland <sup>21</sup>	Europe
	Rolke <i>et al</i> Norway <sup>25</sup>	
	Koyi <i>et al</i> Sweden <sup>24</sup>	
	Gozalez <i>et al</i> Spain <sup>31</sup>	
	Ellis and Vandermeer Canada <sup>43</sup>	North America
	Emery <i>et al</i> Australia <sup>29</sup>	Australia and New Zealand
	Sulu <i>et al</i> Turkey <sup>28</sup>	Asia
	Özlü <i>et al</i> Turkey <sup>69</sup>	
From diagnosis to contact with secondary/ tertiary healthcare provider	Barrett and Hamilton UK <sup>103</sup>	UK
	Corner <i>et al</i> UK <sup>94</sup>	
	Devbhandari <i>et al</i> UK <sup>71</sup>	
	Forrest <i>et al</i> UK <sup>78</sup>	
	Neal <i>et al</i> UK <sup>96</sup>	
	Helsper <i>et al</i> Netherlands <sup>30</sup>	Europe
	Ezer <i>et al</i> Canada <sup>81</sup>	North America
	Vidaver <i>et al</i> USA <sup>68</sup>	
	Emery <i>et al</i> Australia <sup>29</sup>	Australia and New Zealand
	Rankin <i>et al</i> Australia <sup>32</sup>	
From onset of symptoms To contact with secondary/ tertiary healthcare provider	Özlü <i>et al</i> Turkey <sup>69</sup>	Asia
	Hsieh <i>et al</i> Taiwan <sup>34</sup>	
	Kanarek <i>et al</i> USA <sup>35</sup>	North America
	Wai <i>et al</i> Canada <sup>105</sup>	
	Winget <i>et al</i> Canada <sup>106</sup>	
	Zullig <i>et al</i> USA <sup>107</sup>	
	Bjerager <i>et al</i> Denmark <sup>108</sup>	Europe
	Ampil <i>et al</i> USA <sup>36</sup>	North America
	Thapa <i>et al</i> Nepal <sup>26</sup>	Asia

Continued

Table 3 Continued

Intervals	Articles	Study setting
From contact with secondary/tertiary healthcare provider To initiation of treatment	Devbhandari <i>et al</i> UK <sup>86</sup>	UK
	Girolamo <i>et al</i> UK <sup>79</sup>	
	Gonzalez <i>et al</i> Spain <sup>31</sup>	Europe
	Rolke <i>et al</i> Norway <sup>25</sup>	
	Huetto Pérez De Heredia <i>et al</i> Spain <sup>72</sup>	
	Hubert <i>et al</i> Canada <sup>109</sup>	North America
	Kanarek <i>et al</i> USA <sup>35</sup>	
	Winget <i>et al</i> Canada <sup>106</sup>	
	Vidaver <i>et al</i> USA <sup>68</sup>	
	Ellis and Vandermeer Canada <sup>43</sup>	
From onset of symptoms to referral to specialist/ receipt of referral by a specialist or thoracic department	Ampil <i>et al</i> USA <sup>36</sup>	
	Olsson <i>et al</i> USA <sup>104</sup>	
	Wai <i>et al</i> Canada <sup>105</sup>	
	Verma <i>et al</i> Australia <sup>102</sup>	Australia and New Zealand
From referral to a specialist/ receipt of referral by a specialist or thoracic department to diagnosis	Lee <i>et al</i> UK <sup>74</sup>	UK
	Gonzalez <i>et al</i> Spain <sup>31</sup>	Europe
	Buccheri and Ferrigno Italy <sup>37</sup>	
From onset of symptoms to diagnosis	Barrett and Hamilton UK <sup>103</sup>	UK
	Smith <i>et al</i> Scotland <sup>97</sup>	
	Helsper <i>et al</i> Netherlands <sup>30</sup>	Europe
	Grunfeld <i>et al</i> Canada <sup>83</sup>	North America
	Evans <i>et al</i> Australia <sup>77</sup>	Australia and New Zealand
	Largey <i>et al</i> Australia <sup>67</sup>	
	Sood <i>et al</i> New Zealand <sup>73</sup>	
From onset of symptoms to diagnosis	Corner <i>et al</i> UK <sup>94</sup>	UK
	Lee <i>et al</i> UK <sup>74</sup>	
	Walter <i>et al</i> UK <sup>38</sup>	
	Koyi <i>et al</i> Sweden <sup>24</sup>	Europe
	Wai <i>et al</i> Canada <sup>105</sup>	North America
	Emery <i>et al</i> Australia <sup>29</sup>	Australia and New Zealand
	Sachdeva <i>et al</i> India <sup>88</sup>	Asia
	Chandra <i>et al</i> India <sup>41</sup>	
	Dubey <i>et al</i> India <sup>89</sup>	

Continued

Table 3 Continued

Intervals	Articles	Study setting
From referral to a specialist/ receipt of referral by a specialist or thoracic department to treatment	Devbhandari <i>et al</i> UK <sup>71</sup>	UK
	Smith <i>et al</i> Scotland <sup>97</sup>	
	Forrest <i>et al</i> UK <sup>78</sup>	
	Bozcuk and Martin UK <sup>39</sup>	
	Iachina <i>et al</i> Denmark <sup>85</sup>	Europe
	Olsson <i>et al</i> USA <sup>104</sup>	North America
	Grunfeld <i>et al</i> Canada <sup>83</sup>	
	Ampil <i>et al</i> USA <sup>36</sup>	
	Evans <i>et al</i> Australia <sup>77</sup>	Australia and New Zealand
	Largey <i>et al</i> Australia <sup>67</sup>	
From first contact with healthcare provider to treatment	Sood <i>et al</i> New Zealand <sup>73</sup>	
	Yang <i>et al</i> Mainland China <sup>22</sup>	Asia
	Melling <i>et al</i> UK <sup>84</sup>	UK
From diagnosis to initiation of treatment	Helsper <i>et al</i> Netherlands <sup>30</sup>	Europe
	Sawicki <i>et al</i> Poland <sup>101</sup>	
	Vidaver <i>et al</i> USA <sup>68</sup>	North America
	Ezer <i>et al</i> Canada <sup>81</sup>	
	Yang <i>et al</i> Mainland China <sup>22</sup>	Asia
From diagnosis to initiation of treatment	Yilmaz <i>et al</i> Turkey <sup>27</sup>	
	Özlü <i>et al</i> Turkey <sup>69</sup>	
	Sulu <i>et al</i> Turkey <sup>28</sup>	
	Forrest <i>et al</i> . 2014 UK <sup>78</sup>	UK
	Brocken <i>et al</i> Netherlands <sup>23</sup>	Europe
	Gonzalez <i>et al</i> Spain <sup>31</sup>	
	Salomaa <i>et al</i> Finland <sup>21</sup>	
	Helsper <i>et al</i> Netherlands <sup>30</sup>	
	Iachina <i>et al</i> Denmark <sup>85</sup>	
	Schultz <i>et al</i> USA <sup>70</sup>	North America
From diagnosis to initiation of treatment	Kanarek <i>et al</i> USA <sup>35</sup>	
	Grunfeld <i>et al</i> Canada <sup>83</sup>	
	Borrayo <i>et al</i> USA <sup>110</sup>	
	Kim <i>et al</i> Canada <sup>40</sup>	
	Olsson <i>et al</i> USA <sup>104</sup>	
	Ost <i>et al</i> USA <sup>75</sup>	
	Yorio <i>et al</i> USA <sup>111</sup>	
	Zullig <i>et al</i> USA <sup>107</sup>	
	Li <i>et al</i> Canada <sup>100</sup>	
	Maiga <i>et al</i> USA <sup>42</sup>	
Vidaver <i>et al</i> USA <sup>68</sup>		

Continued



**Table 3** Continued

Intervals	Articles	Study setting
	Winget <i>et al</i> Canada <sup>106</sup>	
	Largey <i>et al</i> Australia <sup>67</sup>	Australia and New Zealand
	Malalasekera <i>et al</i> Australia <sup>33</sup>	
	Evans <i>et al</i> Australia <sup>77</sup>	
	Rankin <i>et al</i> Australia <sup>32</sup>	
	Özlü <i>et al</i> Turkey <sup>69</sup>	Asia
	Yang <i>et al</i> Mainland China <sup>22</sup>	
	Yilmaz <i>et al</i> Turkey <sup>27</sup>	
	Sulu <i>et al</i> Turkey <sup>28</sup>	
	Chandra <i>et al</i> 2009 India <sup>41</sup>	
From onset of symptoms to initiation of treatment	Salomaa <i>et al</i> Finland <sup>21</sup>	Europe
	Koyi <i>et al</i> Sweden <sup>24</sup>	
	Rolke <i>et al</i> Norway <sup>25</sup>	
	Sawicki <i>et al</i> Poland <sup>101</sup>	
	Ellis and Vandermeer Canada <sup>43</sup>	North America
	Olsson <i>et al</i> USA <sup>104</sup>	
	Verma <i>et al</i> Australia <sup>102</sup>	Australia and New Zealand
	Yilmaz <i>et al</i> Turkey <sup>27</sup>	Asia
	Özlü <i>et al</i> Turkey <sup>69</sup>	
	Sulu <i>et al</i> Turkey <sup>28</sup>	
	Chandra <i>et al</i> India <sup>41</sup>	

14. From onset of symptom(s) to initiation of treatment: global delay,<sup>43</sup> total delay<sup>25</sup> and symptom to treatment delay.<sup>41</sup>

Table 4 presents the time intervals commonly studied in the included articles. The most frequently studied interval was ‘diagnosis to initiation of treatment’, followed by ‘first contact with healthcare provider to specialist’

and ‘symptom onset to first contact’. Both ‘diagnosis to specialist’ and ‘specialist to diagnosis’ paths were studied. Very few studies have researched onset of symptom to referral and specialist consultation. The time point ‘patient informed of diagnosis’ and intervals involving this time point were rarely studied.

### Timeliness measures

The review identified 30 articles which conceptualised delay in the care pathway by adapting benchmarks from established guidelines to set cut-off values. The benchmarks were guided by British Thoracic Society (BTS) recommendations on organising the care of patients with lung cancer,<sup>44</sup> National Institute for Clinical Excellence (NICE) guideline,<sup>45 46</sup> UK National Cancer Plan (UKNCP),<sup>47</sup> UK National Health Service (UKNHS) guideline,<sup>48 49</sup> UK Department of Health guideline,<sup>50</sup> Research and Development (RAND) Corporation guideline,<sup>51</sup> Canadian Strategy for Cancer Control,<sup>52</sup> Canadian guidelines,<sup>53</sup> Standing Medical Advisory Committee (SMAC),<sup>54</sup> Cancer Council Australia and Cancer Australia,<sup>55</sup> Danish Lung Cancer Group and Registry,<sup>56</sup> Swedish Lung Cancer Group<sup>57</sup> and Scottish Executive Health Department (SEHD),<sup>58 59</sup> Institute of Medicine,<sup>60</sup> Dutch Association of Physicians for Pulmonary Disease and Tuberculosis,<sup>61</sup> Joint Council for Clinical Radiology,<sup>62</sup> American College of Chest Physicians,<sup>63</sup> and Norwegian National Guidelines.<sup>64</sup>

Six articles referenced cut-off values from other articles to compare timeliness<sup>24 35 41 65–67</sup> and one article proposed a benchmark cut-off value based on their findings.<sup>68</sup> Fifteen articles used single guidelines and fifteen articles used more than one guideline to conceptualise timeliness measures. Out of 30 articles, BTS was adopted by 14 articles,<sup>23 25 27 28 33 41 65 69–75</sup> UKNHS was used seven times,<sup>33 67 72 76–79</sup> NICE guideline by four articles,<sup>71 73 80 81</sup> RAND corporation guideline by four articles<sup>33 70 75 82</sup> and Canadian guidelines by four articles,<sup>27 28 41 83</sup> SEHD guidelines by three articles,<sup>33 80 84</sup> Danish Lung Cancer Group guidelines by three articles,<sup>33 67 85</sup> UKNCP guidelines by two articles,<sup>71 86</sup> SMAC guideline by two articles,<sup>33 84</sup>

**Table 4** Time intervals commonly studied—dark blue >10 (most commonly), light blue >7 (commonly), lighter blue >3 (occasionally), white=none

Starting point	Ending point					Initiation of treatment
	First contact with healthcare provider	Referral	Specialist consultation	Diagnosis	Patient informed of diagnosis	
Onset of symptom	18	3	3	9	-	11
First contact with healthcare provider	X	-	22	12	-	9
Referral		X	-	7	-	12
Specialist consultation			X	7	-	14
Diagnosis			4	X	3	28
Patient informed of diagnosis					X	3

Norwegian National Guidelines by two articles<sup>25 87</sup> and Swedish Lung Cancer Group guidelines by two articles.<sup>28 33</sup> Online supplemental file 3 describes the ‘measures of timeliness’/‘benchmark for intervals’ with cut-off values adopted from different guidelines. Table 5 presents the timeliness measures according to study settings.

BTS guidelines were those most frequently cited in the included studies (20%). Studies guided by the BTS guidelines adapted the definition of intervals and measurement of timeliness depending on the interval of interest. Common timeliness measures adapted from BTS included the length of time that should elapse from initial GP referral of suspected lung cancer to evaluation/respiratory assessment ( $\leq 1$  week), primary care referral to receiving diagnostic tests (bronchoscopy/histology/cytology) ( $\leq 2$  weeks), presentation of symptom to diagnosis ( $\leq 8$  weeks), diagnosis to initiation of treatment ( $\leq 6$  weeks), GP referral to specialist consultation ( $\leq 1$  week), GP referral and initiation of any type of treatment ( $\leq 62$  days), specialist consultation and surgery (thoracotomy) ( $\leq 8$  weeks), surgical waiting list and thoracotomy (4 weeks), referral to surgeons ( $\leq 4$  weeks), oncology referral to commencement of radiotherapy or chemotherapy ( $\leq 2$  weeks), decision-to-treat to initiation of treatment (31 days).

Table 6 presents the frequently used intervals and guidelines to measure timeliness in the included articles.

#### Differences between Asian and Western countries

There were nine studies from five Asian countries/territories included in the scoping review. There were no differences in the terminology for labelling time points and intervals in the lung cancer care pathway between studies from Asian and Western countries. Studies from Asian countries/territories adapted timeline for intervals from Western guidelines in many instances. One study from India<sup>41</sup> and several Turkish<sup>27 28 69</sup> studies measured timeliness by adapting guidelines from the BTS, Canada and Sweden. The reporting of timeliness was not described as being guided by any specific guideline in studies from mainland China,<sup>41</sup> Nepal,<sup>26</sup> Taiwan<sup>34</sup> and two other studies from India.<sup>88 89</sup>

#### DISCUSSION

The lung cancer care journey is not linear. Eight time points found to be most frequently used time points in the included studies, which leads to variations in selection of time points and measurements of intervals (determined by the context) in different studies. Which introduces challenges in assessing timeliness due to lack of appropriate benchmarking, in particular in Asian countries. Moreover, different time points and intervals were defined, and different guidelines were used depending on the interest of the study objectives. This also makes comparisons across studies difficult.

#### Time points

Different time points were studied depending on the objective of the research in the included studies. ‘Onset

**Table 5** Most frequently cited guidelines used to measure timeliness across settings

Guidelines	Articles included	Settings
1. British Thoracic Society	Lee <i>et al</i> UK <sup>74</sup> Forrest <i>et al</i> UK <sup>78</sup>	UK
	Singh <i>et al</i> USA <sup>65</sup> Schultz <i>et al</i> USA <sup>70</sup> Olsson <i>et al</i> USA <sup>104</sup> Ost <i>et al</i> USA <sup>75</sup>	North America
	Brocken <i>et al</i> Netherlands <sup>23</sup> Rolke <i>et al</i> Norway <sup>25</sup>	Europe
	Malalasekera <i>et al</i> Australia <sup>33</sup> Sood <i>et al</i> New Zealand <sup>73</sup>	Australia and New Zealand
	Özlü <i>et al</i> Turkey <sup>69</sup> Yilmaz <i>et al</i> Turkey <sup>27</sup> Sulu <i>et al</i> Turkey <sup>28</sup> Chandra <i>et al</i> Indian <sup>41</sup>	Asia
	2. UK National Health Service	Barrett and Hamilton 2008 UK <sup>103</sup>
Huetto Pérez De Heredia <i>et al</i> Spain <sup>72</sup>		Europe
Malalasekera <i>et al</i> Australia <sup>33</sup> Alexander <i>et al</i> Australia <sup>76</sup> Evans <i>et al</i> Australia <sup>77</sup> Sood <i>et al</i> New Zealand <sup>73</sup> Largey <i>et al</i> Australia <sup>67</sup>		Australia and New Zealand
3. National Institute for Clinical Excellence guideline		Baughan <i>et al</i> UK <sup>80</sup> Forrest <i>et al</i> UK <sup>78</sup>
	Olsson <i>et al</i> USA <sup>104</sup>	North America
	Verma <i>et al</i> Australia <sup>102</sup>	Australia and New Zealand
4. RAND corporation	Schultz <i>et al</i> USA <sup>70</sup> Ost <i>et al</i> USA <sup>75</sup> Bullard <i>et al</i> USA <sup>82</sup>	North America
	Malalasekera <i>et al</i> Australia <sup>33</sup>	Australia and New Zealand
	5. Canadian guidelines	Grunfeld <i>et al</i> et al. 2009 Canada <sup>83</sup>
Yilmaz <i>et al</i> Turkey <sup>27</sup> Sulu <i>et al</i> Turkey <sup>28</sup> Chandra <i>et al</i> India <sup>41</sup>		Asia
6. Scottish Executive Health Department		Baughan <i>et al</i> UK <sup>80</sup> Melling <i>et al</i> UK <sup>84</sup>
	Malalasekera <i>et al</i> Australia <sup>33</sup>	Australia and New Zealand
7. Danish Lung Cancer Group	Iachina <i>et al</i> Denmark <sup>85</sup>	Europe
	Malalasekera <i>et al</i> Australia <sup>33</sup> Largey <i>et al</i> Australia <sup>67</sup>	Australia and New Zealand
8. UK National Cancer Plan	Forrest <i>et al</i> UK <sup>78</sup> Devbhandari <i>et al</i> UK <sup>86</sup>	UK
9. Standing Medical Advisory Committee	Melling <i>et al</i> UK <sup>84</sup>	UK
	Malalasekera <i>et al</i> Australia <sup>33</sup>	Australia and New Zealand
10. Norwegian National Guidelines	Stokstad <i>et al</i> Norway <sup>87</sup> Rolke <i>et al</i> Norway <sup>25</sup>	Europe
11. Swedish Lung Cancer Group	Malalasekera <i>et al</i> Australia <sup>33</sup>	Australia and New Zealand
	Sulu <i>et al</i> Turkey <sup>28</sup>	Asia

Continued

Table 5 Continued

Guidelines	Articles included	Settings
12. Cut-off values referenced from other articles	Singh <i>et al</i> USA <sup>65</sup> Shugarman <i>et al</i> USA <sup>66</sup> Kanarek <i>et al</i> USA <sup>35</sup>	North America
	Koyi <i>et al</i> Sweden <sup>24</sup>	Europe
	Largey <i>et al</i> Australia <sup>67</sup>	Australia and New Zealand
	Chandra <i>et al</i> India <sup>41</sup>	Asia

RAND, Research and Development.

of symptoms', 'first contact with a healthcare provider', 'specialist consultation', 'diagnosis' and 'initiation of treatment' were the most frequently studied time points. The first event in any health-seeking behaviour relates to the first health changes or the onset of symptom(s). It is difficult to capture the exact time point of onset of symptom(s) except by asking respondents directly. It may also be difficult to establish a link between onset of symptoms and health-seeking behaviour relating to the diagnosis of lung cancer as similar symptoms are shared by other respiratory diseases. Included studies obtained data from a variety of sources including cancer registries, longitudinal surveillance data, insurance claims data, and hospital records. Not all the studies included the time point 'onset of symptoms' because of the differences in the interval of interest or objective of the study. The relevance and importance of the first time point to understanding the overall patient care pathway is likely to vary across countries with different health systems and resources. In contrast, clinical processes post diagnosis are highly standardised. As a result, research about timeliness in healthcare is focused primarily on the time points prior to diagnosis.

After onset of symptom(s) the next time point in the care seeking pathway is first contact with any healthcare provider. The studies included in this review reported only contact with formal healthcare providers. This may have been because of the difficulty involved in capturing reliable information on seeking healthcare from informal healthcare providers in the absence of any specific record management system and because of the potential for recall bias associated with self-report. Nonetheless, informal healthcare providers (including provision of over-the-counter medicines from unregulated pharmacies, village doctors and traditional or herbal remedies) are predominant in developing countries where, sometimes, informal healthcare is the only available healthcare option accessible.<sup>90</sup> It was evident from the included studies that patients' movement across different tiers of the health system is dynamic and complex. These different tiers within the systems are often not interlinked and using different medical record systems. However, the studies do not necessarily interpret or present this information in a way that makes it easy to understand why the time points are not consistently recorded.

After first contact with any healthcare provider the next time point in the lung cancer care pathway is diagnosis or referral to the next level of healthcare for evaluation of the disease. The way this occurs will depend on the characteristics of the healthcare system and patient behaviour. In some settings, there may be multiple contacts with different providers and the diagnosis could be made at any point, not just as an 'endpoint' before hospital admission. Furthermore, the way patients move across different sectors and services will vary across health systems but may not be described clearly in studies. Patients do not necessarily move through time points in sequential order. In some systems, patients may bypass certain time points. Most included studies were conducted in countries with a 'gate keeper' system consisting of GPs as the first point of contact for healthcare. However, this pathway is not common to all healthcare systems, and was generally not seen in studies from Asian countries. In these countries, confirmatory investigation requisition can be initiated before the referral to a specialist. For instance, a request for a CT and fine needle aspiration cytology can be initiated by a primary care physician and hence, a patient can be diagnosed with lung cancer by a GP before referral to secondary healthcare. Some of the studies included a time point reflecting hospital admission or first specialist visit date. Inclusion of referral time and hospital admission time or first specialist consultation time helped to measure the time elapsed from date of referral to consultation with a specialist or hospital admission. The date when a patient was informed of his/her diagnosis was mentioned by three studies. The last time point in the disease care pathway is the date of initiation of any oncological treatment.

### Intervals

Studies have segmented the lung cancer care pathway into different intervals depending on the objectives of those studies and sources of data. 'Onset of symptom' to 'first contact with any healthcare provider', 'first contact with any healthcare provider to 'specialist consultation', 'first contact with any healthcare provider to 'diagnosis' and 'diagnosis' to 'initiation of treatment' were the most commonly used intervals in the included articles. However, there were marked differences in how the intervals were named and this heterogeneity in typologies can be misleading as the same name is used for different intervals. For instance, the 'patient's application interval' and 'the time between onset of symptoms to first contact with primary healthcare provider' were descriptions of the same interval in two studies<sup>27 28</sup> while the term 'patient delay' was used to measure both 'onset of symptom to primary healthcare provider'<sup>21-26</sup> and 'onset of symptom to secondary healthcare provider'<sup>36</sup> intervals. 'Patient delay' may not be entirely related to patient factors as lack of health resources can influence the time lapse from onset of symptom to contact with a healthcare provider.

Similarly, the interval 'first contact with a primary healthcare provider to secondary healthcare provider'



**Table 6** Guidelines and interval benchmarks referenced in included articles

	BTS	NICE	UKNCP	UKNHS	UKDoH	RAND	CSCC	SMAC	SEHD	SIGN	NOLCP	CCA	SLCG	DLCG	DAPPDT	NNG	ACCP	IOM
Onset of symptoms to first doctor visit	■													■				
First clinical presentation to first suspicious investigation																		
First abnormal investigation (Chest X-Ray) to confirmation of diagnosis/ specialist visit	■			■														
GP to Specialist	■	■		■	■		■	■		■		■	■	■	■	■	■	■
Primary care to initiation of treatment	■	■	■	■	■		■	■		■		■	■	■	■	■	■	■
Referral to secondary care to diagnosis	■			■			■							■				
First referral to secondary care to treatment start	■	■		■			■	■		■		■	■	■	■	■	■	■
First clinical presentation to Diagnosis					■													
First investigation to treatment														■				
Diagnostic investigation to patient informed of diagnosis	■																	
Diagnosis to Treatment start				■	■		■	■		■		■	■	■	■	■	■	■
First clinical presentation to treatment start				■				■		■								
Decision to treatment to initiation of treatment	■		■															
Surgery to chemotherapy (Adjuvant chemotherapy)				■														
Referral receipt to specialist consultation		■		■														
Oncology referral to radiotherapy/chemotherapy	■	■																
Specialist consultation to surgery	■	■																
Surgeon consultation/ Surgical waiting list to surgery	■	■																
Onset of symptoms to treatment	■																	

Continued

Table 6 Continued

	BTS	NICE	UKNCP	UKNHS	UKDoH	RAND	CSCC	SMAC	SEHD	SIGN	NOLCP	CCA	SLCG	DLCG	DAP PDT	NNG	ACCP	IOM
Primary care referral to first diagnostic evaluation of symptom	■																	
Primary care referral to completion of evaluation at referral centre	■																	

ACCP, American College of Chest Physicians; BTS, British Thoracic Society; CCA, Cancer Council Australia; CSCC, Canadian Strategy for Cancer Control; DAP PDT, Dutch Association of Physicians for Pulmonary Disease and Tuberculosis; DLCG, Danish Lung Cancer Group; GP, general practitioner; IOM, Institute of Medicine; NHMRC, National Health and Medical Research Council; NICE, National Institute for Health and Care Excellence; NNG, Norwegian National Guidelines; NOLCP, National Optimal Lung Cancer Pathway; RAND, Research and Development USA; SEHD, Scottish Executive Health Department; SIGN, Scottish Intercollegiate Guideline Network; SLCG, Swedish Lung Cancer Group; SMAC, Standing Medical Advisory Committee; UKDoH, UK Department of Health; UKNCP, UK National Cancer Plan; UKNHS, UK National Health Service.

was measured to reflect ‘referral delay’<sup>21 23 25</sup> in some studies<sup>35</sup> and ‘diagnosis to secondary/tertiary healthcare provider’ and ‘referral or receipt of referral by a specialist to diagnosis’<sup>30</sup> in others. There were also differences in defining diagnostic intervals including ‘from first contact with the secondary healthcare provider to diagnosis’,<sup>28 31</sup> ‘from first contact with primary healthcare provider to diagnosis’,<sup>29 30 32–34</sup> and ‘from onset of symptom to diagnosis’.<sup>29 38</sup> The interval between ‘first contact with primary healthcare provider’ and ‘treatment initiation’ was labelled as ‘system delay’<sup>22</sup> and ‘system interval’ and was also described as the ‘diagnosis to initiation of treatment’ interval.<sup>40</sup> ‘Treatment delay’ was measured using the intervals ‘diagnosis to initiation of treatment’,<sup>22</sup> and ‘onset of symptoms to initiation of treatment’.<sup>41</sup> Use of different terminology for the same intervals and use of the same terminology to label different intervals is confusing and can lead to difficulties in interpreting results. Standardised typology would be helpful in order to streamline consistency and enable comparability across studies.

### Timeliness

The terms ‘delay’ and ‘interval’ were both used in studies to describe timeliness. The term ‘delay’ conveys a negative connotation, despite most articles using the term in the absence of benchmarking. It would seem more appropriate to use the term ‘time interval’ rather than ‘delay’ as this may imply, inaccurately, that the patient has not sought help promptly. Therefore, several articles suggested using the term ‘time interval’ as a neutral alternative to ‘delay’.<sup>11 12 91</sup> In contrast, other researchers have argued that the term ‘time interval’ should not be replaced by ‘delay’ unless the results are compared with others or against benchmarks.

There are some differences in the recommended timeframes for each interval between the guidelines. There were similarities in timeliness measures between the BTS guidelines and most of the European guidelines, with some differences compared with the North American guidelines.

More than half of the included studies (38) did not quantify upper limits for intervals based on existing guidelines. Studies which did not compare their results to any guideline generally compared their results with other timeliness of lung cancer treatment related studies and among the subgroups of patients within the study. Studies also have used different time intervals with different time points. As a result, they were not always comparable between studies. The comparison and interpretation of the results were difficult and created confusion when the studies were not from similar context and health system strength.

### Asian and Western country differences

There were no differences between Asian and Western countries in the way they defined timeliness of care. Among 68 studies included in this review, nine studies were from Asian countries and/or territories.<sup>22 26–28 34 41 69 88 89</sup> Four



of nine Asian studies used Western lung cancer guidelines to measure timeliness<sup>27 28 41 69</sup> and the other five studies did not use a guideline. It remains unclear how effective and relevant Western guidelines are for Asian countries, especially those with low and middle income. The lack of qualified providers, low availability of surgery and radiotherapy services, and poor access to and affordability of up-to-date treatments remain a prevailing concern for lung cancer care in low-income and middle-income countries (LMICs) compared with high-income countries (HICs).<sup>8 9</sup> Moreover, universal healthcare and health insurance mechanisms are still in the development phase in many Asian countries and LMICs. Western guidelines were developed in a context where such health system factors contribute to the effectiveness of guidelines. Using a guideline meant for highly resourced health systems in a resource-constrained country may not accurately reflect expectations and goals for timeliness of lung cancer care; culturally sensitive and resource-sensitive guidelines are likely required.<sup>8</sup> As most of the existing guidelines do not account for diversity in health resources, economic disparities or healthcare infrastructure, their applicability could be limited.<sup>92 93</sup> The articles included from Asian countries/territories did not discuss the compatibility of Western guidelines in terms of relevance and appropriateness of recommended time limits for intervals in the disease care pathway in their context. Although the use of Western guidelines for LMICs with different health systems may not be appropriate, there is currently no guideline for lung cancer care which dictates standard time limits that considers the limitations of weaker health systems. The Asian Oncology Summit 2009 proposed a resource-stratified management guideline for non-small cell lung cancer treatment; however, it does not provide benchmarking for intervals in the care pathway, which need to be developed by respective countries adapting this guideline.<sup>10</sup> Informal healthcare is a unique feature of the diverse healthcare system in Asian countries and LMICs, whereas Western guidelines do not have to consider the inclusion of informal healthcare in the care pathway for lung cancer. Considering inclusion of a time point related to informal healthcare seeking and a measure of the number of times patients sought care from informal healthcare providers could be useful for Asian countries and LMIC settings.

This scoping review is not devoid of limitations. The broad search strategy enabled inclusion of different study designs. This scoping review used a robust and established method guided by a published protocol. Independent screening and assessment of articles against inclusion and exclusion criteria by authors ensured minimisation of selection bias. As this review followed a scoping review methodology, it did not assess the quality of the included articles. Excluding Arksey and O'Malley's optional stage of conducting stakeholder consultation might have limited this scoping review from reaching a consensus, however, the authors intended to undertake stakeholder consultation in the next phase of the research project based on the availability of funding. The majority of

the included studies were from HICs, thus limiting the generalisability for low-income countries. Only studies published in English were included in the review, which could have missed potentially relevant literature in other languages. The search strategy used the most widely used databases; however, articles which were not identified through those databases could have been missed. Although we used common search terms for our search, missing a pertinent term could have limited the search results. Other potential limitations were limiting the search and inclusion of articles published in the last 20 years.

## CONCLUSION

Although this review identified similarities in most of the time points and intervals of the included studies, there were substantial variations in selection and interpretation of the meaning of intervals. This lack of consistency creates a challenge for researchers who are trying to undertake research about timeliness of care for lung cancer. As timeliness of care studies are mostly carried out in Western countries and guidelines appear unsuited to weaker healthcare delivery systems, there is a need to revisit existing definitions to conduct timeliness of care related studies and a unified set of definitions needs to be set which can accommodate different structures and characteristics of health systems. The differences in healthcare delivery systems of Asian and Western countries, and between HICs and LMICs may suggest different sets of time points and intervals that reflect resources and feasibility need to be developed. The lack of data capture points in weaker resource-poor health systems and the presence of unregulated and untrained healthcare providers in LMICs make it difficult to conduct research on timeliness of lung cancer care. Differences in the structure and strength of health systems create challenges when comparing results of health service research in lung cancer between HICs and LMICs. Existing frameworks for understanding healthcare pathways such as The Aarhus Statement and Andersen's model of health service utilisation could support synthesis of research but would need to be revisited and modified to be applicable to LMIC-specific contexts.

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