

ORIGINAL ARTICLE

Assessing the fitness of distinct clades of influenza A (H9N2) viruses

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Influenza A (H9N2) viruses are a genetically diverse population that infects wild and domestic avian species and mammals and contributed the internal gene segments to the A/H5N1 and A/H7N9 viruses associated with lethal human infections. Here we comprehensively assess the potential risk to mammals of a diverse panel of A/H9N2 viruses, representing the major H9N2 clades, using a combination of *in vitro* assays (e.g., antiviral susceptibility and virus growth in primary differentiated human airway cells) and *in vivo* assays (e.g., replication, transmission and/or pathogenicity of viruses in ducks, pigs, mice and ferrets). We observed that viruses isolated from humans, A/Hong Kong/1073/1999 and A/Hong Kong/33982/2009, had the highest risk potential. However, the A/swine/Hong Kong/9A-1/1998 and A/chicken/Hong Kong/G9/1997 viruses also displayed several features suggesting a fitness profile adapted to human infection and transmission. The North American avian H9N2 clade virus had the lowest risk profile, and the other viruses tested displayed various levels of fitness across individual assays. In many cases, the known genotypic polymorphisms alone were not sufficient to accurately predict the virus' phenotype. Therefore, we conclude that comprehensive risk analyses based on surveillance of circulating influenza virus strains are necessary to assess the potential for human infection by emerging influenza A viruses.

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INTRODUCTION

Outbreaks of influenza A viruses continue to cause morbidity and mortality worldwide in domestic birds and a wide variety of mammals, including humans. In recent years, a number of wholly avian influenza strains have crossed the species barrier and caused human infection and even death. These include the highly pathogenic avian H5N1 influenza viruses that are currently endemic in China, Vietnam, Cambodia, Indonesia, Bangladesh and Egypt and associated with significant mortality. More limited human infections have been associated with a highly pathogenic avian H7 influenza virus, which has been detected in poultry workers and veterinarians in the Netherlands and Mexico,¹ and the emerging avian H7N9 viruses in China.^{2,3} Less recognized are the mild human infections associated with the low-pathogenic avian influenza H9N2 viruses.^{4,5} Although much scientific and public health interest has focused on the H5N1 influenza viruses, the H7 and H9 viruses are also considered pandemic threats. The H9 viruses are of particular concern, given their extensive species tropism and distribution throughout many parts of Eurasia and the fact that they donated the internal genes to the currently circulating H5N1 and H7N9 viruses.^{2,6,7}

H9N2 viruses are widespread in nature. They are routinely isolated from wild birds and occasionally from pigs and other mammalian species.⁸ They are also considered enzootic in poultry in some Asian and Middle Eastern countries.⁹ In experimentally infected dogs, H9N2 viruses cause respiratory disease and are shed.¹⁰ Antibodies against H9 influenza have been found in pet and performing monkeys in

Southeast Asia.¹¹ Phylogenetic analysis has revealed that since 1997, multiple clades of H9N2 viruses have been circulating, including the G1-like lineage represented by A/quail/Hong Kong/G1/1997 and the Y280-like lineage represented by A/chicken/Hong Kong/G9/1997.¹² As a result of this cocirculation, multiple reassortant subtypes have been observed.¹³ Given the wide distribution of H9N2 viruses, it is not surprising that sporadic cases of human infection have occurred, generally causing mild illness in Hong Kong and mainland China since the late 1990s.^{5,14} Currently, under investigation are the source and risk factors for H9 transmission to humans and the risk of infection with H9N2 viruses among persons working in live poultry markets, where these viruses are prevalent. One study in southern China reported that the prevalence of anti-H5 and -H9 antibodies among poultry market workers is 0.8% and 15.5%, respectively.¹⁵ A recent study by Uyeki *et al.*⁴ demonstrated that approximately 3% of poultry and non-poultry workers in Vietnam had antibodies against H9N2 viruses, suggesting that mild or subclinical human infections are quite common.

Few studies have compared the biological properties of different H9N2 clades and determined whether certain clades pose a higher risk to mammals. To fill this gap in knowledge, we undertook an extensive characterization and risk-assessment study of H9N2 viruses that included antigenic and genetic analyses, antiviral susceptibility, replication efficiency in primary normal human bronchial epithelial (NHBE) cells, and pathogenicity and transmission in key domestic animals and laboratory models, including ducks, pigs, mice and ferrets.

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MATERIALS AND METHODS

Ethics statement

All animal studies were approved by the St Jude Children's Research Hospital Animal Care and Use Committee (protocol NOs 428 and 513), following the guidelines established by the Institute of Laboratory Animal Resources, approved by the Governing Board of the US National Research Council, and carried out by trained personnel working in a United States Department of Agriculture-inspected Animal Biosafety Level 3+ animal facility.

Cell culture

Madin-Darby canine kidney cells were maintained in culture in minimum essential media supplemented with *L*-glutamine (2 mM) and 5% fetal bovine serum at 37 °C with 5% CO₂. NHBE cells (Lonza, Walkersville, MD, USA) from a single healthy male donor were expanded, cryopreserved and maintained in culture in an air/liquid interface system, as previously described.¹⁶ Briefly, cells were plated in 0.33 cm² transwell inserts (Corning, Corning, NY, USA) and allowed to differentiate, as monitored by transepithelial resistance. An air/liquid interface was established in which the apical surface of the cells was exposed to a humidified 95% air/5% CO₂ environment. The basolateral medium was changed every 2 days for a minimum of 5 weeks in culture.

Viral propagation and titers

The H9N2 influenza viruses were propagated in the allantoic cavities of 10-day-old embryonated chicken eggs at 35 °C for 48 h. Viral titers were determined either by injecting 100 µL of 10-fold dilutions of virus into the allantoic cavities of 10-day-old eggs and then calculating the 50% egg infectious dose (EID₅₀) or by calculating the 50% tissue culture infectious dose (TCID₅₀), as described.¹⁷ These 50% end points were calculated according to the method of Reed and Muench.¹⁸

RNA sequencing

RNA was isolated by using the MagMAX™-96 AI/ND viral RNA Isolation Kit (Applied Biosystems/Ambion, Austin, TX, USA) with a Kingfisher Flex magnetic particle processor (Thermo Fisher Scientific, Rockford, IL, USA). RNA was eluted in 50 µL nuclease-free water. RT-PCR was carried out for individual fragments (primers available upon request), and Sanger sequencing was performed at the Hartwell Center at St Jude Children's Research Hospital on an ABI capillary sequencer (Applied Biosystems).

Sequence analysis

The sequences obtained were aligned using Clustal W¹⁹ and edited using Bioedit Software version 5.0.9.²⁰ Phylogenetic analysis was performed using the Neighbor-Joining algorithm (Kimura 2-parameter) and the MEGA version 5.05 program.²¹ The number of bootstrap replications was set to 1000, and bootstrap values greater than 60 were labeled on major tree branches for reference. The virus strains were clustered based on the nucleotides in their sequences, and only dominant clusters were used to infer phylogenetic relationships.

Accession numbers

One hundred and seventy-one sequences have been deposited in Genbank under the accession numbers KF188234–KF188404.

Susceptibility to neuraminidase (NA) inhibitors

NA-inhibition (NAI) assays were performed using viruses standardized to equivalent NA activity and incubated with NAIs at

concentrations of 5×10^{-6} –500 µM for 30 min at 37 °C and with 2'-(4-methylumbelliferyl)- α -D-N-acetylneuraminic acid (Sigma-Aldrich, St Louis, MO, USA) as a substrate for 30 min at 37 °C before stopping the reaction and measuring the fluorescence.²² Fluorometric determinations were quantified with a Synergy 2 multimode microplate reader (BioTek, Winooski, VT, USA) and were based on the release of the fluorescent product 4-methyl-umbelliferone using excitation and emission wavelengths of 360 and 460 nm, respectively. The concentration of NAI that reduced NA activity by 50% (IC₅₀), relative to a control mixture with no NAI, was determined by plotting the percent inhibition of NA activity as a function of the compound concentrations calculated using GraphPad Prism 5 software (GraphPad Software, La Jolla, CA, USA).

Susceptibility to adamantanes

The genetic sequences of the transmembrane region of the M2 ion channel protein of the matrix gene were analyzed. Substitutions of residues L26, V27, A30, S31 and G34 were used to screen for predicted amantadine-resistant mutants.

Virulence and transmission in ducks

Male and female mallard hatchlings (1 day old) (Ideal Poultry, Cameron, TX, USA) were purchased, wing banded, provided food and water *ad libitum*, and raised to 5 weeks of age before use. Ducks ($n=2$ /virus group) were infected via natural route (ocular, nasal, and oral) by inoculation with 10⁶ EID₅₀ units of virus in a total volume of 1 mL phosphate-buffered saline (PBS). Ducks were then monitored daily for signs of disease (i.e., conjunctivitis, depression, neurological abnormalities, diarrhea and disheveled appearance). Oropharyngeal and cloacal samples were collected every 2 days for 9 days post-infection (dpi), and virus titers were assessed by EID₅₀. Seroconversion was monitored by hemagglutination inhibition (HI) assay at 14 dpi.

Viral infection of NHBE cells

Influenza A/California/04/09 (H1N1) or H9N2 viruses were diluted in 0.05% bovine serum albumin–bronchial epithelial cell basal medium (Lonza) to equivalent titers, as determined by TCID₅₀ values. The apical surfaces of NHBE cells were washed 3 times with PBS to remove excess mucus secretion prior to infection. Fully differentiated NHBE cells were infected at multiplicity of infection=0.01 TCID₅₀/cell. Viruses were allowed to adsorb for 1 h at 37 °C and were removed by aspiration. Cells were washed once with 0.9% aqueous NaCl solution (pH 2.2) to remove free infectious virus particles and twice with PBS to adjust the pH. Viruses released apically were harvested at the indicated times postinfection by the apical addition and collection of 300 µL 0.05% bovine serum albumin–bronchial epithelial cell basal medium allowed to equilibrate at 37 °C for 30 min. Samples were stored at –80 °C until assayed for viral titers. Viral titers were obtained by TCID₅₀ analysis on MDCK cells and calculated according to the method of Reed and Muench.¹⁸

Pathogenicity in mice

Six- to eight-week-old female BALB/c mice (Jackson Laboratory, Bar Harbor, ME, USA) were lightly anesthetized with isoflurane and intranasally inoculated with PBS or virus in 25 µL PBS, as previously described ($n=10$ per group).¹⁷ Mice were monitored daily for clinical signs of infection and weighed every 24 h post-infection (hpi).²³ At 3 and 6 dpi, lungs were harvested ($n=3$ mice per group/day) and homogenized in 1 mL PBS. Viral titers were then determined by TCID₅₀ analysis.²⁴

Virulence and transmission in pigs

Three-week-old Yorkshire/Hampshire mixed-breed pigs from a private farm were housed in easy-clean plastic tubs ($n=4$ pigs per tub) inside flexible-film isolators. Pigs were observed and fed twice daily to meet the thermal and nutritional requirements for their age and weight. Water was available *ad libitum*.²⁵ In each group of four animals, two pigs were removed from the tub, intranasally inoculated with 10^6 EID₅₀ of virus in 1 mL PBS using a nasal spray, and immediately returned to their tubs. Pigs were weighed, and nasal swabs were collected on the indicated days. Viral titers were determined by TCID₅₀. Sera were collected 14 dpi and treated with receptor destroying enzyme. Homologous and heterologous HI titers were determined using standard methods and 0.5% chicken red blood cells as described.²⁵

Virulence and transmission in ferrets

Three-month-old influenza-seronegative male ferrets (Triple F Farms, Sayre, PA, USA) were lightly anesthetized were isoflurane and intranasally inoculated with 10^6 TCID₅₀ virus diluted in 0.5 mL PBS ($n=2$ per group). Ferrets were monitored daily for clinical signs of infection, and nasal washes were collected 2, 4, 6 and 8 dpi. For transmission studies, two ferrets were infected as described and housed individually in separate cages. For assessment of direct contact transmission, a naive ferret was introduced into each of the inoculated ferrets' cages at 1 dpi. To assess aerosol-contact transmission, a naive ferret was introduced into an adjacent cage separated with a double-sided perforated screen at 1 dpi. The screen allowed airflow from the inoculated ferret's cage into the aerosol-contact cage without allowing direct or indirect physical contact between the ferrets. Ferrets were monitored daily, and nasal washes were collected every 2 days, starting at 2 dpi. At 20 days post-contact, sera were collected from direct and aerosol contact ferrets to assess potential seroconversion. Ketamine was used to induce sneezing. A/Brisbane/59/2007 H1N1 virus was used as a positive control. Viral titers were determined by TCID₅₀ in Madin-Darby canine kidney cells, as described.²⁴

Risk assessment scoring

A risk assessment score was assigned for each assay on a scale of 0–4, with a score of 4 representing the maximum growth, pathogenicity or transmission phenotype observed. The scores for each virus were then totaled and the virus given an overall risk as follows: low=5–8; intermediate (Int) =8–10 or >10 with Q226; high ≥ 10 ; very high >10 with L226.

Statistical analyses

Viral titers in supernatant from indicated H9N2 virus-infected NHBE cell cultures were compared to those in supernatant from A/California/04/2009 (H1N1) virus-infected NHBE cell cultures at each time point by analysis of variance (ANOVA). For the mouse experiments, data were analyzed by two-way ANOVA with virus and dpi as main effects with Student's *t*-test used for *post hoc* comparison of groups. All analyses were performed in PRISM (Graphpad). Differences were considered significant at $P<0.05$.

RESULTS

Genetic analysis and selection of H9N2 influenza strains for investigation

To choose representative H9N2 influenza viruses, we sequenced and performed phylogenetic analyses on the hemagglutinin (HA) and NA genes of 63 H9N2 viruses (Supplementary Figure S1). These viruses were isolated from wild birds, domestic birds, humans and swine in

different regions including Bangladesh, China (including Hong Kong SAR), Korea, Pakistan, United Arab Emirates and the United States, between 1978 and 2011. The viruses formed distinct clades in which the HA and NA genes from the Middle East, Pakistan, and Bangladesh strains clustered with previously identified G1-like viruses (Supplementary Figure S1). Most Chinese isolates clustered with the Y280-like viruses, except for a small cluster of Hong Kong and Shantou viruses. These included two of the candidate vaccine viruses, A/Hong Kong/1073/1999 (HK/1073) and A/Hong Kong/33982/2009 (HK/33982), both of which are G1-lineage viruses, and the chicken/Beijing-like viruses. As previously observed,^{26,27} the Korean isolates grouped separately, as did the North American isolates. Together, they formed a separate clade of North American/Old Eurasian viruses.

On the basis of the phylogenetic analysis, we selected 12 isolates representing distinct clades, animal species and geographic regions for full genomic analysis and *in vitro* and *in vivo* characterization. The isolates included shorebird/Delaware (North American lineage); chicken/Beijing (chicken/Beijing lineage); the following Y280 lineage viruses: duck/Nanchang, chicken/HK/G9, swine/HK, chicken/HK/TP38, chicken/Nanchang and guinea fowl/HK; and the following G1 lineage viruses: HK/33982, HK/1073, chicken/Dubai and quail/Bangl (Table 1). H9N2 viruses reassort readily with each other and other influenza subtypes.^{28,29} In our panel, we identified various gene constellations (Supplementary Table S1), and only four viruses conformed to 'pure' classic lineages: shorebird/DE (North American), chicken/Beijing (chicken/Beijing), guinea fowl/HK (Y280) and the G1-lineage virus HK/1073 (Supplementary Figure S2).

Antigenic analysis of H9N2 influenza viruses

The availability of effective prophylaxis and treatment options against emerging biological agents are among the important risk assessment factors considered by government agencies for emergency preparedness and biological containment.³⁰ Therefore, the characterization of antigenic cross-reactivity (for vaccine selection) and phenotypic and genotypic susceptibility to currently available antivirals of H9 viruses is of clear public health importance. To monitor the antigenic similarity among the H9N2 viruses, we generated post-infection ferret antisera and performed HI assays using chicken red blood cells. Titers against the homologous viruses ranged from 1:80 to 1:20 480 (Supplementary Table S2). The shorebird/DE and chicken/Beijing viruses each reacted poorly against the heterologous antisera, thereby supporting the genetic data that these two viruses belong to distinct lineages. The majority (three of four) of the G1-lineage viruses reacted poorly to heterologous antisera, except the chicken/Dubai virus, which was inhibited by numerous non-G1 antisera. Finally, the Y280 viruses were inhibited by Y280 antisera, with some inhibition by heterologous antisera. Surprisingly, the guinea fowl/HK virus was cross-reactive with all of the antisera.

Antiviral susceptibility of influenza H9N2 viruses

To determine if our current antiviral therapies would be effective if these viruses were to emerge and spread, we examined the susceptibility of H9N2 viruses to the current Food and Drug Administration-approved antiviral drugs, e.g., NA inhibitors and adamantanes (M2 inhibitors). The susceptibility of H9N2 viruses to NA inhibitors oseltamivir carboxylate (the active form of oseltamivir), zanamivir and peramivir, was tested using a fluorescence-based NA enzyme-inhibition assay. All 12 H9N2 viruses were fully susceptible to the three NA inhibitors, with mean IC₅₀ values ranging from less than 0.1 to 0.99 nM

Table 1 Influenza H9N2 viruses used in these studies

Influenza virus	Clade	Abbreviation
A/shorebird/Delaware/249/2006	North American	Shorebird/DE
A/chicken/Beijing/1/1994	Chicken/Beijing	Chicken/Beijing
A/chicken/Hong Kong/G9/1997	Y280	Chicken/HK/G9
A/swine/Hong Kong/9A-1/1998	Y280	Swine/HK
A/duck/Nanchang/1-0070/2000	Y280	Duck/Nanchang
A/chicken/Hong Kong/TP38/2003	Y280	Chicken/HK/TP38
A/chicken/Nanchang/1-0016/2000	Y280	Chicken/Nanchang
A/guinea fowl/Hong Kong/NT101/2003	Y280	Guinea fowl/HK
A/Hong Kong/33982/2009	G1	HK/33982
A/Hong Kong/1073/1999	G1	HK/1073
A/chicken/Dubai/339/2001	G1	Chicken/Dubai
A/quail/Bangladesh/907/2009	G1	Quail/Bangl

(Table 2). These IC₅₀ values are similar to those of commonly circulating NA inhibitor-susceptible human H1N1 and H3N2 influenza A viruses.³¹

To expand our analysis of NA-inhibitor susceptibility, we determined whether known molecular markers of resistance are present in NA sequences of all 63 H9N2 viruses described in Supplementary Figure S1. The screening did not reveal the presence of the NA mutations R292K and E119V/I/A/G, thus confirming the susceptibility of the H9N2 viruses to NA inhibitors. We applied the genotypic assay to detect known adamantane resistance-conferring M2 protein mutations in influenza viruses. Sequence analysis of the 12 viruses revealed that four possessed amino-acid substitutions in the M2 protein (V27A and V27A/S31N) that conferred resistance to adamantanes (Table 2). These results indicated that the tested H9N2 viruses, which represent multiple H9N2 lineages, are susceptible to the three NA inhibitors and that this class of antiviral drugs can be used for treatment or prophylaxis of infection caused by influenza H9N2 viruses. Because the level of resistance to adamantanes among the H9N2 viruses tested was lower than that in currently circulating human H1N1 and H3N2 influenza viruses, this class of drugs has little value as a single-agent therapy; however, they may still be useful in combination with other antiviral agents.

Characteristics of influenza H9N2 virus infection in ducks

Influenza A H9N2 viruses have been isolated from poultry and wild birds, which serve as the reservoir for influenza viruses throughout many parts of the world. As seen with certain H5N1 viruses, poultry can serve as the intermediate host between wild birds and humans, although these viruses can remain fit for replication in wild birds.^{32,33} Given that the H5N1 viruses contain internal genes from H9N2 lineages, we were curious to determine if the viruses in our H9N2 panel had similarly maintained tropism for wild bird replication. To compare the pathogenicity and viral shed of the distinct H9N2 clades in ducks, we inoculated mallard ducks ($n=2$ /experimental group) by intraocular, intranasal and oropharyngeal routes with 10^6 EID₅₀ units of virus and then monitored the animals daily for morbidity and mortality. To determine the degree of viral shedding, we collected cloacal and oropharyngeal swabs every 2 dpi, beginning at 1 dpi. No clinical signs of disease were noted in any duck throughout the experiment (13 days).

Of the H9N2 clades, there appears to be a trend with the North American- and Y280-lineage viruses that mallard ducks were more productively infected as compared to the other viruses (Supplementary Table S3). Mallards inoculated with the North American-lineage shorebird/DE virus shed 10^3 – $10^{5.5}$ EID₅₀/mL predominantly via the cloacal route from 1 to 5 dpi, while only one duck shed via the oropharyngeal route at the limit of detection (i.e., 10^1 EID₅₀/mL) at 1 dpi. The shorebird/DE virus induced the highest titers and most prolonged shedding. All of the Y280-lineage viruses were shed to differing degrees. The chicken/HK/G9 virus was shed via both the oropharyngeal (1–3 dpi) and cloacal (1 dpi) routes, with titers ranging from 10^2 to $10^{3.5}$ EID₅₀/mL. All ducks inoculated with swine/HK or chicken/Nanchang virus shed virus via the respiratory tract only at 1 dpi; the viral titers of these birds were $10^{2.5}$ EID₅₀/mL and $10^{3.4}$ EID₅₀/mL, respectively. The duck/Nanchang and guinea fowl/HK viruses were shed via the cloacal route by 50% of the birds at 1 dpi; the virus titers were 10^3 EID₅₀/mL and $10^{2.5}$ EID₅₀/mL, respectively. Finally, the chicken/HK/TP38 virus was shed by 1 bird via the oropharyngeal route at the limit of detection on 3 dpi.

In contrast, ducks infected with most of the G1-lineage viruses failed to shed virus at any time post-infection (Supplementary Table

Table 2 Susceptibility of H9N2 viruses to NA inhibitors and adamantanes

Clade	Influenza virus	Susceptibility to antiviral drugs			
		NA inhibitors, mean IC ₅₀ ±SD (nM) ^a			
		Osetamivir carboxylate	Zanamivir	Peramivir	Adamantanes ^b
North Amer	Shorebird/DE	0.10±0.00	0.72±0.20	0.13±0.06	S
Beijing	Chicken/Beijing	0.16±0.03	0.62±0.04	0.12±0.01	S
Y280	Chicken/HK/G9	0.28±0.02	0.92±0.05	0.21±0.02	S
	Swine/HK	0.12±0.01	0.63±0.03	0.15±0.01	S
	Duck/Nanchang	0.14±0.01	0.66±0.01	0.16±0.00	R (V27A)
	Chicken/HK/TP38	0.27±0.29	0.40±0.00	0.10±0.00	S
	Chicken/Nanchang	0.13±0.01	0.59±0.03	0.15±0.01	R (V27A)
	Guinea fowl/HK	0.10±0.00	0.57±0.12	0.12±0.02	S
G1	HK/33982	0.18±0.01	0.73±0.03	0.24±0.03	S
	HK/1073	0.20±0.01	0.99±0.67	0.26±0.02	S
	Chicken/Dubai	0.17±0.01	0.73±0.02	0.26±0.01	R (V27A)
	Quail/Bangl	0.10±0.00	0.47±0.29	0.14±0.05	R (V27A; S31N)

Abbreviations: R, amantadine-resistant virus; S, amantadine-susceptible virus.

^a NA inhibition assay used 2'-(4-methylumbelliferyl)- α -D-N-acetylneuraminic acid (MUNANA) as a substrate at a final concentration of 100 μ M. Results are the mean values (IC₅₀, nM) of three experiments±standard deviation (SD).

^b Susceptibility to adamantanes was based on the presence of a substitution of one of five amino acids (positions 26, 27, 30, 31 and 34) within the transmembrane domain of the M2 protein. Amantadine resistance-associated mutations are shown in parentheses.

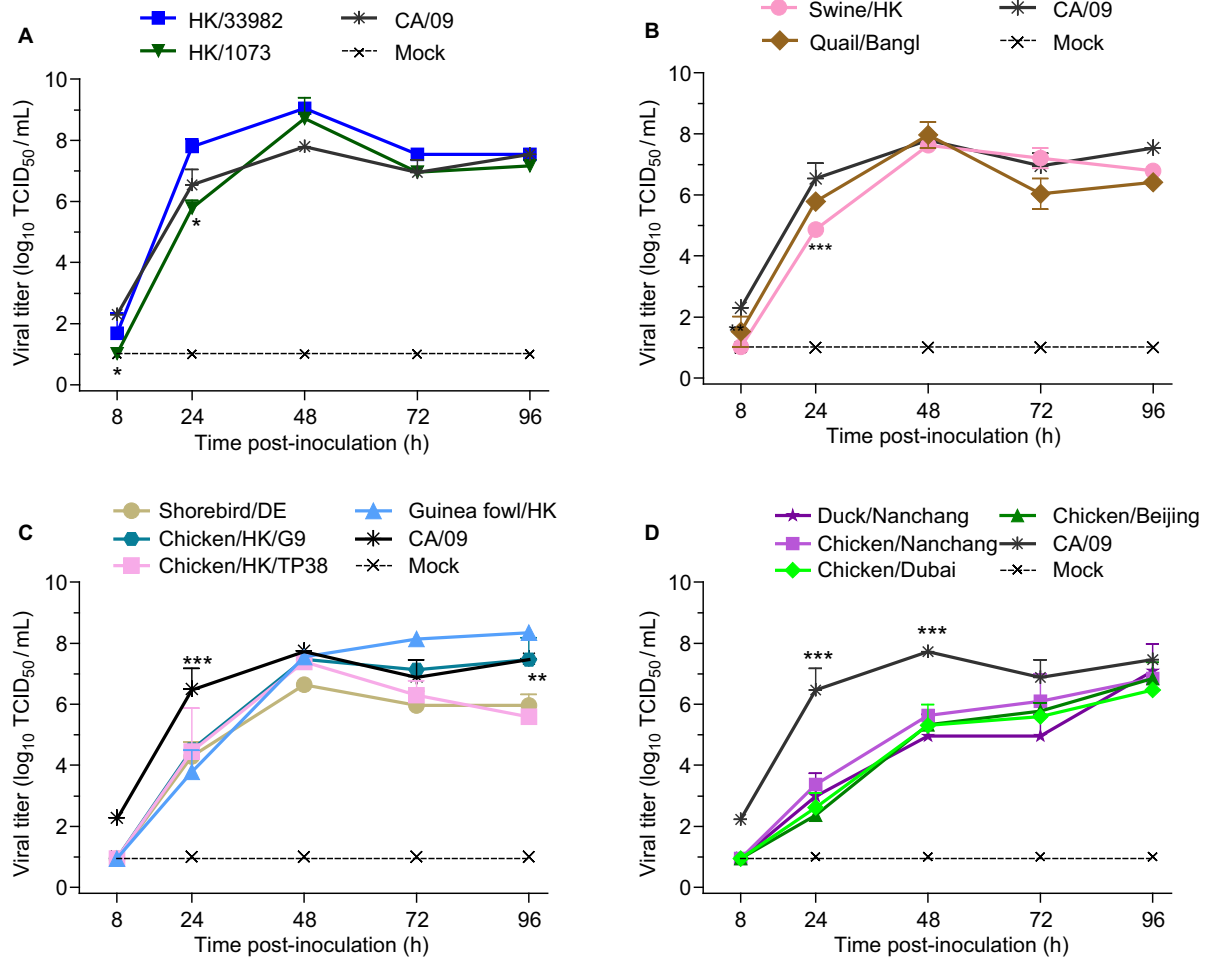


Figure 1 Replication of H9N2 viruses in primary NHBE cells. Fully differentiated NHBE cells were inoculated with the designated viruses at MOI=0.01. H9N2 viruses of (A) human origin, (B) mammalian or avian origin or (C, D) avian origin were assessed. Viral titers were determined from apical washes taken at the indicated times post-infection. Error bars represent SEM and significance is indicated as * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$, by one-way ANOVA. MOI, multiplicity of infection.

S3). The chicken/Beijing virus was shed oropharyngeally at the limit of detection by 1 duck at 1 dpi and the G1-lineage chicken/Dubai virus was shed ($10^{2.5}$ EID₅₀/mL) oropharyngeally by 1 duck at 1 dpi.

To ensure infection, we obtained sera samples at 13 dpi and performed HI assays using chicken red blood cells. Most ducks seroconverted, and 8 of 12 that had detectable virus shedding produced homologous HI titers ranging from 20 to 320 (Supplementary Table S4). Four animals that shed virus did not seroconvert to homologous antigen, but three of them showed HI titers higher than 10 against a heterologous antigen. Cross-reactivity of antigens was particularly prevalent among the Y280-lineage viruses, compared to that of the G1-lineage viruses (Supplementary Table S4, light gray vs. dark gray shading).

In summary, we found differential shedding of the H9N2 viruses in mallard ducks, with the shorebird/DE virus (North American lineage) being shed at the highest level and for the longest duration. The remaining viruses were shed for a minimal duration, if at all. One explanation is that, with the exception of the shorebird/DE virus, which was the only wild-bird isolate assessed, the H9N2 viruses used in our studies have adapted to gallinaceous poultry.

Differential replication of influenza H9N2 viruses in NHBE cells

To assess the potential risk of infection with influenza A H9N2 viruses in mammals, we evaluated the efficiency of viral replication

in primary, well-differentiated NHBE cells grown at the air/liquid interface. To determine whether H9N2 influenza viruses infect differentiated NHBE cells, we infected cell cultures apically with the panel of H9N2 viruses or with the human A/California/04/2009 (CA/09) H1N1 virus, at a multiplicity of infection of 0.01 TCID₅₀/cell. Viral titers were then determined at the indicated times after infection (Figure 1). Within 24 hpi, the human H9N2 viruses HK/1073 and HK/33982 and the quail/Bangl virus had titers similar to the positive control CA/09 virus, while the swine/HK virus had titers that were 2 logs lower. By 48 hpi, the titer of the swine/HK virus was similar to that of the CA/09 and the human H9N2 isolates (Figures 1A and 1B).

The avian H9N2 influenza viruses we tested can be classified into two distinct groups characterized by their replication kinetics. Both groups replicated to significantly lower titers than did the CA/09 virus at earlier time points (8–24 hpi). The titers of the first group were similar to those of the CA/09 virus (Figure 1C) by 48 hpi, while the titers of the second group did not reach levels similar to those of the CA/09 virus until 72 hpi (Figure 1D). Overall, all of the H9N2 viruses tested, regardless of species of origin, replicated in differentiated NHBE cells, though the kinetics and titers differed across the groups, with no consistent correlation to lineage.

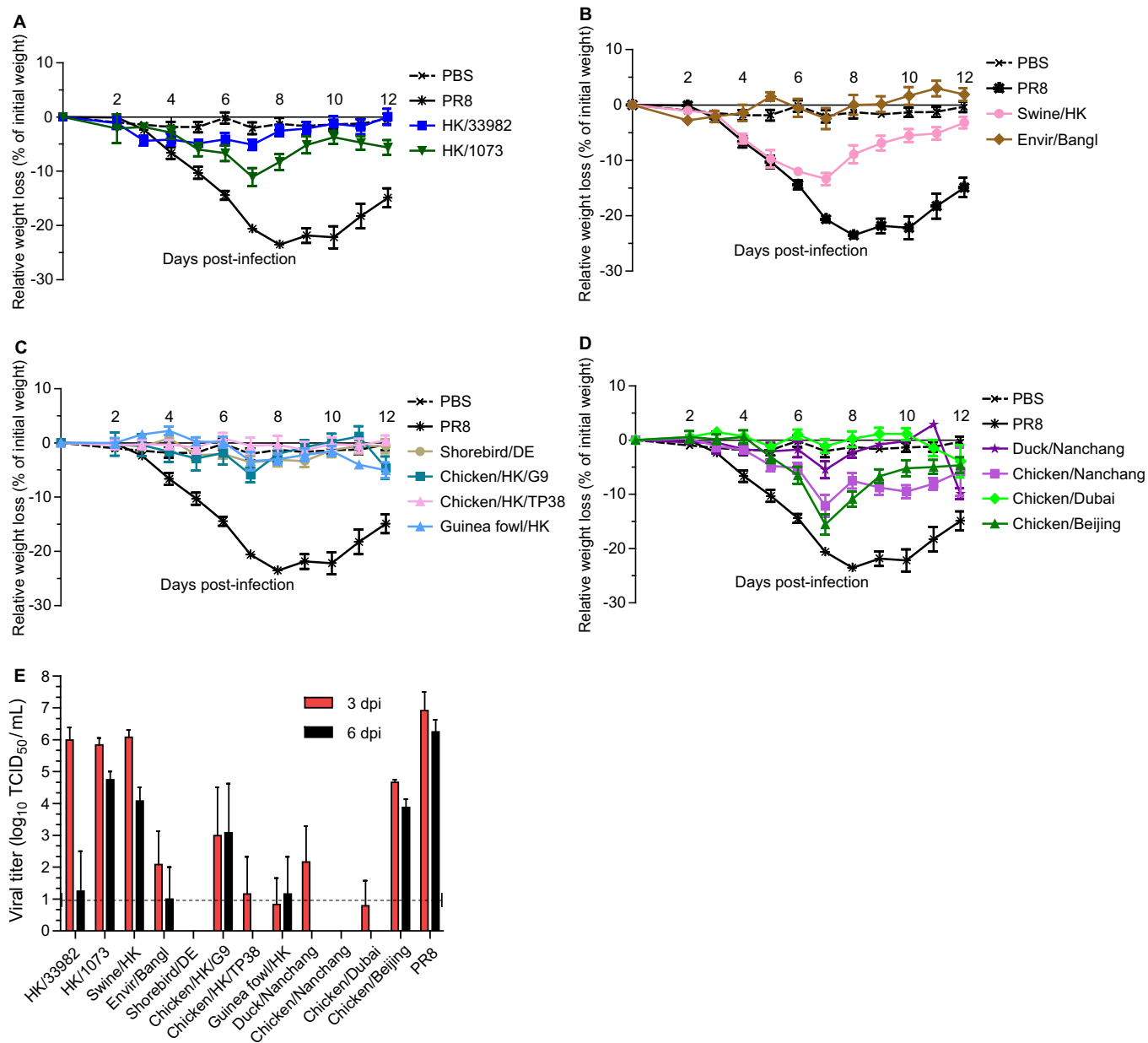


Figure 2 Pathogenicity of H9N2 viruses in mice. Six- to eight-week-old BALB/c mice ($n=5$ mice/virus) were intranasally infected with 10^5 TCID₅₀ units of the indicated viruses, and weight loss was monitored for 12 dpi. H9N2 viruses of (A) human origin, (B) mammalian or avian origin or (C, D) avian origin were assessed. (E) Lungs were collected at 3 and 6 dpi to measure viral titer by TCID₅₀. Dashed line represents the limit of detection of the assay. Error bars represent SEM.

Pathogenicity of influenza H9N2 viruses in mice

While the ferret model is considered the gold standard for influenza transmission studies, it is unclear how well it reflects disease pathogenesis. Additionally, the significant cost and outbred nature of the model limit the extent to which large numbers of viruses can be screened efficiently for multiple endpoints. The mouse model has been used as a more affordable, well-characterized proxy system, though it has its own limitations. Many viruses require adaptation to grow efficiently in mice and transmission is rare. Thus, as part of our risk assessment analysis, we included a characterization of our virus panel in mice to compare to data acquired in other models and provide a richer data set of phenotypes in mammalian species. To determine the *in vivo* mammalian phenotype of the H9N2 viruses, we inoculated six- to eight-week-old

BALB/c mice with 10^3 or 10^5 TCID₅₀ units of a virus in 25 μ L PBS ($n=5$ mice per viral dose, thus, $n=10$ mice per isolate). The two doses of the chicken/Nanchang virus used, however, were 10^4 or 10^6 TCID₅₀ units. Weight loss was monitored daily for 12 dpi (Figures 2A–2D). Uninfected (PBS-inoculated) and A/Puerto Rico/8/34 (PR8, 10^2 TCID₅₀)-inoculated mice served as controls. Of the H9N2 viruses tested, only the higher doses of HK/1073, swine/HK, chicken/Beijing (all 10^5 TCID₅₀), or chicken/Nanchang virus (10^6 TCID₅₀) induced significant weight loss compared to that seen in the PBS-inoculated mice (Figure 2), as determined by one-way ANOVA. The mice lost 10%–15% of their initial weight by 7 dpi and were fully recovered by 12 dpi. In contrast, the control PR8-inoculated mice lost 25% of their starting weight by 7 dpi. None of the animals succumbed to infection.

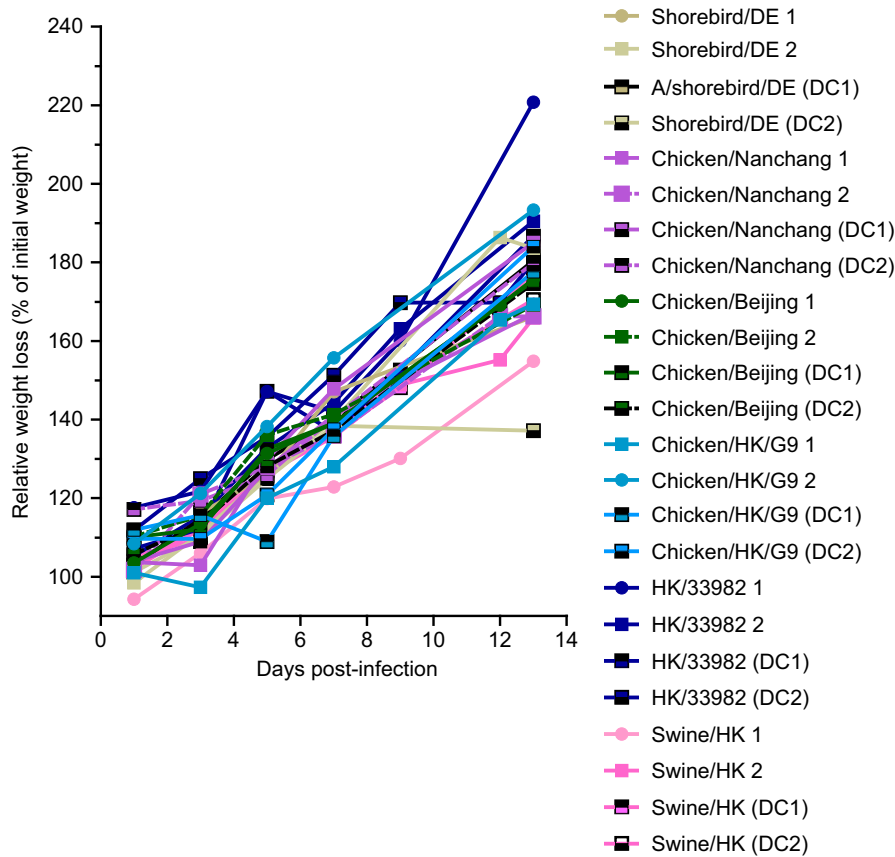


Figure 3 Pathogenicity of H9N2 viruses in pigs. Three-week-old pigs were inoculated intranasally with an H9N2 virus or were in DC with inoculated pigs ($n=2$ pigs/group), and weight was monitored every 2 days for 14 dpi. No significant differences in weight gain were identified across the groups. The data represent the average relative weight change compared to the animals' weights at 0 dpi. Each pig is plotted as a separate line. DC, direct contact.

Viral titers were also determined in the lungs of the mice inoculated with the higher dose (10^5 TCID₅₀) at 3 and 6 dpi ($n=3$ per time point). The mammalian viruses, HK/33982, HK/1073 and swine/HK, replicated to levels similar to PR8 virus-inoculated animals at 3 dpi ($\sim 10^6$ TCID₅₀/mL) with some clearing by 6 dpi (Figure 2E). In contrast, mice inoculated with most of the avian strains had titers at or below the limit of detection at 3 dpi and were virus-negative by 6 dpi. Only the chicken/Beijing-inoculated mice had viral titers similar to the mammalian viruses, with minimal clearance at 6 dpi (Figure 2E). All mice seroconverted by 14 dpi, as measured by HI assay or enzyme-linked immunosorbent assay. Overall, these studies showed that only a few of the H9N2 viruses induced morbidity in BALB/c mice. Furthermore, only the mammalian viruses and the chicken/Beijing virus replicated above the limit of detection, though all viruses caused seroconversion.

Replication and transmission of influenza H9N2 viruses in pigs

Pigs have been identified as mixing vessels for influenza A viruses of human and animal origin.³⁴ The pandemic virus of 2009 evolved in pigs,³⁵ and the possibility that pigs were involved in the generation of the pandemic viruses of 1918 (H1N1), 1957 (H2N2) and 1968 (H3N2) has not been ruled out.^{36,37} Therefore, the ability of H9N2 viruses to replicate and shed in pigs increases the public health threat.⁸ To assess this threat, we intranasally inoculated three-week-old pigs with an H9N2 virus at a dose of 10^6 EID₅₀ ($n=2$ pigs per isolate). The inoculated pigs were then housed with two virus-naïve pigs to assess infection by direct

contact. Pigs were monitored daily for 14 dpi. Nasal swabs were collected every 2 days from 1 to 9 dpi, and viral titers were determined.

None of the pigs showed clinical symptoms (coughing, sneezing or malaise) at any time, and all gained weight with no significant differences between any of the groups (inoculated or direct contact) (Figure 3). Despite the lack of clinical symptoms, one of the HK/33982 virus-inoculated pigs shed virus, reaching titers of 10^4 TCID₅₀/mL and $10^{2.7}$ TCID₅₀/mL on 5 and 7 dpi, respectively. The virus also transmitted to one of the direct contact animals, which shed $10^{3.3}$ TCID₅₀/mL at 9 days post-contact. None of the pigs seroconverted by 14 dpi/post-contact, including the swine/HK virus-infected animals, as determined by HI assay. These results suggest that H9N2 virus replication is limited in pigs, though the HK/33982 (G1 lineage) virus can replicate to moderate titers and transmit by direct contact.

Replication and transmission of influenza H9N2 viruses in ferrets

To assess the ability of H9N2 viruses to replicate and transmit in ferrets, we intranasally inoculated three-month-old ferrets with 10^6 TCID₅₀ of select H9N2 or A/Brisbane/59/2007 viruses ($n=2$ ferrets per group). We then assessed viral shedding in nasal washes at 2, 4, 6 and 8 dpi. Consistent with the efficient replication observed in NHBE cells, HK/33982 and HK/1073 viruses replicated to similar titers and kinetics as A/Brisbane/59/2007, the pre-pandemic seasonal H1N1 virus used as a positive control (Figure 4A). Similar replication efficiency and kinetics were observed with the swine/HK virus (Figure 4B).

Table 3 Risk assessment of H9N2 virus strains based on biological activity

Clade	Influenza virus	Experimental setting and measures								Risk score	Residues 226/228	Risk ^g
		NHBE cells		Ferrets		Mice		Ducks	Pigs			
		Score ^a	Score ^b	SC ^c	Trans ^d	Titer	SC ^e	Titer ^f	Trans			
North Amer	Shorebird/DE	1.75	1	1	ND	0	1	2	0	5.75	L/G	Low
Chicken/Beijing	Chicken/Beijing	1	2	1	ND	2	1	0.5	0	7.5	Q/G	Low
	Chicken/HK/G9	2	2.5	1	0	1.5	1	1.5	0	9.5	L/G	Int
Y280	Swine/HK	2.5	3	1	1	3.5	1	0.5	0	12.5	L/G	High
	Duck/Nanchang	1	4	1	ND	0.5	1	0.5	ND	8.0	L/G	Low-Int
	Chicken/HK/TP38	2	2.5	1	ND	0.5	1	0.5	ND	7.5	L/G	Low
	Chicken/Nanchang	1	4	1	0	0	1	1	0	8.0	L/G	Low-Int
	Guinea fowl/HK	2.5	2.5	1	ND	1	1	0.5	ND	8.5	L/G	Low-Int
G1	HK/33982	4	4	1	1	3	1	0	1.5	15.5	Q/G	High
	HK/1073	4	4	1	1	4	1	0	ND	15	L/G	High
	Chicken/Dubai	1	2	1	ND	0.5	1	0	ND	5.5	L/G	Low
	Quail/Bangl	3	1	1	0	1	1	0	ND	7.0	L/G	Low

^a Highest titers, the fastest kinetics indicated by score=4.

^b Highest titers, the longest duration indicated by score=4.

^c Seroconversion (SC) in ferrets was determined by HI assay.

^d 1=direct contact (DC) transmission in one animal; 2=DC transmission in two animals; 3=aerosol-contact (AC) transmission in one animal; 4=AC transmission in two animals; 0, no transmission; ND, not done.

^e Seroconversion (SC) in mice was determined by enzyme-linked immuno sorbent assay.

^f 1=2 ducks shed for 1 day; 2=2 ducks shed for 2 days.

^g Categories of risk were defined as follows: low=5–8; intermediate (Int) =8–10 or >10 with Q226; high ≥10; very high >10 with L226.

Surprisingly, many of the avian viruses, regardless of lineage, also replicated to similar titers and kinetics as the human-origin H9N2 and seasonal H1N1 viruses (Figure 4C). In fact, a subset of the avian-origin viruses (chicken/HK/G9, guinea fowl/HK, duck/Nanchang, chicken/Nanchang and chicken/HK/TP38) had 1–2 log₁₀ TCID₅₀/mL higher titers than did A/Brisbane/59/2007 at 6 dpi (Figure 4C). Only the shorebird/DE and quail/Bangl viruses replicated to titers that were significantly lower than that of the seasonal H1N1 virus and were cleared faster (Figures 4B and 4C).

Despite viral replication, very few of the H9N2 viruses transmitted either by direct contact and none appeared to transmit by aerosol contact (Figure 5). HK/33982 virus transmitted to both of the contact ferrets with similar viral titers as the inoculated animals in one contact (Figure 5A). The other mammalian-origin viruses HK/1073 and swine/HK transmitted to one of the direct contact ferrets (Figures 5A and 5B). Overall, human-origin H9N2 viruses displayed the fastest transmission dynamics, with titers observed in contact ferrets as early as 3 days post-contact, followed by the swine-origin and avian-origin viruses. Of the avian viruses, only chicken/HK/G9 transmitted to both of the direct contact ferrets; however, transmission was slightly delayed compared to mammalian-origin viruses, and the viral titers were lower than that in the inoculated animals (Figure 5C). Regardless, all of the infected direct contact ferrets seroconverted by 20 days post-contact (HI: 80–320; Supplementary Table S5). None of the viruses tested spread via aerosol contact, as evidenced by the lack of viral shedding (Figure 5) and the lack of seroconversion 20 days post-contact (Supplementary Table S5). These data contrast with that of the pre-pandemic seasonal H1N1 virus, which transmitted to 100% of the direct and aerosol contact animals (Figure 5A).

In summary, regardless of lineage, many of the H9N2 viruses replicated in inoculated ferrets, but only those of mammalian origin efficiently transmitted by direct contact. None of the H9N2 viruses tested transmitted by aerosol contact. Intriguingly, the chicken/HK/G9 virus was the only virus of non-mammalian origin that transmitted to both direct contact ferrets, though with delayed kinetics.

Risk assessment of H9N2 influenza viruses

To quantify our outcomes and rank the relative risk posed by each virus tested, we scored the results of each assay on an arbitrary fitness scale from 0 to 4, with 0 corresponding to the virus with the lowest measurement in an assay and 4 corresponding to viruses with the highest levels of replication or transmission (Table 3). Not surprisingly, the two human viruses of G1 lineage (HK/33982 and HK/1073) generated the highest cumulative score. This is consistent with the finding that viruses directly isolated from humans represent the greatest risk. However, the strength of this approach is demonstrated by the next two highest scores, swine/HK and chicken/HK/G9, neither of which would have been predicted to score well based on phylogeny alone. These viruses were moderately fit in NHBE cells and ferret experiments and transmitted via direct contact in ferrets.

DISCUSSION

H9N2 viruses are considered a pandemic risk, given their endemicity, ability to infect numerous species, repeated zoonotic infections of humans and lack of population-wide immunity. Recognizing this risk, the World Health Organization monitors the continual evolution of the H9N2 clades in order to provide candidate vaccine viruses for public health purposes. Most of the H9N2 viruses studied here appear to be adapted to gallinaceous poultry and replicate poorly in ducks, with the exception of the shorebird/DE strain. This result suggests that, unlike H5 viruses, H9-lineage viruses rapidly lose fitness in shorebirds once the virus adapts to terrestrial poultry or mammalian species.³⁸ A previous report found that a duck-derived H9N2 virus required experimental adaptation by serial passage through quail and chicken lungs in order to replicate efficiently in those species.³⁹ The shorebird-derived virus in our study had one of the lowest risk-assessment scores, driven largely by its failure to grow efficiently in the mammalian models.

The two isolates of human origin tested in the present study grew to higher titers in NHBE cells, appeared more virulent and/or more

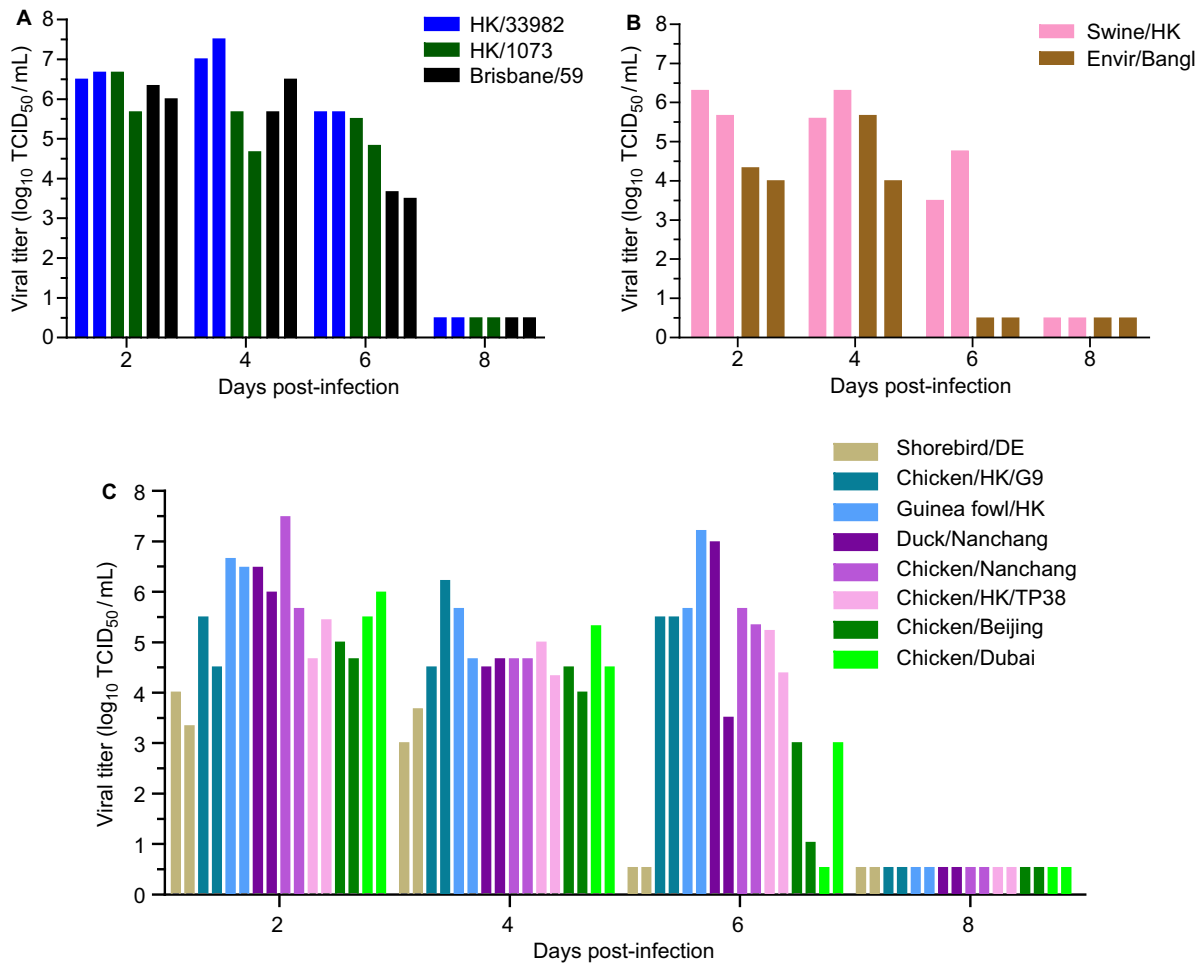


Figure 4 Replication of H9N2 viruses in ferrets. Two ferrets each were intranasally inoculated with 10^6 TCID₅₀ units of H9N2 virus of (A) human origin, (B) mammalian or avian origin or (C) avian origin. Brisbane/59 virus was used as a positive control. Viral titers in nasal washes were measured at 2, 4, 6 and 8 dpi. Each bar represents an individual ferret. The limit of detection was 10 TCID₅₀/mL, and titers below that limit are shown at 0.5 log₁₀ TCID₅₀/mL.

transmissible in the various animal models and ranked highest in our risk-assessment studies. The only consistent amino acid mutations that distinguished them from the other 10 tested viruses were as follows: I139T, K/A149R, D/N153G, D/N196Y and K321N in HA; S/G60N in non-structural protein 2 (NS2); and I/V147M and I401V in polymerase basic 2 (PB2) (data not shown). None of the isolates that we studied had a PB2 E627K substitution, but the HK/33982 virus contains the PB2 D701N mutation, a molecular marker for virulence and host adaptation (avian to mammalian).⁴⁰ The HA 226 position (in the receptor-binding pocket) has been previously associated with transmission of H9N2 in ferrets and described as a marker for increased pandemic risk.^{41,42} The viruses tested in the present study, however, show that this residue is not strictly determinative; HK/33982 and chicken/Beijing both carry the putatively non-permissive Q226 residue but transmitted as efficiently in ferrets as did the viruses carrying the permissive L226 residue (Figure 5).

Previous studies of H9 and other viruses with pandemic potential have often focused on the possibility of the surface proteins of those strains being acquired by circulating human viruses in a reassortant event. Our studies strongly suggest that the internal genes of diverse H9-lineage viruses are fit (to various degrees) for replication in mammalian models and human cells. As such, these internal segments may also contribute to emerging pandemics. This possibility has

recently been realized in the emergence of the H7N9 strains infecting humans in mainland China.² Those viruses contain surface proteins previously found mostly in avian influenza viruses with internal genes of H9N2-lineage viruses. Intriguingly, none of the H9-lineage viruses that have been characterized in public databases appear to cluster closely with all of the internal gene segments from the H7N9 lineage. This finding indicates that an as-yet-undocumented event occurred among H9 strains to generate the internal gene cassette of the novel H7N9 lineage.

Although swine viruses are often more intensely scrutinized due to the status of the pig as a mixing vessel, the chicken/HK/G9 virus stood out in comparison with the four other chicken viruses in our analysis, in terms of it growing reasonably well in multiple mammalian model systems. Understanding the genetic changes in this virus that improved its replication phenotype is an area of current investigation.

In summary, we have characterized a diverse array of H9-lineage influenza viruses, discovering a spectrum of fitness for replication and transmission in humans and relevant mammalian models. No cluster of sequence signatures fully predicted the fitness profiles observed, demonstrating the use and need for *in vivo* studies, as performed here. These measurements allowed us to quantify the relative risk of each virus. Multiple viruses isolated from

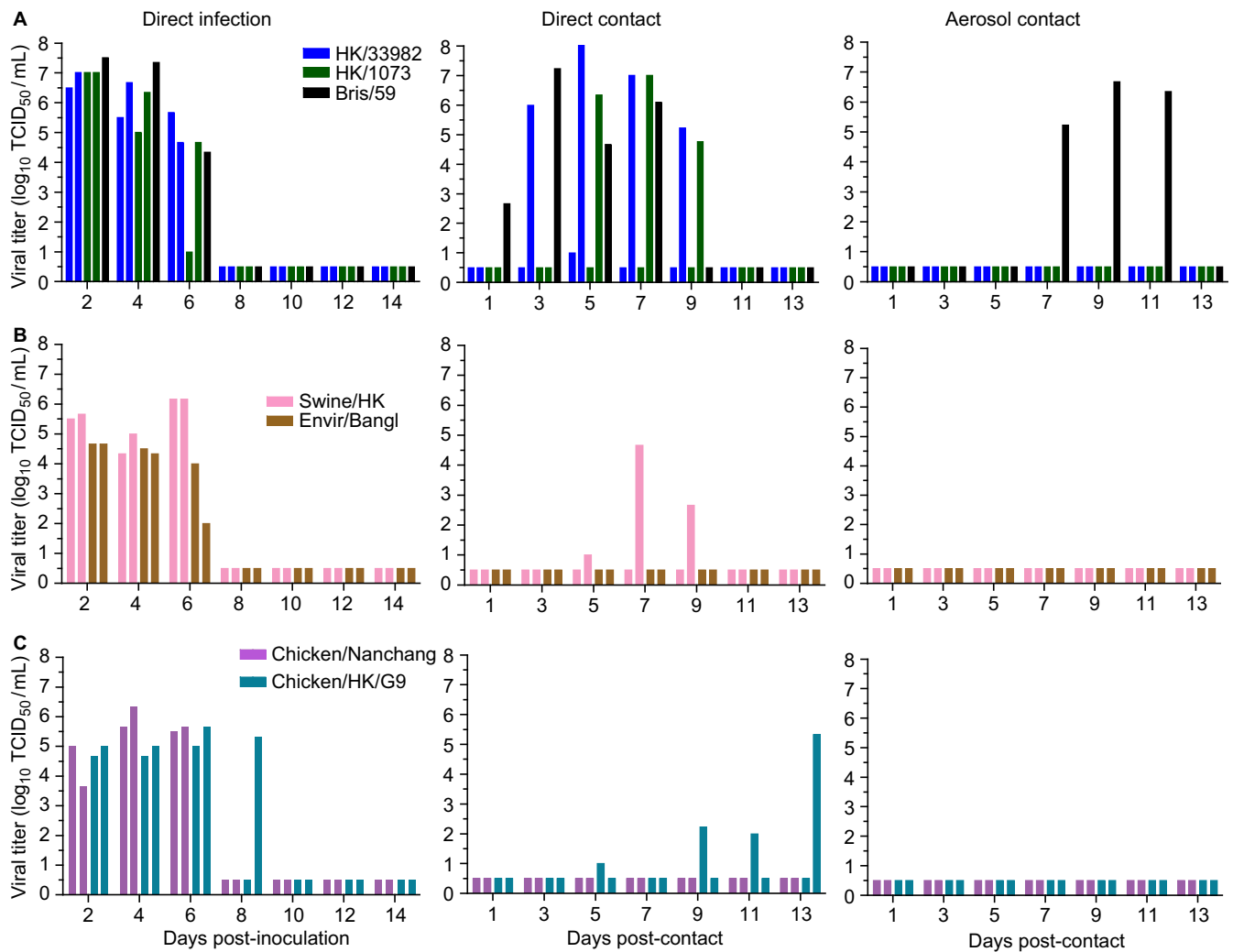


Figure 5 Transmission of H9N2 viruses in ferrets via direct or aerosol contact. Ferrets were infected intranasally with 10^6 TCID₅₀ of virus ($n=2$ ferrets/virus) and housed in individual cages. H9N2 viruses of (A) human origin, (B) mammalian or avian origin or (C) avian origin were assessed. Brisbane/59 virus was used as a positive control. To assess direct contact transmission, a naive ferret was added to each cage containing an infected ferret, and to assess aerosol-contact transmission, another naive ferret was introduced into a cage adjacent to each infected ferret. Both naive ferrets were introduced at 1 dpi. Virus titers in nasal washes were measured 1, 3, 5, 7, 9, 11 and 13 days post-contact. Each bar represents an individual ferret. The limit of detection was 10 TCID₅₀/mL. Titrations below the detection limit are shown at 0.5 log₁₀ TCID₅₀/mL.

non-human sources had moderate-to-high levels of fitness in mammalian models. This finding emphasizes the necessity for careful, continual and thorough surveillance paired with risk-assessment of circulating influenza viruses.

AUTHOR CONTRIBUTIONS

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K. O'Brien, T. Oguin, C. Sanders, N. Van de Velde, and H. Zaraket to perform the mouse studies. M. Peiris and Y. Guan helped choose and provide viruses for study. R. Webby, R. Webster, E. Govorkova, C. Russell, P. Thomas, and S. Schultz-Cherry helped design and coordinate experiments. S. Schultz-Cherry and P. Thomas conceived of the project and wrote the paper with Z. Kocer, M. Ducatez, S-S. Wong, T. Baranovich, C. Oshansky, E. Karlsson, S. Sonnberg, and H. Zaraket.

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