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# IGFBP7 induces apoptosis of acute myeloid leukemia cells and synergizes with chemotherapy in suppression of leukemia cell survival

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Despite high remission rates after chemotherapy, only 30–40% of acute myeloid leukemia (AML) patients survive 5 years after diagnosis. This extremely poor prognosis of AML is mainly caused by treatment failure due to chemotherapy resistance. Chemotherapy resistance can be caused by various features including activation of alternative signaling pathways, evasion of cell death or activation of receptor tyrosine kinases such as the insulin growth factor-1 receptor (IGF-1R). Here we have studied the role of the insulin-like growth factor-binding protein-7 (IGFBP7), a tumor suppressor and part of the IGF-1R axis, in AML. We report that IGFBP7 sensitizes AML cells to chemotherapy-induced cell death. Moreover, overexpression of IGFBP7 as well as addition of recombinant human IGFBP7 is able to reduce the survival of AML cells by the induction of a G2 cell cycle arrest and apoptosis. This effect is mainly independent from IGF-1R activation, activated Akt and activated Erk. Importantly, AML patients with high IGFBP7 expression have a better outcome than patients with low IGFBP7 expression, indicating a positive role for IGFBP7 in treatment and outcome of AML. Together, this suggests that the combination of IGFBP7 and chemotherapy might potentially overcome conventional AML drug resistance and thus might improve AML patient survival. *Cell Death and Disease* (2014) **5**, e1300; doi:10.1038/cddis.2014.268; published online 26 June 2014

Only 30-40% of acute myeloid leukemia (AML) patients survive 5 years after diagnosis.<sup>1</sup> This extremely poor prognosis is mainly caused by treatment failure due to chemotherapy resistance. This resistance is often a multifactorial phenomenon that can include enhanced expression or activation of receptor tyrosine kinases such as the insulin growth factor-1 receptor (IGF-1R).<sup>2,3</sup> The IGF-1R stimulates proliferation, protects cells from apoptosis and has been implicated in the development and maintenance of various cancers.4,5 Several oncogenes require an intact IGF-1R pathway for their transforming activity<sup>6</sup> and moreover, disruption or inhibition of IGF-1R activity has been shown to inhibit the growth and motility of a wide range of cancer cells in vitro and in mouse models.4,5 IGF-1Rs are membrane receptors and binding of their ligand, the insulin-like growth factor-1 (IGF-1), results in receptor phosphorylation and activation of MAPK and PI3K/Akt signaling.<sup>4</sup> Importantly, IGF-1, normally produced by the liver and bone marrow stromal cells, can stimulate the proliferation of cancer cells in vitro and genetic manipulations that reduce IGF-1 signaling can lead to decreased tumor growth.<sup>7,8</sup>

In hematological malignancies, a role for IGF-1 signaling has been demonstrated in multiple myeloma (MM) where it stimulates growth and potently mediates survival.<sup>9</sup> Several

anti-IGF-1R strategies have been shown to inhibit MM growth.<sup>10,11</sup> In AML, expression of the IGF-1R and IGF-1 was detected in AML cell lines and primary AML blasts and stimulation with IGF-1 can promote the growth of AML cells.<sup>12–14</sup> In addition, neutralizing IGF-1R antibodies and the tyrosine kinase inhibitors (TKIs) NVP-AEW541 and NVP-ADW742, have been shown to inhibit proliferation and to induce apoptosis.<sup>15,16</sup>

In addition to its mitogenic and anti-apoptotic roles, directly influencing tumor development, IGF-1R appears to be a critical determinant of response to numerous anti-cancer therapies, including TKIs and chemotherapy.<sup>2,3,17–22</sup> In AML, activated IGF-1R signaling has been linked to cytarabine resistance, a drug included in every AML treatment schedule.<sup>17</sup> Notably, in several cancer cell lines, a small subpopulation of drug-tolerant cancer cells exists that maintains their viability, after treatment with a lethal drug dose, via engagement of the IGF-1R.<sup>18</sup>

The activity of the IGF-1R is tightly controlled at multiple levels, including their processing, endocytosis, trafficking and availability of its ligands.<sup>4</sup> Ligand bioavailability is partly controlled by the family of secreted insulin-like growth factor-binding protein (IGFBP1 to IGFBP6), which can bind to IGFs therewith regulating the interaction of these ligands to



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Abbreviations: AML, acute myeloid leukemia; TCGA, The Cancer Genome Atlas; CI, Combination Index; EFS, event-free survival; FAB, French-American-British; IGF-1, insulin growth factor-1; IGF-1R, insulin growth factor-1 receptor; IGFBP, insulin-like growth factor-binding protein; InsR, insulin receptor; MM, multiple myeloma; MTT, 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide; NSG, non-obese diabetic/severe combined immunodeficiency IL2 gamma chain knockout (NOD/SCID-IL2g-/-); OS, overall survival; pIGF-1R, phospo-IGF-1R; RFS, relapse-free survival; rhIGFBP7, recombinant human IGFBP7; TKI, tyrosine kinase inhibitor Received 05.3.14; revised 08.5.14; accepted 19.5.14; Edited by G Raschellà

their receptors. However, as IGFBPs are able to induce IGF-dependent and IGF-independent effects, the results of several studies on their role in cancer cell survival appeared to be controversial and complex.<sup>23,24</sup> In addition to IGFBPs, various IGFBP-related proteins have been identified.<sup>23,25</sup> One of these is the IGFB-related protein 1. also known as insulinlike growth factor-binding protein-7 (IGFBP7). IGFBP7 has 30% homology to IGFBP1 to IGFBP6 in its N-terminal domain and functions predominantly as a tumor suppressor.<sup>23-26</sup> In contrast to IGFBP1 to IGFBP6, which bind to the IGFs,<sup>23</sup> IGFBP7 is a secreted protein that can directly bind to the IGF-1R and thereby inhibits its activity.<sup>27</sup> The abundance of IGFBP7 is inversely correlated with tumor progression in hepatocellular carcinoma.<sup>28</sup> Importantly, decreased expression of IGFBP7 has been associated with therapy resistance<sup>29,30</sup> and increasing IGFBP7 levels can inhibit melanoma and breast cancer growth.31,32 IGFBP7 was originally identified as being involved in Raf-mediated apoptosis and senescence<sup>33</sup> and also has been shown to induce senescence in mesenchymal stromal cells.<sup>34</sup>

We established that IGFBP7 induces a cell cycle block and apoptosis in AML cells and cooperates with chemotherapy in the induction of leukemia cell death. AML patients with low IGFBP7 expression have a worse outcome than patients with high IGFBP7 expression, indicating that AML patients might benefit from a combination therapy consisting of chemotherapy and IGFBP7. Our results define IGFBP7 as a focus to enhance chemotherapy efficacy and improve AML patient survival.

# Results

Membrane IGF-1Rs are expressed in AML cell lines and inhibition of IGF-1R tyrosine kinase activity compromises AML cell growth. Recently, IGFBP7 has been shown to directly bind to the IGF-1R on the membrane of normal and neoplastic breast epithelial cells.<sup>27</sup> To address a potential effect of IGFBP7 on AML cell growth via the IGF-1 axis, we first established the presence of the IGF-1R on human AML cell lines. Analyses using flow cytometry revealed that the IGF-1R was expressed on the cell surface of all AML cell lines tested, except KG-1 (Figure 1a). After stimulation with IGF-1, all AML cell lines showed phosphorylated IGF-1R and/or insulin receptor beta (InsR) (Figure 1b); however, no constitutive IGF-1R/InsR activation, independent from the stimulation with IGF-1, is seen in these AML cells. In general, the expression levels of the IGF-1R, detected using immunoblotting, correspond to expression detected with flow cytometry, suggesting that part, if not all, of the expressed IGF-1R is transported to the cell membrane of AML cells.

To study the role of IGFBP7 in inhibition of IGF-1Rmediated cell survival of AML cells, we first investigated whether blocking the activity of the IGF-1R can reduce the viability of AML cells. Incubation of AML cell lines with various concentrations of the IGF-1R TKI NVP-AEW541<sup>35,36</sup> resulted in decreased survival of HL60, Kasumi-1 and NB4 cells at concentrations between 0.5 and 1  $\mu$ M (Figure 1c). The inhibition of the viability of K562 cells started at a concentration of 1  $\mu$ M, and viability of both KG-1 and HEL cells could only be decreased with a concentration of 10  $\mu$ M. As K562, HEL and KG-1 cells do not respond to NVP-AEW541 concentrations inhibiting IGF-1R activity ( $\leq$ 1  $\mu$ M), the decrease in cell viability is likely due to nonspecific inhibition; for example, the EGFR, PDGFR, c-Met or c-Kit or other kinases known to be inhibited at these concentrations.<sup>36</sup>

**IGFBP7 inhibits the growth of AML cells.** Although it has been shown that IGFBP7 inhibits tumor growth by inducing senescence or apoptosis in solid tumors such as breast cancer and melanoma,<sup>24,26,27,31–33</sup> its function in AML has not been extensively elucidated. IGFBP7 is expressed in all the myeloid leukemia cell lines that we have tested and shows the highest expression in KG-1 cells (Figure 2a). We selected the cell lines Kasumi-1, NB4, and K562 myeloid leukemia cells to overexpress IGFBP7 and show, using immunoblotting of the cell lysates and the medium, that all cell lines have enhanced intracellular IGFBP7 protein, as well as enhanced secretion of IGFBP7 protein (Figure 2b).

Although in one study it has been shown that IGFBP7 is able to enhance proliferation,37 most studies show that IGFBP7 can reduce cell growth and induce apoptosis.<sup>26,27,31-33</sup> To investigate the effect of IGFBP7 on growth of myeloid leukemia cells, we determined the survival of Kasumi-1 cells with enhanced IGFBP7 expression. Kasumi-1 cells overexpressing IGFBP7 did not show a change in growth rate when cultured in the presence of high amounts of growth factors that are present in fetal calf serum (FCS; 15%; data not shown). Lowering the amount of FCS (1%) and thereby lowering the inhibitory effect of proteins present in the FCS resulted in reduced viability of Kasumi-1 cells overexpressing IGFBP7 as compared with the control Kasumi-1 cells, either by inhibition of proliferation or induction of apoptosis (Figure 2c). This growth-inhibitory effect might be due to either secreted or intracellular IGFBP7.

To determine whether secreted IGFBP7 could inhibit the growth of AML cells, we generated human recombinant IGFBP7 (rhIGFBP7; Supplementary Figure S1). Treatment of NB4, Kasumi-1 and KG-1 cells with various concentrations of purified rhIGFBP7 resulted as well in the inhibition of cell growth by either decreasing survival or inhibition of proliferation (Figure 2d). Thus, AML cell growth can be exogenously inhibited by rhIGFBP7.

**IGFBP7 suppresses tumor growth in AML xenografts.** As IGFBP7 can reduce AML cell growth *in vitro* (Figure 2), we sought to determine its effect on growth inhibition in an *in vivo* AML xenograft mouse model. Kasumi-1 cells overexpressing IGFBP7 were subcutaneously injected into the NOD/SCID-IL2g – / – (NSG) mice and tumor size was measured over time. Subcutaneously growing tumors derived from cells overexpressing IGFBP7 show a decreased growth rate compared to tumors derived from control cells (Figures 3a and b). Subsequently, survival analysis (Figure 3c) of mice injected with IGFBP7-over-expressing Kasumi-1 cells and those injected with control Kasumi-1 cells showed that mice injected with Kasumi-1 cells overexpressing IGFBP7 have a trend towards a better survival (P = 0.1). Mice injected with Kasumi-1 cells



Figure 1 Expression of membrane IGF-1R in leukemic cell lines. (a) Flow cytrometric analysis of leukemic cell lines labeled with IGF-1R-phycoerythrin (PE; gray) compared with cells labeled with IgG-PE control antibody (white). (b) Detection of phosphorylated IGF-1R using immunoblotting after IGF-1 ligand stimulation (50 ng/ml). (c) Cell lines were treated with the indicated concentrations of NVP-AEW541 and cell viability was measured using a MTT assay

have a median survival of 11.5 days as compared with 14.5 days of mice injected with Kasumi-1 cells overexpressing IGFBP7.

IGFBP7 inhibits AML cell growth, at least partly, by an IGF-1/IGF-1R-independent mechanism. IGFBP7 interacts with both IGF-1 and insulin with very low affinity<sup>37</sup> and has



Figure 2 IGFBP7 inhibits the growth of AML cells. (a) Average expression of IGFBP7 measured using qRT-PCR, error bars show the S.D. of a duplicate. (b) Lentivirally transduced leukemic cell lines were analysed for the expression of IGFBP7 by immunoblotting of the lysates (upper panel) and the medium (middle panel). The expression of actin was used as a control for equal loading (lower panel). \* indicates an aspecific background band. (c) Cell viability of Kasumi-1 cells transduced with the control (EF-1) or with the IGFBP7 overexpression vector were cultured under low-serum conditions (1%) for 72 h. Bars and error bars show the cell viability and S.D. of a triplicate. (d) AML cells were treated with various concentrations of rhIGFBP7 in Opti-Mem reduced serum medium with 1% FCS for 72 h. Bars represent the average and error bars represent the viability and S.D. of a triplicate. One-way ANOVA analysis was used with a *post hoc* Tukey test to calculate the *P*-value \* $P \le 0.05$ , \*\* $P \le 0.01$ 

been shown to directly interact with the IGF-1R.<sup>27</sup> Although in several cancer settings IGFBP7 influences proliferation in an IGF-dependent manner, we observed that KG-1 cells, lacking membrane IGF-1R expression, can be growthinhibited by rhIGFBP7. This suggests that IGFBP7 can function via IGF-1R-independent signaling, which has also been suggested for other IGFBPs.<sup>23,25</sup> To elucidate whether inhibition of AML growth by IGFBP7 is dependent on IGF-1 signaling, we cultured Kasumi-1 cells overexpressing IGFBP7 in the presence of various concentrations of IGF-1 (Figure 4a). Presence of 35 or 100 ng/ml IGF-1 enhanced the growth of Kasumi-1 cells, for both IGFBP7 overexpression as well as control cells. However, in the presence of IGF-1, Kasumi-1 cells overexpressing IGFBP7 are still growthinhibited and even saturating amounts of IGF-1 (100 ng/ml) do not abolish this effect caused by IGFBP7, indicating that IGFBP7-induced growth inhibition is at least partly independent from IGF-1.

To divide the growth-inhibitory effect of IGFBP7 in an IGF-1R dependent and -independent effect, we incubated Kasumi-1 cells overexpressing IGFBP7 with the TKI NVP-AEW541 (Figure 4b). On top of the growth-inhibitory effect of the TKI, there is additional inhibition by IGFBP7, suggesting that IGFBP7 exerts its effect partly in an IGF-1R-independent manner. Thus, IGFBP7 can inhibit the growth of AML cells independent from IGF-1R activation or IGF-1 stimulation.

Next, we investigated whether IGFBP7 is able to reduce IGF-1R activity, as has been shown in breast cancer cells.<sup>27</sup> To that end, we analyzed IGF-1-induced phosphorylation of the IGF-1R in Kasumi-1 and K562 cells overexpressing IGFBP7 as compared with the control cells. In contrast to the effect of rhIGFBP7 on breast cancer cells,<sup>27</sup> we did not observe a decrease in IGF-1R phosphorylation in cells

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overexpressing IGFBP7, whereas these cells were inhibited in growth (data not shown). Moreover, pre-incubation of rhIGFBP7 with Kasumi-1 and NB4 cells and subsequent stimulation with IGF-1 did not result in decreased IGF-1R phosphorylation (Figure 4c). RhIGFBP7 pre-incubated with IGF-1 and subsequent stimulation of NB4 cells could also not decrease the activation of the IGF-1R (Figure 4d). In general, receptor tyrosine kinases activate both the Erk and Akt signaling pathways. To study whether rhIGFBP7 can inhibit Erk or Akt activation we cultured NB4 cells in the presence of rhIGFBP7 and established that the levels of phosphorylated Akt and Erk are not affected while the cells are inhibited in their growth (Figure 4e). Overall, these results suggest that IGFBP7 functions independently from inhibition of IGF-1R phosphorylation in reducing AML cell growth.

IGFBP7 induces a cell cycle block and apoptosis in AML cells. The inhibition of AML cell growth by IGFBP7 might be due to induction of differentiation, inhibition of proliferation and/or induction of a cell cvcle block subsequently followed by the induction of apoptosis. We analyzed Kasumi-1 cells overexpressing IGFBP7 for cell-cycle phase distribution and induction of apoptosis. Cells with enhanced IGFBP7 expression that were grown for 2 days under low-serum conditions have an increase in the fraction of cells in the G2/M phase (23% in the control cells (left panel) versus 57% in cells with enhanced IGFBP7 (right panel)) with a corresponding decrease in the fraction of cells in G1 and S phases (Figure 5a). Kasumi-1 cells with enhanced expression of IGFBP7 have an increased number of Annexin-V-positive cells (38% in the control cells versus 62% in cells with enhanced IGFBP7 (Figure 5b) indicating induction of apoptosis by IGFBP7. To determine whether soluble



**Figure 3** Decreased tumor growth of AML cells overexpressing IGFBP7 *in vivo.* (a and b) NOD/SCID-IL2g -/- (NSG) mice were subcutaneously injected with  $3 \times 10^6$  Kasumi-1 cells transduced with an empty vector (a) or with IGFBP7 overexpression (b). Tumor size was measured every day and shown from the day that tumors reached a size of 50 mm<sup>3</sup>. (c) Kaplan–Meier, survival analysis of indicated NSG mice. Mice were killed when tumors reached 2000 mm<sup>3</sup>. Log-rank (Mantel–Cox) was used to calculate the *P*-value

secreted IGFBP7 could induce apoptosis of AML cells, we incubated NB4 cells with rhIGFBP7 and measured the induction of apoptosis (Figure 5c). Treatment with rhIGFBP7 resulted in a loss of viable cells (44–21%) and an increase in early (from 33 to 52% Annexin-V-positive) and late apoptotic (from 21 to 26% Annexin-V- and 7-AAD-positive) cells, indicating that rhIGFBP7 can reduce the viability of AML cells by induction of apoptosis.

**IGFBP7** cooperates with doxorubicin, etoposide and cytarabine in promoting AML cell death. As treatment failure in AML is mainly caused by chemotherapy resistance or tolerance,<sup>1</sup> we studied whether IGFBP7 or the inhibition of IGF-1R activity can sensitize for chemotherapy-induced AML cell death. Treatment of Kasumi-1 cells with cytarabine or NVP-AEW541 as a single agent shows decreased cell viability (Figure 6a); however, the combination of both (concentrations cytarabine >90 nM and NVP-AEW541 > 0.35 nM) works synergistically (CI is < 0.99; Figure 6b), indicating that combining both drugs has a more than additive effect.<sup>38</sup> The effect of NVP-AEW541 on enhancement of chemotherapy efficacy is most likely due to inhibition of IGF-1R activity, since at these concentrations this TKI mainly inhibits IGF-1R activity. Although the growth-inhibitory effect of IGFBP7 is for a major part independent from IGF-1R activity, a cooperative effect of IGFBP7 with chemotherapy might still be present. Therefore, we determined whether IGFBP7 can cooperate with chemotherapy in induction of AML cell death. Indeed, NB4 cells overexpressing IGFBP7 are sensitized for the induction of cell death by doxorubicin, cytarabine and etoposide (Figure 6c). Of all myeloid cell lines tested, we observed the largest effect of IGFBP7 on doxorubicin-induced cell death in the K562 cell line. At doxorubicin concentrations that do not induce cell death of myeloid leukemia cells, the combination with IGFBP7 does (Figure 6c, right panel).

Sensitization of chemotherapy by overexpression of IGFBP7 might be either due to intracellular or secreted soluble IGFBP7. Therefore, we investigated whether IGFBP7 can exogenously sensitize for chemotherapy-induced cell death in myeloid leukemia cells. Similar to the overexpression of IGFBP7, rhIGFBP7 cooperates with chemotherapy (doxorubicin and cytarabine) in decreasing cell viability of the myeloid leukemia cell lines NB4 and K562 (Figure 6d). Altogether, these results indicate that elevated IGFBP7 levels can result in enhanced chemotherapy-induced AML cell death. As the effect of IGFBP7 might be for a major part independent from inhibition of IGF-1R activity, we investigated whether rhIGFBP7 can be additive to the inhibitory effect of NVP-AEW541 in combination with chemotherapy. Combining rhIGFBP7 with doxorubicin and NVP-AEW541 results in reduced cell survival as compared with the combination alone (Figure 6e).

The prognostic value of IGFBP7 expression in AML. As IGFBP7 can induce apoptosis and enhance chemotherapyinduced cell death, higher expression of IGFBP7 in the AML patient's bone marrow might result in a better response to treatment. To investigate whether IGFBP7 expression levels are associated with AML patients' prognosis, we correlated results from mRNA sequencing data with clinical outcome of 102 AML patients.<sup>39</sup> We excluded patients that are older than 60 years, as they belong to a group of patients with an extremely poor prognosis and also excluded patients with a PML-RAR translocation (M3 Fab classification), since these patients are treated differently from the rest of the group (with all-trans retinoic acid). The top 33% of AML cases with the highest IGFBP7 expression (n = 34) were compared with the rest of the AML cohort (n = 68). Patients with low IGFBP7 expression have a worse overall survival (OS; Figure 7a), event-free survival (EFS; Figure 7b) and relapse-free survival (RFS; Figure 7c) compared with patients with high IGFBP7



Figure 4 IGFBP7 inhibits the growth of AML cells, at least partly, in an IGF-1- and IGF-1R-independent manner. (a) Control or IGFBP7-overexpressing Kasumi-1 cells were grown under low-serum conditions in the presence of various amounts of rhIGF-1. Bars represent the cell viability (OD) measured by using a MTT assay. Bars represent the average viability of a triplicate and error bars show the S.D. (b) Kasumi-1, cells with or without the overexpression of IGFBP7, were treated with NVP-AEW541. Bars represent the average cell viability of a triplicate and error bars show the S.D. (c) Kasumi-1 and NB4 cells were incubated ± rhIGFBP7 for 4 h before induction with rhIGF-1 or PBS. The activity of the IGF-1R was determined using immunoblotting with an antibody against the phosphorylated IGF-1R. (d) rhIGFBP7 was pre-incubated with IGF-1 for 4 h before the induction of NB4 cells and activation of the IGF-1R was determined by detection of phosphorylated IGF-1R using immunoblotting. (e) NB4 cells treated with rhIGFBP7 or PBS were subjected to immunoblotting. All experiments regarding this figure were performed under low-serum conditions

expression. In addition, we studied whether expression of the IGF-1R or IGF-1 were associated with OS, EFS and RFS. In this cohort, neither IGF-1 nor the IGF-1R was correlated with the outcome of AML patients (Supplementary Figures 2A–D).

## Discussion

In the present study, we show that AML patients with low IGFBP7 expression have a worse OS than patients with high expression. This suggests that decreased expression of IGFBP7 might result in a poorer treatment response and enhanced survival of AML cells after chemotherapy. Thus, low IGFBP7 expression in AML cells might be, at least partly, responsible for reduced chemotherapy sensitivity and consequently enhancing IGFBP7, by overexpression or addition

of rhIGFBP7, might increase the efficacy of chemotherapy and/or induce AML cell death. Indeed, our results show that a combination of IGFBP7 with doxorubicin or cytarabine results in increased sensitivity of AML cells for chemotherapyinduced cell death. The extreme poor prognosis of AML patients is mainly due to survival of chemotherapy-resistant leukemic cells. These cells are responsible for the return of the leukemia, the relapse, which is very hard to treat and the main reason for the low survival chances for AML patients.<sup>1</sup> As resistance to chemotherapy is the major problem that AML patients currently face, identification of additional novel therapies such as IGFBP7, enhancing chemotherapy efficacy, is crucial for improvement of AML outcome. Mechanisms underlying this resistance to 'classical' cytotoxic chemotherapeutics include many features, for example,



**Figure 5** IGFBP7 induces a G2/M cell cycle block and apoptosis in AML cells. (a) Cell cycle distribution analysis (left panel) of Kasumi-1 control cells or with overexpression of IGFBP7. The frequency of cells in the G1, S and G2 phases of the cell cycle was determined (right panel). (b) Kasumi-1 cells with or without the overexpression of IGFBP7 were cultured for 72 h under low-serum conditions and Annexin-V positivity was measured using flow cytometry (left panel). Annexin-V positivity after overexpression of IGFBP7 in Kasumi-1 of n = 2 (right panel). (c) NB4 cells were cultured in Opti-Mem reduced serum medium with 1% FSC in the presence of rhIGFBP7. Apoptosis was detected by establishing Annexin-V and 7-AAD positivity using flow cytometry

alterations in the drug target, activation of prosurvival pathways and ineffective induction of cell death. Our results show that an increase in IGFBP7 results in enhanced sensitivity to chemotherapy-induced cell death, likely due to elimination of chemotherapy resistance mechanisms in AML cells. This suggests that combining IGFBP7 with chemotherapy might improve AML patients outcome. The increase in chemotherapy sensitivity by IGFBP7 might hold true for the bulk of the AML, however, also for small subpopulations of resistant leukemic cells. Combinations including rhIGFBP7 and chemotherapy might therefore be beneficial for patients with refractory AML as well as with AML relapse. Besides cooperation with chemotherapy, we show that IGFBP7, either by an intracellular function or a function at the outside of the cell, can directly inhibit AML cell growth by the induction of a G2 cell cycle block and apoptosis. The effect of IGFBP7 might be even more enhanced when AML cells reside in their natural microenvironment, for example, in in vivo mouse models or on stroma; since then both autocrine- and paracrine-secreted IGFBP7 might block the interactions of the AML cells with cytokines and/or receptors expressed in this microenvironment. In contrast to our results, Hu et al.40 showed that downregulation of IGFBP7 results in decreased adhesion and survival of U937 cells. This discrepancy might be due to a context-dependent function of IGFBP7, as we also observed that IGFBP7 does not induce apoptosis in all the AML cell lines that we tested. Relapse-initiating cells that survive treatment can be highly resistant to conventional chemotherapy due to activation of alternative signaling pathways such as activation of the IGF-1R.<sup>41</sup> The IGF-1/IGF-1R axis has an important role in a wide variety of cancers, including AML, whereby active signaling can induce cell proliferation and survival but also chemotherapy resistance.<sup>2-5,12-14,17-22</sup> We show that the IGF-1R is expressed in most AML cell lines and can be activated upon stimulation with IGF-1; however, no constitutive activation of IGF-1R activity is seen in AML cell lines. In addition, we could not establish an association between AML patient outcome and expression of the IGF-1R or IGF-1, which might indicate that, in agreement with earlier findings in breast cancer, not the total IGF-1R but the phosphorylated (activated) form of IGF-1R is an indicator of poor prognosis.42,43

Although in breast cancer it has been shown that IGFBP7 directly binds to the IGF-1R,<sup>27</sup> we show that IGFBP7-mediated induction of apoptosis in AML cells is for a major part independent from activation of the IGF-1R/IGF-1 axis. This suggests that IGFBP7 is involved in activation or

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inhibition of, thus far, unknown signaling pathways. Indeed, the family of IGFBPs is known to modulate cellular proliferation or apoptosis by both IGF-dependent and -independent mechanisms.<sup>25</sup> For example, the N-terminal 95-amino-acid IGFBP-3 domain, which shows  $\sim 30\%$  homology with IGFBP7, inhibits proliferation probably by interacting with an unknown cell surface receptor or by acting as a nuclear transcription factor.44,45 As a major part of the effect of IGFBP7 on AML cell apoptosis is IGF-1R/IGF-1-independent, the effect of IGFBP7 on chemotherapy sensitization might be as well via a, thus far, unknown mechanism, different from inhibition of IGF-1R activity. In contrast to our results. re-expression of IGFBP7 in Smarcb1-deficient tumor cells reduced the activity of Akt.<sup>46</sup> This discrepancy might be explained by the culture system we are using in which we culture cells under low-serum conditions, having low basal Akt activity. This might result in an undetectable small decrease in phosphorylated Akt after IGFBP7 exposure. In addition, reduction in activated Akt levels might be a fast response while the inhibition of growth is only detectable after a few days of culturing with IGFBP7.

In summary, we show that IGFBP7 results in the induction of apoptosis in AML cells. Most importantly, IGFBP7 can sensitize AML cells to chemotherapy, indicating a potential manner to eradicate the bulk or subpopulations of therapy-resistant leukemic cells, thereby improving the outcome of AML.

### Materials and Methods

**Construction of plasmids.** Lentiviral plasmid encoding human IGFBP7 was generated by ligation of the full-length IGFBP7 cDNA clone (SC119176, Origene, Rockville, MD, USA) into the pCDH-CMV-EF-1-puro plasmid (CD510B-1, System Biosciences, San Francisco, CA, USA). The plasmid containing human IGFBP7 (rhIGFBP7) with a histidine tag and a myc tag was generated by ligation of the full-length cDNA of IGFBP7 into pCDNA3.1 (-A)-his-myc (no. V855-20, Invitrogen, Carlsbad, CA, USA).

**Cell lines and virus production.** All cell lines were derived from the American Type Culture Collection (ATCC, Manassas, VA, USA). HEL, NB4, HL60 and K562 cell lines were cultured in Roswell Park Memorial Institute-1640 (RPMI-1640) medium with 10% FCS. KG-1 and Kasumi-1 were cultured in RPMI-1640 containing 15% FCS. Cells cultured under low-serum conditions were either cultured in RPMI-1640 with 1% FCS or in Opti-Mem Reduced-Serum Medium (used in the experiments illustrated in Figures 2d, 5c and 6e; Life Technologies, Bleiswijk, The Netherlands) with 1% FCS.

IGFBP7-overexpressing AML cell lines were generated by lentiviral transduction with pCDH-CMV-EF-1-puro-IGFBP7 (System Biosciences). HEK293T cells were seeded and grown in Dulbecco's Modified Eagle Medium/10% FCS. Plasmid DNA mix – pCDH-CMV-EF-1-puro or pCDH-CMV-EF-1-puro-IGFBP7, PMD29, PRRK and PRSV-REV (containing pol, gag and rev) – was mixed with Hepes-buffered saline and 200 mM CaCl<sub>2</sub> and was added to the HEK293T cells. The medium was harvested after 72 h and added to AML cell lines cultured on retronectin (Takara Bio Inc, Otsu, Japan). Cells were selected using 1-2  $\mu$ g/ml puromycin (Sigma Aldrich, St. Louis, MO, USA).

Immunoblotting. Cells were lysed in 1% NP40 lysis buffer (50 mM Tris, Ph7.5, 150 mM NaCl, 1% NP40, 5 mM EDTA pH 8) containing protease inhibitors and phosphostop (Roche, no. 04906845001, Basel, Switzerland). Protein concentrations were determined using the Bio-Rad protein assay (Bio-Rad, no. 500-00001, Hercules, CA, USA). Cell lysates were boiled in  $4 \times$  reduced sample buffer (Bio-Rad) and proteins were separated by 4-16% precast SDS-PAGE (Bio-Rad) and transferred to polyvinylidene fluoride (PVDF) membranes (Millipore. Billerica, MA, USA) in Tris/glycine/SDS buffer containing 20% volume/volume methanol. Membranes were blocked using 5% (w/v) non-fatty dried milk powder (Millipore), or with 5% bovine serum albumin (Millipore) in case of blotting with antibodies directed to phospho-proteins, for at least 30 min in PBS/0.1% Tween (PBS/T), and incubated with the following antibodies: anti-IGFBP7 (R&D Systems, Minneapolis, MN, USA, no. MAB1334), anti-IGF-1R (Santa Cruz Biotechnology, Santa Cruz, CA, USA, no. 81464), anti-pIGF-1R Y1135/1136/ Insulin receptor beta Y1150/1151 (Cell Signaling, Danvers, MA, USA; no. 3024S), anti-actin (Santa Cruz Biotechnology, no. MAB1501R) and anti-c-terminal-Myc (company, no. SC40). Anti-Akt (Cell Signaling no. 9272), anti-pAkt (s473; Cell Signaling no. 193H12), anti-Erk1/2 (Cell Signaling no. 137F5) and pErk (Cell Signaling no. 197G2, p-p44/42, T202/Y204). After washing with PBS/T, membranes were incubated with anti-mouse horse radish peroxidase (HRP; Dako, Heverlee, Belgium, no. p0260) or anti-rabbit-HRP (SC, no. SC2004). Enhanced bioluminescence for HRP (ECL) was from GE Healthcare (Waukesha, WI, USA).

Flow cytometric analysis of IGF-1R expression. AML cell lines were incubated with anti-CD221-PE (IGF-1R) or IgG-PE isotype control (BD Biosciences, San Diego, CA, USA) for 15–30 min. Cells were washed with PBS/0.1% human serum albumin (PBS/HSA) and measured by flow cytometry with a FACSCanto flow cytometer (Becton Dickinson, Franklin Lakes, NJ, USA). Analysis was performed using the BD-FACSDiva software (Becton Dickinson).

**Cell viability assays (MTT).** A total of  $10 \times 10^4$  cells were seeded in 96-well plates and cultured for 72–96 h. MTT (3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide; thiazolyl blue; Sigma Aldrich) was added and incubated with the cells for 4 h. MTT crystals were dissolved in isopropanol-HCI. Color conversion was measured at 570 nm and corrected for background at 690 nm. Each experiment was performed in triplicate and the values are represented as optical density (OD) or percentages. One-way ANOVA analysis was used with a *post hoc* Tukey test to calculate the *P*-value \**P* ≤ 0.05, \*\**P* ≤ 0.01, \*\*\**P* ≤ 0.001. Doxorubicin and etoposide were from Pharmachemie (Haarlem, The Netherlands). Cytarabine from Onco Tain (Brussels, Belgium). For cell viability assays regarding IGF-1R inhibition, we used NVP-AEW541 (Selleckchem, Houston, TX, USA, no. S1034).

**Apoptosis detection.** A total of  $1 \times 10^6$  cells were cultured with RMPI-1640 containing 1% FCS and labeled with 7-AAD and Annexin-V (TAU technologies, Albuquerque, NM, USA) for 15–30 min. Cells were washed with PBS/0.1% HSA, fixed with 1% PFA and measured using flow cytometry with a FACSCanto flow cytometer (Becton Dickinson). Analysis was performed using the BD-FACS Diva software (Becton Dickinson).

**Cell cycle distribution.** A total of 1  $\times$  10<sup>6</sup> cells were cultured in RMPI-1640 containing 1% FCS, fixed in 70% ethanol and incubated for 30 min with RNAse (100 µg/ml, Sigma Aldrich) at 37 °C. Subsequently, cells were stained with propidium iodide (PI) (50 µg/ml, Sigma). PI was visualized using a FACSCanto flow cytometer. Analysis was carried out using the Flow Jo 6.3 software (Treestar, Ashland, OR, USA).

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**Figure 6** Inhibition of IGF-1 R activity or IGFBP7 cooperates with chemotherapy in the inhibition of AML cell viability. (a) Cell viability of Kasumi-1 cells incubated with various concentrations of NVP-AEW541 (left panel) and cytarabine (right panel). (b) Kasumi-1 cells incubated with a combination of NVP-AEW541 and cytarabine. The combination index (CI) of the indicated drug combinations (right panel) were calculated using the Calcusyn software.<sup>38</sup> Defined CI values:  $\pm$  (0.90–1.10), + + (0.70–0.85), + + + (0.3–0.7). (c) Cell viability of NB4 cells with or without the overexpression of IGFBP7 and incubated with doxorubicin, cytarabine and etoposide (left panel) and K562 treated with doxorubicin (right panel). (d) Cell viability of NB4 and K562 cells in the presence of rhIGFBP7 (20  $\mu$ g/ml in the case of NB4 and 300  $\mu$ g/ml in the case of K562) with various concentrations of cytarabine (left panel) or doxorubicin (right panel) measured by the MTT assay. All bars represent the average cell viability and error bars show the S.D. of a triplicate. One-way ANOVA analysis was used in combination with a *post hoc* Tukey test to calculate the *P*-value \**P*≤0.05, \*\**P*≤0.001. (e) NB4 cells were cultured in Opti-Mem reduced serum medium with 1% FSC in the presence of 0.04  $\mu$ M doxorubicin, 0.5  $\mu$ M NVP-AEW541 or the combination of doxorubicin and NVP-AEW541 or the combination of doxorubicin and 20  $\mu$ g/ml rhIGFBP7



**Figure 7** Survival analysis of AML patients with high and low levels of IGFBP7. (a) The OS of AML patients with low and high IGFBP7 levels. (b) The EFS of AML patients with low and high IGFBP7 levels (c) RFS of AML patients with low and high IGFBP7 levels. Expression data were derived from the Cancer Genome Atlas Research Network<sup>39</sup> and we compared the top 33% of patients with high IGFBP7 expression to the rest of patients

**Recombinant protein purification.** For production of rhIGFBP7, we transfected pcDNA3.1(-A)-IGFBP7-his-myc into Cos-7 cells by using lipofectamine (Invitrogen, Darmstadt Germany). Cells were selected using G418 sulfate (Invitrogen) and limiting dilution was subsequently performed to select for cells with high IGFBP7 expression. Conditioned medium was harvested, concentrated using centrifugal filters (Amicon Ultra-15, 10 k, Millipore) and loaded onto a 5 ml Ni<sup>2</sup> + column (HiTrap Chelating sepharose, (GE Healthcare). The column was washed with 25 ml 20 mM Tris, pH 8.0, containing 200 mM NaCl and 20 mM imidazole. rhIGFBP7 was eluted with 20 mM Tris pH 8.0, 100 mM NaCl, 150 mM imidazol. Fractions containing rhIGFBP7 were pooled and loaded onto a 1 ml Sepharose column (HiTrap HP, GE Healthcare). The column was washed with 7.5 ml 20 mM Tris, pH 8.0, 200 mM NaCl and the protein was eluted with 20 mM Tris, pH 8.0, 500 mM NaCl.

**AML xenograft assay.** Non-obese diabetic/severe combined immunodeficiency IL2 gamma chain knockout mice (*NOD/SCID*-IL2g - / - , NSG; Jackson Laboratory, Bar Harbor, MA, USA), both male as well as female, 7–8 weeks of age, were subcutaneously injected with  $3 \times 10^6$  Kasumi-1 cells. Tumor size was measured and the volume was calculated using the formula ( $W^2 \times L$ )/2), width (*W*) and length (*L*). Mice were killed when reaching a tumor size  $\geq 2000 \text{ mm}^3$ .

**Survival analysis.** mRNA sequencing results together with clinical data from ~200 AML patients<sup>39</sup> were downloaded from https://tcga-data.nci.nih.gov/docs/publications/aml\_2012. For survival analysis the OS, EFS and RFS of patients  $\leq$ 60 years of age with AML (excluded are the patients belonging to Fab classification M3) was correlated with the level of IGFBP7 expression in the leukemia. The top third highest IGFBP7-expressing AML patients in each group were compared with the rest of the AML cases. All statistical analyses were performed using the SPSS 21.0 package (IBM SPSS Statistics for Windows, Version 20.0, Armonk, NY, USA), with significance set at  $P \leq$  0.05.

### **Conflict of Interest**

The authors declare no conflict of interest.

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