

# Comparison of effects of intraoperative esmolol and ketamine infusion on acute postoperative pain after remifentanyl-based anesthesia in patients undergoing laparoscopic cholecystectomy

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**Background:** Remifentanyl is a short-acting drug with a rapid onset that is useful in general anesthesia. Recently, however, it has been suggested that the use of opioids during surgery may cause opioid-induced hyperalgesia (OIH). Researchers have recently reported that esmolol, an ultra-short-acting  $\beta_1$  receptor antagonist, reduces the postoperative requirement for morphine and provides more effective analgesia than the administration of remifentanyl and ketamine. Hence, this study was conducted to determine whether esmolol reduces early postoperative pain in patients who are continuously infused with remifentanyl for anesthesia during laparoscopic cholecystectomy.

**Methods:** Sixty patients scheduled to undergo laparoscopic cholecystectomy were randomly divided into three groups. Anesthesia was maintained with sevoflurane and 4 ng/ml (target-controlled infusion) of remifentanyl in all patients. Esmolol (0.5 mg/kg) was injected and followed with a continuous dosage of 10  $\mu$ g/kg/min in the esmolol group (n = 20). Ketamine (0.3 mg/kg) was injected and followed with a continuous dosage of 3  $\mu$ g/kg/min in the ketamine group (n = 20), while the control group was injected and infused with an equal amount of normal saline. Postoperative pain score (visual analog scale [VAS]) and analgesic requirements were compared for the first 6 hours of the postoperative period.

**Results:** The pain score (VAS) and fentanyl requirement for 15 minutes after surgery were lower in the esmolol and ketamine groups compared with the control group (P < 0.05). There were no differences between the esmolol and ketamine groups.

**Conclusions:** Intraoperative esmolol infusion during laparoscopic cholecystectomy reduced opioid requirement and pain score (VAS) during the early postoperative period after remifentanyl-based anesthesia. (Korean J Anesthesiol 2014; 66: 222-229)

**Key Words:** Esmolol, Hyperalgesia, Ketamine, Postoperative pain, Remifentanyl, Sevoflurane.

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## Introduction

Remifentanyl is a short-acting, selective  $\mu$ -opioid agonist that has a rapid onset of action; it is used widely in surgery because the effect disappears quickly, even when the drug is continuously infused during surgery, and the risk of delayed postoperative awakening or ventilatory suppression is thus reduced [1]. Recently, however, it has been noted that the use of opioids during surgery can cause opioid-induced hyperalgesia (OIH), making it difficult to control postoperative pain [2]. In addition, opioids with a rapid onset of action, such as remifentanyl, may induce OIH more quickly and frequently [3]. OIH is caused by central sensitization through the activation of the N-methyl-D-aspartate (NMDA) receptor [4]. Central sensitization results when materials such as glutamate, aspartate, and substance P are emitted from the excitatory synapse membranes in the spinal dorsal horn, leading to a series of changes [1]. The emitted materials activate the postsynaptic NMDA receptors, resulting in increased intake of secondary messenger  $Ca^{2+}$  and causing central sensitization [1]. Ketamine is a non-competitive NMDA receptor antagonist that prevents central sensitization by blocking excitatory amino acids such as glutamate from activating the NMDA receptor [5]. Various experimental studies have shown that low-dose ketamine obstructs central sensitization and is effective in preventing OIH [6,7]. Alternatively, beta-adrenergic blocking agents are reported to reduce the postoperative opioid requirement, which is considered an antinociceptive effect [8-11]. Esmolol is an ultra-short-acting cardioselective  $\beta_1$  adrenergic receptor antagonist. A recent study reported that esmolol reduced the postoperative morphine requirement and provided more effective analgesia compared with coadministration of remifentanyl-ketamine [12].

Hence, this study compared additional administration of esmolol with additional administration of ketamine in patients receiving a continuous infusion of remifentanyl during laparoscopic cholecystectomy to examine whether esmolol reduces early postoperative pain after this method of anesthesia.

## Materials and Methods

This research was conducted after receiving approval from the hospital's ethics committee. The research design was a prospective, observer-blinded, randomized, controlled study. Informed consent was obtained from all patients, and data were collected from May to October 2012. Sixty patients aged 20–70 years and of American Society of Anesthesiologists physical status 1 or 2 scheduled for laparoscopic cholecystectomy under general anesthesia were selected as subjects. Patients with hepatic diseases, renal diseases, diabetes mellitus or cardiac diseases, recent administration of opioids or beta blockers, asthma, air-

way hypersensitivity, diseases related to the airway, or allergies to drugs were excluded from the study. The patients were randomly assigned by a computer program to receive remifentanyl and esmolol during surgery (esmolol group), remifentanyl and ketamine (ketamine group), or remifentanyl and normal saline (control group). A total of 3 medical staff members participated in the induction and maintenance of anesthesia and the postoperative evaluation. A single anesthesiologist, who participated in the research design but not in the postoperative evaluation, induced anesthesia. Anesthesia was maintained by another anesthesiologist who was unaware of the patient groupings, and postoperative evaluation was performed by a nurse who was also unaware of the patient groupings. Midazolam 2 mg and glycopyrrolate 0.2 mg were injected intramuscularly as premedication. After patients' arrival in the operating room, standardized monitoring equipment was attached to measure heart rate, blood pressure, oxygen saturation, and electrocardiography. Equipment was also attached to measure the BIS (Bispectral Index Monitor, Aspect Medical Systems, Inc., USA), and baseline figures for all measurements were obtained. Anesthesia induction was performed with propofol (1.5 mg/kg), and effect-site target concentration of remifentanyl 4 ng/ml (target-controlled infusion, 4 ng/ml) was infused using an Orchestra pump (Orchestra Infusion Workstation, Fresenius Vial, France). After the effect-site target concentration was reached, confirmation was made of lack of response to oral command and loss of the eyelid reflex. Then rocuronium 0.6 mg/kg was intravenously (IV) injected. When muscle relaxation was confirmed, tracheal intubation was performed. For the esmolol group, based on a precedent study [12], esmolol (0.5 mg/kg) was IV injected during anesthesia induction, and continuous infusion of esmolol 10  $\mu$ g/kg/min was performed during surgery. For the ketamine group, based on a precedent study [1], ketamine (0.3 mg/kg) was IV injected during anesthesia induction, and 3  $\mu$ g/kg/min was continuously infused during surgery. For the control group, the same amount of normal saline was administered once during anesthesia induction and continuously infused during surgery. Anesthesia was maintained with 1.5–2.0 vol% sevoflurane, with the effect-site target concentration of 4 ng/ml remifentanyl in all groups. The depth of anesthesia was controlled to maintain a BIS value between 40–60. When anesthesia induction and maintenance set-up were completed, the anesthesiologist was replaced with another who was unaware of the patient groupings to continue maintenance of anesthesia according to protocol. Ephedrine was increased 4 mg when blood pressure decreased more than 20% from baseline during surgery, and ephedrine 4 mg or atropine 0.1 mg/kg was IV injected when the heart rate was less than 45 bpm or the mean arterial blood pressure was 55 mmHg or lower. In addition, nicardipine 0.6  $\mu$ g/kg was IV injected when blood pressure increased 20% or more from baseline. Any changes in

patient status were immediately dealt with and recorded. Before suturing the operated area, fentanyl 1.5 µg/kg (to maximum 100 µg), ketorolac tromethamine 30 mg, and 1 ampule ramosetron (0.3 mg/2 ml/ampule) were IV injected. After suturing the operated area, sevoflurane and remifentanyl were stopped, and the infusions of esmolol, ketamine, and normal saline were also stopped. Glycopyrrolate 0.4 mg and pyridostigmine 20 mg were IV injected to reverse muscle relaxation, and manual ventilation was performed with 100% oxygen to maintain end tidal CO<sub>2</sub> concentration at 35–45 mmHg. When a patient responded to an oral command and opened his or her eyes, and the tidal volume was appropriate (or there was sufficient antagonism), extubation was performed and the patient was moved to the recovery room. The patient's blood pressure, heart rate, hemodynamic changes in oxygen saturation and subsequent drug administration during surgery were recorded, as well as the total amount of remifentanyl, esmolol, and ketamine used during surgery, the time taken from measurement of 0.3 vol% sevoflurane in patient expiration to patient awakening and extubation, and other actions that were taken.

For 1 hour after arriving in the recovery room, the hemodynamic thresholds of each patient were observed and recorded at 5 minute intervals. Pain score (visual analog scale [VAS]), 0 = no pain, 10 = most severe pain possible), postoperative nausea and vomiting, state of sedation, pain in the operated area, and other complications were evaluated immediately after recovery room arrival, then at 5 minutes, 15 minutes, 30 minutes, 45 minutes, and 60 minutes after arrival. When needed, medication was administered according to protocol, and the dose administered was recorded. When the pain score (VAS) was > 4, IV fentanyl was administered with an initial dose of 50 µg, with subsequent doses of 25 µg if the pain score (VAS) persisted > 4. Additional analgesic was administered when necessary. Glycopyrrolate 0.2 mg was IV injected when the patient's heart rate was less than 50 bpm, and nicardipine 6 µg/kg was IV injected when systolic

blood pressure was 180 mmHg or higher or when diastolic blood pressure was 120 mmHg or higher. When a patient's blood pressure decreased 20% or more from the threshold blood pressure, ephedrine was increased 4 mg and IV injected. Antiemetics were administered when postoperative nausea or vomiting developed. Each patient was moved to the general ward after stabilizing. When patients were moved to the general ward from the recovery room, a ward nurse unaware of patient groupings observed and recorded the hemodynamic figures and pain score (VAS), nausea and vomiting, state of sedation, other complications, and type and amount of analgesic administered up until 6 hours after surgery. When the pain score (VAS) was > 4, tramadol 50 mg/1 ml/ampule was IV injected, and when the pain score (VAS) was still > 4 after 30 minutes, additional analgesic was administered. One hour later, the pain was reevaluated, and further analgesic was administered when the pain score (VAS) remained > 4. This process was repeated when patients complained of pain. Decisions regarding additional analgesic were made by the surgery department, and the type and amount of administered analgesic were recorded.

Statistical analysis was performed using SAS version 9.2 (SAS Institute Inc., Cary, NC, USA). The chi-square test and Fisher's exact test were performed for categorical variables, and parametric analysis of the ANOVA test and the non-parametric Kruskal-Wallis test were performed for continuous variables. For repeatedly measured data, the ANOVA test and Kruskal-Wallis test not considering repeated measurement, and the linear mixed model considering repeated measurement, were performed. The results were expressed as the mean ± SD, and a P value of less than 0.05 was considered statistically significant. The primary outcome measure was the pain score (VAS) in the recovery room, and secondary outcome measurements were fentanyl consumption, occurrence of postoperative nausea and vomiting, and state of sedation during the research period. The sample size was based on a precedent study [13], where the mean difference

**Table 1.** Demographic, Surgical, and Anesthetic Characteristics

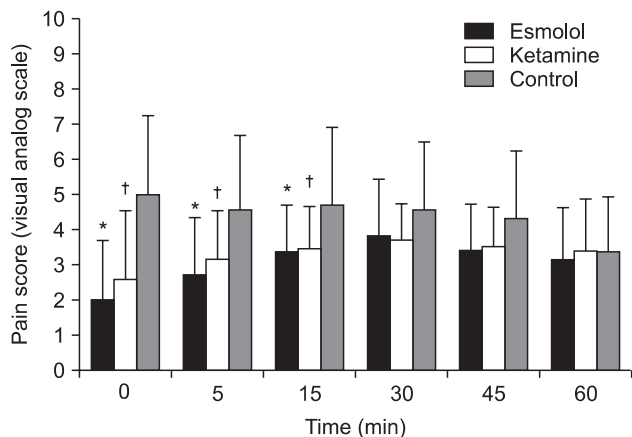
	Esmolol (n = 20)	Ketamine (n = 20)	Control (n = 20)	P value
Age (yr)	51.9 ± 14.1	45.6 ± 11.3	43.2 ± 12.3	0.0861
Sex (M/F)	10/10	8/12	8/12	0.7622
Body mass index (kg/m <sup>2</sup> )	25.2 ± 2.7	24.6 ± 2.6	23.4 ± 3.1	0.1234
Operation time (min)	67.3 ± 28.2	78.0 ± 27.5	73.0 ± 21.3	0.4304
Anesthesia time (min)	94.9 ± 27.6	100.0 ± 27.3	95.5 ± 21.1	0.7862
Total amount remifentanyl during anesthesia (µg)	690.0 ± 246.9	797.5 ± 239.2	792.0 ± 267.0	0.3205
Total amount ketamine during anesthesia (mg)	-	39.6 ± 9.5	-	-
Total amount esmolol during anesthesia (mg)	93.6 ± 29.0	-	-	-
Sevo 0.3 (min)	7.0 ± 2.6	5.8 ± 2.5	4.5 ± 1.4	0.0026*

Values are presented as the mean ± SD. Sevo 0.3 (min) is defined as the time taken from measuring 0.3 vol% sevoflurane in patient expiration to patient awakening. No statistical differences were observed between the three groups (P > 0.05). However, there was a difference between the three groups in the time taken from measuring 0.3 vol% sevoflurane in patient expiration to patient awakening (\*P = 0.0026). The esmolol group took more time than the control group (P = 0.006), while the ketamine group and the control group showed no significant difference (P = 0.0927).

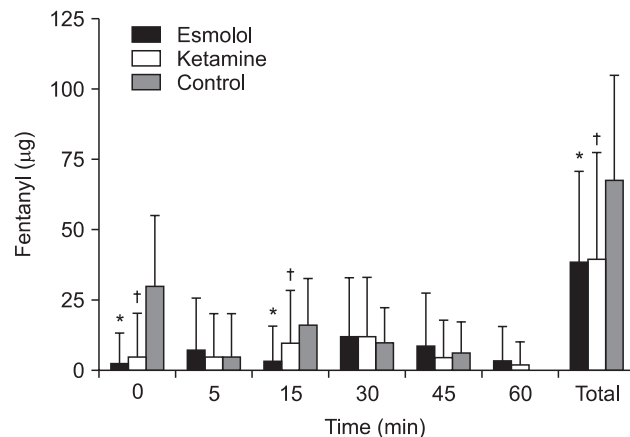
**Table 2.** Intraoperative Variables in Each Group

	Measured time	Esmolol group (n = 20)	Ketamine group (n = 20)	Control group (n = 20)
MBP (mmHg)	Baseline	96.15 ± 15.13	93.56 ± 14.03	93.23 ± 14.04
	After intubation	96.63 ± 20.93	76.67 ± 15.16	83.78 ± 25.49
	Start of surgery	80.98 ± 13.34	74.35 ± 6.45	76.45 ± 7.41
	20 min after incision	87.60 ± 13.69	95.43 ± 19.83	91.90 ± 13.78
	End of surgery	104.12 ± 17.53	115.75 ± 13.96	108.70 ± 14.70
HR (beats/min)	Baseline	68.50 ± 15.32	67.75 ± 10.67	69.65 ± 14.44
	After intubation	75.40 ± 13.04	71.80 ± 13.45	77.55 ± 22.24
	Start of surgery	64.95 ± 11.96	62.95 ± 9.17	66.15 ± 40.62
	20 min after incision	69.15 ± 15.67	69.40 ± 11.46	69.95 ± 16.94
	End of surgery	80.90 ± 13.26	79.90 ± 10.97	86.25 ± 13.56
Oxygen saturation (%)	Baseline	96.45 ± 1.85	96.55 ± 1.85	96.40 ± 1.67
	After intubation	98.90 ± 0.72	99.05 ± 0.76	99.15 ± 0.59
	Start of surgery	98.90 ± 0.79	98.80 ± 1.01	99.10 ± 0.91
	20 min after incision	99.20 ± 0.69	99.10 ± 0.79	99.25 ± 0.72
	End of surgery	99.55 ± 0.51	99.80 ± 0.52	99.15 ± 1.46

Values are presented as the mean ± SD. No statistical differences were observed between the three groups ( $P > 0.05$ ). MAP: mean arterial blood pressure, HR: heart rate.



**Fig. 1.** Pain score (visual analog scale) measured for 1 hour in the recovery room. Data are the mean ± SD. The esmolol group and the ketamine group appeared to have especially reduced scores compared with the control group for the first 15 minutes, with no differences between the esmolol and ketamine groups (\* $P < 0.05$ , † $P < 0.05$ ).



**Fig. 2.** Postoperative fentanyl requirement in the recovery room. Data are the mean ± SD. The fentanyl requirement at 5 minutes and 15 minutes after surgery in the esmolol group and the ketamine group was less than in the control group, as was the total amount of fentanyl administered during the first hour after surgery in the recovery room (\* $P < 0.05$ , † $P < 0.05$ ). There was no difference between the esmolol and ketamine groups.

in pain score (VAS) between the ketamine group and the control group was hypothesized as 1.5 and the standard deviation as 1.5. The  $\alpha$  value was calculated as 0.05 and test power ( $\beta$  value) as 0.8. Twenty subjects were included in each group considering a 20% failure rate.

## Results

Sixty patients were included in this study. Demographic data and characteristics of the surgery and anesthesia are shown in Table 1. There were no significant differences in demographic data between the three groups. In addition, there were no differ-

ences observed in anesthesia time and surgery time. Intraoperative and postoperative administration of atropine, ephedrine, and nicardipine also showed no difference between the three groups. However, there was a difference between the three groups in the time taken from measuring 0.3 vol% sevoflurane in patient expiration to patient awakening ( $P = 0.0026$ ). The esmolol group took longer than the control group ( $P = 0.006$ ), while the ketamine group and the control group showed no significant difference ( $P = 0.0927$ ). Table 2 shows the blood pressure, heart rate, and oxygen saturation of patients during surgery. There were no differences between the three groups in

these variables (Table 2). In addition, the continued monitoring of blood pressure, heart rate, and oxygen saturation until 6 hours after surgery showed no significant difference between the three groups ( $P > 0.05$ ).

Fig. 1 shows the mean pain score (VAS) measured during the first hour after surgery in the recovery room. The esmolol group and the ketamine group appeared to have particularly reduced scores compared with the control group for the first 15 minutes ( $P < 0.05$ ), with no differences between the esmolol and ketamine groups (Fig. 1). Fig. 2 shows the fentanyl requirement in the recovery room after surgery. The fentanyl requirement at 5 minutes and 15 minutes after surgery in the esmolol group and the ketamine group was less than the requirement in the control group, as was the total amount of fentanyl administered during the first hour after surgery in the recovery room ( $P < 0.05$ ). There was no difference between the esmolol and ketamine groups.

The pain score (VAS) from 1 hour to 6 hours after surgery did not differ between the three groups (Fig. 3). Table 3 shows the total amount of administered analgesic from 1 hour after surgery. The total amount of administered analgesic from 1 hour after surgery did not differ between the three groups ( $P > 0.05$ ). None of the groups experienced nausea, vomiting, lethargy, or other complications in the recovery room after surgery.

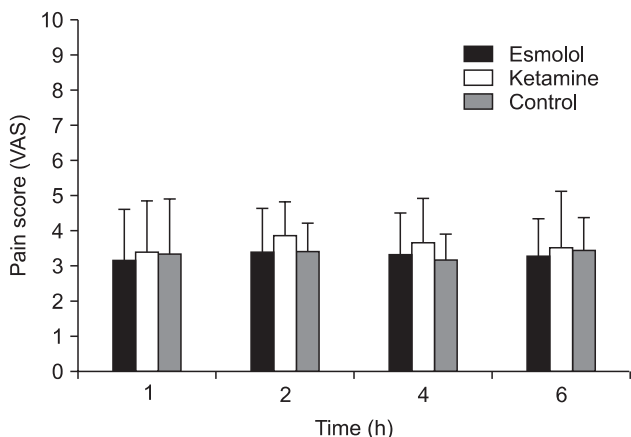


Fig. 3. Pain score (visual analog scale) from 1 hour to 6 hours after surgery. Data are the mean  $\pm$  SD. No statistical differences were observed between the three groups ( $P > 0.05$ ).

## Discussion

In this study, pain score (VAS) were reduced for 15 minutes after surgery and fentanyl requirements were reduced in the esmolol group compared with a control group that received a continuous infusion of normal saline during laparoscopic cholecystectomy with remifentanyl-based anesthesia. In addition, there appeared to be no difference in pain score (VAS) for 1 hour after surgery and fentanyl requirement between the esmolol group and a group continuously infused with low-dose ketamine, which is known for its effect in preventing OIH.

This study was conducted with patients undergoing laparoscopic cholecystectomy, and all three groups were IV injected with a target-controlled infusion of remifentanyl 4 ng/ml. Although laparoscopic cholecystectomy is associated with a lesser degree of postoperative pain compared to open cholecystectomy, various methods of pain control are necessary due to pain in the surgical incision, visceral pain, and referred pain [14]. Among these methods, opioids have the advantage of blocking adverse reactions to strong external stimuli to stabilize patients' vital signs and reducing the amount of anesthetics used during surgery. However, opioids with long transit times are problematic because they can cause complications such as bradycardia, hypotension, delayed postoperative awakening, and ventilatory suppression [1]. Remifentanyl is a potent, short-acting opioid with a rapid onset of action, and it has the advantage of effectively attenuating painful stimuli and unwanted cardiovascular effects during surgery [15]. In addition, because it has an anesthetic-sparing effect, it is known to enable rapid emergence after laparoscopic cholecystectomy [16]. However, some studies have reported that the use of remifentanyl causes acute tolerance or hyperalgesia. In one study conducted with volunteers [17], capsaicin-induced hyperalgesia was enhanced 180% when 3–4 ng/ml of remifentanyl was IV injected for 60–100 minutes. Another study reported that an effect-site target concentration of 3–4 ng/ml remifentanyl was sufficient to cause hyperalgesia [18], and Joly et al. [6] stated that it is important to decide on the appropriate dosage when infusing remifentanyl during surgery. Although the mechanism by which remifentanyl acts on NMDA is controversial, activation of NMDA receptors is known to play an important role in remifentanyl-induced hyperalgesia [7].

Table 3. Total Amount of Administered Analgesic from One Hour after Surgery

	Esmolol group (n = 20)	Ketamine group (n = 20)	Control group (n = 20)	P value
Total tramadol (mg)	50 (0, 100)	0 (0, 100)	50 (0, 100)	0.9726
Total diclofenac (mg)	0 (0, 0)	0 (0, 90)	0 (0, 90)	0.3613
Total ketorolac (mg)	0 (0, 30)	0 (0, 30)	0 (0, 30)	0.3341

Values are presented as the median (min, max). No statistical differences were observed between the three groups ( $P > 0.05$ ).



Ketamine is a NMDA receptor antagonist reported to modulate remifentanyl-induced hyperalgesia [1,19,20]. In the present study, ketamine was continuously infused during surgery at a dosage reported effective by Hong et al. [1] (ketamine 0.3 mg/kg IV injected during anesthesia induction followed by continuous infusion of ketamine 3  $\mu$ g/kg/min). The blood pressure, heart rate, and oxygen saturation during and after surgery did not show any differences in the ketamine group compared with the control group. In addition, no differences with the control group were observed in postoperative sedation, hallucinations, or complications such as postoperative nausea and vomiting (PONV). However, the pain score (VAS) was lower in the ketamine group than in the control group for 15 minutes after surgery, and the fentanyl requirement was reduced. There were no differences from 1 hour to 6 hours after surgery. Unlike these results, Hong et al. [1] reported that ketamine reduced the pain score (VAS) and PCA (Pain Management Provider, Abbott Laboratories, Chicago, USA) requirement for 180 minutes after surgery. This discrepancy is thought to be due to differences in the postoperative analgesics between the two studies, with each analgesic acting distinctively with the residual effects of ketamine.

Esmolol is an ultra-short-acting cardioselective  $\beta_1$  adrenergic receptor antagonist used to weaken the stress response during surgery and to reduce unwanted perioperative hemodynamic changes [21]. Several reports state that administration of esmolol during surgery produces an opioid-sparing effect [11,22]. Collard et al. [22] reported that esmolol can replace intraoperative opioids and is associated with a reduction in postoperative fentanyl consumption. White et al. [11] reported that postoperative opioid requirement was reduced when esmolol was infused after the administration of fentanyl 1.5  $\mu$ g/kg during induction in laparoscopic gynecology surgery. In addition, Chia et al. [10] reported that morphine consumption was reduced for 3 days after surgery when esmolol was continuously infused after administration of fentanyl 3  $\mu$ g/kg during induction in females undergoing total abdominal hysterectomy. One study [12] reported that esmolol is not only effective in reducing postoperative morphine requirement but also more effective in postoperative analgesia than coadministration of ketamine-remifentanyl. However, these studies did not examine the effect of esmolol on acute postoperative pain after remifentanyl-based anesthesia. In the present study, effect-site target-controlled infusion of intraoperative remifentanyl 4 ng/ml was maintained while an esmolol dosage reported to be effective in a precedent study [12] was continuously infused to allow comparison with a control group. There were no differences in intraoperative hemodynamic changes, postoperative sedation, PONV, or other complications compared with the control group. However, the length of time recorded from measuring 0.3 vol% sevoflurane in patient expiration to patient awakening ( $P = 0.006$ ) was longer

in the esmolol group than in the control group, while there were no significant differences with the ketamine group. Whether the administration of esmolol actually elongated the time to awakening or whether it was just a technical problem is not certain and will require further research. In addition, when esmolol was administered, the pain score (VAS) was lowered for 15 minutes after surgery and the fentanyl requirement was reduced, effects similar to those shown with ketamine. In our study, the duration of lowered pain score (VAS) and reduced fentanyl requirement due to esmolol was shorter compared with precedent studies [10,12]. This result can be attributed to the fact that the pain characteristics were different in this study compared with precedent studies, as remifentanyl was continuously infused during surgery and all three groups were given fentanyl as a bolus before the end of surgery; thus, active pain control was performed in the control group, as well. The mechanism by which esmolol lowers postoperative pain score (VAS) and reduces fentanyl requirement is not clear. In functional magnetic resonance imaging studies in humans, hippocampal activation has been observed during emotional distress [23]. This hippocampal activation results from the activity of stress-related factors, including norepinephrine, which enhances the excitability of hippocampal principal neurons via an interaction with hippocampal NMDA subtype glutamate receptors [24]. The hippocampus is considered to have a major role in nociception, and this role is predicted to involve the NMDA receptor [22]. It is possible that hippocampal  $\beta$ -adrenergic receptor activation plays a major role in the nociceptive process [22]. If this is the case, then the blockade of such receptors can blunt the  $\beta$ -adrenergic activation of the nociceptive process. Therefore, it has been speculated that the nociceptive sense can be attenuated in this way [22]. In autoradiographic studies of the rat hippocampus, both  $\beta_1$ - and  $\beta_2$ -adrenergic receptor expression has been reported [25]. Esmolol is known to be unable to pass through the blood-brain barrier; thus, rather than working directly on the brain, it is expected to work by blocking the  $\beta$ -adrenoceptor within the brainstem and reducing neuronal inflow into the central nervous system [26]. As another possible mechanism to explain the reduction in postoperative fentanyl requirement, esmolol can reduce the metabolism of other medications as well as its own by reducing hepatic blood flow [27]. One study reported that propranolol, a  $\beta$ -adrenergic blocking agent, reduced cardiac output and caused a change in organ blood flow distribution, leading to a reduction in fentanyl requirement by changing the pharmacokinetics of fentanyl [28]. Likewise, in the present study, it is thought that esmolol administered during surgery may have affected the pharmacokinetics of fentanyl or ketorolac administered before the end of surgery.

There are several limitations to this study. First, the doctor who participated in anesthesia induction was not blinded to the

administered agent. However, as this doctor did not participate in the postoperative evaluation, there is no possibility that this influenced the measurement of pain score (VAS) or fentanyl requirements. Second, as the postoperative pain score (VAS) assessment did not differentiate between incisional pain, visceral deep pain, and shoulder referred pain, it is not clear what kind of pain patients were experiencing. However, because pain at the operated area was included in the questionnaire, the evaluation is considered to represent incisional pain. Third, we adjusted the concentration of sevoflurane to maintain intraoperative BIS value within 40–60, but the effect of different inhalation concen-

trations on rapid postoperative pain after remifentanyl-based anesthesia is not known. However, because intraoperative opioids and  $\beta$ -blockers are known to have no effect on BIS [29,30], the difference in inhalation concentration of sevoflurane is thought to have had a marginal influence on postoperative pain in these three groups, which had similar BIS index values.

In conclusion, intraoperative esmolol infusion during laparoscopic cholecystectomy with remifentanyl-based anesthesia can reduce pain score (VAS) and fentanyl requirements in the immediate postoperative period, and this effect is similar to that of intraoperative ketamine infusion.

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